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LIVING



2025 - THE 10TH ANNUAL

BEST

of qathet

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qL's guide to free services in the region

HELP IS HERE

CRC Opens in New Spot

The Community Resource Centre is now open at #101-4871 Joyce Ave. in Crossroads Village.

Drop-in 10 am – 3 pm, Monday – Friday for free coffee and snacks; lunch starting at noon; computer, copier, and phone access; document and application support; free clothes and toiletries; a free tax clinic; professional hair cuts; and connections to other community resources like Legal Aid Services, Ministry of Social Development and Poverty Reduction, and Public Health.

We also offer recreational programming – check out our monthly calendar at bit.ly/calendar-crc.

The CRC is open to all adults in qathet, and all services are free of charge.

- Alexandra Bissley

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If you are experiencing:

<p>Violence</p> <p>We offer: Grace House and support for any crime including sexual assault and domestic violence</p>	<p>Trauma</p> <p>We offer: Outreach services and counselling for children, youth, and self-identified women</p>	<p>Poverty & Injustice</p> <p>We offer: Support to people with limited means to legal information and to complete applications</p>	<p>Safety & Advocacy for Everyone</p> 
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For Parents Navigating Loss

The Compassionate Friends offers support. If you've lost a child – at any age, for any reason – you are not alone.



The Powell River Compassionate Friends
A support group for bereaved parents meets the 4th Tuesday of each month
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Pick up a free copy at our office, download it at qathetliving.ca, or scan the code above.




Men Choose Respect



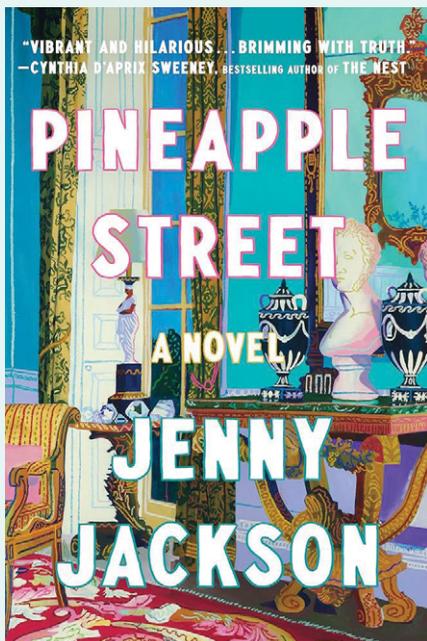
A 9-week group for men who want to foster respect and safety in their personal relationships.

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Book of the Month:

(Oceanside Entertainment
Location)



Pineapple Street

By Jenny Jackson

Pineapple Street is a captivating book that takes readers on a journey through the vibrant and colorful neighborhood of Pineapple Street.

With its engaging storytelling and relatable characters, this paperback is a must-read for book lovers.

Dive into the pages of Pineapple Street and immerse yourself in a world filled with heartwarming moments, unexpected twists, and the power of community.



Oceanside Entertainment

Summer Hours

7 days/week

10 am – 5:30 pm

4721 Marine

604-489-3028

High Tide Games

Summer Hours

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7030 Glacier

604-208-6169

Board Game of the Month:

(Both Locations)



Wuzzled!

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Wuzzled! will have you attempting to create the perfect word to outsmart your opponents while frantically trying to uncover theirs.

So grab your letters and prepare to flex your brain muscles with Wuzzled! Can you be the last word standing?

Birthday Parties

at High Tide Games

High Tide Games is now hosting birthday parties for kids of ALL ages!!

Whether you want to play video games or board games, we have everything you need to have a seriously great gaming time.

Saturday & Sunday morning parties are a private event with the space fully reserved for your party.

Evening parties may be available.

Call to inquire: 604-208-6169.



In-Store Game Playing

at High Tide Games

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We have the space for that now.

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Online gaming is:

- \$10/hour for non-members
- \$8/hour for Level 1 members
- \$6/hour for Level 2 members.

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ON THE COVER:

Beach Crashers won Best Band in qL's 10th annual Best of qathet contest. Beach Crashers are (from left): Kristi McCrae, Rob Hughes, Davis Steele, Maxime Paquette, Bryn Politylo, and Paia Guimond. The band has an album coming out this fall. They posed at Palm Beach - voted #3 Best Beach, in Pollen Sweaters - the #1 Best Souvenir and #3 Best Thing to Take Camping.



All the best

We have a love-hate relationship with the best of qathet contest. On the one hand, it's a ton of work organizing and collating the voting, then reaching out to all the winners to let them know, and get them their highly coveted Best of qathet decals.

This year, the 10th time we've run the contest, we upped the ante, and the workload, by hosting a party for the winners at Townsite Brewing. All this at a time when we're also publishing *Your Guide to Powell River Logger Sports*, as well as one of the largest magazines of the year. And when we would, frankly, rather be camping or lazing on the beach.

But we also can't help but love the contest and the interactions we get with our readers and advertisers during this time. The insights voters bring are always revealing, and often entertaining.

Poring through the paper and digital results is always good for a laugh, as

well as a few, "I wouldn't have guessed that!"

The voting reassures us that people are engaged with the magazine, not that we wouldn't have picked that up from the Letters to the Editor section in this issue. Best of qathet choices also show that many local businesses are doing more than surviving - they're thriving and setting a very high bar for products and services.

The depth of voting also shows that locals, at least those who vote in the contest, are proud of their community, from our beaches and bike trails to our local cocktails and steaks.

As you peruse the list of winners this year, we hope you find both something new to try, and comfort in knowing that other people like what you like, too.



PUBLISHER'S MESSAGE

qathet LIVING

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qL

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“We welcome our cultural treasures home, light the sacred fire, and open our house for generations to come. ʔəms ʔaye is not just a building—it is a living expression of our laws, language, and responsibility to one another.”

—Hegus John Hackett, **Page 20.**

”

JULY'S CONTRIBUTORS



EMILY ANDERSON moved to Powell River when she was 13 and is an active member of the community who loves horseback riding and has a love for vintage cars. **See Emily's story, Best Dressed, on Page 9.**



JIM SIMONETTA is a retired school teacher from School District #47. One of his retirement activities has been volunteering on the SCT. **See Jim's story, What's New on the Sunshine Coast Trail, on Page 10.**



When he's not cutting the damn grass, **CLAY BRANDER** likes to spend time with family and friends, mountain bike, read, travel, do woodworking, and play pickleball. **See Clay's story, Bittersweet Longing, on Page 22.**



Since moving to Powell River, **PETRA EBNER** and her husband Paul Lavigne have enjoyed being part of the vintage car community. **See Petra's story, She's Gotta Be in Pictures, on Page 56.**



ARNE GUTMAN instructed extreme sports previously, but now focuses on SUP. Sharing his love of it with all who are curious about SUP and nature. **See Arne's story, Journey to Aghkyson, on Page 37.**



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2025 - THE 10TH ANNUAL

BEST

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BEST OF QATHET

You voted, qL reported. Congratulations to all the winners and nominees in the 10th annual Best of qathet contest. But the real dirt – the best dirt – is in the “best answers” sections.

Civic Pride

Best Neighbourhood in PR

1. Townsite
2. Cranberry
3. Westview

Best answers: “Behind the Lake: I don’t even live there and I know this.” Townsite: where else can you mingle with the kewl kids, dodgy wildlife, heroic dog walkers cleaning up schoolyard snack carnage, all while enjoying the epic view? “I lived in Wildwood for 10 years. Nothing better than a teeny slice of city, with a double scoop of rural.” “You don’t have neighbours – your friends live all around you.” Westview due to opportunities for Happy Hour. The forest behind the cop shop.

Best Neighbourhood in qathet (but outside the City limits)

1. Lund
2. Tishosum
3. Lang Bay / Black Point

Best answers: Colin Dionne Memorial Climber’s Camp. Definitely Tlaamin...this is community. The real path to Heaven is up Zilinsky Rd (but don’t tell anyone – we hate the extra traffic).

Best Common Enemy

1. Donald Trump
2. BC Ferries
3. Broom / Blackberries / Invasives

Best Answers: Aging. BC Ferries (but specifically the *Queen of Burnaby*, where I lost my glittery scented pen markers when I was 8, and also the *Queen of Surrey*.) MP Aaron Gunn. Bears. Children. City Hall. Property Taxes. Climate Change. Colonialism. Concerned Citizens. Cost of Living. City Council. Gas prices. Gee Welp. Greed. Geese. I’m trying not to say Lang Bay Waterworks. Mosquitoes. Internet Karens. Ignorance. Political correctness. Rain. Pollen. Potholes. The dude with the Alberta plates who left his car alarm on and motor running on the Westview to Little River sailing. The jerks who keeps setting the fuel prices too high. The phantom poop dropper, lurking in shadows, armed with a dog and zero shame. Transit. Ticks. Zombies.

RED SKIES AT NIGHT: This photo of Second Beach, by Chris Redman, won the 2025 Powell River Public Library’s photo contest. The theme this year was “the Skies.” See Page 24-25 for more finalists.

Civic Pride (cont)

Best Politician

1. Trina Isakson
2. Retired MLA
Nicholas Simons
3. "No such thing," and other cynical responses.

Best Use of Tax Dollars

1. Recreation Complex
2. Roads / fixing roads
3. BC Transit

Best Extracurricular: kids & youth

1. Hockey – PRMHA
2. Soccer – PRYSA
3. Swimming – POW
Swim Club

Best answers: All soccer everywhere... think on your feet, run it with your team, exercise your minds and score together!! It was true 40 years ago, and its still true today – outdoors. Nuf said. Second beach, or anywhere that tires them out and keeps them too busy to start a YouTube prank channel.

Staff note: Almost every extracurricular got a mention, from theatre, music, and dance, to climbing, mountain biking, and skateboarding. If you're raising kids in this town, you already know that the diversity and quality of extracurriculars here is mind-blowing. What is the overall Best thing about qathet? It might be this category.

Best Place to Learn: adults

1. Powell River Public Library
2. VIU
3. Online

Best answers: Anywhere with wifi, coffee and the crushing realization that they should have paid more attention in high school. At the bar at Monks. Early in the morning at A & W...find out what you did last night! From the kids. Gramma's kitchen. The Duncan/Manson intersection – master that, you have mastered all. The streets by making bad choices. Therapy.

Best Coach

1. Cam Miller
2. Kody Lessard
3. Joe Calderone

Best Place to Blow Off Steam

1. Outdoors / Beach / Forest
2. Cran Bar
3. Mount Mahoney

Best Storefront

1. Bloom Therapy
2. Nutcracker
3. Paperworks / qathet
Art + Wares

Most Missed Store or Service

1. Basecamp Coffee/Food/Art
2. Moose n' Eddie's
3. Pagani's

Staff notes: This is a new category this year, and wow, did voters deliver on this one. Some other "most missed" with multiple votes include Ardene, Blue Sky Consignment, Culaccino Italian, Fryer Tucks, Kingfisher Books, the shelter, Papparazzi Pizza, Powell River News, Robin's Donuts, Safeway, Skeeter Jacks, That Chicken Place, The Alchemist, and Thick.

Best Dressed Yard – garden or art

1. Manitoba Horse
2. Patricia Theatre
3. "Mine."

Best answer: "Not my neighbour."

Best Reason Your Friends & Family Come to Visit

1. Ocean / Beaches / Nature
2. "Because I live here."

Best answers: "Because I won't travel to them." "I'd like to say me, but it's probably the sunsets." "My cooking." "No city noise and there's spot prawns to eat." "No shovelling, no mosquitos, and there

is always a cirque de soleil in the ocean!" "PRISMA, Kathaunmixw, and more music." "Three reasons. Sunsets, free food and the subtle hope that I replaced the mattress!" "Vibe."

Best Reason to Move Here

1. Nature
2. Laid-back lifestyle
3. Community / Family

Best answers: "Dog friendly!" "Eclectic and creative people, lots of music, a chill atmosphere and a stunning ocean view." "Fishing." "Great place to raise kids." "More affordable than Vancouver." "So you can dramatically stare at the ocean during life crises and blame the salty air for your tears! Kidding ... for smaller life crises!" "Sometimes it's sunny." "The vibe." "To draft dodge, apparently." "The woke people." "Whimsy."

Best Reason to Stay Away

1. Racism
2. BC Ferries
3. Nothing to do

Best answers: "If you prefer a life of mundane convenience." "Intolerance for dogs." "Morbidly overpopulated." "Not enough weird people here."

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Classic cars inspire pin-up vibes

BY EMILY ANDERSON

My 50's fashion inspiration comes from spending a lot of time at car shows all my life. I loved the classic 50's cars the most. I'm proud to say I have owned one since I was 15. I just love how fun the style is – casual, but dressy all in one.

Most of the places I have sourced my clothes have unfortunately all closed in the last few years.

There were pinup clothing stores in Kelowna, White Rock, Victoria, and downtown Vancouver.

There is one place in BC still open to online orders only and that's Cherry Velvet in Vancouver. Retra Glam is Canadian as well as Kitch'n Swell, Vivacious Vixen Apparel, Suzie's Bombshell Boutique, Boutique 1861, Lolita et Pepito, and a few more, but shipping can be expensive even within the country. There are a few pinup clothing stores in the UK, Australia, and New Zealand as well.

The clothing challenges I have now are mostly: shipping costs and the current tariff situation with the U.S. making everything too expensive (especially since I am on Persons with a Disability), and the fit of clothes being

Best Dressed Person

1. Emily Anderson
2. Rowwie McKeown
3. Nancy Hamilton

Best answer: "Nicole (any of them)."

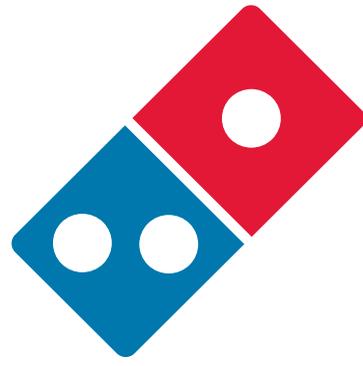
too long for me being only 4'9" – although most pinup clothing styles can accommodate my short torso and height well enough.

I grew up dressing nicely, and even as a kid in the Lower Mainland, I wore dresses most days to school. As a client and ambassador, I attended many formal and semi-formal fundraising events representing different charities. Performing in piano recitals at the Western Conservatory of Music was another opportunity I enjoyed for dressing more formally.

Moving to Powell River in 2006 was a bit of a culture shock in that many people don't dress up for things I would consider at least semi-formal, so I dress up anyway for the experience of it. 🍷



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#2 Best Local Seafood Seller

#3 Best Grocery Store
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AT LEAST SOMEONE OUT THERE IS BUILDING BRIDGES: Left to right, these qPAWS volunteers are Don Krompocker, Sean Spekat, Scott Glaspey, Rick Rae, Tom Koleszar, Jim Simonetta. This crew is on the new Scheiber Crossing bridge in October 2024. The bridge is around km 81 on the Sunshine Coast Trail (SCT), near the Fiddlehead Landing Hut. *Photo courtesy of qPAWS*

What's New on the Sunshine Coast Trail

BY JIM SIMONETTA

The qathet Parks and Wilderness Society (qPAWS) has been busy with a number of projects on the SCT over the last six months.

Fiddlehead Farm bridge replacement

Last fall, the crew constructed three new bridges in the old Fiddlehead Farm area. These bridges replaced three that were beyond repair. The longest of these bridges was named Scheiber Crossing in honour of Linda Scheiber, the former owner of Fiddlehead Farm.

Fairview Bay bridge replacement and upgrades

In late winter, the qPAWS crew replaced another rotten bridge close to the Fairview Bay hut. Other upgrades to the Fairview Bay site include two new picnic tables, two new benches, some other smaller repairs and upgrades, and a lot of site clean-up. This project was made possible by a generous grant from BC Hydro.

Block Bay reroute

In early spring, the qPAWS crew, along with volunteers from Western Forest Products, built a 400 meter trail reroute at Block Bay. The reroute moves the trail further from an active industrial site, improving safety.

Best Must-See Attraction

1. The Farmers' Markets / Miniature Railroad
2. Patricia Theatre
3. Sunshine Coast Trail

Staff notes: The SCT has appeared on every Best of list since the beginning. This volunteer-created, multi-party-negotiated, 180-kilometre hut-to-hut journey represents the very best of what this place, and the people of this place, can offer. Learn more at sunshinecoasttrail.com.

Maintaining the SCT

Throughout the year, qPAWS maintains the 180km SCT, including weed whacking, marker replacement, and clearing the many windfalls that fall across the trail (including over 100 trees near Tin Hat Mountain recently!) The high winds this past winter downed many trees, which are now substantially cleared.

As a volunteer organization, qPAWS relies on the generosity of donors, whose support helps us to maintain the trail. If you would like to donate, please visit the SCT website at sunshinecoasttrail.com/get-involved/donate/.

Please note that the QR codes to donate located at most huts and outhouses along the trail are currently not working. This issue will be resolved soon.

Happy trails! 🐾

Advice for Visitors

Best Souvenir – Paid

1. Pollen Sweater
2. Flickerwood Forge stained glass
3. Thick t-shirt

Best Souvenir – Free

1. Seashells and rocks
2. Beach glass
3. Sunset photos

Best answers: A mouth full of berries. Abandoned shopping cart. Copy of *qathet Living* (aw shucks). Cuts & bruises. Free street library book. “Pocket full of sand, a heart full of small town charm, and at least 12 rocks that you are not sure how they ended up in your bag!” Tick bite.

Best Annual Event

1. Blackberry Festival
2. Fall Fair
3. Logger Sports

Best answer: “Bring back Sea Fest!”

Best Hotel or B&B

1. Old Courthouse Inn
2. Beyond Bliss Suites
3. Town Centre Hotel

Best Campground

1. Haywire Bay
2. Willingdon Beach
3. Inland Lake

Staff Notes: All top three campgrounds are huge and public, but there were also plenty of votes for the smaller, private campgrounds. They include Creekside Crossing, Kent’s Beach, and Sunlund by the Sea. Again, the real win here is the huge diversity of camping within a 30-minute drive from downtown, from the rough rec sites, to huts on the Sunshine Coast Trail, group sites or glamping on Texada and Savary, or social, party-centric or kids-centric public sites.

Best Local Product to Take Camping

1. Townsite Brewing beer
2. Chopping Block smokies
3. Pollen Sweater

Best answers: Sourdough from Hearth & Grain. Charcuterie from Sunny Deli. Locally-roasted coffee. Fresh eggs. Farm-fresh vegetables. One Light fire starters. Marigold Lane relish. PRO flies. Sunshine Coast Trail passport. Wild Edge meals. “My wife.”

Best Beach

1. Mahood’s
2. Donkersley
3. Palm Beach

Best Way to Get Around Town

1. Bike and E-Bike
2. Car
3. Bus / Zunga Bus

Staff notes: Zunga Bus...

Best Hike (Under an Hour)

1. Valentine Mountain
2. Stillwater Bluffs
3. Kelly Falls

Best answer: “I am old...the trek from Alberni and Marine up to Joyce scares the hell outta my me!”

Best Local Flora

1. Blackberries
2. Arbutus trees
3. Texada Timewarp

Best Local Fauna

1. Black bears
2. Deer
3. Orca and humpbacks

Best answer: “Sasquatch.”

Best Disc Golf Course

1. Craig Park
2. Sunset Park
3. Larry Gouthro

Best Trail to Cycle for Beginners

1. Inland Lake
2. Mount Mahoney Green Track
3. Willingdon Beach Trail

Best Trail for the Fearless Rider

1. Death Rattle
2. Original Gangster
3. Full Civil

Best Thing to do with Kids

1. Beach
2. Putters (mini golf and ice cream)
3. Farmers’ Market

Best Realtor

1. Neil Frost
2. Sunny Dawn Kostelnik

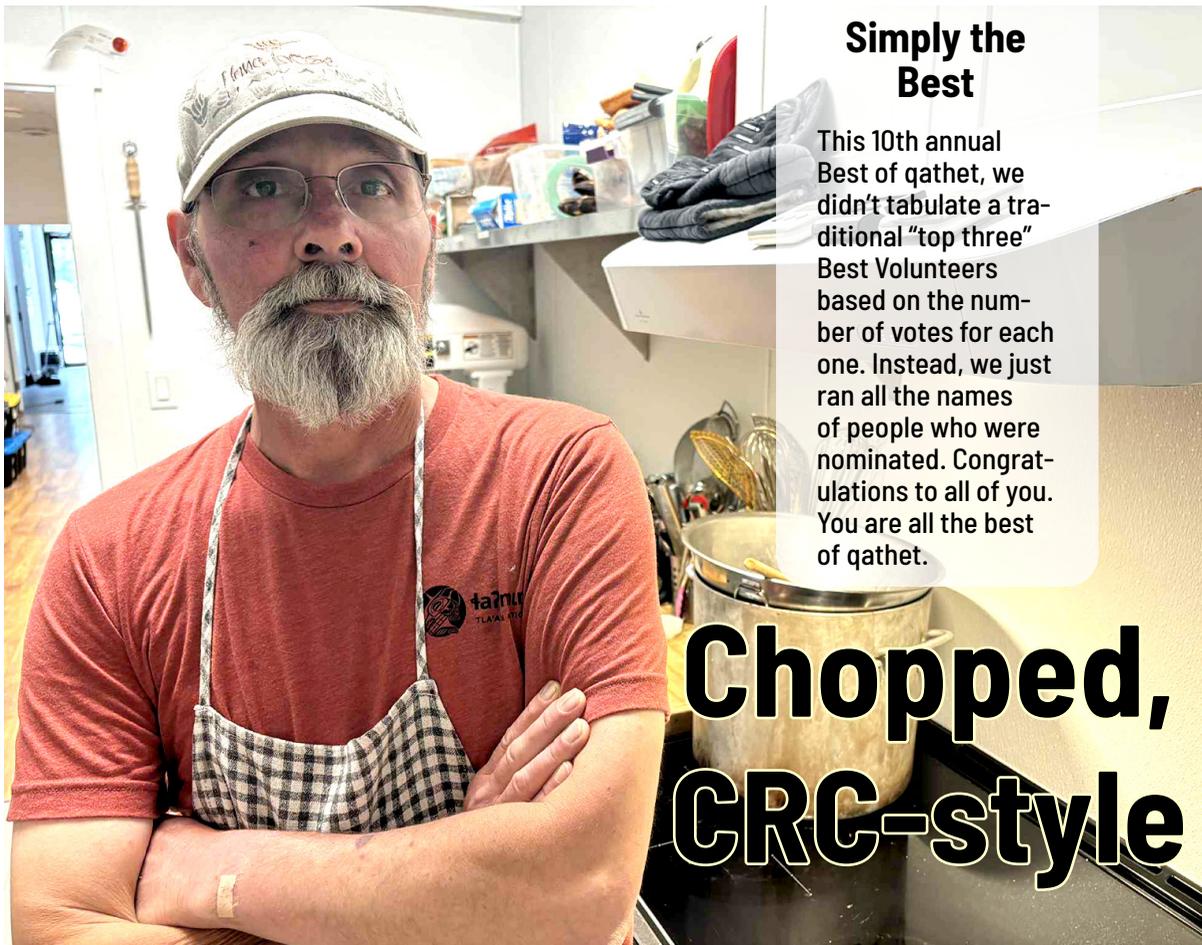
Staff note: The #3 realtor spot was tied between too many realtors to make the call on who won. In short, you’re getting the most popular if you choose one of these two, but no matter who you choose, you’re bound to be well-served by realtors in qathet.

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Simply the Best

This 10th annual Best of qathet, we didn't tabulate a traditional "top three" Best Volunteers based on the number of votes for each one. Instead, we just ran all the names of people who were nominated. Congratulations to all of you. You are all the best of qathet.

Chopped, CRC-style

FULL TIME FOODIE: Berry Dickie in the new CRC kitchen, at Crossroads Village. Berry has cooked for Lift+ Community Resource Centre five days a week, six hours a day, as a volunteer, for more than five years.

Just before COVID, Berry Dickie retired as a crane operator and came home to Powell River. One day, he dropped by the Community Resource Centre on Joyce; he didn't know what the Centre was, at the time, but enjoyed a coffee with some old friends he hadn't seen since childhood.

On his way out, Berry picked up a bus tray of dirty dishes and took them to the kitchen. Two women were busily barely keeping up with a vast pile of dirty dishes, so he rolled up his sleeves.

Ever since then, you can find Berry in the CRC kitchen, cooking, sweeping, wiping and still washing

dishes, five days a week, for about six hours a day.

"I'm an old retired guy, I'm on a disability, there's nothing else I can do," said Berry, in an interview at the new CRC's kitchen. "Cooking makes me feel like I'm doing something and contributing."

The CRC isn't a traditional kitchen; the food is given away for free to whomever is hungry, and most of the groceries are donated.

"On Monday, we might get pork, chicken, and licorice," said Berry, "It's like an episode of Chopped."

Chopped is a TV show in which chefs compete to make meals out of baskets of strange-bedfellows in-

Best Volunteer

Staff note: Instead of ranking them, here is a list of everyone who was nominated. Every single one of these people deserves to win:

Alicia Messner. Amber Samaya. Ann Snow. Annabelle Tully-Barr. Annie Racine. "Any of the people who pick up garbage off the highway." Bad Karen. Berry Dickie. Better at Home and Gerry Gray Place volunteers. Betty DeGroot. "Bird Lady. No contest." Brandi Frehlich. Bran Janes. Broom Busters. Bryan Bolton. Carol Hamilton. Chad Honey. Chain Gang. Charlie Latimer. Cheri Lynn Wilson. Christien Kaaij. Doreen Berrington. Seniors' Centre. Elise English. Ellery Cleveland. Emily White. Empty Bowl fundraiser. Everyone at the hospital. Flora Smith. Francine Baxter. Gymnastics Club Board. Heroes at the Economy Shop. Hospice. Jan Slakov. Jonathan Dyck. Joyce Carlson. Katherine Isert. Kathy Maitland. Kim Barton-Bridges. Healthcare Auxiliary. "Lady cleaning up beach garbage." Laura Passek. Lesley Devers. Leslie Forestfair. Linda Krepinsky. Lisa Moffatt. Logger Sports Chairperson. Malerie Meeker. Mara Park. Marathon Shuffle aid stations. Maria Devita. Melissa Fraser. "Brownie" Brown. Pat Thompson. Patti Anderson. Patty Catcher. PR Youth CAT. Ross Cooper. Rotary. Sam Van Es. Sarah Bacon. Sherry Canary. Sidney Clare. Smith McGovern. Stuart Anderson. Tammy Siddal. Teachers. The PRFAI Board. Therapeutic Riding. ECU. "The man who daily picks up garbage in the Alberni-Joyce area riding on his scooter rain or shine."

redients. That keeps him from getting bored.

Groceries aren't the challenging part, for Berry.

"It's the helplessness," he said. "It's no matter how much I do, I am not able to change things that really need to change."

Still, on the Tuesday afternoon *qL* was in his kitchen, the CRC was full of the smell of ground beef cooking, and containers full of pasta and chili were available to anyone who wanted them. The centre was warm and dry and friendly. About a dozen folks sat and socialized. And Berry, behind the scenes, stirring a community-sized pot. **CL**

Thank you for voting for our great team!

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Best Piece of Public Art or Mural

1. Catnip's mural at the Water Treatment Plant
2. Meagan Hildebrand and Luke Ramsey's mural behind the Library
3. Logger Sports Chainsaw Carvings by the Westview Ferry Terminal (right)



Arts & Music

Best Local Book

1. *Written as I Remember It*, Elsie Paul
2. *Hearty*, Andrea Bennett
3. *Herring to Huckleberries*, Betty Wilson and Prashant Miranda

Best Local Band

1. Beach Crashers
2. Dawson Wikene
3. Callista

Editor's note: Beach Crashers are playing Lund Daze Festival in Lund on July 26 and also Blackberry Fest at the Duke's on August 15. Also keep an eye out for them on Savary on August 16.

Best Crafter or Artisan

1. Emily White – Emily's Beading
2. Rowwie McKeown – Flickerwood Forge
3. Roberta Biggs – Lund Soap Company

Best Craft Event

1. Springtime Markets
2. Raincoast Christmas Market
3. Farmers' Market

Best answer: "Timberlake." We think they mean the Timberlane Fine Arts Association sale in November... not that crafty dude, Justin Timberlake.

Best Art Gallery

1. Tidal Art Centre
2. qathet Art Centre
3. Tug-Guhm

Best Live Theatre from the 2024-2025 Season

1. Beanstalk – Wizard of Oz
2. Brooks Theatre Company – School of Rock
3. Brooks Theatre Company – James and the Giant Peach

Best Visual Artist

1. Meghan Hildebrand
2. Janelle Huber
3. Catnip

Best Place to Experience Live Music

1. The Alley
2. Farmers' Market
3. Carlson Loft

Best Christmas Lights Display Street

1. Strathcona Ave
2. Maple Avenue
3. Black Point Road

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for the
Votes!



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qathet Academy of Music & Arts

Music • Dance • Theatre • Visual Arts

The **qathet Academy of Music & Arts**, formerly known as the Powell River Academy of Music, is grateful to announce that we have updated our name.

qathet, an ɥayʔajuθəm word meaning “working together,” accurately reflects the broad community in which the Academy serves.

We firmly believe that this update better reflects our diverse community at the Academy and the region that utilizes our arts education services and attends performances.

The Academy continues to grow in many positive ways in the decades since our inception with the needs, interests, and inspiration of the community.

The qathet Academy of Music & Arts reiterates our commitment to reconciliation and our relationship with Tla’amin Nation. As we continue to create music and art on ɥaʔamɥn giɥe, it is centrally important for us to honour and uplift their language, culture, and voice.

We are excited to continue growing and serving this community with gratitude and respect.
Sincerely,

qathet Academy of Music & Arts
Board of Directors
& Arlan Smallwood, Executive Director

Thank You for your ongoing Support

As another inspiring year of music and creativity comes to a close, we extend our deepest gratitude to everyone who helped make it possible—our students, families, audiences, donors, volunteers, and community partners.

Join us for: **July 21 - 25**
Rock Band Camp 10am - 2pm
with a Friday afternoon concert
ages 9+ \$175
(some experience required)

Do you play keyboard, piano, guitar, saxophone, bass, drums, trumpet, or love to sing?



Food-Groceries

Best Grocery Store for Atmosphere

1. Mitchell Brothers
2. Quality Foods
3. FreshCo

Best answer: “FreshCo: Every staff is in it to win it!”

Best General Price on Groceries

1. FreshCo
2. Mitchell Brothers
3. Save-On-Foods

Best Grocery Flyer / In-Store Sales

1. FreshCo
2. Mitchell Brothers
3. Save-On-Foods

Best Line-Up Experience

1. FreshCo
2. Save-On-Foods
3. “No self check-outs”

Best answers: “Communion time at Assumption.” “I talk too much and hold up the line. YES ... I am that shopper!”

Best Produce

1. Farmers’ Market
2. Save-On-Foods
3. Terra Nostra Farm

Best Butcher

1. Chopping Block
2. Mitchell Brothers
3. Quality Foods

Best Locally-Made Bread

1. Hearth & Grain
2. Rocky Mountain
3. Cottage Creek



A CORNUCOPIA OF CORNUCOPIAS: The farmers’ market scene is on fleek this year, with events happening across the region, including the Powell River Farmers’ Market (above), the new Central Market (right), plus events at Lang Bay, on Texada Island, and on Savary Island.

Best Locally-Made Sweets / Dessert

1. 32 Lakes
2. Gingerbrute Bakery
3. Hearth & Grain

Editor’s note: There was a huge diversity in what folks voted for in this category, which highlights just how personal this question is. Most of us resist the lure of too many empty calories, so when we do indulge, the treat has gotta be sublime. In the winter, I am a fan of Hearth & Grains Kouign amain, a crispy, buttery and lightly sweet pastry from Normandy. And in the summer, a small scoop of ice cream on a waffle cone: from Wild Scoop, Sassy Mack’s, or Putters, depending on my mood.

Best Grocery Store Hot Food to Go

1. Quality Foods
2. 7-11
3. Chopping Block

Best Small Grocery / Specialty Store

1. Sunny Deli
2. 7-11
3. Townsite Fruit & Veg

Best Convenience Store

1. 7-11
2. Townsite Grocery
3. Tla’amin Convenience



Best Liquor Store

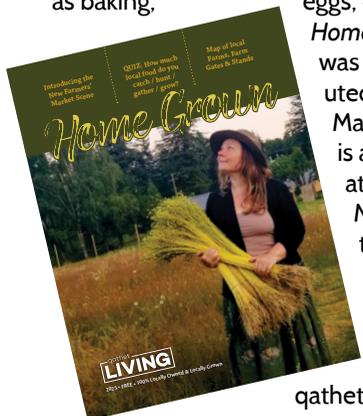
1. BC Liquor
2. Capone's Cellar
3. Duke's

Best Farm Gate

1. Andtbaka
2. Blueberry Commons
3. Terra Nostra

Staff notes: For a groovy short summer road-trip, grab a copy of *Home Grown* magazine and head out on a tour of all the local farm gates. Some are large, like the three listed above. Some are small, with just a few specialty products such as baking, eggs, or flowers.

Home Grown was distributed in the May qL, and is available at Farmers' Markets, the Visitor Centre, at the qL office, and online at qathetliving.ca.



Best Booth at the Farmers Markets

1. Cottage Creek
2. Full Circle Donuts
3. Andtbaka Farm

Best Local Seafood Seller

1. Darren Bolton
2. Chopping Block
3. Double-Odds

Best Pet Store

1. Mother Nature
2. Pet Valu
3. Top Shelf Feeds

Best Locally-Made Soaps and Body Care Products

1. Lund Soap Co.
2. Powell River Natural Soap Lady
3. Sweet Earth Soaps



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TUE

SUMMER READING CLUB WORKSHOPS | 10:00-11:30 am |
Register to participate at prpl.ca
SUMMER YOUNG WRITERS | 2:00-3:00 pm | AGES 10+ |
SUMMERTIME TINKERTRUNK | 3:30-4:30 pm | AGES 7+ |
Kids choose your own tech adventure.

WED

PRESCHOOL STORYTIME | 10:30-11:00 am | AGES 0+ |
SUMMERTIME PRIME TIME | 3:00-4:30 pm | AGES 5+ |
Unwind and connect through play.
SUMMER DUNGEON | 3:00-4:30 pm | AGES 12+ |
For youth who are into roleplaying games.

THU

PRESCHOOL STORYTIME | 10:30-11:00 am | AGES 0+ |
SWITCH TIME | 2:00-3:00 pm | AGES 10-14 |
Play multiplayer Nintendo games.
READ TO ME BOOK CLUB | 3:30-4:30 pm | AGES 6-9 |
Register to participate at prpl.ca

FRI

READ TOGETHER BOOK CLUB | 10:30-11:30 pm | AGES 9-12 |
Register to participate at prpl.ca
TEEN TAKEOVER | 3:00-4:30 pm | AGES 10-14 |
Play Nintendo or enjoy a range of arts and crafts with friends.

SAT

MARKET STORYTIME | 11:00-11:30 am | JUL 5 & AUG 2 | AGES 0+ |
Join us at the Farmer's Market at 4365 McLeod Rd.
MINECRAFT AFTERNOONS | 3:00-4:30 pm | AGES 10+ |

All programs drop-in unless otherwise noted. Summer Programs run until Mid-August.

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Thank you for the votes!

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Best Take-Out & Delivery

1. Genki Sushi
2. Thaidal Zone
3. Royal Zayka

Best Coffee / Espresso Bar

1. River City Coffee
2. 32 Lakes
3. Tim Hortons

Best Coffee Scene

1. River City Coffee
2. 32 Lakes
3. Tim Hortons

Best answer: "Who has time to sit around and sip?" Um... like everyone. That's why we live here.

Best Burger

1. A&W
2. Monks on Marine
3. Shinglemill

Best Steak

1. Forest Bistro
2. Seaside
3. Snickers

Best Meal for Under \$10

1. Seoul Sushi
2. Tim Hortons
3. Quality Foods

Editor's note: There's always a lot of incredulity in the answers to this one... as if no one can believe there's a meal out there for under \$10. My own fave is the \$7.99 build-it-yourself salad from QF, which is huge, delicious, and full of nutrition. Seoul Sushi's rolls are flavourful and filling. Fast food lovers can also find value meals at A&W and McDonald's, and DQ's \$8 meal deal even includes ice cream.

Best Pizza

1. Domino's
2. Supercharger
3. Snickers

Best Fish & Chips

1. The Boardwalk
2. Shinglemill
3. Royal Zayka

Best Curry

1. Royal Zayka
2. Spice 7
3. Little Hut Curry



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Stacey has been helping families through separation as a lawyer since 2001 and as a **Family Law Mediator** since 2008.

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- Prepared

Best Noodles

1. Zab Dee Kitchen
2. Thaidal Zone
3. Noodlebox

Best Buffet

1. Forest Bistro
2. Royal Zayka
3. Old Man Pho

Best Cocktail

1. Coastal Cookery
2. Costa del Sol
3. Shinglemill

Best Dessert

1. Shinglemill – Beartooth Pie
2. Costa del Sol – Key Lime Pie
3. Wild Scoop – ice cream

Best Brunch

1. Magpie's
2. Julie's
3. River City Coffee

Best Vegetarian or Vegan

1. River City Coffee
2. Royal Zayka
3. Coastal Cookery

Best Restaurant for a Celebration

1. Seaside
2. Forest Bistro
3. Coastal Cookery

Best booth at the Farmers' Market for Prepared Food

1. Dump Run Provisions
2. Cottage Creek
3. Full Circle Donuts

Best Patio

1. Seaside
2. Shinglemill
3. Costa del Sol

Best Place to Drink

1. Monks on Marine
2. Townsite Brewing
3. Costa del Sol

Best BC Ferries Food Item

1. Poutine
2. Oatmeal
3. All-Aboard Breakfast

Best answers: A packed lunch enjoyed on the deck. Baked potato – can't mess that up. Clam chowder they don't serve anymore. I hate that I love the hash browns and salsa. I love the Whitespot on the Langdale Horseshoe Bay...wear the stretchy pants! The one hot dog on the Saltery Bay run if you get there first.

Staff Notes: Sometimes fine dining is all about the experience. And certainly, few Michelin-starred rooms can rival the rush of bounding up the *MV Malaspina Sky's* stairs, to grab hold of that sailing's hot dog. Why so few doggies? Why \$6.59? Why, BC Ferries?



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- Poverty Law Advocacy
- Police Victim Services
- Specialized Victim Support Services
- PEACE program
- Stopping the Violence Counselling
- Grace House
- Stopping the Violence Outreach




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We build community here, and even when it seems like we're fractured and divided, people look out for each other and look after each other, and we have far more common ground than we realize.

- Kate Dryden

Home Trades

Best Mechanic

1. Dox Auto
2. Tin Hat
3. El's Auto Tech

Best Builder

1. Jim Agius
2. Wes Brown / Hansen Land & Sea
3. Craig Turney

Best Electrician

1. Foxtrot
2. Irvine Electric
3. Murphy Electric

Best Plumber

1. DJ's Plumbing
2. Bryce Plumbing
3. Honest Plumbing

Best HVAC

1. Tempco
2. Cool Comfort Solutions
3. PR Heating & Cooling

Retail & Services

Best Gas Station

1. Shell
2. Chevron
3. Tla'amin Convenience

Best Gardening Store

1. Springtime Nursery
2. Mother Nature
3. Canadian Tire

Best Clothing

1. Anchor Apparel
2. Fits to a T
3. Kool Things Vintage

Best Thrift Store

1. Hospital Auxiliary
2. MCC
3. Salvation Army

Best Hairdresser

1. Hair 'n' Dipity
2. Lavish Hair Studio
3. Coastal Hair Studio

Best Mani-Pedi

1. La Fleur
2. Beyond Bliss
3. NuEssence

Best Financial Institution

1. First Credit Union
2. Royal Bank of Canada
3. Scotia Bank

Best answer: "My mattress."

Best Financial Advisor

1. René Babin - Raymond James
2. Colin White - Verecan
3. Toban DeRooy - Investors Group

Best answer: "Not me. And don't lend me money."

Best Home Cleaner

1. Heidi Lajeunesse
2. Tidy T's
3. JL Janitorial

Best answer: "I need to clean before I let anybody in to clean."

Health & Fitness

Best Non-Profit

1. qathet Safe
2. qathet Coalition to End Homelessness
3. LIFT / PROWLs

Best Mental Health Practitioner

1. Townsite Allied Health
2. Berghauser & Associates
3. Shona Jackson

Best GP or Wellness Practitioner

1. Camille Roch – Stick and Poke Acupuncture
2. Brittney Chisholm – Suncoast Integrated Health
3. Dr. Katayoun Bahadori – Harvie Medical Clinic

Best Massage Therapist

1. Claire MacPherson – Mayet Massage
2. Bridgette Villeneuve – Timber Massage
3. Dan Keane – Coastal Therapy

Best Pharmacy

1. FreshCo
2. Rexall
3. Save-On-Foods

Best Work-Out

1. Recreation Complex
2. Outdoors
3. PowTown Crossfit

Best Yoga

1. Elements Movement
2. Heidi Lajeunesse
3. Terri Cramb

Best Thing You Do To Keep Yourself Mentally and Physically Healthy

Best answers: Top Out Climbing Co-Op. Cold water swim. Walk my dog. Doom scrolling. Gardening. Hike. "I am still searching for that answer. Otherwise it's adopting from the SPCA." Make art. Pottery. Stay off local Facebook groups. Slo-Pitch. Tai chi. Walk.

Best Spiritual Experience

Best answers: Acid trips. Assumption Catholic Church. Bioluminescence. Cold plunge. "During the NHL playoffs...when the Jets tied it up against St Louis with 1.6 seconds left in the game!" "Hearing sea lions mating for the first time since moving from the city." Helping other people. Lund Gazebo sound baths. Living Water Church. Meditation. Powell River Reformed Church. St. David and St. Paul Anglican Church. Scuba diving. Stillwater Bluffs. Sweat lodge. Aurora Borealis. Westview Baptist Church. Whales jumping.

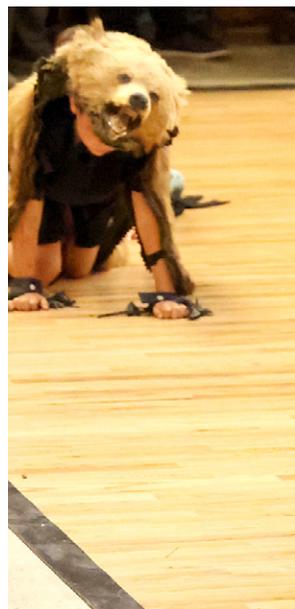
Anything else you want to tell the world is the BEST in or about qathet?

Best answers: Best place on earth! Best sunsets. Best community. Best cutthroat trout. It's like being in the 1980s for great and not so great. No. Shhhh. Go to White Rock. "Rain. Real quality rain. I am being completely serious." Savary Island. The long, rich history of Tlaámin stewardship of the land and how they're growing stronger each day. The Patricia. Best Farmers' Markets. The people. We

build community here, and even when it seems like we're fractured and divided, people look out for each other and look after each other, and we have far more common ground than we realize. The ocean is your therapist, rush hour means getting stuck behind a deer crossing the road, and gossip travels faster than the wifi! 📶



107 YEARS AFTER THE GREAT FIRE ENGULFED TLA'AMIN'S ORIGINAL LONGHOUSE: *Top*, ʔəms ʔayə / Our House, as seen from Highway 101 at Tla'amin. Local carver, Sherman Pallen, contributed to the design of the eagle pole on the left and raven on the right. The entrance doors depict a couple of killer whales. *Centre row*, ʔəʔənəkawtxʷ (dance floor) of Our House can hold up to 350 people. Tla'amin elders and Sister Nations leadership hegus John Hackett, Chief Kevin Peacy of Klahoose, Chief Darren Blaney of Homalco and Chief Nicole Rempel of K'omoks welcomed home the two mortuary poles and collection of baskets that will be housed in ʔəms ʔayə. Rita Pimlott of Homalco, Sosan Rowley, Curator of Public Archaeology, Linda Bozeman who gifted back Tla'amin baskets collected by her grandmother, and Ryan Hunt, CEO of Museum of Vancouver witnessed the repatriation ceremony. *Bottom Row*, Elder Elsie Paul and Executive Council Brandon Louie cut the cedar braid to open the new facilities. Stanley Peters looks on as Leo and Manat'they Blaney perform the sacred bear dance. The two mortuary poles stood to protect the graves inside the mortuary houses. The crevices were stuffed with cattail plant to help ward off bad spirits. More than a dozen baskets have also been reclaimed by Tla'amin. *Photos courtesy of Tla'amin Nation.*



čɛčɛhaθɛč təθ qʷol

Welcome to our new home

ʔəms ʔaye Our House will serve as Tla'amin Nation's cultural hub, housing a feast hall, language lab, museum, and traditional foods processing facility. It is a space designed to honour and revitalize Tla'amin culture.

Special guests to the opening ceremony June 21 were our two mortuary poles who went on an incredible journey for nearly 125 years when our village at **tiskʷat** was relocated.

BY STEVE GALLAGHER

On June 21, more than 400 people gathered to witness the grand opening of ʔəms ʔaye (“Our House”), Tla'amin Nation's new cultural centre and traditional food processing facility. The long-awaited celebration was hosted on National Indigenous Peoples Day and marked the culmination of years of planning, design, and construction. Attendees included Tla'amin citizens, neighbouring Nations, government partners, and residents from across the qathet region.

“Today we welcome our cultural treasures home, light the sacred fire, and open our house for generations to come,” said Hegus John Hackett. “ʔəms ʔaye is not just a building—it is a living expression of our laws, language, and responsibility to one another.”

The event featured a cedar braid cutting, repatriation ceremony, and cultural protocol shared by neighbouring Nations.

The Government of Canada and the Province of British Columbia jointly contributed \$4.2 million through the Investing in Canada Infrastructure Program – Rural and Northern Communities towards the completion of the cultural centre.

“The federal government is honoured to have supported the construction of a new cultural centre for the Tla'amin Nation,” said Wade Grant, Member of Parliament, Vancouver Quadra. “We will continue to work in partnership with First Nations and all orders of government on projects that represent a meaningful step toward reconciliation and a stronger, more inclusive Canada.”

ʔəms ʔaye is the first cultural house built in Tla'amin territory since the great fire of 1918. Designed in collaboration with Tla'amin Elders and knowledge keepers, the space honours Tla'amin's deep relationships with Klahoose, Homalco, and K'ómoks Nations, with house posts dedicated to each sister Nation.

The adjoining traditional foods facility supports food sovereignty and teaching and will be used to process salmon, deer, berries, and other traditional foods.

“People should be able to celebrate their culture and way of life,” said Ravi Kahlon, Minister of Housing and Municipal Affairs. “We are happy to support the construction of a new cultural centre, where people can gather and spend time with their family and community.”



A bittersweet longing for this feeling of family

BY CLAY BRANDER

On June 21, I witnessed one of the most powerful, emotional, and exciting cultural events of my life when I attended the Tla'amin Nation's grand opening of their ʔəms ʔayə (pronounced *uhms aya* and translates to "Our House") and the celebration of the National Indigenous Peoples Day. I was invited because I am the chairperson of the qathet Regional District.

The event started with introductions, prayers, acknowledgements, and gift giving, then proceeded to the unveiling and explaining of the two carved poles that stand on either side of the entrance, by carver Sherman Pallen.

This was to be our first glimpse of the carving that can be seen throughout the structure, and it was stunning. The meanings behind the designs and the stories that were told about the process of carving were very entertaining. After this, Elder Elsie Paul cut the cedar cord that announced the official opening of the building, and we all made our way inside.

Our House is a beautiful building, housing a museum, offices, and the large gathering room that was the centre of the activities for the day. High-ceilinged, with massive logs creating the posts, beams and rafters, visitors are awed when they enter. A fire sits at the centre and was kept lit throughout the day, welcoming ancestors to join in the activities.

After taking our seats, there were more acknowledgements and recognition of guests, as well as the explanation behind the carvings on the four pillars supporting the massive roof. The Tla'amin Nation is one of four sister nations, the others being K'ómoks, Klahoose, and Homalco, and each nation had a pillar carved to reflect their history.

Now came the time for the repatriation of lost artifacts. A number of items which had been held in the qathet Museum are to be moved into this new museum, along with two mortuary poles that had been missing for a hundred years, only to be found, mislabeled, in the UBC Museum of Anthropology. To be present when these items were returned was a real privilege.

There were also a number of baskets returned to the Nation from a woman from Montana whose ancestors had acquired them in the area around 1870. She had taken it upon herself to get in touch with the Tla'amin Nation for the purpose of repatriating them. It was a very emotional moment for everyone involved, and the visitor from Montana was particularly overwhelmed with being able to be a part of this great celebration.

After lunch, some conversation, and a soccer match, we went back into Our House and continued with the agenda.

Each Nation that was in attendance, which was the four sister nations plus the shíshálh Nation, sent delegates to the floor and acknowledged the other attendees, commented on the space, and entertained the crowd with drumming, singing, and dancing. The energy was intense! Emotional stories were told by elders, jokes were made, and lots of laughing and cheering occurred. It was fantastic to see how much of a part that the kids took in the festivities, especially the dancing. It was great to see so many people wearing their Nation's regalia and taking pride in who they are, while supporting all of those around them as well. The positive energy coming out of Our House was incredible.

After many rounds of dancing, drumming, gift giving, and appreciation, the really special moment occurred, which was the T'al Dance, followed immediately by the Raven Dance and the Bear Dance. T'al is a mythical creature that will capture children in the woods, and is used to teach kids to not wander off. Also, if a child is misbehaving, the T'al may come knocking on their door.

Elder Elsie Paul made a joke that modern child psychologists may not support this, which got a lot of laughs. This dance featured five dancers wearing hides and scary, incredible masks, slowly swooping around the dance floor, while the drumming and singing encouraged them on.

The Raven Dance followed, with three dancers wearing masks that included beaks that snapped at the proper moments in the song. The singing, dancing, and drumming told a story.

The Bear Dance, with three young



FAMILY DANCE: Five Nations plus guests.

Photo courtesy of Tla'amin Nation

male dancers, featured the smallest dancer dressed in a bear costume and the two older dancers actually wearing bearskins, complete with heads. The dancers moved around the dance floor on all fours, turning their heads and making bear-like moves, occasionally getting up on two feet. Other children joined them on the floor. To be witness to these amazing cultural events was very powerful and exciting – something that I will never forget.

After the afternoon's protocol, we were treated to an amazing feast. Salmon, prawns, roast beef, urchin, herring roe, oysters, bannock, elk, clams, salads, bread – too many items to mention them all. There was more than enough food for everyone.

After filling our bellies, we returned to Our House for the evening's final events, which included an amazing solo rendition of "Country Roads" sung entirely in ayajuthem, and, to top it all off, the Competition Song, which pits the men against the women to see who can do it the loudest.

This amazing structure, with its massive beams and rafters, almost had the roof blown off from the sound! The acoustics in the building are incredible, and when the drumming really gets going it sounds like thunder.

Ending the event, the entire crowd participated in The Competition Song, an energy-fueled activity that sent everyone home excited, looking forward to doing it all again.

This day gave me a peek into the life of what being an Indigenous person is like. I am an immigrant to Canada and have lived here for almost twenty-four years now. I am originally from the U.S. and my wife is from Northern Ireland, and neither of us have family here, other than our two kids.

Visiting family requires a lot of travel and money so it doesn't happen all that often, which also means that a bit of time is always required to reacquaint ourselves with close family members and to catch up on their recent activities. This can sometimes make conversation a bit stilted and



uncomfortable, until everyone starts to relax again and slide into familiar territory.

I saw none of this awkwardness at yesterday's event – it was like a big family reunion, which in a sense, it was: the five nations are interrelated and the level of comfort between them was palpable. People on the microphone were calling out individuals from the crowd and making jokes which everyone laughed at because everyone seemed to know everyone else.

It was like a cross between a meeting of the United Nations and a family BBQ. Individuals represented their Nation while still acknowledging that they were collectively part of a larger whole; that they all shared similar histories and that the challenges that they were facing were felt by all and that as a group, they would overcome them.

One joke was made that the young and lovestruck needed to be reminded that the new focus of their affection was probably their third cousin!

I felt a longing to be part of a group like this – a community that was truly looking out for one another – but that doesn't exist in our society very often anymore. My parents grew up in a small town of 400 people where most of the social activities centered around the church. They had that sense of community when they grew up, but that was a long time ago.

Dr. Isabel Fonseca, when studying the Roma peo-

ple and the persecution that they faced, wrote, "The easiest way to dehumanize people is to strip them of any context – any history." Many attempts have been made in the past to strip Canada's First Nations of their history, and of their future, yet what I witnessed yesterday is testament that all of those attempts have failed. The strength, pride, love, and positive attitude towards what the future held for the First Nations was overwhelming.

The steps that the Tla'amin Nation has taken in recent years to protect their people, their culture, and their language can't be anything but successful, and will surely help them achieve their goals in the years ahead.

What some people unfortunately do not understand, is that when the lives of the Indigenous population are improved, it does not come at the expense of the non-Indigenous community. Success for one can mean success for all, if bonds are formed and trust is developed. The Tla'amin Nation and the other Nations present at the event have much wisdom that could help the non-Indigenous communities near them, but we have to be willing to listen and to trust as well.

It may take some time for us to get there, but I believe it's inevitable, and all will benefit once it happens. 🗣️

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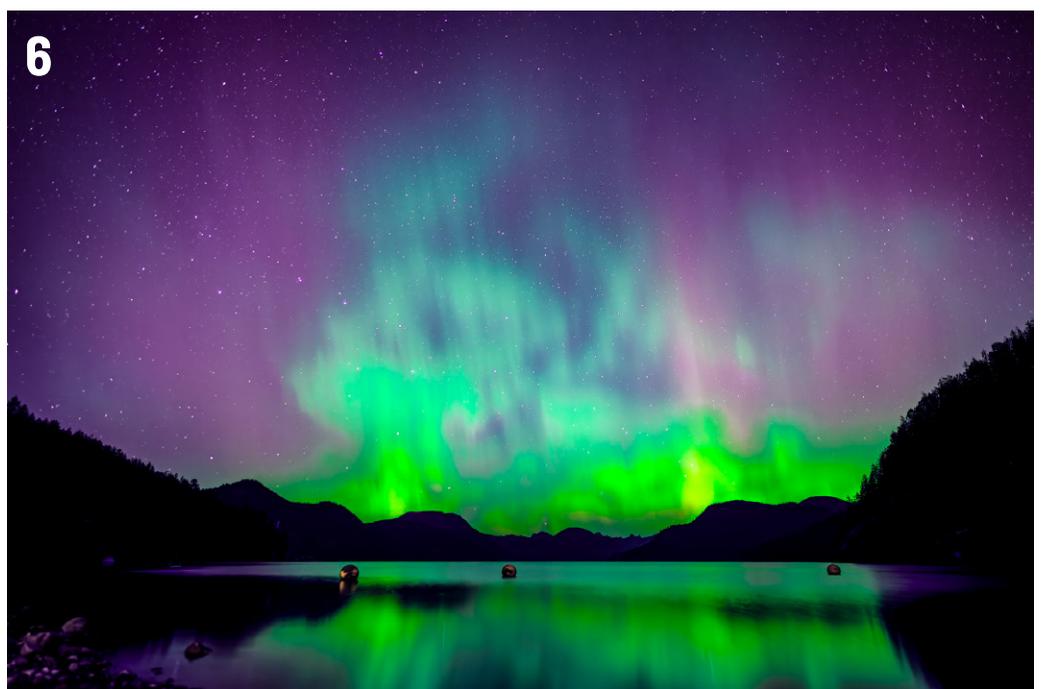
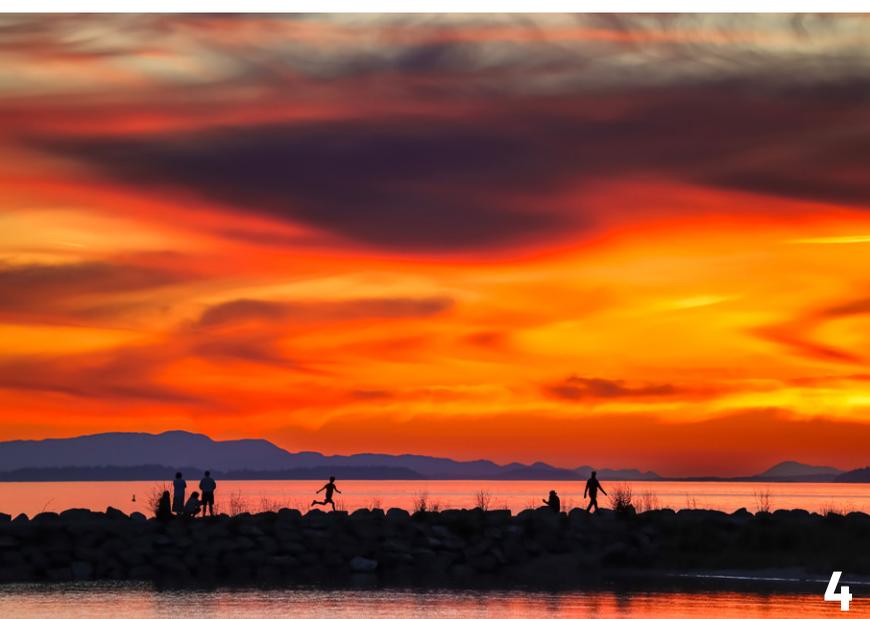
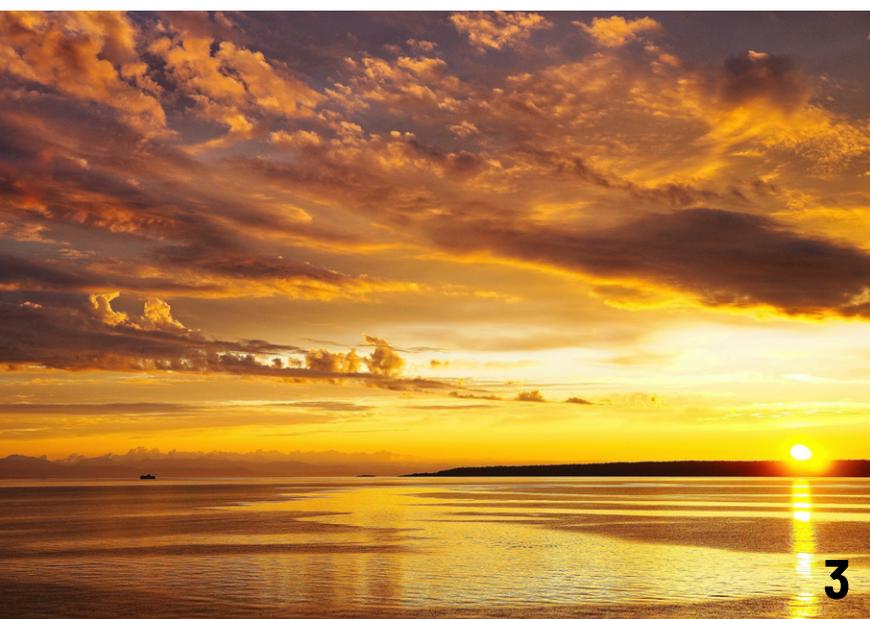


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The Skies

BY MARK MERLINO

The Library has been hosting an annual photo competition since 2015. Each year the competition is open to all residents of this region and there is a different theme for local photographers.

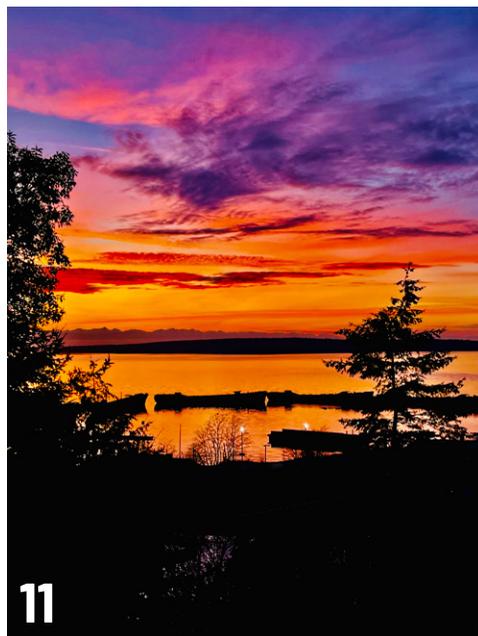
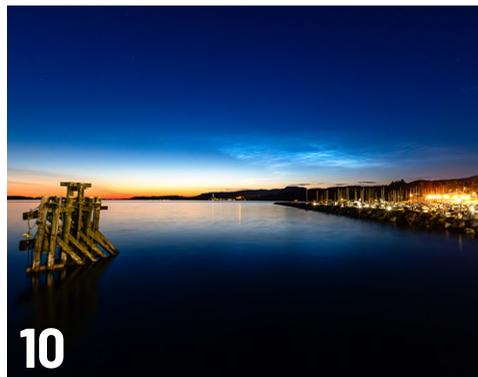
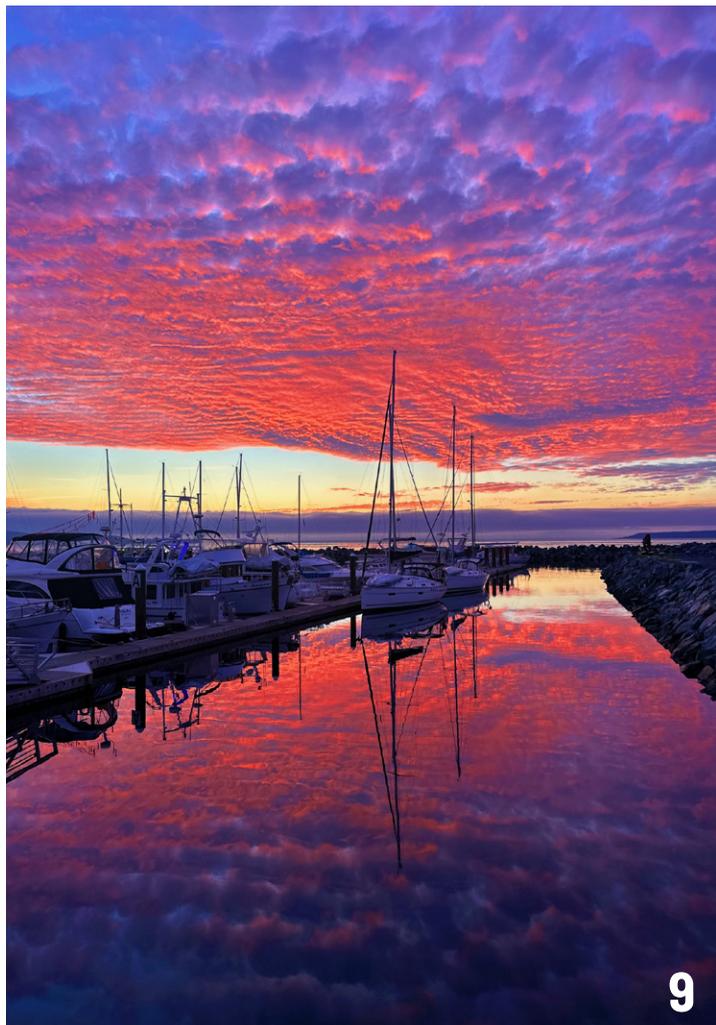
The only consistent criterion is that the photos have to be taken in this region. The judging is done anonymously by a panel of local photographers following a rubric with criteria on the subject matter, composition, detail, and lighting, all based on the theme. This year's theme was 'the skies' and there were many exceptionally beautiful images of sunsets, the aurora borealis, the night sky, and local birds.

Overall winning image:

Chris Redman, *Second Beach* (see Page 6).

Finalists:

- 1 • Mandy Brown, *Beautiful Sunset in Powell River*
- 2 • Rick McGrath, *Fledgling Eagle Dries Out at Lang Creek*
- 3 • Niels Voss, *Spectacular Light at Grief Point*
- 4 • Doris Guevara, *Chasing Sunset Dreams at Willingdon Beach*
- 5 • Erica Cawley, *qathet Sky*
- 6 • Severin Samulski, *Powell Lake Aurora*
- 7 • Linda Stephens, *Sunset Colours*
- 8 • Grant DePape, *Setting Sun*
- 9 • Janelle Davidson, *Westview Harbour*
- 10 • Carl Anderson, *Noctilucent Clouds*
- 11 • Darlene Williams, *The Hulks*





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Tla'amin Nation nine gij̓e Lands & Resources

WE'RE IN IT TOGETHER...

The nine gij̓e (Lands & Resources) Director and staff work to support the Tla'amin Nation to responsibly manage cultural and natural resources on Tla'amin lands within ʔəms gij̓e (traditional territory) in accordance with ʔəms taʔow (our teachings) and applicable policies and laws.

By living in our territory, you have become part of the rich fabric of qathet. We hope you will honour the history of this land and people and follow the *BC Heritage Conservation Act*.

ʔƏMS GIJ̓E TRADITIONAL TERRITORY

While we have regained authority for some of our traditional lands and waters, ʔəms gij̓e is large and continues to be faced with development and other environmental pressures. We need to have the structures and policies in place to enable us to exercise our rights, title, and interests. This will enable us to fulfill our responsibility as stewards of our entire territory and homelands and build better communities for everyone who calls this beautiful region home.



YOU SHOULD KNOW...

We take care of our culture and heritage through protection of archaeological sites.



Under the *BC Heritage Conservation Act*, all archaeological sites are protected. This applies whether sites are located on public or private land, and whether the site is known or unknown. Protected archaeological sites may not be altered or changed in any manner without a permit.

Before you build, remodel, or conduct any ground-altering activities, contact the BC Archaeology Branch for guidance.

If you think you've found something archaeological, take a photo, note the location, and contact Tla'amin Nation immediately at referrals@tn-bc.ca

BUT IT'S NOT ALL JUST ARCHAEOLOGY



Community Engagement

Our goal is to educate the qathet region on the rich cultural heritage in this area. Did you know there are sites as old as 11,000 years in tišosəm?



Tla'amin Connect

We manage Tla'amin Connect, a portal system that allows us to evaluate and make recommendations on projects taking place the ʔəms gij̓e.



Tourism and Parks

We work with local groups to keep trails and campsites open, operating, and respectful of the environment.



Forestry

We help Thichum and outside proponents make informed decisions on harvesting forest resources.



Marine Planning

We work to keep our waters healthy and productive while restoring fisheries and food sources.



Mines and Minerals

We help keep mining safe and considering the best interests of the community and the land.

qathet Regional District's Official Community Plans recognize the interests of First Nations in the region. Objectives and policies set out under official community plans aim to foster an awareness and understanding of the importance of archaeological sites and culturally significant sites to First Nations including the Tla'amin, Shíshálh, K'ómoks, Klahoose, and Homalco.

Archaeological sites are protected under the *BC Heritage Conservation Act*. This legislation applies equally to sites on public and private land. If you find bones, shells, artifacts, or other signs of archaeological remains on your property, cease all land-altering activities immediately and contact BC Archaeology Branch at 250-953-3334 or Archaeology@gov.bc.ca.



qathet
REGIONAL DISTRICT

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qathet.ca



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Blue-listed in the Bluffs

BY JASON ADDY

In the April issue of *qathet Living*, the Friends of Stillwater Bluffs Association (FOSBA) published an article about our goal of seeing the Bluffs (currently owned by a logging company) permanently protected through the purchase of the land by an entity that will ensure that this beautiful place will not be logged or developed as real estate, and that the public access to it will be preserved for future generations.

Three months later, we are super excited to share an update about threatened species at the Bluffs.

Among the many good reasons for preserving the Bluffs, is that this 120-acre parcel of forest above the Salish Sea is home to one of the most diverse ecosystems in the region, with over 200 species of plant and animal life cataloged so far – including twelve threatened species.

Recently, visiting plant explorer, and current President of the Vancouver Island Rock and Alpine Garden Society, Paul Spriggs, visited Stillwater Bluffs after giving a talk to our local garden club. Local gardener and plant lover, Michael Stewart, had sent him there as she thought he would enjoy our 120-acre sea-side rock garden, Stillwater Bluffs. And we are thankful she did, as he found a rare, blue-listed plant known as Texas Toadflax (*Nuttallanthus texanus*).

Species on the provincial government's Blue List are classified as threatened, and the iNaturalist Stillwater Bluffs BioSearch Project has recorded twelve threatened species so far. This new find may help protect the Bluffs from development and keep it intact as a wilderness area.

Photo by Paul Spriggs



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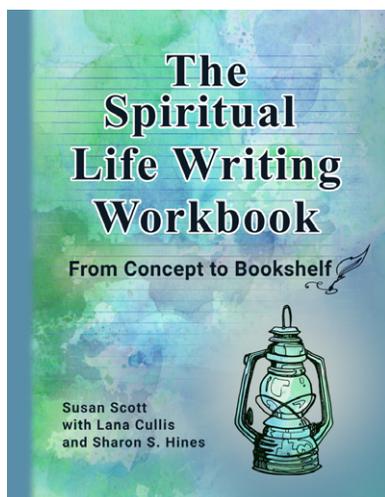


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Lana Cullis, Sharon H. Hines and Susan Scott • The Spiritual Life Writing Workbook: From Concept to Bookshelf

About the book • In a world hungry for authentic connection, stories matter.

This workbook invites you to: explore your spiritual journey, develop your voice, bridge cultures and traditions, bring your story to life.

This writing guide features worksheets, mini-essays, and resources that include inspiring projects by diverse writers. Learn the art—and value—of spiritual life writing, especially memoir; best practices for reflecting, planning, research, world-building, revising, and editing; tips for publishing, marketing, celebrating, and building diverse communities.

About Lana • Lana Cullis (lanacullis.com) is a West Coast writer and

facilitator passionate about nurturing diverse sacred stories.

Where to buy • Locally at Pocket Books. Online at IngramSpark, Amazon, Kindle, Walmart. \$24.95 plus tax = \$26.25 Kindle \$9.99



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Twice a year, qL features all new books, albums, and other works produced by local creatives.

Excerpt from *The Spiritual Life Writing Workbook* •

“Any writing that touches on faith and family, for instance, is a high-stakes venture that begs the question: why not just let skeletons languish in the closet?”

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a-book business. Is it this hard for everyone? After all, your boss didn't seem to go through a lot of machinations, penning his golf memoir, and your aunt's quirky children's book didn't raise tricky moral questions, did it?”

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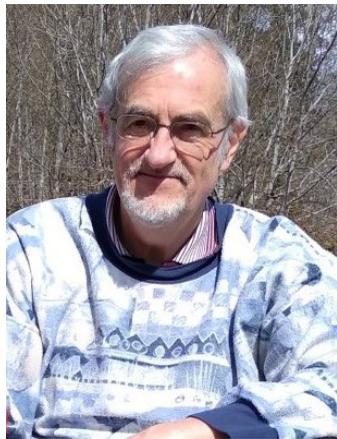
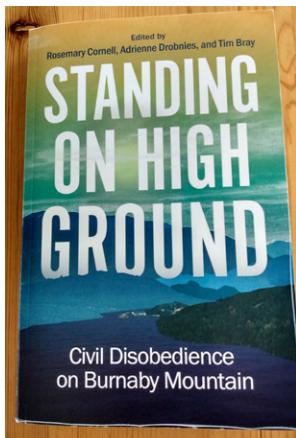
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NEW LOCAL NON-FICTION



Robert A. Hackett, edited by Rosemary Cornell, Adrienne Drobnies, and Tim Bray.
Standing on High Ground: Civil Disobedience on Burnaby Mountain

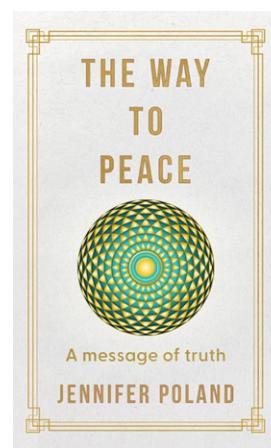
About the book • The stories of 25 individuals from diverse backgrounds who, on grounds of conscience, submitted to arrest in 2018 as an act of protest and protection, in a movement led by the Tsleil-Waututh Nation, against the construction of the TMX tar sands pipeline. Each chapter describes personal motivations, experiences, and outcomes, and in my case, a process of re-education about our country. The stories are book-ended with explanatory chapters by the editors, and an essay on civil disobedience by sociologist D.B. Tindall.

About Robert • He has lived in West-

view since 2020. Robert is a retired professor of Communication, Simon Fraser University, and currently vice-president of qathet Climate Alliance. Besides eight scholarly books on media and politics, he has published in the Tyee, Canada's National Observer, Canadian Dimension, and other independent media.

Excerpt • "Indigenous people's resistance, and their legal standing, may be the best chance to halt... an economic system tending towards increased human inequality, misery and the death of millions... It's a struggle for justice as well as survival...The Canadian state rests upon a history of the appropriation of Indigenous lands...From these realities, some would reject Canada itself as a glorified colonial corporation. I prefer to regard Canada as an experiment in progress, based on a shared aspiration for a socially just, ecologically sustainable, and peaceable home."

Where to buy • Pocket Books, \$29.95



Jennifer Poland
The Way to Peace

About the book • The Way to Peace is a message of truth directly channeled from Jesus. A compass in a time of spiritual darkness, to bring forth the light of truth to all who will listen. For too long the gifts of the physical, emotional body and the feminine have been ignored rather than seen as the missing keys to entering a deep relationship with the Divine. Without this guide, the journey maybe more difficult than need be. With this wisdom, you are strengthened within to face the challenges that serve to bring you to your fullest potential, your light body.

About Jennifer • A highly sensitive child who expressed her love for the Divine and her psychic gifts of knowing from an early age. At 28, during a time of difficulty, she experienced a profound deeper awakening that connected her to the

voice of The Great Spirit. Jennifer began channeling the messages from The Great Spirit and Luminaries for herself and began to share it in her private healing practice with clients. Jennifer works with her husband Darryl Gurney supporting clients all over the world, assisting them in healing and navigating the challenges in their lives. For more information about Jennifer and Darryl visit: [www:thenatureofus.ca](http://www.thenatureofus.ca)

Excerpt • "Being a part of creating that beautiful symphony of soul, might seem remote and distant from where you find yourself however, yet it is but a choice in each moment. Choosing life and communion of Spirit, in each moment, gives you access to connecting more and more deeply to feel fulfilled and moved by the one heart. You will cease to need to seek outside of yourself. The false light which offers only synthetic and temporary methods of fulfillment."

Where to buy • Pocket Books and on Amazon, \$15

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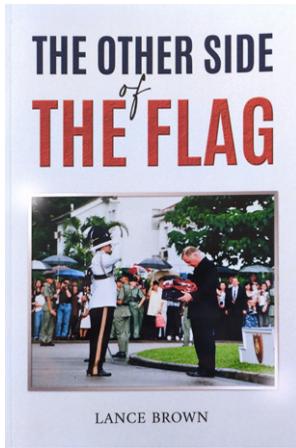
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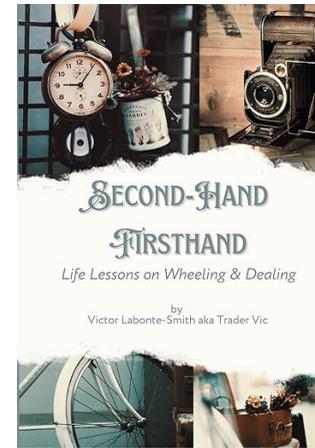
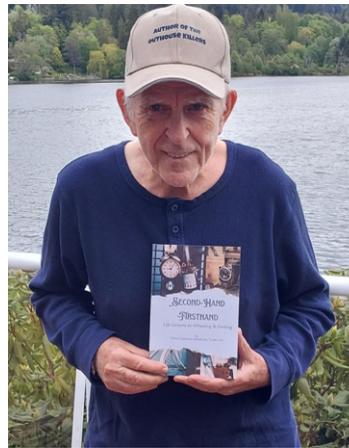
Lance Brown The Other Side Of The Flag

About the book • It is the story of Lance's 17 years in the Royal Hong Kong Police. Concluding with handing the Union Jack flag to the last Governor of Hong Kong, as he departed Government House for the last time, before the territory was handed back to Chinese rule on June 30th, 1997.

About Lance • I joined the Royal Hong Kong Police in 1980. Three years as a bodyguard for visiting political VIPs was followed by 10 years in the SAS trained counter terrorist unit. Whilst commanding officer of the latter, I was seconded to be the Aide-de-Camp to the last Governor, for the two years up to and including the Handover back to Chinese rule. I emigrated to Canada after that event.

Excerpt • "A small group clustered on the outer deck of the ship, watching the dock and shoreline slowly recede. On one side of me stood the next King of England; on the other, "The Best Prime Minister Britain Never Had". Beers in hand, we listened as the familiar strains of Rule Britannia! rose from the crowds ashore and from the countless small craft dotting the harbour. The Royal Yacht of the same name slowly departed from the last vestige of the British Empire, mere minutes after Hong Kong was handed back to Chinese rule, marking the end of 150 years of British Governance."

Where to buy • Available at most Online book stores including Amazon and Indigo or from the Publishers Austin Macauley. Stacey at "Pocket Books" can also source it. It retails online at C\$26.95 for the paperback version, \$47.44 for hardback. A kindle version is also available.



Victor Labonte-Smith (Trader Vic)

Second-hand Firsthand: Life Lessons on Wheeling and Dealing

About the book • In *Second-hand Firsthand*, Trader Vic captures and shares the invaluable lessons learned from his time in the 70s when he owned and operated an antique and second-hand shop with his wife, Cecile, in a small city in southwestern Alberta.

About Victor • Victor has had 54 different jobs. After years of living, raising a family, and about forty years in business, he can look back and say, "I've never let my lack of an education ever get in my way of making a living." Other books by

Victor include the Outhouse Killer - A Classic Western Series (Two Gun Publishers): *Revenge, Book One; The Map of Lost Gold: Book Two; Bounty Hunters: Book Three; The Black Hats: Book Four; Justice is Best Served Hot: Book Five; Winter of Lonely Hearts, Book Six; Mountain Men: Book Seven.*

Excerpt • "One day I came into the shop, and Cecile wore a huge smile. She just made our first \$100 sale. I grabbed her and we jumped up and down with the excitement of it all. From that day forward, we never looked back. Six years later, we had a home in the country with all our bills paid. We had a home furnished with antiques, [and] horses for the kids..."

Where to buy • Available on Amazon or by emailing tradervicls@gmail.com, \$15

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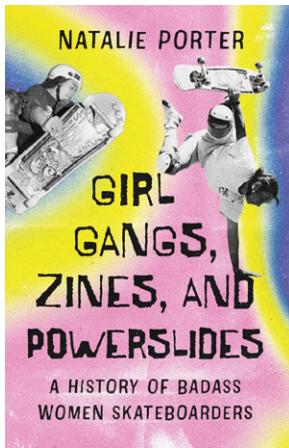
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NEW LOCAL NON-FICTION



Natalie Porter

Girl Gangs, Zines, and Powerslides: A History of Badass Women Skateboarders

About the book • A celebration of the relentless participation of women in skateboarding from the 1960s onward who defied a hostile industry to carve out their own space through underground networks, do-it-yourself zines, videos, contests, and community. The goal of this book was to disrupt the image of skateboarding as an exclusive male domain, while offering historical context for the seemingly rapid progress of female skaters today seen competing on the Olympic stage.



About Natalie • Natalie Porter (she/her) lives with gratitude on the traditional territory of the Tla'amin First Nation. She began skateboarding in 1995 and founded the Womxn Skateboard History archive and Instagram ac-

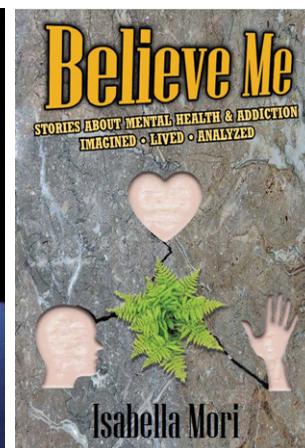
count @womxnsk8history, which were featured in the May 2025 issue of *Thrasher* magazine.

Natalie is a subject expert for the Smithsonian Museum and a columnist for *Closer Skateboarding* magazine. She works for the British Columbia Library Association.

Excerpt • “The people featured in this book, like Liz Bevington, are not always ‘the best’ skateboarders of their era. It is easier to gather content when someone has an abundance of competition results, interviews, and photographs in magazines, but there are equally inspiring skaters creating community from the sidelines. As a skateboarder with limited talent myself, I want to show that skateboarding needs people of varied abilities, especially those who fostered solidarity by organizing workshops and events, documented the scene, and created zines. I’ve emphasized the interactions that have given me courage to

keep going.”

Where to buy • Pre-order (September release) through any bookseller online or request through your local bookstore or library, \$26.95.



Isabella Mori

Believe Me: Stories About Mental Health And Addiction - Imagined, Lived, Analyzed

About the book • Mental health and addiction are usually addressed in stories or poems, in first-hand accounts, or in research. This book combines all of them, touching on topics such as depression, substance use, loneliness, and childhood trauma – and hope.

About Isabella • Isabella Mori, M.Ed., is the founder of Muriel’s Journey Poetry Prize, and the author of three books of and about poetry, as well as *Believe Me*, a book about mental health and addiction.

Excerpt • “I remember trying to be very good and went to church to confession every Saturday, as we were told. Once, I went to the priest and told him I was very good that week and had not screamed at my mother or done anything else — basically, I felt I was free from sin. He just screamed at me, “Who do you think you are?!” Same as my mother, she said that all the time, too.”

Where to buy • Order at Pocket Books, and at Amazon, \$24.95

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Mirona Motoc

You and I: Poems in the space between us

About the book • A distilled collection of poems in the space between us, about the essence of the interactions that form us.

About Mirona • In 1990, freshly landed in Toronto, Canada, Mirona Motoc arrived for 4th grade picture day wearing her best Eastern European polyester suit with green and red pompoms. Walking into that sea of dayglo and side ponies, she was instantly struck by a keen sense of otherness, and a deep curiosity was kindled about culture, belonging, and the subtle functions of design. Today, Mirona is grateful to make her home among the wool and rubber boot clad of qathet, British Columbia where her work bridges psychology, art, and design. This is her first book of poetry.

Excerpt •

Clarity.

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Where to buy • Available from Pocket Books and from the author directly at mirona.motoc.design@gmail.com, \$15.95



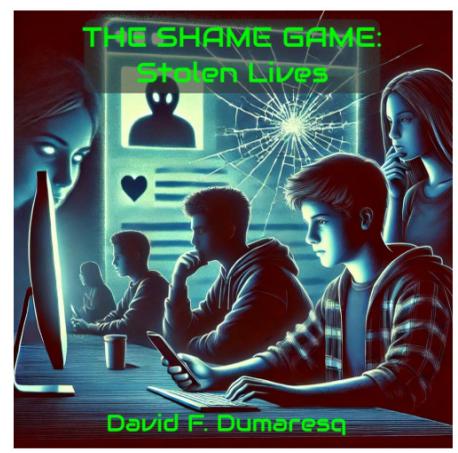
David Dumaresq

The Shame Game

About the book • In a world where online pranks turn sinister, three teenagers – Mick, Noah, and Judd – play the Shame Game, a covert online contest aimed at humiliating strangers. But when their antics spiral out of control, leading to tragedy, the boys are faced with the horrifying impact of their actions.

As other players push the game into dangerous territory, the boys must decide where their loyalties lie—become part of the system they once revelled in or take a stand to expose the truth. Caught between the allure of anonymity and the stark consequences of their choices, they embark on a high-stakes journey to dismantle the game's dark power. A psychological thriller with a sharp edge, *The Shame Game* explores the boundaries of morality in the digital age and the real-world consequences of virtual choices.

About David • A software developer and



the author of three stage-plays exploring the unintended consequences of AI. He has competed internationally in Kassai Horseback Archery, lives in Powell River with his youngest son, and is an active member of the local Baha'i community.

Excerpt • Typical teenagers at first glance, Mick, Noah, and Judd were lounging in Judd's bedroom, nestled in the basement of his parents' house. They were the sort of kids who easily passed as nice, high-achieving, average-grade students, skillfully flying under the radar. But unbeknownst to their parents and peers, these boys harbored an obsession. Their focus, their secret thrill, was 'Shame Game.'

Where to buy • In the Powell River Public Library or online at Amazon, Apple Books, Barnes & Noble, Kobo, Everand, Smashwords, Tolino, OverDrive, cloudLibrary, Baker & Taylor, BorrowBox, Hoopla, Vivlio, Palace Marketplace, Odilo, Gardners, Fable. Paperback: \$19, Ebook: \$7.99



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CHILDRENS' BOOK



Prashant Miranda and ošil Betty Wilson

ᓕagət hiyt toxʷəm Herring to Huckleberries

About the book • A Bilingual children's book that tells the story of harvesting traditional foods in the ᓕaʔəmən Nation, located on the south-west coast of British Columbia. The book, written in both English and the ᓕayʔajuθəm language, follows a young girl named ošil as she experiences the seasonal abundance of herring and huckleberries with her grandparents. It emphasizes the importance of sharing and community within the Indigenous food system.

About Prashant • Prashant Miranda grew up in Bangalore and studied at

India's National Institute of Design. After moving to Canada in 1999, he designed children's animated shows for TV in Toronto. He now spends his time in the rainforests on the west coast of Canada, where he travels and documents his life through his watercolour journals, animates films, teaches visual art, illustrates children's books, and paints murals.

About ošil • Born and raised in Tla'amin territory.

Where to buy • Pocket books, Pollen Sweaters, qathet Museum, Amazon, Portage and Main website. \$24.95



Exerpt from Herring to Huckleberries:

When it begins to get warm in ᓕaʔəmən (Tla'amin), everyone is happy. The ripples in the water tell us the herring have arrived! I walk down to ᓕekʷanəm (Scuttle Bay) with my kʷokʷpa (grandpa). My kʷokʷpa and čičye (granny) let

me go everywhere with them. We like to fish, pick berries, and dig for clams. We do it all together. We pass the houses where my family lives all in a row: my parents, my aunt and uncle, my grandparents, and my great-grandmother. I'm free to wander in and out of the houses with the other kids. I always know what's happening with everybody.

VINYL ALBUM



Walter Martella and Karina Inkster

Aria di Tango

About the album • Walter and I both play accordion on this album. This is a collaboration with percussionist Terry Martyniuk (from qathet), bassist Boyd Norman (Roberts Creek) and guitarist Budge Schachte (Roberts Creek). This group performs together at each Accordion Fest, and we decided to record our pieces in studio (Enclave Studio in Gibsons) as a way to celebrate our collaboration and friendship.

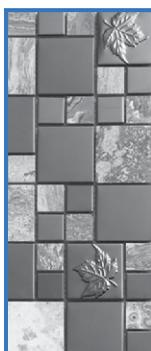
About Karina • Karina Inkster is a fitness and nutrition coach for vegan clients worldwide, author of five books, and host of the No-B.S. Vegan podcast (syndicated on local radio). She teaches accordion and didgeridoo

at the qathet Academy of Music and Arts.

About Walter • Walter Martella is a jazz pianist, trumpeter, and accordionist; conductor, instructor, and Music Director at the qathet Academy of Music and Arts; and Artistic Director of the International Choral qat^oaymix^w. Aria di Tango is his 7th studio album.

Walter and Karina co-direct the annual qathet Accordion Fest.

Where to buy • Vinyl copies are at Full Bug Records here in town. The album is also available for free on all streaming services, including Spotify and Apple Music., \$35 to purchase on vinyl, and free to stream. 🎧



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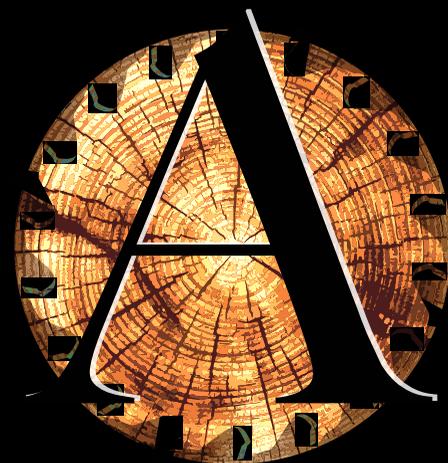
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Rainbow Lodge: A Historic Retreat on Powell Lake

Nestled at the head of Goat Island on Powell Lake, **Rainbow Lodge** once stood as a peaceful retreat offering visitors a few days of relaxation, recreation, and breathtaking natural scenery.

In 1930, Arthur Lyons completed construction of a lodge on several cabins at the head of Goat Island on Powell River. Named *Rainbow Lodge*, the retreat was designed to accommodate guests seeking a few days of relaxation and recreation by the water. When the lodge officially opened, *The Powell River News* promoted it as a destination where visitors could enjoy comfortable lodging and excellent fishing, all for just \$4 a day.



BLAST FROM THE PAST

DEVAN GILLARD

A long-time employee of the Powell River Company, Lyons leased the property to the company, which used it to host and entertain guests in a scenic lakeside setting. Over the following decades, Rainbow Lodge became an important retreat for the company's visitors, offering a rustic yet welcoming experience in the heart of nature, an ideal place to build business relationships and "sell paper."

Before Rainbow Lodge, options for overnight stays on Powell Lake were limited. Existing cabins were primarily used by fishermen and hunters. Lyon had purchased his first cabin and the land for the lodge from a shingle-bolt tug operator in the late 1920s. Over the 1930s and 1940s, he expanded the site into a small complex of charming lakeside cabins.

Fishing was a major draw for visitors. The lake was abundant with cutthroat and rainbow trout, making it a popular destination for both amateur anglers and seasoned fishing enthusiasts. Over the years, many people from around the world came to stay at the lodge, adding to its quiet prestige. Local residents were also welcome and could rent cabins to enjoy the natural beauty and tranquility of Powell Lake.

According to a 1963 interview of Jack Wilson, who owned a boat on Powell Lake and would ferry people to the lodge, the Rainbow Lodge hosted many notable visitors, including Lady Eaton (a Canadian socialite) and Nelson Spenser (a Canadian merchant).

Real estate records indicate that the lodge was sold privately in the 2000s. Today, it serves a new purpose as a recovery retreat—still offering peace, quiet, and the enduring charm of Powell Lake. **PL**



FISH & FRIENDSHIP: Top, a group of men in relaxed clothing enjoy a picnic and fishing trip at the lodge in 1952. Above, the lodge in the 1940s. Right, a close-up of one of the buildings at the lodge.

Photos courtesy of the qathet Museum

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THE ROUTE: Arne Gutman and Chris Lightfoot stand-up paddled around Aghykson Island (previously known as Harwood), about four kilometres away from tiskʷat. Right, Arne and Chris, mid-paddle.

Photos by Arne Gutman

SUP to Aghykson:

A journey with permission on Tla'amin Treaty territory

BY ARNE GUTMAN

It was just over a year ago I wrote my first story for *qathet Living*, sharing details of a winter over-night Stand Up Paddle (SUP) adventure.

After the article ran, I was contacted by Chris Lightfoot, a recent arrival in qathet (and active transportation advocate) who was excited to get more into the sport of SUP. I was stoked to have a paddle partner. There are not many people in the sport that find enjoyment from doing distances over 20 kilometres – which I do.

Chris first tried SUP in the summer of 2023. He says he got hooked on one of his first adventures around Dinner Rock, where he paddled over shoals of shimmering silver minnows, surprised a colony of sea lions, and went

head on with a pod of killer whales, all within one four-kilometre paddle.

After meeting Chris, we quickly formed a bond and would paddle regularly together. During one of our training paddles, I asked him what his goals were. He said that he wanted to do longer distances and one day do the famed Maliko run in Maui. I said, “Wow, that is a serious goal?” and “How about we do Aghykson Island (Harwood) sometime in preparation?”

Our paddles together got longer and more intense, I knew he would be ready soon. We checked in with Tla'amin Nation, as Aghykson Island is treaty lands. People who wish to come ashore should contact Tla'amin Nation at lands@tn-bc.ca.

Then, a couple days before the adventure, we checked weather, tides,



and wind. All were looking good. We would talk in the morning to determine the current conditions.

We got the all clear and took off at around 12:30 pm, which, generally in this area, could be wrought with winds.

Chris and I started under blue skies and calm waters. We made our way from shore to the north point of the island and the sand bar there; seagulls sat casually on the spit, looked at us with puzzlement. We pushed on around the spit and down the west side of the island via the Shearwater Passage. The seemingly-calm waters had small waves coming to shore that were fun to navigate.

What a peaceful and exhilarating environment at the same time. It is so

wonderful to share the beauty with someone else while adventuring. We could hear the sea lions bellowing from Vivian Island as though they were beside us, which they were.

Continuing on and quickly rounding the south most point, we could see the mainland in the distance. Our bodies lit up with sight of it and we paddled with renewed energy back to our cars. We picked up some trash along the way for good karma and even got a push from Mother Nature in the form of incoming tidal waves.

Getting back to the cars we rejoiced at the completion of the paddle.

It was a great day of exploration and adventure while paddling around one of the unique islands in the Salish Sea that is now Tla'amin treaty lands. **CL**



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Nurse and carpenter bring their super skills

Carol and Jay Bevan have visited Powell River and the qathet area for the past 20 years, to come and enjoy camping and hiking.

On May 16, they finally made the move to their beautiful new (very old) house in Townsite where they plan to enjoy the next chapter of their lives.

Carol has started the next phase of a very long and varied nursing career by taking on the position of clinical coordinator at the Tla'amin Health Centre, and is enjoying working with a new team of nurses and support staff.

Jay has accepted a position with Stellar Services as lead carpenter, and he is excited to work closely with the owner in expanding his services.

"We both feel blessed to be able to live, work and play in such a beautiful part of the world," said Jay.



DIVING RIGHT IN: Carol and Jay Bevan are working hard with Tla'amin Health and Stellar Services – and enjoying weekly date nights at The Pat.

Why did you choose to move to qathet?

Jay • The change of pace from Gibsons and to have a new adventure.

What surprised you, once you moved here?

Jay • How amazingly friendly and welcoming everyone is.

What made you decide to move here?

Jay • It had always been part of our plan as we ease into semi-retirement.

Where is your favourite place in qathet?

Jay • The Patricia Theatre, where we have weekly date nights.

How did you first hear about qathet?

Jay • Carol has friends here for the last 35 years through tug boating connections.

What would make this a nicer community?

Carol • A tip top shoe store (lol.)

What challenges did you face when trying to make a life for yourselves here?

Jay • None really. Because of everyone's welcoming attitude, it has been seamless.

If you were mayor, what would you do?

Jay • We can't comment as we make it a practice to stay out of politics.

qathet's best assets?

Jay • The access to unlimited outdoor adventures.

What is your greatest extravagance?

Jay • Good food, camping, and exploration.

Which superpower would you most like to have?

Jay • To only catch 10lb trout.

Carol • To never get winded on the mountain hikes. 🐻



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Local pre-teen heading to the Disc Golf World Champs

10-year-old Luca Jantz, a student at École Cote Du Soleil, is heading to the World Junior Disc Golf Championships in Emporia, Kansas, July 15-19.

Of 32 competitors in his division, Luca's current rating puts him in ninth place. Luca is the only Canadian in his division, competing against mostly US competitors, plus one each from Japan and Puerto Rico.

Luca just got back from training with the two-time Canadian disc golf champion, Thomas Gilbert; the 2022 MA40 world champion, Nate Sexton; the female disc golf Canadian champion, Sofia Donnecke; and the 2017 USA disc golf champion, Chance Stad. This was at a disc golf camp hosted by Smith Lake Farm, just north of the Co-mox Valley.

Follow along mid-July here: pdga.com/tour/event/88654

Be a cultural planner with qathet ART

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In this cultural planning work, we will explore values and artistic meanings that are developed by cultural practitioners and the qathet community. This is not an exhibition, but instead, an opportunity for input. qathetart.ca/cultural-planning-sympoiesis-dreams-and-visions/

New Library rooms named łagət ("herring") and łoxʷom ("huckleberry")

Powell River Public Library is proud to announce the naming of two meeting rooms in łayłajuθəm.

The newly named rooms— łagət, meaning "herring", and łoxʷom, meaning "huckleberry" — are reflections of our community and the place in which we live and work.

This naming is an effort by the Library to recognize and honour łayłajuθəm as a fundamental and valued part of our culture and society.

The Board approved the naming, following discussion with Łałamun Elder ošil (Betty Wilson) and the Tla'amin Nation.

The names for these meeting rooms were inspired by the new book written by ošil— łagət hiyt łoxʷom (*Herring to Huckleberries*). "čē čē hatanapeč łimot ł' qʷayegən θ yiyqašəp łəms qʷaytən? I am happy that you are using our language," said ošil.

"We are honoured to include łayłajuθəm in our library, this naming brings the richness of the language into our shared community space," said Rebecca Burbank, Chief Librarian. "These names are a beautiful, daily reminder of the stories, values, and cultures that shape our community."

This initiative is one of many steps in building a stronger, more inclusive community grounded in respect, recognition, and relationship.

Learn how to pronounce łagət and łoxʷom on First Voices.

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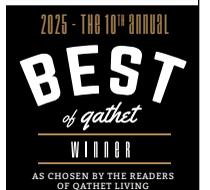
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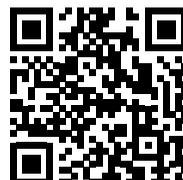
25 words for 2025

Learn these words and more to help celebrate 10 years of the Treaty between Tla'amin Nation, the Province of BC, and the Government of Canada in 2026.

How many of these common ayajuthem words do you already know?

- Tla'amin Language • ʔayaʃuθəm • aya-ju-them
- Thank you • ʔimot • e-mot
- Welcome • čεčɛhaθεč • che-che-hath-ech
- My name is... • ... kʷətʰ nan • ... kwuth nun
- People • qayumɪxʷ • ka-yo-mew
- Tree / Relative • ʃεʃε • jeh-jeh
- Elders • ʎaxay • klux-eye
- Young • čuy • chewy
- Us • nemoʔ • neh-moth
- Spring or Chinook Salmon • θaʔəm • thut-thumb
- Bear • meχaʔ • meh-hath
- Orca • nənqəm • nun-kum
- Rain • čɪʔ • chith
- Sun • ʔəgəm • tug-ghum
- Ocean • sinkʷə • sink-wah
- Canoe • nuxʷεʔ • nook-weth
- Gathering Together • qatʰaymixʷ • kot-thigh-mews
- To Bring Together • qatʰət • kawt-thet
- School • tɪwšəməwtʃʷ • ti-sha-maut
- Powell River • tiskʷət • tees-kwat
- Milky Waters from Herring Spawn • ʔišosəm • tee-show-sum
- Willingdon Beach • ʔahʔjumɪxʷ • ah-joo-mew
- Savary Island • ʔayhos • eye-hos
- Lund • Kla-ah-men • kla-ah-men
- Saltery Bay • Skelhp • skelp

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Letters, beautiful letters

Please keep 'em coming.
We love a well-articulated thought.

Journalist finds "joy" in her embrace of Conservative MP

I very much enjoy reading *qathet Living*, and the city is lucky to have the publication.

But that does not mean bad journalism is okay.

I am happy Pieta Woolley has found joy in her embrace of the Conservatives of Aaron Gunn [June 2025 qL]. But to say that 57% of the City of Powell River voted Conservative was at best very misleading, at worst an outright falsehood. If you broke the race into a one way contest then you can say that Glen Staples received 100% of the vote.

Everyone who follows politics even a little federally, knows that the NDP and the Liberal party are very similar. Similar enough that they voted together through most of the last Parlia-

ment.

Anyone who follows what happened in this riding knows that the very big difference this time around, was not any resurgent Con Party, but the fact that

the Liberals took so many votes. And it doesn't take too many smarts to see that the reason for that was the same as across the country: people thought voting for Liberals would prevent Poilievre from winning, and Carney would form the Gov.

Now in this riding it had the unintended result of giving the riding to the Cons with less than 60% of the vote, with the 60% of the vote against the Cons being very closely aligned in most everything.

That was, and is, the big news of this past election.

And the result is we are now saddled with a podcaster from Victoria who most really despise.

- Ron Harder



MAIL BAG

We welcome feedback from our readers. Letters may be edited for length. Email your comments to editor@qathetliving.ca, or mail an old-school letter in the post to **qathet Living, 7053E Glacier St, Powell River, BC V8A 5J7.**

NDP and Liberal votes are both progressive votes

Your latest issue (June 2025) included the article entitled "Rise of qathet's Conservatives".

The article purports to determine whether qathet voted Conservative in the 2025 federal election. A table is included showing poll stations and the number of votes for Conservatives vs the NDP.

The take-home message is that the NDP were only 30 votes ahead across qathet. However, the table totally ignored the votes for Jennifer Lash (Liberal).

Across the riding of North Island Powell River, Aaron Gunn received approximately 30,000 votes, Tanille Johnston received approximately 25,000 votes and Jennifer Lash 20,000.

What that tells you is the Conservatives received 50% fewer votes than "progressive" parties.

An elementary statistical review of the article would have indicated that the table distorts the truth. Combined with the accompanying trophy article about Aaron Gunn and Pieta Woolley's Last Word, which (legitimately) questions the term "progressive," it seems like *qathet living* is voting Conservative.

- Nadine Schuurman

Damn statistics

Kudos to Pieta Woolley for reporting on the preliminary, unofficial numbers of how the qathet voted in the federal election, shining a timely light on our political landscape.

But it's also a lesson in how selective statistics, headlines, and graphics can frame the news.

Headlined "Rise of qathet's Conservatives," the article starts out by debunking the "rumour" that the NDP "strongly" won the qathet vote, and that Northern Vancouver Island was responsible for electing a Conservative MP.

But Pieta's own numbers show that left on its own, qathet would indeed have elected the NDP's Tanille Johnson, with 30 more votes than the Conservatives'

qathet-by-neighbourhood federal voting: preliminary results

Neighbourhood	Conservative	NDP
Land & Toney	22	285
Edwards	48	242
Edmond	104	182
Hamble	105	142
Cherry	186	227
Hospital	87	68
Westview	100	145
Paradise Valley	128	85
Clairmont	142	138
South to Saltery Bay	227	228
New Area	104	87
Glenn Bay	124	80
Advance Park	128	110
Total	2,087	2,877

Rise of qathet's Conservatives

PIETA WOOLLEY

It all starts on April 20 federal election day when you, a reporter, print out the results. But the figures had already been reported in the NDP's and a vote Northern Vancouver Island to "blame" for the election of Conservative MP.

Provisional numbers reveal that's not true. In fact, the NDP won a majority vote between the two leading parties, the City of Powell River (CPR) and Conservative Member of Parliament (MP) Pieta Woolley. The NDP's lead was 30 votes, with 2,087 votes for the NDP and 1,877 for the Conservatives.

The NDP's lead was 30 votes, with 2,087 votes for the NDP and 1,877 for the Conservatives.

The NDP's lead was 30 votes, with 2,087 votes for the NDP and 1,877 for the Conservatives.

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The rise of qathet's Conservatives – and Liberals

This month, letter-writers rightly demanded more numbers, when analyzing what happened in the latest federal election. Editor Pieta Woolley maintains that what each voter was thinking on April 28 remains as mysterious as the Gordon Avenue Sinkhole.

Liberal Voters: please explain

In the June issue of *qL*, I ran a short analysis about local results of the April 28 Federal election, with the headline, “Rise of qathet’s Conservatives.” I compared NDP and Conservative votes in this part of the North Island-Powell River riding.

Although the NDP and Conservatives were just 30 votes apart here, several letter writers were alarmed that I hadn’t considered the other impactful voting change in this region: the rise of qathet’s Liberals.

As the letter-writers on the previous pages point out, in terms of interpreting voting results here in qathet, a lot hinges on the question about North Island-Powell River’s Liberal voters. The Liberals picked up 1,100 votes here between 2021 and 2025. Why? Why did so many more locals vote Liberal in this NDP-since-2015 riding?

Some argue that local Liberal voters were actually NDPers who were trying to prevent a Conservative win – but didn’t understand strategic voting.

It’s also possible that the leadership of Mark Carney won them over.

Perhaps Justin Trudeau’s government earned some new local fans over the last four years.

Or, maybe some voters here were more aligned with Conservative economic and/or social values – but they just couldn’t quite support Pierre Poilievre at the helm, in a trade war with the US – so they voted Liberal.

The most common analysis I heard after the election is: qathet voted overwhelmingly for “progressive” parties, as represented by the NDP and Liberals, which split the vote and handed the MP seat to Conservative Aaron Gunn.

I’m not so sure.

My own personal bet is, if you rounded up every Liberal voter in qathet and forced them to vote either NDP or Conservative, you’d get about 50/50 for each party.

But I am no mind reader.

Liberal voters of qathet: please write in and explain why you voted Liberal! Send letters to the editor by July 20 to editor@qathetliving.ca.

Federal Election Voting:

2021 and 2025 results in qathet and in North Island-Powell River (NIPR)

	NDP	Cons	Lib	Green
NIPR 2025	26,357 32.6%	31,356 38.7%	21,218 26.2%	1505 1.9%
NIPR 2021	23,833 39.5%	21,670 36%	7,922 13.1	3,656 6.1%
qathet 2025	3,887 37.17%	3,857 36.89%	2,393 23%	254 2.5%
qathet 2021	3,992 45.8%	2,328 26.7%	1,230 14.1%	607 7%

Notes: 2025 qathet votes are from the preliminary (not final) poll-by-poll results. Many more people voted in 2025 over 2021.

North Island-Powell River votes: What happened between 2021 and 2025?

- The NDP vote dropped from 39.5% to 32.6%
- The Liberal vote doubled from 13.1% to 26.2%
- The Green vote dropped by two-thirds, from 6.1% to 1.9%
- The Conservative vote accelerated slightly from 36% to 38.7%

qathet votes: What happened between 2021 and 2025?

- Although the NDP lost just 100 votes from 2021 to 2025, the percentage of the vote collapsed from 45.8% to 37.17%.
- The Conservatives gained more than 1,500 votes, and narrowed the spread between their party and the NDP by 19 percentage points.
- The Liberals gained more than 1,100 votes.
- The Greens lost more than half their qathet voters.

Further questions about these results:

- What is the difference between the NDP and Liberal parties? Are the parties just splitting the “progressive” vote, or are there key differences that sway voters? What are they?
- Given the NDP’s recent delivery of vast new universal benefit programs (child care, dental care), why didn’t the party pick up more votes?
- What role did Trump’s election and tariffs play in this election?
- What explains the dramatic decline in Green votes?
- What explains the dramatic increase in Conservative votes both in qathet, and across the riding?
- With different leaders at the helm of each of the parties, how much would the results of this election have changed?

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Rebels add to fabric of Marine Ave

Eunoia Studio has moved to #102-4690 Marine Avenue, the former home of FixIt.

“We’re super excited to be neighbours with Artefact Gallery and Little Hive,” said Shaunalee Yates, who, along with Diane Roxburgh, owns the studio.

The move comes with a name change – the studio will now be known as **Original Rebels Collective**.

Though the space is a little smaller and more expensive than their previous Townsite space, “we needed the change and this place just seemed right and we have fabulous neighbours and a fabulous landlord in Coranne Anderson.”

With sewing machines and cutting



BUSINESS AFFAIRS

SEAN PERCY

tables in the studio, customers will be able to see the process of creation, as the Rebels remain committed to fighting against fast fashion and slowing the waste stream as they create new pieces out of up-cycled clothing and fabrics. Shaunalee is quick to rattle off statistics about the evils of fast fashion and how it’s clogging the waste stream and creating environmental and social disasters. But she also doesn’t hide how much she enjoys the creation of new slow fashion pieces.

“The other side of this is that it’s so much fun to see a blanket be turned into a coat, or tablecloths and vintage

linens with their beautiful handmade embroidery turned into a dress. You want to give that artistry another showplace.”

A self-described “textile nerd,” Shaunalee says she loves using natural fibres and creating one-of-a-kind items from things that already exist.

“It’s a relative rebellious thing to do. Clothing is political, because it’s our chosen skin.”

They’re calling it a collective because they already have several contributors who offer items on consignment and they are hoping to find other people to participate in the store – and the rebellion.

Wellness practitioners open new space on Marine

Marine Avenue is getting a new healing space. Deanna Ishawk of Sage by the Sea Wellness, and Eve Stegen-ga of Blue Lotus Wholistic Healing, have moved into 4685-B Marine Avenue, next to the new Orca Law offices.

Deanna offers Thai massage and somatic-based/Hakomi counselling. Eve provides reiki and massage. They are both excited to offer their clients ease of access at a central location.

You can reach Eve at 604-414-5991

or evestegenga@riseup.net. Contact Deanna at 604-223-1957 or book an appointment at sagebyseawellness-practice.janeapp.com

Upholsterer seeks to move operations to Lund

Simmons Upholstery is moving to Powell River/Lund this summer. Colleen Simmons has been doing upholstery for marine, RV, residential, and commercial customers in Burns Lake in northern BC.

Now she and her bee-keeping, frame-building, retired marine-mechanic husband are moving to Lund and looking to set up shop there. They hope to open operations in September.

Colleen has been doing upholstery since she was 27. “I’m 63 now and I’m not ready to quit yet. My daughter Shelby lives here and wants to apprentice, so I want to pass along the trade. When I started, being a woman was a handicap in the industry to get into the course. But it’s a perfect trade for women. I love it and I’m going to keep going until I can’t. Maybe I’ll finally quit when Shelby feels confident.”

You can message Colleen at simmonsupholstery@hotmail.com.

📧 || sean@qathetliving.ca

Savary Island Fun Triathlon

July 20 family friendly event for all fitness levels

This event supports the Savary Island Volunteer Fire Department. Last year’s event helped buy a defibrillator for the island. Enter as a team or individual in recreation or competitive divisions. Visit savarytriathlon.wixsite.com/info

This space available to non-profit organizations, courtesy City Transfer



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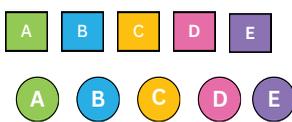
Find the Waste Wizard and other information on our waste collection services at powellriver.ca, or scan here:



JULY

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Organics and Garbage Day: **A B C D E**
Organics and Recycle Day: **A B C D E**



ACCEPTED ORGANICS

Fish, shellfish & meat (including bones), paper towels, eggs and egg shells, paper plates and cups, and wooden utensils are just some of the items that can go in your Green Cart. Check out the Waste Wizard for more info!



Sunshine Disposal no longer accepts yard waste or compost? The Resource Recovery Center accepts kitchen compost and up to 2 cubic yards of yard waste at no charge!

BLACKBERRY FESTIVAL STREET PARTY

Friday, August 15, 2025

Marine Avenue from 6-10 pm

Join us as Marine Avenue in Powell River comes alive with pedestrians in a celebration the whole family can enjoy. Enjoy the entertainment and music while you dance in the street, eat great food, and shop the many vendors booths. Then stay for the spectacular fireworks display presented by Quality Foods at Willingdon Beach.

CALLING ALL VENDORS

The Blackberry Festival is back, and we’re inviting vendors to participate in this exciting summer celebration! This is a fantastic opportunity to showcase your products, connect with the community, and be part of a mile-long street party that draws visitors from near and far. If you’re interested in being a vendor at this year’s festival, please email us at prblackberryfestival@gmail.com for an application.

Important Notice: Vendors will receive an invoice from The Chamber for payment. Beware of scams! Our official application is only available through our email, and we will never ask for payment without first sending an invoice. If you see unauthorized applications being shared elsewhere, please report them to the RCMP and contact us directly.

Don’t miss the event of the summer!

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Brightening up the rainbow for Pride

City of Powell River workers re-painted the rainbow crosswalk in Townsite in June - Pride month - just outside the Patricia Theatre. The zebra-style crossing was first installed in July 2017.

Since then, City Council received a letter from Rob Hill in 2021 requesting another rainbow sidewalk, this one perhaps including the new colours in the Pride flag including black, brown and trans representation. So far, the City hasn't moved forward on installing more rainbow crosswalks.

The second annual Pride Parade takes place 2 pm Saturday, July 19 along Marine Avenue, and Pride in the Park follows at Willingdon, starting at 4 pm. See more on Page 55.

- Photo by Smith McGovern

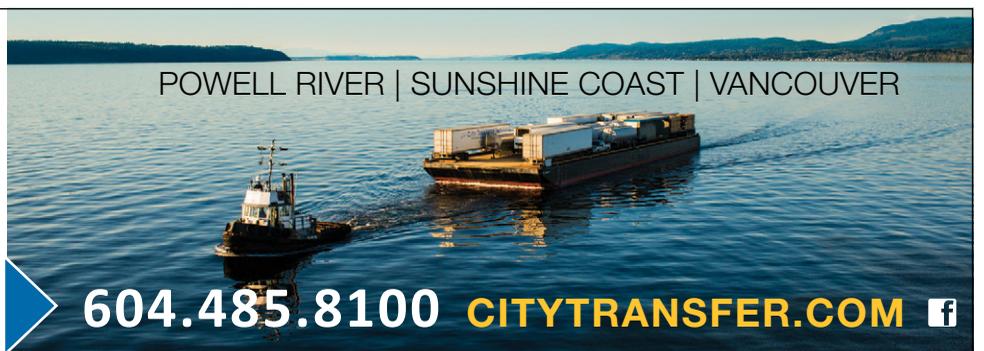
July events



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JULY EVENTS

3

Thursday

Film presented by Cinema Politica

• **Beautiful Boy**
7 pm, Patricia Theatre. A 2018 American biographical drama film directed by Felix van Groeningen from a screenplay by Luke Davies and van Groeningen and based on the 2008 memoirs *Beautiful Boy: A Father's Journey Through His Son's Addiction* by David Sheff and *Tweak: Growing Up on Methamphetamines* by Nic Sheff. It stars Steve Carell, Timothée Chalamet, Maura Tierney, and Amy Ryan. In the film, the father-son relationship between David Sheff (Carell) and Nic Sheff (Chalamet) becomes increasingly strained by the latter's drug addiction.

Kathaumixw Concert 8

3 pm, Evergreen Theatre. Kôr, Canada, King's College Kappella, New Zealand, Taipei Philharmonic Youth & Children's Choir, Taiwan, Young People's Chorus of New York City, USA. \$25. Tickets at kathaumixw.org.

Kathaumixw Concert 9

3 pm, Max Cameron Theatre. Campanella Children's Choir, USA, Male ENsemble, Philippines, Komorni zbor MEGARON, Slovenia; Coro Femenino Cantate, Costa Rica. \$25. Tickets at kathaumixw.org.

Kathaumixw Concert 10

3 pm, James Hall. Academy Apprentice Choir, Powell River Academy Singers, Chor Musica, Yavir Ukrainian Male Chorus of Edmonton. \$25. Tickets at kathaumixw.org.

Kathaumixw Choral Showcase

7:30 pm, Great Hall (Rec Complex). Toronto Children's Choir; Young People's Chorus of New York City; Male ENsemble, Philippines; Academy Chamber Choir. \$35. Tickets at kathaumixw.org.

Film • Ballerina

3:30 pm, Patricia Theatre.

4

Friday

Kathaumixw Concert 12

3 pm, Evergreen Theatre. Richmond Singers, Canada; Male ENsemble, Philippines; Taipei Philharmonic Youth & Children's Choir, Taiwan; The Squares, Canada. \$25. Tickets at kathaumixw.org.

Kathaumixw Concert 13

3 pm, Max Cameron. King's College Kappella, New Zealand; Yavir Ukrainian Male Chorus of Edmonton; Espiritu Vocal Ensemble, Canada; Campanella Children's Choir, USA. \$25. Tickets at kathaumixw.org.

Kathaumixw Concert 14

3 pm, James Hall. Academy Chamber Choir, Canada; Brooks Chamber Choir, Canada; Young People's Chorus of New York City, USA. \$25. Tickets at kathaumixw.org.

Kathaumixw Awards Concert

7:30 pm, Great Hall. Performances by choral and solo competition winners. \$35. Tickets at kathaumixw.org.

Film • How to Train Your Dragon (live action)

3:30 & 7 pm, Patricia Theatre.

5

Saturday

Second Annual Powell River Working Equitation (WE) Classic begins

9 am to 5 pm, Paradise Valley Exhibition Park. Come celebrate tradition, skill, and the powerful bond between horse and rider at the Second Annual Powell River WE Classic—a truly unique event for horse lovers and spectators of all ages.

Kathaumixw Closing Gala

7:30 pm, Great Hall. qat[®]aym[™]x[™] Anthem, Winner of Best Performance of a Canadian Composition, qat[®]aym[™]x[™] 2025 Children's & SSA Youth Choir,

Choral Spotlights, Choir of the World at qat[®]aym[™]x[™], qat[®]aym[™]x[™] 2025 Adult Choir, qat[®]aym[™]x[™] 2025 Thousand-Voice Choir. \$35. Tickets at kathaumixw.org.

Free Tour of the Patricia Theatre

11 am, at The Pat.

Herring to Huckleberries: book signing and presentation with Betty Wilson and Prashant Miranda

5 pm, Tidal Art Centre, Lund.

Powell River Farmers' Market

10:30 to 12:30, Paradise Exhibition Grounds. Produce and meat, baking, prepared food, artisan vendors, live music, and more.

Storytime at the Powell River Farmers' Market

11 am, Paradise Exhibition Grounds. With the Library.

Central Farmers' Market

10 am to 1 pm, Willingdon Beach. Local and organic produce, meat, flowers, ice cream, and more.

Lang Bay Market

Noon til 2 pm, Lang Bay Hall. Collectibles, crafts, canning, food, and much more.

Transcending Settler Colonialism in BC

2 pm, Library. Historian Keith Carlson draws on decades of experience with Coast Salish Knowledge Keepers to provide insights into how to build a new respectful relationship.

Festival del Sol

Noon til late, Lund Gazebo. Food, music, and dancing. \$20. Kids are free.

Men's Match Around Golf Tourney

Myrtle Point Golf Club.

Film • How to Train Your Dragon (live action)

7 pm, Patricia Theatre.

6

Sunday

Special Olympics softball exhibition game

10 am, Larry Gouthro (Bowness side). Friendly game of softball. An opportunity to learn more about Special O.

Powell River Farmers' Market

12:30 to 2:30 pm, Paradise Exhibition Grounds. Produce and meat, baking, prepared food, artisan vendors, live music, and more. Plus Miniature Railway rides.

Second Annual Powell River Working Equitation (WE) Classic

9 am to 5 pm, Paradise Valley Exhibition Park. Come celebrate tradition, skill, and the powerful bond between horse and rider at the Second Annual Powell River WE Classic—a truly unique event for horse lovers and spectators of all ages.

Magic the Gathering Commander night

6 pm, High Tide Games. Bring your best Commander deck and be prepared to defend your creatures.

Texada Island Farmers' Market

Noon to 1:30 pm, ball field in Gillies Bay. Sweet and savoury prepared food, produce, meat, jewelry, artisans, live music, and more.

Men's Match Around Golf Tourney

Myrtle Point Golf Club.

Film • How to Train Your Dragon (live action)

1:30 pm matinée and 7 pm, Patricia Theatre.

7

Monday

Summer Reading Club officially begins

Library. Children and teens can track your reading to earn prizes. Plus lots of drop-in and registered activities to be part of. See prpl.ca for more.

Board Game Night
6pm, High Tide Games. Use one of High Tide's or bring your own and play the night away.

Film • How to Train Your Dragon (live action)
7pm, Patricia Theatre.

8

Tuesday

Wildfire Smoke and Heat Wave Preparedness

3pm, Library. Meghan Straight from Vancouver Coastal Health will present practical tips to protect your health from wildfire smoke and heat waves.

Rainbow Trashion Fashion Show

10am to 11:30am, Library. Dive into the library's wildly inspiring treasure trove of recycled and upcycled materials and emerge in style! If you haven't already registered, this is your chance to find out what Summer Reading Club is all about and how you can participate!

Savary Island Farmers' Market

11am to 1:30pm, Hacienda (2778 Brian's Way). Fruit, vegetables, art, hot food, ice cream and more.

Film • How to Train Your Dragon (live action)

7pm, Patricia Theatre.

9

Wednesday

Dino Day Camp

10:30am to 2pm, qathet Museum. Learn how fossils are formed, when dinosaurs lived, and what

animals we can see today whose predecessors coexisted with dinosaurs. There will be outdoor games and hands-on crafts. Some activities held outside, so dress appropriately. Bring a lunch and water. To sign up, visit qathetmuseum.ca or visit the museum in person. \$30 per person.

Dungeons & Dragons night

Doors at 5:30, games at 6pm. High Tide Games. Come to watch or start a character and jump right in on the adventure.

Free Tour of the Patricia Theatre

11am, at The Pat.

Powell River Logger Sports: Chainsaw Carving Event begins

Willingdon Beach. See Your Guide to Powell River Logger Sports insert for more.

Film • How to Train Your Dragon (live action)

3:30 & 7pm, Patricia Theatre.

10

Thursday

Full Moon

Summer Reading Club workshop and book clubs registration closes

See prpl.ca for more. Loads of events and opportunities for children and teens.

Powell River Logger Sports: Chainsaw Carving

Willingdon Beach. See Your Guide to Powell River Logger Sports insert for more.

11

Friday

Trauma Across Time

4pm, Library. Historian Keith Carlson will share research into intergenerational trauma caused by the tragic history of settler colonial exploitation of indigenous children.



TEXADA DAYS: Above, the Texada Fly In and Fling (July 26 & 27) is a perennial favourite among aviation and aerospace enthusiasts, and those who just love a party. But it's just the beginning of the island's festival season, which includes the Blues and Roots fest (August 2 & 3), Sandcastle Weekend (August 9 & 10), and more. See Page 53. Texada Farmers Market is always Sundays.

Film • How to Train Your Dragon (live action)
7pm, Patricia Theatre.

Powell River Logger Sports: Chainsaw Carving
Willingdon Beach. See Your Guide to Powell River Logger Sports insert for more.

Film • Superman
3:30 & 7pm, Patricia Theatre

12

Saturday

Powell River Logger Sports

Loggers Memorial Amphitheatre and Willingdon Beach. See Your Guide to Powell River Logger Sports insert for more.

Powell River Farmers' Market

10:30 to 12:30, Paradise Exhibition Grounds. Produce and meat, baking, prepared food, artisan

vendors, live music, and more.

Central Farmers' Market - Alternate Location due to Logger Sports

With Logger Sports happening at Willingdon, the Central Market is moving its location, for that week only, to the Freshco Parking Lot at 7040 Barnet St. Market hours are the exact same: 10am to 1pm. Any questions, folks can email cfmqathet@gmail.com for more info.

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Coming up at the Patricia Theatre
Thurs, July 3rd : "Beautiful Boy"

JULY EVENTS

Free Tour of the Patricia Theatre
11 am, at The Pat.

Classy Lady Golf Tourney
Myrtle Point Golf Club.

Film • Superman
7 pm, Patricia Theatre.

13

Sunday

Powell River Logger Sports Event Begins
Loggers Memorial Amphitheatre and Willingdon Beach. See *Your Guide to Powell River Logger Sports* insert for more.

Island Cup Enduro: Mount Mahoney
\$85 Adult, \$65 U19, \$50 Youth. Race entry includes a BBQ put on by TAWS and draw prizes. See more at islandcupseries.com/enduro-racing

Coastal Women in Business Awards: Petals & Pours
1 to 4 pm, Town Centre Hotel. Wear flowers and sip cocktails. Tickets and more at coastalwib.com.

Powell River Farmers' Market
12:30 to 2:30 pm, Paradise Exhibition Grounds. Produce and meat, baking, prepared food, artisan vendors, live music, and more. Plus Miniature Railway rides.

Magic the Gathering Commander night
6 pm, High Tide Games. Bring your best Commander deck and be prepared to defend your creatures.

Texada Island Farmers' Market
Noon to 1:30 pm, ball field in Gillies Bay. Sweet and savoury prepared food, produce, meat, jewelry, artisans, live music, and more.

Film • Superman
1:30 pm matinée and 7 pm, Patricia Theatre.

14

Monday

Black Mountain & Heavy Trip in concert
Carlson Loft. Advance tickets available at: Armitage Mens Wear, Full Bug Records, Carlson Club downstairs rear entrance (cash only to all vendors).

Board Game Night
6 pm, High Tide Games. Use one of High Tide's or bring your own and play the night away.

Film • Superman
7 pm, Patricia Theatre.

15

Tuesday

Local Author David F. Dumaresq reading
5 pm, Library. David Dumaresq presents his new book *The Shame Game: Stolen Lives*, on the devastating impact of identity theft and the hidden costs of shame and redemption.

Savary Island Farmers' Market
11 am to 1:30 pm, Hacienda (2778 Brian's Way). Fruit, vegetables, art, hot food, ice cream, and more.

Film • Superman
7 pm, Patricia Theatre.

16

Wednesday

Dungeons & Dragons night
Doors at 5:30, games at 6 pm. High Tide Games—Come to watch or start a character and jump right in on the adventure.

Ladies Interclub Golf Tourney
Myrtle Point Golf Club.

Music in the Park: The Malaspina Ensemble
7 pm, Rotary Pavilion, Willingdon Beach. Curated by the City of Powell River.

Free Tour of the Patricia Theatre
11 am, at The Pat.

Film • Superman
3:30 pm, Patricia Theatre.



THE 23RD ANNUAL SAVARY ISLAND FUN TRIATHLON: Sunday, July 20, starting at 9 am. Although the race is sanctioned by Triathlon BC, the distances do not map onto any official triathlon distance.

The race begins like any other triathlon with a 750 metre swim, then onto the bike across the island, east to west for 10 kilometres, then a 5-kilometre run out and back, finishing at the fire department, which is mid-island. The race course is quite stunning, traversing the length of the island, through the ocean, sandy roads, and forest trail.

Participants can enter as teams or individuals and choose between recreational and competitive

divisions. However, there is no cut-off time as in competitive triathlons.

Participants from Powell River and the region can take the 8 am water taxi from Lund, and they will see members of the Clansman Pipe Band coming over. The race always starts with a procession down Malaspina Boulevard led by the pipe band.

Registration fees are \$35 for competitors 19 and over, \$25 for competitors under age 19, and \$25 for each person on relay teams. Visit the website at savarytriathlon.wixsite.com/info for complete race details, course route, and registration. Fees help raise funds for the Savary Island Fire Department.

17

Thursday

Film • Superman
7 pm, Patricia Theatre.

18

Friday

Film • The Phoenician Scheme
3:30 pm and 7 pm, Patricia Theatre.

19

Saturday

Second Annual qathet Pride Parade and Pride in the Park
2 pm Parade, 4 pm Pride in the Park festival begins at Willingdon Beach.

Drinks & Dinks for Dogs: Pickleball fundraiser for PADS
10 am Recreation Complex, events begin. See Page 54 for more.

Powell River Farmers' Market
10:30 to 12:30, Paradise Exhibition Grounds. Produce and meat, baking, prepared food, artisan vendors, live music, and more.

Central Farmers' Market
10 am to 1 pm, Willingdon Beach. Local and organic

produce, meat, flowers, ice cream, and more.

Free Tour of the Patricia Theatre
11 am, at The Pat.

Fourth Annual Showtime & Shine
10:30 am start. Vintage Vehicle Event, Patricia Theatre. This year's theme is "Tribute to Vehicles on the Big (and Small) Screen." 10:30 to 12:30 show & shine, 12:30 to 1 pm, prizes and awards, 1:30 pm feature movie. Food trucks on site. To register your vehicle, contact Paul at reelcars@shaw.ca.

Fergie's Two-Day Challenge Golf Tourney
Myrtle Point Golf Club.

Film • The Phoenician Scheme
7 pm, Patricia Theatre.

20

Sunday

Savary Island Fun Triathlon

All fitness levels welcome to challenge themselves to achieve their personal bests. Participants can enter as Teams or Individuals, and choose between the Recreational and Competitive divisions. See more on savarytriathlon.wixsite.com/info

Ghostly Hounds in Concert
7 pm, qathet Art Centre. Montreal witch-folk.

Powell River Farmers' Market
12:30 to 2:30 pm, Paradise Exhibition Grounds. Produce and meat, baking, prepared food, artisan vendors, live music, and

more. Plus Miniature Railway fides.

Magic the Gathering Commander night

6 pm, High Tide Games. Bring your best Commander deck and be prepared to defend your creatures.

Texada Island Farmers' Market

Noon to 1:30 pm, ball field in Gillies Bay. Sweet and savoury prepared food, produce, meat, jewelry, artisans, live music, and more.

Fergie's Two-Day Challenge Golf Tourney

Myrtle Point Golf Club.

Film • The Phoenician Scheme

1:30 pm matinée and 7 pm, Patricia Theatre.

21

Monday

Community Summer BBQ

4:30, Powell River United Church. 6932 Crofton Street. By donation.

Rock Band Camp begins

Through the Academy of Music. See ad on Page 14 for more. Through July 25.

Board Game Night

6 pm, High Tide Games. Use one of High Tide's or bring your own and play the night away.

Film • The Phoenician Scheme

7 pm, Patricia Theatre.

22

Tuesday

Tech Savvy – Google AI

3 pm, Library. Learn how Artificial Intelligence is being integrated into common Google applications.

Savary Island Farmers' Market

11 am to 1:30 pm, Hacienda (2778 Brian's Way). Fruit, vegetables, art, hot food, ice cream, and more.

Film • Materialists

7 pm, Patricia Theatre.

Dungeons & Dragons night

Doors at 5:30, games at 6 pm. High Tide Games–Come to watch or start a character and jump right in on the adventure.

Texada Aerospace Camp begins

Immersion for youth aged 10 to 15 in the basics of aviation and aerospace engineering. See more at texaero2023.wixsite.com and at texada.org.

Film • Materialists

3:30 pm and 7 pm, Patricia Theatre.

23

Wednesday

Free Tour of the Patricia Theatre

11 am, at The Patricia Theatre.

24

Thursday

New Moon

Film • Materialists

7 pm, Patricia Theatre.

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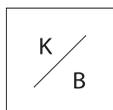







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25

Friday

Film • Jurassic World Rebirth
3:30 pm and 7 pm, Patricia Theatre.

26

Saturday

Townsite Garage Sale
Details TBA

Free Tour of the Patricia Theatre
11 am, at The Pat.

Powell River Farmers' Market
10:30 to 12:30, Paradise Exhibition Grounds.
Produce and meat, baking, prepared food, artisan vendors, live music, and more.

Central Farmers' Market
10 am to 1 pm, Willingdon Beach. Local and organic produce, meat, flowers, ice cream, and more.

Texada Fly-In Fling
Branch 232 (Texada Island) of the Royal Canadian Legion. Doors open at 3:30 for the usual "Meat Draw" and 50-50, and the public is welcome for that event. The grill is open at 5 pm for burgers and wings. Music begins at 7 pm with Andi Hagen and friends ... dance till you drop. Cover by donation.

Lund Daze
Lund Klubb men Gazebo. Music, including Beach Crashers & food, kids activities. Everyone welcome.

Slo-Pitch Year-End Tourney
Details TBA.

Film • Jurassic World Rebirth
7 pm, Patricia Theatre.

27

Sunday

Texada Fly-In
Pancake breakfast, followed by a BBQ lunch; contests; car, plane, and bike show and shine; flight demonstrations; skydivers; and just plain old fun ... all day. The airport is (CYGB). Texada Airport boasts a 3,000-foot asphalt runway and a campground where many aviation minded people gather every year to celebrate flight during Aviation Week. The Texada AeroSpace Camp Hangar contains the Texada Aviation Museum and Library, including aviation technical and aviation history displays and paintings, and an amateur radio room. The AirBuzz flight simulator is a major attraction. Patrons can fly the simulator for a donation, browse through the library, and displays, and view the art.

Powell River Farmers' Market
12:30 to 2:30 pm, Paradise Exhibition Grounds. Produce and meat, baking, prepared food, artisan vendors, live music, and more. Plus Miniature Railway Rides.

Magic the Gathering Commander night
6 pm, High Tide Games. Bring your best Commander deck and be prepared to defend your creatures.

Texada Island Farmers' Market
Noon to 1:30 pm, ball field in Gillies Bay. Sweet and savoury prepared food, produce, meat, jewelry, artisans, live music, and more.

Film • Jurassic World Rebirth
1:30 pm matinee and 7 pm, Patricia Theatre.



PRETTY SUMMER NIGHTS AT THE PAT: Mid-June, The Patricia Theatre installed a new replica of the original canopy in front of the theatre, on Ash Ave. The stained glass was created by local artist Janna Packard. Check it out around 10 pm to see its full glory. *Photo by Laura Wilson.*

Summer is heating up and it's cool at the Patricia Theatre

Heritage charm meets modern comfort at the restored Patricia Theatre.

New seats, new screen, air conditioning, and a revitalized concession make the Patricia your go-to summer destination for locals and visitors.

Tours are scheduled on Wednesday and Saturday at 11 am, with a screening of *A Theatre Near You*, and a sample-sized popcorn.

Mid-day afternoon screenings at 3:30 pm on Wednesdays and Fridays are a great way to escape the heat, enjoy a cool afternoon movie, and then head down to the beach for dinner. Sunday matinees are at 1:30 pm.

Our new Screening Room is a great place to gather with friends and enjoy a film, play video games, or dust off an old DVD and watch it on our 80" plasma TV. It's available for hourly rentals. A blockbuster summer season is ahead, and it's all at the Patricia Theatre!

Stay on top of the schedule by following our social media: link to our socials at patriciatheatre.com

Stay on top of the schedule by following our social media: link to our socials at patriciatheatre.com

28

Monday

Delta Aquarids Meteor Shower peaks
Debris left behind by comets Marsden and Kracht. Best viewing after midnight. About 20 meteors per hour.

29

Tuesday

Board Game Night
6 pm, High Tide Games. Use one of High Tide's or bring your own and play the night away.

Film • Jurassic World Rebirth
7 pm, Patricia Theatre.

Savary Island Farmers Market
11 am to 1:30 pm, Hacienda (2778 Brian's Way). Fruit, vegetables, art, hot food, ice cream and more.

Film • Jurassic World Rebirth
7 pm, Patricia Theatre.

30

Wednesday

Dungeons & Dragons night
Doors at 5:30, games at 6 pm. High Tide Games-Come to watch or start a character and jump right in on the adventure.

Music in the Park
7 pm, Rotary Pavilion, Willingdon Beach. Curated by the City of Powell River.

Free Tour of the Patricia Theatre
11 am, at The Pat.

Film • Jurassic World Rebirth
3:30 pm, Patricia Theatre.

31

Thursday

Artist Trading Card Night
5:30, The Alley by Persephone Brewing. Make them ahead of time, or make them on the spot. We'll bring some blanks and other art supplies. This is a family-friendly event! Free. Hosted by gathet Art & Wares.

Film • Jurassic World Rebirth
7 pm, Patricia Theatre.



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Summer Camps & Programs for kids & teens

Several of *qathet Living's* favourite organizations are hosting summer camps this summer.

They include:

High Tide Games

Full day and half day camps weekly from June 30 to August 29. Book in-store.

Recreation Complex

Day camps, swim lessons, pre-lifeguarding, puck skills, horseback riding, first aid, and more. See ad on Page 13, or powellriverprc.ca.

qathet Music & Arts Academy

Rock Band Camp, July 22 to 25, with a Friday afternoon concert. See ad on Page 14 and powellriveracademy.org.

qathet School District

Summer school, LEAP, and more. See sd47.bc.ca.

AFQA (the French Club)

Full-day French language camps from June 30 to August 22. See afqa.ca for more.

qathet Art Centre

Full day art camps, June 30 to August 22. See qathetart.ca for more.

PEEK AT AUGUST

Monday, August 4
BC Day

Tuesday, August 12

Perseids Meteor Shower

The Perseids is one of the best meteor showers to observe, producing up to 60 meteors per hour at its peak. The waning gibbous moon will block out all but the brightest meteors this year. Best viewing will be from a dark location after midnight.

Saturday, August 16

"Friends Reading Friends"

2 pm Library. With Isabella Mori and Lana Cullis.

2025 Summer Planner

July 1 • Canada Day

July 1 to 5 • **Kathaumixw - qat^oaymlix^w**

July 9 to 13 • Logger Sports

July 19 • Pride Parade & Pride in the Park

July 19 • Showtime & Shine

July 20 • Savary Fun Triathlon

July 23 to 26 • Texada Aerospace Camp

July 26 • Townsite Garage Sale July 26

July 26 & 27 • Texada Fly-In and Fling

July 26 & 27 • Slo-Pitch Year-End Tourney

July 26 • Lund Daze

August 2 & 3 • Texada Blues and Roots Fest

August 9 & 10 • Texada Sandcastle Contest

August 14 to 17 • Sunshine Coast Festival of the Written Word (Sechelt)

August 15 • Blackberry Street Party

August 22 • FCU Movie Under the Stars

August 22 & 23 • Loud qathet Punk & Metal Fest

August 23 & 24 • qathet Studio Tour

August 30 & 31 • Sunshine Music Festival

September 6 & 7 • Powell River Fall Fair

Friday, August 22

Songwriter's Showcase at Cranberry Hall

6:30 pm, tickets \$25 at the door. Originally known as the lead singer and songwriter of "Animal Logic" (Stewart Copeland, Stanley Clarke) Deborah Holland (deborahholland.com) has gone on to have a prolific career. Matt Kennedy (mattkennedymusic.com) is the singer, songwriter and guitarist in "Headlong Hearts" and also plays mandolin in the "Five on a String" bluegrass band. Deborah and Matt will each perform a solo set and accompany each other on guitar, mandolin, accordion, and harmonies. Show info gelgaard@gmail.com.

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Pickleball, Pints, & Purpose:

PADS and qathet Pickleball Association team up for a day of fun and fundraising: Dinks & Drinks for Dogs, July 19.

BY JANE SHORT

The Powell River Recreation Complex Arena will be buzzing with activity on Saturday, July 19, as the Pacific Assistance Dogs Society (PADS) and the qathet Pickleball Association (qPA) host the first annual Dinks & Drinks for Dogs – a lively, community-centered event that blends pickleball, local flavours, and purpose.

From 10 am to 3 pm, people of all ages and skill levels are invited to try their hand at one of Canada's fastest-growing sports while supporting the life-changing work of PADS and celebrating the growing pickleball movement in qathet.

A Day on the Court

The day begins with drop-in pickleball and instruction from 10 am to noon, open to anyone aged 7 and up. Volunteers will be on hand to guide new players and provide equipment, making it a perfect opportunity for families and first-timers to get involved.

In the afternoon, more experienced players can join a lighthearted "Pickleball for All" round-robin dinking event, beginning at 1 pm. This non-competitive session emphasizes fun, inclusivity, and community over serious match play. Participants are encouraged to register by July 15 to take part.

Local Flavours and Family Fun

Beyond the court, attendees can enjoy a curated selection of samples from local craft breweries, wineries, and distilleries, showcasing some of the region's best sips and flavours. A classic hot dog stand, 50/50 draw, and a variety of family-friendly activities round out the day's offerings.



PADDLES FOR PUPS: A few members of the 139-strong qPA. Back Row: (L-R) Ann Ritchie, Caren Gretszy, Dale Gretszy, Nina Knapp, Jo Thomas, Peter Larlee, Sharon Simpson, Brian Stanton. Middle Row: (L-R) Cheryl Minato, Linda Diprose, Connie Osborne (program volunteer), Patti Hurrie, Mary Ann Hatch, Sandy-McNicol Townsend. Front Row: (L-R) Guy Knapp, Brenda Hartley, Darlene Comber, Mary Ann Hatch, Jennifer Ritchie, Sherry Sakamoto. Sherry is holding a pickleball paddle designed for PADS.

Beer & Burger Social

The event concludes with a casual beer and burger social at the Powell River Royal Canadian Legion, offering a chance to unwind, connect, and continue the celebration in support of a meaningful cause.

More Than Just a Game

Proceeds from Dinks & Drinks for Dogs will support the training and placement of certified assis-

tance dogs through PADS, helping individuals living with physical disabilities, PTSD, and hearing loss. Funds will also support the continued development of inclusive and accessible pickleball programs in the qathet region.

Sponsorship opportunities are still available for businesses and community groups looking to support inclusion, wellness, and the powerful role of service dogs in people's lives. **CL**

Pickleball: More than a Game

Looking for a way to boost your health—physical, mental, and social? Look no further than pickleball, the fastest growing sport in Canada. There's no disputing its positive effects. Ask anyone who's been playing for a while, and you'll hear incredible stories about what this sport means to them. For proof of its popularity, just look at our own region: Since its inception in 2023, the qathet Pickleball Association (qPA) has attracted over 130 members, and that number keeps rising.

As our population increases, so does the need for a more sustainable, year-round pickleball facility that can serve both the current and future requirements of this growing community. qPA shares the City of Powell River's goal of making this one of the "healthiest and most active communities in British Columbia". As a volunteer-led

non-profit association, qPA's vision is to cultivate an inclusive environment where members of all ages, levels and abilities can easily access, learn and enjoy the game year-round.

It's not just fun and games for qPA. In addition to holding lessons for the community (including some of the elementary schools), organizing fundraising events, and collaborating with the City of Powell River to secure quality court space for its growing membership, our Board is developing a business plan and taking all the necessary steps to see our vision become a reality.

Want to learn more? Want to help? Contact president.qpa7@gmail.com or visit our website (qathetpickleballassociation.ca) for more information.

~Lynn O'Reilly

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- Samantha

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BY MEGAN GROS

The first time I set foot in the Trans qathet office over two years ago, I immediately felt welcome. I couldn't put my finger on what it was, exactly, but I knew it wouldn't be my last visit before I even sat down.

Trans qathet (Tq) is a local non-profit that provides peer-to-peer support for gender diverse and trans people and their allies in the qathet Regional District.

Tq came into existence in the spring of 2020, after Trans Care BC sent out a request for proposals, bringing funded support to Trans and Gender Diverse people where there wasn't any established. We applied after asking around and interviewing folks who shared what they needed. We came to recognize through those interviews that young people and their families were in need of visibility and support to feel at home in their hometown.

We knew from existing research and our own experiences that peer to peer support helps us feel connected to our community. Over the past five years, we have become more affirmed in this approach, as we have learned from gender diverse people and their allies that we make a difference by simply existing, and visibly trans folks offering warm care to people who share the experience of gender diversity builds our shared resilience.

Tq's original goal was to support people like us and our families and loved ones—we wanted to know if Trans youth still felt a need to leave to find community. After funding was awarded, Lift Community Services supported our little organization to become independent, and in 2024 we became a standalone non-profit organization called Trans qathet: Alliance for Gender Diversity and Support, with a peer-led board of directors.

By recruiting people with lived experience of being trans in a rural place, the original program was custom-designed to meet needs of trans folks living in this area. Initiatives brought tailored peer support for specific challenges, comprehensive workshops for local businesses to adapt their services for trans folks, micro grants, and fundraising to help local trans folks who have additional barriers. We had a chance to be together, in person or online, which made everyone feel safer and cultivated belonging.

Resources are always provided as needed and without judgement. After our time of in-kind space in the Town Centre Mall ended, coinciding with an end to temporary funding, Trans qathet scaled back hours and services in order to continue providing its core mandate: peer support, now wholly offered through peer volunteers. Families with children, trans folks who need additional food and income support, people who are figuring out medications and anyone in between continue to be warmly wel-

Finding Community at Trans qathet



PRIDE PARADE & IN THE PARK

When: Saturday, July 19. The parade starts at 2 pm, and Pride in the Park starts at 4 pm

Where: The Parade runs down Marine Avenue and ends at Willingdon Beach. Pride in the Park is at Willingdon.

Reach out to Trans qathet

If you would like to learn more about the Trans qathet community, please reach out to us at transqathet@gmail.com, visit www.transqathet.ca or stop by our office at VIU's *tiwšɛmawtxw* Campus (room 146) on Wednesdays from 1-7 pm. We can't wait to see you!

comed and gently supported in a safe and fun space.

No matter what pronouns are used, what name or chosen name, age, history, appearance, and ability or desire to transition in physical or social ways, a trans person is someone who has a different gender identity than that assigned to them at birth.

At Trans qathet, we know that everyone is the expert on themselves. You know yourself best, and we believe you.

When you visit Trans qathet, you will find people

from all walks of life and with a wide variety of gender, sexual, and romantic identities. You will find a combined total of decades of lived experience and invaluable peer support. And, as an added bonus, everyone is really nice, and often very funny, too!

Personally, I used to think that being asexual, aromantic, and agender was the absence of things, that I was somehow lacking parts that made me a whole person.

Now I know that isn't the case. Without the community I found during my first visit to Trans qathet, I would not have been able to go through the process of finding and embracing my authentic self, and that has been worth its weight in gold.

Between the kind and non-judgmental people I met the moment I walked through the door and the invaluable peer support I received as I figured out the pieces of myself, I can truly say that what started as a simple errand of dropping something off at the office turned into a life-changing experience. 

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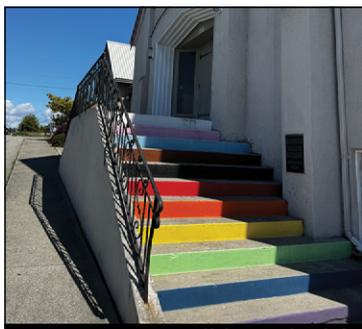
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She's Gotta Be In Pictures

This restored 1949 KB1 International Harvester has appeared on the TV show *Riverdale*, among others, and will be on display, along with 100 other vehicles, Saturday, July 19, outside the Patricia.

BY PETRA EBNER

Have you noticed lately that trucks are everywhere? If they're not at a plant sale or at your local nursery picking up a load of rich, dark soil, you'll find them at the dump brimming with garden trimmings or at the local park having a tail-gate picnic. And many times, during the summer months, you'll see them driving around town all gussied-up for the sheer joy of it.

Owning an old truck myself, I have often wondered what the nostalgia is all about. What is so appealing and exciting about finding an old, worn-out, rusted jalopy in a farmers' field with decaying whitewall tires, weeds growing through it, and seat springs showing through the mouse-eaten upholstery?

People love old trucks and can't help but take photos of them and even write the occasional poem. Many of us have a suitcase full of nostalgic memories associated with the exact make and model of the first car we ever owned, and the one that mom and dad had when we learned how to drive.

We remember every detail of its interior and every quirk and synchronicity and possibly what got wrecked or broken during the learning process. Oops, sorry Mom and Dad! The old trucks that call to us are as special and unique as the ones we drive today. They are slow, steady and deliberate

SHOWTIME & SHINE

When: Saturday, July 19. Showtime & Shine 10:30 to 1pm. Followed by People's Best Choice Awards and a free movie.

What: Fourth Annual Showtime and Shine Vintage Vehicle Event, with a movie, and food trucks on site. This year's theme is "Homage to Vehicles on the Big (and Small) Screen"

Where: Show & Shine on Ash Avenue, outside the Patricia Theatre. Movie at the Pat.

Pre-register your car: For \$10. Contact Paul at reelcars@shaw.ca

(and sometimes not!)

Susie, my 1949 KB1 International Harvester truck is one of those. With her three-speed on the floor, 72 horsepower, and drum brakes, she's all stock and yes, she barely makes it up the donkey hill in second gear heading up to Wildwood. Nevertheless, she has quite a following (excuse the pun) and is no stranger to the limelight, and she loves going to the movies.

Her dark, hunter green colour; one-piece, roll-out front windshield; and her shiny silver grill have been in a number of TV series such as *Legends of Tomorrow*, *Web of Dreams*, *The Bletchley Circle* and the well-known international syndication *Riverdale*.



RETRO ROMANCE: Petra Ebner and her 1949 KB1 International Harvester "corn binder" at a previous Showtime & Shine. *Photo by Paul Lavigne*

This is when getting old can still have its perks, and nobody complains when you're too slow. Instead, people stop and smile, give you a wave or a thumbs up, and for a moment, times stands still.

The gift of slowing things down in this busy world of ours, is what old cars "specialize" in, and it certainly is a precious commodity these days, and one not to be overlooked.

Luckily for this International corn binder, I did a double-take one day when I saw her hiding behind some trees in a driveway in North Vancouver. I had always wanted an old truck because it reminded me of my family holidays in the 70's when we owned a hobby-farm up at 100 Mile House in the Lone Butte area.

At 14 I remember learning how to

drive the old tractor while bringing in the hay. It was so much fun, except for the scratched arms!

Originally, I had wanted a red truck, but as fate would have it I saw Susie on that faithful day.

There was no "for sale" sign on her though, but that didn't stop me. I pulled into the driveway and knocked on the door.

Nothing happened.

I knocked again. Nothing.

Finally, after the third loud knock, as if out of a fairy tale, a woman on the top floor opened the shutters and looked down.

"Is your truck for sale?" I inquired.

"How did you know it is for sale?" the woman questioned.

Well, and as the saying goes, it was meant to be and the rest is history. **PL**

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RODENT TROUBLE?

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Where Tradition Meets Precision

The Powell River Working Equitation Classic Returns

SKILLED STRENGTH: Stella French on Mr. Beau Jangles navigating the bull line. *Photo courtesy of Vancouver Island Working Equitation*

BY NICKI LISTER

Horse hooves will echo across the Paradise Exhibition Park once again as the Second Annual Powell River Working Equitation (WE) Classic takes center stage on July 5 and 6. Hosted by the Powell River Trail Riders Club (PRTRC) in proud partnership with Vancouver Island Working Equitation (VIWE), this growing event is quickly becoming a must-see on the regional equestrian calendar.

Working Equitation, or WE, is a unique equestrian discipline that showcases the versatility, harmony, and skill of both horse and rider through three challenging phases: Dressage, Ease of Handling (EOH), and Speed. With up to 30 riders expected from Vancouver Island, the Lower Sunshine Coast, and Powell River, the show promises an action-packed weekend of equestrian excellence and community spirit.

More Than Just a Show

Whether you're a long-time equestrian or a curious spectator, the WE Classic offers a rare opportunity to witness a beautiful blend of traditional riding and modern athleticism. In Dressage, riders guide their horses through graceful and precise movements that demonstrate balance and control. In the Ease of Han-

WORKING EQUESTRIAN CLASSIC

When: Saturday & Sunday July 5 & 6, 9 am start each day.

What: Come celebrate tradition, skill, and the powerful bond between horse and rider at the Second Annual Powell River WE Classic—a truly unique event for horse lovers and spectators of all ages.

Where: Paradise Exhibition Park.

dling phase, horse-and-rider teams navigate a course of obstacles mimicking real-life ranch scenarios—like gates, bridges, and tight turns—requiring trust, skill, and clear communication.

Then comes the adrenaline-pumping Speed round, where those same obstacles are tackled against the clock, bringing a thrilling close to the competition and often drawing cheers from an enthusiastic crowd.

A Celebration of Community

The show is more than a competition—it's a cele-

bration of local horsemanship and the growing WE community in British Columbia. The Powell River Trail Riders Club, a long-standing advocate for equestrian activities in the region, has joined forces with Vancouver Island Working Equitation to provide an inclusive and educational environment for all levels of riders. The collaboration ensures a well-run and welcoming event, with a strong emphasis on sportsmanship and community connection.

Spectators are warmly encouraged to attend. Bring a chair, pack a picnic, and spend the day at Paradise Exhibition Park surrounded by the energy of horses, the camaraderie of riders, and the scenic beauty of Powell River. Entry is free for viewers, and there will be plenty of opportunities to learn more about the sport from competitors and volunteers alike.

Volunteer and Be Part of the Action

Behind every great event is a team of dedicated helpers. The WE Classic relies on the support of local volunteers to help with timing, scoring, gatekeeping, and hospitality. Whether you're an experienced horse person or simply looking to contribute to a vibrant community event, volunteering is a rewarding way to get involved and be part of the action. 🐾



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Happy Retirement, Mark Watson!

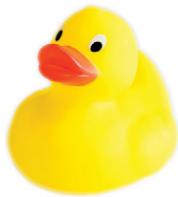
On June 26, Assumption Catholic School celebrated the remarkable teaching career of Mark Watson.

Mark started teaching at Assumption in 1992, 33 years ago, after his first gig in Mount Currie. More than 700 locals have had the privilege of learning from him, in his classrooms.

Mark's greatest gift is with middle schoolers - those in Grades 7 and 8. These are tough years of transition from childhood to adolescence. Teaching these grades is not for the faint of heart. But Mark has always been much more than up to the task.

His patience, humour, deep Catholic faith, and absolute belief in the goodness and worth of each individual student has made him a role model for generations of Assumption students, who continue to live those values.

Although he is now retired, Mark's legacy lives on.



Our Lives



In *qL's* Our Lives section, anyone can share important news from their loved ones' lives:

Births

Graduations

Weddings

Job Changes

Anniversaries

Retirements

Obituaries

'In Memoriam' Notices

& More

Because sharing this kind of news is so important in a community, *qL* offers free small notices for births, weddings, and obituaries: a 1/18th size, for locals, when the event happened in the three months previous to publication.

Bigger sizes and other announcements:

150 words & photo: **\$150**

300 words & photo: **\$300**

600 words & photo: **\$500**

750 words & photos: **\$750**

Send your info to ourlives@qathetliving.ca, call 604-485-0003, or drop in to 7053E Glacier Street.



David Orphir Hamilton

February 27, 1955 - May 31, 2025

It is with deep sadness that we announce the sudden passing of David Orphir Hamilton at his home on Saturday, May 31, 2025, at the age of 70.

Born on February 27, 1955, in Prince George, B.C., David built a long and successful career in the pulp and paper industry. He worked for MacMillan Bloedel and later Catalyst Paper in various roles, including electrician, motor records technician, mill planner, and in the power generation department. His intelligence and attention to detail were well respected by colleagues and friends alike.

David was predeceased by his father Orphir, his mother Dorothy, and his brother Daniel. He is survived by his loving wife and devoted children: Cindy Hamilton, Jordan Hamilton, and Brandy Peterson, as well as his brother Art Hamilton and his sister Annie LeBlanc. He will also be dearly missed by his four grandchildren, Khyla, Fairah, Kaize and Jazmin, one great-grandchild, Denver, and extended family and friends.

David had a sharp mind and a generous spirit. He was known for his thoughtful nature, spiritual outlook, and memorable conversations. He found great joy in life in "downtown Kelly Creek," a place he loved and proudly called home.

He leaves behind a legacy of kindness, wisdom, and connection. He will be fondly remembered by all who had the pleasure of knowing him.

A memorial will be held at 1:00 pm on July 12, 2025 at the Kingdom Hall of Jehovah's Witnesses - 4946 Manson Ave with a tea to follow at the Cranberry Seniors Centre.

Holy Cross Cemetery
Under the trees south of town on Nassichuk Road
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For information, call Wendy Larkin 604-485-9268

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TAKE A BREAK

Navigating Summer in a Good Way

We're fresh on the heels of Summer Solstice – the energetic height of the year. Daytime hours have been at their peak, summer holidays are underway, outdoor projects are in full swing, the weather offers outdoor visiting, it's prime time for moving house, and for a lot of us, this can all mean tripling up on the usual levels of busyness.

Work still needs doing, maybe kids are home, any out-of-town guests are likely asking if there's really 2 ferries; schedule planning may be exhaustingly complex.

Though the days are already beginning to get shorter, the full power of summer heat is about to really set in – which of course adds a host of additional challenges.

If we consider this energetic swell as a map to follow rather than as a force to push through, we're offered some fantastic insights.

It's easy to stay up with the long light of day, and natural vitamin D vitality is a big boost in these parts. With shorter night sleeps, it's wise to ensure we're also resting well – I mean – really well.

As dog day heat kicks in, and it feels too hot to do anything, good sleep often becomes elusive.

Future You will be thankful for recharging now and settling into a good wake/sleep habit. Make the most of downtime. Take things a little slower, nap, maybe knock a few things off the to-do list.

Embracing this time of extra activity also becomes easier when considered as good balance to winter's more introverted, slower, quieter nights.

If the heat, pace, or general life intensities get feeling a bit much, reminding ourselves that earlier twilights and all manner of energetic slow downs are already happening, can bring a bit of relief. Looking up sun rise and set times can help.

The natural world is showing us fullness; the birds are singing, wild creatures of all sizes are out, gardens are glorious, people are buzzing along doing



RETURN TO REVERENCE

JULIETTE JARVIS



things.

Perhaps there's a project or a dream we have that could also use a little oomph to come into its own fullness? Lending it some of our attention and taking the next best step forward while there's an air of fruition about, might see smoother or swifter progress than usual.

Notice beauty. Pause and soak it up. Take photos. Write about it. Art about it. It's good medicine for the spirit.

If you'd like to read more; archives, books, & guides can be found at juliettejarvis.com or subscribe to juliettejarvis.substack.com



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TAKE A BREAK



Across

- 3) Type of poles back in Tla'amin
- 7) Logger's tool
- 8) Stillwater home, or fake
- 9) Games at flood
- 12) Pickleball sounds, or double income no kids
- 13) Aviation and beyond
- 16) Stained at theatre, church
- 17) Logger's tool
- 18) Logger or chef does it
- 20) Harwood's traditional name
- 21) Saw warmed up
- 24) Enduro track
- 26) Best butcher, football move
- 29) Best steak for trees
- 31) Humiliation Game
- 35) Savary race
- 36) Little red fruit, Finn
- 37) Original Rebel's old name

Down

- 1) Cool top realtor
- 2) Meteor shower
- 4) Texas flower at Stillwater
- 5) Washable souvenir
- 6) Third party
- 10) Luca's golf "ball"
- 11) Old truck
- 14) Helpful dogs, modulars' homes
- 15) New farmers' market
- 16) Sinkhole address in a flash
- 19) Pride symbol, lake lodge
- 21) Horse feet
- 22) Flyin island
- 23) Best fish & chips
- 25) Horseback
- 27) Kathaumixw's genre
- 28) Libs leader
- 30) Photo contest theme
- 32) Salmon food
- 33) Farmer, or truck
- 34) New MP

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SOLUTION TO JUNE PUZZLE



Hardly anyone wants this grizzly shot. But it's looking pretty likely, as our far-away provincial government system just isn't working for us, again.

Powerless Protectors

On her Texada Island farm, Katrin Glenn-Bittner lives with chickens, horses, and two teenage humans. Normally, bears aren't a problem, in part because Texada Island normally has no bears.

But since May 25, the whole island has been living with Tex, a teen male grizzly bear who swam over from the mainland, and has been hanging around. Katrin's first experience of the fall-out from Tex's presence was a new rule from the School District, she said. Her teens, and other Texada students, couldn't walk home from the bus stop alone, due to bear danger.

"I told [school district staff] that was absolutely unacceptable," said Katrin, who runs a Facebook page called "Save Tex." "We need to educate youth about living with bears, not just create hysteria."

Tex was unsuccessfully relocated out of the Sechelt area twice last year. Katrin and others believe he is not a threat – so long as locals manage their livestock and garbage in a way that is mindful. Others see him as inherently dangerous, and want him translocated far, far away; a minority just want him dead.

Everyone agrees that Tex should not remain on Texada Island.

So, there are only two choices: kill Tex, or move Tex.

Moving Tex seems like the obvious solution. In Knight Inlet, beyond the Northern tip of Vancouver Island, Mamalilikulla First Nation Chief John Powell has offered to host Tex on Kwakwaka'wakw territory. And, the Fur Bearers – a private wildlife advocacy organization in North Vancouver – has offered to pay for the translocation. (Lesley Fox, the executive director of Fur Bearers, estimates that Tex has a 30% chance of survival if he's translocated, but a 100% chance of being killed if he remains on Texada).

However, BC's *Wildlife Act* prohibits private citizens from trapping and moving wildlife. Ergo, the Fur Bearers can't work directly with Chief Powell to package and ship Tex to Knight Inlet. And, the Province has already said it has a policy against moving adult bears outside their normal ranges.

Instead, Texada Islanders are waiting for the Province to act, and are virtually powerless.

Will Tex misbehave, and get shot by a local or a conservation officer?

Or, given the international eyes on this story now, will the Province eventually bend their rules and translocate Tex to Knight Inlet, or somewhere else far, far away?

As a journalist serving this region, I'd love to confirm what BC's Conservation Service's plan for Tex is. So far, their one-way messaging has people calling their plan "a kill order." I'd like to ask the Service more about their policy of not moving adult bears outside their usual range. There are many other questions I'd like to ask

officials who are boots-on-the-ground, too. But unfortunately, the Conservation Service didn't get back to me by press time – days after I first contacted the ministry.

If wildlife were managed locally – by the qathet Regional District and Tla'amin Nation – we'd know

all these answers. They'd call *qL* back immediately, as local government staff understand that communication is crucial, especially in a crisis when some people feel unsafe. They would also, we hope, better navigate the reconciliation possibilities presented by this bear.

This month, I added "wildlife management" to the growing number of Provincial and Federal files that, in my view, should really be local responsibilities. Those include: how to spend housing dollars; how to manage recreational and commercial fishing in the nearby zones of the Salish Sea; how to deliver marine transportation (BC Ferries); park infrastructure maintenance (we're looking at you Inland Lake); subsidies for medical travel and accommodation; what the minimum wage should be; how forestry should be managed. The list grows.

Instead, because Tex's situation is so fraught, the grizzly bear's fate has become international news. How embarrassing.

In the meantime, Katrin is trying to make an appointment to talk to our MLA, Randene Neill, who is also BC's Minister for Water, Land and Resource Stewardship. The last bruin to swim to the island, a black bear in the fall of 2024, was killed within days of arriving, Katrin said. Tex surely won't be the last to swim to the island, she knows, so we need to collectively make better plans for bears.

"Everything is funded for Tex. He has a home waiting for him. Why can't they just say yes, they'll move him? I just don't understand." **PL**



LAST WORD

PIETA WOOLLEY

SMART. NOT SLICK.



VERECAN

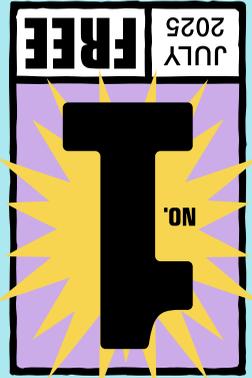
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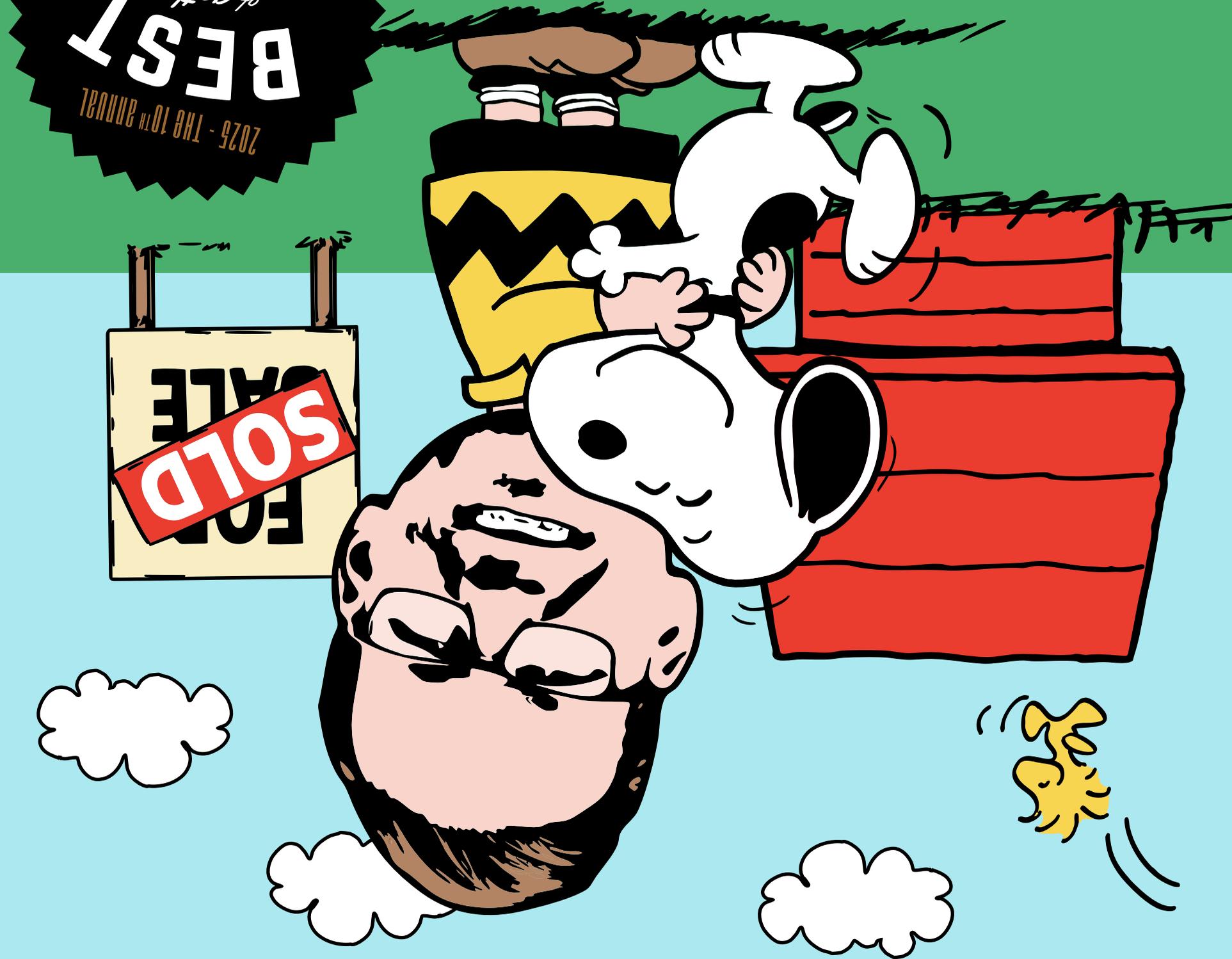
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