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# MR. BEST REALTOR

Neil Frost





Powell River



### www.qathetSAFE.ca

We've changed our name, but we are still here to help

As of June 2022, Powell River & Region Transition House Society and Powell River Community Services Association have joined together under one umbrella called qathet SAFE (Safety and Advocacy for Everyone)

All our programs remain the same — visit our new website to learn about how we can serve you

- Poverty Law Advocacy
- ♦ Grace House
- Police Based Victim Services
- Specialized Victim Support Services
- ♦ PEACE
- ♦ Stopping the Violence Counselling
- ♦ Stopping the Violence Outreach







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**Visit Savary this Summer** 

**Best Summer with Kids** Take them places, send them places

So much to do, actually

### **Funny & festive once more**

t the PR Women in Business Awards in June, the theme was the Roaring 20s (see Page 26). Looking across the crowd at the Town Centre Hotel, dozens of peacock feathers waved in the breeze of the air conditioning-many, many women had gone all-out on their 20s costumes. Speaking as one of them,

I can say that was partialbecause 1vthe 20s had some seriously skoostyle kum



(bangs, bands, feathers, beads),

and partially because, gosh it is so exciting to be out and about

again. Just being around other

This month, long-time locals will be missing three major re-

gion-defining events: Sea Fair,

Logger Sports, and Kathaumixw.

Festivals and events bring us to-

gether to parade, compete, sing,

people feels festive.

EDITOR'S **MESSAGE** 

**PIETA WOOLLEY** 

events section on Pages 53 to 67.) In our seventh annual "Best of qathet" issue, we present a little taste of what we're most proud of-what we want to show

off to the

many tour-

ists flooding into town (starting on Page 6). Hundreds of readers voted for their favourite foods, personalities, events and more in April and May, and this list is the

cheer each other on, and most

importantly, remember that we

are one community. While these

big three are missing this month,

many new events are debuting in July, including Townsite Day and

Up-lifted (see the whopping-big

I love how funny the answers were this year-it makes me hopeful that we're starting to enjoy ourselves again, and take life just a little less seriously.

### REGULAR FEATURES

49 I Made the Move Blast from the Past 50 **Business Affairs Events** What's Up Heart of gathet Letters to the Editor 66 Take a Break 68 Last Word



vintage Xmas lights)-flown over Townsite by artist Clancy Dennehy in his black bear onesie. For more on Clancy's show - which includes plenty of singing and dancing throughout July - see Page 57.





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Kokanee are fish that have adapted into a new way of living under a sudden change in environment. Powell River is a city that thrived on the mill for decades, until this year with its permanent closure. What do we do? We adapt.

- Abby Francis, on why the City of Powell River should be re-named Kokanee City, **Page 70.** 

### JULY'S CONTRIBUTORS



BARB BOMBARDIR came to Powell River 38 years ago from Sumas, Washington when she married Fabio Bombardir. She has a strong family attachment to St. Gerard's. See Barb's story, Devotion of the Parishioners, on Page 32.



A new mama, wife and personal fitness trainer, **KATHLEEN HAMILTON** currently lives on Savary Island. She is excited to soon make Powell River her permanent home. **See Kathleen's story, 5 things to do on Savary, on Page 64** 



MARK MERLINO studied history and cultural heritage at UBC, Bilkent University and the Pontifical Gregorian University and has written Roman Catholics in the qathet Region: The History of a Community. See Mark's story on Page 32.



LANDO TAVES is at the helm of the Powtown Shakedown Music Festival." Original live music, by nature, creates indescribable connections between generations. And thus music itself, is life." See Lando's story, on Page 55.



NATALIE PORTER is PRPL's Assistant Chief Librarian who develops the collection and supports the Program Coordinators in bringing dynamic presentations to the community. See Natalie's stories on Pages 23 and 58.



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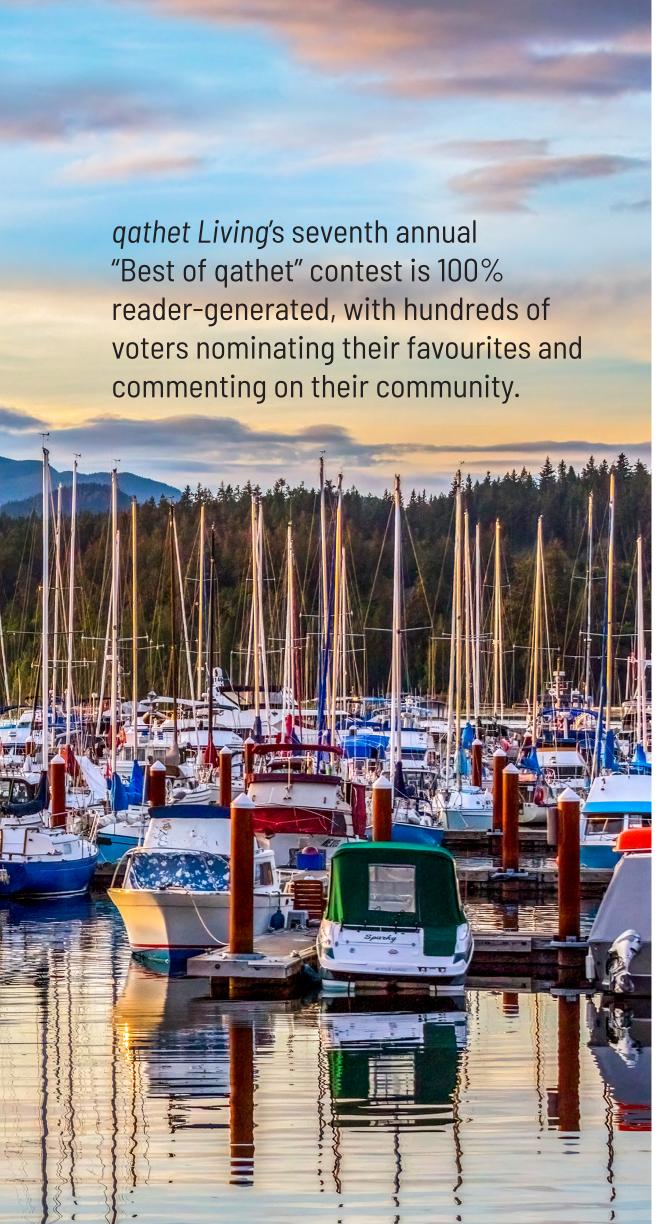
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## Civic Pride

### Best neighbourhood in the city

#1 Westview (including Grief Point)

#2 Townsite

#3 Cranberry / Wildwood

### Best neighbourhood outside the city limits

#1 Lund

#2 Stillwater / Lang Bay

#3 Kelly Creek

### Best alternate name for the City of Powell River

#1 qathet

#2 tiskwat

#3 Powell River

Staff notes: Well, this is an awkward situation indeed. Back in 2018, the Powell River Regional District changed its name to qathet, mainly because so many people were getting the two local governments mixed up, as both were named "Powell River." If the City's name changes to qathet, that RD move becomes moot, and confusion will reign again. Tisk<sup>w</sup>at is the ayajuthem name for the original Tla'amin village site at the mouth of what is currently called the Powell River. For more on other possible names, see Abby Francis' Last Word on Page 70.

Best answers: Big River • Cedar River / Thachami Quotem • tayun (chetayin) means land that faces the ocean side • City of Paper • Pow Town • Powell Riviera • Powell Rumour • Sasquatch City • Skookum • Twin Peaks • Whatever Tlaamin feels it should be called • Zunga – obviously!

### Best unofficial regional motto

#1 Two Ferries Can't be Wrong

#2 Coast Here All Year

#3 Pearl of the Sunshine Coast

Best answers: (These all begin with, "qathet:") I had a good time, actually • It's just steam • We've got a problem with everything • Actually, it's on the Mainland • Come for the natural beauty, stay because your ferry got cancelled • Double moat keeps the crazy out (but also in) • Getting older all the time • Home of the Zunga • If you don't like the weather, wait five minutes

• The Funshine Coast

**COMING HOME:** Douglas Unger captured this distinctly qathet scene at the Westview Marina, for the Library's annual photo contest. His image took first place. Douglas sells his work at douglasungerphotography.com, and at the Sunday PR Farmers' Markets (Paradise Valley Exhibition Park, starting at 12:30.) See the other finalists on Page 24.

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## Civic Pride continued

### **Best nonprofit**

#1 River Kids #2 LIFT #3 PROWLS

### Best community leader

#1 Joseph McLean #2 MLA Nicholas Simons #3 Mayor Dave Formosa

### **Best kept secret**

#1 I'm not telling#2 Eagle River#3 The Farmers' Markets

Other best answers: The fabulous hospital staff • People are actually so kind here in this region

### **Best dressed storefront:**

#1 Paperworks #2 Knack #3 Sublime / Blue Sky

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### Best dressed person

#1 Rowwie McKeown #2 Slim Milkie #3 Kristy Cote

### **Best activist group**

#1 The Name Matters #2 qathet Climate Alliance #3 Trans gathet

Other best answers: BOMB Squad • Let's Talk Trash • CUPE • Freedom Convoy • PR Bird Watchers • Raging Grannies • Tree Huggers • "Whatever your heart and soul follow: you are not wrong."

### **Best disturber**

#1 Gee Welp #2 Pat Keller Martin #3 Ari Dublion

Other best answers: "Freedom" people interfering at schools • Anyone who drives cars • BC Ferries • COVID • Bears • 'Best Disturber' is an oxymoron"



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### Best thing to come out of COVID

#1 Time

#2 Appreciation for things taken for granted / Community coming together

#3 Technology and working from home

Other best answers: Baking • Being away from people • Caring for each other • Cleanliness • Come out of your hiding place and enjoy live music again • Camaraderie • Ćurb-side pick-up • Delivery of more food to Lund & Savary • Focus on buying local • Gardening • Hiding double chins with masks • House Renos • I know who is crazy now • I learned how many times I wanted to lick my fingers · Learning to paint · less traffic · Loretta Cameron raising over \$10,000 for local charities by selling her lovely masks · Lots of reading · Love of the Home • Family togetherness • Masks • More patios and outside dining • Moving to Powell River • My dog • Not having colds or the flu • Not having to wear makeup • People checking in on friends and neighbours, and showing compassion for our hospital staff • Perspective • Real

estate boom • Re-evaluating priorities • Saving money • Streamlining appointments - doctor phone calls, making lab appointments, etc • Telecommuting • The "ninjad" trend in early 2020 • The rabble is staying home • Time off work •

### Best reason your family & friends come to visit

#1 Nature / ocean / beaches / sunsets

#2 Me!

#3 To relax

Other best answers: Affordable housing - used to be when we moved here Because it is a paradise
 Bill's BBQ salmon • Clean salty air, slower pace • Fishing • Float cabins • Free food • Get out of the City • I'm here, plus memories • I'm turning 65 this year • Mom & Dad's 50th anniversary • My kids • The best hospitality ever and exciting festivals • The smooth roads • To get away from Squamish • To give a hand building our house • To be the only person in the lake • To watch my kids so I can leave.



eweller Rowwie McKeown won this year's coveted "Best Dressed" category. Read more about Rowwie in I Made the Move on Page 49.

### Who taught you to dress?

Rowwie • The Old Hollywood movies that my mum loved to watch when I was a kid inform a lot of my style today.

### How do you define your look?

Rowwie • Vintage with a twist! I love (mainly) 50's silhouettes, full skirted dresses and low heels but in modern prints with pockets.

### Where do you find your clothes/ shoes/accessories?

Rowwie • Being plus-sized I have learned to shop for my measurements with a few online retailers. Most of my wardrobe and seasonal capsules come from Unique Vintage, ModCloth, Collectif, and Miss Lulo.

I love John Fluevog, Irregular Choice, and American Duchess for shoes.

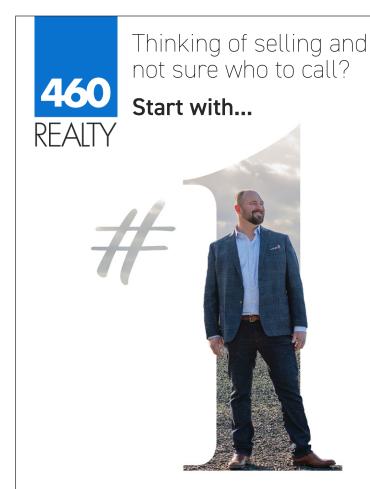
I accessorize my style with jewellery I make myself, I'm a smith by trade (come visit me at the PR Farmers' Market on Sundays!), but sometimes I wear pieces from my massive collection of enamel pins that I get from various artists I follow on Instagram.



### In a town of low-key fashion, what's the benefit of dressing your best?

Rowwie • The benefit is sharing part of who I am with the people around me. I dress this way every day because it brings me an incredible amount of joy. Is it practical? No. Is it fun? Absolutely.

At the end of the day it's important to lean in to being authentically yourself, especially if that self is even a little offbeat. The people that I meet while out and about who ask about pieces from my wardrobe make my day and I hope that I brighten theirs a little as well!





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### Best attempt at reconciliation

#1 The City's possible name change process #2 Hehewšin (The Way Forward)

#3 International Choral Kathaumixw

Canoe Project

Staff notes: Reconciliation is an ambitious goal. It's about changing the formal and informal relationships between Indigenous and non-Indigenous Canadians towards recognition and respect. Reconciliation is also about admitting wrong-doing that resulted in harm – historical and current – learning, and fixing today's harmful practices. Poignantly, reconciliation is not new. For more than three decades, this region has been a leader in moving forward in new ways together.

1986 • School District 47 introduced ayajuthem classes in schools, and successfully fought to have the Indigenous language accepted as a second language for university applications- the first in BC. Ayajuthem will be formally recognized by the BC Ministry of Education as of July 1, 2022.

1993 • Tla'amin Nation started negotiating for land and self-government through the BC Treaty Commission - the first year that process became available. The Nation, BC and Canada settled and implemented the treaty in April, 2016 - fundamentally changing relationships and land-ownership here.

2002 • The City and Tlaamin Nation created the Community Accord, an original document signed in 2003 that clearly describes how the two governments chose to move forward together, including "mutual recognition. Each area recognizes the other's inhabitants, governance, and interests." It is a living document.

2004 • The Community Accord was followed by the Protocol Agreement on Culture, Heritage, and Economic Development. Both documents have been studied and replicated across Canada.

2013 • A local 300-person walk for reconciliation marked the Truth and Reconciliation Commission's National Event in BC. At the gazebo on the beach on Tla'amin, Elder Johnny Louie symbolically "buried the hatchet" - by burying two carved cedar hatchets, representing the ancestors and today's generations. The ceremony, he said, "puts behind us everything that they did to us."

2017 • The Hεhεwšιn (The Way Forward) Canoe Project was initiated by Phil Russell (κ΄ νυπαποπ), Tlaamin citizen Cyndi Pallen (čιπε) and Tlaamin Elder John Louie (Yahum). Hundreds of locals – both Indigenous and non-Indigenous – carved two canoes together, which were gifted to Tlaamin as a symbol of reconciliation,

2018 • The Regional District changed its name, and was gifted 'qathet' by Tla'amin elders, which means "working together." Several local organizations that serve the region, including the museum and archives and this magazine, followed suit.

And much more that is not recorded here. This isn't to say that reconciliation is complete, or even that it has been done perfectly. Only that the City of Powell River, Tla'amin Nation, School District 47, qathet Regional District, BC and Canada – plus many individuals in leadership and as citizens – have been fumbling towards reconciliation for decades. – PW



**CLASSICAL MEETS TRADITIONAL:** Betty Wilson and the Tla'amin Singers perform the pole blessing for the 2014 Choir of the World Totem Pole (carved by Craig Galligos) This pole was awarded for the Choir of the World recipient: the St. Stanislav Youth Choir in Ljubljana, Slovenia. <u>Kathaumixw returns to qathet one year from now: July 2023.</u> (For more on the Hehewšin Canoe Project, see Page 58).

Photo by Dan Thompson.

# Singing together helps us learn, and has brought us together for a very long time

### BY THE STAFF AT THE PR ACADEMY OF MUSIC

ur collaboration with the Tla'amin Nation began in 1982 with the planning of the first International Choral <u>K</u>athaumixw. <u>K</u>athaumixw is an ?ay?aỹuθəm word meaning "a gathering together of different peoples" and was gifted to the festival by the Tla'amin Nation.

Over the years the Kathaumixw organizing committee and Tla'amin Nation have jointly created major new works for choir, soloists, orchestra, actors and dancers based on Tla'amin legends and music including (1992) \*kahm kwu e7 tlaukw hahm kwu e7 metl (May the Skies be Clear May the Waters be Calm) by British Columbian Tobin Stokes. The festival has also commissioned Salish Suite for choir, orchestra and First Nations drummers. This piece was performed in the "Great Hall" and in the Texada Island limestone quarry during Kathaumixw 2006 and subsequently aired on Knowledge Network and the Bravo Channel. Scenes from Nootka, also by Tobin, was commissioned for Kathaumixw 2008. It features six soloists, chorus, and orchestra, and in ten scenes tells the story of Captain Cook's first encounter with Indigenous peoples in Welcome Cove on Vancouver Island.

<u>K</u>athaumixw showcases and shares local Indigenous art throughout the world. The festival Thunderbird logo is an original design created for the festival by local artist William D. Finn. The Thunderbird is the supreme bird of all birds. Tla'amin myths explain that the Thunderbird created land for man to stand

upon, and that he sits on the mountain tops, spreads his wings, and protects all. The theme has been carried through to our trophies. A unique Thunderbird pin is presented to every conductor who has brought a choir to the festival.

In 2014 and 2016 totem poles created by Tla'amin carver Craig Galligos were awarded and transported to the home countries of the winners of the Choir of the World competition, Slovenia and Hong Kong. A third pole now resides at the Powell River Academy of Music where the names of each of the winners of the Choir of the World are engraved on plaques.

Each year the festival opens with a welcome prayer by a Tla'amin Elder and a performance by traditional dancers and singers. Over the years we have enjoyed dance presentations by brother and sister Maureen and Evan Adams and Susan Pielle. Tla'amin vocal soloists Cheyenne Dominic and Ta'Kaiya Blaney have been featured.

The festival is a project of the Powell River Academy of Music.

We have been honoured to collaborate with our Tla'amin friends and recognize our relationship and contributions to the City of Powell River being among the first Canadian communities to establish equal and parallel governmental and economic agreements between Indigenous and settler communities, with The Community Accord and the Protocol Agreement on Culture, Heritage and Economic Development between the City of Powell River and Tla'amin Nation.

# Thanks for voting us the #1 salon in qathet, again!









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# Advice for visitors

### Best hotel or B&B

#1 Old Courthouse Inn #2 Beyond Bliss Suites

#3 Beach Gardens

### Best campground for relaxation

#1 Haywire Bay

#2 Inland Lake / Kent's Beach

#3 Dinner Rock

### Best campground for a good time

#1 Haywire Bay

#2 Willingdon Beach

#3 Kent's Beach

### Best Hike under an hour

#1 Valentine Mountain

#2 Stillwater Bluffs

#3 Kelly Falls

Staff notes: Willingdon Trail normally wins this category, but it's still off limits due to the ongoing construction on the new sewage facility. The trail may be open again by September.

### Best local product to take camping

#1 Townsite Beer

#2 Pollen Sweater

#3 One Light fire starter

### Best trail to cycle for beginners

#1 Inland Lake

**#2 Penticton Trails** 

#3 Blue Trail

### Best trail for the fearless rider

#1 Mount Mahoney

#2 Death Rattle

#3 Fairies Wear Boots

### Best Souvenir - free

#1 Beach Glass

#2 Seashells

#3 Pictures of Sunsets

### Best local souvenir - paid

#1 Pollen Sweater

#2 Thick shirt

#3 Townsite Beer or Townsite beer swag

### **Best realtor**

#1 Neil Frost

#2 Josh Statham / Megan Westie

#3 Dustin Villeneuve



### Best reason to move here

#1 The people

#2 The outdoors

#3 The slower-paced lifestyle

Best answers: Escape the rat race • Ideal for raising a family • Music • SOME of the people • Vibrant, forward-thinking multiaged community • You hate getting things done on a reasonable timeline and want to live an island-style life on the mainland. Hang loose, braddah. We have a real community here!

### Best reason to stay away

**#1 BC Ferries** 

#2 The housing crisis

#3 Gossip

Best answers: Fear of a good time • Crazy highway drivers • Crime • Facebook groups • Grizzlies • Family doctor shortage • Drugs • Name change • Rain • Rednecks • Too much nature

### Best must-see attraction

#1 Sunshine Coast Trail

#2 The Hulks

#3 The Patricia Theatre

Best answers : Sea lions • Trinket Trail • Popeye • Cran Bar

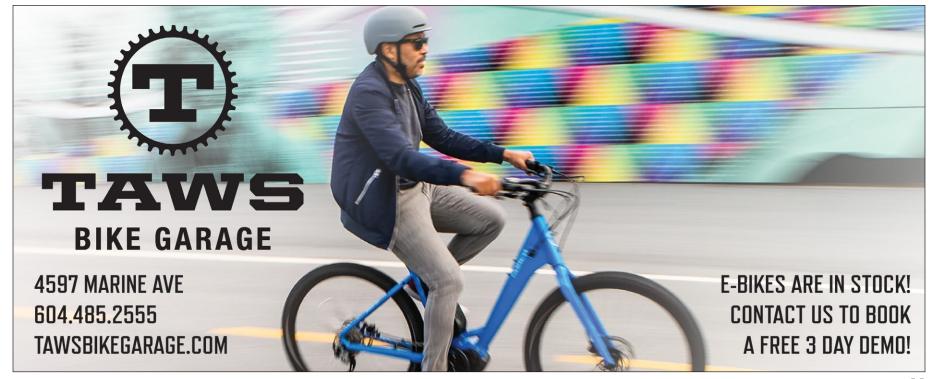
# The best wilderness washrooms

The volunteers at the local PAWS (Parks and Wilderness Society) have been busy building new composting outhouses at many sites on the Sunshine Coast Trail. Under the guidance of Jim Stutt, the PAWS crew pre-built many of the pieces for these outhouses over this past winter. These pieces were then brought into these isolated sites by helicopter, where the PAWS crew assembled them.

New outhouses, as well as robust aluminum food storage lockers, can now be found at Rainy Day Lake, Fiddlehead Landing, Lewis Lake east campsite and Elk Lake. Two more outhouses will eventually be built at Tin Hat Mountain and at the Mount Troubridge emergency shelter.

PAWS has also upgraded picnic tables, benches, tent pads and other amenities at these sites. The new huts at Sarah Point (built in 2021) and Bliss Portage (2020) also have these composting outhouses. Thank you to the Powell River Community Forest for providing the funding to make this all possible.

- Jim Simonetta



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**SIMPLE PLEASURES:** Ice cream and mini golf top the "Best thing to do with kids" category, naturally. The location – Willingdon Beach – can't be beat for a one-stop summer family outing: The beach and dock, the qathet Historical Museum, the Forestry Museum, The Beach Hut, the new playground, the campground, Popeye & Olive, and the soon-to-be-reopened Willingdon Beach Trail Photos courtesy of Putters



### Best thing to do with kids

#1 Putters Mini Golf & Ice Cream #2 Camping / Beach

#3 Miniature Train at the Farmers' Market

Staff notes: For the master document for keeping your kids moving this summer, see Page 67.

### **Best Beach**

#1 Mahood's #2 Donkersley #3 Palm

Staff notes: Each beach is completely unique. Need shade? Mowat. Low tide with kids? Mahoods. Volleyball and ice cream? Willingdon. Wedding facilities? Palm Beach. The best beach, basically, is the best for you, at this moment.

# Help Rod & Suzi fight cancer

**qathet Living**'s Suzi Wiebe, and local RCMP Staff Sgt. Rod Wiebe will ride in BC Cancer Foundation's August 27th **Tour de Cure.** 

"Last year we rode 100km, for me it was one of the most rewarding things I've ever done," said Suzi, a cancer survivor. "This year we are taking on the challenge with our CTV Team and riding 160km (in one day.) Yikes!"

Rod and Suzi need to raise \$5,000 for the event. To donate, go to **TourdeCure.ca** and find the CTV team, or put "Suzanne Wiebe" or "Rod Wiebe" into the individual search, then follow the link.





# Blackberry a favourite fest for 29+ years

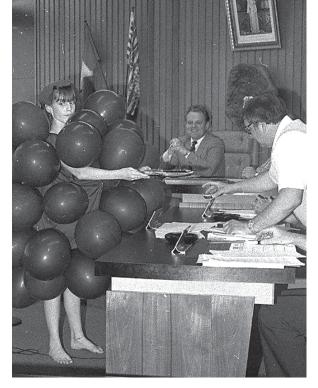
### BY KAYLA REED, WITH FILES FROM ANN NELSON

he first Blackberry festival was a week long event, running from August 19 to 24, 1985. The festival was established as a function for Expo 86, and remained popular as a community event in the years to follow.

The idea for such an event had been floating around the community since the year prior, but was made concrete when a small committee led by Ken Kemper proposed the idea to municipal council in January of 1985.

Ken stated that fruit produced by the spiky vines should be celebrated rather than maligned, and the abundance of blackberries in the region would allow for countless berry-themed food and beverage options. In its first year, Blackberry Festival included events such as a wine and beverage competition, Blackberry Olympics, a pie eating contest, pancake breakfast, and a potluck party at Willingdon Beach.

For two summers the festival entertained the com-



HOW TO LOBBY CITY COUNCIL: In June 1985, Blackberry committee rep Lisa Kemper hoped to garner support for the first-time festival by offering blackberry tarts to the aldermen... while barefoot and dressed as a giant blackberry. Today's lobbyists please note: it worked. Photo originally published in the Powell River News, courtesy of Glacier Media.

munity, but by December of 1986, the Blackberry Festival was no more. An apparent lack of sponsors and volunteer organizers led the Blackberry Society to disband, and the \$400 in their bank account was donated to the United Way.

### Best festival or event

#1 Blackberry Fest (After a two-year COVID hiatus, Blackberry Street Party is back August 19!)

#2 PRISMA (Next: June 2023)

#3 Townsite Jazz Fest (Next: April 2023)

In 1987, 1988 and 1989, the Open Air Market dedicated on Saturday to the blackberry theme, however it didn't quite fill the shoes of the fun-filled week of festivities.

The beloved Festival was revived and expanded in 1991 with funding by the Province through the Festival of Events office under the leadership of Deb Jenkins and Shelley Halliday. Again, there were a few scattered events, with a dwindling into dormancy when the Festival office was closed.

There was a Blackberry Festival of a few events like the Pub 'o War, wine and mixed drinks contests, hospitality Olympics, etc, in 1992. However the Blackberry machine started up its engine once again for the summer of 1993 with the adoption of the week long Festival by the Marine Area Business Association. Coordinator Shelley Halliday created the first ever Street Party.

All the favourite events were revived and new ones created so that every day in the week long Festival had a highlight: chariot races, concerts, Open Air Market blackberry day, Arts Alive in the Park, and more, and the Street Party was jam packed with street events, displays, demonstrations, and of course, food, with a fireworks finale!

# July Clearance!



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### **Best Gallery**

#1 Artique

#2 Tug-Guhm Gallery & Studio / Tidal Art Centre

#3 Turadh

### Best place to watch live music

#1 Wildwood Pub

#2 Willingdon Beach - PRISMA

#3 Palm Beach - Sunshine Music Fest

### **Best visual artist**

#1 Catnip

#2 Anna May Bennett / Megan Hildebrand

#3 Autumn Skye Morrison

### Best local musician

#1 Renelle & Dawson Wikene

#2 Walter Martella

#3 Denis Bowman

### Best crafter or artisan

#1 Vanessa Sparrow

#2 Rowwie McKeown - Crossed Promise

#3 Alina Murphy

### Best craft event

#1 Powell River Farmer's Market

#2 Raincoast Christmas

Craft Fair (Dwight Hall)

#3 Lund Christmas Craft Fair (Italian Hall)

### Best public art

#1 Catnip's murals

#2 Library frog

#3 Ivan Rosypsky's welcome pole at St David's / St. Paul's Anglican Church

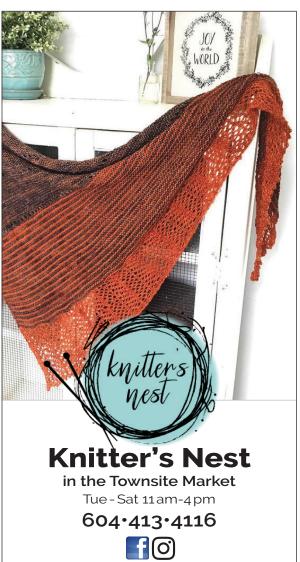
### Best Instagram or Facebook photographer

#1 Leah Laurie

#2 Michelle Pennell

#3 Tara Burnett (Tara Glenn Photography)









### Vanessa Sparrow

I discovered felt-making by happy accident on a trip to Scotland and have been in love with using wool and other fibres to make sculptural forms ever since. Originally a painter, I find the tactile nature of working with fibre deeply satisfying: I have my hands in my materials at every stage of the (sometimes very physically demanding) felt-making process. While colour is usually my main focus for design, I have recently been interested in limiting myself to monochrome to create an emphasis on surface textures, and adding elements such as painted silk and paper to create different effects.

I'll be offering two classes in the fall: Intro to Wet Felting, and Wet Felting a Vessel on a Resist. See sparrowfelt.com for details and to register.

### Catnip

Catnip is a multidisciplinary artist from the qathet region, seeking to add colour and feeling to the physical environment in the form of murals, community gardens, art installations and events. With a lot of gratitude,

Catnip intends to assist in building a creators economy here in our area, where the sacredness of creativity in all forms is respected, and continues to foster and support the many brilliant artists we have here.









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# Virtual Life

### **Best Facebook page** for a reasonable conversation

#1 gathet COVID-19 Awareness

#2 Powell River Message Board

#3 You Know You Grew Up in Powell River If...

Best answers: LOL • No Such Thing • You cannot reason with people

### **Best local Facebook** page for outrageous debate

#1 Powell River / gathet Swap & Shop

#2 Powell River Message Board

#3 Powell River Discussion Board

Best answers: Crime Watch LOL • No interest in that, thanks • Seriously. Shut it down

### Best thing you've found on Swap & Shop

Best answers: 5 espresso machines, all in working order, all for under \$50 • 6-foot Harry Styles cardboard cut-out • 7-foot tall light-up flamingo • A sh#t ton of cardboard for my garden • An old couch from the mill with the most awesome vintage fabric in great condition • Chickens • Crocheted doughnut keychains • Drama • Free horse manure • Fresh garlic • I bought ten very

old cameras for \$150 they are awesome decorations • Love • My dog Mya • free yellow velvet couch from the 70's • Wisteria tree • Puffin carving • Satirical outrageous rental unit posts from people mocking the

crisis

prices behind our current housing





# Groceries & Home Products

### Best grocery store for atmosphere

#1 Quality Foods #2 Save On Foods / Mitchell Bros #3 FreshCo

Other best answers: FreshCo, for the music • Save on, when Jennifer's on duty! (in gathet, we get to know each cashier.)

### Best price on groceries

#1 FreshCo #2 Save On Foods

#3 Townsite Fruit & Veg

Staff Notes: Grocery prices - along with gas prices - have been soaring this year. Overall, and officially, prices are up 9.7% since a year ago. But when you're leaving the store with a couple of bags that are not too heavy to carry, and you've just forked over a hundred bucks, 9.7 seems low. Here's to our local retailers who give us options by offering great sales and points, buying local when they can, and keeping things on the shelves during the craziest supply chain in recent history.



HOW TO SHOP FOR GROCERIES: First, line up for fresh produce. Once it's secured, grab yourself some Dump Run Provisions pelmeni and a piece of cake from Cottage Creek Bake shop, then tap your toes along with the Stardusters.

### Best line-up experience Best produce

#1 FreshCo #2 Mitchell Bros

#3 Farmers' Market

#1 Farmers' Markets #2 Townsite Fruit & Veg #3 CSAs: Terra Nostra and Paradise Valley

### **Best butcher**

#1 Chopping Block #2 Mitchell Bros #3 Andtbaka / Quality Foods

### **Best Farmers' Market** booth for produce

#1 Andtbaka Farm #2 Terra Nostra #3 Blueberry Commons

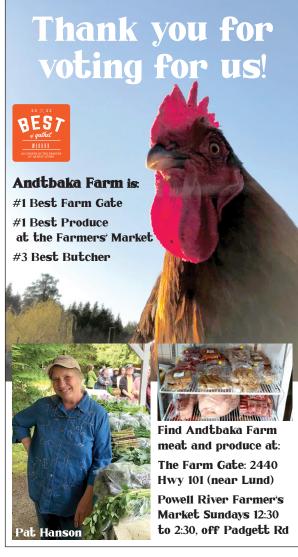
### Best Farmers' Market booth for prepared food

#1 Dump Run Provisions #2 Cottage Creek Bake Shop #3 Mama Rania's Syrian Cuisine

### Best bakery item

#1 Nancy's Bakery - Cinnamon Bun #2 Hearth & Grain - Sourdough Loaf / Almond Croissant #3 32 Lakes - Croissant







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#1 Best Coffee Scene

#1 Best Customer Service Overall

#2 Best Coffee/ Espresso Bar

#2 Best Vegetarian or Vegan

#3 Best Salad



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POASTERS



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### Best small grocery or specialty store

#1 Sunny Deli

#2 Chopping Block

#3 Townsite Fruit & Veg

### Best convenience store

#1 Townsite Grocery #2 Tla'amin Convenience

#3 Pacific Point

### **Best liquor store**

#1 Capone's Cellar #2 Duke's Liquor Store #3 BCLC

### Best farm gate

#1 Andtbaka Farm

#2 Terra Nostra Farm gate

#3 Paradise Valley / **Blueberry Commons** 

### Best pet food source

#1 Mother Nature

#2 Pet Valu

#3 Top Shelf Feeds

### Best locally-made soap

#1 Lund Soap Company

#2 Powell River Natural Soap Lady

#3 Sweet Earth Soap Works

### **BEST** rhubarb coffee cake

### BY ISABELLE SOUTHCOTT

onna Anaka has been making what many market goers consider the BEST coffee cake for 45 years and selling it at the farmers' market for more than 30 years. To say it's good is an understatement.

I had my first bite 20 years ago and have been a big fan ever since. I, and countless others, have begged Donna for the recipe over the years, but she's steadfastly refused, promising to share it once she retired. Well, that day has finally arrived and, as promised, Donna will share her famous rhubarb coffee cake recipe. But first let's circle back to where it all began.

"Ann Paul gave me the recipe," said Donna remembering how they were neighbours many years ago. The recipe



was such a hit that Donna included it in her weekly market baking and sold it at the booth, along with vegetables, jams, pickles, juice, hotdogs, and woodworking made by her husband John.

"I remember you and your boys coming to the market and how your youngest Alex always wanted European hotdogs without a bun," smiled Donna.

Although Donna's market days are done, she will still have baking (including her rhubarb coffee cake) available through Andtbaka Farm.

dry ingredients and mix. Stir in chopped rhubarb and pour into a baking pan.

### For the topping

½ cup sugar

1½ tsp cinnamon

1 tablespoon flour

11/2 tsp butter

Method

Combine first three ingredients and mix well. Add butter and blend until crumbly. Sprinkle on top of cake mixture.

Bake for 40-50 minutes.

### For the cake

1½ cups sugar ½ cup butter

1 egg

1 cup sour cream

1tsp vanilla

2 cups flour

1 tsp baking soda

11/2 cups fresh rhubarb

Preheat oven to 350°F. Grease a 9"x13" baking pan. Cream sugar and butter. Add egg, sour cream, and vanilla. Add

# Food & Restaurants

### Best take out / delivery

#1 Genki Sushi

#2 Thaidal Zone

#3 Zab Dee Kitchen / Royal Zayka

### Best coffee / espresso bar

#132 Lakes

#2 River City Coffee

#3 Base Camp

### Best coffee scene

#1 River City Coffee

#2 Base Camp

#3 32 Lakes

### Best grocery store solution for a busy night

#1 QF Chinese food

#2 Save On Foods rotisserie chicken

#3 Pacific Point to-go meals

Staff notes: Like Best Meal Under \$10, the grocery store solution aims to save you \$\$ and fill your belly – without over-relying on deep-fried deliciousness.

# Creekside Crossing Camp at Creekside Crossing and skip the ferry line-up! Beaches and lakes just down the road. We do private events and functions. cc.creeksidecrossing@gmail.com 3004 Weldwood Road, Lang Bay | 604-344-0500 | ©

### Best meal for under \$10

#1 Sushi from Townsite Grocery

#2 A&W

#3 Pacific Point to-go meals

Staff notes: Each year, this category gets loads of comments such as "hahahaha" and "none." We are a bit gobsmacked (and also very thrifty), because we have no trouble finding really great food here for under \$10. Top staff votes go to the salad bar at Quality Foods (\$8.99 for a huge salad with loads of ingredients you can choose, served in a vast, stainless steel bowl for dine-in); Magpie's "get up and go" breakfast special, served 8:30 to 10 am every day for \$8.50, and the spinach, feta & egg white wrap at Starbucks, which is tasty, nutritious and filling for about \$5.

### The sandwich solution

A lunch staple since 1762, when the Fourth Earl of Sandwich first stuffed meat in bread so he could play cards without stopping. Top, grilled cheese from Basecamp, \$9. Middle, ham and salami sub from The Chopping Block, \$10. Bottom, panini-pressed subs at Tla'amin Convenience Store, made with fresh local Rocky Mountain Bakery buns & Chopping Block meats. They currently sell at \$8.75.













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# hεhεwtəmšın

### **Moving Forward in Indigenous Education**

earning about the rich history, heritage, resilience, and diversity of Indigenous peoples across Canada extends beyond National Indigenous History Month in School District 47. Educators embed Indigenous perspectives, culture, and history into their teaching practice and schools throughout the school year.

In 2015, the province's redesigned curriculum committed to embedding Indigenous perspectives into all parts of education in meaningful and authentic ways. This was done to both acknowledge the mistreatment and disrespect Indigenous people have endured throughout Canada's history and to transform the education system to improve outcomes for Indigenous learners. As the honourable Justice Murray Sinclair said, "Education is what got us here, and education is what will get us out."

The shift has been challenging as many teachers were not trained in university on the topic. Jessica Johnson, District Principal of Indigenous Education said that since the shift "many teachers began moving forward with courage, trying to model humility, and framing themselves as learners alongside students as they worked through the content together." Now, six years later, students and staff are continuing to deepen their understanding of and empathy for Indigenous experiences in this country.

School communities have been working together to decolonize mindsets and further strategies that increase the presence of Indigenous culture, languages, and history for all students throughout School District 47. This includes more emphasis on the traditions and history of Indigenous peoples, including learning about residential schools and their effects in Social Studies; studying dances, songs, stories and belongings created by Indigenous people in Arts Education; and exploring and appreciating First Peoples texts and traditions in Language Arts.

Educators in School District 47 have also developed and implemented courses such as BC First Nations Studies 12, English First Peoples 10-12, the Traditional Skill Builder program, and ?ay?ajuθəm 5-12. The ?ay?ajuθəm language curriculum will be formally recognized as Ministry courses as of July 1, 2022.

Students are also given many opportunities to engage in reconciliation and anti-racism conversations and events. "Youth are becoming more informed about Indigenous history and are learning how to work toward reconciliation and be advocates for anti-

racism. With our knowledge we can put out a strong argument and do our best to support Indigenous communities for what we know is right," a Brooks Secondary student noted at a recent event.

Recently, a few Possible Name
Change activites were held at
Brooks where students were able
to witness, learn, ask questions,
and share their perspectives and
opinions. From the group who submitted feedback, what came through loud
and clear was youth wanted their voices to
be heard as they believe they have an important position in this discussion as future leaders, citizens, and agents of change for racial justice,
reconciliation, and equity:

"In school I learned about the devastat-

"As a youth, in school I learned about the devastating impact of the Residential Schools through novels and survivors' stories; this is something many of Powell River's older residents would not have been taught... It is [our] duty to respect the opinions of those who lived here before the settlers came and follow through on...stated goals of reconciliation."

"I feel like as a part of reconciliation, the name change is a crucial part. It is also a movement that shows respect for our Indigenous peoples living here."

"I believe youth voices are important, because the decisions made by adults will directly impact us in the future. Hearing our opinion will open their minds to what we want for the future."

"If we as a community have moved forward at all, people will realize that this is an opportunity to put something in history books that people are proud to teach our children about. Written with justice, peace, and love as my motivation."

Looking to build on the momentum for change, schools have also recently selected Indigenous Success Advocates to participate in equity and diversity advocacy across the district. In addition, each school submitted a proposal for the hehewtəmšin (moving forward) grants of \$5000 to support Indigenous student success and sense of belonging and presence. We are proud of the Indigenous Education work that has been done in the district and are also keenly aware that much more work is needed as we move forward to improve Indigenous Education for all.

"In school I learned about the devastating impact of the Residential Schools through novels and survivors' stories; this is something many of Powell River's older residents would not have been taught... It is [our] duty to respect the opinions of those who lived here before the settlers came and follow through on... stated goals of reconciliation."



Want to learn more? Contact us. 4351 Ontario Ave • 604 485-6271 www.sd47.bc.ca

## Food & Restaurants cont.

### Best pizza

#1 Paparazzi Pizza #2 Wildwood Pub

#3 Granada Restaurant

### **Best fish & chips**

#1 The Boardwalk #2 Monks on Marine #3 Forest Bistro

Staff notes: The Boardwalk has held this title since the inception of this contest in 2016 and deservedly stays on top. But two new players have rocketed into the second and third spots, on the strength of wonderfully flaky fish and delightfully rich and creamy tartar sauces. Some people think that fish n' chips is a oncea-year treat. If you live here, or if you're visiting here, just don't be those people. This is a summer to compare and contrast.

### **Best salad**

#1 Coastal Cookery
- Backwoods Greens

#2 Monks on Marine

- Steak Salad

#3 River City Coffee

- River City Salad

### **Best burger**

#1 Monks on Marine #2 A&W #3 Coastal Cookery

### **Best steak**

#1 Seasider#2 Forest Bistro#3 Laughing Oyster

### **Best appie**

#1 Coastal Cookery
- Humboldt Calamari
#2 Costa Del Sol - Poblano Frites
#3 Monks on Marine - Crab Cakes

### Best cocktail

#1 Coastal Cookery - Salish Caesar #2 Costa Del Sol - Margarita #3 Iguanas - Margarita

### Best dessert - restaurant

#1 Costa Del Sol - Key Lime Pie #2 Shinglemill - Bear Tooth Pie #3 Dairy Queen - Blizzard

### Best dessert - store

#1 Just Soul Food - Twix Bar #2 Hearth & Grain - Lemon Tart #3 Save On Foods - Tuxedo Cake

### Best vegetarian or vegan

#1 Royal Zayka#2 River City Coffee#3 Costa Del Sol

# Best restaurant for a birthday / anniversary splurge

#1 Laughing Oyster #2 Coastal Cookery #3 Seasider

### **Best kid-friendly**

#1 Magpies #2 Wildwood Pub #3 Julie's Airport Cafe

### Best restaurant for atmosphere

#1 Coastal Cookery
#2 Costa Del Sol
#3 Laughing Oyster /
Wildwood Pub

### **Best patio**

#1 Seasider #2 Costa Del Sol #3 Shinglemill

Staff notes: The Seasider's already excellent patio is getting an upgrade, as construction is almost complete on a pergola, perfect for the fair-skinned among us who love a patio, but hate sunburns.



THE OTHER PANDEMIC: During the height(s) of COVID, restaurants endured wildly changing regulations, from absolute closures to vaccine passport checking, and much more. While those regulations are in the past, there just aren't enough workers to keep local restaurants fluid now. And those who do work face some grouchy customers. This sign, at Paparazzi Pizza (best pizza seven years running), is the 2022 Sign of the Times.

### **Best Place to Drink**

#1 At Home #2 Wildwood Pub #3 Townsite Brewing

### Best place to recover from a hangover

#1 In bed #2 Magpie's Diner #3 Julie's Airport Cafe



### The Boardwalk Restaurant in Lund

There's always a reason to come to Lund! Here's another...

### FISH & CHIPS: Lingcod or salmon

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boardwalkrestaurantpowellriverlund.com





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### NO EXCUSE FOR HARD WORK



**SHOPPING FROM HOME:** At Willingdon Creek Village in June, Daisy Ross, Terry Werner, and Edith Nadin (and, at bottom, Margaret Havens and Jenny Hutton) peruse the finds from the travelling version of the Health Care Auxiliary Economy Shop.

Photos by Laurie Norman

### Shut ins shop a pop-up at Willingdon Village

### **BY LAURIE NORMAN & TRACY LYNCH**

he Powell River Health-Care Auxiliary thrift store (Economy Shop) opens early for us and several volunteers enthusiastically help to collect clothes and jewellery for a pop-up store at Willingdon Creek Village. This is a highly anticipated event, where our residents get a shopping experience. Most of the residents haven't been out of the building in over two years. They try on new clothes, browse the tables for a new scarf or a nice necklace. We started this event when COVID shut down our building and this couldn't happen without the generosity of the Auxiliary.

The PR Health-Care Auxiliary has been an amazing supporter of several of our visions and dreams to make life better for our residents.

Everyone in the qathet region benefits from the money raised at the thrift store. The Auxiliary has 210 active volunteers. They donate to Therapeutic Riding, Danielle's Helping Hand, Therapy Dogs, Mental Health Daycare Program and assist with



many needs in our community. They run the gift shop and the Red Cross Loan cupboard in the PR General Hospital. The Youth Volunteer Program is also run and supported by the Auxiliary and up to \$20,000 per year in scholarships is given to students continuing with medical studies.

We couldn't do it without you!

### Our thrift stores are much more than just thrift stores

ant to do some ethical shopping? Go no further than all three of qathet's main thrift stores. Each of them contributes to the social welfare of this community in essential ways.

Right, MCC furnished an entire apartment for the newest Ukrainian family moving into town—including a full kitchen, sheets and towels, and much more—even a mini van. Mary McKenzie, manager at MCC, says previously, the store has similarly outfitted apartments for local refugees from Syria and Congo. "If anyone comes in the door in need of a dry coat or new shoes, no one will hear me say no," she said.



# Retail & service

### Best thrift store: drop-off experience

#1 Health Care Auxiliary #2 MCC #3 Salvation Army

### Best thrift store: shopping experience

#1 Health Care Auxiliary #2 MCC #3 Salvation Army

### **Best gas station**

#1 Vanderkemp's #2 Chevron #3 Shell

### Best gardening store

#1 Mother Nature #2 Springtime #3 Canadian Tire

### **Best clothing**

#1 Thick #2 The Knack #3 Fits to a T

### Best financial institution

#1 FCU #2 BMO #3 Scotiabank

### **Best insurance**

#1 Underwriters #2 Westview Cooperators #3 Investors Group

### Best mechanic

#1 Dox Auto Tech #2 El's Auto Tech #3 Big O

### **Best outdoors store**

#1 PRO #2 Taws #3 Marine Traders

### **Best customer service**

#1 River City Coffee #2 Monks on Marine #3 First Credit Union

### **Best pharmacy**

#1 Shoppers #2 Rexall / Save On #3 FreshCo

### Best massage clinic

#1 Timber Massage#2 Koastal Therapy#3 qathet RMT / Mayet Massage

### Best marijuana or vape store

#1 Smoke on the water #2 Bean / Cranberry #3 Government shop

### **Best salon**

#1 Afterglow #2 Image 1 #3 Luxe Salon

### **Best work-out**

#1 Coast Fitness #2 Anytime Fitness #3 hiking

### Best yoga

#1 Coast Fitness#2 Elements#3 Recreation Complex

### Anything else you want to tell us is "the best?"

Best airport in the world  $\bullet$  Best at having each other's backs  $\bullet$  Best place on earth  $\bullet$  Community Spirit and engagement  $\bullet$  Cannot praise the staff at the hospital enough....competent and caring in such a difficult time  $\bullet$  For the stewardship of the land and acknowledging that reconciliation is an important piece of developing a community  $\bullet$  It's home to the world's best mom — mine  $\bullet$  It's a community that cares  $\bullet$  Music in many forms  $\bullet$  Long time community members that made it what it is  $\bullet$  **No library fines**  $\bullet$  People are kind and real! Love my home town  $\bullet$  The air  $\bullet$  The best fish: Salmon  $\bullet$  The equity in my house

### You're no fine, and you're mine

PRPL may have been the first library in BC to ditch fines, making it the best at leading a crucial pro-literacy trend

### BY NATALIE PORTER

emoving fines from overdue library materials is trending across BC libraries, but here in Powell River we are ahead of the movement.

In 2016, PRPL started the process with Fine Forgiveness where as long as an item was renewed or returned in good condition, any fee that had accumulated would be wiped from a library patron's card. PRPL understood that books can disappear under the bed, they get left in a locker at school, or are forgotten during a move, and then a patron is convinced that they can't come back to the library. And yet, borrowing privileges were still blocked once \$10 of fines were accumulated.

PRPL took it a step further during the early days of the pandemic in April of 2020, by going fine-free where fines were no longer accumulating, and removing the 'privilege block' that might result in a family avoiding the library. It was initially a temporary decision, to help ease conditions for the community, but as of January 2021 this policy has been permanent.

The Library Board understood what a barrier these fines and blocks were, and the fact that only 1% of PRPL's revenue was accounted for by the fines. A donation box is still available at the Service Desk for those who are so inclined, but there's absolutely no requirement.

Initially, there was a fear that library materials would stop coming back and

that our holds lists and waiting periods would jump. This did not happen and for the most part our library patrons are very respectful and understand the purpose, which is sharing! While damaged and lost copies can still trigger a replacement fine, to cover the costs of purchasing and processing, Library staff are still willing to negotiate as we've all been there!

For example, if a book is chewed by a dog, dropped in a bath tub or left in a plane we'll need to arrange a fee, but hopefully those circumstances are exceptional.

Chief Librarian Rebecca Burbank stated that, "It has been overwhelmingly good if for no other reason than our customer interactions are improved and we aren't strong-arming patrons into giving us their cash. Our staff are proud of our workplace because of this initiative and our patrons are generally thrilled to be told that they can donate their money on their terms."

PRPL wants to continue to be a welcoming place, and removing fines makes daily interactions between staff and patrons much more positive.

Editor's note: To much acclaim, the Vancouver Public Library dropped fines on June 1. While the BC Libraries Association doesn't know how many libraries are fine-free, they could confirm that the PRPL was either the first or among the first in BC to ditch fines.



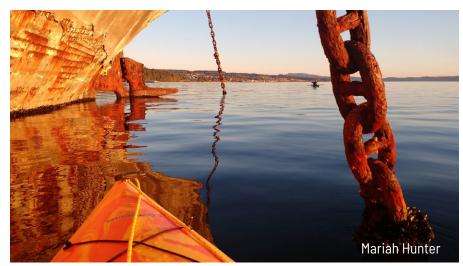
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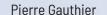
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# And the finalists are:







Adult winner • Douglas Unger (Page 6-7) • Coming Home Youth winner • Sabine Chapple

• Toad

**Brian Morton •** Head of Powell Lake

**Carl Anderson •** Desolation Sound from Bunster Hills

Carol Reid • Lund

**Doris Guevara •** Coastal Child at Grief Point

**Jason Addy •** Shirley Lake and Beartooth Mountain

Joe Hargit • Willingdon Trail

Mac Hein • Sunset

**Margo Peterson •** Willingdon Beach

**Mariah Hunter •** Kayaking

Neils Voss • Waves

**Pierre Gauthier •** Desolation Sound

Victoria Ketchum • Ocean ¶



The market is open 7 Days a week. Individual store hours vary. Visit, call, or check Facebook pages or websites for details

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### Outstanding Volunteer of the Year

Carol Hamilton Senior Citizens Association

Carol has volunteered with many groups in town over the years, including Porpoise Swim Club, Powell River Track and Field, Sea Fair Society, International Choral Festival Kathaumixw, Blackberry Festival, Kiwanis Club of Westview and Powell River, The Youth Ambassador Committee, Model Community for Persons with Disabilities Society, co-ordinator for Canada Day celebrations, the Parade of Lights, Polar Bear Swim, PRISMA, and the Senior Citizens Association.

She volunteers as a driver, shopper, and visitor for people with disabilities

As of late, she and 10 other volunteers have taken over for Gene Jamieson and are cooking 450 meals a month for our local seniors.

Many Powell River residents of all ages have benefited from Carol's volunteerism and many more have volunteered because they have seen what she has accomplished as a volunteer in our community.



### Outstanding Employee of the Year

Lola Amundsen Miklat Recovery Society

Lola is the single most kind-hearted and hard working woman I've ever met.

She puts so much heart into her work at Miklat Recovery Society that their clients all see her as their mother figure, someone to respect and look up to, and to learn valuable wisdom from.

She retired from managing a doctor's office a few years ago, went through some hard times, but during and after those times she was a part of the foundation of Miklat Recovery Society.

She volunteered for the first year of operations, working full eight-hour shifts without pay so that they could get the business off the ground, and then was hired on.

She sits on the board of directors, organized the entire office, and refined the procedures. She is truly an incredible person.



### Outstanding Home-Based Owner of the Year

Robyn Harris Free Spirit Health and Wellness

This home-based business owner has a business that truly benefits women. She is a trained life coach whose business is to help women heal and become the best warrior women possible.

Her business continues to grow and she continues to help empower! Homebased businesses are not an easy sell and she has worked endlessly to sell hers, she is amazing!



### Outstanding Business Owner of the Year

Vanessa Coray VK Wellness Initiative

This woman is a dedicated mother of two, a wife and an SD47 coordinator with multiple responsibilities.

She felt that there was a global mental health crisis happening and a need during the pandemic. She along with her partner have worked tirelessly to help their community, they have brought 10 plus associates under one roof to bring health and wellness to Powell River.

She is one spectacular woman!

### Women in Business celebrates a roaring 2022

or the first time since 2019, some of qathet's hardest-working women got together to celebrate their achievements at the PR Women in Business awards.

The theme was "Roaring 20s," and nearly everyone dressed up for the

occasion.

Fifty-seven women were nominated across four categories.

"They are outstanding for all they do for businesses, the community, and your families," said WIB president Jennifer Konopelski.



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to all those nominated for Outstanding Women of the Year awards.

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# PETROGLYPH CHIC: Emily White spent 35 hours working on these earrings, xway xway, which dangle inches below the shoulder-and involve 3,144 beads with around 40 metres of thread. The design is based on a petroglyph of a mask dancer in Klahoose territory (right). Emily is both Tla'amin and Klahoose.

Beyond beads

2022's beadwork is political, revolutionary, historical and just plain gorgeous. Meet a new generation of gathet-based Indigenous artists finding new meaning in this ancient art.

### BY ABBY FRANCIS

LOCAL JOURNALISM INITIATIVE REPORTER

eading helps share knowledge, good laughs, and support for each other through hard times. That's why beading is important to me, as both an art, and community-centred experience."

So explains Klahoose and Tla'amin Nation member Emily White, who's contemporary beading designs are pushing the boundaries of the traditional art form (see left). The 24-year-old Tla'amin Nation intergovernmental policy and fiscal analyst learned to bead in 2018 from the Elders in Residence at the University of Victoria – over many lunchtimes as she was completing her degree in Indigenous Studies and ethics. She especially credits Métis Elder Barb Hulme.

Since then, Emily has experimented with beading pieces from earrings to bolo ties, developing her own unique style - with the help of online beading communities during COVID.

"There is an amazing community of online beaders that support and uplift each other, it's very special to be a part of. Beading is a medicine, community-based, full of teachings, and an art."

Indigenous beadwork is newly attracting attention from Canada's fine arts establishment. This summer, Vancouver's Bill Reid Gallery has launched Beaded Nostalgia, featuring more than 50 contemporary Indigenous artists; it's a "celebration of how beadwork is being reshaped and re-imagined." It's on until October. Similarly, Regina's MacKenzie Art Gallery is hosting Radical Stitch this summer - North America's largest ever art exhibit featuring Indigenous beading. The gallery's CEO John G. Hampton says it is "one of our generation's most exciting movements in contemporary art."

However, Indigenous beading has been popular in Canada and all of North America for a very long time. It was popular even before contact with early settlers was made. Back then, beading was done with shells, porcupine quills, bones, and small stones.















### **Local beading by Indigenous** people: where to buy

### **Tug-Guhm Gallery**

Salish artist Carol Bennett beads with porcupine quills (below right). See ad on Page 56.

### **Tla'amin Convenience Store**

Salish artist Carol Bennett's bead work, and much more. See ad on Page 35.

### **Tourism Powell River Visitors Centre**

Tla'amin artist Charlie Bob (see below, left.)

### **Picked Collective**

Tla'amin artist Emily White sells at this store inside Ecossentials Market, and on Instagram and Facebook.

### Various markets, festivals and events

Watch for beading pop-ups. Emily White sells at the Thursday Night Markets at the Pier.









TRANSFORMING TRADITION: Clockwise from top left: beaders Emily White and Saphire Mitchell. Beader Heather Doherty. Heather's applique work. Emily's poho raven bolo tie. A flower pin by Heather. Pride and hoop earrings by Saphire.

When settlers did arrive in Canada, the trading began. In exchange for food, furs, or simply just given as a gift, glass beads of many shapes and colours were given to Indigenous peoples by the European settlers. This small exchange allowed a whole new art culture to bloom.

Indigenous artists created patterns, flower designs, and thousands of other styles. Soon enough, bracelets and headbands turned into beaded chest plates and moccasins. Beaded regalia was introduced for trading and in ceremonies, becoming new traditions.

North American Indigenous cultures aren't alone in their love of beads. Glass beads were first made by Egyptians more than 3,000 years ago, and the technology spread across Africa, Asia and Europe, where each region's beads look different, and are used in designs and regalia unique to each culture.

By the 1800s, glass beads from Russia and elsewhere

made their way to qathet, and Indigenous artists adapted them alongside their Tla'amin-made beads.

While beading is traditionally taught by Matriarchs or mothers, several Indigenous gathet beaders have learned to bead through Elders, sisters, friends, teachers, reading books, watching videos, and through the massive online beading community.

Métis-Cree beading artist Heather Doherty learned on her own, mostly. She uses the traditional flatstitch beading style to create pins, to medicine bags and traditional clothing applique.

"I bead as a way to connect with my ancestors, as well as to be creative and relax," says Heather.

"I started beading as a teen, but back then it wasn't in a cultural way, it was just for fun. However, I had stopped beading for a while and just got back into it about four years ago."



Heather reconnected to beading as an adult after finding out it was in her family and that's what got her back into it – more seriously this time.

"I am self-taught with some help from my friends who also bead. I used books, and I referenced photos I had from my Great-Aunt's beading patterns," Heather says.

"It is a way for me to take back something that was taken away from my family. For me, it's like a blood memory, when I bead it feels right and it helps me feel that ancestral connection."

Saphire Mitchell, 12, the younger sister of Emily, first learned to loombead at James Thompson, where she was taught by Indigenous education coordinator Gail Blaney.

"Around two or three years ago, my sister taught me how to bead earrings

### **National beading** campaigns

In 2018, Comox friends Carla Maxmuwidzumga Voyageur and Jeannine Lindsay started the Lil' Red Dress project. Indigenous beaders make red dress pins to raise funds for Missing and Murdered Indigenous Women and Girls awareness: lilreddressproject.ca. Some beaders also make poppies in honour of Remembrance Day and Indigenous Veterans Day. Templates for both are available online.

and necklaces.

"I had always watched my sister bead and she had tried to teach me before, but I kept getting very frustrated," says Saphire. "I started to look







Photo by Emilee Gilpin

### Friday August 5 at 5pm, Evergreen Theatre

Master Carver Joe Martin of the Tla-o-qui-aht First Nation will be presenting his book, Making a Chaputs: the teachings and responsibilities of a canoe maker (2022) along with Alan Hoover, editor of Nuu-chah-nulth Voices.

The book features our local Hehewsin Canoe Project. and a lifetime of Indigenous knowledge and respect for the forest.

For more info contact Mark Merlino at mmerlino@prpl.ca



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GLOBAL REACH: Indigenous beaders including Emily White (her work is above) have found a tight international beading community online.

### "For me, it's like a blood memory."

- Heather Doherty

at beading as a hobby. A hobby isn't something that has to be done, but something I chose to do in my spare time, and now I love it.

"For standard earrings, it usually takes me about two and a half hours or more to bead. Hoops are a bit smaller so it would take me around an hour or an hour and a half to create."

Emily says that beading is also a way to show Indigenous work in everyday life. Emily's favourite piece she's created is a pair of earrings - currently still being worked on (seen on Page 27).

"sxway xway is inspired by a petroglyph located in Klahoose Territory, and it depicts the image of a Coast Salish Mask Dancer, and is a piece that I really love. Another is the poho (Raven) a bolo tie I made for a friend."

Emily says that sxway xway has so far taken her about 35 hours of work and has 3.144 beads with around 40 metres of thread.

Saphire says that while right now she is selling her work through her Instagram account, she hopes to one day be able to sell at a store like Thick.

Some of Saphire's favourite work includes a series of Pride earrings she made for a giveaway in June as well as a pair of earrings Saphire gifted to her mom for Mother's Day.

"I also had a school marketing project where I made a pair of earrings and actually got to sell them in-person at school, it was really cool."

Many Indigenous beaders sell their work at gift shops or through social media pages such as Instagram and Facebook, where sales can be international and beadwork from Canada can be sold or traded to someone in Europe, America, or anywhere else in the world. However, other Indigenous beaders prefer the traditional practice of gifting their beadwork instead of selling it. Others, such as Emily and Saphire, do both; they focus on gifting, but also sell their beadwork.

Heather does not sell, but gifts beadwork to family and friends, which is also showcased on her Instagram page @bent needlez.

"I can't pick a favourite piece I've beaded. I put a lot of love into everything I create," says Heather.

"I am working another job, but my beadwork can take anywhere from one to two weeks, to three to four months, it really depends on the size of the project."

Heather says beading is a significant form of storytelling and sharing knowledge.

"It's amazing to see people finding ways to reconnect with their culture. Beadwork is one of those ways. There are beadwork artists all across Turtle Island (North America) and we are connecting and supporting each other," says Heather. "I am proud to be able to share my work with the wider community and to bring this art form back into the light."

Saphire finds beading to be very calming and helps her connect to her culture. "Beading helps me recharge, I really enjoy it now and it's really nice having my sister teach me things like that. It helps us bond and gives us time to connect. And now I get to teach my















# It's raining nestlings

### STORY BY MERRILEE PRIOR, PHOTOS BY MICHELLE PENNELL

he busy baby season has begun at PROWLS and we have a variety of species, all needy, all different and all heart-warming.

- 1. A flock of baby **robins**, very young: Frequent feeding required every 10 minutes, we are able to watch them actually increase in size, snuggling on their heating pad or in their nest, blinking away a feather in an eye. They want to sleep, but also make sure that they do not miss a meal!
  - 2. A barred owlet.
- 3. The five tiny **fawns** that have come from all parts of town stole everyone's hearts, with their large eyes and trusting natures. They quickly learned what the baby bottle held and would push to get their milk. They are now in the care of Critter Care, in Langley, where they will grow and learn to forage and browse before their release. They will not return to Powell River, as transporting them when they are older is not possible.

When people call us with fawns we are quick to advise them to leave them alone when possible. The does leave their fragile infants in safe locations for hours at a time, returning only to feed them. Imagine the distressed mother who returns to find her baby gone! It is also important not to feed the fawns

if they have been picked up: cows milk can be deadly for a fawn!

- 4. Three **squirrels** from Ruby Lake, whose mother was killed by a cat, were placed on the ferry and brought to PROWLS. Initially hiding deep inside their crocheted nest, they periodically poked their little noses out. Now they are busy scrambling about, each wanting the other's peanut!
  - 5. A **crow** chick.
- 6. A leveret (baby hare).
- 7. Wood ducklings.

We also cared for:

Two Steller's jays: In the Trailer Park in Cranberry, one Steller's Jay fell out? pushed out? jumped out? followed by another, two days later. They both were treated successfully for millions of mites. Even though loving their heating pad, they were still keen on escape, busy looking all around, sooty black in color at this point with their unmistakable crest.

Now one year old, the **flying squirrel** who was sent for over-winter care to MARS in Merville last October, has returned and will require a healthy standing forest in which to survive, let alone thrive. It came as a nestling and will be enjoying its first freedom.

The calls now are frequent, and the animals diverse: ravens, a seal pup, chickadees and many more. Our nursery is filling up!



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**SO MUCH LIFE:** Clockwise from above, 1958 Saint Gerard's Catholic Church soon after being built (before the bell tower); Saint Gerard's Catholic church in May 2022; 1972 the Bombardir brothers who installed the bell in honor of their brother Armando who passed away that year; 2012 – offertory procession in Saint Gerard's; 1983 – Kathy and Gerry Bennett at the baptism of Andrea Desilets; 2022 Fausto DeVita inside Saint Gerard's. Fausto helped to build the church in 1957.

Photos courtesy of St. Gerard's.



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Saint Gerard's Church in Wildwood closed June 30

# 'Devotion of the Parishioners' heard in the peal of the Italian-made bell

### BY BARB BOMBARDIR AND MARK MERLINO

Before Saint Gerard's was built, families from Wildwood would walk and in later years take the company bus across the river to Saint Joseph's church in the Townsite to attend mass.

Encouraged by the large community of mainly Italian and Dutch Catholic immigrant families, in 1956 Father Joseph McInerney obtained permission to construct a neighbourhood church on land on King Avenue in Wildwood that had been donated by farmers Ed and Gladys Dittloff. He asked parishioners to help to build a church dedicated to Italian Saint Gerard Majella, the cherished patron of expectant mothers and their children.

Many local working men gladly responded to his call to volunteer and then quickly constructed their new community church.

One of these volunteers was Fausto DeVita who at the time was a young shift worker at the Mill. Fausto felt happy and proud to come help work on the construction every day either before or after his shift. He felt like they were constructing a highway to heaven and he has faithfully attended mass at Saint Gerard's since its opening in April 1957.

When Armando Bombardir, another parishioner who had volunteered to construct the church, passed away in 1971, his wife Mary commissioned a bell to be installed in Saint Gerard's in his honor. One of the world's finest bell-making foundries is located in the town of Agnone in Molise, Italy, next to Mary's picturesque hometown of Bagnoli del Trigno.

The Marinelli Pontificia Fonderia di Campane has been producing bells since the year 1339. Each bronze bell is uniquely designed by hand then filled with a molten alloy heated to over 1100 degrees Celsius into a sculpted mold of clay and wax. The artisans from the Marinelli Foundry say that there is always some magic in the crafting of a bell and that every bell has a different soul. This is definitely the case for the Saint's Gerard's bell, which is inscribed in memory of Armando Bombardir and was accompanied from Italy by Armando's brother, a priest, Amadeo Bombardir.

The 500-pound bell was lifted by a crane and installed in Saint Gerard's new bell tower in 1972 by Armando's four brothers and son. From then on, whenever Mary approached the church, she would look up at the bell tower and make the sign of the cross acknowledging her husband.

The bell has meant a lot to the Bombardir family as a whole and over the decades and up to the present, different family members have taken turns ringing the bell to call the faithful to mass.

More recent newcomers to Saint Gerard's, such as Don McDonell, have found the dedication of the local parishioners moving. Truly, the spirit that has sustained and inspired the Saint Gerard's community is best captured in a little seen Italian inscription at the base of the bell: *Devozione dei Parrocchiani* – devotion of the parishioners.

Over the years however, most of the original families and the younger generations have left Wildwood, either moving to Westview or to other communities in search of work.

Sadly, Saint Gerard's Catholic church was closed for divine worship at the end of June, this year.

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is delighted to welcome **ANGELA RICHARDS** 



Angela is a mother of three who recently moved to gathet from Alberta with her husband, bought a home in Cranberry and has quickly come to love this community. Angela runs the front office at *qathet Living*, and handles our accounts receivables. You can reach her at 604-485-0003 or office@prliving.ca

# & ear wor

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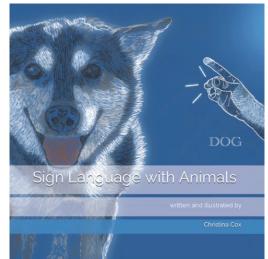






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### **Sign Language with Animals**

### By Christina Cox

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Written bilingually with American Sign Language and English, this picture book whimsically illustrates the scenes of twelve animals as seen in their natural habitats. Learn common verbs with each animal, as well as learning how to sign each scene in ASL and read it in English.

Christina's Deafhood has taken her on a diverse journey of teaching, advocacy, and adventure. She hopes to inspire inclusion and kindness with her ASL children's books and YouTube ASL learning channel.

Available from Amazon and through aslsnapshots.wordpress.com

### Improviso II

### By Walter Martella

Conductor and Music Director of the Powell River Academy of Music (PRAM) and the Artistic Director of International Choral Kathaumixw, Walter is an accomplished pianist, accordionist, and trumpeter. He earned a Diploma in Jazz Trumpet from Malaspina College (VIU), a Bachelor of Music Degree from the University of Victoria, and attended the Banff School of Fine Arts.

Walter is a strong believer in the power of music as an important part of community, and has been an adjudicator for instrumental and choral festivals throughout British Columbia. He has recorded six jazz CDs, performed provincially with many

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well-known musicians in multiple genres, and continues to be in demand all along the West Coast as a trumpet soloist and jazz pianist.

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Check it out (and his brand new website) at waltermartella.com. It is for sale digitally online. Hard copies are available through Walter.

### **Resistance Band Workouts for** Seniors: Strength training at home or on the go

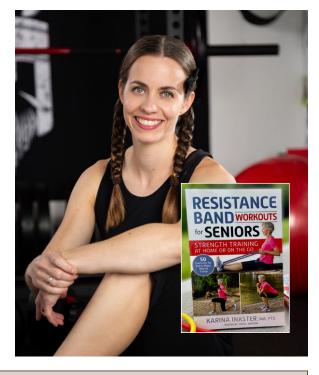
### By Karina Inkster

A collection of 50 resistance band exercises (modelled by my 70-year-old powerhouse mom, Angelika Hackett) will inspire readers to create-and maintain-a regular strength training practice, whether they're working out at home, outdoors, or while traveling. Once readers are familiar with the various exercise possibilities, they'll learn how to put together their own strength programs.

Vegan since 2003, Karina Inkster, MA, PTS, is a fitness and nutrition coach, author of five books, and host of the No-B.S. Vegan podcast. Her team's online coaching programs help vegans worldwide live their healthiest, most plant-strong lives.

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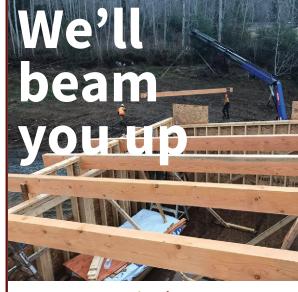
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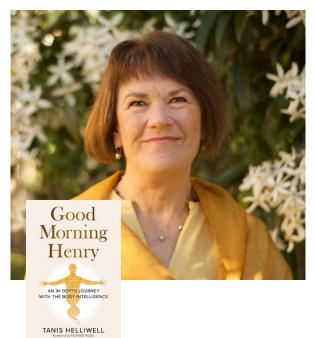
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### Good Morning Henry: An In-Depth Journey with the Body Intelligence

### By Tanis Helliwell

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Tanis Helliwell, as a psychotherapist and self-actualization teacher, has decades of experience working internationally with psychiatrists, doctors and the general public. She is the author of eight books, including Summer with the Leprechauns, Manifest Your Soul's Purpose and High Beings of Hawaii.

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# Return to Solitude: More Desolation Sound Adventures with the Cougar Lady, Russell the Hermit, the Spaghetti Bandit and Others

### **By Grant Lawrence**

Lawrence's massively popular, bestselling debut Adventures in Solitude shone a spotlight on some of the quirkiest people he knew during his childhood visits to his family's cabin. In his latest book Lawrence delights in the new role of father, endearing his children to the land, the wildlife and the people of their Sunshine Coast getaway.

Grant Lawrence is an award-winning author, musician and CBC personality who is an honourary resident of gathet.

Find it at harbourpublishing.com.

### qathet Cooks Together

### **By Elena Martin**

The educational cookbook "qathet Cooks Together" is a community climate action project that provides information about how our daily food choices impact the climate on our planet. As a cookbook, it gives inspiration to eat more plants through a collection of plant-based recipes from community members.

Elena is a mother and nutritional scientist who believes that food is one of the most powerful individual climate actions in our daily lives for increasing human health and environmental sustainability on Earth.

The educational cookbook costs \$15 which covers the printing costs and raises funds for food plants which will be planted in our community.

You can find the educational cookbook at:

Tla'amin Convenience Store • Townsite Fruit & Veg • VK Wellness Initiative • Picked: A Collective @ Ecossentials • Kelly's Health Shop • The Nutcracker Market • Terra Nostra Farm • Blueberry Commons Farm Cooperative • The Nook @ the Library • CMG Printing • Springtime Garden Centre • Powell River Visitor Centre • The Flower and the Bee on Texada Island • Or you can borrow it at the PR Public Library.

Contact Elena elenamartin2121@gmail.com









## Worth More Standing: Poets and Activists Pay Homage to Trees

## **Edited by Christine Lowther**

Celebrated poets and activists pay homage to the ghosts of lost forests and issue a rallying cry to protect remaining ancient giants and restore uncolonized spaces – including qathet poet Carla Mobley.

Carla Mobley was first published in *The Antigonish Review* in 1980 and then in literary journals throughout Canada and the U.S. A longtime qathet resident, Carla taught Creative Writing at VIU and is a retired teacher who has two children, five grandchildren and a cat named Buddy.

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## The Toquenatch Tree

## **By Carla Mobley**

I lived here forty years before I heard about this old growth Douglas fir, maybe a thousand years old, out on Tla'amin territory.

When we met I placed my face against its thick bark and wondered how it survived all the things trees survive.

How did it grow so tall and keep growing through droughts and wind storms, and were there lightning strikes.
men passing through with chainsaws?

And how did it stay so strong?
all the while giving shelter to owls,
providing seeds to dark-eyed juncos and song sparrows.

deer mice and dusty shrews, red squirrels and red-tailed chipmunks.

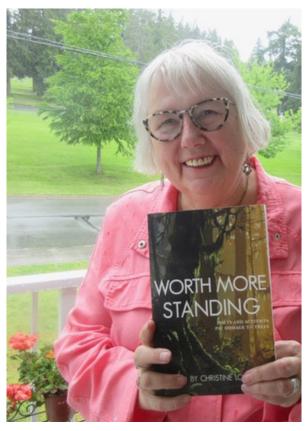
And how did it withstand the silent attacks of aphids and Douglas-fir beetles? How did it survive alone?

My tears dropped into its deep ridges,

and in the silence I remembered that trees, though they seem so, are not alone.

they speak the language of aromas. Their roots touch other roots.

They take it in turns to nurture each other.





## The Adventure of the Prince: Ghost Town

## By Aasir Diab

Prince Ben is back at it again, and we continue where we left off. Our hero, hanging from a lava pit, manages to escape it somehow. Ben also learns of a certain family member he didn't know about. He defeats Penelope, who turns out to be a traitor, restores peace to his land, and much more in this second installment of the series.

Aasir Diab is 14 years old and is currently in Grade 9. He is the author of two books: *The Adventure of the Prince*, and *The Adventure of the Prince 2: Ghost Town*. He enjoys playing basketball and writing. There is currently a new *The Adventure of the Prince* book in progress.

Available on Amazon and at the Library. ¶

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**BRING BACK BIODIVERSITY:** Chinook fry grow at the Powell River Salmon Society's Duck Lake hatchery (above), along with chum and coho. Tla'amin Nation is studying how to reintroduce sockeye, coho and chum to the ancient spawning grounds at Unwin Lake, in Desolation Sound.

Photo by Abby Francis

## BY ABBY FRANCIS | LOCAL JOURNALISM INITIATIVE REPORTER

It's been a century since sockeye and chum have spawned in Unwin Lake. That's because the creek between Desolation Sound and Unwin was dammed for logging.

Now, Tla'amin Nation's new lands and resources director, Denise Smith, is spearheading a project to reintroduce the salmon.

This spring, the Unwin Lake Sockeye Salmon Reintroduction Project migrated out of the first study phase. All that stands between the fish and their spawning ground is either removing the dam, or building a channel.

"Tla'amin Nation desires to rebuild anadromous (migrating from oceans to rivers for spawning) populations of sockeye and coho salmon into Unwin lake watershed. We would also like to restore chum salmon into the lower reaches on Unwin Creek," says Denise.

The project initially started back in 2020. That's when Tla'amin's previous director of lands and resources, Cathy Galligos, was exploring the possibility of reintroducing sockeye into the Unwin lake watershed.

To understand whether the lakes could sustain sockeye, the Nation studied the kokanee that currently live there. Kokanee are a landlocked fish that are a distant relative of sockeye salmon. Sockeye and kokanee have similar diets and live in similar conditions. The biggest difference between the two is that kokanee live their entire lives in lakes.

Denise says the first study-phase was on fish habitat, Unwin's fish community, hydrology, fish barrier assessments, water quality, lake productivity, and a channel by-pass design.

The Nation has received about \$190,000 in federal and provincial grants towards the project so far.

"The water hydrology assessment was done in February 2021, with the installation of a hydrometric gauge to measure water flow and monitor total discharge out of the lake and into Unwin creek."

The study was done by Ecofish Research Ltd. and Tla'amin Nation member, Scott Galligos.

Even though water quality was reported to be suitable for sockeye, Denise says more time is needed for a channel by-pass design.

The Nation, Ecofish Research, and partners will meet to discuss the next steps for Unwin Lake.

"Tla'amin Nation wishes to see the project move onto its next phase; which would be continuing data collection of the Unwin watershed, confirm a channel by-pass design, and secure funding to complete the works," says Denise.

"This sockeye salmon reintroduction initiative will benefit the broader regional community, and we will be seeking partnerships to further this work and reach the end result—returning sockeye salmon to the system."



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## qathet market still on fire, despite interest hikes

## 1. Home prices up by nearly a quarter

From May 2021 to May 2022, the median selling price of a home in qathet soared from \$589,900 to \$727,000.

## 2. Sales are still quick

A year ago, local real estate sat on the market for an average of 22 days. Now, that's down to just 20 days.

## 3. Welcome, Squamish

About 20 qathet homes have been sold to Squamish ex-pats so far this year, out of a total of 184 homes sold.–**PW** 

Note: all data according to Powell River Real Estate Board monthly stats

## Real Estate in gathet

# Don't Panic

Rising interest rates might seem scary, but a return to normal here in overheated qathet is good news for nearly everyone.

## BY PIETA WOOLLEY

rive around town, and you can't miss the biggest news story of the year. "\$2.29 a litre" is posted on gas stations' signs – a price for regular unleaded that was unimaginable even six months ago.

"Sold" signs dot whole neighbourhoods, as home prices (and sales) have soared with the influx of new folks. Stop at the grocery store for a week's worth of food, and the meaning of "inflation" becomes crystal clear.

According to Canada's Consumer Price Index, inflation is officially at nearly 8% over this time last year. But for those of us with limited money in our "discretionary" budget, it can feel like much more. You can't get out of spending on housing, food and transportation – they're necessities – so when prices rise, most of us just have to pay more

Now, it's not just the pricetag on homes that has soared; it's also the cost of borrowing money to buy one. This spring, the Bank of Canada started raising interest rates slowly (see sidebar, Page 41), to ward off inflation and chill the overheated real estate market. For some, that will mean a much higher monthly mortgage payment; in the short-term, some first-time buyers may

## HOW MUCH WILL THESE RATE HIKES COST ME?

Each 0.25% hike will cost you \$12.55 per \$100,000 in mortgage, qathet mortgage broker Jeremy Garth says. So if you borrowed \$500,000, you'll be paying an additional \$251 a month, after the Bank of Canada raised interest rates by a full percentage point this spring. If rates rise another full percentage by September, that's another \$251, for a total of \$502 more a month. If you were paying about \$2,500 a month on that \$500,000 mortgage, you'll now be paying \$3,002.

But this will only impact you right now if you chose a variable rate, rather than a fixed rate, or if you're nearing the end of your term.

get knocked out of the market entirely. The Bank of Canada is hoping the move will normalize home prices over time – and will not trigger a recession.

Watching it all from his office at 460 Realty on Joyce is Jeremy Garth, a mortgage broker with Zipp Mortgage. Since he moved to qathet from Vancouver just before the boom in 2019, he has helped buyers navigate the stormy







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## Escalating interest rates will return us to normal, we hope

On July 16, the Bank of Canada meets and will likely raise interest rates again, as it has at each meeting so far this year. It's an economic strategy to reduce how much citizens are willing to borrow – and thus reducing demand on goods such as mortgages and cars. In theory, this will soften inflation, which has been wild this year.

## Bank of Canada Interest rates: a short history

1990 to 2022 average: 5.79% Highest in that time: 16%, Feb. 1991 Lowest in that time: 0.25%, April 2009 & during COVID

Rate just before COVID-19: 1.8%

Rate as COVID-19 hit: 0.25%, where it remained through the pandemic.

March 2, 2022: to 0.5% April 13, 2022: to 1%

June 1, 2022: to 1.5%

July 16, 2022: Trading Economics, a global data aggregator, forcasts the interest rate will continue to climb to 2.5% by September.

Note: Your mortgage rate is usually about two percent over the Bank of Canada interest rate.

market and find some peace in it.

His words of wisdom are: don't panic. "What we've seen with the frenzy in the market over the last two years and the very low borrowing rates – these are not normal," Jeremy said. "We are simply returning to normal."

Home prices in qathet, he said, are unlikely to fall much, because demand is so high. People want what we've got (including Jeremy, who lived and worked at Haywire Bay for two weeks while he looked for a place here, because he didn't want to leave).

But higher interest rates may mean less frenzy. That might look like fewer bidders, and selling prices that are closer to the list price on homes. So an \$800,000 home will sell for around \$800,000, rather than \$1 million or more in a bidding war. Less frenzy also means that buyers can be more careful – they can start putting conditions on offers again, such as inspections. And, as much as a big cash-out can be exciting for sellers, a quieter market is ultimately a better selling experience for them, as well, Jeremy notes.

Another reason not to panic is, even those who bought at the top of the market, at the extent of their budget, can still afford a much higher rate, Jeremy said. Anyone who took out a mortgage since 2018 had to pass a strict stress test to have their mortgage insured by the Canadian Mortgage and

Housing Corporation; buyers had to afford up to 5% bank rates. So unlike what happened in the US in 2008, or in Canada in the 1980s, it's unlikely that the Bank of Canada's move will lead to anyone losing their home.

Jeremy explains that this is one reason he loves his job so much: he wants to make sure buyers really understand their mortgage. When he first bought in Ontario, he recalls, his mortgage was presented to him as a pile of papers he didn't understand. But as a mortgage broker, he sees himself as an educator. Mortgages, he said, are dynamic, and they give buyers a lot of power over their investment. Anyone with a mortgage should feel like they're in control.

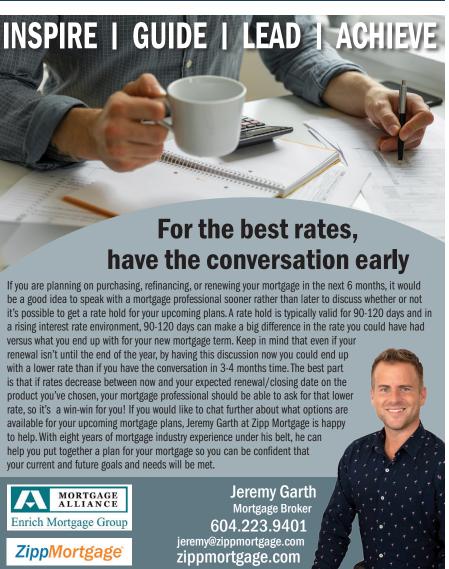
The Bank of Canada, on the other hand, is trying to control the uncontrollable.

The Bank dropped interest rates from 1.8% to 0.25% during COVID, to stimulate the economy. Inflation soared this year, in part due to lethargic supply chains in China due to COVID lockdowns and other factors, and the war in Ukraine – neither of which could have been predicted.

"If raising the interest rates works and inflation returns to normal of less than 3%, that's good. If it doesn't work, that's not good," Jeremy said. "No one has a crystal ball for what might be coming next. We'll just have to wait and see."









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# Best 'hoods

For the *Best of qathet* issue, we asked several local realtors what they recommend to prospective buyers about each of the region's unique neighbourhoods.

Did they nail it?

STORY BY PIETA WOOLLEY, PHOTOS BY ABBY FRANCIS I LOCAL JOURNALISM INITIATIVE REPORTER

## **Bill Bailey**

We have a good supply of restaurants, a fantastic recreation complex, sports fields, marinas and back country access right here. Having lived here for 40 years and raised a family, I consider this to be a very safe community where I'm comfortable walking the streets at all times of the day. Our biggest rush hour is right after school when kids are being picked up.

## **Desiree Collings**

I love the city because we have garbage, recycling and compost pick up, municipal hook ups, it's close proximity to everything, and it has the Penticton Trails.

## **Josh Statham**

The view!

## **Nancy Hamilton**

Grief Point • Prestigious homes • My lot for sale lol • Pacific Point Market • Nice kid friendly park • Beach walk to Marina

Westview • Views & sunsets • Shopping Mall • Excellent restaurants • In town trails • Rec Centre

## **Dustin Villeneuve**

Grief Point • Some of the most sought-after real estate in PR. Pacific Point Market is a great independent grocer & cafe and the Seasider Bistro has one of the best patio views in town.

Westview – The largest neighbourhood in PR with many homes taking full advantage of the ocean views. Includes the region's primary shopping district and Marine Ave with its many shops, cafes, and restaurants. Get your morning coffee and baked goods at 32 Lakes or Basecamp. Enjoy some cervezas & tacos on the patio at Costa del Sol.



## **Desiree Collings**

Best beaches: Palm Beach, Mahoods, the Bluffs, Eagle River, Donkersley, plus space and privacy. It's mostly rural with wells and septic systems.

## **Josh Statham**

Unparalleled access to unlimited outdoor adventure! Creekside Farms in Paradise Valley! Their custom meat is next level

## **Dustin Villeneuve**

A wonderful mix of rural homesteads, beautiful coastal beaches (Mahoods a personal fave), and the gateway to endless recreational opportunities (Sunshine Coast Trail, PR Forest Canoe Route, Knuckleheads, Eagle River, Eldred Valley, and so much more).

The recently opened Old Man Pho is serving up delicious authentic Vietnamese cuisine.

Living in the Regional District provides lower property taxes and more "freedom" with limited bylaws – but you also need to be comfortable with

septic and well water systems.

Don't miss the Farmer's Market in the summer and catch the photogenic sunsets at Myrtle Rocks. Hamil Lake Estates – affordable modular homes in a unique rural setting.

## **Nancy Hamilton**

Mahoods, Donkersley, and Palm Beaches • Golf • Westerly Studio • Old Man Pho • Farms • Valley Building Supplies • Car detailing • Farmers' Market.

## **Bill Bailey**

This area features the same liberal management of land development with more farming interspersed among the residential lots. People tend to form a preference for the north or the south. Here again, there are lots of waterfront properties on the Salish Sea and up to a 30 minute drive into the center of the city. People come here for the large lots, privacy and a certain amount of seclusion. North or south, there can be some affordable options available if you're open to working on a project over the longer term.

## SAVARY ISLAND REAL ESTATE

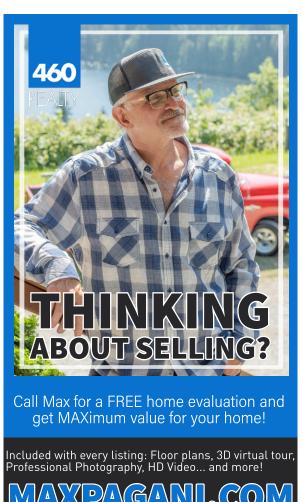
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## **Dustin Villeneuve**

Beautiful waterfront homes along Klahanie Dr and many trails just off the highway that connect to Sliammon and Little Sliammon Lake. Appleton Creek Trail is one of my favourites for a leisurely hike in the lush forests with many waterfalls to enjoy. Gibsons Beach is another great spot to take in the sunset or launch a boat.

## **Nancy Hamilton**

Best place to live lol • Best donuts ever! Southview • Andtbaka Farm Gate • Craig Park Disc Golf • Great access to Sunshine Coast Trail • Hikers Paradise • Great views • Sunsets • Dinner Rock

## **Bill Bailey**

There are some terrific waterfront properties on both the Salish Sea and Okeover inlet as well as a number of private acreages.



## **Desiree Collings**

Nancy's Bakery, Laughing Oyster

## Josh Statham

Hanging out in the harbour, just watching the action with a seafood poutine from the Boardwalk, or a cinnabun from Nancy's.

## **Dustin Villeneuve**

The "End of the Road" and gateway to Desolation Sound and Savary Island. Definitely get some of Nancy's world-famous cinnamon buns or delicious fish & chips at the Boardwalk Restaurant. Take a water taxi to Sarah Point to the "start" of the SCT or start your kayak expedition and head to the Copeland Islands and beyond into Desolation Sound.

## Nancy Hamilton

Nancy's Bakery • Boardwalk Cafe • Tidal Art Gallery • Tug-Guhm Gallery • Terracentric • Kayaking • Desolation Sound • Celebrities disguised as Lundies • Water Taxi • Laughing Oyster

### Bill Bailev

Lund is a thriving little community with its own unique vibe at the end of the highway.



## **Nancy Hamilton**

Historic Buildings & Tours • Cool Market Building Artisan Market Shops • Good restaurants • Townsite Brewing • Quaint homes • Neighbourhood charm • Pickleball

## **Bill Bailey**

While many of the homes have ocean views, the biggest and most elegant homes were built along the northern end of what's now Marine Ave for the mill managers. When I moved here in 1980, the Townsite area had become a bit run down and was a less preferred area of town.

In subsequent years, we've seen a general 'gentrification' of the Townsite with many homes being upgraded. Because of the early styling, many people find these homes to be unique and nostalgic and the demand and prices have risen.

Recent additions to the Townsite such as Townsite Market and Townsite Brewery complement the original hotels and community buildings giving the area a unique 'vibe'. The people who live there love it as a friendly, real and affordable place to live.

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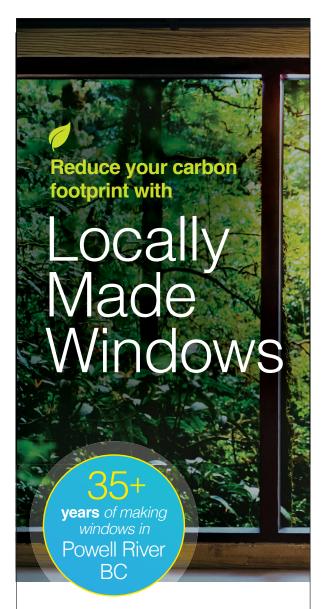


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### **Dustin Villeneuve**

An agricultural-focused neighbourhood on the northern part of town. An enjoyable hike up Scout Mountain (part of SCT) provides beautiful views. Sunset Park has a great frisbee golf course that can be followed by refreshing craft beer, pizza, and live music at the Wildwood Public House.

## **Desiree Collings**

A culture of people who love to garden.

## **Nancy Hamilton**

Farms • Italian influence • Flat & walkable • Wild-

# wood Public House Cranberry

## Josh Statham

Memories. Mowat Bay, Valentine Mountain, Wiltshire's, DA Evans Park... Cranberry has the feels.

## **Desiree Collings**

Mowat Beach (above)

## **Bill Bailey**

Cranberry is nicely situated between the Townsite and Cranberry Lake, a shallow, scenic 'lake' of just over 100 acres, and the namesake of the area. Driving through the area, you see quite a mix of homes - older, newer, rentals, well-kept and some, not so. This mix creates a nice friendly character in the neighborhoods and many people find it quite charming. It's very close to Mowat Bay on Powell Lake which is a popular summer recreational destination.

### Josh Statham

Sunset Park!

## **Bill Bailev**

Wildwood has become more popular in recent years because more people are interested in sustainable living and the opportunity to grow more of their own food. Friendly neighbors, family history, proximity to hiking trails, a neighborhood pub and a slightly rural 'feel' give Wildwood the charm that many people are loving. It's a very short distance to Powell Lake for swimming, boating or spending a weekend 'up the lake' at a float cabin.



For more about life on Texada Island, see Page 62. For more on life on Savary Island, see Page 64.

Savary photo by Kathleen Hamilton.

## **Dustin Villeneuve**

Cranberrry is an "up & coming" neighbourhood (IMHO) offering many character homes and easy access to many of PR's amazing freshwater lakes (Cranberry, Haslam, and Powell River) and trails. Haslam is my favorite for a quick summer dip.

Mowat Bay provides a boat launch, beach, and playground as well as access to the SCT.

Enjoy spectacular views with minimum effort on top of Valentine Mountain and then enjoy the best brunch in town at Magpie's Diner.

## **Nancy Hamilton**

Cottage country feeling • Lake views • Springtime • Mowat Park • Powell Lake access • Access to Haslam & Duck lakes. ¶



**COMMUNITY OF CARE:** When nanny Isabel Supina has to work overnight, her neighbours, at Lift's Supportive Housing building, help care for her dog Ollie.

\*Photo by Claudia Medina.

# After trauma, a place to get back on her feet

sabel Supina grew up on Texada Island and moved to Powell River when she was 14. The full-time nanny lives in Lift's supportive housing building on Joyce Avenue.

On why qathet is home • I've moved away a couple times, but I just always end up coming back. I have family here, my mom and my brother. I know everyone. And I like the ocean. As a nanny, I've been part of the three kids' lives for more than two years.

On challenges finding housing here • I'm on disability, so finding a place to rent for a reasonable price is hard, plus they only give you a really small amount for rent [BC Disability Assistance shelter allowance is \$375 a month]. There's still quite a bit of housing available from what I've seen. It's just out of any reasonable price range. Like, I've seen a lot of houses go up for rent or for sale, but the price on it—no person can really afford that, even when you're working full-time.

On supported housing as a solution • It helped get me out of an abusive relationship and off the streets. My only place to live at that time was in

## Home at last - the series

This is the fourth in a series of six monthly articles, produced in collaboration with social planner Meriko Kubota (City of Powell River, qathet Regional District and Tla'amin Nation), qathet Living editor Pieta Woolley, filmmaker Claudia Medina, several local nonprofits and, of course, the individuals who graciously agreed to tell their stories.

These are success stories-locals who have found housing solutions in spite of a record tight market and scarcity of affordable public or private housing.

Everyone involved in this project hopes these stories inspire locals to work towards decent, stable housing solutions for all our neighbours.

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a tent. So it helped me not live there. There's a bad stigma around supportive housing. I get judged a lot. But everyone's really kind. I've been able to save a



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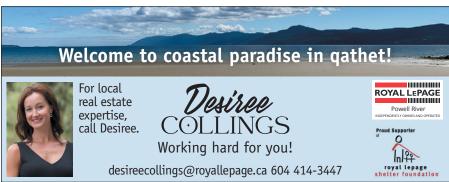
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**DOGS ARE IN THE DOG HOUSE:** Many landlords refuse to rent to dog-owners, reports Isabel Supina, but her dog Ollie is able to live with her in her suite at Supportive Housing.

Photo by Claudia Medina

lot of money, and I'm going back to school.

On what that support looks like • With COVID, guests weren't even allowed in or when they were allowed, and they were only allowed in for a certain period of time. And it was a good excuse. I was really bad at letting people overstay their welcome in my old place and then getting in trouble for it when things went too far or they acted badly. This place doesn't allow that. And it's not my fault either. So I don't have to feel guilty about it.

On the importance of animal family • I have a dog called Ollie. It's impossible to find a pet-friendly home. Especially big dogs. He has never made even a scratch in the apartment that I live in, but people always assume big

dogs create damage. Emotionally, having Ollie helps a lot. He gets me outside and active a lot more because he has to go out every day or else he gets bored. So at least an hour a day, I'm outside walking.

On good neighbours • People in my building babysit Ollie when I go to work. Sometimes my shift is longer than eight hours and I'm away for a couple of days. So it's nice that people will babysit for Ollie. Everyone's really kind in there.

On the future • I'm looking to move out at this point. I'm looking for a place with a bigger yard so Ollie can go out. I have a few friends who are actually on the list to get in to supportive housing.





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## Vancouver makers find their small business bliss

y husband Adam and I (Rowwie McKeown) are a couple of nerds with a couple of adopted cats. I grew up in Kitsilano while Adam spent his formative years in the Valley, mostly around Maple Ridge. We have both developed careers that we can attend to from home, which was solidified during the pandemic, but previously I was the design manager for Edgemont Village Jeweller before ramping my business up to full-time and Adam worked in downtown Vancouver in the tech field.

## Why did you choose to move here?

Rowwie • We were looking at condos in Surrey when close friends bought a home to be closer to family who live in Lund. I had been a frequent visitor to the qathet region for over a decade and it got us thinking that a change of pace would be beneficial to our goals. Seeing the options available to us up here we decided to give a new life a chance.

## When? Where from?

**Rowwie** • We started looking for a home in qathet in late 2020 from our tiny apartment in North Vancouver.

## What surprised you about qathet once you moved here?

Rowwie • Adam was surprised by how such a small space can have such a wide variety of options for goods and services. He thought he would miss the amenities and alternatives of the city, but it turns out gathet is very well appointed for our needs.

## Where is your favourite place here?

Rowwie • Our favourite place to be in qathet is the Powell River Farmers' Market on Sunday 12:30-2:30 but on every other day our back deck with a cat or two stretched out in the sunshine is a very close second.

## How did you first hear about gathet?

**Rowwie** • I first heard about qathet through old friends who currently live up here, Adam heard about it through me.

## What aspect of your previous community do you think would benefit this region?

Rowwie • North Vancouver is highly walkable and has hours of operation that are more accessible for the typical 9-5 worker. We have so many lovely shops here in qathet that are nearly impossible to visit during the week. Our old neighbourhood in



**TECHIE + JEWELLER:** Whether enjoying their deck with their cats, or selling at the markets this summer, Adam and Rowwie McKeown are glad they made the move

North Van also had three bubble tea shops, I miss them.

## If you were mayor, what would you do?

**Rowwie** • Prioritize local small business and artisans living in the region with regard to tourism and local economic initiatives.

## What are gathet's best assets?

Rowwie • qathet's best assets are its makers and small businesses, our diversity of individuals who found their way here one way or another to call this place home and spread their talents around.

## What is your greatest extravagance?

Rowwie • My workshop. It's a dedicated space that I fill with tools and materials. It's about 200 sq ft that is specifically for me to make art in. It's my happy place, but it's also where a lot of my money goes. Having that space allows me to make all of the things I create for my booth at the Powell River Farmers' Market, on Sundays, and other venues around town (shout out Thursday Night Market!) All of this is done for my small business which can be found at crossedpromise.com and followed at instagram.com/crossedpromise.

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## Powell River's original golf course started rough - goats trimmed the grass - but it swiftly found its feet

he first ever recorded game of golf in qathet, played in-between stumps, occurred in 1921 where No. 5 & 6 paper machines were eventually built. The game was played between Mrs. Jeanette McIntyre and Dr. Andrew Henderson – no score was taken and they mostly lost their golf balls in the tall

As the town grew, sports became an integral part of the residents' life and was also promoted by the Powell River Company. On October 26th 1922, a group of golf enthusiasts led by Dr. Henderson, met at Central Hall and formed the Powell River Golf club.



## BLAST FROM THE PAST

JOËLLE SÉVIGNY

That same year the first golf course appeared, consisting of four holes. It was located by the waterfront, southeast of the mill site and snaked around the oil storage tanks, a barn and many other hazards. As the Powell River Company grew, so did the golf course: by 1923, it had six holes and by 1926, the course had nine holes. Over the years, some holes were moved to make space for the ever-growing mill.

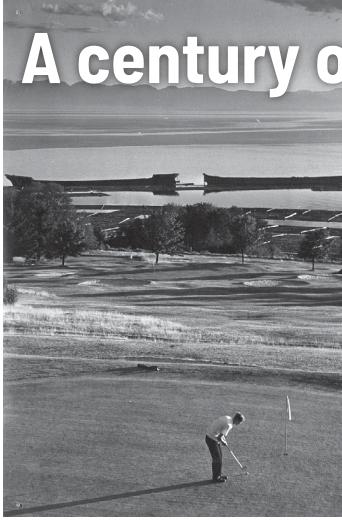
One of the founders of the P.R. Co., Michael Scanlon, donated \$5,000 to the club in 1929 (about \$85, 000 today). The funds were used to build a clubhouse; the Sallie Scanlon Lodge, named after Michael's daughter. No longer in existence today, the building was located at 5561 Oceanview Avenue (now Marine Avenue).

Prior to the 1940's, the golf season ran in the fall and winter, after cattle, sheep and goats had trimmed the fairways to a suitable playing length. Powered mowers began in the 1930s, and were later popularized in the late 1940s.

Eventually, the golf club began planning for an 18hole golf course. Designed by Les Furber, the 160acre site at Myrtle Point was chosen and opened in June 1991.

Blast from the Past is written monthly by qathet Historical Museum and Archives public engagement coordinator Joëlle Sévigny.

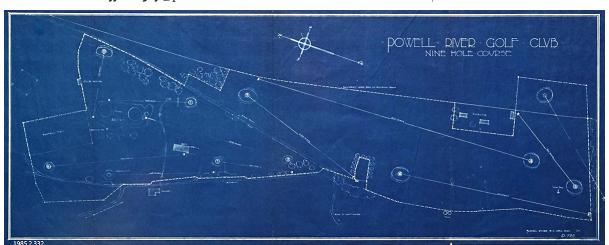
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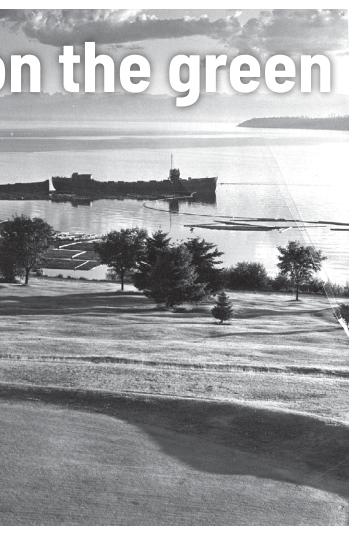




THE "OLD GOLF COURSE": Clockwise from top, cover of the Nov-Dec 1955 PR Digester. Two golfers pose in front of the club house, 1920s. Stan Leonard, Canadian professional golf star, makes a putt, 1950. Golf club, 1929. Dick Ward driving a Case tractor in front of the Sallie Scanlon Lodge. and the Junior Golf Club, 1945-55. Photos courtesy of

the gathet Historical Museum & Archives











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## **BUSINESS AFFAIRS**

**SEAN PERCY** 

## Docs eye gathet market

A new optometry business has purchased the Joyce Avenue office that formerly housed Powell River Chiropractic.

Optomeyes is an independently-owned family eye care clinic that started in Squamish and also has an office in West Vancouver. Optometrists Dr. Clark Bowden, Dr. Sydney Davidson, and Dr. Melanie **Hennenfent** are the owners of the qathet clinic.

They specialize in eye exams, medical and preventative eye care, contact lens fittings, pediatric eye care, sports vision, and post-concussion care. The trio are experts in diagnosing and treating dry eyes, eye allergies and infections, glaucoma, macular degeneration and cataracts.

"Our office manager of 20 years, Jaimie Robinson, moved to gathet. She is an indispensable part of our team and a dear friend of ours," said Sydney. "Having her and her daughter Emma there inspired us to open a new practice."

When the clinic opens in mid-to-late July, the doctors will be rotating into town, but "it's incredibly beautiful and I wouldn't be surprised if one of us wants to move there," Sydney said. "The long-term plan is to have a local doctor providing eye care for the gathet community."

Optomeyes' optical boutique offers eyeglass and sunglass frame collections. Find out more at optomeyes.ca.

Chiropractor Ted Johnson, who sold the Joyce Avenue building to Optomeyes, has moved his practice to Marine Chiropractic, where he'll be working two days a week with current clients.

## Kristy has skin in the game

Kristy Hamson is an aesthetician who offers dermaplaning facials (the only person in town that does this service and the only person that uses hydro jelly masks), regular facials, chemical peels, and lash extensions. She is looking forward to adding more skin care services in the future as well. Her homebased business is called Dermaglow By Kristy. You can reach Kristy at kristinhamson@hotmail.com or @dermaglow.bykristy

## Mary opens Macy's Closet to you

Mary Wilson, who you might know from Magpie's or her work as a caterer, is opening a shop in the Townsite Market, named after her daughter. "Macy's Closet is a long time dream of mine and Macy's dad that we started dreaming up before moving to Powell River a year ago. Family is super important to us and this shop reflects us and our values."

The items are hand picked new and gently used, the majority being children's clothing. She also offers adult clothing, home decor, candy, and more.

Visit Macy's Closet at the Townsite Market or find it on Facebook and Instagram @macysclosetpr.



## Winemaker gets top marks

The brewer and vintner behind Westview U-Vin U-Brew won medals in international competition for a couple of his latest creations.

Jeremy East (pictured at right) entered a white Siegerrebe wine in Wine Maker Magazine's International Amateur Wine competition. The wine was made with grapes from the Solsken Farmstead owned by the Tilberg family in Wildwood. Judges awarded it a gold medal.

Jeremy also won a silver medal with a port wine he crafted from a Winexpert kit, supplemented by cherries he selected from his own tree.

More than 2,000 wines were entered from across North America and as far away as Spain. ¶



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# July in qathet



## SPECTACULAR NATURE EVENTS

July 13

## Full moon, Supermoon

The second of three supermoons this year. It will look large and bright.

July 11 to 13 and 26 & 27

## High afternoon tides

Peaking just after dinner.

July 14 to 16 and 27 & 28

## Low afternoon tides

Slack tide around lunchtime.

July 28 & 29

## Delta Aquarids meteor shower peak

In combination with the new moon on the 28th, the meteors should be more visible than usual. Expect a show. Find a dark location after midnight.

## FESTIVALS: SUMMER 2022

July 10 • Savary Fun Triathlon

July 16 • Great Townsite Garage Sale & NEW Townsite Street Festival

July 23 • Texada Artists Market

July 27 to 30 • Aerospace Camp on Texada

July 29 to August 1 • Powtown Shakedown Music Fest

July 30 • Texada Fly-In Fling

July 31 • Texada Fly-In

August 1 • BC Day Stat

August 6 & 7 • Texada Blues and Roots Festival

August 8 to 14 • 10th Anniversary qathet Pride celebration

August 13 & 14 • Texada Sandcastle Weekend

August 19 • Blackberry Festival Street Party

August 27 & 28 • qathet Studio Tour

September 2 to 4 • Sunshine Music Festival

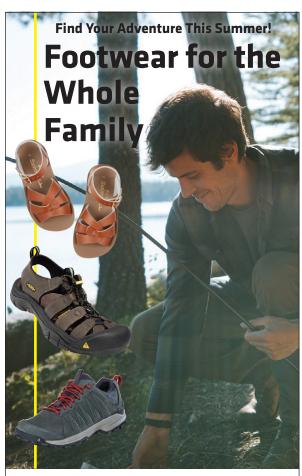
September 24 & 25 • Fall Fair



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## 

## LIVE MUSIC & PERFORMANCE

## Thursdays to July 21

## Pat Buckna in concert at the Boardwalk Restaurant

5 to 8 pm, in Lund.

boardwalkrestaurantpowellriverlund.com

## Fridays through July

## Old Enough to Know Better in concert at the Boardwalk Restaurant

5 to 8 pm, in Lund.

boardwalkrestaurantpowellriverlund.com

## Friday, July 8

## Dance performance, dance party

8 pm, Crucible Gallery (Townsite Market). Free & all are welcome. Part of the Wood + Paint = Art Clancy Dennehy show.

## Saturday, July 9

## Music Performance by Budge Schachte / Guitarist - followed by Clancy's Singalong

8 pm, Crucible Gallery (Townsite Market). Free & all are welcome. Part of the Wood + Paint = Art Clancy Dennehy show.

## Sunday, July 10

## Joe Stanton in concert

7 pm, Wildwood Pub Sunday Social

## Willingdon Wanderers in concert

12:30, Powell River Farmers' Market

## Thursday, July 14

## Jocelyn Pettit & Ellen Gira in concert

8 pm, qathet Art Centre. With a fiddle workshop and jam in the afternoon. See ad on Page 55.

## Friday, July 15

## Aude Ray in concert

7:30 pm, Cran Hall.

### Valley Girls Burlesque

Forest Bistro. \$20 advance, \$25 at the door if available.

## Saturday July 16

## Malaspina Ensemble in Concert

10:30, Powell River Farmers' Market.

## Saturday, July 16

## Music Performance by Tim Readman / CHRONOLORD – followed by Clancy's Singalong

8 pm, Crucible Gallery (Townsite Market). Free & all are welcome. Part of the Wood + Paint = Art Clancy Dennehy show.

## Friday, July 22

## Butoh dance performance by Metal Dog

8 pm, Crucible Gallery (Townsite Market). Free & all are welcome. Part of the Wood + Paint = Art Clancy Dennehy show. With Nagarekeri (live noise soundscapes) – followed by Dance Party.

## Weekend July 23 & 24

## Uplifted, by Aerial Edge

8 pm both nights at the Loggers Memorial Bowl at Willingdon Beach. In support of River Kids charity. Dancers take to the sky.

## Saturday, July 23

## Music performance by Steven Hamm / Theremin Man – followed by Clancy's Singalong

8 pm, Crucible Gallery (Townsite Market). Free & all are welcome. Part of the Wood + Paint = Art Clancy Dennehy show.

## Sunday, July 24

## **Willingdon Wanderers in concert** 12:30, Powell River Farmers' Market

## Wednesday, July 27

## Music in the Park • Blues Busters 7 pm Rotary stage at Willingdon Beach.

## Weekend, July 29 to August 1

## Powtown Shakedown Music Fest

See next page.

## Friday, July 29

## Dance performance followed by Dance Party

8 pm, Crucible Gallery (Townsite Market).

Free & all are welcome. Part of the Wood + Paint = Art Clancy Dennehy show.

## Saturday, July 30

## Dance performance followed by Dance Party

8 pm, Crucible Gallery (Townsite Market). Free & all are welcome. Part of the Wood + Paint = Art Clancy Dennehy show.

## Friday, August 5

## The Georgia Fats

7 pm, Royal Canadian Legion.

## August 6 & 7

## Texada Blues and Roots Festival

See next page and ad on Page 56 for details and lineup.

## August 7

## Gordon Stobbe & JJ Guy

12:30 fiddle workshop; 2 pm dance. See ad on Page 55.



FIDDLE YOUR WAY THROUGH SUMMER: Vancouver-based musician Serena Eades is coming to town twice this season (see ad, right) to light up qathet's already-vibrant fiddle scene. Catch a workshop, jam or dance with this Dehli to Dublin member (she has played stages from Burning Man to the Commodore Ballroom), and see more here: serenaeades.com.

4696 Joyce Ave • 604-485-6277

## WHAT'S UP • EVENTS ON STAGE

## **Texada Blues & Roots •** August 6 & 7

Music is back.

The Texada Island Blues and Roots Festival is coming to Gillies Bay after a two year hiatus. The Festival which started in 2015 has a power house of talent and, like every year, all of our performers come from within a 100-kilometre radius of Gillies Bay.

This year there are some old and new performers. Dalannah Gail Bowen, born of African-Canadian and Cherokee heritage, can sing the blues and so can Lisa Rae Simons and a new resident of Texada Jayleen Stonehouse, who has been called a female James Brown.

New to the festival is a country band, Blue Western, with the amazing slide guitarist Evan Ehgoetz. Some of the favourites coming back are Scout Mountain (a five piece bluegrass band) as well as Gerry Barnum who will be singing tender songs to foot stomping.

Our special guest from Powell River is music professional Walter Martella, who is a pianist, trumpeter, and accordionist.

The Texada Boys are back with Wen Warn along with Evan Simons and closing the festival is The Twisted Toneados from Powell River.

Visit our website or facebook for updates. It is going to be great.

- Gerry Barnum

## **Second Annual Powtown Shakedown Music Festival!** • July 29 to August 1

Powtown Shakedown Music Festival is more than just another music festival. It transcends expectations of the typical, it inspires dreams in the youngest that hold our future in their hands, while simultaneously connecting the beautiful energy of every generation prior, which is only possible with live music.

What started as a passion project in global lock-down by father and son, and the best of friends, John and Lando Taves, Powtown Shakedown has become its own entity, and its vision of being the most dynamic, inclusive, and musically diverse festival possible has captured the heart of all who have experienced. Last year's festival was pure brilliance.

The warmth, companionship, and memories created in the common love of music was indescribable. All this was made possible by the dedicated efforts of our beautiful volunteer community, who were inspired by the dream of a multi genre music festival.

This year, with the continued support of this community, we will build on that tradition and present an astounding musical lineup. 28 acts will be performing over four days, ranging from Rock to Country, Folk, Ragtime, Reggae, and more.

Powtown Shakedown is committed to supporting our community, as such, Friday July 29 is by donation at the door. 100% of the donations will be collected by the Powell River Hospice Society, as was John's final wish before ascending to heaven.

101 Brewing and Distilling, Taco the Town, Ukrainian Soul Food and many more to come, will be offering a diverse selection of foods and beverages. Local artisans will display their wares onsite so

we can all support local!

We have partnered with the new Creekside Crossing Campground, and they are offering discounts on reservations to Powtown patrons at creeksidecrossingcampground.ca

Kids from 0-11 years old are free! Our kids program offers a dedicated day stage for kids to learn instruments from the very professional artists performing. We have a bouncy castle and face painting, as well as a children's choir conducted by our producer, Lando, following the legacy of his late father.

Full line-ups, information, and limited tickets are available at powtownshakedown.ca.

Find updates on Facebook and Instagram (simply type in powtownshakedown). Our vision is simple: Live music, Community, Inclusiveness, and Togetherness. We are all Powtown! Hope to see you there!

- Lando Taves

## **Up-lifted Aerial fundraiser at Logger's Memorial Bowl •** July 23 & 24

Just before sunset on July 23 and 24, you could be settling onto a blanket at Willingdon with a box of Rosemary Charcuterie in your lap, waiting for a mind-blowing show by 23 dancers taking to the sky.

It's a fundraiser for the year-old local nonprofit River Kids, which helps qathet families financially when their children are critically sick or injured. Tickets are \$60, and are available through Eventbrite online or at AfterGlow Hair Lounge (owner Holly Barnes is on the board of River Kids). There are 320 tickets each night – which represents enough room for some social distancing in the bowl, explained Cait Holmes, the founder of the all-volunteer nonprofit.

"It's going to be pretty special," she said, of the hour-long acrobatics show. "Keely Sills (who runs Aerial Edge) has wanted to do a show like this, in this location, for a long time. And I want to give these kinds of exciting events to the community, as part of River Kids fundraising."

The organization has helped five families so far this year, and distributed \$12,000. One family has a child going through open heart surgery, another with leukemia, and one infant was born prematurely.

"Keely is choreographing the whole thing, and it has four different skill levels participating on the poles, in hoops, and on the silks. Music is being written especially for this. During the Grande Finale, the sun will set over Harwood Island."

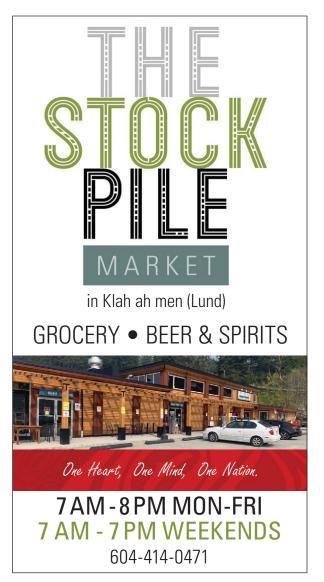
Cait is looking for volunteers to help with set up in the four days leading up to the event. If you'd like to know more, email her at cait@riverkids.ca.

## Music & food

Several restaurants and foodie destinations around town are hosting live music this summer.

They include The Boardwalk Restaurant (see left); the Powell River Farmers' Market (see left); The Legion (see left); Wildwood Public House (see left); and more.

For updated listings through the month, see prliving.ca/the-ultimate-qathet-living-summer-events-guide/.











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## ART **AROUND TOWN**

## **To September**

**Yeonmi Kim – Sewstainability** Powell River Public Library.

To July 30

## Wood + Paint = Art Clancy Dennehy

Regular hours are Thursday to Saturdays 3 to 7 pm, plus special events (see full listings on Page 54, and story opposite page).

## To July 14

## Judith Williams Solo Show: Tongue of the Glacier

Tidal Art Centre, Lund. First in a series of summer events at Tidal called "Ebb and Flow," all around the theme of water. Watch for other water themed events, shows, audio and films.

## July 15 to August 15

## **Group Show: Ebb & Flow**

Tidal Årt Centre, Lund. Part of a series of summer events at Tidal, all around the theme of water. Featuring work by Barbara Langmaid, Janine McLeod, Emma Morgan Thorpe, Claudia Medina, Sosan Blaney, Megan Dulcie Dill, Prashant Miranda, Jeanne Mitchell, Ron Bignell, Annie Robinson, Stefanie Dueck, Ryan Mathieson, Jude Abrams, Terry Brown, Donna Lytle and others.

## Saturday, July 16

## Vintage vehicle Show and Shine

Noon to 3:30 in front of the Patricia Theatre.

## Saturday, July 23

### **Texada Artists Market**

10 to 3 pm at the Texada Home and Garden Centre.



## Tongue of the Glacier • Tidal Art Centre

Cortes Island artist Judith Williams brings decades of observing the effect of human-caused climate change on land and water in Bute Inlet and elsewhere, to this exhibition at Tidal Art Centre (see above). The UBC professor emeritus has previously shown work at the Vancouver Art Gallery, the UBC Museum of Anthropology and elsewhere, and has published extensively on water systems and climate change.

"I made paintings on pH neutral watercolour paper with the collected water alone (see left) to make whatever mark, tone or figured area it could," she wrote. "I included in the series an 'oil painting' made with the inlet water's unique marine lipid known as Bute Wax, because it's property of extending over and into a surface indefinitely, and the mystery of its undiscovered inlet storage location and natural creation mirrored the unpredictable and evolving nature of the fjord. Each water collection focused my attention acutely on the location and its inhabitants, and the small paintings acted as keys to the history and prehistory of the site."

## LEARN **AND PARTICIPATE**

## Tuesday, July 7

## Library's 5th anniversary

Cake on the patio at 11:45 am, a Friends of the Library booksale (2 pm – 5 pm), and a demo of our fun robots and tech boxes in the MakerSpace, including green screen!

## Wednesday, July 6

## Community Conversation on Health & Housing

5:30 to 8:30 pm, See Page 71 for registration info.

### July 14

## Fiddle workshop with Jocelyn Pettit and Ellen Gira

4 pm workshop, 6 pm jam, 8 pm show. All at the qathet Art Centre. Hosted by Serena Eades (see ad on the previous page).

## Saturday, July 9

## Community Conversation on Health & Housing

Noon to 3 pm. See Page 71 for registration info.

## Saturday, July 31

## Texada Library Book Sale

11 am to 4 pm, the Library parking lot in Gilles Bay

## August 7

## Fiddle workshop with Gordon Stobbe and JJ Guy

12:30 workshop, 2:30 dance. qathet Art Centre. Hosted by Serena Eades (see ad on the previous page).



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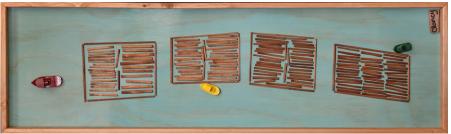
Voted the qathet region's #2 best gallery. Come visit to find out why!



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**THE SEA & THE WOODS & A COMET:** Artist Clancy Dennehy will light up Townsite this July with his wood and Christmas light bulb sculptures.

# Off-the-wall: sing and dance your way through this month-long Nova Scotia-inspired art show

## BY CLANCY DENNEHY

call this July art exhibit 'Wood + Paint = Art', because that is the simplest, most direct way to describe it. I start with an idea – cut shapes out of wood, paint them and stick them together.

During my time at the Nova Scotia College of Art (1980's), I focused on photography, film and audio work, which is what I did for a living in Vancouver up until the pandemic hit. My digital media career involved lots of screen time and I wanted to do something tactile with my hands. I began creating art reminiscent of the rural folk art I had seen in Nova Scotia.

Very simple artworks that had an honesty and directness.

My initial subject matter were the ships and tugboats common to the Halifax and Vancouver harbours. Soon I began making scenes including the coastline, docks, industry and forested hills behind. My interest in this natural world of the West Coast, its Indigenous and industrial presence may be why my wife and I moved up to Powell River!

My main tool is the bandsaw and I find art supplies at Rona or Valley, but I use scrap wood and

## **WOOD** + PAINT = ART

**When:** July 1 to 30, Thursday to Sunday 3 to 7 pm or call for appointment 604-251-6327. Plus events (see below).

**Where:** Crucible Gallery in Townsite Market, across Ash Ave. from Townsite Brewing.

**What:** Clancy Dennehy's art and event show, featuring guest musicians and dancers (including butoh), and plenty of opportunity to join in the fun.

**Friday, July 1:** 8 pm -opening party - Butoh Dance performance with Metal Dog followed by Dance Party

**Saturdays, July 2 to 30:** 8 pm – Clancy's singalongs. Clancy and Caro have a live band and lyric sheets so you can sing along to classic songs by the Beatles, Neil Young, Cat Stevens etc...

**Fridays, July 8 to 29:** 8 pm – dance performance followed by dance party. Choreography suggestion: write your name in the air with your butt – to the beat – repeat! Our playlist includes rock, funk, soul and some EDM – flexible – depending on the mood.

For details, see the Performance listings on Page 54.

leftover paint whenever I can. Recently scanning the PR Facebook buy + sell, I bought some vintage Christmas lights to put up – but I came home with far more than I needed – so to use up these beautiful vintage bulbs I made light sculptures to hang in the window facing outside, so even for those who'll never enter an art gallery... there will be a Las Vegas lightshow for ya'll to see across the street from the Townsite Brewing patio – or 24/7, from the safety of your truck.

All the art on display (and earlier works), can be seen on my website (art.clancydennehy.com) – but because it's so three dimensional, it's a lot more fun to experience it up close. A few pieces will be for sale – but come August most of this retrospective will be going back on the walls of our own house.

Since we have the gallery for the whole month of July – each Friday night we are going to present a short modern dance performance by my wife Caro – (a dancer), followed by a dance party – and each Saturday night – there will be a feature solo artist musical performance followed by a sing-a-long. No admission fee – Townsite beer available at cost.

Drop by and say hello – stay and have some fun! ¶



For movie schedules, visit our website or see the events section in this issue  ${\tt PATRICIATHEATRE.COM \cdot 604-483-9345}$ 

## **Powtown Shakedown Festival**

July 29-Aug 1 at Palm Beach

Music festival raising money for Powell River Hospice Society powtownshakedown.ca



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Dives at: 10:30am | 1:00pm | 3:00pm Both Days All AIR required for diving is FREE courtesy of Salish Sea Dive

Saturday, 11am-4pm | Sunday, 9am-12pm

Meet the amazing artist and get your personal signed photograph of the beautiful Mermaid with sculptor Simon Morris

Saturday - 6pm - Dinner at The Shinglemill Incredible local cuisine, private tables and phenomenal live entertainment

Dress code is smart casual.

Proceeds from the fundraiser will support Canuck Place Children's Hospice programs

Get your tickets at:

www.canuckplace.org/jasper-mohan-dive-and-dinner

## WHAT'S **UP**



A VAST CANOE STARTS WITH A SINGLE ADZE STROKE: Joe Martin, canoe carver and author of Making a Chaputs (see below), is coming to gathet August 5. One chapter of his book is about gathet's 2017 Hehewšin (The Way Forward) Reconciliation Canoe Journey Project, which Joe was involved in. The PRPL event may involve fresh bannock. Photo by Phil Russell, Courtesy of the Royal BC Museum

## Celebrate gathet's Hehewšun Reconciliation **Canoe Journey appearing** in a new book

Nuu-chah-nulth canoe carver Joe Martin has released a stunning new book in collaboration with former Museum curator Alan Hoover called, Making a Chaputs: the teachings and responsibilities of a Canoe Maker. The book is a described by the Royal BC Museum, who published the title, as a "rich visual testament to the practical and cultural power of the dugout canoe, balanced in its description of meaning and method."

Residents in our community including the 1000 + students who were part of the process will recognize Joe Martin for his contributions to the Hehewšın (The Way Forward) Reconciliation Canoe Journey Project in 2017 down on Willingdon Beach. A whole chapter is dedicated to this initiative with photos of familiar faces beginning the work of meaningful action and conversation in our community.

The library is pleased to announce that Joe Martin will be presenting his book and his wisdom at the Evergreen Theatre on Friday, August 5th at 5 pm. The canoes will be on display and members of the Hehewšın group will

welcome and thank Joe for sharing with us.

If you are unfamiliar with Joe Martin's legacy, the documentary λa?uukwiath Dugout Canoe is available on CBC Gem and the Knowledge Network, and he is featured in an episode with outdoor survivalist Ray Mears in the TV show "Northern Wilderness."

Please note that the event is free, and everyone is welcome. Copies of the book will also be available for purchase at the event, or to borrow from the library. For more information, contact Adult Program Coordinator Mark Merlino at mmerlino@prpl.ca.

- Natalie Porter

## Do you have a memory of the mill? Submissions accepted til Sept. 1

Thank you to everyone who attended the Memories of the Mill Launch Event at the Museum on June 10th! We can't wait to read all the stories you submit to this memoir anthology project, and share them with the rest of the community.

For those of you who missed the event, you can pick-up guideline packages at the Library and the Museum. You have until September 1st 2022 to submit your mem-

## FILMS AT THE PAT

## **July 1-7**

## **Elvis**

7 pm nightly. Matinees 1:30 Sunday and Thursday at the Patricia Theatre. A dazzling look at an iconic figure powered by exhilarating direction and cast! Rated PG. Running time 2hr 37min.

## **July 8-11**

## **Everything Everywhere All At Once**

(back by popular demand!) 7 pm nightly, 1:30 pm matinee Sunday at the Patricia Theatre. Incredible acting, stunning visuals, and a really deep, powerful story — Everything Everywhere All at Once has it all. Rated PG. Running time 2hr 20 min.

## July 12-14

### **Petite Maman**

7 pm nightly, 1:30 pm matinee on July 14th (Bastille Day!) Lovely and delicate, compact fable (73 minutes long) touched with sheer magic. For all to enjoy. Rated G.

## July 15-21

## Minions: The Rise Of Gru

7 pm nightly, 1:30 pm matinee Sunday. A feel good dose of bad behavior-fun for the whole family! Rated G, Running time 1 hr 28 min.

## July 22, 23, 27 & 28

## Phantom of the Open

7pm nightly with a 1:30pm Thursday matinee on the 28th at The Pat. Led by a stellar performance from Oscar Winner Mark Rylance, The Phantom of the Open tells the refreshingly under-told true story of an amateur player that let nothing stop him from etching his name into golf history.

## July 24, 25, 26

### Fireheart

7pm nightly with a 1:30 Sunday matinee at The Pat. A celebration of courage, teamwork, family, and empathy, this is a splendid animated adventure.

oir to the Museum by sending your document to jysevigny@powellrivermuseum.ca.

As mentioned at the launch event, our hope with this project is to celebrate the amazing accomplishments of Powell River as a mill town, demonstrate people's connection to land, as well as an opportunity to share difficulty, hurt, pain, and or marginalization. All stories are welcome.

Not only will this anthology serve as a community memory project to be held at the qathet Museum & Archives for future generations to access, but this project is also an opportunity to connect with other individuals in the community who may share similar experiences to you.

Finally, big thank you to the First Credit Union, for supporting and sponsoring this project.

- Joëlle Sévigny

## The times, they are a possibly changin'

The Joint Working Group on the City of Powell River's possible name change process is preparing their report to City Council and Tla'amin leadership. Watch Council agendas for more information: powellriver.ca/pages/agendas.

The consultant's report will be made public and published on the City's project webpage: powellriver.ca/pnc.

- Lisa Moffatt

## Swim for MS

This August, Susan Simmons plans to swim from one end of Powell Lake to the other to raise funds and increase awareness for Multiple Sclerosis (MS). If successful, she will become the first known person to swim the 50-kilometre lake.

The Victoria based resident, who was diagnosed with MS 27 years ago, has planned a couple of tentative dates – between August 4 to 7 and 18 to 21 – to do the swim. This won't be her first swim for MS, Su-

san swam the Strait of Juan de Fuca in 2017 to raise money to start the non-profit MS Wellness Centre.

"I find myself again concerned about the impact of isolation on people living with MS," Susan wrote on her blog. "COVID-19 led to a pause in community programs and many of these programs have now ceased. In Victoria we are fortunate as the Wellness Centre has managed to keep people connected virtually and the occasional outdoor activity. Other communities however, where people once gathered to support one another, have not fared as well. Friends have been disconnected from each other for more than two years with no clear path to reconnect."

"This year, in an effort to bring the MS community in Powell River together and raise funds for programs in (Powell River), I will be attempting to swim the length of Powell Lake in the traditional territory of the Tla'amin Nation. The swim will start at the north end of the lake and end approximately 24 hours later at Mowat Bay Park. To my knowledge this is a pioneer swim; there are no known attempts," she said.

Contributions to programs for people living with MS in Powell River can be made at: canadahelps.org/en/charities/ms-wellness-centre-association-of-van-couver-island/

## qathet Waste Wise App

A free app to deliver an improved solid waste collection and education service to qathet area residents launched last month. The Waste Wise app, intended to improve waste management awareness, is downloadable from the Google Play Store and the Apple App Store and enhances the curbside reminder service that has been in effect since 2019.

Features of the Waste Wise app include collection calendars and reminders that will notify users through a push notification. It includes a tool that enables users to report a missed collection and the Waste Wizard sorting tool which provides users with answers about disposal and recycling.





Calling all food, craft, and other vendors!

Register with Alexandra at ayoung@powellriver.ca







6 to 9 pm June 30 to September 1 Westview Terminal Pier ayoung@powellriver.ca

## SWAPS, SALES & STORES

## Wednesday, July 6

## **Clothing Swap**

6 to 8 pm, Townsite Market. Bring your gently used and clean clothing, leave with a new wardrobe!

## Tuesday, July 7

## Library's fifth anniversary

Cake on the patio at 11:45 am, a Friends of the Library book sale (2 pm – 5 pm), and a demo of our fun robots and tech boxes in the MakerSpace, including green screen!

## Saturday, July 9

## Junk in the Trunk Sale fundraiser for CMAA Okinawa trip

9 to 1pm, by the Canadian Martial Arts Academy on Joyce.

## July 16

## **Great Townsite Garage Sale**

9 am to 1pm, followed by the first ever Townsite Day (see below for details.)

## Saturday, July 16

## Grand Opening - Two Wheel Tech

1am to 3 pm, 4500 Manson Ave.

## Saturday, July 23

## **Texada Artists Market**

10 to 3 pm at the Texada Home and Garden Centre.

## Saturday, July 31

### Texada Library Book Sale

11 am to 4 pm, the Library parking lot in Gillies Bay.

## FARMERS & ARTISAN MARKETS

## **Saturdays and Sundays**

## PR Farmers' Market

10:30 to 12:30 Saturdays, 12:30 to 2:30 Sundays, at the Farmers' Market. 4365 McLeod Road - just off Padgett.

## **Saturdays**

### 32 Lakes Market

9 to 3 pm, beside 32 Lakes on Marine. Gathered Farm and local artisans.

## **Sundays**

## Texada Island Farmer's Market

Noon til 1:30 pm, Gillies Bay ballfield.

## **Sundays**

### Mini Train at the Farmer's Market

12:30 to 2:30 Sundays, at the PR Farmers' Market. By the Powell River Forestry Heritage Society.

## **Tuesdays**

## Savary Island Farmer's Market

Starting June 28. 11 am to 1 pm.

### Wednesdays

## **Uptown Midweek Market**

4:30 to 6:30 pm, outside the CRC on Joyce Avenue.

### **Thursdays**

## **Thursday Night Markets**

6 to 9 pm, Westview Terminal Pier.

## **Great Townsite Garage Sale & all-new Townsite Day •** July 16

Building off of The Great Townsite Garage Sale Day, Townsite Day is a full day of fun and activities for the whole family, all around Townsite.

Start your day out by attending the many garage sales scattered



## Townsite Day

## Sat. July 16

Garage Sales: 9 am-1 pm Street Fair: 1 pm-5 pm

Garden, and wander through the

around the neighbourhood. Find some cool treasures from other people's attics, admire the gardens and houses, or just chit chat with the people – the garage sale is always a fun way to connect! If you ride your bike, you can use some of the newly maintained trails through the Old Golf Course.

Then, move down to the commercial heart of Townsite where you'll find food, music, games, activities, and all sorts of fun for everyone! The streets at Walnut and Ash will be closed off for the afternoon. Check out the skateboarding station run by Townskate where you can get free instructional sessions for beginners or show off your skills (demo boards available – just bring a helmet!). You can also participate in The Amazing Race: Townsite Edition, enjoy the kids activities in Catnip's

Townsite Market to see what all the vendors have on offer. There will also be a display with info on the proposed changes to the Townsite commercial core, so be sure to stop by and see all the exciting new ideas!

Get your fill of local food and coffee at any of the amazing food vendors, dance to some music, and wander up to The Patricia Theatre to see Canada's oldest continuously operating theatre and check out a screening of American Graffiti, or grab a snack from their concession stand. Pop into Townsite Brewing to grab a drink, relax in their garden, and then pick up some dinner from That Chicken Place, Royal Zayka, or Convenient Chef to take home with you.

- Kate Dryden





qathet Regional Emergency Preparedness



## GET READY STAY READY



## **Know your hazards**

Knowing the hazards that may pose a risk to you or your community will help you prepare for an emergency. The qathet region can experience a variety of natural and human-caused hazards. Here are the top three:

Wildfire – You may have to evacuate immediately when a wildfire comes close to your home. Prepare a Grab and Go Bag. Keep your vehicle's gas tank at least half full, or arrange a ride with a friend or neighbour in case you need to evacuate on short notice. Reduce wildfire risk by making your home and property FireSmart.

**Earthquake** – A sizable damaging earthquake may require you to shelter-in-place or evacuate. Prepare a home emergency kit with food and water for each household member. Practice earthquake drills – Drop, Cover, and Hold On!

Severe Weather – Weather events, such as high winds, heavy rain, or extreme heat, may cause you to evacuate or shelterin-place. Severe weather often causes a loss of power. Prepare an inventory of items requiring electricity and backup power sources for critical items.

Sign up for the Community Notification System



Scan this code to sign up for alerts

## Don't wait until it's too late

Please contact emergency@qathet.ca for more information.

























## **Retired RCAF tech piloted Texada's** destination as an AeroSpace hub

he Texada AeroSpace Camp Project is the collective name of the Texada Annual Fly-In and the Texada AeroSpace Camp. The events are administrated and sponsored by the Texada Arts, Culture & Tourism Society.

In 2007, a Fly-In was organized at the Island's airport and it became instantly popular. The next year over 70 airplanes flew in to the little airport. Residents and visitors loved the idea and it was deemed to become an annual event.

From the increased interest, a suggestion to include youth at a special aviation camp was forwarded.

The first AeroSpace Camp was held in 2009. It too got rave reviews. In 2017, the Texada Aviation Museum was established at the AeroSpace Han-

I (Doby Dobrostanski) have somehow always been involved or in contact with or in aviation; from age four, (lived on decommissioned RAF bases in the UK), joined the Royal Canadian Air Cadets, then the RCAF as aircraft technician.

In grad school I studied aerospace and aviation as cultural systems, flew sailplanes for fun, worked later as an aviation tech writer, and then joined the Canadian Aviation Artists Association.

## How did you get involved with the Texada AeroSpace Camp Project?

Doby • I suggested and convinced Texada Arts, Culture and Tourism to provide the organizational and administrative horsepower to help establish and support the annual event called "Texada Annual Fly-In" in 2007. Other events and developments culminated from that one event. It now consists of the Texada Annual Fly-In (2007) Texada AeroSpace Camp (2009), and the Texada Aviation Museum (2017). Now, all these are popularly called the "Texada AeroSpace Camp Project".

## What attracted you to this organiza-

Doby • My interest in aviation and desire to introduce it to others.

## What part of the work is the most satisfying?

Doby • Pretty well all of the parts of the project, but especially organizing and running the camp.

## What part of the work do you find the most challenging?

Doby • Finding the time to wear all the

What do you wish other people knew about what the Texada AeroSpace Camp project does?



PHYSICS FOR KIDS: This will be Doby Dobrostanski's 14th year (minus COVID) teaching an intensive week of aerospace science and hands-on skills.

Doby • How positively it affects youth to become involved in such a wide science as aerospace. The camp changes kids. I believe our "hands on" education is very effective and has a lasting effect.

## Had you been involved in charitable or caring work before?

Doby • I helped with organizing some sports charities while in the Forces.

## What got you started?

Doby • Interest in helping, camaraderie with others of the same interests.

## How has Texada AeroSpace Project changed your life?

Doby • Great and many new friendships... also the project has given me some new personal goals and most of all confidence in how well people can work together when they genuinely share the same passions.

## Do you bring any unique skills to this organization?

Doby • I think I have a creative bent and some good ideas.

## Have there been benefits from volunteering with this agency that you didn't expect?

Doby • There have been many benefits. One of the greatest rewards is when youth return to say or send word that they are doing better in school, or have become involved in aviation in some way as a result of having attended this camp.

## What would you say to other people who might be thinking about volunteering?

Doby • Don't wait or try to figure. Just go for it, full bore! **L** 

## Where you bank makes a difference.

First Credit Union is a values-based financial cooperative driven by a vision to build financially healthy communities. We help develop socially, economically, and environmentally sustainable communities. Every dollar you borrow and every cent you deposit supports donations, sponsorships, scholarships and community programming.

## Find out more about how we make a difference at firstcu.ca/blog



## Some of the ways we had an impact in 2021:



Awarded in scholarships



## Sixty-three non-profit leaders



attended governance & leadership workshops



of GHG emissions offset through Great Bear Rainforest carbon credits



\$50,000

Electric car charging stations installed in our Powell River (Joyce) location



### \$7,500

In sponsorships to send youth to co-op leadership camps

## TEXADA **EVENTS**

## **Sundays**

### **Texada Island Farmer's Market** Noon til 1:30 pm, Gillies Bay ball field.

## **Wednesdays to Sundays**

### Texada Island Museum

Open 11 am to 4 pm daily except Wednesdays 10 am to 2 pm. Masks recommended.

## Saturday, July 23

### **Texada Artists Market**

10 to 3 pm at the Texada Home and Garden Centre.

## **July 27 to 30**

## Aerospace Camp on Texada

See stories below and left.

## July 30

## Texada Fly-In Fling

Music, food and more. Costumes are welcome, and there are door prizes and prizes for best costume.

### July 31

## Texada Fly-In

A traditional pancake breakfast, followed by a BBQ lunch, contests, car, plane and bike show and shine, flight demonstrations, skydivers and just plain old fun.... all day. At the Texada AeroSpace Camp Hangar / Texada Aviation Museum and Library / AirBuzz flight simulator.

## August 6 & 7

## Texada Blues and Roots Festival

See more on Page 55 and ad on Page 56.



**THEY'VE GOT THE BLUES:** Scout Mountain Bluegrass Band plays the Texada Blues & Roots Festival August 6 & 7. See Monica Behan (Fiddle and Vocals), Bill Smith (Banjo and Vocals), Max Pagani (Mandolin and Vocals) and Murray Smith (Bass), alongside many other talented locals. See Pages 55 & 56 for more.

## Texada Aerospace Camp gives youth wings

he pilot straps into the Beech-craft King Air's captain's seat and stares intently down the 10,000 foot runway at RCAF Comox. She grasps the control column with determination, turns to the co-pilot in the righthand seat and nods. He pushes the throttles forward.

She is 10 years old. He is 13.

The whine of the twin turbine engines and the sound of tires rolling over the concrete invades the cabin. Vibrations and mechanical sounds add to the cacophony. She monitors the array of engine gauges and flight instruments display the change from static to very active! Airspeed increases as the plane rises off the runway... the noise of tires on the ground stops.

The view of the runway's end abruptly changes as the nose of the plane sweeps upward. After a few manoeuvres in the air, the pilot in command

barks her litany of specialized aviation jargon. A radio voice acknowledges. In a moment it advises her landing instructions. The flight is nearly over. She lands and smiles quietly at the instructor standing between the seats. He gives here the time honoured "thumbs up"; she passed the flight test.

They are flying the famous AirBuzz Mk ll Flight simulator located at the Texada AeroSpace Camp's Hangar at Texada's Airport.

Every year, youth between 10 years old and 15 attend the unique classes. There they learn the basics of flight, fire off rockets, learn to cut, drill and rivet metal, and much, much more... This year the Camp is held from 27th to the 30th of July. Registration applications are available online at texada.org.

- Doby Dobrostanski

## 2022 problems?

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1. Do you have family in need of housing?
Aging parents?

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We have lots of experience creating lane houses, carriage homes and garages in tight situations. When finesse is required, think **Westward Coastal Homes.** Also think of them for renovating your unfinished basement into a suite or rental.



2. Is climate change impacting your home?

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3. Do you want to make your current house work better for you and your family?

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Follow Jeremy Hayward on Instagram: @westwardcoastalhomes or Facebook @westwardhomes

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westwardcoastalhomes.com

©

# 5 things to do on Savary

## BY KATHLEEN HAMILTON

I had the privilege of a childhood full of long Savary summers.

Every May, my parents would jam pack their Dodge Caravan with Rubbermaid bins, pets, me, and my innumerable siblings, then drive up the coast from our home near Horseshoe Bay to the van's summer resting place at the end of Highway 101.

We were the talk of the dock every year when the small army that is my family showed up at the Lund Water Taxi, headed for the family cabin on Savary with what looked like enough supplies to house and feed the island's entire population.

My embarrassment aside, it was those trips up the coast that inspired my dream of one day making the qRD my permanent home.

Years later, in late 2020, my husband and I set out to make my dream a reality. We packed up our little family and moved from Edmonton to that same family cabin on Savary Island—"just temporarily", we said, "until we find that perfect, affordable house to grow into in nearby Powell River." And so, for reasons I probably needn't explain, we are still living in my parents' cabin on Savary, for now.

And, of course, we really can't complain.

Oncoming daytrippers and weekenders often ask me what they should do



**THE VIEW FROM SOUTH BEACH:** This is where most of the action is on Savary Island, and you can see why with the iconic beach experience - sand for miles and good swimming.

Photo by Kathleen Hamilton

while they're here. So here is my top five list of things to do on Savary, all of which can be accomplished without a motor vehicle, starting right from the wharf.

Please note that all of the walking time and distance approximations listed here are for one-way travel.

## **Lounge on South Beach**

(just under 1km)

If you're looking for that iconic 'white, sandy beach' experience, a great place to swim, and you don't mind spending time in a pretty happenin' spot, head to South Beach. Take a left from the wharf onto Malaspina Promenade, then a right up Townley Walk. Once you've conquered the Townley Walk hill, you'll find the trail down to South Beach. Warning: the trail is narrow and steep.

## Walk to the 'north side'

(20+ minutes minimum, depending on tides, walking speed, and how far you want to go!)

In my opinion, Savary's northern coast has some of the most breathtak-

ing scenery the island has to offer, and is a great place to spend time if you're looking for a little more seclusion. If a long walk on the beach sounds appealing to you, take a right from the main wharf and simply follow the coastline around the First Point sand dunes.

The north side is also great for clam digging, but make sure to check in with the BCCDC to ensure that shell-fish are safe to harvest and eat at the time of travel.

If you make it far enough north to see her, say hi to the little green mermaid sunning on a rock. And if you get hungry, stroll on up the Mermaid Beach trail to the Mermaid Cafe (on Vancouver Blvd, just south of the Mermaid Beach trailhead; about 5 km from the wharf via road). They serve up charcuterie, nachos and some of the best darn pizza I've ever had. Summer hours are noon-8(ish) pm, daily.

## **Savary Island General Store**

(just over 0.5 km)

Thirsty? Feeling peckish? Take a right from the wharf and follow Vancouver Blvd up 'the big hill.' Moments later, you'll come across Riggers Restaurant (open intermittently) and next to it, the General Store (open daily all summer). Bruce and Gail have owned and operated both establishments for decades. They serve ice cream, off-sales, Gail's homemade baking, coffee, snacks, fresh produce, dairy, Savary merchandise and groceries

## **Savary Island Fair Trade**

(1 km)

A short stroll down the road from the General Store is Savary Island Fair Trade, located near the corner of Brian's Way and Vancouver Blvd (look for signs). Say hello to Copper, SIFT's lovely Owner Operator, and 'sift' through her magical collection of local art and certified fair trade imported artisan goods. Open daily from 11 am – 3 pm, all summer.

## **Stroll to Indian Point**

(approximately 8km)

Savary makes for a brilliant biking, hiking or jogging getaway. It's long and narrow, so it's relatively easy to avoid getting lost. And bonus: there are no bears or cougars here! Head right off the wharf, head up 'the big hill', and follow Vancouver Blvd until you reach a fork in the road. Continue left along hilly Vancouver Blvd all the way to Indian Point, the island's westernmost tip, or keep right to follow Savary Island Road for a quieter, more coastal route. Explore forested side trails along the way, or stop for breaks wherever you see beach. There's no coastline here that isn't worth explor-

Just remember: There's no garbage disposal or removal on Savary (pack it in, pack it out!), book your water taxis in advance, respect local sidewalks when parking in Lund, or visit lundparking.com if you don't mind paying. If you'd like to rent a bike while you are here, call the Savary Island Bike Shop at 604-483-7771 for details. Happy summer!



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Texada Artists' Market
Saturday, July 23rd
10 to 3 pm

at Texada Home and Garden
3629 Gillies Bay Road



## Savary's 20th annual fun triathlon welcomes youth & non-swimmers too

## BY LOUISE HARDING

he Savary Island Fun Triathlon is a family-oriented community event that has supported the Savary Island Volunteer Fire Department since 2000.

The 20th annual event will be Sunday June 10 at 9 am starting at the main wharf. First time triathletes, relay teams (each member taking on the swim, bike or run), or seasoned athletes are welcomed!

The race spans the length of the island with a 700m swim, 10km bike, and 5km run, wrapping up at the main firehall.

Not a strong swimmer? In the "recreational" race category, you will run waist-deep in the water instead. For the first time this year, shorter race course alternatives will be provided

for kids aged 10-15!

Online registration will be available one or two weeks before the event, so keep an eye on savarytriathlon.wixsite.com/info and facebook.com/savarytriathlon.

This event would not be possible without generous support from Steve Mattina and Karen Warrendorf at the Running Room, the First Responders and the Volunteer Fire Department, and our other amazing volunteers. It is organized by Louise Harding (savarytri@hotmail.com). Please reach out if you can volunteer! If you are coming over from Powell River, make sure to book your spot on an 8 am water taxi from Lund in advance.

Check out more amazing photos of the 2019 triathlon by Andrew Bradley at: flic.kr/s/aHsmFkF6b8 **L** 

## SAVARY ISLAND & LUND EVENTS

## Tuesdays

Savary Island Farmer's Market Starting June 28. 11 am to 1 pm.

## July 1 to 14

## Judith Williams Solo Show: Tongue of the Glacier

Tidal Art Centre, Lund. First in a series of summer events at Tidal called "Ebb and Flow," all around the theme of water. Watch for other water themed events, shows, audio and films.

## **Mondays through July**

## Dawson & Renelle in concert at the Boardwalk Restaurant

5 to 8 pm, in Lund.

boardwalkrestaurantpowellriverlund.com

## Saturdays through July

## Roger Langmaid in concert at the Boardwalk Restaurant

5 to 8 pm, in Lund.

boardwalkrestaurantpowellriverlund.com

## Sundays, July 10, 17 & 31

## KP Duty in concert at the Boardwalk Restaurant

5 to 8 pm, in Lund.

boardwalkrestaurantpowellriverlund.com

## Thursdays July 7, 4 and 21

## Pat Buckna in concert at the Boardwalk Restaurant

5 to 8 pm, in Lund.

boardwalkrestaurantpowellriverlund.com

## Fridays July 1 to 29

## Old Enough to Know Better in concert at the Boardwalk Restaurant

5 to 8 pm, in Lund.

boardwalkrestaurantpowellriverlund.com

## July 10

## **Savary Fun Triathlon**

(see left)

## July 15 to August 15

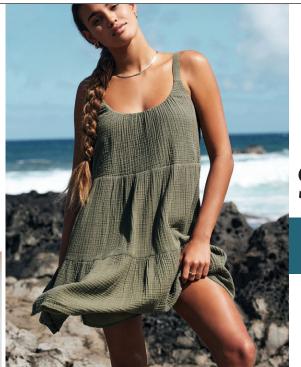
## **Group Show: Ebb & Flow**

Tidal Art Centre, Lund. Part of a series of summer events at Tidal, all around the theme of water. Featuring work by Barbara Langmaid, Janine McLeod, Emma Morgan Thorpe, Claudia Medina, Sosan Blaney, Megan Dulcie Dill, Prashant Miranda, Jeanne Mitchell, Ron Bignell, Annie Robinson, Stefanie Dueck, Ryan Mathieson, Jude Abrams, Terry Brown, Donna Lytle and others.











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The cure for De

the common

curtailment

ou need a home income of \$126,000 to afford an average family home of \$802,075 to live

Median household income is \$53,056 in gathet. This is in Pieta Wool-

ley's lead for her outstanding 'The cure for the common curtailment' article. Yes, Isabelle this is my takeaway from another great issue of your magazine.

The second is telecommuting, even though only 10% of new residents do it, is now an established reality in gathet because of our fibre optic network.

Thinking globally there is a massive pent-up demand for programmers and other IT workers. Recently Amazon doubled the maximum annual salary for entry level to middle level staff. It is now US \$360,000. Last week Microsoft doubled theirs, to stay competitive, to US \$325,000. WOW.

The City of Powell River's Resident Attraction Strategy is working. This is a fantastic place to live. I have lived here longer than any other place in my life. It certainly is about lifestyle choice and getting outside in the fresh air year round.

As a 'super tech' with over 65 years of theoretical and hands-on experience, I can say that girls and boys can find self satisfaction in many of the Internet and Internet of things

jobs available today. None of which existed when I started work. Conscripted into the RAF, at 18, they

> trained me in 1954 to be a radio technician then a year later to be 'digital electronic crypto equipment technician'. I was the most qualified technician to start work at England's first computer assembly plant. Our brain is marvellous in how it grows by observing, copying actions and remembering.

Individuals can learn to use it like you do your legs on a back-country trail, one step at a time. Learning about the Internet and the Internet of Things is NOT rocket science.

The City of Powell River and qathet RD now need to rethink how to increase the basic income of households by motivating residents to move into more rewarding big market demand, Internet and Internet of Things based jobs. Doing so means they can live here and double, triple, and quadruple income. They can telecommute from the best place in the world to live while they enjoy their lifestyle of choice to the fullest.

- Old Willum (Tom Hobbs)

p.s. The correlation between high productivity and national military spending of over 2% is interesting.





appointment online today!



604-578-8135 · 5-4313 Alberta Avenue vkwellness.ca **f (?)** @vkwellnessinitiative



SUMMER OF SKATE: At Townsite Day July 16, and each Thursday evening at Brooks Secondary, Townskate owner Tim Ladner is offering drop-in, free learnto-skate lessons. He'll also be teaching at Texada Skimboard Fest in August.

## WEEKLY **EVENTS FOR KIDS & TEENS**

## **Sundays**

## Mini Train at the Farmer's Market

12:30 to 2:30 Sundays, at the PR Farmers' Market. By the Powell River Forestry Heritage Society.

## **Mondays**

## **Early Years Summer** Program - South

10 to noon, Lang Bay Community Hall. Free activities for families with children ages 0-6. Contact tmctaggart@youthandfamily.ca for more info.

## **Tuesdays and Thursdays**

## Early Years "Let's engage" Summer Program

10 to noon, Willingdon Beach Pavilion. Free activities for families with children ages 0-6. Contact tmctaggart@youthandfamily.ca for more info. Starting July 12.

## Wednesdays

### Storytime with Alice

Drop-in 10:30-11:30 am, at the Family Centre Library. Stories, songs & games for ages 0-6 with an adult. Youth & Family, 7105 Nootka St. admin@youthandfamily.ca

## **Preschool Storytime**

10:30 to 11 am drop in at the Library.

## Youth Resource Centre club

1 to 3 pm, at Oceanview Education Centre. For ages 9 to 12. Registration is required. Contact Roberta by phone or text at 604-223-7046, or rwelp@youthandfamily.ca.

## Codespace

4 to 5 pm, Rotary Makerspace at the Library. Youth 10+. Join Ionatan Waisgluss to learn about coding, work on a digital escape room and other projects. Drop in.

## **Thursdays**

## Skateboarding drop-in

5:30 to 7:30 pm, with Townskate.

### **Fridays**

## Young Writers' Group

4 to 5 pm, Library. Youth 11+. Drop in.

## ONE-OFF **EVENTS FOR KIDS & TEENS**

## Wednesday, July 6

## **Clothing Swap**

6 to 8 pm, Townsite Market. Bring your gently used and clean clothing, leave with a new wardrobe!

## Tuesday, July 7

## Library's fifth anniversary

Cake on the patio at 11:45 am, a Friends of the Library booksale (2 pm - 5 pm), Summer Reading Club kick-off, and a demo of our fun robots and tech boxes in the MakerSpace, including green screen!

## Saturday, July 9

## Junk in the Trunk Sale

9 to 1pm, fundraiser for CMAA Okinawa trip at Canadian Martial Arts Academy.

## Saturday, July 9

## Museum in the Park

11 to noon at Willingdon Beach. Drop in. Put on by the gathet Museum.

## Sunday, July 10

## **Savary Fun Triathlon**

Run the island New youth category. See Page 65 for more.

## **July 12 to 15**

## Hands-On History Day Camp

At the gathet Historical Museum. 9:30 am to 3 pm daily, for 7 to 12 year olds. \$165. jysevigny@powellrivermuseum.ca.

## Saturday, July 16

## **Townsite Day**

Kids activities. See Page 61.

## **July 15-21**

## Minions: The Rise Of Gru

7 pm nightly, 1:30 pm matinee Sunday. A feel good dose of bad behavior-fun for the whole family! Rated G.

## Saturday, July 23

## Preschool Storytime at the Farmer's Market

11-11:30am, PR Farmers' Market.

July 24, 25, 26

### Fireheart

7 pm nightly with a 1:30 pm Sunday matinee at The Pat. A celebration of courage, teamwork, family, and empathy, this is a splendid animated adventure.

## **July 27 to 30**

Aerospace Camp on Texada See ad, below.

## Tuesday, August 2

## Oopsie, by Candy Bones Theatre

1pm, Library. Puppets, music, tap dance and physical comedy with visiting artist Candice Roberts. Contact Sonia at szagwyn@prpl.ca to register.

Note: Summer Reading Club at the Library offers many activities, but the cutoff for registration was July 4. Contact the children's coordinator, Sonia Zagwyn, for more info: szagwyn@prpl.ca.

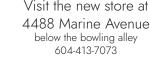
## ... and more

Several gathet Living magazine advertisers are offering daycamps this summer. They include: Recreation Complex day camps and swim lessons, including pre-lifequarding and lifeguarding (Page 29) • School District 47 offers secondary summer school; LEAP and a summer learning program for K to Grade 3, and a one-week Film School camp • The Museum is running two week-long day camps (Page 50) • Texada Aerospace Camp (see below) • PR Climbing Co-op is offering daycamps • Discover Creative Arts is offering week-long lesson • The Academy of Music is offering a Rock Band and Choir camp mid-July • Terracentric is running outdoor day camps, too.





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A Thought For The Day

"Truthfulness is the foundation of all human virtues."



~ Bahá'í Teachings



## TAKF **a break**

## Seasons of sound

omething I have enjoyed is listening to tellings of seasons outside of the common "Spring, Summer, Autumn, and Winter."

Cycle marking observations of familiar, and perhaps hyper-local happenings like the different kinds of rain, or how vellow hawkweed follows dandelions, or that blackberries linger the longest.

We might hear someone speak a memory, or place a story in time with reference to a personally noted season. Perhaps it was a boot sucked off a

foot by smelly, skunk cabbage filled mud, or how a full moon on Summer Solstice meant a whole night without darkness.

But what I love most is to hear of someone's complete set. It takes time in a place with careful noticing, and friends who forage, fish, hunt, grow, or travel our waterways are most likely to have them. Repeating cycles of "this" follows "that" is a powerful remedy to lean into when the rest of life feels unpredictable or unstable. It brings us closer to the natural world around us and keeps us engaged in wordless communication with "more than human" realms.

I have written previously on tracking such things as where the Sun sets or how constellations move over the course of a year, but finding closer, more personal seasons can be not only a balm for our soul, but also keep us acutely informed. Finding subtle



## **RETURN** TO REVERENCE

**JULIETTE JARVIS** 



shifts allows us time to respond and adapt to changes, even if imperceptibly.

I've been so taken with the concept of seasons beyond the big four, that over the past few years I have begun including sound alongside watching the plants and animals around our home. Instead of simply lovely in-themoment experiences, they are coming together into a fuller set that keeps me tuned into things even when I am inside. Rooster crows, robin songs, owl hoots and hummingbird buzz all tell me what time

of day it is. Sea lion barks and groaning came and went as usual, while rooftop rains have been more

Frogs didn't fill the nighttime soundscape as they did last year, but the young ravens surely are making their presence known again. There has been very little ping-ponging of tennis balls at the nearby court so far, but the high hum of mosquito clouds is more prevalent.

Soon there will be morning mowing, evening crickets, and for the first time in two years, music from a nearby annual festival. If sound is available to you, you might find a full set of cycles and seasons within them.

Juliette Jarvis offers sacred living programs online, devotional arts, and divination sessions. Find her at 3FoldBalance.com and SelkieSanctuary.com



Did you know that Marine Avenue boasts well over 40 small businesses? Take a stroll along Powell River's spectacular waterfront and shopping area.

Coffee · Food · Art · Books · Gifts · Soap · Tea · Candy · Games · Gourmet Treats Jewellery · Realtors · Clothing · Shoes · Scuba · Cafes & Much Much More!

Please Support Local Businesses! Follow Powell River Marine Stroll on Facebook







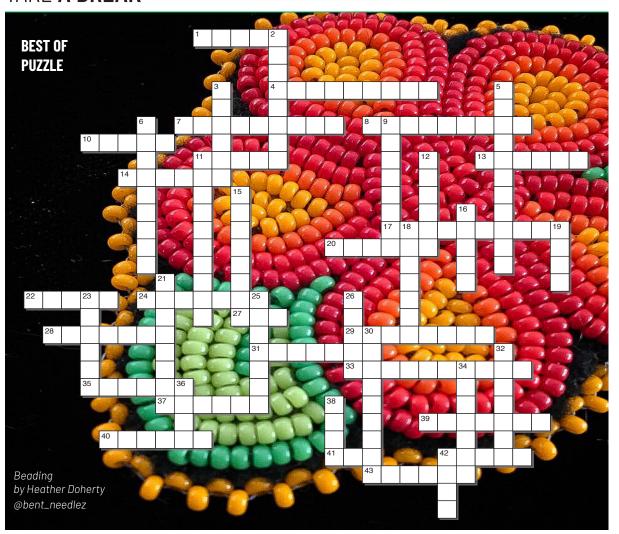
We love Powell River! Thank you for your nomination!

great place to meet



great place to eat

## TAKE A BREAK





## Todd Caldecott, RH(AHG), CAP(NAMA) Medical herbalist, Ayurveda practitioner

egistered professional member of the American Herbalists Guild and the National Avurvedic Medical Association

- 25 years clinical experience
- general practice, specialities include digestive, immune, metabolic, mental, and reproductive health; chronic inflammatory disorders
- provides detailed protocols reviewing nutrition, herbs, supplements, and other modalities
- in-person and online consults, compounding herbal dispensary and clinic in Wildwood
- employed, under-employed, and free pricing

appointments at toddcaldecott.com, 778-896-8894





### **Across**

- 1) Holy best burger!
- 4) Best pizza, annoying photographers
- 7) Lake neighbourhood
- 8) Lovely best hike
- 10) Sing, or top volunteer
- 11) glass spheres
- 13) \_\_\_\_ Majella, church
- 14) Burglars and bird helpers
- 17) singing together event
- 20) Misplaced tropical isle
- 22) Best clothing not thin
- 24) Travellers' nemesis
- 27) Best mechanic
- 28) ice cream and golf
- 29) attention, price for loan
- 31) Landlocked sockeye
- 33) Hiker's cabin or violin nut
- 35) Best souvenir brings bee game
- 37) 2nd best cycling death trail
- 39) PR nickname, shakedown
- 40) Forest, best massage
- 41) Best bank isn't a bank (acr)
- 42) Stone cold best realtor 43) Best dressed recently moved

### Dow

- 2) Consumers, pharmacy
- 3) Wildwood input to winning wine
- 5) Best gas
- 6) Best fish & chips on, not under
- 9) Best farm gate
- 11) Thorny fruit
- 12) PRO's number of years
- 15) Aerial edge performance
- 16) Calrissian, or shakedowner
- 18) Best gallery
- 19) Book lover, or catchy song
- 21) Best patio
- 23) Artist, feline frenzy
- 25) Salmon traditionally in
- 26) Charlie's cry, Westview's point
- 30) Won't you be my
- 32) Best beach
- 34) Crazy best campground
- 36) Change or same, will it smell as sweet?
- 38) Sport is 100 years old here
- 42) Library charge, just okay

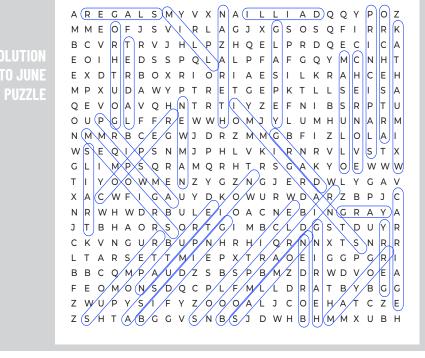


A life without love is like a year without summer.

- Swedish Proverb



Townsite Public Market, Lower Floor • 11 to 5 Tue to Satowlandbearpr@gmail.com • 604-413-4064



## Do you provide health services in qathet?

Contact Sean Percy before September 7 to get your free listing in *ZEST* magazine/directory.

sean@prliving.ca or 604-485-0003









**LAST** WORD

**ABBY FRANCIS** 

In qL's 2022 "Best of gathet" contest, the top three alternative names for the City were 'gathet,' 'tisk<sup>w</sup>at,' and 'Powell River.'

However, all three of these names are boring.

If the City were renamed to 'qathet,' both the Regional District and City would be in the same position they were in four years ago; confusion between City and Regional District – the very reason why the Regional District changed its name in the first place.

tiskwat came second. tiskwat would be a great possible name for Townsite, but not fitting for the whole City. For one, tiskwat was the very place Tla'amin had been removed from, second it is the newly established name of the town's beloved mill, which now lies empty, tisk<sup>w</sup>at has a lot of heavy feelings behind it, and because of that, it does not represent the City

The response that came in third was "Powell River" or "Keep it Powell River."

Really?

The City has an opportunity to change its future-not its past. Naming something is exciting, whether it's a baby, a pet, or a car, and I mean how often do you get to name an entire city?

I'm sure we can do a lot better than 'Powell River.' To prove that we can come up with better names, I read through Tla'amin's traditional place names; names we currently call lakes, bays, mountains, creeks, and rivers today; considered different wildlife species in qathet; and asked friends what they thought would be a good name.

Here are my top three alternative names for Powell River.

Welcome to the City of Little Whale, BC.

A logo could feature the City's current colors of yellow, blue, and green and instead of the sun and mountains, there could be little green trees and an orca jumping out of the water, maybe a salmon too. The orca and salmon could be in a Tla'amin art style and collaborated on with Nation artists.

I found the name 'Little Whale' after looking at Tla'amin place names for different areas in gathet; Stillwater was known as Qwoqwness, a Tla'amin and shíshálh word for 'little whale.'

The reason why 'Little Whale' would be a great name for the City, really comes down to a platform this town lives on: Facebook.

Throughout the year, summer especially, there is always someone who posts to one of the many community groups, letting people know that there are "whales out front!" Whether it be dolphins, orcas, humpbacks, gray whales, or other porpoises, whale watching is something that brings the community together.

Another reason why 'Little Whale' works great is because there is a Tla'amin translation, meaning the spelling of little whale in Tla'amin can be displayed on signs, or logos etc.

Little Whale - Owogwness represents the community's kindness, acknowledges Tla'amin language, and represents an animal rather than a person. Still not convinced? Little Whale has French spelling too: Petite Baleine.

The qathet region brings tourists in because of its many lakes, rivers, mountains, and well forested watersheds; indeed, our City is currently named after one of these very rivers.

While Powell River and Powell Lake are arguably the most popular spots in the summer, 'Powell' is hurtful. So what are our other options that keep that geographical sense?

Well, the second most popular spot seems to be a mountain range... the Knuckleheads.

The City of Knuckleheads, a light-hearted name, after a popular geographical place. But 'Knucklehead City' would be offensive to some folks.

In that sense, Knucklehead City is kind of like the name Powell. Sure there's no intention behind 'Knucklehead' to insult anyone - it's just the name of a mountain range, but to others it is an insult and it makes them feel uncomfortable. Because of this, naming the city after the Knuckleheads is a bad idea.

However, gathet has over 100 different lakes, as well as dozens of different mountains and bays we could pick from, and hopefully, said name would have an ayajuthem version, too.

What are some of these places?

Granite Lake, Haslam Lake, Spire Lake, Myrtle Rock, Paradise Valley, Tin Hat mountain, Shoe Lake (yes, qathet has a Shoe Lake), Lost Lake, Dodd Lake, Khartoum Lake, Mount Mahony and you guessed it-so many more.

We also have trails, such as Sweetwater or Appleton Creek. There are really so many options.

The final name I have come up with is the City of Kokanee, 'where all our rivers are dammed.'

For everyone who doesn't obsess over salmon the way I do, a kokanee is a landlocked sockeye salmon. We have these fish in Powell Lake, Unwin Lake, and the Lois Lake watershed. All three of these lakes have been dammed.

As with Little Whale, choosing Kokanee, BC would name the city after a creature rather than a person.

qathet is full of anglers, and the word 'kokanee' sounds cool (though it is a shuswap word, rather than Tla'amin). If Salmon Arm weren't already a City name, I would have tried to come up with something similar to that.

Kokanee are fish that have adapted to a new way of living under a sudden change in environment.

Powell River is a city that thrived on the mill for decades, until this year with its permanent closure. What do we do? We adapt.

As mentioned many times before, Powell River is a tourist town, with a very rich history. Whether you are Indigenous or non-Indigenous, family histories go back generations and generations. We can add to this history by creating a new name for our beloved town.

## We've given **Participate Powell River** a make-over!

This is your space to share ideas, discuss important topics, provide feedback on policy, planning and contribute to the future of Powell River.

Scan the code to check out the new version or go to participatepr.ca



## Look for the new qathet Waste Wise app available now

The custom mobile app will notify and deliver service reminders, alerts and all the information you need about solid waste and recycling making it easier than ever to stay connected and informed.













## Is your business listed?







The **qathet Goods & Services Directory** is a new searchable website to promote goods and services sold by local businesses.

If you have an up-to-date business license, you are already in the system and all you need to do is visit https://gsd.powellriver.ca/to register and update your profile. If you are a business in the

regional district that doesn't do business directly inside the City, you are free to add your business to the database. Scan the QR code to go to the site.

In the near future the Chamber, City and Community Futures will launch a **buy local campaign** to encourage residents to check the site first before looking out of town for the products they want.



powellriver.ca









... because I put my clients first.



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