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ON THE COVER:

Like generations before them, the Junior Forest Wardens spent a weekend in late November harvesting Christmas trees for a fundraiser. Pictured are Druanne Boyd, Tye Ciarniello, Liam Ciarniello, and Brady McCracken.
Photo by Abby Francis.



It's okay to sparkle. Really.

In mid-November, I spent a Friday hosting a variety of folks who dropped into the *qathet Living* office to have their photos taken with their favourite ornament. It felt a bit silly. Record-setting rain had just deluged the province, causing widespread destruction and climate fear. Would anyone be in the mood to talk glitz?

And, the holiday season was still weeks away. But I draped the office with garlands anyway, and served Cottage Creek Christmas cookies and punch.

The day turned out to be my absolute favourite. Like everything holiday-related, ornaments may seem trite or old fashioned, but they're lightning rods for stories. For six hours, this office was filled with tears and laughter, as locals regaled me with why they'd chosen each object (starting on Page 6).

This issue of *qathet Living* is like that all the way through. This has been a tough year. Maybe tougher than 2020, overall. But I find that December's sparkle helps me set aside the gloom

for a more authentic, varied headspace.

From Miklat House, Brian Douglas' Christmas memoir takes us back a year to his family's devastating intervention into his alcoholism (Page 17).

From his B&B by Haslam Lake, Roy McIntyre's passion for antiques—and people and animals that need rescuing in general—is a quiet reminder that most of us actually choose to show grace most of the time (page 25).

And on location here in qathet, Tony Papa reveals that the film industry is discovering

our diverse, work-ready region (Page 39).

At 72 pages, this is our biggest issue ever. Whatever you celebrate (or avoid) in December, I hope you find at least a few stories that make you smile, or even sparkle, during this wet, dark month.

EDITOR'S MESSAGE

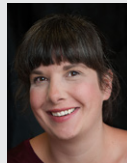
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“

“It makes me feel good to save something, to make the saving of it something for other people to experience.”

- Roy McIntyre, **Page 28.**

”

A FEW OF DECEMBER'S CONTRIBUTORS



CYNTHIA BARNES is a Director with qathet Climate Alliance and an active member of the Green Party of Canada. Her current passions include singing and personal fitness. **See Cynthia's story about Christmas trees on Page 14.**



BRIAN DOUGLAS is on the Board of Directors for the Canadian Authors Association. He has written three novels, numerous short stories and articles. His greatest passion is his recovery from alcohol. **See Brian's Christmas memoir on Page 17.**



MELANIE ANAKA works at the Powell River Visitor Centre as the Admin Assistant and Field Manager. She graduated from VIU with a Tourism Diploma and Event Management Certificate. **See Melanie's story about fun in the snow on Page 44.**



ROY MCINTYRE loves PR, works at RONA & Adams Concrete, and has opened two amazing B&B experiences at "Tranquility" where he lives with his daughter Chenoa. **See Roy's stories about Serendipity Inn and the Caboose on Page 25.**



Born and raised in a small village in Ontario's cottage country, **BARRY WOOD** is writing about his childhood memories of growing up on the rugged and beautiful Canadian Shield. **See Barry's memoir about his teen ski journey on Page 21.**

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Derek Russell
Special Olympian and Volunteer

My stepmom bought this for me in Fort St John when she was shopping with my aunt. This was the last time I saw my aunt because she passed away five months later. I think of her all the time.



Haedy Mason and Edward Dayton
Social worker and school bus driver

My [Haedy's] mother was a revolutionary in Hungary in the 1950s, and had to flee to Australia. The flag was purchased when I was a child in Australia and was the last thing hung on the tree to remind her of her homeland and to teach us about our heritage. To her, this was her Hungary. The old Hungary. When she died a couple of years ago and I cleaned her home, it was one of the few things I took with me.

The other four ornaments were made by our three sons and grand-daughter. They're all past childhood now, but these remind me of when they were young.



Angie Davey
Artist & Volunteer about town

This set of eight porcelain bells were originally my parents'. My mom ordered them from a Regal catalogue shortly after she and my dad married in April 1959 so they're from either that year or 1960. My parents gave them to me about 15 years ago.

Christmas trees in my family have always been heavily decorated with a variety of mostly homemade and vintage ornaments.

These ornaments are among my favourites because they bring back lots of fond Christmas memories. I love the different characters and I imagine as a small child I was told they were delicate and fragile, making them special.



Cynthia Barnes • qathet Climate Alliance

The owl is very significant in First Nations lore as its call often represents imminent death.

Coincidentally, my Dad and I chose the book *I Heard the Owl Call My Name* when he was dying. I read it to him at his bedside.

It was a wonderful time to feel close to my Dad whom I

adored. He was a Christian (not the preachy kind) and believed that anyone entering the Ministry should read this book which is essentially about service. It is a sad story and yet beautiful at the same time.

For me seeing an owl is a gift as they are remarkably interesting birds.



Tabatha Berggren
President, qathet Métis Nation

My ornament is a salt dough tree that I made with my children. Every year we make salt dough, roll it out, cut out shapes to bake and paint.

We made it as a family, and it reminds us that traditions don't need to be costly to be impactful. The time spent together is most precious, especially when we create collaboratively.

Peter Behr
Registered Massage Therapist

This is a unique handmade menorah made for me by Charley (Caryl) Lyons who once worked at Cranberry Pottery.

Menorahs are candle holders that are important in the December Hanukkah ceremony which is eight days long (one candle for each day).

I treasure it because it was made for me specially and is so unique.



Stories that **sparkle**

“What’s your favourite ornament?”

It sounds like a simple question. It’s not. Ornaments take us deep into our most personal stories, help us remember people and times that have passed, and symbolize what we value most.

Here, a few locals share what they unwrap each December, for Christmas, Hannukah, Yule - or just a bit of cheer in the darkest season.



Kate Dryden
Coordinator for the local
COVID 19 testing site
Co-chair of the
Townsite Ratepayers Association

When I was 17 I dropped out of high school, ran away from home, and moved in with my boyfriend. As life decisions go it was not exactly my best, which became pretty clear to me a few days before Christmas when I found myself depressed, broke, horribly missing my family and our Christmas traditions, and too proud to tell them so.

My boyfriend was out of town and I was alone in our tiny apartment, listening to Christmas carols and wishing with all my heart that I could just have a Christmas tree, because maybe just that one little bit of Christmas normality would make everything okay. Real trees, though, were banned by the apartment, and fake trees were hundreds of dollars at minimum, something I, and my \$30 to last me til the end of the month, couldn’t afford.

So, I did the next best thing and accepted my friend’s offer to go to Zellers with her and look at the Christmas ornaments, thinking that if I couldn’t buy, I could at least look.

When we got to Zellers there was a whole display of fake trees, all of them at least \$300, most of them tiny and ugly, and I found myself feeling even worse about things and thinking I probably should have just stayed home. As I looked through them more closely, though, one box caught my attention. It was labeled “6 ft tree. \$17.99.”

I stared at it. I looked around at all the other boxes. I stared at it again. And then I grabbed it and dragged it to the checkout as fast as I could. The cashier made a face when she looked at it and said “Oh, that’s clearly not right,” and my heart sank.

And then she grinned, rung it up, and said “Well, Merry Christmas!”

I was so elated with my luck, it took me a minute to realize that I still didn’t own any actual Christmas ornaments. So, after safely stowing my prize in my friend’s car I ran to the dollar store, 20 minutes before closing, and grabbed one string of plastic silver beaded garland, one package of red glass balls, and one sad looking, cheap, silver plastic star.

The tree didn’t solve all my problems. I was still lonely, broke, and depressed, but it did give me a little measure of joy in a moment when I badly needed it.

So every year, after I decorate my Christmas tree, a real one now, with the boxes of ornaments I’ve slowly collected over the last 20 years, I take out the sad looking, cheap, silver plastic star, and I put it on top.

And it is beautiful.

The cat: I don’t actually know how this tradition started, but my Mom and I compete every year to get the other the most silly, funny, or downright odd ornament we can find. The year she gave me this ornament, she clearly won.

Merry Christmas



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(clockwise from top left)

Yvonne Russell
Community Inclusion Manager

Both of these ornaments were made when my boys were in Kindergarten (20 and 22 years ago). The reason they are so special and I hang them on my tree every year is because I actually went into their classrooms and helped make these with them!

Isabelle Southcott
qathet Living owner / publisher

My 24-year-old son made this for me many years ago when he was in pre-school. Some of the coloured macaroni decorations have fallen off over the years but I still treasure it because it was the first Christmas gift my child ever made for me.

Shannon Behan
Westview Elementary School Principal
District Principal of International Education

Each year, after I tidy the house, put on the Christmas carols and hang the lights, this is the first ornament that goes up on our tree.

This little gem was given to me by my son Linden, who made it when he was four. It is the cutest little photo of him and his little buddy Kyle, born one day apart, and together in school ever since. It isn't the most expensive, it isn't

the most glamorous and it doesn't even follow the colour pattern of the tree; but it is worth millions as it brings me back to those magical moments when our kids were young, Christmas was filled with excitement and the 'little things' made all the difference in the world!

Janet Lyon
Owner, Cottage Creek Bake Shop

Christmas these days is much different as my now grown children prefer to celebrate Solstice and traditionally we travel on Boxing Day to see my husband's family. At this point in my life, I no longer put up a Christmas tree.

These little red skates, however, have always traveled with me through my life and hung on all my Christmas trees every year wherever I called home. Red felt, tiny string laces and paper clips for the blades.

They are all that are left from all of the homemade ornaments that I made for friends over the years, and all of the homemade treasures that my children made for our tree. It's really all I need now, just a little whimsical decoration to enjoy.

Ari Dublion
Public Figure
Radio DJ and crane truck operator
Hanukkah is a celebration of a victory against the Seleucids in the second



century BCE whose attempt to assimilate and eradicate us was thwarted by the Maccabees.

Like most Jewish families, my family has very few heirlooms. We either left them behind as we fled pogroms or the Nazis took them when they ransacked our homes before deporting us to death camps. I brought this menorah back with me when I moved to qathet from Israel, I bought it new in Jerusalem in the 1990s.

Though there is a lack of material possessions, our traditions keep us connected to our ancestors. The Maccabean revolt was a struggle against assimilation.

Presently, and even locally, Jews are faced with historical revisionism, which is antisemitism, such as the comparisons people opposed to the inconveniences of public health orders are making, to the horrors of the Holocaust.

We outlived the Seleucids, we outlived the Tsars, we outlived the Nazis, and we will outlive the people attempting to erase us today.

Emma Levez Larocque
Chef / nutritionist at Plant Based RHN

My mother made this tiny knitted green and white stocking for me a few years ago. All the ornaments we put on our tree at Christmastime are unique and special for their own reasons, but I love this one because it reminds me of my Mum. Christmas is her favourite holiday and she spends all year making things for different members of our family for Christmas. She made this—one of 25!—several years ago as part of an advent calendar for me, which came out of a tradition that she had with my grandmother, who lived in England. Each year they made homemade advent calendars for one another, and spent all year putting them together. When my grandmother passed away,

my sisters and I suggested that we carry on the tradition between us and our mum, and ever since we have done this, rotating who does whose calendar. The year of the miniature stockings was one year my mom was doing advent for me. She stuffed each one with a little note or gift—so lovely! In the years since, I have used the little stockings as tree decorations, and as I'm hanging them on my tree it makes me think about her and how much time and love she puts into Christmas for all of us. It's a beautiful way to start the Christmas season!

Daniel and Sebastien Wang
Student and postal clerk / cryptozoologist

Daniel's ornament is one he bought at a Tim Horton's in Quesnel when he was four years old. It was inspired by his childhood love of Timbits!

Sebastian's is the one Daniel painted during 2020. It was the first Christmas at our new place in Powell River.

Gerry Anderson
Brooks teacher

We moved from Texada into our Powell River home in August 1995. However, we were not able to enjoy it very much due to the illness and subsequent death of my father in mid-October of that same year. Being a Christian couple, when the Christmas season came upon us, we were reminded of our true blessings. This ornament, a tiny mailbox, which we received from a friend, solidified this.

The ornament reminds us annually to be thankful for our blessings and to treasure our home for many things—especially for being a refuge for our kids when they were growing up. 📧

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This year Raymond James one-upped their traditional support, entering into a multi-year agreement with the firefighters charitable society to be the principal sponsor, ensuring the long-term viability of the school meals program.

“You can’t be your best on an empty stomach, whether it’s in school, at work, or in life in general,” said Rene Babin, Raymond James financial advisor. “This is one small thing we can do to help children get the supports they need to thrive.”

The Powell River school meals program is one of several charitable causes supported by local firefighters. Others include the BC Professional Firefighters Burn Fund, which supports care and treatment of burn

victims across British Columbia, and the annual Fill the Boot campaign, which raises money for Muscular Dystrophy Canada.



The charitable society’s roots began in 2004 with a focus on education and helping those in poverty with basic amenities. Over the years it has grown and assisted other local charities with donations including, Bruce Denniston Bone Marrow Society, the Brain Injury Society, as well as the Powell River Mobility Opportunities Society.

“Our work exposes us to the victims of misfortune, so it means a lot to our members to offer a little relief and offset the harms in some small way,” stated Brad Collicutt, President of the Powell River Firefighters Charitable Society. All time that firefighters contribute to charitable activities is on a volunteer basis outside of work hours.



To learn more about the Powell River firefighters’ community involvement, visit

powellriverfirefighters.ca or come and chat with us at this year’s “Light it up Party” event at your local Putters Mini Golf this holiday season.

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Trees & trucks: Everyone wants what we already have



BY PIETA WOOLLEY AND ABBY FRANCIS | LOCAL
JOURNALISM INITIATIVE REPORTER

“Canadians facing a Christmas tree shortage this holiday season.”

This is a real headline from November 21 on CTV. I’m not even making this up. Supply chain issues caused by COVID, and now exacerbated in BC due to flooding mid-month, mean getting a fresh-cut tree will be more difficult. For real. In BC. A province that’s best known internationally for Monty Python’s “I’m a lumberjack and I’m okay” sketch. We have some trees

here in BC. Also, trucks.

In the photos on this page and on the cover, you’ll observe qathet’s Junior Forest Wardens cutting trees for Winter Wonderland at the Recreation Complex and to sell for their annual fundraiser. They secured a permit from Western Forest Products to do so.

You can get your own Christmas tree cutting permit from the Province here: bit.ly/3cEdP2U. It’s free and comes with a map (the cut area is approximately at the pole line.) Or you can saw down a groomed tree at the U-Cut lots off Highway 101.

In other words, if you live in qathet and want a fresh-cut tree, you can either buy one from the Forest

TEENS & TANNENBAUMS: Left, Ian Bompreszi carries a tree. Above, from left to right, Ken Boyd, Michelle Kirk, Calvin Duf, Ty Hatch, Druanne Boyd, Brady McCracken, Ian Bompreszi and Brian Bompreszi. *Photo by Abby Francis*

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“Now in 2021, it seems, people want more... A forest. Snow. A vintage truck. A burly, muscled Harlequin-movie hero to load it up...”

Wardens, who harvested them locally. Or cut one yourself, locally. Other trees may be available, or not, depending on the supply chain.

Coincidentally, this is also the year when about 95 percent of holiday decorations—wrapping paper, boxes, mugs, tablecloths and more—feature images of Christmas trees on trucks (see right). Most of this stuff is designed in the USA and manufactured in Asia.

Why? What is it about 2021 that has North Americans craving and consuming this very-qathet image?

In 2020, under COVID’s first Christmas, the sale of fresh-cut trees soared by about 15 percent. Clearly, as folks tucked into their homes and self-isolated, they were seduced by this fresh-smelling, bushy decoration

Now in 2021, it seems, people want more. More fresh trees. More imagination of where those trees came from. A forest. Snow. A vintage truck. A burly, muscled Harlequin-movie hero to load it up onto the roof or flat-deck, work the tie-downs, and set it up in a stand,

next to a roaring fire.

Instead, most of North America is stuck in urban apartments and basement suites, without a permit, truck, or forest in sight—not to mention a strong, sensitive Todd, Ben or Brian.

That’s the magic of qathet in 2021.

We have trees. No shortage here.

And trucks.

And other things.

Here at *qathet Living* magazine, we will never run a ludicrous headline such as “Canadians facing a Christmas tree shortage this holiday season.”

Instead, we’ll simply direct you to your ample holiday resources.

The Wardens will be bringing trees to their usual spot between Quality Foods and McDonalds on December 4 and 5 and again on December 11 and 12. The trees are available by cash donation.

You might hit a U-Cut farm.

Or, tree permits are available online, and if you’d rather talk to a human, go see the fine folks at the Ministry of Forests office at 7077 Duncan Street. 🐻



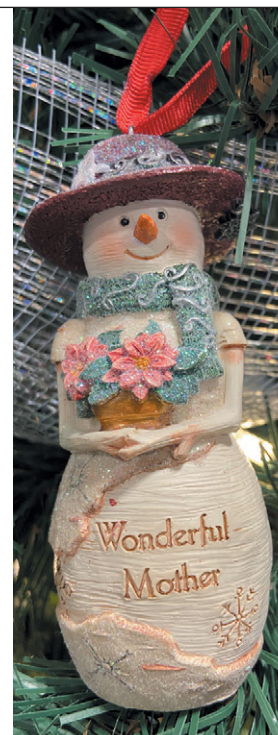
THE CULT OF THE TREE TRUCK: Surely, archaeologists of the future will wonder why the people of 2021 were suddenly consumed with the aching need to fill their homes with tree-truck icons. Hopefully they find this article. Clockwise from top left, ornament at Springtime Garden Centre; crackers from Wal-Mart, men’s flannel jammie pants at Mark’s, sculptures at the BC Ferries gift shop.

Photos by Abby Francis and Pieta Woolley

Our Christmas Traditions Room is all set up for you!

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Oh Christmas tree, please be sustainable

qathet Climate Alliance weighs in on the question of fresh-cut...or plastic?

BY CYNTHIA BARNES

Putting up a sweet smelling pine, spruce or fir tree decorated with lights and ornaments at Christmas time has been a lovely and magical tradition.

Sadly this tradition of cutting live trees or setting up an artificial tree is no longer truly sustainable.

“The Carbon Trust estimates that a two metre artificial tree has a carbon footprint of around 40kg of CO2 which is more than twice that of a real tree that ends its life in landfill, and more than ten times that of real trees that are burned,” wrote Elizabeth Waddington in an article on ethical.net, posted in 2019.

Most artificial trees are made from plastic derived from fossil fuels and most are shipped from China.

On the other hand the Carbon Trust states that, in the case of a cut Christmas tree “if it ends up in landfill, a two metre tall natural Christmas tree, without



roots, has a carbon footprint of 16kg of CO² over the course of its lifecycle. Burning the tree – or better yet, using it as mulch, etc, – reduces this footprint by up to 80 per cent,” wrote Elizabeth.

To reduce the footprint of a cut Christmas tree, one that is locally farmed and cut is much better. Choosing an organically grown tree is also a wise choice.

At our house, we usually buy a potted tree from Spring Time Garden Centre. Last year it was a pine tree and we planted it later in our yard.

Another sustainable option is to rent a Christmas tree and when the season is over it is returned to the garden centre where it is replanted. This service is available in Vancouver.

If you are really creative, a Christmas tree can be made from local materials such as branches, shells, or whatever. ♻️



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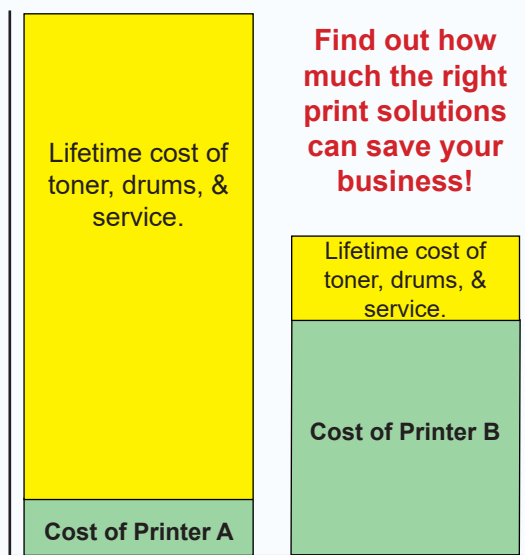
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Silent Night

ᵀᵀᵀᵀᵀᵀ ᵀᵀᵀᵀᵀᵀ, ᵀᵀᵀᵀᵀᵀ ᵀᵀᵀᵀᵀᵀ
t'oh-sum naht, t'ohsum naht

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ookw-tum t'ohsum, ookw-tum xwa-wit

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neh ta tuns she-she-KLeh

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XaKLa-nun ta choosy

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ookw-tum t'ohsum, ookw-tum t'ohsum

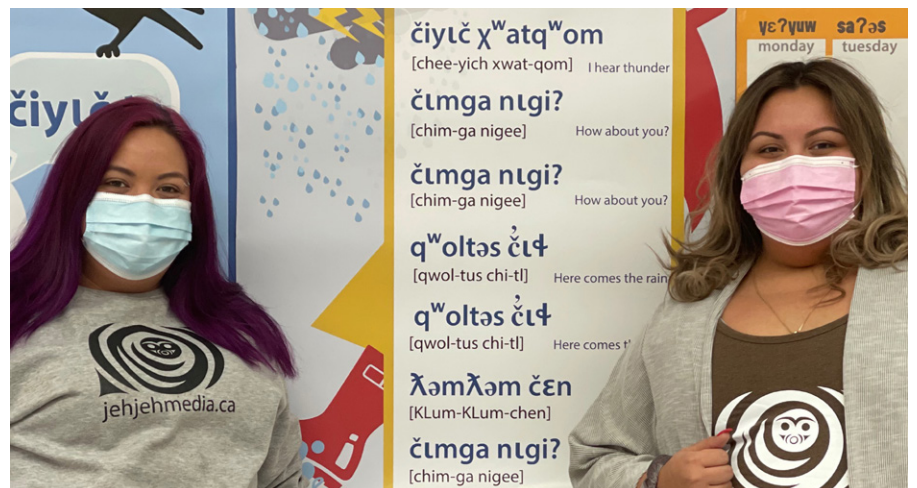
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Ookw gut KLa-ay-KLee-cht



Scan the QR code above to hear the song.

Silent night, silent night
 All is calm, all is bright
 Round yon virgin mother and child
 Holy infant so tender and mild
 Sleep in heavenly peace
 Sleep in heavenly peace

Tla'amin language: our qʷaytən is called ʔayʔajuθəm



HERE COMES THE RAIN / QWOL-TUS CHI-TL: jehjeh Media's Koosen Pielle and Shelby George teach ʔayʔajuθəm at Assumption Catholic School.

ʔayʔajuθəm uses the I.P.A (international phonetic alphabet) which has one symbol for each sound for example: ee=i, ih = ɪ, eh = ε, uh = ə. We are happy to share our qʷaytən with you. Please practice with us! Scan the QR code to hear the sounds.



as in: ʔaʔamen (Tla'Amin)

This symbol is called a barred L or, running man. The tip of your tongue goes behind your front teeth, but instead of blowing air out the side, you will "click" the air out of the side. This sound is used in: ʔaʔamen (Lund).

ʔ as in: ʔaʔamen (Lund)

This symbol is called a ribbon, and it sounds like a whispered "l" but with much more friction in the mouth. The tip of your tongue goes behind your front teeth, and air is blown out along the sides of your tongue. This sound is used in: ʔaʔamen (Tla'Amin)

jehjeh Media is a branch of Taxumajehjeh, whose focus is creating and producing multimedia that shares and normalizes ʔayʔajuθəm in creative, engaging ways. We are a team of qaymɪxʷ (people) who are committed to ensuring ʔayʔajuθəm remains a living, growing, language.

CHRISTMAS MEMOIR

Last year's terrible Christmas sparked hope for this season

BY BRIAN DOUGLAS

'Tis the season for giving and receiving. Last Christmas I received a gift which at the time felt much more like a curse than a present.

It is a custom in our home that the first Sunday of December is set aside for decorating the tree and spending the evening sharing dinner together. My children have now grown, yet we still gather in my home on that day to share in this holiday tradition.

Last December they arrived in the early afternoon, along with my grandson who would be spending the night with grandpa. Few things in life bring me more joy than time spent with four-year-old Hudson. The dinner dishes had been cleared and we began to talk. Soon the conversation turned to more serious issues before landing on the heart of the matter.

With tears in her eyes, my oldest daughter said



A HARD AND HAPPY HOME: Writer (and former pastor) Brian Douglas, centre, will graduate from the three-month program at Miklat House this December. He's pictured alongside assistant manager Lola Amundsen and manager Rob Fitzpatrick (far left) and clients from this fall's treatment programs.

"Dad, I'm not going to allow Hudson to spend the night." The reason being I was in no condition to be alone with my grandson. You see, I had been drinking since before noon that day, which was not much different than the day before that, and pretty much every day for the past many years.

Tears streamed down their cheeks as my beloved children shared of the pain my addiction had caused. The mistrust, the fear, and the shame my selfishness had wrought, poured out like rain on the Sunshine Coast in December. They expressed their sincere love for me and their desire to see me well. But they could

no longer be part of my problem. I could continue living the way I had been, but I would do so alone. The choice was completely mine to make.

Now, one might think that such a decision would be a no brainer. After all, like most parents, I would die for my children, but I could not stop drinking for them. Such is the nature of addiction. In the meeting rooms of Alcoholics Anonymous one often hears heart wrenching stories of what it is like when an alcoholic hits their bottom. For me it took the loss of my career as a pastor, the loss of my counselling career, my hospital chaplaincy, a three-year federal prison



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this Christmas and beyond!



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Miracles happen here. Hope lives here. It
lives here in the lives of 10 broken men.

- Brian Douglas at Miklat House

sentence, my life savings, my marriage and very nearly the loss of my family before I chose to end the insanity.

On August 29 my feet touched down in Powell River for the first time in my life. Filled with fear and anxiety, I walked through the doors of Miklat Recovery House.

From the outside Miklat looks very much like many homes in this beautiful city, but inside these walls things are vastly different. Miracles happen here. Hope lives here. It lives here in the lives of 10 broken men. Men whose lives are as different as the places we travel from to be here. Yet we share a common illness; addiction. None of us chose to be addicts, nevertheless here we are. Not because we enjoyed what our addictions gave us, but rather what they saved us from—ourselves.

Together we learn about our common illness, why we are unable to stop the self-sabotage, and more importantly, what we can do and what we must do if we are to be free. This is no easy task. We are guided gently into our pain by an amazing team of loving professionals who know the journey which we are on, for they too have been here.

These dedicated men and women are at times harder on us than we believe we can handle, yet always as compassionate as we need them to be. They love us until we can love ourselves. And when we can, we get to love the new guys that walk in through these doors, just as we did short months ago, with downcast heads and hearts; until they too can love themselves.

Our healing comes hard. The pain is deep; as deep as these holes we have dug that brought us to the end of ourselves, and to the beginning of something much greater.

We would never wish our pasts upon anyone, yet I do wish you could spend some time with us. I doubt you've ever seen an addicted punk rocker with a goat's head tattoo embrace an alcoholic pastor and tell him how much he loves

him. Or an NFL draft candidate smile from ear to ear while scrubbing a toilet bowl. Or, for that matter, a grade seven drop-out write poetry so beautifully raw it brings you to tears. However, if you were as fortunate as I am, you could.


In this place, laughter often flows more than our tears, and that too is healing. But make no mistake... about the work we are committed to, we are dead serious. We do this work as if our lives depend upon it, for they do. We follow a simple program involving twelve simple steps. Yet it is the hardest work many of us have ever done, but we do it because the rewards are so worth the agony.

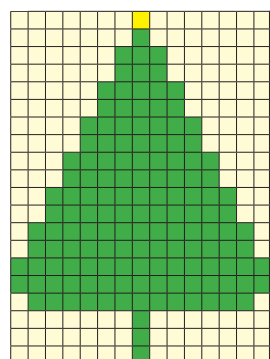
If we are painstaking about this work, we find ourselves amazed, as the Big Book of Alcoholics Anonymous points out. We are coming to know a new freedom and a joy such as we've never known. Much serenity and peace is emerging. Feelings of self-loathing and self-pity are disappearing, self seeking is slipping away, as the books says.

In fact our whole attitude and outlook upon life is changing. Even fear of people and economic insecurity is fleeing away from us. And, as we do this very hard work, we are coming to realize that a much Higher Power is doing for us what we could never do for ourselves.

These are no extravagant promises; I know this because they are happening in my life. Sometimes quickly, sometimes slowly, but they are materializing as I work for them.

The present I received from my children last December, the one that felt so much like a curse, has turned into the greatest gift I could have ever received.

By the time you read this I will be back home. Our Christmas tree will be decorated and when the dishes are cleared and the conversation begins, there will be tears shed once again, of this I am sure... But this year... I suspect they will be tears of joy. 



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PERHAPS PIP IS THE CULPRIT: One of three cats in the household, Pip is the only one who agreed to pose for a photo with the tree.

Photo by Abby Francis, Local Journalism Initiative

CHRISTMAS MEMOIR

Cats Wreck Everything

BY ABBY FRANCIS
LOCAL JOURNALISM INITIATIVE REPORTER

Christmas is a very important holiday for my family. Near the end of November and beginning of December my mom starts decorating the inside of our house and my dad puts up Christmas lights outside.

I remember we would usually go up into the bush to get our Christmas tree the second or third week of December. For most of my life, we would have a real Christmas tree and each year it would be knocked over once or twice during the night by one of our cats. This became quite a problem over the years.

We had to start using plastic ornaments instead of glass ones. We put the cats in a different room during the night. We tried to leave the tree bare for a few days so the cats would get used to it, and didn't put any gifts under it until a few days before Christmas. However, despite all of our efforts, the cats always had a different plan.

Presents were re-wrapped, the water-soaked carpet would be dried, pine needles and broken ornaments would be cleaned up.

We have multiple theories as to which cat is the culprit, and many reasons why that specific cat keeps knocking the tree down.

My family has three cats, one is grey (Berry), the other is black and white (Lovie), and a little brown stripey cat (Pip).

Berry is the one who, I believe, knocks over the tree. My family has had her since I was four, so she is fairly old, but she is still very playful. The Christmas tree has shiny objects on it, and she likes to climb, so it makes sense that she'd be the one to knock it down. She is also the one most often seen in trees outside, and was the only cat inside through a lot of those years.

Lovie had been an outdoor cat; he is also the laziest of the three and didn't ever really bother with



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the Christmas tree when he became an indoor-outdoor cat.

We didn't have Pip yet either, meaning Berry was the only one who could knock down the tree. To me, it makes sense.

Pip had knocked the tree down once, the year we first got her, somewhere around 2017. She was still a kitten and very hyper. I am confident that she did it only once because since then she sleeps in my room every night, and I can't sleep with my door open.

In 2018 my family moved to a new house, and about a year after living there, we faced multiple tree knock downs. After that we started using a fake Christmas tree. Three years later, and we continue to use a fake tree, and will probably never use a real tree




BAD: Lovie, maybe. But Berry (left) is probably the culprit behind the trashed trees.

again. The biggest reason is because of our menacing cats. Another is because my mom doesn't like the idea of chopping trees down, to only have them up for about a month.


The cats haven't knocked over the fake tree yet, and even if they do, the mess would be minor compared to a real tree. So for my family this was the better option. 🐾

A Thought For The Day

"The great and fundamental teachings of Baha'u'llah are the oneness of God and the unity of mankind."



~ Bahá'í Teachings



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CHRISTMAS MEMOIR

Vintage film captures teen ski memories

BY BARRY WOOD

This story took place many years ago in a small village on Ontario's rugged Canadian Shield. Much later, when my family moved to BC's Kootenay region, my wife and I and our four sons enjoyed skiing in the beautiful Purcell Mountains for many years.

However, when we retired and moved to the coast, my beloved skis went into storage, and our Christmases became much quieter, as our children are scattered across our broad country.

Still, on a quiet Christmas afternoon when the snow is falling softly, I get that familiar tingling and were it not for my aching joints, I might strap on those old boards one more time and head for the high country.



CHRISTMAS DAY, 1962: The author, Barry Wood, is flanked by his cousins David and John Holton. This may have been the expedition featured in this story.

The Christmas season was busy in Muskoka, Ontario with concerts in the community hall, church services, but most of all family gatherings. Aunts, uncles, and cousins would brave the treacherous roads of deep December to come back

to their birthplace, following that irresistible call of the heart to gather with family in times of celebration (and sorrow).

Every bed and couch in our house and my grandparents' would be occupied and cousins slept cheek to jowl on mattresses on the floor. We never thought too much about the crowded living conditions and one bathroom for all. We were just delighted to be together.

The highlight of the celebrations was the Christmas dinner at our house. My mother woke early that day to get the 25-pound stuffed turkey crammed into the oven and start the preparations for the feast. In between church and present opening she and the aunts would peel veggies, make jellied salads, cook the cranberry sauce and lay the table for us all while the men folk would help assemble presents received by the younger children and generally lie low.

Just when the aroma of roasting bird became overpowering, we'd gather round the dining room table loaded with the results of a day's labour in the kitchen. We'd pull the Christmas crackers and all don those silly paper hats and my father would commence to carve generous portions of white and dark meat. The feast continued through several heaping helpings of everything on the table all thoroughly doused with my mother's famous gravy and climaxed with the lights dimmed and the flaming rum soaked Christmas pudding.

After dinner the males gravitated to every horizontal spot in the living room while the ladies gathered in the kitchen to clean up the remains of day. Men and boys alike would hold their tummies and murmur

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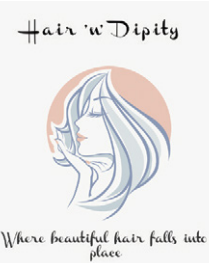


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mer contentedly although some may have discreetly reached for the Tums.

As men will after an arduous session at the groaning board, the talk turned to some way to compensate for their over indulgences. No one ever suggested going to the kitchen to help with the cleanup, but one year the talk got round to an expedition to Haighton's Lake. This lake, located beyond the rocky ridges high above the village, could only be reached in midwinter by an arduous trek through deep snow. It was enthusiastically agreed we'd go there for a winter picnic and would reassemble early the next morning to set off.

Not so early the next morning we gathered to prepare for this rigorous expedition. Wieners and beans for vittles and the venerable tea Billy were packed and snowshoes and skis procured. And so the intrepid band set off by mid-morning, urged on by the women folk who I'm sure were glad to be rid of us for the day. All was peaceful as we crossed the village, although I'm sure our neighbours would have come to their doors to cheer us on had they known the first recorded winter assault on Haighton's lake was underway.

At the outskirts of the village, we began our trek into the wooded foothills, winding our way through tunnels of snow-clad firs. It was heavy going through the drifts and we all took turns breaking trail. Then the terrain steepened as we climbed the long slope and finally broke out onto the high open wind-swept ridge. Here we paused to savour our successful ascent and to look back at our village. Neatly plowed streets lined with tiny snow-capped houses, smoke plumes gently wafting from chimneys and the church spire reaching up to us, blessing our expedition. We could picture our womenfolk snug at home, sipping coffee and praying for the wellbeing of their brave men and boys. And then we turned and made the gentle descent to the ice bound lake.

My father found the ideal location for our noon meal. A sheltered bowl against a rock face where the camp fire would reflect its heat back on us. We tramped down an area so we could remove our gear and not break through the snow. Uncle Larry, who had bravely carried an axe, chopped several sturdy logs for the base of the fire. Without this foundation the fire would melt its way through the snow and extinguish itself. We soon had a blaze going and started assembling our food supplies. It was then we discovered the women had forgotten to remind us to bring a can opener for the beans. Fortunately Uncle John had a jackknife and after several minutes of hacking

the cans and several fingers, the lids were removed. These were placed near the fire to heat (I mean the cans not the fingers). Weiner roasting sticks were cut and hungry stomachs soon filled. The Billy was boiled and after a refreshing cup of tea, it was decided we had to head back as the short midwinter day was drawing on.

I was looking forward to the exhilarating descent on my skis down into the village. My graceful Telemark turns would astound the villagers now assembled to welcome us safely home. Ah pride goeth before a fall!

We had just started our return when one of my ski harnesses broke. Had we been near home this would have been a simple fix – a scrap of leather and a couple of pop rivets and "Bob's your uncle." But here in the wilderness there was nothing to be done but take off the skis and walk home with them slung over my back.

So I slunk along at the tail end of the merry band stumbling every few steps as I broke through the packed trail up to my knees. No glorious descent for me. As we passed through

the village, all was still and our only welcome was Christmas lights softly blinking through frosted windows. We received a warm reception at home and a hearty meal of leftovers. We all slept contentedly that night imagining our trail blazing would become part of village lore.

Sixty years have passed since that memorable day. The men have gone and the boys are now in their 70s, but I can still picture it in vivid detail. In fact I have just seen it all again in living colour.

My father brought his movie camera on the expedition and my brother has digitized all his home movies. There on the TV screen was my father wearing his Tam O' Shanter and his fiery moustache, Uncle Larry in his jaunty toque and Uncle John with his trademark pipe clenched in his teeth. All so heartbreakingly vigorous and alive. And a gaggle of teenage boys devouring wieners and beans together, warmed by a campfire and the company of each other and the men they wanted to become.

After that day I have led several winter ski trips into that same back country with adult friends. And I remembered the lessons learned from those men long ago. Check your harnesses before you leave home, always take a Swiss Army knife along in case you need to open a can of beans, and build your campfires on a solid base against a rock face so that the flames will burn merrily and the heat and love will reflect back on all those assembled there.

Good lessons for anything you undertake in life. **PL**



CROWNS & CRACKERS: Peter, Barry and Rob Wood about to enjoy Christmas dinner, 1959.



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Hosting and guesting like a boss in 2021

Pages 23 to 31 are all about relearning how to holiday, after a long, long break.

BY PIETA WOOLLEY

Some people like to poke fun at old homemaking books, aimed at pre-lib women. As a Gen Xer, I do the opposite. I collect these—especially text books like this one—because they’re an unparalleled insight into the generational arts I simply didn’t learn from my radical feminist mother.

Secretly, I’ve always suspected that much of the simple, straight-forward wisdom contained in these tomes would come in handy. I was right. *The Teen Guide to Homemaking*, written in 1961 by Florida’s Home Economics State Supervisors Marion Barclay and Frances Champion, features a timeless chapter called “Entertaining and Being Entertained,” a balm in the age of late COVID.

After nearly two years of doing neither (except with a few folks I’ve become far, far too comfortable with), I’m facing a season with some actual get-togethers in it, which are requiring both entertaining and being entertained.

For example, in late November, I was at a staff party, and another guest showed up with flowers for the host. Eureka! Right. You’re supposed to bring a gift for the host. I’d forgotten. Duh.

The next several pages of *qathet Living* are all about entertaining during these very strange holidays. Some things will be different, such as negotiating vaccine etiquette (see Page 24), and some are perennial, such as baking cookies to share with visitors (see



Page 29). Local B&B host Roy McIntyre role models imperfect perfection in entertaining (Page 25).

Here’s a quick refresher on best behaviour during the social season of 1961... or 2021.

A good guest, *The Teen Guide* proposes, must “acknowledge the invitation, arrive on time, mingle with the other guests, join the spirit of the party,

make no extra trouble, offer to help, leave at the proper time, [and] thank the host or hostess for the hospitality.”

A good host or hostess, the book declares, must “greet each guest and make him [or her] feel welcome, see that the guests are introduced, show an interest in all guests and make sure that everyone has a good time, [and] see that everything is left in order at the end of the party.”

(Sadly, the ‘related filmstrips’ the book recommends are not available: “Developing Social Maturity” and “Public Appearance.”)

These are exquisitely bare-bones rules for making your way through the holiday season, even if you, like me, are out of practice being around others.

Overwhelmingly, it will just be fabulous to see people again, during this jolly month. **PL**

WISHING YOU A VERY MERRY CHRISTMAS, HAPPY HOLIDAYS & A WONDERFUL NEW YEAR!

Nicholas SIMONS
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- Kobi Yamada, “The Heart of a Volunteer”

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For more information, and to register, contact Jackie Baker at programs@prhospice.org or 403-679-9110

Happy Holidays

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Feeling awkward this season?

Last year, Dr. Bonnie Henry set the standards for negotiating our first pandemic holiday. Her rules aren't so clear in 2021. Fear not. Help is here.

Dear Missing Manners, my nephew is refusing to get vaccinated against COVID. Should I tell him to take a hike over Christmas?

Gentle-ish Reader,

Yes, straight to the North Pole.

That said, Missing Manners has it on good authority both Clauses, Elf Local 101, and the Reindeer Collective are painstakingly practicing proper protocols due to their staunch science-driven natures, so little Timmy (even if he's not so little) might receive a chilly welcome Santa's-workshop-wise.

Instead, perhaps remind said beloved nephew that vaccines cause adults, and your dearest hope is that he, too, will grow up one day.

Wish him a Merry Merry, text him GPS coordinates for the nearest pop-up vaccine clinic, followed by a cheerful pumpkin pie/whipped cream GIF, and a big heart emoji signifying that no matter what, vaccinated or not, you love him to pieces.

Dear Missing Manners, everyone in my family is double-vaccinated against COVID, but my parents still refuse to gather with us. Should we all just show up at their place Christmas Eve?

Gentle-ish Reader,

Showing up uninvited to your dear parents' home after specifically being asked not to, might just mean a pound of foul fossil fuel in your Xmas stocking.

Maybe it's not even a COVID issue at all; possibly Mom and Dad just want to eat snacks, chill together, and watch Netflix ALONE. Honour their wishes. Deal with it.

Nothing prohibits you from showing up outside their house Christmas morning in Santa hats, singing carols and loudly proclaiming your love.

Including Mom and Dad, while at the same time honouring their wishes, is sure to be a win-win scenario.

"Better yummy mandarin than yucky coal in stocking toe" – old Family Manners saying.

Dear Missing Manners, What's wrong with me? Between my agnosticism, COVID, my low-wage job, and my Facebook addiction, I just can't get into the holiday spirit this year. Please help!

Gentle-ish Reader,

There is zero obligation to get into the "holiday spirit" despite the commercial cacophony of barking marketers telling you otherwise. Feel numb, sad, mad,

fearful, frustrated, and disgruntled.

If you just don't feel like all the bother, MM highly recommends you treat yourself with compassion and kindness, maybe take a break from Facebook, and instead watch some delightful YouTube cat and dog video compilations which are sure to raise a smile, go for a lovely winter walk, or read a good book. Just do you.

If you feel truly desperate, asking for help is awesome and brave. Missing Manners implores you to reach out to a trusted friend or family member or one of the following local resources:

Suicide crisis line: 1-800-SUICIDE

Mental health support: 310-6789

Crisis Line: 604-661-3311

Dear Missing Manners. My off-grid house won't support lawn inflatables, not to mention strings of exterior incandescents. Should my neighbours have to take theirs down, to support equality and my better ethics?

Gentle-ish Reader,

It sounds possible that you do, in fact, have enough hot air to fill a sled and at least a few reindeer – keep talking. When you finish exhaling to begin that long indrawn breath, you might redirect yourself back to your own values and leave your neighbours be, unless they happen to be a global petroleum producer, in which case, have at it, but in the meantime, bright colourful lights and blow-up Snowmen and Elves during the darkest months of the year are not the malicious enemy you so fear.

Dear Missing Manners, I lead a congregation here in qathet. Passing the peace and sharing the communion cup are AWKWARD now. What alternatives would you suggest, that achieve the same goals?

Gentle-ish Reader,

Cherish your togetherness by providing parishioners with individually packaged wafers and juice boxes; or have them bring their own; or perhaps pour from a communal bottle having the assemblage btocc (bring their own communion cups) while providing the wafers via tongs. Please encourage your congregation to get fully vaccinated, wash their hands frequently, and to please remain home if they are feeling ill.

Missing Manners wishes very Happy Holidays to all faiths as well as earth-based practitioners celebrating equally important holidays this December, and wishing peace and joy to the secular community, as well. A very Happy New Year to one and all! 🐾



COVID CHRISTMAS
ETIQUETTE

BY MISS(ING) MANNERS



EVERYTHING HAS A STORY: From Digger the abandoned race horse, to the reconstructed farmhouse, to Roy McIntyre's brief foray into Christmas tree farming.

BY PIETA WOOLLEY

Roy to the Rescue

Perfectly imperfect B&B puts everyone at ease

"Welcome to Tranquility."

You might see this sign on the right, if you're driving up towards Haslam Lake. It's a bit of a trick. Sure, there's tranquility at the end of this long driveway. But there's so much more. And it's so much better than just boring old peacefulness.

This is Roy McIntyre's Bed and Breakfast acreage. Here, you can stay in the old Powell River dairy house he rescued from south of town. Or the caboose he rescued from the Fraser Valley (which just opened for visitors in June of this year). Or the little "station" that was built by seniors he rescued when they were palliative. You can feed the failed race horse he rescued. And meet Roy himself – someone so skilled at seeing just beyond the terrible situations people, animals and things find themselves in too frequently, he has rescued himself over and over again.

Inside the dairy, nothing is "perfect." Where else would you find a pristine Art Deco-style glass chande-

How to make your guests happy

With B&B owner Roy McIntyre

1. Assess your guests

Are these people who like a gracious host attending to their needs, or would they rather have their space?

2. Let them know what they're getting in to

Most guests are more than happy to deal with almost anything – so long as they know in advance, and why the unexpected is happening. Construction? Animal noise? A change in tradition? No problem... as long as there's clear communication.

3. Treat them like family

If you seem comfortable, friendly and relaxed, they'll be comfortable, friendly and relaxed..

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SLEEPER CAR: Know any rail enthusiasts who might like a night in a caboose? Book one as a gift! You can go through www.airbnb.ca. Photo by Roy McIntyre

How a caboose landed at Tranquility

We often find railroad spikes when we garden. A spur of qathet's old railway system must have come up here pre-1920s.

So I thought, "Hey, wouldn't it be cool to find a caboose and set it up behind the pond and do a railroad theme and open a bed and breakfast!?"

So began the search for a caboose. When I was a kid, they were ending their useful service so they were like a dime a dozen—lots went to scrap, some to storage building. But now they are very difficult to find.

Three Christmases ago, one comes up on Craigslist of all things. Everyone knows I'm looking and I get the calls. Where is it?! Where is it?!

Well, it ends up being in Abbotsford just this side of the Sumas Border in an industrial area.

I head down there to take a look. It's rusty and run down with rotted boards and broken windows—but it's also fantastic with most all of the original interior and gauges and such and totally restorable. We start bidding right away. I'm competing against scrap metal guys of all things—geesh.

"The winner of this bid will have one week to remove from site"—guess I better figure out how to move a caboose fast.

It's heavy—very heavy with lots of steel—and big—and too tall to get under overpasses and under hydro lines. Am I going to barge it or truck it? Whatever I do it is going to have to go down highways and streets to

get to water. Hmmm. I'll have to take it partially apart.

We were just finishing re-building the main structure of "Serendipity Inn", when Dan Furcall (the carpenter that helped me resurrect the Inn) said he had experience taking off rivets. Figured we should be able to shear or grind/drill them off if we worked two days straight.

On the third morning, we're still grinding away and see the expensive cranes and trucks rolling in—holy smokes—well we're almost done.

OK, almost all apart and loaded and we have 20 minutes to leave to catch the last matching ferries to Powell River with all the expensive trucks and such. Then starts the convoy up the peninsula. People know what it is and are honking and cheering and everyone's running up to it when we get to the ferry to see if they can go inside to have a look.

Now, the restoration has been very serendipitous—including finding a slide of this very caboose from 1953 on eBay and being able to paint it back to its original red.

Restoring the inside in stages. Really still just starting. First stage is to take it back to about how it looked before it left the track, then some "parlour car" look to make it fun and comfortable, and then a bit of "Jules Verne" with tufted burgundy upholstery and brass. Fun.

The restoration is being funded with folks staying in it as a B&B and having a hoot. ~Roy McIntyre

Introducing Behan 2.0

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Royal LePage Powell River is very happy to welcome **Matt Behan!** Matt has been in training for this career since birth, and has always known from a young age that he wanted to pursue a career in real estate, where he can help people turn their real estate dreams into realities.

He considers himself very fortunate to have been born and raised in Powell River where it's easy to enjoy fishing, hockey and golf, and most importantly spending time with his partner Maddy and young daughter Nora.

We already enjoy working with Matt (he has his father's quick wit and his mother's grace) and we are positive you'll enjoy working with Matt, too.



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lier descending from a grand two-story ceiling – puffy with unfinished insulation? Or a tall stone fireplace, warmed through with a pile of rich orange coals, next to a not-quite-vintage Coke machine”?

Instead of cold perfection, it’s warm and wonderful. Roy’s 15-year-old daughter snuggles on the couch watching a black and white movie. The faux white Christmas tree glows against the single-pane glass.

“Creating a compelling life really gets you going,” said RONA and Adams Concrete’s financial guy, as an explanation for how he manifested this extraordinary escape in mid-life.

This is where Roy landed. But the journey that brought him here was far from straight-forward. As a child growing up in the Dunbar area of Vancouver, he spent summers at his grandparents’ cattle ranch in the interior. He loved it; the animals, the freedom, and the red-tailed hawks that accompanied him on his long, solitary walks up the plateau. It inspired him to take a degree in agriculture at UBC – soil science and ranching—with the idea that he would run the ranch for his grandparents when he graduated. But when he arrived, barely in his 20s, his uncle made it clear he wasn’t wanted.

“Plan B was just to work and earn enough to buy a property,” Roy recalled. “But this was the Kootenays in the 1980s, and there was no work. So I got a job at a Christmas tree farm on top of a mountain. The first day, this old guy drives up in a pick-up truck, gets out, relieves himself, then hands out machetes. I thought, ‘Is this how it ends?’”

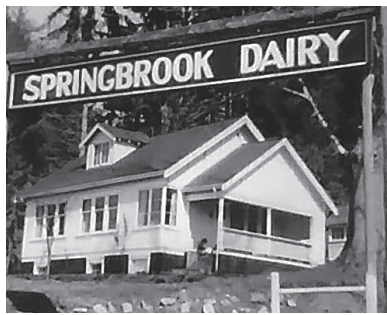
Roy lasted a week, then returned to Vancouver, where he went back to school for computing science. MacMillan Blodel hired him in 1988 to write programs, with an office here in Powell River. That’s when he fell in love with this place, and lived on a diet of “hot dogs and soup” he remembers, to save up for a piece of land. He found his current property – 10 acres with an old farmhouse – and offered what the sellers were asking: the then-ludicrous amount of \$50,000.

“Now I’m the farm guy, but at 8am every morning, I’m in a suit and flying to Vancouver or Nanaimo or Port Alberni. It’s a double life.”

Until, of course, he got restructured.

He tried to start an aquaponics operation, but investors were wary because it was so new here. He tried to start a computer consultancy here, but again, it was too new; there wasn’t enough work. Roy ran out of money.

“So I started at the bottom again,”



How Ward’s Dairy Farmhouse landed at Tranquility

There was a beautiful house south of town on the highway when I moved here in the late 1980s. I loved it every time I passed it.

Almost 20 years ago, I passed it and it was gone.

Then about five years ago, my friends went to a garage sale, and the man running the sale said, “Do you want a house?” And he showed them some pictures.

When they started to describe the pictures to me, I thought “Wow, could it be?”

I ran out there that night and it was the house! Miraculously, it had been saved and stored in small pieces—there was a flat deck with walls, a huge moving trailer with windows/stores/ and the stair base, a dormer laying out on a field, a shed full of hardwood flooring, and more. My dream home had come back to me. So I picked up the pieces, then figured I’d figure it out.

First Credit Union lent me the money to construct a road and foundation. I call this home “Serendipity Inn” and serendipity soon started happening full force.

I got a full time job at RONA and a part time job at Adams Concrete—and suddenly I have connections and some products on discount.

Next was truly amazing. When Pat Hull, the former owner of RONA found out that I’d found the old Ward’s Dairy Farm House, he said – “Don’t worry Roy, we’ll come out with our trucks and crane and help get you back up for free,” you could have blown me over – where does that happen!

Walls went up and as soon as it had a roof I started a B&B, which now funds the continued restoration – totally vintage – totally back in time and totally fun.

– Roy McIntyre



Recipe for a happy holiday:

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just to stay here. He worked at the Lund hotel and grocery store, but soon he was handling the business' financials. So he took the Certified General Accountant course to keep up.

By his mid-30s, the nagging need for a pension and benefits caught up with him. He abandoned his love – Powell River – for a job at Western Genetics in Langley. Soon he was using all his skills and education, in agriculture, computers and accounting, running a warehouse filled with semen and embryos, and millions in international sales, moving up the corporate ladder... but living in a leaky condo, with a new truck he'd busted up in a crash, and in a marriage that was falling apart. "The job was excellent, but I was in the wrong place," he said.

So, once again, Roy rescued himself. Facing a fork in his journey, he visited his Powell River property to think things through. Should he stay in Langley, run his late-grandparents ranch, or try to come back to the Sunshine Coast?

"I walked a deer trail up to the top of this property and sat on a rock. I said, 'Okay universe, I need a sign.' And this pair of red-tailed hawks landed right in front of me on a log. 'Oh! There's the sign.' So I sold my leaky condo with the intention to move back here – though there were no jobs at the time."

He bought a \$2,000 trailer on a rental pad in Langley to stay in while he sorted things out. During the day, he was a senior manager at one of the largest agricultural businesses in BC. At night, he lived amongst the shag carpets, nicotine-stains and missing walls, saving money for his dream and commuting here on weekends to work on his property; red-tailed hawks circled over his weekend trips up the coast. He also



HE CHOO CHOO CHOO CHOOSE IT: Getting this caboose from Abbotsford to Powell River was no small task (see Page 26), but now it's a cozy B&B bedroom with two twin beds and a view of what was probably an old railroad track before the 1920s.

fell in love, got married again, and was soon expecting a child.

"The week of my daughter's birth, I was offered a job at Modern Windows," he said. "That's when I moved back to Powell River for good."

On this property, "Welcome to Tranquility," Roy extends that same grace to all the imperfect things that drift into his possession. He describes himself as "an antiques guy, who enjoys retro things." But he knows his grand project is deeper than that.

"It makes me feel good to save something, to make the saving of it something for other people to experience," he said. "When people stay in an unfinished building, they feel that they're a part of something, part of the story of it. Also, everything here is touchable. Sure, lots of things get broken, but it's worth it."

In return for his love of all things broken, he's given so much in return. A couple of winters ago, for example, an elderly couple parked their Winnebago on his property as guests. They ended up staying the winter, and built themselves a pad, then a garden shed, which eventually turned into the one-bedroom "train station" with solar panels, a wood stove and composting toilet (the elder man was a carpenter.)

"It was a wonderful period," said Roy. "They were just like my grandparents."

Eventually, both were diagnosed with cancer, and they stayed there through their illness to near the end. Caravans of relatives came to care for them here. "I told them what they built here is a legacy, that hundreds of people will stay and enjoy it."

Tranquility will soon be home to a full riding ring and horse-boarding capabilities, as well as potentially a winery – if Roy can figure out the deer situation. The caboose is getting its own washroom (currently it's rented with the station, which has facilities), and the dairy is slowly but surely getting interior drywall.

So much more than just peacefulness, Roy's B&B is also home to true hope, love and joy. **PL**

Wishing Powell River
 hope, peace
 love & joy
 this Christmas.

Merry Christmas

Joe Huetzelmann & Company thanks all our customers for another wonderful year. We look forward to many more.

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Local Lawyers – where the coffee is always on and we answer your phone calls.



If you bake it, they will come

Or they'll stay away if you bake it, put it in a box and deliver it. It's your choice this year, thanks to COVID.

BY FILOMENA PORCHETTA

These biscotti are from the town of Oratino, near Campobasso, Italy

PEPATELLI di ORATINO

1 kg of honey
1 cup brown sugar
4 large eggs
8 tbsp vegetable oil
Zest of 2 oranges

Juice of 2 oranges
2 tsp of vanilla
4 cups sifted unbleached flour
2 tbsp of baking powder
300 grams of whole almonds

- Wash and dry almonds
- Combine first seven ingredients
- Mix with metal spoon until blended
- Add almonds and mix thoroughly
- Add dry ingredients, knead on a floured board, add more flour if needed.
- Divide mixture into four equal balls.
- Roll each ball into strips two inches wide and one inch high.
- Place in greased 18 x 13 inch baking pan.
- Bake in preheated oven at 350 degrees for 35 to 40 minutes until golden.
- Cool on baking rack for 10 mins.
- Cut diagonally two inches long

BY PATRICIA (PAT) LUAIFOA

Pat, a member of Tla'amin Nation, married a man from Samoa named Frank Pao Pao.

The coconut buns are made as a dessert. Pat explains that in Samoa they are usually made for big feasts,

which happen every Sunday. "I only make them once in a while because they are very rich," Pat says.

Pat also explains that she makes them for special occasions like prayers in peoples homes, Christmas time, Sunday family gatherings, or any other kind of special gathering.

Samoan Coconut buns - Samoan pani popo

5 cups of Flour
1 tbsp Yeast (Fast Rise)
1 tbsp Salt
3 tbsp Sugar
2 1/2 cups Water

1 can Coconut Milk
A little bit of Vegetable Oil or Lard
3 mixing bowls
1 or 2 casserole pans or trays.

- Put flour, salt and yeast together in a bowl, mix well.
- Stir two cups of warm water into the sugar, then pour into the flour, salt, yeast mixture.
- Let the dough rise for 20 minutes, then push it down.
- Grease your tray
- Roll the dough into balls then place into the pan, let rise for another 20 minutes.
- Preheat the oven to 350.
- Mix the coconut milk with 1/2 cup of water and two tbsp of sugar.
- Pour the coconut mixture onto the rolls and place in the oven.
- Bake the rolls for about 45 minutes or until they appear golden brown.
- Take the buns out of the oven and let them cool for a few minutes then serve!

PHOTO: @MILESARBOUR



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The moth damage can be eliminated by washing the sweater approximately once per month. Moths are especially attracted to soiled wool that is stored undisturbed in a dark place, like a closet or drawer, so they lay their eggs, which hatch into hungry, wool-eating babies. This is one of the ways wool returns to the earth to be useful after you have worn it for a few decades, but let's not allow it to biodegrade too soon!

Washing is easy; just toss it (preferably inside-out) into the washing machine with other soft, non-linty items and run it on cold or medium temperature, short cycle (unless the other items are really dirty), and dry in medium temp dryer. Jeans, tee shirts, shirts and other Pollen sweaters are fine in the same load, but towels and velcro are not.

Thanks for reading this, and a huge thank you to all of our customers for your fabulous support for the past thirty-plus years.

From all of us at Pollen Sweaters, have a warm, safe and cozy winter!



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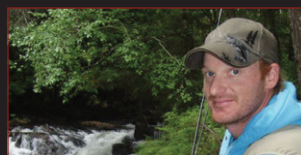
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Thank-you Powell River for your continued support, donations and patronage that support Health-Care in our community!

Powell River Health-Care Auxiliary

Economy Shop: Closed for the holidays Dec. 24, 25, 26 and 31. Regular hours are M-F 12-4. **Check the Facebook page "Powell River Health-Care Auxiliary" for weekly specials.**

Hospital Gift Shop: Closed for the holidays Dec. 25 & 26. Regular hours are Sun 1-3pm, M-F 10-4. Closed Sat. **40% off Christmas ornaments**

Red Cross Equipment Loan Office: Wed & Fri by appointment 11-2. **Visit redcross.ca for more info.**

Thank you to all the volunteers whose tireless efforts make this all possible

BY GABRIELA SERRANO-RAFAELA OCHOA

BROOKS INTERNATIONAL STUDENT

Ecuadorians make Quimbolitos on Christmas

Quimbolito

- 2 cups of white wheat flour
- 2 teaspoons of baking powder
- 12 tablespoons of butter
- 1 1/2 cups granulated sugar
- 2 cups Fresh cow or goat cheese
- 12 eggs separate whites and yolks
- 2 teaspoons brandy
- 1 teaspoon vanilla bean
- 8 tablespoons of raisins
- 1 cup of milk 8oz

- Mix the room temperature butter along with the sugar until you get a very creamy like mixture.
- In a separate bowl add milk, egg yolks (previously separated from the whites), flour, cheese, baking powder, soaked raisins, brandy and vanilla bean and mix together well then add it to the butter and sugar mixture.
- In an separate bowl using a blender beat the egg whites until they achieve a soft peak. Mix together both the whipped egg whites and dough mixture until well blended.
- You have a choice of using achira leaves, parchment paper or aluminum foil paper to pour in the mixture. Fill each packet and wrap them well, leaving the middle of the packet slightly opened.
- You can cook steam them in a bain-marie for approximately 30 minutes. Your cooking time may change depending on how much quimbolito filling you add to the achira leaves.

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BY OLGA POKOLIUKINA

BROOKS INTERNATIONAL STUDENT

This Russian recipe is special because it is so simple and tasty, also this dish was created a long time ago when there were no products and people were happy that a such wonderful dish could be made from such simple products. Now it is a traditional dish.

Olivier known abroad as "Russian salad"

Cooked sausage or chicken breast

Carrots

Pickled cucumber

Potatoes

Chicken eggs

Canned green peas

Salt and pepper

Parsley and dill

Mayonnaise

- Boil the carrots, potatoes, and eggs. In a large pot, boil the carrots and potatoes until they are easily pierced with a fork. Next, boil the eggs. Set the ingredients aside to cool at room temperature.
- Dice the salad ingredients: with a sharp knife, dice the carrots, potatoes, eggs, and cooked sausage or chicken breast into small cubes. In a large bowl, mixed the finely diced ingredients with the peas (pour the marinade). Stir with a spoon until well-combined.
- Sprinkle with salt and pepper to bring to taste.
- Add the mayonnaise and chopped parsley and dill. Mix all ingredients. 🍴



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When was your last service?**



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REGIONAL DISTRICT

qathet Regional
Emergency
Preparedness

GET READY STAY READY

**Don't get stuck
in the cold
this Holiday Season!**

*When gathering with
family and friends this
month, talk about your
Personal and Household
Emergency Plans:*

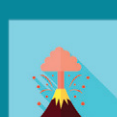
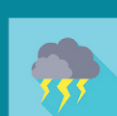
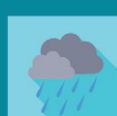
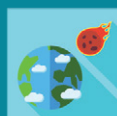
- Ask an out-of-area friend or relative to be a **contact** for family members who may become separated during an emergency.
- Decide in advance **where to meet** in case you are unable to remain in your home in an emergency.
- Make copies of important photos and **documents** and store them offsite, online or on a USB drive.
- Connect with **neighbours** and discuss how you can help each other during emergencies.
- Make a master list of family and emergency **numbers** and ensure everyone in your household has a copy.

**Give the gift
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preparedness:**

Flashlight • Candles • Whistle
Battery-operated or crank radio

*Don't wait
until it's too late*

For more information on what
should be in your emergency
plan, visit qathet.ca



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215 - 6975 Alberni St • Open Tues, Thurs, Sat 12-5pm
(All programming listed is free or by donation)
powellriverartscouncil.ca

qathet Members Exhibition
Dec 2-Jan 15

**Mighty Irreal, An Intro to Extended Reality
(XR) for Artists, with Rabideye**
Sat, Dec 4, 12-1pm

**Reading Art through the Lens of Tarot
with Teresa Harwood-Lynn**
Sat, Dec 4, 1-4pm



qathet
ArtRaven

**ArtRaven Family
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Sun, Dec 12

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materials with songs and stories.

Ages 0-5 program focus.

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Of Mornings, Words and Honks
Tues, Dec 7, 7-9pm (FREE)

The Malaspina Exhibition Centre

Vancouver Island University (foyer) 7085 Nootka St
artpowellriver.com

works by rabideye
Giovanni Spezzacatena

Damage
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Until Dec 23
Mon-Fri
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-4:30pm



Crucible Gallery

5831 Ash Ave, Townsite Market
cruciblegallery.com

Contours of the Mind:

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Ron Robb, Rick Giesing, Scott Evans
Nov 24 - Dec 31 • Wed, Thurs, Sat 1-5pm / Fri 1-7pm
Opening Fri, Dec 3 - 7-10pm

Do you want to build a snow globe?

BY ALENA DEVLIN

Love them or hate them, snow globes hold a special place for many during the holiday season. To me, they represent memories in time that bring joy or sadness.

I once had a beloved snow globe; it held a firefighter with a Dalmatian and it always reminded me of those first responders who are unable to be with us during the holidays.

During one boisterous battle of Wii boxing, the remote went flying and my snow globe smashed all down my mantle and brick fireplace. I can still see glitter in the sunlight after all these years. I may not have my snow globe but the memory and glitter still survive. The fireplace holds a constant reminder in glitter dust to strap the remote to your wrist before engaging in battle.

I have never replaced my snow globe, but when asked if I wanted to build a snow globe with my kids,



there were only a few moments of hesitation before we started planning the creation of our new snow globe tradition.

So I am breaking out the glitter during the holiday crafting season to create a homemade, kid-friendly snow globe.

Personally I have a love/hate relationship with glitter. I love how sparkly and pretty it makes my crafts, but detest cleaning sparkles for years. You cannot have a snow globe without some sparkly snow, in my opinion, so it's time to get sparkly.

There are many ways to make homemade snow globes, but I opted for the recycled version. Any glass jar will do; I am using a glass sauce Mason jar and lid.

Start collecting treasures, little miniature trees, mini foam balls to make a snowman, snowflake cut-outs and whatever you find to glue to your base, which is the underside of your lid. Once glued and dried it's time to add your water and snow ... aka glitter bomb time.

Fill the jar up with enough water and snow mixture so that it does not overflow once you add your lid. A little trial and error and once you are happy, place hot glue along the rim of your lid and seal it up! Another layer of glue along the outer edge and add some ribbon or greenery to hide your lid.

If you are not planning on filling with water you can always use a clear plastic ornament shell and add battery operated lights.

This craft is easy to make using what you have at home or have collected through the years to make them special. 🎁

GLITTER BOMB: Kate Devlin, 4, adds sparkle to her holiday by making a snow globe with Mum.

COAST HERE ALL YEAR!



STURMFREI (*adj.*)

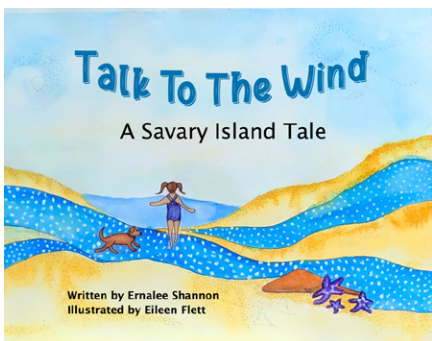
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Happy Jolabokafloð

These local books, all released since July of this year, will have you making like an Icelander and celebrating “Christmas Book Flood” on December 24. How? Give a book gift & stay up late to read.



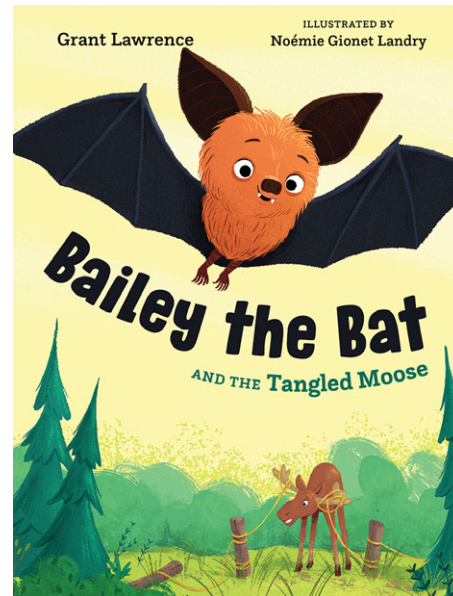
Talk To The Wind: A Savary Island Tale

By Ernalee Shannon, illustrated by Eileen Flett

When Kaia makes an unusual friend, her summer vacation becomes extra special. But even the best, sun-kissed holiday must come to an end.

Brimming with west coast landscapes, this book focuses on kindness, respect, and daring to be friends with someone who's different than you

Talk To The Wind, A Savary Island Tale (and soon Junior Superhero) is available locally at Pocket Books (found in Ecossentials), Paperwork's Gift Gallery, Oceanside Books and Games and on-line at: www.lulu.com



Bailey the Bat & the Tangled Moose

By Grant Lawrence, illustrated by Noemie Gionet Landry

Grant Lawrence is an honorary gathet local, as his family owns property in Desolation Sound, and he writes about this region on the reg.

This is his first children's book. It's published by Orca Books, and is available at Seaside Aenfae in Townsite Market for \$19.95.

Where Is My Home?

By Leona Bourcier, illustrated by: Jenny Allen Taves

Where Is My Home? is a picture book that shares a variety of animals and the places they call home. \$15. Email angielovesbugs21@gmail.com to order your copy or www.leonabourcier.com



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More books for young people

The Adventure of the Prince

By Aasir Diab

This is this Brooks Grade 9 student's first book.

In this fantasy fictional world, Ben has not always gotten along with this father, but when a traitor kidnaps his dad and takes him to the mysterious Land of Yelk, it's up to Ben to overcome challenges, and save his father. Buy it on Amazon for \$14.97 as a paperback. It can also be found in town in the Library.



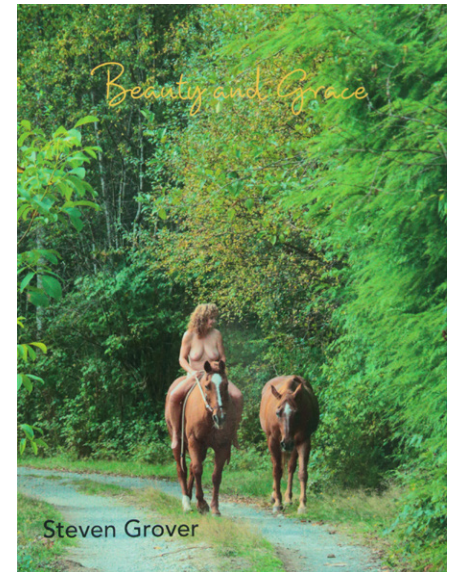
Beauty and Grace

By Steven Grover

Beauty and Grace is a 72-page self-published photo book documenting 15 women over 50 years old that reside in the qRD and Powell River.

The 86 photographs capture these local women pursuing their interests, exploring their creativity, and sometimes just having fun. Their Beauty and Grace will make you smile!

Beauty and Grace is available at



Artique. The price is \$60 and is in the display of local photographer and painter, Steven Grover. The book may also be purchased through the online publisher Blurb by searching the author's name.

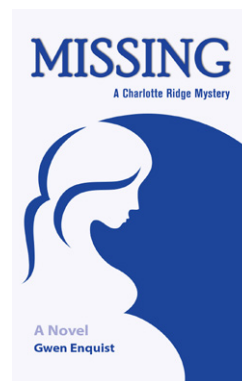


Dream Mountain

By Loren Halloran

This sequel to Loren's first book, the Mysterious Ledge, was written to inform readers of ecological issues in an entertaining, fairytale-like fashion.

The books are available at the Library and on Amazon for \$32.



Missing: A Charlotte Ridge Mystery

By Gwen Enquist

Two tragic deaths 24 years apart, one a murder, one a body dropped in the woods several hours after giving birth. The latest in this local mystery-writer's series. The price is \$20 and is available at egwen@shaw.ca

Mousekin Stories



By Kitty Clemens,

illustrated by Julia Kliauga

Mousekin Stories is a collection of 25 delightful tales, about a mischievous mouse and his siblings. Each story is descriptive and playful.

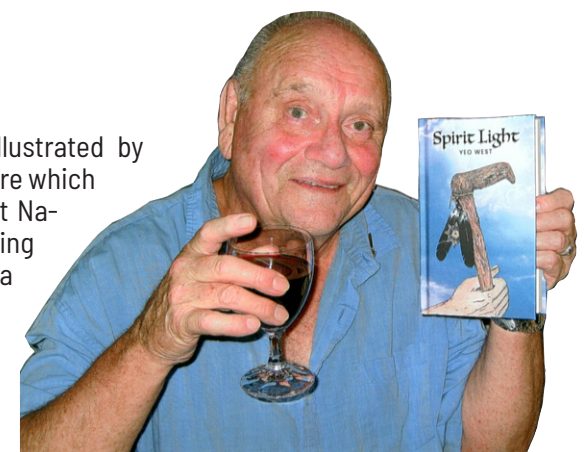
Currently the book can be ordered at www.mousekinstories.com for \$27 for locals in Powell River and \$30 for anywhere else in Canada and the US, which includes shipping. The book is also being retailed at Seaside Aenfae Boutique in Townsite and Oceanside Books & Games.



Spirit Light

By Yeo West

'SPIRIT LIGHT', written and illustrated by Yeo West is a fictional adventure which pays heartfelt homage to First Nation peoples while propelling the hero, Ernie Freeman, on a treacherous emotional journey. Available from Amazon, Barnes&Noble, Indigo/ Chapters, Apple Books and Instagram. \$22.



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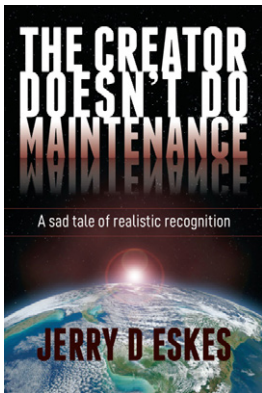
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Non-Fiction



THE CREATOR DOESN'T DO MAINTENANCE: A SAD TALE OF REALISTIC RECOGNITION

By Jerry Eskes

How could a race of beings that developed heated car seats as an essential comfort to their sorry asses ever have been allowed to cohabitate with the wonder-filled world of Mother Nature? How could this selfish, self-serving race of beings ever have been granted the privilege of citizenship within such a fragile ecosystem as the natural world of planet Earth?

Available in ebook (\$3.99) or paperback on Amazon. Available soon at local bookstores.

Clyde the Birdman: A Memoir

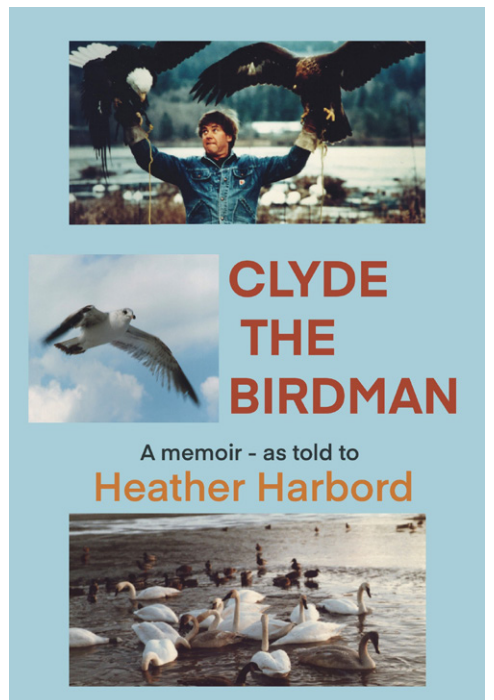
By Heather Harbord

Clyde Burton grew up in a small Newfoundland outport. Many of his experiences observing and raising young birds are reminiscent of those of Gerald Durrell. These experiences were to shape the remainder of his life.

Clyde Burton's knowledge of birds is encyclopedic. As a Newfoundland outport child, he raised them from eggs and got his first eagle chick.



Moving to BC, he started the Cranberry Lake Wildlife Sanctuary to showcase water birds. In 1999, he persuaded local Powell River birders to start the first Audubon Christmas Bird Count. His adventures are told to local author, Heather Harbord.



Suitable for all ages. Find it online at books2read.com for \$12.99. Also available at Amazon, Kobo and Kindle.

Fiction & Literary

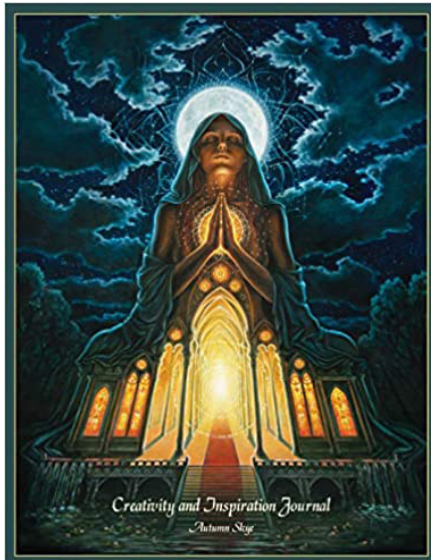


By Autumn Skye Morrison

Inspiration cards & Creativity & Inspiration journal

This special self-published 55-card deck is intended to inspire and empower the user through reflective imagery and sweet and simple messages and insights. (Newest 11-card edition from 2021 available separately \$20). \$65 for the full set.

Plant the seeds of your future creations with this deluxe paperback



journal. It is designed to be a sacred space for all facets of your self-expression. Uplifting messages, quotes, and full-page color art reproductions are interspersed throughout the journal for additional inspiration. \$38.

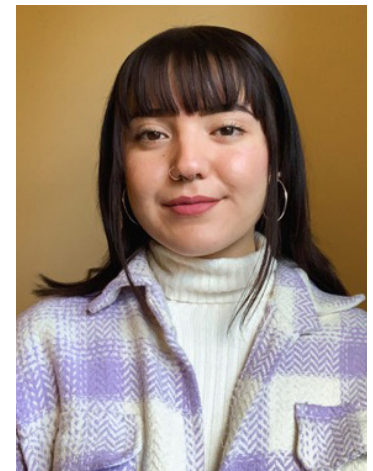
Find them at Artique, Studio Curious and Soapy Dragon, or on etsy.



A little collection of poems

By Allison Conibear

ᐃᐱᑦᑕᑲᑦᑲᑦᑲᑦ. Allison Conibear ᐃᑲᑦᑲᑦᑲᑦᑲᑦ nən. tawač k^w tołq, łaᐃəmen, Le'eyqsun, hega English. Hi! I'm Allison Conibear. My maternal family comes from the Klahoose and Tla'amin Nations—my paternal family comes from Le'eyqsun Nation and English heritage. After finding my Dad's "small collection of



poems" I was inspired to create my own. I am currently sold out, but you can find my zine at the Powell River Public Library. Printed with support from jehjeh Media, and their programs: qəməθot q^way (to join in speaking), and ᐃᑲᑦᑲᑦᑲᑦᑲᑦ ᐃᐱᑦᑲᑦᑲᑦᑲᑦ (we are all beautiful) supported by Canadian Roots Exchange.

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A gallery of photos by Douglas Unger

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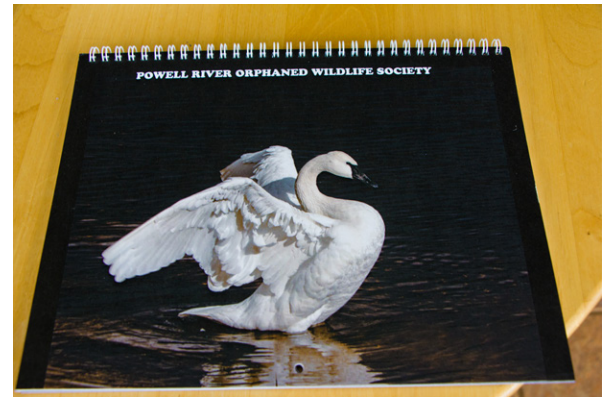
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Sea Forest Photography

By Carl Anderson

Calendars are available through my facebook page facebook.com/seaforestphotography or by email seaforestphotography@gmail.com. \$30



Powell River Orphaned Wildlife Society fundraiser

Photos by Michelle Pennell

Calendars available at Paperworks, Springtime, and Mother Nature. \$25.



Powell River, Naturally 2022

Photography by Douglas Unger, design by Works Printing & Design

Images of local wildlife, harbours and Cranberry Lake. Available from Tourism Powell River, Paperworks Gift Gallery and other locations, or at douglasungerphotography.com, or email robert@powellriverprinting.com

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The Boardwalk Restaurant in Lund

... is taking a well-earned break.

The Boardwalk will be **CLOSED** for the next few months. Why? There are many reasons, but primarily, the owners haven't had an extended break in over 25 years, and they need to take care of their health. Roy & Rayana thank you for your support and **look forward to seeing you in spring!**

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Have a happy & blessed Christmas.

Please don't drink and drive.



Winterspell

by Indigo Lee (Cindy Koppen)

This album was recorded, mixed and mastered at the head of Okeover Arm, by Mitch Burton in 2020. A musician in his own right, he is also a skilled percussionist. "It was a fun project and would not have been possible without the expert musical guidance of John Burton (of Doug & the Slugs), our 'song-bird' daughter Autumn Skye Morrison on backup harmonies and album cover graphics, my brother Dan Warren's amazing trumpet and his daughter Lucy Warren's sweet violin on 'Can't Change'."

The digital version of the album can be bought for \$10 (or more) on-line at this address: indigolee.bandcamp.com/releases



Lundie sings


Occasional Lund resident and international uber-crooner

Michael Bublé is releasing his Christmas 10th Anniversary Super Deluxe Box Set this season. We asked his publicist for a photo shoot, but she refused. That's the difference between getting your mug in this spread and being stuck in a sidebar, Mikey.

"The good ol' days"

By Paul Marier

Paul's original country songs are stories he wants to share with all genders and ages. Some songs are a modern country southern rock feel and others are just straight country.

This four-song EP is available on Apple Music, iTunes, Spotify, Amazon music and YouTube. 



The VK
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In partnership with Parks, Rec & Culture, look for our new programs in the winter *Active Living Guide!*



Mental Health Counselling

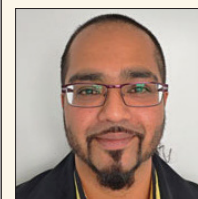
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- First Nations Health Authority (FNHA)
- ICBC • Crime Victim Assistance program (CVAP)

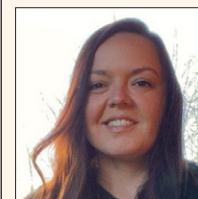


Kara Fogwell, Registered Social Worker, Registered Clinical Counsellor, specializing in Emotionally Focused Therapy, Mindfulness Based Cognitive Therapy, and somatic work. Kara has experience working with children, youth, and adults.

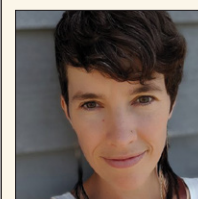


Vednidhi Teeruthroy, Registered Clinical Counsellor, Registered Marriage & Family Counsellor, Registered Psychotherapist and Certified Hypnotherapist. Ved is new to Powell River and has availability during

the day as well as in the evenings and some weekends. Ved specializes in addiction supports and has experience working with a variety of cultures. He is most familiar in working from a trauma-informed, and culturally-sensitive lens using therapeutic approaches such as narrative therapy. Ved also has a passion for drumming as part of a healing practice.



Tarra Tipton, Registered Social Worker. She has 14 years experience working with individuals in the human services sector. She has experience supporting individuals with mental and physical disabilities as well as support in treatment and rehabilitation settings. Her background includes behaviour management, youth care, and counselling across the lifespan. Tarra's counselling approach is client-centred, strengths focused, and very down-to earth.



Sheena Lee, Clinical Counselling Student. Sheena is completing her counselling practicum and has extensive medical knowledge and education working with pre-natal and postpartum parents. She was a registered midwife for the past decade, before making her career switch to clinical counselling. Her counselling passion is working with those who have experienced trauma. She recently completed Level 1 TRIP trauma training intervention.

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CABIN FEVER: Adam Beach on set of *Exile* in a cabin in Okeover with director and producer Jason James.

Photo by Sandy Rossignol

Hollywood North, North

This region's landscapes, stores and people are featured in a movie: *Exile*, starring Adam Beach

BY ISABELLE SOUTHCOTT

A psycho-thriller filmed in Powell River/qathet last month drew on local actors, graduates, and the Director of the Powell River Digital Film School (PRDFS).

Exile, starring Adam Beach and Camille Sullivan and directed and produced by Jason James was filmed during some of November's worst weather, but according to Tony Papa, PRDFS Director and the film's associate producer, it was perfect for the movie.

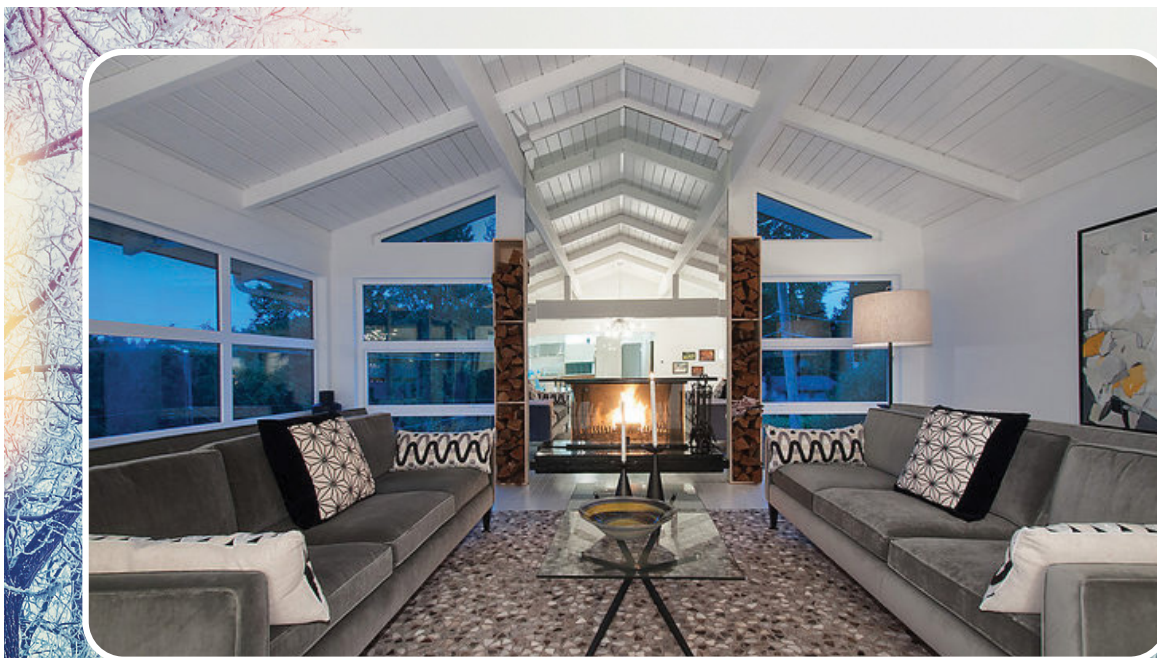
Three weeks of filming wrapped up on November 20 marking one of only a few productions ever filmed here. (Kayak to Klemtu released in 2017 and shot primarily in Lund and Desolation Sound stars Ta'Kaiya

Blaney and Evan Adams, both from Tla'amin Nation). The original script of *Exile* was rewritten in order to incorporate the unique features of the qathet region.

"We'd like to premiere this film here for the film festival in October," says Tony.

The thriller has Ted Evans – played by Adam Beach – receive a threat from the man whose family he killed in a DUI, just before he is released from prison. The note says: "If you make contact with your family, I'll kill them."

Believing that the danger is real, Ted exiles himself to a reclusive life (at the end of the road in a cabin in Okeover) to protect his family. However, Ted's wife Sara knows the threat is merely a manifestation of her husband's profound guilt. Determined to rebuild



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their family, Sara tracks her husband down to confront him with hard evidence that the threat is imagined. But Sara has no idea just how unhinged Ted has become—or how real the threat may be after all.

When Powell River actor Carma Sacree landed a speaking role in *Exile* she was thrilled to learn she'd be filming in her hometown.

Carma has an agent and has been working in the industry for three years. She's been successful in booking com-

Wilder's mom. "Now they want to be actors!"

Lead actor Adam Beach says Powell River is a scenic location that opens your heart and mind.

"Powell River's awesome. I needed some sort of cleansing and one of the good things is before we started [filming] they needed to show my character, Ted Evans, doing some sort of healing process. So I went out there in Powell River and I found eagle feathers, hawk feathers, a woodpecker feather,



SAY CHEESE: Tony Papa with Adam Beach.

mercials, but this is her first film and TV role besides doing student films and a lead in a pilot series.

Carma says that Tony was instrumental in her landing this role.

"Tony really pushed for me to get the part," she says.

In *Exile*, she plays the role of a chatty grocery store clerk at Marshall's Store (the Black Point Store) and waits on Ted.

"The film crew was great, the director made me feel super comfortable. It was also fun that I was on set with Madyx Whiteway, who was a musical theatre student of mine. It was an honour to work in my hometown, I'm so proud of Powell River."

Four local children depicting Ted and Sara's children at different ages, were featured. Austin Johannesson and Peyton Roux were the couple's children at a younger age and Wrenwin and Wilder Angell portrayed the children when they were older. Austin's parents played background parts during filming at Skeeter Jack's Restaurant.

"They were so excited about doing this," said Tai Uhlmann, Wrenwin and

a grandfather stone, cedar, and some shells for some tobacco, so it allowed me to find a medicine bundle, and for me, it was a nice reminder that whatever I was going through that I had my medicines there to watch over me and make sure that I kind of have a sense of reality going through a lot of emotions."

Adam says his favourite moment was when the cast was out on a boat and a pod of whales dipped underneath and emerged in front of them. "I definitely will be coming back," he adds.

For the 13 years that Tony has been running the film school, he's been working on bringing movies to Powell River. "It's a great place to shoot, as well as live," he says.

Three years ago, Tony brought Jason James – the director of *Exile* – to Powell River to talk to his film school students.

"So, when he was thinking of this film, he asked me to help out with it. He'd been to Squamish and Langley, and I said this is the place! So, then they [the producers] flew up and I read the script and started working on what we have here in qathet to match the

Locals in Exile

Crew

Tony Papa • Associate Producer

Paul Human • Key Grip

Mel Yerna • Lamp Operator

Max Chiasson • Assistant Camera

Cast

Carma Sacree • Chatty grocery store clerk

Austin Johannesson and Peyton Roux, Wrenwin and Wilder Angell • Children of the main characters at different ages

Kymo Van Oers • Police Officer

Caroline Jobe • In the bar scene

Pat Gordon, Theo Angell, Brian Lee and Robert Mackle • Prisoners

Brian Kyle • McGrath on the sailboat.



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qathet **LIVING**

script. After a couple of very long days, we found every location that was needed," he said.

Tony's motivation for having movies filmed here is two-fold. One, he wants to get his students close to the real thing (he also takes them to sets in Vancouver) and two, he's hoping that having one feature filmed here will lead to another and then another which is all good for the local economy and his students.

"It's hard for students to imagine what it's like to work in the industry until they actually work in the industry," says Tony.

Mel's plans for the fall of 2022 will see her studying film production at Capilano College as she works on a Bachelor's-degree in film production. "I've always been interested in film. It's been absolutely crazy some days working 14 hours non-stop, but I love it. It is confirming that this is what I want to do for the rest of my life."

Max worked as the third assistant camera on *Exile*. "I was second assistant camera for some of the days because the other guy was sick," he explained. "It was a great opportunity."

It was the first time that Max has ever worked on "a real production."



MOVIE FAMILY: *Exile* actors Adam Beach and Camille Sullivan with their "children" played by locals Austin Johanneson and Peyton Roux. Photo by Sandy Rossignol

Students like Paul Human, a 2008 PRDFS graduate who also attended Capilano Film School, before launching his career in the film industry was key grip on *Exile*.

"Paul's been working in the movie industry for quite a while now and has a reputation in Vancouver as the guy to call as key grip," said Tony. "If students prove themselves, they'll get offers for work."

And that's precisely what happened to Mel Yerna (a 2020 PRDFS graduate) and Max Chiasson (a 2018 graduate).

Mel worked as the lamp operator on *Exile* under mentor Zane Klassen – the show's gaffer (chief of lighting on a film set).

"It's an experience I wouldn't have without the digital film school, and I am so grateful that Tony recommended me," says Mel. "I am super happy to be here."

Working on the set has helped Mel learn how to use the equipment and the terms they use – how they talk to each other on set. "It's also good for making connections within the industry," she explained. "I've already been offered more work and reference letters."

"It's hard for students to imagine what it's like to work in the industry until they actually work in the industry."

Tony Papa

Max says the film industry lines up with a lot of things he spends his free time doing and that includes photography. "I like creating something that did not exist before," he told *qathet Living*.

Tony knows how much this area has to offer the movie industry and he's on a mission to let other know.

"Independent productions and other



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CHATTY CLERK: Local actor Carma Sacree in a scene with Adam Beach.

producers will hear how we are building our infrastructure (locations, catering, etc.) here and that we have people with locations who are willing to work with producers.”

What that means for students is that if they can bring more films to qathet, there will be opportunities for students to work on them and learn without leaving town. Independent films have the trainee positions whereas the bigger productions often don't.

One of the unique aspects of *Exile* is that Powell River will remain as Powell River for the film and not have its name changed to something else, says Tony.

“It says Powell River on the police car and City Hall is transformed into a police station for the movie and it is the Powell River Police Station.”

Other local locations used in the filming of *Exile* include the Black Point Store, the Cranberry Motor Inn (also known as the Cran Bar), City Hall, Grief Point Park (the Airplane Park), Okeover and Dinner Rock.

A handful of other locals also had roles.

“We also want to give a shout out to the police. RCMP Sergeant Sandi Swanson and Corporal Phil Caza for assisting us on a road closure to perform a car accident flashback. “They helped us out and the scene worked perfectly,” he added.

For Tony, who got his start in the industry in the early 1980s in New York City, doing music videos for names like Huey Lewis and Dire Straits, before becoming an award-winning producer/director in Vancouver, his connections in the industry are invaluable and he's going to do whatever he can to bring more movies to Powell River.

He's excited about the connections and opportunities *Exile* has brought to this region.

Well-known Chief Medical Officer of the First Nations Health Authority Dr. Evan Adams is also an actor who also starred in *Smoke Signals* with *Exile's* Adam Beach in 1998.

When Adam cracked a rib on set doing a stunt while shooting was taking place at Dinner Rock, Evan, who was only a few minutes away in Tla'amin, drove to the set to check on Adam. **PL**

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You go, pucksters

For the first time ever, qathet has an all-girls hockey team.

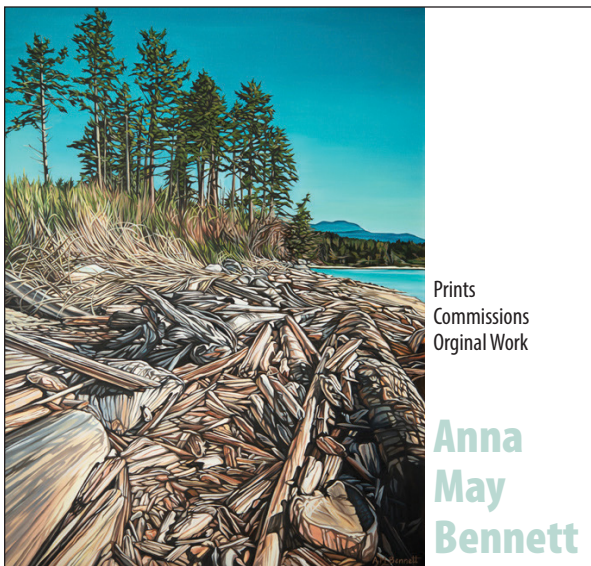
Girls have played hockey here for decades, explained coach Julie Venselaar, and have enjoyed their own all-female weekly development program for about 14 years. There are 48 girls in that program—many of whom don't also play on a mixed team.

"There's 16 girls on the team, and they're awesome," said Julie. "They're so fun, they work so hard, and their skills have improved so much. They're getting really, really good."

In fact, the girls, accompanied by coaches Jodi Mastrodonato and Suzi Weibe, will play in their first away tournament December 27 to 29 in Nanaimo.

Girls hockey wasn't a "thing" when Julie was growing up. "It's my belief that it's really important for girls to be involved in sport, especially in the preteen and early teen years," she said.

"It gives them all those physical benefits as well as sense of belonging, friendships, the sense that they're part of something, and all the skills you gain in environments like that." **PL**



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YES, THESE SNAPS ARE ALL FROM FALL 2021: New local Maren Bruun took this shot on the Knuckleheads Range. Sarah Reiter with a whiskey jack. Andy Durie caught Andrew Durie mid-jump. Chad Levoie snapped this one of Matt McDowell climbing the big Knuckle. Tourism Powell River expedition by helicopter.

New to the search for snow here? Tourism Powell River and the Knuckleheads Winter Recreation Association offer plenty of resources to get you out whether you're a skier, sledder, snowshoer or just like a hut.

BY MELANIE ANAKA

Getting into the backcountry to enjoy the snow is totally possible for most people with a car.

Recreation Maps are available at the Powell River Visitor Centre for just \$5 or download the maps on the Avenza App. Knuckleheads Winter Recreation Association (KWRA) has a georeferenced map of their area available in the files section of their Facebook page.

Always leave a return plan with someone in case you don't return on time. Take a Satellite Communicator, an emergency kit, an overnight kit and when travelling on logging roads (even on weekends!), you will also need a radio to communicate with the logging trucks. Most logging road access is four-wheel-drive access and requires clearance.

Rainy Day Lake sees snow late into the year – where snow sticks around the longest. Rainy Day Lake is accessible either by hiking in from the Forest Service Road or driving it. From SALTERY Bay Ferry terminal, head up SALTERY Bay FSR 01 – this is the closest access to snow from town – the trip by vehicle is

less than an hour. If you want to make it all the way to the lake, you'll need to bring some waterproof shoes as this part of the Sunshine Coast Trail gets quite muddy this time of year.

Freda Lake is accessible up Stillwater Main – the lake is beautiful. Or you can drive up higher for more snow.

Access KWRA trails by travelling up Stillwater main to either A branch (16 miles up), E branch (18 mile), or F branch (18.5 mile) and proceeding to trailhead parking.

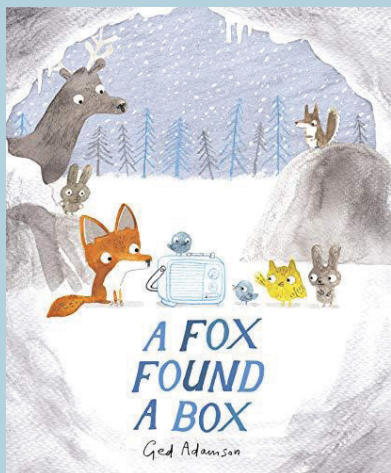
It's generally better to park lower down than try to push through increasing snow depth; until you know the area and possible turn around spots it'll only add a few minutes on foot and could save you from getting stuck.

Emma Lake access via Goat Lake Main up to A-800, watch for "Emma Direct" sign.

This is a one- to two-hour drive. Once parked at the trail head, it is another 3-5 hour hike (more in snowshoes). Snowshoe rentals are available at a few businesses in town.

If you can't make it up by snowshoes you could always get a helicopter to take you up like we did!

We're feeling festive this December!



Seasonal Puppet Show

Join Sonia, Deb, and Mel for our annual holiday extravaganza! Enjoy puppet plays, great stories, live music and more!

**Wednesday, December 22
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WORK HARD, PLAY HARDER: Top, Roger Artigues and Claudine Veran's trail photos of each other. Right, the team from Cadam and the Knucklehead Winter Recreation Association installed a new wood stove at Chateau Rotary in November. You don't need to be an expert skier to enjoy the backcountry - any sled will do, as you can see in this Andy Durie photo. Above, Allen Parsons grooms trails.

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Friends & family lure Albertans home to qathet

Eric Stenberg is a boomerang Powell Riverite. He left 42 years ago to pursue careers with the RCMP and as a private investigator. Laurie Stenberg worked as a court reporter for 30 years in Alberta. She is now semi-retired, working from home transcribing periodically. They have three children and an eight-year-old granddaughter. Since moving here, they've been renovating the home they purchased in the Townsite. They're in love with the historic charm of Townsite and are featuring the charm as much as they can in their new / old home. When not renovating, they play Pickleball, hike and spend time at the lake.

Why did you choose to move here?

Eric & Laurie • We have been coming to our cabin on Powell Lake for the last 30 years (more for Eric) and we had a good friend base here. Once we retired from our jobs in downtown Edmonton, we were able to come and enjoy a place where the winters are not quite so cold and snowy. Laurie is able to work from home which is a huge bonus.

When? Where from?

Eric & Laurie • We moved from St. Albert, Alberta where we had been living for 30 years and officially moved out to Powell River in September 2020 once our home in St. Albert sold. St. Albert is a suburb of Edmonton.

What surprised you once you moved here?

Eric & Laurie • The amount of trails and paths that were open to wander and explore. The viewpoints from some of the trails are spectacular and nice places to sit and absorb what nature has to offer. It is also really good for our well being both mentally and physically.



CABIN FEVER: Laurie and Eric Stenberg spent a lot of time up the lake before moving here.

What made you decide to move here?

Eric & Laurie • We have owned a cabin on Powell Lake since 2007. Prior to that Eric's mother and father have had a cabin at Powell Lake since 1967. He was born and raised in Powell River. We also had a great friend base. Eric's sister lives here too with her family which was a big pull. The final tipping factor was our daughter gaining employment in town and making the move just a few months prior to us.

Where is your favourite place here?

Eric & Laurie • There are a few, but one of our most favourite is Powell Lake. Shinglemill (the people who work there are wonderful), Townsite Brewery, Patricia Theatre are all places that follow closely behind. Valentine Mountain, Stillwater Bluffs and Gibsons Beach and trails are some of our favourite outdoor places.

How did you first hear about this region?

Eric & Laurie • Eric was born and raised here until he left for a career in Alberta in 1978. He is a boomerang.

What would make this a nicer community?

Eric & Laurie • More dentists, as that was the biggest hurdle we faced. We were fortunate that a new general practitioner came to town shortly before we arrived so that was not an issue. More assistance for homeless people and people in need of support.

What aspect of your previous community do you think would benefit qathet?

Eric & Laurie • St. Albert was a leader in automated organic and garbage collection bins which we missed when we first moved. Just this past October Powell River implemented the garbage bin situation, but it would be beneficial to have an organic bin too.

What challenges did you face in trying to make a life for yourself here?

Eric & Laurie • One challenge we had prior to our move was the ferries canceling and being stranded when we were house hunting. We haven't had any major challenges since. The biggest challenge may be medical support in the future.

If you were mayor, what would you do?

Eric & Laurie • Stay on track, be prudent with funds to keep this city operating smoothly. A new airport would be a bonus.


What are Powell River's best assets?

Eric & Laurie • The people. We love the small town culture. We appreciate Powell River's history and arts community, as well as the beautiful scenery that surrounds us.

What is your greatest extravagance?

Eric & Laurie • We love to travel internationally.

Which superpower would you most like to have?

Eric & Laurie • Eric would like to straighten a few roads between here and Vancouver. Laurie would like to be able to fly like a bird whenever the feeling hits, and peace on earth. 



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WHAT'S UP

Banff Mountain Film Fest at the Max

The Banff Mountain Film Festival World Tour is LIVE and back in Powell River!

After taking a COVID-induced hiatus and going to an online format last year, the film festival returns January 14 and 15 at the Max Cameron Theatre at Brooks Secondary School.

The festival is a special project for School District 47's Jim Palm who is responsible for bringing the first one here 17 years ago.

Masks are required and festival patrons are to enter through the school gym (where the reception will be held)

for a COVID vaccine scan and photo identification check.

Tickets to the festival sell quickly so if you'd like one or two, don't think too long or you may be disappointed.

This year there will be no live host from Banff – the host is virtual. Each night features a different lineup of films and ticket stubs will be drawn at intermission for door prizes.

Tickets are \$30 in advance and are available at TAWS and the Peak.

Kettles are out

Salvation Army volunteers Helen and Stuart McRae are two of the Army's many helpers (See Page 55) who look forward to ringing the bell and

working the kettles during the organization's biggest fundraising event of the year. The Salvation Army's kettles are at Walmart, Quality Foods, Save On, Freshco and in front of the BC Liquor Store. To volunteer please call 604-485-6067.

Patrick Brabazon still chairs qathet RD board

For the eighth year in a row, Patrick Brabazon will lead the qathet Regional District Board of Directors for 2022.

Patrick was acclaimed as chair of the board at the Nov. 25 meeting.

"It is an honour to serve this community and I am continually impressed

by the dedication of our hard working Board of Directors and staff who strive for excellence in support of our region," he said.

Dry Grad is back

The Dry Grad Safe Ride fundraiser is back. If you have an event happening that requires a safe ride home for your guests, contact Dry Grad soon to secure drivers. A registration fee of \$50 is required to book this service. Donations are also appreciated. All proceeds go directly towards this year's Grade 12 Dry Grad celebration.

For more information about the safe rides, or to book the service, email dryprompowellriver@gmail.com.

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THE OTHER BOTTOM LINE

“Learn, Earn, Return” guides local airline

Pacific Coastal Airlines is a privately owned, British Columbia based, regional airline founded by Daryl Smith nearly 35 years ago.

From its primary hub at Vancouver International Airport South Terminal, Pacific Coastal (PCA) provides scheduled flights and cargo services to 18 destinations throughout BC as well as charter service in Western Canada. PCA work in partnership with both WestJet and Wilderness Seaplanes.

The airline’s motto is ‘People Friendly, People First.’ “As an equal opportunity employer, we encourage a positive, caring workplace and put a high value on collaboration, accountability, and loyalty. We are very proud to give back and provide support to the communities that we serve,” says president Quentin Smith. Here, he elaborates:

What is your “triple bottom line”? How do you add social value to this community?

Quentin • Having locations in numerous BC communities enables us to participate in supporting many provincial charities and societies that have a local presence.

PCA provides air travel for Special Olympics BC athletes, coaches and volunteers when attending events all over BC, while also providing ongoing fundraising efforts throughout the year. In January 2019, we celebrated our 20-year partnership with Special Olympics British Columbia, and we are incredibly proud to be a member of the Special Olympics BC Hall of Fame.

PCA also donates cargo space on flights to transport animals in need of medical care, adoption, and relocation to and from BC SPCA shelters across the province. These



FUR FLIES: Pacific Coastal Airlines’ corporate culture of giving back includes everyone who works there. As well as giving donations, the airline flies Special Olympians free to their events, plus animals and birds in need of care, such as this seal pup, above.

flights allow animals their best chance of adoption and finding their forever home by moving them to shelters in more populated areas.

We recognize that ultimately our success comes as a result of the people and businesses of the communities we offer service to and, therefore, add social value by supporting local non-profit organizations and charities that do not have the resources for large fundraising campaigns and operate within tight budget constraints.

Our Community Sharing Program oversees several annual fundraising initiatives including our Annual Memorial Charity Golf Tournament and “12 Days of Christmas” raffle which, during the holiday season, supports families in need within the communities we serve by providing food, clothing, household items, and gifts from Santa for the children.

Have you always done this? What got you started?

Quentin • Since my father started his first business venture in 1964 he always promoted the philosophy of “Learn... Earn...Return” and throughout his lifetime continuously ensured that it was woven into the DNA of the business, as he strongly believed in good corporate citizenship by giving back to the communities who support us.

Do you have a personal connection to this cause?

Quentin • The business is now second generation and the Smith family continues to support the legacy and philosophy that helped grow the business to what it is today.

What kind of practical support do you get, and from whom, to help you achieve this social value?

Quentin • Being able to see the direct impact we have helped create within the bases we fly to, establishes a strong connection and commitment to the people within these communities.

Have there been any hiccups or challenges that others could learn from?

Quentin • Although COVID has made it difficult to provide the same amount of support we have done in the past, showing up for our communities is always at the top of our list. Our devoted employees have continuously made it possible to help achieve our community support goals.

What do you hope is the legacy of this work?

Quentin • I hope that the legacy of Pacific Coastal’s social value continues to develop, we find new ways to grow our social responsibility, and create connection, allowing us to work towards making a bigger impact.

What advice do you have for other businesses who might want to add social value to their bottom line?

Quentin • Adding social value should be shared as a collective employee group, and it should align with your business’ core values. The importance of creating an impact, and providing support should be modeled and lived by from the top down. **PL**



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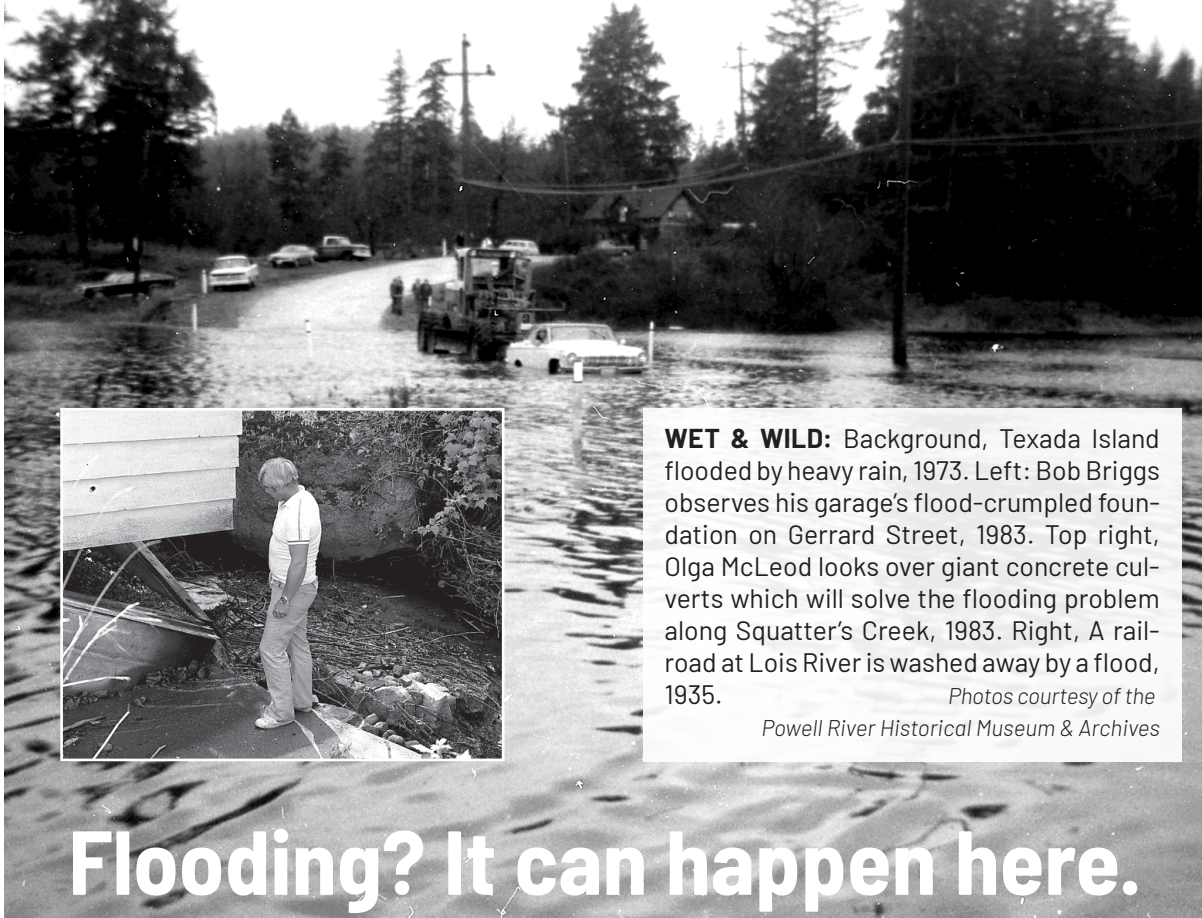
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WET & WILD: Background, Texada Island flooded by heavy rain, 1973. Left: Bob Briggs observes his garage's flood-crumpled foundation on Gerrard Street, 1983. Top right, Olga McLeod looks over giant concrete culverts which will solve the flooding problem along Squatter's Creek, 1983. Right, A railroad at Lois River is washed away by a flood, 1935.

Photos courtesy of the Powell River Historical Museum & Archives



Flooding? It can happen here.

With the recent environmental challenges facing many communities throughout the province, I was curious to find out about past floods in qathet's history. Somewhat less susceptible to extreme flooding, qathet has mostly been a victim of forest fires and earthquakes in terms of natural disasters.

That's not to say we haven't had them; there are many records of smaller scale floods in the region. One of them occurring in February of 1935, when the Lois River flooded. This flood caused landslides, disrupted railroad tracks, and resulted in cracks in the penstock cradle at the Lois Lake Dam.

In January of 1973, three consecutive days of heavy rain caused flooding throughout the region. Hit hardest by the rainfall was Texada Island. Two feet of water flooded Andy's Corner between Gillies Bay and Vananda. Some bridges on the highway were damaged and schools were closed for a few days.

Heavy rain also used to cause flooding problems in Westview, with Squatter's Creek overflowing. The creek which runs through Westview, created many problems for homeowners over the years before it was diverted. In 1983, big concrete culverts were purchased by the Municipality, part of a \$400,000 project to manage the creek.

Although a great flood like the one facing our neighbours today, has not been seen in our part of the world just yet, similar flooding has occurred in the

lower mainland previously.

In June of 1948, major flooding occurred throughout the entire Fraser Valley, resulting in the evacuation of 16,000 people and over 2,000 homes were destroyed. An initiative from the Board of Trade in Vancouver was set-up, creating a province-wide B.C. Flood Emergency Fund with a million dollar objective (equivalent to 11 million dollars in 2021).

Interestingly, in Powell River, a Local Committee was formed to handle an emergency drive for the victims of the flood. At a special meeting of the

Powell River Local 142 and Local 76, which represented 1,500 Pulp, Sulphite, and Paper Mill workers, it was agreed that a day's pay per worker would be deducted from payroll, to support the B.C. Flood Relief Fund.

There was also a dance at the Lund Community Hall to fundraise for the Flood Emergency Fund and an elementary class even hosted an afternoon tea fundraiser. This is just one example in our history, where qathet rose to the occasion and assembled forces to help our neighbours. You can call these initiatives a predecessor to the modern day go fund me pages.

Blast from the Past is written monthly by Powell River Historical Museum and Archives public engagement coordinator Joëlle Sévigny.

📧 | jysevigny@powellrivermuseum.ca



BLAST FROM THE PAST

JOËLLE SÉVIGNY



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Rain pounds the coast:

less here, but still

Do you remember the pounding rain here on November 15? That was one soggy, cold fall day – even wetter than normal. But compared to elsewhere in the province, it was practically a mist.

Abbotsford got nearly three times as much rain on November 14, as we did on our heaviest day, November 15. That's a serious deluge.

The Malahat, which closed due to flooding, got more than twice as much rain as qathet did over those same three days.

Though Princeton itself didn't get much rain, the Tualameen breached its shores and flooded the town's highway, homes and hotels.

Somehow, this devastating storm was caused by a "Pineapple Express," a weather event that sounds both hot and fun... but is neither. The atmospheric river starts north of the Hawaiian islands, and hits the West Coast of North America.

Until recently, they were infrequent. Noted ones happened in 1862, 1952, 1955, 2005, 2006, 2010, 2014, 2017, and twice so far in 2021.

Wet enough for ya?

Rainfall in mm

	qathet	Abbotsford	Princeton	YVR	Malahat
Nov 13	27.8	20	7.5	19.9	31.8
Nov 14	17.4	100.4	31.2	52.5	62.6
Nov 15	34.8	52.4	16.2	47.8	87.8
Total	80	172.8	54.9	120.2	182.2



WATER WAY: On November 15, a culvert overflowed onto the highway near Lang Bay, and sent a river into Rob and Kathy Maitland's crawlspace. Several of their neighbors and cousins came with shovels, and moved sod, rocks, and logs, re-directing water away from the house. Several hours later, they'd removed 4,600 gallons of water from the crawlspace. "Thanks everybody for pitching in!" said Kathy. At right, a spur line road near Mile 9 on the Goat Lake main is mostly washed away.



Photos by Kathy Maitland and Mario Gusalo

Powell River Historical Museum
— and Archives —

On October 18, 2021, the Board of Directors of the Powell River Historical Museum and Archives passed a motion to move forward with a NAME CHANGE PROCESS that reflects the broad geographic area served and the Museum's Mission, Vision and Mandate (www.powellrivermuseum.ca).

The Board of Directors invites and welcomes ideas and comments into this process and thanks all communities in Powell River and the qathet Regional District for their contributions.

Please write or email your input to the Executive Director, Laura Love at lauralove@powellrivermuseum.ca by no later than February 1st, 2022.

4790 Marine Ave. Powell River BC, V8A 4Z5



BUSINESS AFFAIRS

SEAN PERCY

New chapter for book store

The former Hindle's store on Marine Avenue has a new occupant. Oceanside Books and Games has moved across the street into the larger store, giving Karyne Bailey and her team the opportunity to display even more inventory. She has been able to double her display of used books, and triple her inventory of new books, music and movies. Hindle's Gifts, Cameras and Stationery had been in that location for 71 years when it closed with the retirement of the owners Anna and Doug Hindle. "We are truly honored to be in the building and hope to have as much success and time in the community as the Hindles did," said Karyne, who owns Oceanside with her two daughters. The new space will also allow Oceanside in the new year to add a video gaming room upstairs "away from the eyes and ears of little children," said Karyne. They've also been able to quadruple their collection of video games. "We will also be hosting game board nights in the new year and once my Dungeon Master is ready we will have a D&D evening as well."

This is the way

The Powell River and District United Way has moved into a new office in the Town Centre, next to

Subway. Julie Jenkins, director Community Engagement & Resource Development, says she hopes the new location in the mall will be more accessible to more people. The visibility is also better than their previous location in donated space upstairs behind RONA. "We're really happy to have this accessible space. It's bigger, and has a reception area to use for gatherings when it's safe to do that again," says Julie. It also allows the United Way to welcome back its Youth 2020 volunteer program during the evenings. United Way runs and funds programs throughout the qathet region to build community, end poverty, and help kids succeed. You can donate in person at the office, at unitedwayofpowellriver.ca, or by mail to PO Box 370 V8A 5C2..

Boardwalk steps back

The Boardwalk Restaurant in Lund is taking a winter break. Roy and Rayana Blackwell say the intermittent closures they've been forced to make for health and staffing and weather aren't doing the business any favours. There's also the fact that they haven't taken an extended break in over 25 years of operating restaurants, and they need to take care of their health. Roy and Rayana and staff say they appreciate the support they've enjoyed, and look forward to re-opening in spring.

Tourism board steps up

Tourism Powell River has a new board. Ann Nelson remains president and Jock McLauchlan is past president. Krystle Mitchelitis is vice president, with Kat

Richards as treasurer and Ann Snow as secretary. Directors are Eagle Walz, Jesse Newman, Chris Tsai, Bill McKinnon, Cheryl Walden, and Isabelle Southcott.

Locked in

Sanjay Chaube is in the process of transitioning his business, Advanced Interlocking Ltd., from the Lower Mainland to qathet.

Sanjay and his wife purchased a home in qathet this summer and are living and working here part-time with the goal of being here full time as soon as possible. Advanced Interlock installs interlocking paving stones, retaining walls, natural stone, driveways, patios and walkways. For more information phone 604-723-4164, email advancedinterlockltd@gmail.com, check the website at advancedinterlockltd.com or visit their Facebook page.

Still got your back

Dr. Ted Johnson of Powell River Chiropractic is selling the building that he has occupied since 2010. He plans to go down to practicing two days a week, so doesn't need the building full time. He says he's open to renting time and space from whoever buys it, but doesn't need it full time.

No awards

The Chamber of Commerce has decided to cancel its annual Business Awards and Gala Dinner for the second year in a row, citing concerns that COVID-19 would restrict ticket sales and make it not viable.

Find great gifts and stocking stuffers for the littles on your list!




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December in qathet

BIG DATES IN DECEMBER

Wednesday, December 1

World AIDS day

UNAIDS is highlighting the urgent need to end the inequalities that drive AIDS and other pandemics around the world.

Saturday, December 4

New Moon

Sunday, December 19

Full moon

Tuesday, December 21

Winter Solstice

10:58 am in the Western Hemisphere. Sunrise 8:13 am, sunset 4:19 pm.

Friday, December 24

Christmas Eve

See Page 59 for service times

Saturday, December 25

Christmas Day

No service from BC Transit.

Sunday, December 26

Boxing Day

No service from BC Transit.

Saturday, December 31

New Year's Eve

No service from BC Transit.

Sunday, January 1

New Years Day

No service from BC Transit.

GIVE BETTER: Salvation Army volunteers Helen and Stuart McRae ring in the season at Walmart in late November. See Page 58 for more ways to contribute this season.

Happy Holidays from all of us at City Transfer



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From Our Family To Yours

Merry Christmas





Jingle all the way

Friday, December 3

Winter Wonderland Opening Night

7 to 9 pm, Rec Complex. The forest-and-lights decorated rink is on until December 24. See powellriverprc.ca for the full schedule, including events.

December 3 to 24

Winter Wonderland

Enchanted forest skating trail at the Complex. See powellriverprc.ca for schedule and details.

Saturday, December 4

Santa Claus Parade

2 pm, Marine Avenue from Westview Ave to Alberni Street. Organized by the City of Powell River, the Nutcracker Market and the Peak newspaper.

Pet pictures with Santa at Mother Nature

10 to 5 pm, Mother Nature. Minimum donation \$15. Money raised goes to PR Therapeutic Riding, West Coast ACCESS and PROWLs.

Free Winter Wonderland Community Skate

10 am to noon at the Rec Complex. Photos with Santa by donation. Sponsored by Royal LePage and the PR & District United Way.

First "Cheer on the Pier" Christmas Market

It'll be a blast. Co-sponsored by the City of Powell River and *qathet Living* magazine. To find out more about becoming a food or artisan vendor, contact Alex at ayoung@powellriver.ca.

The Angry Snowmans

9 pm, Wildwood Public House. Christmas punk rock show plus the stand up comedy of Jason Lamb.

Powell River Chorus Christmas Concert

7:30 pm, Dwight Hall. An evening of traditional and contemporary holiday favorites conducted by Walter Martella and accompanied by Moira Hopfe-Ostensen. Doors open at 6:45. Proof of vaccination will be required. Tickets are \$15, children 12 and under are free. Tickets are available from Chorus members and at Armitage Men's Wear in the Town Centre.

Sunday, December 5

Santa on the Farm

10 to 2 pm, Three Chicken Farm. 2198 McLean Rd. Santa will be on the Farm! Come visit and go for a hay ride with him! Feed the farm animals, hold baby chicks, enjoy a hot chocolate, hot dog, popcorn and coffee for you parents

Holiday Garland Workshop

11 to 2 pm, Springtime Garden Centre. In this workshop we'll be creating a custom piece consisting of eucalyptus and traditional west coast winter greenery. You can customize it for your mantle, staircase, doorway, table setting, or to frame a window. www.everredfreshdesigns.com/products/holiday-garland-workshop

December 6 to 24

Santa at the Town Centre Mall

Get your pictures snapped by booking your appointment at prtowncentre.com/santa

Tuesday, December 7

Holiday Crafts for Early Years

6 to 7 pm, Oceanview Education Centre (7105 Nootka). Make ornaments and more! For ages 6 and under with an adult - siblings welcome. Email tmctaggart@youthandfamily.ca to reserve a spot. Adults must present a vaccine passport.

December 10 and 11

Santa Train

5 to 7 pm at the Paradise Exhibition Park off Padgett. Night ride with Christmas lights, bonfire, Santa, food concession and much more. By donation of cash, nonperishable food or new, unwrapped toys to the Salvation Army.

A Celebration of Carols by Candlelight

Friday at 7:30 pm, Saturday at 1:30 and 7:30 pm, Dwight Hall. A COVID-modified version of the traditional concert. \$25. See more at powellriveracademy.org.

Saturday, December 11

Ornament Making Workshop with Marlaire Taylor

2 to 3 pm Library. Make paper based Christmas ornaments, cards and gift tags. To Register mmerlino@prpl.ca


Winter Wonderland Skate with Santa

10 to noon, Rec Complex. Snap your own pix!


December 9 to 12

Winter Putter Land

The Powell River Firefighters and Putters are teaming up for a Burn Fund fundraiser. No mini



Weekly Programming at the YRC



Monday	Tuesday	Wednesday	Thursday	Friday
TIME IN	BLACKBIRD CREATES	PRIDE CIRCLE YRC	YRC CLUB	BLACKBIRD TALKS
Ages 8-12 3:15-4:30 pm	Ages 13-18 4:15-5:45 pm	Grades 8-12 6:00-7:30 pm	Ages 9-12 3:30-5:00 pm	Ages 13-18 4:30-5:30 pm

7105 Nootka Street (Oceanview Education Centre)



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pop-up shops:

Cheer on the Pier Christmas Market **Dec. 4th 4-8 pm**

Winterfest Christmas Market Carlson Club **Dec. 10th 4-9 pm**



Whimsical Beach Glass Art



Beach Glass Tree Ornaments

through December

golf, but come by for a fabulous lights display, hot cocoa, tea or espresso bar, and much more.

Sunday, December 12

Swig & Swag Workshop

11am Townsite Brewing. With Ever Red Fresh Designs. www.everredfreshdesigns.com/products/winter-driftwood-wall-hanging-at-townsite-brewing.

ArtRaven Family at the Farmers Market,

12:30 to 2:30, with the Orca Bus off Padgett Road. Wreaths and swags from local materials with accompanying songs and stories. All materials and technical support provided by The Art Centre Public Gallery (0-5 program focus, siblings welcome.)

Monday, December 13

Chor Musica Christmas

7:30 pm, Dwight Hall. Men's choir conducted by Walter Martella. Carols and more. \$20. See more at powellriveracademy.org

Tuesday, December 14

Holiday Crafts for Early Years

6 to 7 pm, Oceanview Education Centre (7105 Nootka). Make ornaments and more! For ages 6 and under with an adult - siblings welcome. Email tmctaggart@youthandfamily.ca to reserve a spot. Adults must present a vaccine passport.

Friday, December 17

Last day of school for winter break.

Schools re-open on January 4

Light Up PR map goes live!

Contest run by the Recreation Complex. See the map on Facebook to plan your own Christmas lights display tour, or submit a photo of your house and address, to be part of the tour (to srahier@powellriver.ca by December 13) and you may win a prize.

Saturday, December 18

Breakfast with Santa

Rotary Breakfast, Bouncy Castles, Face painting, Santa, Photobooth, Winter Wonderland Skate. Register at the Rec Complex or call 604-485-2891. \$2 pp/\$5 family (up to 5)

Christmas crafting at the Museum.

10 to 11am or 1 to 2 pm, \$5 per person. Make your own ornament. Family friendly.

Polar Express - free!

1:30 pm at The Patricia. Sponsored by Royal LePage and the PR & District United Way. Advance tickets only: pick up at the Royal LePage office: 4766 Joyce.

December 17 to 19

Winter Putter Land

The Powell River Firefighters and Putters are teaming up for a Burn Fund fundraiser. No mini golf, but come by for a fabulous lights display, hot cocoa, tea or espresso bar, and much more.

December 22

Seasonal Puppet Show

10:30 am, Library. Join Sonia, Deb, and Mel for our annual holiday extravaganza! Enjoy puppet plays, great stories, live music and more! Space is limited! Registration required. Email: Sonia.Zagwyn@prpl.ca

December 24

Marja's Skis: Portal to the Past

Online picture book tale for children 5 to 10 with the Museum and the Library.

For a full list of Christmas Eve & Christmas Day services and mass, see Page 59

For many more arts, sports, charitable and sales events, see the next pages!

qathet Living's ultimate all-ages guide to making the most of the West Coast's festive season



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QATHET

We wish everyone who lives or visits here a very Merry Christmas, and a Happy 2022



CONTRIBUTE TO YOUR COMMUNITY

To December 5

Donate to Everybody Deserves a Smile

Donate hats, mittens and scarves for adults and children at the United Church, Knitter's Nest, and Great Balls of Wool.

To December 10

Santa's Toy Drop-Off

Drop unwrapped toys, non-perishable food, or cash donations into Santa's sleigh at 4510 Joyce Ave, Monday to Friday between 9 and 5. All donations to benefit Powell River Food Bank & Salvation Army. Underwriters Insurance & WLWP Wealth Planners will be making cash donations to support the organizations.

To December 24

Salvation Army Kettle Campaign

Donate at FreshCo, Quality Foods, Walmart, and the Town Centre Mall liquor store. All kettle donations remain local and are used to support Powell River and qathet Regional District Salvation Army programs.

December 4

Apply for a Christmas Cheer Hamper

Deadline to apply for a hamper. pr-christmas-cheer.com

Pet pictures with Santa at Mother Nature

10 to 5 pm, Mother Nature. Minimum donation \$15. Money raised goes to PR Therapeutic Riding, West Coast ACCESS and PROWLS.

December 4 & 5, 11 & 12

Junior Forest Wardens Tree Sales

Between Quality Foods and McDonalds. The trees are available by cash donation, as a fundraiser for the club.

December 5 to 11

Stuff the Trailer

At FreshCo, in support of the Powell River Action Society Food Bank. Donations of \$5 and \$10 bags of food, plus the \$500/ pallet corporate challenge.

December 11

Rotary's Great Grocery Raffle Draw

11 am at Julie's Airport Café.

December 11 & 12, and December 18 & 19

Winter Putter Land

The Powell River Firefighters and Putters are teaming up for a Burn Fund fundraiser. No mini golf, but come by for a fabulous lights display, hot cocoa, tea or espresso bar, and much more.

December 18

2021 Christmas Bird Count

Pre-registration is required. To register, just send an email with the subject "Christmas Bird Count" to malaspinanats@gmail.com. Join us as we help out for the 120th Christmas Bird Count! (Sunday the 19th is our backup "storm date". You can join a party of field observers, or count birds at a feeder in your backyard. Note: there will be no "post-count potluck" this year. COVID-19 restrictions will be in effect.

To January 29

Knights of Columbus Charity Appeal

Buy raffle tickets at the mall to support local charities including school breakfasts.

Starting January 11

Hospice Society Training

See ad on Page 23.



Tired from shopping & holiday preparations?

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Happy holidays from the Paparazzi crew!



Happy Holidays
from our family to yours

Merry Christmas & a Happy New Year to the residents and landowners of Area B from your Regional Director

MARK GISBORNE
MarkG4B@gmail.com | 604-414-3694

Merry Christmas

All are Welcome
In Person or Online

Tuesday Dec. 21 • 6:30pm
Longest Night Service

Friday Dec. 24 • 6:30pm
Christmas Eve Service

Sunday Dec. 26 • 11am
Worship Service

POWELL RIVER
UNITED CHURCH



The pews are open

For the first time since 2019, churches are open for in-person gathering for Advent and Christmas. Check with each congregation to learn about Zoom or live-streamed worship, and COVID courtesies.

Friday, December 24

Christmas Eve Mass / Services

St. Gerrard's Wildwood 4:30 pm
Assumption Westview 7 pm
Sacred Health Tla'amin 10 pm
Midnight Mass Assumption 12 midnight
Living Water 6 pm
St. David St. Paul Anglican Townsite 4 pm
Salvation Army 6:30 pm
Westview Baptist 4 pm and 6 pm
United Church 6:30 pm

Saturday, December 25

Christmas Day Services / Mass

Assumption Westview 10 am (livestreamed)
Assumption Westview noon
St. David St. Paul Anglican Townsite 10 am

Welcome home for Christmas

St. Gerard's, Wildwood
Sacred Heart, Tla'amin
Church of the Assumption



We are open, and ready to serve you. Please wear a mask when you are inside the Church.

Christmas Eve Masses

St Gerard's Wildwood 4:30 pm (by reservation, phone us on Dec 15 or afterwards) livestreamed.

Assumption Church 7:00 pm (all welcome, no reservation required) livestreamed.

Sacred Heart, Tla'Amin 10:00 pm (by reservation, phone us on Dec 15 or afterwards) livestreamed.

Christmas Day Masses

Assumption Church
Midnight Mass, 12:00 am.

Assumption Church
10:00 am livestreamed.

Assumption Church
12 noon.

Father Patrick & Father Alan
604-485-5300



St. David & St. Paul Anglican Church

6310 Sycamore Street ☎ 604 483-4230 ✉ anglican1@telus.net
www.stdavidandstpaul.com

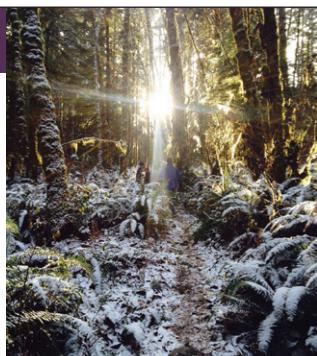
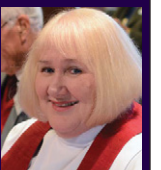
- Dec 24 ☩ 4 pm *Traditional Eucharist with Candlelight*
- Dec 25 ☩ 10 am *Morning Prayer with music*
- Dec 26 ☩ 10 am *Morning Prayer*

Services are also offered via Zoom. If you would like to join in please contact the office at 604-483-4230.

Everyone welcome!

Hope Joy Peace Love

The Rev Faun Harriman



"Always a Place For You"

Westview Baptist Church

Christmas Eve services: 4 pm & 6 pm

Join us this Christmas in-person or online at www.wbchurch.ca.

Worship services every Sunday at 10am, in-person or online.

3676 Joyce Ave • 604 485-5040 • wbchurch.ca



Salvation Army Church & Community Services

Serving with our hearts to God and our hands to the people of Powell River

PLEASE JOIN US



Giving Hope Today Dec 24 • Christmas Eve Service 6:30pm, in-person, 4500 Joyce. | Dec 8 • Community Christmas Lunch Served through the front doors. 11:30 to 1pm.

Ongoing until Dec 24, Christmas Kettle shifts available at five locations throughout town. Volunteers are still needed. For info call 604-485-6067.

4500 Joyce Ave • 604 485-6067 • salvationarmypr.ca



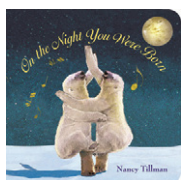
Pastors Sam and Katie Alescio

Belong. Believe. Become.

Join us Christmas Eve with your family for a story, carols and Scripture!

First-timers always welcome.

December 24
6pm, 4640 Manson.



Living Water Foursquare Church • livingwaterpr.com



WHICH IS WHICH: Left, the qathet Symphony Orchestra. Right, the Powell River Community Band.

Not the same thing

In last month's calendar, *qathet Living* editor Pieta Woolley mixed up the Powell River Community Band with the qathet Symphony Orchestra.

The bad news is, it caused mass con-

fusion and phone calls a'plenty. The good news is, evidently people are reading this magazine!

To straighten things out, here's a chart:

	qathet Symphony Orchestra (qSO)	Powell River Community Band
Conductor	Kevin Wilson	Junior Band: Steven Carmaro; Senior Band: Roy Carson
When it started	The launch of the Orchestra was September 25, 2021.	There are records of a Powell River band from 1916.
Kind of instruments	Predominately strings (violins, cellos), flutes, clarinets. We need brass instruments and a viola player if there is such a thing in qathet.	Woodwinds such as clarinet, bassoon, oboe, flute and saxophone; Percussion: drums and xylophones; Brass such as the trumpet, trombone, tuba, cornet and euphonium.
Kind of music	Light classical.	We play all kinds of music: A lot of classical, but also marches, film music, pop music, some jazz etc.
Who can join	Anyone who can read music and has played at least one year; would like to attract youth from age 13.	Everyone who is double vaccinated and has an instrument and has some basic experience (for example, has played in the past in their high school band).
Where people can hear you play	We will not be playing performances until sometime next year, but we are holding an open rehearsal on December 11 for people to drop in.	You can check us out every Thursday evening, Evergreen Theater. Junior band: 6 - 7 pm; Senior band 7:30 - 9 pm. We are inviting friends, family and interested parties for an evening of sharing music on December 9th between 7 and 8 pm.
Contacts	Marlene Chamberlain myprorchestra@gmail.com	Christien Kaajj Christien.Kaajj@gmail.com

ART, MUSIC, FILM & LITERARY

To December 2

Dear Evan Hanson

7 pm at The Patricia Theatre

To December 31

Contours of the Mind

Opening Dec 3 - 7-10 pm. Open Wed, Thurs, Sat 1-5 pm / Fri 1-7 pm. Crucible Gallery, Townsite Market. Presenting the work of David Molyneaux, Robert Mackle, Theo Angell, Ron Robb, Rick Giesing, Scott Evans.

To late December

DAMAGE NOTED. Works by rabideye - Giovanni Spezzacatena

VIU-Powell River, Mon-Fri 8:30 am-4:30 pm. www.artpowellriver.com

Friday, December 3

Becoming Vancouver - A History by Daniel Francis

3 pm via Zoom. Governor General Award Winning historian Daniel Francis presents his new book that traces Vancouver's history from early First Nations habitation all the way to the present day. To Register mmerlino@prpl.ca

December 4

Local Author Talk - Aasir Diab, The Adventure of the Prince

11 to noon, Library. Grade 9 student Aasir Diab gives a book reading and speaks about the process of publication. Space is limited. Register online at prpl.ca

Reading Art through the Lens of Tarot

1 to 4 pm The Art Centre Public Gallery. Explore your art piece through the lens of Tarot. Register at theartcentrepr.ca for a short one-to-one appointment with Teresa Harwood-Lynn, tarot reader. By donation to The Art Centre.

Mighty Irreal, An Intro to Extended Reality (XR) for Artists,

12 to 1 pm, The Art Centre Public Gallery. Learn about the uses of Augmented, Virtual and Merged Reality: the tech, implications, and options for artists, with Rabideye. RSVP www.rabideye.com

December 5

Contemplative Photography Workshop

1-4 pm, Amplitude Arts, 6251 Yew St., in the lower level of the Rodmay Hotel in Townsite. An introduction to "seeing"

through the camera's lens, this workshop is for beginners to enthusiasts, wanting to explore a new way to capture images, using meditative techniques to sense and see through an inquisitive eye, beyond conceptuality. Any type of camera will work: cell phones, DSLR, or any compact digital camera. This will include a photo walk in Townsite, so wear comfortable shoes and dress for the weather.

Tuesday, December 7

Of Mornings, Words and Honks, An evening of writing, stories, and music with internationally recognized artist and storyteller Naomi Steinberg joined by writer Patrick McGuire.

7-9 pm, Amplitude Arts, 6251 Yew St., in the lower level of the Rodmay Hotel in Townsite. Free event. Books will be for sale.

December 9

An evening with the Powell River Community Band

7 to 8 pm, Evergreen Theatre, side entrance.

December 11

qathet Symphony Orchestra open rehearsal

10 to noon, Star Dusters Square Dancing Hall at Timberlane opposite the walking track. Think you might like to join, or you're interested for another reason? Come check this out!

December 16

Fall Speaker Series: Winter Recreation with Joel Nordman

6:30 pm at the Museum (\$5/person).

December 19

Virtual Sunday Song Circle

2 PM. Join via Zoom to play or listen. This will be the last of Cranberry Hall's Virtual Sunday Song Circle events. Visit our Facebook Page or Website (cranhall.org) for full details.

January 14 & 15

Banff Mountain Film Festival

See ad on Page 20.

March 4 to 13

Powell River Film Festival

See ad on this page.

<p>21ST ANNUAL PRFF POWELL RIVER FILM FESTIVAL MAR 4-13</p>	<p>ENGAGING CINEMA ENGAGING MINDS</p>	<p>EARLY BIRD PASSES <i>until Dec 31</i> \$120 ADULT \$100 SENIOR <i>Matinee Passes also available</i></p>	<p>Available online and at our kiosk in the mall Fridays & Saturdays 12-4</p> <p>Visit prfilmfestival.ca for film program updates and online purchases</p>
<p>Limited seating at the Patricia Theatre Purchase early to avoid disappointment!</p>			

SPECIAL SHOPPING EVENTS

To December 23

Damage Noted, Works by Rabideye-Giovanni Spezzacatena,

Mon-Fri 8:30 am-4:30 pm. Original abstract pieces on wood for sale. VIU Powell River.

To December 4

Customer Appreciation Week at Simply Bronze.

See ad on Page 11.

Saturdays

Uptown Market

10 til noon, CRC. See Page 49 for more.

December 2 to Jan 15

qathet Annual Members Exhibition

Tues, Thurs, Sat 12-5 pm. The Art Centre Public Gallery. This is an annual opportunity for art sales and fundraising.

December 3

Late Night Market at qathet Art & Wares

See ad on Page 25.

Dec. 3/4 and Dec. 10/11

Winterfest Christmas Market

Fridays 4-9 & Saturdays 10-4, the Carlson Club. Helping the families devastated by the flooding in Merritt by donating 50 percent of all vendor fees. Also collecting for Powell River Food Bank.

Saturday, December 4

Santa Parade and First "Cheer on the Pier" Christmas Market

It'll be a blast. Co-sponsored by the City of Powell River and *qathet Living* magazine. To find out more about becoming a food or artisan vendor, contact Alex at ayoung@powellriver.ca.

Half Price Kiwanis Garage Sale

10-1 pm, 4943 Kiwanis Ave. COVID protocols. No change provided.

Sundays December 5, 12 & 19

Farmer's Market

12:30 to 2:30 at the Paradise Valley Exhibition Grounds, in the quonset hut. Reopening January 9.

December 10

Mini Night Market

Springtime Garden Centre, 5 to 7 pm. Local artisans, prizes and much more. See ad on Page 49.

Saturday, December 11

Townsite Public Marketplace ...a Market within a Market

10 am - 4 pm. See ad on Page 30.

December 19 to 26

Special hours at Town Centre Mall

See ad on Page 72.

December 22 & 23

Christmas Buffet

Royal Zayka. See Page 24 for more.

SPORTS & ON ICE

Friday, December 3

Winter Wonderland Opening Night

7 to 9 pm, Rec Complex. The forest-and-lights decorated rink is on until December 24. See powellriverprc.ca for the full schedule, including events. And see other sections of the qL events calendar for more happening at WW!

PR Kings vs Alberni Valley Bulldogs

7 pm @ The Hap. Evening with Tla amin Nation, ceremonial drum presentation.

Saturday, December 4

PR Kings vs Alberni Valley Bulldogs

7 pm @ The Hap. Ugly Sweater Night.

Sunday December 5

Skate with PR Kings

6 pm @ Winter Wonderland.

Rainbow Skating Party

4:30-5:30 pm Rec Centre in Winter Wonderland Arena. This is a free event hosted for the qathet LGBTQ2S+ community and their friends and families. Skates and helmet rentals provided free of charge, or bring your own! Snacks will be provided and the music will be a playlist created by the community (there won't be any Christmas songs). Wear colourful clothing - the

person wearing the most colours can win a prize!

Friday, December 10

PR Kings vs Cowichan Valley Capitals

7 pm @ The Hap. Teddy Bear Toss in partnership with Townsite Brewery.

Saturday, December 11

PR Kings vs Salmon Arm Silverbacks

7 pm @ The Hap. Santa & Ms. Claus will be visiting from the Northpole.

PR Villa versus Vic West FC

1:30 pm, Timberlane Park.

December 13

Registration Opens for the Winter Season at the Rec Complex

See ad on Page 2.

December 27 to January 3

Minor Hockey Tournaments

At The Hap. Kings Cup and Timbits Tournaments. See powellriverminorhockey.com for schedule and details.

See pages 2 and 56 for holiday-themed ice events



DESIGNER SIGNS

Craig (the Powell River Sign Guy) and the team at Designer Signs wishes everyone a

Safe & Merry Christmas

DESIGN CREATE CONSTRUCT INSTALL

designersignspr@gmail.com 604 489 3020 Corner of Glacier & Franklin

December Spa Special
Deep Tissue & Fascial Release with Heat

Release, Relax,
Renew & Reset

Conveniently in town
or south of town:
604-483-6759



Your bodycare
specialist & certified
yoga instructor

**Powell River
Massage**



Robin Morrison

Call about
yoga coaching
packages!



Cottage Creek Bake Shop

Order now until December 18

Last day of deliveries on December 24!

Fruit Cakes • Stollen • Fresh Buns
Cocoa Bombs • Pumpkin Pies • Shortbreads
and 10 other tasty treats on our Xmas menu

Find us (and our fresh-baked sourdough & more)
at the Farmer's Market every Sunday 12:30-2:30

604-414-0616 • cottagecreek@telus.net

Find our full 2021 Holiday menu on Facebook

POWELL RIVER
FARMERS' MARKET

Now open year round!

SUNDAYS 12:30 - 2:30

Indoors until spring!

Please wear a mask.

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PRODUCE

EGGS

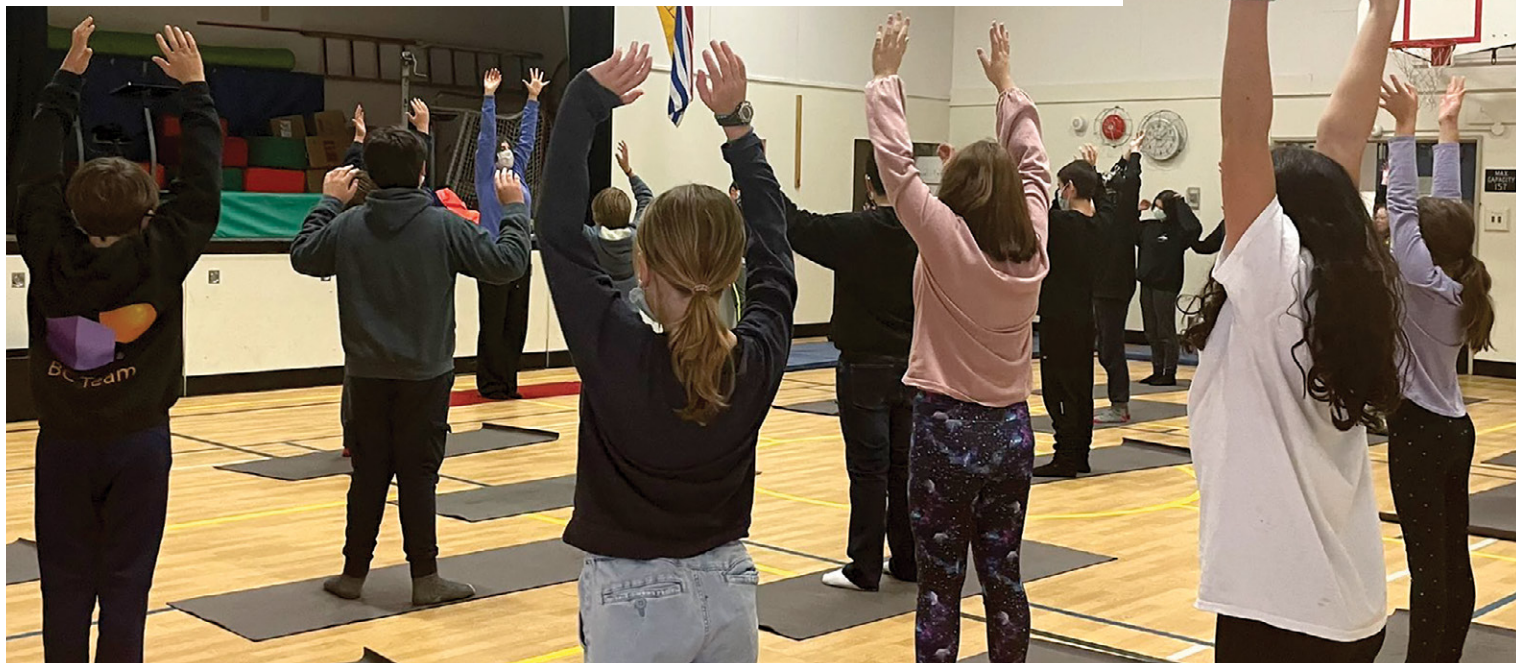
MEAT

BREAD & PIE

ARTISANS

Calm & Collected Once More

How School District 47 is supporting mental health and well-being during complex times



A yoga class at James Thomson Elementary promotes mindfulness

Nearly two years after the start of the COVID-19 pandemic, much of what has gone back to near-normal. But we are all still experiencing the effects of the pandemic, including children. Their teachers see it plainly.

One in four children in Powell River live in poverty, more than the provincial average. Some families have been burdened by relationship stresses, or housing instability, financial stress, or job security.

Students have absorbed both the scary news about the virus, and the public discord about mRNA vaccines, social restrictions and vaccine passports. In March 2020, many of them were forced to abandon sports, extracurricular activities, and friend groups they loved - and have yet to return to them. And their mental health and well-being have been impacted.

“For many students and adults, they’re feeling out of sorts,” explained Allison Burt, School District 47’s Director of Instruction. “Not suffering from a mental health issue, but not thriving either. We’re also seeing more students experiencing emotional distress at school. And when students are not managing their mental health and well-being, learning is impacted. Their ability to focus is interrupted which can impact their thinking, memory, and self-control.”

If there’s just a few students in a classroom with social emotional challenges, it’s manageable as a teacher. There’s support across the system. But when there are five or 10 students struggling in a class, teachers have to address social emotional learning in addition to academic learning. Students who can’t concentrate or cope can’t do science, or math, or English because their brains are impacted by stress.

In other words, mental health and wellness are much more than just buzzwords at School District 47. Administrators, teachers, and staff are putting more energy and resources into mitigating the social and emotional challenges caused by the continuing effects of the COVID-19 pandemic (see sidebar).

Tawnie Gaudreau, District Director of Student Support Services pointed out that learning to manage your own mental health and well-being is a critical skill for everyone in the 21st century.

“It’s about managing our resiliency so we can meet the demands and challenges of our jobs and life, and thrive,” she said. Individuals, of course, are not solely in control of their circumstances. There are other things beyond our control that also have an impact on our well-being.

Things like the pandemic, natural disasters, political decisions, or oppressive social systems, can impact people’s resiliency and ability to manage day to day demands. Teaching about mental health, Tawnie believes, is absolutely

key to helping everyone survive and thrive in the 21st century. Ultimately, the goal of the School District’s focus on mental health is to educate students and staff to be conscious, respectful, and mindful of their own well-being and others’. Normalize an awareness of mental health’s impacts on everything we do.

“A lot of people are having a hard time right now,” said Tawnie. “It’s important to recognize that this current global context has impacted all of us.” Bringing awareness to mental health issues can help all of us understand why we’re feeling the way that we are and act on our own well-being.

What you can do at home:

The Province of BC has developed a mental health guide for elementary schools called EASE, or Everyday Anxiety Strategies for Educators. EASE at home is an adaptation of this program for families “to help children manage worries and anxiety at home.” Find the resources at www.healthymindsbc.gov.ca/ease-at-home

What School District 47 is doing to support well-being:

Ensouling our Schools

This framework for use in all grades helps students understand both trauma and neuroplasticity. The emphasis is on supporting healthy relationships, community building, and reconciliation as keys to wellness. Watch for this initiative to launch in January.

District Wellness Committee

This group of administrators and District employees meets monthly developing strategies to help staff invest in themselves. “Because the easiest things are the hardest to commit to: eating well, sleeping well, limiting screens, and moving your body,” said Tawnie.

Wellness Blasts

This new School District 47 digital campaign uses email and social media to relay strategies (and reminders) to staff and families to help make mental health and wellness priorities.

For much more, see School District 47’s Mental Health and Wellness Hub at:

bit.ly/3CZI52S

Want to learn more? Contact us.
4351 Ontario Ave • 604 485-6271
www.sd47.bc.ca





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2



3

A very gathet holiday

Top local gifts for your favourite folk

Treat that body right

1. Darn Tough

Socks may be a traditional gift, but they're a gift with purpose when you give Darn Tough socks from **Pagani & Sons Shoes**. The Merino wool socks live up to the name, and are guaranteed for life.

2. Bar shampoo

The Goose to your Maverick, the Robin to your Batman, the unsung hero that always has your back. The Wingman Collection has arrived at **Coastal Thrive**. These shampoo and conditioner bars are firing on all cylinders; they get you clean, without drying you out, without the excessive packaging (and unnecessary water) of traditional hair care brands.

3. Trail racer

This bike is a new kind of gravel machine, one engineered not to roam the trails, but to race them. For these athletes, Cervélo engineered Áspero for pure, unapologetic speed, ready to take down finish lines, KOMs, PRs, and FKTs. It's stiff—Classics-racing stiff—and performs like you'd want a road bike to perform off-road. Check it out starting at \$3999 at **TAWS**.

4. Cozy cotton

Westerly Studio has the perfect gifts to keep you cozy in the winter months. These cotton terry robes are a customer favourite, unisex and available in three colours this season.

5. Life is like this

The classic Rogers' burgundy box includes an assortment of 56 milk and dark chocolates, presented in two layers. Includes miniature creams, truffles, caramels, almonds, mini bars and Empress squares. Find them at **Paperworks Gift Gallery**. Plus, they're guilt-free, as Rogers' Chocolates are Fair Trade Certified.

6. Heads up

Thor motorcross helmets from **Big O Tire/Coast Auto** are available for every level of rider. From coverage, to comfort and ventilation, Thor helmets have been carefully designed to deliver first-class performance across the board.

7. Room for Rompers

Seaside Aenfae Boutique's cozy Sloan Rompers come in so many prints, including this festive Xmas Granny Square. Newborn to 2-year-old sizes with elastic back flap for easy diaper changes, are roomy enough for cloth diapers, and are made locally in tisk[®]at with ethically sourced and organic fabrics. Available exclusively in the Townsite Public Market.

8. Heads up

Watch cap. Beanie. Block heater. Skullcap. Touque. Tuque. However you describe it or spell it, this hat is knit from the same long-lasting, itch-free pure wool that goes into Pollen's famous sweaters. For the record, the folks at **Pollen Sweaters** spell it toque. They should know.



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What I did on my winter holiday

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1. Mark this spot

The Copic Sketch Marker is the worldwide best-selling Copic marker: refillable, ergonomic, ultra blendable and made with the highest grade of expertly formulated alcohol and dye-based inks. A popular working tool in design, illustration and art. Find it at **qathet art+wares**.

2. The Chocolate Bomb

While shopping the Christmas Traditions Room at **Mother Nature**, be sure to grab a DIY Kit that contains everything needed to make four milk chocolate bombs. The kit contains a 1x8 semi-sphere shaped Red silicone mold (to make four two-inch hot chocolate bombs) and everything else you need, including an easy-to-follow recipe. Use them as a gift for the grandkids or a fun family project.

3. Space Case

The ultimate taster's pack from Phillip's Brewing contains twelve exclusive and never released mystery beers crammed into one limited edition case. For those who haven't had a chance to pull up a stool in the Phillip's Brewing Tasting Room, here's a chance to experience the fruits of these creative brewing experiments that never get released outside of the brewery. They're expected to go fast. Limited quantities are available at **Capone's Cellar**.

4. Memory maker

Take your family to Toba or around Cortes by boat, or how about a day kayak trip? If you're looking for an experience, **Terracentric Coastal Adventures** Gift Certificates are available. And for under \$30, they've got assorted field guides, regional satellite wall & placemat maps, Lund themed art cards, prints, and logo t-shirts. They deliver into Powell River! And locals get 15% off when buying specific tours!

5. Local reads

Enjoy a great read as you explore Powell River's Townsite Histories by Karen Southern (available from the Townsite Heritage Society). And if you're looking for a good novel or three, try local author Gwen Enquist's books; she has a dozen available. All of these are published by **Works Printing & Design** (powellriverprinting.com) or call Robert at 604.485.8381 to order.

6. Squatch-approved puzzles

Get your puzzler ready for puzzling! Indigenous puzzles (1000 piece) available at the **Tourism Powell River Visitor Centre** for just \$19.99!

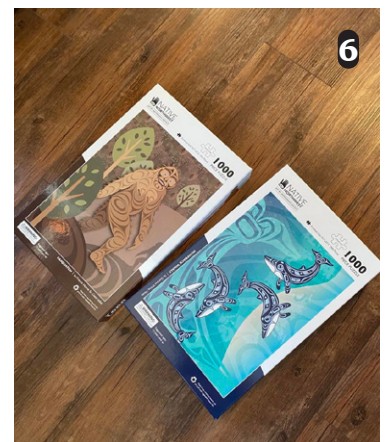
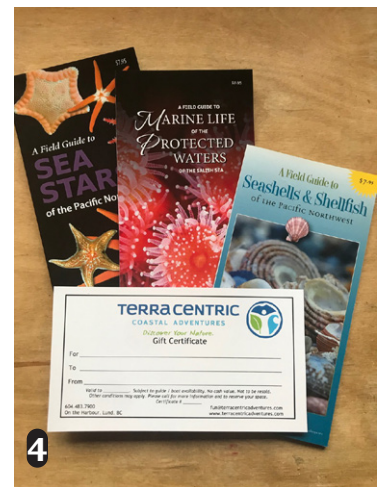
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A
qathet
Top local gifts for



Tool Time!

1. It's a hold up

Suspenders from **Thunder Bay Saw Shop**, modelled here by the guys from the shop, come in classic colours, Husqvarna branded, high-viz safety colours, or fun patterns. \$50.

2. A real work horse

The Kreg Track Horse (\$159.99 at **Valley Building Supplies** with an included Kreg Bench Clamp) makes it easy to set up a sturdy work support anywhere but with features far beyond an ordinary sawhorse. Items can be held down on the long track on top, or using keyhole brackets on the ends for vise-style clamping. The track accepts a sacrificial surface, so you don't damage the Track Horse or saw and it's made of steel and aluminum to hold up to 2,200 lbs. Adjustable legs feature six working heights, or fold completely away to be used on ground level or store compactly away.

3. You're fired!

FireEx stops chimney fires quickly. Simply toss the entire package into the firebox, and it puts out the fire, extinguishing your chimney fire in seconds, without any water damage! Find them at **Cadam Construction**, and keep one beside your woodstove – and get some for your loved ones who also burn wood.

4. Take a break

Tired of explaining to your loved ones how to use an iPad? Can't stand to help them reset their passwords AGAIN? Offload that misery to **PR Macs** and gift yourself a well-deserved hour of peace and tranquility. You deserve it.

5. Nailed it

Remember when you used to have to drag cords and hoses around to run your nailer? Not anymore. Metabo HPT, the rebrand of Hitachi, is the latest to bring us a cordless framing nailer. This 30° framing nailer works with a lightweight and short lithium-ion battery, making it portable and easy to use. Find this unique air drive system at **RONA**.

6. Measuring up

Make measuring a little more fun with a cute novelty yarn ball tape measurer! 150cm / 60" retractable tape measure available at **Knitter's Nest** in the Townsite Market. Metric on one side and Imperial on the other side.

7. All charged up

The Oximiser 900 from **Two-Wheel Tech** is a battery management system designed specifically for smaller batteries such as those used on motorcycles and ATVs. It is a battery maintainer/charger/management system. Regularly \$60, it's on sale this month for \$49. It does ALL battery types, including 6volt, 12 volt, Gel, lead acid and Lithium. Attach to your battery and it will charge until the battery has reached full capacity and thereafter ensure it is kept in a tip-top condition.



every holiday
your favourite folk



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What to Wear



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A very qathet ho

Top local gifts for your

1. Perfect Fit

This open-back mermaid-style dress from **Perfect Fit Sewing & Alterations** will draw people's eyes as you walk into any room. Rhinestones add a sparkle that will pop under the lights.

2. Relaxed fit

Give the gift that keeps them cozy, comfortable and looking good in Z Supply Loungewear from **Simply Bronze Tanning & Swimwear**. This is made with a plush brushed rib knit tri-blend fabric.

3. Sole mates

Mismatched socks are on trend at **Fits to a T**. And the custom recycled wool-blend in these Solmate Canada mismatched socks is the perfect combination of strength, softness and

warmth because breathability and comfort never go out of style. Life's too short for matching socks.

4. Smart, and now sexy

Smart watches are fun and functional, but they tend to come with bands that are not particularly fashionable. But **Afterglow** solves that problem with acrylic smart watch bands. They're available in nude, black, white and pink for \$44 each.

5. Tie one on

Ties have a bad rap as Christmas gifts, but there are good reasons for the cliché. They always fit; he should wear ties more often; and you can never have too many. And when you get them from this selection at **Armitage Men's Wear**, they're also stylin'.



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Where to put your choco bombs



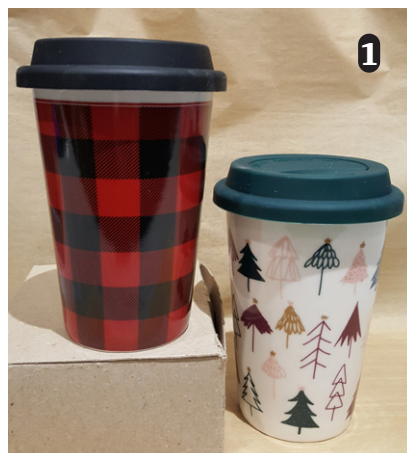
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1. Miss me when I'm gone

Say you care, about the recipient and about the future of the planet, when you give a re-usable cup like these from **Owl & Bear** at the Townsite Market

2. What a mug!

One of the most popular images to grace the front page of our magazine is now yours forever with this mug featuring Sean Percy's photograph of a wolf eel. It's available at the **qathet Living** office, or at shop.priliving.ca.



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1. Scent of the tropics

Take yourself to a tropical island paradise with the Curacao Mist Diffuser from **Kelly's Health Shop**. Made of turquoise cracked ceramic and bamboo, the mister runs for up to eight hours in continuous mode, will cover up to 300 square feet, has an automatic shutoff and is illuminated by seven multi-coloured lights to set the mood.

2. Bowled over

These footed Paulownia wood bowls are a beautiful accessory for a design lover that has it all! Kate at **Collective Interiors** says they would make a stunning vessel in which to force your amaryllis, or they can be used as a fruit bowl that serves a functional purpose while adding a sculptural touch to your kitchen. Two sizes available in store now!

3. Deck the halls with balls of shots

Add a little cheer to your tree. Fill these decorative balls with 50mL of your beverage of choice and have fun finding them on your tree when celebrating, wrapping gifts or when your family is just too much to handle anymore. Get them from **Mommy Needs A Time Out**, at the **Soapy Dragon Holiday Boutique**.

4. Put a bird on it

Nothing squawks Merry Christmas more than a seagull with a fir tree tucked beneath his wing. Bring it home for just \$12.99 or visit the Christmas Store at **Springtime Garden Centre** in Cranberry to find other interesting and unusual ornaments in beach and nautical themes during the holiday season.



5. No place like gnomes

Suzie Wiebe of **Found Stone** re-imagined barn boards into these free-standing Christmas trees decorated with gnomes. Be sure to also check out her main product - beach glass creations including Christmas trees, angels and pendants.

6. Art-butus

For the art appreciator in your life, works by local artist Anna May Bennett, such as Skyward, pictured here, are exclusively available through her studio/gallery, **Turadh Fine Art** in the Townsite Public Market. A limited number of large scale, limited edition giclee prints on canvas are available now.

7. Rock solid

Quartz countertops are resistant to dampness and staining, but that's not the reason you'll call **Constellation Countertops** to get a custom countertop. Neither is the fact that quartz is nearly immune to wear, scratches, and moderate impact or that the non-porous surface area keeps bacteria from penetrating without any extra sealing. Rather, it will be because of the excellent value they add to your home and the elegance and good looks they bring to your kitchen.

8. Cozy up with the raven spirit

This grey dynamic raven design blanket is one of several spirit blankets from Chloe Angus designs that is available at **Tla'amin Convenience Store**. Ultra-soft Melton cloth is durable, machine washable, and as soft as flannel. It's a beautiful piece of art for your bed, sofa, or favourite chair.

9. Howl for the holidays

Deborah Bevaart's **Tug Guhm Gallery** carries a well-curated selection of art gifts for someone special. This Brazilian soapstone was hand carved by Deborah herself into this howling wolf - great for a mantle. \$1,800



A big thank you to my family, friends and clients for your support, business and referrals. It was and is greatly appreciated. Looking forward to the New Year!

A great addition to our family this year, grandson Maverick

VG
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Powell River
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TAKE A BREAK

Crafting a handmade life

With a general increase of support for local small businesses and now even greater supply chain disruptions, the return of handmade gifts is seeing a resurgence this holy day gift giving season, and along with it comes thoughts toward more personal or heartfelt giving.

This time of the year is also associated with well wishing, blessings, and intention setting as one year completes and a new one begins ~ be it felt at Samhain, Diwali, Winter Solstice, New Year's Day, Chunjie, or other renewal festivals.

Bringing these concepts together inspires me to speak of crafting what I call a "hand made life," one we dedicate to slowly tending to in loving and intentional ways.

Contradictory to what many spiritualists or 'manifestation gurus' say, this doesn't mean only experiencing positive thoughts, accepting nothing less than our ultimate dream job, or keeping high vibes only company, rather it means constantly taking small steps, making small adjustments, resetting our sights often, and bringing that same quality found in a beloved hand made gift into life as much as we are able.

It might look like visibly mending our favourite sweater while intending the same level of care to also be in other choices we make.

Eco-consciously foraging wild food to feel greater connection to, and reciprocity with, the natural world.

Slow cooking soup for our family that has love and care stirred right into it.

Encouraging ourselves to feel gentle toward the driver going 30km below the speed limit with trust we all will get where we need to safely, that being late won't actually collapse our world.

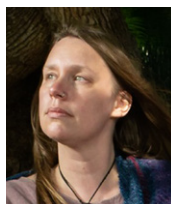
It means breathing life to our dreams and hopes when they feel out of reach, speaking of them with our trusted ones, and actively celebrating when this or that finally comes into being. It is one pot of flowers toward our garden desires. Community, built one cup of tea at a time. The perfect piece of trim saved from the landfill for next year's renovation.

It is taking the opportunities that we come across and incorporating them into the life we are mindfully building rather than

letting ourselves be buffeted about by chance.

Admittedly, sometimes we have to get really, really, really creative and stretch our ingenuity. I'm not one to pretend that life is rosy easy, nor even fall into "everything happens for a reason" type thinking, but if we take things small enough and keep returning to bringing that handmade feeling into where we are able, even long dark nights of the soul can find their right place.

Juliette Jarvis offers sacred living programs online, devotional arts, and divination sessions. Find her at www.3FoldBalance.com and www.SelkieSanctuary.com



RETURN TO REVERENCE

JULIETTE JARVIS

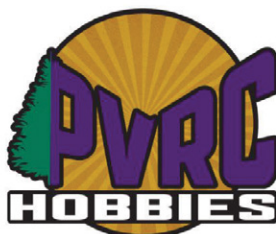


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Wishing all our valued customers
a Merry Christmas
and the very best for the New Year.

Both businesses will be closed December 24 through January 3.

Crazy Quilt Cottage
604-485-5668
6952 Duncan Street
deborahjenkins@shaw.ca

Jenkins Automotive
4078 Padgett Road
604-485-4092

TAKE A BREAK

E B V P C G J S K H B Z N L Y G S I L E N T L T I V L F R U I J G R S
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 M R P E Z Z Q C U U T Q U J B F P M E R F I L M T L W Z I G U D H S T

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Can you find these words from this issue?

- | | | |
|-----------|-------------|-----------|
| AWKWARD | HANDMADE | PLASTIC |
| BAND | JINGLE | QATHET |
| BANFF | KETTLE | RESOURCE |
| BEACH | KINGS | SALVATION |
| BOOMERANG | KNUCKLEHEAD | SANTA |
| CABOOSE | LANGUAGE | SILENT |
| CATS | MANNERS | SKI |
| CHRISTMAS | MENORAH | SNOW |
| COASTAL | MIKLAT | SPARKLE |
| EXILE | ORCHESTRA | TOY |
| FILM | ORNAMENT | TREES |
| FLOOD | PEPATELLI | TRUCK |
| FOREST | PEWS | WARDENS |
| GLOBE | PIER | WAY |

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**SOLUTION
TO THE
NOVEMBER
PUZZLE**



What can replace a real Christmas tree?

O Christmas tree, O Christmas tree,
how lovely are thy branches.

As this time-honoured Christmas carol played in my head I pondered the annual Christmas tree question of real tree versus fake tree and thought about everything I've been hearing about this year's Christmas tree shortage – for both live and artificial trees.

Should I haul the dilapidated, fake Christmas tree that I inherited from my mother up from the basement and try to make it look a bit better than the orphan tree that Linus wrapped his blanket around in my all-time favourite yuletide movie, A Charlie Brown Christmas? Should I buy (by donation) a tree from the Junior Forest Wardens or a local lot (and spend \$50 or more)? Should I get a Christmas tree permit from the Ministry of Forests (free) and suggest to my adult son that I have a great idea for an excellent adventure that includes a chainsaw?

This year, I've been giving more thought to the environment than ever before. Which Christmas tree is kinder to the planet? Real or fake?

My kids prefer a real tree. They groaned the few times I've used the artificial one. I pulled it from its tattered box and put it up two years ago when Jigs was still a puppy and again, last year, because of COVID as I felt this urge to break the November gloom and get my decorations up early. But this year feels different. The fake tree is still sitting in the box in the basement; do I really want to use it?

No, I don't.

To be honest, I prefer a real, live Christmas tree. Nothing says Merry Christmas like the fresh scent of a BC fir, spruce or pine. That fragrance can't be duplicated by an artificial tree and a diffuser filled with eau de pine just doesn't cut it. Our tree is the centrepiece of the holiday season and I decorate our home around it. If I close my eyes I can see and smell it now; my favourite Balsam Fir, beautifully decorated with our family's mish mash of homemade, hand-me-down cherished ornaments complimented by a few others I've collected over the years.

I could go with one of those potted living trees – they're cute –but the ones I've seen aren't big enough for what I want.

There are pros and cons to both real and fake trees but let's start with real trees.

A real tree sucks up carbon dioxide and is compostable once you're finished with it. Research conducted by the Montreal-based environmental consulting firm Ellipsis found the main problem with real

trees is the impact of Christmas tree farms, which in some cases displace natural ecosystems. But real trees are a renewable resource and because more will be planted, that's a win for the environment.

Real trees generate less greenhouse gas emissions per holiday season than artificial ones and there are almost 2,000 farms growing Christmas trees in Canada and that means jobs. Some trees end up here, but we export approximately two million trees every year.

BC Christmas tree farms are in for a tough year thanks to global supply chain troubles and climate crisis-induced natural disasters like November's flooding in the Fraser Valley. So it may be more challenging to purchase a real tree this year. It takes about 10 years to grow a Christmas tree and Christmas tree sales were up last year as we tried to boost our holiday spirit and began decorating early. Some lots were sold

out earlier than usual and instead of having trees until the middle of December they found themselves wiped out by the end of November.

On the other hand,

artificial trees are made of plastic – that nasty polyvinyl chloride (PVC) is one of the worst plastics on the planet and they are mostly produced in Asia. They leave a harmful environmental footprint from production to transport to disposal – and they don't break down in landfills. Research shows people keep them seven to 10 years before getting rid of them. It blew my mind to learn that we import about \$60 million of fake trees annually.

From a financial standpoint, a fake tree might seem cheaper – particularly if you buy a used one (and I'm sure not all of them look like the one in my basement) from one of qathet's second hand shops.

Despite knowing all this, I still want a real tree. I don't care if it is perfect. I don't care if it looks a bit like a Charlie Brown Christmas tree. I want to know that the tree sitting in my living room, decorated with years of memories and twinkling with lights of red, green, yellow and blue is completely biodegradable and won't end up in the landfill. I like knowing that if my dog decides to take a bite out of the tree, she won't be getting a mouthful of toxic plastic crap in her belly.

In the end, the tree you choose is a personal and practical decision. But whatever you choose, I'm sure your tree will be beautiful once it's decorated with your favourite ornaments and pretty little lights are a-twinkling all over it and warming up the darkest month of the year.

Merry Christmas to all! 



LAST
WORD

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WHAT WAS DONE IN 2021?

WHAT WILL WE DO IN 2022?

WHAT YOU WILL SEE IN 2023 AT THE RRC!

The Resource Recovery Centre (RRC) and Transfer Station site design is nearing completion. Construction of the facility will begin in early 2022 and the facility is set to open in 2023. The site will offer a one-stop drop for reuse, recycling, food waste, yard/garden and residual waste collection. The site will also offer approximately 8 acres of public amenity and green space.

2021 Completion of Phase I & II - site cleanup, sorting and processing of waste materials stockpiled at the site and the encapsulation of the incinerator ash landfill.

2022/2023 Phase III - Final site design and facility construction.

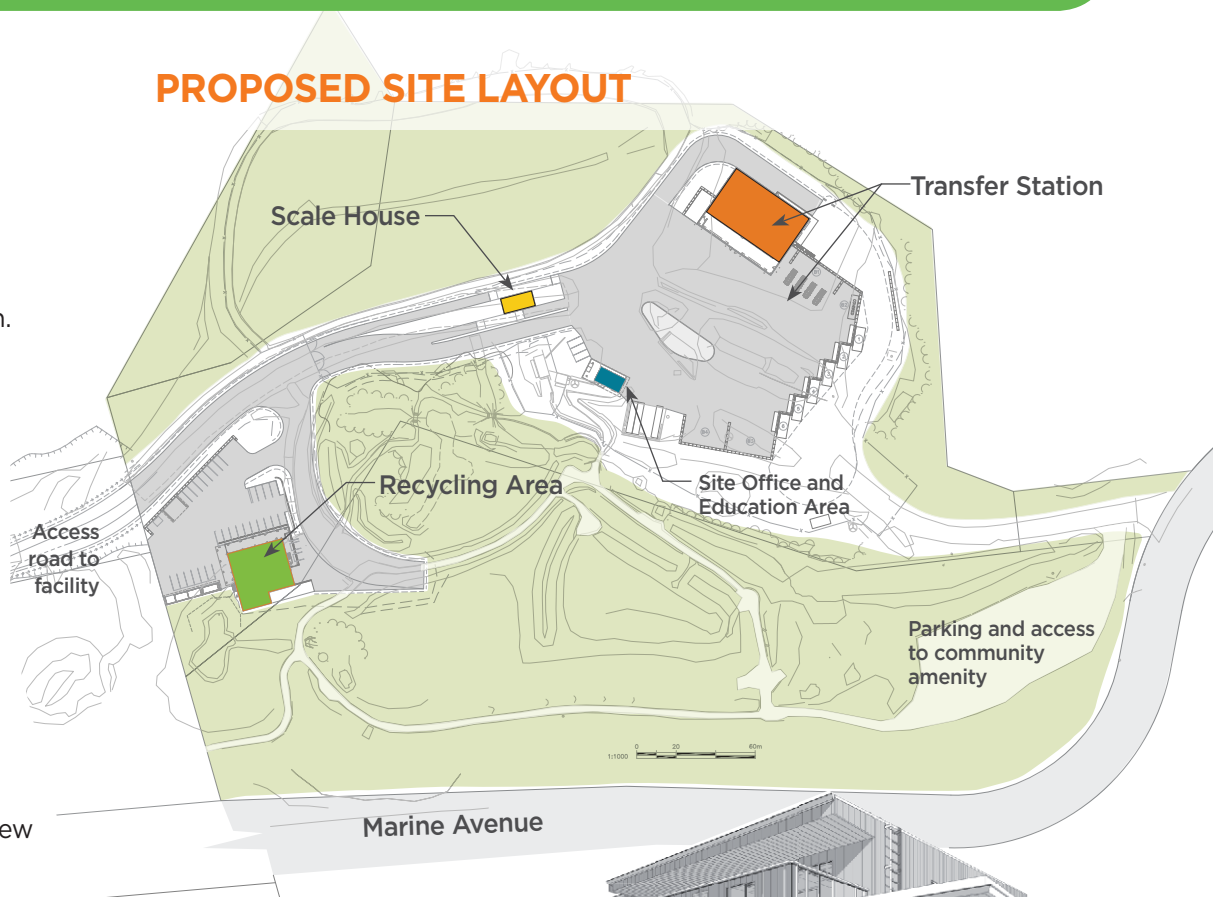
- New recycling depot providing all available recycling programs and offering opportunity for local diversion.
- Small construction waste diversion outlet, fix-it and upcycling workshop space, free store, staff offices, compost education centre and a waste education and re-creation hub!
- Waste transfer station offering opportunities for maximum diversion from landfill through the source separation of waste.

Reuse in Action

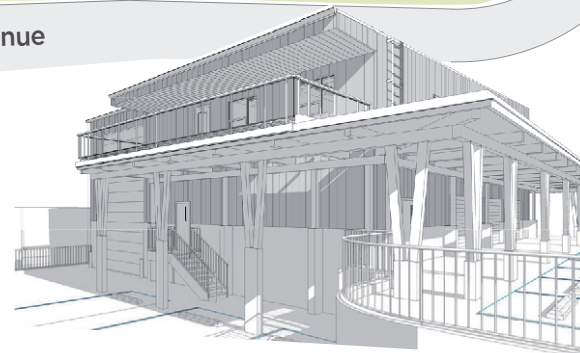
Throughout the phased project qathet Regional District has found opportunities to re-purpose waste materials found on-site to reduce greenhouse gas emissions and save money. These include:

- **Ground wood chips** used to retain moisture around new plantings of native species and for sediment control
- **Telephone poles** for parking delineation
- **Concrete and asphalt** ground up together to provide the surface for the lower parking lot area and pedestrian/bike trails
- **Tires** for a tire wall providing access from the community amenity side to the transfer station
- **Large woody debris** to recreate a forest floor that retains moisture and adds carbon for the future forest that was planted and to create berms to feed new plantings
- **Metal and wood** to build bridges and facility signage
- **Sand, gravel and soil** for the top layers of the landfill cover and bedding for streams
- **Choosing natural assets** instead of concrete infrastructure to provide stormwater management resulting in a \$700,000 savings and a UBCM Excellence in Asset Management Award

PROPOSED SITE LAYOUT



RENDERING OF RECYCLING BUILDING



For more information on the Resource Recovery Centre and to see project videos visit https://www.qathet.ca/current_project/resource-recovery-centre/

PLEASE NOTE: Effective January 1, 2022 the tipping fee for qathet Regional District Municipal Solid Waste will increase to \$240/tonne.

The minimum charge of \$5.00 will continue for all waste loads less than 20.5kg. Authorized by the qathet Regional District Bylaw 532, 2018



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December 20-23, 9am-7pm

December 24, 9am-4pm

CLOSED CHRISTMAS DAY

December 26, 11am-5pm