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From the First Credit Union Board of Directors: Season's Greetings



Guy Chartier
Chair

As an executive leader with experience in organizational management and innovation, Guy brings a strong knowledge base in strategy, finance and risk management to First Credit Union's board. He has been the Executive Director for the Powell River Division of Family Practice since 2013. Prior to that, Guy held various positions in international education in the Middle East and Asia-Pacific. He earned a bachelor's degree in Education at University of Montreal and a master's degree in Business Administration at Royal Roads University. Guy is an active member of the Institute of Corporate Directors (ICD); he is passionate about community development for a sustainable future and also served on the board of Powell River Community Futures.



Michael Matthews
Director

After a career in international education, Michael brings strengths in organizational structure, financial management and strategic planning to the First Credit Union board. Michael grew up in Oxford, UK. Following university, he taught Physics and Philosophy before coming to Canada. Michael spent several years as Chair of the International Baccalaureate World Heads' Council and is currently a Director of the Johanna Heumann Foundation, which funds university education in developing countries. Since retiring in 2012 Michael volunteers to lead accreditation teams to schools around the world on behalf of the Council of International Schools. He is passionate about contributing to his local community and also serves on the PRISMA and PR Community Foundation boards.



Susan Clark
Director

Susan has been a member of First Credit Union since she moved to Texada in 2013. She is a long-time community advocate and brings leadership and project management experience to the First Credit Union board. She retired as Principal of S. Clark & Associates and is currently involved in a number of volunteer positions on Texada including the Community Planning Committee and Emergency Social Services. Susan has held a variety of leadership positions including Program Officer for Union of BC Municipalities, Executive Director for North Central Local Government Association, Tourism Prince George and Smithers Chamber of Commerce. She has served on many Boards including Minerals North Conference Association, Prince George Regional Art Gallery, Tourism Powell River, and Texada Arts Culture Tourism Society.



Catherine Bell
Director

Catherine's history with credit unions dates back to her Grandfather, a founding member of the Courtenay Credit Union. Her parents strongly supported credit unions; a passion that she inherited. In addition to her commitment to credit unions, Catherine brings strong governance and financial acumen to the First Credit Union board. Her diverse professional background includes VP for the BC Government and Service Employees Union, MP for Vancouver Island North, and owner of Zocalo Cafe and Gallery in Courtenay. In addition to experiencing the responsibilities of a small business owner, her financial experience includes fiduciary responsibility of approving and monitoring her Union's multimillion dollar budget. As Member of Parliament, she participated in the federal budget process.



Tim Wall
Director

Tim is an energetic finance professional who provides leadership and management skills with over 18 years of board experience (Signal Hill Community Association, Rotary Club of Powell River, and Powell River Community Foundation). He brings advanced knowledge in budgeting, financial reporting, decision analysis and problem solving to First Credit Union's board. His experience working with the Alberta Children's Hospital as Controller as well as for the City of Calgary in areas such as accounting and engineering services provided him with a solid background for director responsibilities. Tim has been involved in the Powell River community while working as the Chief Financial Officer for City Transfer/Augusta Recyclers and more recently as the Owner/Operator of Avid Fitness.



Vickey Brown
Director

Vickey resides in Cumberland with her husband and two teenage boys. She has an educational background in Environmental Studies and Political Science, with a post graduate diploma in Community Economic Development. Her work experience is primarily in non-profit leadership and small business. Vickey has almost 20 years' experience on non-profit boards. She was elected as School Trustee representing the Village of Cumberland, chaired the Cumberland Community School Society, and is the VP of the BC Association of Farmers' Markets. She was recently elected as a Councillor for Cumberland. Vickey brings a wide skill set to the Board, including: business development, marketing and promotions, strategic planning, policy development, governance, and HR.



Sean Dees
Director

Sean has been an active member of Powell River since he moved to the community in 2006. He is a big supporter of artists and musicians and has volunteered with, or served as a board member for PRISMA, the Yacht Club, and Rotary. He has been involved in Rotary for over 8 years and is a past President of the evening club. Sean and his wife have run three different incorporated businesses over the past 20 years, including Breakwater Books in Powell River. Sean did most of the accounting as well as all the day-to-day activities involved in running a business.



Arlo McCubbin
Director

Arlo has lived in Cumberland for 25 years. He served as Treasurer for Street Link in Victoria, Comox Valley Art Gallery and is currently treasurer for Cumberland Community School Society. Arlo sat on the board of Cumberland & District Credit Union for 2 years prior to the merger with First Credit Union and brings a strong financial background to the board; he worked with CRA as an auditor and in positions with First Nations, as controller, auditor and trainer. He owned an Accounting practice from 1990 to July 2018 with corporate and personal clients. An avid world traveller, Arlo enjoyed 2 years in Vanuatu (South Pacific) working as a CUSO volunteer setting up finance systems for Island Local Councils.



Karl Siegler
Director

A study of music and the literary arts have provided Karl with the basis for his involvement in cultural industries throughout his life: first as an editor and business manager, then as CEO and publisher; as a co-operative community organizer of professional associations and chair of many of their committees; as an adjunct professor of the faculties of Business Administration and Communications at SFU; and finally as both lobbyist and author of public policy across a broad spectrum of the arts in Canada for many decades. His passion to help build effective co-operative organizations that benefit their communities remains unabated after implementing and mentoring a successful succession strategy for his former publishing company, Talon Books Ltd.

First Credit Union is looking for passionate and community-minded members for our Board of Directors. Play a role in shaping our future. Director nominations will be open January 3rd, 2019. Visit firstcu.ca for details.



POWELL RIVER CHAMBER OF COMMERCE BUSINESS AWARDS

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NOMINATION FORM

ENTREPRENEUR(S) OF THE YEAR

A person(s) who has the unique skills and exceptional initiative to assume the risk of establishing a business, which has been open for at least 12 months. Submissions for this award should be for one person or a maximum of two equal partners.

BUSINESS NAME

OWNER/MANAGER/CONTACT NAME

HOME-BASED BUSINESS AWARD

A home-operated business that consistently shows excellence and quality in service and/or merchandise.

BUSINESS NAME

OWNER/MANAGER/CONTACT NAME

CUSTOMER SERVICE

A business that provides its customers with consistent excellence in service that goes beyond customer expectations. It also encourages its staff to meet the changing customer needs and stands behind its products or service with minimum customer inconvenience.

BUSINESS NAME

OWNER/MANAGER/CONTACT NAME

NEW BUSINESS OF THE YEAR

A business operating for not less than 1 year and not more than 2 years that has gained an expanding positive reputation.

BUSINESS NAME

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SMALL BUSINESS OF THE YEAR

A business with fewer than 20 employees that has demonstrated superior quality in all aspects of business operation and shows a commitment to the community through its involvement.

BUSINESS NAME

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TOURISM AWARD

This business has demonstrated a superior ability to satisfy visitors' expectations through their services and/or products. This business provides and promotes an outstanding visitor experience and actively encourages the growth of Powell River & Area as a destination.

BUSINESS NAME

OWNER/MANAGER/CONTACT NAME

ABORIGINAL BUSINESS OF THE YEAR

This award goes to a business that is Aboriginal owned and operated in the Powell River region. The business shows leadership and dedication to the preservation of its cultural values and identity and creates positive growth within the community.

BUSINESS NAME

OWNER/MANAGER/CONTACT NAME

FORESTRY SECTOR AWARD

A large or small business that shows excellence in communications and/or innovation in forestry, forest management or a forest-related industry.

BUSINESS NAME

OWNER/MANAGER/CONTACT NAME

The three awards below require that nominators provide written comments as to why the nominee deserves the award. Please attach a separate sheet or email to office@powellriverchamber.com

NOT FOR PROFIT EXCELLENCE AWARD

A not-for-profit organization that has recognized a need within our community and who through community responsibility, innovation, growth, sound business practices and community partnerships has served our community with vision and integrity.

BUSINESS NAME

OWNER/MANAGER/CONTACT NAME

AGRICULTURAL AWARD

This business has distinguished itself and shown leadership by promoting the betterment of agriculture in our city. This award will be presented to an agriculture-related business who has made outstanding contributions in the advancement of agriculture.

BUSINESS NAME

OWNER/MANAGER/CONTACT NAME

EMPLOYER OF THE YEAR

A business owner or manager who creates a positive, fair, and supportive environment for all employees, while maintaining and even exceeding employment standards and safety policies. This employer models integrity and excellent communication skills. (Nominations must be accompanied by comments as to why this employer deserves this award. Attach your comments in a separate sheet, or email to office@powellriverchamber.com.)

EMPLOYEE OF THE YEAR

An employee of a business who goes above and beyond customer expectations, delivers exceptional knowledge of the products and services and makes a consistent positive contribution to their workplace. (Nominations must be accompanied by comments as to why this employee deserves this award. Attach your comments in a separate sheet, or email to office@powellriverchamber.com.)

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Enter only one business per category on this form. Duplicate nomination forms for the same business are not necessary. All entries will be submitted to a **judging panel** for final decision.

Deadline for nominations is Friday Jan 18, 2019. All businesses must have been operating for a minimum of 12 months to be nominated. Mail or drop off your completed nomination form to Powell River Chamber of Commerce 6807 Wharf Street, V8A 1T9. Or enter online at powellriverchamber.com. Multiple submissions are permitted. Enter now! Enter often!

Your name: _____

Phone #: _____

BUSINESS EXCELLENCE AWARD

(BUSINESS OF THE YEAR)

A business that has been in operation for more than 5 years and has consistently offered outstanding service and/or product to its customers, and displays a strong commitment to community involvement. A business that contributes to the social, recreational, cultural and overall well-being of the community. (Nominations must be accompanied by comments as to why this business deserves this award. Attach your comments in a separate sheet, or email to office@powellriverchamber.com.)


Trumpeter Swan

The beautiful Trumpeter Swan may be the largest bird in North America.

I photographed the Trumpeter Swans on Cranberry Lake before 1980, when we had the bird sanctuary there. They were here because the municipality supplied grain to feed the swans through the winter. This attracted many other water fowl.

Sadly, the draining of marshes, hunting, and the demand for the beautiful feathers almost brought the Trumpeter to extinction. Their numbers were down to a mere 70 swans in about 1930. Now they number about 50,000.

I'm sure people have heard of Bella Coola's Ralph Edwards (Order of Canada) or "Crusoe of Lonesome Lake." He did incredible work to save the Trumpeters.

~ Rod Innes 



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We welcome feedback from our readers. Email your comments to isabelle@prliving.ca, or mail to **Powell River Living**, 7053E Glacier Street, Powell River, BC V8A 5J7 Tel 604-485-0003

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PUBLISHER'S MESSAGE

Believe, not in what is, but in what could be

The best part of a new year is that it is a new year. We start each year off with a clean slate full of hopes, dreams, goals and aspirations. In a way, it's kind of like buying a lottery ticket – for a fleeting moment you imagine what you'll do when you win.

Many of us begin the new year full of resolve. We resolve to lose weight, we resolve to get in shape, we resolve to quit smoking or quit something else. On January 1 we are strong! The gym is full of sweaty determined people working hard. But come the end of January, many have left and returned to their old, familiar habits.

Close your eyes for a minute and imagine you're achieving whatever goal you want to achieve. We begin our first issue of 2019 with a story by *Powell River Living* staffer Pieta Woolley on Page 6 about Sasquatch people – a subject that requires you to park your skepticism, open your mind and imagine what could be. Although some people believe in Sasquatch people – Jacques le breton believes so deeply he is making a documentary about them – there are many

who don't because they haven't seen them. It's hard for us humans to believe in something we haven't seen, tasted or experienced but just because we don't have the physical evidence of something that doesn't mean it doesn't exist, does it? When a friend told me she was going to lose 100 pounds I believed she would but I had no proof of it until it actually happened. When another friend said she was going to pursue a new obscure hobby and turn it into a small business I believed in what could be instead of what was. Artists and creative people do it all the time – it's part of their process. Can you suspend disbelief for a little while and imagine a world where Sasquatch people exist?

Service clubs like Rotary and Kiwanis are the heart and soul of our community. These clubs give people the opportunity to be part of a fellowship and an organization that does good locally and internationally – see stories beginning on Page 10. The selfless volunteers drawn to service organizations are special people who often put the good of others before themselves. This month *Powell River Living*

salutes all our service clubs and their members. Thank you for making our community and our world a better place!

Our story about how France Gendron and Marc Dupuis breathed life into an old building known fondly as the Michigan Market and Christian Bookstore beginning on Page 13 is one of new beginnings but at the same time, it is one of honouring the past. Like any labour of love, the couple put a lot of themselves into their home renovation and while it took a lot of time, energy and money, they couldn't be happier with how it turned out!

We also begin the new year with a new columnist. Meet shamanic teacher Juliette Woods and read her column, Return to Reverence, on Page 36.

As we enter 2019, we challenge our readers to believe. We do.

Happy New Year!

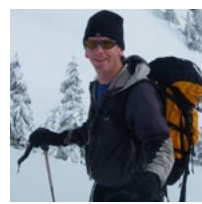
ISABELLE SOUTHCOTT | isabelle@prliving.ca

CONTENTS

JANUARY 2019

- Sasquatch believe in you
They're here. Artists are noticing. **6**
- Service Club Month
Rotary & Kiwanis Impacts **10**
- Michigan Market Memoirs
The old store gets a makeover **13**
- Skiing is back
Accessible alpine is coming **18**
- I Made the Move
Save-on all the rain **24**
- What's Up
Teen boy needs your help **25**
- Business Affairs
Social enterprise takes off **26**
- Events Section
Film season begins **27**
- Try out curling
Mr. T loves it. You might, too. **30**
- January is Just For Me
Get yourself what you really want **33**
- Take a Break
New Return to Reverence section **36**
- Predictions 2019
What's gonna happen this year? **38**

CONTRIBUTORS



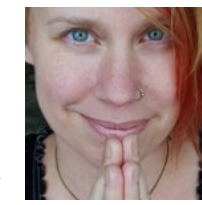
ROGER ARTIGUES is a backcountry skier, local building contractor and one of the Knuckleheads Winter Recreation Association directors. In this issue, he tells us about some of the history and progress in making winter recreation accessible in Powell River's backcountry.



GREGORY BLAIS, who took our cover photo, moved to Powell River three winters ago to settle down and start a family. Skiing had always been a big part of his life so he was thrilled when he first climbed up the snowy slopes around the Knuckleheads. Since then, he started getting involved with KWRA to help out and share his passion for the backcountry.



JULIE CLARKE has more than 30 years' experience in working with technology and education. In recent years, Julie has turned her hand to curling, about which she writes in this issue, and other community activities..



JULIETTE WOODS is a Celtic shamanic teacher who offers workshops, events, classes and more in Powell River, Squamish and online. Juliette is PRL's newest monthly columnist - her *Return to Reverence* column can be found on Page 36. Learn more about her work at 3foldbalance.com and shamanicliving.ca.

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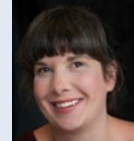
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Publisher & Managing Editor
Isabelle Southcott
isabelle@prliving.ca



Associate Publisher & Sales Manager
Sean Percy
sean@prliving.ca



Editor & Graphics
Pieta Woolley
pieta@prliving.ca



Sales & Marketing
Suzi Wiebe
suzi@prliving.ca



Accounts Receivable
Skylar Friesen
office@prliving.ca

ON THE COVER

Local ski legend Andy Durie gets to the top of the bootpack after 30 minutes of postholing in waist deep snow going straight up Big Knuckle. He was with Tim Ladner, Justin Edward Liebiech, Jeff Lang and Gregory Blais.

Photo by Gregory Blais





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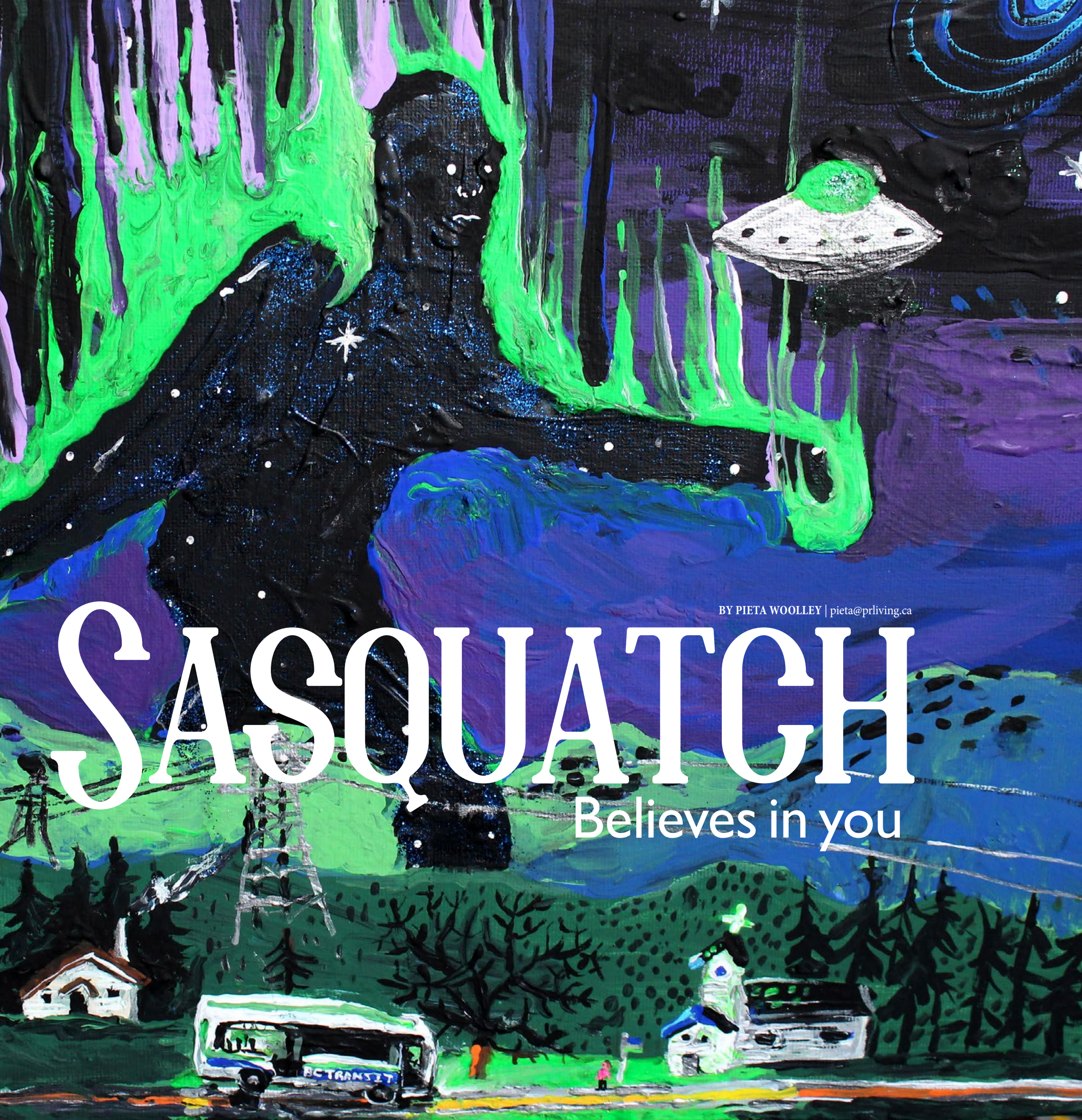
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“Character is the ability to carry out a resolution long after the excitement of the moment has passed.”

~ Cavett Robert



BY PIETA WOOLLEY | pieta@prliving.ca

SASQUATCH

Believes in you

Jacques le breton has two problems. The 26-year-old moved to Canada from Jersey – a small British Island just north of France – to make a documentary about Sasquatch. Or rather, “Sasquatch People,” as experts refer to them.

His first problem is that Sasquatch People do not necessarily want to be found. Hunting them is fruitless. Countless Sasquatch aficionados have tried and failed. Instead, current Sasquatch People theory suggests, they will reveal themselves when they choose to. Humans cannot initiate contact. Which makes documentary-making difficult.

Jacques’ second problem is humans. Since pinning up posters and asking for information on Facebook, several people have told him clear, detailed Powell River-based stories about their own encounters with Sasquatch People.



GLOBALLY CURIOUS: Jacques le breton, who painted the distinctly Powell River image at left, grew up on Jersey, a British island just north of France. It’s home to wild coastal castles, and enough kooky mythology - think ghosts and dragons and sea monsters - to make anyone wonder about boring old reality.

SEEN SASQUATCH?
Jacques le breton is making a documentary about Powell River Sasquatch encounters. To tell your story - on camera or anonymously - contact him at bigfootwizard@gmail.com.

But they don’t want to be on camera. “People are afraid others will think they’re crazy if they talk about their Sasquatch People encounters,” said Jacques, mentioning that he doesn’t believe anyone would call him up and lie about what they saw.

“I’m an artist, so I don’t mind people thinking I’m crazy. I feel the world is more magical than we think it is.”

Sasquatch People lore is relatively subdued in Powell River compared to hot spots such as Harrison Hot Springs - home of the Sasquatch Museum - or Washington, where Bigfoot has been the state’s official monster since 1970. Here, however, the species has increasingly emerged over the past few years in local art, percolating, perhaps, in our collective subconscious. Catnip, Meghan Hildebrand, Luke Ramsey, Colin Macrae, Kelsey Mack, Jeanette Kangas and other local artists including Jacques himself (who studied illustration in London before emigrating) have made images of Sasquatch People. Around town, you’d probably recognize Coast Salish artist Francis Horne’s Sasquatch designs - they’re sold on t-shirts, mugs, socks and more for Native Northwest (see the next page). Luke Ramsey’s metal Sasquatch sign, at right, is one of the most prominent features tourists see driving up Marine, atop Base Camp.

As Jacques explained, Sasquatch People are not just decorative or a fantasy. A growing movement believes they’re real, and they’re here for a reason.

Are they real?

Jacques thinks so. He was first convinced by the famous 1967 Patterson-Gimlin video that was shot along Bluff Creek in Northern California (it’s worth watching; find it on YouTube). He has also been swayed by the first-person accounts he’s heard since moving to Powell River.

One man saw a Sasquatch eight years ago on the road to Gibson’s Beach. “He said it looked like it had been eating, its face was covered in food, or blood,” recounted Jacques. “He was driving his truck and didn’t stop, because it looked like it could flip it over. The Sasquatch smirked at him as he went by. I don’t like that story, if it was blood.”

Two women saw a Sasquatch in Wildwood, looking from the trailer park into the forest. Later, they discovered what looked like a large living structure there, like a teepee made with broken trees.

One woman remembers seeing a Sasquatch on Tla’amin Lands when she was a young girl, decades ago. She went to the creek to get water, and saw a “great ape man” in the woods. So she ran home. Her dad came out to look for the creature - and found giant footsteps in the mud.

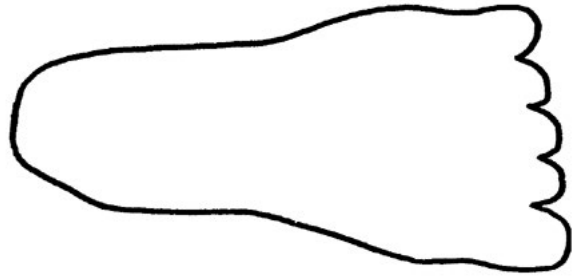
One of the “big five” classic Sasquatch encounters, as collected by the Bigfoot Field Researchers Organization (BFRO), happened just North of Powell River, in Toba Inlet. Logger Albert Ostman reported that, in 1924, he had been abducted by a family of Sasquatch for six days, fed a diet of sweet-tasting grass, and escaped only by feeding the large male Sasquatch



GREETINGS, HUMANS: Artist Luke Ramsey’s shaggy Sasquatch greets locals and visitors on Marine Avenue, on Base Camp’s awning. Though Powell River hasn’t historically been a centre for Sasquatch obsession, the rather-convincing encounter stories and growing interest among artists may change that.

“People are afraid others will think they’re crazy if they talk about their Sasquatch People encounters. I’m an artist, so I don’t mind people thinking I’m crazy. I feel the world is more magical than we think it is.”

- Jacques le breton



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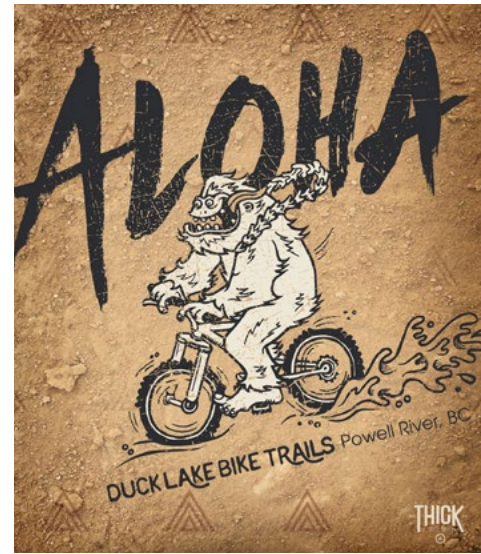


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ARTISTS ARE THINKING SASQUATCH: *Top left:* Kelsey Mack made this large Sasquatch stuffie in 2018; it decorates her Christmas tree alongside an alien. *Top right:* Designer and Thick owner Jeanette Kangas sells this design on t-shirts at her Marine Avenue shop. *At Right:* Coast Salish carver Francis Horne is the man behind these popular Sasquatch designs. You've probably seen them on items sold by Native Northwest at the Visitors Centre, at Tla'amin Convenience Store, at Paperworks Gallery, on BC Ferries and elsewhere around the region.



some snuff, which made him sleepy. He didn't tell anyone for more than two decades, fearing people would think him crazy.

The BFRO has collected a wealth of stories of Sasquatch-human encounters from around the Goat Lake and Powell Lake area.

One local hunter, who did not identify himself, reported several encounters from 1984 to about the turn of the millennium in the back country. One, at night, included "a very unsettling howl... long and plaintive and very loud." The witness explained both he and his friend had spent their lives in the woods and could identify all known animal noises; this was different. "Very eerie. Made the hair stand up on my arms."

Sunshine Coast journalist Duane Burnett (duaneburnett.com) has compiled an excellent round-up of anecdotal evidence for Sasquatch on both the Upper and Lower Sunshine Coast, including footprints, hair, and many sightings – both modern and pre-contact.

Why does Sasquatch matter?

Jacques' interest goes beyond whether they're real or not. He's compelled by Sasquatch People's significance. Why are they here? When will they choose to reveal themselves? What knowledge do they have that humans must learn?

There was a "very unsettling howl... long and plaintive and very loud... Made the hair stand up on my arms."

- Anonymous local hunter who has contributed several encounter stories to the Bigfoot Field Researchers Organization

He's not alone. This coming Labour Day Weekend, he'll be going to the International Bigfoot Conference in Kennewick, Washington, as a vendor – but also as a fan of Washington-based Sasquatch spiritual theorist Kewaunee Lapersittis, who wrote *The Sasquatch People and their Interdimensional Connection*, and *The Psychic Sasquatch and their UFO Connection*.

The idea is, Sasquatch people are deeply wise, and can save us and the planet, if we can set our hearts right.

In Jacques' art, the relationship between Sasquatch, aliens, other dimensions and orcas are frequent themes. Placed firmly in the everyday of Powell River – near a BC Transit Bus, in the Salish Sea, at Top of the Hill Grocery

– Sasquatch and UFOs gambol freely, entering and exiting this dimension. They appear friendly.

"I think that they show, if they exist, that there's evidence of another way of being on this planet that can be just as fulfilling. They're all about love. If we humans can learn to love each other, it will break down the wall between us and Sasquatch, and they'll reveal themselves. It's a good positive message."

As Jacques said, he doesn't mind people thinking he's crazy. But is he, and are other Sasquatch buffs, bonkers? Or are the rest of us nuts for staying blind to our gentle neighbours in the woods, our interspecies, interdimensional, psychic cousins who might hold the keys to getting us out of the giant mess we've made on our shared planet?

Believe what you want. I'm rooting for Jacques, and the Sasquatch people. **PRL**



THE BIGFOOT WIZARD: Painting by Powell River artist Catnip, December 2018.

Catnip smelled Sasquatch, probably

PRL • Why Sasquatch?

Catnip • The Sasquatch people invoke an earthly mysticism that is important to this time of planetary awareness.

PRL • Have you ever encountered a Sasquatch?

Catnip • Once I was in the forest and I could smell this very pungent body odour type smell and kept hearing whooping in the near distance, branches and shrubby moving. Not sure if it was a member of the Sasquatch people but there was a certain feeling in the forest that day. I was just 16.

PRL • What does Sasquatch represent to you? Why are they important in 2019?

Catnip • They represent a world unknown to common mankind. They are

important to 2019 because they remind us it's time to step up as stewards of the land here on Planet Earth, making a call to clean up our countless messes and find balance with nature.

PRL • Why do you think they're having a moment here?

Catnip • I think they have put out a call to humanity to remember our deeper origins and psychic inner nature.

PRL • What do you hope locals glean from your work featuring Sasquatch?

Catnip • I hope from this theme locals can acknowledge the wizardry of the Sasquatch and distance themselves from the idea that Sasquatch people are some simplistic, animalistic unaware species. Listen to the stones, speak to the trees. The time for conscious creation is upon us.



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Upcoming fundraisers:

Loonie Scramble

Members of the Sunrise Rotary Club invite you to attend the \$10,000 Loonie Scramble and tail gate party at the Powell River Kings hockey game on Friday, January 25 at the Hap Parker Arena. The tail gate party starts at 5:30pm, the game is at 7pm, and the Loonie Scramble is between periods. Money raised at this event will be split between Rotary and the Kings. It's a win-win for both clubs as the money means that Rotary can continue to support the community and the Kings remain financially healthy.



MAKING GOOD THINGS HAPPEN: Above • Members of the Rotary Club of Powell River Sunrise presented the Texada Elementary School with a cheque for \$2,000 in 2018. The money helps pay for a climbing wall at the school. Below • members of Rotary Sunrise helped make Subway Sandwiches for the 2018 Cops for Cancer ride.



Who We Are

Rod Wiebe: *President*
Frank Clayton, *Past President*
Terry Noreault, *President Elect*
Benjamin Fairless, *Secretary*
Lorraine Allman, *Treasurer*
Tejinder (TJ) Bains, *Foundation*
Doug Nauer, *Fundraising*
Mac Fraser, *Projects*
Chip Paquette, *International Projects*
Helen deBruyckere, *Administration*
William Whyard, *Sergeant At Arms*

Members:
Dylan Clark
Dean English
Lisanne English
Tod English
Monique Harwood-Lynn
Karen King
Don McLeod
James Mode
Dan Taylor
Vivica Watson
Martyn Woolley

January is Rotary Awareness Month Service Above Self

There are two Rotary clubs in Powell River. The Rotary Club of Powell River (evening club) and the Rotary Club of Powell River Sunrise (morning club).

Chartered in 1955, the evening club is one of Powell River's oldest service clubs. This club meets every Wednesday at 6pm at Julie's Airport Café.

Chartered in 2010, the morning club meets at 7:15am every Tuesday in the banquet rooms at the Town Centre Hotel.

Members from both clubs work together on some projects, such as the Brooks Interact Club, and separately on others, but they are all Rotarians!

The Rotary Club of Powell River Sunrise

Groups and projects supported in 2018: Cops for Cancer, Picture Frame at the Westview Ferry Terminal, Rotary Sunrise Golf Tournament, Powell River and District Food Bank, Interact, Rotary Youth Leadership Awards, Army Cadets, Air Cadets, Sea Cadets, PRISMA, Scouts, Guides, Powell River Public Library, Powell River Therapeutic Riding, Heart and Stroke - Big Bike Ride, Texada Island Parent Advisory Committee project - Climbing Wall, Powell River Kings, Friends of Powell River, Rotary Polio Foundation and two student bursaries.

The Four Way Test

This test of what we think, say or do is used by Rotarians world-wide as a moral code for personal and business relationships.

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?

Did You Know

Rotary unites more than a million people: 1.2 million members and 35,000 plus clubs around the globe, in our communities and in ourselves. Rotarians are problem solvers. No challenge is too big. For more than 110 years, Rotarians have bridged cultures and connected continents to champion peace, fight illiteracy and poverty, promote clean water and sanitation, and fight disease. Rotarians have immunized 2.5 billion children against polio.

From literacy and peace to water and health, Rotarians are always working to better our world, and stay committed to the end.

Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues. Our 35,000+ clubs work together to:

- Promote peace
- Fight disease
- Provide clean water, sanitation, & hygiene
- Save mothers and children
- Support education
- Grow local economies



Rotary Club of Powell River

Groups and projects supported in 2018: Powell River Festival of the Performing Arts, Great Grocery Raffle, Logger Sports, Willingdon Beach Pre-school playground, Memorial bricks at viewpoint, Bike Rodeo, ARC Garden Project, Powell River Outrigger Canoe Society, PRISMA, Rotary Youth Leadership Awards, Adventures in Citizenship, The Source Club, Christmas Cheer Fund, End Polio Now, Brooks bursaries, Interact Club, A Taste of Art, Rotary Youth Exchange, Casino at Dry Grad, Fall Fair, Kings tailgate party, Powell River Public Library, Brooks Jazz Dinner & Brooks Music, Powell River Film Festival Camp (Adventures in Film), Adopt a Highway, Washers & Dryers at Willingdon Beach, Powell River Gymnastics, Townsite Jazz Festival, Bravehearts.

Jazz Dinner

The Brooks Jazz Dinner on Friday, January 18 is a fundraiser; the Rotary Club of Powell River is looking for contributions for the silent auction and balloon pop.

Valentine's Dance

The evening club will hold a fundraising dance on Saturday, February 9 at the Italian Club. Proceeds from this event will go towards building a pre-school playground project at Willingdon Beach. Tickets are \$50 per person and available from Monica or Sasha Randolph or at the Powell River Living office at 7053E Glacier Street.

Raffle for Youth

Spend \$2 on a raffle ticket (available soon) and you'll be entered for a draw for ferry tickets worth \$100, \$200 and \$300. The raffle supports the Brooks Music Program and the Rotary Youth programs. Draw is in April at the Townsite Jazz Festival.

Rotary International President Barry Rassin challenges you to take a hard look at the environmental issues that affect health and welfare around the world and do what you can to help.



BE SHARP: Rotary Vice President Monica Peckford presents a cheque to Brooks Music teacher Paul Cummings in the amount of \$1,332.10 for the Brooks Music Department. This was from the Raffle that was drawn in April in conjunction with the Brooks Jazz Dinner. Rotary and Brooks Music worked together to fund raise for Powell River youth programs. In total just over \$8,300 was raised to benefit youth in Powell River.

Brooks Interact Club

Brooks Interact is comprised of very enthusiastic grades 8 through 12 students, committed to doing good at home and around the world. The group meets every Tuesday in the foods room at 12:20pm. Everyone is welcome.

Under the direction of President Olivia Blackburn Hopkins, they have undertaken several fundraising events and projects.

For October's Scare Hunger campaign, members collected non-perishable food for the Food Bank. Members raised money for polio eradication through a Pumpkins for Polio carving contest, and a pancake breakfast supported a one-year scholarship to a high school student in Kenya.

Once again the club adopted a local family to help at Christmas with food and gifts, and bought 10 meals for hungry children in Canada.

Opportunities to attend Adventure programs such as Citizenship, Health Care as well as Forestry and Environment studies are now available. Rotary Youth Leadership Awards (RYLA) applications are being accepted for the March 20-April 2 event.

- Submitted by Joyce Carlson



GLOBAL TIES: Three Rotary exchange students enjoyed chatting with Rotarians at a recent meeting. Shown are Maria Korovnikov (outbound Taiwan), Pernille Henning (inbound Norway) and Georgina Forshner.

WE ARE ROTARIANS

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WE BUILD COMMUNITIES

WE SERVE ABOVE SELF

WE CURE DISEASE

WE BUILD MINDS

WE BUILD PEACE

WE BRING HOPE

WE SAVE LIVES



Who We Are

Frieda Hamoline: *President*
Scott Randolph: *Past president*
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Monica Peckford: *Vice President/ PR*
Carol Brown: *Secretary*
Tim Wall: *Treasurer*

Ross Cooper: *Membership*
Deborah Jenkins: *Fundraising*
Linda Bowyer: *Fundraising*
Pawel Makarewicz: *International & Youth*

Jill Ehoetz: *Projects*
Joyce Carlson: *Foundation*
Dan Devita: *Sergeant at Arms*

Members

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Julie Chambers
Sean Dees
David Duke
Joan Fitzpatrick
Ed Frausel
Charlie Gatt
Jan Gisborne
David Gustafson
Katya Gustafson-Buck
Kelly Keil

Don Logan
Claude Marquis
Sara Mitchell-Banks
William Mitchell-Banks
Alicia Newman
Karyn O'Keefe
Sasha Randolph
Ron Salome
Dave Siba
Real Sigouin
Roger Skorey
Ashok Varma



Kiwaniis raises \$50,000 for kids

This group of caring people continues to work hard, raising over \$50,000 in 2018. Our focus is on helping children; that money has been distributed to school food programs, food banks, scholarships, Therapeutic Riding, medical travel, Canadian Tire Jumpstart Program, sport groups, Young Moms and the Orca Bus. Other programs we support are the Royal Canadian Legion Poppy Fund, Success by 6, Christmas Cheer, Navy League, Army Cadets and Family Place.

We raise funds with our concession serving coffee, hot chocolate, popcorn, corn dogs, cotton candy, and more. The Kiwanis Annual Soap Box Derby, the Preschool Carnival, Kelly Creek Carnival, Henderson Haunted House, the Easter Egg Hunt at Willingdon Beach, Logger Sports, Fall Fair, Ghost Train, Santa Train and Blackberry Festival are a few of the events that our volunteer members come out to help with.

Many of us also help with our book sales, painting and repairing bus benches which offer advertising opportunities.

Kiwanis also runs the Kiwanis Lifeline service as well as overseeing the management of Kiwanis Village and Kiwanis Garden Manor for elderly and low income.

If you are interested in helping people in your community we welcome new members whether you are available to do a little or a lot. For more information contact President Rob Maitland at 604-578-8465. Our meetings are held on the first and third Tuesday of the month at 7 PM at the Kiwanis Annex or the meeting room at the Kiwanis Manor. **PR**



Kiwanis Club of Powell River Officers

President: Rob Maitland
Vice President: Don Allen
Secretary: Darlene Sundin
Treasurer: Bob Irving

THANK YOU: Robert Maitland, president of the Kiwanis Club of Powell River presents a cheque for \$5,000 to Savanna Dee, manager of the Powell River Action Food Bank while Sid Allman, president of the Kiwanis Village and Manor Board, Jack Tyndall, volunteer, and Bob Irving, treasurer, help out.

The Kiwanis also donated \$5,000 to the Salvation Army Food Bank last month and received an anonymous donation of \$10,000, with the donor asking that it be donated to the Powell River Action Food Bank and the Salvation Army.

WHAT IS KIWANIS?

A portion of our membership fees go to KIWANIS INTERNATIONAL which was founded in 1915 by a group of businessmen in Detroit, Michigan. The group focuses on service, specifically service to and for children.

Less than two percent of the funds raised locally from membership fees go to Kiwanis International towards matched scholarships and the Eliminate Project, a project funded jointly by Kiwanis and UNICEF to rid the world of maternal neonatal tetanus.

The club's motto is "Serving children of the world."



From candy & cigarettes to a coastal cocoon Michigan Market gets a makeover

BY ISABELLE SOUTHCOTT
isabelle@prliving.ca

Just mention the old Michigan Market to locals of a certain age, chances are pretty good that their eyes will light up as they tell you stories about buying penny candy.

Although that store has long since closed, the building has taken on a new life thanks to Marc Dupuis and France Gendron's massive 2018 renovation of the old building.

The building, located at 4639 Michigan Avenue one block below Joyce near Safeway, has had several different purposes in its life – starting as a scale shack.

"It was one of five shacks located along skid road," said current-owner Marc. "Michigan Landing (now Willingdon Beach) was where wood was dumped into the water." Michigan Landing was the home of the Michigan-Puget Sound Logging Company until 1918 and squatters lived in this spot until 1926 when the Powell River Company pulled the lease and the beach became a community playground in 1928.

When Marc was renovating the building, he was able to see the original 12 by 16-foot scale shack. Log scalers worked out of shacks like these (also called scaling stations) to determine the board feet in each log and to keep their records.



Candy & comics

Lionel and Anne Desilets moved right next door to the old Michigan Market in 1954. They raised their seven children there and Lionel, now 96, stayed there until 2013 when Anne passed away.

He remembers being told that his house, the store, a small house next to the store and the old Sunset Lodge were buildings that had been moved to Michigan Avenue many years earlier (around 1926) from Michigan Landing when the old railway closed.

At one time, the store was called Bett's

MARKET TIMELINE

Putting together a timeline of the store on Michigan Avenue hasn't been easy but thanks to local historian Doug Love and members of his Facebook page, *You Know You Grew Up in Powell River* if, and *Pulp, Paper and People, 75 Years of Powell River* (1988) By Karen Southern and Peggy Bird, we were able to cobble together a short history.

1928

Michigan Market was once a cottage on Michigan Beach and was moved in 1928 when the Powell River Company developed Willingdon Beach. It was a private home for a while belonging to Fred Reavies and then the Belyks.

Late 1940s

In 1946 it became Hart's Store; in 1948, Mrs. Betts bought it and it became Bett's Store.

1953

Alice and Nilo Mantoani took over and it became Nilo's Grocery.

1959

Isabel and Edward Farrelly purchased the store and operated it as Riley's (named after their middle son).

1971-2

It became Walker's Groceries under Hazel Walker.

1973

Patty and Earl Gamblin purchased it and changed the name again, this time to Gamblin's Michigan Market.

Mid-1970s

Santosh (Toshi) and Les Russell operated it as Michigan Market and Services for years as Les offered refrigeration and appliance repair services. The Russells added the Christian Bookstore to the Michigan Market. After Les died in the late 90s, Toshi sold the store.

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Thanks to all the volunteers, and the community-minded companies, who helped make Logger Sports happen!

A new Powell River Logger Sports executive has been elected:
Tyler Brady - President
Allan Knapp - Vice President
Michelle Silvester - Treasurer
Sherri Wiebe - Secretary

Thank you to Bob Marquis, our past president, who made this come to life. Thanks also to Gary Amundsen, our now past president, and Art Lloyd, our past vice president, and Laura Passek, our past secretary, for the wonderful job they all did. Everyone will still be involved - just in different ways.

Thank you to all the Directors - Kim Miller, Chris and Viv Swan, Julian Welp, Bob Henderson and all the help and photos from Barry and Michelle Pennell.

Huge thank you to our volunteers and sponsors from last year and years past - you are who makes this event so successful!

~ PR Logger Sports Committee

"If we could scrape together 12 cents, we could get a bottle of pop or a comic. Those little strawberries candies were two for a penny on days we weren't so flush."

- Alison Hewitt, remembering Riley's

and was owned by two sisters. They sold it to Nilo and Alice Mantoani in the mid 1950s. The Betts moved on to operate Bett's Cash Grocery on Manson Avenue - at the old Edgehill Store location.

When the Desilets family moved to Michigan Avenue Nilo and Alice owned the store. The store was on the main floor - you entered from the street - and their living quarters were below or at the back of the building. At that time, all the grocery stores closed on Wednesday afternoons and weekends.

Lionel's son Rolland remembers going to the Michigan Market as a kid with the old-fashioned television tubes and putting them in the TV tube tester. "They sold TV tubes along with candy and cigars," said Rolland.

Marc and France's newly renovated home is probably best remembered by those who have lived here for years as Michigan Market or The Christian Book Store although some old timers shared memories from earlier days.

Steve Huxter remembers going to the store when it was Riley's. "A dime and an empty pop bottle, and I had a comic book," he recalled. "I still have a few of those comic books from Riley's."

Alison Hewitt, who lived on the corner of Michigan Avenue and Butedale, also knew the store when it was Riley's. "If we could scrape together 12 cents, we could get a bottle of pop or a comic. Those little strawberries candies were two for a penny on days we weren't so flush."

"It was a typical little grocery store," said Heather Farrell-Sketchley who grew up just a stone's throw away from the store and still lives just a few doors down. "The counter had glass in front and you could see all the penny candy," said Heather. "You could get three for a penny."



The incident with the chalk

The summer Heather Farrell-Sketchley, Ellen Drader Martiniuk and Adrienne Desilets were about eight years old, they turned the playhouse that Ellen's dad, Art Drader, had had built for them into a pretend schoolhouse.

The three girls were inseparable. "My dad put up a chalk board and we were being teachers. We'd rounded up all the little kids in the neighbourhood as our students," Heather explained "and we were teaching them."

But then something horrible happened and they ran out of chalk!

"We didn't have any money," said Ellen. "We talked about getting some money, but we didn't have any and we weren't old enough to get any so between the three of us we came up with a plan," said Heather.

"We decided we'd go into Mr. Mantoani's store. I would talk to Mr. Mantoani and take his attention away from the chalk and the other two would swipe the chalk," said Heather.

They did just that and Operation Chalk went off without a hitch. Soon, the girls were back in school teaching their students again.

But they couldn't concentrate. "We felt so guilty that we decided we'd go back and return the chalk," Ellen said.

Because they returned the chalk Mr. Mantoani let them keep it. "He said that was the best thing we could have done...go back and return it," said Heather.

BEFORE: The bottom photos shows the back of the house before it was renovated. The top photo shows the top floor mid-renovation - clear evidence that renewing this property was no small project.

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The other part of the counter had chocolate bars.”

The bakery brought in big brown trays filled with soft, glazed donuts and you could go and buy one at a time. “They were sooo fresh,” said Heather.

“One time the bakery forgot to put salt in the dough, so they gave us a bag full of donuts for free. I remember sitting on the steps and gorging on donuts!” she added.

Doug Love was 12 years old and living on Harwood Avenue in the late 1960’s. He remembers gathering up change and his friends and heading off to the store to buy Batman card packages at 10 cents a piece.

“Soon after that we would be crime fighters and criminals wrestling each other for the best cards to add to our collections from our recent purchase.”

When Doug was a bit older and got a job setting pins at Westview Bowling Lanes, he’d stop by the store and pay off the candy debt that he was allowed to “tab” during the week.

“Good thing too, cause those candy bananas, marshmallow strawberries, spearmint leaves and licorice kids were wonderful, don’t know how I would have made it through the week without them.”



Snacks, repairs, Christian books

When Doug thinks about the Michigan Market he often thinks about the bench that sat in front of the store.

“Mrs. Russell and her mother, and of course the neighbourhood guests would often be sitting there in the nice weather chatting away the day,” he said smiling.

Monica Harding’s parents, Les and Toshi Russell, bought the store in 1975. Her family emigrated to Canada in 1973 from Pakistan.

“My dad (a Brit) was a bomber and test pilot for the RAF in World War II, then an electrical engineer and the CEO of the world’s largest pulp and paper mill (which is why we ended up in Powell River).” Les was hired as a consultant for a couple of years for the Powell River mill. Monica’s mother, Toshi, (who’s Indian/Pakistani) was a Bollywood movie star.

“It’s hard to fill those jobs in Powell River,” said Monica, “so they bought a store and my dad became an appliance and refrigeration repairman.”

“In the 70s we were the only store open in the area on Christmas Day so our family all pitched in and ran the store... I remember it being a very festive, jolly time.”

- Monica Harding, daughter of former owners

In 1978, the Russells bought the house across the street from the store. “They were an integral part of the neighbourhood - a true mom and pop grocery back in the day. My dad passed away unexpectedly in 1998 and very shortly afterwards my mom sold the store and moved to the Lower Mainland to be near us,” said Monica. “As far as I know, Michigan Market was never a grocery store again.”

Monica and her brother Ken worked in the store on the weekends and after school.

“In the 70s we were the only store open in the area on Christmas Day (the supermarket was closed) so our family all pitched in and ran the store so that people could come in to pick up items forgotten for their Christmas dinner. It was also a way to see people who’d become friends. I remember it being a very festive, jolly time. To stay open on the 25th, we moved our family Christmas to December 24.”

It was Toshi who turned the market into The Christian Book Store. It continued to operate as a Christian book store with other owners including Brendan Morris.

Wayne Egeland worked for the Russells for five years. “I got to know Les and his wife very well,” said Wayne. “He was an interesting man. I helped him do small jobs on my days off [from the mill].”

Wayne and Les fixed air conditioners and refrigeration units on tugboats in Lund and repaired washers and dryers in town. He recalls Les telling him why the washing machines would quit draining. “In those days the powdered laundry soap contained fillers that would plug up the agitators that would pump out the water.”

By the turn of the millennium, the store had been abandoned by grocers. But as of 2017, the old building has been given a second chance thanks to Marc and France.



CHANGES: From far left, dark stain on the cedar wall in the master bedroom was achieved by putting rusty nails into a jar with vinegar for a few days. A large back deck takes advantage of the gorgeous view that looks out onto the mountains and the ocean. Over 400 hours went into building the sauna. The open kitchen takes advantage of the amazing view.

“The Michigan Market played a big role in people’s lives and hearts and the building remained as an iconic presence in the neighbourhood for decades.”

- Current owner France Gendron



A new beginning

The Michigan Market had been left vacant and unheated. The couple asked the City to re-zone it from ‘commercial’ to ‘residential,’ moved into the basement suite and carried on with the renovations which had been initiated by the previous owner.

“It was full of spiderwebs and wires were coming out of the ceiling. The previous owner was a good friend of ours and was happy to sell the place and let us take over the job,” said France.

Marc, a contractor with 35 years experience, had collected fallen fir and cedar trees on the property they rented in Lund and got them milled. When they moved to Michigan Avenue in 2013 and began piling lumber in the parking lot, people got really curious, and stopped by to share stories with them.

“They told us their stories about broken gum ball machines and buying candies here. The Michigan Market played a big role in people’s lives and hearts and the building remained as an iconic presence in the neighbourhood for decades,” said France.

In the summer of 2017 they began demolishing the roof. Then, when they dismantled the distinctive store front (that is reminiscent of one you’d see in an old western movie), France thought: “This is really happening!” The reno got underway in May 2017; it was completed in November 2018.

The basement suite is the only part of the house that has not been completed, however the main floor has undergone a total transformation with pine ceilings, fir floors and cedar walls installed. The open concept is

cosy and inviting – while taking advantage of the ocean view. A wood stove kicks off heat at the bottom of the main floor staircase giving the home a country meets city feeling. The couple have added a third floor with a bedroom, sitting room, bathroom, laundry, and a music room with skylights.

“All the cedar and fir we used was milled and processed here,” said Marc.

Thanks to Marc’s metal framing background, he was able to build a metal structure for a cement back deck.

The reno has been a passion project. “Marc worked on it full time for four months to bring it to lock up then for three more months plus weekends and after work,” said France. “We had 18 months of total chaos.”

They salvaged as much as they could, whenever possible, in order to maintain the building’s integrity.

The neighbours appreciate all the work Marc and France are doing. “They are preserving the era that the house was built in,” said Heather.

France, who is on leave from the French School, is also an artist and it was she who created the birds on the outside of the house. She also designed the layout. “We were stuck within the original footprint and we had certain criteria and conditions that we had to meet.”

All the exterior walls remained. “And we decided to keep the store front look to preserve and honour its long presence in the neighbourhood,” said Marc.

The dark stain on the cedar wall in the master bedroom was simple and inexpensive. “All you have to do is put rusty nails in vinegar for a few days,” said France. “It will close the wood cells.”

She incorporated all the ideas she liked, from places where she’s lived, into her own house. “It was like a dream – I got to decide!” (Hence the walk-in closet and the great pantry).

The backyard was overgrown with blackberries and all sorts of other vegetation. It hadn’t been worked on in over 10 years. They cleared it, flattened it, mowed it, and added raised beds. A shift in their focus can be found in the outside sauna.

“Over 500 hours went into building that,” said France. Working this closely with your spouse isn’t always easy.

“What saved us was Marc’s expertise, the planning we did together and my artistic vision. We’re a good team,” she said. More importantly, they trusted each other.

The house at 4639 Michigan Avenue was given a second chance thanks to Marc and France. And they couldn’t be happier with it.

“I feel like we have a home,” said France.

THE MODERN PEASANT

IS UNDER NEW MANAGEMENT

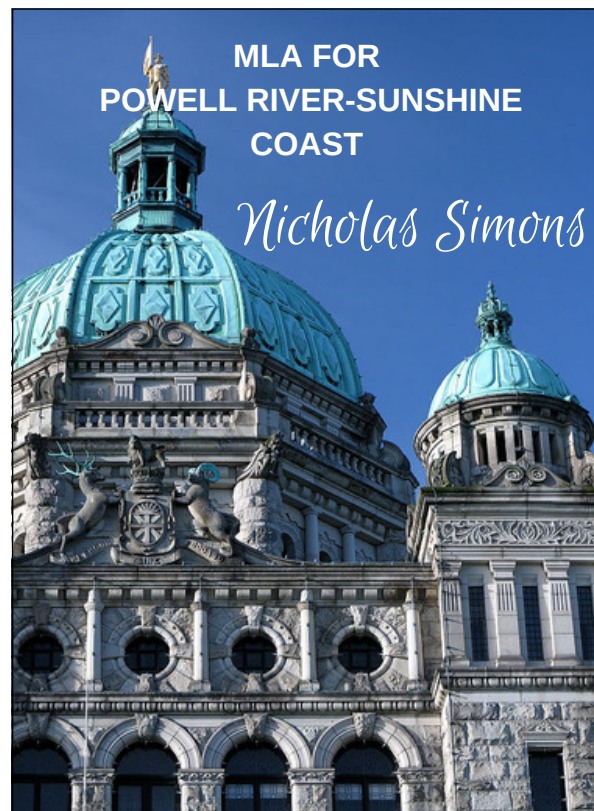
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INTREPID ATHLETES: Above • Vic Cole, far right, the namesake of the newest cabin, out for a brisk hike. Right • An injured skier gets a lift. Far right • Aerial view of the original ski area, created by a cut block that has since grown in. Opposite page top • The rope tow, built in the 1960s using old vehicles, made a family-friendly experience. Opposite page, bottom two • The original A-Frame lodge had two wings, a kitchen and a sleeping loft - plus real bear tracks as decorations. It burned down in 1977, which led to the end of the original Mt. Diadem Ski Club. *photos courtesy Roger Artigues*



Skiing is back

BY ROGER ARTIGUES

For many years, if you asked anyone around here about skiing they'd tell you "There's no skiing in Powell River." But if you dig around a bit, not only will you find that today there is a dedicated group of self-propelled backcountry skiers and snowboarders, but you'll also hear stories about a ski hill that operated in our mountains for almost two decades.



Like a lot of things in our town, skiing is a labour of love, or as a popular saying goes, you gotta "Earn your Turns." Snow riders pay their dues by maintaining access and amenities in the off season and by sweating their way up the mountains on foot in the winter.

The payoff comes when you're arcing down the face of an untracked mountain face, snow blowing up with each turn as you and your friends experience the bliss of an uncrowded run in the alpine wilderness.

While these days you have to leave the Sunshine Coast and head to Whistler, Mt. Washington, or Mt. Cain to get in some lift-served skiing, for a (too brief!) period we actually had our own ski hill here in Powell River.

The original Ski Club

It all started about 60 years ago when a few hardy souls started hiking or using "seal skins" on the bottom of their skis to ascend peaks in the backcountry in order get in some turns and savor the alpine experience. Soon a group formed with the intention of building a local ski hill for the community.

Families and local businesses teamed up and in 1959 the Mt. Diadem Ski Club was born. The club had a peak

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Towards that end the Knuckleheads Winter Recreation Association is beginning strategic planning with the goal of having a written plan encompassing access, facilities, and financial sustainability for winter recreation with the goal of attracting even more grant funding.

Anyone interested in getting involved in planning, operations, or who has new ideas, should contact the association at kwrapr@gmail.com or by searching facebook for "Knucklehead Winter Recreation"



membership of over 100 people who would drive up Stillwater Main, turn right on E branch, and slide their way up the logging road until the snow stopped them or they made it to the parking area. Most families loaded

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GETTING THERE:

The easiest way to find your way to and around the Knuckleheads area is to download our wayfinding map from the Files section of the Knuckleheads Winter Recreation Association (KWRA) Facebook site.

By using this geo-referenced map in conjunction with a mapping app like Avenza Maps (free download available) you can use your smartphone offline to find where you are and where you want to go.

Be aware all access roads are on active logging roads and you should check with Western Forest Products for current conditions and activity levels before driving on resource roads. Please visit (scroll down past tweets) for local road info: wfproadinfo.com/powell-river.html

their daypacks up, threw their skis over their shoulder, and hiked up to the recently logged bowl where rope tows ingeniously made from old vehicles waited to transport them up to the top of the runs.

Members built an A-frame lodge that eventually was enlarged to have two wings, a kitchen and sleeping loft. A distinctive feature was the painted bear tracks across the floor leading to a window; legend has it a bear got in, knocked over a can of paint, and ran through it once he was scared off, leaving behind well-loved decorations.

Like most volunteer run organizations it took a lot of energy and commitment to keep going. After 15 years of shoestring operations, circumstances over a couple years ground down the will of the volunteers and caused the downfall of the club.

First, in 1972, the club's snowcat - used to transport people from the parking area to the hill - was vandalized and burned. Then, in 1977, the lodge itself fell victim to fire. Combined with the ever-present volunteer burn-out, the club petered out and was abandoned.

New life at the end of the Millennium

In the late 90's, a new group was inspired to revive organized winter recreation for our community. Realizing that replacing the ski hill was a long shot, the goal became building a series of three huts linked by trails for cross country skiing, snow shoeing, and snowmobiles.

Using the name of the peaks overlooking the area, The Knuckleheads Winter Recreation Association (KWRA) first rebuilt the old Diadem lift shack into their first cabin, now known as E-branch cabin or "The Hill-ton." (Jeff Mah was the main force in getting the E and A Branch cabins established. With help from Ron Diprose and Randy Mitchell, the trio spent 13 weekends building A Branch alone.)

E-Branch cabin, sleeping eight to 10 people in the loft and with camp and pellet stoves, became the go-to ski cabin for Powell River. Being relatively close to town and with the (at the time) young cut block slopes it was better than the flatter terrain around A-branch cabin.

With the completion of the first cabin, the KWRA started looking for funding assistance to build the second. After months of getting denied, enough local

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WINTER REC IN POWELL RIVER: A TIMELINE

Pre-1959
Climbers explore the mountains around PR and hear of an area where loggers are getting buried. Freda Mountain mistaken for Mt Diadem.

1959
Mt Diadem Ski Club founded in new cut block at end of E branch. Diadem stays in name even though ski area is miles to north.

1961 - 65
Construction of lodge and rope tow #1. Skiers walk up to two miles up snow-covered road to reach ski hill. Some are lucky enough to catch rides on snowmobiles.

Mid 60s
A series of snow cats purchased to shuttle skiers up to hill.

60s & Early 70s
Rope tows #2 & #3 installed. Original #1 tow shack replaced by A-frame.

June 1972
Vandals burn snowcat. Club still owes money for cat even though it was destroyed.

1977
Lodge burns down after stovepipe accidentally knocked loose in loft. Breaks spirit of club leaders and club dissolves.

1997
Knuckleheads Association renovates abandoned tow shack into E branch cabin "The Hill-ton."

2002
A branch cabin built and old logging roads brushed to form trails linking cabins.

2002-2014
KWRA continues to maintain cabins, roads, and trails. Plan for third cabin to be built on Sentinel Ridge overlooking old "Diadem" ski area.

2014-2018
Influx of backcountry skiers reinvigorates KWRA board and leads to approval of cabin plans and grant funding from PR Community Forest.

2018
Sentinel Ridge cabin completed by volunteers and named "The Vic Cole Lodge" to honor local ski legend (see sidebar).

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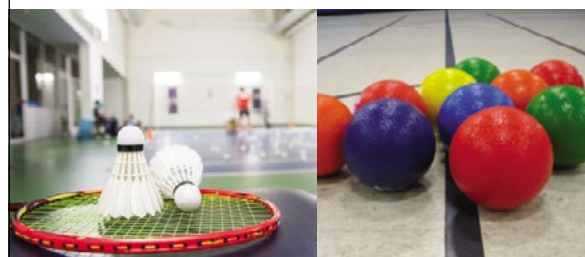


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AVALANCHE AWARE

Anyone traveling into snow covered mountain terrain should have a knowledge of avalanche dangers.

The KWRA encourages backcountry users to practice Avalanche Canada's best practices, including: a minimum of an AST-1 course, equipped and trained in companion rescue with a transceiver, probe and shovel, safe travel in avalanche terrain, and consideration for other groups above or below you on the same slope.

Refresh your knowledge with the free online course: www.avalanche.ca/tutorial/ (not a substitute for an AST-1). Should you have any questions, KWRA is here to support the community in safe winter recreation, please contact us at kwrapr@gmail.com for further information.

backers helped to persuade locals to help finance the construction.

The association teamed up with Rotary and, with lumber donations from local forest companies, volunteer labor quickly built the "Chateau Rotary" (A-branch cabin).

With amenities matching The Hillton and trails on cleared skidder roads, A-branch became another place to play in the snow. The machine riding members of the association made it popular and the log books show consistent usage most weekends.

Getting there: the struggle is real

Throughout the years and continuing today, access is the most difficult hurdle. Road deactivations can block all but the gnarliest bush buggies. Without plowed roads it takes a rugged 4x4 with chains often on all four tires just to get part way up the mountain.

From where the snow stops the progress of most vehicles, it's a couple hour march with skis or snowshoes to get to the "goods" and short daylight hours mean you only get a few runs before you have to head back down to the truck, often by the light of a headlamp.

Snowmobiles and, more recently, tracked ATVs have proven to be effective means of transport beyond the reach of trucks, but not everyone can afford them.

A number of those who do have ATVs, stalwarts such as Allen Parsons and Bob Baxter, tirelessly spend thousands of hours (and dollars!) clearing ditches and maintaining trails to make the areas accessible to us all. Al

has even created a small trail groomer to drag behind his ATV to smooth out the bumps and ruts.

For a number of years the idea of a third cabin lay dormant. Around 2014, at the same time Ron Diprose was leading the KWRA towards building a new cabin, a group of backcountry skiers and snowboarders were meeting semi-regularly to discuss how to best advance and facilitate skiing in the region.

Rather than form another new group they decided to join forces with the Knuckleheads Association and help to make the new cabin a reality.

A new vision & a swish cabin

Skiers John Rapp, Kyle Vasseur, Roger Artigues, and snowboarder Marc Albert, joined Snowmobiler Brian "Breezy" Thompson, Ron Diprose, and Wayne Brewer on the board and began the process of approvals and grant applications necessary to get a cabin built on Sentinel Ridge.

Over the years of applying for government approval and finding funding for the cabin, the board morphed a bit like all volunteer organizations do. Ron and Wayne retired, Joel Nordman (current President) and Gregory Blais were added in 2016, while in 2017 a blast of energy hit in the form of Jen McGuinness, Sebastien Lagors, and John Kenwood.

This past year, with all obstacles overcome, the cabin was built by a small army of volunteers led by local backcountry cabin builder Jim Stutt. Situated on the Sentinel Ridge with a beautiful view of both the Knuckles and the distant coastline, The Vic Cole Cabin is the flagship of KWRA cabins.

In addition to a sleeping loft for 10+ people and a woodstove (stocked with fuel), The Vic has without a doubt the nicest backcountry kitchen in our region.

Imagine using the propane range to bake lasagna or a turkey after a day's play in the snow. Follow up with hot chocolate chip cookies and you'll think you're in heaven. [PRL](#)

POWDER ROOM: *Background* • A lone skier on Mt. Freda demonstrates why locals make the journey into the backcountry for adventure. *Right* • Davis Briscoe, Kyle Vasseur & John Rapp enjoy the sunshine. *Right bottom* • "Tireless" volunteer trail maintainer Bob Baxter with his ATV in front of the new Vic Cole Cabin. *Photos courtesy of Bob Baxter.*



KNUCKLEHEADS • DIADEM WHAT'S IN A NAME?

For reasons lost in the past, what we now know as the Knuckleheads Winter Recreation Area was originally named the Mt. Diadem Ski Club - even though Mt. Diadem is miles away and in a separate drainage. There is speculation that Freda mountain, just across the valley, was mistaken for Mt. Diadem by early skiers and that name just stuck.

Regardless of the name, the area became popular with many families using the ski club as an affordable, hometown, ski experience. One such family, The Coles, included a young man named Vic who was an avid skier and mountaineer.

Well regarded by all, Vic loved to climb and ski down peaks in the backcountry. As the legend goes, one day Vic and friends skied down the then un-named peak overlooking the ski hill. In an encounter any skier would envy, an onlooker pointed up to their steep ski tracks down the face and said: "it must have been some real knuckleheads who skied that..."

Since then the peaks overlooking the area have been known as The Knuckleheads. When efforts were made in the 90's to re-open the area it was natural to call it The Knuckleheads Winter Recreation Area. In honor of Vic and that story, the recently-completed cabin on Sentinel Ridge is the 'Vic Cole Cabin'.

Another confusing thing when talking about our club is the acronym KWRA. Sometime it means Knucklehead Winter Recreation Association, but other times it's the KWR (A)rea which is bounded on the North by Sentinel Ridge, on the south by the Knuckleheads peaks, and stretches over Southwest to the A-branch cabin. Adding to the confusion, the Association also manages the Emma Lake Cabin.

So just to be clear, the KWRA is a multi-user group, a volunteer organization dedicated to creating and maintaining infrastructure for accessing and using Alpine terrain throughout the Powell River mountains.

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I MADE THE MOVE

Save-On all the rain

Nate Alcos and Sara Boulton moved to Powell River in April 2018. Nate has worked with Save-On-Foods for 15 years in several locations including Hope, Penticton, and Prince Rupert, and was hired as the new Store Manager at the Powell River location. Nate and Sara met in Prince Rupert, where she worked as a Medical Office Assistant for a few years and just recently made the switch to finance and is working as an Administrative Assistant for White Leblanc Wealth Planners. Together they have a Beagle named Harley and a cat named Mr. Kitty. In Sara's spare time, she enjoys taking Harley for walks, window shopping the boutiques in town, and practicing yoga in Townsite, while Nate keeps himself busy with badminton, slo-pitch, and hockey.

What surprised you once you moved here?

Nate & Sara • We were used to the mild summer weather of the North coast—lows of 9 and highs of 23 and lots of humidity. So to have hot 30+ degree weather was a real welcome surprise!

What made you decide to move to Powell River?

Nate • Firstly, it was a great career opportunity for me. More than that, Sara and I both love small oceanside towns, and we had been discussing making a move somewhere a little less rainy when I was offered the job. Of course, one of the most important deciding factors was to be closer to family.

Where is your favourite place here?

Nate & Sara • Townsite, with all the beau-

tiful character homes, brewery, yoga studio, market, Patricia, and history. There are also so many great coffee shops here too—we wouldn't be able to name just one!

How did you hear about Powell River?

Nate & Sara • Nate's mother and stepdad have been caretakers of the Shelter Point campground on Texada for the last few years. Ironically, Nate visited them at the end of March and explored Powell River about a week before being offered a position here at the beginning of April.

What would make this a nicer community?

Nate & Sara • While the stretch from the ferry terminal to Willingdon Beach on Marine Ave offers many great dining options and different services, we think that it holds even more potential to transform into a "lite version" of something like Okanagan Ave in Penticton—a bustling hub in the summer that frequently features tourist attractions, outdoor concerts, and community events on almost a daily basis. This could serve as a great way to inject more tourist and outside money into the local businesses to be reinvested back into the local economy.

What aspect of your previous community do you think would benefit Powell River?

Nate & Sara • Prince Rupert had plenty of industry with very high paying jobs—a container port, grain terminal, coal terminal, pellet plant, commercial fishing, CN Rail, and LPG exporting—which allow many people to easily afford homes and start families, while also contributing



SO TROPICAL... COMPARED TO PRINCE RUPERT: Nate Alcos, Sara Boulton and their beagle Harley are enjoying the dry, warm climate of (yes) Powell River.

big tax dollars to the town. Obviously there are some key differences between the two places that allow for these economic drivers, but we think multi-million dollar industries like these could benefit Powell River, as long as they were done in an environmentally friendly and sustainable manner.

What challenges did you face in trying to make a life for yourself here?

Nate & Sara • When we transferred here, we were still trying to sell our house in Prince Rupert, so we decided to rent for the time being. There wasn't much available to us on the rental market and we had to do a lot of searching and networking with people. Finding a suitable apartment was a very difficult and frustrating process, but eventually we got lucky.

If you were mayor of Powell River what would you do?

Nate & Sara • We think one of the biggest areas of opportunity for Powell River

is the creation of more housing at rates the average person can afford. Additionally, keeping the cost of living reasonable and finding a way to attract more businesses and younger families could further diversify the economy and create a larger tax base for the city.

What are Powell River's best assets?

Nate & Sara • All of the beautiful sandy beaches, the hundreds of interconnecting trails, and endless ocean views. If you asked our dog Harley he would say the dog park by Mother Nature.

What is your greatest extravagance?

Nate & Sara • Going out for lattes, and going out for dinner each weekend.

Which talent or superpower would you most like to have?

Nate & Sara • Nate votes breathing under water and Sara votes flying. **RL**

If you know someone we should feature in I Made the Move, please email isabelle@prliving.ca with your idea.

WHAT'S UP

Support sought for woman with Lyme Disease

Powell River's Jesalyn Brice, who has been battling the complications of Lyme Disease for four years, is now bedridden and requires constant help. The disease has progressed to late stage Lyme Disease and Jesalyn needs to receive extensive treatments from clinics in Europe and the United States, says her mother Suzy Paulson. Jesalyn's partner Devon Adams has been handling all of her day to day needs with the assistance of his parents, Wendy and Darren. Jesalyn's mother has been advocating for her daughter and arranging her medical care.

Jesalyn contracted Lyme Disease in the Okanagan and although she sought medical help as soon as she became ill, two-and-a-half years passed before she was diagnosed. "She and her boyfriend Devon had just graduated and both had been accepted into the post-secondary schools they had applied to. They were in love, ready to face the world and looking forward to their next adventure in life together. Things did not go as planned."

One day Jesalyn called her mother to say she was unable to get off the bathroom floor. "She was extremely ill and was experiencing what she thought were flu-like symptoms. She went through many diagnostic tests and saw many doctors and specialists over the next two and a half years," said Suzy.

It wasn't until they sent Jesalyn's blood to Germany for testing that a diagnosis was made.

"We need to be aware of endemic areas, how to safeguard ourselves from ticks, how to do a tick check and how to seek treatment once a tick has been found," said Suzy.



IT'S TIME TO CLIMB: The climbing gym in the Townsite Mall is now open.

Jesalyn is growing weaker as her battle against Lyme Disease continues. Her family have exhausted their funds and Jesalyn and Devon try to make it by on her monthly disability cheque. The clinics that can provide treatment for Jesalyn are not covered by medical and Jesalyn cannot get extended health insurance. If you can help Jesalyn Brice beat late stage Lyme Disease please donate to Jesalyn's Gofundme page at gofundme.com/help-jesalyn-brice-beat-late-stage-lyme-disease

Cameras installed on school buses

After an increase in the number of safety issues involving students, school buses, and drivers of motor vehicles, new cameras that can record traffic violations have been installed on Powell River school buses. External cameras were attached to the driver's side of all School District 47's buses last month. The cameras can record other drivers' activity around the buses and that information can be passed along to local authorities. In

November, there was a close call between a student and a driver who went speeding past a school bus that was stopped with the lights flashing. The speeding car was about a foot from the student. The goal of monitoring and providing information to the enforcement authorities when people drive through school bus lights is to create a safer environment for students.

Volunteer opportunities for January

Volunteer Powell River (VPR) is looking for photographers interested in documenting the good work of other volunteers. Work with VPR to connect with local groups and give annual recognition for National Volunteer Week which takes place every April.

Success by 6 is looking for ORCA Bus Drivers. Volunteer Drivers move a 40 foot reconfigured bus (the ORCA Bus) to scheduled stops/visits in all areas of the qathet Regional District. The ORCA Bus parks for the duration of the program and is then returned to the storage yard. Typically, volunteer drivers spend three to four hours on each trip. The ORCA Bus has been on the road since February 2009. Today, the bus delivers a Strong Start outreach program for SD#47, The City of Powell River, Supported Child Development (inclusion Powell River), Tla'amin Health, and many other activities at various community events. The bus offers programmed stops and 'pop-ups' from Saltery Bay to Lund and Texada Island.

Powell River & District United Way is looking for a strategic development board member. If you have passion for grant sourcing, building business plans, or creative thinking around revenue generation we want to hear from you. For more info visit Volunteer Powell River at unitedwayofpowellriver.ca, call 604-485-2132 or email vprdesk@gmail.com **RL**

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Anderson retires

It's the end of an era for Keith Anderson of **Anderson's Men's Wear**. The store was originally started by Keith's father Jim in November 1954 and later taken over by Keith. It closed last month after outfitting generations of Powell Riverites. Keith's retirement plans include spending more time with his family – including his five grandchildren.

Heat expands

Two years after launching PR Heating & Air Conditioning in **Peter Bordignon's** basement the company outgrew its space. **Gary Slootweg**, who co owns the business with Peter, purchased the building that housed Anderson's Men's Wear and Artique (but not Ecosentials) at 6818B Alberni Street. They renovated their new space this fall and plan to open in their new location early this year. Peter is a ticketed gas fitter and HVAC technician and Gary is a ticketed gas fitter. They can help with all residential heating and cooling needs. For more info, call PR Heating & Air Conditioning at 604-489-0030, email prheating@hotmail.com or visit their website at prheating.ca

Massage branches off

Marie Eve Barnes and **Eve Stegenga** have expanded into their own individual practices. Marie Eve and Phil Rassel are staying in the 6804 Alexander Street studio. Marie Eve can be reached at 604-414-9772. Eve is keeping the **Blue Lotus Wholistic Healing** brand and moving to 4680 Willingdon Avenue – where the business started six years ago. Eve can be reached at 604-414-5991. The shift happens the first week of January. Both continue to offer reiki and massage. “We would like to acknowledge our mutual support over the last six years of business as well as the support of our community,” said Marie Eve. “Our hearts are full of gratitude and we look forward to our new journeys and continued offering of healing services,” said Eve.

Moving moves

TMS Moving has moved itself! After 18 years TMS closed its storage division and has relocated back to where the business started in the building behind the forestry office on Duncan Street. The move followed the sale of the building at the corner of Duncan and Bowness, which TMS was leasing. TMS is still offering moving services and looks forward to helping Powell River move for years to come, said owner **Rob Tremblay**. In addition to

long distance and local moves, TMS sells and rents moving supplies, from boxes to blankets to wheeled moving carts. Visit the TMS moving office at 7095H Duncan Street, call 604-414-0441, email tmsmoving1@gmail.com or go to www.tmsmoving.ca.

Food distributor opens

Bruce & Clark is expanding to Powell River and will set up a distribution center at 7339 Duncan Street (formerly occupied by TMS Moving). The company specializes in the distribution of food and specialty beverage products, paper and packaging supplies, along with janitorial and sanitation items, providing everything from latte mixes to coffee syrups, paper straws to a full line of eco-friendly packaging. Bruce & Clark has main distribution centres in Richmond and Delta BC. Bruce & Clark representative **Nigel Messmer**, who spent part of his childhood on Texada Island, says that while the warehouse will not be open for regular retail hours, it will also offer some products to retail customers at occasional weekend markets. The focus is to serve cafés, bakeries and restaurants with just-in-time delivery of packaging, food and specialty items. Watch for an opening in the next couple of months.

Accountants make change

The office of Del Mistro Dunn has moved from Duncan Street into the newly renovated offices above Paparazzi Pizza. Their new address is Unit 3, 4313 Alberta Avenue. “We are going through a bit of a rebranding at the same time,” says **Steve Beck**, CPA, CGA. The company has changed its name to **dmd Chartered Professional Accountants**. In June, founding partner **Larry Del Mistro**, B.Sc. CPA, CA retired from dmd and has been operating an independent consulting practice since then. “I enjoy assisting clients and accounting firms with business reorganizations, tax and estate planning,” says Larry. He can be contacted at delmistrocpa@gmail.com.

New advisor in town

Ben Chiasson sold his property on Gabriola Island and has become the **Edward Jones** financial advisor at the Powell River office. Ben moved the family here, too, which includes his wife, a young son, and a baby on the way. His first career was in the automotive industry. Ben looks forward to helping the community, and especially would like to reach out to all those folks who want to learn about growing, managing, and protecting their wealth. As Ben continues his career and family life here in Powell River, what's most important to him is what's most

important to his clients. Contact Ben at ben.chiasson@edwardjones.com or 604-485-4595.

Tracey tops at Tourism

Tracey Ellis is the new executive director at **Tourism Powell River**. She also serves the role of manager and marketing director. Tracey has been the manager of the Powell River Visitor Centre since January 2013 after an extensive career in publishing. “My travels around British Columbia as (a member of the) media have set me up well for the position I am entering now as Executive Director of Tourism Powell River,” said Tracey. “I look forward to my expanded role beyond Manager and Marketing Director at the Visitor Centre to the big picture of tourism in the Powell River and qathet region.” Tracey brings to the job an exceptional combination of local experience, knowledge, and proven leadership, said Bob Timms, Board President. The objectives of Tourism Powell River are to promote tourism for the benefit of area residents and visitors, operate the Powell River Visitor Centre as well as promote services and accessibility within the hospitality/services industry for all tourists and area residents. Tracey can be reached 604-485-4701 or at tracey@discoverpowellriver.com



Social Enterprise: on fire

K-Lumet, a social enterprise with a mission to create equitable employment opportunities for people who live with a disability or have barriers to employment, will open the first manufacturing facility in Canada right here in Powell River. In March of this year, K-Lumet will start manufacturing fire starter, a quick and easy replacement for kindling, that is made almost entirely from recycled materials. Inclusion Powell River will act as the parent company for K-Lumet for the duration of a three-year research project which is a partnership with Vancouver Island University. Once the research project is complete, the business will grow through franchised partnerships throughout BC. Although partial

funding has been secured more capital is needed; a crowdfunding campaign will run until February 21 under Start-SomeGood. For more info visit start-somegood.com/k-lumet-kindle-a-fire.

More custom gowns

Perfect Fit Sewing & Alterations has expanded and now has new fashions available for brides and grads. “Choose your gown from Milano Formals at Perfect Fit,” says owner **Guadalupe Dufour**. “New styles are available, or choose from our catalogue. We have wedding gowns and dresses for bridesmaids and grads.” Call or text Guadalupe to arrange a viewing or a consultation at 604-483-1800. Perfect Fit will be at the Wedding Expo on Sunday, April 7 at the Town Centre Hotel with a fashion show, samples and the opportunity to discuss your wedding, bridesmaid or other event fashions.

Clean floats

An Okeover company is among those who have received money from the Department of Fisheries and Oceans to make their businesses a little more environmentally friendly. Last month, the Minister of Fisheries, Oceans and the Canadian Coast Guard, Jonathan Wilkinson, announced approximately \$1.1 million in funding from the Fisheries and Aquaculture Clean Technology Adoption Program to support and accelerate clean economic growth. **Little Wing Oysters Ltd** got \$19,900 to replace Styrofoam floats with new and more durable molded foam-filled floatation blocks.

Room experience a winner

Townsite Brewing won the BC Ale Trail's inaugural Best Experience Award for 2018. The Powell River brewery, part of the Sunshine Coast Ale Trail, won the award following an online nomination process. “Chuffed is the word I would use,” said **Chloe Smith**, general manager of Townsite Brewing when asked how it felt to win the award. “We certainly feel that we provide the whole package, in terms of great beer, plus great atmosphere. It feels good to know that someone else thinks that too!” The brewery's popular lineup of beers and active involvement in the community, has helped make its 16-tap tasting room a busy place filled with locals and visitors alike. Since 2012, Townsite has released more than 45 different beers, and has won many awards. “Townsite Brewing is one of my favourite places to visit on the BC Ale Trail,” says Joe Wiebe, Director of Content for the BC Ale Trail. “I love the tasting room, and I really admire the high standard of quality and creativity they put into all their beers. The brewery itself is well worth the trip to Powell River, which is such an interesting and welcoming community.” **PR**

JAN. 4 TO 6 WEEKEND



End of Winter Vacation
Aquaman at the Patricia
Kings vs. Wenatchee
Kings vs. Cowichan Valley

JAN. 11 TO 13 WEEKEND



Curling starts again
Banff Mountain Film Fest
Jack Garton
Sociocracy Training
Kiwanis Book Sale

JAN. 18 TO 20 WEEKEND



Tea & Tarot
Brigit Bigold fundraiser
Intro to Weaving
Crafternoon
MOOCs

JAN 25 TO 27 WEEKEND



Tailgate Party
Kings vs. Penticton
Playboyz
Food Safe

Much more is happening in January. See Pages 28 to 31.

Leave the house, it's **5** Film events that will transport you *January*

1. Banff Mountain Film Fest

This annual outdoor adventure film festival takes place at the Max Cameron January 11 & 12. Tickets go fast. Each night features different films. See the website for full details.

2. Powell River Film Fest

Early bird tickets are on sale for the February 8 to 17 events happening at The Patricia. From a documentary about Pippi author Astrid Lindgren, to a local film about the reconciliation canoe, plus special events - don't miss it!

3. Canadian Oscars

On Friday nights starting February 1, the Library is screening Canadian Oscar winners dating back several decades. Admission is free. Films usually start at 7pm. See www.prpl.ca for the full line-up. It's substantial.

4. Carmen by Bizet

At the Max Cameron February 2, this is a “Live from the Met” event. Watch the world's best Opera larger-than-life in real time - from your own local theatre. In 1875, Carmen shocked Paris with its depictions of lawlessness and common folk.

5. Cinematheque Series

Vancouver's Cinematheque Society hosts “essential” film exhibitions throughout Canada. Help Ann Nelson choose this year's offerings at The Patricia (which starts February 20) by emailing her by January 15 via www.patriciatheatre.com. **PR**

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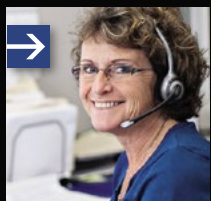
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In the Community

January 7
Schools reopen

January 18
Brigit Bigold Beer & Burger
See ad, next page.

January 6
Final day of holiday schedules at the Rec Complex

January 4
Kings vs. Wenatchee
7 pm, Hap Parker

January 6
Kings vs. Cowichan Valley
3:30 pm, Hap Parker

Friday, January 11
Powell River Curling Club fun nights start up again
7 pm. All level of curlers welcome
604-414-5786 (Roger) www.powellrivercurling.com

Nominations for the Chamber of Commerce Awards close
Enter at powellriverchamber.com or use the form on Page 3.

January 19
Tea & Tarot
A fundraiser for Henderson House and the Townsite Heritage Society. 1 to 4 pm, by appointment. Henderson House. 604-483-3901 or thetownsite@shaw.ca.

January 18
Kings vs. Victoria
7 pm, Hap Parker

January 19
Kings vs. Victoria
5 pm, Hap Parker

January 25
Tailgate Party and \$10,000 Loonie Scramble
5:30 pm Tailgate, Loonie Scramble is in between periods at the Kings' game at 7 pm. Sunrise Rotary Club fundraiser. See Page 10 for more.

Kings vs. Penticton
7 pm, Hap Parker

January 22
Assumption School Open House – free family dinner
5 to 7 pm, Assumption School. Everyone welcome.

February 2
Chamber of Commerce Business Awards
6 pm, Dwight Hall

January 26
Kings vs. Surrey
7 pm, Hap Parker

January 29
Kings vs. Nanaimo
7 pm, Hap Parker

February 1 to 3
Pewee Hockey House Tournament
Hap Parker Arena

Feb 2
Last day to register for the Crib Tourny at Lang Bay Hall
Event is February 9. Cost \$15. 604-483-1440

Sports & Games

Arts, Books, Music, Film

January 4 – 10
Aquaman
7 pm Nightly, The Patricia

Wednesdays January 9+
Knit night
6:30 to 8:30 pm, Library drop-in.

Wednesday, January 9
One Voices Choir start-up
6:30 to 8 pm, location TBA. singitpowellriver@gmail.com. 604-483-1451

January 10
Powell River South starts up again
7 pm, Community House behind Kelly Creek School. We welcome new singers for the winter session. Choir Leader: Annabelle Tully-Barr 604-223-3265, FB or bringitsingitapr@gmail.com

January 11 & 12
Banff Mountain Film Festival World Tour
5:45 doors open for refreshments; 6:45 films begin. Brooks & Max Cameron. james.palm@sd47.bc.ca.

Friday, January 11
Jack Garton
Cran Hall. \$20 at the door. Doors open 7. Music starts at 7:30. Tickets \$15 in advance at Rockit Music and Eventbrite.ca

Saturday January 12
Kiwanis Book & Marmalade Sale
10 am to 1 pm, 4943 Kiwanis Ave. Money raised goes to Grace House.

Losing my Country Keeping my Soul by Allan Glass
Library, noon til 2 pm. Local author Allan Glass shares his autobiographical story of deserting the American army and emigrating to Canada.

Tuesdays January 15 & 29
Poetry & Prose
6 pm, Library. Open mic sharing, poetry exercises, crafting, and creative inspiration. All forms of literary reading.

January 15
Speak: Poetry and Spoken Word
6 to 9 pm, Library. A venue for writers, poets and spoken word artists. All ages. Drop-in. Sign-up to read by emailing powellriverpoetryslam@gmail.com

January 17
Madeline Hocking, violin, and Sunny Qu, piano
7:30 pm, James Hall. \$20.

January 19
Intro to Frame Loom Weaving
4 to 7:30 pm, 32 Lakes. With artist Haley Hunt-Bronrdwin. Email hhuntbrondwin@gmail.com for more.

Plan your January

January 20
Crafternoon at Townsite Brewing
3 pm. Bring your projects.

Saturday, January 26
Ladies Night with Playboyz
Carlson Club; doors open at 8 pm, show at 9:45 pm. Tickets available at the club. Canada's premier and most popular dance revue. For women.

Monday January 28
Friends of the Library Book Drive
3 to 5 pm, Library.

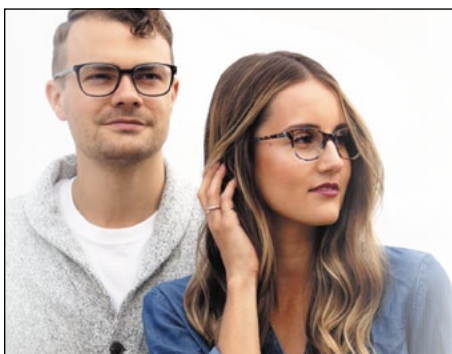
Wednesday, January 30
Old Man Ludecke
Cran Hall. \$25 at the door. Doors open at 7. Music starts at 7:30. Tickets \$20 in advance at Rockit Music and Eventbrite.ca.

Fridays starting February 1
Oscars: Canadian film series
7 pm, Library. Free admission. Day 1 (Feb 1, 7 pm) – Classics – *Churchill's Island* (1941), *Neighbours* (1952), *Ill find My Way* (1977) See www.prpl.ca for the full schedule.

February 2
Carmen – by Bizet
10 am Max Cameron. Live from the Met on screen. \$27/ \$24

February 8 to 17
Powell River Film Festival
See prfilmfestival.ca for more

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www.powellrivercurling.com/friday-night-fun



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Brigit Bigold Beer & Burger

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Friday, January 18, 6 pm-1 am

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Try out Mr. T's sport in Cranberry

BY JULIE CLARKE

When you hear the word 'curling', what do you think of? Plump, middle-age men yelling 'SWEEP', 'HARDER', and 'HURRY HARD'?

Or do you think about the 2018 winter Olympics in South Korea, and the great performance of Canada's mixed doubles team pulling off a Gold medal for Kaitlyn Lawes and John Morris?

There is no sport in the world that is growing faster than curling right now. Add in the fact that you can start curling at almost any age, you don't need to be a top athlete to play, the positive social and physical benefits of curling, Canada's cold (and dark) winter evenings, and the acclamation of (believe it or not) Mr. T, and you have a winning sport.

This sport started in Scotland in the 16th century,



TRY CURLING

What: Drop in curling Friday nights: no experience necessary
When: 7 pm Fridays, starting January 11
Where: The curling club in Cranberry
Why: Meet new friends, fitness, fun.

with curlers playing in frozen ponds and lochs, and was brought to Canada in the early 1800s, with the first Canadian curling club opening in Montreal in 1807.

Curling has been an official Olympic sport since the 1998 Nagano Olympics. Since 1998, Canada has won three Olympic gold medals in men's curling, two Olympic gold medals in women's curling, and one Olympic gold medal in mixed doubles, which was added to the Winter Olympics in 2018.

If you haven't watched curling lately, here are the

UPGRADES TO THE CURLING CLUB

Thanks to the support of community organizations, volunteers, and Community Forest and Gaming Grants, your local Powell River curling club is gearing up to meet the local upsurge in interest for this Olympic sport. With a new ice plant (replacing the deprecated ammonia plant) and other safety upgrades, as well as brand-new accessibility features at its Cranberry rink, the curling rink is in great shape to meet the needs of both old and new members.

basics in a nutshell:

Two teams of four players each slide 40-pound granite stones down a sheet of ice towards a target at the other end. The goal is to get as many of your stones as possible closer to the centre of the target than the other team.

But it's harder than it looks. When you throw a rock down the ice, the faster you throw the rock, the less it curls, or bends. In order to place the rock where you want it to go, you have to learn to judge the ice, your throwing speed, your team's sweeping speed, and the curl of your rock. And your sweepers and the 'skip' (your curling team's boss) need to be know where to place your target, and when to tell the sweeper to sweep (to speed up the rock) or lay off.

Curling rinks and teams are popping up all over the planet in the oddest of places. Qatar's men's curling team - from a subtropical desert nation - celebrated its first international victory last November in Australia, and Saudi Arabia now has conditional membership in the World Curling Federation, along with Kyrgyzstan, Afghanistan, and Portugal. Korean, Japanese, and Chinese interest in the sport is huge.

Learn something new

Thursdays starting January 10

Powell River South Choir
 7 pm, PM Community House (behind Kelly Creek School). Learn new songs, harmonies and rhythms every week. Contact Annabelle Tully-Barr 604-223-3265, FB or email bringingsingitbpr@gmail.com for registration and drop-in info.

January 11 to 13

Sociocracy Training
 Hosted by the Hearthstone Village Cooperative. To register and for more details, email cohousinginpr@gmail.com

Friday, January 18

Tech Savvy - Massive Open Online Courses
 4 pm, Library. Learn about MOOCs, which are free high quality online courses provided by from the world's best universities. To register call 604-485-4796.



Saturday, January 19

Outspoken: A spoken word workshop for teens
 11 to 3, Library. Registration is required. Ages 13-18 are welcome. Contact Megan Cole, teen services coordinator at cole@prpl.ca or call 604-485-4796.

Saturday, January 26

Food Safe Certificate
 9 am, Lang Bay Hall. You must preregister by Jan 18. This is a six-hour one day course. \$70. To register contact Kathy 604-483-1440 or Carol 604-487-1259. Starts Thursday, January 10: MUSIC - Wellspring South. Community House, 7 pm

Saturday, January 29

Tech Savvy - Digital Photography
 1:30 pm, Gillies Bay Seniors Centre. Learn tips and strategies for digital photography - including techniques in take better photos, basic photo editing and managing digital files. To register call 604-485-4796.

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| <p>January 9 Restoring Balance with Nutrition <i>Lisa Marie Bhattacharya, RHN</i></p> <p>January 16 Beyond Behavior Raising Resilience for Children with Anxiety <i>Michelle Riddle, OT, HNC</i></p> <p>January 23 Inflammation and Our Health <i>Dr. Lani Nykilchuk, ND</i></p> | <p>February 6 Herbs for a Better Sleep <i>Mara Jones, CHT, BSc</i></p> <p>February 13 Homeopathy - Treating Colds & Flu <i>Dr. Catherine Cameron, DTCM</i></p> <p>February 27 How to Cultivate a Healthy Gut <i>Dr. Lani Nykilchuk, ND</i></p> |
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Smoking, vaping, ingesting or otherwise using or carrying cannabis in any form is absolutely not allowed in School District 47 buildings or on its properties at any time.

In October 2018, recreational cannabis use in Canada became legal for those 19+ in some settings. Legalization does not mean cannabis use is allowed everywhere by everyone at all times. It is not allowed at school; the District's drug procedure is not changing. All District Policies and Administrative Procedures can be found on the website: www.sd47.bc.ca. The Provincial fine for smoking cannabis in a prohibited place is \$230 and \$58 for vaping.



Q • What's new in cannabis education for youth - given that it's still illegal?

Rachel • Education is going to transition really quickly over the next five years or so. We take a science-based, non-judgemental approach to engaging youth. So we tell them about research, and ask them to reflect on making good choices. But the reality is, the science has been thin, because you can't do ethical controlled studies with illegal substances. So we have to say, "I don't know" to a lot of their questions. Now that cannabis has been legalized, the science will start rolling in.

Q • How prevalent is cannabis use among youth here in Powell River?

Rachel • We know that Canadian youth have one of the highest rates of use in the world. And especially here, there is a real culture of acceptance of it on the West Coast. We're a cultivator region.

Q • What are the problems with youth using cannabis?

Rachel • There are a few we know about for sure. One is that cannabis use can trigger psychosis. Cannabis use disrupts sleep quality, which is critical for teens. And it impacts the developing brain; brains are still growing until about age 24. We don't know enough about the science behind the impacts, because we don't have the controlled studies yet. But we will. Plus, unless you're buying from a licensed retailer, you don't know for

sure what other substances may be in your marijuana.

Q • Those impacts seem serious. Is your message to teens to "Just say no?"

Rachel • Anyone with a teen knows that telling them what to do in an authoritarian way won't produce the results you're looking for. I engage youth in conversations - it's called "motivational interviewing," asking them questions to draw out their reasoning for their behaviour in a non-judgemental way.

Q • What resources do you offer for parents and caregivers who want to have better conversations with their teens and preteens?

Rachel: We encourage parents to check out the "Here to Help" resources developed by the University of Victoria and the Centre for Addictions Research of BC. They're available at www.heretohelp.bc.ca.

Want to learn more?

Contact us.

School District #47
4351 Ontario Ave
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www.sd47.bc.ca



January is *Just for me*

Into the Woods

1. Maui Jim shades from Iris

The Kawika frames are a retrospective look at one of Maui Jim's original styles. These polarized classic sunglasses are a true testament to Maui Jim's legacy and heritage of providing quality, durable frames with unmatched lens clarity.

2. Cowl sweater from Pollen Sweaters

The ubiquitous placket sweater from Pollen Sweaters is a go-to piece of Powell River's wardrobe for work and play, but when you want to step up the fashion a little notch, and stay comfortable and warm, choose the company's fold-over cowl sweater. The back of the cowl stands to protect your neck while the front keeps you cozy without the closeness of a turtleneck

3. Sunglasses from Simply Bronze

Look gorgeous, see well, and feel great with DIFF sunglasses. For every pair of sunglasses sold, DIFF gives a pair of reading glasses to someone who can't afford them. Just \$129.99 at Simply Bronze.

4. Shoes from Armitage Men's Wear

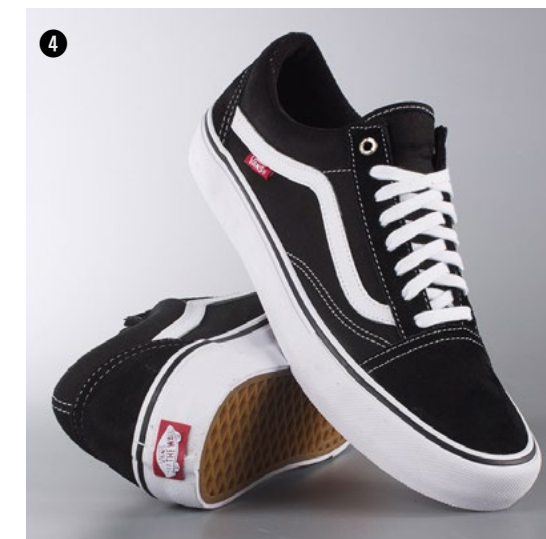
The Old Skool is a Vans classic skate shoe and the first to bear the iconic side stripe. It has a low-top lace-up silhouette with a durable suede and canvas upper with padded tongue and lining and Vans signature waffle outsole.

5. Boots from Fits to a T

Bogs - Snowday mid and low rise women's lightweight insulated boots help you keep Jack Frost from nipping at your toes.

2. Pocket Saw from Thunder Bay Saw Shop

The Silky Pocket Boy hand saw is small, at just 170mm. But it earns its nickname "Little Giant" due to its extraordinary cutting capacity. The compact lightweight folding saw with 6-3/4-inch blade that will take up very little room in your pocket or backpack. Great for cyclists and hikers maintaining trails, climbers cleaning routes, or just keeping the brush at bay in your back yard.



Last month, you did it. You helped Santa visit. You Elfed-on-the-Shelfed. You fed and cleaned and celebrated everyone else.

Now it's your turn. Gift yourself what you really want to kick off the New Year right.



January is *Just for me*

With your best pals

1. Townsite at Capone's Cellar

The full selection of Powell River's favourite beer is available at Capone's Cellar.

2. Street Goalie Kit at TAWS

Ice is great, but all Powell River kids need is a piece of pavement for a pickup hockey game. Get your future Carey Price outfitted with a CCM Street Goal Kit from TAWS. It includes a pair of 34" goalie pads, chest protector, blocker and catcher.

3. GPS Watch from Canadian Tire

Get outside, but know exactly where you are with a Garmin Fenix GPS Watch from Canadian Tire, a compact tool for the outdoor enthusiast. On sale now for just \$199.98 from its regular \$499.99 price, this watch can mark up to 1,000 waypoints and store up to 10,000 track points. It features an altimeter, barometer and 3-axis compass with automatic sensor calibration and is waterproof to 50 metres.

4. Pet Crate from Top Shelf Feeds

Precision Pet's® 2 Door Great Crate® is composed of durable heavy-gauge wire with rounded corners and closer wire spacing - making this crate safer and stronger. Each Great Crate comes equipped with a durable, easy to clean polypropylene plastic pan and a divider panel that allows puppy owners to adjust the crate size as your puppy grows. For storage or travel, the 2 Door Great Crate easily folds flat and features an easy carry handle for added convenience.

5. Smoothie from Fruits & Roots

The Green Light Reset Smoothie has kale, spinach, cucumber, pineapple, banana, pear, coconut ice cubes, coconut water and lime juice. On Sundays it is \$1 off all day as part of Recovery Sundays.

6. Facial from Beyond Bliss

An Oxygen Facial is just what your skin needs after the overindulgence of Christmas! Exfoliate, Infuse and Oxygenate with this 3 in 1 super facial, on sale at Beyond Bliss for the month of January for only \$129, a great idea for using your gift card. Start the New Year with beautiful skin.



Domestic delight

1. Cleanse from Kelly's Health Shop

After all the naughty things you consumed in December, a cleanse from Kelly's Health Shop will get you back on track. Wild Rose Herbal D-Tox is an easy 12-day program. Whether to stay in good health, to clear a congested system, or to use after over-consumption, a detoxification program can be an integral part of your continued health. For many, a D-Tox is the beginning of a new lifestyle, and a time for breaking unwanted habits.

2. Tropical Plants from Mother Nature

Replace the space left by the Christmas Tree with a selection of tropical plants from Mother Nature. Lush, vibrant plants do wonders for your decor, mood and even your health!

3. Gluten-free at The Nutcracker

Gluten free products to keep you warm and cozy through the winter season include Simply Delish Soups. Also check out Zena's Gluten Free Mixes for breads, waffles/pancakes, cookies, muffins, scones, cakes and brownies. Most are vegan as well, and all are available at the Nutcracker.

4. Glassware from Tla'amin Convenience Store

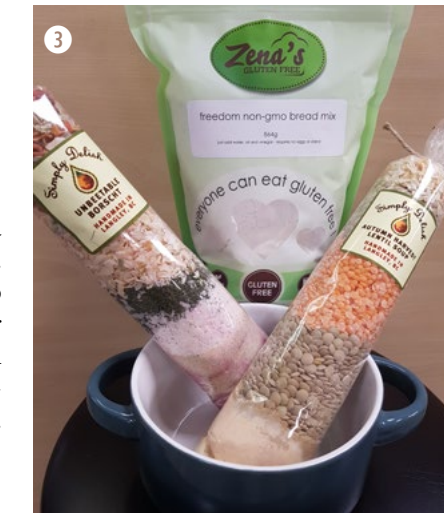
Dine in style with this beautiful sandblasted glassware by Haida artist Michael Forbes. Currently lining the store shelves at Tla'amin Convenience are etched glass bowls, vases, wine glasses and plates.

5. Seal heads from Tug Guhm Gallery

Lund artist and gallery owner Deb Bevaart carves amazing grizzly bears, whale tails, sea lions, and otters. But her adorable seal heads, poking their heads out of the tabletop just the way you see them in the harbour, with eyes that enchant you, are difficult to resist.

6. Steak knives from Tourism PR

January Sale! Save storewide on items such as these pewter plated knives, now just \$9.99. This 8" Steak Knife, decorated with a raven, is by Gordon White, a Haida artist.



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Emerging out of Darkness

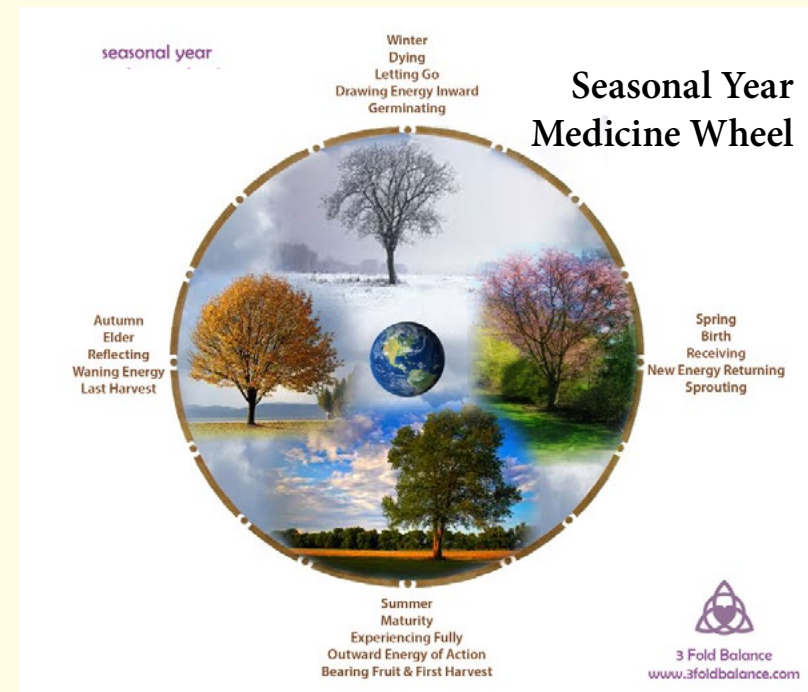
Return to Reverence ~ working with elements of the natural world
JULIETTE WOODS offers card readings, shamanic sessions, medicine gatherings, and immersion programs online and in-person. Find her at 3FoldBalance.com and shamanicliving.ca

Over these long dark nights of winter, many of us find our next best steps in life may not be very clear. Perhaps there has been a time of Unknowing or a sense of futile urgency to get a plan together.

Looking to the medicine wheel of the seasons, this has been the time for just that; a time of darkness - and it can be uncomfortable. We tend to prefer knowing what is coming, yet we can't "see" very far ahead. We may have all sorts of dreams or ideas floating in and out of our awareness but nothing solid to act on.

If this is your experience, know that January brings us the post-solstice support of gradually increasing light from the Sun. The Sun both illuminates and lends an impetus of growth that we can tap into and draw on. We might begin to sift and sort which seeds of intention are most viable to plant. The bread crumb trail to opportunity may begin naturally showing up.

Coincidentally, New Year resolutions are also made at this time. As the Sun brings more vitality each day, so too can we cultivate our dreams, goals, projects, and ideas. There is a vast amount of energy available to us tuned to the frequency of "first stirrings of growth" all around us as the plants, trees, and Sun reverse course from inward



movement toward budding growth in spring.

January also typically brings worse weather, and some seeds both in gardens and in life need to go through a cold stratification process. A process that cracks them out of dormancy.

In our life situations, while the path forward is slowly illuminating for us to follow, we too may experience a harsh environment to kick start our growth or healing work. When it's storming outside, we defend ourselves against the cold by

bundling up, tensing our bodies, and bracing against the storm.

One of my teachers would tell me, the best place to be during a storm is at the base of a tree rather than staying in the treetops. It was a metaphorical way of saying to keep myself grounded, anchored, and rooted into my physical body when chaos swirls around me.

Yoga, breath work, hiking, dance, working with stones, and eating root vegetables can all support your anchoring during any storms you may weather in life this month. **RL**

Ice, Snow & Sasquatches

Across

- 4) You don't have to shovel it
- 5) Not the Hilton, it's better with another L
- 7) Speedy winter footwear
- 8) Ski area acronym
- 10) Small ski hill-beating tow
- 14) Lake, cabin managed by Knuckleheads
- 15) Flakey rain
- 16) Sentinel cabin namesake
- 18) What KWRA lacks, but planes don't
- 19) Inlet where Sasquatch abducted Al
- 20) Base Camp's Sasquatch artist
- 21) Winter recreation area
- 24) With tracks, it goes in snow
- 26) Sasquatch's snowy counterpart
- 27) Top of cabin, or sleeping bag's thickness
- 28) Nipper of nose and toes
- 30) Crown's icy sport upgraded
- 31) Sasquatch's machines?
- 32) Winter walker, or hare

Down

- 1) Long-necked bird, Lake
- 2) What frozen things do in summer
- 3) Old Ski Club was a jewelled crown
- 4) What you're allowed to throw on ice
- 6) Sasquatch's other name
- 7) Partly melted snow
- 9) A-Branch chateau's service club
- 11) Remote cabin stove fuel
- 12) Don't pepper the road
- 13) Tapered hanging frozen water
- 16) Tire wrappers for winter roads
- 17) Falling ice, rain and snow
- 22) Frozen rain, or to call someone
- 23) Rapidly sliding snow
- 25) This artist, le breton
- 29) First route for snow removal
- 30) Glacier visible from Westview
- 33) Sweep faster

Solution for last month's puzzle: December in Powell River

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MADLINE HOCKING, violin & SUNNY QU, piano
Thurs, Jan 17 at 7:30 PM
James Hall • \$20

A native of Powell River, Madeline Hocking has established herself as a dynamic performer throughout North America and Europe. She is currently teaching violin in Richmond.
Pianist Sunny Qu was born in Qingdao, China and later raised in Vancouver. He is equally at home with repertoire from the Baroque period and modern day.
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19 Predictions for 2019

Last Word

BY PRL STAFF

1. Coastal, by Naturists

Men protest the loss of Anderson's Men's Wear and Bootlegger by wearing 50 percent fewer clothes. Tourism thrives.

2. Identity theft

Powell River's tourism map has to be reprinted after both the mayor and Sunshine Coast Trail visionary Eagle Walz shave their beards and are no longer recognizable to tourists.

3. The future is newsprint

Supporters of political writer Murray Dobbin start their own newspaper: *The Powell River Piqued*.

4. Vancouver North

Median property prices in Powell River reach \$1 million for detached homes. Squatting in Desolation Sound becomes the new escape hatch for priced-out urbanites.

5. Northern Exposure

Sandra Tonn's Memoir Writing Group for Seniors unearths a Powell River origin story that's as progressive and cool as Cicely, Alaska's.

6. Alco-mall

Long abandoned pipes running under Ash Avenue are rediscovered and repurposed to flow beer directly from Townsite Brewing to the Townsite Mall. Shop space sells out. The climbing wall's harnesses keep chaos in check.

7. Canna-beer

Pipes going the other direction are discovered, allowing the pot growing operation in the old mill offices to irrigate with Zunga. Stocks soar.

8. The qRD was right

Rising sea levels turn the Willingdon Beach Trail into Canada's premier diving attraction. SCUBA enthusiasts from around the world flock to see the sunken forestry equipment and feed the diving squirrels that have adapted to the change.

9. Tougher than farmed Atlantic Salmon

With the closure of net pens in the Broughton Archipelago, salmon farms are moved to Powell Lake, where escaped fish can't interbreed with wild salmon. All is well until the Powell Lake sea monster, long thought to be only a legend, gets tangled in the nets and drowns. (The relic from the Mesolithic tastes like chicken.)

10. Nature is overrated

After a summer of swimming, kayaking and SUPing in the Salish Sea, students return to Powell River schools in September with an epidemic of sea lice. Local essential oil experts concoct an effective cure.

11. When you gotta go...

A second hulk is sunk, but inadvertently on the Townsite sewer line. The new plant gets fast tracked. No one complains.

12. He's a natural

To save court costs, councillor George Doubt resigns, prompting a by-election which he wins by a landslide. In a surprising twist, Al Drummond is named returning officer for the next election.

13. Lost & Found

Demolition of the Inn at Westview reveals two Coy Cups, a mayor's chain of office (bringing into question

what Stuart Alsgard and Dave Formosa have been wearing all these years) and the original plans for the Westview sewage plant (which explains why that didn't work out.)

13. Climate change, solved

Sasquatches finally make contact with trail builders in the Duck Lake area. They share alien technology, including a 7G network technology that renders Huawei obsolete, making Canada the world's tech leader and putting an end to global warming. And they advise against building a road to Squamish. "It will never work," says the Sasquatch leader, whose name, oddly, is Meng Wanzhou.

14. i No More

- The Grammar Police officially ban all proper names beginning with lower-case letters, or two words mashed together with a capital in the middle.
- The Thought Police officially ban colonist- and conservative-origin grammar and spelling conventions.
- The Libertarian Police officially ban banning things.
- The Facebook Police officially ban discussing which things should be banned.
- Those who have been banned from *Swap n' Shop* and *Concerns, Opinions and Solutions* form a group: the disenfranCheezed. And the cycle begins again.

15. A capella Pinnipeds

After performing free concerts all day, every day for months, the sea lions at the Hulks demand equal pay to the Townsite Jazz Fest musicians.

16. The naming of the trail

With the legalization of cannabis, local promoters struggle to decide on a name for the region's newest attraction. It's gotta be as hip and catchy as "Sunshine Coast Trail" and "Ale Trail". The Weed Walk? Cannabis Crawl? Mary Jane Meander? Pot Perambulation?

17. Incinerate this

Instead of a general waste incinerator on the waterfront, a new idea emerges, inspired by the Granite gravel pit: a winter tourism destination dump for terrible toys. Stand on the Catalyst look out, and throw the season's crap as far as you can into a flaming, exploding pit: Hatchimals, Fortnite discs, LOL dolls, fidget spinners, broken remote-control flyers... January's tourism exceeds July's.

18. Water, water everywhere

The newbies profiled in PRL's "I Made the Move" column stop saying they're moving here for the "lifestyle," and start reporting they're here for the "abundant fresh water" and "lack of wildfires."

19. Welcome Home

The 2019 Best of Powell River Neighbourhood Award goes to Westview near the hospital and the malls. Homeowners and renters there - with grace and a strong vision for radical inclusivity - created a fully-integrated community between those living in the existing homes, the new residents of the 40 Rapid Response modular homes and those who use the Winter Shelter. Plus, with patience and good will, the neighbourhood tolerated the construction of the new 40 inclusion Homes Rental units at Alberni and Ontario, the 20 Joyce Commons rentals, the 75 Coastal Winds Seniors Village rentals, Edgehill Crescent's 81 houses with secondary suites, the 25 Fernwood Avenue condos and the 16 Tye Landing condos - and welcomed all their new neighbours. It was lot of change all at once, but this community rose to the challenge. PRL



Pre-treatment



Post-treatment

REDUCE THE FUELS PREVENT THE FIRES

Widespread, community damaging wildfires have become a frequent summer reality in BC. We don't want one in qathet, so we're promoting a solution.

It's the fire-prevention practice of fuel reduction. Removing fuels such as dry branches from the forest floor leaves little for fires to burn easily in a coastal rainforest. Leaving the trees standing keeps the ground cool and wet. The Province of BC has granted qathet Regional District funding to implement this project here in the Pentiction Trails.

It was first recommended in the Community Wildfire Protection Plan (CWPP), as developed for the qathet Regional District, City of Powell River, and Tla'amin Nation.

This is the first significant wildfire mitigation fuel reduction project for the region and will cover 34 hectares. Work starts this month: January 2019.

The primary goal of this project is to reduce forest fuel loads which will increase public safety, protect

How to create a Shaded Fuel Break:

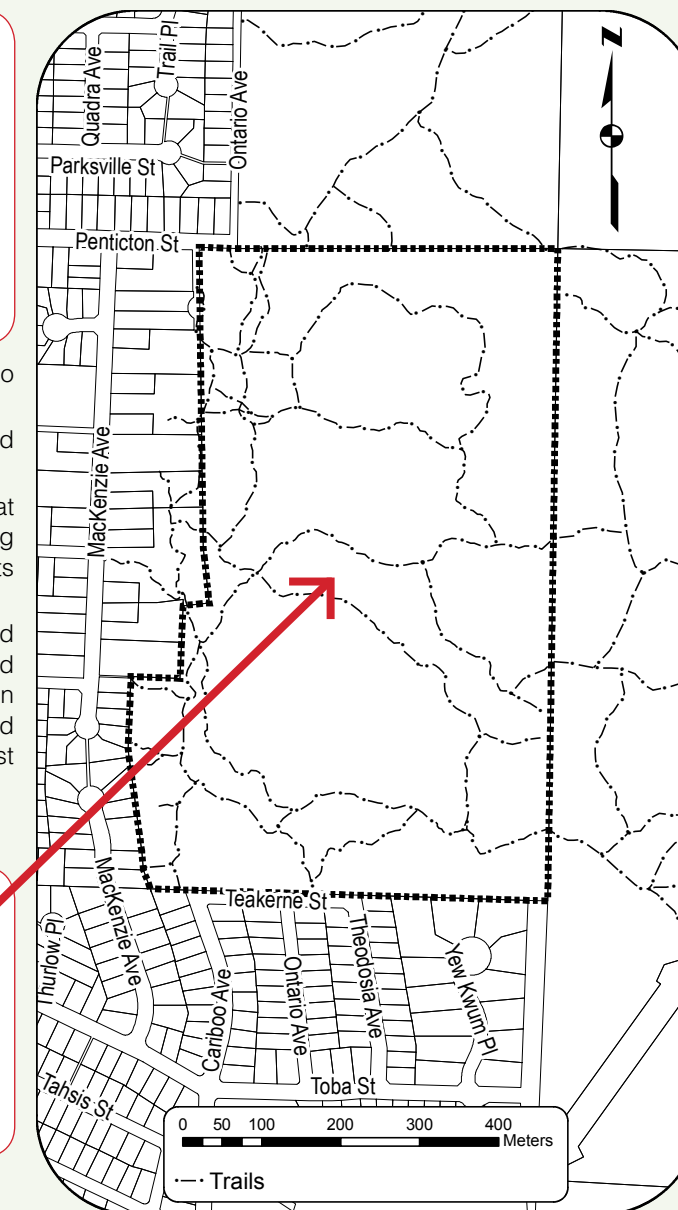
- Thin from below
- Prune
- Remove surface fuels
- Chip and burn biomass

critical infrastructure and facilities, it will also restore open forest conditions.

This project will demonstrate the principles and practices of the FireSmart approach.

In the end, the Region will have a forested park that will serve as a natural shaded fuel break during the hot summer months when wildfire risk is at its highest.

During the weeks of work, the public will see and hear professional crews and equipment in and around the section of the trails from Pentiction street to just past Toba street. Signs will be posted asking people to avoid certain trails and request the public to please respect the signs.



The location for the new 34-hectare natural shaded fuel break



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