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AUGUST 2019

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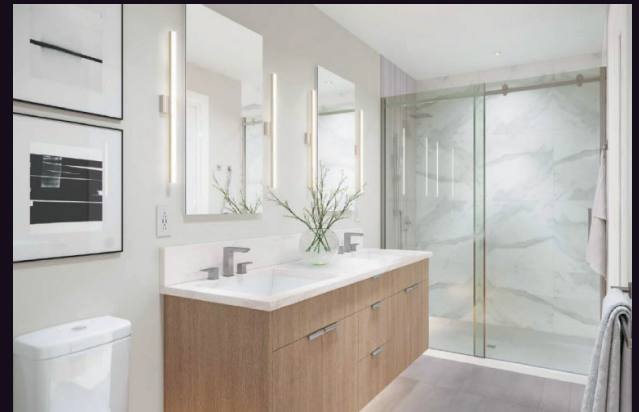
The images above are architectural renderings that put the proposed

developments over actual photographs of the current location, giving you an accurate picture of what the final site will look like when completed.

“These homes we’re bringing to the market are not what anyone else is currently offering. We’re not competing with other developments - we’re creating some new choice,” says developer Tod English.

The condos are now in the pre-sale stage. To learn more about the design features and amenities, go to pacificpointcondos.com and register, or call 604-485-7473.

pacificpointcondos.com





Please help Save our Salmon *Forever*

Whether you're a tourist or a local, nothing beats the sight of whales just off the shores of the Salish Sea, splashing and hunting for salmon. Sports fishermen have excitedly been taking home their daily salmon limits throughout the year. Spawning season at our local creeks are always a sight. Local First Nations celebrate salmon through ceremonies. Clearly, Powell River loves and depends on salmon.

Salmon are one of the most crucial threads in the environmental tapestry; if salmon are removed from the environment, the tapestry will unravel. Take a minute to consider what salmon means to you, how it affects your family, and what it would mean to you if salmon were gone.

Right now, the Powell River Salmon Society needs your help—and here's why:

The dwindling of wild Pacific salmon stocks are threatening our region's ecological health. Over the past couple of years there have been several wild Chinook runs returning at just 20 to 30 percent of historical numbers. It's been many years since we were even close to "historical" returns.

In the past, Powell River donors and volunteers have supported hatcheries – such as the Powell River Salmon Society (or the PRSS), to help maintain and recover fish stocks.

Now, the Powell River Salmon Society has come to a fork in the road. Without your help,

the success of our programs are at risk. The Society is proud to have 'done a lot with a little,' but the truth remains: if funding continues being collected as it is, the hatchery procedures will end soon due to the uncertainty of future budgets.

Newly born of the Powell River Salmon Society is the Salmon Preservation Fund (or the SPF), a charity locally benefitting Powell River.

The **Salmon Preservation Fund** (SPF) is an extension of the PRSS, designed to generate and manage assets which contribute to future sustainability of the Powell River hatchery operations; while government support is distributed provincially and nationally, SPF funding stays local within this community.

The fund will ensure the future of salmon enhancement in

Powell River. If the SPF can become self-sustaining, it can confidently survive beyond help from the Department of Fisheries and Oceans, or any other outside assistance. With confident financial security, the SPF will be able to grow, sustain itself, and expand local operations that provide for the salmon in our ecosystem.

The PRSS stands out from other hatcheries because of our community. The Salmon Preservation Fund can depend on the certainty that Powell River and the surrounding coastal communities care. One of the city's strongest foundational values is community support; for the Powell River Salmon Society, dedication to the community is the organization's driving force.



SALMON PRESERVATION FUND

PRSPF.ORG

ways to get involved in Powell River's new Salmon Preservation Fund

Alongside vital salmon stock enhancement, the Powell River Salmon Society's work contributes to community sustainability, educational opportunities, and West Coast identity. Here's how you can help:

1. Attend the first Salmon Preservation Festival

Come out and show your support at our first ever festival and fundraiser from 11am to 3pm on **October 19th** at the Lang Bay Hatchery, where we will have an Ocean Wise presentation, salmon enhancement demonstrations, DFO education displays, SPF membership opportunities, and of course – food!

2. Donate


To donate to the Salmon Preservation Fund and receive a charitable tax receipt, check out our website, spfpr.org. Alternatively, you can mail a cheque, or drop into the First Credit Union directly for a safe and easy way to give.

3. Volunteer

Come out and help. Volunteers for the fund are responsible for the annual Tide Guide (which has raised \$25,000 so far this year) and, in future, corporate fundraising. They're also planning the first-annual Salmon Preservation Festival on October 19th, at the Lang Bay Hatchery.



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Painted Butterfly

Vanessa is a name created by poet Jonathan Swift in 1708. It was later adopted as the name of a Genus of butterfly.

The fact that this *Vanessa cardui* is unable to overwinter in cold areas, does not prevent it from being the most common butterfly in the world. In the Northwest it is commonly called Painted Lady. During years when they migrate in the thousands, they come through this region, as they journey from Mexico, heading North. The last mass migration was in 2005.

A year ago I was down by our little pond and a butterfly came and flew around me a few times. I talked to her as she fluttered ever closer, and I held out my hand. Within a short time, I was overjoyed, when she landed on my palm! It was a wonderful experience to feel the slight vibration as this tiny beauty stayed on my hand for about 20 seconds! Then off she went. This particular one was a "Mourning Cloak" butterfly. [PR](#)

– Rod Innes



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ON THE COVER

Soon-to-be-commercial pilot Alex Southcott started earning his wings in Powell River with Seal-and-Flight and is now a student in BCIT's commercial pilot program and flies with the Pacific Flying Club at Boundary Bay Airport. His skills and training will be in high demand by aviation companies.



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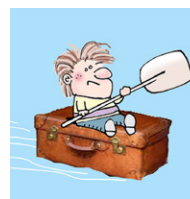
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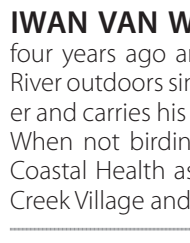
ANDREW BRYANT is a self-employed conservation biologist who specializes in the science and management of threatened species. With a Ph.D from the University of Victoria, Dr. Bryant moved to Powell River in 2010 after a lifetime spent working with endangered species and ecosystems throughout Canada and abroad. Attracted by the forests, mountains and small-town lifestyle, he decided to stay. He writes: "our ecological situation is dire, our elected officials just don't get it, and I can't think of a nicer place to live".



HEATHER GORDON-YOUNG is the executive director of Powell River Child, Youth and Family Services Society. She is also an advocate for strong communities and social connectedness. While she has lived in many places, Powell River is the community that holds her heart.



GRAHAM HARROP was born in Liverpool. At a very young age, he emigrated with his family to Canada. He moved to Powell River at age seven and graduated from Max Cameron. His love of cartooning led to jobs such as copy boy, mill worker, paint store clerk, and dining car waiter, which, upon reflection, did not make a lot of sense. His first published cartoon appeared in the *Powell River News* in 1962. Eventually, he was hired by *The Globe and Mail* to draw Back-Bench, a Canadian comic panel focusing on politics and everyday life. Graham now draws editorial cartoons for the *Vancouver Sun* and creates e-books of his cartoon collections.



IWAN VAN WEEN moved to Powell River four years ago and has embraced the Powell River outdoors since day one. He is an avid birder and carries his camera on most of his travels. When not birding, Iwan works for Vancouver Coastal Health as the manager for Willingdon Creek Village and Evergreen Care Unit.



Born and raised in a small village in Ontario's cottage country, **BARRY WOOD** is writing about his pioneer family history and childhood memories of growing up on the rugged and beautiful Canadian Shield. He's a member of the Library's Memoir Writing group. Read his submission to their new book on Page 15.



EDITOR'S MESSAGE

Use your wings

Back in the early 1940s, Roy Brett (in the picture, right) was a middle-aged logger who was a relative newcomer to Powell River. To expand his business, the WWI vet became a pilot and built a runway at Lang Bay. Then he helped build the Powell River airport. Then, the Sechelt airport. And established the first hobby flying club here.

From soldier to logger to aviation aficionado, Roy – like so many Powell River people – found his passion by constantly evolving. What is he? Lots of things. Like the painted butterfly, at left, we change.

In this issue, many stories show how locals who are open to change find their wings. Doby Dobrostanski, once a mili-

tary pilot, became an artist and runs the totally unique Texada AeroSpace Camp (Page 6).

Mill worker Darryl Jackson is the Ice Cream Man, driving through your neighbourhood this summer (Page 22).

Dan Agius and Gary Dietrich started with a window store, and now own a three-city, windows and gutter-manufacturing juggernaut – keeping up to Canada's ever-evolving energy regulations (Page 24).

And Paige Anderson, from professional skate dancer, to coach, to Real Estate agent, to - surprise - dance studio owner - stays light on her feet to fly with each opportunity she is given. (Page 33).



It's often surprising how much people change, and there's no better place to see that than at your high school reunion, several of which are happening here this month (Page 17). What changes will they see in you?

This August, be sure to put yourself in places where you'll be inspired towards

new challenges: the three arts festivals, Blackberry Fest, finding your inner Gaga (Page 39), or just taking in the summer sun.

PIETA WOOLLEY | pieta@prliving.ca

HONOURING THE JOURNEY

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PR HOSPICE HOUSE

ARTIST RENDERING

Building a much-needed Hospice House will cost a lot, but we're well on our way. In a recent meeting with the provincial health officials, we were told that the engineering, permitting and architectural drawings can begin once we've reached 75% of our capital fundraising target. Once it's built, we have secured funds to staff and operate the 4-bed hospice. We still need your help to get things underway. Your tax-deductible donation to the Powell River Hospice Society will help make Hospice House a reality.



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Doby's dream takes flight

Texada is BC's all-ages aerospace education centre

BY ISABELLE SOUTHCOTT | isabelle@prliving.ca

Flying has always been part of 12-year-old James Leishman's life. He remembers his dad's first plane, a tandem two-seater. At age two, he'd sit on his mother's lap wearing his fireman's costume.

James will be attending Texada AeroSpace Camp for the fourth time this summer – flying over the Salish Sea from Powell River each morning with his dad, Tye Leishman, in their Cessna 185 Amphibian. James is considered a camp veteran and will be a leader.

"It's really unique," said dad Tye, of the August 7 to 10 camp. "There isn't anything like it anywhere else that I know of."

This summer, the camp is entering its eleventh year. It caters to students entering grades 6, 7 and 8, and attracts youth from across North America.

Doby Dobrostanski, a pilot who spent 16 years in the Canadian Air Force as an aero engine technician and four years as a Royal Canadian Air Cadet, founded the camp in 2007. "I began collecting aircraft photos and models at 10," said Doby. "I'm also a glider pilot."

Space travel and technology are Canadian strengths,

TOP-FLIGHT CAMP INSTRUCTORS

The Texada AeroSpace camp staff are pleased to announce the return of two excellent guest instructors, physicist Dr. Sheila McFarland and pilot/engineer Charlie Groves.

Dr. McFarland will talk about gravity, black holes and demonstrate some interesting principles regarding gravity. Charlie Groves will explain aircraft traffic at airports and relative aviation information.

Dale Rinehart will be our veteran chief instructor on aircraft structures and engines. Mr Joe Martin's skills with parachute packing and deployment will thrill the youth! The Gillies Bay Volunteer Fire Department will again demo fire extinguisher use and talk about fire safety.

Principles of flight and flight simulator operation will be team taught by Dale Rinehart, Peter Teuner, Darcy Guillaume and Doby Dobrostanski.

Several youth will receive training on becoming instructors on various pieces of computerized equipment including the rocket thrust test cell, AirBuzz Mark II, and the wind tunnel.



UP, UP AND AWAY TO AEROSPACE CAMP: Tye Leishman will fly his son James to Texada's AeroSpace Camp and back to Powell River every day. The family boasts generations of pilots. James will be the newest - in about four years.

Doby emphasized, and the aerospace field holds ample opportunities for youth who choose to pursue flight as a career. Earlier this year, for example, Canada was the first nation to sign onto an international partnership to build the moon-orbiting space station.

"Only through the combination of inspiration, learning, and intense activity will our youth transform theory into action and then into results," said Doby.

A licensed air maintenance engineer teaches kids how to use a drill press and how to rivet at the camp. They're taught meteorology and astronomy, how to use a HAM radio and the phonetic alphabet.

"None of the other aerospace camps go into the depth that we do," says Doby. "Our camp appeals to kids who have a passion for flying."

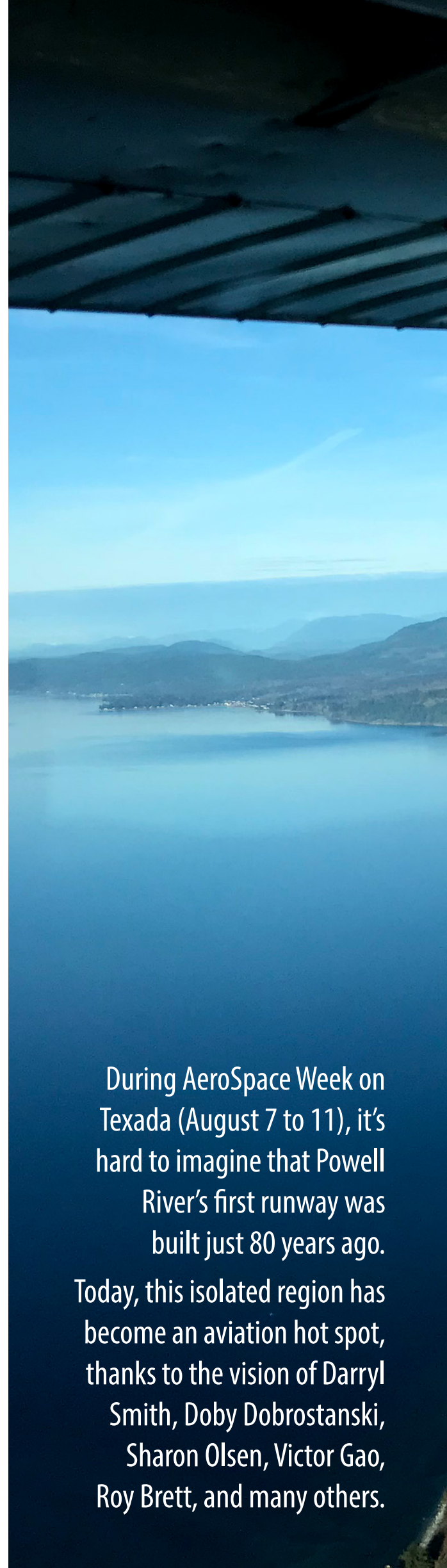
The Fraser Blues – a formation flying team out of the Lower Mainland – come to Texada every year and on the final day of the AeroSpace Camp, they present each kid with his or her wings and a certificate.

The Texada AeroSpace Camp started in 2007 with the first Texada fly-in – something Doby also instigated.

"I wanted to do something for the kids, so we decided to have a little camp and teach them about aviation and the theory of flight."

Gerry Johnson, a retired heavy equipment operator and mechanic, is Doby's wing man. "Air Buzz was built in Gerry's backyard," said Doby. "As we got more equipment we realized there was so much more we could do."

His passion for flight is infectious. Across Texada, local residents have helped Doby realize his expanding vision. Located one-mile northwest of Gillies Bay on Texada Island is the airport hangar where the camp is housed. It's a small airport – you won't find Air Canada, West Jet or even Pacific Coastal planes flying in and out of here. But you will find a small, dedicated group of aviation aficionados volunteering their expertise, skills, time and hearts.



During AeroSpace Week on Texada (August 7 to 11), it's hard to imagine that Powell River's first runway was built just 80 years ago. Today, this isolated region has become an aviation hot spot, thanks to the vision of Darryl Smith, Doby Dobrostanski, Sharon Olsen, Victor Gao, Roy Brett, and many others.



**The sky's
the limit**

ALL A-BUZZ: Right, Doby Dobrostanski and Gerry Johnson in the Air Buzz.

“The land was cleared by local volunteers at the airport, the wood was donated and the milling to build the hangar was all done with volunteer labour,” said Doby, noting he moved the camp from the TACT building in Van Anda to the Gillies Bay Airport three years ago.

Texada’s aerospace education infrastructure also features a library, art studio and museum – three facilities that you’d never expect to find on an island of just 1,000 souls.

For preteens such as James, though, it isn’t strange at all. Texada’s passion for aerospace – along with the Leishman family’s hands-on love for flight – has sparked his own interest.

Perhaps local graduates of the Texada AeroSpace Camp will work on Canada’s moon-orbiting space station. No one would be surprised, but we’d all be thrilled.

The Texada camp and fly-in also do a great job of introducing youth with no aerospace background to the principles of flight. But Powell River is also a place with a strong, generational knowledge to build on.

James Leishman’s late grandfather Tom, for example, also flew planes.

“Dad’s plane was the quintessential military trainer,” said Tye, remembering his father’s 1943 J3Piper Cub. “He worked for BC Tel and they had a dirt landing strip on Savary Island. He’d take his telephone truck over and park it by the runway and then fly back and forth to work. We’d go with him to Savary and spend the day at the beach.”

Tye was 31 years old when he earned his set of wings. “We were living in Victoria at the time and we used to drive home to Powell River to go to the cabin up the lake.”

A friend of his father’s, Bill Robinson,

AEROSPACE CAMP

What: A day camp for youth aged 10 and older to learn about the theory of flight. Plus so much hands-on: rocket technology, aviation orientation, radios, learn to fly and land the AirBuzz, learn basic astronomy, metal work, and riveting. Adults are welcome too!

When: August 7 to 10

Where: The hangar

TEXADA FLY-IN FLING

What: Everyone is invited to this burger and dance event.

When: August 10, starting at 4:30 pm

Where: Texada Legion

TEXADA FLY-IN

What: A social event for pilots and anyone who cares about flight. There will be a breakfast at 9 am, show and shine for cars and bikes, contests, speakers, flight sim flights and the incredible Fraser Blues formation flyers.

When: August 11, 9 am to 2 pm

Where: Texada Airport

would fly his float plane to Powell Lake. “It would take him less than an hour to fly from Langley to Powell Lake. And I’d come up from Victoria after spending six hours in my car and on the ferry.”

So Tye went home and began working on his private pilot’s license. Three months later he had it and eight months after that, he landed at the cabin on Powell Lake in a float plane.

“Once I started flying we started coming here all the time and then we thought, why don’t we just move back here?”



Hang out at the Hangar to see all this and more

1. Air Buzz

There’s Air Buzz Mark I – the little yellow plane for small kids and the camp’s signature silver and white plane – Air Buzz Mark II, the flight simulator.

“It’s an instrumental tool. All the control parts move on it exactly as they would on a real plane,” explained Doby. “We’ve flown over 350 people in the flight simulator in the last two years. We take it to two or three airshows a year.”

2. Aviation Library

Inside the hangar is a library with technical books and manuals containing everything “from information about every airport in Canada to how to fix an electronic circuit,” said Doby. There’s also space science information to do with the Canadian Space Agency, astronomy, historical novels, aviation encyclopedias and aviation fiction. “We have over 1,000 volumes. It’s probably one of the best aviation libraries on the Sunshine Coast,” said Doby.

3. Radio Room

There’s a HAM radio set up inside the radio room which is located in a booth at the top of the stairs inside the hangar. This room is home to Texada Emergency Services and is an emergency communi-

cations centre. The space inside the hangar can be used as an emergency shelter should that ever be necessary.

4. Aviation Art

A collection of aviation posters and prints can be viewed inside the hangar. “I also teach a two-day art class on how to paint clouds and aircraft before the AeroSpace Camp,” says Doby, an accomplished artist “with a passion for aviation art,” who does a lot of commercial work and owns Gallery and Studio on Dogwood. Students learn the importance of looking at the details. “I teach them some meteorology so they can put it into the perspective of the sky.”

5. The Aviation Museum

There’s a model display case inside the Aviation Museum that holds 60 different kinds of aircraft (donated by Lynn Cole). Another display, The Battle of Britain, has motorized mini fighters flying over the white cliffs of Dover. A large, glass display case on the far wall houses instruments, jet engine parts, and aircraft components. “A lot of this was donated by BC Institute of Technology,” said Doby. “We hope soon to be working on the frame of a Spezio Tuholer Dal-1. We have the wings, an engine and a bunch of parts for it,” he said.



7550 Duncan Street

Did you know that Powell River’s coolest collection of **model airplanes** and **aviation memorabilia** is in a café a short walk from the Powell River airport?



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Smart teens learn to fly - in Air Cadets

At 14, Bayley Hollingsworth had never once flown in an airplane.

By 16, she'd spent hours in the air and on the ground studying aviation, and earned her first pilot's license – for free.

Now, at 19, she has earned both a glider and Private (power) pilot's license, and is looking forward to a career in the Canadian military.

How did she do it? Cadets. Specifically the 22 Red Knight Royal Canadian Air Cadets, which meets at Timberlane Thursdays at 6:30 pm. The squadron has been meeting since 1941.

“As an Air Cadet here you always get the incredible opportunity of just being thrown into everything,” said Bayley on the phone from Victoria. “It's not a huge populated squadron, so you really get your chance to shine. In Vancouver or Richmond, there might be 250 Cadets in one squadron. There's about 20 in Powell River.”

Bayley, not surprisingly, is a huge

“You'll get the most incredible opportunities. I've met best friends that I'll have for the rest of my life.”
– Bayley Hollingsworth

advocate for the local Cadets program – even though she wasn't a fan at first. It was boring, she recalls, as she wasn't that into aviation, instead thinking of a career as a professional hockey player or marine biologist. But even at 14, she saw the unparalleled opportunities the program provides, and stuck with it. She took her first ride in a glider plane soon after, and was hooked. The Westview Flying Club – of which Bayley is now a member – donated flight hours to help her earn her private pilots license, saving



SAVVY SIXTEEN: While other teens were learning to drive, Bayley Hollingsworth was learning to fly, thanks to Powell River's Royal Canadian Air Cadets 22 Red Knight Squadron. At 16, above, she received her glider's wings at the grad parade at 19 Wing (CFB) Comox.

her hundreds of dollars. Here, she noted, those hours cost about \$125 each, whereas in the cities, clubs can charge in excess of \$200 an hour – another local aviation advantage. When, at 17, she got the phone call that she'd been accepted into the highly-competitive national Power Pilot Scholarship program in Medicine Hat, Alberta – after months of exams, interviews, essays – she cried. The course was

worth about \$10,000, and condensed two years of learning into six weeks.

It shocks people she meets, she says, when they find out she's a licensed pilot. “Come out and try it,” Bayley said, it's nothing you learn in school but you still can earn high school credits. “You'll get the most incredible opportunities. I've met best friends that I'll have for the rest of my life.”

Young cadet has high flying hopes

James Leishman has been a member of 22 Red Knight Royal Canadian Air Cadets Squadron for one year. “It's a great program,” said James who will turn 13 next month. “I'm really enjoying it.”

The 22 Red Knight Squadron is the oldest squadron in BC. They meet Thursday evenings at the Timberlane Barracks and start up again in September.

This past year, James went on a five-day camping trip with his squadron to Cape Scott where they also hiked and learned how to make their own shelters. “We went zip lining, did a full rope course and I've been flying on the island.” Cadets learn how to build rockets from scratch and then launch them!

At the year-end ceremony, James and another cadet shared an award for the most enthusiastic cadet in the junior ranks.

James also went to Albert Head training centre in Victoria this summer where he attended cadet camp for two weeks. “We slept in barracks and had to make our beds every morning,” he said. They



NEW AND OLDER: Cadet James Leishman and Major Ken Boyd at Cadet Camp in Victoria. It was James' first time, and Ken's 23rd.

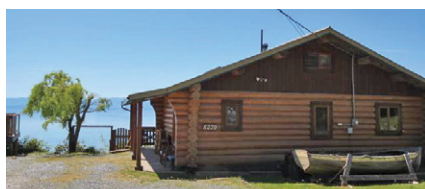
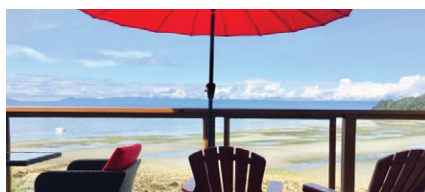
visited the Legislature and Fort Rodd Hill, a historic artillery fortress, and ate ice cream for lunch and dinner every day!

They practised for drill competition and at the end of camp, James received a pay cheque. “I made \$116 but I lost four dollars because they charge you for eating at the mess – a couple of cents every meal,” he said.

Cadets participate in community activities such as the Coldest Night of the Year, Legion poppy sales and the Salvation Army kettles.

James has his sights set on getting his glider license when he is 16 – something he can do through cadets. And when he is 17, he wants to get his private pilot's license (which costs between \$12,000 to \$14,000 when you take private lessons).

“I can get my full pilot's license before I can even get my car driver's license!”



Enjoying Texada? Stay a little (or a lot) longer!

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Finding his wings

BY ISABELLE SOUTHCOTT | isabelle@prliving.ca

Like many young men, my son Alex wasn't sure what he wanted to do once he graduated from high school. He decided to take a year off to work and make money and hopefully figure it out.

It was the fall of 2017 when Sealand Flight opened a new flying school in Powell River. Alex had always loved flying and travel, and he asked if we could go to an info session. So we went to the Westview Flying Club to hear all about the lessons and the ground school.

There hadn't been a flying school in Powell River for over 20 years, so there was quite a bit of interest. Alex liked flying and he was happy that he could work on his private pilot's license while living at home and working for Paparazzi Pizza. So was I, as it helped keep costs down and I thought he would figure out pretty quickly if this was something he'd like to do for his career.

A skiing accident that left him with a torn ACL and damaged meniscus meant it took a year longer than planned to begin his post-secondary education but that was fine with

me, I had my youngest child at home a bit longer!

Today, Alex is a full time student in BC Institute of Technology's (BCIT) Commercial Aviation Program. It's a 64-week intensive course and when he graduates, he will have his commercial pilot's license and a business diploma. With the global pilot shortage in full swing, he should be able to find employment once he graduates.

The flying lessons take place out of the Pacific Flying Club at the Boundary Bay Airport in Delta. Classes are held at the BCIT AeroSpace and Technology Campus near the south terminal (home of Pacific Coastal) in Richmond. The Airline and Flight Operations diploma program follows training standards prescribed by Transport Canada and the aviation industry. Last year, Pacific Coastal Airlines and the Pacific Flying Club launched a new program, Fast Track to Success, to offset the impact of the pilot shortage as the lack of pilots is profoundly affects BC's regional airlines and flight training schools. In a nutshell, the dearth of pilots means that flight training schools are having a difficult time retaining qualified instructors. Fewer instructors mean fewer pilots can be trained, said Clark Duimel, executive director of the Pacific Flying Club, in a press release. The new Fast Track to Success program is expected to improve the attraction and retention rate of pilots for both organizations.

BCIT, one of Canada's largest aviation training schools, and Pacific Flying Club, one of Western Can-



THE FUTURE IS AT 33,000 FEET: Alex Southcott, is studying to be a commercial pilot at BCIT.

ada's premier flight-training schools, have combined their resources and expertise to offer a unique training opportunity for men and women who wish to become airline pilots with a strong skill set of aviation industry knowledge.

It is a fully integrated program that combines flight training with industry focused academic training. Learners receive training required to qualify for a private pilot licence, commercial pilot licence, multi-engine rating, instrument flight rating, and a diploma designed specifically to meet the professional growth needs of an aviator in the aviation business.



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New wave of pilots?

Nearly three decades ago, Amber Pearse left Powell River for BCIT in Burnaby, to learn diagnostic imaging. She was chatting with a fellow student who was right out of high school, too. Her friend revealed that she had never been in an airplane.

Amber, whose father is a member of the Westview Flying Club (WFC), couldn't believe it. She grew up in her dad's Cessna, travelling to fly-ins.

"I thought what we have here is normal, but it's so unusual," she said, on a lunch break from Powell River General Hospital. "It just shows what kind of a bubble we're in. I started to appreciate it more."

Since February, Amber has been president of the Westview Flying Club – with a vision to revive the so-



LIFT-OFF: When the Powell River Airport opened in 1953 (above), the region opened to the world. Now, the Airport handles about 40,000 passenger arrivals and departures each year. Below, the Westview Flying Club has been around since the early 50s. In partnership with Sealand Flight, you can learn to fly there.

LEARN TO FLY INFO SESSION

What: Are you thinking about getting your glider or power pilot's license? Wondering what's involved? Learn more from Sealand Flight and the Westview Flying Club!

When: August 28, noon til 2 pm

Where: Westview Flying Club, at the Powell River Airport

cial aspect, and share the excitement about hobby flying with the wider community. The big fly-ins of the 80s and 90s have somewhat petered out, she noted, likely because there was just more money in town then to support a vivacious flying scene. There seems to be interest from the wider region, however, in coming to Powell River. A barbecue hosted by the Club July 1 attracted a dozen planes from the Lower Mainland and Vancouver Island, with no advertising at all.

"These are baby steps," said Amber. "We want to get back on the map with other regional clubs."

She's also hoping new members join. With WFC's partnership with Campbell River's Sealand Flight, locals

ARE YOU THE SOLUTION TO THE PILOT SHORTAGE?

All over the world, there's a scarcity of commercial pilots. It's a problem for people like Quentin Smith, the President of Pacific Coastal Airlines, which is based in Powell River.

"The ongoing shortage has made it difficult for smaller regional airlines like ours to maintain current levels of service, while simultaneously limiting our future growth opportunities," he wrote in the fall issue of SOAR, Pacific Coastal's in-flight magazine.

In the fall of 2018, the airline started a "Fast Track to Success" program in partnership with the Pacific Flying Club. Flight instructors at PFC can apply to become commercial pilots for Pacific Coastal, which invests in their training and may offer them jobs, and promotions.

"It's a win-win opportunity that will be an integral part of our pilot recruitment strategies for year to come," said Quentin.

can learn to fly in Powell River. It's a useful hobby for seniors – it's a quick jaunt to the famous pie at Chilliwack Airport. And, it's an in-demand career for youth.



Teens can earn a recreational license at 16, a commercial license at 18, and an air transport license at 21. And they can get started here in Powell River.

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Bigger, better & beginning

New airport development gets Transport Canada approvals

BY DAVE BRINDLE | Communications Coordinator, City of Powell River

The developers of a new aviation centre at the City of Powell River Airport are moving forward with plans to build a multi-use building and hangars for aircraft maintenance and, possibly, light aircraft manufacturing in the future.

Director of Planning Services, Thomas Knight said Gaoshi Canada Holdings received City approval to have a construction trailer on the 4.6-hectare site, “as a precursor for them to start to clear the site and put up perimeter fencing.” Transport Canada approved the plan for site preparation and fencing.



ARRIVING SOON: The snazzy future Powell River Airport.

According to the project’s general manager Victor Gao, the land was cleaned up in July 2019. There was an updated land and topographical survey completed and various design firms have been engaged in discussions regarding infrastructure.

Mayor Dave Formosa said the airport development is important to Powell River’s transitioning economy.

“We are hoping this new aviation cen-

tre will open a lot of economic opportunities for Powell River,” said Dave. “We have to keep trying new and innovative ideas to diversify our tax base and provide living wage jobs for our citizens. Lower Mainland airports are getting close to capacity and we are 20 to 40 minutes away by air. This idea has merit. I was delighted we found an investor willing to take the financial risk.”

The City entered into a \$600,000 lease

with Gaoshi in September 2018 that included a graduated tax revitalization by-law and a commitment by the developers to begin construction within two years and obtain occupancy permits by the fourth year of the lease.

If either deadline is not met, the city will have the option to buy the lease out at the original price.

“I don’t foresee us exercising that option,” said Formosa. [PR](#)

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Aerospace Camp Aug 7-10

It's held in the organization's own hangar that was built and paid for by volunteers. The hangar contains an aviation museum, aviation displays, an aviation library and an amateur radio room. See www.texada.org for details.

Fly-In Fling Aug 10

The dance, burger and beers night is held on Saturday evening at the Royal Canadian Legion in Van Anda. There's a free "phone-in shuttle" from the airport campground.

The Texada Fly-In Aug 11

The action starts at 0900 on Sunday. The traditional pancake breakfast and barbecue lunch, contests, show and shine, flight demonstrations by one of the best formation flying teams in the world (Fraser Blues) and just plain old fun....all day.



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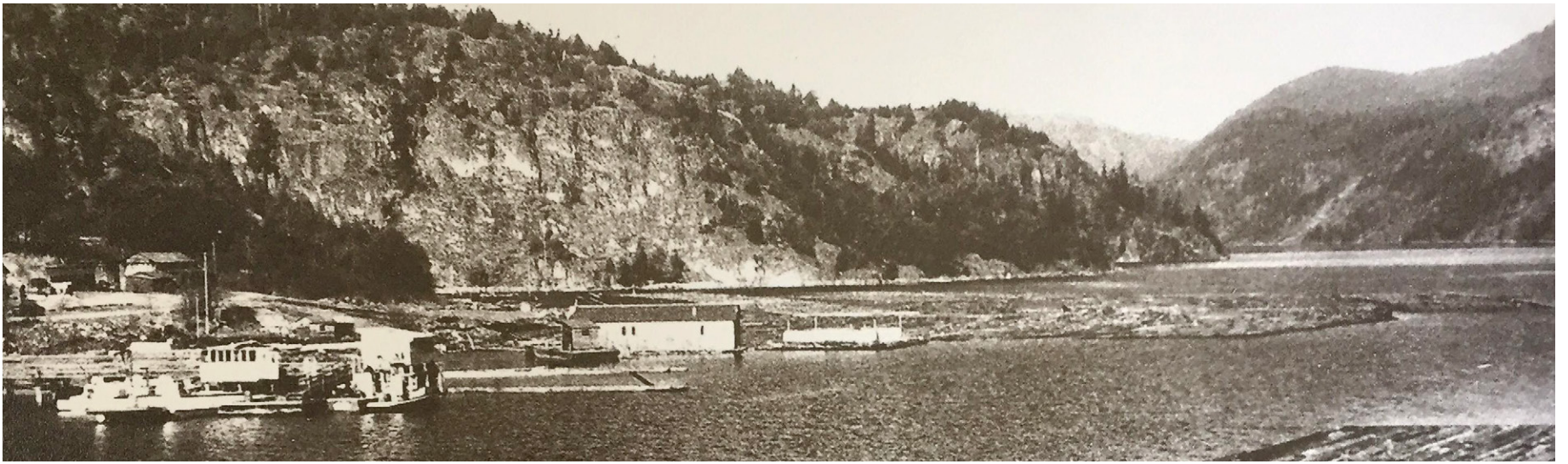
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BLAST FROM THE PAST

Rocketing up rockfaces since Sputnik

BY JOËLLE SÉVIGNY

Powell River has an amazing backcountry just waiting to be discovered and explored. Locals have long known this and have enjoyed the many gems hidden in the wilderness. Among a variety of beautiful natural features, the Upper Sunshine Coast is filled with rock walls that beg to be climbed.


In Powell River, rock climbing took off in the late 90s, however, people were climbing in the area much earlier. In 1958, Christian Schiel, who worked in the Powell River Company's Engineering Department, summited Mt. Waddington, the highest peak in BC (about 250 kilometres north of Powell River, inland from Kingcome Inlet).

In preparation for the ascent, Chris spent many evenings and weekends climbing around Powell Lake with a rock-weighted pack. Chris also put his climbing skills to use for the Powell River Company: he conducted snow surveys of the mountains around Powell Lake, which supplies water the mill used for hydro power.

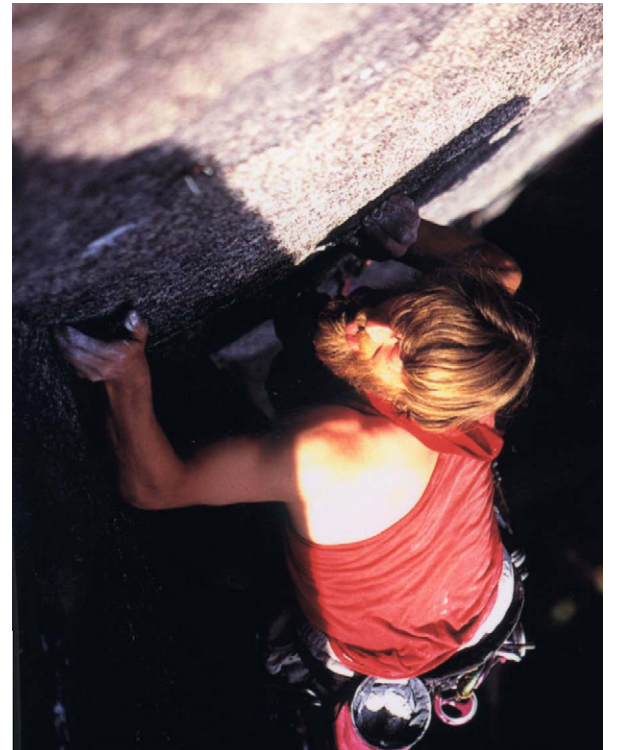
The cliffs overlooking Powell Lake by the Shinglemill are likely one of the areas where Chris practiced his climbing skills. This area is now known as Higgyland,

named after Rob Higgins, who was climbing there in the 80s. Christie Dionne, author of *Powell River Rocks*, recalls evidence dating back to the 70s, of wooden wedges found at Higgyland by Rob Higgins and his brothers. In those days, knots were tied on the rope and wedged in between cracks. Though equipment has changed, Christie reminds us that the rock remains the same.

Christie herself is an avid climber and began climbing in the 90s with friends. She remembers spending weekends in the Eldred working on building routes. The Eldred Valley is part of what is called the Southern Coast Mountain Range. Its imposing slabs of granite, which draw a number of adventurous climbers, are a result of heavy glaciation that occurred approximately 15,000 years ago and the following retreat of the glaciers.

The beautiful wilderness that surrounds Powell River is interconnected with much of our roots and origins. The rocky heights present in our landscape are just one of the most prominent features that continue to shape our history today. 

Blast from the Past is a monthly historical column written by the Townsite Heritage Society's board member Joëlle Sévigny.



TRACING ONE WARM LINE: Exploring the Eldred Valley in the 1990s, the late, great Powell River climber Colin Dionne (above) takes on Delusional Reality. Top, the climbing area known as Higgyland, behind The Shinglemill Pub & Bistro.



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IN THEIR FATHER'S FISHING FOOTSTEPS: Ian, age four, and Mike, age seven, sons of author Barry Wood.

One Last Cast

BY BARRY WOOD

It seemed like a good idea at the time, and like many ill-fated expeditions, this one started with a maximum of enthusiasm and a minimum of planning and forethought.

Our goal was to locate a fabled lake—rumoured to be full of hungry fish—on the rocky ridges outside our village. A holy grail for a 12-year-old boy obsessed with fishing.

My brother, a couple of cousins and I packed our rucksacks with drinks, lunch, and bait and took up our

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rods. I can't remember if we told anyone specifically where we were going. Let me say, in my defense, we often left the house in the morning with only a very general idea of where we were going and probably an equally vague explanation to our mother. Those were different times.

It was a beautiful summer day and we set off in high spirits, our hearts full of youthful hope. We rode to the jump-off point where we cached our bikes by a deserted cabin. Then we set off uphill into the forest in the general direction where I believed the lake must lie.

The Ontario forest is often dense and overgrown but we persevered and eventually broke out onto some higher rocky ridges. Following instinct, we pushed on and finally we saw sunlight reflecting on water through the trees. We had found the lake!

Nestled in a rocky basin, the lake was beautiful. Surrounded by mature pines, it seemed everything we could want in a lost watery treasure. We soon found a rocky ledge by the water—perfect for fishing. We unlimbered our rods and made the long-anticipated first cast. Fish! Hungry Smallmouth Bass, just as the legend foretold, and lots of them. Dreams do come true.

We fished and picnicked and fished some more. Our stringers were loaded with plump Bass. Eventually, the sun started sinking towards the treetops. Here's where the plot thickens.

We probably should have packed up and left, but I had a plan. So, one more cast.

While exploring the lakeshore on the way to our fishing ledge I had spotted a trail leading in the direction of the road. I was positive this was the official trail to the lake and would provide an efficient, bushwhacking-free way out, getting us to our bikes in a fraction of the time we took getting in.

Therefore, no need to rush, therefore, one last cast.

That's when we heard the village church bells ring! In our village it was common practice to ring the church bells if anyone was missing in the bush, in the hope that this would guide them back to civilization. Our immediate reaction was, "Wow, someone is lost. I wonder who it is?"

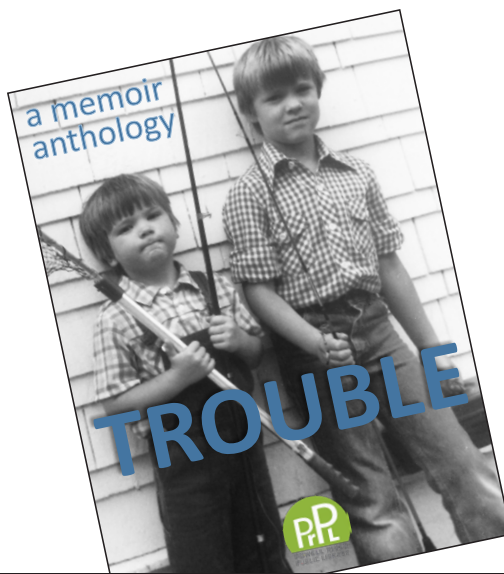
One last cast

Then we heard gun shots! This was another tried and true method to draw poor lost souls back to the land of the living. At this point a sneaking suspicion (not yet fear) began to creep into me, could we possibly be

the lost souls? But how could that be? We knew exactly where we were. The path to the road, I assumed, was just a few feet along the shore. Surely no one could be worried about a group of seasoned ridge runners like us.

One last cast.

I suppose from my youthful perspective my reasoning made sense. But now, as a father, grandfather, and great grandfather, I know how worry can come upon us when our children are involved. The vision of miles



TROUBLE E-BOOK LAUNCH

What: Readings and refreshments with the 19 local memoir writers with stories featured in *Trouble*, a book about... trouble.

When: August 14, 2 pm

Where: Library. Everyone is welcome.

and miles of trackless bush swallowing up young boys would surely do that.

One final last cast and we quickly packed up and made a hasty retreat from the lake. As I had supposed, the trail did lead us back to the road. We hurried to our bikes to find a beehive of activity, parked vehicles, and men milling about. Our worst fear was confirmed—we were assumed lost in the bush after our bikes had been found and we had not responded to the bells or gun shots.

I saw my father's old red truck and his presence was

That's when we heard the village church bells ring! In our village it was common practice to ring the church bells if anyone was missing in the bush, in the hope that this would guide them back to civilization. Our immediate reaction was, "Wow, someone is lost. I wonder who it is?"
One last cast

confirmed when one of the men said a man with a flaming red mustache was up in the bush organizing a search party. My father had a handsome red moustache, but when it ignited, we knew we were in serious trouble! We waited in fearful anticipation as someone went up the hill to let the incipient search party know we had been "found."

The flaming red moustache soon emerged from the bush carrying a 30-30 rifle, and a frightful tongue lashing was forthcoming (accompanied by intense fatherly relief, I'm sure). I remember feeling somewhat indignant at the time, thinking my expedition-leading skills were not being fully appreciated.

Our bikes were loaded in the truck and we were transported, in disgrace, back home for further interrogation and infamy. As the leader, I took the brunt. The stringer of fish hung in the back yard overnight, forgotten in the hubbub. The next morning, I quietly buried them in the bush beside our house.

I've never been back to the lake, but I'm sure it rests peacefully in the tall pines and rocky ridges, waiting to be rediscovered by some fishfull thinking boys someday soon. [PR](http://prpl.ca)

One Last Cast is one of 18 stories published by the Library in the e-book **Trouble: a memoir anthology**, which is available as a free download at: prpl.ca/explore/memoirs/

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Weigh in at the Fall Fair!

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STILL THE SAME: The years have passed, but we're still the same... sort of! The Max Cameron Choir, with members of the Class of 1974, was photographed in Spokane, Washington. The choir was part of the entertainment for the World's Fair that year.

Yesterday

Thirty, forty, forty-five, fifty. Those are just some of the grad reunions taking place in Powell River this summer.

Jackie Mason McClinchey and David

Barcelone are on the planning committee for the Class of 1989's 30th grad reunion.

Lisanne English is from the Class of 1979 and she along with Mike Cameron, Bill Chinn and Nola Perry are on the planning committee for their 40th.

Dolly McEachern, Shereen (Harper) Olson Baker and Kelly Dejong are from the Class of 1974 and are all on the planning committee for their 45th.

Bev Dunn, from the Class of 1969, is organizing their 50th.

Chris Merrick, from the Class of 1964 organized their 55th reunion in July.

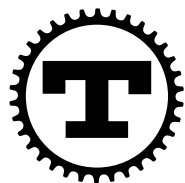
Many are having grad reunions this summer that coincide with Blackberry Festival in August. Tracking down former classmates isn't easy but committee organizers do their best.

Facebook has been a huge help as has email however emails often bounce back

as people change service providers and email names.

A lively debate was held on You Know You Grew Up in Powell River Facebook page about which year had the largest graduating class and the Class of 1978 was declared with winner with the Class of 1979 coming in second.

With about 100 students, the Class of 2017 was the smallest graduating class to graduate in Powell River.



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TOGETHER AGAIN: It's fun to take a walk down memory lane with classmates. Above, some then and now photos of classes taken over the years. Top, The Big Band attended the 1972 provincial championships in Vancouver and won! The Class of 1969 at their reunion. Girls of the graduating class of 1969 with teacher Mr. Chadwick. The JP Dallos Grade 6 class of 1967-68. Above: The 40th class reunion for the class of 1974. Below: The class of 1969 at a recent reunion.



The boys (and girls) are back in town

HIGH SCHOOL REUNIONS THIS SUMMER

1964

The Class of 1964 held their 55th reunion on July 26 to 28 at Myrtle Point, said Chris Merrick, a member of the organizing committee. Missed it and want to register for the 60th? Email cjmerrick@telus.net.

1969

The Class of 69's 50th grad reunion will get underway at 9am on August 17 with pancake breakfast at Pete Olson's place at 3443 Highway 101 Lund. His five-acre field is the perfect spot for classmates to camp out and enjoy spending a day together reminiscing and chatting about the past.

"We're more like a community gathering of grads," said Bev Dunn, organizer. "We're not doing anything formal."

She pulls out a photo from her Grade 12 Home Room Class with teacher Mr. Chadwick. "Our class was all girls," she said. She has other memories tucked away in a scrapbook. Photos of the spring prom at the Old Arena, The Grand March, and a listing of all the graduates featured in the *Powell River News*.

So many memories.

1974

The Class of 74 will hold their 45th grad reunion on August 16 and 17. Dolly McEachern attended the 20th and the 40th and Shereen (Harper) Olson Baker attended the 10th and the 40th. Both say their 40th reunion was fabulous! "I saw more people at the 40th than at the other grad reunions," said Dolly. She believes that their graduating class was the biggest graduating class with 330.

"I love seeing everybody. I came back and it's like I never left school."

Some classmates and teachers like

Gus McLennan have passed away but they will be included on a memory tree. Events include a meet and greet at Blackberry Street Party and an appetizer party at Myrtle Point Golf Club with music from the 70's on Saturday night.

Classmates are coming from as far away as England, Newfoundland and New Brunswick. Visit the Class of 1974 Facebook site or email maxcam74@gmail.com

1979

The Class of 1979 is holding their 40th reunion on August 17. Tickets for this event are available at Underwriters Insurance on Joyce Avenue.


It will be a catered banquet and dance at Dwight Hall. Lisanne English, Mike Cameron, Bill Chinn, and Nola Perry are on the organizing committee. They say they were the second biggest graduating class ever. "Ours might not have been the biggest but it was the best!" said Lisanne.

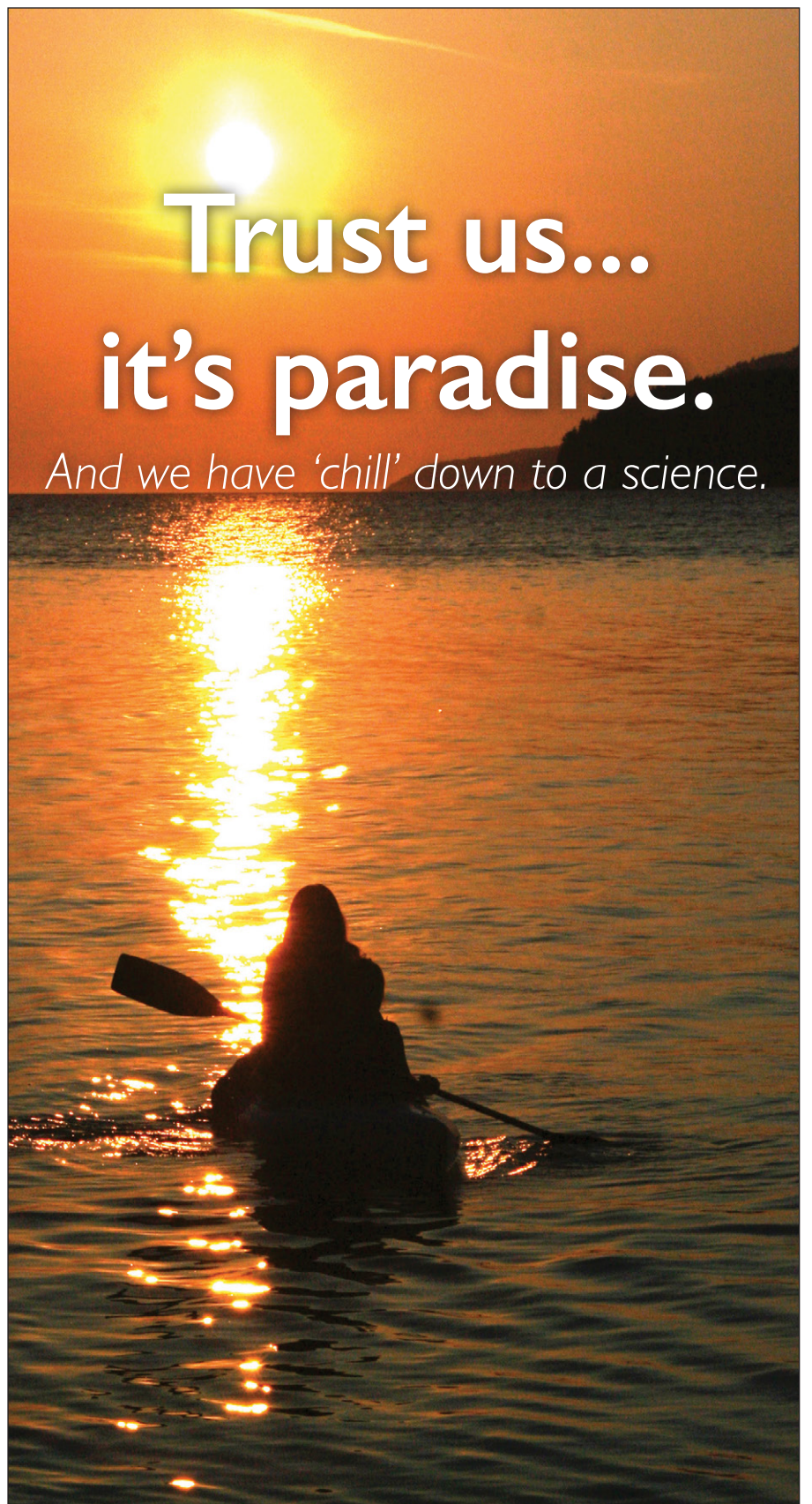
1989

The Class of 1989 grads are having their 30-year reunion on August 17 at the Seniors Centre in Cranberry, said Committee member Jackie Mason McClinchey.

"Back in the day we had Brooks and Oceanview Middle Schools. Middle Schools combined into Max Cameron for our senior years. We were really close, our year felt like family."

Music from the 1980s will be played at the reunion and organizers have planned a fun filled weekend with events kicking off with the Blackberry Street Party and fireworks and ending with a barbecue and a Billy Ball Game.

For information send an email to maxcameronreunion@gmail.com 



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Lotta black bears around this year... I just saw one driving the bread truck!



It's something new we're trying to get everyone in the spirit of things.



Well, normally I'd feel as happy as you do that you made the last ferry, but we just tied up for the night.

GRAHAM HARROP ON POWELL RIVER

Someone thinks we're funny

BY GRAHAM HARROP

As a former Powell Riverite, I feel duty-bound to record observations from past years.

Whether it is the Chamber of Commerce lobbying for two sunsets a day, the Comox ferry blasting out the theme from 'Steamboat Willie,' or sitting next to a couple of black bears on the Upper Westview bus, I feel uniquely qualified. I haven't even mentioned the opening of 'Chipmunks on Marine' - tiny, tiny doors; the annual Dwight Hall Front Door to Back Door run - lots more time to social-



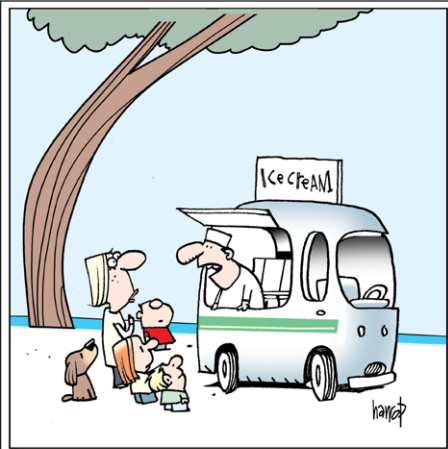
So I said to them: 'There's a 'mew' in Kathaumixw', but they STILL wouldn't let me sing!

ize; or the showing of: *It Came from the Steam Plant* at the Patricia Theatre.

And let's not forget Logger Sports. Whose idea was the 'Long John's Jump', 'Christmas Tree Climb' and 'Chokerman's Race to the Beer Cooler', anyway?

Finally, on a personal note, I am the same fellow who lost a gigantic D12 Cat somewhere in the hog fuel bunker at the mill back in 1963. Surely they must have found it by now. [PRL](#)

You can find more Graham Harrop in his books, at gryndstoneandfusspotpress.com



We're all outta vanilla. We got Townsite Toffee, Willingdon Peach and Good ol' Cranberry.



You know - I don't think I've ever seen a magpie at Maggie's and over at Moose N' Eddies, I've only ever seen Eddie.



All right - if I find someone looking for a damp cave with scattered bones and rotting fungus, I'll let you know.



I played golf at Myrtle Point yesterday. My score was so bad that I started to think of it as Myrtle 'What's The Point?'

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Meet the Ice Cream Man

BY ISABELLE SOUTHCOTT | isabelle@prliving.ca

When kids hear the Ice Cream Man's music blaring out of the big white truck, they pour out of their homes and excitedly come running down the street.

It's this very reason why Darryl Jackson – Powell River's Ice Cream Man – says he has the best job in the world.

For three years, Darryl has been visiting Powell River neighbourhoods and serving up a variety of ice cream products. Snow cones, ice cream sandwiches, popsicles, dairy free ice cream bars and allergen free fruit pops... they're all a welcome reprieve to the heat of a hot summer afternoon or evening.

When Darryl launched his business, he had no idea what to expect. "I knew I wanted to recreate as much of the traditional experience as I could while bringing it to modern standards. I envisioned a white Grumman style truck with a passenger side serving window, bright color menus and signage, the Ice Cream Man music blaring over the loud speaker, traditional pre-packaged treats with a few alterations like snow cones and allergen friendly options," he told *Powell River Living*.

GREEN ICE CREAM

Fun fact: in 2018, the Ice Cream Man added solar panels to the roof of the truck making them the first ice cream truck in Canada to use solar power. "The solar panels can run the equipment inside the truck all day long without the need to run generators," says Darryl.

Darryl says he has the best customers in the world. While most are children, he does have some adults, but it's the children that warm his heart.

"I have countless stories," he says. "Early last summer I was training a guy on our south of town route and we



THE HUNTERS AND THEIR PREY: Hollie Jacques, 8; Cielo Treavor, 9 and Zachary Jackson, 9, above, caught up with Darryl Jackson for a cold treat in Townsite. Find out when the truck drives by you, on Facebook. Right, another happy customer waves goodbye.

were driving down what looked like a virtually deserted dead end road when all of a sudden a little girl who couldn't have been more than five, came running out. I can still picture it. Pigtails and a puffy dress. Jumping up and down, pumping her arms wildly, her face with the biggest, most excited expression you could imagine! We pulled up and she was so excited she couldn't even talk."

Another time, a young boy was in the bathtub when he heard the signature Ice Cream Man music. "He'd never seen an ice cream truck in his life. His dad was out of the room and the kid jumped out of the bath tub stark naked and bolted for the door. He was across the yard before his Dad could catch him," Darryl smiled.

He enjoys seeing the photos people send in. "I have a contest each year where I ask people to send me ice cream themed pictures. Close to the start of the season I'll post them on Facebook and people will vote for their favorite. The winner's design goes on our staff shirts for the summer."

The winner receives their own t-shirt, a special visit from the ice cream truck with free treats for them and



their family/friends, and a personalized VIP gift card entitling them to a free treat off the truck all summer long."

As well, 100 per cent of the proceeds from the sale of the shirts benefit the Orca Bus.

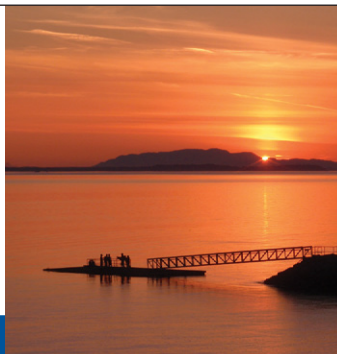
The Ice Cream Truck has a live truck tracker so people can find it whenever they want to, says Darryl. The Ice Cream Man couldn't do what he does without his fabulous helpers! This year, his team includes: Rosie Rupf, Kray Karlsen and Melinda Boyd.

To find out when the Ice Cream Man is coming to

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Your 2019 Ice Cream Bucket List

BEACH HUT

My husband and I bought the business in 2016. We have had all of our children working with us and enjoyed running a family business. We came from Saskatchewan for a more fulfilling life. Making our own hand battered ling cod tails, halibut and the best poutine in town. The Beach Hut has 16 hard ice cream flavours. Milkshakes, sundaes and mini donuts are just a few of the items on our short but sweet menu. *– Deanna Maher*

DAIRY QUEEN

Like a Blizzard, rumours have been swirling that a franchise of the Minneapolis-based chain is re-opening here soon. PRL can confirm that the licensing and leasing processes are underway, but we can't confirm when you'll get your hands on a Treatza Pizza or a Cake Shake.

THE ICE CREAM MAN

Ice cream comes to you. See left.

MCDONALD'S

Soft-serve cones for \$1. What else is there to say? McFlurries.

PIRATE POPS

Pirate Pops is a gourmet treat company that uses natural, wholesome ingredients. Our specialities are frozen fruit ice pops, cream-based pops and decadent fudge pops. All of our treats are handmade with care using the freshest ingredients we can find. Come see us at our booth at the Farmer's Market on Sundays from 12:30 – 2:30, and soon there will also be select flavours in local stores! *– Jessica Van Belle*

PUTTERS

Putters Mini Golf and Ice Cream offers up amazing ice cream in more than 25 flavours from Island Farms on Vancouver Island. Add a dip or some sprinkles or opt for a gluten free cone. Waffle cones and sorbet are also enjoyed. Screammers and Slushies are amazing too! Come on down for a game of golf, or just an ice cream. Regardless of your choice, you will be pleased.

SALT & PEPPERS ICE CREAM PARLOUR

At Lang Bay, the pizzeria sells 16 ice cream flavours, 15 flavours of floats, plus milkshakes, screammers, sundaes, and much more.

SASSYMACK'S

SassyMack's Ice Cream focuses on using local, seasonal and ethically-sourced ingredients to make exciting, creative fla-

vours. Our most popular include: Salty Chocolate Caramel, Blueberry Bay with Gin, Buttermilk Lemon and Tropic Thunder. You can find us at: the Powell River Farmers Market, community events like Logger Sports and Blackberry Fest, Lund (12-6 everyday, all summer), the Farmers Gate and the Townsite Night Market (4-8 on Thursdays). *– Jasmine and Mack*

THE SNACK ATTACK SHACK

Owned by sisters Laurie Robertson and Julia Hoczel, this Town Centre Mall business carries 27 flavours of dairy and non-dairy ice cream - which can also be made into milk shakes. Regular or gluten-free cones. Also available: banana splits, ice cream sandwiches, peanut parfaits, screammers, sundaes and twisters.

THE SWEET SHOPPE

Manager Carol Waldorf keeps 12 flavours of Island Farms ice cream in store: the four favourites (chocolate, vanilla, strawberry and maple-walnut), plus four kids flavours, and four assorted others. Island Farms has been around since 1944, and is a cooperative of dairy farmers on Vancouver Island.

WILD SCOOP AT ECOSSENTIALS

Wild Scoop Ice Cream is owned by a group that supports local agriculture by purchasing grass fed milk from a farm on Vancouver Island and berries and fruit from Powell River's backyard. We use organic ingredients and have a great selection of vegan options. The team includes Linda from Zeitoun Specialty Foods, Melissa and Colin from Ecosentials, and Caroline and Tom formerly from Love's Ice Cream in Cumberland.

We make small batch ice cream and hand-rolled waffle cones. Also a must try is the lemon custard and chocolate chip Sycamore Commons mint. *– Melissa Call*


TLA'AMIN CONVENIENCE

Soft-serve ice cream and sundaes, specializing in mixing it with rotating slushie flavours to create screammers. But they regularly whip up new flavours and creations. Seasonally, try homemade wild blackberry sauce on sundaes. Also get that flavour of summer on chocolate ice-cream sandwiches.

SWEET SHACK AT LUND RESORT

The Sweet Shack at the Lund Resort at Klah Ah Men has 24 different flavours. Regular cones come in small, medium and large. There's waffle cones and bowls too as well as kids cones and milkshakes.

your neighbourhood visit theicecreamman.ca and check out the schedule. Right above the schedule there's a live tracker so you can see where the truck is at any given time. There's also a Facebook page, and that is where to get the most up to date information.

"We make a point of posting every day of where we will be going and what's happening. This year we started doing birthday parties, and the birthday boy or girl will get a treat off the truck courtesy of The Ice Cream Man." 



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Relocating practice requires a 'Leap of Faith'

Juliette Woods is a returning Powell Riverite bringing her family, art, and spiritual teaching practice back home. After leaving in 2004 she spent time on Vancouver Island and the mainland moving through experiences she likens to a "Hero(ine)'s Journey", the kind where hardships are turned into blessings. Now that she is home, her focus is on offering her children the same kind of childhood she enjoyed growing up here while creating a healing space Juliette calls "The Sanctuary", writing the Return to Reverence column in PRL magazine, and bringing her practice to our community.

Why did you choose to move here?

Juliette • I grew up here and left 15 years ago so that my oldest could attend a Waldorf school. When I received an unexpected inheritance that allowed me to purchase my first home, I naturally looked to my beloved home town and found my dream spot!

When? Where from?

Juliette • I purchased our home three years ago and lived and worked in both Powell River and Squamish until May of this year when we transitioned fully over here to my home dirt.

What surprised you once you moved?

Juliette • I was pleasantly surprised to find a greater feel of vitality here than when I left and yet we still have the same

small town friendly vibe. A nice blend of new and familiar faces, shops, and events. I am surprised too just how many people I grew up with have since left town. It makes for a strange sense of both coming home and being a newcomer at the same time.

Where is your favourite place here?

Juliette • That's a tall order to ask for just one place! I would say, Palm Beach, Mahoods, and the Patricia Theatre

How did you first hear about us?

Juliette • My grandparents owned a local business and my parents moved here when I was about three. Since then, I've moved away a number of times but always managed to return home.

What would make Powell River a nicer community?

Juliette • Focused dedication to our youth. Hands down. Bring the Youth Centre back, create actual fun free groups and events for those aged 12 to 20, employers who are willing to mentor and create environments who our teens will feel loyalty to and feel valued by. All things that support their skills, foster interests, and provide safe and interesting ways of spending time.

What aspect of your previous community do you think would benefit Powell River?

Juliette • A large, well connected, visible natural health and wellness commu-



JUST 'WOO-WOO' ENOUGH: Juliette Woods and her children Evelyn and Matthew are settling in to her Lang Bay property – also a healing retreat centre.

nity that includes spiritual, physical, and emotional support. To the point that it is the mainstream normal. Practitioners are definitely here in PR, but there are many people still shy of what might be perceived as too «woo-woo».

What challenges did you face in trying to make a life for yourself here?

Juliette • Leaving a full time practice and amazingly supportive community is both hard on the heart and requires a leap of faith. It takes time to rebuild both and my goal is to move forward in a grounded, calm, methodical way without falling into a sense of urgency or fear. It's definitely something to keep top of mind for me.

If you were mayor, what would you do?

Juliette • That one is easy: Free or 1/2 price ferry rates for Powell River residents. I might need to be more than Mayor to implement that however...

What are Powell River's best assets?

Juliette • I am going to go with those ferries again to be honest. The effort and ingenuity it takes to live here is a major

player in cultivating a community that takes care of one another. We really have only each other to lean on. We network, we share, we celebrate together. Plus sunsets. Always the sunsets right?

What is your greatest extravagance?

Juliette • At this point, all things that help me set up my studio and Sanctuary grounds, which sounds maybe just like work-stuff to others but it's all juicy soul food for me. Cultivating space that feels settling and restorative on our nervous systems makes me feel like a kid in a candy store.

Which talent or superpower would you most like to have?

Juliette • The ability to engage people's capacity for compassion. If folks had compassion fully intact for each other, the earth, and the well being of all creatures – our global and community issues would look VERY different. **PR**

Do you know someone we should feature in I Made the Move? Contact isabelle@prliving.ca



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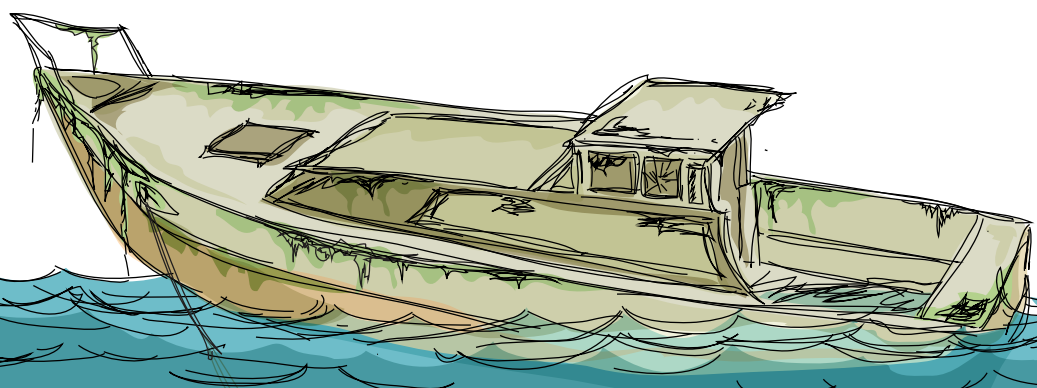
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Report abandoned or derelict boats to the DBDS.
A reporting form is available on the qathet Regional District website.

Do you currently own a boat that is on its way to sinking?
Sign your boat over to the DBDS for proper disposal at no charge to you.

Find updates and more information through Facebook – **The Dead Boats Disposal Society**

Making a Five-Year Financial Plan



March 31

Five-Year Financial Plan Adopted

Each year qathet Regional District prepares an updated Five-Year Financial Plan. The Plan encompasses the operational and capital needs of the Regional District. Budgets are created and reviewed based on Board-approved strategic plans and priorities.



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Rare bird-nest found – and lost

BY ANDREW BRYANT

Local bird-watchers were aflutter after finding some newcomers to Powell River on May 18th – some male Lazuli Buntings (*Passerina amoena*) were singing their hearts out from a site near the Wildwood Bluffs.

Although this bird is found elsewhere in British Columbia, it's rare along the Pacific coast. So the report was “newsworthy” for the local birding community. As it should be – it's the first record of this species being found in Powell River – ever!

More reports quickly came in. Follow-up visits produced additional males (four on May 25) and females

(the first on June 17). Two seemingly-mated pairs were recorded on the 28th. The best news of all was a female carrying food; she was photographed on July 3. In the ornithological world, this rates as a “CB” (confirmed breeding) record.

That's almost as good as finding the nest. Think about it...why else would a lady be packing extra groceries around?

Unfortunately on July 20, an observer noted that the nest site had been bulldozed. This was not a malicious or evil act. It was an action done by a landowner, on private land, in aid of whatever development is planned for the site.

Many are unaware that most birds are protected under the *Migratory Birds Convention Act*, a federal and international law enacted in 1917 (and revised in 1994). Amongst other things, it states that it is illegal to “take” birds, or their eggs, or their nests, without a permit. The *B.C. Wildlife Act* (1996) goes even further, noting that:

“A person commits an offence if the person, except as provided by regulation, possesses, takes, injures, molests or destroys a bird or its egg...”



The removal/destruction of a bird nest is an illegal act. Even if it happens on private land. Unfortunately, many people are not aware of that fact. Hence this article. My hope is that it may increase public awareness about this ongoing issue. Wild bird populations are facing all manner of threats already – so every nest matters.

Whenever a landowner cuts vegetation and creates “brush piles”, they’re creating “habitat”, and birds will gladly take advantage of those new opportunities... as will many other species. You may not realize it, but you’re creating wildlife habitat.

If you leave that brush pile long enough, say 250-500 years, it might even begin to resemble the mosaic of forests that once lived here. That’s an unlikely prospect, of course. But it raises a relevant point.

Since 2015 I would estimate that hundreds of bird nests have been destroyed in Powell River. Not through malice, but just because people are not aware of bird behavior, the incredibly short biological “window” that is the nesting season, or the rules and legislation designed to protect it.


My hope is that people will think twice when they are cleaning their yard, trimming hedges, clearing trails, ob-

taining firewood, wildfire-proofing, and otherwise disrupting places that might contain a bird nest. A useful guideline is “avoid doing stuff like that until mid-August”.

There’s always a silver lining. On the same day that I learned of the destruction of Powell River’s first Lazuli Bunting (LABU) nest, a second one was confirmed – on the same property.

In walking around the site with a truly expert birder, one quickly realizes that it’s not just the “rare” species that makes the Wildwood Bluffs “special”. There were some other “first-ever for Powell River” records from the same spot (Eastern Kingbird and Grey Catbird, for example).

But for me it is the “common” birds that make it such a magnet for migratory birds...and if you have ever seen a Common Yellowthroat up close...you may gain some new appreciation for the “mis-naming” of species.

In the Grand Scheme of Things, there are “big” issues and “small” issues. Losing a single Lazuli Bunting nest is on the low end of the “small” issues scale. Until you become a birder – at which point you realize that small things matter. Always. 



EVERY NEST MATTERS: *Left*, a singing male on May 25. *Top left*, a female carrying food is considered evidence of breeding, even if the actual nest is not located. *Top right*, another brush-pile nester, the uncommonly lovely Common Yellowthroat. *Center*, the bulldozed nest-site on July 20. *Bottom*, happily a second nest has now been confirmed – in another brush-pile. *Photos by Iwan van Ween*

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MADE IN POWELL RIVER

Modern Windows has been providing Powell River, Vancouver Island and the Sunshine Coast with windows since 1988. Today it is owned by Dan Agius, who is the company's General Manager and Gary Dietrich, the company's Powell River Manager.

When Dan first bought into the business in 1985 the company was strictly a glass shop. "We did not manufacture windows at that time," said Dan.

Born and raised in Powell River, Dan says he was an entrepreneur from a very young age. "I used to buy and resell candy when we went on soccer trips to Texada Island," he recalls.

Dan bought into Modern soon after graduating from Malaspina College with a business diploma in 1985. He'd spent the summer between first and second year working at Modern for the owner, the late Bill Hopkins (not Bill Hopkins who lives in Townsite). Part of Dan's Malaspina program included a business applications computer course (computers were still somewhat new in 1983) and Dan did well in this area. He was put in charge of running the computer lab after the first semester and was paid to help other students.

After graduation, Dan returned to Powell River and went back to work for Modern. Evenings were spent teaching spreadsheet computer courses at Malaspina University campus where he ran the computer lab. He also did some consulting for the mill and the municipality.

When Dan was offered a full-time job at the college, he talked to his boss at Modern about it and he said: "Why don't you become my partner?"

Gary Dietrich and his wife Nancy moved to Powell River from the Lower Mainland in 1992 seeking a smaller town environment to raise their family. Gary had a long history of working for Irly Bird in North Van and specialized in building great relationships with contractors.

He worked for Irly Bird in Powell River, but was always interested in owning his own business and creating an environment of top service and sales relationships with builders and home owners. When approached by Dan regarding a possible partnership, he jumped at the opportunity knowing they shared the same vision.

What's your product?

Dan & Gary • We make, sell and install vinyl and aluminum windows at our Field

ering tations



NO PANE, NO GAIN: Modern Windows partners Dan Agius and Gary Dietrich say that in manufacturing, mistakes are inevitable – but it's how you fix them that counts.

Street plant in Powell River. Incidentally, Modern's Powell River home was once part of the old Max Cameron School that Dan attended from grades 8 to 12. Modern also makes continuous gutters – also manufactured on site in Powell River and interior and exterior doors (at their Abbotsford plant). As well, they sell

Duradek, vinyl decking, retractable fabric awnings, aluminum patio covers and sunrooms, garage doors, sliding patio doors, aluminum and glass railings, and retractable screens. Modern makes windows, frames, and double-glazed sealed glass units. They also sell sealed units separately for replacements.

Where did your idea come from?

Dan • I started by working for an existing business and in 1985 bought in. Some people in town started a window making company that went bankrupt and we bought the assets in 1986. That was when we actually started making windows instead of just reselling and installing.

What kind of support did you receive?

Dan • I received a lot of support from the original owner, the late Bill Hopkins. He offered me an opportunity. He saw something in me. He also offered me his complete trust. My parents were also very supportive.

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voting forms starting in April of 2020.



Gary • I received a lot of support from my wife and family as well as the Modern team. They welcomed me and my ideas with enthusiasm. While window manufacturing was new to me, the goal was the same. Excellent products and service.

Was it successful immediately or did it take some time?

Dan • Modern was an established business when I bought in so my challenge was to modernize it and grow it. The company went from having one location (Powell River) to three. Today, Modern has the window manufacturing facility in Powell River, the door manufacturing facility in Abbotsford and a full sales and service office in Courtenay.

In the beginning, Modern only sold windows – it did not manufacture them. The computer skills that I learned at Malaspina proved to be very useful as I was able to track costs, organize files and take on the marketing.

I grew the business every single year. In 1993 Modern won a Profit 100 award for being one of Canada's fastest growing companies. In 2009, Modern won a Government of Canada Energy Efficiency award for having the best promotional campaign of the year.

What surprised you when you brought your manufactured windows to market? Did you make changes?

Dan • The difficulty of the manufacturing process. Every single window is custom made with endless options. We were also surprised and grateful for the local support we have received from so many people who truly get how shopping local benefits this town.

How has your business changed since it launched?

Gary • Windows have changed so much! They've gone from single-paned to double-paned and now they're heading to triple-paned glass. The frames have changed too. They've gone from straight aluminum to thermally broken

“Since the late 1980s, the government has raised the bar on energy efficiency which in a lot of cases means redesigning an entire window system.... Modern had to retool the entire window factory – an expensive and time-consuming process.”

– Gary Dietrich

aluminum to vinyl frames. Technology has played a big part with manufacturing equipment, computer systems, custom in house management software and Modern's geographical customer base. Since the late 1980s, the government has raised the bar on energy efficiency which in a lot of cases means redesigning an entire window system. To do that, Modern had to retool the entire window factory – an expensive and time-consuming process.

Dan • We will have to do that again soon as windows will likely have to be triple paned by 2020 which adds 50 per cent more weight to a window which will add some challenges.

Gary • By forming our partnership we were able to focus on our own personal strengths to grow the business and double our employment base and offer more to customers.

Who are your customers?

Dan • Anyone who has a home or a building or who is building a home or a building. Our customers are homeowners, builders, and developers for new construction and renovation projects. Anyone who needs a window.



“We will have to do that again soon as windows will likely have to be triple paned by 2020 which adds 50 per cent more weight to a window which will add some challenges.”

– Dan Agius

We sell windows in Powell River, the Lower Mainland, the Sunshine Coast and all over Vancouver Island. We sell windows to Vancouver’s largest developer – the Aquilini family (owner of the Vancouver Canucks). Yesterday we got a job for a modular from a construction company that is building a UBC counselling building.

How do you market?

Dan & Gary • #1 Service. Without a doubt, providing good service is our number one marketing tool. That gives us all sorts of repeat business.

#2. Employees and the images on our vehicles – they are floating billboards all around town.

#3. *Powell River Living* magazine, and Google reviews. Facebook and Instagram.

Tell us the story of your biggest oops moment, challenge, or failure.

Dan • We have tons of oops moments! Because we are a custom shop there’s so much that can go wrong. It took me a long time to accept that mistakes will happen but we have to deal with them the best way possible. We look at mistakes as being opportunities and use them as a marketing tool.

Why do you choose Powell River as your base?

Dan • I was born and raised in Powell River and I love it here! I was encouraged

to move to Vancouver Island, people told me I’d do better with the business there but I didn’t want to.

Gary • This community is unique and we are proud of the fact that Modern is the first and only window manufacturing company on the Sunshine Coast. We are proud to be able to build our windows in our home town and create employment for the people who live here.

Who’s on your team? Number of people you employ? Who do you work with?

Dan • We have 50 employees working at three locations. Without a doubt we have the best employee group we have ever had which makes our job so much more enjoyable.


What advice do you have for others who want to make & sell stuff from Powell River?

Dan • Step it up. Don’t portray a small-town image. Be professional, be honest, don’t be afraid. Value your employees as you are nothing without your team.

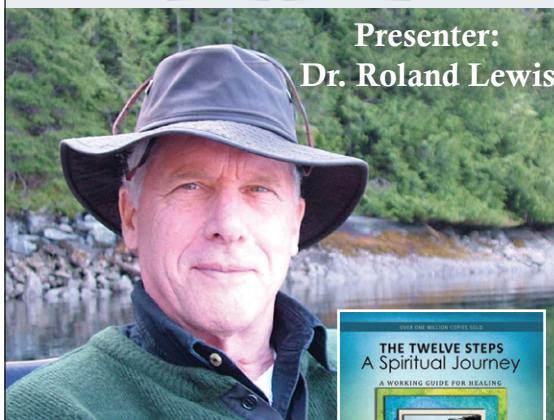
Gary • I agree with Dan. Try to show excellence in all you do. Every customer comes with their own set of needs and expectations. Treat your employees with respect and gratitude, knowing it is their career to build and enjoy as well as yours.

What’s your next project?

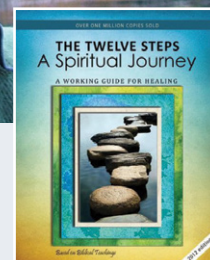
Dan • Retooling the window factory in Powell River to meet the upcoming energy requirements. In 2020, Canada will move into one energy zone. Right now, Energy Star has Canada divided into three energy zones.

Gary • I thought it was retirement! Honestly, I absolutely love what I do and the people I work with. I enjoy the challenge of always making it right for our customers and leading employees to be the best they can be. In Powell River, I believe you should not just love where you live, but love where you work. 

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- I have difficulty with intimate relationships
- I will do almost anything to make people like me
- I am intimidated by angry people and personal criticism
- I habitually choose relationships with unstable people
- I find myself living as a victim rather than living victorious
- I find myself either overly responsible or irresponsible
- I deny, minimize, or repress a traumatic childhood
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For a tempting winter pantry get roasting



A growing concern

BY JONATHAN VAN WILTENBURG | jonathan_vw@yahoo.com



By far my favourite vegetable to grow – and, more importantly, eat – is the tomato. They are just so tasty and incredibly versatile in the kitchen. Every summer I look forward to when those trusses of hard green fruit begin to transform into soft sweet-fleshed gems. And we grow a lot of them.

But one of the conundrums of an abundant vegetable garden is that you can only eat so much fresh fruit and veg. Rather than waste it the bounty must be preserved either through canning, drying, freezing, or fermenting. Whatever the method, it is always an enormous amount of work.

But the real problem with preserving food is many times the products made are just not very good. They are edible, of course, but not fantastic. There are just so many factors that go into making a fantastic product, and it is hard for the home chef to get everything right. How many of us have old jars of insipid canning product sitting down on a basement shelf from a few years back? I hate that. It is

too much work to have a sub-par product. In my view it better be really good or else don't bother preserving at all.

We of course enjoy preserving our tomatoes. We have tried countless recipes, and methods all with varying results. It has taken us many years to finally produce a product that we consider to be one of the best ways to preserve tomatoes: roasted.

These roasted tomatoes work nicely as sauce on pizza, or to bolster flavour in soups or stews, or even as a simple addition to a quick pasta meal. Their versatility in the kitchen makes them suitable for many recipes; ensuring they won't be left on the pantry shelf for years to come.

It is by far one of the best products we make and I have never seen them sold anywhere. When we serve them to dinner guest everyone falls in love.

The sun-ripened tomato may be the gem of the summer garden, but these roasted cousins are the jewels of the winter pantry. **RRL**

TOP PRIORITIES IN THE GARDEN FOR AUGUST

Be aware of the fruit on your trees. Check for ripeness and pick as soon as possible to alleviate bear and human confrontations. If you are overrun with fruit, find someone in the neighbourhood that would jump at the opportunity to share your harvest.

Late summer watering. Five or even 10 minutes of hand watering won't cut it in summer heat. Be sure to stick your finger in the soil and see how far the water has penetrated. It surprises me every time how much water is needed to penetrate deep into the root zone.

Plan your bulbs. Fall bulb planting is just around the corner.

Give some attention to your compost pile. Flipping it is always a good idea. If it is dry and crumbly and not breaking down quickly you may need to add some water. If it smells and is sopping wet you may need to cover it with a tarp and let it dry out. Remember, your compost pile is a living system that needs adequate amounts of water, air, carbon, and nitrogen for rapid and efficient breakdown.

Winter garden alert! You should plant out your beets, carrots, and chard. It is too late to plant seeds for vegetables like cabbage, broccoli, cauliflower, or Brussels sprouts. Take a trip out to the local nursery and purchase starts that were planted long ago and will mature in time.

Make a fall chore list. Fall is a great time for lawn and garden renovations. Autumn is a great time for planting, too, as rain is plentiful and plants have all winter to get established.

To keep those summer annuals beautiful. Deadhead and prune them regularly. This should include your hanging baskets and pots, too.

Sow your colourful biennial ornamentals for next year: things like poppies, foxgloves, English daisies, wallflowers, and forget-me-not's.

Don't forget to take a few photos of your garden this year for your records. It is always nice to look over the garden in subsequent seasons and years. It's also an excellent aid when you go to edit in the fall or spring.

If you planted potatoes, feel free to sneak a few new potatoes for a meal. It doesn't get any better than fresh potatoes.

Roasted Tomatoes

1 Shallot/small onion
4 cloves Fresh Garlic
6-7 ripe Tomatoes
4 sprigs Basil

Olive oil
Salt (kosher)
Pepper
Balsamic Vinegar

Heat oven to 425°F. Oil a 9"x12" roasting pan with a good glug of olive oil.

Slice the shallots thinly and set aside in very large bowl. Smash garlic and add to large bowl. Pick the leaves from stems of basil and add to large bowl. Cut tomatoes in half cross wise (not lengthwise) and place in large bowl. Drizzle olive oil on everything.

Pack all the oiled ingredients tightly into roasting pan. Sprinkle with a pinch of salt and pepper. Place in oven and roast until tomatoes begin to caramelize and slightly char. Timing varies depending on the type and size of toma-

atoes but aim for about 1 hour.

Prepare 7 or so sterilized 250 mL canning jars with lids. Place the roasted tomatoes in each jar, being careful not to over fill and spill on the rims. Put a glug of balsamic vinegar (about a tablespoon) in each jar. Place lids on the jar. Place all the jars in a water bath canner or large pot and process for 45 minutes. After the 45 minutes, remove and set out at room temp until jars seal.*

** Please note that although we have not died or fell ill over the many years of eating this recipe, it is not terribly scientific in nature when it comes to canning methods, so use this recipe at your own risk.*

Plant now for winter!

One of the best parts about living in Powell River is enjoying the great outdoors, especially when our mild coastal climate allows for fresh-from-the-garden flavour all year round! To learn more about winter gardening or to stock up on your seeding essentials, visit Mother Nature today.



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Always all in

DO WHAT YOU LOVE LOVE WHAT YOU DO

BY ISABELLE SOUTHCOTT | isabelle@prliving.ca

Paige Anderson made her dancing debut at the age of three.

“She was a lamb,” recalls her mom Sandra Anderson. “She loved being on stage so much that when it was over, and the rest of the performers took their bows and ran off, Paige stayed on stage until someone came and took her off.”

Paige began dancing in the basement of the United Church at two and a half. From the start, all young Paige wanted to do was dance, dance, dance.

“She practiced at home in our living room,” said her mom. “The hearth was her stage.”

“We had a big picture window,” said Paige. “It was like a mirror. I’d put on weekly shows for my family and I’d make my sisters perform. I’d choreograph things for them to do. My very favourite thing was to put on shows. I’d be the main character and the director!”

Many little girls leave their passion for dance behind them. But today, Miss Paige, as her younger dancers call her, is still very much that same enthusiastic dance boss she was four decades ago in her parents’ living room – now as the owner of the Laszlo Tamasik Dance Academy at the Powell River Academy of Music.

Paige Anderson’s fun ‘n’ fierce work ethic pushed her into the spotlight as a child, and inspires her dance students today.

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Surprisingly, this was not something she'd planned to do. Five years ago, the mom of three young children had no intention of opening a dance school. The long-time figure skating coach had just retrained and opened a real estate business, when she got a phone call.

"It was out of the blue. I'll never forget it," she recalls, of her chat with the senior ballet master Laszlo Tamasik, who taught dance in Powell River since 1989. "I was on the porch. I'd been helping him at the studio all year as he'd been having some health issues – and I thought, 'Oh no, he's not feeling good, he needs me to do something.'

Then he said, 'I can't do this anymore. I don't have enough energy to run the dance school anymore. I want to retire.' He told me I was taking over the dance school and that I could do both, I could still sell real estate."

At the time the dance school had 33 students. "He told me I could change the name and do whatever I wanted to do. I changed the name from Laszlo Tamasik School of Dance to Laszlo Tamasik Dance Academy – LTDA – and hired him to teach adult ballet."

"I told Laszlo I wanted to revamp the school, regrow it and bring dance back to Powell River the way it was," she said.

Paige began marketing LTDA in April 2015. Instead of just ballet, she offered many more styles, for both competitive and recreational students, from age two through adults. She hired faculty, and got a website together.

The first year, registration grew from 33 to 200 spots. Now, there are 500 spots, nearly all full for this September.

"It just keeps growing and growing. We have a strong ballet program and follow the Royal Academy of Dance, we have a modern contemporary program, acro program, hip hop, tap, jazz. There's musical theatre and theatre company (just song and dance), a vocal coach and stretch and strength. Four new teachers will round out the existing faculty of 10 in September.

Dance versus Skating

Paige's journey from dance kid to LTDA owner was far from straight-forward. But she has always loved what she's done, at every stage of her life. And when she didn't, she changed course.

As a child, Paige studied under many different dance teachers at the Powell River School of Dance and Backdoor Studios. In 1988, Laszlo and Mary Tamasik moved to Powell River and opened the Powell River School of Dance in Dwight Hall. The more she danced, the more she wanted to dance.

"I was hooked," said Paige. "I got my first pair of pointe shoes when I was 10 – I loved pointe. I think I slept with my new shoes the first night I got them!"

Paige tried out for the Royal Winnipeg School of Ballet with friend and dancer Tanya LaFave when she was 11 and they were both selected to attend the pre-professional summer program. Paige loved everything about this program.

"It was the experience of a lifetime."

By now, Paige had already been skating competitively for two years. "At the same time, I was still dancing. My main focus was ballet although I did jazz and modern too. The dance really helped my skating. I had the flexibility, the musicality and I knew how to interpret the different routines on the ice."

Paige competed as a single skater and in the pairs ice dance with local boy Chris McMillan.

"That was when I got addicted to dance. Waltz, tango, cha cha, pas de deux, jive, free dance," she remembers. "The whole time I skated, I danced. I'd go from the dance studio to the rink and back seven days a week. It taught me time management skills – I had to fit in homework and dance and skating."



"We had a big picture window. It was like a mirror. I'd put on weekly shows for my family and I'd make my sisters perform. I'd choreograph things for them to do. My very favourite thing was to put on shows. I'd be the main character and the director!"

– Paige Anderson

By the time she was in Grade 10, Paige and Chris were on the BC Provincial skating team for ice dance. "We won the provincials and the BC Games. We went to the Western Canadians three times together, and to the Nationals, but with different partners."

Summers were spent in Toronto, training. After high school, she spent a year there, before moving to Calgary where she and her new dance partner Stefan Ible trained at the Calgary Ice Dance Centre – The Glencoe Club.

"We used to train 40 hours a week," she recalled.

On-ice training was five hours a day and off-ice training was three hours.

"We did ballet and ballroom dancing. We trained with the artistic director of the Alberta Ballet Company. I was in my glory – I never had to give up ballet!"

Although she loved skating, it was a political sport and competitions either went your way or against you. "But dance is a performing art – it's just subjective."

At 22, Paige decided to stop competing. "I missed Powell River. I'd lived in this figure skating bubble for so long and I'd been so focussed on training, physical fitness and competing. When that is your world you don't have a normal life. I'd come home to visit and have fun for a while and then go back to a very different world."

So Paige moved home, but it took a while to find her footing. "I felt a bit unaccomplished. I needed to find that adrenalin rush I got from dancing and skating."

It was 1998; she was 23 years old.

That year, the Powell River Figure Skating Club went through some big changes. Coaches left and Paige "basically fell into the position of head coach within a year." She took on student Nick Alexander, got her Level 3 coaching certificate and helped him get to Nationals.

Growing up, Paige had always said she'd never coach figure skating, but there she was doing it and enjoying it. It also provided the creative outlet for putting on ice shows every year – something she's always loved.

Paige was busy coaching when she went into labour with her first child. "It was the night of December 19. I was trying to finish off two girls with their solos. I said: 'I'm not leaving the ice until I finish this lesson and I'll



ON POINTE AND ON EDGE: As a child, Paige Anderson kept busy dancing and figure skating. The performer enjoyed a career as a competitive and show skater, then coach, before taking over the Laszlo Tamasik Dance Academy in 2012.

probably be here tomorrow.” She wasn’t. That night her son Ashton was born. But by January 2, she was back on ice, coaching again. “Ashton just came with me. My husband Jamie took parental leave and he’d bring the baby to me. All the moms took turns cuddling him.”

After Paige got pregnant with her second child, Dylan, she decided it would be her last year coaching. “It knew it wouldn’t work for a young family. I was up at 5am and coached until 8:15am then back at 3pm and I’d coach til 7pm. Afternoons were spent choreographing and preparing ice shows and I was on ice for 10 hours every Saturday.”

The hardest part of leaving was telling her skaters. “It’s always been about the kids,” she said. “They cried when I told them I wasn’t coming back.”

After Dylan was born, Paige took a month off before deciding to get her real estate license. While her kids napped, she did her course work. Three months later, she was finished. “I took time off to study for the exam and by then I was pregnant with my third child.”

Fostering the next generation

It was then that CaroleAnn Leishman talked her into choreographing the *Sound of Music* – a production featuring local youth and child actors. Baby Dylan sat in a hiking backpack and watched her mom choreograph.

“I call them my theatre babies,” she laughed.

Paige wrote the real estate exam, started work in April and had her third child in October. Six weeks later, she was working as a realtor. Then, as though a new career in real estate and caring for three young children weren’t enough, she started producing musical theatre with Megan Skidmore and Carma Sacree in her ‘spare time.’

“I like putting together a show and entertaining ev-



eryone.” They did 10 productions together. “Ashton was six and we’d throw him into the productions,” she said. Paige’s favourite part of owning LTDA is watching students bloom.

“You’re kind of like their other mom... you spend so much time with these kids, it creates a very strong bond,” said Paige. Some parents report that dance has transformed their children. One particularly withdrawn student started with a musical theatre class, and gained enough confidence – and skill – to perform as a soloist at Kathaumixw.

Paige still sells real estate, and, although she finds herself busier than she wants to be at times, she doesn’t want give it up either.

“This (LTDA) is my passion but I love selling real estate. I love the people and my co-workers. It doesn’t feel like work. It just feels like life.”


In November, Paige opened Anderson Talent Agency. “I knew some local talent that needed to be represented,” she said. Eli Hueston has booked a commercial and Tai Brown, a pilot in a TV series. Tai is a LTDA student and Eli is a musical theatre student.

Why take on another job?

“I felt like it complemented what we have here. The film industry is not for everyone. I’m the parent of an actor.” (Payton, her youngest, goes to the city for auditions.)

Paige also finds meaning in her work, and wants to pass on what dance gave to her as a child.

“I believe in positive coaching,” she said. “I believe in being strict but in a positive way. I have no time or need for belittling anyone or negative coaching. I’ve never done that but I have seen it done. Luckily, most of my childhood coaches were fabulous.”

To learn more, visit LaszloDanceAcademy.com or call 604-414-8650. 

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WHAT'S UP



Hotel manager makes National Basketball Hall of Fame

Dikran Zabunyan (D-Zab as his players call him) will be inducted into the Canadian Basketball Hall of Fame on August 11 in Toronto when he's presented with a PHASE 1 Journey Award. The two-time Toronto High School All Star went on to play three years of College Basketball at Ryerson (one year) and Centennial College (two years) and finished in the top 10 in scoring and assists in Ontario during all three years.

In 98 college games he scored 1,639 points, dished out 602 assists and grabbed 297 rebounds. Dikran held the OCAA single season free throw percentage record of 89% from 1980 to 1997.

After graduating from college in 1981 Dikran returned home to Turkey to play pro basketball for six years. Today, he is the general manager at the Town Centre Hotel.

His background in coaching basketball is extensive and impressive. Dikran established the Rose City Express pro basketball team out of Windsor, Ontario in 1994 and renamed it GT Express in 1999 when he moved back to Toronto.

The team won numerous championships in Canada and USA during their 13 years of operation. It was ranked the third best team in Canada behind the Toronto Raptors and the Canadian Men's National Team.

In 2018 he took over as the GM and Head Coach of the Vancouver Dragons. He led them to an overall record of 34 wins and five losses. The Dragons won the

2018 MLBA championship and were the 2019 Far West Conference Champions of the American Basketball Association.

He currently holds a pro coaching record of 398 wins and 205 losses.

In May 2017, Dikran was named as one of the top 100 players in Toronto High School Basketball History.

Bluegrass music videos

Ten years ago Scout Mountain first played at a local fund-raising event. The sound system was terrible, the crowd having a great time was so loud we could barely hear ourselves, but we looked at each other and all thought the same thing "This is fun, this could be good, this might work!"

Since those early days we have been lucky to play at bluegrass festivals and shows all over Vancouver Island and the Lower Mainland.

Recently we teamed up with Peter Harvey of Sea Panda Productions and his friend Paul Galinski to do three new music videos. The sun and wind fought with us all day but the desire to get something new online prevailed and most importantly we had fun doing it.

Our three new songs on YouTube are "Red Dog," "She's Not By My Side," and "Love as a Memory." All three are original songs and we hope to share them and more with our second CD this fall. Locally, come see us at the Fall Fair, Saturday September 7.

- Bill Smith



Bushwacking Langdale to Powtown - the long way

A group of 14 hikers (11 Austrians and three Canadians) just finished their two-week attempt to trailblaze a back country route between Langdale and Powell River.

The 25-35kg heavy back packs filled with climbing ropes, crampons, peanut butter and bear spray were a real challenge. According to Dominik Lapka, one of the leaders of the group, "We were able to trailblaze a 112 km, 4,500 altitude meter back country route to Narrows Inlet. To our knowledge, that has never been done before. Nevertheless, bad weather, some injuries and some particularly difficult terrain slowed us down. Hence, we had to settle for the much easier Sunshine Coast trail for the last leg of the journey beginning in Saltery Bay."

The hike was organized by "Adventure & Faith," a project of the "Center John Paul II" in Vienna, Austria and whose

head pastor George Elsbett has a Wild-wood connection. The Mission of A&F is to inspire and empower people through adventure and community experiences, to become the best version of themselves and positively transform the world. As part of a group, people are challenged to grow in the different dimensions of their humanity – in relation to themselves, to others, to God.

A documentary film on this year's trek is planned to be released in the Spring of 2020. For more information: adventurefaith@zjp2.at

- George Elsbett

Hall turns one hundred

Lang Bay Hall will be celebrating 100 years as the social center of the Lang Bay area. Next year, August 8, 2020, there will be a celebration of this event. The 2020 Centennial committee is looking for any stories, pictures or information about the activities of the hall in the last 99 years. We would love to have you share your adventure in telling the history of the Lang Bay Hall. Please send your stories to langBay2020@gmail.com or call Bonnie at 604 487-0032 and she will come to hear your stories.

Dude, where's our bus?

Those looking to travel between Powell River, Vancouver and the Sunshine Coast will have to find a different way come this fall.

The Sunshine Coast Connector bus service will be reducing its operating time from 12 months to four throughout the year. Owner of the service, Dmitry

Tyunin says they simply don't have enough passengers to support service all year round.

"We don't have enough people for winter and springtime, and this is why we need to do reductions."

Dmitry added that the majority of passengers are tourists who only come during the summer months.

"Our stats for more than three years shows that 90 per cent of our clients are tourists or visitors, local people use car-sharing programs, they use friends, they don't need it."

The company has sent the application to reduce the service and if it's approved, the last trip will be September 9th or 10th of this year. The service would then start up again in May of 2020.

Seeking volunteers

- Landed Learning @ School is looking for Garden Friend volunteers! Volunteers will work in inter-generational teams for 12 Thursday mornings from late September to June (approx two shifts per month).

- The qathet Mycology Network presents Powell River's first annual Mushroom Festival, coming this fall. We will need volunteers to help with all sorts of things.

- Youth 20/20 Can is looking for volunteers between the ages of 15-29! Volunteer Powell River wants to build our youth committee to put on local events and engage in skill development. Join us on Thursdays and Tuesdays 6pm – 8pm at our office (4750 Joyce Avenue).

See more at Unitedwayofpowellriver.ca

- Dale Lawson

Moovooove over, carnivores



GREEN TEENS: Katie Trevisanutto and Annika Krowitz were two participants in the Meatless Monday Powell River pilot project. They are both passionate about raising awareness of the impact of animal agriculture on the environment, as well as promoting compassion for animals.

The Meatless Monday Pilot Project concluded in June, but the conversation about the environmental consequences of eating animal products is gaining ground in Powell River. About 360 people participated and based on their pledges 50,932 kgs of Greenhouse Gas Emissions were saved over a four-month period.

According to project leader Emma Larocque, the greatest success of the campaign is the increased awareness that resulted from activities such as presentations, film screenings, cooking demonstrations and a community potluck.

"I had many conversations with people who had never considered the benefits of a meat-free lifestyle, and I believe a lot of seeds of change were planted."

Terri Cramb and her family were enthusiastic participants. "The Meatless Monday initiative has made a big impact on our household. We experimented with new recipes, healthier twists on old faves and ended up increasing our meatless meals into other days of the week!"

Meatless Monday will continue as a volunteer initiative. To learn more about ongoing efforts visit meatlessmondaypr.com. **PR**

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BUSINESS AFFAIRS

WITH SEAN PERCY
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Doctors open new clinic

Two doctors have opened a walk-in clinic at Powell River Pharmacy at 4280 Joyce Avenue in front of Lordco. **Dr. Alexander Marchenko** and **Dr. Diana Gill**, who moved here in September, have renovated the building to accommodate both classical family practice and a walk-in clinic. Both have been working at the Marine Medical Clinic for the past few months and Alexander has also been working at the hospital's emergency room. There, he says, he saw many patients who would have been better off going to a walk-in clinic, if Powell River had one. But many residents are not attached to a family doctor, have been unable to get one, or are unable to get appointments quickly enough, so they end up at the emergency room, often waiting hours for prescriptions or other simple procedures. The new **Powell River Medical Clinic** is open weekdays 9-5. Diana works the clinic full time while Alexander will split his time with the emergency room and the clinic. The space has the capacity for four doctors; now there are just two, but Alexander hopes to add two more over the next year. Powell River Pharmacy remains in the building, but now takes up just one fifth of the space. Alexander says having a pharmacy in the same building is convenient for many patients, especially those who don't have their own transportation. For more info, visit powellriverclinic.ca

Not chicken about chicken

That Chicken Place hopes to open in the diner of the Rodmay Hotel later this month. Heidi and Darryl Jackson, who also operate Fruits & Roots and the Ice Cream Man, are currently busy freshening up the space. They're describing it as a "quick service fried chicken pouterie" that will offer dine in, take out and delivery. Follow their progress @ThatChickenPlacePR.

Bakery opens

Hearth & Grain opened last month at the Townsite Market. Colleen McClean, a chef and baking instructor moved here from Richmond last summer. Her bakery uses organic flour and heritage grains to produce a variety of sourdough breads. She says she has started simply with 12 products – four breads, four pastries and four cookies – but when they have settled into production, she will expand the product lines. They also feature organic tea, and this month debuted an ice cream sandwich. Colleen hopes to eventually incorporate house-fermented ginger beer. **Hearth & Grain** is open Thursday to Monday 10-6, and is still looking for bakers.

Nurse Next Door moves in

Nurse Next Door Home Care Services, one of North America's fastest growing home care providers, is expanding to Powell River. Denise Henshaw, franchise owner/manager, has hired a team of caregivers in Powell River and is already booking consultations and offering service to seniors and their families. They offer a full spectrum of home care services including companionship, shopping, meal preparation, light housekeeping, personal care, respite care and more. With expert support just a phone call away, 24-7, seniors can remain comfortable and happy in their own homes while fami-

lies are given peace of mind. Denise says she is always hiring as the company is growing. Visit the website at nursenextdoor.com, call 604-747-2847 to book a consultation or email sunshinecoast@nursenextdoor.com.

New voice for Kings

The **Powell River Kings** have hired **Dante De Caria** as the team's new Broadcaster and Director of Media Relations. Dante replaces **Alex Rawnsley**, who has joined the Jim Pattison Broadcast Group as news director in Nanaimo/Parksville's 106.9 The Wolf and 102.3 The Wave. Dante joins the Kings after four years broadcasting for the Ottawa Jr. Senators of the CCHL. Dante also worked as a communications intern for the Toronto Blue Jays in 2017 and as a broadcaster for their Class-A affiliate, the Lansing Lugnuts, since 2018. "I'm super excited to be a part of the Powell River Kings organization and the city of Powell River," says Dante, "It's been one of my dreams and goals to reach the BCHL."

New grad buys tax shop

Byte-Size Tax Shop becomes **Bydand Business and Tax** under new owner **Jonathan Gordon**. "Bydand is the Scottish Gordon Family motto, on the family crest, meaning 'Stay and Fight' or 'Stand your ground.' I want to encourage others to stay and fight for the lifestyle and community and to help people carve out a life here in this coastal paradise." Jonathan says he will do that by offering reliable, affordable services and by helping small businesses access cost-effective supports to grow their business. Jonathan just graduated from the Australian National University with a Bachelor of International Business. The sale completes Sept 1, but former owners Bonny and John Mercer will stay on for a few seasons to make sure everything runs smoothly. A grand opening will be held Sept 13 in the Town Center Mall. PR

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32 artists at 25 locations

from Lund to Lang Bay

Plan your visits for both days, so you can see all the studios. There are many different art forms and styles.

Free Self-Guiding Brochure:

- Powell River Visitors Centre
- Artique Artists' Co-operative
- various local businesses
- artists studios

More information at:

powellriverstudiotour.com

You can also follow the tour on [facebook.com/powellriverstudiotour](https://www.facebook.com/powellriverstudiotour)

**AUGUST 2 TO 5
LONG WEEKEND**



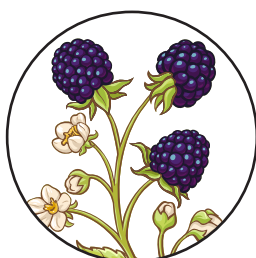
BC Day Stat
Texada Sandcastle Festival
Texada Skim Jam
Fast & Furious

**AUGUST 9 TO 11
WEEKEND**



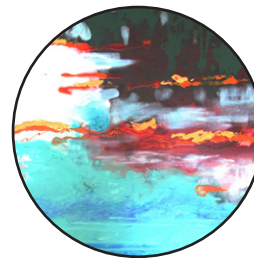
Texada Fly-in
AeroSpace Camp
Kla Ah Men Fishing Derby
Austin Parise album release
Walter Martella concert

**AUGUST 16 TO 18
WEEKEND**



Blackberry Street Party
Blackberry Fireworks
Arts Alive in the Park
About the Moose play
Hip Hop tour

**AUGUST 23 TO 25
WEEKEND**



qathet Studio Tour
Pride in the Park
Run the Rock
Way Home Memoir
Learn to Fly info session

**AUG 30 TO SEPT 2
LONG WEEKEND**



Labour Day Stat
Sunshine Music Festival
Shazia Hafiz Ramji poetry night

Much more is happening in August. Check out PRL's full coverage of festivals and events on Pages 40 to 45.

5 Make the most of summer 2019 August

quintessentially quirky moments to unleash your inner Gaga

1. The Greatest Showman

This year's Movie in the Park (August 1, Larry Gouthro) is a musical romp about circus innovator PT Barnum's relationship with his show's "freaks." Come ready to sing the anthem "This is Me" along with the famous bearded lady.

2. Giorgio Magnanensi

The artistic director of the Vancouver New Music Society is offering a unique workshop and a performance August 13

featuring sounds he makes with Sunshine Coast cedar – both mill off-cuts and hand-selected.

3. Pride in the Park

Everyone is welcome – queer-identified and allies – to this August 24 family-friendly celebration of being true to yourself. Costumes welcome!

4. Rogue Arts Festival

Take a road trip August 23 to 25 to Wilson Creek (near Sechelt) for this fantasmic outdoor arts festival on a farm. Dance to

live music, make a mural, play human foosball, and camp with other kooky souls.

5. Fall Fair

Bring in the biggest pumpkin and win! The fair invites you to make oodles of crazy crafts and foods: from the biggest veggie contest, to cake decorating, every kind of fibre craft and flower arranging, let that imagination run free – and then show it off to your friends and neighbours for a chance to win ribbons. See the entry book inside this issue.

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Big August Dates

August 3 & 4

Texada Sandcastle Festival and Skim Jam
See www.texada.org for more

August 5
BC Day

August 11
Texada Fly in
See Page 8.

August 11 to 18
Blackberry Fest
See ad Page 34.

August 19 to 25
Pride Week
See Page 45.

August 23 – 25

Rogue Arts Festival
Wilson Creek, Sunshine Coast, BC. See next page.

August 24 & 25
Qathet Studio Tour
See ad on Page 38 and story on Page 43

August 31 & September 1
Sunshine Music Festival
Palm Beach Park. sunshinemusicfest.ca

September 2
Labour Day

September 3
Back to School

September 7 & 8
Powell River Fall Fair
See the Fall Fair Guide and exhibit manual, inside!

September 28
Salmon festival
See ad on Page 2

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Plan your

August

Learn Something New

August 7 to 10

AeroSpace Camp

See Page 8

August 23

Tech Savvy – Identity Theft

A professional workshop on identity theft and fraud protection available free of charge. 4pm at the Library.

To Register 604-485-4796 Ext. 206.

August 25

Learn to Fly info session

Noon til 2pm, Westview Flying Club (Powell River Airport) Those interested in pursuing their pilot's licence can come and speak with the instructor, recently trained pilots and more experienced flyers.

September 7

Community Registration Fair

10am-noon at Oceanview Education Centre.

September 3 to 6

Registration at the Academy of Music

9:30 to 4:30 daily. See ad on Page 48. Choir, private music lessons, theatre, preschool music.

Blackberry Fest

August 11 to 18

Blackberry Fest

August 14

Blackberry Fest Comedy Night

7:30pm, Cran Hall. \$10 on eventbrite.ca or at the door.

Blackberry High Tea

1 and 3pm, Edie Rae's at the Old Courthouse Inn. \$20. Tickets in advance.

August 15

Blackberry Jam

5 to 8pm, Henderson Park in Townsite. Bannock and blackberry jam, bring your musical instruments, huge slip n slide - slide at your own risk.

August 16

Blackberry Street Party

6 to 10pm on Marine Avenue.

Festival of Lights

10:10pm, Willingdon Beach. QF's annual fireworks display. Tune into 95.7 Coast FM.



Outdoors

August 10

Kla Ah Men Open Fishing Derby

5am to 5pm, Tla'amin Nation. Open to everyone! Entry fee \$50/boat, registration forms available at Tla'amin Governance House, Tla'amin Hatchery, Lund Resort & PRO!

Farm to Table Supper Club

6:30pm. A seven-course meal featuring Chef Josh Blumenthal, at a farm on Zilinsky Road. \$100. Email gatheredfarm@gmail.com for a seat.

August 14 to 18

Ultrarunners on the Sunshine Coast Trail

The team of 10 is running seven trails on seven continents. They chose the SCT as the North American trail.

August 17

Fall & Winter Gardening Workshop

10:30-noon, Mother Nature, \$15. Register by calling 604-485-9878

August 21

Fall & Winter Gardening Workshop

6-7:30pm, Mother Nature, \$15. Register 604-485-9878

August 25

Run the Rock

Marathon, Half & 8K on Texada. Visit runtexada.ca

Rogue Arts Festival

August 23 – 25

Wilson Creek, Sunshine Coast, BC

Rogue Fest is a three day outdoor festival where you can discover your new favourite band, get inspiration from engaging visual arts, learn some DIY skills, play some human foosball (right?!), participate in a community mural, and check out one-of-a-kind food and wares all on an idyllic farm surrounded by second and third growth forest. The 2019 festival features over 100 musicians including refreshingly original Vancouver rock and rollers Bend Sinister; reggae, ska, afro-beat, folk, funk Coast favourites Roots Roundup; and intentional lyricist hip-hop MC Ndid Cascade! For more info including tickets and camping, please visit roguefest.ca



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For application guidelines and forms see prcommunityfoundation.com

2019 GRANTS

The Community Foundation is accepting grant applications from registered charitable organizations for eligible local projects.

Application deadline: Friday, Sept 20, 2019 at 11:59 pm

Sunshine Music Festival

August 31 & September 1 • Palm Beach Park

sunshinemusicfest.ca

Kids 12 & under are free!

FREE Friday (Aug 30) evening event 7 - 9 pm at Cranberry Hall

This space available to non-profit organizations, courtesy City Transfer



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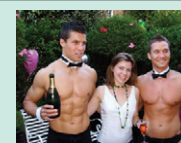
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Pay: \$18/hr rising to \$20/hr after 6 months • Full gym membership plus 1 week paid leave in the first year

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Texada Paint Out

September 7
Shingle Beach

Come join other creatives who love to paint, sketch, and draw at this lovely recreation area and campsite, a 20 minute drive from Shelter Point.

This delightful pebble beach faces Vancouver Island and is a wonderful place to make the day of it.

Painting time is between 10 am and 1:30 pm and the public is invited to come down and see the artists at work. In the evening the artists get together to share a meal and display their work at Gillies Bay Hall.

The public is invited to come speak with the artists and view their work from 6 to 7:30 pm.

On the first weekend of every September, artists world wide schedule Paint Outs under the umbrella of the International Plein Air Painters (IPAP). This is Texada's 6th year of participation.

Learn more from Kathleen Scott 250-720-3857, or mud_otter@hotmail.com.

Above, artist Ron Bignell at Shingle Beach paints plein air. Photo by Roger Hort.

August is for meeting Artists

Arts & Film

August 2 – 8

Fast & Furious Presents: Hobbs & Shaw

7 pm Nightly, The Patricia

August 9 – 15

Once Upon a Time in Hollywood

7 pm nightly at The Patricia

August 13

Risonanze Sound Workshop

4 pm, The Art Centre. See Page 44.

MAGIK il fuoco e l'artificio (the fire and the artifice)

8 pm at The Art Centre. See Page 44.

August 17 & 18

Arts Alive in the Park & Kids Mural Project

11 to 7 pm Saturday, 11 to 6 pm Sunday. Willingdon Beach. See ad Page 36, story Page 52.

August 17

About the Moose – Play

Doors open at 7:30 pm, Lang Bay Hall. A witty satire on bureaucracy and wildlife management. www.thepointartists.com.

August 23 – 25

Rogue Arts Festival

Wilson Creek, Sunshine Coast, BC. See Page 41.

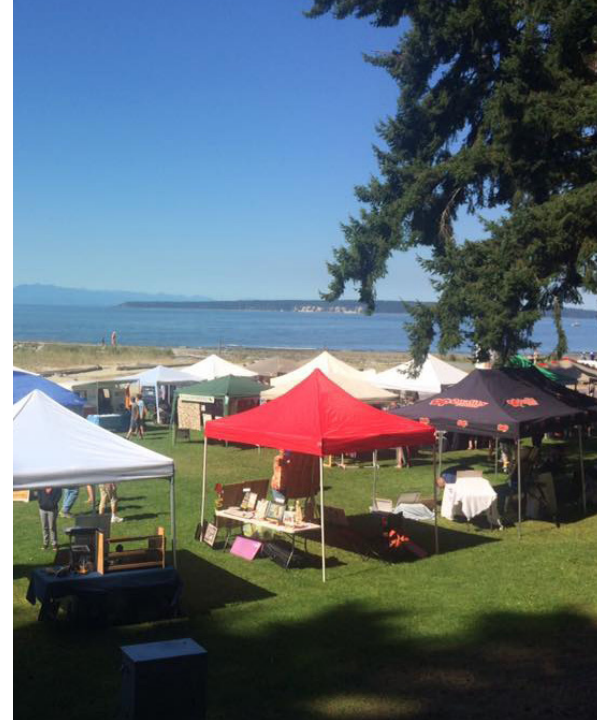
August 24 & 25

Qathet Studio Tour

Sept 7

Texada Paint Out

Outdoor painting.



Arts Alive in the Park

August 17 & 18
Willingdon Beach

Created in 2002 to be a celebration of all the lively arts and our vibrant arts community, it has expanded to a two-day festival which concludes the Blackberry Festival. Showcasing Powell River's visual artists and artisans, performing artists focusing on traditional or original music and dance, and the literary arts, Arts Alive in the Park also provides an opportunity for the community's non-profit organizations to promote their programs and events for the upcoming fall/winter season. With some exhibitors focusing on fun art activities for kids, there truly is something for everyone.

Adopted in 2007, and since sponsored, by the Powell River Council for Arts and Culture, this family friendly, free event has been held at Willingdon Beach and the Rotary Pavilion on the third weekend of August every year, rain or shine! Great food, great music and dance, and great art and fine crafts... all shared with happy families at the beach: the recipe for a perfect summer weekend!

– Ann Nelson

604 485-9493 in the Town Centre Mall

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qathet Studio Tour

August 18 & 19
Willingdon Beach

Many people enjoy art. It is usually in the final form and they often don't speak to the artist directly. Studio tours not only allow visitors to see the diversity and excellence of the art community in a region, they get to glimpse into the life of the artist... speak to them, find out how they make the art and what inspires them to create. It is an opportunity to ask questions and discover the methods behind the magic.

The 2019 qathet Studio Tour is a free, self-guided tour of 32 artists and artisans in 25 locations from Lang Bay to Lund. This year several new artists and galleries are joining the tour.

Jewelry, pottery, leather goods, fibre art in both decorative and wearable forms, paintings for the wall and the floor, and etchings are among the variety of art forms that will be showcased at both individual working studios and galleries.

Artists themselves look forward to this weekend, as they get to share their love for what they do. So come and browse, listen to the stories and enjoy the immensely creative community that we share. A brochure map to help visitors along the tour route will be available in early August at Artique and the Powell River Visitor Centre. This is also downloadable with more information at www.powellriverstudiotour.com

Above left, untitled, by Janet Southcott. Left, selections by Eunoia by Wendy Drummond.



POWELL RIVER E - BIKES

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& Lund

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604-485-4701

Books

August 7

Have a Blast Rocket Challenge & SRC Finale @ Summer Reading Club

10am to noon, Library. Build a slingshot straw rocket, then launch it at a moving moon target in the Library's entrance atrium. There will be astrosnacks and prizes! For ages 6+. Children 7 and younger must be accompanied by an adult.

August 14

Trouble e-book launch with author readings

2 pm, at the Library. Download a free copy at prpl.ca

August 24

The Way Home – A Memoir

2 pm, Library. Local writer Terry Faubert presents her own story about how she as a naive single mom built her house in the forest in Lund.

August 30

An evening of poetry with Shazia Hafiz Ramji

7 pm, Library. With local poets Andrea Bennett, Adriana Virtue and more. See ad Page 44, and below.

for my friends who have left Vancouver

By Shazia Hafiz Ramji, published in Port of Being (2017)

"Growth and development" sounds like something my mom used to worry about when I was little. Now I say it when applying for grants. Before that one of my favourite dead people told me that it begins with language. Since then I have found lots of dead friends saying the same thing in different ways. What was once my mom's, then mine, then mine through the words of others are now the words of the forthcoming Lululemon on Hastings Street, Escala luxury homes in Burnaby. This is the quality of dust. It filters through us, because we're made of it, the language I mean, my friends know it too when they land in Los Angeles, Montreal, New York. No wonder we bought New Balance before parting ways,

making excuses for the comfort worn by our grandparents — this is the quality of dust: it takes us dancing into houses and galleries until six in the morning, it keeps us here, this expensively repressed sympathy in sneakers and secret locations that separate us, like when I message you on Facebook, and it's three in the morning but seven for you, but you gotta go because you're writing a condo ad for work, even in Brooklyn and Toronto, even though it started here where we began to love each other, and I think that we still do because we come back every summer, and the smiles come increasingly quick — which is not to say that we're eager to meet, or that this is the sudden light of friendship, but more than this — this is the construction of an act of love.

SUMMER CLEARANCE

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Giorgio Magnanensi workshop & performance

August 13
The Art Centre

Born and raised in Italy, Giorgio Magnanensi currently lives in Roberts Creek on the Sunshine Coast of British Columbia, Canada.

His diverse artistic practice includes composition, conducting, improvisation, circuit bending and video art. He is artistic director of Vancouver New Music and Laboratorio, and lecturer at the School of Music of the Vancouver Community College.

On the afternoon of August 13 (4 pm), join him for a sound workshop that illustrates possibilities of using resonating objects and different materials to create audio resonators that can be used in playful sound explorations, performance and multichannel audio diffusion. The workshop will feature Giorgio's cedar West

Coast Radians, which are audio resonators made out of reclaimed driftwood and discarded slabs from mill operations on the Sunshine Coast. Workshop admission is free and no experience is necessary.

On the evening of August 13 (8 pm), join Giorgio for *MAGIK il fuoco e l'artificio* (the fire and the artifice). *MAGIK* is a new Vancouver-based project that brings together Giorgio resonant woods with two of Vancouver's most respected musicians, Marina Hasselberg, cello and Kenton Loewen, drums. *MAGIK* plays within a multi-layered, live electro acoustic surround sound-space among flat audio panels of hand cut West Coast Red Cedar. [PR](#)

Live Music

August 9

Walter Martella & Friends Concert
7:30 pm, Cran Hall. \$15

Austin Parise Album Release Party
8:30 pm, McKinney's

August 13

Risonanze Sound Workshop
4 pm, The Art Centre. See above.

MAGIK il fuoco e l'artificio (the fire and the artifice)
8 pm, The Art Centre. See above.

August 17

Keep the Party Going Hip Hop Tour
7 pm, McKinney's. WALL-DOH Dubgee
Alex Cruz Dizz'N'Qmen with local talent(s)
MC Bane Desean Jackson & guest talent
Skinny Buff

August 24

Blues Busters
8 pm, Legion. \$15. Open to the public.

August 29

The Sturgeon
8 pm, McKinney's

Friday August 30

Free Sunshine Music Fest kickoff concert
7 to 9 pm, CranHall. Luke Wallace – SaltSpring, and Tom Richardson – Australia

August 30

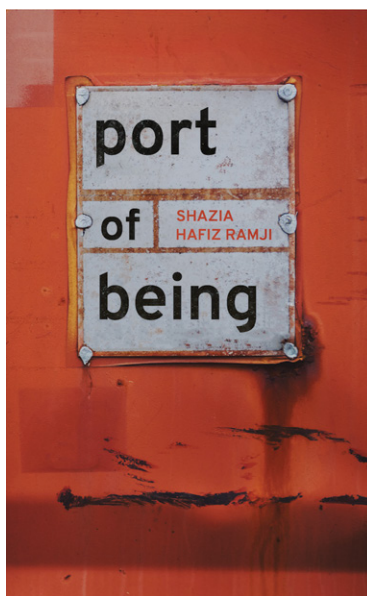
Aude Ray in concert
8 pm, The Vale

August 31 & September 1

Sunshine Music Festival
Family friendly 2 day event at Palm Beach Park. Kidzone, art and food vendors, excellent local and International Music
Great ticket prices-kids under 12 free!
sunshinemusicfest.ca

September 3 to 6

Registration at the Academy of Music
9:30 to 4:30 daily. See ad on Page 48.
Choir, private music lessons, theatre, preschool music.



Shazia Hafiz Ramji, a published Vancouver poet, creative writing teacher, and editor for *PRISM International* magazine will be in Powell River to share her wisdom and poems from her book, *Port of Being*. Shazia is a feature at the upcoming Vancouver Writers Festival, won the 2017 Robert Kroetsch Award for Innovative Poetry and was a 2019 BC Book Prizes finalist.

Local poets **Andrea Bennett** and **Adriana Virtue** will also share their work.

Friday, August 30th
7–8 pm

Free, everyone welcome
First Credit Union Community Room



info@prpl.ca • 604-485-4796 prpl.ca

Love & support your kid

HEATHER GORDON | Executive Director, Powell River Child, Youth & Family Services

If you're a parent, caregiver, relative, neighbor, friend or teacher of an LGBTQ child or young person, we'd love you to read this book: *Unconditional: A Guide to Loving and Supporting Your LGBTQ Child* by Telaina Eriksen. You'll meet parents, children, youth and LGBTQ adults in this book and be able to hear their stories, learn about their experiences and get some advice and insight from real people in its pages. This book will help you be the best support you can be to that young person in your life.

What your young person needs more than anything is you – on their team. It will help you know how to support and love them through this complicated journey – unconditionally. Because we know how important this is, during August, we are offering this book, *Unconditional*, to you for free. Yep, for free.

You play a critical role in your child's life – your strength, openness, and love are the best gifts you can give.

If you want to support your gay, lesbian, bisexual or transgender child, but

FOR LGBT2QIA+ YOUTH & THEIR ALLIES

Join us for our once-a-month drop in Friday fun at the Youth Resource Centre (around the back of the building at 7105 Nootka Street). We aim to provide a welcoming and inclusive space for LG-BTQ youth and their friends and allies, ages 13 – 18. We offer resources and referrals, food, free bus tickets, and peer support. Mostly this looks like playing pool, cooking and eating together, and casual hangouts. Our library is available and has a good selection of resources for teens and their families as well. Single stall/non-gendered washrooms and flat access. We are open the last Friday of every month, 5 – 7:30 pm. Contact us at reception for more information or text Erica, the program facilitator at 604-223-7047. We hope to see you there!

you're worried about saying the wrong thing and don't know where to begin, this book will help. It will provide some tools to help you and your child navigate through a world that isn't always welcoming. *Unconditional* has some ex-

“What your young person needs more than anything is you – on their team.”

– Heather Gordon

cellent ideas, heartfelt stories, and gives the reader the sense of having met some lovely people in its pages.

You can pick up your copy of this book for free at Powell River Child, Youth & Family Services at our Family Centre and Library at the front desk – we are open for Summer Hours (until August 23) Monday to Friday from 9 am to 5 pm.

While you're here check out our selection of hundreds of books focusing on all kinds of parenting, family, children and youth issues. We are located up the hill in behind VIU and Westview Elementary in the Oceanview Education Centre – 7105 Nootka Street.

If you can't get to us and would still like a copy, please email us (admin@prcyfss.com) or call 604-485-3090 and we will find a way to get it to you! [PR](#)

PRIDE

.....
August 16

Pride table at the Blackberry Street Party

Outside MLA Nicholas Simons' office. Buttons, stickers, LGBT survey, youth resource guide and lots of rainbows!

August 19

Pride flag raising at city hall

Noon. With MP Rachel Blaney and other dignitaries.

August 21

Queer-focused potluck supper with free barbecue

5–8:30 pm at the United Church, 6932 Crofton St at Duncan St. Food, activities and more! We're aiming for this to be an event for mostly LGBT2QIA+ people, so tell your friends!

August 24

Pride in the Park

11 am – 2 pm at Larry Gouthro Park on Manson Ave. Foot Parade (flags! dressup! fun!), dunk tank, games, vendors, food, everyone welcome.

ROGUE FEST
WHERE GOOD FRIENDS MEET GOOD FRIENDS
3 DAY OUTDOOR MUSIC AND ARTS FESTIVAL
AUGUST 23-25, 2019 | ROGUEFEST.CA

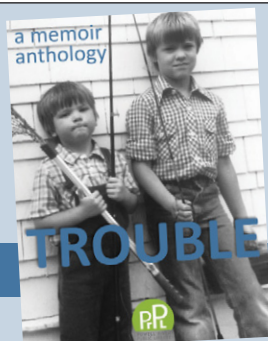
Trouble

a memoir anthology

e-book launch with author readings
August 14th, 2 pm, at the Library

Download a free copy at prpl.ca

For more info: stonn@prpl.ca



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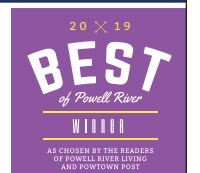
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This summer, when he's not teaching, you'll find Ryan Barfoot hanging out in the woods with his own kids, age 4 and 6. They'll be at the beach, or paddling on a lake, fishing on the shoreline, or making bows and arrows.

The School District's Coordinator of Outdoor and Ecological Learning hopes to see you out there, too. Summertime, he said, is an unparalleled opportunity to connect with your own kids, or the kids in your life, in nature. It's not just about fun – it's about mental health.

"So many youth are living with depression and anxiety, it's chronic," Ryan says, noting that local teachers see the impacts of these challenges at school – as they impact behaviour and learning. "Not to be simplistic, but when you get outside, get some exercise, breathe fresh air, and shake hands with your neighbours, it can do amazing things for your mind. I think connecting with nature is a big part of fixing what ails us."

Certainly, research backs up Ryan's points. Most North American children are outdoors for fewer than 30 minutes per day – and spend nearly seven hours in front of screens. Nature Deficit Disorder, as identified by American writer Richard Louv, is a shorthand for human disconnect from the natural world; it manifests as depression, focus problems, and stunted creativity. His book, *Last Child in the Woods* (2008) blames concerns about safety for removing children from the woods. Instead, he said, we place children in constantly-structured programs in school and after school. His research shows it's making them sick.

Ryan's own background makes him confident in the positive connection between nature and learning. A wilderness guide since he was 16, he has brought youth into nature in Alaska, Mississippi, Hawaii and throughout Canada. At Queens University, he took a certificate in experiential learning alongside his teaching degree. He also holds a Master's in ecological learning. Ryan has worked for Parks Canada, and nature nonprofits around the world; he sits on the Boards of the Outdoor Council of Canada and Classrooms to Communities.

Here in qathet, with Ryan's help, School District 47 has risen to the challenge of getting students outside and in to nature as part of their school day (see sidebar).

This August, parents and caregivers can help their children and teens prepare for the academic year ahead by boosting their mental health.

"Take them to wild places and reconnect with each other in the context of the lakes and forest," advises Ryan. "Spend quality time as families in nature."

Nature boosts mental health

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Focus Problems

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We are wildly blessed to be living so intimately with the ocean here in Powell River. It fills our lungs with the smell of home. It delights us with its ever changing, yet steadfast splendour of sunsets, whales, and a rich legacy of lore and livelihood. The sound of waves rolling in, sea lions barking their presence, and gulls scrabbling over a sea star somehow anchors right into our bones. Whether our relationship with the sea is utilitarian or a love affair, there are many ways to deepen our reverence – and heal ourselves as a

tation or a medicine walk. By opening your senses of perception and turning up your skills of noticing, you can pose a question or situation you would like more insight on, step into an active listening mode and regard anything that catches your awareness as an omen to interpret. It might be a found feather, a perfectly round stone, or a crow cawing incessantly. Observe thoughts that pass through, and check-in on body sensations too for any strong emotions or fleeting new ideas.

By trusting that the associations you make have rel-



EUPHORIA: Walking the littoral zone of the Salish Sea can open your sense of perception; use it for divination.


naturally occurring by-product.

Scientifically we know health benefits from negative ions can include relief from depression, increased mental energy, germ protection, and for the more sensitive third of us, a real sense of euphoria. Negative ions are created with each crashing wave and by rippling, moving water like streams and rivers (your shower included!) Simply going for a stroll in the littoral zone of any beach has a naturally powerful affect on our well being. Our subconscious brain takes note of such a strong horizon line as a support for our nervous system to self-regulate and racing thoughts to settle.

You might choose to turn your stroll into a medi-

evance to your inquiry, your beach stroll has become an act of divination.

Those with prayer practices or who work with healing energy such as Reiki might choose to work with the ocean as an amplifier or carrier. We all know water is a superconductor of even small amounts of electrical activity and pH measurements, microscopic slides, and GDV cameras have all recorded tangible changes after being intentionally worked with. Your blessings and intentions have true impact.

In the spirit of reciprocity, collecting any trash you find is a beautiful way to show gratitude for all we receive so unconditionally from the Salish Sea. 

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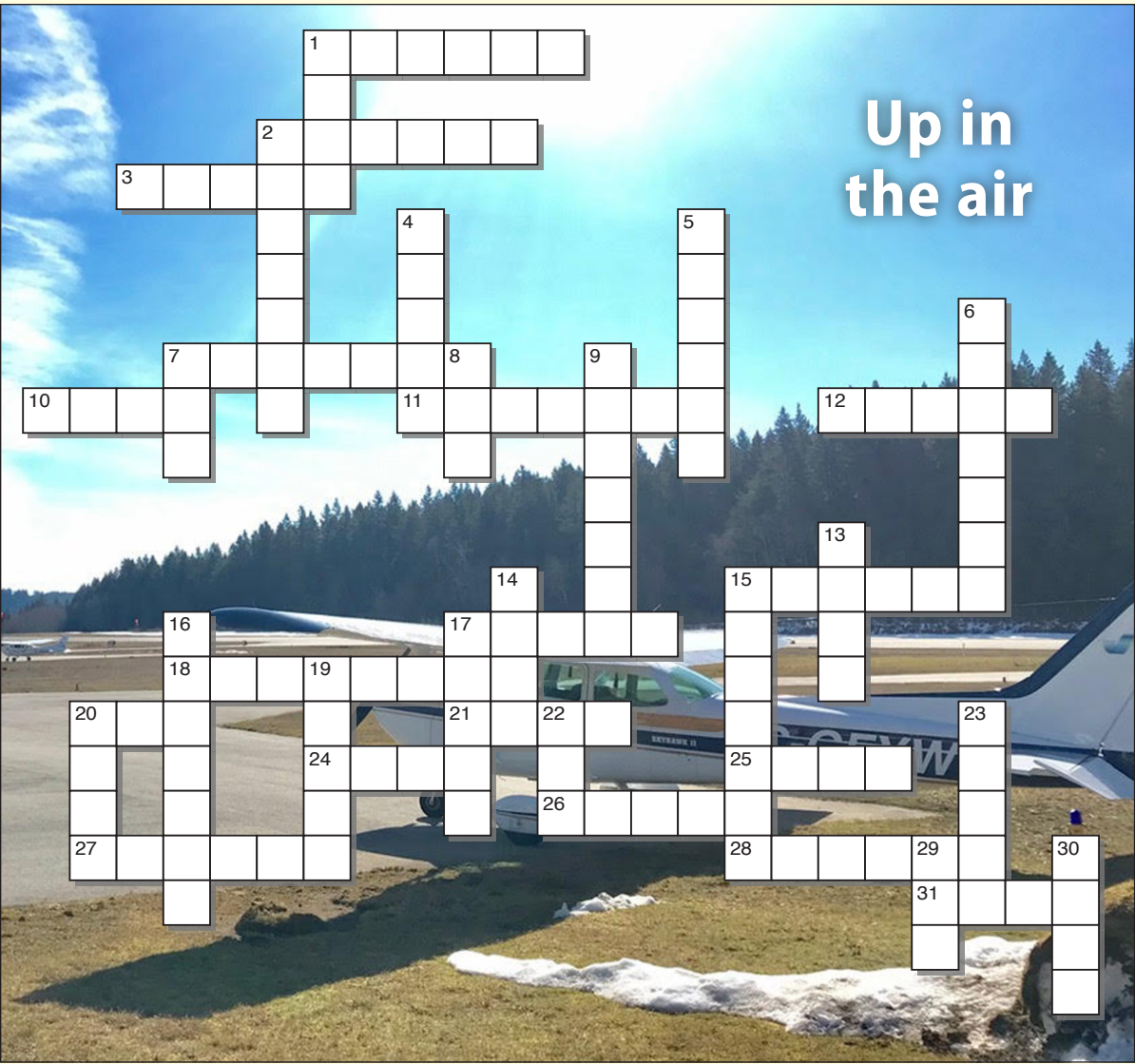
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Across

- 1) Pilot at 16
- 2) High-flying hoopster
- 3) Aircraft driver
- 7) Bike or whirlybird
- 10) Rare bird for PR
- 11) Learn to fly, by air
- 12) Throw, or dance
- 15) Wildwood's steep nesting grounds
- 17) Air force trainee
- 18) Pperating aircraft
- 20) Local aviator's club (acronym)
- 21) Where eggs are
- 24) Avian or aviator's term for plane
- 25) Gary's bird starter
- 26) Social accumulation of planes (2 words)
- 27) Plane with no engine
- 28) Airport developers
- 31) Helicopter accessory Co

Down

- 1) Alex's school
- 2) BC's tree, Doby's studio
- 4) Roots music or Fraser flyers
- 5) AeroSpace camp location
- 6) Bane of birds, Modern's forte
- 7) Baby bruin or Piper
- 8) 22 Knights colour
- 9) Flatten for breakfast
- 13) Aldrin or the simulator
- 14) Sheet of glass doesn't hurt
- 15) Bye baby, bird
- 16) Ocean or coastal flyer
- 17) Quarters at Pacific Point
- 19) Yellow/orange club pres
- 20) Chicken or plane
- 22) Sun or salmon protection
- 23) Airport café owner
- 29) Pork broadcast
- 30) AeroSpace camp instigator

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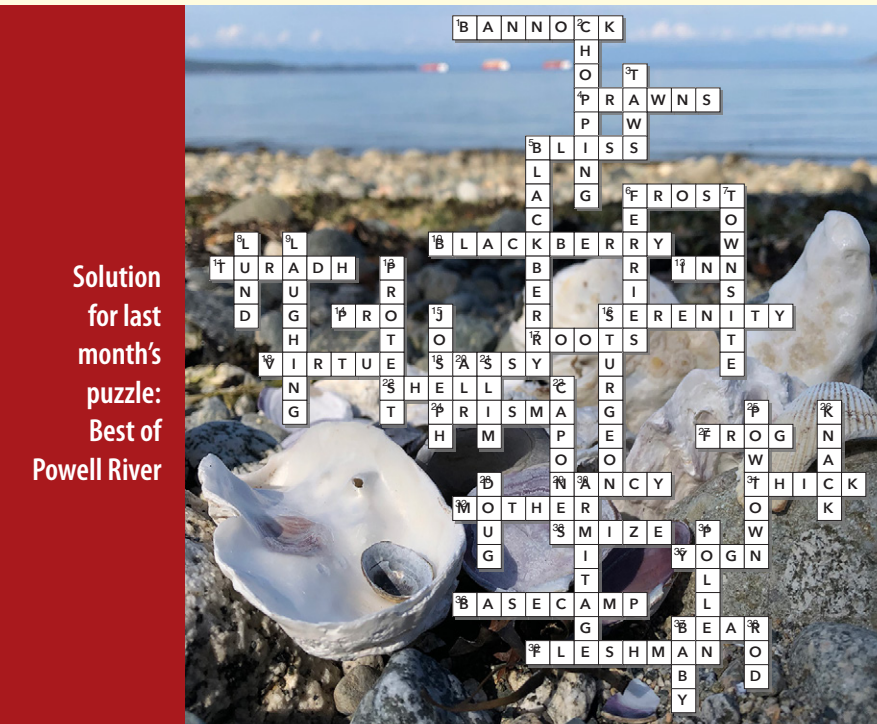
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Lessons learned from an old dog

Last Word

with

ISABELLE SOUTHCOTT



My dog is getting older. He no longer runs ahead of me on the trail and circles back to herd me like he used to but he still loves his walks—albeit it shorter ones these days.

My dog is gray around the muzzle, he has a few lumps here and there and he gets stiff if he overdoes it but he can still do everything he used to, it just takes a bit longer.

Hunter used to wait for me. Now I wait for him because that's what best friends do.

Hunter is a Nova Scotia duck tolling retriever. He's almost a splendid 13 years old. He enjoys life just as much today as when he was a frisky little puppy, it's just that he goes about it differently.

When Hunter and I began our journey together my children were eight and ten. They've both left home now, but thanks to Hunter, we are not empty nesters. My fur child works hard at keeping me young and I do the same for him. After all, that's what friends are for.

Most mornings, we greet the day with a gentle jog. They're shorter these days and generally take longer. Gone are the days of our 10-kilometre sweat-inducing runs through the trails. Instead, we prefer to do the Townsite trot through the back alleys and sidewalks of our neighbourhood.

I used to be in a hurry. It's how I lived my life. I tried to cram as much as possible into every single day. For some reason, I thought I wasn't truly living, contributing or accomplishing anything unless every single waking moment was jam-packed with something productive. But like Hunter, I've slowed down as I've aged and together we're learning how to live a new life.

If you're happy wag your tail

We have happy moments every single day. Some are simple, others more complicated but still, there's much to celebrate. Hunter lets me know he's happy by wagging his tail. When he's really happy and excited, he wags his tail so hard that his whole body wriggles with excitement. Because he's a Nova Scotia Duck Toller, he also speaks a special language. It's called the Toller yip (some call it the Toller scream) but it's a special bark he only uses when he's super excited about something. When Hunter is happy and wagging his tail he reminds me to think of that children's song: "When You're Happy and You Know It!" My dog's genuine enthusiasm for life is a good reminder to smile so that others know I'm happy.

You Can't Hurry a Good Thing

Hunter used to run but these days he trots and walks. Me too. We've both slowed down but although it takes us longer to accomplish something, we can still do it and for that, I'm grateful. Dogs can smell 10,000 times better than humans. They can sense fear, sadness and happiness. In short, dogs interpret the world through their nose unlike humans who see it through their eyes.

Hunter doesn't hear as well as he used to but that's not all bad. He used to be scared of the dishwasher – these days he doesn't even notice when it's on. He also doesn't see as well as he used to; he has cataracts. But his nose, his glorious sniffer, well thankfully that's intact! I've noticed that he enjoys all the smells he finds on his daily walks even more these days. Someone once said humans use email and dogs use pee-mail, so I guess that's why Hunter likes to sniff every bush, tree and fire hydrant he comes across.

A nap is the greatest luxury

When I was a teenager, a friend of my mother's, a retired judge in Nova Scotia, once said: A nap is the greatest luxury one can afford oneself.

I've always remembered these words and as I've grown older, these words have become truer than ever before. The same applies for my best friend. Hunter enjoys a good nap on his special sofa but his favourite place to sleep in the summer is outside beneath the cherry tree. There, lying on the cool grass, beneath the heavy canopy of the old cherry tree, he snoozes for hours on end. He sleeps deeply and sometimes I have to touch him gently before he knows that I'm there. I share Hunter's love of a good nap. My favourite Saturday afternoon activity is a 3 pm nap. It doesn't have to be long – a half hour will suffice – but I find it sets me up for the rest of the day. If I could, I'd nap every single day but unfortunately I don't have the luxury of being able to do so... at least not quite yet.

Make time for play

They say all work and no play makes Jack a dull boy. Hunter agrees. He may be 13 but he still has his toy box. It's a shallow brass bucket filled with a variety of squeaky toys, balls, tugs and his favourite, the little fox. Every night after supper, he selects a toy and brings it to Dwain or me to throw. His playtime is as predictable as his bedtime. No one has to tell him, he just knows that it is important to make time for play every single day.

Have a little treat every day

We all need a little spoiling! What would this world be without colour? What would life be without treats? So says Hunter. Yes, he may be a little chubby but so am I. He's just as handsome today as he was when he was a puppy – maybe even more so. Every morning Hunter gets up, goes downstairs and sits at Dwain's feet. If his puppy dog eyes don't move Dwain to get him a treat his soft moaning most surely will. Hunter knows that a little treat is the best way to start and end your day.

Love your family

There's a good reason why dog is man's (or woman's) best friend. They're loyal, devoted and are always happy to see you. A dog's family is his pack. Hunter doesn't like to be alone. When Dwain and I are both working, I bring him to the office. He'd rather go with me than stay home alone, even if all he does is sleep. Dogs crave companionship. Hunter and his cat Boots kiss each other every morning and often sleep together. Like us, they want to love and be loved. [PRL](#)





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