

OCTOBER 2025

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Q&A



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DIY COSTUMES



ZEST HEALTH MAG INSIDE



SLOW LOVE: qL PERSONALS

qL's guide to services in the region

HELP IS HERE

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For many people in our community, filing a tax return isn't just a paperwork chore—it's a life-line.

A completed return can unlock access to critical supports like GST rebates, child benefits, housing subsidies, and more. But for low-income individuals and families, accessing tax-filing services can be difficult, confusing, or simply out of reach.

That's where the Community Volunteer Income Tax Program (CVITP) comes in. A partnership between the Canada Revenue Agency and local organizations like the Poverty Law Advocacy Program at

qathet SAFE, this program ensures that vulnerable people in Powell River don't fall through the cracks. This national initiative is a powerful, behind-the-scenes force for financial inclusion. And more volunteers are needed to help carry that mission forward.

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- Resources
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For Parents Navigating Loss

The Compassionate Friends offers support. If you've lost a child - at any age, for any reason - you are not alone.



The Powell River Compassionate Friends

A support group for bereaved parents meets the 4th Tuesday of each month Refreshments 6:30pm, meeting at 7pm For location and more information, please contact powellrivertcf@gmail.com

This space provided by Powell River Health-Care Auxiliary



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- Information about your clinic and their team

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&



Saturday, October 11th



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ON THE COVER:

Meroë Latimer, age 2 (Halloween 2024), reprising the role made iconic by Jeff Daniels: "The Dude," or as her parents called her, the "Li'l Lebowski." Complete with virgin White Russian (milk). The famous quote from *The Big Lebowski* (1998) is "The Dude Abides." Meaning, hakunah matata. (qL most certainly abides.) For more DIY costumes, see Page 8.



Slow down for print & love

There's something irreplaceable about holding the printed word in your hands, ink on paper.

I'm not just saying that because I've made nearly all my living in the ink-on-paper business. Its tangibility creates a stronger connection to the material. It also helps with retention and comprehension, probably because it provides a focused and distraction-free reading experience compared to digital screens.

But I don't have to convince you of that. If you're like 98% of our readers, you're reading this in print, not on a screen.

I also don't need to convince Ean Jackson of that. As you'll read on Page 20, Ean is clearly a book fan. He built his own mini-library into the rock wall at his home. But he's no Luddite. A self-proclaimed geek, Ean has created a digital map that marks every mini-li-

brary he could find in the region. (You can check out the map by scanning the code on Page 21, because, if you're like most of our readers, you've got your smartphone handy.)

And that's one of the beauties of the printed word. Whether you're in a book, magazine, or newspaper, it works seamlessly with the digital world. Type in an address, scan a QR code, search a new word – the printed media won't lose your place, throw up a pop-up ad, or disappear.

Print may force you to slow down, but sometimes, as our new personal ads section on Page 41 suggests, slowing down can be a very good thing in our all-too-often-knee-jerk lives.

So grab a coffee, and your phone, and enjoy a nice, slow read. Maybe you'll even find love. 



PUBLISHER'S MESSAGE

Sean Percy

qathet LIVING

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“Seeking a man who can out-lift the firewood, outlast the wheelbarrow, and still keep up with my adventures. Must enjoy yardwork, building, hauling, and saying yes at the right times.”

- Anonymous personals ad, Page 41

”

OCTOBER'S CONTRIBUTORS



EAN JACKSON works "helping smart people build successful businesses." When not digging in the garden, he runs, rides or skis. As much as he tries, he can't resist pausing at little libraries. *See Ean's story, Mini Libraries, on Page 20.*



ARNE GUTMAN attends Grade 12 at Brooks. She is planning to go into photography and journalism after graduation, as she loves to write and has been doing photography for the past four years. *See Arne's story, Sea King, on Page 29.*



Long-time hospice volunteer and writer, **SHEILA PETERS** returned to her home town here in qathet in 2019. Find more of her work at sheilapeters.com. *See Sheila's story, Watershed of Grief, on Page 10.*



TAI UHLMANN is an award-winning environmental professional rethinking waste through circular systems. She loves nature, family adventures, and mushroom foraging. *See Tai's story, New Love for C&D, on Page 17.*



LAURA WALLACE is a luthier and fiddler who is passionate about building community and just wants to play some tunes so you can dance! *See Laura's story, You're Invited to a Dance & Fiddle Party, on Page 42.*

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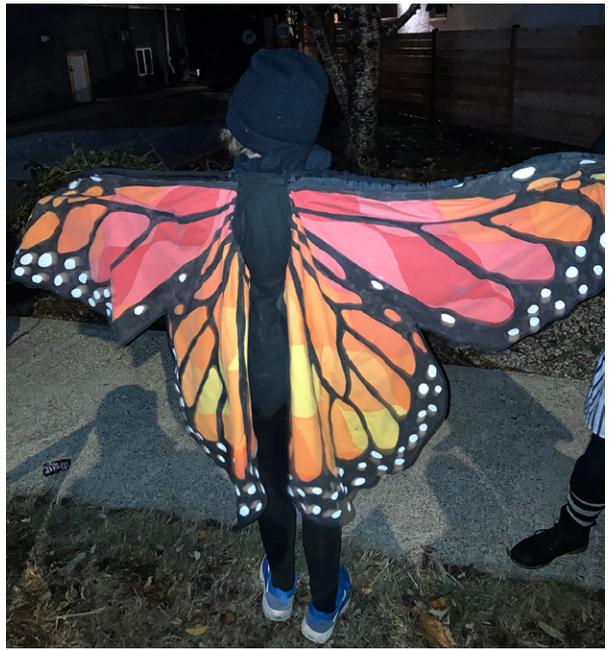
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October's DIY Throw-Down

Taking the cost out of costumes



In October, qathet's creative class manifests extraordinary costumes for the month's many events, from the Vampire Masquerade October 11, to Trick or Treating October 31 (see next page for the full schedule.) Environmentally and imaginatively, our best selves emerge with the DIY efforts.

Some of those go into the events themselves, such as the Henderson Haunted House (left, in the make-up and below right).

And some, into dressing up.

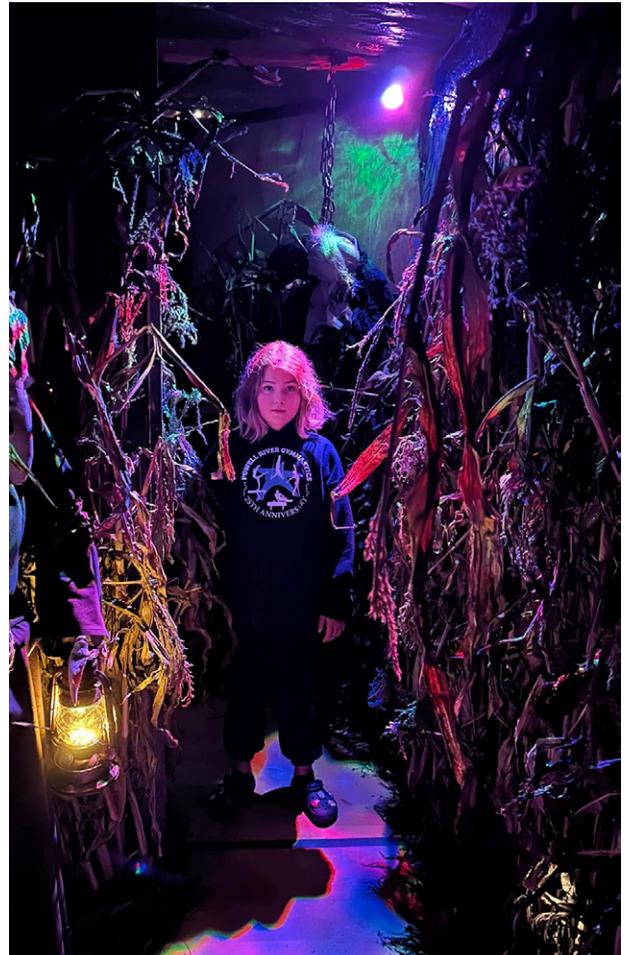
Many of the costumes on this page were crafted by Kristi McCrae, Maxime Paquette, and their children. Neither parent has formal art training, but helped manifest Loukas Paquette's Ghost Buster,

box robot, Gandalf, Molly Mauck from Dungeons and Dragons, and Alastor from Hasbin Hotel; plus Twyla Keays' little dragon, Monarch butterfly (an upcycled bedsheet); and Flint Keays' Super Toasty and deck of cards costumes.

Lil' Lebowski (below left and our cover model) is the work of Meroë Latimer's parents – the last year they could dress her as they wished, without much input.

Below centre, the Haunted Ball at Dwight Hall is where the artists come out to play. This year, organizer Blake Drezet's theme is "Mythic Monster."

Taken together, the creativity, playfulness and resourcefulness among both adults and children in October announces who we are, as a region. **PL**



OCTOBER EVENTS

October 9

Witch's Kitchen Scavenger Hunt begins

Town Centre, near Snack Attack. Win prizes! See Page 33 for more.

October 10 & 11

Gobble Gobble Death & Trouble: A Murder Mystery Thanksgiving Dinner Theatre

6 pm, Magpie's. Townsite Actors Guild. \$65 in advance or by reservation. Oct 10 & 11 only.

October 11 & 12

Family Farm B&B Pumpkin Patch and Fall Festival

Hourly Pumpkin Patch Farm tours 9 am to 4 pm. Tickets will be pre-sold only. Child 12 and under: \$4. Adults/kids 13+: \$8. Family of 2 adults 2 kids: \$20. 2590 Oxford Rd. Meet the farm animals, apple cider press demo (both fresh and hot apple cider will be served), pumpkin picking, and access to the playground. Customers

who want to pick a pumpkin without a farm tour can do so in the weeks after Thanksgiving weekend. Call ahead. familyfarmbnb.com/pumpkin-patch

October 11

Vampire Masquerade

8 pm, Dwight Hall. For queer folks and allies. DJ's, dancing, and performances by Vancouver's Next Drag Superstar 2024, AndrogynAss. Mocktail style drinks, decadent and wickedly delicious. Low-stim room. Note: it can be a common site at queer events to see scantily-clad individuals as a way to express freedom, challenge norms, and celebrate queer identity. Please respect the culture. qathet Pride Society. Sliding-scale tickets start at \$20 at Oceanside Entertainment and The Nutcracker Market, plus on eventbrite.

October 11 & 12

Fall into Autumn Market

11 am to 3 pm each day, Springtime Garden Centre. See ad on Page 11.

October 15

Ghost Scavenger Hunt begins

Drop-in at the qathet Museum. Through October 31.

October 18

Pumpkinfest

10:30 am to 1 pm, in the mall by Save on Foods. Free pumpkin carving with Youth & Family and the PR Kings! Hosted by Save-on-Foods & PR Town Centre.

October 23

Haunted Walking Tours begin

7 pm and 7 pm daily, hosted by the qathet Museum. \$10 per person. Through October 31. See more at right.

October 24 & 25

Henderson Haunted House (H3)

7 pm till last scream. \$10 per person. Silent auction, concession on site. 5506 Willow Avenue.

7th annual Ghost Train

6 to 8 pm Paradise Exhibition Park, 4365 McLeod Road. Train rides through the lights, Bonfire, family-friendly. Snacks in the Quonset by Kwanis. Admission by donation for Railroad improvements.

October 26

Pumpkin Pedal

3 to 5 pm, Recreation Complex. Bring the family for a fun, costumed bike ride around the spooky complex trails.

Death Café

2 to 4 pm, Cranberry Seniors Centre. A safe space to share experiences of death, grief and everything it touches.

Haunted Walking Tours:

Meet the friendly ghosts of Townsite

Join the qathet Museum staff for their third year of haunted walking tours in the historic Townsite.

On this one-hour walking tour, your guide will share recent history of the Townsite and ghosts who frequent the buildings here.

Slots fill up quickly so book in advance by visiting the Museum in person at 4798 Marine Avenue or through the online gift shop: qathetmuseum.ca/haunted-walking-tours/. Groups are especially encouraged to book in advance as the maximum group size is 10 people.

Please note the two available timeslots per day:

Pick a 5 pm time slot to avoid nightmares and for a stronger history focus.

If you're hoping for goosebumps and ghosts, the 7 pm tour time is your better option.

This tour runs from October 23 to October 31. For more information call the Museum at 604-485-2222 or email at programs@qathetmuseum.ca.

Ticket prices are \$10/person. Contact us for group rates for four people or more.

The day of your tour, meet your guide at the front steps of Henderson House at 6211 Walnut Street.

Accessibility: Please let us know if you have any accessibility requirements and we will do our best to accommodate. The walking tour route covers approximately 1km of paved sidewalk and includes hills.



Fire Prevention Week October 5 – 11

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October 28 to November 22

Memento Mori Festival 2025

Honouring loss and grief together. qathetART.ca

October 28

Compassionate Friends

7pm, learn the location by contacting powellrivercf@gmail.com. Support group for bereaved parents of any age, any cause. See Page 2 for more.

Tuesdays, October 28, November 4 & 11

Tarot Circles : Creative Exploration and Learning

1 to 3 pm, qathet Art Centre

October 30

Halloween Carnival & Magic Forest Fundraiser:

The Lorax

5-8:30 pm, James Thomson Elementary. Profits will be going towards year end trips

October 30 to November 2

Memento Mori • Light A Candle Exhibition + Candelabra Workshop

Tidal Art Centre. Opening Reception: Oct 30 at 6 pm. Exhibition: Oct 31 & Nov 1 at 11 am to 6 pm , Nov 2, 11 to 1 pm. Workshop: Oct 31 to Nov 2 at 10 to 1 pm. claytidal@gmail.com to register.

October 31

Halloween Party

3:30 pm to 5 pm, Town Centre Mall. For kids 10 and under with adult supervision. Trick or treating, colouring and more. Free.

The Haunted Ball

8 pm until late at Dwight Hall. Halloween dance with DJs, big costume prizes, massive snack table, and cash bar service. "Mythic Monster" decor by Blake Drezet. Advance tickets at 32 Lakes and River City.

The Great Marine Trick or Treat 3

3 to 5 pm, participating Marine Avenue shops. Look for the pumpkins.

Light the Night

5 to 7 pm, Living Water Church. A Carnival for Kids & their families.

Through November

Green Burial Community Casket Art Engagement + resource display

PR Public Library

November 1

Memento Mori • Community Ofrenda & Latin Dance – Dia De Los Muertos

Ofrenda 2 to 6 pm, dance 7 pm til late. Carlson Community Club. Collective remembrance altar and art + food . With Iguana's Mexican Grill. Dj Minerva followed by RUMBA 7—a Latin music ensemble.

November 5

Memento Mori • Exploring Playlists Creative Workshop

7 pm, qathet Art Centre. Make your own legacy playlist through love, loss, grief, and lived experience with Kathy Szajnfeld.

November 12

Memento Mori • Advance Care Planning Workshop

1 to 3 pm, qathet Art Centre. With Four Tides Hospice Society. Registration required: coordinator@fourtideshospice.org or 604-223-7309.

November 20

Memento Mori on the Mic

6:30 pm, location TBD. Open mic on themes around aging, grief, and illness with Community Supported Dying qathet.

November 22

Memento Mori • Walking the Labyrinth: A Path Through Grief contemplative walk through healing outdoor labyrinth

1 to 4 pm, Sycamore Commons, at St. David's and St. Paul's Anglican Church.



Grief Support

The local Compassionate Friends group has created a special place of remembrance at the Kelly Creek Cemetery for families who have lost children.

Compassionate Friends, a peer support group for parents who have lost children, whether through illness, suicide, accident or trauma, meets in qathet on the fourth Tuesday of the month; another group meets via Zoom on the first Tuesday of the month. For more information contact Ariel Turcotte at powellrivercf@gmail.com.

Four Tides Hospice offers eight-week grief support groups, provides one-on-one support with trained volunteers who accompany people through the grief journey, and offers a drop-in Walking Grief Group every Tuesday at 10 am on the seawalk. For more information, contact coordinator@fourtideshospice.org.

- Sheila Peters — see next page



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The Watershed of Grief

BY SHEILA PETERS

Like many others, I have knit shawls and blankets to comfort people who are ill or grieving. I knit the sweater my mother was wrapped in after she died just over two years ago, thinking to give her warmth and comfort wherever her journey took her. Everywhere people look for ways to express love and care for their community in loss.

Earlier this year I was knitting a shawl called Estuary. It begins with one delicate wave pattern; as the shawl widens, it incorporates a different current of lace to simulate a river running into an estuary and mingling with the ocean.

In the midst of this, a friend phoned to tell me of her son's sudden death, a young man my own two boys had played with when they were children. In

MEMENTO MORI FESTIVAL

When: Multiple events starting October 28 to Nov. 22

What: A festival celebrate and explore seasonal transitions, life, love, loss, grief, death and dying in qathet.

Learn more: See the previous pages and visit qathetart.ca/memento-mori-festival-2025

those years we lived beside a mountain creek the kids explored in the summer, turning blue in its cold.

For over 40 years, we tracked its passage to the river in summers at low water when it was a sun-sparkled trickle. We followed its course in win-

ters on snowshoes, the water a muffled gurgle under the ice. In full flood it washed out roads and bridges, as did the river it flowed into.

All those memories came back when I thought about our friend who has been a river woman most of her life. The shawl became a way for me to pour my sorrow and love for her into something tangible.

Like rivers, grief takes many different shapes. Some runs a short course straight to the ocean. Other grief is like a gentle spring bubbling up to become a quiet pool of sorrow, a place of remembrance and comfort.

The loss of a child, particularly a traumatic and sudden death, scours family and friends, moving all before it, obliterating everything. The grief runs in what can feel like an endless journey of pain and



anger. It changes everything.

Like a great river, grief shifts over time from a current of rage into a broadening stream slowly making room for other emotions.

The pain remains powerful, but it becomes entwined with the tributaries entering its watershed, tributaries that bring the support and love of community.

The river expands with the depth of emotion and understanding grief brings. It brings richness into the estuary spreading at the river's mouth, nutrients fundamental to life. It is here the ocean's arms are flung wide

to receive all that grief brings with it. It flows into our community giving us all a chance to make room in our own hearts, without judgement, for those feelings and whatever course they might have taken.

We open our arms to gather in the pain. We look for ways to ease the wreckage these deaths can bring.

Each of us in our own way can listen, bring food, knit comfort, offer prayers and tissues, or share the unspeakable in silent presence.

In doing so, we become part of the rich and powerful watershed that is community. **PL**



Springtime Garden Centre Fall into Autumn Market

**Thanksgiving
Long Weekend**

Saturday, October 11th
Sunday, October 12th

11 am to 3 pm each day

at Springtime Garden Centre
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Local Makers' Market

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POST-WAR MAYHEM: Weeks after peace was declared, Powell River celebrated Halloween at the Golf Club — then in Townsite — with a gender-swapping costume party. Right, an article about the event that ran in the *Powell River News*.
Photo courtesy of the qathet Museum & Archives

All's hallow after war ends

Powell River's Halloween 1945 was all about cross-dressing

Halloween is one of the oldest holidays still celebrated today, with roots stretching back thousands of years. But what about Halloween right here in Powell River? What has it looked like through the decades?

In the 1920s and 1930s, a popular Halloween pastime was the Masquerade Dance. Adults gathered at the Powell River Company's Central Hall—once home to the company's offices, assembly hall, department store, telegraph office, and more—before celebrations eventually moved to the larger Dwight Hall.

Meanwhile, high school students held their own Halloween dances.

Following the Second World War, Halloween grew even more popular. In the 1940s, the Powell River Golf Club began hosting costumed golf parties.

In 1945, this party was themed, with men wearing women's clothes while women wore men's. As for the children, a 1944 newspaper article on a local costume contest reveals some of the prize-winning disguises of the era: a Victorian Lady, a pirate, and Donald Duck.

By the 1950s, UNICEF donation boxes appeared, and local children went door-to-door collecting pen-



BLAST FROM THE PAST

DEVAN GILLARD

nies for the Save the Children Fund.

Of course, no Halloween is complete without candy, and our sweet teeth have changed over the years. In the 1930s, local shops sold confections with now-forgotten names like Satins, Strings, Opera Drops, and Halloween Kisses, all for just 20 to 40 cents per pound.

By the 1960s, more familiar treats became available, including Wrigley's Juicy Fruit gum and chocolate bars like Oh Henry's.

Pranks have always added a touch of mischief to the holiday, putting the "trick" in "trick-or-treat". In 1931, the *Powell River Digester*, a publication of the Powell River Company, described the night as "Halloween, the adults' nightmare and the youngsters' delight."

The mischief ranged from harmless to hazardous: in 1925, a large rock was moved in front of a road, causing three motor vehicle accidents, and, in 1929, a firecracker reportedly exploded inside someone's chimney.

From elegant masquerades to mischievous mayhem and changing candy trends, Halloween in Powell River has always been a time of creativity, community—and just a little chaos. **PL**

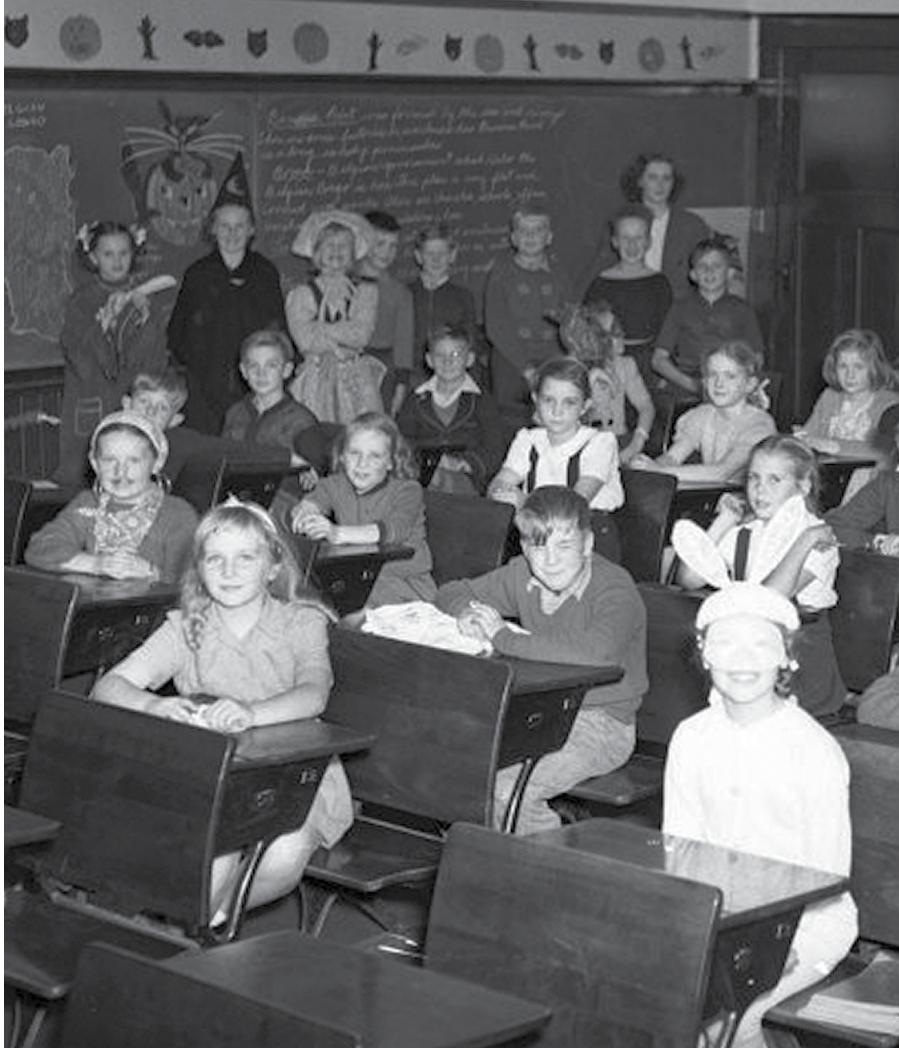
Turnabout Party Features Novel Halloween Dance

Boys were ravishly lovely girls at the Westview Young People's turnabout Hallowe'en party held in the Golf club house on Monday night with 45 members and guests attending the successful do. Boys were in dresses, skirts and lipstick and girls were in their usual costume these days of pants and sweaters and other articles of men's clothing.

Some of the girls made wonderful 'he' men, and others compared with and outshone Alan Ladd and Van Johnson.

The clammy hand of the hostess greeted each guest to brave the unknown mysteries of the night. A wizz-kid quiz forshadowed the evening and those that endured were privileged to attend the postmortum, each person in the room receiving at one time or another the bodily parts of the last patient'.

Dancing filled in the time, between fireworks, games and refreshments, music being supplied



FOR ADULTS & FOR KIDS: Top, the 1945 cross-dressing party at the Golf Club. Above, a 1947 class Halloween Party Photos courtesy of the qathet Museum.



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Historic Paddle from xwεymamɫn (whey-mam-in) to tisk^wət

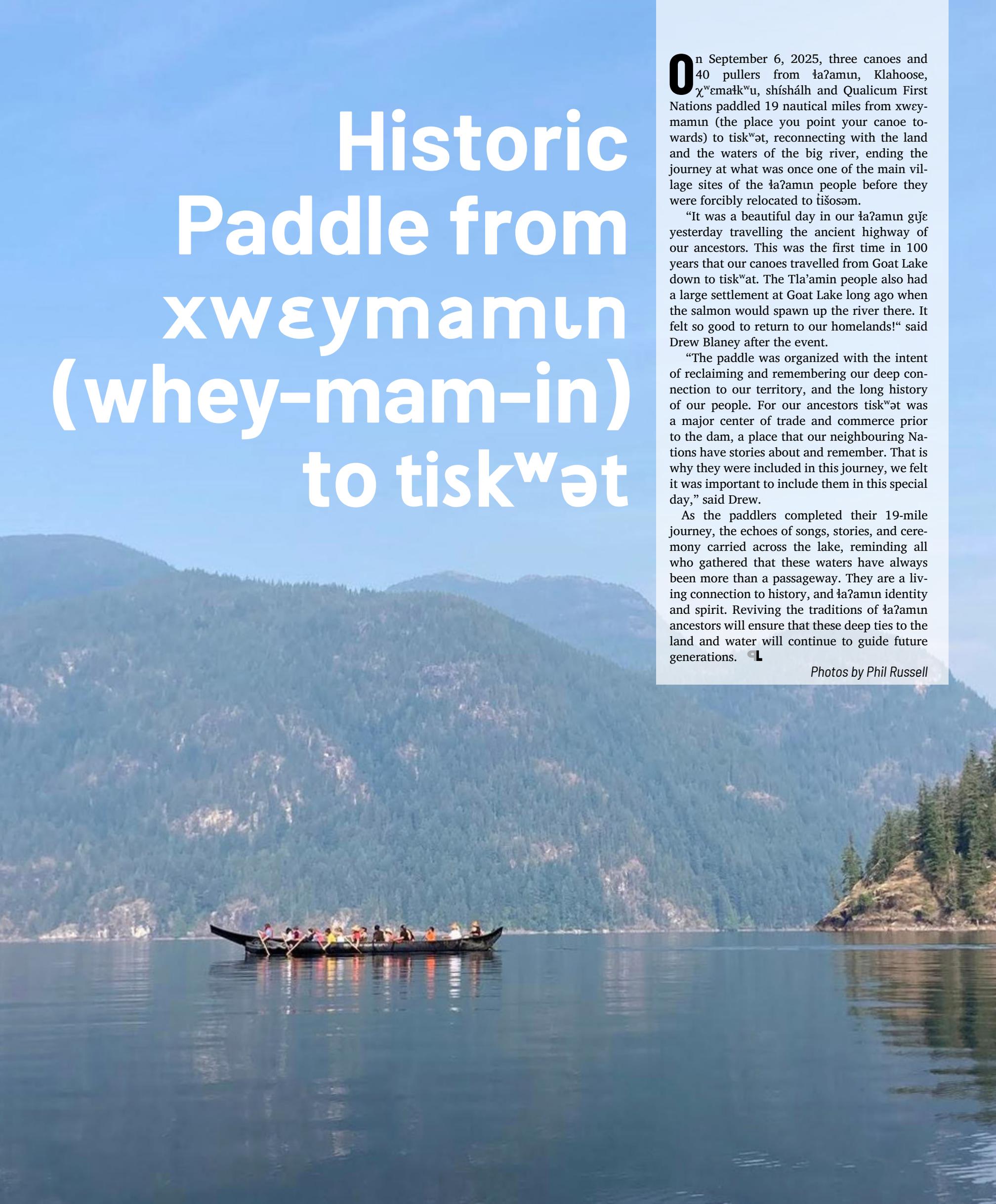
On September 6, 2025, three canoes and 40 pullers from ɫaʔamɫn, Klahoose, χ^wεmɫk^wu, shishálh and Qualicum First Nations paddled 19 nautical miles from xwεymamɫn (the place you point your canoe towards) to tisk^wət, reconnecting with the land and the waters of the big river, ending the journey at what was once one of the main village sites of the ɫaʔamɫn people before they were forcibly relocated to ʔišosəm.

“It was a beautiful day in our ɫaʔamɫn gɫje yesterday travelling the ancient highway of our ancestors. This was the first time in 100 years that our canoes travelled from Goat Lake down to tisk^wət. The Tla’amin people also had a large settlement at Goat Lake long ago when the salmon would spawn up the river there. It felt so good to return to our homelands!” said Drew Blaney after the event.

“The paddle was organized with the intent of reclaiming and remembering our deep connection to our territory, and the long history of our people. For our ancestors tisk^wət was a major center of trade and commerce prior to the dam, a place that our neighbouring Nations have stories about and remember. That is why they were included in this journey, we felt it was important to include them in this special day,” said Drew.

As the paddlers completed their 19-mile journey, the echoes of songs, stories, and ceremony carried across the lake, reminding all who gathered that these waters have always been more than a passageway. They are a living connection to history, and ɫaʔamɫn identity and spirit. Reviving the traditions of ɫaʔamɫn ancestors will ensure that these deep ties to the land and water will continue to guide future generations. 

Photos by Phil Russell





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| 5. DEER | 15. RAGGED | 25. INFERNO |
| 6. PIERCE | 16. BLUNDER | 26. PUZZLING |
| 7. STARFISH | 17. ORNATE | 27. ONION |
| 8. RECKLESS | 18. DEAL | 28. SKELETAL |
| 9. HEAVY | 19. ARCTIC | 29. LESSON |
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| | | 31. AWARD |

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25 words for 2025

Learn these words and more to help celebrate 10 years of the Treaty between Tla'amin Nation, the Province of BC, and the Government of Canada in 2026.

How many of these common ayajuthem words do you already know?

- Tla'amin Language • ʔayaʔuθəm • aya-ju-them
- Thank you • ʔimot • e-mot
- Welcome • čεčɛhaθɛč • che-che-hath-ech
- My name is... • ... kʷətʰ nan • ... kwuth nun
- People • qayumɪxʷ • ka-yo-mew
- Tree / Relative • ʔɛʔɛ • jeh-jeh
- Elders • ʔaxay • klux-eye
- Young • čuy • chewy
- Us • nəmoʔ • neh-moth
- Spring or Chinook Salmon • θaʔəm • thut-thumb
- Bear • məxat • meh-hath
- Orca • nəŋqəm • nun-kum
- Rain • čɪʔ • chith
- Sun • ʔəgəm • tug-ghum
- Ocean • sinkʷə • sink-wah
- Canoe • nuxʷɛʔ • nook-weth
- Gathering Together • qatʰaymixʷ • kot-thigh-mews
- To Bring Together • qatʰət • kawt-thet
- School • tɪwšəməwtɪxʷ • ti-sha-maut
- Powell River • tiskʷət • tees-kwat
- Milky Waters from Herring Spawn • ʔišosəm • tee-show-sum
- Willingdon Beach • ʔahʔjumɪxʷ • ah-joo-mew
- Savary Island • ʔayhos • eye-hos
- Lund • Kla-ah-men • kla-ah-men
- Saltery Bay • Skelhp • skelp

With Alisha Point, Tla'amin Nation Language Teacher.



Want to learn more words or work on your pronunciation? Check out First Voices to hear Tla'amin elders speak these words and thousands more. firstvoices.com/tlaamin





HOW MUCH WOOD SHOULD WE CHUCK?: At Post & Purlin Forest Products' yard, the sawdust and off-cuts pile up. Since the mill's hog boiler stopped accepting local wood waste, there has been nowhere to send this valuable material

— either for fuel, or new products. Owner Micheal Essex is working with Tai Uhlmann to find other "circular economy" solutions. If you would like off-cuts for free, call him at 604-414-3552. You'll need something bigger than a pick-up.

New love for C&D

Tai Uhlmann is the senior project manager for circular economy projects with the Synergy Foundation, a nonprofit based in Victoria.

She lives here, and is leading a two-year project to help develop a local circular hub focused on finding new economic opportunities in waste materials coming from the construction, renovation, demolition, and manufacturing sectors through reuse, value add manufacturing, refurbishing, etc.

CIRCULAR ECONOMY BREAKFAST

When & Where: October 29, 7 to 9 am, Rec Complex

What: Free workshop and breakfast with the Synergy Foundation, to share more about the local circular economy project and get direct input and ideas.

Register: eventbrite.ca/e/cd-waste-to-resource-community-session-tickets-1632666081199 (or scan the code on Page 46)

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“We have been sending somewhere around 4,000 metric tonnes of mixed construction & demolition waste annually to Washington State... things like clean wood, treated and painted wood, tiles, bricks, flooring, asphalt shingles, insulation, and construction plastics.”

- Tai Uhlmann

A “hub” can look different depending on the community—it could be a physical space, a network of local partners, or other systems for sharing materials, tools, skills, and knowledge.

More than just supporting reuse and repair, it's about sparking innovation and creating new economic opportunities by turning waste into something valuable. By connecting businesses, organizations and makers, a hub can keep materials circulating locally, helping reduce waste, and build a more resilient and diversified local economy.

The project is funded provincially through the Rural Economic Diversification and Infrastructure Program.

She has been reaching out to local businesses, social enterprises, artists, and community members to start identifying local interest and priorities, and is excited to engage many more.

What do you personally like about garbage? What fires you up about waste?

Tai • What fires me up is the sheer untapped potential. Waste is a symptom of linear thinking and poor design—use it once, throw it out. But when I look at a pile of construction off-cuts or salvaged wood from an old house, I see materials that could become jobs, products, even art.

It's about shifting our thinking to see value in waste not just in the pile in front of us but all that went into creating it. There's something hopeful about transforming our waste stream into a resource stream. It's local problem-solving at its most creative.

What kinds of construction and demolition (C&D) waste gets created here, and in what volumes?

Tai • Historically we have been sending somewhere around 4,000 metric tonnes of mixed C&D waste annually to Washington state which is 770km one way—things like clean wood, treated and painted wood, tiles, bricks, flooring, asphalt shingles, insulation, and construction plastics. The majority of C&D ends up all mixed together, making it harder to recover value from the materials. I am not saying that all C&D waste is feasible for reuse and manufacturing,

some may have fire damage or hazardous materials but if there was more separation of clean construction waste and deconstruction of old buildings over demolition, valuable materials could get a new life.

The Resource Recovery Centre recently added a collection for clean wood which is great news and staff are also actively identifying reusable items that come over the scales and make them available for free at the recycling building.

“Circular economy” feels like a buzz-word. What are we actually talking about here?

Tai • When you strip it down, the circular economy is really about keeping materials in use for as long as possible—and at their highest value. Instead of the old “take-make-waste” model, it focuses on designing out waste, keeping resources circulating, and regenerating natural systems. It's not just a concept—there are really amazing and innovative businesses creating new jobs and economic opportunities from waste.

Take Urbanjacks in Vancouver, for example. They take leftover wood like construction off-cuts and reclaimed dimensional lumber from deconstruction and turn it into high-quality finger-jointed lumber that's actually stronger than new virgin lumber. There's also Chop Value that recycles chopsticks to make beautiful wood furniture and more. There are really endless possibilities. It's about making reuse the default, not the exception.

For those of us who are a bit cynical about waste management and local economies, what would you say to show that this “circular economy” is gonna be a thing?

Tai • “Necessity is the mother of invention.” I have been working with local businesses who want better options for their waste materials and are finding some cool and innovative ways to reduce and reuse waste internally and are looking for more solutions—not just for recyclables but other materials like window glass, wood waste, lumber wrap, and vinyl.

If we start looking at our waste streams on a more regional scale, there's a real opportunity to connect those looking to divert materials with those who could use them to create new revenue streams. Through this project, one of our goals is to facilitate matchmaking between material generators and potential users, keeping valuable resources local and supporting ongoing material exchange networks.

With the high costs of everything today, the circular economy offers a way for construction and manufacturing businesses to get more out of their resources. By reusing waste materials, sharing or exchanging surplus materials, equipment, and skills, businesses can lower expenses, reduce waste, and keep valuable materials circulating rather than paying for disposal.

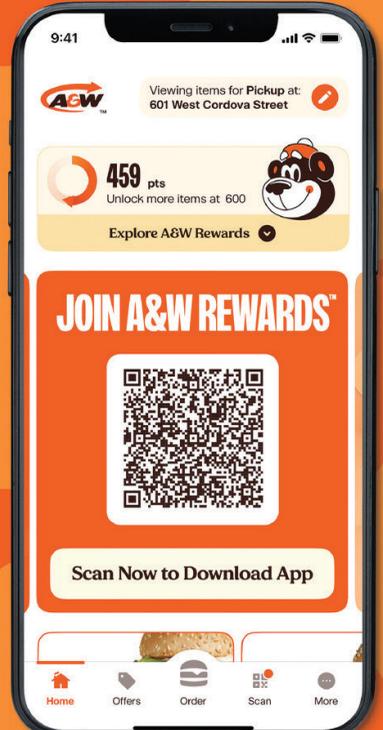
Need support to make your business more circular?

As part of this project we are also offering free 1:1 circular assessments for C&D and manufacturing businesses in the region to help them find operational efficiencies, cut costs, and turn waste into economic opportunities.

Synergy has two spots left. If you want to see if your business might be a good fit please reach out to tai@synergyfoundation.ca.

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SMALL BUSINESS WEEK

COVID? Online shopping? No worries.

It's a great time to be a small business in qathet

Taran Brown, the president of the Powell River Chamber of Commerce, has a lot to say about opportunities for small business in qathet. As he should. He's also the owner of long-time Powell River commercial automotive and parts shop Aero Services, and the new ProFuel Propane.

E-commerce is a growth area even for local business, Taran said. The Kal-Tire on Duncan now does about 25% of its business online, he explained, and SunCoast Cannabis' new online sales platform is a hit. Although online sales can be expensive to set up, pioneering small businesses here have demonstrated the increase in sales is often worth it.

Taran also advises to not be afraid of being competitive. qathet has most services that anyone could ever want, he said. But probably not enough of them. Competition makes everyone better.

To foster community, businesses can look forward to the Chamber of Commerce reintroducing monthly lunches, with guest speakers. The popular networking event was nearly lost to the COVID era.

"I would like to see small businesses dominate every sector in town," said Taran. 



IT'S A GAS: Tarran Brown is the president of the Chamber of Commerce and the new ProFuel Propane.

Ghost Train

Friday, October 24 & Saturday, October 25

Miniature train rides through a Halloween-decorated forest at Paradise Exhibition Grounds. 6 to 8 pm each night. Bonfire and snacks provided by Kiwanis in the quonset hut. Admission by donation towards railroad improvements.

This space available to non-profit organizations, courtesy City Transfer



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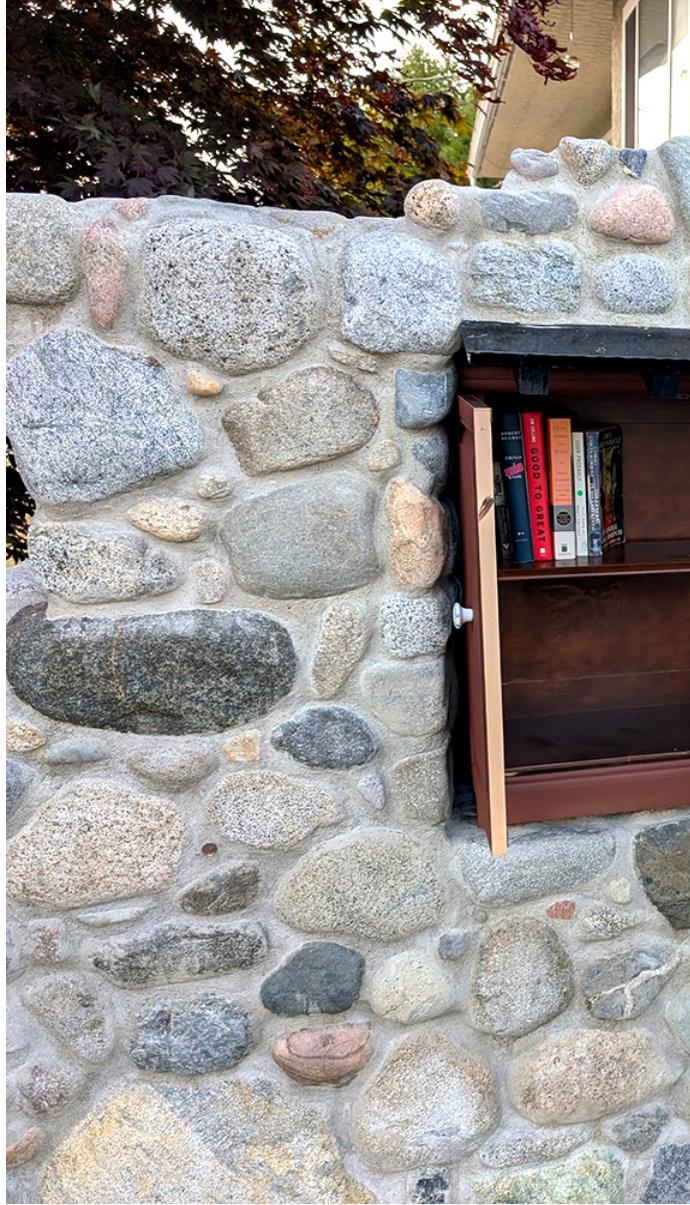
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Searching out a book, seeds, or a stick has never been so high tech and so low tech



BY EAN JACKSON

"Take a book. Leave a book." You've probably noticed those curious little book boxes sprinkled around the upper Sunshine Coast. But who manages them, where are they and why do they matter?

My own journey into the world of mini-libraries began with an old bookcase I spotted on the sidewalk one day. It had a "free" sign taped to it. I lugged it home and tucked it into the garage — otherwise known as the place where projects go to die.

Three years later, while finishing a stone wall in our yard, I decided to rescue the bookcase from its dusty exile. Why not give it a new life as a neighbourhood library?

Learning the Ropes

A quick online search introduced me to Little Free Library, a U.S.-based nonprofit that supports people who want to host mini-libraries. I learned that these little libraries can range from repurposed fridges to handcrafted miniatures of people's homes. Some folks have even created stick libraries for dogs. Yes, puzzles are OK, too.

It sounded inspiring, but I didn't feel the need to join the "official" system. My goal was simple: share books with neighbors and brighten up our street. So

I decided to be a rebel and create an independent mini-library.

Still, I wondered what it takes to manage one. For advice, I turned to Mark Merlino, Adult Services Coordinator at the Powell River Public Library. Mark was enthusiastic and pointed me toward qathet Friends of the Library, a group that helps distribute books in the community. From there, I followed an online discussion led by Susan Forsberg and discovered a list of mini-libraries in the region, finally meeting Kathy Maitland of the Kiwanis Club, who distributes free books to these little libraries.

The lists weren't up to date, so I took on the challenge of creating a map. With my inner geek fully engaged, I mapped every mini-library I could find, checked locations on Google Street View, and cycled around town to confirm them in person. (You can find the map by scanning the code above right.)

Building the Library

Meanwhile, my old bookcase needed a facelift. After some sanding, painting, and futzing to get the doors to close, I went hunting for knobs. At Kindred Rebuild, Todd Clarke kindly donated a set of elegant ceramic ones. "Little libraries are awesome," he said. "We love community projects."

With a bit of DIY and community kindness, the book nook in our stone wall was ready. I created a Facebook page for it, then my wife and I gathered a few books, stocked the shelves, and waited to see what would happen.

Two days later, new titles appeared. Someone out there had already embraced the spirit of sharing!

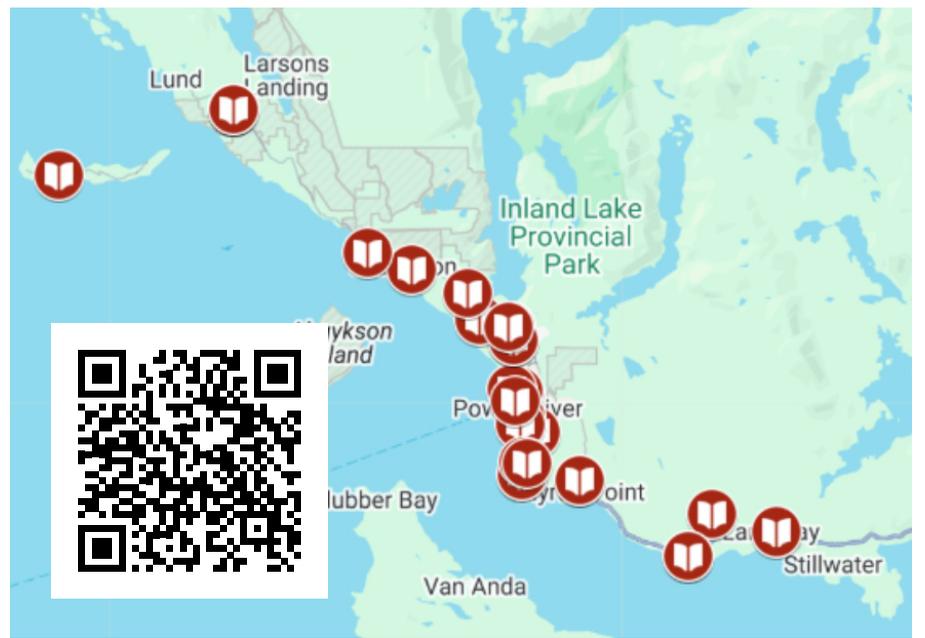
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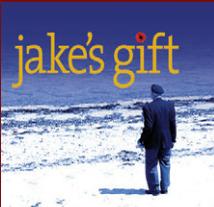
PASSION PROJECT: Top, Ean Jackson, this article's author, builder of the Stonewall Library (see Facebook for more), and the tech master behind the interactive map detailing the location of each of qathet's mini libraries (above right). Other images: a few of the region's many free libraries, including one at Magpie's Diner (left), and more.



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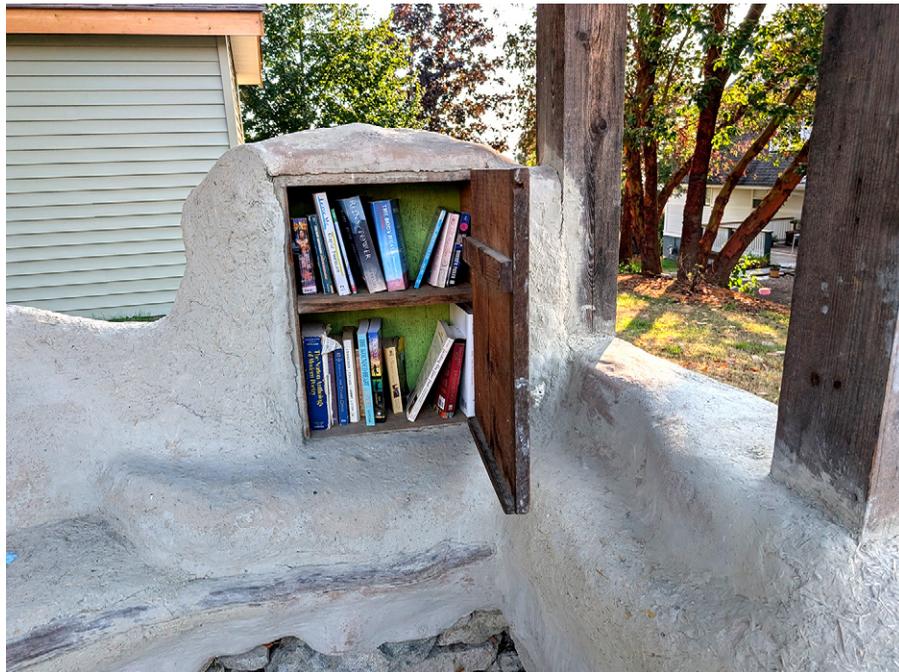


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BOOKS FOR THE BUS, STICKS FOR THE STREETS: Top, the little library built into the cobb bus structure outside Sycamore Gardens / St. David and St. Paul Anglican Church in Townsite. Above, the Dog Stick Library. 'Nuf said.

Download the qathet Waste Wise app for service reminders

Find the Waste Wizard and other information on our waste collection services at powellriver.ca, or scan here:





OCTOBER

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Organics and
Garbage Day:

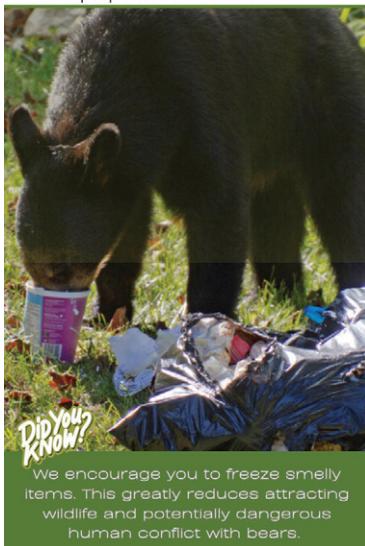


Organics and
Recycle Day:



BE BEAR AWARE!

Let's all do our part to reduce attractants — such as garbage & organics — to help keep people safe and wildlife wild.



Why Mini-Libraries Matter

What makes these little boxes so special? Beyond the fun of discovering a free mystery novel or a gardening guide, mini-libraries create ripple effects in a community. They:

- Encourage the joy of reading.
- Share resources in a simple, sustainable way.
- Personalize public space and spark creativity.
- Bring neighbours together in unexpected ways.
- Best of all, they remind us that literacy and generosity don't have to be complicated. A small box of books can become a gathering place and a reason for conversation.

An Open Invitation

Mini-libraries are everywhere in qathet — tucked into front yards, perched on fences, attached to business fronts, even built into stone walls.

Each mini-library has its own personality, shaped by the books inside, the people who use it, and the people who care for it.

If you haven't explored them yet, take a stroll or a bike ride and see what you discover.

Better yet, leave behind a book you've enjoyed and let it find a new home.

You never know — your next great read might be waiting in a little library just around the corner. 📖

For Miklat House, & for forgiveness

Jesse Lamb's five-month fundraising journey completed here on September 23. See his story on Page 28.

Donate in recognition of his ride for addiction recovery on GoFundMe through October:



Sports & Rec Calendar

For more details, see the main events section on Page 35.

October 2 & 3

Go by Bike Week Celebration Station
7am – 9am at Brooks High School. Track your rides for a chance to win prizes.

October 4

Men's International Golf Tourney
Myrtle Point

October 8

Cranberry Nature Reserve Community Discussion
6:30 pm, Recreation Complex.

October 10 & 11

Regals Opening Weekend
Regals vs. Ice Breakers. 7pm both nights, Hap Parker

October 17 to 19

U18A Kings tier 2/3 Minor Hockey Tourney
Hap Parker

October 17

PR Kings vs. Trail
7pm, Hap Parker

October 18

Salmon Expo
Lang Creek Salmon Center.

October 18

Villa Soccer Club vs. Lakers FC
1:30pm, Timberlane Park

October 18

Powell River Community Forest Open House
Info TBA

October 24

Big West Wrestling
6 to 8 pm, Texada Island

PR Kings vs. Nanaimo

7pm Hap Parker

October 25

Big West Wrestling
1:30-4, Brooks Cafeteria Hall.

PR Kings vs. Nanaimo

7pm Hap Parker

October 26

Pumpkin Pedal
3 to 5pm, Recreation Complex. Bring the family for a fun, costumed bike ride around the spooky complex trails.

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Season opener October 9 & 10 at The Hap

The Regals Break the Ice with Hope

BY TOD ENGLISH

We are so excited to now have a fourth team in the West Coast Senior Hockey League. The Powell River Regals, Nanaimo Steelmen, and Lake Cowichan Appollos welcome the newest franchise: the Hope Ice Breakers.

This season, the Regals will play a 12-game “balanced schedule” with two rounds of playoffs and the play-

off winner advancing to 2026 Coy Cup Final Four tournament. The team is coached by Tod English, Don Gagne, and Scott Mastrodonato, and trained by Rob Milne and Grant Wood.

Coming off a 2025 McCallum Cup WCSHL championship, the Regals have now been preparing for the upcoming October 10 & 11 season opener against the Hope Ice Breakers here at home, 7 pm both nights. 



BACK TO THE HAP: Top, Mike Behan breaks away. Above, Trevor Burnett anticipates a pass, in front of a home crowd. *Photos by Tara Glenn Photography*

Powell River Regal	#	Home
Nic Peters	1	Powell River
Travis Granbois	5	Campbell River
Matteo Porchetta	6	Powell River
Brett Kinley	7	Powell River
Cohen Mastrodonato	8	Powell River
Brad Cimaglia	9	Powell River
Mikey Markland	LTIR	Powell River
Tyler Durant	10	Powell River
Ethan Schmunk	11	Powell River
Cory Burnett	13	Powell River
Issac Shelton	15	Powell River
Trevor Burnett	16	Powell River
Nic Porchetta	17	Powell River
Garrett Brandsma	18	Powell River
Chad Niddery	19	Penticton
Mason Windsor	21	Courtenay
Mike Behan	22	Powell River
Gabe Shipley	23	Powell River
Riley Billy	24	Campbell River
Kyle English	26	Powell River
Mac Roy	27	Sechelt
Josh Gray	29	Sechelt
Bekkam Willis	32	Comox
Dieter Mccintosh	31	Powell River
Ryan Pouliot	33	North Vancouver
Brock Sawyer	34	Powell River
Bryson Cecconi	37	Powell River
Mitch Williams	39	Prince George
Jack Frost	41	Powell River
Jack Long	44	Powell River
Ryan Fairgray	35	Powell River
Lucas Wadsworth		Powell River
Ross Ciarnello		Powell River
Evan Piniewski		Powell River

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CAPTAIN JAKE: Victoria's own Jake Westhaver, 19, was named the Kings' captain for 2025-26.



Kings at the Hap October 17, 24 & 25

Welcome, Kings 2025-26 team!

Name	Position	#	Hometown	Birthdate
Erik Powers	Goalie	1	Invermere, BC	March 13, 2006
Conrado Calderini	Defence	6	Greenwich, Connecticut	March 7, 2006
Sam Esposito	Forward	7	Westfield, New Jersey	September 16, 2006
Chad Lebeau	Defence	8	Repentigny, Quebec	February 8, 2005
James "Ace" Bond	Defence	9	Accord, New York	January 5, 2007
Michael Mardula	Forward	10	Lemont, Illinois	February 21, 2007
Max Bleicher	Defence	11	Füssen, Germany	February 14, 2007
Andrew Gibbons	Forward	12	Wakefield, Rhode Island	June 2, 2006
Jace Harder	Forward	14	Lake Country, BC	November 1, 2006
Tyler Dahms	Forward	15	Omaha, Nebraska	February 20, 2006
Max Bennett	Forward	16	Eagan, Minnesota	December 28, 2006
Josh Lepain	Forward	17	Amherstburg, Ontario	February 20, 2006
Brendan Giles	Forward	18	Ridgefield, Connecticut	February 18, 2005
Jake Westhaver	Forward	19	Victoria, BC	March 22, 2006
Marek Beaudoin	Forward	21	Verchères, Quebec	April 25, 2006
David Holub	Defence	23	Lichnov, Czechia	April 11, 2007
Eli Friedman	Forward	24	Rye, New York	April 29, 2005
Tristan Williams	Defence	26	King City, Ontario	February 27, 2006
Ben Wright	Forward	27	Mill Bay, BC	October 23, 2005
Eliot Compton	Forward	28	Victoria, BC	May 10, 2007
David Skacel	Goalie	31	Kromeriz, Czechia	February 10, 2007
Ryan Tاملين	Goalie	35	Invermere, BC	May 30, 2006
Ryan Hedley	Forward	37	Raleigh, North Carolina	August 7, 2007
Jaden VanWallegghem	Defence	44	Kenora, Ontario	January 6, 2009
Casey Bridgewater	Defence	61	Komoka, Ontario	February 7, 2007
Chris Battaini	Forward	71	Pittsfield, Massachusetts	June 27, 2005
Dante Ersoni	Defence	77	Montreal, Quebec	June 23, 2005
Dustin Hendry	Forward	91	Uster, Switzerland	December 2, 2006

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ONE OF BC'S TOP JUNIOR GOLFERS: Lucas Vizzutti, 15, is already a BC Champion. This fall, he sees if he can compete internationally, in Australia and Florida.

Watch out, world. Here comes Lucas

Lucas Vizzutti, 15, is a Brooks Secondary student with another life out of town: golf champion.

In September, Lucas entered the Maple Leaf Junior Tour National Challenge in Fenwick, Ontario. He finished eighth out of 30 over the three-day tournament with a 76, 71, and 76.

At press time, Lucas was in Australia for the Jack Newton International Tournament, a member of a four-man team from across Canada.

Next up, Lucas will be in Florida, November 5 to 10, for the Maple Leaf Tour National Championship.

How did you start playing golf?

Lucas • My dad golfs and I started going out with him I was five years old.

Where do you train?

Lucas • I practice at Myrtle Point Golf Club. I am usually out there everyday either playing or practicing.

When did you know that you were good – very good – at this?

Lucas • 10 years old. That's when I took top place for my age at the BC Bantam / Novice Champs in Chemainus.

What's your handicap?

Lucas • My handicap is a 2.

What other sports do you play?

Lucas • I played hockey till this year. I decided to fully commit to golf

What's your favourite course?

Lucas • Myrtle Point Golf Club and Predator Ridge in Vernon.

Are you better at driving, chipping, or putting?

Lucas • Driving.

Who's your coach?

Lucas • I don't have a coach. My dad taught me but I don't have a coach.

What's your ultimate goal?

Lucas • To play golf professionally.

What else should readers know about you?

Lucas • I played in the 2025 Maple Leaf Junior Tour in the Lower Mainland (fifth of 76 junior boys) and also in the BC Golf Championships (top spot, earning the place in Australia this month) and Zone 6 Junior Golf on Vancouver Island. My best score is a 69, that I shot in a tournament in Kamloops. **CL**

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The medal haul from the 55+ Senior Games in Nanaimo

From September 9 to 13, 23 local seniors went to Nanaimo to compete in the 55+ BC Senior Games. Here are a few of the medals they won. If you won a medal too, please let us know! editor@qathetliving.ca.

Hockey

Diana Lamont, Sneeta Takhar, and Suzi Wiebe (pictured above) were three of the six women playing hockey in the 55+ BC Senior Games. They have spent the last several months traveling together to Vancouver Island for practices.

The trio and their Zone 2 55+ Tsunami Storm Hockey Team captured the Bronze Medal in a 2-0 win over Zone 1 Victoria.

“The best part of this experience was getting to play alongside these women who came from all over the region, including Port McNeil, Port Alberni, Powell River, Courtenay, Qualicum, Nanoose, and Nanaimo,” said Suzi.

Golf

Of the three golfers who went to the BC Senior Games from Powell River, two came back home with medals: Patrick McCarthy with gold and Cliff Lloyd with silver. Blair White was on the top five on day one and had a chance to win, but was unlucky on the back nine on day two at Cottonwood golf course.

All three golfers play regularly at Myrtle Point golf course. Cliff is 86, Patrick is 74, and Blair is 69.

Swimming

Jessica Colosanto won gold in the 25 fly, 25 back, 50 fly, and 25 free relay; silver in the 25 medley relay; and bronze in the 25 free, 50 free, 100 free, and 50 free relay

“A fellow got on the elevator and I said a friendly, ‘How’s it going?’ He answered with an excited, ‘I won a medal in golf at the 55+ Games!’

“Without thinking, I grabbed my medals out of my swim bag and said, ‘I won medals, too!’

“In the moment that followed, my medal haul felt a bit obscene... some sports play for days to win one coveted medal. Swimming at the Games takes place over three days, and you can swim up to two individual races and one relay each day”.

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Demons, grace, & love:

Five months on a bike

After dark on September 23, Jesse Lamb arrived at his final destination by bike, Powell River — the end of a five-month journey that started in St. John's, Newfoundland.

Jesse is a graduate of Miklat Recovery Program. He lived here in 2020, where he successfully stopped drinking. This cross-Canada adventure was a fundraiser for Miklat—in appreciation of “a second chance at life.” It was also an intensely personal journey through death, facing his demons, ditching the last of his vices, and even finding new love.

“It was quite the grande finale. I celebrated five years of sobriety on September 20,” Jesse said. “I landed at Kits Beach and touched the water there. I timed it. Since cycling in Alberta, I’ve been dropping the hammer down to try to get to the Pacific by that anniversary. It was a really big push.”

Jesse’s father died when he was 10. That same year, both he and his brother experienced sexual abuse. That double trauma led to addictions for both boys. Jesse’s brother died two years ago from drug poisoning.

While cycling through Ontario, Jesse buried his brother’s ashes next to his father. He also visited the man who had assaulted both boys—seeking understanding, and the chance to hear his story and forgive him.

“This was my darkest demon,” said Jesse, noting that he wants to tell his story because so many other people hold secrets like this. “I’ve been dwelling on this my whole life. Families, lives were affected. I wanted enough time between leaving Newfoundland and arriving in Ontario to work it through in my mind. I came there with forgiveness in my heart. It was a powerful moment in my life.



RECOVERY, AND REJUVINATED: Jesse Lamb, in the orange, cycled across Canada to raise money for Miklat House (pictured here at the Arbutus facility with Miklat staff). His epic adventure happened on a bike — but also happened in his heart. To donate to Miklat House on Jesse’s behalf, find his name on Go Fund Me.

“The interaction went surprisingly well. He expressed deep regret and remorse. From my time at Miklat, I understand where these things come from. Hurt people hurt people. It happened to him, too: generational trauma. For me, getting resolution to this comes with understanding. I understand where it came from. So I feel more at peace with it now.”

After his brother died, Jesse leaned on weed and cigarettes to get him through the grief. This cycling journey helped him ditch both.

Now, he’s looking ahead. But not quite in the way he’d imagined. Jesse was hoping to move to Courtenay and expand his HVAC business. But when he cycled

through Ontario, he reconnected with a woman he’d originally met in high school. She was the girlfriend of a friend, so untouchable then. They met up again 13 years ago, and partied together—when he was still partying. On this trip, they met again.

“It was just fireworks,” he said.

“Things just exploded. She has this beautiful little girl. I had the whole next five years of my life planned out on the West Coast. I love the recovery community in Powell River. It’s unlike anywhere else. But now there’s a strong possibility that I am going back to Ontario. I am carving out a new life for myself.”

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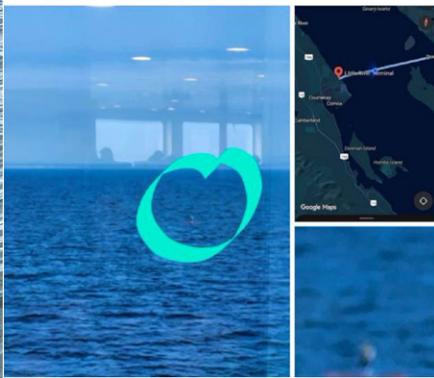


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I know its not Nanaimo, but too good not to share. Heading home on the Powell River comox ferry today, looked out into the ocean to see this person paddle boarding... in the middle of the ocean. Rave to some serious endurance. Anyone know who the person is?



King of the Salish Sea

STRAIGHT ACROSS: The view from Arne Gutman's SUP, between qathet and Comox – a 31-kilometre paddle. Inset, a post that made it's way around Facebook: Arne, mid-paddle, was spotted from the *Salish Orca*.

BY ARNE GUTMAN

The weather wasn't really lining up but I was committed and determined.

I had tried the weekend prior and was defeated by the time I got to Blubber Bay on Texada and had to return. I was pissed. August 30, I would make it and chalk off my second crossing of not only the Malaspina Strait but the Georgia Strait as well. From Powell River to Comox on Vancouver Island and yes, on a stand up paddle board.

I have paddled this route previously solo and enjoy this distance quite regularly, which is 31.26 kilometres to be exact.

Starting off at Westview Harbour's south terminal its pretty well a straight shot across those straits to Little River ferry terminal. I expected it would take five hours, depending on conditions and other variables.

Around 10 am the wind decided to get going and I was also met with side swell. Not too, bad yet as I made my way across the Malaspina Strait. As I got to Blubber Bay the angled swell ended up pushing me for a bit until I got to Coho Point. Once there, the previous swell diminished as it met the oncoming swell and winds of Georgia Strait.

The wind picked up and even produced white caps. Around this point of being parallel to Rebecca Rock is where I have to make the decision to go further with my paddle or turn around.

Scanning the changing scenery, I decided to push on and damn the weather.

I paddled hard and steadily, occasionally looking at my watch to see my speed. Six to seven kilometres per hour is what I like to maintain while paddling, to get me where I want to go. After the 10km mark and passing Rebecca Rock, it was wide open waters that challenged me the whole way. Not so much a fight or struggle, just a paddle with some wind and waves.

I pushed on as the ferries passed me. I like to think of what the people wonder when they see me, if they see me. I am the size of a pea in the middle of a turbulent pea soup. I am sure many people just go, "WTF?" I won't deny that it is a very unique and humbling position to be in as far as rescue goes.

There is a point where I am 10 kilometres from any shore. A lot can happen. Even as prepared as I am, plans can go awry, even to a certified Ocean Touring SUP Instructor, like me.

All concerns aside, I push hard and got to Little River without incident.

I congratulate myself and slap my shoulder in a job well done. Taking the ferry back, I feel like a King being driven to his residence in a grand vehicle, while I stand on the bow of the big ship waiting for a reception that won't happen. Regardless, I am pleased with another accomplishment in my paddle board world. 🏆



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MAIL BAG

We welcome feedback from our readers. Letters may be edited for length. Email your comments to editor@qathetliving.ca, or mail an old-school letter in the post to **qathet Living, 7053E Glacier St, Powell River, BC V8A 5J7.**

We're all asleep

To the editor,

Robert Hackett's commentary pertaining to the August 6, 2025 precipitation event is apt and timely. It should be a wake-up call to the masses, but alas, the stasis of the masses equates to sleep mode.

The meteorological station at the Powell River Airport recorded 19.7 mm of rain between 5 pm and 6 pm and 22.3 mm of rain between 6 pm and 7. The 42.0 mm total fall in the two hour period sets a new record for the period of operation of the meteorological station. Climate records are being broken on a regular basis.

The global biosphere is a robust system with capacity to tolerate massive and horrific changes. Unfortunately flora and fauna, components of the biosphere, are not as robust for adapting to significant change. Extinction is, historically, the consequence of dramatic biosphere change.

There are many informed sapiens understanding societal change must occur if our species is to continue to enjoy a sustainable future. Tragically the majority of humans (including our political leaders) fail to comprehend this reality. The writing is clearly on the wall—8 billion people cannot continue to behave in the manner we do today and expect a healthy biosphere to nurture and support life as we know it.

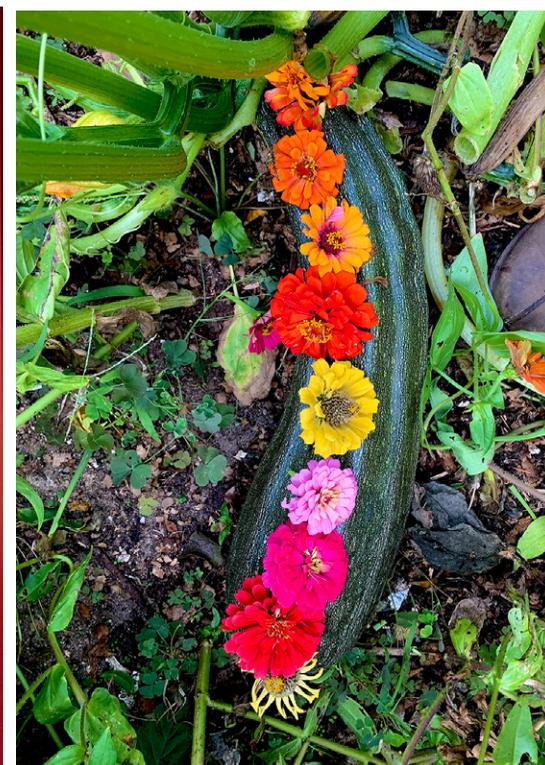
The global population must shrink to less than 2 billion people and social conduct must change. There are two ways this can happen—the hard way or the horrible way. Not much of a choice but one way or another one of the options will prevail.

— J. Bruce McGonigal

Anomalies, not graves

Dear Editor:

In your September issue under the WHAT'S UP section, you included a short article titled: "Sechelt Nation announces 81 Unmarked Graves." In it, you stated that "archaeologists using ground-penetrating radar found 41 unmarked graves"...and a bit later, "this brings the total to 81".



EVEN MORE GARDEN-GANTUAN PRODUCE: Giant vegetables kept growing even after the September 2025 issue of qL went to press (below). As a follow-up, we received these wonderful images of Aaron Mazurek Terra Nostra Farm) and his huge daikon, and Diana Wood's whopping decorated zucchini.

Even though you may simply be "re-reporting" an announcement that was initially made by the Sechelt Nation, you should still strive to undertake due diligence in your reporting by clarifying to your readers the fact that ground-penetrating radar (GPR) does not provide definitive proof of unmarked graves.

One key consideration in interpreting GPR data is that it produces non-unique results—meaning: it identifies anomalies that are different from the surroundings but does NOT identify what the anomaly is. The only way to verify 100% that an anomaly is in fact an unmarked grave with remains inside is to excavate.

It seems that statements around unmarked graves are made and accepted as the truth without question. What happened to the truth based on actual facts? The REAL TRUTH is what we need before real and meaningful reconciliation with our Indigenous neighbours can take place.

I hope you do the right thing and provide context to your readers regarding the role of GPR in the article I have mentioned above (and any future similar articles) by issuing a correction. Without proper context, people will believe everything they read and accept it as fact.

As an Editor, you have an obligation to uphold journalistic integrity. I hope you take this obligation seriously.

— Lisa Lamacraft

Sean shoots, Sean Scores

I am writing to compliment you on your excellent article on the Powell River Kings team and organization. My wife and I moved to Powell River about five years ago and we started to attend home games soon after our arrival.

We noticed that there are an incredible number of volunteers working selflessly for both the team and the community and your article helped clarify just how important they are to keep the team running.

I have always enjoyed the Kings on the ice, but I also found myself wondering about the team and their future; I had heard the rumours that the team might move or even fold.

Your article was a great example of what I would call "old-time" journalism, you captured the five W's (who, what, when, where, and why) and after finishing the article I had all my questions answered. Thank you for highlighting the importance of the Powell River Kings to our little city and helping us to understand the void that would take its place if we were to lose them.

Your article revealed the challenges that the organization is dealing with and showed us what we must do as a community to ensure the team remains viable and with us for many years to come.

— Joe Hargitt

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Mid-life transition both an experience and a professional focus for this new Townsiter

Rob Wynen moved to Powell River from Bowen Island in January of 2025 at a time when life called for a bold midlife transition.

The move was not simply about geography but about choosing a new chapter. Rob was drawn by the history and character of Powell River, especially Townsite, where he eventually bought a heritage home. The charm of the old houses, the stories written into their walls, and the sense of continuity with the past spoke to something deep within him.

While Powell River is larger than Bowen Island it still was a place where he could step outside and immediately feel connected—to the earth, the water, and the stillness.

He arrived knowing no one, but with a strong desire to live in a close-knit community. The warm spirit of Powell River, where neighbours look out for each other and local history is cherished, was exactly what he sought. The move represented more than a relocation; it was an intentional choice to embrace belonging, simplicity, and the richness of place, while building a new future. Powell River seemed like the perfect place to embrace a new career as a mental health counsellor specializing in helping people struggling in relationships and meeting life transitions.

Why did you choose to move to qathet?

Rob • I love living on the coast, and wanted to find a place that has a strong sense of community and history, the industrial past really pulled on me.

What surprised you, once you moved here?

Rob • On moving day I got on the ferry at 7am and wrote a post introducing myself on the Powell River Facebook page; when I arrived here at noon I had over 200 welcome replies!

What made you decide to move here?

Rob • It was a bit forced, the end of a long term relationship and my desire to live in a community that spoke to me.

Where is your favourite place in qathet?

Rob • I never get tired of the view of Townsite from the top of Valentine Mountain.

How did you first hear about qathet?

Rob • I cycled here from Vancouver when I was in my late 20's, then off and on on my motorcycle, always staying at the Old Courthouse Inn.



TAKING A WIDER VIEW: Rob Wynen, on Valentine Mountain.

What would make this a nicer community?

Rob • It's already a pretty great place but better usage of the area around the mall comes to mind. That area has great potential but now it's just a gigantic parking lot with big box stores spread all over.

What aspect of your previous community do you think would benefit qathet?

Rob • Bowen has a very central gathering place where development and services are concentrated, Powell River is a bit more spread out.

What challenges did you face in trying to make a life for yourself here?

Rob • I have quite a bit of experience in community building and politics, I find the politics very divisive in Powell River, the last federal election was a good example, there seems to be a big cancel culture here but maybe that's just what politics has become nowadays. It makes it difficult to build bridges between communities.

If you were mayor, what would you do?

Rob • I've been in municipal politics – been there, done that. If I was mayor, I'd probably build myself a good underground mayor cave.

What are qathet's best assets?

Rob • I love the old heritage structures in Townsite. I know it will change, but I hope Powell River will retain that link to its industrial past.

What is your greatest extravagance?

Rob • Sitting on the porch with a glass of whisky and a trashy book.

Which talent or superpower would you most like to have?

Rob • If we need a superhero now it would need to be someone who can be a bridge builder. I find our society is so divided right now and there is no greater need than a superpower that can unite people. 🦸

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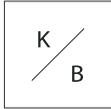
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- Complete the scavenger hunt and enter to win!
- Directions and entry barrel at the display

PUMPKIN CARVING

- FREE - Saturday, Oct. 18th 10:30 am - 1 pm
- Interior Mall / Save-On-Food Entrance

HALLOWEEN PARTY

- October 31st, 3:30 - 5:00 pm, inside the mall
- Kids 10 & under with adult supervision
- Free trick or treating, arts, crafts, and colouring tables

POWELL RIVER TOWN CENTRE

WWW.PRTOWCENTRE.COM

New hospice head

Four Tides Hospice Society has welcomed **Melanie Munroe** as the new executive director. The society says Melanie brings a clear vision and strong leadership at a pivotal time in their journey, and will guide the organization's growth as it works toward achieving its goals, including the establishment of a hospice house for qathet. She can be reached at: melanie.munroe@fourtideshospice.org

Marine Inn gets a new name

The former Marine Inn has rebranded as **Waterways, a Boutique Hotel**.

"It represents a new chapter," said **Alisha Adam**, a managing partner with the company that owns the hotel, **Evergreen Hospitality Group**. "We have completed the interior and exterior renovations and furnishings. It now has the upscale look we're looking for; it's not cookie cutter – it's boutique."

In addition to the renovations, the hotel has created an "Optimism Lounge" with large TVs, lounge seating, workspaces, and an espresso coffee machine – similar to other hotels owned by the group. Visit waterwayshotel.ca to see photos or book a room.

Island Foods comes to mainland

Island Foods & Freight has assumed the business of Coastal Convenience on Joyce Avenue at Glacier Street. The space underwent renovations in September and will open this month. Island Foods started in the early 1970s in Port McNeill and has



BUSINESS AFFAIRS

SEAN PERCY

passed through a handful of owners. In 2017, **Jim and Susan Cameron** purchased it, soon joined by their children Courtney and Colin. In 2022, they expanded and re-branded to Island Foods & Freight. They now have two warehouses, a recycling depot, numerous trucks, trailers and vans, and a head office in Courtenay. They anticipate having approximately 6-7 employees to have the store open 10am – 8pm Monday to Saturday and 10am – 6pm on Sundays. While the focus is similar to their predecessor, to bring key Costco items across for easier access, they plan to also offer freight services for people who want bigger items such as furniture and appliances.

Find grace at the end

After many years in healthcare, **Cherissa MacNeil** wanted to pursue something a little different. She obtained her end-of-life doula (EOLD) certification through Douglas College and is offering mobile end-of-life support to folks in qathet as **Discovering Grace End-of-Life Care**. "As an EOLD, I'm here to support folks at the end of life but it's also about helping people to live well. Advance Care Planning, bereavement support, it's all about connection and living life on one's own terms. It's about your voice, your story. Some of the work is really heavy and

some of it is really fun. There is laughter and there are tears and I welcome it all." For more information visit discoveringgrace.ca, email support@discoveringgrace.ca or call 604-208-4413

First Aid moves up

Effective October 1st, **Powell River First Aid Training** moved out of the Town Centre Mall, where first aid classes have been held for over two years, into larger space above RONA. Basic Life Support, Marine First Aid, Emergency Medical Responder, Emergency Child Care, and other first aid classes will continue to be offered there on a regular basis. More info about the classes can be found at PowellRiverFirstAidTraining.com.

No Frills, no details

Powell River's worst-kept secret became official late last month when a "No Frills Coming Soon" sign was erected at Joyce Avenue and Franklin Street. Renovations to the building have been ongoing for months. **Loblaws** public relations department confirmed that the **No Frills** store will be opening by the end of the year, but won't share more details until the end of this month.

No Frills is a hard-discount grocery retailer, best-known for its No Name brand products. It will be a return to grocery for a building that was most recently a racquet club, but historically housed SuperValu. The No Frills brand is owned by Loblaw Companies Ltd, with more than 300 stores across Canada.

|| sean@qathetliving.ca

Expect

BETTER

from your financial advisor.



VERECAN
GROUP OF COMPANIES

Dark Skies & Meteors Ahead

gathet drifted into fall on September 22, and overnight on November 1-2, the clocks will roll back an hour. The dark season is fast approaching.

With that comes the night sky. Auroras are unpredictable. But you can plan for meteor shower watching – as astrophotographer Carl Anderson did in this shot from last month. In October, plan on viewing the peaks of the Draconids (October 7) and the Orionids (October 21) meteor showers, followed by the Taurids (November 4) and the Leonids (November 17).

This image of a meteor was captured by Carl at Mowat Bay on September 15. There was not a meteor shower at that time. What luck!

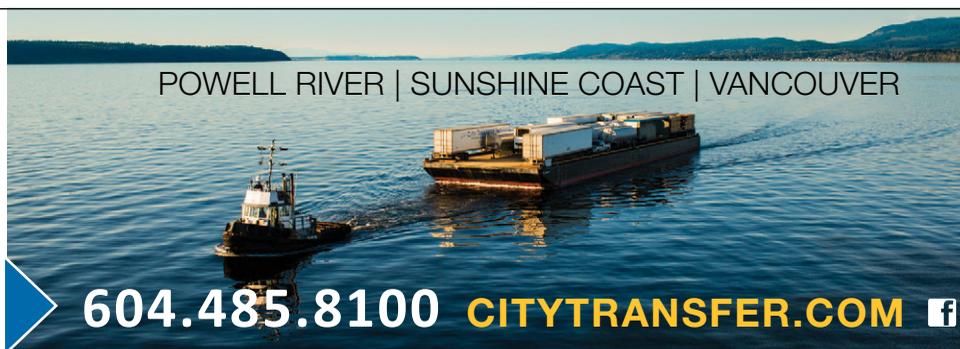
October events



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**KELLY'S
HEALTH SHOP**

FALL SEMINARS

Limited Seats Available

Thursday October 2, 6:30-8pm

**Where the Body & Soul Meet
A New Understanding of Trauma**
Diana Starr, CST

Wednesday October 8, 6:30-8pm

Supporting Our Kids Mental Health
Amy Price, Holistic Nutritionist

October 15 - December 3, 2025

NOURISH with Terri Cramb
Whole30 health coaching program
\$199
Register at Kelly's Health Shop

RSVP Kelly's Health Shop
4717 Marine Avenue
604-485-5550
kellystore@telus.net



**qathet Academy of
Music & Arts**

Music • Dance • Theatre • Visual Arts

Join Us! NEW CLASSES!

WEDNESDAYS
OCT 1 - NOV 5
6 - 8 PM

**Cultivating a Creative
Sketchbook Practice w/
Noelle Blue Moon**

SATURDAYS
OCT 18 - NOV 22
2 - 3:30 PM

**Drawing:
Try - Learn - Improve**

TUESDAYS
OCT 7 • 7 - 8 PM

**Soundboxing: A Percussive
Playground for Adults**

Upcoming Events:

OCT 25

Drums & World Rhythm!

Join us for an interactive, family friendly day of percussion! Workshops & an early evening concert.

NOV 6

Academy Fundraiser

**21 NOV - 8PM
22 NOV - 2PM & 8PM
23 NOV - 6PM**

\$30

**My Name is
Rachel Corrie**

A compelling one-woman play composed directly from the words of Rachel Corrie, a young American activist killed in Gaza while standing up for what she believed in.

7280 Kemano St • 604-485-9633 • Tickets & registration online at: powellriveracademy.org

OCTOBER EVENTS

2

Thursday

Daily Inktober drawing prompt: Weave

Inktober begins

International daily drawing challenges through October. Hosted here by qathet Art + Wares. See inktober.com, this calendar, and the ad on Page 15 for more.

I Found It On The Way Of... group exhibit

The Wishing Well Gallery, Townsite. New work by Amber Warhol Friedman, Annie Simms, and Brook Bellomy. To October 7.

Go by Bike Week

Celebration Station 7am - 9am at Brooks School. Track your rides for a chance to win prizes.

Free Seniors Lunch

11:30 am to 12:30 pm at Trinity Hall (United Church on Duncan). Projects Half Done (PHD) follows at 1:15 pm - a time to bring along unfinished projects and enjoy working on them together in community.

Film • It's Never Over, Jeff Buckley

Doors at 6 pm with pre-show reception with Sounds by: DJ Full Bug, Kamandi, and Tony P, The Patricia. Film starts at 7. Rising musician Jeff Buckley had only released one album when he died suddenly in 1997. A comprehensive and graceful retrospective of an artist who was gone far too soon, It's Never Over, Jeff Buckley will leave audiences celebrating what was while reflecting on what could have been. An artistic portrait of a generation-defining singer.

3

Friday

Inktober: Crown

Unearthing:

Explorations in Clay, show opening
6 to 9 pm, Tidal Art Centre. With artists Shivaun Gingras, Keely Essex, and Lauren Everall. Show Oct 4 to 12, 2 pm to 6 pm daily.

Go by Bike Week

Celebration Station 7am - 9am at Brooks. Track your rides for a chance to win prizes.

Autumn Porch Decorating Workshop

5:30 to 7:30 pm, Springtime. \$135 (pre-purchased tickets only). Make a fall garland to decorate your front porch, receive a funky pumpkin, select a container of plants, eat charcuterie, learn about (and drink!) beer from Townsite Brewing, and more! By Bloom Therapy.

Film • Taylor Swift | The Official Release Party of a Showgirl

4 pm and 7 pm, The Patricia. An album-concept film based on her new album, The Life of a Showgirl. Expect music videos, lyric videos, and behind-the-scenes footage.

4

Saturday

Feast of St. Francis of Assisi

Inktober: Murky

First Responders canned food drive: Fill the vehicles

10-6, all three downtown grocery stores. The ambulance will be at Save On, Powell River Firefighters Union with a fire truck will be at Quality Foods and the RCMP at Freshco with a cruiser.

15 Year Celebration for CJMP Community Radio

7pm, The Alley by Persephone. Wild dancing, bowling, cake. Admission by donation.

Old Man Pho Monthly Buffet

Lunch 11:30 am to 3 pm, Dinner 4 to 8 pm, 9398 Hwy 101 (South). Reservations recommended: 604-487-1997. Buffets are the first Saturday of each month.

Men's International Golf Tourney

Myrtle Point

Lang Bay Hall Oktoberfest!

1pm to 4pm. Townsite Brewery, The Honour Box Bakery, and The Salted Daughter. Entry is by donation to Lang Bay Hall (\$5 minimum suggested).

Uptown Market

10 am to noon, outside Dr. Varma's office on Joyce. Bread, pies, cookies, gluten free baking, eggs, plants, local Artisan gifts.

Central Farmers' Market

10 am to 1 pm, Willingdon Beach. Fresh and local produce, eggs, honey, fancy meat, doughnuts, fresh bread, and an assortment of handmade crafts.

Film • Taylor Swift | The Official Release Party of a Showgirl

1:30 pm (a sensory-friendly event) and 7 pm, The Patricia. An album-concept film based on her new album, *The Life of a Showgirl*. Expect music videos, lyric videos, and behind-the-scenes footage. Note about the 1:30 pm Sensory-friendly show: The Pat encourages you to dance and sing, but please do not block the aisle, run up and down or stand on the seats. We want to respect our fellow Swifties and have a great time! Lights will be slightly up for this performance, and sound slightly down.

5

Sunday

Inktober: Deer

First Responders canned food drive: Fill the vehicles

10-6, all three downtown grocery stores. The ambulance will be at Save On, Powell River Firefighters Union with a fire truck will be at Quality Foods and the RCMP at Freshco with a cruiser.

Townsite Actors Guild Presents:

A Thanksgiving Dinner Theatre

It's Thanksgiving dinner and your dining room transforms into a murder scene with an investigation and six suspects. The suspicions are fuelled by unspoken resentments and forced civility.

Tension crackles around the turkey as each clue is revealed through grievances and ritualistic small talk that conceals accumulated disgruntlement.

Townsite Actors Guild presents Gobble Gobble Death And Trouble, a Murder Mystery Thanksgiving Dinner at Magpies on October 10 and 11.

The succulent and award-winning turkey by Chef Ramsey Gordon and the delicious accompaniments are to die for. Tickets are \$65 and available at Magpies Diner. Reservations recommended.



First Sunday Song Circle

1 pm, Cranberry Hall. Hosted by Pat Buckna.

Powell River Farmers' Market

12:30 to 2:30 pm, Paradise Exhibition Grounds (4365 McLeod Road). Produce, meat, baking, prepared food, artisan vendors.

Film • Taylor Swift | The Official Release Party of a Showgirl

1:30 pm and 7 pm, The Patricia. An album-concept film based on her new album, *The Life of a Showgirl*. Expect music videos, lyric videos, and behind-the-scenes footage.

6

Monday

Inktober: Pierce

Gamblin Paints Demo

Noon til 4 pm, qathet Art & Wares. Artist grade oil colours, solvent-free mediums, and varnishes. Sample the 96 colours. Please bring in a small painting (no larger than 8"x8" please) if you'd like and learn to varnish on your own work.

Free Community Pasta Dinner

4:30 to 6 pm, Trinity Hall (Powell River United Church on Duncan). All welcome for this casual dinner.

7

Tuesday

First Day of Sukkot

Inktober: Starfish

Powell River Farmers' Market work party

10 am to 2 pm, at the market. Pizza lunch and refreshments. Everyone welcome, jobs for all skillsets, bring some basic tools.

Soundboxing: A Percussive Playground for Adults

7 pm, Academy of Music. See ad on Page 36.

Draconids Meteor Shower peak

Best viewing in the early evening, but the full moon will make it hard.

8

Wednesday

Inktober: Reckless

Cranberry Nature Reserve Community Discussion

6:30 pm, Recreation Complex. Join the Parks, Recreation & Culture Department for a community conversation about the future of the Cranberry

Nature Reserve. Your feedback will help shape the final recommendations.

9

Thursday

Inktober: Heavy

Witch's Kitchen Scavenger Hunt begins

Town Centre Mall, near Snack Attack. Win prizes! See Page 33 for more.

Free Seniors' Lunch

11:30 am to 12:30 pm at Trinity Hall (Powell River United Church on Duncan). Projects Half Done (PHD) follows at 1:15 pm — a time to bring along unfinished projects and enjoy working on them together in community.

10

Friday

Inktober: Sweep

Runway Revival: A Dry Grad Fundraiser

7 pm, River City. Fashion show, canapes, free drink, balloon pop.

Uptown Apartment Rentals Open House

3:30 to 5:30 pm, 5130 Joyce and 7110 Edgehill Crescent. By Veyron. See Page 3 for more.

Regals Opening Weekend

Regals vs. Ice Breakers 7 pm, Hap Parker

October Film • Downton Abbey: The Grand Finale

1:30 pm matinee and 7 pm, The Patricia.

11

Saturday

Inktober: Sting

Fall into Autumn Market

11 am to 3 pm each day, Springtime Garden Centre.

Uptown Apartment Rentals Open House

10 am to 2 pm, 5130 Joyce and 7110 Edgehill Crescent. By Veyron. See Page 3 for more.

Central Farmers' Market

10 am to 1 pm, Willingdon Beach. Fresh and local produce, eggs, honey, fancy meat, doughnuts, fresh bread, and an assortment of handmade crafts.

Uptown Market

10 am to noon, outside Dr. Varma's office on Joyce. Bread, pies, cookies, gluten free baking, eggs, plants, local Artisan gifts.

Family Farm B&B Pumpkin Patch and Fall Festival

Hourly Pumpkin Patch Farm tours 9 am to 4 pm. Tickets will be pre-sold only. Child 12 and under: \$4. Adults/kids 13+: \$8. Family of 2 adults 2 kids: \$20. 2590 Oxford Rd. Meet the farm animals, apple cider press demo (both fresh and hot apple cider will be served), pumpkin picking, and access to the playground. Customers who want to pick a pumpkin without a farm tour can do so in the weeks after Thanksgiving weekend. Call ahead. familyfarmbnb.com/pumpkin-patch

Gobble Gobble Death & Trouble: A Murder Mystery Thanksgiving Dinner Theatre

6 pm, Magpie's. Town-site Actors Guild. \$65 in advance or by reservation. Oct 10 & 11 only.

Regals Opening Weekend

Regals vs. Ice Breakers 7 pm, Hap Parker.

Expressive Florals in oil, with Ursula Medley

10 am to 4 pm each day. A two-day intensive workshop suitable for the enthusiastic beginner painter or for those with some previous painting experience. Learn or recall basic

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OCTOBER EVENTS

oil painting techniques including value, composition, colour mixing and basic colour theory. \$250. qa-w.ca

Death Metal Concert: Ominesia, Crown of Madness, Nameless King

8 pm (doors at 7 pm), The Alley powered by Persephone. All ages show. \$15 advance, \$20 day-of.

Vampire Masquerade

8 pm, Dwight Hall. For queer folks and allies. DJs, dancing, and performances by Vancouver's Next Drag Superstar 2024, AndrogynAss. Mocktail style drinks, decadent and wickedly delicious. Low-stim room. Note: it can be a common sight at queer events to see scantily-clad individuals as a way to express freedom, challenge norms, and celebrate queer identity. Please respect the culture. qathet Pride Society. Sliding-scale tickets start at \$20 at Oceanside Entertainment and The Nutcracker Market, plus on eventbrite.

Film • Downton Abbey: The Grand Finale

7 pm, The Patricia.

12

Sunday

Thanksgiving Sunday

Inktober: Shredded

Family Farm B&B Pumpkin Patch and Fall Festival

See full listing on October 11. familyfarmbnb.com/pumpkin-patch

Powell River Farmers' Market

12:30 to 2:30 pm, Paradise Exhibition Grounds (4365 McLeod Road). Produce, meat, baking, prepared food, artisan vendors.

Fall into Autumn Market

11 am to 3 pm each day, Springtime Garden Centre.

Expressive Florals in oil, with Ursula Medley

10 am to 4 pm. See full listing on October 11. qa-w.ca

Film • Downton Abbey: The Grand Finale

1:30 pm matinee and 7 pm, The Patricia.

13

Monday

Thanksgiving Monday stat

Inktober: Drink

Free Community Pasta Dinner

4:30 to 6 pm, Trinity Hall (Powell River United Church on Duncan). All welcome for this casual dinner.

Film • Downton Abbey: The Grand Finale

7 pm, The Patricia.

14

Tuesday

Inktober: Trunk

Film • Downton Abbey: The Grand Finale

7 pm, The Patricia.

15

Wednesday

Inktober: Ragged

Retail Loss Prevention and Employee Safety Free Seminar

8 am to 9 pm, Town Centre Hotel. Event for local store owners and managers, with RCMP Const. Blair Goble. RSVP by October 10 to reception@prtowncentre.com, or 604-485-4685. Presented by the RCMP and the Town Centre.

Film • Downton Abbey: The Grand Finale

3:30 pm and 7 pm, The Patricia.

16

Thursday

Inktober: Blunder

Free Seniors Lunch

11:30 am to 12:30 pm at Trinity Hall (Powell River United Church on Duncan). Projects Half Done (PHD) follows at 1:15 pm—a time to bring along unfinished projects and enjoy working on them together in community.

Film • Downton Abbey: The Grand Finale

7 pm, The Patricia.

17

Friday

Inktober: Ornate

Harry Manx in concert

7 pm, Max Cameron. Canadian musician who blends blues, folk music, and Hindustani classical music. His official website describes his music as a "blend Indian folk melodies with slide guitar blues, add a sprinkle of gospel and some compelling grooves and you'll get Manx's unique 'mysticssippi' flavour." Tickets at the door or show.ps/1/2f2365c6/

U18A Kings tier 2/3 Minor Hockey Tourney

Hap Parker

Sunshine Coast Art Crawl

From Gambier Island to Earls Cove. 185 unique artist studios & galleries. coastculture.com

Break It Down and Build It Up

5 pm at the Library. Author Marion Quednau leads a fun writing-and-sharing session in developing your unique voice: no one can write it better if you find your own best resources! To Register contact Mark at mmerlino@prpl.ca

Fall Auction

Powell River United Church. Bid on produce, baking, handmade items, and more (haircuts?) at this social evening.

PR Kings vs. Trail

7 pm, Hap Parker

Neil Osborne of 54-40 in concert

Carlson Loft. Presented by CJMP and East Van Live. Tickets at Full Bug, Carlson Club, Armitage. \$35 / \$40 at the door.

Film • One Battle After Another

1:30 pm matinee and 7 pm, Patricia. Leonardo DiCaprio, Sean Penn, Benicio Del Toro

qathet Empty Bowl Fundraiser

With the support of our amazing community, Tidal Art Centre is excited to bring back the Empty Bowl Fundraiser—an opportunity to gather over a shared meal and lend a hand to neighbours in need.

The Empty Bowl Initiative is a global tradition rooted in community and compassion. Local restaurants will provide the soup, and the bowls are generously donated by local potters.

In addition to supporting our local Food Bank, The

Empty Bowl initiative creates and strengthens our community, supports our local artists, celebrates delicious food and beautiful pottery. Restaurants and chefs helping support the Food Bank through donating soup include: Wild Soup, Supercharger, Convenient Chef, The Spare Room at The Alley, Table for Six (Cook Book Club), River City Coffee, Nancy's Bakery, Brooks Culinary Art Program and more.

Tickets are available by emailing a note to tidalemptybowl@gmail.com. 🍲

18

Saturday

Inktober: Deal

Pumpkinfest

10:30 am to 1 pm, in the mall by Save on Foods. Free pumpkin carving with Youth & Family and the PR Kings! Hosted by Save-on-Foods & PR Town Centre.

Empty Bowl Fundraiser

5 to 8 pm, Dwight Hall. Tickets \$50; includes a hand made bowl of your choice and one serving of soup. To buy tickets to this second annual event, email tidalembowl@gmail.com. \$10 kids soup-only ticket. Cash bar. Toonie taster cups! Live Auction 6 pm. Vegan and vegetarian options available

Salmon Education Expo

10:30 am - 1:30 pm at the Alex Dobler Salmon Centre at Lang Creek. Learn about salmon and enhancement efforts, with education exhibits, kids activities, and food trucks. Combined with Community Forest Open House.

Uptown Market

10 am to noon, outside Dr. Varma's office on Joyce. Bread, pies, cookies, gluten free baking, eggs, plants, local Artisan gifts.

U18A Kings tier 2/3 Minor Hockey Tourney

Hap Parker

Drawing classes start at the Academy of Music

See ad on Page 36.

Villa Soccer Club vs. Lakers FC

1:30 pm, Timberlane Park

Powell River Community Forest Open House

10:30 am - 1:30 pm at the Alex Dobler Salmon Centre at Lang Creek, 10556 Hwy 101. Combined with Salmon Expo. Food trucks, kids activities.

Sunshine Coast Art Crawl

From Gambier Island to Earls Cove. 185 unique artist studios & galleries. Visit coastculture.com for more info.

The Central Farmers' Market last market of the season

10 am to 1 pm, Willingdon Beach gravel parking lot. To celebrate the first year, there will be a cider press, a guess-the-weight giant pumpkin, live music, and more.

Film • One Battle After Another

7 pm, Patricia.

19

Sunday

Inktober: Arctic

Small Business Week begins

Through October 25.

U18A Kings tier 2/3 Minor Hockey Tourney

Hap Parker

Sunshine Coast Art Crawl

From Gambier Island to Earls Cove. 185 unique artist studios & galleries. coastculture.com

Powell River Farmers' Market

12:30 to 2:30 pm, Paradise Exhibition Grounds (4365 McLeod Road). Produce, meat, baking, prepared food, artisan vendors.

Film • One Battle After Another

1:30 pm matinee and 7 pm, Patricia.

20

Monday

Diwali

Inktober: Rivals

Free Community Pasta Dinner

4:30 to 6 pm, Trinity Hall (Powell River United Church on Duncan). All welcome for this casual dinner.

Film • One Battle After Another

7 pm, Patricia.

21

Tuesday

Inktober: Blast

Orionids Meteor Shower Peak

A great show is anticipated just after midnight.

Film • One Battle After Another

7 pm, Patricia.

22

Wednesday

Inktober: Button

Film • One Battle After Another

1:30 pm matinee and 7 pm, Patricia.

23

Thursday

Inktober: Firefly

Haunted Walking Tours begin

5 pm and 7 pm daily, hosted by the qathet Museum. \$10 per person. See more on Page 8.

Bridging Community Differences

6:30-8:30 pm, Cranberry Seniors Centre
Really listening to each other brings healing and change. We'll explore the topic of Belonging using the LivingroomConversations.org process — small groups (of 3-5) that give us an opportunity to really hear from each other and come to know each other's humanity. To RSVP or for more info, email Kate@emergcollab.com.

Free Seniors Lunch

11:30 am to 12:30 pm at Trinity Hall (Powell River United Church on Duncan). Projects Half Done (PHD) follows at 1:15 pm — a time to bring along unfinished projects and enjoy working on them together in community.

Film • One Battle After Another

7 pm, Patricia.

24

Friday

Inktober: Rowdy

Henderson Haunted House (H3)

7 pm till last scream. \$10 per person. Silent auction, concession on site. 5506 Willow Ave.

Oh The Places You Can Go Travel Show

10 am to 2 pm, Cranberry Seniors Centre

Inspirational Luncheon a fundraiser for street food programs

11-2, Cranberry Seniors Centre

Big West Wrestling

6 to 8 pm, Texada Island

7th annual Ghost Train

6 to 8 pm Paradise Exhibition Park, 4365 McLeod Road. Train rides through the lights, bonfire, family-friendly. Snacks in the quonset by Kiwanis. Admission by donation for railroad improvements.

PR Kings vs. Nanaimo

7 pm, Hap Parker.



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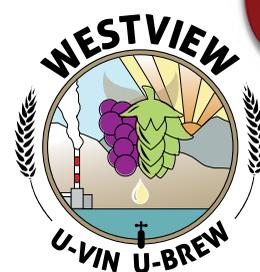
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Book before **Nov. 12** to have wine in time for the holidays.



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jeremy@prbrews.ca



We make it easy!

OCTOBER EVENTS

25

Saturday

Inktober: Inferno

Drums & World Rhythm Family-Friendly Festival

11am to 4 pm, Academy of Music. Workshops with Chris Weekes (below), Terry Martyniuk, and Abby from Pulse Play Circles. \$30 each. See ad on Page 36.

Henderson Haunted House (H3)

7pm till last scream. \$10 per person. Silent auction, concession on site. 5506 Willow Ave.

Ghost Train

6 to 8 pm, Paradise Exhibition Park, 4365 McLeod Road. Train rides through the lights, bonfire, family-friendly. Snacks in the quonset by Kiwanis. Admission by donation for railroad improvements.

Uptown Market

10 am to noon, outside Dr. Varma's office on Joyce. Bread, pies, cookies, gluten free baking, eggs, plants, local Artisan gifts.

Writing Workshop with Marion Quednau

2 pm at the Library. "My Father (or Mother, or Badmouthed Brother, or BFF) is like Toronto" — a workshop in juxtaposition, poetry/prose mash-up, of making lists. To Register contact Mark at mmerlino@prpl.ca

Hike for the 'Shrooms

8:45 Car pool. A 2 hour-ish group hike / mushroom foray / scavenger hunt Meet at the parking lot behind the water treatment plant at the head of Haslam Street in Powell River. 3pm tasting at the home of the host. See Facebook for more info.

Vendor Showcase Crafts, Artisans, Home based businesses, Services

9am — 2 pm, Cranberry Seniors Centre

Big West Wrestling

1:30-4, Brooks Cafeteria Hall. Featuring Becky Beech defending the True Coastal Championship; Cremator Von Slasher (6'10" of malice and mayhem); Todd Quality (the most-decorated man in BC right now); "Big Rig" Jimmy Mitchell (perennial fan-favourite); Johnny Rostyn (The Whiskey Creek Menace); Dash Dauntless (suspender-clad superhero); Marty Sugar (the Mad Dog of BC) plus others! Card subject to change. Tickets are \$20 each, with \$5 from each ticket being donated to Dry Grad. Tickets in advance from Armitage Mens Wear. For purchases of five or more at a discount, email powellriverevents@consultant.com or contact Chris Olson on Facebook.

PR Kings vs. Nanaimo

7 pm, Hap Parker.



DEFENDING THE TRUE COASTAL CHAMPIONSHIP:

Pacific Northwest pro-wrestler Becky Beech headlines the Big West Wrestling shows on Texada (October 24) and at Brooks (October 25).

Pumpkin Pedal

3 to 5 pm, Recreation Complex. Bring the family for a fun, costumed bike ride around the spooky complex trails. qRCA.

Monthly Coffee House open mic

6:30 sign up, 7 pm start, Cranberry Hall.

26

Sunday

Inktober: Puzzling

Death Café

2 pm, Cranberry Seniors Centre. A safe space to share experiences of death, grief, and everything it touches.

Powell River Farmers' Market

12:30 to 2:30 pm, Paradise Exhibition Grounds (4365 McLeod Road). Produce, meat, baking, prepared food, artisan vendors.

Oktoberfest Brunch with the mascots

A fundraiser for school breakfast programs. 9-12 pm, Cranberry Centre

27

Monday

Inktober: Onion

Free Community Pasta Dinner

4:30 to 6 pm, Trinity Hall (Powell River United Church on Duncan). All welcome for this casual dinner.

28

Tuesday

Inktober: Skeletal

Garden Club Meeting "Apples to Oranges and Everything in Between-Growing Fruit Trees on south Vancouver Island

7pm, Cranberry Seniors Centre. A return visit by Bob Duncan from Vancouver. Doors at 6:30. Everyone welcome.

Compassionate Friends

7pm, learn the location by contacting powellrivertcf@gmail.com. Support group for bereaved parents of any age, any cause. See Page 2 for more.

29

Wednesday

Inktober: Lesson

Free Interactive Community Session: C&D Waste to Resource

7 to 9 am, Recreation Complex, free breakfast. Explore practical solutions to turn construction, renovation and demolition waste into economic opportunity and share ideas to shape local solutions. This workshop is open to contractors, manufacturers, artists, innovators, and more! Hosted by the Synergy Foundation. Register on eventbrite. See more on Page 31.

30

Thursday

Inktober: Vacant

Artist Trading Card Night

5:30 pm at The Alley Powered by Persephone. Hosted by qathet Art & Wares. Family-friendly free art event. Make and trade cards.

31

Friday

Halloween

Inktober: Award

Halloween Party

3:30 pm to 5 pm, Town Centre Mall. For kids 10 and under with adult supervision. Trick or treating, colouring, and more. Free.

The Haunted Ball

8 pm until late at Dwight Hall. Halloween dance with DJs, big costume prizes, massive snack table, and cash bar service. "Mythic Monster" decor by Blake Drezet. Limited tickets are available at 32 Lakes and River City Coffee. All remaining tickets will be available (for cash purchase) at the event. Happy Halloween!

The Great Marine Trick or Treat 3

3 to 5 pm, participating Marine Avenue shops. Look for the pumpkins.

Light the Night

5 to 7 pm, Living Water Church. A Carnival for Kids & their families.

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7 PM

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Slow Love

Tired of Tinder?

Welcome to *qathet Living's* inaugural personals column — a place where real humans can meet, off the online fray.

Everyone is welcome to submit an ad of up to 75 words, looking for any kind of love. Or, if you spotted someone attractive locally and didn't have the courage to say hello, drop them a note here.

Please keep it all relatively family-friendly!

The deadline for the November issue is October 20. Send your ad to editor@qathetliving.ca.

How to respond to an ad:

Write an email to editor@qathetliving.ca noting which # you're responding to, and we will forward your note to the right person. You can take it from there. Alternately, to lean in to the "slow love" theme, mail or drop off a physical letter to the qL office.

Please note: qL does not screen the people behind the personals ads, nor the respondents. You are all responsible for your own comfort and safety. Please take precautions such as meeting in public places, drinking responsibly, telling a friend where you are, and most importantly, choosing to not harm other people, physically or emotionally.

Slow Love's official mascot: The Nudibranch.

Each nudibranch is colourful, vibrant and unique, perfectly themselves — just like *qathet's* singles.

The similarities are actually uncanny, we hope. These little sea slugs grow out of their shells by the time they're adults. That's the vulnerable spirit we hope you take into dating.

In addition, finding another nudibranch to mate with can take time, so they are both male and female — any nudibranch can mate with any nudibranch. It's very West Coast.

Nudibranchs live in nearly every ocean, including the waters surrounding this region.

qL's love of nudibranchs is so great it's in the name. The magazine is owned by Gastropod Media, a company with Pieta Woolley (a fan of slugs, a gastropod) and Sean Percy (a devotee of nudibranchs, also a gastropod) at the helm.

The nudibranch: an ancient symbol for modern, slow love.

Women seeking...

1. Seeking men or male-identifying folk 34-54 for companionship who want to do fun things that are new to me. Maybe you're really good at unicycling, building sand castles, playing spoons, sleight-of-hand card tricks, birding, free diving, mushrooming, whistling, asserting boundaries or anything you feel good at.

I have to offer a heart on my sleeve, good cooking, and laughter.

2. Gardener seeks non-live-in househusband. Must be perfectionistic, love housework, whole food plant-based cooking, cleaning kitchen, processing harvests, gardening under direction, and be uber conscious of my small environmental footprint.

Warning: I rely on manual tools and I don't own a TV. Extra points for decent massages, liking board games, and not minding stubbornness. If chemistry aligns (values, personality, politics), may lead to occasional overnights but no promises. Coffee date first.

3. Senior lady looking for a friend, mate, or whatever passes as a relationship these days, with tractor. Please send photo of tractor.

4. I'm a healthy, wealthy enough and not very wise (obviously) female — who loves to explore, experience all the Arts, read, play racquet sports, produce and laugh. Looking for a kind male (preferably seventies) with some similarities and an optimistic outlook.

5. Strong Woman Seeks Stronger Man (but only slightly — don't get cocky).

I am a spirited woman in my early 60s, still full of spark, seeking a man who can out-lift the firewood, outlast the wheelbarrow, and still keep up with my adventures. Must enjoy yardwork, building, hauling, and saying yes at the right times.

A strong back, weak resistance to me, and a

good laugh are mandatory (bonus if you're funny, too). First date: We stack the firewood together — loser serves dessert. Must love cats!

6. Too big for Tinder, too small for Big & Beautiful. 45-year-old woman seeking a man. Please don't be confused. I am not looking for a boy in a man's body. I am looking for an actual man.

7. A 40-year-old female professional transplant from Vancouver seeks a man to make the DINK dream come true. Born and raised in a sprawling European metropolis, she self-identifies as an "urban redneck," already taking in the pleasures of rural living such as backcountry hiking, camping, fishing, and truck ownership.

The successful candidate must not smoke, must love cats and be willing to try dishes made from questionable foraged mushrooms.

Men seeking ...

8. 72, 6'3", 230 lbs, Texada Island

My overall goal in life right now is slowly co-creating a loving relationship with a special woman based on safety, trust, honesty, communication, and ongoing closeness. My vision for a great relationship involves sharing basic values, lots of physical affection, supporting each other's life dreams, and happily working and playing together. And we're good at resolving any conflicts peacefully.

9. I like to think of life as a mix of curiosity and laughter—coffee over small talk, spontaneous road trips, and the occasional dance in the kitchen.

Looking to meet someone who enjoys both silliness and sincerity, who isn't afraid of quiet moments or belly laughs. Friendship first, with room for sparks if they happen. If you'd rather stroll through a farmer's market than scroll through apps, we might connect. qL

A PEEK AHEAD TO NOVEMBER

November 1

Villa Soccer Club vs. Gorge United
1:30 pm, Timberlane Park

Memento Mori: Dia de Los Muertos
2 to 6:30 pm, Community Ofrenda, + festivities. 7-late. Latin Dance! with 7 piece Rhumba band and DJ set. For Memento Mori's full schedule, please see Pages 9-10.

November 2

Daylight Savings time ends

November 4

Pumpkin drop-off
8:30 to 4:30 at the RRC Recycle Depot. No painted pumpkins or candlewax, please, as pumpkins go to a local farmer for animal feed!

November 4 & 5

Jake's Gift
7 pm, Max Cameron Theatre. A beloved multi-award-winning Canadian play. An old soldier confronts some long-ignored ghosts at Juno Beach – most notably the war-time death of his eldest brother, Chester, a once-promising young musician.

November 4 & 6

Call to Artists: Present Group Exhibition & Fundraiser
Art work drop off times for the 3rd annual qathet region artists group show and fundraiser. 12-5 pm at qathet ART Centre. More info on how to participate at qathet ART.ca

November 6

Academy of Music Fundraiser
Details TBA. See ad on Page 36.

November 7

The Unfaithful Servants and Shari Ulrich in concert
7:30 pm, Evergreen Theatre. Tickets available at the Evergreen Theatre box office, or by calling 604-485-2891.

Family Ceilidh
6 pm doors, Italian Hall. The qathet Fiddlers, the Clansman Pipe Band, and Nanaimo dance caller Trish Horrocks, will guide you through the moves.

She'll group you in lines or squares, half of you will be "apples", the other half "oranges", and she'll tell you what to do. No experience necessary. With Townsite Brewery. See story, below right, for more.

November 7 & 8

Christmas Craft and Collectibles sale
Lang Bay Hall.

Powell River's Own Craft and Small Business Fair
Dwight Hall.

November 7 to 9

Kings Cup U15A Tier 2/3 tournament
Hap Parker.

November 7 to 9

U11 Development Kings Cup Tier 2/3
Hap Parker.

November 8

Villa Soccer Club vs. Saanich Accutemp Bandits
1:30 pm, Timberlane Park.

November 8

National Indigenous Veterans Day



November 11

Remembrance Day

November 14 & 15

Clancy & Caro Present: Neil Young Nite
7 pm doors, show at 7:30 pm, The Lodge (downstairs) at Dwight Hall. Featuring Clancy Dennehy, Caro Chan, Marina Lagacé, Devon Hanley, and David Spragge, plus a special guest. An emphasis on vocal harmonies in the style of Young's contemporaries at the time, Crosby Stills & Nash. \$20 in advance, \$35 at the door. Find tickets at showpass.com/clancy-and-caro.

November 15

Fibre Arts Auxilliary Christmas Craft Sale
10 am to 4 pm, Cranberry Seniors Centre.

November 15

Bourne to be Ozz: The Canadian Ozzy & Black Sabbath Experience
7:30 pm, Evergreen Theatre.

November 15

Villa Soccer Club vs. Nanaimo United
1:30 pm, Timberlane Park.

November 15 & 16

Dwight Hall Christmas Craft Fair
See Page 45 for more.

November 20

Outerbridge Magic – Mysteries of the Keyhole House
7 pm, Max Cameron. What happens when two of Canada's master illusionists move into a century-old house that's rumoured to be haunted? Join Ted and Marion Outerbridge – fresh from mesmerizing audiences at Hollywood's Magic Castle – as they blend their family friendly illusions with a spine-tingling true tale that's captivated over 30 million viewers worldwide. As seen on CTV National News, CBC, TVO, and The Golf Channel. See Page 21.

November 21 to 23

My Name is Rachel Corrie
7 pm, Academy of Music. Tickets, \$30. One-woman pay about a young woman activist killed in Gaza.

November 22

Villa Soccer Club vs. Mid Island Mariners
1:30 pm, Timberlane Park.

November 28 to 30

U15 Rec Tourney
Hap Parker.

November 30

Dreams: The Ultimate Tribute to Fleetwood Mac
7:30 pm, Evergreen Theatre.



NO JUMPING REQUIRED: Above, a 1965 dance party with the Don Messer Band at Brooks Auditorium. Right, a caller and a fiddler – a common accompaniment to a local party, back in the day. Right below, the qathet Fiddlers are raising money to attend the West Coast Youth Fiddle Summit. They'll play at the November 7 Ceilidh at the Italian Hall. Fiddle teacher, luthier, and the author of this article, Laura Wallace, is in the front, on the left.

Photo above courtesy of the qathet Museum.

It's a fiddle & dance party & you're invited

BY LAURA WALLACE

Okay, before you read any further, go find Natalie MacMaster's 2002 album "Live," and put on Disc 2.

I know you have this, because you have everything available to you at all times, everywhere.

Is it on? Do you hear that fiddle tuning up, Natalie saying hello, and the foot stomping, the hooting and hollering, the piano, that fiddle driving the beat?

Sounds great, doesn't it? You might not be familiar with the music, or know what dance everyone is doing down at Glencoe Mills Hall, but it sure sounds like a joyful place to be.

There are still dances most nights in Cape Breton over the summer months, just as there used to be all over Canada, including here in the qathet region. Dwight Hall was the place to be Saturday nights, with local musicians playing to packed halls kicking up their heels. Even Don Messer and a

team of demonstration dances made it to town (see picture above).

Now that you're a few tracks in and you're starting to feel the pull of the fiddle, your foot has been tapping and you're starting to feel a little, well, bouncy, you might be wondering how you can get in on this.

On Friday, November 7, the qathet Fiddlers and the Clansman Pipe Band are putting on a family ceilidh at the Italian Hall, with doors opening at 6 pm. We have an extraordinary dance caller in Trish Horrocks, who will be coming up from Nanaimo to guide you through the moves. She'll group you in lines or squares, half of you will be "apples", the other half "oranges", and she'll tell you what to do. No experience necessary.

Townsite Brewery will be on hand to keep you hydrated and support our fundraising goal. There's room for dancers, listeners, little kiddos, and elders who may have attended those Dwight Hall dances many years ago.

The qathet Fiddlers are fundraising to pay for their attendance at the West Coast Youth Fiddle Summit in



May 2026. The Clansman Pipe Band will run a 50/50 draw at the dance to support their group, which offers free piping and drumming lessons.

I'm going to assume you've still got the album on, and you can hear the dance heating up. There's more yelling, those "yips", and "yeows" that are a part of fiddle culture, those cries of joy at a quick set of notes and energy just pouring out of the fiddles.

As much as it is a marvel to be able to put on that Natalie MacMaster album you'd never even heard of a few minutes ago, let me tell you, getting down to the hall and hearing those

first notes and that driving beat start, for real, in person, in a room, in a real moment in time, now that's a marvel on a whole other level.

You know what I'm talking about. Come join us down at the hall, let's tear up the dance floor together.

Tickets available at Townsite Brewery, goodvibrationsstrings.ca and Dogworx.

Need more fiddle in your life? qathet Fiddlers will host monthly sessions at Townsite Brewery this year; check out Townsite's social media to find out when. 

October is **LIBRARY** Month

MORE THAN BOOKS!

STORY TIMES computers
Go-Pro large print
HELP BOOKS PRL GAMES
POWELL RIVER PUBLIC LIBRARY Free WiFi eBooks
COMMUNITY DVDs mahjong BOOKS chess Puzzles information after school
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ARE YOU A LOCAL BUSINESS? USE THIS LOGO!

To help promote locally-owned businesses, *qathet Living* commissioned a series of logos from local artist Jenny Allen Taves. The logos all include the Canadian Maple Leaf, and two uniquely-local symbols: a harbour seal and the sunset over the Salish Sea.

We welcome anyone to use these logos to promote your own local cred. Put them on your ads. Run them on your social media. Use them on your packaging or your products. You are local – show it!

If you'd like these logos emailed to you, for free, contact sean@qathetliving.ca, or call us at 604-485-0003.



TAKE A BREAK

Systems Refinement for Resiliency

October is full of natural and social cues the seasonal wheel turning ever more toward the shortest days of the year. The energetic heights of Summer are balanced by fallow garden beds, cozy clothes, and comfort foods like rooty soup and pumpkin flavoured everything.

On the forest floor, what was once beautifully lush is now composting into base nutrients. Seeds have dropped, tucking in for the long haul until Spring.

Night very obviously falls sooner with dawn breaking later.

Socially we begin to gather indoors more often than out, and in many traditions, preparations for a season of ceremony, ancestral honouring, observing *momento mori*, and recognizing the medicines of darkness begins.

Often felt to be the more “reflective” and “inward” half of the year, on a practical level, we’re encouraged to slow the pace a bit and develop routines for carrying us into Winter in a good way.

The transition from Summer to Winter can be a bit tricky, but if we can lean into a sense of establishing supports in our day-to-day lives and refining those systems, we can make things a lot smoother. As someone who’s long battled against feeling over scheduled and dislikes rigid routines, I imagine readers of similar ilk just balked at the idea of being locked into shaving off wasted commute minutes or calculating greater ROIs, but this is not what I mean.

In our household it looks like habit-stacking; doing a lap on the treadmill while the kettle boils for coffee — it gets my joints gently moving and keeps me from doomscrolling on my phone while waiting, lying on the floor with my legs over a chair as brunch cooks — helps me rest my nervous system and reminds me to actually eat brunch.

It also looks like moving furniture for a refreshed, more sensible flow plan, purging items that stagnate in the backs of closets, and slowly tackling those deep clean needs. It looks like attending annual cul-



RETURN TO REVERENCE

JULIETTE JARVIS



tural events, spiritual observances, and community traditions like guising on Samhain or mushroom walks to instill a sense of rhythm and connection.

It looks like taking afternoon breaks outside to tune into Nature and rest my senses, or setting timers to remind me to eat those vitamins.

Building and refining these sorts of systems have measurable positive effects on brain health, nervous system regulation, and physical wellbeing for greater resiliency when any mid-Winter blues try to catch up with us.

If you'd like to read more; archives, books, & guides can be found at juliettejarvis.com or subscribe to juliettejarvis.substack.com

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TAKE A BREAK

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CAN YOU FIND THESE WORDS FROM THIS ISSUE IN THE PUZZLE ABOVE?

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| LIBRARIES | COYOTE | UPTOWN |
| DEATH | TRICK | CIRCULAR |
| CEILIDH | BOWL | ZEST |
| TURKEY | ANOMALY | TACO |
| CART | ART | OKTOBERFEST |
| METEOR | PADDLE | TRAIN |
| TRAFFIC | NUDIBRANCH | BEANIE |
| HAUNTED | WRESTLING | GHOST |
| HENDERSON | FIDDLE | MORI |
| CHAMBER | MOMENTO | PARKING |
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BUFFET
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familyfarmbnb.com/pumpkin-patch for ticket details

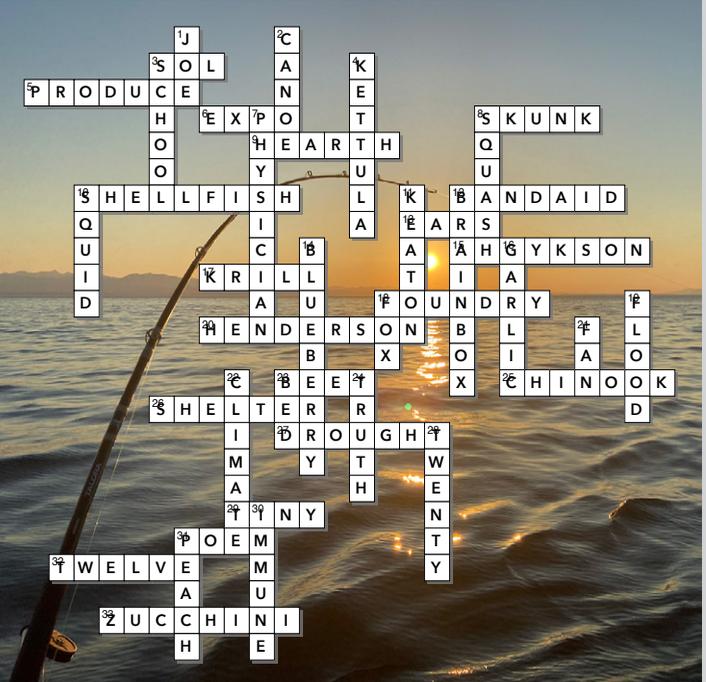


Powell River's Own Home-Based Business & CRAFT FAIR
 Friday, Nov 7, 5 pm-9 pm
 Saturday, Nov 8, 10 am-4 pm
 Dwight Hall • 6274 Walnut
 For table info, text 604-414-0701



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25 things that are better about Powell River / qathet than Vancouver



LAST WORD

PIETA WOOLLEY
& SEAN PERCY



Ya, I (Pieta) said it. And I can. I am a born-and-raised Vancouverite (Kitsilano, West End, South Van, Strathcona, Little Mountain, deep East Van), who has been living here in qathet for the past 12 years.

Together with my born-and-raised Powell Riverite work partner Sean – who has spent far too much time in Van due to cancer (he’s doing great) – we’ve compiled an incomplete list of things in which qathet kicks Vancouver’s butt.

1. The miniature train situation

On October 24 & 25, you can ride the miniature Ghost Train at Paradise Exhibition Park, organized by the engineering wizards at the PR Forestry Heritage Society – by donation. In Vancouver, the long-standing Ghost Train in Stanley Park has been canceled yet again due to mechanical issues with the train. Instead, the Vancouver Parks Board has brought in a Harry Potter forest walk experience – for \$80 per ticket. Not kidding.

2. Traffic & Parking meters

No traffic. Next to no parking meters.

3. CT Scans

Here, we measure the time it takes to get a CT scan in minutes. As in, you can do it on your lunch break. Maybe even your coffee break. At Vancouver hospitals, the whole procedure seems to take hours. It’s also way less friendly. No to mention how much longer it takes to get a scan booked in the city.

4. Lessons

Swimming lessons in Vancouver fill up so quickly at the big pools, it’s like trying to secure a spot in the provincial camping reservation system. Plus, if you want your kids in sports, music or dance, you’re driving across the City.

5. Long-term care

Many of the people who work in LTC here know the people they care for personally. They’re the aunts or granddads of their peers, their former teachers. It’s an unparalleled web of relationships.

6. Cashiers

A vibrant crew of personalities at every store. Our front-line celebrities.

7. Leaving town for a long weekend

We drive against the traffic. They get stuck in traffic.

8. Groceries

For price, quality and ease, nothing compares to our big three. and we’re about to get a No Frills. Plus, our excellent array of little specialty stores. Would I trade it for access to a Costco and a Superstore to maybe save \$1 on a bag of flour? Not a chance (although Bosa and Foody World are legit destinations).

9. Concerts

Tickets are rarely over \$50. Usually, you’re close enough to see the sweat bead on the band’s brows. Cranberry Hall? There is no equal for live music.

10. Kayaking & Mountain Biking

Ten minutes from your door, at the most. Maybe from your front lawn.

11. 4x4ing

Three minutes from your door, at the most. From the pole line to the Eldred, opportunities abound. Your truck doesn’t have to be freeway ready.

12. Beaches

Have you ever tried to secure a spot at White Pines beach on a summer weekend? You’ll have to fight another dad for your six square feet of real estate. Here, “crowded” means there’s another family 150’ down the sand.

13. Seawalk

Yes, Vancouver’s seawall is much longer, with more coffee and more to look at. But over the past 10 years, it has devolved into a fitness hellscape, where the cyclists are maniacal and entitled, and the joggers and speedwalkers are thick. Here, the sport is admiring each other’s dogs.

14. “Hi”

We say it. They don’t.

15. Haircuts

A reasonable price. And we all look smashing. #ferryhairdontcare.

16. Theft

Simply put, the ferries prevent Vancouver’s infamous Grand Theft Auto situation here. You can park your car with your keys in it, and leave your house unlocked most places, with zero repercussions.

17. Real Estate

Still cheaper.

18. Fireworks

Three times a year here, there are fireworks: Canada Day, Blackberry Fest, Halloween. We behave reasonably. The Celebration of Light in Vancouver requires riot squads.

19. Going to the theatre

There’s nothing like watching your chiropractor or neighbour or niece perform – and your community cheer them on.

20. Drinking water

Tastes like water, not chlorine.

21. Urban pests

We face down bears and raccoons, not skunks or coyotes.

23. Trick or Treating

So safe in the neighbourhoods because everyone knows everyone. Both the Town Centre and Marine Avenue step up to make it an early, safe and calm event for even the youngest locals.

24. Diving

There are a few decent dive spots in the Vancouver area. You usually have to park far away and share the spot. Here, you and your buddy can back up your truck to the shore of pretty much any beach, and be the only divers there. And have a much better dive.

25. The Rain

Both cities are wet. Here it rains about 120cm a year, and Vancouver 146cm a year. Where would you rather cuddle under a blanket and watch it drip outside? For pure West Coast rainforest vibes, the winner now and will always be qathet. 🌧️

Toy of the Month:

(Oceanside Entertainment Location)



TY Halloween Beanie Bouncers

These pint-sized 4-inch plush ball toys combine the classic adorableness of Beanie Babies, the captivating big eyes of Beanie Boos, the compact fun of Puffies, and the bonus of bounce!

Whether you snuggle, juggle, dribble, or dunk them, these small bouncy balls are endless amounts of fun.

Perfect for stocking stuffers, quick gifts, and simple delight, try out these adorable small ball toys at your local toy store today.

More styles coming soon!!!



Oceanside Entertainment

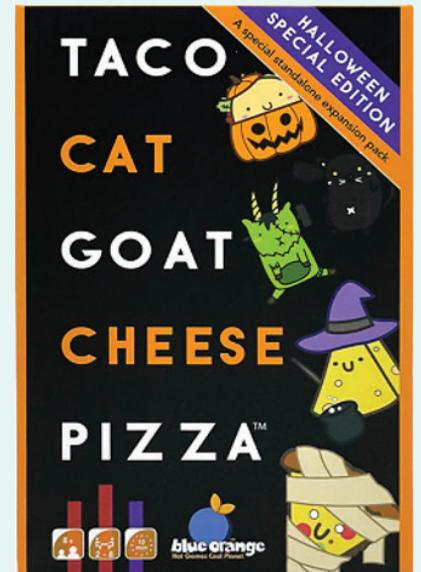
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10 am to 5:30 pm
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7030 Glacier
new phone number
604-208-6169

Board Game of the Month:

(High Tide Games Location)



Taco Cat Goat Cheese Pizza: Halloween Edition

A Halloween Twist on a family favourite!

WILDLY POPULAR: Based on the original Taco Cat Goat Cheese Pizza Game. Perfect for all ages.

SPECIAL EDITION: All the fun of Taco Cat Goat Cheese Pizza, but with fun (and cute) Halloween costumes!

PLAY IT ANY TIME ANY PLACE: Convenient take anywhere size game.

SIMPLE AND HILARIOUS: Fast paced laugh out loud fun for any get together.

GET ROLLING IN SECONDS: Takes only a minute to learn and gameplay lasts for about 10 to 15 minutes.

Birthday Parties

at High Tide Games

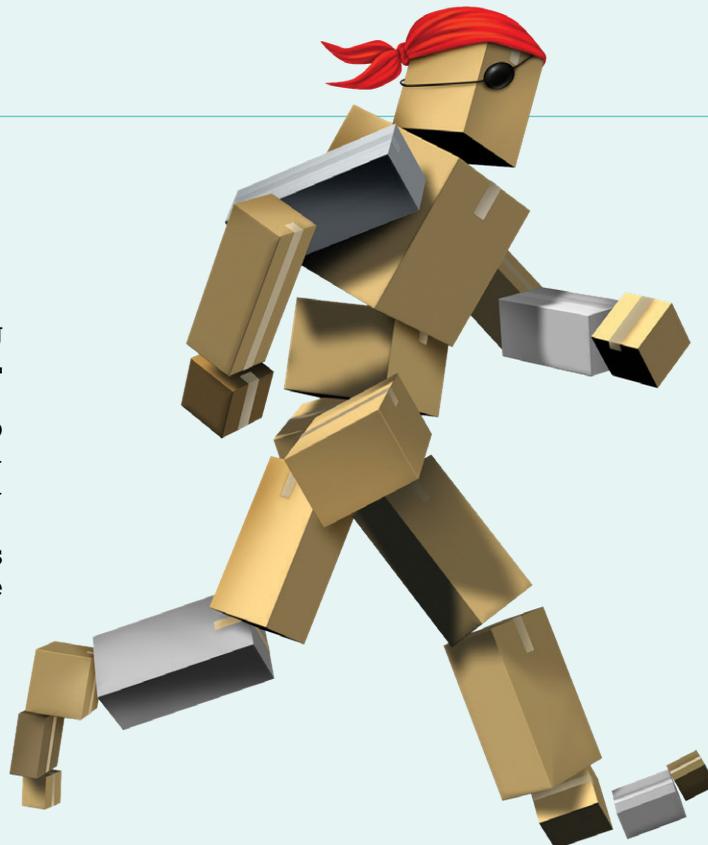
High Tide Games is now hosting birthday parties for kids of ALL ages!!

Whether you want to play video games or board games, we have everything you need to have a seriously great gaming time.

Saturday & Sunday morning parties are a private event with the space fully reserved for your party.

Evening parties may be available.

Call to inquire: 604-208-6169.



Concerned about Porch Pirates?

Need a safe address to ship your things to?

We will order almost anything for folks. We have ordered clothes, wallets, car parts, patio umbrellas, etc.

Our only rule is it must be able to be carried in the door – so no couches, appliances, etc.

Special order charge is \$5.00.

We're on *fire!*

Yes, figuratively, but also literally.

Come see our **burn demos** in some of the hottest wood-burning stove brands.

Cadam Construction is proud to carry these quality stove brands. See them at the Cadam Fireplace & Stove Centre near the airport:



Now carrying new brands and more stoves than ever! Call or come in today.

See Cadam Construction for gas stoves, wood stoves, pellet stoves and electric fireplaces. Plus we do installs and maintenance!

Check out the new
NeoView from
Pacific Energy:

A clean Euro-inspired design with easy loading, large glass, and simple operation, the NeoView 2.5 LE puts a modern twist on a proven wood stove. Pacific Energy's clean-burning catalytic-free technology reduces emissions while maximizing burn length and fuel efficiency.



Hot Solutions for your Cool Locations

7468A Duncan Street near the airport
Monday - Friday 9:30 am - 5:30 pm, Saturdays by appointment

Book your
chimney cleaning
now!

cadamconstruction.com • 604-414-4699