

qathet

NOVEMBER 2022

LIVING

100% LOCALLY OWNED • FIERCELY INDEPENDENT • ALWAYS FREE



They're back

Recovery is at the heart of qL's seventh annual helping issue

778-229-8528

阳光海岸 / 鲍威尔河 (Powell River)



住宅房屋 / 商业地产
Professional Real Estate Services

Charlie Bai

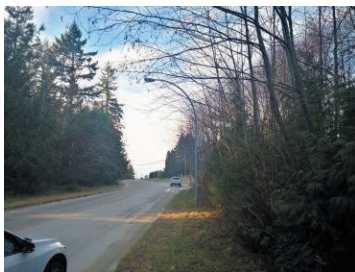
白雪松



Call Me: 778-229-8528

xuesong.bai@remax.net / www.powellriver.cn

YOUR
REALTOR®
in Powell River
& qathet
powellriver.cn



Lot 8, Westview Ave
7,056 sqft; RM1
New Price: \$255,000



Lot 9, Westview Ave
7,187 sqft; RM1
New Price: \$255,000



Lot B, Manson Ave
2.43 acre; A1
New Price: \$445,000



2596 Wilcox Road
3bed 1bath; 5 acre
New Listing: \$599,000



1994 Blubber Bay Rd
Commercial; 1.21 acre
New Price: \$629,900



3298 Vananda Ave
5bed 2bath; 8,145sqft
New Reno: \$686,000



5382 Manson Ave
3bed 1bath; 1.27 acre
New Price: \$745,000



3823 Selkirk Ave
6bed 2bath; 10,200sqft
New Price: \$745,900



7342 Lasqueti Way
6bed 4bath; 8,145sqft
New Price: \$795,000



3567 Padgett Rd
5bed 2bath; 9.37 acre
New Price: \$1,199,000



B-6251 Yew St
Old Mill Beer & Wine Store
Hot Sale: \$1,400,000



6251 Yew St
Rodmay Heritage Hotel
New Price: \$1,750,000



4429 Marine Ave
Marine Inn
New Listing: \$2,580,000



6251 Yew St
Restaurant for Lease
Price Negotiable



6251 Yew St
Art Gallery/Office for Lease
Price Negotiable



6251 Yew St
Rainbow Room for Lease
Price Negotiable

PLEASE CONTACT ME FOR MORE DETAILS OF THE ABOVE LISTINGS



WHEN IT'S YOUR HOME, CHOOSE...



JOSH STATHAM
PERSONAL REAL ESTATE CORPORATION
604.223.5674 WWW.JOSHSTATHAM.COM

PRSCREB MLS data 2020 & 2021



460 REALTY

CONTENTS
NOVEMBER 2022

How to Help qL's annual Helping Issue	6
qathet's Species at Risk A new kind of Remembrance Day	14
Five-year housing check-in How much of 2018's housing has been built?	16
Remembrance Day: vets & trauma Meet two SCHC graduates	19
Crime Part 2: Courts & Corrections Why charges don't seem to stick	28
Memoirs of the Mill Part 2 43 years: Elio Cossarin	41
Artisan Fair Clip-Out November is crazy for crafts	49
qL's annual holiday gift guide Relax or adventure this season	56

Helping is the cure for what ails us

Normally by late October, I'm pawing through my Halloween-through-Christmas seasonal decorations to keep myself mentally afloat as the weather changes from crisp and colourful to soggy and dark. It's not a sophisticated mental health strategy, but it works.

Or at least, it has always worked before. This fall feels particularly "off," in the words of Juliette Jarvis, *qL's* Return to Reverence columnist. She nailed it in this month's piece (Page 62), in identifying that this is a tough time, psychologically and spiritually, for many of us.



EDITOR'S MESSAGE

PIETA WOOLLEY

Why? It's no secret that this has been a rough year globally, with war, severe weather and inflation dominating the news. Locally, too, this year has been marked by continuous community conflict, as well as COVID-19, the mill's closure, a labour crisis, and inflation. In the story about our local food bank (Page 7), manager Savanna Dee notes that last year's \$48 bag of groceries is

now an \$80 bag. We're all feeling that. So this year, more than any other, we're thrilled to publish The Helping Issue - our seventh. Pages 6 to 13 invite you to help, which really is the cure for feelings of doom.

The transformational stories of Mike, Gord, Matt, Josh and Rob (the men on the cover, and Pages 19 to 40) are fundamentally about hope, and kindness, and the support this region is capable of.

Events, as always, promise to draw this community back together. November is craft fair season once again (Page 49). Plus the new Cheer Fest (Page 54) is coming up, as well as Mushroom Fest and Memento Mori – a series of artist-led events to help address climate grief. Not to mention what is certainly a record-setting number of live music events (Page 50.) And so much more.

And if seasonal decorations are your SAD strategy, too, the City invites you to dive in, with Light Up Powell River: a contest & tour (Page 47). **PL**

REGULAR FEATURES

Heart of qathet	23
Blast from the Past	24
Letters to the Editor	26
You Got This: ayajuthem	44
I Made the Move	45
Business Affairs	46
Events	47
Take a Break	60
Last Word	62

ON THE COVER:

(From left to right) Veterans Michael Koestlmaier, Gordon Hoffman and Matthew Staley (with his service dog Fisher) all sought treatment for war-time trauma at the Sunshine Coast Health Centre (starting on Page 19). Josh Bennett sought treatment for addictions at Miklat House, and Miklat House director of operations Rob Fitzpatrick recovered from his addictions at BC Corrections' Guthrie House, in Nanaimo (Page 28).



Publisher & Managing Editor
Isabelle Southcott
isabelle@prliving.ca



Associate Publisher & Sales Manager
Sean Percy
sean@prliving.ca



Editor & Graphics
Pieta Woolley
pieta@prliving.ca



Sales & Marketing
Suzi Wiebe
suzi@prliving.ca



Office Manager
Angela Richards
office@prliving.ca



Volume 17, Number 11 ISSN 1718-8601

qathet Living
is 100% locally owned and operated by
Southcott Communications



7053E Glacier Street, Powell River, BC V8A 5J7
Tel 604-485-0003

No part of this publication may be reproduced without prior written consent of the publisher. While every effort has been made to ensure accuracy, the publisher cannot be held responsible for any errors or omissions that may occur. © 2022 Southcott Communications. We reserve the right to refuse any submission or advertisement.

Complete issues are available online for free at: qathetliving.ca

qL is your magazine!

Give us your feedback

Email your comments and Letters to the Editor to isabelle@prliving.ca.

See you online

Join us on Facebook and Instagram. Visit our webpage at qathetliving.ca

Show off your community

Send a subscription to an out-of-town friend. \$50 a year in Canada.

Publish your work

Pitch us an article or a photo spread. Email pieta@prliving.ca

Advertise with us

Contact
sean@prliving.ca 604-485-0003
or suzi@prliving.ca 604-344-0208

qL

“

It's not just about addiction or trauma recovery; it's about recovering from losing yourself. It's about trying to emerge from a person who has been absolutely broken.

- Veteran Matthew Staley, **Page 20.**

”

NOVEMBER'S CONTRIBUTORS



ELIO COSSARIN came here from Italy to join his family in 1950 and worked at the mill for 43 years. *See Elio's story, Memoirs of the Mill, on Page 41.*



DANIELLA FERGUSSON is Manager of Planning Services at City of Powell River. *See Daniella's story and numbers in qL's Five Year Housing Check-In, on Page 16.*



KARA FOGWELL is a co-owner and clinician with the VK Wellness Initiative. Kara is passionate about creating accessible wellness services. *See Kara's story, The Psychological Impact of Climate Change, on Page 15.*



RANDY "HOSS" TIMOTHY SR. has been instrumental in helping to preserve and celebrate ayajuthem for decades. He is also an accomplished carver. *See Hoss' column, You Got This, on Page 44.*

THE WARREN BEHAN HOME SELLING TEAM

Warren Behan PREC* Broker Owner
604.483.8173 warren@warrenbehan.com

Kyle Bodie REALTOR®
604.414.8986 kylebodie@royallepage.ca

ROYAL LEPAGE RED DIAMOND AWARD 2021
ROYAL LEPAGE AWARD of Excellence 2020

MARKETING YOUR HOME FOR ALL IT'S WORTH

THINKING ABOUT REAL ESTATE?

We'll take the time to discuss your goals and come up with a plan to help make it happen!

Call today for a free market evaluation of your home. No charge, no obligation.

OUR LISTINGS INCLUDE VIRTUAL TOURS, HIGH QUALITY PHOTOS, 360 VIEWS AND FLOOR PLANS

WarrenBehan.com

Providing honest advice and professional service for over 30 years

Helping you is what we do.™ ROYAL LEPAGE Powell River Independently Owned and Operated

2022 has been a tough year for many locals. COVID support ended; the cost of food and fuel and some mortgages soared; the mill closed; and the housing crisis continues to undermine many families' stability.

The holidays are a crucial time for fundraising for the agencies that are in place to help. If you can give, there's never been a more needed time to pitch in.

Stuff the Trailer/Corporate Pallet Challenge

Nov 28 – Dec 10 • At FreshCo

Major fundraiser for the Powell River Action Society Food Bank

How to participate • Powell River businesses: join the Pallet Challenge. Buy 1,000 lb pallets of food for the Food Bank (\$500 each), and receive a donation receipt for tax purposes. No limit to the quantity of purchased pallets per business. Individuals: Drop off donations at the Food Bank, buy \$5 or \$10 bags of food for the Freshco donation bin, or contact Vicky at 604-485-9166 to have donations picked up. Cheque, cash, or direct deposit donations can be made at the Food Bank.

What it achieved last year • We raised an amazing \$65,000 last year with all of your support.

Contact • mypowellrivernow.com/stuff-the-trailer/ and see ad on Page 44.

Everybody Deserves A Smile - qathet

Nov 12 – Dec 14

EDAS is a community project that brings a smile to people in need in our community during the winter. Students make hand-painted 'Kindness Care Bags' filled with hand-made cards, homemade cookies, and new warm socks, toques, mitts, scarves and slippers.

How to participate • Drop off donations at: Schools in District 47, Knitter's Nest and PR Public Library. Cash donations at EDAS.ca

What it achieved last year • We created & distributed 286 bags last year, and are now excited to begin our 4th campaign year.

Contact • Follow EDAS on Facebook or Instagram @edas.powerfullove

Christmas Cheer

Nov 26 | 11 – 2 (and ongoing) • Town Centre, Centre Court

This annual holiday event gives gifts to families and seniors in need.

How to participate • On November 26, drop by the Town Centre for a fundraising event featuring Coast FM's Bobby Fields live on radio. We are partnering with the PR Kings to raffle off a Kings jersey. Or e-transfer to prchristmascheer@gmail.com.

Contact • Lorelei at lguthrie@prtowncentre.com

How to Help



8th Annual Mother Nature Pet Photos with Santa

Dec 3 10-4 & Dec 4 11-4 • Mother Nature

Have your photo taken with Santa and your favourite pet. Proceeds this year go to the SPCA, PROWLs, and Powell River Therapeutic Riding Association.

How to participate • For a \$15 sitting fee we provide many photo options, including families, pets with families, or just your pets. Photos are taken in our fabulously decorated Christmas booth with our amazing backdrop. Tons of fun with raffles, goodie bags, hot chocolate, and more.

What it achieved last year • With your help last year, we raised just under \$3,000 for West Coast Access, PROWLs & PRTRA.

Contact • mnature@shaw.ca or 604-485-9878

Salvation Army Kettle Campaign

Nov 14 – Dec 24 | Mon – Sat | 10 – 6 • Freshco, Quality Foods, Save-on-Foods, Walmart, & Town Centre Liquor Store

Our yearly Kettle Campaign raises money for our various programs that help local low-income or struggling individuals and families.

What it achieved last year • With your support, we raised \$40k last year – thank you.

How to participate • To contribute, visit any of the participating locations and donate in any of our kennels, manned by our wonderful volunteers, or for online donations go to FilltheKettle.com

Contact • 604-485-6067 or contact@salvationarmypr.ca

Rebuild Centre

Donation Drop-off began Oct 25 (during store hours) • 7030 Alberni Street

What is it • Announcing the upcoming opening of our new Rebuild Centre: a non-profit establishment that will be collecting lightly used building materials or furniture, and appliances for resale. You can be part of this wonderful opportunity by volunteering in the Rebuild Centre once we open, or by dropping off donations at 7030 Alberni Street during store hours.

Contact • Todd Clarke at 604-414-5451

2022 has been a record-setting year at the Food Bank

Given 2022's unique difficulties, Savanna Dee isn't surprised so many people are using the Powell River Action Society Food Bank this year.

The agency is feeding 528 households, over 700 individuals. Most of them are not receiving welfare.

"Our stats used to stay the same because people would need us and then they wouldn't anymore," said Savanna, noting she has recently added another 95 accounts to the roster. "Our largest demographic is aged 47 to 70 and on disability assistance. We also feed 131 children consistently."

The cost of food is also impacting the food bank. Normally, a weekly bag for a single person costs \$48, and includes peanut butter, soup, beans, oatmeal, tuna, milk, eggs, fresh vegetables and more. Now, that same bag costs \$80 – no surprise to anyone who has shopped for groceries lately.

Savanna says those bags are helped tremendously by three things. First, the eggs, canned fish and peanut butter are made available to her cheaply, thanks to a program through Food Banks Canada. Second, local donors, such as Aaron Mazurek at Terra Nostra Farm, who gave over \$17,000 in fresh organics last year, and Mother Nature, who recently donated a pallet of cat and dog food. And third, holiday fundraising.

"It's a crucial time," she said. "We could not be open without the generosity of our community. We rely on it."

Seasonal fundraising that supports the food bank includes Stuff the Trailer at FreshCo, the Winter Wonderland Hamper Skate, Brooks Students for Change Jingle Jog, donation bins at Quality Foods, and more. You can also donate directly via the website, powellriverfoodbank.com, where there is a PayPal button, or mail a cheque. Savanna writes tax receipts for donations of \$20 and up.

Some of her most generous donors are former Food Bank clients. "People donate when they get back on their feet. It's pretty amazing," said Savanna. 🐾

LOCALS FEEDING LOCALS: Powell River Action Society Food Bank intake worker Melissa Tookey organizes baskets of locally-grown produce from Terra Nostra Farm. Aaron Mazurek's farm donated \$17,000 worth of produce last year, feeding more than 700 people.



Knights of Columbus 61st annual Charity Appeal drive

To Jan 28 | Mon – Fri • In the mall across from WalMart

Fundraiser for various community benefits

How to participate • Buy raffle tickets (\$5 each) to have a chance at \$100,000 in prizes, including a 2023 Toyota Rav4. Proceeds go to various local charities in our community.

What it achieved last year • With thanks to our supporters last year, we raised \$200 for Christmas Hampers, \$300 for Inclusion BC, \$200 for Assumption school, and two \$500 scholarships for Grade 12 students going on to university.

Contact • 604-216-7272

Winter Wonderland Hamper Swim & Skate

Dec 7 | Skate 6-8 pm | Swim 6:30-9 pm • Powell River Rec Complex

How to participate • Bring a food or toy donation for the Powell River Food Bank on Dec 7th, and swim or skate for free.

Contact • 604-485-2891

Lang Bay Hall Hampers

December 8

How to participate • Lang Bay Community Club will be accepting donations for their Christmas hamper families in need starting December 8th. To make a donation, please contact Carol Hearder at 604-487-1259.

7th Annual Santa Train

Dec 9-10 & 16-17 | 6-8 pm • Paradise Exhibition Park, 4365 McLeod Road

Join us for the 7th annual evening of fun family-friendly train rides through Christmas lights at Paradise Exhibition Park. Kiwanis is providing a food service from the Quonset hut, and we'll have a bonfire for visitors to enjoy.

How to participate • Admission is by donation of unwrapped toys, non-perishable food or cash. These gifts will be distributed to the community by the Salvation Army as part of their Christmas program.

New Membership Month – Hospice Society

Through November
4675 Ontario Ave

The Hospice Society is a community that honours the journey towards end of life. Members support our vision of providing compassionate end-of-life and bereavement care to the qathet Regional District.

How to participate • If you are not a member yet, please join now. Our annual membership fee is just \$10. If you are already a member, kindly refer a friend or family member to join. Community support is very valuable, and we greatly appreciate your contributions.

Contact • prhospice.org

PR Kings – Shop Local Gift Card Raffle

Oct 20 – Dec 10 • PR Kings Office (Rec Complex)

Win an amazing gift basket of locally donated goods, worth \$1,100.

How to participate • Tickets are \$20.00 each, with proceeds going towards team expenses. Purchase your tickets from the PR Kings' Office during home games, or from hockey team members during sales events in November. Tickets can also be paid for over the phone at 604-485-7550, with pick-up at the PR Kings Office.

Contact • PowellRiverKings.ca or corinne@powellriverkings.com

PR Therapeutic Riding Christmas Open House

Nov 26 | 11 – 3 • 4356 Myrtle Ave

Fundraiser for Therapeutic Riding. Proceeds go towards the care of our herd to help continue our essential services for our community.

How to participate • Meet our horses, and have your photo taken with one of our therapy horses & Santa himself. Shop our bake sale, and participate in the silent auction & draws.

Contact • prtravolunteer@gmail.com or 604-485-0177.

Hay is for Horses: A Unique Stocking Stuffer

To January 2 • 4356 Myrtle Ave

Celebrate the PR Therapeutic Riding Association's gorgeous & hard working horses by filling their Christmas stockings this season. A donation of \$50 buys a bale of hay or a bag of horse feed. Proceeds go towards the care of our herd to help continue our essential services for our community.

How to participate • Drop off cash or cheque donations, or contact us for e-transfer/mail details: prtravolunteer@gmail.com or 604-485-0177.

Pics for charity

Two days!

Santa is back in town and will be at Mother Nature for pet photos on **Saturday, Dec 3, 10 am-4 pm** & **Sunday Dec 4, 11 am-4 pm**

This year will be our eighth annual Pet Photo's with Santa! Last year, we were able to donate just under \$3,000 to our charities.

Pets, kids, families can all sit with Santa this year!

Cost is a minimum donation of \$15 per sitting, with proceeds going to:

- Therapeutic Riding
- PROWLs
- Powell River SPCA

Your picture will be posted on Facebook to share with all your family and friends!

On November 12, our Sunroom will be magically transformed into your

Christmas Destination

Let Mother Nature be your Christmas Inspiration!



LATE NIGHT SHOPPING:
'twas the first of December and all through the store, people enjoyed shopping late, with sales galore!

THURSDAY Dec 1st
open until 9 pm

Mother Nature
Who knows better than Mother Nature?

7050 Duncan Street 604.485.9878

fb.com/MotherNaturePowellRiver • mother-nature.ca • @mothernatureghp
garden • pet • home decor

Rotary students give warm gifts to locals in need

BY JOYCE CARLSON

Everybody Deserves A Smile (EDAS) is a service learning project started 20 years ago in Comox Valley by Rotarian and teacher Chantal Stefan to bring a smile to homeless people at Christmas.

Mac Fraser was president of the Cumberland club at the time, and he also served as president of Rotary Club of Powell River Sunrise after moving here.

Ally Boyd, who is Fraser's niece, was Brooks Interact president in 2019 and introduced EDAS to the club as a community service project. Members were assisted by Henderson Elementary School EarlyAct club. Both programs are part of Rotary International. It has expanded to include the entire school and attracted many community volunteers.

Kindness packages contain woolen socks, toques, mittens, scarves, soap and four sugar cookies. Hand-decorated bags have a hand-decorated card with a personalized message.

While Ally has moved on to St. John's Newfoundland's Memorial University, the program has continued to thrive and grow. She attends organizing meetings via Zoom and two of her siblings remain involved. Their mother Kate, a Henderson teacher, is also involved.

"I am proud of what we do during our EDAS project each year," said Calder Boyd, aged 12. "To me, EDAS is all about feeling good because when you help those in need, it makes them feel good and in return makes you feel good. That's the best feeling. EDAS is our whole school working together to bring smiles to people in our community who need them."

Younger sister Dru, aged 10, explained, "EDAS is about powerful feelings about sometimes difficult topics. When I see someone in our community with a bag or I get to hand a bag directly to a person, I feel it in my heart. I smile, they smile, and we connect. EDAS is about starting a conversation and really seeing what is going on around us in our community. EDAS is about knowing that we can make a difference today."



IT'S BEGINNING TO LOOK A LOT LIKE CHRISTMAS:

Current Interact president Maddie Keil (left) helped with the first local effort and will lead the current Interactors in helping this year. Interact and Early Act students at Brooks and Henderson Elementary School painted individual bags to be filled with necessities and treats. *Photos courtesy of the Rotary Club of Powell River*

The evening Rotary Club continues to provide funding for EDAS, and other monies now come from qathet Regional District, City of Powell River and First Credit Union.

Doreen Fraser, Ally's aunt, said that Powell River United Church originally had wanted to destigmatize conversations around homelessness and addictions, and support compassion towards all people.

"Mac and I said that we knew of a group that could take this on and with Ally that was the beginning of this project here."

She said donations will be collected from November 14 to December 14 with bagging day on December 15. Also on November 14, there will be a EDAS launch at Max Cameron Theatre where it is hoped that Chantal will be able to attend.

Interact will be active with collection boxes at Brooks Secondary School and help to promote the program.

The first year EDAS filled 180 bags and this year

there will be 400 distributed through nearly a dozen local agencies.

Brooks Culinary Arts program will bake 1,600 cookies.

There will be a community painting night during the first week of November with the date to be announced later and a separate one for the school district. Local artists, as well as students, are invited to paint bags.

"We always talk about seeing the smiles of those we help, but sometimes it is about more than that," said Ally. "The warm fuzzy feeling inside each of us was not just holiday cheer, but the joy of volunteering. EDAS showed us how to say, "I see you" to all members of our community."

For more information, send an email to fraser.doreen@gmail.com. 📧

T
TAWS
ESTABLISHED 1971
POWELL RIVER'S
HOCKEY SHOP

BAUER
CCM
BIOSTEEL |

TT
TRUE TEMPER
SPORTS

4597 MARINE AVE
604.485.2555
TAWSONLINE.COM



460 REALTY

DUSTIN VILLENEUVE
Licensed Realtor®

(604) 358-2473
dvilleneuve@460realty.com
@ f dustinrealtorpr



Thinking of buying or selling?
Put your TRUST in DUSTIN!

DUSTINVILLENEUVE.COM

She's bringing back the joy of sending cards

BY JESSICA WILSON

My mission is quite simple—to spark joy in the hearts of others every single day, by giving hugs in envelopes. I recently won start-up funding from a youth entrepreneurship program to bring SparkJoy Cards to life (sparkjoycards.com). I love sending greeting cards, and have ever since I was a little girl. I witness first-hand how they help people feel connected, appreciated and celebrated.

As a Powell River community member, I was inspired to connect our children with our seniors, especially during the holiday season when some might be feeling isolated or lonely. I've formed partnerships with both Westview Elementary and Henderson Elementary schools and will be donating 200 cards to their students to write heartwarming messages to seniors in our community.

The students are invited to write a personal wish they have for the recipient, a poem, an encouraging quote, or anything they believe will bring joy to the seniors. I will then personally deliver the cards to care homes in Powell River over the winter holidays. I am honoured to help teach the importance of connection to the next generation while sparking joy in seniors' lives.



CONNECTED BY CARDS: Jessica Wilson is helping Westview and Henderson students reach out to local seniors living in care homes.

My holiday wish is that we all reach out to those who may be feeling alone and remember that a small act can go a long way.

Keep your eyes out, as SparkJoy Cards will be available in local stores around Powell River soon and are also available online. A portion of all sales go towards making this community care project happen annually. 🐾

5 Year Fixed: 4.99% APR*,
5 Year Variable/Adjustable: 4.40% APR*

Quoted rates are as of today, October 17th, 2022, and subject to change.

*Fixed Rate offer subject to qualification and approval /application meeting mortgage product criteria.

**Variable/Adjustable rate based on a discount off of the Prime Rate of 5.45% (5.45% - 1.05% = 4.40% APR) & subject to qualification & approval/application meeting mortgage product criteria.

Refinancing or Renewing your Mortgage? Purchasing a Home? Take Advantage of some great Fall Mortgage Rates

As we roll through the Fall season (and end of the year), many Canadians and their families find that they are about to experience some form of lifestyle change. Whether it's watching your child go off to College/University, starting a new employment opportunity that requires relocation, completing those home renovations that you had planned on doing over the summer, planning your upcoming holiday vacation, or sitting down and finally looking at that mortgage renewal paperwork that is due in 30 days.

When you speak with Jeremy Garth, it's the equivalent to you walking into a "Shopping Mall of Mortgage Lenders", meaning you will be getting the best rate and product to suit your existing and future goals and needs. If you would like to chat further about what options are available to you, Jeremy Garth is happy to help. Bringing eight years of mortgage industry experience to the table, he can help you put together a plan for your mortgage so you can be confident that your current and future goals and needs will be met.



JEREMY GARTH Mortgage Broker
604.223.9401 jeremy@zippmortgage.com
jeremygarth.com

ZippMortgage

PR Orphaned Wildlife Society (PROWLS) Calendar

The beautiful wildlife photos were taken in Powell River by local photographer Michelle Pennell.

How to participate • Our PROWLS wildlife calendar is now available for purchase at Mother Nature, Paperworks, and Springtime Nursery. The \$25 proceeds for each calendar go directly towards the costs of the animals in our care.

What it achieved last year • Get yours soon – we sold out last year.

Contact • (or to request calendar delivery) 604-483-9787

qathet Art Centre Colouring Pages

All the money raised goes to bursaries for youth and adult arts programming, and artists in need.

How to participate • Purchase amazing colouring pages designed by local artists from the qathet Art Centre, or other participating locations in the qathet region. The recommended donation amount is \$1 each or the Makers Dozen for \$10. Artists can submit their own original art contributions by email (qathetart@gmail.com), or in person at the qathet Art Centre.

Contact • 604-485-4278

JACKSON & ASSOCIATES


A Verra Group Valuation Affiliate
Local Expertise - National Perspective

Serving the Powell River region for over 40 years

comoxvalleyappraisers.com

Toll Free 1-877-888-4316
917A Fitzgerald Ave., Courtenay, BC V9N 2R6
dan-wsj@shaw.ca
p.250.338.7323
c.250.897.9566
f. 250.338.8779

Dan Wilson
B. Comm., R.I. (B.C.), AACI, P.App. Fellow, CRP
Managing Partner, Verra Group Valuation



MEET YOUR 2022-2026 ELECTORAL AREA DIRECTORS

ELECTORAL AREA 'A' DIRECTOR



JASON LENNOX

ELECTORAL AREA 'B' DIRECTOR



MARK GISBORNE

ELECTORAL AREA 'C' DIRECTOR



CLAY BRANDER

ELECTORAL AREA 'D' DIRECTOR



SANDY MCCORMICK

ELECTORAL AREA 'E' DIRECTOR



ANDREW FALL

The 2022-2026 Board will include four incumbents and one newly elected Director. Director Clay Brander and Director Andrew Fall were elected by acclamation in Electoral Areas 'C' and 'E', respectively.

The 2022 General Election saw a substantial increase in votes received by mail ballot and saw increased voter turn out in Electoral Area 'A' and 'D', and a decreased voter turn out in Electoral Area 'B'. In Electoral Area 'A', voter turn out was 39.8 per cent, in Electoral Area 'B', voter turn out was 26.7 per cent, and in Electoral Area 'D', voter turn out was 41 per cent.

In Electoral Area 'A', Director Jason Lennox received 66.1 per cent of the vote. In Electoral Area 'B', Director Mark Gisborne received 54.2 per cent of the vote and in Electoral Area 'D', Director Sandy McCormick received 63.4 per cent of the vote.

The 2022-2026 Directors will be sworn in on November 1, 2022, at the City of Powell River Council Chambers, at 7 pm.

NOTICE OF INAUGURAL REGIONAL BOARD MEETING

The Inaugural Board Meeting of the qathet Regional District, will be held on November 8, 2022, at 3:30 pm, in the Regional District Boardroom located at #103 – 4675 Marine Avenue, Powell River, BC.

NOTICE OF BUDGET MEETINGS

The qathet Regional District will meet to consider the proposed 2023 budgets and 2023-2027 Financial Plan at the Finance Committee meetings from November, 2022 through February, 2023.

The Regional Hospital District will meet to consider the proposed 2023 budget at the Powell River Regional Hospital District meetings between December, 2022 and March, 2023.

Meeting dates and times can be viewed on the Regional District website at qathet.ca.

For more information, please contact Linda Greenan, Manager of Financial Services.



VALERIE GRIFFITHS

Think Real Estate.

One of the Best Investments You Can Make



3108/3112 OCEANVIEW LANE ON SAVARY \$1,125,000 Stunning ocean view. 2 homes, 2 separate titles. Sold together MLS#16662



5-8442 SPRINGBROOK RD. \$379,900 Rural yet close to town. Easy living. MLS#16849



4001 DORVAL AVE. \$599,900 Best Buy! New floors, great neighbourhood. MLS#16793



10856 MARINERS WAY \$1,199,000 Waterfront home and guest house. MLS#16880



#12-8442 SPRINGBROOK RD. \$375,000 One level living, next to golf course. MLS# 16874



6372 CHILCO AVE. \$649,900 Perched above Powell Lake, over 1/2 acre. MLS#16919



4210 FERNWOOD AVE. \$638,500 Ocean view home, large corner lot. MLS#16920



4712 MICHIGAN AVE. \$749,000 Home on a large lot with future subdivision potential. MLS#16580

LOTS FOR SALE:

LOT H MANSON AVE. \$478,000 An acre of land in an excellent location. Subdivision potential. MLS# 16696

1287 TENNYSON RD. SAVARY ISLAND. \$359,900. Two beautiful lots side by side with some ocean view. Separate titles but sold together. Build your retreat. MLS#16609

604.483.6930

val@griffithsproperties.com
griffithsproperties.com



Royal Canadian Legion Poppy Campaign

Through November 11 at 65 participating businesses in the qathet Region

The proceeds go towards the support of local veterans, cadets, youth sports teams and more.

How to participate • Watch for our Poppy Boxes located at many local businesses. Make a donation to our Poppy Fund in exchange for a poppy to wear in remembrance of those who sacrificed for the freedoms we enjoy today.

Contact • 604-485-4870

qathet Refugee Sponsorship Peace by Chocolate Film Event

November 9 & 10 | 7 pm Wed & Thurs & 1:30 Thurs at the Patricia

We are committed to the resettlement of a refugee family to the qathet Regional District, with an end goal of at least \$26,000. This will go towards supporting a family with affordable housing, food and providing emotional and social support for their first year in Canada.

How to participate • Come see the film "Peace by Chocolate" at The Patricia Theatre. We will provide information about who we are, what we are doing, and collecting donations.

Contact • qathetrefugeesponsorship@gmail.com or find us on Facebook

16 Days of Activism against Gender-Based Violence

November 25 – December 10 An international campaign to bring awareness & strategies to individuals and organizations, to call for the prevention & elimination of violence against women and girls.

qathet SAFE's community awareness campaign goal is to bring awareness to gender-based violence and highlight the support services in the community for families who find themselves in crisis.



HONOURING VETERANS: Legion president Mike Koestlmaier presenting the first poppy to Tla'amin Hagus John Hackett at a ceremony at Tla'amin Government House on October 25. National Indigenous Veterans Day is November 8, and Remembrance Day is November 11. *Photo by C. Martinig.*

How to participate • See the display at the Powell River Public Library (Shoe Memorial Display), Town Centre Mall (Information & Community Awareness Display). Cash donations can be made at qathetsafe.ca
Contact • qathetSAFE | Facebook qathetSAFE | Instagram

Sunshine Gogos

All proceeds from the sale of baking and merchandise go to the 'Grandmothers to Grandmothers Campaign' which supports African grandmothers caring for their families. The Campaign is an initiative of the Stephen Lewis Foundation.

Nov 19 | 10-4 • Lund Craft Fair at the Italian Centre
Dec 1 | 10-4 • Town Centre Mall
Contact • sunshinegogos@gmail.com

What: Give a Little, Get a Lot Campaign

When: Oct 24 – Dec 31
Where: Townsite Fruit & Veg 5831 Ash Ave
How to participate • Buy a Townsite Fruit & Veg gift card for the Powell River Food Bank in-store or online townsitefruitnveg.company.site/Gift-Cards-c47066103 & we will match it.
Contact • townsitefruitnveg@gmail.com

WLWP Toy Drive & Community Breakfast

December 3

Salvation Army on Joyce

All donations benefit local families with the help of The Salvation Army & Powell River Food Bank.

How to participate • Come by the Salvation Army for a complimentary breakfast Saturday, Dec. 3. Please bring an unwrapped new toy, children's books, or cash donation to Santa's helpers at the drop boxes at the Salvation Army.

Contact • See ad on Page 53.

Brooks Students for Change Jingle Jog

December 17, 10 am • Location TBA

5km run with proceeds going towards the Powell River Food Bank.

How to participate • \$10 per person, or \$20 per family can be paid at the Brooks Secondary School office ahead of time, or pay at the event.

What it achieved • The Jingle Jog has raised over \$25,000 in the last 10 years.

Contact • 604-483-3171.

Special O Tree Mulch

January 8 | 10-1 • Mother Nature

How to participate • Bring your Christmas tree for disposal for a suggested minimum \$5 donation. Proceeds go towards Special Olympics PR. For Sunday morning curbside pick up, purchase a pickup tag at 7-Eleven, Top Shelf Feeds or Mother Nature. Tags can be purchased until the end of day January 2. Have your tree tagged and at the curb by 8 am on Jan 3. Chip disposal is courtesy of Augusta Recyclers.

Contact • Jackie at 604-414-8266



END THE SEASON WITH CHARITY: Dispose of your tree at Mother Nature with a donation to the Special Olympics January 8.

Salvation Army Christmas Hampers

To December 14 | Mon - Fri

9-2 pm • 4500 Joyce Ave

Our Christmas Hampers are created for local individuals & families in need, made up of donations from our wonderful community.

How to participate • Drop off new toys, food or money at the Salvation Army on Joyce. Please contact us if you need to organize an after-hours drop off, or to inquire about adopting a family. Please apply by Nov 30th if you would like to be a hamper recipient this year.

Last year we distributed about 195 hampers with your support.

Contact • 604-485-6067 or contact@salvationarmypr.ca

Secure Vision Optical's Little Ray of Hope

4699 Marine Ave

Buy a year's worth of education for a child in Kwangware - the second largest slum in Kenya. A \$500 donation can provide a child with daily access to school, two meals a day, a uniform, and a safe environment.

How to participate • Make a \$500 donation and you will receive a receipt for tax purposes and get free lenses for your purchased frames.

What it achieved last year • With your help, we sponsored five more children last year. The changes we have made have drawn attention to our fundraiser, with my business earning International Optician of the year 2021.

Contact • To book an appointment to buy new glasses call 250-792-5199 or go online to: go.oncehub.com/1hour-privateconsultationPowellRiver

460
REALTY

Thinking of selling and not sure who to call?

Start with...



* PRSCREB MLS data 2020 & 2021

JOSH STATHAM
PERSONAL REAL ESTATE CORPORATION



604.223.5674
WWW.JOSHSTATHAM.COM

Create your
cozy
with a woodstove



Wood heat has no equal. The warm crackle of a fireplace or wood stove and heat that gets right to your bones is ideal for damp west coast winters. But is your old fireplace or stove smoky, inefficient and going through too many cords of wood? Talk to the pros at Cadam Construction about a new, efficient wood appliance.

Find your new heat source at Cadam Construction and trust their professionals for the install.

There's still time to get a new wood stove installed by Cadam Construction for this season!

Also see Cadam Construction for pellet stoves, electric fireplaces and gas stoves. Plus they do installs and maintenance!



CADAM
CONSTRUCTION

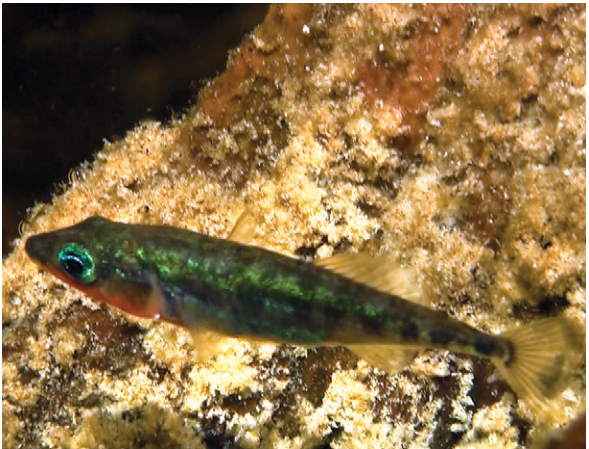


Hot Solutions for your Cool Locations

7468A Duncan Street near the airport

cadamconstruction.com • 604-414-4699

Book your
chimney
cleaning
now!



qathet's species at risk

BY SAMANTHA GAMBLING

COASTAL PARTNERS IN CONSERVATION

The world is currently experiencing its sixth mass extinction. According to Earth.org, “More than 500 species of land animals are on the brink of extinction and are likely to be lost within 20 years; the same number were lost over the whole of the last century. The scientists say that without the human destruction of nature, this rate of loss would have taken thousands of years and they warn that this may be a tipping point for the collapse of civilization.”

British Columbia currently has 1,807 species of animals and plants at risk of extinction, more than any other province or territory in Canada. This includes a dozen or more species and ecological communities at risk in the qathet region.

Coastal Partners in Conservation, a team of dedicated biologists who specialize in conservation through research, public outreach, and habitat resto-

ration in coastal BC and internationally, has worked closely with local stewardship groups such as the Malaspina Land Conservancy, Malaspina Naturalists and the Lasqueti Islands Trust and Nature Trust in conducting Species-At-Risk (SAR) surveys and habitat enhancement work in the qathet region.

Their *Rare Species of the Coastal Douglas-fir Ecosystem in the Powell River Regional District* biodiversity guide includes species ranging from the Northern Goshawk to the Sharp-tailed Snake, both “Red listed” according to provincial rankings. For both of these species and many more, habitat loss, degradation and fragmentation due to urban development and forest harvesting, are primary threats.

Following a film screening on November 27, Aimee Mitchell, Executive Director of Coastal Partners in Conservation, will be joining a of panel conservationists and educators—including internationally renowned bear ecologist Chris Morgan—to discuss species at risk in qathet, and what we can do to support local wildlife in our own backyards and beyond.

Some of the red-listed (most at-risk) species in qathet

- Rigid apple moss – Lasqueti
- Contorted-pod evening primrose – Savary
- Silky beach pea – Savary
- California Sword Fern – Texada Island
- Northern Goshawk – Coastal BC
- Barn Owl – South-West BC
- Painted turtle – Texada Island, Powell River
- Limnetic & Benthic Three-Spined Sticklebacks – Texada Island (Paxton Lake, Vananda Creek), Lasqueti Island (extinct in Hadley Lake)
- Sharp-tailed snake – West Coast



The Psychological Impact of Climate Change

BY KARA FOGWELL | THE VK WELLNESS INITIATIVE

We have all heard the news of planet earth showing signs of distress because of human actions.

One of the signs of earth's ill health is that many of the species that once called it home have disappeared. This eco system that we exist in and are supported by is experiencing a rapid decline in diversity. There are currently one million species being threatened with extinction, says the Intergovernmental Science-Policy Platform on Biodiversity and Ecosystem Services (IPBES) (United Nations, 2019).

Due to these alarming facts, many of us are experiencing increased distress about the health of our home and what this means for the future. This is being called eco-anxiety or eco-depression and is now showing up in behavioural literature as something that is affecting the emotional and psychological wellbeing of individuals (Arcanjo, 2019). People are also experiencing symptoms of grief related to the loss of biodiversity. Although these experiences come with great suffering for the individual, it is these exact emotions and the sharing of them that are necessary to bring about the changes we need.

Grief is a process of mourning loss *and* integrating the life which has been lost. It is a time of honouring and carrying forward the experiences and lessons from what we lost. This November many communities and individuals will express their grief and share this through artistic media. The movement of grief signifies a powerful process of change for all of us. Together we look to the lessons we can learn from

our shared grief experiences. We can also learn from reflecting on what has been lost and what is needed to restore balance.

Depression, anxiety, and grief contain in their own right, a strong motivational force. The state of our

REMEMBRANCE FOR LOST SPECIES

When: Through November

What: Several events that are part of the qathet Art Centre's Memento Mori: Honouring Grief and Loss Together. They include an Endangered Species art exhibition on species at risk; a whale tail jewelry-making workshop; a storytelling and performance evening; and a film screening (see ad on Page 17). In addition, the VK Wellness Initiative is offering an ecotherapy and education group called "From Eco-Anxiety to Eco-Distress" November 29 (Register for the group here: <https://vkwelness.ca/workshops-events/>).

More info: qathetart.ca

planet is depressing, scary, and seemingly hopeless. Let's consider though that these emotions are telling us that we need to change, and quickly. In response to these emotions, it is helpful for us to search out solutions to the death that is all around us.

Looking for opportunities for increasing life and biodiversity is one way we can experience hope rather than grief and distress. Other ways also include spending time caring for life, or deepening our connection with other life forms through experiences like eco-therapy. 🌱

HOLD ON TO YOUR SPECIES: Above, a Northern Goshawk in a Western Red Cedar (photo courtesy of PROWLs); Top, painted turtle; Middle, stickleback (photo by Terry Brown); bottom, silky beach pea.



Start your holiday shopping in the Townsite!

Unique Stores & Beautiful Gifts

Take a drive to the Townsite Market

For an authentic taste of the region, visit Townsite Market in the historic Powell River Stores building.

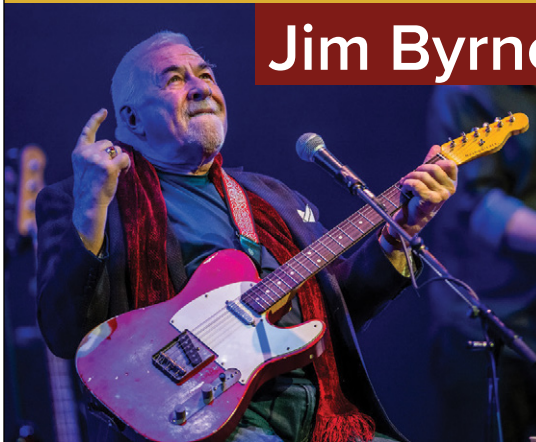
Steps from Townsite Brewing and The Patricia Theatre, experience local art, fashion, baking, groceries, and much, much more.

townsitemarket.com
5831 Ash Ave.



Tickets make the best gifts!

Jim Byrnes & Friends



A veritable national treasure: a legendary blues icon, an actor of note, and that artist who lights up every stage with songs and stories, tried and true. The “friends” are: Simon Kendall on keyboards; Geoff Hicks on drums; Rob Becker on bass and Eric Reed on guitar.

Saturday, Dec. 3, 7:30pm

All seats \$35

The Wardens

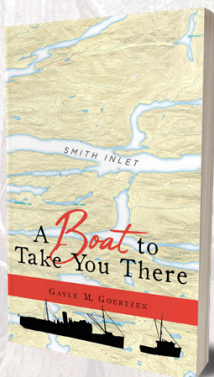
Back at The Max! This Rocky Mountains-based band's stories and songs rise from the very land they've protected as Canadian National Park wardens. The band's mountain music, blending folk, roots and western styles, reflects Canada's protected wilderness areas.

Thursday, Jan. 19, 7:30pm

All seats \$25



TICKETS AVAILABLE at **The Peak** 4493F Marine Ave or **Online** at MaxCameronTheatre.ca or cash only at the door at the Max Cameron Theatre located at Brooks Secondary (5400 Marine Ave). For info call 604-483-3900



Join author Gayle M. Goertzen in a presentation of her book *A Boat To Take You There* (2022), and her experience growing up in a remote logging camp in Smith Inlet. The memoir celebrates the Gwa'sala people, trappers, fishermen, cannery workers, loggers, bootleggers and a variety of eccentric individuals!

Saturday, Nov. 26 at 2pm

First Credit Union Community Room



info@prpl.ca 604-485-4796 prpl.ca

2018 to 2022 five-year check in on housing

What was in the pipe vs. what was built

BY PIETA WOOLLEY

Back in 2018, a house in qathet cost a measly \$344,165 – but we were already firmly into the housing crisis. That year, *qathet Living* ran a scene-setting story outlining the current state of housing, and high-lighting solutions.

“Powell River is perhaps the first city in North America to identify and solve its housing crunch in just five years,” I wrote hopefully.

We included a round-up of all housing in the pipe at Powell River City Hall, including publicly-funded housing, rentals, and owned multi-family (condos and townhomes) and small lots.



New builds in Powell River: 2018 versus 2022

	Projected units in November, 2018	Units completed, or nearing completion, November 2022
Non-profit & affordable	158+	164+
Market Rental	118	101
Owned multi-family & Small Lot houses	319	70
Total	595	335

Note: Since November 2018 (and not included in the numbers above), Veyron Properties have successfully achieved a rezoning to build 141 units of market-rate rental at 5130 Joyce Avenue. Construction has not started. Numbers compiled by City of Powell River Senior Planner Daniella Ferguson

Homes For All

Three years ago, Powell River woke up to its housing crunch. Now, we're poised to become one of the very few areas in Canada to reverse homelessness and precarious housing. How did we do it?

BY PIETA WOOLLEY | pieta@prliving.ca

Ring, Ring. Deb Lesuk pops up from her chair to answer the phone in the Life Cycle Housing office.

It's a tiny little building surrounded by 31 townhomes, tucked in behind the hospital. About 90 people live here including 25 kids – in one of Powell River's very few nonprofit, affordable housing complexes.

The caller? Someone desperately looking for a place to live.

“We get these calls every day,” explained Deb, sitting down again. She mentions she has a record of 75 people on the wait list. Unlike in the past, residents rarely move out anytime – unless they age into the hospital, or die.

Real estate and private rentals are just too expensive. “Families are the hardest calls to take,” Deb said. “It's really tough. Often they're living on very little and paying exorbitant rents. Or, they're living with a parent – they're on the couch and the kids are in a spare room. Or, a rental house has sold and the new owners are moving in. Or, their rental is making them sick from mould or other environmental problems. I try to strategize with them about finding other housing, because realistically, it might be years before a suite opens for them here.”

For the past 18 years, Deb has been the property manager here at Life Cycle, the nonprofit that also runs a 12-unit complex at Brew Bay, and eight tiny homes in Cranberry (formerly known as Moose Village). Her constant ringing phone is probably the best symbol of Powell River's desperate housing crunch.

But it's not the only one.

Maybe the best symbol is Ashok Varma's garden. Sandwiched between Canadian Tire and the Community Resource Centre, Ash's aerial office faces the multi-private suite that has become, in the past two months,

a high-traffic area for people without a place to sleep at night. His porch and landscaping fill up with bags of clothing, sleeping bags, and sometimes needles.

“It's crazy. I never thought we'd see this in our community. For the first time ever, I found a young guy sleeping on my porch one morning,” Ash said, noting that he's been practicing dentistry in this location since 1983, and he has never seen as much homelessness as in the fall of 2018. “I chatted with him – it turns out I took his wisdom teeth one year ago!”

Ash has compassion for the many people who are looking for respite. He also has a responsibility to keep his employees safe from drug-related activity, he said, so he has installed a surveillance system to discourage campers – something he never thought he'd have to do.

Maybe an even better symbol for Powell River's housing crunch is Remax realtor Ross Cooper's client list. If they're first-time homebuyers, he reports, most of them are getting substantial help from their parents in the form of a down payment, a co-sign, or cash for renovations so they can get into a higher level of pricing, he said.

“Any house under \$300,000 has been virtually wiped out,” Ross reported, noting that low wages coupled with high rents make saving a \$30,000 downpayment virtually impossible for many locals.

“If it's under that, you'll usually have a repairs list. Powell River has been discovered by people with money. Vancouver people who are coming here with dollars from the sale of their million-dollar homes are willing to spend more, pushing up the price of entry-level homes.”

Escalating, of course, the housing crunch for people of all income levels.

It's not news. Escalating real estate values, affordable housing, and homelessness have taken centre stage in local conversations since September 2018. That's when Ross was a presenter at Powell River's first Housing Forum at the Evergreen Theatre, seeking solutions to a Vancouver-like situation that was about to get much more Vancouver-like.

6 • november 2018 • prliving.ca

It's been five years. The amount of change in this region would boggle our 2018 minds: COVID-19, the paper mill closing, population growth, and so much more. Mostly, the median selling price of homes here is \$585,000, as of September, and the rental market is tight like a boa constrictor.

qL checked in with the City's planning department to see where we're at: what has actually been delivered since five years ago.

What does the following reveal? That new housing plans – like everything else – is vulnerable to change. And solving a housing crisis isn't as straight-forward as you'd hope.

of Powell River's
housing
heroes

Clockwise from top left:

STUART CLARK
Executive Director of PRHSP Opening a 20-bed shelter at the CRC this month, operating the modular homes project.

PIP ELLIOTT
Developer, Wye Healthwaters Downtown in Cranberry

PAT CHRISTIE & DEB LESUK
Life Cycle Housing's board treasurer and property manager. Developing new units.

MIKE KEATING
Inclusion Powell River's board vice chair. Developing new units.

PAULA STEWART
Tla'amin Nation's housing manager. Sorting things out.

NICHOLAS SIMONS
Powell River Sunshine Coast M.A. and long time housing advocate.

CAROLEANN LEISHMAN
Project manager at Aginc Builders, Sunset Homes Society, City Councilor.

MAGGIE HATHAWAY
Chair of the Powell River Housing Board table and City Councilor.

ROSS COOPER
Real Estate agent and rental agent. Advocate.

THE DIFFERENCE A HOME MAKES

Before moving to Life Cycle Housing, my children and I were being evicted by a landlord who could no longer cover the cost of repairs. We had been very lucky to have had three for eight years, where we could afford the rent, heat and electricity.

Having to move and find a new place was terrifying and hard to cope with. And finding a place to live without a car or cell phone makes it harder. My counsellor from mental health brought us to Life Cycle to put our names on a list for the first available unit. We had to wait for about five months.

Then, we were given a unit to move into. We are so fortunate to be here at Life Cycle as we are on a fixed income and don't own a car. Living within walking distance to the hospital and grocery stores really helps too.

We are also lucky for our neighbours and all the wonderful and caring people who work so hard to make Life Cycle so special.

Anonymous resident of Life Cycle Housing

Here's the actual news, and it's good. Really good.

Since that meeting, this region has come together to solve the crunch, and relief is coming so quickly as this month. A 20-bed shelter is opening this month - open every night through March - at the Community Resource Centre to get people off the street immediately. In the spring, the 40-unit modular housing complex is opening near Kiwanis Manor, which will help people transition off the street or out of precarious housing.

In addition, more than 200 units of affordable housing are in various stages of development, but all opening within the next three years, thanks to the local nonprofit community and the city, province, federal government and Tla'amin Nation.

Another 44 units of purpose-built rental are opening within two years, thanks to local developers.

Plus, as part of an innovative mission to identify, the City of Powell River has recently allowed secondary suites, carriage homes, and other measures, which are all resulting in many more places for people to live. In total, there are more than 600 new homes in the pipeline.

In other words, Powell River is perhaps the first city in North America to identify and solve its housing crunch in just five years.

That is, if it happens.

City councillor Maggie Hathaway is glowingly optimistic about the building boom. But in the back of her mind, she knows this we've been here before. Back in 2009, she and Brian Injury Society executive director Debbie Dee formed a housing group with similar goals. Virtually none of the projects planned during that era materialized.

"I feel cautious. There's a lot that they say they're going to do. I'll be happy when the projects are built."

Maggie, who coordinated the September 2016 housing forum, has a background in legal aid, social work, and was M.A. Nicholas Simons' constituency assistant. She is particularly sensitive to the growing number of homeless people she encounters. One young woman sleeps in a bank machine enclosure.

"There's no where I can see her," said Maggie. But she is optimistic, and here's why: so much has changed over the last decade.

In Powell River, Life Cycle Housing's board chair Pat

november 2018 • 7

A DIFFERENT WORLD: The November 2018 Helping Issue featured a package about how local groups were helping to solve the housing crisis. It all made sense - pre-COVID, pre-population boom, pre-inflation, and pre-escalation in home prices. In spite of all those circumstances, much of the housing that was in the pipe five years ago has manifested. We just need more. In fact, the City estimates we need 592 new units of affordable housing by 2026, according to the 2022 Housing Implementation Plan.

What are the biggest things holding up more housing being built here?

BY JASON GOW | DIRECTOR OF PLANNING, CITY OF POWELL RIVER

This is a complex question with an equally complex answer. Please consider that depending on the type of housing, answers would vary.

If the question is specific to affordable rental housing (which, based on findings of the Housing Needs Assessment, is the type of housing the community needs the most) the answer would be that there are limited financial resources coming from upper levels of government available to support the construction of this housing type.

It is true that the current provincial government has made sizeable investments in affordable rental housing over the past few years. Unfortunately, the housing crunch being felt today is the result of decades where there was limited investment in more affordable types of housing. As outlined in the Housing Implementation Plan, policies from the 1970s and 80s to encourage the development of single-family homes slowed the construction of market rental units. It is these market rental units that would be today's more affordable units.

In terms of market rental or owner-occupied multi-family residential developments, these are typically larger projects that require greater capital investment at the outset. When successful, these developments typically provide an immediate influx of housing units at rates much greater than single-family residential development.

From the perspective of providing more units and further diversifying housing type in the community, City staff favour multi-family residential development. The challenge is that only a small percentage of the local development community has undertaken

Non-profit and affordable housing built since 2018

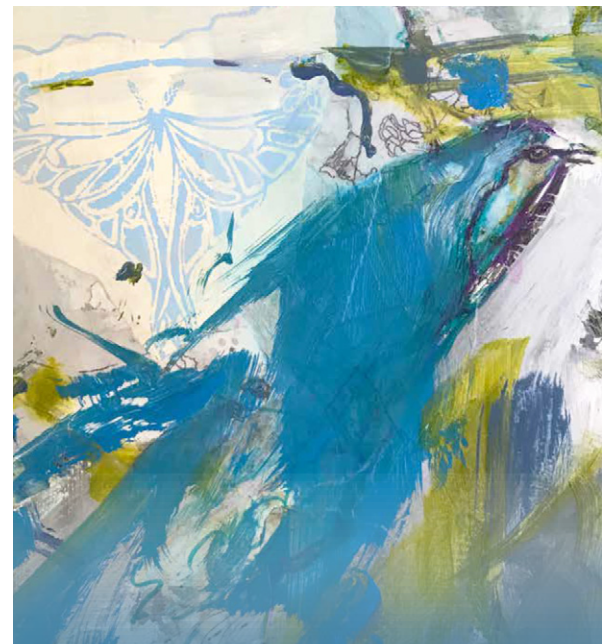
- Winter Shelter (20-bed shelter): still in place, but located next to the CRC
- Rapid Response Modular (40-unit modular housing complex is opening near Kiwanis Manor): 44 units completed and fully tenanted
- Sunset Homes Rental 55+ (34 units): 34 units under construction with scheduled completion late 2022
- Inclusion Homes Rental (40 units): 42 units completed and fully tenanted
- Life Cycle Seniors and Families (Cranberry 24 units): 24 units under construction with scheduled completion early 2023

this scale to project. Most seem satisfied to continue building single-family residential homes.

Combined with minimal interest from out-of-town developers who are often more comfortable with the capital investment required to undertake projects of this scale, this impacts the number of housing units being built in the community.

Lastly, the continued popularity (and relative affordability when compared to other communities) of single-family residential dwellings has meant the local development community has always had a buyer for their product.

While perhaps a good business model, the impact to the community is fewer (and typically more expensive) housing units being created annually than compared to multi-family residential development.



MEMENTO MORI

Honouring Grief & Loss Together

November at qathet Art Centre

- Endangered Species Exhibition
- What I Miss About You art project
- Elderflower book giveaways

Nov 5

Ofrenda Dia de Muertos Memorial Altar at Willingdon Beach

Nov 4 & 5

The Beatin' Stick & Thoughts on Restorative Justice at the United Church

Nov 9 & 10

Advance Care Workshop with Hospice at qathet Art Centre

Nov 19

Memorial Lantern Making at qathet Art Centre

Nov 20

Green Burials in qathet at qathet Art Centre

Nov 23

Whale Tail Endangered Species Junk to Jewelry Workshop at the Complex

Nov 26

Remembrance Day for Lost Species Storytelling & Aerial Performance at the Max Cameron Theatre

Nov 27

Bear Trek Screening at the Patricia Theatre



qathetART.ca

on the Traditional Territory of the Tla'amin Nation

Little families, huge houses: qathet's housing conundrum

On September 21, Statistics Canada released housing data from the 2021 Census. Of the 10,060 private dwellings in qathet:

- 70% of homes here were built before 1990 – more than 30 years ago
- In the last decade, 825 new homes were built
- There are more single-income homes than dual-income homes
- Major repairs are needed in more than 10% of homes
- About 12% of renters live in subsidized housing
- The vast majority of homes – 86% – have two or more bedrooms
- But just 24% of households have three or more people living in them.
- Three quarters of homes here are single detached houses
- Just one in nine households has four or more people in it.
- Of families with children, the average number is 1.7
- There are 205 multi-generational households here
- 50 households have more than one family living together

What are your thoughts on the new Census 2021 housing data?

BY DANIELLA FERGUSSON

SENIOR PLANNER, CITY OF POWELL RIVER

Since November 2018, the City of Powell River has completed a Housing Needs Assessment and a Housing Implementation Plan. So, we now have a much better idea of what the actual demand for housing is for people who already live in our community. City staff estimate that 1,032 new units of residential are needed from 2016 to 2026. This would be a level of construction Powell River hasn't seen since the 1970s and 1980s.

From 2021 to 2026 and accounting for units built since 2016, staff estimate that 770 new units of residential are needed. Of those 770 units, 390 should be rental units for individuals and families earning less than \$80,000 a year, which means for very-low, low, and moderate-income families.

Due to current land economics and what form a development would have to take to be affordable, this would look like eight to 12 medium-sized, mixed-income apartment-style buildings. The remaining 380 should be homes for people seeking shared-equity ownership (co-housing), attainable ownership (i.e. stratified developments), and market ownership.

Housing prices, land prices, and construction costs have all gone up, but incomes have not. Secondary suites and carriage homes are a great way for inter-generational families to live together. The City can keep encouraging people to build them and also find other ways to encourage a substantial amount of new purpose-built rental housing. Most new construction

has been single-family homes. This type of construction primarily serves out-of-town buyers, because most people with local jobs and local incomes can't afford them.


Something that stood out to us is that since the 1980s in City of Powell River, about 60% of households have been very-low, low, and moderate-income households. This 60% figure has held steady for more than 40 years.

What has changed is that moderate-income earners used to be able to buy a single-family home. This isn't true anymore. So, we need to talk about what the right kind of housing supply is.

Since the 1980s, on average three out of four homes have been single-family. As economic conditions have changed, our building supply has stayed the same and construction volume has slowed down.

So, in the planning department, we're looking forward to working with people who recognize the change and are willing to try something new.

There is a proverb that the best time to plant a tree was 20 years ago, and the second-best time is now. The same is true for housing, because older multi-family buildings and rental units tend to be more affordable.

On top of needing to build affordable units on purpose, today's market-rate units are tomorrow's affordable units. That's why the Housing Needs Assessment recommended that the City look into developing 7104 Barnet Street as rental housing. Staff recently completed a feasibility study for the property, and are looking into this further. 



Imagine waking up
TO THIS

For more details, go to 9661RandomRoad.ca

To view this waterfront home now for sale, call 604-489-3145



Tla'amin Convenience Store
YOUR LOCAL GROCERY MARKET

First Nations created jewellery / carvings gift gallery • fresh baking & deli to go

604-414-0269 • tlaminstore@gmail.com • 5245 Hwy 101 North • Mon-Sat

Your one-stop gift shop

Now carrying a selection of Pendelton premium towels & wool blankets! These, and the Stanley vacuum bottles at left, are just a few of the gifts in stock.

BEST of quality

Remembrance Day

Afghanistan veterans Matt Staley and Gordon Hoffman (see next page) are planning to be at the Remembrance Day cenotaph service this year. While the parade features fewer WWII and Korean War veterans each year, they say that qathet has quietly become home to hundreds of people who have served in more recent conflicts. Many choose to settle here after their time at Sunshine Coast Health Centre, which specializes in trauma recovery.

“Some don’t want to identify as veterans. Some are homeless. Some are suffering from mental health and substance use disorders,” said Gord, who is the local Royal Canadian Legion Branch’s Service Officer – responsible for connection and liaison between local vets and required services, including higher levels of Royal Canadian Legion Command.

“War sucks,” said Matt. “It’s a terrible experience,” so it’s no surprise that many veterans choose to remain anonymous.

Still, the two former Warrant Officers say all vets appreciate it when people show up on November 11 to pay respect, and to remember.



REMEMBRANCE DAY 2022

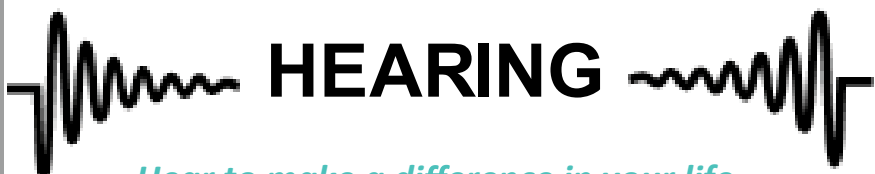
When: 9:45 am, Two minutes of silence at 11 am.

What: Cenotaph service & laying of wreaths.

Where: Dwight Hall, Townsite.

FROM QATHET TO AFGHANISTAN: Gordon Hoffman, 37, grew up in Powell River and spent five years as an Army Cadet, before joining the service at 19. Here he’s on his first tour, in Kandahar, Afghanistan. Then-Private (Trained) Hoffman was conducting a vital point search for IEDs during a convoy between Kandahar Airfield (KAF) and Forward Operations Base (FOB) Frontenac.

POWELL RIVER



Hear to make a difference in your life.



Shannon Formby, RHIP
Registered Hearing Instrument Practitioner



Rechargeable and Non-Rechargeable options

BRAIN HEARING TECHNOLOGY

Start hearing what you’ve been missing.

4794B JOYCE AVENUE (604) 485-0036
WWW.POWELLRIVERHEARING.COM

Men who choose respect make healthier communities

The “Men Choose Respect” program includes a 1-to-1 intake. Men meet together for 9 weeks.

For men who want to stop their use of abuse in their personal relationships and choose safety, equality and respect with their partner.



New groups starting soon

For more information or to apply, contact Rob and Tammy.
604-223-5876

menchooserespectprogram@gmail.com



www.qathetSAFE.ca



Pride, courage & trauma

Thanks to a unique program at Sunshine Coast Health Centre, a new generation of war veterans is moving to qathet. *By Pieta Woolley*



THE RC LEGION BRANCH 164 IS BROUGHT TO YOU BY: Executive members Warrant Officer (Ret'd) Mike Koestelmeier, CD-President; Warrant Officer (Ret'd) Gord Hoffman, CD-Branch Service Officer; Warrant Officer (Ret'd) Matt Staley, CD; Cde Dave Johnson (former president of Branch 164); Cde Bev Mansell - Past President; Cde Lorraine Hansen; Cde Gord Cortner-Sick and Visiting Rep; Captain (Ret'd) Paul Campbell; Chief Petty Officer 2nd Class (Ret'd) Chris Carnall - First Vice President; Alice McCallum - Sergeant-At-Arms.

After PTSD, addictions and cancer, this veteran finds his peace – and place – here

Matt Staley was in the Canadian Army from the time he was 18 years old. He joined as soon as he could, hoping to continue the tradition of military service his family valued going back a century to the Boer War.

At CFB Petawawa, Ontario, Matt learned to operate tanks, and was good at it. He was a runner, a weight-lifter, and earned multiple black belts in several martial arts, and became a military unarmed combat instructor / close quarter combat instructor. Over the 20 years he served, he was deployed in Bosnia, Kosovo and Afghanistan, working his way up to Warrant Officer – a leader. He described it as “a very, very cool career.”

That is, until it wasn't anymore.

Matt met with *qL magazine* at the Royal Canadian Legion on Alexander Street. Over a Coca-Cola, he revealed his own story about war, trauma, addiction and recovery, while his service dog, Fisher, sat by his side.

Without going into detail, Matt says that as a young man he witnessed “the horrors that man can inflict on man.”

“By the time I went to Afghanistan, I

was no longer peachy-keen and wide-eyed. I was tainted. Was I a peacekeeper? A peace-maker? A war fighter? I wore all of those different hats on the same missions. Ultimately, there is nothing I did overseas I feel proud of.”

In 2014, Matt was medically released from service with severe PTSD. The military's decision hurt him badly; he considered it his family.

At the time, he was 41 years old. He retired to North Bay, and lived as a hermit in the bush. He hated the army. Within a year, he had developed polycythemia vera, a kind of blood cancer that caused blood clots to form throughout his body. Matt was drinking heavily, and had a hard time eliminating drugs his doctors prescribed him: Ativan and sleeping pills.



ON THE MOVE: Warrant Officer Matthew Staley served in Bosnia, Kosovo and Afghanistan, as well as in several domestic operations, including the Ottawa ice storms.

he was offered the chance to come to treatment at Sunshine Coast Health Centre (SCHC). There in 2020, he said he became healthy again for the first time since about 2008, a “hard reboot” that included multiple modalities of trauma work and psychotherapy. He found he could connect with other

The disease hobbled his body so he couldn't run or lift weights anymore. From 2014 to 2019, he endured blood clots, culminating in two massive embolisms in his pulmonary arteries. Beyond the trauma of war and the rejection by the army, alcohol became “a whole new hell.”

“That was my ground zero,” he recalled. “I had this realization that I can die like I am or find some way to live better.”

Matt got surgery for his blood cancer, and he was offered the chance to come to treatment at Sunshine Coast Health Centre (SCHC). There in 2020, he said he became healthy again for the first time since about 2008, a “hard reboot” that included multiple modalities of trauma work and psychotherapy. He found he could connect with other

people, and learned how to communicate again. He started to walk, then run again, lift weights and practice karate.

“It's not just about addiction or trauma recovery; it's about recovering from losing yourself. It's about trying to emerge from a person who has been absolutely broken.”

At SCHC, Matt began mind/body/spirit work, which he continues every day. This past summer, he went back for a “tune up.”

“I never should have become a soldier; I am way too sensitive,” Matt said, noting that he has only recently been willing to go into the Legion at all – because of its military connection.

Now, he's moving on. Matt lives here with his girlfriend – his high school sweetheart he reconnected with back in Ontario. He runs two SMART recovery meetings a week – help for those, like him, who struggle with addictions. And, he is a full-time student at Rhodes Wellness College, taking a Professional Counsellors Diploma – while he enjoys qathet's food, music, arts, mountains and water: “the confluence of everything I love.”



Tug-Guhm
GALLERY & STUDIO

This holiday season, choose a gift from a local artist!

Be sure to check out the selection at Tug-Guhm in Lund.



Open 10 am - 4 pm daily • Closed Tuesdays • At the The Lund Resort at Klah Ah Men

604 413-0637 • debravevaartcreations.com



REMEMBERING THIS: Matt Staley, right, moved to qathet after getting help at Sunshine Coast Health Centre for the trauma he experienced overseas.

Afghan vet and former Powell River cadet finds healing and new ways to serve here at home

Gord Hoffman, 37, was born in the old hospital and grew up in Powell River – as a teen, he was an avid participant in the local Army Cadet program. By 17 he had applied to the Army, and by 19, he was in.

Gord's dad was a truck driver, so his first job in the service – as a Mobile Support Equipment Operator – was a natural fit (basically, a truck driver.) In 2004, following basic and trade training, he was posted to 1 Service Battalion – “Western Canada’s mother-ship for Combat Service Support,” Gord explained.

His high school sweetheart joined him in Edmonton in 2005, they were married later that year and in short order started their family in 2007.

Gord was deployed twice to Afghanistan, once in 2008, where he saw combat in Kandahar, and once in 2013/2014 in support of the Afghan training mission, Op ATTENTION, and the Mission Closure Team. By 2015, he was made Transportation Chief Dispatcher in Wainwright, Alberta.

“That’s where everything caught up with me,” he recalled. On his 2008 tour, “some pretty atrocious stuff happened” in combat and in the aftermath, he said. Between 2016 and 2017, he was hospitalized three times for suicide attempts, stemming from his post-traumatic stress and anxiety. “I lived with it for eight years before I asked for help.”


Then in 2018, he was “blindsided” when informed that he was being medically released from the service. He appealed and lost. “I still saw myself as a healthy

individual,” he said. “Like, I can still do stuff. But the reality is, if a soldier can’t carry a weapon, he can’t be a soldier. It makes perfect sense... but not when you’re in it. Being in the army was my whole identity. I wore the flag on my shoulder proudly every day since I was 19.”

Gord recognizes that he was lucky to have a support team: a mental health team, a peer support team, and, of course, his family. Through the Vocational Rehabilitation Program for Serving Members (VRPSM), he was afforded the opportunity to learn front-line intervention through a position in Client Services at Sunshine Coast Health Centre, initially funded by the Canadian Armed Forces through the VRPSM, and later in a paid capacity as that same department’s supervisor.

He met Matt Staley at Sunshine Coast Health Centre, when Matt was a client and he was providing front-line intervention for the daily challenges in the client’s lives.

“I’m serving my community now in addictions and mental health,” Gord explained, noting that after leaving SCHC to attend graduate studies through Royal Roads University, he now works with Youth & Family Powell River, facilitating a men’s support group and across other program areas that provide family support services.

Gord has four children, aged 15, 12, 6 and 3 – and one on the way. His oldest two are in Cadets, as he was at their age. He and his high school sweetheart are still married. 



THE END OF AN ERA: After starting out 25 years earlier in the Powell River Army Cadets, this is Warrant Officer Gordon Hoffman’s retirement photo, in 2019.

Remembrance Day

- 9:45 Parade commences from Townsite Mall to Dwight Hall
- 10:00 Service at Dwight Hall (45 min), then march to cenotaph
- 10:57 Service at the cenotaph (20-30 min), march past Dwight Hall back to mall.

Everyone is welcome at the Legion.

Noon til 8pm daily. We are child-friendly during food service hours 12-7 pm.

All Canadians 19+ can join the



Royal Canadian Legion Branch #164 Powell River

- | | |
|-----------------------|--|
| <i>Monday:</i> | <i>Weekends –</i> |
| Carpet Bowling 1:00pm | Saturday Meat Draw starting a 3:30 |
| Darts League play 7pm | Sunday Meat Draw & Trivia 2:45 – 5:00pm |
| Cinch card game 7pm | Doors are always open – cribbage boards, pool table, snooker table, and shuffleboard |
| <i>Tuesday:</i> | |
| Darts 7pm | |
| <i>Thursday:</i> | |
| Shuffleboard 1:00pm | |

604-485-4870 • 6811 Alexander St.
rcl164pr@gmail.com • legionbcyukon.ca



iPhones are back in stock!

Get the tech you need without breaking the bank

Special purchase—while supplies last
All units 100% Battery Health

- iPhone 8 \$339
- iPhone SE (2nd gen) \$419
- iPhone XR \$529

Open 10am–5:30pm
Tuesday–Friday

604 578-1320
4691 Marine Avenue



Only the Best
Used Macs

What the Sunshine Coast Health Centre offers veterans and others

BY CASEY JORDAN

SUNSHINE COAST HEALTH CENTRE

Our trauma program includes intensive medical, psychiatric, and psychological care in both one-to-one appointments with counsellors and in groups.

The therapies in our trauma program are designed to help a person make sense of their suffering and pain, allowing them to move forward and pursue a meaningful life.

These therapies are also designed to help build self regulation skills to deal with stress, anxiety, anger, depression, detachment, isolation, and other symptoms of trauma.



BETTER TIMES: Veterans Matt Staley, a former client at SCHC, and Gord Hoffman on a recent fishing charter.

Trauma cannot be reduced solely to a person's neurobiology, maladaptive learned behaviours, or environmental conditioning. It affects our fundamental motivations at the level of identity, relationships, personal meaning, and purpose. Trauma treatment at Sunshine Coast Health Centre and Georgia Strait Womens Clinic focuses less on symptom reduction exclusively (which is considered less effective) and instead combines symptom reduction

with helping clients pursue personally meaningful lives.

Most treatment centres do not treat addiction issues and PTSD at the same time. Treating one issue while ignoring the other can cause real panic for clients, often leading to them leaving early from the program.

Our clinical and medical teams have worked hard to make sure our addiction treatment program and the trauma program integrate seamlessly.

What today's Canadian Forces are doing

The Canadian Armed Forces has currently deployed about 2,000 personnel, over 20 global operations.

They include counter-narcotics patrolling in Central America, training security forces in Ukraine, and training soldiers in Iraq and Syria.

There are about 592,000 Canadian Armed Forces veterans.

About 10% of Canada's war and peacekeeping vets develop Post-Traumatic Stress Disorder.

This prevents clients needing to make sense of conflicting information. For example, standard addiction programming that uses language like "defects of character" often causes overwhelming shame for a professional who used drugs and alcohol as a way to deal with the PTSD they developed as a result of their profession.

We take care to ensure the language we use is not causing confusion or pain. 🗨️



WHEN OTHERS COUNT ON YOU, COUNT ON THE EU2200i

HONDA



Find your Honda at:

THUNDER BAY
SAW SHOP

thunderbaysawshop.ca
7125 Duncan Street
604.485.5041
Mon-Sat 9-5

Honda Outdoors

 @HondaOutdoors

NU TREND DESIGN

David Tauber
604 344 0009

3D Design allows our clients to see what their project will look like

32 years experience in the home-building business

CONSTRUCTION PLANS FOR:

- New Homes
- Additions
- Carriage Homes
- Detached Garages
- Decks

Let us help you with permit applications!



"Committed to selling the Powell River experience."

MATT BEHAN

REAL ESTATE PROFESSIONAL

mattbehanrealtor.com

604-223-2150



An evening with CORKY EVANS

"Power of the Commons - Sharing the Land, Water and Nature"

Corky Evans is a Founder of Columbia Basin Trust and former Minister of Agriculture, Transportation, Health and Critic for Energy.

7 pm Tuesday, November 22

Carlson Club (upstairs), 4463 Joyce Ave. All welcome.

Benefiting the future through Energy fairness

For more info contact Guy at 604-223-3649

604.223.7901

DanHarwoodElectric@gmail.com

Licensed • Bonded • Insured

HARWOOD

ELECTRIC

COMMERCIAL ⚡ SOLAR ⚡ RESIDENTIAL

The Legion supports vets - and the whole community

The Royal Canadian Legion is an organization that was formed after the First World War by veterans, for veterans. It's where we could gather in a safe and welcoming atmosphere. And to foster the remembrance of the sacrifices that were made

Michael Koestlmaier CD Warrant Officer (Ret'd) is the President of the Branch 164 of the Royal Canadian Legion. He served three tours of duty in Afghanistan, two of which were in direct combat. After 22 years of service in the Canadian Armed Forces he retired to Powell River.

How and when did you start working with the Legion?

Michael • I started with the Royal Canadian Legion upon my retirement from the Canadian Armed Forces in 2018 following 22 years of service.

What attracted you to this organization?

Michael • I was attracted to the Legion as a Veteran, I felt that the organization was created by Veterans for Veterans so that we would have a place to gather likeminded individuals to have a comfortable place to gather in a safe place where we are accepted for what has been sacrificed for Queen/King and country.



DUTY, TRADITION & RECONCILIATION: Legion President Michael Koestlmaier retired to qathet after three tours of Afghanistan.

What part of the work is the most satisfying?

Michael • I find that Veterans having a place to gather and connect, reminisce, is of the utmost importance. Seeing a welcoming atmosphere where we Veterans are accepted is paramount to our mission.

What part of the work do you find the most challenging?

Michael • The most challenging thing we face is in educating the general public and even our own membership on Veterans issues and the treatment of Veterans in the general public. Specifically, the social and interpersonal issues with regards to the re-integrations following years of service at home and abroad.

What do you wish other people knew about the work the Legion does?

Michael • I would love the community to know how much the Legion does outside of coordinating Remembrance Day services. We are a cornerstone of the community. An-

nually, we donate in excess of \$25,000 directly back to the community in the form of donations to local organizations and bursaries to youth for post-secondary education. We are undertaking to not only preserve our past, but realize we need to look to the future as well.

Had you been involved in charitable or caring work before? What got you started?

Michael • Aside from holding leadership positions within the Army and caring for the welfare of my subordinates and crews, the Legion has been my first exposure to charitable and or caring work.

How has the Legion changed your life?

Michael • The Legion has re-ignited my sense of duty to our country and that there is an ongoing sense of duty that cannot be extinguished since I retired from military service.


Do you bring any unique skills to this organization?

Michael • Through my military training I feel I have brought a sense of tradition, organization and open dialogue. Also, a sense of giving back to this great land where we enjoy the freedoms that we Veterans have fought so hard to preserve.

Have there been benefits from volunteering with this agency that you didn't expect?

Michael • The most unexpected benefit I have discovered is that we can have a voice and lead the way with regards to reconciliation. Moreover, that we are getting our face back into the community and promoting the work we do for the community and nation as a whole.

What would you say to other people who might be thinking about volunteering?

Michael • We would like to welcome anyone and everyone who would like to volunteer with our Branch with the knowledge that they are not just helping the local community, but fostering and keeping alive the memories of those that have made the ultimate sacrifice for our country. To echo the words of Sir Winston Churchill, "Never in the field of human conflict was so much owed by so many to so few." I would also like to note that everyone, regardless of status, is welcome in our branch. We openly welcome new-comers, visitors and anyone who wishes to enjoy our family friendly atmosphere. 



Martin, Townsite Fruit & Veg

Our members are local and we are too! We pride ourselves on being able to meet all your banking needs with the personalized attention you deserve. **Banking for everyone - become a member today.**

firstcu.ca/our-members



Riveting Women

WITH FILES BY KAYLA REED

This past summer at the museum, our research support officer, Kayla Reed, researched women who worked at the mill during the Second World War. In an online exhibit, she details what their lives were like post-war, after employment with the mill.

“In this photo is a group of young women sitting atop a PBV; the type of amphibious plane for which the Powell River Company was contracted to assemble parts. On their faces are expressions of joy and excitement, and in this moment they are experiencing the finished product of their work. Each of these women were employed by the PR Company, and although not all of them worked in the Boeing plant, it was their combined efforts in many departments which kept the mill running throughout the Second World War.

No more than a year after this photo was taken, the war ended, Subassembly Plant #185 closed, and men returned to their jobs in the paper mill from overseas. This group of women who had clearly displayed their competence working in an industrial environment would now move aside, returning to the role expected of them by society as caregivers

More rivets, more women

If you would like to read the full stories of these incredible women, head over to our website: www.powellrivermuseum.ca/riveting-women



and homemakers.

This is the life that most women returned to when the end of the war came. In the early 1950s, only about a quarter of Canadian women were part of the workforce, a number which would grow in the decades to come.

After spending so much time building airplanes, one of the women pictured in the photograph: Frances Lynette “Sis” Hayes, nee Toll, decided that she would learn to fly one herself. She took her first solo flight in 1946, and by 1949 she was the first woman to be a licensed pilot in Powell River. Over the next four years a group of aviation enthusiasts came together to form the Westview Flying Club, and in 1953 Sis was elected as the group’s first president. Living on the corner of Manson and Field St allowed her spend time at the newly built airport which officially opened in 1952.”




Christmas Concert
 Evergreen Theatre
 at 2:00 pm
 Doors open at 1:30 pm

Tickets \$20
 (kids 12 and under free)
 Available from Chorus Members and at the door

**Sunday
 December
 4th**




the owl & bear
 herbs and curiosities

“They who sing through the summer must dance in the winter.”
 - Italian Proverb



Townsite Public Market, Lower Floor • 11 to 5 Tue to Sat
 owlbearpr@gmail.com • 604-413-4064





ASSEMBLING PARTS: This page, Powell River Boeing workers on a float plane. Left to right, Freda Mohr (nee Parsons), Jean Northy (nee Thompson), Mildred Ross (nee Dice), Dodie Alderson (nee McGillvray), Barbara Manwood, Lynette (Sis) Hayes (nee Toll), and Isobel Aubine. Photo taken between 1942-45. Photos opposite page, left, Susan Tyler, Bert Toll and Sis Hayes, 1967. Right, Westview Airport. To the left of the image is a road. That was Sis Hayes's right of way to the strip from her home on Manson Street. There was a small hangar on the left of the photo where she housed her plane. Photo taken between 1948 and 1952.

<p>SakeBomb Crafted in BC Slightly sweet in Peach Smash, Berry Blast and Lime Drop flavours Low in calcs & carbs</p>  <p>Great Prices • Cold Beer • Huge Selection</p>	 <p>Corner of Duncan & Joyce 604 485-9343 9 am - 10 pm Sun-Thurs 9 am - 11 pm Fri & Sat</p>	 <p>Brunch Above, our Chef's Weekly Feature stuffed French toast, available Sat & Sun 11-2.</p>	<p>Allergy-friendly dining Vegetarian • GF • Vegan</p> <p>The Shinglemill hosts a top-notch holiday party. Book yours today!</p> <p>www.shinglemill.ca • 604 483-3545 reservations@shinglemill.ca </p> <p>Proud Member of the PR Chamber of Commerce</p>
--	--	---	--

The IG Living Plan™

Discover the six dimensions of financial well-being

The IG Living Plan is a holistic plan that looks at whether you're saving enough, spending wisely, and properly protecting yourself from the unexpected, while always considering how to maximize your tax efficiency along the way.



We do this by:

Managing cashflow We examine your cash and credit requirements to deliver the flexibility you expect while working toward your goals.	Preparing for the unexpected We develop comprehensive strategies that protect, preserve and provide for those you care.	Planning for major expenditures We ensure you have a plan in place for making your goals a reality.	Optimizing your retirement We help you manage retirement risks, preserve your capital, and create income to support your needs and goals.	Sharing your wealth We will establish an estate plan that allows your legacy to live on for the people and causes important to you.	Maximizing your business success Implementing strategies that synchronize and enhance your personal and business financial plan is another valuable role we fulfill.
---	---	---	---	---	--



TOBAN DE ROOY CFP®, CLU®, RRC, CFP®
 Senior Financial Consultant
 IG Wealth Management
 Tel: (604) 414-8280
 Toban.DeRooy@ig.ca



Investors Group Financial Services Inc.

LETTERS TO THE EDITOR: CRIME SERIES



COMMUNITY CONVERSATION: In the October issue of *qathet Living*, we ran the first in a three-part series on escalating crime in the region, and invited the community to reply. We were thrilled that so many people responded thoughtfully in writing – many of whom told deeply personal stories – but most opted to not have their names and words appear in the magazine.

Dear Isabelle Southcott,

As President of the Board for Lift Community Services, I would like to share my concerns after reading the *More chaos, Less patience*, and *First COVID*, then crime articles in the October edition of *qathet Living*.

My concerns are not with the voices and stories included, but with the voices and stories that were missing. Key voices missing were people with lived experience, business owners who support the work that service providers are doing in the community, and subject matter experts on community crime.

Without all perspectives included, these kinds of articles can negatively impact the most marginalized people in our community. They can contribute to harmful stigmatization and can reinforce harmful stereotypes and narratives that people experiencing homelessness and complex health issues are bad people and are bad for the community.

Further, it shifts the conversation away from more hopeful and productive conversations about whole-community solutions to the issues we're experiencing in *qathet*.

Lift Community Services is participating in and, in some cases, leading solution-focused and evidence-based conversations on some of these issues. We continue to work with our community partners (including Vancouver Coastal Health, BC Housing, City of Powell River, Tla'amin Nation, RCMP, and more) to address employment, housing, and health issues that impact us all. Anyone who would like to know more about our organization, our services, and our work in the community is welcome to reach out to me directly, or Lift's Executive Director, Stuart Clark.

These issues are complex. These issues touch home to many. Leaving voices out on these issues paints a picture of a problem that is someone else's to solve. We need now more than ever the support of all community members if we want to see meaningful change.

Sarah McClean,
 Board Chair, Lift Community Services

Dear Isabelle Southcott,

On behalf of the Tla'amin Nation, we would like to voice deep concern about the articles written on pages 6-15 of the October edition of *qathet Living*, and to voice our support for the essential work that LIFT Community Services provides across the *qathet* Region.

After careful review of these articles, Tla'amin Nation staff and leadership have identified important gaps in information provided in the publication. The article fails to include key evidence-based views from subject matter experts and fails to acknowledge the impactful and critical support work being conducted by LIFT Community Services. Overall, the articles present harmful bias perspectives that could irreversibly harm the organization. The articles also fail to meaningfully engage in the issue of serious crime in a holistic way, or provide a solution-based conversation, at the height of local political sensitivities.

LIFT Community Services is attending to complex systemic issues impacting all of us. There continues to be a debate at the highest levels about how to deal with the toxic drug and housing crisis and how to plan for and fund the resources required to deal with the systemic barriers that our most marginalized populations experience. Day after day, week after week, we contin-

ue to experience the devastation of those we lose to this pandemic across the Vancouver Coastal Health Region. Tla'amin Nation proudly stands by the work being conducted by LIFT Community Services and will continue to support and advocate for LIFT into the future.

As a prominent source for local reporting and information dissemination, *qathet Living* has an opportunity to make positive change in the qathet region. Tla'amin Nation was saddened to see this missed opportunity by *qathet Living* to help promote improved education and more wholistic solution-based conversation about this important issue.

Sincerely, Hegus John S. Hackett

Dear qathet Living

While I understand that this publication intends to be a platform for community members and their concerns, the lengthy feature "More chaos less patience" felt lacking in balance.

I'm not excusing activities like theft or vandalism, but I'm not willing to stigmatize a growing portion of the population who can't afford housing as a mob of "drug addicted thieves." The article included a Gabor Maté flyer, so I anticipate some follow-up around how trauma like poverty, foster care, childhood violence and sexual abuse can spiral into risky and desperate behaviour, since there was apparently so much concern for children.

I was also baffled by the scapegoating of one grassroots service as being responsible for all challenges related to homelessness, addiction, and mental illness. That is simply unfair. Instead, negative stories were allowed to dominate and all it breeds is fear. This is sad because there's a wealth of innovative contributions that Lift has provided and should be celebrated. But the onus shouldn't be on them to have to prove themselves—they're busy doing the work.

I know that Stuart Clark's advice to approach everyone with a smile, exuding kindness and respect, can have a profound impact and turn-around seemingly hostile situations.

And to help mitigate these situations from happening in the first place, I would love to see my taxes invested into addiction and counselling services, recovery centres, affordable housing, low-income family benefits, and free/safe youth activities. Thank you Lift for championing this process and cultivating meaningful ways to bring connection and hope to our community.

Natalie Porter, Westview

Hello Isabelle and Pieta,

I read the first in a series of three articles on crime in *qathet Living's* October issue. What struck me as odd is that the article ends with: "What is the compassionate, effective solution to restoring order, trust and inclusiveness in our community?" This question comes at the end of an article describing residents' experiences of property crime. No where in the article were there conversations with people being publicly accused of these crimes, and nowhere was there discussion of the deeper issues that lead to people feeling they have no choice but to turn to property crime.

I attended the Westview Ratepayers' Association meeting on September 14 at the Evergreen Theatre. The Association called on audience members to ask questions of them that they couldn't answer. Very

basic questions like, "Who owns the property the supportive housing development is on?" To elevate their role in this conversation is harmful.

My take away from the September 14 meeting was that the Ratepayers' board would prefer a blanket approach indicative of the prison industrial complex, where residents in need would have mandatory curfews and more restrictions on their livelihoods. This will literally drive people away from the supports they need.

I see that the series' next article is about courts and corrections, and the third article talks about "what those who are perpetrating the crimes need..."

I am very concerned about the impact these articles, your approach to them, and the order in which they appear, will have on already boiling over attitudes in the community, and how that will negatively impact the larger community who require more support to stay in housing, meet basic needs, and heal trauma... especially now that the residents have elected a mayor with very old attitudes and approaches to these sensitive and complex issues.

This whole community needs information and education on what compassionate approaches are, and those solutions do not come from the current systems that got us into this mess.

I encourage you to rethink your approach so that these articles do not cause further harm and that they actually do support a more compassionate approach in this community.

Lisa Moffatt

Dear qathet Living:

Thanks for taking the time to read this note. I am writing about this past qL issue on crime and the election. I also hope to encourage creative and constructive dialogue within our community. These issues are obviously loaded and everyone comes from their own personal experience. That's life after all.

Here are my thoughts on the October issue: Fiercely independent? This seems like campaigning for (Ron) Woznow.

Where is the voice of folks living in the shelter? What about front line workers? Did you try to interview folks from Lift? There is a whole other storyline going on. This reporting is incomplete, unbalanced, and dehumanizing. This was a pre-election issue of one of our main print publications in qathet! You have a responsibility to our community to provide fair reporting. There should be lots of voices included instead of one angle on the "crime" issue in our region. Instead, there is a focus on a fear-based perspective and illuminating one candidate. What is this, Fox News?

I urge you to create a constructive and creative dialogue around the issues of homelessness, drug use, trauma, and crime. These are obviously all intertwined and cannot be approached from one angle. It sounds like this is what you're trying to do, but the dialogue to date has included one perspective: the privileged.

The October issue on "crime" inherently creates a dynamic of us versus them. We, as a community, are better than that. We are capable of coming together as a community to create better solutions for housing, drug use, and folks who are in need of extra support. Please include other voices in this conversation.

Thanks for listening, Annie Robinson 🐶

Reduce your carbon footprint with

Locally Made Windows

35+ years of making windows in Powell River BC

MODERN

great taste in windows™
...and more

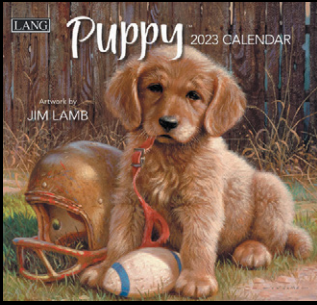
Improve your home this year with Modern Windows and Doors

Powell River 604.485.2451
Sunshine Coast* 604.989.0341

modern.ca

windows • gutters* • doors • siding
garage doors* • patio covers • awnings
Duradek* • railings • and more

*Gutters, Duradek and Garage Doors are not available on the Sunshine Coast.



The excitement is building at **PAPERWORKS** this Season!

2023
Calendars
Now in stock

Thanks for Shopping Local

FANTASTIC
New Stock
Arriving
Daily!

PAPERWORKS
Gift Gallery
As usual, the unusual



f 202-4741 Marine Avenue • Open 7 days • 604 485-2512



It's all in the details

Purchase an exterior detail at New Image Auto Detail and get the **disinfectant** add-on package for **half price**

Offer expires Nov 30, 2022

EXTERIOR DETAIL: \$220 reg • \$250 large
DISINFECTANT ADD-ON: \$30 reg • \$40 large

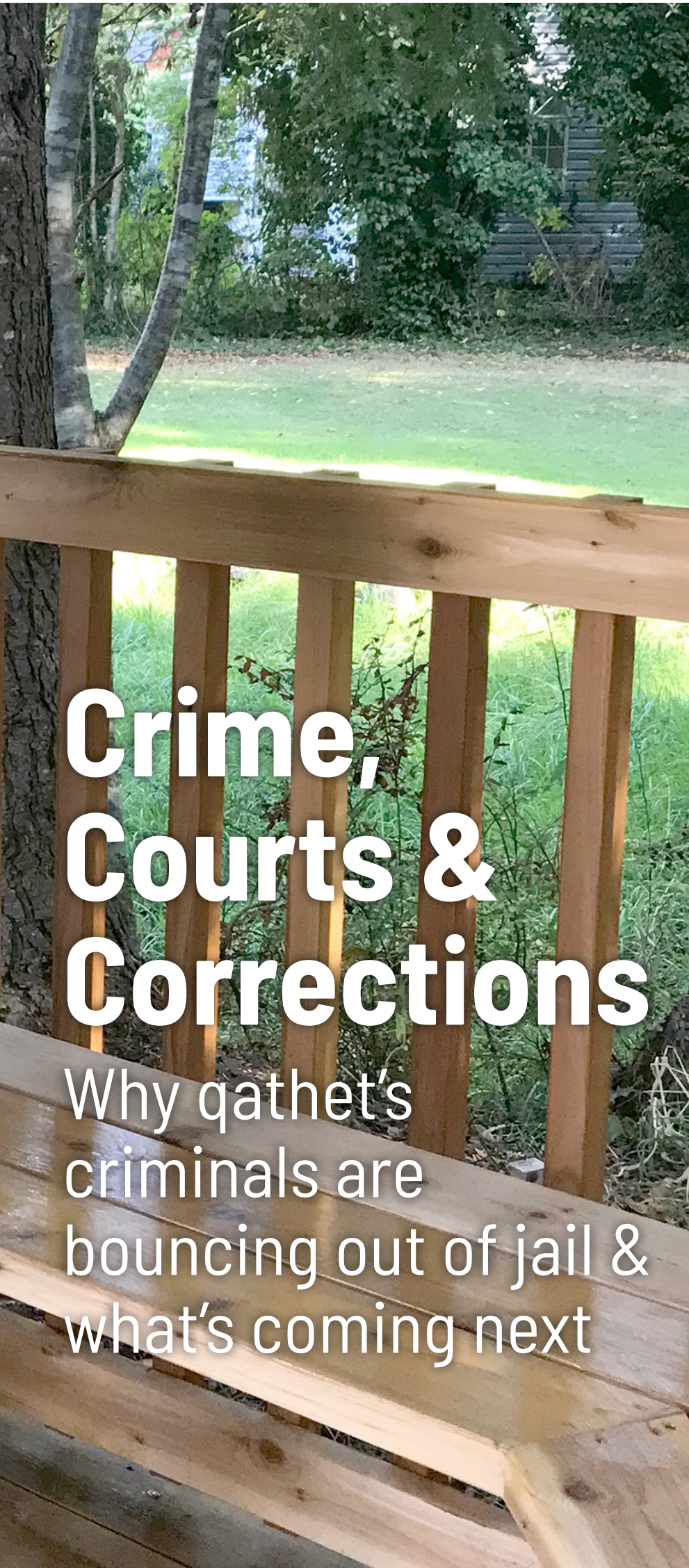


See NewImageAutoDetail.ca for other package pricing, or ask Brian to create an affordable cleaning package custom fit just for your vehicle!



NewImageAutoDetail.ca **f** **i** **t** 6984 Alberni Street • 604-485-0092





Crime, Courts & Corrections

Why qathet's
criminals are
bouncing out of jail &
what's coming next

CRIME IN QATHET PART II

BY ISABELLE SOUTHCOTT
AND PIETA WOOLLEY

You might know Josh Bennett if you grew up here. He graduated from Max Cameron in 2007, and has since been a manager at RONA, worked at 7-11, and at Oceanside Resort.

In the 15 years since high school, Josh has also been a chronic offender – with crimes ranging from embezzling money from his employer, to stealing meat from the grocery store. If anyone is an expert on chronic offenders, it's him. He's clean and sober today, thanks to a successful stint at Miklat House.

Josh wanted to tell his story to qL magazine to help the community understand where the crime wave is coming from.

"Growing up, my house was a shit show," he said. "I ended up in foster homes on and off about a dozen times."

By 13, he was drinking and smoking pot. Still, Josh managed to graduate, and by 17 he was working full time at RONA and living in the Harvie apartments. The next years were a blur: he started out drinking a 26-ouncer every night, then moved on to oxycontin and cocaine, then heroin, fentanyl and crystal meth.

"I was down to 120 pounds," Josh recalled. "The first time I used fentanyl, I used it for a week straight. My dealer ran out and all she had was heroin. I couldn't shake the feeling of withdrawal and sickness – I had to use five times as much just to stop feeling sick."

He lost girlfriends, destroyed a new truck, lost the home he'd bought and the cash he got when he sold it, lost jobs, lost a best friend to an overdose, lost friends by overstaying his welcome on their couches, and lost the right to see his infant son.

Josh spent 11 days in jail for breaching a no-contact order with his ex-girlfriend. He spent three months staying at Lift's winter shelter at the former Lutheran church, then got into rehab in the Lower Mainland. The workers at the shelter got him ready to go with clothes and a backpack, and arranged a ride.

A MUCH SLOWER PACE: Josh Bennett weather-proofs the new gazebo at Miklat Recovery House in Cranberry.

"I used all the way down, every time I could find a bathroom."

At treatment, he got into a fight with another client, and his life got much worse.

Josh was booted out of treatment. He lived on the streets in Maple Ridge and Vancouver for five months.

He was arrested, went to jail for a month, and returned to Powell River with no plan or supports. So he stayed at the COVID shelter at the Westview Hotel with his ex-girlfriend.

"Things were out of control. We were fighting all the time. Then I was kicked out and I had nowhere to go."

He slept behind the courthouse on Alberni, through the fall and winter, on a bed of pallets infested with rats. An ex-girlfriend bought him a tent and stove, and he lived in the bushes near Quality Foods.

In mid-2021, Josh got into treatment at Miklat House. He used and got kicked out. Lift bought him a tent, he said, and he and a girlfriend lived near the hospital.

"The blankets were always wet. We had no food. Everything was dirty and there were lots of bugs."

Rob Fitzpatrick from Miklat House kept in contact, bringing him food, smokes and water.

"I wasn't getting high anymore; I was just using to stop being sick, to stop having withdrawals. The drug dealers would give me lists of stuff they'd want stolen, and I'd go to the stores and get what they wanted."

Clothes, electronics, ice cream and meat were on the list. He'd pick locks, break into houses and garages, and steal tools, weed eaters, vacuums and more.

"You're not thinking about anyone else when you're doing this," he recalled. "You don't care who you hurt or who you walk over. You use drugs to push away all the guilt and hurt."

Even in the thick of it, Josh hoped to escape.

"I wanted to go back to Miklat House."

Eventually, a bed opened up for him.

This time, it worked. He spent three months there this summer, and last month, moved on to second stage treatment.

"It's my last chance," he recognizes. "I couldn't live the way I'd been living anymore. After everything I've been through, I am so grateful for my life today."



Make Gifts

Canadian grown, hand-dyed and spun yarns

Knitter's Nest yarns are ethically grown, sustainably sourced, and good quality for socks, shawls, sweaters & more!



Find Gifts

Canadian and locally made stitch markers and project bags

Cross-stitch kits from Scotland

Locally made shawls, mittens and toques

Notions, needles and accessories

Kits available and customizable based on project and colour preference



Knitter's Nest

Townsite Market
Tue - Sat 11am - 4pm
604-413-4116



Royal LePage welcomes RACHEL MCKAMEY to our Real Estate Team!

Rachel McKamey was born and raised in Calgary before moving to Powell River with her husband and their two children. Since first visiting in 2013, Rachel has been in awe that such a beautiful, peaceful place was tucked away on our West Coast! She feels so lucky to raise her kids here and to call Powell River her home.



As an entrepreneur prior to getting her Real Estate License, one of her greatest accomplishments was to be recognized by *Vogue Magazine* as a top global event industry business owner. Rachel ran her business for nine years and learned invaluable lessons along the way. Organization, problem solving, communication, negotiation, meticulousness, and providing an exceptional client experience are her strongest skills that she will utilize as your representative.

Rachel's mother-in-law, Carla McKamey, has been a Realtor™ with Royal LePage since 2006. The business she has built with her knowledge, experience and reputation has been inspiring to Rachel.

Rachel is eager and excited to serve the Powell River community and to learn about your real estate goals.

Contact Rachel McKamey at 604-578-1168
or rachelmckamey@royallepage.ca



Chronic offenders are a hot topic in BC. While the definition wavers, it loosely describes the people who have frequent interactions with police because of theft, assault, breaking and entering and other street-level crimes – most often due to trauma-caused addictions (as Josh experienced), and sometimes in combination with mental health disorders and brain injuries.

Currently in qathet, there is a small handful of locals who are considered 'chronic offenders.' The RCMP estimates there are about six of them who are active at any given time, and they are responsible for about 80% of this region's crime.

On October 15, residents of both the City of Powell River and the City of Vancouver (and elsewhere in BC) voted in mayors promising to address this surface-level crime wave.

In Vancouver, Mayor-elect Ken Sim and his ABC party promised to hire 100 new police officers and 100 mental health nurses to crack down on crime and disorder.

In Powell River, Mayor-elect Ron Woznow held two crime meetings as president of the Westview Ratepayers Association, while he was campaigning, allowing residents and business owners to vent their frustration that crime doesn't seem to have consequences – or an end in sight. Before the election, he promised to "identify and implement programs that have been successful in reducing crime and illegal drug use."

This swing towards law-and-order in civic politics isn't just evidence of populism or scapegoating; in a watershed report on chronic offenders released on October 1, the Province of BC acknowledged that the behaviour of chronic offenders is significantly harming some neighbourhoods and traumatizing employees in retail and health care – contributing to the labour crisis in these industries (see the inset story on Page 33). The 142-page report issued 28 recommendations, some of which are about social supports, but many of which are about how the justice system can better serve this very small group of chronic offenders.

On October 17, after meetings between the federal, provincial and territorial ministers responsible for justice and public safety, BC issued a news release stating that Ottawa is accepting some of the responsibility for the disorder that's being felt on the ground. The Federal government agreed to more meetings, to fund some new justice initiatives, and to revisit Bill C-75, the so-called "catch and release" Bill.

In the meantime, qathet, like elsewhere in BC and across Canada, is still relying on police, crown counsel and jails to reduce the impact of people going through tough times – like Josh was.

An end to surging crime: Part 2

This article is the second in *qathet Living* magazine's three-part series on crime in this region.

Part 1 explored the crimes themselves: what is happening, and what is the impact on this community?

Part 2 dives in to courts and corrections: how changes to our justice system are playing out locally.

Part 3 asks what those who are perpetrating the crimes need to be able to stop harming this community and themselves, and re-join society.

We hope these stories help inform the current conversation about crime, justice, addiction, and solutions. And, we hope to hear from you.

Please send letters (ideally before the 20th of the month) to isabelle@prliving.ca.

Bill C-75 An Act to Amend the Criminal Code, the Youth Justice Act and other Acts, came into effect in June of 2019. The Bill was sponsored by the Hon. Jody Wilson-Raybould, a Kwak-wala lawyer (then sitting as an Independent) and former Minister of Justice and Attorney General under Prime Minister Justin Trudeau. It was designed to "address the overrepresentation of Indigenous persons and vulnerable populations, including people with mental health and addictions, who are overrepresented in the criminal justice system due to a number of intersecting social and historical factors."

At the Bill's second reading in 2018, the MP said, "there are more individuals in remand than those convicted of a crime. In other words, our correctional facilities are more than half-filled with people who have not been convicted of an offence."

It was passed by the House of Commons 161-58.

According to the recent Provincial news release, the Bill encouraged courts to give "primary consideration to the release of the accused at the earliest reasonable opportunity, on the least onerous conditions that are appropriate for the circumstance. Subsequent Supreme Court decisions have confirmed that pretrial detention is the exception and pretrial release on bail is the rule."

Courts were encouraged to let people walk free, as much as reasonably possible.

Crime in qathet spiked in 2019, from 1,242 reported crimes the year before, to 2,034. It seemed to settle during the height of COVID, but rebounded in 2021 (see sidebars on the next page); 2022 crime statistics will be available in early 2023.

Reporting to City Council in early 2020, RCMP Staff Sergeant Rod Wiebe noted that breaking and

POWELL RIVER ACADEMY OF MUSIC

Concerts

TICKETS Academy Box Office
7280 Kemano St
604 485-9633
Mon - Thur
9:30 am - 4:30 pm
Buy online at powellriveracademy.org



MAY LING KWOK

Piano

Saturday, Nov 5 at 2:00 pm
James Hall • \$25

CAROLS BY CANDLELIGHT

Friday, Dec 9 at 7:30 pm
Sat, Dec 10 at 1:30 & 7:30 pm
Dwight Hall • \$30

Advance Sales only through box office

qathet's Top Academic School

Take a tour today!
K to Grade 9

Monthly tuition is \$366 for one child, \$453 for two children, and \$523 for three or more children. You will get money back on your income taxes.



Contact us today for a no-pressure tour with the Principal: 604-485-9894 assumpschool.ca

Powell River Law Courts criminal cases

	New Cases	Concluded cases
2018/19	421	347
2019/20	474	309
2020/21	328	260
Percentage down	-19.2	-25.1

These numbers are from the Ministry of Attorney General Court Services Branch data. They show that the number of new cases initiated, and cases concluded here have both declined significantly over three years.



COURT IS IN SESSION: The Powell River Law Courts on Alberni saw 328 new criminal cases in 2020-21.

Criminal Code violations in qathet

	Total criminal code violations	Property crime violations	Assaults
2018	1,242	655	127
2019	2,034	1,162	205
2020	1,526	813	202
2021	1,655	893	190

These numbers are from the RCMP, Powell River detachment. They demonstrate that although the number of new criminal cases seen in court have been declining, the number of criminal code violations has not. In fact, the Province and Statistics Canada both note that crime is likely significantly under-reported now (see Page 33 for more).

entering more than doubled from 2018 to 2019 – from 76 to 170. Assaults were way up too, from 127 to 205. The number of drug investigations soared from under 20 to over 60, with 15 search warrants executed, four vehicles seized, and charges recommended for nine different people. The seizures included cocaine, methamphetamines and fentanyl. Calls for service from the public were up 13% – representing about 850 more calls that year.

Across BC, crime surged in 2019, too – from 73,730 criminal code offenses in 2018, to 90,281 in 2019. Those

dropped back to 88,597 in 2020 – but they're still far higher than any year in the previous decade.

Why? Pulling apart the reasons behind those surging and diminishing numbers of crimes through 2019 and 2020 is tough, given that so many things happened all at once: Bill C-75 passed, which reduced the number of people in remand; new social supports such as BC's Rapid Response to Homelessness and increases to income assistance were introduced; COVID-19 increased isolation, introduced CERB, and emptied jails; the fentanyl and

Winter Wonderland
at the Recreation Complex

ENJOY THIS TIMELESS HOLIDAY TRADITION WITH FAMILY, FRIENDS, & COWORKERS!

To book your private event call 604 485-8909 or email bookings@powellriver.ca

Powell River
Parks, Recreation & Culture



6797 CRANBERRY ST • RIVERCITYMINIEXCAVATING.COM • 604-483-6366



FOR A FREE ESTIMATE CALL RIVERCITY MINI EXCAVATING!

Excavation • Site Preparation • Trenching • Backfilling
Retaining Walls • Drainage • Hydroseeding
Driveways • Water, Sewer & Storm Repairs • Snow Removal

Rivercity Mini
EXCAVATING
LTD

BIG SALE CONTINUES UP TO 50% OFF

Choose from more than 150 dresses
New styles arriving monthly

SELECTED DRESSES



Peak photo used with permission



Perfect Fit
for Brides & Grads

Shop at home & save
604.483.1800 lupitad@telus.net

methamphetamine crisis continued to kill as COVID complicated illicit drug supplies; plus the housing crisis and inflation added pressure to this list. Which of these is responsible for crime increasing? Which is responsible for crime diminishing?

Many people living with crime on their doorstep are looking at the disorder as a failure of the justice system.

BC's Crown Counsellors have indeed been criticized for refusing to prosecute so many crimes. On September 8, the BC Prosecution Service (representing Crown Counsel) issued a media statement in response.

"The criminal justice system acting alone lacks the capacity, the tools and the legal authority to remedy underlying social problems and to fill the gaps left by other sectors of society," wrote Peter Juk, QC and BC's Deputy Attorney General. He pointed out that the Criminal Code, Supreme Court case R vs. Zora as well as Bill C-75 all require that the accused is released as the "earliest reasonable opportunity," and that prolific offenders – which have no legal definition under the Criminal Code – get treated fairly for each separate charge. He argued that police-reported crime continues to decline in BC, in spite of public perceptions that crime is increasing (though there is

some question about this analysis; see "5 takeaways" on Page 33).

"When other sectors of society appear challenged or overwhelmed, citizens tend to look to the criminal justice system to fill the gaps."

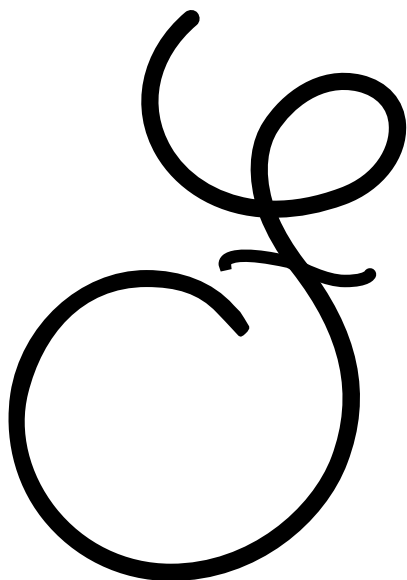
In other words, says one of the province's top lawyers, the courts and corrections are not the answer to the deeper social problems behind qathet's crime wave.

Despite those protestations, the news in the past two months has particularly illuminated failures in both the mental health and justice systems.

On September 4, 12 people died and 18 were injured on the James Smith Cree Nation in central Saskatchewan when two brothers went on a stabbing rampage – one of the deadliest massacres in Canadian history. Myles Sanderson, who was found responsible for all the killings, had 59 previous convictions, and had previously served a five-year sentence for a stabbing assault, among other charges. At the time of this September's stabbings, he was wanted for violating the terms of his parole.

As a child, Myles experienced violence and neglect, court records show; at just 14 years old, he started using

Story continues on Page 35



Found Stone
Jewelry · Art · Decor

Raincoast Craft Fair	Nov 19-20
ARC Craft Fair	Nov 26-27
Cheer on the Pier	Dec 3
Springtime Market	Dec 10

found-stone-jewelry-decor.square.site

604-483-0208



Is it a shirt?
Is it a jacket?

It's a shacket, of course, and Fits to a T has the best selection in town of shackets.

Shop online
Shop in-store
4573B Marine Ave
604 485-6163

Fits to a T



fitstoat.ca

From concept...

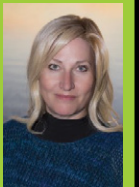


To reality!



AGIUS BUILDERS LTD

- Custom Home Plans/3D Renderings
- Carriage Homes/Garden Suites
- Energy Efficiency Upgrades
- Coordination with Rebates
- Development Permits & Facades



caroleann@agiusbuilders.ca — 604 485-6212

5

key takeaways on the Province's new report on chronic offenders and random violence

BY PIETA WOOLLEY

Back in 2021, BC's Attorney General David Eby asked the BC Urban Mayors' Caucus to start "collecting information relating to local concerns about a relatively small group of people involved in a disproportionate number of criminal offenses." In April of 2022, the mayors responded with detailed documentation of 200 people who were involved in 11,000 negative interactions with police in a one-year period – or about 55 interactions each, one every 6.6 days.

On May 4, The Attorney General asked Dr. Amanda Butler, a consultant specializing in mental health and addictions policy, and Doug LePard, a consultant on policing and mental health and the retired Deputy Chief of the Vancouver Police Department, to prepare a report offering solutions for this small group of chronic offenders, within three months.

This report, *A Rapid Investigation into Repeat Offending and Random Stranger Violence in British Columbia*, took four months, because of the vast numbers of individuals and agencies who wanted to contribute to it. It is 142 pages plus notes, and well worth reading to get a full picture of the wider context of qathet's current tension around crime.

A quick look through Powell River Law Court records, or media releases by the local RCMP, clearly shows that a small handful of locals have similar patterns of frequent, negative interactions with police due to theft, assault, and other behaviours. Clearly, this group does not represent the majority of locals who live with addictions, mental health challenges, or in poverty, as RCMP Staff Sergeant Rod Wiebe said in last month's issue of qL.

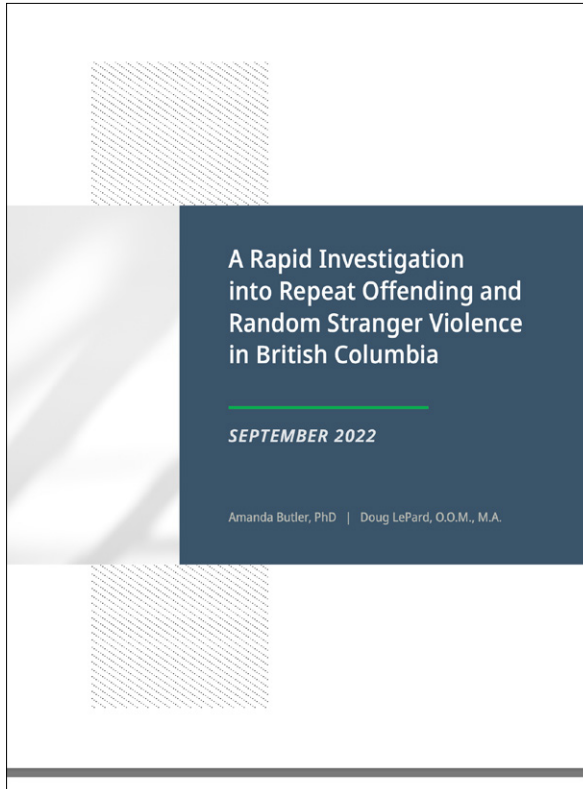
Here are 5 key takeaways from the report:

1. Crime is very real, very consequential, and is probably vastly under-reported in BC

In part, the report says, the under-reporting is because so many calls to police go unanswered. And in part, it's because people have lost faith that reporting crime will result in justice. Statistics Canada, as quoted in the report, now notes that "the majority of crimes are not reported to police."

The report documents and acknowledges that crime caused by this small group of chronic offenders is damaging neighbourhoods, undermining trust in the justice system, traumatizing retail and health care workers, and contributing to the workers shortage.

The Retail Council of Canada (RCC) submitted that "we are seeing increasing use of noxious sub-



QL WOULDN'T NORMALLY REPORT ON A REPORT, BUT...: This report, which was released by the Province on October 1, puts forward 28 recommendations on how to address the underlying causes of the current crime wave – largely mental health and addictions services. qL will look at those recommendations more closely in December's issue. To read the full report, go to bit.ly/3DiA2I9 or news.gov.bc.ca/files/Prolific_Offender_Report_BCFN-JC_submission.pdf.

stances, bladed and blunt weapons and firearms in store robberies, and recent, but alarming incidents of arson, jeopardizing the lives and health of customers and store employees alike." From 2019 to 2021, the RCC estimates a 150 to 200% increase in violence against staff, security and customers, and "because of lack of charges... they [store managers] simply do not report thefts to the police."

The report's authors note that "there is a significant problem with street crime and disorder, including an increase in violence and aggression, and it is deserving of attention."

2. Depending on police to manage a mental health and addictions crisis is "not sustainable, desirable or effective."

The report suggested that much more collaboration between agencies is needed to "manage people who offend repeatedly." Police and emergency rooms

BUTULA DEVELOPMENTS

GENERAL CONTRACTING

Construction professionals with guaranteed expertise

- CARPENTRY
- FRAMING
- FINISHING
- DECKS
- DRYWALL
- EXCAVATING
- PLUMBING
- ELECTRICAL
- CONCRETE
- & MORE

604-414-8281
butuladevelopments.com

AFTERGLOW HAIR LOUNGE

GLAM & GLOW FRIDAYS

NOV 4TH • DEC 2ND

Pro makeup application & blowout for \$69

COMPLIMENTARY DRINKS
GIVEAWAYS
EXCLUSIVE SALES

604-485-2075

are currently shouldering the crisis, in the absence of other supports.... Both of which have been shown to contribute to adverse outcomes for people in crisis... People should not be forced to interact with the justice system before getting access to high-quality, publicly funded mental health care.”

3. Today’s drugs, repeat overdoses and the COVID-19 pandemic are making an already-horrific set of social problems much worse

The number of patients presenting with methamphetamine-induced psychosis has “skyrocketed” recently, as has the use of methamphetamine generally, the report explains.

And, “repeated, nonfatal overdoses are resulting in increasing rates of brain injury and research has robustly demonstrated that aggression and agitation are common consequences of brain injury.”

The report notes that 2021 saw 2,224 people die of drug overdoses – BC’s deadliest year ever, mostly from fentanyl.

As an example of the toxic combination of fentanyl and COVID-19, the report also relays this story about a Northern BC man who smashed the windows of a coffee shop: “Police arrived and arrested the suspect and noted he was sweating profusely, yelling and displaying signs of substance use and mental health challenges.” Crown counsel refused to charge him because of “COVID-19’s impact on court capacity” and other circumstances.

Over the next months, he was involved in 37 police files, including smashing the windows at another store, and stabbing a man at a homeless shelter. “The RCMP pointed out that had this person received appropriate mental health and social services after the initial mischief at the coffee shop, his subsequent offenses and convictions could have been prevented.”

4. BC has badly mismanaged de-institutionalization

“While most people with mental illness can lead healthy, productive lives in the community, some people with serious mental illness live in poverty with inadequate community mental health supports,” reads the report. It goes on to say, “the deinstitutionalization movement led to a problem which has been dubbed *transinstitutionalization*: a situation where people with mental illness are now ending up in institutions which are not equipped to provide quality mental health care, such as prisons.”

As one Transit officer says in the report, “We had a guy who would constantly cause problems on the system, leaping gates, scaring people, and we advocated for him to get resources, sent 26 pages of documentation about why he should be certified, but they wouldn’t and then he died of an overdose – that was a failure of the health system.”

When people cycle through jail, “they are at high risk of returning to crime because their needs remain unmet by the systems that should be supporting them.”

5. Successes have not been replicated as often as they should

Vancouver and Surrey staff police cars that specialize in responding to mental health crises and are very successful in de-escalating hundreds of situations each year, but neither are available 24/7, and this model has not been funded widely elsewhere. Who funds it as also been contentious: is this health or policing?

In 2008, the RCMP and Victoria Police Department started a Priority and Prolific Offender Management Program, which resulted in a 40% reduction in offending – but the recommendations from the report on the project “were not meaningfully actioned.”

The report documents many, many successful pilot projects and programs in other jurisdictions that are simply abandoned or have not been replicated. 📌

Timeline of BC’s de-institutionalization of mental health care

As explained in the *A Rapid Investigation into Repeat Offending and Random Stranger Violence in British Columbia* report.

1913 Riverview / Essondale Hospital opens in Coquitlam. By 1956, 4,300 people lived on the grounds.

1965 BC’s *Mental Health Act* is passed. Riverview’s population begins to dwindle.

Early 1990s About 1,000 beds remain open at Riverdale.

2002 BC decides to phase out Riverview, and replace it with community-based psychiatric treatment

2002 to the Present Several BC studies point out the growing negative relationship between mental health, addictions, policing and the justice system and call for change. They include *A Study in Blue & Grey: Police Interventions with People with Mental Illness* (2002); *Beyond the Revolving Door: A New Response to Chronic Offenders* (2004); *Criminal Justice Diversions for Persons with Mental Disorders*, A review of Best Practices (2007); *Lost in Translation* (2008) *Beyond Lost in Translation* (2010); and many more, including this one.

2012 Riverview closes

2022 This report, *A Rapid Investigation into Repeat Offending and Random Stranger Violence in British Columbia*, notes that “there is general agreement that the deinstitutionalization movement produced significant problems because the reduction of inpatient beds outpaced the expansion of community-based services and supports.” It goes on to say that “while there is very little support for returning to the days of the pre-1960s psychiatric asylums, we also cannot continue business as usual.”



Rob Villani



Stacey Fletcher



Katya Buck

Local Lawyers - ready to help you with commercial leases, contracts and agreements.

Real Estate
Commercial Law
Wills & Estates
Divorce
Family Mediation
Criminal Law
ICBC Claims
Civil Disputes

Our goal is to provide quick, responsive services, creative solutions and sophisticated strategies for our clients



VILLANI & COMPANY

Phoenix Plaza • 604 485-6188 • villaniandco.com



WESTERLY STUDIO

THE HOLIDAYS ARE COMING
Find the perfect gift at Westerly

OPEN 11-4pm Thurs/Fri/Sat Out South, 9398 Hwy 101
11-3pm Sunday Follow @westerlystudioshop



NUISANCE CRIME: In October, Ottawa heard loudly from the Provinces and Territories that the post-Bill C-75 crime wave – largely theft – is having an impact on communities and retail businesses from coast to coast.

How long do people stay in BC jails?

	2021
Average length of stay	49.6 days
Theft	19.5 days
Break & enter	52.1 days
Homicide	340 days
Robbery	78.6 days
Major assault	50.3 days

These numbers were produced by BC Corrections, for the Rapid Investigation into Chronic Offenders report (see Page 33). In a comment on the chart, the authors note: “While the length of stay in prison is generally too short for meaningful intervention, it is nonetheless very disruptive to peoples’ lives. As one non-profit service provider explained: *People aren’t in custody long enough to make a meaningful difference – less than 6 months is useless it’s just a joke. It’s long enough to lose everything (like employment and housing) but not long enough to gain anything, like treatment for trauma or addiction.*”

Continued from Page 32

cocaine. Myles died in police custody the night he was caught, three days after the killings.

On October 18 – the day after BC issued its news release on addressing repeat offending – Jongwon Ham stabbed RCMP officer Shaelyn Yang to death, outside the tent in which he was living, in a Burnaby park. Previously, in February of 2021, Jongwon was charged with assaulting a man and then resisting arrest; he was released on bail in March of 2022, and had assaulted someone else within a few days. According to CBC, he was released on his own recognizance, but then didn’t show up for Vancouver’s Downtown Community Court; on September 14 – a month before he killed Shaelyn – a judge issued an arrest warrant for him.

Both Myles and Jongwon had multiple interactions with police and court; both had a history of violence; neither were under any kind of effective supervision at the time they killed other people.

Do these stories represent a failure of mental health care, or a failure of the courts? Or a couple of rare, unavoidable occurrences in an otherwise healthy system?

None of these underlying challenges are new, of course. In Powell River, Maggie Hathaway held the Protective Services and Housing Portfolio as a City Counsellor since 2008. Her background served her well; she was a paralegal with the BC Legal Aid Society, a constituency assistant to MLA Nicholas Simons, and board chair of the Source Club Society, which provides services for locals living with mental illnesses. She ran for Mayor this fall; because she didn’t win, she is off City Council for the first time in 14 years.

In describing how much pioneering work and will has gone in to addressing qathet’s mental health and addictions crisis over her terms in office, Maggie illustrates that the challenges being fought are vast.

By 2016, she recalled, overdose death from fen-

“The criminal justice system acting alone lacks the capacity, the tools and the legal authority to remedy underlying social problems and to fill the gaps left by other sectors of society.”

~ Peter Juk, QC

tanyl was becoming prevalent. That year a Provincial emergency was declared. In her role as assistant to the MLA, Maggie had three moms come to her office; two of them had recently lost their sons to

Looking for Dee or Shem? They’ve joined the Scizzors team!

Shem is a nail technician and welcomes her clients to join her at Scizzors. She’s offering a **manicure and pedicure combo for only \$89** during November.



Call 604-489-6566 to book with them!



#103-7030 Glacier Street



Dee is an experienced stylist who loves doing extensions. She welcomes her clients to join her at Scizzors and looks forward to welcoming new clients, too.



TWOWHEELTECH

CLEAN, QUIET, PORTABLE POWER. CALL 604-223-2440 TO PURCHASE YOUR YAMAHA GENERATOR TODAY!

4500 MANSON AVENUE • TWOWHEELTECH.COM • TWOWHEELTECHPR@GMAIL.COM

“Next steps will be to meet with B.C. Housing to discuss proceeding with treatment facilities, in-house programming, as well as ensuring there is 24-hour security at all Supportive Housing projects.”

~ Maggie Hathaway

overdose and another death appeared imminent. “We cried and vowed to take action,” she said.

She helped organize a ‘Fentanyl Forum.’ The public needed to know about this deadly drug and that it was rampant in Powell River. Figuring not many folks would show up, Maggie secured a small venue, The Community Resource Centre.

“It was so crowded people were forced to stand outside,” Maggie recalled. “There were doctors, nurses, paramedics, fire, police, family members and to her surprise, users themselves.”

As Powell River had the second highest death rate per capita in the Vancouver Coastal Health region (sec-



AFTER FENTANYL CAME, BEFORE THE CRIME WAVE: Maggie Hathaway’s last day as MLA Nicholas Simons’ constituency assistant in 2018. Nicholas is now the Minister of Social Development and Poverty Reduction. See his thoughts on Page 38.

ond only to the core of Vancouver), funding was provided to establish a Community Action Team (CAT) to fight the crisis.

By December 2018, fentanyl was detected in 87% of overdose deaths; the majority being males between the ages of 30 and 59. Powell River and qathet were disproportionately affected.

The Provincially-funded Community Action Team initially had over 70 members including City staff, police, paramedics, health care professionals from VCH and Tla’amin Health, and peers (users).

In 2019, the B.C. Centre on Substance Use opened its first rural VCH community overdose prevention hub in Powell River. This provided a safe consumption space as well as a place where users could connect with health professionals.

In December 2019 the 44-unit supported housing building on Joyce Avenue opened. Three months later, the COVID-19 pandemic was declared.

“Unfortunately this meant many of the supportive housing programs did not get off the ground, but we continued to provide Naloxone training and provided kits,” said Maggie. “At a minimum, we were saving lives.”

The CAT also distributed 40 cell phones with the Lifeguard App installed – a mechanism to prevent overdose deaths when people use alone.

During the Tla’amin COVID-19 lockdown, PR CAT provided harm reduction initiatives on site. They were able to assist with doctor issued prescriptions for those sheltering in place. “This program continues today and is now successfully embedded in Tla’amin Health,” said Maggie.

In 2021, Powell River became the first rural community in Canada to open an IOAT (Injectable Opioid Agonist Therapy) Clinic. This assists those who use illicit drugs to get on pharmaceutical programs.

Last year the CAT established the CAT for youth which provides local youth a connection to support agencies and counsellors.

In May, 2022 Minister of Mental Health and Addictions, Shelia Malcolmson, announced \$6 million in funding for Complex Care Housing in Powell River:

“The complex-care housing spaces in Powell River will be located in one or more central sites and will be delivered in partnership with the Tla’amin Nation, Lift Community Services and Vancouver Coastal Health,” Maggie explained. “In addition to the new complex-care housing spaces, Powell River will also get four stabilization or respite spaces that will offer enhanced, short-term supports to people in the community, including from the Tla’amin Nation. These sites will be ready in late 2022.”

Serving and sustaining those who are struggling, Maggie said, isn’t mutually exclusive of being critical of what’s in place – or challenging the current crime wave.

“Citizens deserve to feel safe in their homes” said Maggie. “Powell River can do better.”

“Next steps will be to meet with B.C. Housing to discuss proceeding with treatment facilities, in house programming, as well as ensuring there is 24 hour security at all Supportive Housing projects. For a small, isolated community we are doing extremely well with our harm reduction programming”.

She also noted that the last City

Electrical Upgrades
Renovations
New Construction
Audio/Video Installs
Generator Connections
Car Charging Stations

604.414.3929
FoxtrotElectricalSolutions.ca



FOXTROT ELECTRICAL SOLUTIONS LTD.



Connect a generator to your home

With a standby generator, your family will feel safe and secure during power outages. We can connect your existing generator, or install a new Cummins, guaranteed one of the quietest, most efficient, and most reliable generators available.



The annual Powell River Chamber of Commerce
Business Awards gala and dinner
is set for **February 4, 2023** at Dwight Hall

Reserve your tickets now: 604-485-4051



Save the date!

This space sponsored by **qathet LIVING**

Council brought a motion to the September meeting of the Union of BC Municipalities – which passed: “Alternative Crime Reduction Strategies.”

The motion calls on the Province to fund alternatives to the current system, including a call for courts, policing and social services to all work more closely (as the Repeat Offenders report calls for, too). It also asked that those with mental health and addictions who commit crimes be sent for treatment and supports, rather than jail time.

Municipalities, in other words, are seeing close-up how much policing, courts and corrections are absorbing the mental health and addictions crisis – and cities are pushing back.

Bill C-75 proposes that jail time is negative. And certainly, Josh Bennett’s story seems to confirm it. He spent a week in jail, and then a month in jail, over the 15 years he was using and stealing to support his addiction. During that time behind bars, he doesn’t remember being offered treatment for his addictions, or counselling for his childhood trauma. Instead, he was released both times without support – a situation the Chronic Offenders report hopes to remedy.

The flip side of this is, some of the best mental health and addictions programs in the country are only available when you’re in federal jail – where you serve if your sentence is over two years. There are fewer than 13,000 inmates in federal jail. Most people who are sentenced serve short sentences in Provincial jails (see sidebar on Page 35.)

But some newer programs are hoping to heal the underlying causes of crime, even in Provincial jails.

For example, Miklat House’s director

“It is almost impossible to focus on anything else but the drugs. You can’t think of anything else. All I could think about was the next high and where I could get more.”

~ Rob Fitzpatrick

of operations Rob Fitzpatrick was also a chronic offender stemming from his addiction to methamphetamines and fentanyl.

He, too, lost girlfriends, apartments, friends, a \$15,000 tax refund (overdosing every day for 18 days straight), friends to overdose deaths, his relationship with his family, and so much more.

“The power that drugs have on the human mind is hard to explain,” he said. “It is almost impossible to focus on anything else but the drugs. You can’t think of anything else. All I could think about was the next high and where I could get more.”

“You get entrenched in street life because everyone is staying in shelters and everyone is doing the same thing,” he said. “As I got sicker, the crimes got

Story continues on Page 39

Three of gathet’s chronic offenders and their recent sentences

Although it’s common for media to name offenders when reporting on court, we’re choosing not to do so here. The reason is, these are not being reported as news items, but as examples of how the local justice system is handling local crime.

If you’d like to confirm that these are real cases, they can be found in Powell River Law Courts records, which any citizen is free to access.

Example #1

On August 18, 2021, RCMP responded to a break, enter and theft from a home in Cranberry in which a Fitbit and cell phone were stolen. Police were patrolling the area when an officer observed *** being chased by Mitchell Brothers employees for having stolen from the grocery store. *** was arrested for theft and when searched police found the stolen Fitbit, cellphone and groceries in her bag.

On October 21, the same woman was caught on video walking up the driveway to a Kokanee Place residence and leaving with a basket of canned food. Police located *** and she was charged with break and enter.

On July 12, 2022, *** appeared in Powell River Provincial Court and was sentenced for several offences, including break and enter (guilty of the lesser included offence of theft), theft under \$5,000, possession of stolen property and failure to comply with a probation order. She was given a suspended sentence, probation of 18 months, 30 hours of com-

munity service, apology letters to the victims and a victim surcharge fine of \$100.

Example #2

*** was convicted for multiple counts of theft on February 15 including one count of theft of mail, a count of break and enter, two counts of theft under \$5,000 and dangerous operation of a conveyance. For that, he was given a one-year conditional sentence order to be served in the community. Crown counsel directed a stay of proceedings on a theft of vehicle charge and a theft charge.

Example #3

Prolific property offender *** was arrested and charged with multiple counts of break and enter, possession of stolen property, possession of break-in instruments, mischief, breach of undertaking, breach of probation order and thefts on October 30, 2021. These charges were inclusive of 10 police investigations forwarded for charge assessment to Crown counsel.

On February 3, *** appeared in the Provincial Court of British Columbia and was convicted on six of the police investigations. The remaining four investigations that included nine different charges had a stay of proceedings entered by the Crown prosecutor. *** was sentenced to 180 days jail and 18 months of probation. With time already served, he served an additional 36 days before he was released.

Marine Traders’
28th Annual
Ladies Night SALE

Tuesday, Dec 6th
Wednesday, Dec 7th open late Ladies Night
Thursday, Dec 8th
Door Prizes • Spin to Win
Best Prices of the Year!



marinetraders.com
4446 Willingdon Ave
Next to the Westview Ferry
604-485-4624

Watch for our
12 days of Christmas
Follow us on



Chrysalis
Flowers & Gifts

Same owner, same shop, just a new name!

Crossroads Village • 104-4801 Joyce • 604-485-7673

Just not a Flower shop... we have great gifts too

- | | |
|--------------------|-----------------|
| S=Q Vegan | Mugs |
| Wallets and Purses | Ponchos |
| Cards | Scarves |
| Jewelry | Candles |
| Picture Frames | Tropical Plants |
| Puzzles | Home Decor |

“Governments..have a challenge on their hands”

What are your thoughts on Bill C-75? Was it the right policy to address the over-representation of marginalized groups in jail?

Nicholas • Changes to federal legislation are geared towards promoting fairness in the criminal bail system. These changes have led to some very negative impacts, and alone, they do not address the over-representation of marginalized groups involved in the criminal justice system. Everyone has a right to feel safe in their community, and our overall quality of life and feelings of well-being are negatively impacted if we don't.

The Province has chosen a multi-pronged approach to addressing the over-representation of marginalized groups in jail; we introduced a formal strategy to reduce poverty, which is showing that fewer people in BC are living in poverty -with work ongoing. We introduced legislation geared at reducing systemic racism; we have increased the budget for law enforcement and prosecutions, and we have invested in improving public and post-secondary educational outcomes.

In addition to these important strategies, we have strengthened programs to help those being released from jail to transition back into society, and, critically importantly, we are continuing to create a comprehensive program to address mental health and addictions challenges which have increased during the pandemic. The Province is also building a record amount of housing.

MLA David Eby, the Premier-designate, is the same person who put out the dump-



OUR REP IN VICTORIA: MLA Nicholas Simons is at the centre of these issues, as Minister of Social Development and Poverty Reduction, a role he's had since 2020. This is the Provincial NDP's second term in office; they've been in since 2017.

ster fire at ICBC leading to lower rates and rebates, who successfully sued big Pharma for financial costs associated with the opioid crisis, who was instrumental in getting big corporate and union donations out of politics, and who took on the massive criminal money laundering organizations.

He is tasked with addressing the rise in crime associated with repeat offenders, and, as Attorney-General, asked for, and received, expert advice on the best strategies to address the Provincial elements of the problem. The Province has begun

The housing-first policy is not a crime prevention program.

MLA Nicholas Simons

implementing the report's recommendations. Premier-designate Eby has acknowledged that this remains a focused priority.

Is the current crime situation here in qathet acceptable to you?

Nicholas • There is no acceptable crime situation here or anywhere. Certain types of offenses have been increasing and reported in communities across all provinces and territories, so governments, law enforcement, and communities in general have a challenge on their hands.

The housing-first policy is not a crime prevention program.

Do you have any personal experience with crime, courts and corrections?

Nicholas • I have been the victim of property and violent crime and have family members and friends who have been as well. I have worked in many areas of the criminal justice system from crime prevention, legal education,, victim and

witness assistance, to prisoners' rights. I have supported constituents who have committed offenses, been victims of offenses, and others who have had interactions with law enforcement. I was the Chair of the Police Act Reform Committee prior to my Cabinet appointment.

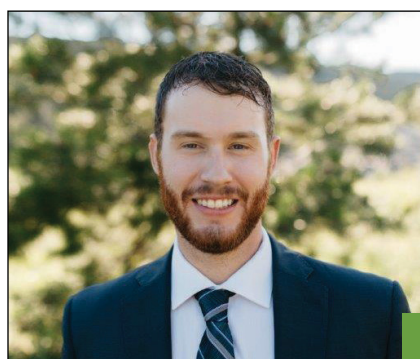
Much of my pre-politics career was devoted to responding to concerns of child abuse and neglect and I have two university degrees in Criminology.

Anything else you'd want to add on courts and corrections - or the Province's role in reducing this crime wave?

Nicholas • Whenever there is a new threat to the safety and security of our communities, we may be motivated by our emotional response, but our response must be the implementation of good public policy.

In the short-term, recognizing that current federal bail policy has failed, we should focus on fixing it - which is what all the Premiers told the federal government recently at a meeting in Halifax.

In addition to other recommendations of the recent expert report on repeat offenders, the Province is bringing back a successful program, cut by the previous government, called the "prolific offender management program"; we are addressing complex health-care needs for those in the criminal justice system; hiring peer-support workers; and ensuring that our criminal justice system - from police to courts to corrections - continue to have the capacity to address the changing patterns of crime in our communities.



Brandon Henderson
Family Law
Litigation

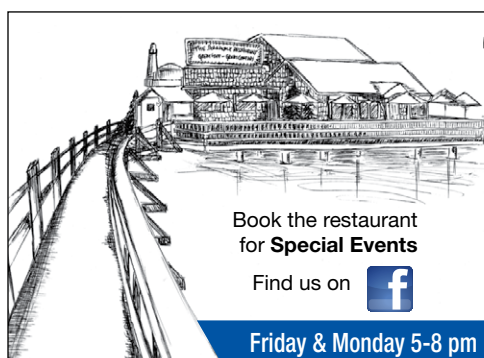


4571 Marine Ave 604-485-2771 fleminglaw.ca

Ian Fleming
Wills & Estates
Real Estate
Corporate



Call
Ian
Fleming and
Brandon
Henderson
today.



Book the restaurant for **Special Events**

Find us on

The Boardwalk Restaurant in Lund

Don't wait until it's too late!

Book your **HOLIDAY EVENT** at The Boardwalk today.

- Call ahead for the **Swedish Yule Tide Feast** Sat/Sun, Dec 3rd-4th (2 seatings at 5 & 7 pm)
- Open Dec 24, 25, 26 • Open noon-8pm on Jan 1
- Call ahead for **Christmas Dinners** Dec 24, 25, 26 (2 seatings at 5 & 7 pm)



Have you tried our Fish 'n' Chips? Voted Powell River's best 7 years running!

Friday & Monday 5-8 pm • Saturday & Sunday noon-8 pm • Find us on • GF Friendly Menu • 604 483-2201 • boardwalkrestaurantpowellriverlund.com

The vast, vast majority of people who are struggling are not stealing your weed wacker

- 2% of people have a traumatic brain injury
- 20% of people have an active mental illness within any given year
- 3% of people have used cocaine, crack, ecstasy, speed, meth, hallucinogens or heroin in the past year
- 21% of people will have a substance use disorder in their lifetime
- 6.4% of people live in poverty (though there are lots of different measures)
- A tiny, tiny minority – about six locals at any given time – are active chronic offenders

Sources: Brain Injury Canada; Centre for Addiction and Mental Health (Canada); Statistics Canada; RCMP Powell River.

Continued from Page 37

simpler, like shoplifting at grocery and liquor stores, It's quick and easy to steal a 40-ouncer and sell it on the street for half price. You're in and out in five minutes."

If you're caught, he said, "they just give you a promise to appear in court and if you don't appear they issue a warrant and you get picked up and given another promise to appear, but if you keep violating your conditions, you'll eventually go to jail."

Rob supports jailing of chronic offenders, but feels that without high quality addiction programs in jails, it is a revolving door. He found treatment – and his exit from street life – at Guthrie House in Nanaimo, a secure treatment centre for those who are in BC's jails for six months or longer. After being caught in a police chase with a stolen car, he lobbied to get into the program (even though his sentence was shorter, he requested a longer sentence to qualify).

"I think it worked because of the desperation I felt. I felt like the end was coming quickly because I had overdosed dozens of times and my family had stopped communicating with me. The time I had in Guthrie House saw me move away from the madness of my life on the streets and gave me time to reflect on what was important to me. I had a lot of time in jail to reflect on my life."

Rob credits that time in jail for saving his life. He wishes the program were available to more people in provincial jail. Rob also believes that rapid access to evidence based treatment programs are essential, inside and outside of jail. "No one should have to

"I couldn't live the way I'd been living anymore. After everything I've been through, I am so grateful for my life today."

~ Josh Bennett



JAIL SAVED HIS LIFE: At Cranberry's Miklat House, director of operations Rob Fitzpatrick helps other men push past their addictions and into a new life. He got treatment at Guthrie House in Nanaimo while he was in jail for stealing a car. Rob was on CBC's All Points West in October advocating for safe supply and for Provincial funding for detox and treatment (listen here: bit.ly/3TJf3xg).

wait three months to get into treatment when they're hanging onto their life by a thread." Rob also believes that mental healthcare should be a priority, that people suffering from illnesses such as schizophrenia should be prioritized and placed in secure care to be stabilized, and offered treatment options once stable.

Meanwhile, Josh says you can't make anyone go into treatment and expect it to work if they are not ready. "You have to be ready. You hit so many rock bottoms and you tell yourself it can't get any worse, but as long as you are using, it can, and it does get worse. I was tired of the suffering."

"You have to take your recovery and put it at the top of the list. I have to take care of myself and make my recovery my number one priority. My relationship with a higher power is a big part of it and staying connected to recovery programs."

Today Josh tries to make healthy choices and asks for help when he needs it. "You have to take one day at a time. Do not hold onto the past because it does no good."

Someday he hopes he can have a relationship with his son.

"I lost my son. He's been out of my life for three years, now. I want to be part of his life." 🐾

Top 5 reasons to wear a Pollen Sweater in blustery November

1. Pure wool stays warm even when wet.
2. In colours like Bubblegum, Red and Azure, it brightens up your day.
3. Wool is natural and if your sweater ever wears out, it's compostable, so you're helping the environment. No plastic microfibres.
4. It can go in the dryer, which is good because the clothesline isn't really a November option.
5. You don't care when the landlord refuses to turn up the heat because "it's only November."

For more fun, and fabulous wool sweaters and toques, wool and bamboo ponchos, and books, find us above Nancy's Bakery in Lund.



Made in Lund, BC, Canada since 1986

Open Tuesday-Saturday • 10-4

604 483-4401 • pollensweaters.com





qathet students are getting cozy with careers

On the morning of Wednesday, October 19, the Brooks Secondary School parking lot was filled with students trying out arc welding, having their hair styled, chatting with firefighters, and waiting in line to try being handcuffed by the fisheries officers. This was the first career fair School District 47 has held since before the COVID-19 pandemic, and enthusiasm couldn't have been higher.

At the automotive dual-credit booth, students Tyler Attwell, 16 (left, above), Emma Larmour, 18 (centre) and Star Sayers, 17 (right, at the back) promoted their program to younger students.

"Learning to do this is a lot simpler than I thought it was going to be," said Star. Emma agrees. "Don't get intimidated by it! It looks hard, but it is fairly easy," she said.

This is exactly the kind of exposure and connection that Tanya Larkin, School District 47's Trades & Transitions Coordinator and a vice-principal at Brooks Secondary, wishes she had 30 years ago.

A great strength qathet has, Tanya said, is how willing the community is, in sharing their knowledge with students and encouraging them to pursue careers. That willingness was on full display at the recent career fair, where nearly all the booths came from Brooks parents who showed up for their teens & their peers.

As teens growing up on Vancouver Island, Tanya and her twin sister rode motorbikes and didn't think too much about careers. Their mom was a bookkeeper, their dad a logger. One day, at the beginning of Grade 12, Tanya saw a friend filling out a form in the hall at school.

"What's that?" she asked.

"It's an application for college."

"What?" she recalled saying, "I thought they just let us in."

Indeed, no. Now Tanya (and her sister who holds the same job across the water in Comox) is charged with helping new generations of students think much earlier about careers than she did. Not only that, she leads the District in helping students from Kindergarten to Grade 12 stir interest in the vast variety of careers out there, and understand the pathways to get themselves where they want to go. This year, BC's Ministry of Education is putting much greater focus on career preparation, as is School District 47.

From the personal experience of being the first in her family to go to post-secondary, Tanya understands how daunting it can be. But also how accessible it really is. That's the perspective that has driven her to expand the District's careers focus for the past four years.

"After I had that 'aha' moment in the hallway, I told all my friends about having to apply. All six of us applied and went to Malaspina College. If I hadn't had that random interaction, none of us would have gone. Now that we're in our 40s, all of us have either a Masters or a Doctorate."

Still, she isn't naive about how much things have changed. Tuition costs more; scholarships haven't kept pace with the cost of tuition or the cost of living. Getting in to some programs has become much more competitive. And, the income needed to support yourself or a family is higher than it was when today's parents - Gen Xers and Millennials - were starting out.

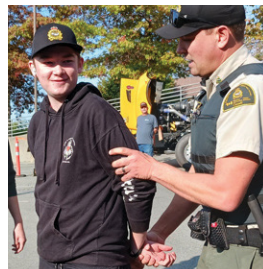
Thanks to today's labour shortage, though, opportunity is greater than it has been in at least 40 years.



Above: School District 47's careers team: Joel Nordman (Applied Skills, Design and Technology Innovator); Tanya Larkin (Trades & Transitions Coordinator) and Kim Marshall (Careers Secretary).

Top: Automotive foundation students Tyler Attwell, 16, Emma Larmour, 18 and Star Sayers, 17, demonstrate their skills at the October 19 Brooks career fair.

Below: Also at the career fair were the BC Ambulance Service; Vancouver Island University, Hairdressing dual credit (with Sydney Solowan and Kiara Williams demonstrating); the Department of Fisheries and Oceans; Brooks' welding program, and Powell River Fire Rescue, among many, many other local volunteers.



How School District 47 is enhancing students' career preparation from Kindergarten to Grade 12

1. Applied Skills, Design and Technology

Starting in early primary, students complete hands-on projects - such as circuit-building - to try out applied skills. In secondary, courses from culinary arts to computing science help students see how academic ideas can be applied to real jobs.

2. Embedding careers conversations across the curriculum

The BC Ministry of Education sets out that teachers help focus students on their future, starting in Kindergarten. From K to Grade 5, they help students find an "expanding sense of self, positive community engagement, and reflection on learning and goal-setting." From Grade 6 to 9, "students continue to reflect on, self-assess, and set goals in personal competency development and determine their strengths and preferences as they explore career-life concepts such as identity, leadership, personal planning, and transferable skills." And in Grades 10 to 12, "students further refine personal career-life development goals through experiential learning, cultivating community connections, gathering authentic evidence of learning, and reflecting on competency development."

3. Trades and Transitions

The Grade 10 Skills X program, Grade 11 Trades Sampler, and the Career-Life-Connections 12 class - which requires work experience and a capstone project - all help expose students to experiences that will help them plan their careers in meaningful, hands-on ways.



MEMORIES OF THE MILL

Elio worked the mill's "best years"

BY ELIO COSSARIN

My grandfather's two brothers, Luigi and Antonio, moved to Canada in 1910 to work in Anyox, BC, the largest copper smelter in the British Empire. In 1914, they moved to the Okanagan to work on the railroad. That same year, my father's brother, Giacomo (Jack) Cossarin arrived in Anyox and stayed there for a few years building the smelter.

Luigi and Antonio came to Powell River to work in the mill in approximately 1916. In 1919, my uncle Giacomo joined a friend, Enrico Culos, to come to Powell River, where they got jobs at the mill.

Giacomo worked in the Yard Crew. Luigi and Antonio returned to Italy that year. My dad, Pietro Cossarin, came to Powell River in 1923 and his other brother Giuseppe (Joe) Cossarin came in 1926 to work in the mill. My dad worked in shipping, among other areas.

The three brothers were single and lived in Riverside. Giacomo returned to Italy in 1926. Giuseppe (Joe) lost his job at the mill in the early 1930's, along with many others, because they said that he had voted for the Co-operative Commonwealth Federation (the precursor to the federal NDP party).

He wasn't a Canadian citizen and had never voted. He was very hurt by this and never forgot it, vowing to never return to Powell River. He moved to Vancouver Island and settled in Nanaimo. My dad got Canadian citizenship and then returned to Italy in 1929 and got married right away. My brother and I were born in Italy but I was a Canadian citizen from birth because my father was a Canadian citizen.

My dad decided to come back to Powell River in 1948 but he was too old to get a job at the mill. He



THE MEN FROM SAN GIOVANNI: This 1919 photo shows eight men, all from the same Italian city, who came to work at the mill.

Photo courtesy of the Powell River Historical Museum & Archives

Memories of the Mill Part 2

In the summer of 2022, anyone with memories of the Powell River paper mill was invited to submit stories to a special project, which was coordinated by the Library and the Museum, and sponsored by the First Credit Union. The mill, of course, closed indefinitely in February of this year, after a 110-year-long run. *qathet Living* magazine will run a series, based on some of the stories heard, October through December.

found a job working for Powell River City Transfer. I decided to come over in 1950, with the idea to get a job at the mill. I left Italy on May 21, 1950 by ship from Genova to go to join my dad in Powell River in

"You know why we are working in the grinder room? Because we have lots of brains," he said, while pointing to the muscles on his arms. Everyone laughed.

- Elio Cossarin

Honouring the Journey

All Powell River Hospice Society programs and services are free and confidential

prhospice.org

604-223-7309

The Powell River Hospice Society offers one-on-one support for bereaved individuals, palliative patients and caregivers of palliative patients.

 Government of Canada  Gouvernement du Canada

 New Horizons for Seniors Program
 Powell River HOSPICE Society

MARINE DENTURE CLINIC

FREE
CONSULTATIONS
NO REFERRAL NECESSARY



Direct Billing for all Insurance Plans
Complete, Partial &
Implant-Retained Dentures
Same Day Relines & Repairs



OPEN Monday - Thursday
4670E Marine Ave
604-485-2212

www.marinedentureclinic.com



Rachel Blaney, MP

4683 Marine Ave
604 489 2286
Rachel.Blaney@parl.gc.ca

YOUR POWELL RIVER REPRESENTATIVES

Nicholas Simons, MLA

#109 - 4675 Marine Ave
604 485 1249
Nicholas.Simons.MLA@leg.bc.ca



43 YEARS AT THE MILL: Elio Cossarin, seated, started in the grinder room in 1950 making pulp alongside other new immigrants.

Photo by Rod Innes, courtesy of the Powell River Historical Museum & Archives

Cranberry. After arriving, I worked for a while at the department of highways before getting a job at the mill in September of 1950.

My first job at the mill was at the Greenwood (grinder room) making pulp. Most of the immigrants went through the grinder room. In the grinder room, they brought in blocks of wood from the sawmill in big carriers. You filled the pockets up and then fed the wood into the machine by hand, closed the door and put the pressure on. The wood was ground into pulp with water to stop it from burning and the pulp fell into a pit below. You would go through 25 or 30 skips of wood in a shift. One of the guys who worked there once said, “You know why we are working in the grinder room? Because we have lots of brains,” while pointing to the muscles on his arms. Everyone laughed.

The guy who broke me in at the mill was Hungarian and neither one of us spoke English. We used to go to school on Sunday afternoons with Hugo Gallo to learn English. That school went on for one month. At that time, the mill was closed on Sundays.

Then in 1953, the mill switched to being a seven-day operation. When they built the Elk Falls mill near Campbell River in the early 1950s, many trained people left the mill and moved there.

Two guys from the grinder room became supervisors at Elk Falls and one of them became the Mayor of Campbell River. When they started the mill in Port Alberni, they tried to recruit me to be a jigger man there, but I had a new job on the railroad which I enjoyed and didn’t want to leave.

Chuck Wilcox from the mill’s personnel department had difficulty trying to recruit new workers for the mill. One time he recruited ten fishermen from Newfoundland and brought them to Powell River to see what it was like. He offered them free return fare to Newfoundland within a month if they didn’t like working at the mill. I was training one of these fishermen on the day shift. He was very quiet and I asked him “How are you doing?” He said to me that he didn’t like being inside and asked “Who is the boss here?”

I saw Bob Fletcher, the superintendent, go by and pointed him out. After that, I never saw him again. He quit. In fact, all ten of those fishermen quit and returned to Newfoundland.

In 1957, I started working on the narrow gauge railroad. There was a small train that would pull 10 cars loaded with paper rolls. They would move paper from the finishing room to the wharf and then loaded them onto barges and ships to be sent to their destination.

On the train there was a ‘brakey’ and a driver. The ‘brakey’ had a whistle to communicate with the driver – whistling to say to stop, go back or forward. I started off as a ‘brakey’ but would sometimes work as a driver if someone was away. I worked on the narrow gauge railroad for nine years before moving up to the warehouse.

In the warehouse, you would take the rolls of paper from the train into the warehouse. In shipping, we were loading paper onto barges or ships. When I retired, the loading on ships was done by cranes, eliminating any men working inside the hatches of the ships.

I was lucky to work in the grinding room. When I had been working at the mill for six years, they took everyone from my shift to the Art Lyons Fishing and Hunting Camp, alongside Rainbow Lodge on Powell Lake. Our boss had an old boat on the lake and we went fishing there and stayed at the lodge. None of us had boats at the time. After this, I built a boat for myself and started going there to fish and hunt.

At work, the mill built a box to store pop to sell to the gang during their shifts. They were building Number 9 paper machine, so there were lots of construction workers there at the time. With the profits, our Greenwood shift would have an annual Christmas party for the workers and their families in the supper room at the Dwight Hall.

I worked at the mill for 43 years, until I retired in 1993. We made great money and I feel very fortunate to have worked at the mill. After we retired, I would meet with the other retired millworkers; we would all say that we worked during the best years at the mill. 🍷

DOWNTOWN PLAN

willingdon
marine

Let's write the future for Marine Ave and Willingdon Ave together

City of Powell River is hosting a drop-in open house for the Downtown Plan on Monday, November 21.

Join us between 4 - 6 pm in Council Chambers at City Hall to see what we've learned so far in the planning process and the direction we're heading with the Downtown Plan.



For more information about the plan, visit participatepr.ca

OPEN HOUSE
Monday, November 21 • 4-6 pm
Council Chambers, City Hall



Look for the new **qathet Waste Wise** app available now

The custom mobile app will notify and deliver service reminders, alerts and all the information you need about solid waste and recycling, making it easier than ever to stay connected and informed.



Networking Social

The City of Powell River is a proud partner and supporter of small business as a driving force in the local economy and the community's well-being.

We understand the importance of business connections. New entrepreneurs, established businesses and home businesses are invited to a **FREE 2022 Fall Business Networking Social** to meet and expand your contacts and knowledge.

Tuesday, November 22

The Labour Gap
WorkBC's Brodie D'Angio

Please register for this FREE event at coastlinecolab.ca



NOVEMBER 2022						
S	M	T	W	T	F	
		1	2	3	4	
6	7	8	9	10	11	
13	14	15	16	17	18	
20	21	22	23	24	25	
27	28	29	30			

Help keep leaves and debris free and clear of storm drains and catch basins. Take your yard waste and drop it off for FREE.

Sunshine Disposal
Wednesday, Friday and Saturday from 10 am to 4 pm

Limit one truckload

Garbage Day: **A B C D E** Holiday:

Garbage & Recycling Day: **A B C D E** "Round for Recycling"

powellriver.ca



95.7 Coast FM presents the
**2022 Stuff
 The Trailer**

sponsored by Fresh Co and City Transfer
 in support of Powell River Food Bank Action Society

Nov 28 - Dec 10, 2022

Pallet Challenge

Inviting businesses, organizations and individuals
 to help fill the Powell River Food Bank this season.



This year we will again be doing the Corporate Pallet Challenge in order to reach the necessary goals to keep the food bank shelves stocked up throughout the winter and even spring!

The Corporate Pallet Challenge invites Powell River businesses to buy a 1,000 lb pallet of food for the food bank by making a \$500 donation per pallet.

Businesses are welcome to buy as many pallets as they like, and they will receive a receipt for any donations for tax purposes!

Find out how to participate at
mypowellrivernow.com/stuff-the-trailer/

Let's fill up the food bank and help those in need
 this Christmas and beyond!



MYPOWELLRIVERNOW.COM

Use the orthography below to write in how to pronounce each letter. Also see Dr. Elsie Paul's more precise descriptions at bit.ly/3cc8iU4.



**ʔAYʔAJUΘƏM?
 YOU GOT THIS**

RANDOLPH TIMOTHY SR.

no hom A Gathering with Friends and Community

ʔε ʔa məš Hunting

kʷu kʷu yu kʷum Fishing

ta ta lo mos Mask

say say sna mot Pretending to be scary

ʔayʔajuθəm orthography

ʔəʔamən | kómoks | χʷεmaʔkʷu | & λohos

This orthography is based on the International Phonetic Alphabet (IPA). This guide offers a simplified version of the sounds; for an authentic accent, listen at firstvoices.com. Most letters you'll see in ʔayʔajuθəm are familiar. Pronounce them as you normally would, with the exception of the vowels and "y," which are always pronounced:

a	ah
e	ay as in May
i	ee
o	oh
u	oo
y	y as in yell

ε	eh
ɪ	ih
ʊ	oo as in look
ə	uh
č	ch
č̰	popping c
ǰ	dg
k̰	popping k
kʷ	kw
kʷ̰	rounded, popping k
ɬ	Breathy L sound
p̰	popping p
q̰	popping q

qʷ	rounded q
q̰ʷ	rounded, popping q
š	sh
t̰	popping t
tθ	t-th
t̰θ	Popping t-th
θ	th
xʷ	wh (like in who)
χ	Hhhh
χʷ	Hhhhwh
λ	tl
λ̰	popping tl
ʔ	glottal stop: uh oh

| MADE THE MOVE

Family ties draw this couple cross-border

Former Portlanders Christianne and Donna Gillenardo-Goudreau are learning what it means to be Canadian, together with their two cats. Donna, who loves to collect crystals and make jewelry, is an executive assistant at inclusion Powell River. Christianne, who enjoys making models and baking, is a professional comic artist and illustrator. They've been here for just over one year.

Why did you choose to move here?

Donna & Christianne • Moving to a new country can be very difficult, no matter where you're coming from, and we wanted as soft a landing as we could get. Thankfully, Christianne's sister and brother-in-law are established Powell River residents with a rental unit in their home. We moved in and haven't looked back since!

What surprised you once you moved here?

Christianne • The water access! In Portland there are all sorts of rivers and lakes, but there's barely any public access and what is available is usually very crowded. It's been really great being able to relax next to a lake.

Donna • How open minded and friendly many of the people here are!

What made you decide to move here?

Donna & Christianne • We were already planning on moving to Canada. What solidified that decision was, unfortunately, Christianne's father Serge passing away. We realized we needed to be close to her family, especially through the first year without him.

Where is your favorite place here?

Christianne • I'd have to say anywhere near the water. I've never lived next to the ocean, so being able to see it every day is really cool. I'm also a big fan of the Library.

Donna • Probably Haywire Bay or Mowat Bay! I grew up near the ocean so it has been so amazing!



DRAWN TOGETHER: This image was created by illustrator Christianne Gillenardo-Goudreau (right)-pictured here with her spouse Donna (left). Christianne is an illustrator who works on Plants vs. Zombies and many other titles, plus creates her own graphic novels (such as The Spirit of Vancouver Island - a ghost story about a BC Ferry) and she works on commission portraits, too. Find them both at the Powell River Farmers Market -selling graphic novels, jewelry, pins, decals and much more.

How did you first hear about PR?

Christianne • My grandpa Terry McGarvey lived here for a long time, and then my grandmother Barb and her husband John moved here and my sister and I would visit them both during the summer when we were kids.

Donna • Christianne brought me up here to meet their sister early on in our relationship. As soon as I stepped off the ferry, I knew we had to move here ASAP!

What aspect of your previous community do you think would benefit Powell River?

Donna & Christianne • Portland had lots of opportunities for small businesses to have storefronts. I would love

to see more small business support.

What challenges did you face in trying to make a life for yourself here?

Christianne • Making new friends has been challenging. We've met some people in town, especially once we started tabling at the Farmers' Market. And learning our way around Canadian banks and utilities and getting those all set up.

Donna • I was desperate to become a part of the community somehow, but I wasn't sure how to go about it. Luckily, I met Jennifer at the Nutcracker Market, and she introduced me to some of the local business owners. I also got a job at inclusion, and this opened a lot of doors.

If you were Mayor, what would you do?

Christianne • I would set up a public mural program!

Donna • There is a big need for transportation.

What are PR's best assets?

Donna • I would say the people. Everyone I have met is hardworking and truly cares about the community. I know Powell River has its issues but I feel like we can work on them together because the people here actually care!

What is your greatest extravagance?

Christianne • Definitely our Roomba. It's absolutely unnecessary, but having something that wanders around and sweeps the floor every day while we can do other things around the house is a massive luxury.

Donna • Crystals! I've always been a geology buff, so I spend way too much time and money in Studio Curious!

Which superpower would you most like to have?

Christianne • The power of flight. I would love to be able to fly to Vancouver Island to visit my Mum without having to pay for the ferry, ha.

Donna • I would love to be able to help people to communicate with one another clearly and with full understanding on both sides. I am neurodivergent and I work with people who are neurodivergent or have differing methods of communication. I would love to make it so everyone understood each other and could be helpful to one another without misunderstandings. 🗨️

WHERE YOU BANK MAKES A DIFFERENCE

Find out how we make a difference at [firstcu.ca](https://www.firstcu.ca)

4721 Joyce Avenue

Powell River | Courtenay | Cumberland | Union Bay | Bowser | Bowen Island | Texada Island | Hornby Island

First CREDIT UNION



BUSINESS AFFAIRS

SEAN PERCY

Airport gets \$8M upgrade

The City of Powell River has received a \$8,025,527 grant from the federal government to invest in critical improvements to the airport (CYPW).

Powell River is one of eight BC communities to receive funding.

“This ensures the long-term viability of the airport and expands on opportunities to attract further investment in the lands surrounding the runway that is already underway,” said then-mayor Dave Formosa. “Our airport is crucial to the city’s economic development given Powell River’s location. We are fortunate the grant covers 100% of the project cost.”

The existing runway pavement is almost 40 years old, and rehabilitation and re-profiling is required to meet the latest certification and safety standards.

The major improvements will be a renewed surface and the extension of runway 09-27 to a possible 1,219 metres (4,000 feet), along with replacement of most of the runway lighting.

“The funding will also address the slope issue that will allow commercial passenger carriers and cargo planes to run at a higher capacity,” said Manager of Transportation, Cam Reed. Other works include improving the centreline crown for better drainage.

The cost estimate includes construction, civil and electrical works as well as engineering and construc-

tion administration, and a 10% contingency.

“Work is tentatively expected to begin in 2023,” said Cam. “Significant disruption to airport operations and extended runway closures can be expected during construction. However, engagement with agencies and companies has already begun to ensure those are mitigated and service to the community is accommodated to the greatest extent possible.”

Handyman ready to help

After moving from France a year ago, **Bryan Rebhuhn** has mostly worked as a roofer. Back in France, he did renovations and landscaping. Now he has launched his own business, **qathet Handy**. If you need help to complete a project, or someone to do it, Bryan may be your guy. You can reach him at 778-775-2107 or by e-mail at qathet.handymens@gmail.com. qathet Handy does landscaping, garden maintenance, yard projects, moving, wood chopping, painting, easy repairs and building and more – just ask.

Gutter Guy does gardens, too

Tyson Wilson, 23, is giving up roofing to live on the edge instead.

For the last year and a half, Tyson has been working as a roofer, and on almost every job, he saw how badly gutters are neglected. His new business hopes to change that. Tyson purchased a gutter rake and ladders and a vehicle and is now offering gutter cleaning with his business **Gutter Garden Guy – Gx3**. In addition to removing gutter debris, Tyson will do basic yard work. It’s best to find him on Face-

book and message the business, but you can also email wysontilson@gmail.com or call or text 604-578-1075.

Painter comes home

Kyra Liddle has over 15 years of experience in professional residential and commercial painting. She has travelled across Canada perfecting her craft, taking on contracts as large and complicated as BC Place and the Vancouver Airport. She held an upper management position with a globally recognized company where she managed and coordinated many projects throughout the lower mainland.

To get some much-needed work/life balance, Kyra decided to move home to Lund, where she was raised. Here she has put her passion, entrepreneurial drive and industry skills together to create **VinnCity Painting**, offering a wide variety of services including interiors, exteriors, stairs, decks and more. You can reach VinnCity Painting on Facebook or at vinncitypainting@gmail.com.

Modern draws the line


Modern, best known for its windows, doors and vinyl decking, is adding a somewhat unusual new division. They’re offering **line painting** as a seasonal service. Since the factory already deals with paint products, and there’s demand for local parking lot painting, the company invested in machinery for painting lines and curbs. “We have three employees trained now to run the machine,” said general manager **Dan Agius**. Contact Modern at 604-485-2451 or email dan@modern.ca. 📞

\$1 ORGANIC FAIRTRADE COFFEE


Price plus tax.

Get it while it's hot.

With one sip of our smooth Organic Fairtrade Coffee, you'll be asking yourself how it can cost only a dollar. \$1, any size, for a limited time only.



© 2022 A&W Trade Marks Limited Partnership




FRIENDS OF THE LIBRARY

Become a “Friend” and support your library!

See the FoTL book cube near the front of the library.

Annual General Meeting
Nov 30 6:30 pm at the library

Builders for all ships and sizes

We don't always build ships, but when we do, they're in a beer garden! This is the playground we built at Townsite Brewing.



Malaspina Contracting Ltd

General Contracting	Foundations	
New Home Certified	Finish Carpentry	
Renovations	Decks & Siding	

Chad Rubletz, owner
604-414-4278
9306 Malaspina Rd.



malaspinacontracting.com



Must be the season of the 'shroom

The qathet Mycology Network is hosting several events this month, for the region's annual Mushroom Festival. This photo, by Paul Dohm, won last year's mushroom photography contest. The deadline for this year's is November 15., See Page 55 more on the fest and other things you can do in nature this rainy fall.

November in qathet

BIG COMMUNITY EVENTS

November 1

Inaugural City Council meeting

7pm, Council chambers

Pumpkin Collection for Farm Feed

9 to 4 pm, Town Centre Recycling depot. Drop off your pumpkin! With Let's Talk Trash.

Some schools have the day off

Check with your local school

November 5

Ofrenda Dia de Muertos Memorial Altar

4:30 pm at Rotary Pavilion at Willingdon Beach. A community Ofrenda or altar to commemorate and celebrate our loved ones who are no longer with us. With Claudia Medina

November 6

Daylight Savings ends

Turn your clock back one hour

November 8

National Indigenous Veterans Day

Learn more at <https://www.veterans.gc.ca/eng/remembrance/people-and-stories/indigenous-veterans>

November 8

Inaugural qathet Regional District meeting

3:30 pm, RD Boardroom on Marine Ave.

November 11

Remembrance Day

9:45 am at Dwight Hall for the march and cenotaph service. See ad on Page 21.

November 13 to 19

Rock Your Mocs week

For Native American Heritage Month. www.RockYourMocs.org

November 14 to 22

qRD Parks & Trails Consultation / Open House

See ad on Page 51 for detailed list of events and how you can get involved.

Wednesday, November 16

Louis Riel Day

Anniversary of the 1885 hanging of Metis leader Louis Riel.

Monday, November 21

Powell River Downtown Plan Open House

4 to 6 pm, City Chambers

Tuesday, November 22

Free Business Networking Social: The Labour Gap

Register at coastlinecolab.ca

November 22

An Evening with Corky Evans: Benefitting the Future through Energy Fairness

7pm Carlson Club. See ad Page 22.

November 27

First Sunday in Advent

The countdown begins.

November 28 to December 10

Pallet Challenge

Businesses can buy a \$500 pallet for the Food Bank. See Page 44 for more.

Wednesday, November 30

Friends of the Library AGM

6:30, community room at the Library. All are welcome.

Through December

Third annual Light Up qathet

Holiday lights contest and self-guided tour. Submit a photo of your decorated home and address to srahier@powellriver.ca by December 15. It will be added to the self-guided map. Vote on your favourite display. Winners get a three month pass to the Rec Complex.

Friday, December 2 to 4


Cheer Fest

Cheer on the Pier, Santa Parade, late night shopping. See Page 54 for more.



CITY TRANSFER
Next day delivery.
100% guaranteed.
75 YEARS
f CITYTRANSFER.COM

**CALL TODAY
to schedule
your next
delivery**



POWELL RIVER | SUNSHINE COAST | VANCOUVER

Thank you to all essential service providers!
STAY SAFE!!

604.485.8100

VISUAL ART, DIY & ARTSY PERFORMANCE

To December 14

**Cowboy Blaire Hobbs:
Discovering the Palette**
Maggi's Diner

To December 15

**Of Mice and Men and Other
Things – Chris Roberts Exhibition**
VIU. Viewing hours Monday to Friday,
8:30 am to 4:30 pm

November 5 to 27

Memento Mori Festival
See Page 17 for events, and qathetart.ca

November 8 – December 22

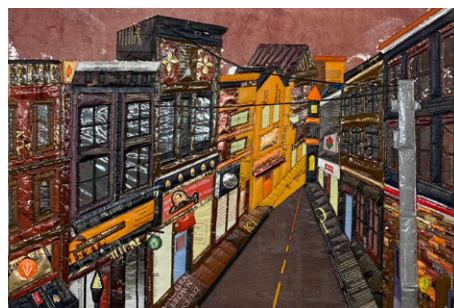
**Remembrance for Endangered
and Lost Species Exhibition**
Tues, Wed & Thurs noon – 5 pm at qathet
Art Centre

Wednesday, November 16

Altered Couture
- Loving what you have
6:30 to 8:30 pm, Eunoia Fibre Studio.
Bring a couple of garments or pieces you
are fond of, but need a new look. Pre-reg-
istration mandatory in person. \$20.

Saturday, November 19

**Memorial Lantern Making
with Kathryn Nuen**
1-3pm at qathet Art Centre. Must register.



LIFE ON FIRE: See Yeonmi Kim's work
- and many other local artists' - in the Me-
mento Mori show at qathet Art Centre.

Wednesday, November 23

**Whale Tail Endangered Species
Junk to Jewellery Workshop with
Teresa Harwood-Lynn**
11 – 3:30 pm at PR Recreation Complex
Rehearsal Room. Registration required.

Saturday, November 26

**Remembrance Day for Lost
Species Storytelling
& Aerial Performance**
4 – 5:30 pm at the Max Cameron Theatre.
Collaborative storytelling with Naomi
Steinberg, aerial performance choreo-
graphed by local aerialist and trainer
Keely Sills, collective shrine building, Q&A
with performers. [www.eventbrite.ca/e/
remembrance-day-for-lost-species-tick-
ets-405699115977](http://www.eventbrite.ca/e/remembrance-day-for-lost-species-tickets-405699115977)

November 25 & 26

**I'm Prov – an exploration of
musical improvisation with
members of the experimental
music project Ultraviolet**
Concert Friday Nov 25, 7-9 pm
with Ultraviolet \$20
Workshop Saturday Nov 26, noon -3:
a spontaneous composition workshop
demonstration of concepts used in cre-
ating musical compositions in real time
performance. Brittany Bowman – bass,
Oscar Robles Diaz – touch guitar and Beau
Stoker – drums will employ unconventional
instruments, electronic/digital tech-
niques, and rhythmic cells. \$40 or do the
concert and workshop together for \$50 All
ages. 604-424-5780.

Through December

Third annual Light Up qathet
Holiday lights contest and self-guided
tour. Submit a photo of your
decorated home and address to
srahier@powellriver.ca by December 15. It
will be added to the self-guided map. Vote
on your favourite display. Winners get a
three month pass to the Rec Complex.



70 years of getting dirty!

BY VANESSA BJERRESKOV

I was skimming an early history of the Powell River Fine Arts Council when I came across this gem: “In 1956, the Church Hall was sold at the end of November, again forcing us into storage. Having the use of the Lawn Bowling Club for two or three months, we stuck to sketching. We daren't paint, as it was so clean and no one could feel free to paint in such an atmosphere.”

How lucky we are now, celebrating

the 70th anniversary of the formation of the Powell River Fine Arts Council and our 55th year as the Powell River Fine Arts Association, that we have our own building to create and be messy in!

I've heard stories of people using pottery wheels to spray clay all over the walls (completely accidentally of course!), and it's a game every time a weaver finishes a piece to sweep up all the colourful dust-bunnies under their loom before they escape and hide un-

Creativity is nothing but a mind set free. – Torrie T. Asai

NOV SALE

qathet art + wares
quality art supplies + thoughtful things

22% OFF
ALL DJECO
KIDS ACTIVITIES

Tue-Sat 1030am-5pm 6812B Alberni Street 604.413.6830 create@qa-w.ca

qathet ART

Memento Mori Festival November 5 - 27
qathet Studio Tour 2023 registration now open!
Life Drawing Tuesdays 7pm | FibreSpace Thursdays 10-2pm
Afterschool Art Programs 3:30-5pm
Visit qathetART.ca for more information

Did you know?
In addition to their long list of landscaping and yard maintenance services, GCS also does
snow and ice removal!

GCS YARD MAINTENANCE

Hand-removal for residential & commercial walkways
Call for a free estimate • 604-485-6628 • GCSoffice@telus.net

Licensed & insured

Massage & Acupuncture

Kostali Wellness
Registered Massage Therapy

Book now at kostaliwellness.ca
236-328-1200
4518 Joyce Avenue



CRAFT FAIR SEASON & SPECIAL SALES CLIP N' GO

Saturdays

Uptown Market

10 til noon, outside the CRC.

Sundays

Farmers Market

12:30 to 2:30 in the quonset hut at the Paradise Exhibition Grounds off Padgett.

Friday, November 4

Glam & Glow Fridays at Afterglow

Pro-make-up application & blow-out for \$69. Complimentary drinks, giveaways, exclusive sales. afterglowhairlounge.com

November 4 & 5

Powell River's Own Craft Fair

Friday, 5 to 9 pm, Saturday, 10 to 4 pm, Rec Complex.

Saturday, November 5

Kiwanis Giant Garage Sale

10 til 1, 4943 Kiwanis. Money raised goes to Adopt a Family

Saturday, November 12

Lang Bay Crafts and Collectibles Sale

11 to 2 pm, Lang Bay Hall. Jewellery, vintage toys & collectibles, gift baskets, wreaths, pottery, sewing, felt crafts, knitted baby toys, crocheting, woodwork, Ukraine Soul Food, wildlife photos, refurbished furniture, knick knacks, nails, Relaxus products, collectible sports cards. Raffle. Refreshments by donation.

Saturday, November 12

Mother Nature Christmas Shop opens

See ad on Page 8.

Thursday, November 17

Simply Bronze Customer Appreciation Event

See ad on Page 62.

Saturday, November 19

Assumption Bazaar

10 til 2 pm Assumption school gym AND the Assumption church hall. Soup/sandwich, crafts, knitting, doll booth, Lucky 7, pet booth, kids games, baking and much more!

Flea Market with Baking & Crafts

9 am to noon, United Church on Duncan.

Lund Christmas Craft Fair

10 til 4 pm at the Italian Hall in Wildwood

Jigs & Zunga Book Launch

Noon til 3 at the Visitors Centre (Tourism Powell River) on Joyce Ave. Join author Isabelle Southcott in celebrating her new children's book about two very special, bicoastal Nova Scotia Duck Tolling Retrievers. Illustrated by Graham Harrop.

November 19 & 20

Raincoast Christmas Craft Fair

At Dwight Hall. 10 til 4 Saturday, 11 to 3 pm Sunday.

November 25 to 27

Fine Arts Association Sale

5395 Timberlane Rd. Friday noon to 8 pm; Saturday 10 am to 4 pm; Sunday noon to 4 pm. Local pottery, ceramics, weaving, spinning, quilting, knitting, and crochet.

November 25 & 26

Black Friday: Shop Spin & Win at Town Centre Mall

Sales, pop-up retailers and prizes to win.

November 25 to 27

Second Annual WinterFest Vendors Showcase

Location TBA. Friday 4 to 8 pm, Saturday 10 to 4 pm, Sunday 11 to 3 pm.

November 26

Senior Citizen's Association Branch #49 Christmas Craft Sale

10 til 4 at the Senior's Centre on the corner of Cranberry and Manson.

November 26 & 27

Cozy Creations Craft Show

10 til 4 Saturday, 10 til 3 Sunday at The ARC. 7055 Alberni Street.

November 26 & 27

Junk Time & Marmalade Sale

10 am - 1 pm 4943 Kiwanis Ave. Kiwanis Club. Cash only, masks required.

November 26 & 27

Texada Island Community Society Winter Market

Gilles Bay Community Hall.

Friday, December 2

Cheer Fest: Late Night shopping on Marine Ave & Tree Lighting

See ad on Page 54

Friday, December 2

Glam & Glow Fridays at Afterglow

Pro-make-up application & blow-out for \$69. Complimentary drinks, giveaways, exclusive sales. afterglowhairlounge.com

Saturday, December 3

Cheer on the Pier Winter Market

4 to 7 pm, Westview Pier near the downtown ferry terminal

December 6 to 8

Ladies Nights at Marine Traders

See ad on Page 37.

Saturday, December 10

Magic of Christmas Home Based Business & Craft Fair

10 til 4 pm, Rec Complex

Saturday, December 10

Springtime Holiday Market

11 to 2 pm, Springtime Garden Centre



der other looms.

We have a dye deck where we can splash colour and water everywhere with wild abandon, and if the quilters hide a huge bin of tiny fabric scraps in the cupboard, well, that's part of the process!

Creating is messy work, and learning to create even messier. We're glad to still be creating after all these years!

The Powell River Fine Arts Association Sale returns November 25 to 27.



Get ready for flu season

Made-in-BC N95 & N99 masks for adults & children

Keep your workplace and home healthy this fall.

Allergy-friendly gloves



Aaron service & supply

604 485-5611 • 4703 Marine Ave
aaronservice.com • sales@aaronservice.com

POWELL RIVER FARMERS' MARKET
Open year round!
SUNDAYS 12:30 - 2:30
Indoors until spring
604.414.3327 | 4365 McLeod Rd.

PRODUCE
EGGS
MEAT
BREAD & PIE
ARTISANS

CRAFT FAIRS ARE BACK

Powell River's Own Craft Fair
Friday, Nov 4 • 5-9 pm
Saturday, Nov 5 • 10 am-4 pm

"Magic of Christmas" Home-Based Business & Craft Fair
Saturday, Dec 10 • 10 am-4 pm

For table info, text or call 604-414-0701

Clip & Save

LIVE MUSIC

Saturday, November 5

May Ling Kwok, Piano
2pm, James Hall. \$25.

Saturday, November 5

Graham Brown Band
7pm, Forest Bistro. \$20.

Sunday, November 6

Sunday Social – Renelle and Dawson,
7pm, Wildwood Pub

Friday, November 11

Carolyn Mark, Hush Hush Noise and the Loose Tights
8pm Wildwood Pub

Saturday, November 12

Harmony Vespers with Roy Carson & Friends
4pm, Powell River United Church

Saturday, November 12

Whatever Four
7pm, Wildwood Pub. Walter Martella, Sasha Uhlmann, Jacob Krauss, Karina Inkster

Sunday, November 13

Blue Moon Marquee in concert
Cranberry Hall. With the swinging, stompin' and hollerin' vocals/bass/drums of Jasmine Colette (a.k.a. Badlands Jass) and driving groove vocals/guitar of A.W. Cardinal. Tickets \$30 in advance/\$35 @ door. Tickets at www.eventbrite.ca

Sunday, November 13

Sunday Social – Annie Simms,
7pm, Wildwood Public House

Tuesday, November 15

Last day for choirs to apply to be in the 2023 Kathaumixw Choral Festival
See kathaumixw.org for more

Friday, November 18

Chris Andres
Rock-Blues at Forest Bistro.

Saturday, November 19

Real Classic Country Night
7pm, Forest Bistro.

Completely Creedence

8pm, Carlson Community Club. \$30/\$35 non-members

Sunday November 20

Sunday Social – Tyler Bartfai
7pm, Wildwood Pub

Monday, November 21

Relive the Music 50s & 60s
7:30pm, Evergreen Theatre. Tickets at the Rec Complex. 485-2891.

Friday, November 25

Cranberry Hall/HOME ROUTES presents: Sherman Downey
Sherman's last visit was 2019 to a "turned folks away" sold out performance. He is full-on folk, brimming with fun, warmth and stories. Be sure to bring your welcome back best and tell your friends! Follow us on FB, or info@cranhall.org. November 25th \$25+GST/\$30+GST Get tickets in advance!

November 25 & 26

I'm Prov – an exploration of musical improvisation with members of the experimental music project Ultraviolet
Concert Friday Nov 25, 7-9pm with Ultraviolet
Workshop Saturday Nov 26, noon -3: a spontaneous composition workshop demonstration of concepts used in creating musical compositions in real time performance. Brittany Bowman – bass, Oscar Robles Diaz – touch guitar and Beau Stoker – drums will employ unconventional instruments, electronic/digital techniques and rhythmic cells. All ages. 604-414-5780



THREE THINGS YOU MIGHT NOT KNOW ABOUT JIM BYRNES, AND TWO YOU PROBABLY DO: 1. His legs are amputated; he lost them in an accident north of Parksville in 1972, when a car hit him as he was trying to help a stalled truck. 2. He starred in *Highlander: The Series* as Joe Dawson, a Vietnam vet who lost his legs (Jim really is a Vietnam vet, too). 3. He was born in Missouri, but has lived in Vancouver since the 1970s. 4. Jim has won three Junos for Blues Album of the Year. 5. In 2021 he acted in his first Hallmark movie: *Sister Swap: Christmas in the City*. Jim Byrnes plays the Max Cameron on December 3

Saturday, November 26

Rebel Heart 2
7pm, Forest Bistro.

Remembrance Day for Lost Species Storytelling & Aerial Performance

4-5:30pm at the Max Cameron Theatre. Collaborative storytelling with Naomi Steinberg, aerial performance choreographed by local aerialist and trainer Keely Sills, collective shrine building, Q&A with performers. www.eventbrite.ca

BC Top (ZZ Top Tribute)

7pm, Royal Canadian Legion. \$15 members / \$25 non-members. Available at the bar. Food music & dancing.

Sunday, November 27

Sunday Social – KP Duty
4pm, Wildwood Pub

Saturday, December 3

Jim Byrnes & Friends
7:30pm. Max Cameron Theatre. Tickets at maxcamerontheatre.ca

Sunday, December 4

Powell River Chorus Christmas Concert
2pm. Doors at 1:30. Dwight Hall. Tickets \$20 (kids 12 and under free). Available from Chorus Members and at the door. See ad on Page 24.

Sunday, December 4

Sunday Social – Spud and Turnip
6pm, Wildwood Pub

December 9 & 10

Carols by Candlelight
See ad on Page 30.



Selling homes in Powell River for 10 years!

Call me for all your real estate needs




billbailey.ca

604-223-0811

For centuries, soldiers have come home from wars with Acquired Brain Injuries. They suffer. So do their families.


Remembering.



Powell River BRAIN INJURY SOCIETY

604 485-6065 • info@braininjurysociety.ca

braininjurysociety.ca






Come try our storemade FROZEN DINNERS Just heat & serve!

4741 Marine Ave
604 485-4838



Where do you need to get away to? Call David McSween!

For all things travel, as your Powell River connection to Expedia Cruises™, I will take care of everything! Air, Land, and Sea vacations and insurance, I have you covered.

LET'S PLAN YOUR NEXT VACATION TOGETHER!

(604) 414 4635
Powell River, BC
www.ExpediaCruises.ca/DavidMcSween
CPBC License Number:35206


LET'S TALK PARKS & TRAILS!

What do you value about the existing parks and trails in the regional district?

How could parks, trails, and amenities be improved in the future?



What's happening?

The qathet Regional District is developing a Parks and Trails Strategy to guide the future direction for parks and trails owned and operated by the qRD.

Parks and trails are a vital asset to our community, providing valuable recreation opportunities and access to nature.

We want to hear from you!

You are invited to attend one of our upcoming open houses between November 14 and 23, 2022 to share your ideas for parks and trails in the qathet region.

An online survey will be available on our webpage from November 14-30, 2022. Please contact us if you require a paper copy.

In-Person Open Houses

AREA A North of Powell River	City of Powell River	AREA B & C South of Powell River	AREA D Texada Island
Nov 14th 4:00-7:00pm Northside Community Rec Centre (9656 Larson Rd)	Nov 15th 4:00-7:00pm Powell River Public Library (4721 Joyce Ave)	Nov 16th 4:00-7:00pm Myrtle Point Golf Club (2865 McCausland Rd)	Nov 17th 4:00-7:00pm Texada Island Community Hall (4913 Gillies Bay Rd)

Contact us:

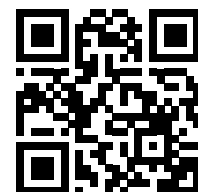
planning@qathet.ca
604-485-2260

For more information, please visit:
<https://bit.ly/3d98mFe>

Virtual Open Houses

Savary Island	AREA E Lasqueti Island
Nov 22nd 7:00-8:00pm Online (Zoom)	Nov 23rd 7:00-8:00pm Online (Zoom)

For more information or to sign up for an open house, please visit our webpage:



<https://bit.ly/3d98mFe>

EXPAND YOUR BRAIN

Tuesday, November 1

NaNoWriMo Write In

3:30 to 5 pm, Library. With Writer in Residence Gabrielle Prendergast. For more information about PRPL's NaNoWriMo Write in, or to sign up, contact edgar@prpl.ca.

Wednesday, November 2

Celebration of Writing

6:30 pm, Library. Gabrielle Prendergast invites any local writers who have attended her events or a one-on-one consultation to share their work in this closing celebration of the inaugural residency. For info mmerlino@prpl.ca

Friday, November 4

The Beatin' Stick: Thoughts on Restorative Justice from the Indigenous Heart of Old Europe

7 pm Friday night (\$25 suggested donation). Saturday 9:30 to 2:30 pm. Powell River United Church, With Tad Hargrave. Powell River United Church.

Friday, November 4

Learn about Psilocybin Mushrooms

7 pm, Library. Local herbalist, author and Ayurveda practitioner Todd Caldecott will share his knowledge and experience with this group of fungi commonly known as magic mushrooms.

November 9 & 10

Advance Care Workshop with Hospice

Nov. 9 from 10:30 am – 12 pm and Nov. 10 from 6:30 pm – 8 pm at qathet Art Centre. Advance Care Planning is a process of thinking and talking about what's important to you. This helps you, and those closest to you, prepare to make future health-care decisions.

Saturday, November 12

Susan Simmons Swims Powell Lake

2 pm at the Library. Ultra marathon swimmer Susan Simmons will tell the inspiring story of her journey with MS and

her recent swim down the length of Powell Lake. For info mmerlino@prpl.ca

Saturday, November 12

Little Wonders: learn & play at the Museum

For kids aged 4-8 years old. From 10:30 – 11 am. This month's theme is Fossils and Dinosaurs!

Thursday, November 17

Remember When Club: Gas Stations

Socialize and reminisce. For adults and seniors. From 10 – 11 am at the Museum.

Saturday, November 19

Fall Speaker Series: Texada Mining History

1 to 2 pm, qathet Museum & Archives. With the Texada Heritage Society.

Sunday, November 20

Green Burials in qathet with Julia Adams, Laurie Norman and Anna Byrne

1:30 – 3 pm at qathet Art Centre. Are you interested in green burials? Come and learn about local options in qathet, including caskets, shrouding, and natural burial sites available in our region.

Saturday, November 26

A Boat to Take You There: The Story of Smith Inlet

2 pm at the Library. Gayle Goertzen presents her new book about her life growing up on a wild remote logging camp, in an area known for its shipwrecks, breaking swells, courage and friendship. For info mmerlino@prpl.ca

Sunday, November 27

Bear Trek Screening

1 – 3 pm at the Patricia Theatre. Followed by panel conversations and interactive information booths. www.eventbrite.ca/e/remembrance-day-for-lost-species-tickets-405-699-115977



CAPTION KICKER: Artist Sabrina Upton and her six-year-old son Emery, enjoyed working on the legacy mural project along with Family Place volunteer Susan Oldale. The mural was commissioned by Powell River Town Centre and created by Sabrina Upton in celebration of Literacy Week. In partnership with Lift Literacy out of the library, the celebration included a week of fun events and entertainment. Stay tuned for the announcement of when the mural will be officially hung and presented to the community as a legacy for qathet.

FILM AT THE PATRICIA

Tuesday November 1

Willy Wonka & The Chocolate Factory

1:30 and 7:30 pm free admission

November 2 & 3

Benediction

7 pm nightly, 1:30 Thursday matinee

November 4-8

Black Adam

7 pm nightly

November 5

Seeds of Vandana Shiva

1:30 pm. Hosted by Pesticide Free qathet and Malaspina Land Conservancy Society

November 9 & 10

Peace by Chocolate

7 pm nightly, 1:30 Thursday matinee

November 11-15

Ticket to Paradise

7 pm nightly

November 16 & 17

Fire of love

7 pm nightly, 1:30 Thursday matinee

November 18-22

See How They Run

7 pm nightly

November 23 & 24

Brian and Charles

7 pm nightly, 1:30 Thursday matinee

November 25-December 1

Banshees of Inisherin or Don't Worry Darling (please check)

7 pm nightly, 1:30 Thursday matinee

Sunday, November 27

Bear trek screening

1 – 3 pm at the Patricia Theatre. Followed by panel conversations and interactive information booths. Tickets: eventbrite.ca



LISAGUNN

Creating Home Connections for you!



Need help with buying or selling?
Call Lisa Gunn today!
604-223-7628 lisa@lisagunn.ca



POWELL RIVER
INDEPENDENTLY OWNED AND OPERATED

Therapeutic Riding Christmas Open House

Saturday, November 26 • 11-3 • 4356 Myrtle Ave

Have your photo taken with one of the therapy horses & Santa himself.
Graze the bake sale, and participate in the silent auction & draws.

This space available to non-profit organizations, courtesy City Transfer



Where service and safety move volumes.

Next day, damage-free delivery.

WWW.CITYTRANSFER.COM
POWELL RIVER | SUNSHINE COAST | VANCOUVER
310-CITY (2489)

Films
Nightly
7 PM



New
Films
Weekly

For movie schedules, visit our website or see the events section in this issue

PATRICIATHEATRE.COM • 604-483-9345



STUBBERFIELD FUNERAL HOME LTD

Providing dignified service to the region since 1969

Visit our website to view obituaries and send condolences online

7221 Duncan Street

www.stubberfieldfh.com

604 485-4112

WLWP Wealth Planners & Underwriters Insurance Agencies
invite you to the

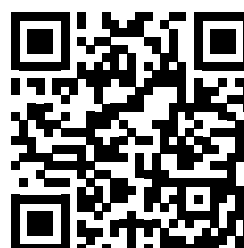
Powell River Toy Drive & Community Breakfast

Saturday, December 3rd, 2022

at The Salvation Army

4500 Joyce Ave

For more details & to register
visit bit.ly/PowellRiverToyDrive
or scan this code:



UNDERWRITERS INSURANCE AGENCIES
(POWELL RIVER) LTD.

iA Private Wealth is a trademark and business name under which iA Private Wealth Inc operates.

Cheer FEST

Join us in
kicking off the
holiday season
downtown
December 2 to 4

**FRIDAY
DECEMBER 2**
Marine + Alberni
late night shopping
and annual holiday
tree lighting at the
Alberni Pocket Park
• 7 pm •

**SATURDAY
DECEMBER 3**
Annual **Cheer on**
the Pier Market
Westview Terminal
Pier
• 4 to 7 pm •

**SUNDAY
DECEMBER 4**
Santa Parade
along
Marine Avenue
• 3 pm •

BROUGHT TO YOU BY:



SPORTS & FITNESS

Friday, November 4

Laser Light Skate

7 to 8:45 family skate; 9 to 10 pm teen skate. Single \$5, Family \$15, 3 and under free.

November 12-13

Kings Cup U13-15

Tier 2 & 3, Hap Parker

November 14 to 22

qRD Parks & Trails Consultation and Open Houses

See ad on Page 51 for a detailed list of events and how you can get involved.

Friday, November 18

Kings versus Victoria Grizzlies

7pm Hap Parker. powellriverkings.com.

Saturday, November 19

Kings versus Victoria Grizzlies

5pm Hap Parker. powellriverkings.com.

November 25 to 27

Parallel Bonspiel

Mens & Ladies bonspiel, at the Curling Club in Cranberry.

Friday, November 25

Kings versus Nanaimo Clippers

7pm Hap Parker. powellriverkings.com.

Saturday, November 26

Kings versus Penticton Vees

7pm Hap Parker. powellriverkings.com.

Saturday, November 26

PR Villa vs. Lakehill FC

1:30, Timberlane

Friday, December 2

Winter Wonderland Opening Night

6:30 to 8:30 pm.

Saturday, December 3

Free Winter Wonderland Skate

10 til noon, Rec Complex. Sponsored by United Way and Royal LePage.

Friday, December 2

Kings versus Merritt Centennials

7pm Hap Parker. powellriverkings.com.

Saturday, December 3

Kings versus Cowichan Valley Capitals

7pm Hap Parker. powellriverkings.com.

IN & ABOUT NATURE

Friday, November 4

Learn about Psilocybin Mushrooms

7pm, Library. Local herbalist, author and Ayurveda practitioner Todd Caldecott will share his knowledge and experience with this group of fungi commonly known as magic mushrooms.

Saturday, November 5

qathet Mushroom Fest YouTube Premiere

See qathetmycologynetw.wixsite.com/mycology for more.

Sunday, November 6

Mushroom Identification Walk

Part of the qathet Mushroom Festival. email for exact time and location: qathetmycologynetwork@gmail.com

Tuesday, November 8

Total Lunar Eclipse and Full Moon

Watch for a rusty or blood colour.

November 8 - December 22

Remembrance for Endangered and Lost Species Exhibition

Tues, Wed & Thurs 12 pm - 5 pm at qathet Art Centre

Tuesday, November 15

Mushroom fest photo deadline

See qathetmycologynetw.wixsite.com/mycology or the Facebook page for more.

Thursday, November 17

Leonids Meteor Shower

Average shower. Up to 15 meteors per hour.

Wednesday, November 23

New Moon

Expect a very dark night - the best time of the month to look at fainter objects in the sky.

Whale Tail Endangered Species Junk to Jewelry Workshop with Teresa Harwood-Lynn

11-3:30 pm at PR Recreation Complex Rehearsal Room. Registration required.

Saturday, November 26

Remembrance Day for Lost Species Storytelling & Aerial Performance

4-5:30 pm at the Max Cameron Theatre. Collaborative storytelling with Naomi Steinberg, aerial performance choreographed by local aerialist and trainer Keely Sills, collective shrine building, Q&A with performers. eventbrite.ca

Sunday, November 27

Bear Trek Screening

1-3 pm at the Patricia Theatre. Followed by panel conversations and interactive information booths. eventbrite.ca/e/

AVAILABLE NOV 19

This delightful children's book follows the adventure of Jigs and Zunga, two Nova Scotia Duck Tolling retrievers, who live in Powell River, BC as they visit Yarmouth County, NS to meet their relatives and learn more about their heritage.

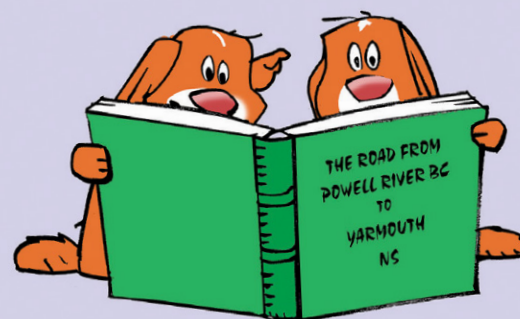
Get your copy today at Tourism Powell River, or *qathet Living*, or contact the author at isabelle@prliving.ca or 604-483-1786



Author **Isabelle Southcott** moved to Powell River from Nova Scotia in 1993. She owns and writes for *qathet Living* magazine. She was introduced to Nova Scotia Duck Tolling Retrievers at the age of eight when her father brought home a little red ball of fluff called Alexander Rufus of Schubendorf. Her Tollers, Jigs and Zunga, often make guest appearances in the pages of the magazine.

Artist **Graham Harrop** grew up in Powell River. His first cartoon appeared in the *Powell River News* when he was 14 years old. His work appears in the *Vancouver Sun* and for more than two decades, his cartoon BackBench appeared daily in the *Globe and Mail*. He also creates the online daily comic strip TEN CATS.

Toller Tales JIGS AND ZUNGA Take a trip



Story by Isabelle Southcott

Art by Graham Harrop

Special guest appearance: Jigs & Zunga!

Book launch and signing with the author
Saturday, Nov 19, noon - 3 pm
at Tourism Powell River
4760 Joyce Avenue

THE

qL's all-local, all fabulous
gift guide for holiday 2022

WISHLIST



Put this on your chopping list

Some of the world's best axes have been made by Hults Bruk, hand forged in Sweden since 1697. The famous ARVIKA 5 Star 4 1/2 pound splitting axe has been used by shake blockers and fire woodcutters around BC for years. If you stop and see the guys at **Thunder Bay Saw Shop** you can also pick up the ABY 1 1/2 pound Forest Axe, the EKELUND 2 pound Hunting Axe, or the HULTAN 1 pound hatchet.



Hot stuff for riders

Winter doesn't have to slow down your riding adventures, thanks to heated gear from **Two-Wheel Tech**. They have vests, jackets, gloves, and heated grips to keep you warm on the trails.



Power to spare

The Flex brand of tools is shaking things up in the premium contractor-grade tool category, with products like this 7-1/4-inch Cordless Circular Saw. At 24 volts, it has more power than most, and an included 8.0Ah lithium-ion battery puts it at the top of the class. With battery, charger and carrying bag, it's \$399 at **RONA**.

Little stove, big heat

Looking for a stove that brings the heat, without the massive footprint? You'll find it at **Cadam Construction** with the Vermont Castings Aspen C3. It's tiny, but takes up to 21" pieces of wood, and kicks out enough heat to warm 1200 square feet. The regular price is \$2,631, but Cadam has six units left for \$1,795.



An exciting holiday and fun-filled 2023

E-Bike for the trails

Make your ride downhill both ways. Built from the ground up to deliver a new level of smooth, fast, and durable performance, the full-carbon-fiber Oso from Ibis features their first-ever upper-link suspension dw-link platform. It stacks 155mm of rear travel with 170mm up front and is powered by a Bosch Performance line CX motor. Find yours for \$14,739 at **TAWS**.



Time to spare

This large distressed white wood clock would grab the attention in any room at 31"x36". Find it for \$289 at **Paperworks Gift Gallery**.



All dressed up

Wow them with this A-line, two-piece dress available in four colours from **Perfect Fit for Brides & Grads**. It features off-the-shoulder, sweetheart neckline, natural waist, lace up back and feature pockets.



Before they're gone

Apple's most expensive iMac was discontinued earlier this year but is still available at **PR Macs**. These powerful 27" workstations are perfect for creative professionals and those immersed in multi-windowed workflows.



Flexible bag design

This versatile design, available at **Chrysalis Flower and Gift** gives you three ways to wear it as a backpack, on your shoulder or by hand. A practical size and ultra-useful backpack mean you'll never want to take it off.

Pollen, not just in Lund

You don't have to go all the way to Lund to get a **Pollen Sweater**. **Marine Traders** carries Pollen Sweaters, as well as toques and ponchos, in a variety of colors, styles and sizes for men, ladies and kids.



Mull this over

Enjoy the farm fresh taste of Mulled Apple Cider beautifully blended with 7% Spiced Rum. Flavourful and delicious served hot or cold. Fabulous fall flavour in the easy-to-serve new 4L Bag in a Box format. Ideal and unique holiday drink for easy entertaining. No Gluten. Great Value. Made in Canada by Black Fly. Find them in a variety of flavours at **Capone's Cellar**.

THE LUST LIST

qL's all-local, all fabulous
gift guide for holiday 2022

As seen on Dragon's Den

Give your tropical climbing plants the support they need with Mossify's bendable moss or coir poles from Mother Nature. Not only do you eschew plastic alternatives by choosing a Mossify product, but you can feel doubly good because for each order, the company plants a tree. Also check out the Mossify products for growing shade and sun-resistant moss, perfect for rock gardens or between paving stones.

Beach trees

Beach glass Christmas Trees, crafted by Suzanne Wiebe of **Found Stone**, sell out quickly every year, but as of deadline, there were still some available. Find her at Cheer on the Pier and local craft fairs.

Raku rocks

Reel in a realistic raku rockfish by local artist Ed Oldfield at **Tug Guhm Gallery** in Lund. This unique pottery is just \$95.



Blanket statement

Whether you're looking for a large statement piece, or just a high quality blanket to cozy up under, the Chloe Angus shawls, blankets and wall hangings from **Tla'amin Convenience** will fit the bill.

#vanlife

If he's a stylish free spirit, these underwear are just for him. The surf van is just one of the new 2Under designs at **Armitage Men's Wear**.

Stylin'

Back and better than ever - the new ghd original styler. **Afterglow Hair Lounge** has the cult classic that started it all, with upgraded technology and improved to design to deliver trusted ghd performance.





A relaxing holiday and peaceful 2023

Get in the spirit
With these cheeky, seasonal PJs from **Fits to a T**



Sweater weather

Beautiful Z Supply Cardigans in this stylish relaxed fit make the perfect gift. You can also find this in grey at **Simply Bronze**.



Toys that matter

Connetix tiles encourage cognitive development, spatial awareness, hand-eye coordination, fine and gross motor skills and help children build knowledge around STEAM concepts – all through PLAY! Get them, and other quality kids toys, at **Huckle + Berry**.



Jigsaw puzzles

Are you finding the world a puzzling place these days? Take some downtime with a puzzle from Victoria's Cobble Hill. From 275-piece family puzzles to puzzle masters 1,000 pieces. Stop by **Tourism Powell River** and choose from scenes you'd find only in Beautiful British Columbia.



You have a notion

The same beautifully hand crafted Lykke needles, made of strong birch wood, smooth and lightweight, now in fun and flashy magenta! Find the needles and notions perfect for the knitter on your list at **Knitter's Nest**.



Mug shot

Westerly Studio always has beautiful, affordable gifts for anyone to enjoy. A new line from Germany features the most adorable mugs. Well made, they make a great gift and are beautifully packaged.



You need not walk alone

The Compassionate Friends offers support in the grief and trauma which follows the death of a child; no matter the age or cause.



The Compassionate Friends of Powell River meets at 7pm on the 4th Tuesday of each month at the Hospice Society Office, 4675 Ontario Ave, Unit C (behind Save-On-Foods)
Contact us at powellrivertcf@gmail.com
604-487-0889 • 604-218-6245

This space provided by Powell River Health-Care Auxiliary



POWELL RIVER HOSPITAL
FOUNDATION

Remember your loved one.
Donate to the Powell River
Hospital Foundation.

604 485-3211 ext 4349 | 5000 Joyce Avenue, Powell River, V8A 5R3
www.prhospitalfoundation.com

Lund Water Taxi



604-483-9749

Daily runs to Savary Island • Charters serving Savary Island & surrounding areas, including Sunshine Coast Trail • Phone for reservations • Phone hours 8 am – 5 pm

A Thought For The Day

“You must become distinguished for loving humanity, for unity and accord, for love and justice.”



~ Bahá'í Teachings

TAKE A BREAK

Feeling off? You're not alone.

This time between Equinox and Solstice invites us to turn inward, slow our pace, cozy into our home lives, and tend more deeply to spiritual practices.

While it sounds lovely, it can be a bit of a bumpy ride, particularly for those who suffer seasonally affected moods, weather related sensitivities, or heart hurting annual reminders.

I don't know how it is in your neck of the woods, but for me, this year's transition has been particularly thick with intensity, challenging me emotionally, spiritually, and physically.

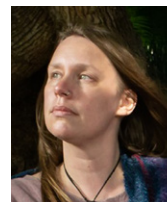
Speaking with others, there seems to be quite a few who are feeling out of sorts, or as if we have been wrung through an emotional wringer, even for those of us ensconced in our favourite season.

It has prompted me to remember tried and true methods for returning to Self, and feeling a little righter amid the hard and heavy. I admit, I'm compiling this as much for me as for others feeling similarly.

Calling Ourselves In. Some of our awareness can become wrapped up in conversations we've had, or wish to have. Our energy might feel pulled in different directions by people, situations, or longing. Aspects of ourselves may be left where tragedy or loss has occurred, or are sent off to times and places we would rather be, in what spirit doctors call “soul loss” and psychologists refer to as “disassociation”.

To help feel present and gathered into wholeness, we can use our breath with the intention of bringing all of our scattered self back into our body with a series of slow, calm, inhalations.

If visually imagining comes easily for you, employ this too. As an added support, tapping on our sternum and verbally welcoming ourself back home to our body is an easy EFT method.



RETURN TO REVERENCE

JULIETTE JARVIS

Mindfully Drinking & Eating. When feeling far from our bodies, or if struggling feeling comfortable within it, nourishment can be a powerful grounding technique as well as tending to our physical needs. Water infused with our love, healing energy, or whispered hopes can be drunk with intention to cleanse and restore ourselves. Savouring a few delicious morsels engages our senses, lifts spirits, and activates our body.

All the Small Comforts. Wear our coziest clothes. Grab that extra pillow. Wrap in comforting shawls or blankets. Watch old favourite movies. Snuggle pets and people. In this way, we help soften the hardness our hearts may be feeling as well as calming sympathetic (fight or flight) nervous system responses.

It's Okay to Not Be Okay Sometimes. Life isn't “high vibes only” and our human experience includes a gamut of emotions. We don't want to sit in the dark forever, but knowing we aren't failing by being here allows time for things to organically shift at a natural pace. If it persists longer than is tolerable, that is a good indicator to seek professional support.

Trusting dawn follows every night, and Spring every Winter, may all feeling intensity find such relief ~ should they wish it.

Juliette Jarvis offers sacred living programs online, devotional arts, and divination sessions. Find her at SelkieSanctuary.com and 3FoldBalance.com



SILVER JEANS
EDDIE RELAX FIT



MAUVE JEANS
MARCUS SLIM STRAIGHT LEG



BLACK BULL JEANS
MAD CLASSIC FIT



BUFFALO JEANS
SKINNY MAX

What's your look?

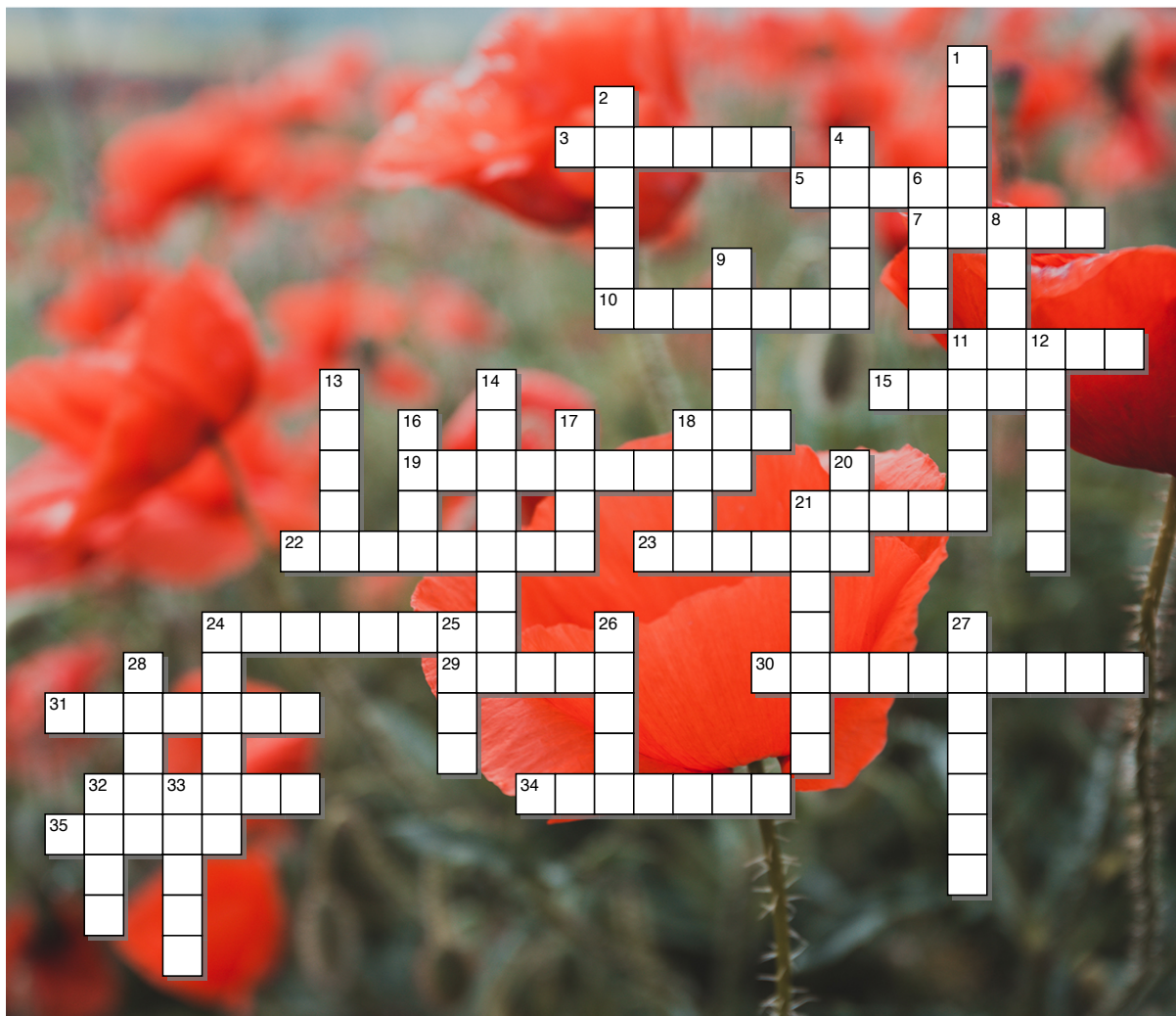
Armitage
mens wear

604 485-9493 In the Town Centre Mall

COAST HERE ALL YEAR

POWELL RIVER VISITOR CENTRE • 4760 JOYCE AVENUE • 604.485.4701 • GOPOWELLRIVER.CA

TAKE A BREAK



Across

- 3) Bells, or Jog
- 5) Tribunal
- 7) Christmas notes
- 10) Arts Council celebrates this many
- 11) Church's attention-getters
- 15) Activity at Winter Wonderland
- 18) City Planner Jason
- 19) Rising prices
- 21) RD wants to talk about these and trails
- 22) Often toxic opiate
- 23) Service club makes the rounds
- 24) Hunger Games' Everdeen, Savary's flower at risk
- 29) Half of Dostoevsky's best
- 30) Dostoevsky's other half
- 31) Location of \$8M for flat pavement
- 32) Recovery House
- 34) Raptor at risk
- 35) Modern now paints these

Down

- 1) Found at malls, North Pole
- 2) MLA
- 4) Legion's flower
- 6) National police
- 8) Metal pin holding pieces together
- 9) By veterans, for veterans - and rest of us
- 11) Most for money, others for food
- 12) Area A's new guy
- 13) Everyone deserves one
- 14) Lawbreaker
- 16) Pick up, or community service group
- 17) Short-term prison
- 18) grandmother, or urge running
- 20) is for horses
- 21) Terra Nostra's donation to food bank
- 24) Org's calendar features wildlife
- 25) Rehab place (acronym)
- 26) Top Tla'amin legislator
- 27) Persistant, incorrigible
- 28) Santa trades sled for this at Exhib Park
- 32) Paper producing place
- 33) Secure Vision's charity country



**Perimeter Tiles / Drainage
Landscape Preparation
Certified Onsite
Wastewater Systems
Excavating &
Site Services
Rock Walls**

"A" BETTER BOBCAT SERVICE LTD

Serving the Sunshine Coast since 1991
Office: 604-487-0466 • Cell: 604-208-2010

Find us on [Facebook](#)



Eunoia
Fibre Studio & Gallery

Townsite Market.
11 to 5 Tues to Sat.
eunoiastudio3.com

Altered Couture
Wed. Nov. 16
6:30 - 8:30 pm, drop in
to register ahead. \$20

**Custom Sewing
Classes - Beginning
Where You Are!**
\$45/2 hours. Call for appt.

TRANSMISSION SPECIALIST
and so much more!

BLACK POINT
TRANSMISSIONS LTD.

20 years experience
604 487-9602

Latest diagnostic
equipment saves you
time and money

Full mechanical repairs
Nation-wide guarantee

A regular transmission service
keeps your transmission healthy.
When was your last service?



We're HIRING!

Certified Tradesmen • All Types of Roofing


ROOFING & SHEET METAL LTD.

www.nelsonroofing.com (604) 485-0100



Huckle + Berry
Play Everyday

Toys you will love to have
in your home

Quality Wooden Toys
Baby Goods
Books + More

4488 Marine Ave
604.413.7073 Tues-Sat 10-4
Shop Online www.huckleandberrykids.ca

**SOLUTION
TO OCTOBER
PUZZLE**

R H R W I L D W O O D Z X K L F Z Q D U N L O P N
 R F A V L B P Y Y D C O G Y Q T A R A T W Y T W R
 A F V A S C J A C F P C M X C M D Z E S T B O O Y
 T R E T M R W S Y Q W Y I R R E J U H S Q W W N O
 E N N P C A C D I O T S O A C J S T O I O I N Z B
 P O S W H N A I M V F W V W N R E F E T Y T S O R
 A H N T N B I N A A E I Z Q E B N L P D J C I W A
 Y E A H Q E P O O L H F C L A L L A U O S H T O B
 E H L W Q R C C X D T K B Z K E V D M O E C E V A
 R M Q E P R C A E Y Y O I F I R A O P W A R E J Z
 S T B E C Y O R M R D L X R E M E T K R N A U X O
 Q R A D N T V D K A E P B G I A D D I A O W G E N
 I N C L U S I O N J F A R F E S L T N H M L P T U
 C R I M E N Z O K Q G A K W Y E W J Y P A N G A I
 V A X J E K G K N Y H T E O I M T W J S R A E M A
 J Q J H L Y B A O C A I S F V R Y K H O I M C A S
 R L H L M E Z L R O V M K Q W X R V D N Q H I G O
 O K Y U M K Z E G T A O L I B R A R Y E P L M
 Y O D O B R P M S E O P K L J T T J Z T E I S A R
 A E N A F U M E R R D I E W F C O B A F K E O M O
 M G U I S T W D B G A R D E N M R C U I P L H A F

Following my dorky, weird passion



LAST
WORD

ISABELLE SOUTHCOTT

Have you ever dreamed of doing something you love that's a little bit weird?

Do you have an idea that you've toyed with but haven't pursued because others might think you're just a little bit crazy?

I have and I did.

Those who know me, know how much I love my Nova Scotia Duck Tolling Retrievers. I'm one of those crazy dog ladies. My children lovingly joke that I love Jigs and Zunga more than I love them. While this isn't true, my fur kids are a big part of my world.

When I told the crew here at *qathet Living* magazine that I'd written a poem about Jigs and Zunga, they didn't bat an eyelash. In fact, they encouraged me to turn it into a book.

And so I did.

Some people might think I'm crazy to write a book starring my dogs and I'm okay with that because I am crazy – crazy about my dogs. They are my weird, wonderful, dorky passion. They bring me joy and happiness. Because of them, I've made many new friends, travelled across the country to meet other like-minded Tollermaniacs and attended Tollermania in Nova Scotia last month.

My little red dogs encourage me to lace up my hiking boots every morning and take them for a walk. They also inspired me to write my first book, *Toller Tales, Jigs and Zunga Take a Trip*.

The incredibly talented cartoonist Graham Harrop, who incidentally grew up in Powell River, did the artwork for the book. He helped me take an idea I was passionate about and make it a reality.

I can't begin to explain how much fun I've had creating this book! How satisfying it is. I've wanted

to write a book for a long, long time but never in my wildest dreams did I think I'd write a whimsical, children's book about Tollers.

Never say never.

When your dream wakes you up at 3 am, you can't ignore it any longer. When the words to *Toller Tales* rolled around in my head preventing me from sleeping, I knew I had to get them down on a sheet of paper.

This wasn't the first time a zany, wild, dorky idea woke me up at night. It happened with *qathet Living* magazine 17 years ago and it happened last year when I was deciding if I wanted to raise puppies. (Jigs had her first litter this summer).

My dreams propel me in new directions. This time they're lighting the way for the next chapter of my life.

At the age of 60, I can finally say: "I'm an author"! How cool is that?

If you have a dream, chase it. Don't worry if it's a bit quirky or if it's not the perfect time.

Follow it for as long as you can, for as far as you can and with any luck, your crazy, quirky dream will come true. **L**



BOOK LAUNCH

When: Saturday, November 19, noon – 3 pm

What: *Toller Tales: Jigs and Zunga Take a Trip* book launch and signing with the author, and special guests Jigs and Zunga.

Where: Tourism Powell River, 4760 Joyce Avenue.

Simply
BRONZE
Tanning & Swimwear
IS CELEBRATING
15 YEARS!

swedish
beauty.

Australian
Gold.

DESIGNER SKIN™

Save the date: **Nov 17**
**CUSTOMER
APPRECIATION EVENT**

- ◆ Swimwear giveaways
- ◆ Lotion giveaways
- ◆ Store-wide Sale

Follow our IG & FB
for event details.



Be a member!
**Bring your
friends!**

*Danica thanks you
for shopping local
and supporting
Simply Bronze
for 15 years!*

Follow us @simplybronze
604 485-4225



Holidays 2022

GET INSPIRED THIS HOLIDAY SEASON!

This winter, transform your house into a real Christmas story with RONA. Find everything you need for a festive family time at home.

Rustic Tidings



FRIENDLY FOREST



Snow Angel



CHILL FACTOR



RONA

DEALER OWNED

POWELL RIVER

4750 Joyce Ave. • (604) 485-2791

Bobby Fields LIVE AT PRTC on Saturday, Nov 26 | Visit our **NEW** pop-up retailers!

Black Friday Shop, Spin & Win

NOVEMBER 25 & 26

Show proof of purchase in same day receipts of \$75 or more from PRTC retailer(s), and you'll get a chance to



SPIN THE BLACK FRIDAY WHEEL & WIN A PRIZE*

Every spin is a Winner with more than \$3000 in prizes to be won!

*To spin the Black Friday Wheel, purchases must be made on the same day and total \$75 or more. Bring your receipts to Centre Court by the Lotto Booth on November 26, between 11am and 2pm. One spin per person.



Together we discover!

WE'RE OPEN Monday to Saturday 9:30am to 5:30pm
Joyce Ave & Alberni St | 604.485.4681 | prtowntncentre.com  

WE WILL BE CLOSED FRIDAY NOVEMBER 11 FOR REMEMBRANCE DAY 

**POWELL RIVER
TOWN CENTRE**

