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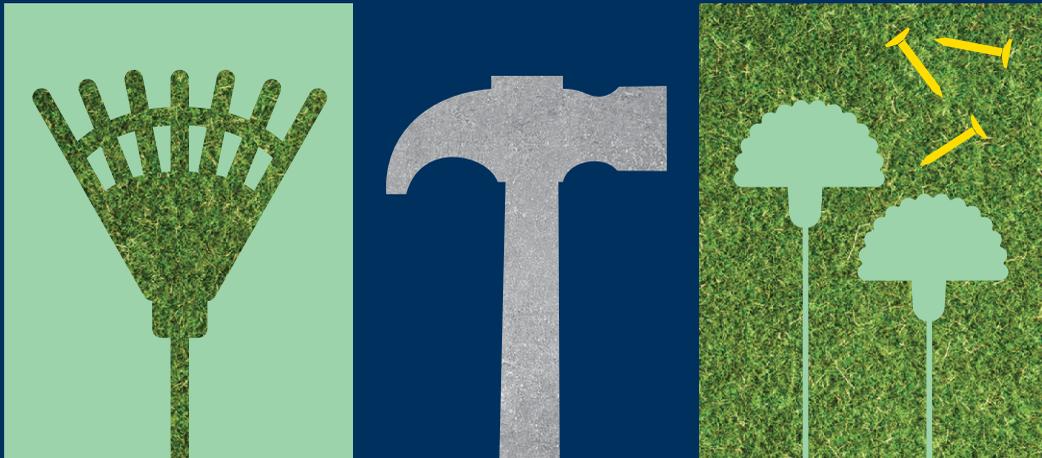
qathet

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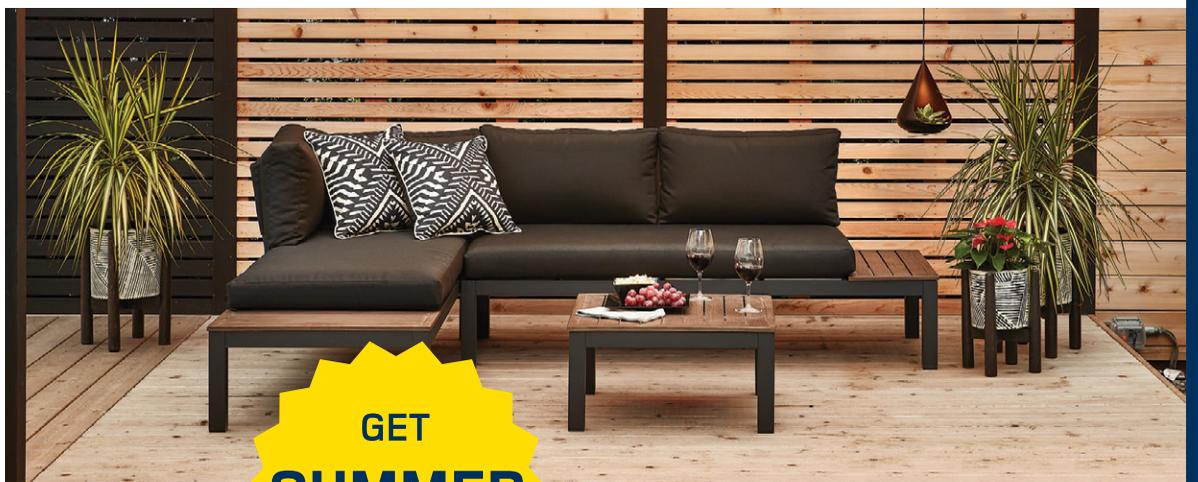
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**ON THE COVER:**

qathet artist Luke Ramsey made this image as a fundraiser for the Patricia Theatre. Read about how this community saved The Pat on Page 10.



# Far beyond 'cool'

Turn to Page 55 for Carl Anderson's stunning shot of what looks like a simple post-sunset view of Mowat Bay. A heron fishes ankle-deep in water. The sky is many hues of blues.

But surprise: this isn't a lingering sunset at all. It's something completely different: noctilucent clouds – an almost Aurora-like phenomenon of light reflecting off ice crystals high above the earth. They shine and wave in the darkness, long after most of us have gone to bed.

In July's issue, nearly every story is like these noctilucent clouds. On the surface, they're pretty cool. But dive a little deeper, and whole worlds emerge.

The 2021 winners of "Best of qathet" are a perfect example of this (starting on Page 7). Best burger, best free thing on Swap n' Shop, best yoga. It's fun! But also, behind each of these winners is years of hard work, sacrifice, trial and error, and grit. Congratulations to everyone who was nominated.

Publisher Isabelle Southcott saw empty car lots here in town – and discovered a global story spanning technology, COVID and people (Page 27).

I wanted to know more about old growth, because it's in BC's news cycle again, and so many locals are going to Fairy Creek and elsewhere to protest logging. Janet May, Ta'kaiya Blaney, Ace Harry, Andrew Bryant, and many more people stepped up to explain old growth's value from multiple perspectives. It's not just old trees. It's so much more, the more I look.

## EDITOR'S MESSAGE



PIETA WOOLLEY

Our new column, "The Other Bottom Line," (Page 44) invites local businesses to reveal their positive social impacts, from charitable donations, to inclusive hiring and more.

qathet doesn't get to glimpse at private philanthropy often, or the philosophy behind it. What's beyond the surface story?

As a staff, we've been grappling for months – years even – with the question of whether to change the name of the magazine from *Powell River Living* to *qathet Living*. This month, we did it. For our rationale, turn to Last Word on Page 62. Like noctilucent clouds, it's worth diving deeper to grasp the full beauty of the change.



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# qL

# “

People say we rescued him but we know he rescued us.

- John King **Page 18.**

# ”

## A FEW OF JULY'S CONTRIBUTORS



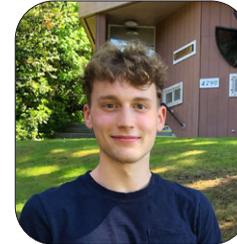
**RICK CROZIER** is a retired real estate agent and journalist. He spends his days hoping to connect with Sasquatch. **See Rick's story, Summer of Sasquatch, on Page 17.**



**TIFFANY MARTIN** is 33 years old, happily married with an 11 year old daughter. She's an artist (and owns Enchanted Tree Jewelry), crazy cat lady, gardener, cook and gamer. **See Tiffany's story Blessed return of the artists, on Page 8.**



**LUKE RAMSEY** works in public art, fine art and illustration. He has paintings in collections with The Canadian embassy in Colombia and The City of Seattle. **See Luke's art on the cover of this month's qathet Living.**



**JOSEPH CLARK** is currently a student at Camosun College studying kinesiology. He wants to learn about how Powell River developed into what it is today! **See Joseph's story, Three artifacts, on Page 58.**



**ANDREW BRYANT** PhD is a conservation biologist who moved to qathet in 2010. He liked the "laid-back" lifestyle...none of which he has found time to experience yet. **See Andrew's story, Habitat Beyond Humanity, on Page 33.**

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# BEST

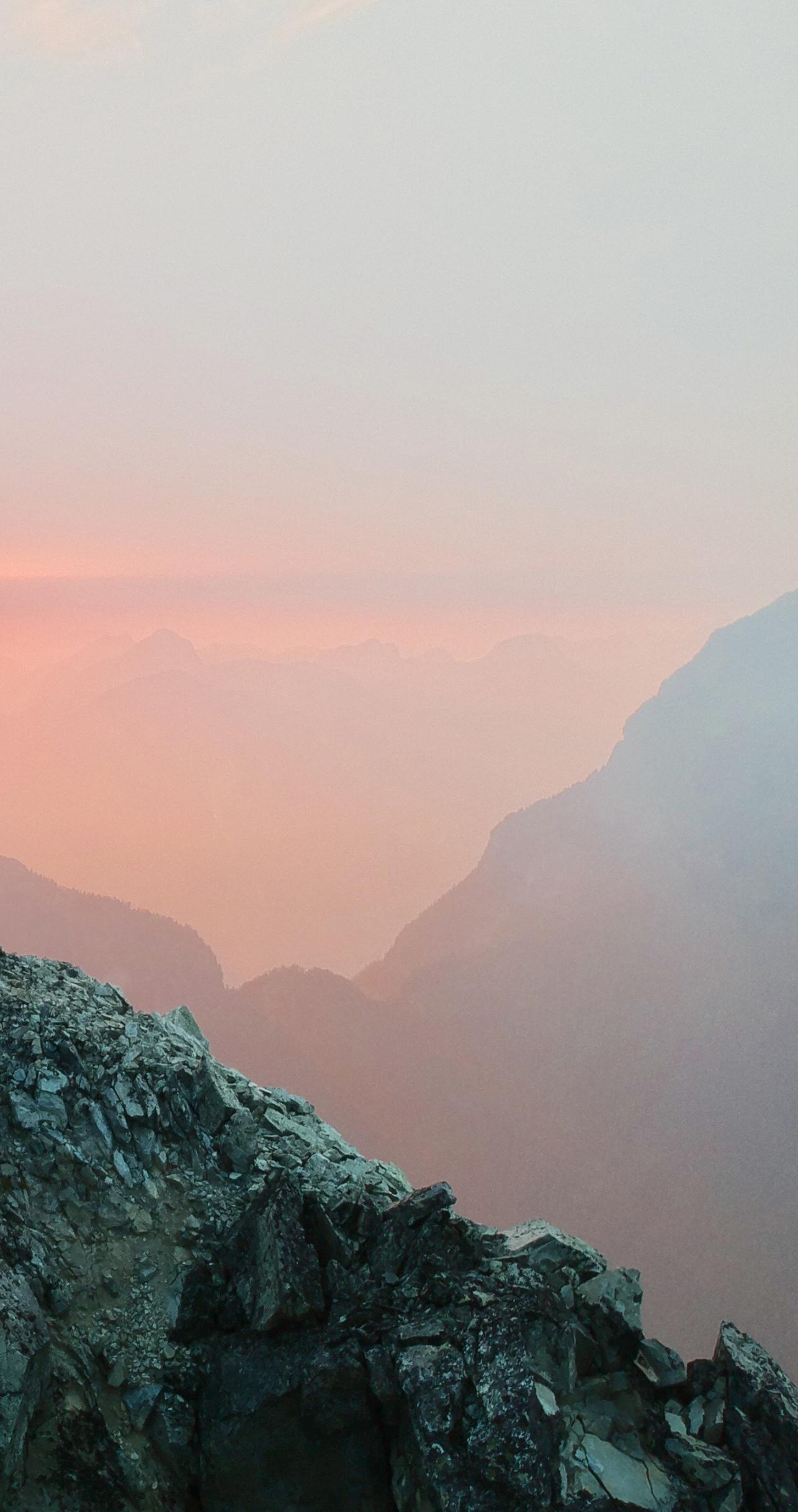
*of qathet*

It's summer 2021. If you're like the staff here at the magazine, you're newly vaccinated, pandemic-pudgy, and eager to live la vida loca - with the help of *qathet Living's* sixth annual "Best Of" contest.

Hundreds of local readers chose the winners by voting. While this isn't as lengthy as our usual "Best Of" contest (we called this one the "Resilient Edition," due to COVID's impacts), we hope you find it as inspiring as we did.

Welcome back, *qathet*.





# Advice for Tourists

## Best attraction

1. Willingdon Beach
2. Sunshine Coast Trail
3. Events (Blackberry Fest, PRISMA, Logger Sports)

*Best answers:* The sea lions, Popeye, Seawalk, sunsets, the Patricia Theatre

## Best hike under an hour

1. Valentine Mountain
2. Willingdon Beach Trail
3. Scout Mountain / Kelly Falls

## Best place to paddle

1. Powell Lake
2. Inland Lake
3. Copeland Islands

## Best beach

1. Mahood's
2. Donkersley
3. Palm Beach

*Best answers:* no sand fleas, 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>? A secret one. Anywhere on the lake that's quiet. Hulks Beach (ignore the sewer outfall sign.)

*Staff notes:* This category was full of answers like, "It's a secret," or "The beach that no one else is at." That surprised me, because there's no better place on earth to people-watch than a beach. In part because you can see human bodies in all of their glorious ages and stages. And in part because beach-goers tend to be comfortable and happy, which makes good viewing. Historically, beaches have been social meeting hubs, where people canoodle and later get frisky. Maybe qathet's preference for lone beach days explains our region's extraordinarily low birth rate?

**BEST PEAK:** Matt McDowell and Kevin Sigouin at the summit of Beartooth Mountain, above Powell Lake, during the summer of 2019 with the wildfire smoke. Matt won the "adult" category with this photo in the Powell River Public Library's 2021 Photo Contest in June. It was taken with a drone, so yeah, that's Matt in the picture, making it the first time a "selfie" has won the contest. For more winning images from the contest, see Page 24.



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**BEST TREASURES:** Three of the 16 artisans back post-COVID selling at the Open Air Farmer's Markets on the weekends: Hookin' & Woodin'; Cottage Inspirations; and Enchanted Tree Jewelry.

## The blessed return of the artists and artisans

BY TIFFANY MARTIN

These days, where the term “essential” is key, artists tend to take a back seat. Art is not considered an essential service. Jewelry in particular is something that demands to be seen, but during a pandemic when we must stay home, there is nowhere to show it off. We depend on farmers’ markets and craft fairs to showcase our art, so when these venues become closed to us, we are left wondering where we belong in this new world.

Online sales become our only option—which can be tricky to navigate. Similarly, not all customers have the means or knowledge to shop online. The massive increase in the volume of mail has made online sales increasingly difficult as well. I previously shipped within Canada free of charge. Now, for the first time in six years, I have deemed it necessary to charge for tracking and insurance to ensure the peace of mind of both my customers and myself. The cost of materials has also risen exponentially, leaving no choice but to increase prices. Many of us artists reinvest our revenue into purchasing more materials, with very little actually making it into our pockets.

Local support has become more important than ever. Art relies very heavily upon tourism because everyone wants to take a unique piece of Powell River home with them. A lack of tourism due to the pandemic effects not only the community as a whole, but massively impacts us individually as artists. There has been growing local support for our food vendors and restaurants, it has been truly wonderful to witness and partake in. Our local arts community is so rich and diverse, and so worthy of support too. Support can be a purchase, or something as simple as a “like” or “share” on social media, or even by word of mouth. When you purchase from an artist, not only are you encouraging the livelihood of an individual or family, you are also supporting their mental health; as many of us use our mediums as a form of expression, therapy and/or meditation. For this very reason, art is absolutely essential.

I'd like to give a special shout out to Cliff Martin from Play With Knives—a local wood carver who is also my father. He is known for his whirly-gigs, carved dogs, intricate jewelry boxes and more. Janelle Huber from Huber Ink – a local folk artist and my pre-pandemic neighbor from the Farmers’ Market. She is known for her beautiful embroidery work and paintings. And Mischa Brooks-Thoma from Powell River Natural Soap Lady – my other pre-pandemic Farmers’ Market neighbor. She is known for

### Worst guess about the future

#### 1. qathet Living magazine

Four months ago, when we were putting this year’s Best of qathet categories together, COVID’s impacts were pretty dismal. Numbers were escalating, heading up to nearly 1,000 new cases per day. Plus, BC’s protocols made indoor dining verboten. We weren’t even allowed bubbles.

So, given the social wasteland that was BC at the time, we slimmed down Best of qathet by more than a third, erasing whole sections of the six-year-old contest, nixing best arts (see story, this page), best people, and best outdoors activities. We called it the “resilient edition,” recognizing especially the COVID-era adaptations made by the community, and online living.

Little did we know (but we should have guessed) that by press time for Best of qathet, more than 70 per cent of local adults would be vaccinated, Canada-wide travel would be back, and restaurants, events, and backyard BBQs would be bringing us all together again.

Trust us: we heard your complaints loud and clear! For the 2022 Best of qathet contest, expect the full number of categories back—and maybe others, too—barring any new COVID variants or new plagues.

If you have ideas, please email anytime (before next March): [pieta@prliving.ca](mailto:pieta@prliving.ca).

her wide selection of soaps, lotions, shave bars, and so much more. If you’re on Facebook, I urge you to check out these talented artisans.

If you’re looking for gift ideas for a special someone, why not purchase something as unique as they are by staying local and buying handmade? I have returned to selling in person at the Powell River Farmers’ Market on Sundays. As everything begins to reopen for summer, I hope to see more artisans return as well. The Farmer’s Market is one of the best places to shop locally, as you also get the opportunity to interact with the artist, farmer, maker, etc. As for store fronts, you can find a variety of local goods in Artique, The Nutcracker Market and Townsite Public Market – to name a few. I look forward to seeing you all and the expressive pieces you choose to accessorize with.

Happy shopping!



**MILLING AROUND:** Arwen Anderson, 11, snapped this photo atop the Best of qathet #1 Best Hike Under an Hour winner, Valentine Mountain, winning the youth category of the Powell River Public Library's 2021 photo contest. The view is the Catalyst Paper Mill. See Page 24 for more Library contest winners.

## Advice for Tourists cont.

### Best Souvenir

1. Pollen Sweater
2. Thick swag
3. Townsite Brewing swag

**Best answers:** Texada flower rock, a fresh caught fish, a suntan, carved seal head by Debra Bevaart, beach glass, blackberry tattoo, anything from Paperworks, photos of sunsets, photos from mountaintops, beer / growlers, stickers from the Visitor Centre.

### Best Gallery

1. Tug Guhm
2. Turadh
3. Artique

### Best Hotel or B&B

1. Old Courthouse Inn
2. Town Centre Hotel
3. Bliss Suites

### Best Neighbourhood

1. Westview
2. Townsite
3. Wildwood

**Staff notes:** Westview should be able to win this hands down every year, based simply on its larger population. But fans of Townsite are vociferous, and again gave

Westview a run for its money. And Wildwood is gaining in popularity. Cranberry was a distant thought, down there with Stillwater and Lang Bay.

### Best Realtor

1. Neil Frost
2. Josh Statham
3. Lyn Adamson

**Best answer:** "The one that buys me a drink."

**Staff notes:** Wow - nearly every realtor in town got votes in this popular category. Two of the most popular are retiring: Brandy Peterson and Lyn Adamson.

### Best Campsite

1. Haywire Bay
2. Inland Lake
3. Willingdon Beach

### Best reason to move here

**Best answers:** The sunsets • The community • the people • the outdoors • quiet • remoteness • isolation • too far from civilization for relatives to visit often • where young people move to retire (like Portlandia) • you can ALWAYS get a free parking spot

### Best reason to stay away

**Best answers:** Housing crisis • BC Ferries • Bears • Drama / Gossip • Gas prices • If you're cranky • No jobs • Nothing open past 6 pm • We're full.

THANKS FOR ALL THE LOVE QATHET!



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# We did it

BY ISABELLE SOUTHCOTT

**N**o one loves a happy ending better than Ann Nelson and Gary Shilling and these days both are smiling at the happily ever after ending they've found for the Patricia Theatre.

Ann is grateful that the Powell River Film Society has finally been able to pull together the necessary funds to purchase the Patricia Theatre from the Patricia Entertainment Company which is owned by her and her son Brian. And Gary, Executive Director of The Powell River Film Society, is breathing a huge sigh of relief that enough money has been raised and financing found to secure a mortgage for the society to purchase the historic theatre.

"It's been a long process and not without its challenges," he told *qathet Living* in an interview.

The Patricia will no longer be a privately owned building/business but will be owned by a non-profit society and run as a social enterprise, something that Gary believes will be beneficial moving forward.

In the past, some were reluctant to help with campaigns, such as the one for digital conversion, because the theatre was owned by a private business despite the fact that every cent of the \$100,000 raised for digital conversion was credited to the film society towards the purchase price of the theatre.

To date, the film society has raised about \$170,000 and from those funds has patched the roof and paid for expenses relative to the sales agreement. What's left is enough for a down payment.

"Six hundred people have donated money," said Gary. "This community has been so generous," he added noting that more fundraising will still be needed. "Once the Patricia has finally been transferred to the film society, the film society will be in a better position to apply to potential funders."

Private lender Thomas Lightburn of Vancouver and Savary Island has offered the film society a private mortgage at a "very generous interest rate below market rates," said Gary. "Thomas has worked in film in BC all his life and he has a love of cinema and an interest in preserving cultural heritage." As well, more than a dozen people have donated more than \$5,000 each to the fund. "It's the community doing the work to preserve the theatre," said Gary.

The film society was getting close to being able to pull the deal together but still had a \$100,000 shortfall when two things happened to solve the problem.

"Ann expressed an interest in the lot behind the theatre. Removing it from the sale reduced our purchase price.

"Secondly, Stuart Isto generously offered to prepay a ten year lease for the storefront space to set up his letterpress shop. We'll have 'Ye Old Letterpress Shop'



**GIVE YOURSELF A PAT:** The Patricia's Spanish Revival building has been around since 1928, and the business since 1913. *Photo courtesy of the Powell River Historical Museum & Archives. Photo processing by Nicole Narbonne.*

and 'Ye Old Movie Theatre' – foundations of Townsite heritage – together in the same building," said Gary. "A win-win for all!"

For Ann, retaining ownership of the lot adjacent to the Patricia means that she can keep her beloved garden with its gorgeous sunsets and the view she loves. This is more than she dared hope for. Her future plans call to move a small house onto the property in the not too distant future but that's a story for another day. "It's all going to work out. I get to smell the same flowers, welcome the same birds and see the same snakes. Now, if I can just live long enough to see this happen!" she said.

Even though it's been a lot of work for Gary to spearhead this operation, he's really enjoyed meeting people who say: "I love the Patricia! It's been part of my life since I was a child."

**For many, especially seniors,** the Patricia and the film festival, are an important part of life in Powell River and as much as everyone looks forward to the theatre reopening, it will not be this summer. There's just too much work to do, says Gary.

"The theatre will be reopened under the film society management sometime in the fall," said Gary. "We have a lot of work to do. We need to train staff, order supplies, and clean up."

The Film Society will run the Patricia as a social enterprise with seniors and youth working together.

BEST COMMUNITY  
EFFORT

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They're exploring the idea of running the occasional silent film with live accompaniment. "The acoustics of the theatre are excellent," said Gary. "We have lots of ideas of how to bring the theatre back to life post-COVID as a cinema and cultural centre."

"After all, that's where it all started back in 1913."

"The Society will continue to show the films we all love: family films, art films and documentaries showcasing stories that connect with our community."

Ann is taking the summer to move to her new apartment. She is beyond thrilled the theatre is going to the Powell River Film Society. "We, (Brian and I) are here to make the transition work for everyone. We will give them all the help and support they need."

The sale comes just in the nick of time. At nearly 80, Ann has significant health challenges and is far less mobile than she was when she and Brian took on the theatre some 19 years ago and she moved into the apartment upstairs shortly after. She kids that she's like the princess trapped in the tower in her upstairs apartment.

"There are 19 steps down and 19 steps up," she said. "I've become a prisoner in this suite. I have to ration the number of

times I go up and down the stairs."

Ann has found the "apartment of her dreams," in the old Arbutus Apartment building less than a block away from the Patricia. "It's a ground floor apartment in a heritage building in my Townsite neighbourhood. I'm eager to make a fresh start and finding this takes the dread out of moving. I feel so lucky and so very fortunate."

Meanwhile, Gary and the film society are looking for the right person to move into Ann's old apartment at the top of the Patricia. "It's a beautiful 1,000 square foot apartment," he said. "We're looking for someone who wants to live there in consideration for working for us. Someone who shares our love of theatre and our interest in running and preserving the Patricia."

Once the theatre transfers ownership, the real work – about \$600,000 of deferred maintenance for upgrades and restoration – begins. The society received a \$100,000 Heritage BC grant that will pay to restore the exterior and replace the canopy that was removed in the 1970's, but that's a small portion of what is needed to replace the entire roof, paint the theatre, upgrade the electrical, the plumbing, the seating, and install new storm windows and HVAC. **PL**

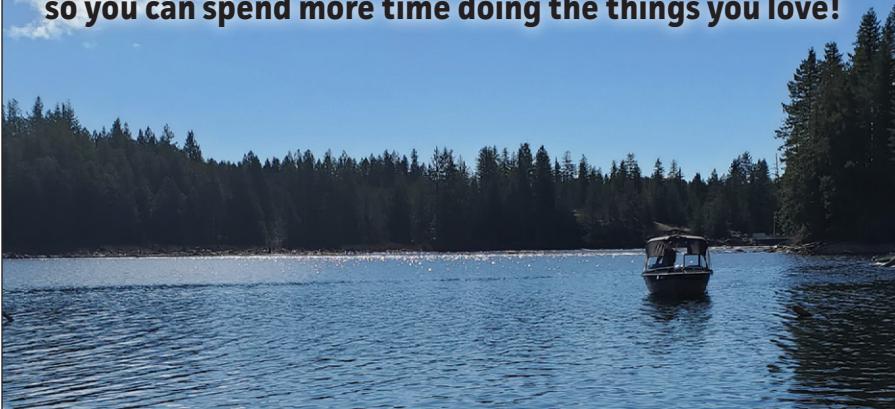
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2. Tim Hortons / Starbucks
3. 32 Lakes / Basecamp

## Best coffee: espresso bar

1. River City Coffee
2. Base Camp
3. 32 Lakes

## Best Pizza

1. Paparazzi
2. Granada
3. Wildwood Public House

## Best Fish & Chips

1. The Boardwalk
2. Skeeter Jack's
3. Modern Peasant (Forest Bistro)

## Best Salad

1. Coastal Cookery
2. River City Coffee
3. Culaccino

## Best Burger

1. A&W
2. Coastal Cookery
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# Restaurants

## Best Cocktail

1. Costa Del Sol – Rumbo
2. Coastal Cookery  
– River City Breeze
3. Wildwood Public House  
– Caesar

## Best Kid-Friendly Restaurant

*Editor's notes:* There was no clear winner here. Perhaps that's because COVID made dining indoors with children nearly impossible (remain seated at all times; keep group sizes small; wear masks when not at the table), and while voting was happening in April and May, indoor dining was verboten. But perhaps there's more to this than just COVID.

As a mom of two kids aged 11 and 14, dining has become markedly easier over the past five years or so (less brouhaha) but profoundly more expensive, as they eat full meals now, and enjoy a Shirley Temple if they're feeling fancy. Where can a family dine that's easy to contain the brouhaha, and won't dip too far into the kids' college funds – and won't harden their arteries later in life? It's a tall order anywhere. – PW

## Best Dessert

1. Costa Del Sol  
– Key Lime Pie
2. Skeeter Jacks – Cheesecake
3. Royal Zayka – Gulab Jamun

## Best Vegetarian or vegan

1. Royal Zayka
2. Little Hut Curry
3. River City Coffee

## Best restaurant for a birthday / anniversary splurge

1. Culaccino
2. Laughing Oyster
3. Seaside

## Best COVID-era dine-in innovation

*Best answers:* Plexiglass screens • new patios (several people mentioned the one at Costa Del Sol) • heated patios • phone number tracking • “I finally figured out how to use QR codes to get a menu... so BIG CITY!”

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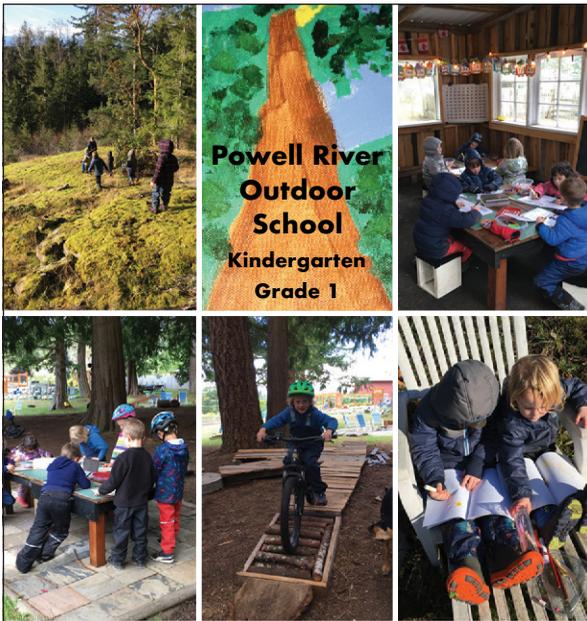


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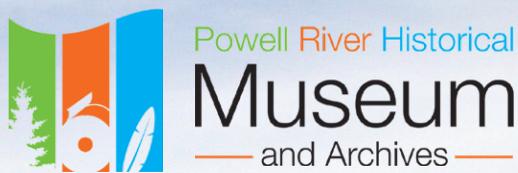


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# Best Food: Groceries

## Best Grocery Delivery

1. Quality Foods
2. Save-On-Foods
3. Townsite Fruit & Veg

## Safest in-store grocery experience

1. Quality Foods
2. Save-On-Foods
3. FreshCo

**Best answers:** It's more about us doing our part and being considerate of others while shopping. I think it's the shoppers - not the stores • Super early or super late

## Best Produce

1. Mitchell Brothers / Save-On-Foods
2. Quality Foods
3. Townsite Fruit & Veg

## Best Butcher

1. Chopping Block
2. Mitchell Brothers
3. Quality Foods

## Best Bakery item: store and item

1. Nancy's Bakery cinnamon bun
2. Hearth & Grain sourdough loaf
3. Quality Foods buns

**Staff notes:** What do cinnamon buns, sourdough loaf, and bagged buns have in common? Absolutely nothing. They cannot and should not be compared. Next year, we clearly need a full category called "Best Burger Buns." Picture this: you're grilling burgers for a crowd. You've crafted the patties with your own secret mix, you've made your Pinterest-sourced burger sauce, the onions are at peak brown-n-sloppy, your home-grown lettuce and tomatoes are sliced and crisp... which bun deserves the role of pedestal? Which bakery can support your backyard opus best? This is the kind of investigative work Best of qathet thrives on.



**GLAMOUROUS GROCERIES:** Stop by these three farm gates for gorgeous food. From left to right, Terra Nostra, on Padgett Road (produce, eggs, canned goods and much more); Hatch-a-Bird Farm in Wildwood (vegetables, cattle or goat dairy, beef, chicken, and eggs) and Andtabaka Farm, on Highway 101 near Lund (vegetables, meat, poultry, eggs, canned goods and baking)

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### Best Dessert (store and item)

1. Hearth & Grain double-baked almond croissant
2. Save-On-Foods Tuxedo Cake
3. Cottage Creek Bakery  
Death by Chocolate Cake

### Best Convenience Store

1. Townsite Grocery
2. Tlaamin Convenience
3. Pacific Point Market

### Best Liquor Store

1. Capone's Cellar
2. Duke's Liquor Store
3. BC Government Liquor Store

*Best answers:* Whichever is closest • Capone's – helped me out once when I wasn't feeling well

### Best booth at the Farmers' Market

1. Cottage Creek Bake Shop
2. Sweet Earth Soaps
3. Terra Nostra Farm

### Best CSA (Community Supported Agriculture)

1. Paradise Valley Produce
2. Blueberry Commons
3. Townsite Fruit & Veg

*Staff notes:* Over the past three years, CSAs and other food boxes have exploded in popularity here. For a full list of what's available, see our *Home Grown* magazine from May (or find it in the archives at prliving.ca)

### Best Farm Gate

1. Terra Nostra Farm
2. Hatch a Bird Farm
3. Andtabaka Farm

*Editor's note:* Curious about Farm gates? qathet has more than a dozen stands you can visit, from Lund to Lang Bay. Check out the tour on Page 15 of *Home Grown* (our local agriculture publication) from May 2021 on paper or online at qathetliving.ca.



## What the Plus (+) Festival

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*Thurs. July 22, 5:30pm* **Opening Night!** Welcome with Koosen Devin Pielle followed by Prashant Miranda Artist Talk on his sketchbooks as biography

*Sat. July 31, 2-4pm* **Memoir Writing Workshop** "How to Write the Self when the Self is in Flux" with andrea bennett. RSVP required for workshop. Email [whattheplusart@gmail.com](mailto:whattheplusart@gmail.com)



## SUMMER ART Happenings

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[www.powellriverartscouncil.ca](http://www.powellriverartscouncil.ca)

### Megan Dulcie Dill

at Tidal Art Centre

July 23-August 16, 2021

[www.megandulciedill.com](http://www.megandulciedill.com)

### qathet Studio Tour

August 28 - September 5, 2021

[www.artpowellriver.com](http://www.artpowellriver.com)

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1. Chevron
2. Vanderkemp Sales & Service
3. Top of the Hill

### Best gardening store

1. Mother Nature
2. Springtime
3. Canadian Tire

### Best Clothing

1. Fits to a T
2. Thick
3. Sublime / The Knack

### Best thrift store drop off

1. Health-Care Auxiliary
2. MCC
3. Salvation Army

### Best thrift store shopping experience

1. Health-Care Auxiliary
2. MCC
3. Salvation Army

# Best retail & service

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2. BMO Bank of Montreal
3. RBC Royal Bank

### Best Insurance

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2. Underwriters Insurance
3. ICBC

### Best Mechanic

1. City Motors
2. El's Auto Tech
3. Dox Auto

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2. Timber
3. Mayet Therapeutics

### Best Pharmacy

1. Shoppers Drug Mart
2. Freshco
3. Rexall

### Best Sports & Outdoors

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2. Taws
3. Suncoast Cycles

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BY RICK CROZIER

For Sasquatch enthusiasts and researchers there is no place in the world like the greater qathet area.

Here, there are countless kilometers of groomed and un-groomed trails as well as logging roads everywhere.

The thing that makes this place so special is the local Sasquatch population seems to be peacefully going about its business right under our noses. The evidence is everywhere, every trail, logging road and even the highway has Sasquatch evidence and all you have to do is recognize it.

For myself and my neighbours, one track started it all. One day early in May three old timers found a quiet logging road next to a clearcut.

Crossing the ditch, we spotted the first track: 17 inches long pressed deep in the sand, no nail marks, not a bear. Our enthusiasm spiked as we discovered more tracks of different sizes.

For eight weeks now my neighbours and I have been checking five locations every day, that we bait with apples. In return they leave us tracks. A mud hole baited with apples gave us the most amazing print of a Sasquatch toddler; we think it could be the only one in the world.

We now have five footprint casts of various sizes; the largest is an incomplete 22 inch track of what could be a ten-foot, thousand pound monster we call 'daddy.' Plus, we've photographed over sixty tracks left on steep sand banks that could not be cast because of the angle they were on.

Based on the information we have gathered I suspect there could be as many as a dozen Sasquatch that live around qathet.

All this evidence was on display at Sasquatch Daze at Townsite Mall June 4 and 5, and is now at Powell River Outdoors on Marine. Seeing the evidence brings out people's stories of Sasquatch encounters in our area—some folks are revealing encounters for the first time.

# Summer of Squatch

Dozens of local encounters reported & fresh footprints after each rain. The search is on for qathet's biggest celebrities. Please be gentle with these gentle giants.

Most people that had an encounter claim it was a life changing incident. Some said they will never go into the woods again because of the fear they experienced. Other folks were in awe and wonderment of what they saw or heard. The one thing everyone has in common is the relief of being able to tell their story to people who won't judge them.

**Sasquatch are large** ape-like bipeds – very, very strong, very fast and extremely agile. They are believed to be electro receptive and electro projective. This means they may have the ability to detect electric fields and to project electric fields or telepathize.

Many witnesses claim they have had or experienced telepathic messages, usually of warnings. Some say they experienced unbelievable fear, some claim unusual dread or even instant sickness. Whatever these monsters are, I think it would be a good idea to give them the same respect you would give a momma grizzly with cubs.

For the most part, they are perceived to be gentle and shy, scaring people not hurting people. However there are people that go missing all the time in areas Sasquatch have been spotted. No one really knows for sure what's going on.

Never, ever go out at night hooting and hollering, banging trees, whistling or whatever those clowns do on TV. That is just stupid. What would you do if you actually found one? It has been noted that they will use rock throwing, growling, tree breaking, foot stomping and their telepathic torpedoes to intimidate you.

Don't use game cameras, there are millions out there that almost never capture any Sasquatch images. For this reason it is thought that they can see full spectrum from ultra violet to infrared.

When in the forest and you're hit with a terrible odor of wet dog and rotten meat, beware you have a Sasquatch upwind.

To me the creepiest thing we keep experiencing is the silent forest, this is when birds, frogs and insects suddenly go quiet for no apparent reason. A lot of the time it is associated with a creepy feeling of being watched. But... by what? 🐼



**SMELL MY FEET:** Outside of Powell River Outdoors, Darcy "Tarzan" Gaudet and Sam Sansalone show off Rick Crozier's casts of local Sasquatch footprints. See them at the Best of qathet's top outdoors store all summer long. Above and right, children painted Sasquatch footprints at the Townsite Market's Sasquatch Days event June 4 & 5, led by Discover Creative Arts owner Lesley Sutherland. Find summer programs on DCA's Facebook page.

Koastal Therapy would like to welcome Bailey Maxwell to the Team.

"Thank you to the community for your continued support."

- Dan and the Koastal Team



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# Best Pet

## Seaweed, the sailor cat

BY JOHN KING

**W**e rescued Seaweed about six months ago when he was living in the woods behind our property in Lang Bay. His favourite pastime is riding on my shoulders, no matter what I'm doing.

I could be out doing yard work or riding on my indoor bike or working out. He'll be on my shoulders, and if he wants me to go somewhere he'll bat me

with his head until I go in the direction he wants.

He loves his morning walk when I take him down to the beach. He loves rolling in the sand and running along the logs and if I go out in the rowboat, he'll sit at the water's edge waiting for me to return.

He's happiest when he's in the boat with me, or curled up in one of our laps on the deck. People say we rescued him but we know he rescued us.

## Lily, the terrier TV sports fan

BY PENNY SHILLINGFORD

**L**ife with my 11-year-old Jack Russell, Lily, has been filled with joy and wonder. She can often be seen proudly trotting up the Seawalk with a stick that's twice her size clenched firmly between her teeth!

When at home she helps with chores that include chasing after the vacuum cleaner hose, pulling kindling out of the fireplace, jumping counter height in an attempt to capture a dish cloth & tugging clothes out of the dryer.

But her most unusual activity is watching the Blue Jays on television with her favourite 'road find' between her paws... when she sees a baseball sail across the screen she makes her own play by grabbing 'her' baseball as if someone might snatch it away!

She watches the entire game with me and continues to be a great fan of baseball ... and I continue to be a 'great fan' of my beloved dog Lily!



20 X 21

**BEST**  
*of qathet*



## Ed, the love bug

BY BOBBY FIELDS

**T**his is my joy - Ed.

We have the debate about who saved who, or which one brings more happiness to the other. Don't ask the cat Icy, she barely tolerates either one of us!

Delightfully dippy, 24/7 365 grin, and always ever lovin' - Ed is my heart. 🐾

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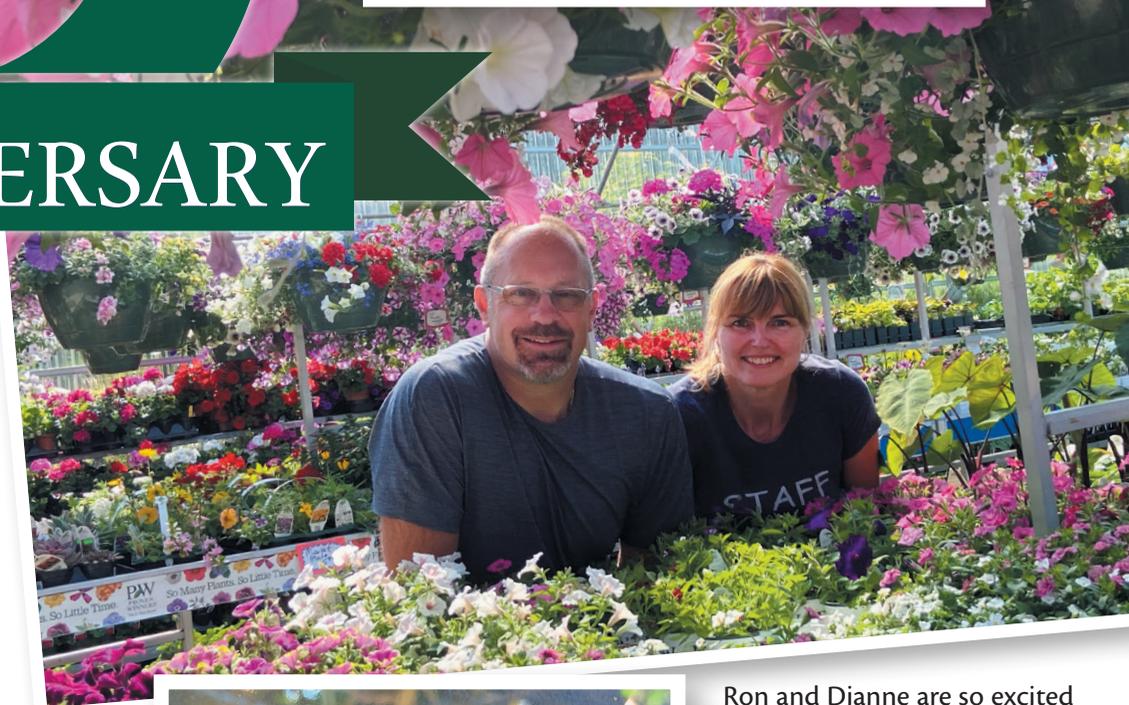
Thirty years ago, Ron Pfister bought his Mom's store. Back then, Mother Nature was a garden, farm and feed store. Over the past three decades the business has seen the expertise around gardening and pet care shift dramatically. Ron and his team embraced the opportunity to help customers be successful by sourcing out high-quality pet food, healthy, vigorous plants and unique home décor items.

**Growing gardens:** With the two greenhouses in the nursery, the selection of seasonal plants and garden decor is always expanding. If a pond feature is on your wish list, look no further. In addition to their pond knowledge, they have everything you need to make it happen, right down to the plants and fish.

**Premium pets:** One of the biggest changes Ron has seen in the past 30 years, is the quality of pet food. The industry has done a fantastic job meeting customer demand and Mother Nature is proud to carry a great selection of top brands, including many manufactured in Canada. In addition to healthy food choices, you'll also find a good selection of pet treats, toys and accessories. It's also the go-to place for supplies for your aquarium or terrarium.

**Surprise decor:** Visitors are often pleasantly surprised to find the wide selection of Home Decor at Mother Nature. From gardening gifts to baby clothes, the eclectic selection of this room always features something new. Near the holidays, this part of the store transforms into the Christmas Traditions Store brimming with decorations and gifts.

*Thank you to our all our Customers and Staff who have supported us over the last 30 years. You inspire us to bring you our best every day, encouraging success and community for Powell River residents.*



Ron and Dianne are so excited about marking 30 years that they'll be putting select items on **30% off Sale** during July. To find out what is on sale and when, join their over 1,000 followers on Instagram, check out their Facebook page, or become one of their over 1,700 Newsletter subscribers.

[www.mother-nature.ca](http://www.mother-nature.ca)  
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# Best COVID captain

Joseph McLean stepped up to become a trustworthy voice in the maelstrom of Facebook during early COVID-19. Here, he reveals what he's learned so far.



I started from a place of uncertainty, of not knowing. COVID was sweeping the country at breakneck speeds, and I needed some way to learn, understand, and share credible information. Like many, I was searching for solid ground, for a way I could help. Starting a Facebook group seemed like the smallest gesture. But it gave me a purpose, a place to start.

I've learned a lot about COVID since then, as have we all: it's been one crash course for everyone on earth. But beyond that, I've learned so much about how community works. As the days slid by, I slowly became aware of the thousands of quiet connections that make our community home. The way we relate to each other, for better and for worse. The hidden wounds, the efforts to heal. The sacrifices we make and the love we share. I've lived here close to 40 years, but last year really opened me up.

A pandemic takes those connections and turns them inside out. How can you stand together when being together is dangerous? How can you be there for each other when you're better off apart?

As the twin strains of restriction and risk pulled at us, I saw old divisions surface and new grievances form. But in those dark days, I saw the fabric of our community more clearly than before. Torn and stained, but strong with

an inner resilience. I met so many people doing their absolute best, really giving it their all. I talked with doctors, nurses, first responders, members of government, moms holding their families together, teenagers just starting out. I helped connect helpers to those who really needed help. I witnessed Tla'amin Nation's strength of response, learned that I still have so much to learn from my neighbours. I saw the countless ways people carry each other during a crisis, quiet ways that will never be written about. Ways that hold us together.

From me, the best thing about this community is the community. We're an odd bunch of characters, but we make it work.

Some have credited my group with keeping the number of local cases down, and the number of vaccinations high. I don't know if we made a difference there, and the COVID pandemic ain't over yet. But I do know that I'm part of a greater community. The group is an expression of that diversity and strength. We have our differences, but we do what we can to help each other. And we will keep doing exactly that, long after this pandemic is a distant memory. 📣

- Joseph McLean, Founder  
Full Solution Computers

# Best of COVID

## Best thing to do while isolating

1. Hike
2. Read / Garden
3. Stream Netflix

**Best answers:** Bake bread • Binge watch shows • Buy plants • Cook then eat • Compose music • Downsize • Everything you've been procrastinating • FaceTime with family • Fill out surveys • Force kids to play musical instruments • Doggie snuggles • Is this a family magazine? • Make TikToks • Magic the Gathering • Make wine • Ludo • PRISMA on the Couch • Star gaze • That's private (grin) • Watch the sunsets with a drink.

## Best crisis response by an individual or agency

1. Tla'amin Nation
2. Joseph McLean: qathet COVID awareness Facebook page
3. Fire departments / EHS

**Staff notes:** We're not sure why this didn't show up in the answers, but everywhere we look on Social Media, locals are in awe of the remarkable efforts of Public Health and the staff at the Recreation Complex vaccine clinic.

## Best way to enhance your mental health

1. Get outside in nature
2. Walk / exercise
3. Turn off screens

**Best answers:** Scream. Drink. Repeat. • Sing! • Warm bath • Meditate • Help someone else • laugh

## Best marriage or family counseling

1. Rick Berghauer
2. PR Child Youth and Family
3. VK Wellness

**Best answers:** Buy a dog • pot • anyone who suggests knitting together • publicly comparing therapists is antithetical to therapy

## Best mask maker

1. Cathy at Townsite Market
2. RivKid
3. Loretta Cameron / Masks by Bev



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or 604-485-0003






## Best thing to do with your bubble

1. Hike
2. Camp
3. Backyard BBQ / campfires

**Best answer:** pop it

**Staff notes:** The “bubble” is one of many COVID-era concepts we’ll refer to in years to come. “Remember ‘Bubbles?’” you’ll say, “OMG yeah! Only six people... the same six people... for so, so long.”

Indeed, Dr. Bonnie Henry popped our bubbles since Best of qathet voting started back in April. As of July 1 (we hope), not only will bubbles be a thing of the past, we’ll be able to gather normally for BBQs, playdates, sleepovers, weddings, funerals, events, and all the beautiful things we took for granted way back in the summer of 2019.

Here’s the best thing to do with your former bubble: remain friends. That was a tough time we all got through together. You’ll want to be able to say, in 20 years, “Remember our bubble? We couldn’t have made it through without you.”



## Make like the Maestro and play for your community

High on this list of uniquely-qathet COVID heroes is Maestro Arthur Arnold. He famously played several cello concerts in the definitely-not-an-opera-house Rec Complex foyer, as locals lined up for their Pfizer and Moderna.

Did his resonant tones inspire you?

**BY MARLENE CHAMBERLAIN**

Have a vision, when we are able to gather, of Powell River having its own orchestra. Would you like to be part of that vision and play beautiful

### PRISMA ON THE COUCH

**When:** Starting July 23, and airing every Friday through the end of August.

**What:** Top performances from this and previous year’s orchestral event, with Arthur Arnold. A classy way to recover from your second dose at home.

**Where:** Tune in at [prismafestival.com](http://prismafestival.com).

music, have the camaraderie of other musicians and experience the joy of performing?

Powell River has a wonderful community band but if you play a stringed instrument the band will not be for you. The orchestra will fill that need.

Our esteemed maestro, Arthur Arnold has offered his assistance and guidance when available and has offered to loan a collection of music that the orchestra can use.

Like anything else, there will be a lot of work involved to get this orchestra up and running and hopefully members of the orchestra will be willing to take on different administrative roles.

Let us start with obtaining the musicians first and this is open to our young musicians too. If you are 12 and older and have played an instrument for some time then you too should think about becoming part of this orchestra.

We need people who play cello, violin, viola, bass and of course wind instruments. If you are interested please send an email to [myprorchestra@gmail.com](mailto:myprorchestra@gmail.com) with name, instrument(s) played and experience of playing in an orchestra (if any), ensemble, or quartet.

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## Best thing you've found on Swap n' Shop

*Best answers:* Someone to take my free stuff • vintage travel trunk • So many giraffe items • Raspberry plants • People to host wildlife cameras for black bear research • My stolen bike • Mid-century modern console table • Lost: my dignity • Glass paperweights • Free hot tub • Dungeons & Dragons Books • Gossip • Anchor • Roomba • Free piano • A 1920s radio



**FAMILY STAYCATION:** What Swap n' Shop started, Expedia Cruises owner David McSween and his buddies finished. The reward? A fabulous "new" spa. Free hot tubs are fairly ubiquitous on Facebook. Tempted?



## Free hot tub (crane, cement, carpentry and electrical extra)

BY DAVID MCSWEEN

**W**e had always wanted a hot tub but never really could justify purchasing a new one.

When my wife and I saw one for free on Swap and Shop, I organized the borrowing of a flat bed trailer and solicited the aid of a friend who had an auto crane on his service vehicle.

We met in Cranberry, loaded up and brought the tub home. Using the crane, we extended

the hot tub tub as close to the newly poured concrete slab as we could and rested it on three logs. We then rolled the hot tub on the logs to its resting place, jacked the tub up and stripped and replaced all the wood components. I then used live edge slabs all around to close it in.

After the electrical company ran the wire, we fired it up and the family has been loving it since! It's a great place for us to unwind and take in the beauty of where we love. 🐼

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- #2 Best Grocery Delivery
- #2 Safest in-store Grocery Experience
- Best Grocery Store Dessert



\* A Tuxedo Cake, that is.

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# Best virtual life

## Best local Facebook page for a reasonable conversation

1. qathet COVID-19 Awareness
2. Powell River Message Board
3. qathet Swap n' Shop

*Best answers:* Ahahaha • I'm not participating in that garbage

## Best Facebook page for outrageous debate

1. qathet Swap n' Shop
2. Powell River Message Board
3. Powell River Bitch & Moan

*Best answers:* Damn near every local page.

## Best Facebooker or Instagrammer

1. Joseph McLean.  
No one even came close.  
(See Page 20)

## Best Instagram of Facebook Photographer

1. Tara Glenn
2. Leah Laurie
3. Lamplight photography

## Best local online class or workshop

1. Coast Fitness
2. Ever Red Fresh Designs
3. Library programs

*Editor's note:* I was surprised by how few votes this category got, considering that we've all been at home for a year.

## Best resource for online learning

1. PIE
2. Powell River Public Library

## Best virtual event of festival

1. PRISMA on the Couch
2. Powell River Film festival
3. Laszlo Tamasik performances

# Best Swap n' Coincidence

Several years ago, I bought a chair on Swap 'n' Shop from my neighbour Rachelle Ford. The chair, a 1930s-ish upholstered armchair with wooden legs and arms was a pretty little thing and looked great in my Townsite home.

Rachelle was selling the chair for her mother who was downsizing and I paid \$40 or \$50 for it. Fast forward several years and I too was downsizing following a move and the chair was posted for sale once again on Swap 'n' Shop. A woman named Jody Turner said she was interested. When she arrived to pick



it up she told me she recognized the chair by its fabric because it was she who had reupholstered it many years earlier. The chair, she said, originally belonged to her grandmother and was in the old family homestead at the corner of Gerard and Marine Avenue.

Jody ended up with the chair and when she moved to Cranberry got rid of the chair when downsizing. That was more than 15 years ago. Needless to say, she was very happy to get her chair back so many years later. 🐾

~ Isabelle Southcott

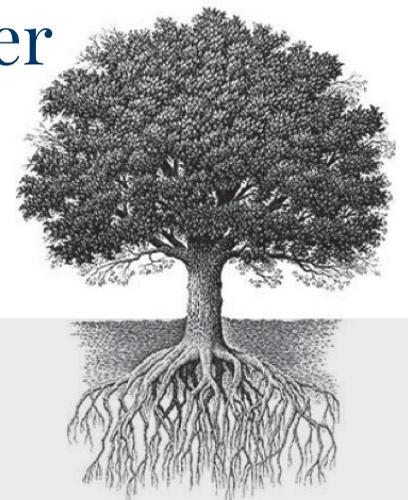


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- #1 Best Coffee: Espresso Bar
- #2 Best Salad
- #3 Best Vegetarian or Vegan



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Voted #1 Best marriage or family counselling

Thanks to everyone who voted. It is such an honour to support so many individuals, couples, and families in this wonderful community. This has been a challenging time for all of us but growth only happens when we are challenged. Taking care of your mental health and having the right guidance in a challenge is so important. Thank you for allowing me to walk with so many of you through this time.

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goals balance anxiety and  
courage reduce depression  
shift negative perspectives  
accept life transitions**

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# Unique qathet

BY MARK MERLINO

The Powell River Public Library has been running an annual photo competition with various prizes since 2015.

Every year the photo competition has a theme allowing locals to share and showcase their best photos on a range of topics from local wildlife, gardens, landscapes, and backyard photos. The

theme this year was photos that showcase something that is typical or distinctive from this region. Photos were judged by an expert panel based on the subject matter, composition, detail and lighting.

Being involved in this photo competition has reminded me how beautiful this region is and how many great photographers live here. Later this year, these images will appear in the Library's 2022 fundraising calendar. **PL**

Youth Winner • **Arwen Anderson** (11 years old) (see Page 9)

Adult Winner • **Matt McDowell** (See Page 6-7)

*The finalists images (Clockwise):*

**Doris Guevara** - Totem pole carved by Jackie Timothy

**Jennifer Salisbury** - Aurora Borealis at Mowat Bay

**Jack Saunders** - Salish Sea kayak

**Rita Scherrer** - Winter Sun

**Rick McGrath** - Surfing Seagulls at Palm Beach

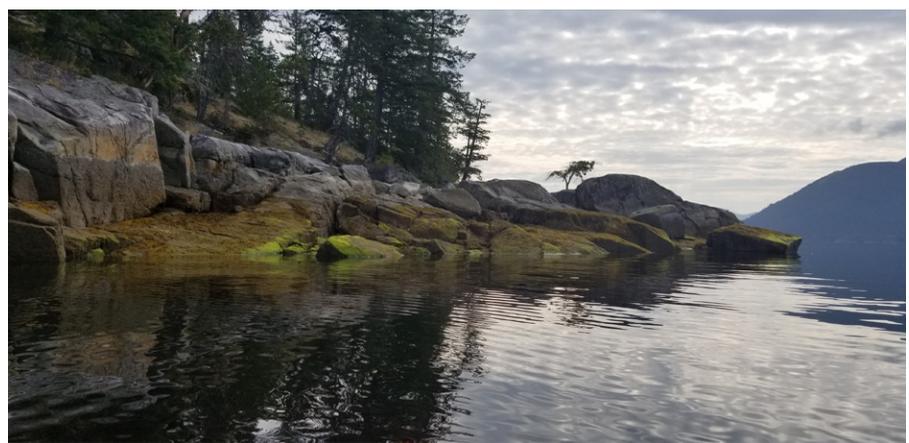
**Teresa Hollo** - Walt Hill Hut on the Sunshine Coast Trail and Lois Lake

**Kaela George** - Emma Lake and the Knucklehead Mountains

**Paul Dohm** - Sea Lion Sleepover

**Margo Peterson** - The Coast (below)

**Carl Anderson** - Sea Lions



## July Clearance!

# Armitage

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# Kaiden's story

**G**rade 5 student Kaiden Greene loves technology. What pre-teen doesn't?

It's particularly vital for Kaiden, though, because he is completely blind.

In his classroom, he uses a braille computer to read and write, which allows him to do most things his classmates do - including showing off his work.

"Technology has such cool powers," he said.

Using a braille writer connected to a computer is part of Kaiden's Individual Education Plan (IEP) - a collaborative document created with his family, teachers, and support staff laying out a pathway to academic and social success at school and in the classroom.

The vision for inclusive education is to provide learning environments that recognize the value of diversity and provide equity of access, opportunity, and achievement for each learner.

"We strive for environments that provide equity of access, opportunity, and outcomes for all students, including students with disabilities and diverse abilities," said Tawnie Gaudreau, Director of Student Support Services. Classroom Teachers, Student Support Services Teachers, and Support Staff work together to design classrooms, programs, and activities so that all students learn and participate together.

For specialist educator, Carla Skrodolis, her passion is working specifically with students who are visually impaired. She is a Teacher of Students with Visual Impairments, with a Master's degree in Education - a key support "to prepare students, within a safe, inclusive, and dynamic environment to face a changing world as lifelong learners and informed, responsible citizens" - the Board's mission statement, and the same goal for all School District 47 students.

"The technology for students with visual impairments has drastically improved," she said, noting that today's braille writers are much faster and easier to use - and easier to share with sighted students - than those of the past.

"Peers love being able to hear or see what their classmates produce on a braille writer. This builds connection and helps to demystify braille.

"A wonderful advantage of today's technology is that many mainstream devices are being built with vision challenges in mind. Zoom features and text-to-speech functions are commonplace. Many of my high school students use their phones for magnification and for everyday tasks, omitting the need for other devices. Students are much less resistant to using devices that are commonly used by their peers."

Carla says that she works with a remarkable team of professionals who are dedicated to doing the hard work to make truly inclusive education happen.

# Inclusion: Together we're better

Building on individuals' strengths, schools in School District 47 are making sure all students become enthusiastic, life-long learners and responsible citizens.



**A part, not apart:** Kaiden Greene, above right, is the oldest middle brother in a busy family. In his Grade 5 classroom at Edgemoor Elementary, below, Kaiden's Inclusive Education Plan helps his teachers and his parents work collaboratively on helping him achieve his academic and social goals.



## Inclusive education: three things to know

### 1. BC's new curriculum emphasizes Core Competencies

Inclusive education has undergone transformation with updates to the curriculum and assessment in 2016. With the introduction of "Core Competencies" all students work toward developing the knowledge, skills, attitudes, and values needed for a more diverse and interconnected world.

The BC Curriculum serves as a framework to support diversity; honoring student voice and choice and providing teachers with the flexibility to meet the needs of each individual.

### 2. IEPs are the roadmap to support student success.

An IEP is an Individual Education Plan (also referred to as an Inclusive Education Plan). An IEP is a strength-based document that outlines supplementary supports and services that are needed for optimal success, identifies student strengths and stretches, reflects individualized goals and also includes measures for tracking achievements and successes.

### 3. IEP Alignment: The Competency Based IEP

IEPs are now being designed with the Core Competencies at the centre. Student Support Services Teachers have been engaged in professional learning opportunities over the past school year to support the implementation and use of Competency Based IEPs for students with diverse needs. The goal is to ensure that IEPs are more strength based and individualized to capture student voices and to make the IEP more personalized and meaningful for the individual students.

Want to learn more? Contact us.  
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# Big empty car lots?

Blame it on the microchips

## Mad Markets Part 2

*Lumber prices have more than doubled, getting that brand new vehicle can take weeks – even months, real estate is through the roof, and produce is top-dollar.*

*What's going on?*

The short answer is it's the

pandemic. The long answer is a bit more complicated.

We continue this four-part series on 2021's crazy market with part two by looking at what happened to vehicle sales and what it takes to get a brand new truck in qathet.

**SALESMAN'S WORST NIGHTMARE:** Massullo Motors' Scott Franklin says the customers are many, but the new vehicles are few. *Photo by Isabelle Southcott*

**BY ISABELLE SOUTHCOTT**

**D**ean English began looking at trucks last fall. Like many new car buyers, he went online to figure out what he wanted before visiting the local dealer.

"In mid-December I did a build online on GMC's website," said Dean. "I printed it off and emailed it to Scott."

Scott Franklin, Sales Manager for Massullo Motors in Powell River, received that order and tried to fill it. But because of a global shortage of semi-conductors, he was unable to place that order with GM, and, at press time in late June he was still not able to do so.

"It's frustrating for Dean," said Scott,

who has been in the business for 27 years and never seen anything like this. "His order is just sitting there; GM cannot fill his driver alert package or the safety package on his new vehicle."

Having customers who want to buy but not having the cars to sell is a car salesman's worst nightmare. But Scott says he is not alone.

"All GM dealers are in the same boat."

The semiconductor or microchip shortage first hit the car sector in April of 2020 but has since spread to other industries. Like the tight supply and increased price of lumber, microchips have also been impacted by the COVID-19 pandemic because of the enormous pressure put on supply chains for consumer electronics like



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### New vehicle sales in Canada

	# of vehicles	Year over year growth
2012	1,665,063	baseline
2013	1,728,140	3.7%
2014	1,851,645	6.7%
2015	1,867,498	1%
2016	1,948,375	4.2%
2017	2,029,668	4%
2018	1,987,373	-2%
2019	1,921,44	-3.4%
2020	1,661,560	-15.5%

Motor vehicles sales were hit hard by COVID-19 in March and April of 2020. A good month is over 200,000 new vehicles sold across Canada (or over 23,000 in BC). In May to June of 2017 – the best year this decade – sales exceeded that number. In March 2020, sales dipped to below 50,000. In April, they rose to just below 100,000.

But sales swiftly recovered.

August and September of that year saw over 170,000 new vehicles sold.

Sales have been uneven so far this year, but the first three months are on par with 2015.

(Source for the numbers: Statistics Canada)

laptops, video game consoles and smartphones, as people were forced to find new ways to work and play. Companies cancelled microchip orders last year after incorrectly forecasting lower demand because of the pandemic.

In a nutshell, Dean's truck hold up is all about supply and demand. "There is not enough product available," says Scott.

BC declared a state of emergency on March 17, 2020. At that time, little was known about the virus and businesses didn't know what they could and could not do safely. Scott said they shut the dealership down on March 23 for six weeks.

At first, Scott would come in to answer phone calls and book work for a service tech on essential service vehicles such as ambulances and those belonging to doctors and nurses etc.

Only four of Massullo's staff of 18 worked during the six weeks they were closed. "When we started to figure things out, we slowly began to bring everyone



**NOT A LOT:** Massullo Motors' car lot on Joyce is normally full of new vehicles, but in June, there were just a handful. Local businessman Dean English, right, hoped to buy a new truck after driving the same one since 2004. He'll be waiting a little longer, due to hiccups in the supply chain.

back and open up," he said.

Regular production for the auto industry also came to a standstill in March of 2020 as automakers halted assembly lines in response to health and safety orders and non-essential work orders. In April of last year, GM shut down their Oshawa, Ontario assembly plant and retooled it to build ventilators and manufacture masks.

Auto parts suppliers also repurposed to make medical equipment as demand for new cars was low at the start of the pandemic. Supply chain challenges cropped up in an industry that relies on parts made around the world. The conductor chips and other parts needed to assemble a truck were held up for weeks, said Scott.

"Once they finished making medical equipment they had to retool the plants again to build vehicles," said Scott.

All that takes time. And it took more than 20,000 vehicles that would have been built during that period out of the market.

In addition to those new vehicles not hitting the market, another 15,000 or so used vehicles have been kept from Canada's market, said Scott.

"About 80 per cent of people trade in their vehicles to buy new ones," he said explaining how this compounded the low inventory available in both the new and used vehicle markets.

Meanwhile, stuck at home, people spent more time online looking at vehicles. Unable to travel and spend money on entertainment, they turned to vehicle shopping.

According to estimates compiled by DesRosiers Automotive Consultants, Canadian auto sales jumped by



“I’m in no panic. My truck is still working fine. I understand what’s happening, we’re (TAWS) in the same boat. I could sell 100 more bikes but we can’t get them.”

- Dean English

254 per cent in April of this year compared with April of 2020. DesRosiers reports that Canadian auto sales totalled 162,455 units in April 2021 up from 45,833 units in April of 2020 (though April 2020 was an unusual month due to the COVID-19 crisis, and April 2021’s numbers are not particularly high, historically. See sidebar.)

Pre-COVID, once ordered a new vehicle took anywhere between eight to 12 weeks to arrive at the GM dealer’s lot. Today, that time is longer, much longer.

Dean is hoping he’ll have the truck he wants with the motor he wants, by the fall. One of the holdups is the fuel management system he wants for his new truck. “They can’t get the chip they need,” he said explaining that one

of the reasons he wants the particular truck he chose is that it has the power he wants but it is more economical.

Dean, a strong believer in shop local, will wait until his local GM dealer is able to bring in the truck he wants.

“I’m in no panic. My truck (it’s 17 years old) is still working fine,” he said. “I understand what’s happening, we’re (TAWS) in the same boat. I could sell 100 more bikes but we can’t get them.”

There will come a day when it’s business as usual and when that happens, Scott and his team will be ready to help.

“If there’s a vehicle you like but don’t see on the lot just ask us,” says Scott. “We can usually accommodate your needs and save you a trip to the city.”

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# Older & b

This summer, hundreds of locals are fighting to protect BC's and qathet's remaining old growth forests.

What's so special about these biomes?

Retired forester Janet May; trail guru Eagle Walz; Indigenous youth activists Ta'Kaiya Blaney and Ace Harry; and biologist Andrew Bryant explain.

## Why old forests? A letter to a friend

BY JANET MAY

*A friend, let's call her Hannah, asked me a straight forward question. I blustered. I got political. I was not really satisfied by my own answer. Thank you to qathet Living for giving me a second chance to answer.*

Dear Hannah,

You asked me 'Why are old growth trees so important? Aren't young trees more healthy?'

I was stumped by your question. I had to think about the reasons why.

Firstly, it's not individual trees, but Old Forests that are important. Those combinations of plants and animals, large and tiny, that cycle nutrients, store water and carbon, and grow together for centuries. Old Forests have a variety of species and ages and complex structures for habitats. Old Forests are healthy, and having Old Forests make all our forests healthier.

We are just learning how important the network of fungi and animals are in forest soil. Recent science says that fungal connections may make a forest more resilient by 'sharing' nutrients and 'sending' warnings among trees. There are fungi in our Old Forests that we have not yet discovered, so we don't know how important they are for health. In a clear-cut, churned-up soils dry out and many soil organisms die. Old Forests nearby are a reservoir of spores to inoculate the depleted soil.

Centuries of fallen needles and wood are layered into spongy soils. You may hear that young trees absorb carbon from the atmosphere, but they are no match for the storage capacity of large trunks and slowly decomposing logs in Old Forests. Even if you include the carbon stored in wood products, an intact Old Forest stores more.

Old Forests are seed banks for plants and trees. Replanted forests are less genetically diverse. As climate conditions change, a wider genetic bank gives our forests a better chance to adapt.

You asked me "How old is an Old Forest?" Old Forests that I know are very old. Their soil networks were created as glaciers receded into the mountains. Some

trees there are over a thousand years but some are young, there is no 'one age' for those natural forests.

Old Forests that I know are on the sides of mountains at high elevations, like most of qathet's remaining Old Forests. But there is more than one type of forest in qathet: there are 'high productivity' forests in the valley bottoms, and dry forests along the coast.

qathet's 'high productivity' forests were the first to be cut down and today only a fragmented five percent of them remain as Old Forest. (Statistics that claim that 30 percent of BC's Old Forest remain, mislead us by combining all types of BC forests together.) Douglas-fir forests used to burn and grow back regularly. A 250-year-old Douglas-fir forest is a cathedral of even aged towers, more impressive to our eyes than the mixed ages of thousand year old yellow cedar and hemlock on the mountain side. Both kinds of Old Forest are valuable and vulnerable. Log the last few, and that complex network of relationships will not grow back. They are not renewable.

Many animals depend on Old Forests for dens and shelter. Some specialized animals nest only in Old Forest trees. I believe that we have a responsibility to the more-than-human world. BC's biodiversity is a world treasure that we can afford to sustain.

Inside an Old Forest I feel connected to cycles of growth and death that have repeated for thousands of years. The light, the air and the green shadows send me peace. I can only imagine the spiritual and cultural values of Old Forests for the people who have lived in qathet for thousands of years.

The recreational value of Old Forests will only increase as they become rarer across the globe. The Old Forests of qathet are more valuable standing, than they are as lumber, pulp or hog-fuel. When they run out, we will have to stop logging Old Forest anyway. I don't see why we can't transition to cutting only plantation forests now, before the Old Forests are gone. Why can't we have both a forest harvest industry AND Old Forests?

Thank you for questioning me about Old Forests. Please ask me more.

Your friend, Janet

# Older

## See this ribbon of emerging old growth

BY EAGLE WALZ

When people talk about old growth on the West Coast they generally talk about the cedars and firs older than 250 years. Still, even at 120 years they look old and big.

Circumference can be measured by two people reaching around a tree while facing each other. If the tree is too big around for them to touch each other's fingertips, then they know they have embraced an old growth tree between them.

Logging since the late 1800s has proven that the motto – We never run out of trees to cut out here – has come to that dreaded end. Very few old growth stands with big trees remain in the front country of the Upper Sunshine Coast to be cut.

*Accessible old growth stand locations along the Sunshine Coast Trail from Sarah Point to Saltery Bay:*

**Myrmidon Creek** Km 3.5 to 4.5

The trail follows a small creek flanked by the occasional old growth tree

**Bliss Portage** Km 8.2 to 8.5

A small patch of large fir at jejish chiam, plus nearby giant Chief Toma towering above all others

**Tokenatch Fir** Km 28.5

Another solitary giant along the hiking trail, a flat 10 minute walk with board walks and bridges

**Appleton Creek** Km 35.5 southward

A handful of giant firs at the recreation site, plus more up and down the canyon with waterfalls

**Lost Lake** Km 60 from height of land toward Lost Lake

Keep looking and you will spot the firs and cedars revealing themselves

**Confederation Lake** Km 71 at edge of stand

The majority of the giants of this stand are on the steep south side of the creek but many are along the trail side as well

**East Tin Hat** Km 92.5 Pipes Canyon

Many dead standing and fallen cedar trees are bark- and branchless. They must have evoked organ pipes in an inspiring medieval cathedral

**March Lake** Km 103 intermittently southward

Three patches of Old Growth Management Areas (OG-MAS), making them protected

**Walt Hill Ridge** Km 120.6 – 124.5

High elevation OGMA ridge, around 1000 m – 1100 m, smaller but older trees

**Elephant Lake** – up to Mount Troubridge Summit and down Culloden Ridge to Fairview Bay (Km 154 to 171) OGMA, a breathtaking continual historic firebreak of old growth of various sizes 🐘

## qathet qaymix at Fairy Creek

Over the past several months, dozens of locals including Dolores del a Torre (pictured) have traveled to Fairy Creek on South-Eastern Vancouver Island to protest the harvesting of old growth there.

BY LESLEY THORSELL

Nothing prepared me for a walk into Eden Grove just up from Fairy Creek in Port Renfrew. It was like stepping into the movie Avatar, a spectacular completely untouched eco-system. A cathedral of giants like nothing I'd seen in my lifetime.

We thought a two-year deferral would stop the logging happening in Fairy Creek but it hasn't.

We now have alpine Old Growth logging started in qathet now – Eldred Valley, Bunster, Beartooth, Martha Lake, Freda, Skwim, Diana Lake, Toms Thumb and Slide Mountain are the known areas I have collected so far.

We need a province wide moratorium on Old Growth Logging.

Our grandchildren will thank us. 🐘





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#### Forest fuel mitigation



Before



After

Contact: Marc Albert at [firesmartpr@gmail.com](mailto:firesmartpr@gmail.com) or 604-414-7839 to schedule an assessment.



**ACTION BEGINS:** Chegajimoux and Thichala (Ta'kaiya Blaney and Ace Harry) lead a protest June 23 against old growth logging here in qathet, and in solidarity with Fairy Creek – and other non-consensual logging practices. Below, map of local Western Forest Products planned Old Growth Logging, as assembled by qathet Old Growth (see the Facebook page). WFP sent this statement to *qathet Living*: “All of our forest management activities are carried out to achieve multiple objectives including biodiversity, cultural heritage and community values. Western is working to understand the concerns of the protesters and have been in contact with the leadership of the Tla’amin Nation. We will be in a position to provide more information once we understand the nature of the issue and the interests of the Tla’amin Nation more specifically.” *Top photo by Ari Dublin*

### Blockade for old growth and sovereignty



It was about much more than old growth. But it was also about old growth.

When Ta'kaiya Blaney and Ace Harry led a blockade near Eagle River on June 23, the duo say they were standing in solidarity with other Indigenous land defenders at Fairy Creek and elsewhere. But even more importantly, the 20-year-olds told *qathet Living*, they are rebuilding relationships with their ancestral land by occupying it - at the site of an ancient village - by facing down the industry that is behind colonization and forced relocation.

“As young people, we hope to do further work in exercising our right to access our traditional territory,” explained Ace, after the one-day action.

Signs at the blockade made it clear that this was a disruption. “Indigenous

consent is law. Western Forest Products Trespasses,” read one. “Strong as a cedar,” reads another. “Tla’amin Sovereignty Forever,” says the largest.

The group ‘qathet Old Growth’ has compiled a list and map of every old growth stand in WFP Stillwater Division, which may be harvested this year.

Will Ace and Ta'Kaiya's action evolve into the next Fairy Creek?

“From the beginning all this has been about is protecting forest and standing with our Indigenous relatives over some greedy corporations,” said Ta'kaiya, noting that this action doesn't represent the Nation or officials - but it does represent Indigenous youth asserting sovereignty. “Powell River lives in the shadow of this legacy of massive destruction in our territory.... This is about the cultural resurgence of our people.”

# Habitat beyond humanity:

gathet biologist mourns his trashed bird, bug and marmot research as countless species lost to old growth logging

BY ANDREW BRYANT

My very first glimpse of an “old growth forest” came from wandering into Cathedral Grove one fine afternoon in May of 1980 while en route to hike the West Coast Trail.

“Wow,” thought I, “those are some mighty fine trees.”

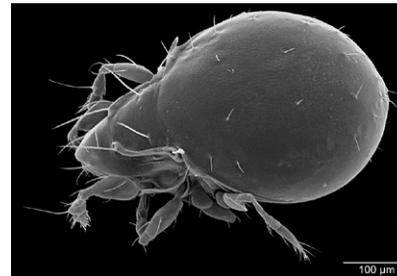
Then life intervened and I chased wine, women and song for another forty years. Ha. Some of that’s even true. But the mountains and the oceans and the beauty of British Columbia encouraged me to move here permanently.

After some further distractions (bats and burrowing owls in the south Okanagan, grizzlies in the Khutzey-mateen, and spider monkeys in Costa Rica), I wound up chasing Vancouver Island marmots and forest songbirds for the majority of my scientific career.

I learned some interesting things along the way.

In 1991 in the upper Klanawa Valley I was struck by why, even in the “biggest-tree forests,” you could find an occasional Wilson’s Warbler. At first it didn’t make sense. Wilson’s are typically an “early-successional” species—they prefer young forests. Then I cross-referenced the “standing tree basal area” data and my brain went “wow.” So I’d just seen the aftermath of a really big tree toppling in the middle of an old-growth forest...and a Wilson’s Warbler had found that sunlit spot.

In 1993 at Haley Lake Ecological Reserve I was struck by how, even in the most “fully protected and idyllic marmot paradise,” I could spend hours watching a Golden Eagle hunt the clearcuts in the valleys below. It took me another decade to map the forest losses, map the distribution of wolves/cougars/eagles/marmots and publish my conclusion that we were the cause of the problem. I wrote, “In the long-term managers need to begin thinking about what kind of landscape might successfully provide habitat for mar-



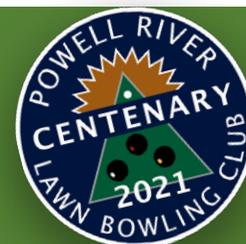
**CHARISMATIC MICROFAUNA:** Top, Andrew Bryant’s top species of study, the Vancouver Island marmot, depends on old growth forest ecosystems. Middle, so do oribatid mites, Varied Thrushes and Wilson’s Warblers. Bottom, This logging truck is taking another load out of the Klanawa Valley on southern Vancouver Island in 1991 (where Andrew found the warbler); this particular study area is long gone.

Photos by Andrew Bryant, Iwan van Ween and Michael Heethoff

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mots, deer, cougars, wolves and loggers, and what level of ongoing management will be required to pursue this ideal in the heavily modified landscape that already exists.”

In 2005 I helped a colleague publish his paper entitled: “A comparison of microarthropod assemblages with emphasis on oribatid mites in canopy suspended soils and forest floors associated with ancient Western redcedar trees.” Now I’m no expert on mites that live in little pockets of soil here and there. But if you’re finding new species *every time you look* in the upper canopy of old-growth forests ... then it becomes apparent that we’ve been losing entire ecological *communities* without even knowing they existed.

Collectively these three stories tell me that Joni Mitchell was wrong. “You don’t know what you’ve got ‘til it’s gone” make for marvellous lyrics but I think she missed one vital point. If you’ve already lost the scientific capacity to understand “what you’ve got” or the historical capacity to understand that “most of it’s gone”...well everything else is moot.

Way back in 1998, CEO Tom Stephens of MacMillan Bloedel Limited publicly announced the “end” of old-growth logging in B.C. This followed the first Provincial “old-growth forest review” back in 1992. What happened next?

MacMillan Bloedel sold their lands to Weyerhaeuser in 1999 and we went back to “business as usual.” My “old-growth forest bird data” got thrown out after “re-organization” of the Canadian Wildlife Service in 2005. And most of my marmot data got thrown out after the demise of the “Research Branch” of both the provincial Ministry of Forests and Ministry of Environment. And the cutting continued, even as



**STANDING STRONG:** Biologically critical from roots to canopy, Fairy Creek, May 2021.

Are they really “worth more standing?”  
Well, for a scientist, the answer is a resoundingly simple yes.

- Andrew Bryant

local mills were closed and thousands of loggers and millworkers lost their jobs due to mechanization and growing dependence upon raw log exports.

I mention these historical events not to solicit sympathy—I wouldn’t have traded my career for anyone else’s—but to underscore the reality that we face an unpalatable truth at this moment. One can debate how much “old-growth forest” we have left in this Province; there are indeed different standards for measuring it. But whatever units you use, it’s a small fraction of what we had when I first visited Cathedral Grove or found that Wilson’s Warbler in the Klanawa.

So I’m delighted to see the growing public outcry over Fairy Creek and places like it. Old-growth forest ecosystems are incredibly rich, and incredibly complicated, and there’s lots about them we don’t know. Are they really “worth more standing?”

Well, for a scientist, the answer is a resoundingly simple yes. But the better question might be: are they worth more standing to you? 🐿

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# Write here!

A baker's dozen of 2021 beach (and bed) reads by authors living and writing here in qathet.



## Welcome to Here

by Sosan Blaney, Megan Dulcie Dill & Claudia Medina

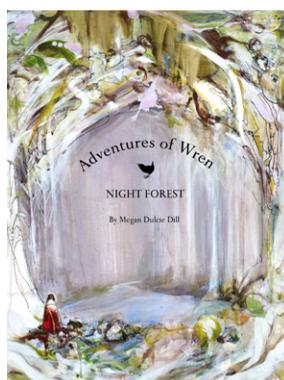
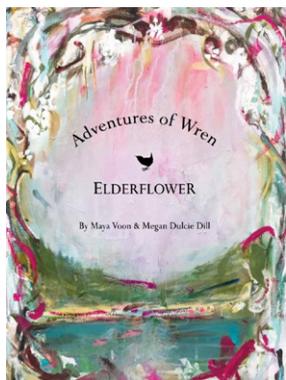
Welcome To Here is a first words board book and video honouring the land and waters of the Tla'amin Nation and the keepers of the Ayajuthum language. These local plants and animals were spotted by young people during forest, ocean and river walks in 2020.

Megan Dulcie Dill is an artist and facilitator interested in exploring the environment through innovative and multi sensory art projects.

Claudia Medina is a filmmaker and educator. She has been making films and mentoring students for 20 years. In 2001 she established En Media Productions as the container for her diverse projects and work in film, video, performance, visuals, and visual storytelling workshops.

From the Tla'amin Nation and born and raised in the Tla'amin traditional territory, Sosan Blaney has worked in many different areas of language and cultural preservation and revitalization. She earned a Bachelor of Arts degree from Vancouver Island University with a major in First Nations studies and has a Master's certificate from the University of Victoria in Indigenous Language Revitalization.

Available at: Ecosentials & Tla'amin Convenience \$13.95. These books are available free to newborn babies and families through the Bags for Babies program with PRPL, Tla'amin Pre/Post Natal, Family Place and SD47.



## Adventures of Wren: Night Forest

by Megan Dulcie Dill

Join the songster Wren and friends as they embark on an epic journey through a mysterious old growth forest to find magic in voice and land. There are some big new words for all members of the family to explore in this adventure tale of loss and discovery.

## Adventures of Wren: Elderflower

by Maya Voon & Megan Dulcie Dill

Wren discovers captive animals at a mysterious lake with themes around endangered animals, language and memory.

Artist Editions available through artist \$30  
www.megandulciedill.com/wren-project

## Charlee LeBeau & The Salish Wind

By C.V. Gauthier

In the second book of the series, Charlee's misadventures continue as she talks her way onto a merchant schooner headed for Fort Victoria. Her dream of getting rich in the Fraser River Gold Rush turns into a courageous fight for survival, and an unexpected mission for truth and justice.



C.V. Gauthier is the author of The Charlee LeBeau Series, 19th century historical adventure novels set on the west coast. Her first book in the series won the Whistler Independent Book Award for fiction in 2020.

Available at: Signed paperbacks are available at Pollen Sweaters in Lund (~\$20), or through the author website at cvgauthier.com. Ebooks, hardcover and paperbacks are available through online retailers.

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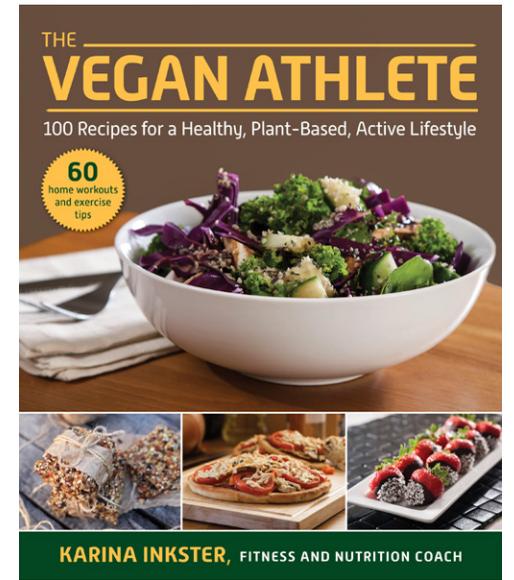
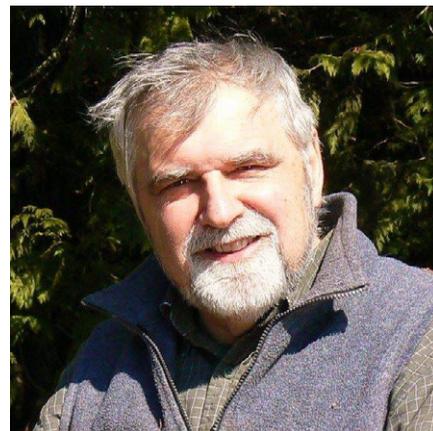
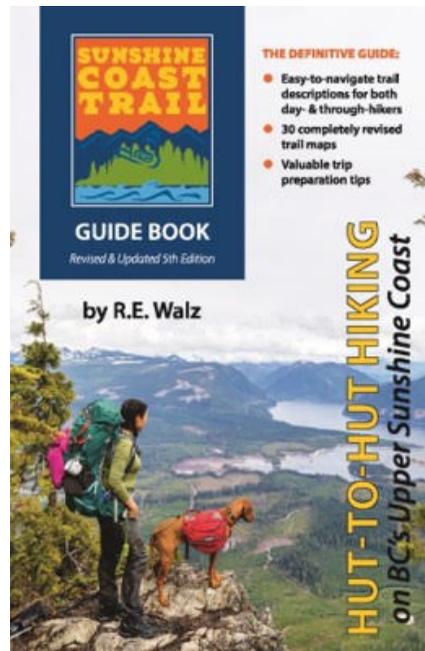
## Hut to Hut Hiking on BC's Upper Sunshine Coast

By Eagle Walz

This step-by-step guide covers the 180-kilometre Sunshine Coast Trail. The trail descriptions are complete with GPS waypoints, difficulty guidelines, highlights, and access instructions for each trailhead. Easy-to-spot icons show locations of water sources, campsites, huts, updated maps and a detailed odometer. A must have guide for day- and through-hikers alike!

Eagle Walz has been a writer and outdoor enthusiast since boyhood. He knows the qathet backcountry and loves its fauna, flora, and old growth landscapes particularly.

*Find it locally at :* Lund Store, My Bookery, Paperworks Gallery, Pollen Bookstore, Powell River Outdoors, Terra-centric Coastal Adventure Centre, Tla'amin Convenient Store, plus Powell River Visitors Centre – in store and online. \$25.95



## The Vegan Athlete: A Complete Guide to a Healthy, Plant-Based, Active Lifestyle

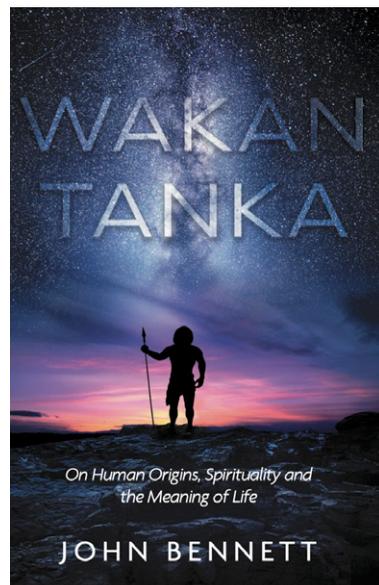
By Karina Inkster

The Vegan Athlete is the second edition of Vegan Vitality, originally published in 2014. It's a comprehensive active living guide and cookbook for current and aspiring vegans interested in making regular physical activity a part of their lives. It features interviews with vegan athletes, 100 recipes,

workout tips, and more.

Vegan since 2003, Karina Inkster is a fitness coach, author of four books, and podcast host. She and her team work with plant-based clients worldwide.

*Find it online:* at all major booksellers. \$23



## Wakan Tanka: On Human Origins, Spirituality and the Meaning of Life

By John Bennett

Citing paleontological and genetic evidence, Wakan Tanka traces the evolution of humanity from the extinction of the dinosaurs to the dawn of civilization. It then draws upon current scientific theory, philosophical thought and spiritual belief to provide reasoned answers to life's most enduring questions relating to creation, humankind's destiny and life's purpose.

Dr. John Bennett is a retired aerospace engineer turned author. His passions include gardening and spending time in the back country.

*Find it at:* books.friesenpress.com, and at the Library, at local bookstores and online from all major booksellers in e-book, paperback and hard cover formats. E-book \$18.99; paperback \$20.49; hardcover \$28.99

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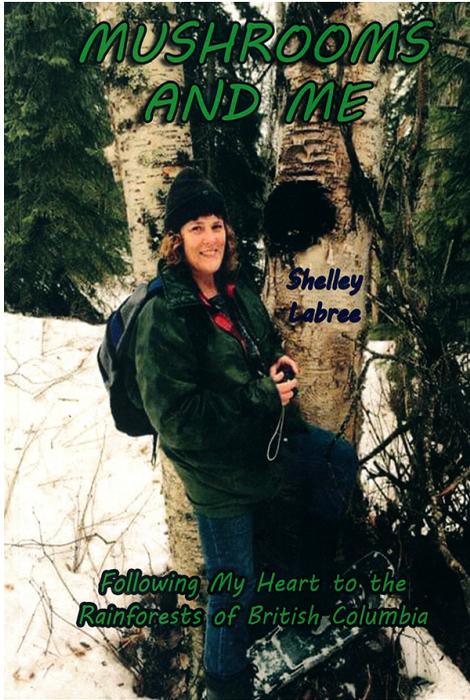
Nail technician  
Brittany Ellerby

Thanks for voting, qathet!

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# Memoir



## Mushrooms & Me: Following my heart to the rainforests of British Columbia

By Shelley Labree

Shelley's mid-life memoir about learning to harvest wild mushrooms. She became a well-known and respected mushroom buyer, too.



"After raising my three kids and going through the empty nest syndrome, I decided to get a life and leave my regular life behind. So I followed my heart, by taking one baby step at a time. I could feel my gypsy soul coming alive.

Find it online: 5.99 on kindle and 14.99 Amazon

## You have been Referred: My Life in Applied Anthropology

By Michael Robinson

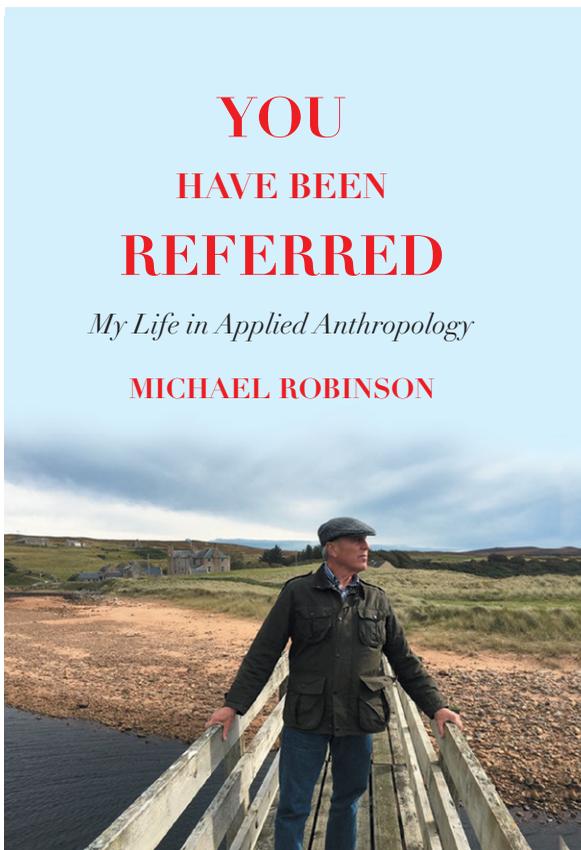
A career memoir by someone who spent three quarters of his 37 year career as executive director or CEO of organizations that cultivated and depended upon cross-cultural understanding and sensitivity.



But it is much more than that; it is a series of 35 chapters that tell very human stories rooted in Indigenous, corporate and political cultures confronting change in the period 1978 to 2015. These stories are really gifts from workmates and shared projects in locations as diverse as Nootka Sound on Vancouver Island's west coast, downtown Calgary's oil patch, Fort Mackay in Alberta's boreal forest, Kittygazuit beluga whaling camp on the Arctic coast, the 34th floor of Commerce Court West in Toronto's financial district, and Lovozero, Jona and Murmansk in Russia's Kola Peninsula during the advent of perestroika and glasnost.

*You have been referred: My Life in Applied Anthropology* will open your eyes to the potential of careers that combine values and practice, that challenge stereotypes of success, and that enable lifelong friendships across global cultures.

Prepared by anthropology and legal studies at UBC and as a Rhodes Scholar at Oxford, Robinson's career



followed an unconventional path. He didn't practice law, and instead chose to work in social advocacy, environmental stewardship and institutional governance.

His career arc travelled progressively from government, to corporations, to NGOs where he "made his mark" leading the Arctic Institute of North America, the Glenbow Museum, and the Bill Reid Gallery of Northwest Coast Art.

Available soon: Preorder from Amazon and Indigo online, then look for it around town. \$24.95



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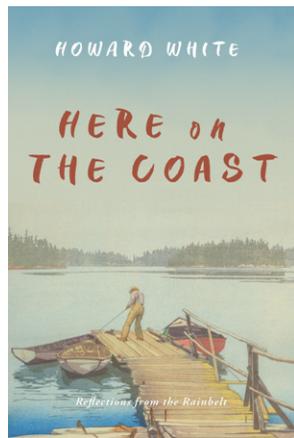


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### Here on the Coast: Reflections from the Rain-belt

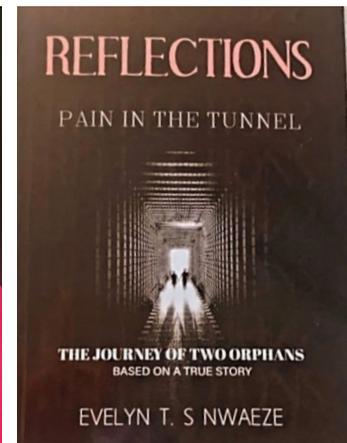
**By Howard White**

People on the BC coast have certain shared experiences: frustration with rain and ferries, gumboots, and seagull droppings. Each community has its own sense of uniqueness and considers itself the true West Coast. Here are fifty sketches of life along that hundred-mile stretch of mon-

soon-prone shoreline ironically known as the Sunshine Coast.

Howard White is an author of several books and the founder of Raincoast Chronicles and Harbour Publishing. He is still to be found stuck barnacle-like to the shore at Pender Harbour, BC.

*Available at:* Harbour Publishing or from your local bookstore. \$24.95



### Reflections: Pain in the Tunnel

**By Evelyn T.S Nwaeze**

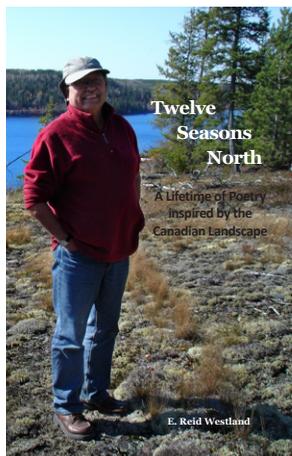
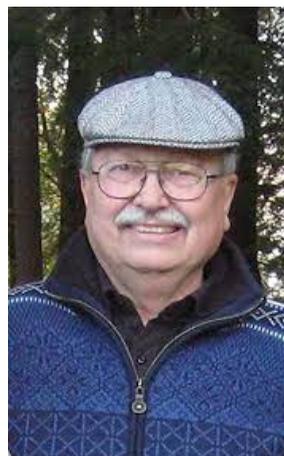
Based on a true story about two young orphans who found themselves alone and with no help struggled to navigate through life on their own.

The journey through the tunnel reflects on their journey in retrospect and how they overcame adversity, showed resilience, strength and perseverance and made decisions that are undoubt-

edly astounding and commendable.

Evelyn Nwaeze trained and worked as an accountant for many years in Dublin, Ireland and also here in Canada. Evelyn started this book several years ago, but found herself parking the idea. Then along came the pandemic.

*Find it online:* On Amazon websites worldwide. Paperback is \$15.99. Kindle is \$9.99



### Twelve Season's North: A Lifetime of Poetry Inspired by the Canadian Landscape

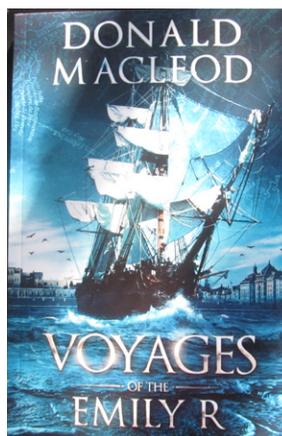
**By E. Reid Westland. Edited by Claudia Westland. Technical Editing by Andrew Bradley.**

TWELVE SEASONS NORTH celebrates the author's life through award-winning poetry inspired by the Canadian landscape. His deep attachment to memory, experience and place is represented in clear language and unforgettable images that touch the

heart strings with beauty, love and great longing.

As an educator, field biologist, adventurer and family man, Edward "Reid" Westland explored the varied and vibrant regions of Canada releasing his first collection of poetry in 1982. Reid retired to Powell River from Ontario in 2011 to reunite with family, but sadly, passed away in 2016. This legacy of poems, published posthumously, helps to keep him close.

*Find it at:* Pollen Sweaters in Lund, Pocket Books in Ecosentials, and Paperworks Gift Gallery. It is also available in Courtenay at the Laughing Oyster Bookshop or on Amazon.ca. \$14.99 - \$19.99.



### Voyages of the Emily R.

**By Donald N. MacLeod**

In 1725, the British took the mainland of Nova Scotia as theirs, the French had Ile Royal (Cape Breton Island) where they tried to build an empire. The Emily R was a retired naval ship - now a freighter. The voyages and historical facts are what the story is about.

Don has been a resident of this coast since 1975, but he comes from Marion Bridge in Cape Breton. Now he's a resident of Powell River, and a great-grandfather. He curls and lawnbowls.

*Find it online:* Amazon and Kindle, \$15.

#### A Thought For The Day

**"God grant that the light of unity may envelop the whole earth."**



~ Bahá'í Teachings



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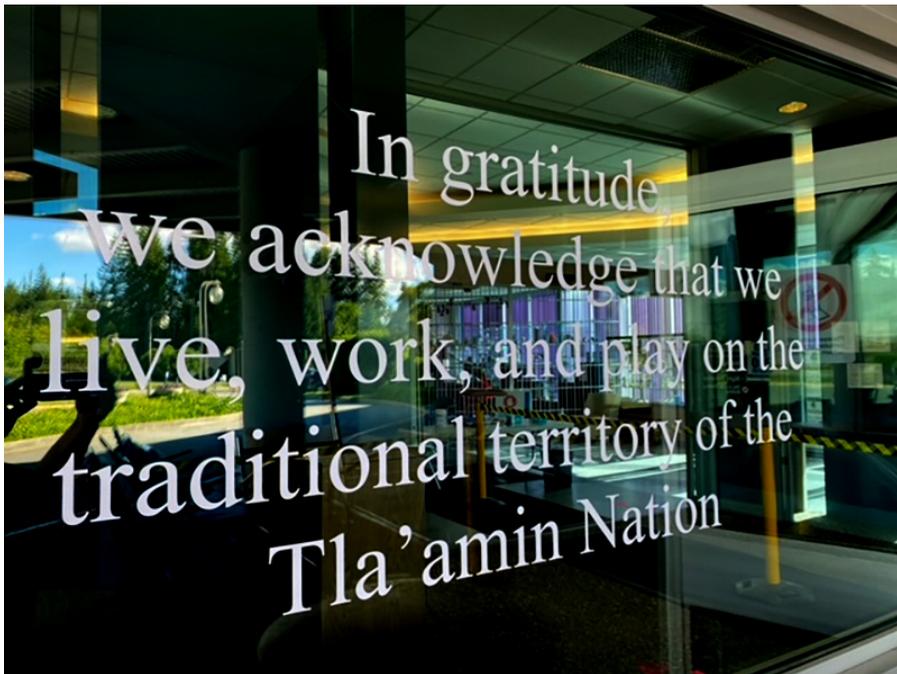
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**WELCOME, EVERYONE:** Above, new Tla'amin language signage at Powell River General's entry-way. A mask in the Mental Health lobby, carved by Tla'amin Nation's forestry manager Craig Galligos (right), who also created the totem poles gifted to Slovenia and Hong Kong, through Kathaumixw.

## Signs of safety at the Powell River hospital

If you've visited Powell River General Hospital lately, you may have noticed the new 'welcome' and 'thank you for visiting' signs in English and ayajuthem. Or, you may have seen the land acknowledgment at the front door. Or, carver Craig Galligos' mask in the mental health and substance use lobby.

In collaboration with the Nation, this is a project spearheaded by Rebecca Withers, a social worker who is Vancouver Coastal Health Authority's Rural, Remote, Mental Health and Substance Use Project Lead, through Aboriginal Health.

"This is about making VCH facilities as warm, welcoming and safe as possible," said Rebecca on her cell phone, as she was hanging 215 orange hearts on the community garden fence outside. She started the project as part of her Master's degree, when she was working on Indigenous Cultural Safety in VCH facilities. Rebecca will likely replicate it in partnership with locals in Bella Bella, Bella Coola, Sechelt and the Lower Mainland.

The project is timely; in February, BC released a final report by Mary-Ellen Turpel Lafond, called *Addressing Racism: An independent investigation into Indigenous-specific discrimination in B.C. health care*. Historically, it found, medical racism included "segregated facilities, underfunding, low standards of care, violations of individual integrity and autonomy."

Today, many of the nearly 3,000 Indigenous respondents reported that medical staff assume they're drunk or high; they're treated as though they're bad parents; and often don't feel safe, or like they'll be taken seriously, if they complain.

The Province continues to collect stories of racism in health care with the commitment to ending it: write to [addressing\\_racism@bcmbudsperson.ca](mailto:addressing_racism@bcmbudsperson.ca), or toll-free at 1-800-600-3078.

Welcoming signage is, of course, just the beginning. "This feels like really good work," said Rebecca. "I'm just excited to carry on. It's the tip of the iceberg, there's so much more that we can do."



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## WHAT'S UP

### MMA win!

Nicholas Ouellet won his first professional mixed martial arts debut last month.

Nicholas, who recorded the win during Battlefield Fight League 67 in Vancouver on June 4, owns, coaches and trains at Powell River Brazilian Jiu Jitsu. He was undefeated in his amateur career and received Battlefield Fight League's amateur lightweight belt in 2019.

Brazilian jiu jitsu is grounded in the idea that a smaller, weaker person can successfully defend themselves against a bigger, stronger opponent by using leverage and weight distribution, taking the fight to the ground and using a number of holds and submissions to defeat them.

### Run for refugees

qathet Refugee Sponsorship is up and running! Sean Byrne, one of our members, is going to run the entire Sunshine Coast Trail to raise money for a Refugee family. We hope to raise \$2,000 for qRS to put directly towards a Refugee family's rent, food and other expenses.

Sean Byrne's 'Run for Refugees' will take place on Sept 4, 2021. Check out the Go Fund Me page titled "Sean's Run for Refugees" or visit our facebook page qathet Refugee Sponsorship.

Along with raising funds, we will begin the difficult task of looking for a house or apartment to rent. If anyone has a rental they would have available for next February/March you can email me - qathetrefugeesponsorship@gmail.com

- Ellen Byrne

### Honorary doctorate for Dr. Adams



Dr. Evan Tlesla II Adams received an honorary doctorate at Vancouver Island University's virtual graduation celebration on June 24.

Now the Deputy Chief Medical Officer of Public Health with the First Nations and Inuit Health Branch of Indigenous Services Canada, Dr. Adams is charged with looking after the health and well-being of Indigenous peoples across Canada. It's a very different role from his first career in his 20s - as an internationally renowned, award-winning actor.

"What I want for VIU students is to inspire them to be brave enough to reach for things they think they want," says Evan. "Achieving your own goals is so much better than achieving the goals of others, so make time for the things you love. And also - be a good person. There are lots of bright students, but you also need to be ethical," he said.

### No outdoor fires on Savary

All beach and campfires are banned on Savary Island until the end of September.

qathet Regional District's outdoor fire control by-law prohibits all outdoor fires regardless of weather conditions during this time. The ban may be extended by the fire chief should conditions warrant it.

### Cops for Cancer

Corporal Philippe Caza is this year's Powell River rider in the annual Cops for Cancer fundraiser.

Cops for Cancer is a partnership between the Canadian Cancer Society, local law enforcement and emergency service personnel that raises funds for pediatric cancer research and caring support programs for children and youth who have been affected by cancer.

Phil launched his fundraising efforts last month with a fitness challenge at Assumption School last month raising \$1,400. Watch for him wearing his Cops for Cancer training jersey riding his bike as he trains for the September 20 to 24 ride.

To donate, please visit the Canadian Cancer website and go to the Cops for Cancer page and search for his name, Philippe Caza. Tax receipts will be issued.

### Non-Indigenous people invited to create space to heal

When the news of the mass grave of 215 children found at Kamloops Residential School surfaced, I was awash with disgust, anger, and shame.

If I am going to be responsible for my own healing so that I do not further burden the Indigenous community, where do I go? How exactly do I do that? There is no dedicated space to process these feelings, but I think the non-Indigenous community could build one together if we wanted. We could make a space together that is strong enough to hold all those feelings and soft enough to allow for healing.

So I'd like to call on the non-Indigenous community members to join me in this healing journey. Let's meet together and create a space where we can start the work of unpacking and processing. We can put our best foot forward and figure it out together. Get in touch with me at [cait.a.bryant@gmail.com](mailto:cait.a.bryant@gmail.com) if this sounds like something you would like to participate in.

- Caitlin Bryant

### Three mind-blowing real estate stats

**Real estate prices continued to skyrocket** in May with the median price for single family homes up 73.5 percent over May 2020, from \$340,000 to \$589,000 in just one year. (The average house prices are up 54.1 percent here in qathet; Canada-wide, house prices are up about 41 percent, according to the CREA.)

**Fewer first time homebuyers:** just one in 14 (seven recent) of out-of-town buyers this year are buying for the first time. Last year, twice as many were buying for the first time.

**One hot market:** There were 205 sales here in the first four months of 2021, compared to 67 in the same period last year. As Neil Frost, President of the Powell River Sunshine Coast Real Estate Board says, "Wow-za!!!"

All stats are from the May 2021 Sunshine Coast Real Estate Board report.



# Edgehill students build rhombicosidodecahedron

Grade 7 Edgehill School students Madyx Whiteway, Aaden Jantz, Samara Brown, Breanna McKenzie and Tera McCormick built a huge rhombicosidodecahedron out of cardboard in the school gym as a STEM project. With 20 regular triangular faces, 30 square faces, 12 regular pentagonal faces, 60 vertices and 120 edges, the rhombicosidodecahedron is one of 13 convex isogonal nonprismatic solids constructed of two or more types of regular polygon faces.

“It started out as a class project but the class started fooling around and we were the only group that continued as we were the only ones who were seri-

ous about it,” said Samara. It took two months to build the rhombicosidodecahedron. “At first, I didn’t even know what it was,” said Samara. A rhombicosidodecahedron looks kind of like a giant soccer ball only much, much larger.

In order to build such a big rhombicosidodecahedron, Madyx said they took the original size of the one in the pattern they were using and divided it by two.

The project took over two months and students say they learned valuable lessons in the process including how important it is to finish what you start and that cardboard structures are painful to make and fragile. **PL**

## Gymnasts tops at Provincials

Powell River Gymnastics and Circus Competitive Team athletes brought home 12 BC Championship titles from the BC Gymnastics Championships virtual competition last month.

“It was a great test for the athletes as it was the most important competition of the year,” said Michele Dillon, Executive Director Powell River Gymnastics.

*The results are as follows:*

Junior Olympic Level 1 (2010-2013)

– Xiya (Peggy) Liu – First on vault; first on beam and first all around.

Junior Olympic Level 1 (2014) – Cora Pena – First on vault; first on bars; first on beam; first on floor; first all around;

Junior Olympic Level 3 (2007-2009) Larissa Laing – First on vault; Junior Olympic Level 4 (2010) Hadley Foster

– First on beam; Junior Olympic Level 4 (2006-2008) Cheyenne Choo – First on Floor; First All Around. **PL**



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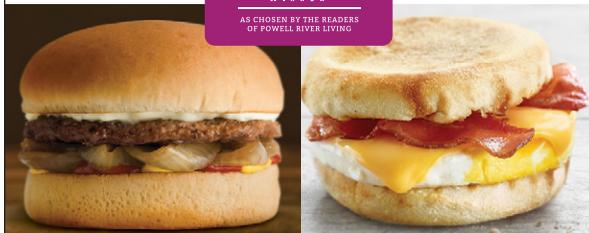


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## MAIL BAG

We welcome feedback from our readers. Letters may be edited for length. Email your comments to [isabelle@priving.ca](mailto:isabelle@priving.ca), or mail an old-school letter in the post to PR Living, 7053E Glacier St, Powell River, BC V8A 5J7.

### Sasquatch & eels score

Hello Pieta,

I very much enjoyed this piece (qathet's No-Non-sense Squatchers, June 2021). I make a point of reading everything I come across about what we always called the "Abominable Snowman."

I admire them tremendously, especially if they are able to raise families with no help from the modern world.

Imagine! My greatest fear is that some trigger-happy redneck kills the last one before we have a chance to learn from them! Please brothers: We come in peace!

Sean – if there was a prize awarded for the all-time best cover photo for *Powell River Living* my vote would go to your wolf eel on the June 2021 issue. Fabulous—a smile only a mother could love! Great work!

- Nick Houser

Hi Pieta,

Thanks again for thinking of this and helping to host and look after the hunters [at the Townsite Market Sasquatch Days June 4&5]. It was definitely well attended on the Saturday and it was great to see all of the young families and small kids walking around Townsite. I think the hunters had a good time talking to people as well!

It was wonderful to see a little glimpse of normality again.

- Steve Brooks

### Another lovely last word

Hi Isabelle,

I just wanted to thank you for sharing such a personal story in the Last Word feature of the May *PR Living*. I read it a few days ago and found it very moving as I quietly absorbed it and reflected on my own current path with my mother.

I wish you the best as you continue on through this time. Thank you again for such a heartfelt article.

- Elena Jansson

### Liveboard link

Dear Pieta,

Thank you for your excellent coverage of the liveboard lifestyle! Just one correction: The BC Nautical Residents Association's website is [bcnr.org](http://bcnr.org), not [bona.org](http://bona.org). Again, thank you for your positive coverage of 'nautical residents'.

- Donna Sassaman, Secretary,  
BC Nautical Residents Association

## Lumber woes should be solved upstream

Dear Editor,

Thanks for the fine article titled "Luxe Lumber" (June 2021, by Isabelle Southcott).

The recent increase in the price of lumber seems to me to be the first symptom of a massive inflation (an increase in the price of nearly everything) caused by governments handing out pandemic money without increasing taxes to pay for it.

Inflation boosts the dollar value of commodities (e.g., lumber, metals, basic foodstuffs such as grains) and real estate, assets that are owned almost exclusively by corporations and the well-off, while leaving

the wages of working people the same. The net effect is thus a massive transfer of wealth from the poor to the rich, who receive it as capital gains.

For example, if you buy an apartment building or a woodlot for one million dollars, and later sell it for two million dollars without having done anything major to add to its value, you have a capital gain of one million.

At present only 50 percent of any capital gain is taxable. How fair is that? But wait, there's more.

Federal governments

have kept interest rates artificially low, ostensibly to ease the economic strain of the pandemic, but for whom? Corporations take advantage of low interest rates by borrowing to repurchase their shares, thus boosting the prices of outstanding shares owned mostly by the wealthy. The resulting increase in the price of shares is—you guessed it—a capital gain.

Meanwhile the working stiff puts his money in the bank or credit union, and receives almost nothing in interest. When he finally gives up on his savings account and puts his money into the stock market, he almost always loses.

What to do?

A universal basic income would be a good start, if it were paid for by an increase in taxes on income and capital gains. An increase in interest rates would also help by rewarding thrift instead of speculation. And while we wait for the tooth fairy to grant us those two wishes we may as well also ask her for publicly funded elections.

BC has always been a place where a few thousand dollars in campaign donations buys a few million dollars in resources (think forests, minerals, fish), a return on investment (if you invest \$100 and get \$110 back your return on investment is 10 percent) of 100,000 percent that is never taxed.

Sorry, those five zeros are not a typo. One hundred thousand percent—read your history books. When, oh when, will we begin to understand that publicly funded elections are by far the best investment we could possibly make?

Tooth Fairy, help us please.

- Neil Frazer

## I MADE THE MOVE

# Sizzling Townsite housing market makes room for heritage boss

**J**ohn Keller and Jan Riddell raised their six kids in the Lower Mainland but always hoped to relocate somewhere that has less of a crazy urban lifestyle and more community and nature access. With all but one of the kids grown and on their own, the timing seemed right to begin that search.

Leaving behind careers in the environmental sector for John, and working with youth for Jan, they began looking for an area that offered a good balance between urban amenities, a strong sense of community, and outdoor recreation activities.

### Why did you choose to move to Powell River?

**John & Jan** • Having spent time looking at various locations on Vancouver Island and the Sunshine Coast, it quickly became clear that Powell River offered the best combination of all our criteria. We found Townsite particularly appealing due to the unique historical attributes and charm of the neighbourhood.

### When? Where from?

**John & Jan** • We moved in May from North Vancouver.

### What surprised you once you moved here?

**John & Jan** • We had a sense that people here were more open and friendly than what is the norm in the city, but we have been surprised by the degree to which people really take the time to say hello and connect, even when they don't know you.

### What made you decide to move to Powell River?

**John & Jan** • More so than other areas we looked at, Powell River really did seem to offer more of a true community feel. People really value and appreciate what a wonderful



**NOT QUITE EMPTY NEST:** From six kids in North Van, to one kid, Sierra (11), and a dog, Rowan, in qathet. John is the Townsite Heritage Society's new coordinator.

and unique city and area this is.

### Where is your favourite place here?

**John & Jan** • Part of the appeal for us is the wealth of outdoor activities within close proximity. We have begun to explore some of the lakes and trails and to date Inland Lake is the front runner for accessibility and beauty. With so many options, we'll be adding to the list of favourite places throughout the summer.

### How did you first hear about Powell River?

**John & Jan** • An old friend's family originated here, and they told us we absolutely had to include Powell River in our search for the best location in south western BC. We owe them a debt of gratitude for pointing us in the right direction.

### What would make Powell River a nicer community?

**John & Jan** • Local and independent retailers such as those in Townsite and along Marine Drive are a real pos-

itive feature of the area, and continuing to support these businesses adds a lot of character to accessing shopping and services here.

### What aspect of your previous community do you think would benefit Powell River?

**John & Jan** • Pride in what Powell River has successfully developed, and promoting all the positive features the city has to offer will continue to serve the city and residents well.

### What challenges did you face in trying to make a life for yourself here?

**John & Jan** • After deciding that Powell River was the place for us, we embarked on trying to buy a home, specifically in the Townsite area. There was a limited supply of houses for sale, and we were outbid on multiple occasions. It all worked out in the end however, as some helpful local folks put us in touch with someone wanting to sell and we were able to conclude a purchase.

### If you were mayor, what would you do?

**John & Jan** • Put my influence behind increasing volunteer participation in the community. I've heard a similar tale from a number of different community organizations that it has gotten more difficult over time to attract volunteers, particularly among younger people.

### What are Powell River's best assets?

**John & Jan** • The beauty of area is exceptional, and combined with the many choices for recreation such as hiking and boating is unsurpassed. The local music and sports communities offer terrific cultural pursuits as well.

### What is your greatest extravagance?

**John & Jan** • In a word, food. We have sampled a number of local restaurants and food retailers and been impressed by the quality of fare on offer, and the list of new places to try keeps growing with the recommendations we are getting from our new neighbours.

### Which talent or superpower would you most like?

**John & Jan** • Power of persuasion over elected officials to take a proactive leadership role in protecting the environment and placing a high value on a healthy ecology for people and nature. **PL**

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## THE OTHER BOTTOM LINE

# Barges, trucks and families: City Transfer gives back

For three generations, City Transfer has been part of Powell River's everchanging economic landscape. This legacy began back in 1947 when Bert Long and partners purchased City Transfer two years after it was officially registered in 1945. Following a successful first generation, Bert's son, Harold, began growing the company alongside the community and through strategic acquisitions created the framework of City Transfer. Today, Harold's two sons, Craig and Phill, represent the third generation. Providing transportation services for Powell River and the Sunshine Coast for over 75 years makes City Transfer a corner stone of our community. Tony Shigeoka, City Transfer's vice president of customer relations, talked to *qathet Living*.

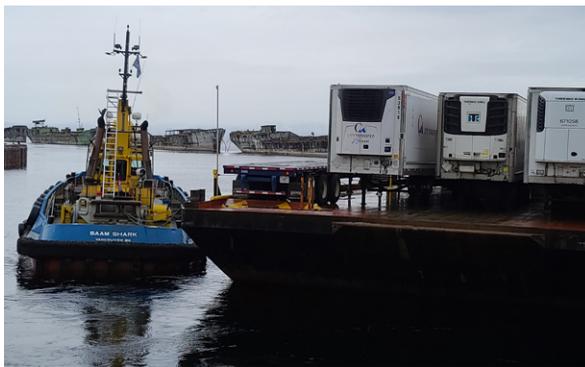
### What is your "triple bottom line"? How do you add social value to this community?

Our triple bottom line is helping kids and young families. Giving support to young families also supports our future. As a company we have supported our local food bank, Rotary, sports teams, school grads, charity events, individuals in need, and local clubs. Over the years Harold and Craig have helped countless families through some very tough situations without recognition.

We understand how important it is to support our community through a constantly changing economic environment and strive to do so in our daily operations.

### Have you always done this?

Giving back is, and has always been, important. The Long family have lived here for four generations and have grown to deeply care about the community. Much of this was done anonymously, to keep the focus on the person/family in need, rather than the company and recognition for such. It is a goal of our team to keep this legacy going.



We are proud to work with inclusion Powell River's K-Lummet (now "OneLight") project. Craig had no hesitation to support them by transporting their in-coming and out-going products, free of charge. This is a special program because it commits to employing individuals of all ability levels. We strongly believe in inclusiveness and that everybody deserves a fair chance at life, so there was no question about supporting them.

### Do you have a personal connection to this cause?

I'm proud to have been a part of this family legacy for 31 years.

City Transfer has volunteered a driver, truck, and trailer for the Lions Club and Assumption School's Christmas Parade floats for many years. When my own kids were young, I loved volunteering to drive the Santa Claus float for the Lions Club; my kids had a blast riding in the truck, and a few years later were invited to ride in the sleigh with Santa. They were the envy of all their friends!

As my kids got older, I passed the torch on to other staff members with young kids, who I'm sure had just as much fun. It made me feel personally connected to this event, because it was such a focal point of Christmas time for our family and the community.

### What kind of practical support do you get, and from whom, to help you achieve this social value?

Our frontline staff keeps us connected with the communities we serve. Over the years, we have developed life-long relationships with our customers due to their commitment and hard work which has become a way of life.

Organizations like *qathet Living*, Coast FM and *The Powell River Peak*, as well as many groups and clubs, also

## Yes this is a new column!

Some businesses talk about a "triple bottom line" as a measure of success. Besides making a profit, how does their company add value to the region where they operate?

For some businesses, the answer will be in monetary donations to charities. Some have progressive hiring practices. Others do pro-bono work, or offer in-kind donations.

Here in *qathet*, businesses have embraced their triple bottom line since before it was cool. But they're often shy to tell the community what they're doing. *qathet Living's* "Other Bottom Line" column hopes to change that.

help keep us connected to all the social and community events that are so important to our health and welfare.

### Have there been any hiccups or challenges that others could learn from?

We are grateful to have persevered through COVID. If not for our frontline staff, we never would have made it through to this point. We really supported each other, which I believe brought us closer together as a team.

One event we annually participate in that was affected by COVID, is the Stuff the Trailer event for the Food Bank. This past year has been a tough one; quick thinking by the event organizers made it the success that it was. It was truly amazing to see and be a part of this.

### What do you hope is the legacy of this work?

The aim of our work is to produce a lasting, beneficial impact on the community and its individuals. We hope that this will continue for future generations of City Transfer.

### What advice do you have for other businesses who might want to add social value to their bottom line?

We take inspiration from other small, local businesses. Our community (and the business within) has such high social values, with a communal standard of giving back, which inspires us to do the same. We can all learn from each other. 🐾

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SONYA HARRY

Հայհայսթթմ word:  
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English translation  
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Frog photo by:  
Abby Francis



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**SEAWALL POLLINATOR PATCH:** Inspired by the David Suzuki project, a gang of locals is planting rest stops for bees and butterflies around qathet.

## Making ways for butterflies & bees

BY CLAUDIA BIC

In 2017, the David Suzuki Foundation launched The Butterflyway Project, a Canada wide citizen-led movement aiming to grow new habitats for pollinators. For the first time, the qathet region has joined this sustainability movement with 10 volunteer Butterfly Rangers to create habitats for native bees and other insects.

This diverse group of rangers are using their skills in a wide variety of local pollinator actions.

Education is one important part of the project towards sustainable living with pollinators. Articles were written about the importance of insects and the danger of pesticides in Climate Action Powell River's first newsletter, which launched in March ([climateactionpowellriver.wordpress.com](http://climateactionpowellriver.wordpress.com)), in the *Texada Express* and in the May issue of *Powell River Living*.

Getting hands on and turning boring lawns, which are a desert for pollinators, into viable living habitats is the biggest goal of the rangers. Pollinator patches are popping up across the region. On Texada Island, a pollinator project was introduced at the Texada Elementary School with the generous participation of The Flower and the Bee, who offered a high quality blend of native wildflower seeds to the students.

Another ranger approached her "Lang Bay Friends" with the idea of diversifying their community garden, making it more amenable to pollinators. The volunteer crew around John Jacobs will add more varieties of native

### How to make ways

1. Fill your yard with flowers that blossom over the seasons. Big patches of each, for more efficient foraging.
2. Plant native plants. Some native bees can only feed on pollen from specific groups of native plants. Planted in the right spot, they'll thrive with no extra watering, fertilizers or chemicals.
3. Go organic!! Bees are insects, so using insecticides on your lawn and garden will kill them.
4. Just add water. All pollinators need fresh water to drink!

Questions? Get in touch with local Rangers through Laura at [lauralsschoolgardens@gmail.com](mailto:lauralsschoolgardens@gmail.com) or Claudia at [claudiabn80@gmail.com](mailto:claudiabn80@gmail.com).

plants as food sources for pollinators and habitats to lay their eggs.

After reaching out to the City of Powell River, two other rangers have been kindly allowed to start a pollinator patch in Cranberry. Springtime Nursery was incredibly generous and donated the soil and the wildflower seeds. The Cranberry liquor store owner offered to water it and a lot of neighbours already gifted more seeds and perennials.

More patches are coming, we are happy to have already received another soil donation for the next one, this time from T&R. Stay tuned! 🐝






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# How to get rid of blackberries, sans gloves

People like blackberries, just not in their own yard. And it is for good reason too. It would be hard to fathom up a better garden brute. They seem to grow in when your back is turned, and if left unattended it is not long before they will be knocking down the backdoor.

Over the years, I have removed my fair share of blackberries. I am not going to lie it's a pretty horrible job. However while putting my hours in, I was able to come up with a two-step process that makes a terrible job somewhat tolerable.

My method requires only hand tools, and I like to brag that I can do the job without wearing gloves (my wife does not). My method is quiet, free of motors, tidy, and relatively easy on the body.



## A GROWING CONCERN

JONATHAN VAN WILTENBURG

So if you have a little neglected part of your yard full of blackberries, I would encourage you to give my method a go. Reclaim that lost land. It will be fabulous; maybe you could even have a picnic back there once you're done.

### Tools needed

You will need loppers, a bent tine fork, a pitchfork and a mattock (or Pulaski). Sometimes I use a small tarp to drag piled canes from one area to another.

### Step 1: Cane removal

Start with your loppers and begin lopping off anything you can reach. Don't cut the canes right down to ground level, but leave them with small whips of growth about 15cm or 6 inches high. This will come in handy later in Step 2. When you're unable to reach



anymore, switch to your Chinese fork and use this to pull out cut canes.

Use your pitch fork to pile everything up. Repeat this cutting, pulling, and piling process until you have all the canes cut. Depending on the size of the patch, it may take a few goes to get all the nasty canes out of your area.

Remember to take your time and pace yourself; it's not a race. Think about how lovely it is to be outside!

Once all the canes have been removed, you should now have a fairly barren landscape with a bunch of 30 cm long stems sticking out of the soil.

### Step 2: Crown removal

The hard knurly bit of woody plant material found right at the soil level is called the crown. I am not sure why its called crown, but it is an apt name for the crux of the plant. If this part is removed from the soil the plant will die. If you do not remove this crown, the plant will just grow right back up.

To remove the crowns grab your sharp mattock (or Pulaski) and locate one of the upright whips attached to a crown. Plant your feet shoulder width apart on either side of the crown and with a good hard swing bring your mattock down to the ground into the soil between your feet near your crown.

The action should feel like you're chipping the crown right out of the ground. If your tool is sharp this task should be relatively easy.

Follow your crown trail by locating all the upright tails you left behind earlier in step one. Systematically make your way to all the crowns and remove.

Rake up your mess of crowns and you're done. 🐿



## Top Priorities in the Garden for July

1. **Winter garden alert.** The first week of July is the last time to get your winter crops seeded. Most of the brassica family (cauli, broccoli, cabbage, Brussels, etc) need ample time to bulk up before they provide a good crop. If you can't or did not get the seed in the first week of July it's no big deal, just pop down to your local nursery and pick up some plants that have been started earlier.

2. Begin taking some **summer soft wood cuttings.** Many of our garden plants will propagate easily from cuttings at this time.

3. Keep **sowing your seeds** to secure your supply of tender young veggies all summer long. Every three weeks will keep the food coming.

4. **Summer prune your fruit trees** (plums, apples, cherries, pears, etc) and your flowering cherries and maples. Remove the suckers that are growing upward that do not bear fruit. This will slow down the suckering cycle and provide air movement into the center of the tree.

5. Watering. Remember to **water deeply.** Always stick your finger in the soil and check your work. To conserve water, avoid watering in the heat of the day.

6. **Stop watering the garlic** in preparation for harvesting. As the garlic begins to die back remove from the soil, cure, then store in cool dry dark place.

7. **Deadhead** by removing the spent blooms from your annuals, perennials, and shrubs. This should encourage new flowers or advantageous growth.

8. **Watch for pests and disease.** Be on the alert for powdery mildew, blackspot, tomato blight, aphids, carrot root fly, and cabbage white moth, onion maggot.

9. **Train/tie up the tomatoes** continuously, keep removing the suckers growing in the crotches.

10. If you need to **prune your Cherry, Plum or Ornamental Maples** now is the time. Do not take more than a third of the canopy off at a time. It is better to do a little bit every year then go crazy every 4-5 years.

11. **Don't let the cucumbers or zucchini dry out.** As soon as they get stressed they are more susceptible to powdery mildew and spider mite infestations.

## WEST is back in Powell River for September 2021!

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*Savary Island from the Sky.*



# Savary Island: The double-headed sea serpent island is warm and welcoming

**WHO ARE THESE WOMEN ON THE WHARF?:** The above photo, courtesy of the Powell River Historical Museum & Archives, has no information attached: no year, and no names. Do you know who these women are? And what year this might be? Contact [pieta@prliving.ca](mailto:pieta@prliving.ca). Left, a postcard of Savary Island. No date.

Laying in the sun on the shores of Savary Island, have you ever wondered why the island is so wonderfully sandy and its waters warmer than anywhere else on the coast?

These features, which make Savary such an attractive summer destination, come from the island's interesting geological past. It's sandy beaches are a result of multiple glacial retreats; water melting from glaciers as thick as 2,000 meters, dropped large amounts of sand and sediment as the ice retreated into the mountains.



## BLAST FROM THE PAST

JOËLLE SÉVIGNY

A first retreat created deposits we now call Cowichan Head and Semiahmoo Drifts and a second glacial retreat, created the deposit known as Quadra sands. This deposit forms many of the islands in the Georgia Strait: Quadra, Cortes, Hernando, Hardwood, and more, including Savary.

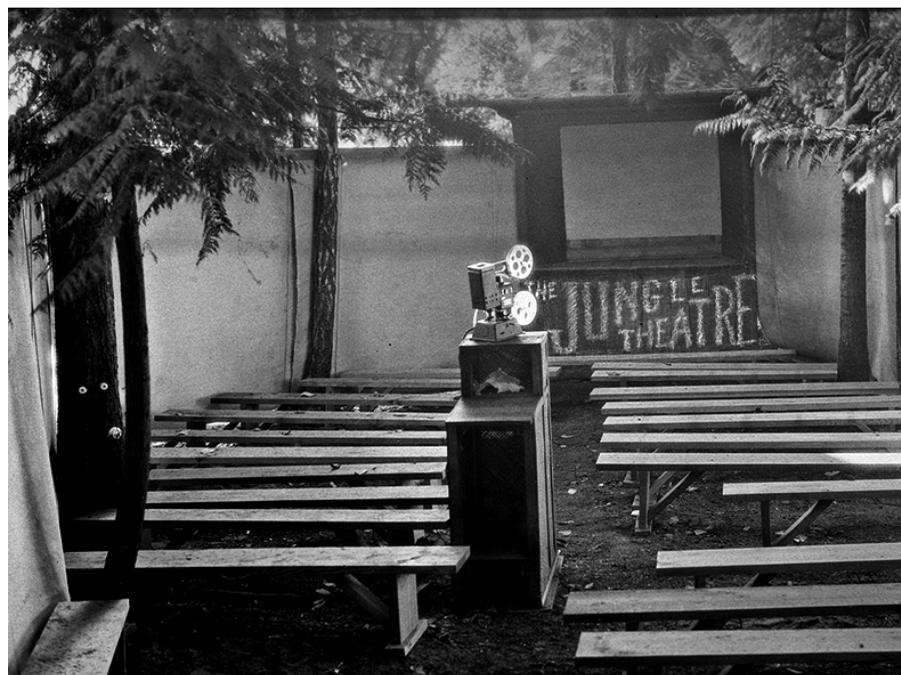
Savary Island also lies close to the meeting point of the tides moving around the northern and southern tips of Vancouver Island.

At this meeting point of opposing tides, the water



**RAZZLE DAZZLE IN THE WOODS:** Left, the Royal Savary Hotel, completed in 1928. Below, the Jungle Theatre, which opened in 1930 (across the water, the Patricia Theatre's building opened in 1928). Admission was 25 cents, and it could seat 75-100 people. The white canvas "walls" came from the Powell River Paper Mill.

Photos courtesy of the Powell River Historical Museum & Archives



remains somewhat undisturbed and lies warming in the sunlight. Localized tidal action further heats the water as it passes over the warm sand.

The outline of the island itself resembles a *qayhos* (Ay hos) meaning a double-headed sea serpent and is one of the names given to the island by the Tla'amin First Nation. Another traditional name place for Savary is *qayq'on* (Qaye qwun) which means fresh

water spring.

The island, inhabited by Coast Salish peoples, provided an abundant source of food, one of which was clam harvesting.

Nearly 100 years after European contact on Savary in 1792, European settlers arrived to the island and applied to the province for pre-emptions. In the early 1900's, the island hosted two hotels "The Savary Inn" and "The Royal

Savary Hotel," a theater "The Jungle Theater," a school, and a newspaper called "Savary Island News."

The end of the steamship era affected the island in many ways. With no direct boat service to the island, visitors de-

clined, and over the years, the population of permanent residents decreased as well. Today the island is mostly composed of summer residences and chosen as a day-trip destination for those looking for a warm beachy getaway. **PL**

## It's time to hustle, at last

Tell August's tourists about you.  
Ask locals to bring their visitors to you.  
Make your summer sizzle!

August's *qathet Living*  
booking deadline: July 16.

Suzi Wiebe  
suzi@prliving.ca  
604-344-0208

Sean Percy  
sean@prliving.ca  
604-485-0003



**THANK YOU POWELL RIVER FOR ALL YOUR SUPPORT!**

**PRO THICK**



**Rachel Blaney, MP**

4697 Marine Ave  
604 489 2286

Rachel.Blaney@parl.bc.ca

## YOUR POWELL RIVER REPRESENTATIVES

**Nicholas Simons, MLA**

#109 - 4675 Marine Ave  
604 485 1249

Nicholas.Simons.MLA@leg.bc.ca





**LAWN RANGERS:** Men and women enjoy a game in the sunshine in Townsite, 1953.

*Photo courtesy of the Powell River Historical Museum & Archives*

# A century on the green

**Lawn Bowling Club celebrates 100 years**

**BY ELAINE MARENTETTE & LINDA HOWE**

**T**he Powell River Company (The Mill) most generously built the Powell River Lawn Bowling Club in response to a request of a group of residents who approached the company in 1919. It then officially opened on May 24, 1921. Powell River's first physician, Dr. Andrew Henderson, was the club's first president. Who would have thought the club would still be going

strong 100 years later?

Ironically, the year the club opened, the membership consisted of about 65 players and today numbers are roughly the same. What is quite different now however, is the fact that women are represented in the new total. Until 1936, it was men only! Numbers have been higher at times and lower at others, but the club has always been a hub of socializing and friendly competition.

A key person at the club is our dedi-



## Congratulations to the Powell River Lawn Bowling Club!

100 years of fun, fitness and friendship



Rob Villani



Stacey Fletcher



Katya Buck



Martin Ostensen

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Due to COVID-19, all appointments at this time will be by telephone, e-mail or video, except for signing of documents.

“We think Ken Dunlop could very well hold a Guinness Record as the oldest, active Greenskeeper in ...possibly the world!”



cated Greenskeeper Ken Dunlop! He is the epitome of unselfishness, donating over 30 years of his life to maintaining the greens and doing countless other jobs around the clubhouse and greens. At 94 years old (he turns 95 the day of our 100th anniversary), we think he could very well hold a Guinness Record as the oldest, active Greenskeeper in Canada and possibly the world! He is a second-generation member and was honoured with a lifetime membership in 1998. He heads up a devoted team of volunteers who keep the greens in top condition. The City of Powell River also helps to prepare the greens as the club owns the building, and the city owns the grounds.

On Opening Day this year, we honoured Ken Dunlop and former Presi-

dent Edith Holmes with poems dedicated to them and beautiful paintings of our clubhouse in honour of their many years of service to the club. The paintings were done by our Secretary/Coach San Raubenheimer.

Our 100th Anniversary celebration this year was to include an Invitational



**95 ON THE 100TH:** Left, groundskeeper Ken Dunlop shares a birthday with the Lawn Bowling Club. Above, paintings by Secretary/Coach San Raubenheimer.

Tournament with folks from Vancouver Island, but COVID restrictions have put those plans on hold. We do have plans for an in-house 100th Anniversary Tournament on July 25th and a few other Tournaments for members only during this season. One of our most popular tournaments is Hawaiian Day, initiated by Edith Holmes and Marjorie Jackson. Everyone comes dressed for the theme and Hawaiian music provides a backdrop to the fun games.

The public is welcome to join us on July 25 - though from outside the fence only, due to COVID restrictions.

We will invite representatives from the Mill, the City, our friends from the First Nations Community, our many generous sponsors and other dignitaries to celebrate this milestone anniversary with us. We plan to have them take part in the opening for our ‘100 plus one’ celebrations in 2022.

Former President Edith Holmes has prepared photo boards and music representing each decade which we will have on display at our club only tournament on July 25th. We will keep them to show again at our 100 plus 1 celebrations. 📌



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## BUSINESS AFFAIRS

SEAN PERCY

### Fuel up at Monks

A new neighbourhood pub/restaurant plans to open later this month in an historic Westview location. **Monks on Marine** is moving into what longtime residents will remember as the car dealership, while newer or younger residents will recognize as the former home of the Tree Frog Bistro. **Megan Steeves** and **Kevin Connaghan** are the owners; they've both been working in the restaurant business since they were teenagers. "We met working together at a restaurant in the city and knew even then that this was our future plan, it was just about finding the right place to call home," said Megan. When they moved here two years ago, they knew they had found it. The food is casual fare – all made from scratch. From the menu to the historic photos on the walls, and even the company logo that includes a wrench, the design is a nod to the history of the place. They hope to open in mid-July. Monks can be reached at [info@monksonmarine.com](mailto:info@monksonmarine.com).

### Give your social wings

**Cheri Simmons**, who recently moved back to Powell River with partner Ciaran Wilson to open Creekside Crossing Campground, is also running her social media business **Take Flight Media**. Cheri creates content for clients' social media platforms and websites. She does creative content for facebook, Instagram and writes some blog-style articles based on the type of business. She provides a mix of graphic designs and video content, and while she brings with her clients from the city, Cheri is looking forward to working with more local businesses closer to home. You can reach Cheri at 604-644-5647 or [cheri.takeflightmedia@gmail.com](mailto:cheri.takeflightmedia@gmail.com).

### Get a foot up

**Sarah Murphy** is stepping out on her own, after years working in hospital assignments as varied as emergency departments, oncology, orthopedics and most recently mental health and addictions. Under the name **Your Sole Connection**, Sarah provides mobile medical foot care, helping those who have foot problems ranging from fungal nails, poor circulations, diabetes, arthritis, or trouble reaching their feet. You can reach Your Sole Connection by emailing [sarahmurphy13@shaw.ca](mailto:sarahmurphy13@shaw.ca) or calling 604-344-0608.

### Busy bee artist

**Little Hive**, a passion project of **Sierra Bouchard** that started with art, travel and renegade vending set ups, has expanded to a brick and mortar retail store at 101-4690 Marine Avenue in the old jailhouse. The store displays a thoughtfully curated selection of home goods, art, apparel and more. Store hours are Tuesday – Saturday 11-5. Find Little Hive on Facebook or [@shop.little.hive](https://www.instagram.com/shop.little.hive) on Instagram, or email Sierra at [shoplittlehive@gmail.com](mailto:shoplittlehive@gmail.com).

### Sage massage

**Deanna Ishawk** is finally getting her massage and counselling business off the ground. Deanna opened **Sage Wellness Practice** a year and a half ago, only to be closed down by COVID rules, twice. "I'm just getting into the swing of things again," said Deanna. Operating out of Suncoast Integrated Health on Duncan Street, Deanna offers thai yoga massage, reiki and Hakomi (a mindfulness counselling method.) A registered nurse for 20 years, who still works as a casual for community health, Deanna wants to offer a broader spectrum of assistance – "helping people become more comfortable in their bodies and living better lives mentally emotionally and physically," she says. Visit [suncoastintegratedhealth.com](http://suncoastintegratedhealth.com) to book an appointment, or contact Deanna at 604-223-1957 or [sagewellnesspractice@gmail.com](mailto:sagewellnesspractice@gmail.com).

### Old admin office goes to pot, again

The **City of Powell River** has accepted an offer to purchase the old mill administration building. If the deal goes through, the Townsite property, currently being leased by Santé Veritas Therapeutics (SVT) will be sold to another pot company for \$900,000, in the hopes it will eventually employ 100 people. **Meridian 125 W Cultivation Ltd** has a deal in place to purchase Santé Veritas' assets in the building, and plans to license and operate a craft cannabis production facility – the shift in the pot market being towards quality over quantity. "This deal is about generating new investment in the community and creating good paying jobs to ensure our economy continues to grow," said Mayor Dave Formosa. "Council is impressed with Meridian's plans for the facility and its senior management team, which has been involved in building successful operations in other parts of the province and country." SVT had invested close to \$13 million in establishing a cannabis operation on the property, but new US owners were not interested in operating a production facility in Canada. The deal with Meridian is to complete by November 30, 2021 or earlier.

### 30 years

Two Powell River businesses are celebrating 30 years in business this month. Ron Pfister has been the owner of **Mother Nature** for three decades. Nancy Bouchard is also celebrating 30 years at **Nancy's Bakery**.

### Saltery Upholsterer

After an injury sidelined him from a career in auto and commercial truck mechanics, **Stephen James** has found a calling in working with fabric and upholstery. His newly launched **Saltery Services** offers light mechanical, furniture repair and recovering, interior repairs on everything from boats to forklifts, and top repairs. Stephen says he is also in the process of developing waterproof bag designs for west coast adventures. Reach Stephen at 604-414-6150 or find him on Instagram [@salterysservices](https://www.instagram.com/salterysservices).

Thanks for voting for Nancy's as qathet's #1 bakery

**Nancy's Bakery**  
 30 years ANNIVERSARY

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 Homemade Soups & Entrees  
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## Free Medication Delivery

We offer FREE delivery Monday to Friday (Black Point to Tla'amin First Nation), and Thursday (Saltery Bay to Lund). We also deliver direct-to-door to Texada Island on Tuesday and Friday for \$7.50 per delivery.

## Strep Testing

Save your time! For patients age 5 years and older, for only \$20 get your results in 5 minutes. Only pharmacy in town which offers this service.



**Town Centre Mall**  
**604 485-2844**  
**Store Hours**  
**Every day 8 am – 10 pm**  
**Stat Holidays 10 am – 6 pm**

## WIB Winners

On June 16, Powell River Women in Business handed out its annual awards during a Facebook Live awards ceremony.



**Outstanding Volunteer of the Year**  
**Deb Maitland**  
**St John Ambulance Therapy Dogs**

Deb has been donating her time for over 10 years with the St. John Ambulance Therapy Dog program. These dogs provide comfort and entertainment to patients, long term residents and individuals in the community. Deb is enthusiastic, kind and very understanding when working with clients, potential therapists and knows every dog and their handler by name.

**Runner-up**  
**Wendy Mobley**  
**Townsite Heritage Society**



**Outstanding Employee of the Year**  
**Sarah Bond**  
**Imperial Limestone**

Sarah chairs a committee dedicated to the encouragement and support of women in the field of engineering. She is also a successful mine manager who happens to be one of the only female mine managers in Canada at this time. She has re-energized the quarry increasing production by a third in just over a year. In her down time? She gives back to the community as a volunteer firefighter.

**Runner-up**  
**Bobby Fields**  
**95.7 Coast FM**



**Outstanding Home-Based Business Owner of the Year**  
**Tara Burnett**  
**Tara Glenn Photography**

Tara has been able to capture so many amazing moments that people will cherish for a long time. She has created an amazing business over the years and more recently has expanded her work out of her comfort zone and created phenomenal photos. She will be featured in the Rocky Mountain Bride magazine for her wedding photography which has been a dream of hers.

**Runner-up**  
**Almeda Lynn**  
**Ellie's Sewing**



**Outstanding Business Owner of the Year**  
**Lori Brown**  
**Aero Powell River Services Ltd**

Lori was nominated because of her outstanding treatment of her employees. We all know that profit is important, but Lori shows that people are more valuable to her than profit. This is evidenced by the fact that most of her employees have been with her for many years. Her values and ethics in business have been shaped by her faith. She also sits on and contributes to three community boards.

**Runner-up**  
**Melissa Sloos**  
**Coast Fitness**



**Lifetime Achievement Award**  
**Gene Jamieson**

The judges had one nominee for which they felt a special award was required. So they established this new award for Gene, in honour of her decades of community service, from catering Regals Oldtimers events to catering Seniors Society dinners to making 500 meals a month for seniors, or, last Christmas, making over 800 meals before she became ill. She passed away on Valentines Day this spring. But her legacy lives on as a team of people have taken up the cause, including a \$1,000 donation from First Credit Union as part of this award.

## Massage at Coast

**Brenna Wear** is a brand new Registered Massage Therapist. She's learning the ins and outs of running a business on her own, working out of **Coast Fitness** on Duncan Street with her own private spacious and peaceful studio. She provides a wide variety of massage modalities including pre- and post-natal massage, myofascial release, treatment for chronic pain, injury rehabilitation, and much more. Brenna is passionate about health, movement, and anatomy, and loves to help patients recover, reduce pain and stress, and maintain their physical and mental wellness. Her services are eligible for submission to most third-party insurance companies, and soon she will be able to offer direct billing. Find out more at [brennawearrmt.com](http://brennawearrmt.com), email [brennawear.rmt@gmail.com](mailto:brennawear.rmt@gmail.com) or call 604-868-2772.

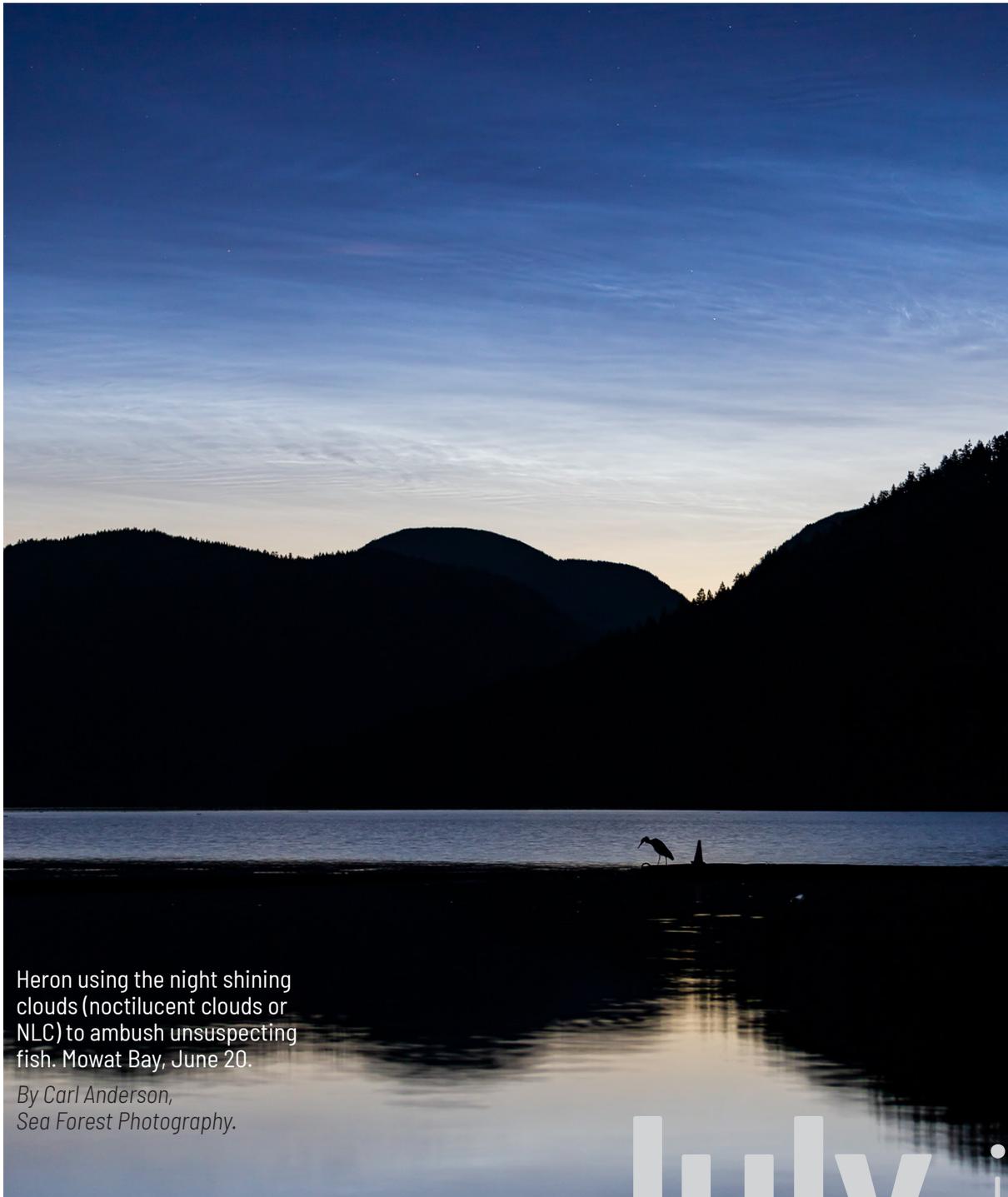
## Chips off the old blocks

The first barge with chips produced by a new partnership between First Nations and **Paper Excellence**, owners of the Catalyst Powell River mill, left the Fraser River last month. It's unlikely any of the chips will end up at the Powell River mill, but a couple of barges of hog fuel have come here. The **Atli Chip Limited Partnership**, situated in Beaver Cove, is majority owned by Atli Resources LP (the forestry arm of the 'Namgis First Nation) with minority stakes owned by Paper Excellence and Wahkash Contracting Ltd (a stump-to-dump logging contractor specializing in remote logging in coastal BC.) "As part of this partnership, Paper Excellence also entered into a chipping services agreement to receive all the chip and hog production from the facility," said Paper Excellence's

Chief Forester, Quinton Hayward, RPF. "These chips were made from logging waste— including treetops, broken logs and chunks—produced by local logging operations and dryland sorts. Turning this material into chips is reducing the amount of usable fibre left behind after primary forest harvesting to ensure better utilization of the forest resources and carbon reduction." Because of the types of chips needed for the paper products produced here, most of the fibre for Powell River paper comes from the interior.

## How's your speed?

The qathet Regional District is urging residents to take an online survey of their **internet speed** – in the hopes that one day it may get faster. The Innovation, Science and Economic Development Canada (ISED) study focuses on identifying and quantifying geographic areas where service is below 50 megabits per second download and 10 Mb/s upload. "This is an excellent opportunity for residents to ... highlight where there are poor internet speeds, and where more resources need to be focused," said Regional District Chair Patrick Brabazon. "Rural ... speeds are significantly lower than those found in urban areas, so this is an excellent way for residents here to have their say and verify, possibly the only opportunity." Many areas here are mapped as meeting that threshold, while local users report much lower speeds. The better the data, the more likely federal funding will be available to improve service in rural areas around qathet. A closing date has not yet been determined, but residents are urged to participate as soon as possible to ensure the qathet Regional District is adequately represented. To take the test, go to [performance.cira.ca/bc](http://performance.cira.ca/bc). To see what the map currently says about your speed, go to [ic.gc.ca/app/sitt/bbmap/hm.html](http://ic.gc.ca/app/sitt/bbmap/hm.html)



Heron using the night shining clouds (noctilucent clouds or NLC) to ambush unsuspecting fish. Mowat Bay, June 20.

By Carl Anderson,  
Sea Forest Photography.

# July in qathet

## NATURE'S TOP EVENTS

**July 9 to 16, 23 to 30**

**Very high tides in the evenings**

Check your tide charts. Great for swimming!

**July 9 to 14, 24 to 28**

**Very low tides in the early afternoons**

Check your tide charts. Great for beach days with kids!

**Saturday, July 10**

**New Moon**

This is the best time of the month to observe galaxies and star clusters because there is no moonlight to interfere.

**Thursday, July 15**

**BC Bat Basics: Biology and Conservation**

4 pm - 5 pm Zoom. With biologists, Aimee Mitchell and Chris Currie. To register [mmerlino@prpl.ca](mailto:mmerlino@prpl.ca)

**July 21+**

**Online local flower show**

See the Powell River Garden Club and Skookum Food Provisioners' Cooperative show at [skookumfood.ca/flowershow](http://skookumfood.ca/flowershow)

**July 21 to 23**

**Very low tides in the mornings**

Check your tide charts. Great for beach days with kids!

**Saturday, July 24**

**Full Moon**

AKA the Buck Moon, Thunder Moon and the Hay Moon.

**July 28, 29**

**Peak Delta Aquarids Meteor Shower**

Best viewing will be from a dark location after midnight.

**Thursday, July 29**

**South Coast Western Painted Turtles**

4 pm - 5 pm Zoom. With biologists, Aimee Mitchell and Chris Currie. To register [mmerlino@prpl.ca](mailto:mmerlino@prpl.ca)

**Monday, August 2**

**Saturn at Opposition**

Brighter than any other time of the year.

**Sunday, July 4**

**Therapy Dog Parade**

11 am in front of Willingdon Creek Village, to the Kiwanis Village area and Evergreen and the hospital.

**Wednesdays, July 7 & 21**

**A Walk Through History series**

10 to 11:30 am, meet at the Logger Sports Bowl, \$7. 19+. With the Powell River Historical Museum and the Townsite Heritage Society. Willingdon Beach on the 7th, Historic Townsite on the 21. Pre-register at 604-485-2891.

**Wednesdays, July 7 & 21**

**Historic Willingdon Beach Tours**

1 pm, starting at the Powell River Museum. By donation, no registration required.

**Saturday, July 24**

**The Great Townsite Garage Sale**

9 am to 1 pm, rain or shine. All of Townsite.

**Christmas in July**

Town Centre Mall fundraiser for Christmas Cheer. See ad on Page 34 for how to participate.

**Mon / Wed / Sat**

**Kiwanis Book Sales by Appointment Only**

4943 Kiwanis Ave. 9 am - noon. Phone to book your spots at 604-483-1440. Money raised goes to Cops for Cancer rider and Camp Goodtimes.

**Monday, August 2**

**BC Day**

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# Texada Tripping

**T**exada normally buzzes in the summer. From the aerospace camp and fly-in, to the Sandcastle Contest, Blues and Roots fest and so much more, the events draw folks there. This year, they're all cancelled. Instead, the island is hoping locals (yes—qathet folks only) will come for a different kind of experience.

**Here are Texada's best kept secrets—according to editor Pieta Woolley:**

## 1. The Thrift Stores

Sunday, Monday and Thursday from 11-1 in Gillies Bay and Tues-Sat 10-5 in Van Anda.

It's worth a trip just for this gold mine of 70s and 80s kitsch. All of my favourite vintage sunglasses come from here.

## 2. The Museum

By donation.

Mining, schooling, ships and much more, the Texada Museum punches far above its weight class. Open Wednesdays through Sundays 10 am to 2 pm and by appointment.

## 3. The Gnome Trail & beach glass

Free.

Daylight recommended.

If your kids have had their fill of plain old nature (it happens) and they need a little sizzle to keep moving, Texada

delivers in two very different experiences. The Gnome Trail—Charlotte and Mat Dawe's inspired installation on Eagle Cove Short Trail—includes miniature homes and much more, along a six-kilometre trail near the ferry (see Page 50 in the June *PRL* for more). The beach glass beach is also near the ferry, and features oodles of colourful, soft glass perfect for arts and crafts (see Pinterest for inspiration) or just collecting. Plus, stunning views and boulders for climbing.

## 4. The Farmers Market

Free.

Noon til 1:30 pm Sundays in Gillies Bay. Mini pies recommended.

## 5. Easy camping

\$25 a night for a trailer, truck, camper, or motorhome, plus a tent.

No reservations

Flush toilets? Check. Showers? Check. Concession stand selling both meals and treats? Check. If you're a gl camper rather than a backwoods adventure-type (or if you just need a break from the grunge), you can't beat Shelter Point Regional Campground.

Note: With your BC Ferries Experience Card, a standard-sized vehicle is \$15.75, an adult is \$6.15, and a child aged 5 to 11 is \$3.05 (two adults, two kids and a car is \$35.15.) You just pay one-way; coming home is free. 

## ART & MUSIC

To July 18

### Flora: Precarious Bounty

Tidal Art Centre. Reception July 10 3 to 10 pm. Open Wednesdays and week-ends 2 to 6 pm.

Tuesday, July 6

### Tech Savvy – Creativebug.com

2 pm via Zoom. Discover an online world of professional art and craft video classes and downloadable patterns, templates and recipes freely available through the Library. Register mmerlino@prpl.ca

Wednesday, July 7

### Music in the Park at Inland Lake

Noon to 1:30 pm. By inclusion Powell River. Drumming and live music. Chris Weekes and John Tyler.

Saturdays, July 10 & 24

### Papermaking pop-up workshops

Noon til 3 pm, at the Powell River Museum. By donation, no registration required.

Wednesday, July 14

### Music in the Park at DA Evans

Noon to 1:30 pm. By inclusion Powell River.

July 15 to 31

### David Molyneaux Open Studio

Crucible Gallery. Wed to Sun 10 to 5 pm.

Wednesday, July 21

### Music in the Park at Saltery Bay

Noon to 1:30 pm. By inclusion Powell River.

Thursday, July 22

### What the Plus (+) Artist Talk with Prashant Miranda

5:30-6 The Art Centre Public Gallery opening event.

July 22 to Aug 7

### What the Plus (+) Exhibition/Festival

Celebrating the queer self-portrait. www.whattheplusart.wordpress.com

Fridays, July 23 & 30 & beyond

### PRISMA on the Couch: Season 2

www.prismafestival.com. Free!

July 23 to August 16

### Megan Dulcie Dill show

10 to 8 pm daily, Tidal Art Centre. Paintings and books will be available. www.megandulciedill.com

July 24 & 25

### Bellows 'n' Buttons: A workshop for the accordion-curious

Lead by Walter Martella and Karina Inkster. 604-485-9633. \$99

Wednesday, July 28

### Music in the Park at Larry Gouthro

Noon to 1:30 pm. By inclusion Powell River. Drumming and live music. Chris Weekes and John Tyler.

Saturday, July 31

### What the Plus (+) Memoir Workshop

2 to 4 pm, The Art Centre Public Gallery. How to Write the Self when the Self is in Flux with andrea bennett. RSVP whattheplusart@gmail.com – by donation.

August 1 to 15

### Robert Mackle Open Studio

Crucible Gallery. Wed to Sun 10 to 5 pm.

Coming up:

August 16 to 19

### Fiddle Camp

See ad on Page 17.

August 28 – September 5

### qathet Studio Tour

www.artpowellriver.com

Sunday, September 19

### 40th anniversary, Powell River Academy of Music

Noon to 3 pm. Details TBA! 

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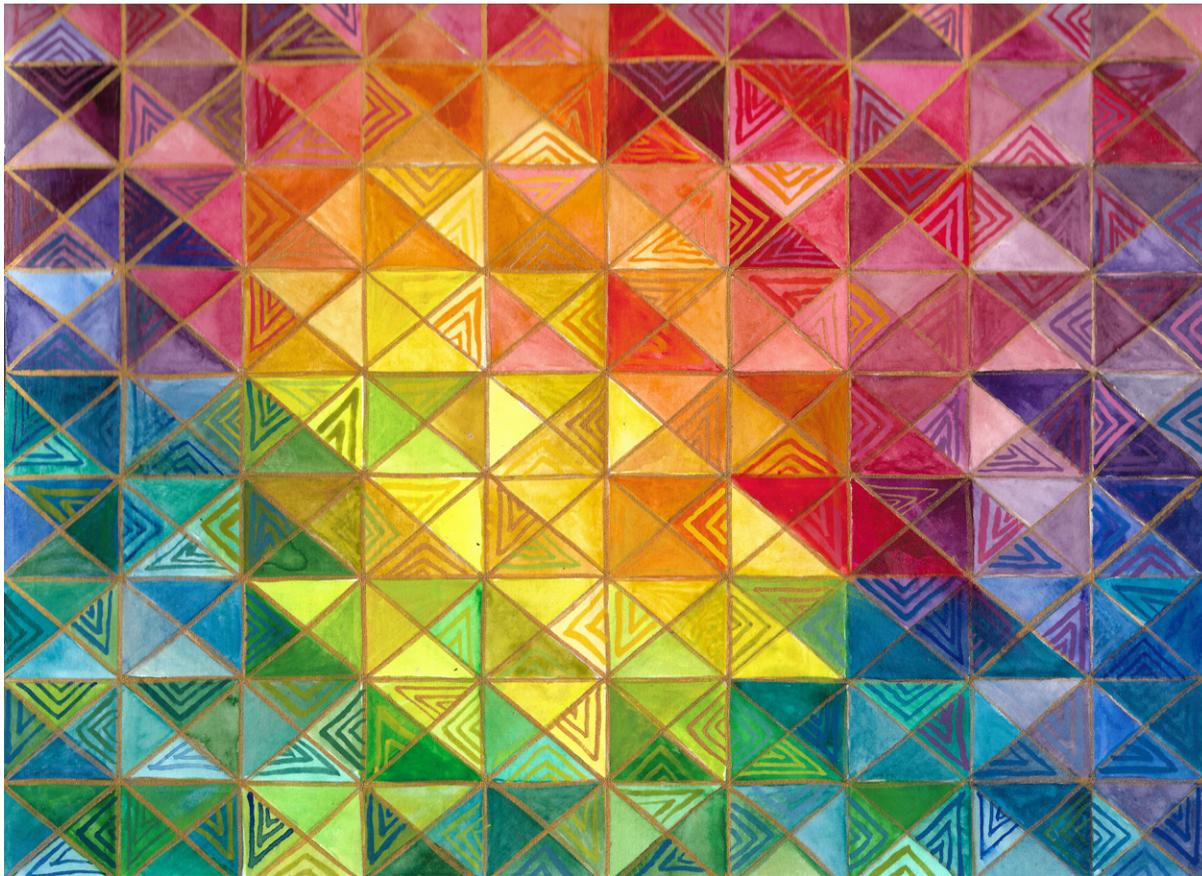
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**QUEER VISIBILITY:** Curated by Giovanni Spezzacatena / Rabideye, What the Plus (+) features work by Jenny Taves (Rainbow Triangles, above), Alfred Bolster (right) and many others.



## WHAT THE PLUS (+) ARTS FESTIVAL

**When:** July 22 to August 7.

**What:** Second annual Group LGBTQ2S+ Art Exhibition, Artist talk, Writers Workshop + Zine

**Where:** The Art Centre Public Gallery above the Library. Tues, Thurs, Sat 12-5PM (free of charge; current PHO strictly followed)

**Events:** Opening and artist talk with Prashant Miranda- July 22; Memoir workshop with andrea bennett July 31. See left for details, and ad on Page 15.

### See creative self-portraits by:

Alfred Bolster • andrea bennett • Angelica Hamilton • Brian Baxter • Chris Roberts • Earle Thompson • Erika Gail • Giovanni Spezzacatena/rabideye • Jenny Taves • Katherine Parkinson • Kathryn Neun • Makaila Wenezenki • The Noise • Prashant Miranda

# The self, beyond the selfie

**BY GIOVANNI SPEZZACATENA**

Moving beyond our inaugural LGBTQ2S+ art festival in 2020, where we focused on the gradient implications of the '+' within LGBTQ2S+, our 'Creative Self Portraits ~Beyond the Selfie' themed show this year celebrates the queer self-portrait, as a way to further develop our local LGBTQ2S+ conversation, as we strive toward greater queer visibility and understanding in our community.

This year we have 14+ artists presenting works and ideas that play with identity, gender and sexuality in a wide array of media. Our art exhibition is rounded off by an artist talk on opening night, a writers workshop, and a Q(uee)R Zine! 🏳️‍🌈

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## Three intriguing objects from the Powell River Historical Museum and Archives' collection

BY JOSEPH CLARK

See the full collection for yourself Tuesdays through Saturdays from 10am to 3pm, by donation. The Forestry Museum is closed for Summer 2021.

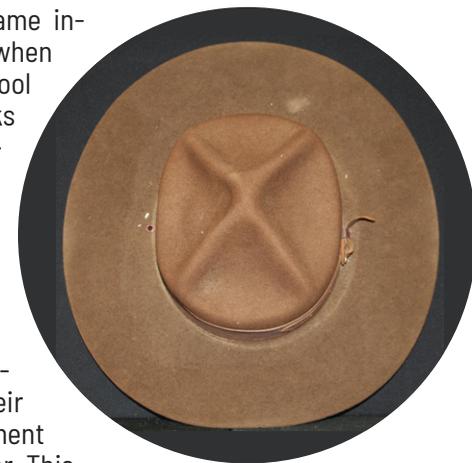
### Ice Cream Maker



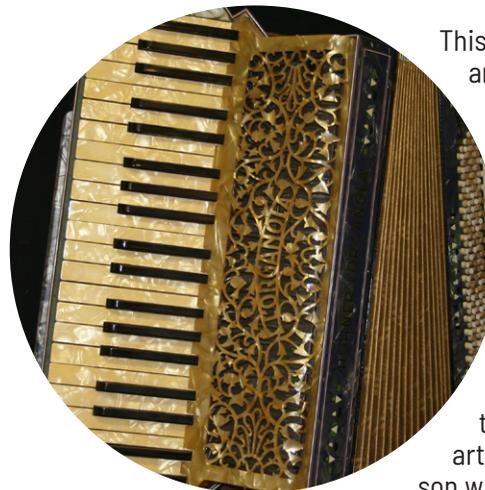
The long running company known as White Mountain Freezer, made this ice cream maker from our collection, in the early 20th century. It consists of three major parts: the bucket, the crank, and the inner can. To make the ice cream, you would pour salt and milk into the inner can, place the lid on top, and then place the ice in the bucket. As you crank the device, the salt would lower the freezing point of the ice, and the ice's cold temperature in the inner bucket made a thin layer of milk freeze on the inside of the can. The rotating wings, or paddle, which was turned by the crank, would scrape off the frozen milk, and let a new layer freeze. By the end of this process, you would be left with cold, delicious ice cream!

### Gordon Knibbs' Scout Leader Hat

Gordon Harold Knibbs (1922-2010) became interested in scouting in the mid 1950's when his son, Alan, joined the Grief Point School Cub Pack. Gordon rose through the ranks and became the Assistant District Commissioner for the Powell River District Scouts. He organized the Camporees and the Jamborees as well as other events. He also helped Scouts who wanted to qualify for the First Class Journey, which was the precursor to becoming a Queen's Scout. Gordon acted as the tester for Scouts and Cubs, in obtaining their badges. He also assisted in the development of Camp Nassichuk, south of Powell River. This hat from our collection, was worn by Gordon during his era as Assistant District Commissioner.



### Peter Pearson's Piano Accordion



This Hohner Piano Accordion was owned and used by local musician, Peter Pearson. Peter arrived in Powell River in 1927 to work at the Powell River Company Pulp and Paper Mill. He had an old button accordion and wished for a piano accordion, so his wife Astrid saved up \$500.00, which was a large sum of money in the Depression days, and bought it for him. His music gave much pleasure to many, especially to his two sons Tommy (donor of the artifact) and Rudy. Rudolph (Rudy) Pearson was also a long time contributor to the Powell River Historical Museum and Archives. 

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JULY 2021

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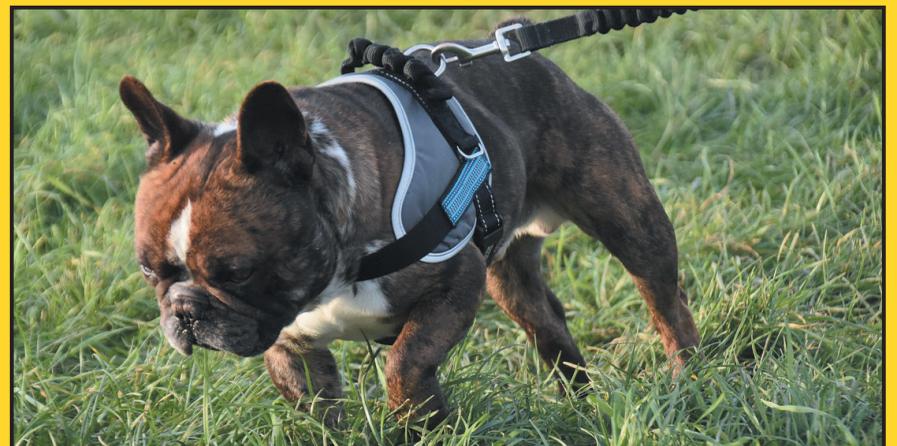
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Garbage & Recycling Day: **A B C D E** "Round for Recycling"

### RECYCLING FISHING LINE



Please recycle your fishing line at one of three recycling bins located at Westview/South Harbour and North Harbour.



### DOGGIE REMINDERS FOR SUMMER

Please scoop the poop!

Dogs must be on a leash in the City of Powell River, unless in designated off-leash areas and private property.

From May 1 to September 15, no dogs allowed at Willingdon Beach and Mowat Bay Park.

If your pooch is loose their City dog license is their ticket home.

[powellriver.ca](http://powellriver.ca)





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## TAKE A BREAK

# Storytelling as medicine

Storytelling is an art form that has captivated and enraptured humans throughout our existence as a way of connection, a means to pass knowledge, create change, bring healing, and allow us to glimpse into unseen realms or move through time.

There is a magic to storytelling, be it between wisdom keepers, from historians to protege, or among families and communities. A story might spread around the world and survive thousands of years, or it might be told only once. Often, even if a story is forgotten, there is a lingering quality that stays with us, especially if a part of us resonates or identifies with the themes present.

Some of us are adept at collecting or cultivating stories while others channel their words from a source that seems to come from somewhere beyond. For many however, stories are now mainly received through edited news bites, the movie industry, or we read dry educational information.

We know well how a story may impact those taking it in. How the receiver may be lost, spellbound in an epic tale, inspired in new directions, or jarred into acting with greater caution. How archetypes can be identified with and lessons may be learned more deeply than through a scolding or imposed rules and boundaries. What I would like to speak to however, is more for the Teller of Stories themselves, for there is as much medicine available as for the audience. Perhaps even more.

There is a way of being, or an opening of a sort when one tells tales. A channel opens where we are able to feel the creative impulse, we become more receptive to subtle energies, and perceive the world through different areas of the brain than most of our day requires from us. Time spent in this way “strengthens the muscle” so-to-speak, bringing stories to mind more and more easily while spilling over to increase our ability to meditate, embark on spirit journeys/imramma, problem solve, observe and remember details, interpret omens, increase divination skills, bal-



## RETURN TO REVERENCE

**JULIETTE WOODS**



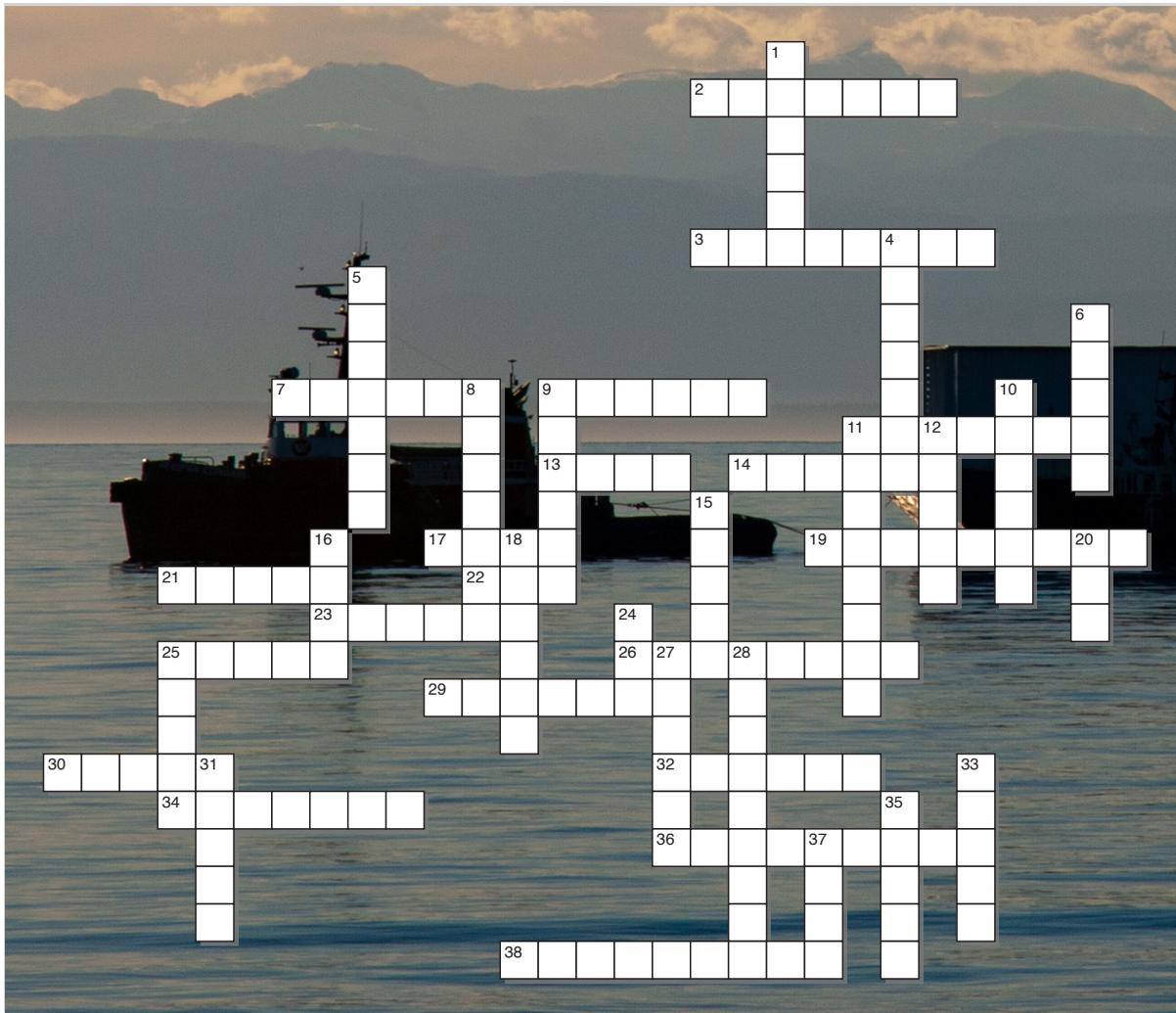
ance our nervous system and generally boost a sense of wellbeing.

Re-telling our life story as a hero/heroine's journey or as a mythic tale can also have deep healing qualities as we reframe hardships into a testament of soul refinement and recognize personal gifts such as our endurance, unyielding innocence, great cunning, or as a participant in the inexplicable magic of “saving grace”, interceding guardian spirits, or divine timing.

It can feel vulnerable and bold to speak and write stories, and we might feel sensitive to reactions and cues of interest from our audience. I have two supportive thoughts for this. One, release the self-imposed need for an epic tale. Some of my favourite stories are those in which nothing much happens but are so well told, we don't even notice. Two, choose an audience to suit our comfort level. I began my story telling journey when my children were small and so sleepy in bed they'd be asleep before the end.

*Juliette Woods offers card readings, shamanic sessions medicine gatherings, and immersion programs online and in-person. Find her at 3FoldBalance.com and ReturnToReverence.ca*

# TAKE A BREAK



## Across

- 2) Grocer, standard
- 3) We saved her
- 7) Best Facebooker
- 9) Olive's love
- 11) Farmer's house, or cupcake maker
- 13) Cover artist
- 14) Al, liquor store namesake
- 17) Key dessert ingredient
- 19) Best peak
- 21) Cocktail in the jungo
- 22) 30 years at Mother's
- 23) At the end of the day
- 25) Virtual symphony location
- 26) Butcher's block
- 29) Not stale inc
- 30) Realtor, or cold dew
- 32) Trains and sasquatches
- 34) Eatery's play on ocean word
- 36) Fish and chips, above make out spot
- 38) Short hike, big commitment

## Down

- 1) Our regional district
- 4) Rank indicator, best gas station
- 5) Mental health enhancement location
- 6) Appies, mosquitoes
- 8) Crazy camping
- 9) Best souvenir, for you or bees
- 10) Best beach
- 11) Ragged paddle
- 12) Nostra's earth
- 15) Vaccine lineup serenade instrument
- 16) Realtor such a kiddier
- 18) Nature knows best
- 20) Gallery, or barge puller
- 24) Second second-hand
- 25) Best workout, shoreline
- 27) Found free on Swap - 2 words
- 28) Photographer's pizza
- 31) Clothing not just for thin folk
- 33) There's more than 32
- 35) Lund's 30-year baker
- 37) Wayne, liquor store namesake

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qathet  
**LIVING**

Working  
**together**

Three years after the Regional District officially changed its name to 'qathet,' we've finally caught up. This is a regional magazine, named after the region we serve. The region hasn't been called "Powell River" since 2018. On the pages of the magazine, we've regularly used the word 'qathet' to describe the region for three years.

So here we are, late to the game.

It's about time.

When I launched *Powell River Living* 15 years ago, I lived in the Corporation of the District of Powell River which was part of the Powell River Regional District.

At the time, this magazine's tagline was: Celebrating the people and stories of the region. We tried to work something into the tagline to describe the region we served. For a while we toyed with "from Saltery Bay to Lund including Powell River, Texada and Savary Island." It was an awkward mouthful.

A lot has changed since we launched.

On October 15, 2005, coinciding with its 50th anniversary of incorporation, the Corporation of the District of Powell River reincorporated to become the City of Powell River. To differentiate itself from the City, on July 5, 2018, the Powell River Regional District received approval from the provincial government to change its name to qathet Regional District.

In hindsight, I should have changed the name of the magazine soon after the regional district changed its moniker. qathet is a good name, has an uplifting meaning, and it's inclusive. I admit I didn't like the change at first and it took me a while to get used to qathet, let alone pronounce it, but I did, eventually. And it's a lot easier than "from Saltery Bay to Lund including the City of Powell River, Texada and Savary Island."

It's about time our magazine's name reflected the region we serve. From this day forward this publication will be known as *qathet Living*. The name of the company that publishes it will remain the same, Southcott Communications, as we also publish other magazines including Home Grown and ZEST, and we offer communications consulting.

We'd love to believe that changing the magazine's

name from "*Powell River Living*" to "*qathet Living*" won't cause division. But given the current climate - and the vicious name change debates about the City of Powell River in June on Facebook and in person - we're not that naive. Some readers will see the magazine's name change as a step towards reconciliation. In part, that's correct. Some readers will see the magazine's name change as an abrasive dismissal of the last 150 years of local history. It's not.

Instead, the word 'qathet' simply means 'bringing together,' or 'working together.' The word was a gift from Tla'amin to the Regional District. It describes a relationship that's already there - Tla'amin, the Regional District, the City of Powell River and the Province have all worked closely together as government, business and education partners for at least 40 years. Individuals in this town from every ethnic background, Indigenous and non-Indigenous, work, study and socialize alongside each other every day.

But "qathet" also describes a hope.

An aspiration.

In June, we were devastated by the revelation that 215 bodies of children were recovered at the Kamloops Residential School, undocumented, in unmarked graves—plus other remains at other schools through-

out June. While the graves should have been no surprise, the abominable truth was laid bare, again. The legacy of the potlatch ban; diseases; the destruction of the village at Tiskwat; the

dispossession of Tla'amin's lands and resources; the segregation at the hospital and elsewhere; the *Indian Act*; the cultural destruction and abuse meted out to Tla'amin children at St. Mary's, Kamloops and Sechelt residential schools; the 60s scoop, and so much more are always in the background here in qathet, even as we work, study and socialize together.

In the fall of 2013, elder Johnny Louie led a walk for reconciliation. It ended at the gazebo at the beach on Tla'amin Nation - where a century before, missionaries burned the Nation's regalia and drums. There, in front of about 300 people, he "buried the hatchet," a symbolic wooden carving that symbolized moving forward together, peacefully.

By gifting the region a name that means "working together," Tla'amin Nation is being masterfully gracious by offering both the name and the intention.

Here at *qathet Living* magazine, we strive to bring the community together, to tell stories, and showcase the best of qathet. To work together.

We hope to live up to our new name.

As always, thank you for reading and thank you for supporting this magazine.

You are welcome to share your thoughts with me regarding this name change. Send me an email at [isabelle@prliving.ca](mailto:isabelle@prliving.ca) or call me at 604-485-0003. 



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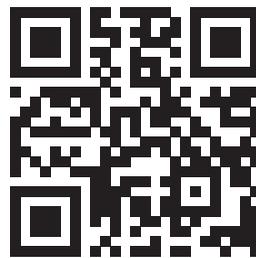


### Sense of Community

How close are you with your neighbours? Do you attend many Regional District events?

### Our Communication with You

How do you like us to contact you, and about what? Are you satisfied with what we do now?



# Survey Time

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