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A project of Core Media Group

Pacific Tree Frog

These amazing little frogs can change their colour to match environmental conditions, such as air temperature and humidity. Their colours range from green or brown and many colours in between (photo shows the blended colour morph).

On the end of each toe is a sticky pad used for climbing and it will stick to many surfaces, including glass. I have seen one attached to a front door that had a glass surface.

We have a lot of tree frogs on our property. When we mow, we watch carefully ahead of the mower. They can be found close to ponds and also quite a distance from water. They can live up to two years in the wild.

~ Rod Innes RL

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ON THE COVER

Pip Elliott (top) and his team at PR Green Building Community at Wys Headwaters in Cranberry are part of the local housing solution. They are: Adam New, Tarn Prev, Renato Carta, Drew Cuff and Richard Samsin.

Photo by Pieta Woolley





Homes for All PR solves the housing crunch

Holiday Helping List Charities that need help

> Legal Marijuana Ari Dublion critiques

Spiking Volleyball is coming back

From the Hap to Humboldt Bryson Cecconi joins Broncos

> I Made the Move Creative duo jump Jervis Inlet

> > 'Shroom Report Harvesting and selling

"Where's Waldo" Map Who can you spot on the new map?

> **Business Connections** Tea and helicopters

> > **Events Section** It's craft month

Free stuff for kids and teens Activities that cost no money

> World of Whales Glimpse into their lives

Naughty or Nice? Great stuff for giving this holiday

> Last Word The Red-Starred Telegram

CONTENTS CONTRIBUTORS

NOVEMBER 2018 EMMA BASHFORD, a freelance writer and teacher, arrived in BC from England on a one-year working visa 20 years ago and never left. She was a journalist and copy editor for Whistler's Question newspaper for five years. Away from the keyboard and camera you'll find her practicing somatics, yoga and hiking with her husband and dog Indie.



ARI DUBLION is the host of The PowTown GetDown Radio show and a cofounder of Community Radio CJMP. He's spent much of his 20 years in the gathet region soaking up nature. He's been running his automobiles on waste vegetable oil fuel from a local restaurant for over a decade. Ari is married and has a cat and a dog.

SANDY DUNLOP enjoys being "a big fish in a little pond". She's lived in Lund for over 35 years and feels lucky to have so many friends. She's been the editor of the Lund Barnacle for the last five years and is a board member of the Lund Community Society.





GERRY GRAY got his start in the newspaper business in 1947 as a copy boy for the Vancouver Sun. He was in the Royal Canadian Navy from 1948 to 1953. He was one of 26,000 Canadians who served in the Korean War which began in 1950 when the Soviet-backed North Korea invaded South Korea. After the war end-

ed, Gerry returned to the newspaper business and was sports editor with the Vernon News, sports editor with the Trail Times, a copy editor with Canadian Press and a columnist for New Westminster Columbian before moving to Powell River to take over as the editor of the Powell River News in 1963. He left the News in 1964 to work for MacMillan Bloedel and there he stayed until he retired in 1994. Active in local politics, Gerry was an alderman (city councillor) beginning in 1968 to 1979 (except for 1970 and 1977) and again from 1997 to 1999. He was involved with the Powell River Chamber of Commerce, PRACL, Alcoholics Anonymous, the Powell River Model Community Association and many other volunteer activities.

BARBARA ANN LAMBERT is a retired teacher who taught for the Powell River School District for 30 years. Her passion is local history and she has published seven books. Barbara Ann married local farmer Stuart Lambert and lived in Paradise Valley before moving to her current home on the waterfront.





We welcome feedback from our readers. Email your comments to isabelle@prliving.ca, or mail to Powell River Living, **7053E Glacier Street**, Powell River, BC V8A 5J7

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EDITOR'S MESSAGE

A home for the holidays

made a classic journalism mistake this month. For the cover story – which is all about Powell River's intense building boom – I'd interviewed a pretty great gang of representatives. They're leaders in non-profit, governments and business, and together, are responsible for possibly solving homelessness and precarious housing here. That's a remarkable achievement.

It wasn't until I arrived at Pip Elliott and Russ Worthington's Wys Headwaters worksite in Cranberry that I remembered – duh – I hadn't included an entire other crew of people who are actually the ones making housing happen here: construction labourers and tradespeople. On the day of the photograph, Pip, Adam New, Tarn Prey, Renato Carta, Drew Cuff and Richard Samsin of PR Building Green Community had been out all day as rolling waves of deluge and weirdly-hot sun pounded down on them, as they expertly inched further ahead on a townhouse. To build the 600-plus homes that are coming to town over the next three years or so, these men and many others are the

brains and muscle that turn ideas into homes. So of course, they became the cover models. Move over, Kendall Jenner.

This is what happens when you work in an office. You can get dumb about what's happening outside.

As I read through this month's issue, I'm appreciating those who are not always in the spotlight.

For example, publisher Isabelle Southcott's story about the resurgence of volleyball here (see Page 17) highlights the long-time dedication of local coaches. Players get the kudos, but the coaches – especially volunteer coaches are the behind-the-scenes heroes in any teen sports story.

And Gerry Gray's touching Last Word about his telegram-delivery work as a teen during World War II (see Page 50) will help me contemplate, on Remembrance Day, how wars affect not just soldiers, but also other workers and families. I know it impacted mine.

I'm still bowled over by Powell River's housing story. Vancouver didn't solve homelessness or the heinous middle-class crunch, in spite of loudly promising to do it for a decade. Instead, Vision Vancouver was roundly booted out of office last month, in favour of Greens and other parties who, again, promised to solve housing.

Meanwhile here in Powell River, it's been pretty quiet, apart from a Housing Forum in 2016. And yet, here were are, poised to immediately get folks off the streets, offer seniors better solutions, and provide new purpose-built rentals for workers for the first time in nearly 50 years.

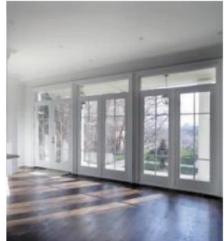
Alongside the builders, another crew was under-acknowledged in the article: the folks behind the scenes at City Hall. Visionary planning and efficient clerking, plus smart hiring, are the grease that's fixing housing in this region. So to Thomas Knight and Jason Gow and the rest of the folks at City Hall, I'm sorry you didn't get a Tyra Banks moment too. You shoulda.

PIETA WOOLLEY | pieta@prliving.ca

Put switches where you want them (where you never could before.)



Beside Pocket Doors



Between Multiple Doors



Inside Bathrooms



By Shower Doors

Retrofit your older home (perfect for Townsite homes where you don't want to damage the history or fight with old wiring). Add a light switch to control any number of lights from any location. Just stick it to any wall wherever you want it, with no wiring.

Building new? Use GoConex to save time and copper. Ask about GoConex at Valley.







Homes For All

Three years ago, Powell River woke up to its housing crunch. Now, we're poised to become one of the very few areas in Canada to reverse homelessness and precarious housing. How did we do it?

BY PIETA WOOLLEY | pieta@prliving.ca

Ring. Ring.

Deb Lesuk pops up from her chair to answer the phone in the Life Cycle Housing office.

It's a tidy little building surrounded by 31 townhouses, tucked in behind the hospital. About 90 people live here including 25 kids – in one of Powell River's very few nonprofit, affordable housing complexes.

The caller? Someone desperately looking for a place to live.

"We get these calls every day," explained Deb, sitting down again. She mentions she has a record of 75 people on the wait list. Unlike in the past, residents rarely move out anymore – unless they age into the hospital, or die. Real estate and private rentals are just too expensive.

"Families are the hardest calls to take," Deb said. "It's really tough. Often they're living on very little and paying exorbitant rents. Or, they're living with a parent – they're on the couch and the kids are in a spare room. Or, a rental house has sold and the new owners are moving in. Or, their rental is making them sick [from mould or other environmental problems]. I try to strategize with them about finding other housing, because realistically, it might be years before a suite opens for them here."

For the past 18 years, Deb has been the property manager here at Life Cycle, the nonprofit that also runs a 12-unit complex at Brew Bay, and eight tiny homes in Cranberry (formerly known as Moose Village). Her constantly ringing phone is probably the best symbol of Powell River's desperate housing crunch.

But it's not the only one.

Maybe the best symbol is Ashok Varma's garden. Sandwiched between Canadian Tire and the Community Resource Centre, Ash's dental office faces the mall – a private oasis that has become, in the past two months,

a high-traffic area for people without a place to sleep at night. His porch and landscaping fill up with bags of clothing, sleeping bags, and sometimes needles.

"It's crazy. I never thought we'd see this in our community. For the first time ever, I found a young guy sleeping on my porch one morning," Ash said, noting that he's been practicing dentistry in this location since 1983, and he has never seen as much homelessness as in the fall of 2018. "I chatted with him – it turns out I took his wisdom teeth out years ago."

Ash has compassion for the many people who are looking for respite. He also has a responsibility to keep his employees safe from drug-related activity, he said, so he has installed a surveillance system to discourage campers – something he never thought he'd have to do.

Maybe an even better symbol for Powell River's housing crunch is Remax realtor Ross Cooper's client list. If they're first-time homebuyers, he reports, most of them are getting substantial help from their parents in the form of a down payment, a co-sign, or cash for renovations so they can get into a higher level of pricing, he said.

"Any house under \$300,000 has been virtually wiped out," Ross reported, noting that low wages coupled with high rents make saving a \$30,000 downpayment virtually impossible for many locals.

"If it's under that, you'll usually have a repairs list. Powell River has been discovered by people with money. Vancouver people who are coming here with dollars from the sale of their million-dollar homes are willing to spend more, pushing up the price of entry-level homes."

Exacerbating, of course, the housing crunch for people of all income levels.

This isn't news. Escalating real estate values, affordable housing, and homelessness have taken centre stage in local conversations since September 2016. That's when Ross was a panelist at Powell River's first Housing Forum at the Evergreen Theatre, seeking solutions to a Vancouver-like situation that was about to get much more Vancouver-like.



A few of Powell River's

Housing Heroes







Clockwise from top left:

STUART CLARK

Executive Director of PREP. Opening a 20-bed shelter at the CRC this month, operating the modular homes project.

PIP ELLIOTT

Developer, Wys Headwaters townhomes in Cranberry.

PAT CHRISTIE & DEB LESUK

Life Cycle Housing's board treasurer and property manager. Developing new units .

MIKE KEATING

inclusion Powell River's board vicechair. Develping new units.

PAULA STEWART

Tla'amin Nation's housing manager.
Sorting things out.

NICHOLAS SIMONS

Powell River-Sunshine Coast MLA and long-time housing advocate.

CAROLEANN LEISHMAN

Project manager at Agius Builders, Sunset Homes Society, City Councillor.

MAGGIE HATHAWAY

Chair of the Powell River Housing Round Table and City Councillor.

ROSS COOPER

Real Estate agent and rental agent. Advocate.









THE DIFFERENCE A HOME MAKES

Before moving to Life Cycle Housing, my children and I were being evicted by a landlord who could no longer cover the cost of repairs. We had been very lucky to have lived there for eight years, where we could afford the rent, heat and electricity.

Having to move and find a new place was terrifying, and hard to cope with. And finding a place to live without a car or cell phone makes it harder. My counsellor from mental health brought me to Life Cycle to put our names on a list for the first available unit. We had to wait for about five months.

Then, we were given a unit to move into. We are so fortunate to be here at Lifecycle as we are on a fixed income and don't own a car. Living within walking distance to the hospital and grocery stores really helps too.

We are also lucky for our neighbours and all the wonderful and caring people who work so hard to make Life Cycle so special.

- Anonymous resident of Life Cycle Housing

Here's the actual news, and it's good. Really good.

Since that meeting, this region has come together to solve the crunch, and relief is coming as quickly as this month. A 20-bed shelter is opening this month – open every night through March - at the Community Resource Centre to get people off the street immediately. In the spring, the 40-unit modular housing complex is opening near Kiwanis Manor, which will help people transition off the street or out of precarious housing.

In addition, more than 200 units of affordable housing are in various stages of development, but all opening within the next three years, thanks to the local nonprofit community and the city, province, federal government and Tla'amin Nation.

Another 44 units of purpose-built rental are opening within two years, thanks to local developers.

Plus, as part of an innovative mission to densify, the City of Powell River has recently allowed secondary suites, carriage houses, and other measures, which are all resulting in many more places for people to live. In total, there are more than 600 new homes in the pipeline.

In other words, Powell River is perhaps the first city in North America to identify and solve its housing crunch in just five years.

That is, if it happens.

City councillor Maggie Hathaway is glowingly optimistic about the building boom. But in the back of her mind, she knows this: we've been here before. Back in 2009, she and Brain Injury Society executive director Debbie Dee formed a housing group with similar goals. Virtually none of the projects planned during that era materialized.

"I feel caution. There's a lot that they say they're going to do. I'll be happy when the projects are built."

Maggie, who coordinated the September 2016 housing forum, has a background in legal aid, social work, and was MLA Nicholas Simons' constituency assistant. She is particularly sensitive to the growing number of homeless people she encounters. One young woman sleeps in a bank machine enclosure.

"There's no where I can send her," said Maggie.

But she is optimistic, and here's why: so much has changed over the last decade.

In Powell River, Life Cycle Housing's board chair Pat

Christie organized a Housing Need and Demand Study, authored by SPARC BC and released in September of this year by the City's long-time Housing Roundtable Steering Committee (which is chaired by Maggie). It found that 2,190 city residents - including 490 children and youth - are living in poverty (numbers that do not include people outside the city limits). And those numbers are growing. Unsurprisingly, the report found that rents are increasing quickly, and housing instability and affordability are real pressures.

"I don't think that Powell River has quite solved its housing problem yet," said Pat, noting that the zero-vacancy rate is causing problems now. "The SPARC study indicates that a missing piece could be housing for people who can't afford a down payment, don't qualify for subsidized housing and aren't making enough to afford the 'high end' of affordable rents. This may correct itself if all the housing that is in planning stages actually gets built, but that will take a few years."

Maggie pointed out that the provincial NDP was elected on a promise of poverty reduction. In this year's budget, Victoria dedicated \$6 billion over 10 years to build affordable homes through BC Housing. So for the first time in nearly two decades, she said, there's significant new government money to build. The federal government, too, introduced a plan this spring to spend \$8.6 billion over 10 years, with provinces and territories matching that amount.

In fact, Maggie said, the last new rental apartment building in Powell River went up in the 1960s.

Locally, there's a reason the City is wading into housing, which is typically not a civic responsibility. That's resident attraction. Powell River's greatest asset (next to the sunsets, naturally) has been affordable housing.

Will my property value fall with 600+ new homes here?

Neil Frost, President of the Sunshine Coast Real Estate Association, responds:

e welcome the rental, affordable and temporary housing.

In regards to the sheer number of units, roughly half are rental, senior housing or temporary housing.

As for the new construction - some of them underway, and some of them proposed - we will have to wait a couple of years to see which projects come to fruition and which do not, then assess their impact on the market. Although the market is softening slightly right now, there is still a demand for new construction from both the local population and our out-of-town buyers (which comprise approximately half of our buyers).

What I can tell you is that Powell River remains attractive and affordable and there will be another influx of young families, retirees and investors like the one we have just experienced, and we need to be ready for it.

If all these housing starts are finished, will it affect inventory, and possibly price - absolutely. Do I expect a sharp decline in prices comparable to the increases we have just seen? No.

We have seen an unprecedented rise in demand and prices in the past two years.

We are now returning to a more balanced market, coming out of an absolute seller's market, and once we get through this bumpy transition I expect we will level out for a while.

housing 158+ units

Nonprofit

and affordable

WINTER SHELTER

Location: Community Resource Centre on Joyce Avenue What: 15 to 20 beds to open immediately. 8 pm to 8 am daily. When: Opening November 2018 Who: PREP and BC Housing

RAPID RESPONSE MODULAR

Location: Joyce Avenue near Kiwanis

What: 40 units of rental transitional housing with support services including outreach workers, wellness checks, life skills.

When: Opening Spring 2019

Who: BC Housing, PREP, LifeCycle Housing

SUNSET HOMES RENTAL 55+

Location: 4360 Joyce Avenue. The former Max Cameron site. What: 34 units

When: Completion summer 2020.

Who: Agius Builders - Sunset Homes Society

TLA'AMIN HOUSING & CARE

Location: On Tla'amin Lands

What: An unknown number of units for Tla'amin elders and others who may need health supports. This is just one project of many anticipated new affordable housing projects that Tla'amin Nation is planning.

When: Unknown - though soon. See RFP for the feasibility study on Page 12.

Who: Tla'amin Health

INCLUSION HOMES RENTAL

Location: Alberni Street and Ontario Avenue

What: 40 units from one to three bedrooms. Maximum family income of \$72,000.

When: Summer 2021

Who: Powell River Inclusive Housing Society (a subsidiary of inclusion Powell River)

LIFECYCLE SENIORS AND FAMILIES

Location: Cranberry Crown Land, where the eight tiny cot-

What: 24 units of one-bedroom apartments and two-and three-bedroom townhomes

When: Unknown

Who: Lifecycle and BC Housing

SMART Recovery® Meetings



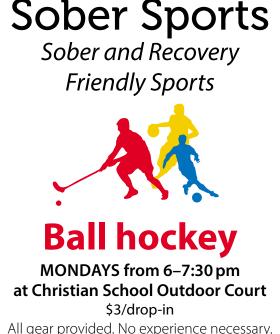
Wednesdays at 6:30 pm

At the CRC (4752 Joyce Ave)

SMART

(Self-Management and Recovery Training) is a non-12 step addiction recovery support group for anyone looking for help and support with their addictive behaviours.









SARAH HAGEN, piano **Thursday, November 8** at 7:30 pm James Hall • \$20 Students 18 & under free with a student ticket voucher CAROLS BY CANDLELIGHT with ED NORMAN, organ Friday, December 7 at 7:30 pm Saturday, December 8 1:30 & 7:30 pm

Historic Dwight Hall • \$22

Market-rate rental 119 units

RENTAL APARTMENTS

Location: 4312 Franklin Street, next to Paparazzi Pizza

What: 24 units

When: Completion spring 2020.

Who: Agius Builders

JOYCE COMMONS

Location: 4747 & 4753 Joyce Avenue

What: two multi-family buildings per lot with commercial live/work units fronting Joyce Ave. Current proposed number of units is 20. EV and solar ready provisions required at construction. Developer has advised these units will be market rental.

Complete: Unknown

Who: Andy Davis & Al Austin Contracting

COASTAL WINDS SENIORS VILLAGE

Location: Beside the hospital

What: 75 units seniors rentals. When: Summer 2020

Who: Golden Life and Inclusion PR Society

Coming soon to a neighbourhood near you:



Sunset Homes 55+ Rental 4360 Joyce Avenue



Wys Headwaters 6730 Cranberry Street



Tyee Landing Condos 7175 Duncan Street

Owned multi-family & small lots 319 units

EDGEHILL CRESCENT

Location: Near the hospital

What: 81 single-family homes with secondary suites allowed (smaller lots, smaller homes), All will be energy efficient and Built Green Certified, Solar-Ready and EV charging-ready. A few of the larger lots will be allowed to have a detached accessory dwelling suite (carriage house) also.

Who: Agius Builders

THE WYS HEADWATERS

Location: 6730 Cranberry Street

What: 12 units of sustainable strata duplexes. Built Green certified and achieved Platinum certification (the highest) for being an ecological development.

Complete in Spring 2020.

Who: P.R. Building Green Community (Pip Elliott & Russ Worthington)

CEDAR CREEK ESTATES STRATA ONE

Location: 4090 Westview Avenue

What: First phase of 28 duplex townhomes Who: Cedar Creek Estates Ltd (Isador Hawryluk)

CEDAR CREEK ESTATES

Location: Manson Avenue at Westview

What: 112-unit 5-floor apartment building. Zoning amendment pending, which would provide for requirement of developer to enter into a Housing Agreement with the City to ensure a portion of the units are affordable rental housing. EV and solar ready provisions required at construction. Elevator.

Who: Cedar Creek Estates Ltd.

WESTVIEW COMMONS

Location: 4251 Westview Avenue & Joyce Avenue

What: 12 strata-titled rowhomes in 3 building blocks. EV and solar ready provisions required at construction stage. Developer is required to complete roadway modifications to improve traffic flow at intersection.

Complete: Foundation preparation underway. Spring 2019 Who: 0973078 BC Ltd. (Al Austin & Maurice Wilson)

PACIFIC POINT PHASE 2

Joyce Avenue & Thunder Bay Street

What: 23 unit strata condo development with 6100 sq ft of ground level commercial units fronting Joyce Avenue.

Who: 1005940 BC Ltd (Tod English)

PACIFIC POINT PHASE 3

Behind Pacific Point Market

What: renovations to add 5 loft-style rental units and 5 stratatitled condominiums above existing ground floor commercial space.

Who: 1145321 BC Ltd (Tod English)

FERNWOOD AVENUE

Lot 14 Fernwood Avenue north of Alberni Street What: 25 strata-titled condominiums within 2 buildings. Who: Westcoast Endeavours (Michael Salisbury)

TYEE LANDING

7175 Duncan Street

What: 16 strata-titled condominiums between two buildings.
Complete: Construction underway. Spring 2019
Who: Abalone Developments Ltd (Gary & Donald Gill)



With a zero percent vacancy rate and soaring rents, though, that disappears. So says Scott Randolph, the City's economic development officer - though he did point out that people "don't just choose Powell River because it's the only place they can afford."

With more than \$25 million in construction in 2018 alone, he's convinced that Powell River has what it takes to solve the crunch.

"Our planning department is able to react more quickly than in large cities," Scott said, noting the City has hired two more senior planners and a clerk to keep up with the development applications. "They're creative and light on their feet. They can implement change quickly. Larger cities have larger bureaucracies. Friday afternoon I was in a meeting with a developer who has been trying to build a project in Vancouver for two years, and he's still stuck. It's a small example of what people have to deal with in a larger centre."

The city, though, is not the only local government stepping up to the plate.

"For the first time ever (since opening in 1983), I found a young guy sleeping on my porch one morning."

- Dentist Ash Varma

Maybe one of the best symbols for the housing crunch is one of the enduring 66 Ladner homes remaining on the Tla'amin lands. These homes were barged here in the 1950s from the Ladner Army base in the Lower Mainland. For \$1, to legitimize the transaction, the fruit-bearing waterfront orchards were bulldozed and these homes were plunked down on the ground. The real cost to the Sliammon Council at the time was putting in the infrastructure, and this was money the band didn't have then. It was at that point the Klahanie lands were surveyed and leased out, to allow Sliammon to go back to the bank with capital to borrow with.

Now a majority of these homes require major renovations. And thanks in part to the department of Indian Affairs policies, the Ladner homes received little or no rent payments once their loans were paid out. The policy was that homes with no loans attached to them had no cost associated to them, which is, of course, not the case. The policy had failed to consider the necessary upkeep.

Nearly five years ago and just before the Treaty implementation, Tla'amin hired Paula Stewart to help transition the Housing Department through the growing pains of a budding Nation. As well as trying to obtain more rent collections, she had to improve the conditions in the homes so there was a reason to pay rent.

From the approximately 230 houses Paula administers, as few as five people would consistently pay their rent five years ago. Each month since then, this number has risen, to approximately 85 percent of the Nation

members reliably paying \$150-\$525 monthly.

Paula has also been tasked with transitioning the housing stock from a crumbling Federally-controlled village, to an independently-funded Nation.

"We are working through some long standing issues, that need to be resolved before moving forward" said Paula. "This is not an easy road. It must be handled with tact and delicacy. These are their homes, with their memories on their land. This is not my Nation. The support of the current Executive Council has been enormous and very progressive in dealing with housing issues and rent collections."

The biggest challenges are coming swiftly. In 2016, Tla'amin Nation implemented it's final treaty - one of few in BC to do so. That resulted in a transfer of more than 8,000 hectares of lands and returned the control over the land back to Tla'amin. On the Treaty effective date, almost 50 Tla'amin Citizens were transferred ownership of their lands and homes into their name, for the first time. Since then many have followed. And on July 4 of this year, a law was passed to bypass the BC Residential Tenancy Act in favor of the Tla'amin Residential Tenancy Law, allowing the Nation and homeowners greater control of their own homes on their own lands.

Now the Executive Council has the option to pass an Executive Council Order to borrow funds from traditional lenders such as banks and credit unions. Now, as well, provincial and national lenders such as CMHC and BC Housing are amenable to provide grants and lowcost loans to the Nation to build affordable housing for families, elders and individuals.

As in the rest of the region, there is a zero percent vacancy rate. Locally approximately 25 families or Elders are on waiting lists and an additional 20 are looking to come home.

"There are so many supports and programs offered in the Nation, it is such a busy thriving community," said Paula. "There are young people who want to come back here from Vancouver or other urban areas, to raise their families. We have started attracting Members home with jobs. There are Elders that want to come home too. Their siblings are here, their grandchildren are here. They would like to age in care here."

In fact this month, Tla'amin Health has put out an RFP for a feasibility study on a Tla'amin Elders complex (see Page 12). The development has been a dream for 20 years; now the Nation can move forward on it.

"This is about keeping community members together," said Nathan Jantz, the executive director of Tla'amin Health. "If we're able to move elders into this home, there are lots of family houses that can be opened up. It's the same dynamic as in Powell River – if you provide apartments that seniors want to live in, it opens housing up for others."

Outside his window at City Hall, Director of Panning Services Thomas Knight can see a house owned by a couple in their 80s. The grass is more than a

foot long. The house paint is peeling. Clearly, the upkeep of the house is too much for them. Likely, there's at least three bedrooms inside that are not being used.

But where can they move? The options are so limited – until Coastal Winds and others materialize.

As Thomas pointed out, elders are a key to solving the crunch.

"One thing I've really seen is we have an inordinate number of seniors waiting to downsize into something that meets their needs – that is one of our biggest housing issues in town. And the last Council was on it since Day One. You don't see a lot of 80-year-olds out demonstrating for housing. But we have all these people with a pension from Catalyst who want to remain here rather than moving to Victoria, and nothing for them to downsize into."

Maybe the best symbol for the housing crunch in Powell River is Creekside Commons – the 10-unit single-story rental complex right behind Quality Foods. Long-time local contractor Al Austin built it on the theory that locals need rentals - City Planners encouraged him to build denser than the duplex he'd planned. Before it was finished, it was full. Now, he's building 20 more units on Joyce; there's already 38 people on the list.

"We chose not to go after government money," said Al, nothing that his rentals are not designated affordable housing. "It's not wrong to take that approach – but we're comfortable the way it is.

"We just saw a need for rental. Housing has become so expensive, it's hard for a lot of people to get into the market."

Emergency housing, non-profit affordable housing, purpose-built rental, legal suites and carriage houses, owned condos, small homes, and elder's facilities - all of this emerged when local governments, higher levels of government, nonprofits and developers worked to solve a problem.

To MLA Nicholas Simons, the surge of interest in housing is welcome... after more than a decade of advocating for it in Victoria.

"We finally have an opportunity to get things done," he said. "Leadership at the local level allowed for important components of government's 30-point housing plan to be implemented quickly. The collaboration in the community definitely helped get important projects going.

"I'm very pleased with how our government's plans are helping to address the housing crisis that we saw grow significantly over the past few years."

Maybe it's too early to say "Congratulations, Powell River, for ending the housing crunch." But, "Congratulations for grasping the moment, helping Powell River's most vulnerable people and planning for change"?

Absolutely. This is unprecedented, and we should take a moment to feel good about our collective achievements.



Powell River's newest shop for GIFTS, DECOR & DESIGN

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The Legion and you

The Royal Canadian Legion is committed to advocating for those who serve and for veterans and their families. Did you know the Powell River Legion is a great place to visit with friends, watch sports or play games? We have one large projection TV screen showing sports games, we offer a full bar, munchies, coffee, tea, and non-alcoholic drinks. Be entertained and take in special events!

Come out for Friday night dinners; the Legion is family friendly on meal nights. Enjoy playing pool on three tables, throwing darts on eight boards, playing on the shuffleboard table and card games.

"The Legion is a non-profit community club where members and their guests come for entertainment or to visit," says a member of the executive. "Many thanks to all our volunteers and patron supporters."

Weekly activities

Monday: Cinch, Carpet Bowling and Darts

Tuesday: Stroke Club meeting, Darts

Wednesday: Crib, Pool Thursday: Pub Darts Friday: Dinner & Draw "Members of Branch 164 are a social group and like to give back in a relaxing environment for a get together." Individual volunteer talents are greatly appreciated.

We support local Charity organizations on a continuous basis. Our charity donation was \$29,550, up slightly. We raise money

through meat draws every Saturday

and Sunday afternoon. Drop by and join us as a member or sign in as a guest. This Legion mainly supports the Powell River Stroke Recovery Program, PR Academy of Music's Youth Choir, PR Soccer, PR Boxing, PR Paddling for Life, Powell River Air, Navy, Army cadets; Powell River Therapeutic Riding, Clansmen Pipe Band, PR Forestry, Powell River Scholarships, PR Christmas Cheer Ham-

pers, PR Food Bank, Salvation Army, and 4 Pillar Early Learning. Provincially we support Special Olympics, War Amps, BC Children's Hospital, BC Lung Association, Spinal Cord Injury, BC Diabetic Association, ALS Association, and more.

The Ladies Auxiliary works tirelessly to raise

funds by catering events. "Last year they raised \$6,520," noted Ladies Auxiliary President Karen Crashley.

A candlelight ceremony is held at local cemeteries in May for deceased veterans. A veteran's service is held on Remembrance Day.

The poppy fund raises about \$18,500 a year. Money is used for bursaries. It's also used to help veterans and their widows who have hardships. "We can help with dentures, hearing aids and wheelchairs," noted Bill Demkiw.

"The school poster/literary contest keeps the meaning of Remembrance Day alive with the younger generation," says Bill and Karen.

The Legion on Alexander Street has a full bar and is open seven days a week. It's run primarily by

volunteers. The local branch has its roots in the aftermath of the First World War when veterans formed a loosely knit group and then the Ex-Servicemen's Association. The Legion was chartered in 1940 and meetings were held in Dwight Hall until the Alexander Street property was purchased in 1946.

Who can join?

Membership open to All Canadian Citizens over the age of 19, for only \$65 a year. **No military background needed.** You can enjoy the benefits of membership and the community.

Members discounts when attending barbecues, entertainment and dinners. Also benefits at Costco, Iris, Best Western, Accent Inns, Canada Scooter, Shaw Direct, Philips Lifeline, Canada Direct insurance, Medipac Travel Insurance, etc.

"Our mandate is to support veterans but the majority of our members are not veterans," said Bill.

Questions? Call the office: 604-485-4870. Hours: Monday to Saturday 10 am to 2 pm.

Bar/Lounge Hours: 7 days week. Monday to Sunday, 2pm til closing. Monday to Thursday, 2pm to late evenings. Friday, Saturday & Sunday, 2pm to closing (depends on functions)

Newly renovated lower hall rental available.





Request for **Proposal**

Residential Care Facility

Tla'amin Nation has put out a Request For Proposals (rfp) for a feasability study for a Tla'amin residential care facility.

The summary from the RFP reads as follows:

The Tla'amin Nation is examining the feasibility of, and options for, the construction of a housing and care facility that will allow for the Elders of Tla'amin and others with physical and mental barriers to reside within their own community, in a setting that supports the cultural identity and practices of the Tla'amin people.

We are seeking proposals from consultants for:

- a) The preparation of a feasibility study for a health care facility, and
- b) Consultation with community members and partners, and
- c) Several care options for the facility, and
- d) Estimates of capital costs and operating budgets.

Those interested in submitting a Proposal can obtain the full document from:

The Administration Office at 4779 Klahanie Rd or from our website at www.tlaaminnation.com.

> Submission deadline: 4pm PST on 16 November 2018



Here To Help

As your provincial government representative, I can help. If you need assistance or have any concerns please contact me.

Here are some topics where we can help:

- Welfare
- Seniors Issues
- Health Care
- Residential Tenancy
- Employment

Sechelt Office Pier 17, Davis Bay 604-741-0792 Powell River Office 4675 Marine Ave 604-485-1249 Email nicholas.simons.mla@leg.bc.ca Website nicholassimons.com

Nicholas Simons MLA

SERVING THE SUNSHINE COAST

HOW TO HELP: HOLIDAY 2018

Martinis for a Good Cause

Raising money for: Hands Across the Water in its efforts to reunite the Mgeni family.

Put on by: The Knack

Details: November 3 at St Joseph's Hall. Tickets (\$30/ ea) are available at The Knack. It's a fun-filled and empowering evening where local ladies of all ages and sizes model the latest in fashion. There are great prizes, a silent auction and, of course, martinis.

Brooks Students for Change

Raising money for: School and community meal programs through Powell River & District United Way. Put on by: Brooks

Details: On Saturday, December 8 from 11-3, Students 4 Change will be collecting bottles in the community. Stay tuned for locations.

Wine & Art benefit

Raising money for: The Orca Bus and other Success by 6 programs

Put on by: Success by 6

Details: On November 24, at The Arc, 6 pm. A night of wine & cheese with an art sale including professional, local pieces as well as children's and community art. Live music, appetizers, a desert bar, wine, and local beer, a silent auction, grand prize draw, and more. Tickets are \$20 coordinator@successby6powellriver.ca

Giving Tuesday

Collecting items for: The Hygiene Cupboards at the Community Resource Centre and the Texada Food Bank

Put on by: Powell River & District United Way Details: Please bring dental floss, toothpaste, deodorant or antiperspirant, shaving cream and tampons or pads to drop-off locations around the community. Check out UnitedWayofPowellRiver.ca.

Operation Christmas Child

Collecting items for: Children in the developing world and areas of crisis and conflict.

Put on by: Samaritan's Purse Canada

Details: Boxes and info are available from The Dollar Store with More and local churches. Drop your boxes off at a local church on or before November 11 or at The Dollar Store with More anytime before November 14.

Santa Train

Money & items for: The Salvation Army Put on by: Powell River Forestry Heritage Society Details: Dec. 14 to 16, 5-8 pm, Paradise Exhibition park. Train rides under the stars surrounded by Christmas lights. Bonfire, Kiwanis Concession. Inside the quonset hut, activities for the kids. Santa in attendance. To volunteer contact: cahama@shaw.ca

Jingle Jog 2018

Raising money for: The Food Bank

Put on by: Brooks

Details: December 16, 9:30 am walkers, 10 am runners. Willingdon Beach.



Movember

For the past 10 years, local emergency services responders have taken part in Canada's Movember

Last year that included members of Powell River Fire Rescue, Malaspina Fire Dept, Van Anda Fire Dept, the RCMP and Catalyst's Emergency Response Team.

This year marks a full decade since Movember grew its first whisker on the face of a Powell River firefighter and they'll be shaving their faces clean on November 1 and spending the month raising funds for men's health and mental health initiatives.

You'll find members of Powell River's Movember movement throughout November selling hot dogs outside of grocery stores, at the Kings games, and at the end of the month they'll be hosting an evening at TC's where they plan on putting the "fun" back in "fundraising" with a burger and beer event, a massive silent auction and some live entertainment by local first responders.

Details on exact dates and times were not available at press time but will be announced shortly. Keep an eye on Facebook for updates at facebook.com/ powellriveremergencyservicesmovember. Donations can also be made online at moteam.co/powell-riverand-area-emergency-services and all donations made online come with a tax deductible charitable tax receipts.

- Darryl Jackson

Local Gifts of Hope

Powell River & District United Way is gearing up for distribution of our second annual Gifts of Hope Catalogue, a one-pager providing information about your investment in our community through Powell River & District United Way.

Better at Home, United Way helping seniors remain independent, Volunteer Powell River, United Way helping to reduce social isolation and increase capacity, the ORCA Bus project, United Way in partnership with SD47 to provide a mobile venue for early years service delivery. The Healthy Families Program, United Way helping to ensure free access to healthy family activities and so much more. Together we make a difference.

Check out UnitedWayofPowellRiver.Ca or follow us on social media for more info.

- Dale Lawson

Community Resource Centre

How the CRC serves: Nutritious food, laundry, tax help, legal assistance, advocacy, help filling out government applications, and access to the Internet, phone, printing, fax, job skills training and counseling.

How many people the CRC serves: Approximately 19,200 interactions.

Holiday fundraising goal: \$15,000

How to help: donate packaged food, cash and gift cards.

Christmas Cheer

How you serve: We provide hampers to low income families in Powell River.

How many people you serve in a year: Last year, 313 hampers and 273 children and teens with toys and

How Powell Riverites can help: Encourage all families you know who might be struggling, to apply for a hamper. Volunteer, or donate food, toys or money. Or adopt one of our families.

Salvation Army Kettle Campaign

How the Salvation Army helps: Providing food, counselling, emergency assistance and support.

How many people you serve: 9,637 Fundraising goal: \$100,000

How Powell Riverites can help: Volunteer!

The Legion Poppy Campaign

How the Legion helps: We help veterans and their widows as needed. We donate to local charities, youth groups and seniors.

Your goal for this season: Last year, we raised \$19,000. How Powell Riverites can help: Come down to the parades and services at the Dwight Hall and the Cenotaph on Nov. 11th. Join our branch. See ad on Page 11.

Order of the Eastern Star

How the OES serves: We support the Pacific Autism Family Network, Alzheimer Society Family & Education; Erma Boyce Cancer Library and we give out a \$500 scholarship to a graduating Brooks Secondary

How you can help: Come to our Christmas Bazaar & Luncheon Nov. 17 at Powell River United Church.

Assumption Soup Kitchen

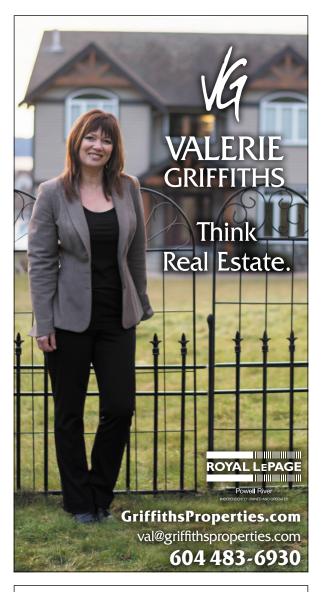
How the soup kitchen helps: Free home-cooked, nutritious lunch served at St. Joseph's Hall every Friday throughout the year between noon and 1 pm. How many people: 50 to 70 lunches a week. How can you help: Stop by between 9 am and noon and see what is needed and we will find you work.

inclusion Powell River Society

How inclusion serves: One-on-one community inclusion and employment supports, group homes, consulting services for families with infants at risk or with developmental support, Homeshare, Supported Apartments, Cranberry ECO Preschool, Community Connector, Better at Home for Seniors, and more...

How many people you serve: 550 plus. Your goal for this season's fundraising: \$5000

How you can help: Support our Family Christmas Concert, Christmas Card Fundraiser and Purdy's Chocolate Fundraiser for our Wish Fund Program - all coming in December. Call 604-485-6411 for more. RL



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Christmas Cheer **Hampers**

Applications for Christmas Cheer Hampers are available at:

- ▶ The Town Centre Mall office
- ▶ Community Resource Centre
- ▶ Youth & Family Services (former Oceanview School)
- ▶ Cranberry Child Development Centre (Artaban Street)
- ▶ BOND Centre & Family Place (in Town Centre Mall)

Deadline to submit applications is

Friday, November 30th, however we would appreciate receiving the applications much sooner as this will assist us in helping as many families as possible. Our goal is to help all families have a bright and food-filled Christmas.

Organizations, companies, families and individuals who would like to donate funds or participate in our Adopt-A-Family program are asked to phone Lesley Ford at 604 485-6682 for further information.

Many thanks,

The Powell River & District Christmas Cheer Committee



PAC & DPAC

Meet your District Parent Advisory Committee Executive:

Jaclyn Miller, DPAC Chair, (centre in the photo) is a child protection worker. She has two children at Westview Elementary.

Sarah Shostak, DPAC Secretary, (right) is a teacher at Kelly Creek Community School and has two children at that school.

Siona Rounis, DPAC Treasurer, (left) is a secretary at Kelly Creek Community School and has two children at James Thomson.

What is DPAC?

DPACs are the legislated parent voice at the School District level, representing the collective views of School Parents' Advisory Councils in a School District. DPACs advise the Board of Education on any matter relating to education in their school district. DPACs advocate for parental involvement in the education system and give input into the development of education policy and curricula.

What Does DPAC Do?

DPACs supports PACs and parents to engage with the school system by providing regular forums for the exchange of ideas to ensure that public education serves the best interests of all students.

Last year, for example, the School District asked DPAC what they thought about the drug policy. "Was it enough? Was it too much?" The DPAC exec met with Dr. Jay Yule, Superintendent of Schools, and then they met with the various PACS to collect their views before meeting with Jay again to report back.



SCHOOL DISTRICT 47

Want to learn more? Contact us. School District #47 4351 Ontario Ave 604 485-6271 www.sd47.bc.ca



MEET THE COOL KIDS: From left to right, Siona Rounis, Jaclyn Miller and Sarah Shostak are this year's DPAC executive - the provincially-legislated voice of parents to the Board of Education.

Need a reason to get involved in your child's PAC or the DPAC?

Fundraisers & Projects

Most PACS hold fundraisers. "At Kelly Creek our PAC paid for a lot of outdoor gear, swimming, gymnastics, Winter Wonderland, and student trophies at the end of the year," said Sarah.

Westview Elementary's PAC spent \$70,000 plus towards playground equipment over seven years ago.

James Thomson's PAC pays for the salmon barbecue, Christmas lunch, and Winter Wonderland.

Supporting schools

Members of DPAC also bring forward input from the various PACS to share with the Board of Education.

DPAC does more than most people know. For instance, DPAC pays for Grade 6 and 7 students to take Food Safe. Those students can then help with school breakfast and lunch programs. "DPAC did a volunteer recognition and one volunteer parent from each school got a \$75 gift certificate," said Jaclyn.

Most volunteer groups find it hard to attract enough volunteers; PACS and school breakfast and lunch programs are no different.

"If parents don't volunteer then PACs can fold and schools will miss out on gaming grant funds," Siona says. Gaming grant money is used by PACS to buy playground equipment, sports jerseys, field trips and other extra-curriculars.

Although you must have a child in school to have a vote on PAC, other family members, such as grandparents are welcome to volunteer and help out.

"One of the reasons that Henderson's breakfast program has been successful is because they have grandparents help," noted Jaclyn.

SOGI

DPAC also encouraged the School District to become part of SOGI (Sexual Orientation Gender Identification), said Jaclyn. It is DPAC's ability to recommend change in the School District by acting as a voice that is important.

Short days

Right now DPAC is thinking about the number of hours students are at school during the first and last day.

"The first day of school is just one hour. Some people don't care, others don't like it," Jaclyn explained. DPAC gathers input and reports findings to the Superintendent.

Children benefit from parental involvement

Jaclyn says her children love the fact that she's involved with their school's PAC. "They think I run the school!" she smiled. "It makes them feel special knowing that I am involved in their school and know what is going on there."

Siona agrees. "It's a good way to get to know the kids and families at your child's school."



SMASH: Leaping up to hit (above), Grade 12 Hailey Shigeoka gets ready for the provincials. Coach Bill Rounis (right) introduces a new generation to club volleyball at Westview Elementary School. Photos by Sean Percy and Isabelle Southcott

Spiking

For nearly 70 years, volleyball has been one of Powell River's top games. After a few fallow years, it's back with Brooks hosting (and competing in) the provincial championships at the end of November.

BY ISABELLE SOUTHCOTT | isabelle@prliving.ca

s a child growing up in Powell River after WWII, Kent Andrews used to watch veterans play volleyball on Willingdon Beach after the war. Many of them had been POWS [Prisoners of War]; their captors in the German prison yards had allowed them to play volleyball for recreation.

That era – the late 1940s - is when Powell River's love affair with volleyball began. Kent went on to become a legendary Victoria-based volleyball coach, who guided the University of Victoria Vikes women's team in Canada West from 1969 to 1984 and BC to gold and silver medals at the 1975 and 1979 Canada Games. He was inducted into the BC Volleyball Hall of Fame earlier this year.

Now, the Brooks Senior girls are about to host the Provincials from November 29 to December 1 – a coup, as it will be the first time in over 20 years the championship has been held in Powell River. As hosts, Brooks will be guaranteed a spot at the provincials, a tournament that has been months in the planning.

So on the one hand, these are exciting times for the sport in Powell River – a continuation of that first wave

BC PROVINCIAL SENIOR GIRLS VOLLEYBALL CHAMPIONSHIPS

What: For the first time in 20 years, teams from around the province play their championship games here.

When: November 28 to December 1. Teams begin arriving in Powell River on November 28 with Round Robin matches going all day on November 29 followed by a banquet that evening. Playoffs begin at 8:30 am on the 30th and continue until 9 pm that evening. Day two of playoffs takes place on December 1 with closing ceremonies scheduled for 8 pm that night after the gold medal game.

Where: Brooks Secondary

of enthusiasm dating back 70 years. On the other hand, participation in this social sport has fallen off.

In recent years, coaches report, it's been harder to pull together high school teams. There's no junior boys team this year; last year only three boys played. Coaches just managed to fill out a junior and senior girls team and a Grade 8 girls team last year.

Long-time Brooks volleyball coach Doug Skinner noted that the low numbers are because the athletes.



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who really excel at a sport often leave their home community to take advantage of opportunities elsewhere. It happens in hockey, soccer and basketball, he said. As well, the number of athletic choices have multiplied.

Though small in numbers, Powell River athletes are mighty.

The Brooks Thunderbirds senior girls' volleyball team won a silver at the provincials in 2015; they won a bronze medal at the provincials in 2016, both under coaches Doug and Jay Yule.

Doug and Jay coached this last group of volleyball girls from Grade 7 through Grade 12 and although

they've all graduated now, those were special times for them.

"They saw more of my daughter than I did for six years – or so it seemed," said volleyball mom, teacher and coach Darcy Gesell. Jay's own daughter Maddie, who was also part of this team, is playing college volleyball.

Maddie got a scholarship from NWAC's Blue Mountain College in Oregon where she played last year. This year she's playing for Camosun in Victoria.

Back in the spotlight

Powell River last hosted the Provincials in 1997: far before iPhones and Netflix. Our home team finished second in the province.

It was just a few years after Doug and his wife Lisa (a former star player for UVIC and Team BC with coach Kent) moved here.

Powell River was already strong on the volleyball scene by the time the Skinners arrived. There was about 3,200 kids in School District 47 to draw on, compared to just over 2,000 today. Through the early 1990s, more than 100 girls played on teams.

"Girls Volleyball programs exploded for club and high school volleyball about the year 2000," said Doug. "We've now started to see Club all-star teams emerge like BCO Elite - teams that collect the best players from all over BC. High schools now have four divisions (based on school population) with BC Championships in each division."

Then girls hockey and gymnastics all gained momentum and the school population began to decline. With fewer kids and more sports and activity choices, volley-





FRESH FACES: Both Panagiota Rounis (left) and Eli Shostak (right) are coached by their dads.

ball numbers dropped.

Hosting the provincials puts volleyball in the spotlight at a time when coaches such as Bill Rounis, President of the Powell River Volleyball Club and Principal at Brooks Secondary School, and others are working hard to rebuild numbers.

Although Bill is fairly new to Powell River, he's no stranger to the sport having played volleyball in high school and university and coached it ever since.

The next generation

Volleyball needs parents and coaches to volunteer if it is to survive and prosper in small communities. And now that the children of former volleyball stars are reaching the age that their parents began to play, we're beginning to see that happen.

For example, Bill loves that he's now able to coach his▶

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Employment Services Centre

The Employment Program of British Columbia is funded by the Government of Canada and the Province of British Columbia.









1990 TEENAGE DREAM: From top: the Senior Girls were the top midget team in BC; second in Western Canada; the Max Cameron boys championship team; on BC Ferries in 1994; Canadian silver medal in St. John's, Newfoundland.

THE 1990S: GOLDEN YEARS FOR VOLLEYBALL

In 1994, three Powell River teams went to the Bantam Championship and finished second, fifth and 11th.

Others who were as passionate and committed as Doug and Lisa such as Gerald Lambert (now athletic director at Crofton House in Vancouver), Tom Freeman, Lisa Lewis, Kiet Nguyen, Mike Clark, Jason Christensen, Rob Nakpil, Ken Holley, Tony Rice and Cam Miller have spent countless hours coaching kids.

"Each coach had their own team. When Jen Cote won MVP in 2001 Jason Christensen coached her and that was the only volleyball banner that Brooks has ever won....all the rest belong to Max," said Doug. "Gerald's Max girls teams won three gold and one silver over a four year period – quite a feat."

Darcy, who teaches Grade 5/6 at Edgehill and coaches volleyball today, says shortly after moving here in 1995, Doug asked her if she'd like to coach volleyball. She said yes.

"Volleyball was big in this town," remembers Darcy. "In the late 90s we had boys and girls teams in every grade for club and school."

In 1998, the Max Cameron girls – Ann Polman-Tuin and her team - came second in BC. Coaches were Jim Palm, Connie Palm and Scott Glaspey. Betsy Rourke coached many a great volleyball team, boys and girls, at both Brooks and Oceanview. In 1991, there was only one division in the province. Doug rattles off names of some of the great volleyball players of that era like Andrea Formosa, Lyndsey Payne, Christie Olson and Marie Henderson. "I coached these girls in high school but didn't teach them the game. Lisa

and I started club volleyball here because any good players had to go to the Island to play club." Club volleyball was launched in 1988 by Betsy, but shelved in the early 90s when the Skinners moved to Powell River and revived it. "That year we went to the BC Winter Games, placed second at the BCs and second at Western Canadians. Also that year, the Max Cameron Girls got second at the BC High School Championships," said Christy Sullivan, who now coaches her own daughter.

School volleyball runs from September to December and Club volleyball runs from January to May. Kids who are serious about playing do both.

The late 1990s/early 2000s

were the heart of the golden years for volleyball here. "In 1998 we had three divisions in BC still and we won gold in club volleyball in all three divisions for girls," said Doug.

On the boys' side, there was Spencer Hoehn who Doug says was probably "one of the best male volleyball players Powell River has ever

Spencer was part of the Fabulous Four who also included Kye Taylor, Eric Green (who later played volleyball for the University of Saskatchewan) and Brent Forrest. Also included in that group were Ben Rahier and Adam Skinner. As a group they collected MVP, 1st allstar, second allstar and Libero awards in 2001. Max Cameron won two consecutive boys AA HighSchool Championships. When they were 16 this group upset a Fraser Valley Club team called the "Bus Drivers" that had never been beaten and won the Club provincials.





Did you know...

www.ancestry.ca is free through your library's computers?



Tech Savvy workshop: Ancestry.ca Friday, November 16

4pm to 5pm

Ancestry.ca is a genealogy database available in the Library with census, vital, military, and court records, as well as passenger lists, electoral registers, and church directories.

Register for the workshop, learn about this dynamic resource and explore your family origins.



info@prpl.ca 604-485-4796 prpl.ca





THEY RISE AGAIN: The Brooks Senior High Volleyball team shows promise: maybe as much promise as the legendary teams of the 1990s.

Photos by Sean Percy

own daughter Panagiota, a Grade 7 student, who began playing last year.

"I've always coached," says Bill, "but this is the first time I've coached my daughter. She's been bugging me for quite some time."

Panagiota began playing club volleyball in January when the school district launched the Future Stars program.

"I kind of grew up watching the sport because dad always coached," she said. "I went to lots of games and always hoped I'd be just like the girls that dad coached."

"At 18 months she got hit by a volleyball while in her stroller," Bill says shaking his head at the memory.

Andrew Shostak and Chris Carlos also coach their own offspring.

And former Powell River players Christy Sullivan, Lindsay Cooper and Steve and Marie Boettger are coaching their own, too. "Volleyball is fun," said Eli, who is in Grade 7. "My dad [Andrew Shostak] used to play in elementary school just like me."

Start early

Kids can begin learning how to play volleyball around the age of 11 and play minor games. The introduction of a new program called the Future Stars for Grades 4 to 6 boys and girls was launched in January with teams for most ages. Registration forms are available at local schools.

Jennifer Cote (now Barisnekoff) was only 11 years old when she first began playing. On May 5, Jen was inducted into the Central Connecticut State University Athletic Hall of Fame. Back in the 1990s, this hitter (who was later ranked as one of the top 12 hitters in the NCAA Div 1 athletes) was part of the top-ranked Powell River

Aces team of the late 1990s. Other college players include Lindsay Cooper, Alisa Wilson, Diana Caldarone, Gaye Ross, Kye Taylor, Brent Forrest, Spencer Hoehn, Adam Skinner and Ben Rahier.

Cheap & Dry

Volleyball is an inexpensive sport.

"Put on your runners, shorts and t-shirts and just show up," says Darcy. "It's indoors so there's no getting soaked in the rain or freezing on the ice while you watch"

In many communities you have to pay to rent a gym. Here, SD47 provides the gym. The youth practice twice a week for an hour and a half each time. Costs are incurred when teams travel but there are free ferry vouchers for athletes when travelling to tournaments.





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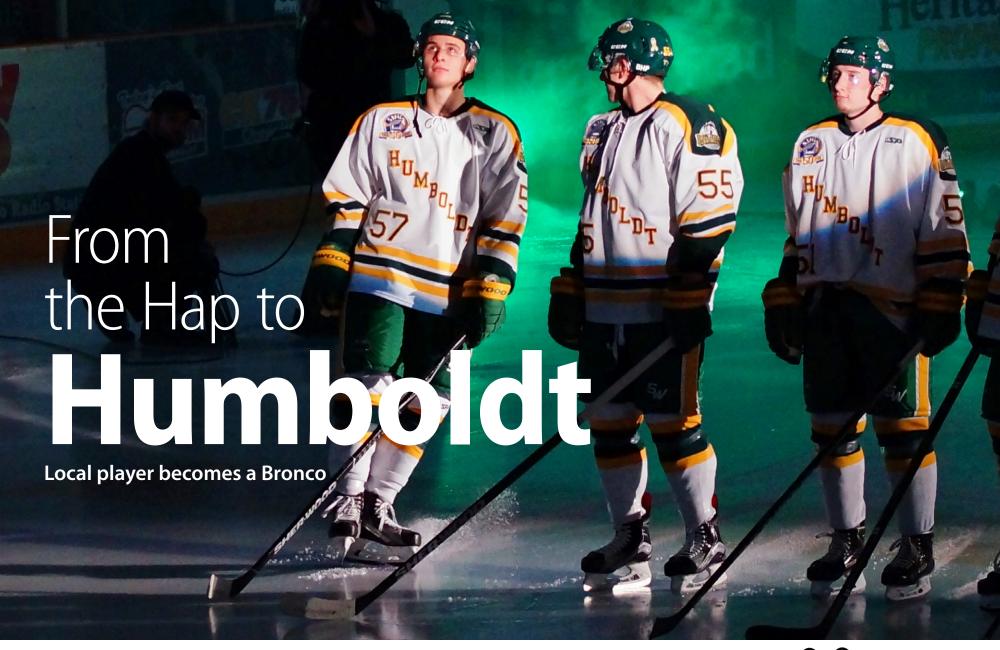
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Powell River Living asked local winger Bryson Cecconi to share how he came to be part of Canada's most famous junior hockey team.

grew up playing hockey in Powell River, until bantam where I decided to go into the Okanagan to play in Kelowna for a hockey academy called the Pursuit of Excellence.

After a couple of years in Kelowna I played in Victoria for Pacific Coast Hockey Academy. Going into my last year of high school I played Junior B for the Osoyoos Coyotes of the KIJHL. After graduation I moved to Saskatchewan to play Junior A.

I started my SJHL career in Nipawin with the Hawks, and was traded to the Kindersley Klippers, quarter way through the season. I finished the year in Kindersley

"Playing in Nipawin I rode the bus two to three times a week through that intersection, so it really hit home how close I was to the accident."

and returned home for the spring and summer.

After I arrived home in April, came the terrible news of the Humboldt bus crash. (When the semi-trailer struck the Broncos bus on the way to a playoff game, 16 were killed and 13 injured.) My family and I were very affected by this tragedy.

Playing in Nipawin I rode the bus two to three times a week through that intersection, so it really hit home how close I was to the accident. Because of the loss of life, there was a desperate need to rebuild the team for the following season.



BRYSON CECCONI

Age: 19
Weight: 185 pounds
Height: 6'0
Position: Right Wing
Team: Humboldt Broncos

Shoots: Right
Hometown: Powell River, BC
Parents: Susanne and Brian
Siblings: Carson







All of the teams in the SJHL decided to help out the Broncos by giving them one player of their choice.

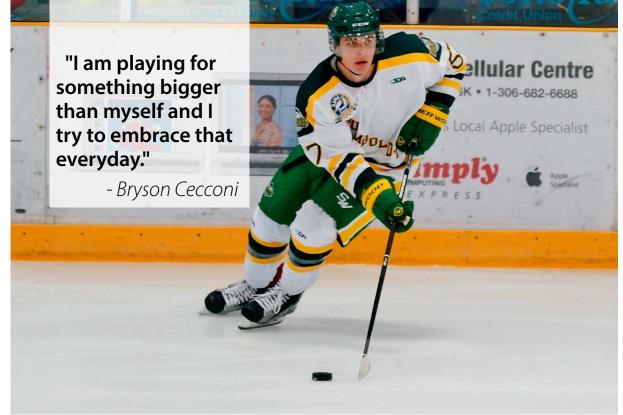
I was very honoured to be the player selected from Kindersley. I spent the rest of the summer training and preparing for the upcoming season, and it has been a great move for me so far.

Having the opportunity to be a part of the rebuild of the Humboldt Broncos is truly an honour, the whole community has been nothing but supportive. There will be ups and downs in the season, but ultimately I am playing for something bigger than myself and I try to embrace that everyday.

A big inspiration comes from my grandparents, they were very supportive of me playing when I was younger. My Nonno worked very hard his whole life to provide for his family, so I look up to him very much as a role model.

Another big part of my life is my parents, from the 6 am practices to the endless rides to and from the arena, I wouldn't be where I am today without their support. I try to inspire my younger brother to work hard and to rise to the challenge.

These people in my life inspire me to not only become a better hockey player, but a better person.



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I MADE THE MOVE

Even better than Sechelt

ennis and Peggy Crawford have been happily married for 16 years, and they're raising two kids.

Both work from home: Dennis as a storyboard artist for animated films, and Peggy enjoys sewing for her chic babywear company, Peggalish Designs.

They're just trying to live a simpler, more meaningful life here in Powell River.

Why did you choose to move to Powell River?

Dennis and Peggy • After nine years of living in Sechelt, we found we outgrew our home. With the rising cost of real estate in the Lower Sunshine Coast area, we decided to explore Powell River as an option and found that it fit our needs perfectly. Our money went further and we were still able to find something near the ocean, which we are so drawn to.

When?

Dennis and Peggy • Just three months ago.

What surprised you once you moved here?

Dennis and Peggy • Much to our delight, the pace of every day life is a bit slower here. One of the first things we noticed as a family is that random strangers would approach us and strike conversations, making us feel warmly welcomed right from the start.

What made you decide to move to Powell River?

Dennis and Peggy • We love how we felt each time we visited. The friendly community, the air feels cleaner here, and there's so much to explore in nature around

here. Perfect surroundings for raising our littles.

Where is your favourite place in Powell River?

Dennis and Peggy • We just love the beaches here. Top two so far are Palm and Donkersley.

How did you first hear about Powell River?

Dennis and Peggy • Years ago, we came to visit friends and instantly fell in love with this town.

What aspect of your previous community do you think would benefit Powell River?

Dennis and Peggy. We really miss all the beautiful murals around Sechelt. The tasteful graffiti, the eye catching murals throughout the town and even the hydro boxes are beautifully wrapped in Pacific North Westthemed paintings.

What challenges did you face in trying to make a life for yourself here?

Dennis and Peggy • Moving itself has been stressful and helping the kids adjust to all the change. We tend to refer everything as an 'adventure' and both kids seem to be embracing it well.

If you were mayor of Powell River what would you do?

Dennis and Peggy • Hmm, tough one. I don't think we've been here long enough to answer this one.

What are Powell River's best assets?

Dennis and Peggy • With the ocean nearby and 32 lakes, Powell River's best assets are salty and sweet

CREATIVE COUPLE: Storyboard artist Dennis and clothing designer Peggy chose to raise their "littles" within sight of humpbacks and orcas.

waters, lots of trails to explore in the forests and those sunsets are simply stunning! As a bonus, we have been thoroughly enjoying observing all the whale activity so close to home, something we didn't often see in our previous surroundings.

What is your greatest extravagance?

Dennis and Peggy • We live quite frugally (one vehicle, one phone, very few 'toys'), but we love culinary adventures and are really pleased with the variety and quality of dining options here, especially the ethnic ones.

Which superpower would you most like to have?

Dennis and Peggy • Swimming with the humpback whales would be nice....or even walking on water along side them.





Thank you Powell River!

Thanks to you, the Pacific Salmon Foundation's

14th Annual Dinner & Auction will help salmon enhancement
efforts in Powell River and the BC Coast.

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Special thanks to Powell River Artists for their support!

And thanks also to the hardworking volunteers from the Otago Rugby Club,
Tla'amin Nation and our local Pacific Salmon Foundation volunteers:

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Graham Nielsen John Philpott Brenda Powell Terry Powell Aliyah Rachkowski Gail Scholefield Nike Schroeder Sharon Shultz Marianne Smisko Bill Whyard Deborah Woewoda Emily Yee

Opinion: marijuana legalization

Corporate can't replace craft

BY ARI DUBLION

You'll certainly have noticed the chaos and depravity that has ensued since cannabis was legalized on October 17.

I'm kidding of course because for most of us, very little will change.

Powell Riverites are already able to walk in to any one of four cannabis retail shops or dispensaries today. We have a robust tradition of growing the herb, and almost everybody who wants recreational weed can get it.

You'd think being the first western nation to legalize cannabis would be a great cause for celebration, however what activists have been fighting for, and going to jail for, is not simply legalization, but also justice. There are still many violations and criminal sanctions for cannabis crimes, such as three months in jail and a \$5,000 fine for being "intoxicated in public," or up to 14 years for sharing a joint with a minor, even if it's your little brother.

I doubt these crimes will be heavily enforced in Powell River, but elsewhere in Canada people of colour, indigenous folks, and other marginalized communities could be targeted, as we've seen during the last 50 years of the Drug War.

Something we may start to notice a few months or years down the road is the transfer of wealth from the very people who risked everything to breed the strains, perfect the growing techniques, and build the market, to shareholderowned and even foreign-controlled "big cannabis" conglomerates.

There are certainly hundreds of people in our community employed or dependent on the industry. One licensed producer in Powell River paying wages won't replace the economy that has existed here for generations, and most of the herb available in the BC Cannabis Stores will be grown, trimmed, processed, and packaged closer to the larger population and distribution centres.

Canada's largest Health Canadaapproved producer is in Ontario and owned by an American corporation. One thing that definitely isn't changing is the ACMPR, Health Canada's perfunctory and flawed medical cannabis program. In 2015 the community of people in Powell River who live with critical and chronic illnesses and find cannabis medicine to be of help for their conditions brought delegations to council. The aim was to convince council that dispensaries fill a need for medicines that are not available from Health Canada's licensed producers.

It succeeded and council unanimously voted to direct staff to write a report on bylaw amendments to allow for dispensaries. Mayor Dave Formosa even proclaimed "Let the people have their medicine!"

The report was never made, the bylaws were never amended and today the infirm and elderly folks who require cannabis medicine are no further ahead.

Legalization means recriminalization of cannabis dispensaries.

In the Province's legal BC Cannabis Stores in Powell River, at some point when they finally open many months from now, customers won't be able to touch, smell, or even see the prepackaged herb. The stores will not be permitted to carry most of the products that these people need. Topical preparations, edibles, potent oils, tinctures, and other non-smokeable medicine will still be illegal.

The staff and environment at the BC Cannabis Stores surely won't nurture the same kind of community and knowledge sharing that the people who find relief from medical marijuana have come to depend on for their healing process.

As of this writing there's a test case before the Supreme Court that could determine the fate of medicinal cannabis dispensaries.

Operating a dispensary in this climate is a defiant act of civil disobedience by respectable citizens who are willing to risk their liberty to help their vulnerable neighbours. Supporting dispensaries boosts the local economy.

The Supreme Court of Canada has ruled in favour of dispensaries in the past, and we shall see this affirmed in the future as we work towards a more just and compassionate cannabis distribution community.



FUNGIS N' FUNGALS: *Top:* Scott Keown found this beauty on the Sunshine Coast Trail near Walt Hill - but doesn't know what it is. Don't eat it. *Above:* Tory Charlton, the owner of T&D Shroom Shack, holds a bundle of chaterelles. *Inset:* A cauliflower mushroom. Marg Cade and Christine Baird-Cook working at The Shroom Shack, and holding pine mushrooms. *Right:* Wayne Brewer shot these photos of poisionous mushrooms. Don't eat them.

'shroom Report

BY ISABELLE SOUTHCOTT isabelle@prliving.ca

ines, cauliflowers, chanterelles and lobsters...they're all blossoming in the woods around Powell River. Pickers are finding them and selling them to mushroom buyers who are shipping many to Japan.

It's a good year for "shrooms," say some; others say it's average. Buyers don't like to talk much about price or the best picking spots for obvious reasons.

"Prices can change overnight or within an hour," says Rob Baird, who runs the 'Shroom Shack out of the old Edgehill Store. Some pickers return to the same spot for years. Their honey holes are top secret – they don't want them trampled by hikers or hijacked by other pickers. Pickers of all ages benefit from the cashbased mushroom economy for part of their income.

Rob says it's a good year quality-wise. At 5 pm on a wet October afternoon, pickers were lined up waiting to weigh in.

"I've been picking since 1972," said one man, as Rob weighed his pines. "There's some nice mushrooms out there but its weather dependent."

When asked how he got into picking mushrooms, he smiles. "I have a Japanese wife."

Another picker chimes in. "We call it forest bathing," she says.

"You can forget all your troubles when

you're out there picking."

It's good exercise, you get fresh air and you get paid for it. What more could you want?

"I lose 15 to 17 pounds every season," says the picker, who has been finding mushrooms for more than 45 years.

Meanwhile on Duncan Street, Tory Charlton opened T & D Shroom Shack after a seven-year hiatus from the business. Tory posted a Youtube video about the Pine Mushroom Stomp in 2007 when pickers were being offered \$1 a pound for pines when the same mushrooms were fetching hundreds of dollars a pound on the international market. That video gained international attention.

"There are still lots of mushrooms out there," says Tory. "They're growing everywhere – in clumps and fairy rings. It's perfect weather for mushrooms."

Experienced pickers know to disturb the area as little as possible and place the moss back to protect the growing area.

Prices can range drastically for pines. "\$302 a pound is the highest I've ever seen it," says Tory. In 2007, they plummeted to \$1 a pound. On October 24, 2018 pines were fetching between \$16 to \$20 a pound.

"Good pickers are averaging \$500 a day," says Tory.

Chanterelles, lobster and cauliflower mushrooms started in August and fetch significantly less. Pines started in September.







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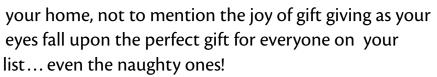


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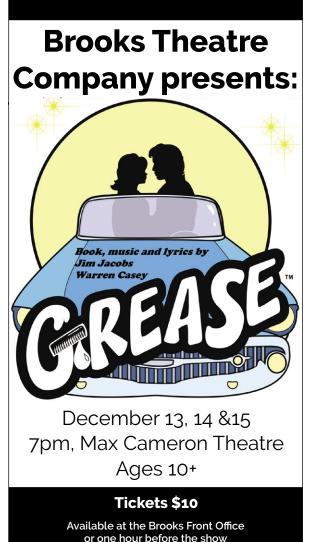
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Tourism's new hyper-local "Where's Waldo" map

Featuring the region's most colourful characters

BY ISABELLE SOUTHCOTT | isabelle@prliving.ca

If you look closely, chances are pretty good that you'll find someone you know on Tourism Powell River's new map.

The City and Regional District map was created in honour of Tourism Powell River's 25th anniversary.

"There was no street map before for the regional district," says Tracey, Powell River Visitor's Information Centre Manager.

Tristan Bellmane, a talented graphic artist (and Tracey's husband), began working on the map earlier this year.

"We thought it was a great idea to include 'Friends of Tourism' on the map, doing things that visitors love to do when they come here to visit like hiking, riding, diving, and paddling," she said. So Tristan ran with it and began incorporating many Powell River people, including Tla'amin Chief Clint Williams, Elder Elsie Paul, Eagle Walz (Mr. Sunshine Coast Trail) and City of PR's manager of economic development Scott Randolph. Tracey points to a canoe on the map noting its importance. There's Erik Blaney, Phil Russell, Ivan Rosypskye and the rest of the reconciliation team involved in Hehewšin.

And there's no denying the attention to detail that Tristan put into colourful local personalities, such as ultra-long distance runner Joseph McLean (the winner of the 2018 *Powell River Living* Best Facebooker vote) who is depicted with a Facebook image on his jersey.



MAP CONTEST CELEBRATING TOURISM'S 25 YEARS

- 1. Go to the Tourism ad in this magazine on Page 11.
- 2. Pick up a map from the Tourism Information Centre at 4760 Joyce Ave
- 3. Match names: For adults, you'll be finding individuals on the map. For kids, you'll be finding animals.
- 4. Enter a draw at the Centre to win a prize. For each name or animal you get right you get a ballot in the box. For adults, first prize is a silver salad serving set engraved with bears; second prize is a Salish sunset blanket. "We have more than 36 prizes for kids," says Tracey.

"I call it my 'Where's Waldo of Powell River' map," says Tracey, adding that summer student, Melanie Anaka, also worked on the map.

There are also points of remembrance on the map that many locals will identify with. "There's Jasper Mohan and his dad Stephen at the Box Wars," Tracey pointed out. (Jasper was a much-loved member of this community who passed away in 2015 at the age of 15 after losing his fight with brain cancer). "And there's Bill Hopkins at the Polar Bear Swim," she said.

The more you look, the more you see.

There's a nod to Community Forests for what they do. There's a Google image of City Councillor CaroleAnn Leishman on her paddleboard and Russell Brewer riding his bike. You'll even find yours truly, Isabelle Southcott, and her Nova Scotia duck tolling retriever Hunter holding up the latest issue of *Powell River Living* magazine.

And the Sasquatch on the map? "Well," says Tracey slowly. "Sasquatch may or may not exist. Nah, the Sasquatch is just for fun!"

"We've had a lot of fun with it," said Tracey.

It's Tourism's 25th anniversary this year. "We're happy! We have something to celebrate," she said. In addition to maps, the Visitor's Centre also carries a variety of giftware and t-shirts with unique Powell River logos.

FREE WALL ART: The map, designed by Tristan Bellmane (pictured at right, with partner Tracey Ellis), is available at the Visitor Information Centre on Joyce Avenue. Find Mayor Dave Formosa next to the "R' in Powell River. Good thing he won the October 20 election!

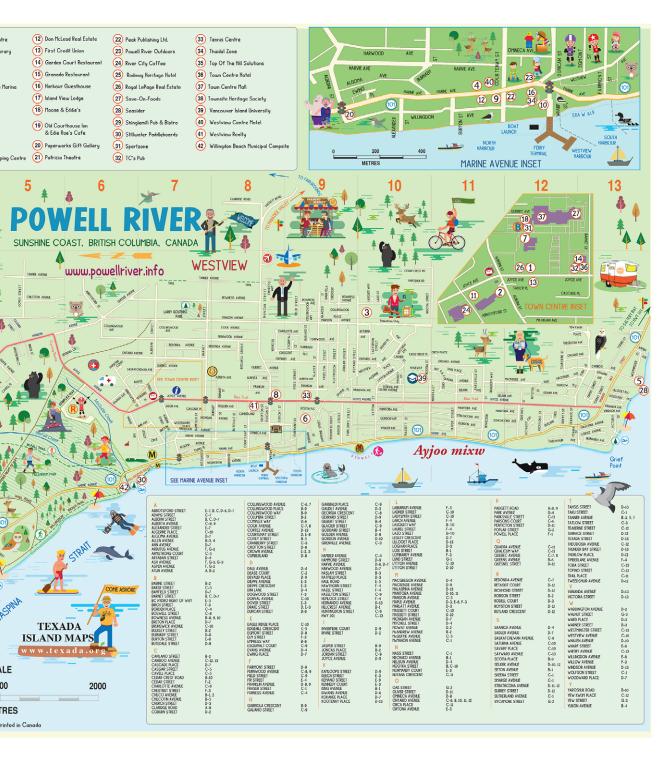


LEGEND

1 Powell River Visitor Ce





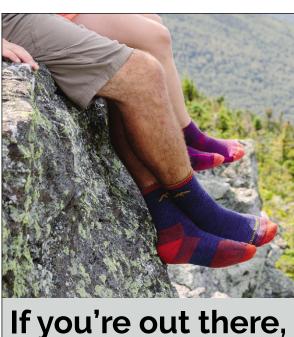












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BY ISABELLE SOUTHCOTT isabelle@prliving.ca

here were kids wearing hockey gear everywhere. Standing, falling, getting back up but most of all this group of 30 plus wanna be hockey players were having great fun!

The First Shift program got underway last month and thanks to sponsors it was free in Powell River.

The program, which makes hockey more affordable for young children to try the sport and have fun, normally costs \$199 and for that you get a full set of equipment and six ice sessions run by minor hockey, says Rick Hopper, director of operations for Powell River Minor Hockey. "We were concerned that even at this great price we would have trouble filling the 30 spots available. Through Tod English, the Regals had expressed interest in helping minor hockey so they agreed to pick up the registration fee for all 30 spots. We actually got 32 spots with another couple of sponsors. In all, 32 children have hit the ice for the first time," adds Rick. "And it was all free!"

Hockey Canada started the First Shift program in cooperation with BAUER in 2014. Canadian Tire joined as a major sponsor and this year the program will be offered to over 150 minor hockey associations across Canada. "The primary focus is getting first time hockey players, ages 6-9, interested and into the game," said Rick.

This is PRMHA's first time hosting the First Shift program.



"Our goal was to boost hockey enrolment as our registration numbers have been falling for the past number of years," said Rick. "The reason for this drop is numerous with demographics being the most obvious but other factors include cost and the hockey culture," he added.

"I've got to say it has been one of the best things I've ever been involved with in hockey. Although quite a challenge with this many beginners it has been so rewarding seeing so many smiles. The welcome event when they got fitted and received their equipment was particularly special- Christmas in October!"

The First Shift program has a number of great volunteer coaches.

"We will be introducing these players to Canada's game and hopefully we will instill in them a love for the game and they will continue by enrolling in PRM-HA for 2019/20," said Rick.

"We will also be giving them another six sessions in the new year – the second shift – something Hockey Canada encourages."

It is hoped that this introduction to hockey program boosts hockey registration in the future.

WHAT'S UP

Arts Festival celebrates 75 years!

Organizers of the 75th Powell River Festival of Performing Arts are looking for alumni to perform at the festival which takes place from February 2 to March 8.

Festival committee member Monica Peckford has been researching other festivals and wants to add new categories to the syllabus. "We welcome ideas to make this a special festival."

Vocal is one area they'd like to expand. "Some suggestions for categories are singer/song writer, family group, pop and contemporary Christian music. In speech arts, we are looking at a slam poetry class."

The revised syllabus will be posted on the festival website in the next few weeks.

Sponsored by the Rotary Club of Powell River with support from a volunteer committee, the festival is a showcase for amateur performers.

Participants range from kindergarten to seniors in six disciplines: choral and vocal, strings, piano, dance, speech arts as well as band and instrumental.

- Joyce Carlson

New group for LGBT youth

Powell River Child Youth and Family Services is proud to host PRQY: a monthly drop in night for all self- identified lesbian, gay, bisexual, trans, two-spirit, queer or questioning youth and friends aged 13 to 18.

In the spring PRCYFSS and the Brooks GSTA co-hosted a youth panel requesting feedback about the needs and wants of lgbtq2s youth of Powell River, and there was universal agreement about needing a casual place to be safe, have fun with peers, and be accepted as whoever you are.

Held on the last Friday of every month from 6:30-9 pm, the Powell River Queer Youth night will be held at the Youth Resource Centre at 7105 Nootka Ave. The YRC is set up with a pool table, comfy couches, a kitchen where snacks will be provided, art supplies, board games, and access to the PRCYFSS library. We'll have

movie nights, theme nights, and special events. Come and meet people, hang out, participate as much as you want, build community and support each other. Bus tickets will be provided to all attendees, referrals to community services and general supports are also available. Drug, alcohol, and violence free space. Come as you are!

For more information please text or call Erica at 604 223 7047, or email edolsen@prcyfss.com

- Erica Dolsen

Pumpkin recycling

If you have a festive Halloween pumpkin out on your doorstep and aren't planning to eat it, divert it to the Let's Talk Trash animal feed collection on Friday, November 2 at the Town Centre Recycling Depot from 9am until 4:30 pm. There will be a trailer set up beside the depot to collect Halloween pumpkins, squash and even scary zucchinis (yes, we got a couple last year!). Please remember to remove any decorations, skewers and wax from the pumpkins and unfortunately, no painted pumpkins. This collection will be going to one of our local farms and used as animal feed so please ensure pumpkins are safe for eating.

Don't let that orange sphere of spooky fun go to waste!

- Tai Uhlmann Let's Talk Trash

Gitta May tops on The Shot

Gitta May Nielsen was named the People's Choice at The Shot – a nationally televised talent competition – on September 29.

The Powell River singer songwriter performed "Tennessee Rain" in front of a live audience at the Kitchener, Ontario, finale. It was the sixth season for The Shot.

The People's Choice winner was chosen by the numbers of ballots cast in person after an artists performance and online votes.

Nielsen's prize includes professional headshots, a performance reel, a one-year artist development program, single recording and music video, and a professional branding package.



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Therapeutic Riding needs volunteers

"We have spots available Monday to Thursday," said Dusty Reid, Volunteer Coordinator for Therapeutic Riding. "It's a very flexible program that follows the school year so volunteers have all major holidays and the whole summer off," said Dusty. "We run several 45 minute classes throughout the day, training is provided and no horse experience is necessary. For only 45 minutes a week, we guarantee an easy walk, fresh air and big smiles."

If you can help call 604-485-0177 or email prtravolunteer@gmail.com.

flag pole. The Cemetery staff worked at framing an area with timbers.

The Ladies Auxiliary members were asked if they could give donations to this project and things started happening. Cement was poured for the "foundation." Bench legs were made up and seats and backs were added. A large rock was placed and Bronze plaques were ordered. Our new Veterans Memorial was dedicated in a ceremony October 28th. The plaques were unveiled and now we have a special Memorial for our Veterans. Thank you to all who helped with this worthwhile project.

- Karen Crashley



New Veterans Memorial

In 1961 a monument was placed in Cranberry Cemetery at the bottom of Section BA on the right side of the first road off Crown Avenue. Workers at the cemetery suggested that the Ladies Auxiliary Br. 164 of The Royal Canadian Legion look into replacing this aged memorial.

It was decided to construct a Veterans Memorial similar to the Workers Memorial which is just above the Mausoleum. A committee was formed to look into what might be needed to build such a memorial. One of the ladies headed out to find a suitable rock which could hold a bronze plaque. Another lady was looking into grants.

After seeing what was needed they set out to find donors for some of the big ticket items. The biggest expense was a

Volunteers needed!

- Powell River and District Christmas Cheer is looking for a secretary. The role requires the secretary to take meeting minutes and distribute to committee members via email. Generally 5-6 meetings per year.
- Evergreen Care Unit is looking for Secret Santa Elves. Once a month come to Evergreen to sort, de-lid and count popcans and bottles to prep for drop off to the bottle recycling depot.
- The ORCA Bus (Success by 6) is looking for bus drivers. Volunteer drivers move a 40' reconfigured bus (the ORCA Bus) to scheduled stops/visits to all areas of the Regional District of Powell River.

For more details contact Volunteer Powell River at (604) 485-2132 or vprdesk@gmail.com



METER MADE: Abby Hull, 9; Carter Mostat, 13 and Brooklyn Mostat, 7, students at the Canadian Martial Arts Academy (CMA) enjoy performing random acts of kindness. Students in the CMA program must complete 1,000 random acts of kindness before reaching the rank of Black Belt. Here, the students put money in the big, yellow meter at Quality Foods that will be used by Friends of Powell River to help feed, clothe and purchase other items for children in need.

caring member of Powell River's business community has made it easy for us to help the kids.

Frank Clayton, owner of Canadian Martial Arts Academy (CMA) is the man behind the yellow parking meters at Safeway, Save On Foods and Quality Foods. He wanted to do something for kids who need a bit of help and when he came across the idea of using parking meters to collect coins, the light bulb went off!

Already a supporter of Friends of Powell River – a program initiated by two sisters 10 years ago that helps local kids get their basic needs for food and clothing

Feed the meter to support local kids

met – Frank decided to adopt the idea, bring it to Powell River and use the parking meters to feed hungry kids in his own community.

He spoke with Melanie Jordan Alsager, Friends of Powell River founder, and she loved the idea.

Frank then found six parking meters on eBay (at a scrap yard in Saskatchewan) and bought them. City Transfer brought the meters to Powell River from Vancouver. School District 47's welding program put bases on the meters and Pinetree Autobody painted them. Impact Signs added the signage. "All these business donated along the way," said Frank.

Save On, Safeway and Quality Foods were happy to have the meters installed and by mid October, the new program was up and running.

The program is a win-win for kids. It teaches CMA students about values. "When my kids (CMA students) put money in the meters it counts as one of their random acts of kindness," explains Frank. Students in the CMA program must complete 1,000 random acts of kindness before their Black Belt. RL

Corrections: We swapped n' swapped.

In the September issue, we listed Mike Rumley as president of UNIFOR Local 1 and Gary Jackson as president of UNIFOR Local 76. In fact, it's the other way around. Mike leads Local 76 and Gary is Local 1.

In October's issue, we ran Patricia Barnsley's bio with Winnie Ferrier's photo. Her bio should have read: "Winnie took the Library's Seniors memoir writing course in 2012 and has been attending since. The best part of participating in the group is hearing everyone else's stories and sharing a slice of her own life with them. Winnie

is writing her stories for her family so that they can have a sense of who she was before she became a senior."

And, we ran Liz Brach's bio with Trisha Greenwood's photo. Trisha's should have read: "Tricia Greenwood is a Fire and Life Safety Educator with Powell River Fire Rescue. Outside of her official duties she is active in coordinating the school food programs with the Professional Fire Fighters Charitable Society and loves her Sunday morning walks with her dog Zeke on the Seawalk. Born to stay in Powell River."







Pampering presents for the bath, beautifying gifts for the body and scent-sational fragrances.

Run a hot bath, add the fruit butter bath mixture, inhale and relax.



BUSINESS CONNECTIONS

BY KIM MILLER office@powellriverchamber.com



A new gift shop called **Westerly Studio** opened last month beside Skeeter Jacks at 9398 Highway 101. Owner **Nicole Fraser** is excited to be carry-

ing many locally-made and Canadian gifts in her new store. With a background in visual merchandising, retail, kitchen and bath design and a journeyman ticket in woodworking, Nicole says the modern and diverse space will allow her to showcase a variety of gifts in every price range for the holiday season. "After being a stay at home mom for years, I decided to collaborate all my talents into one retail space," she said. Nicole will also be holding make-it nights at her new studio. For more info email Westerly Studio at info@westerlystudio.ca or find them on social media @westerlystudioshop.

Eight Marine Avenue business have been chosen for the first Business Facade Improvement Program. Offered by Community Futures Powell River and The City of Powell River, the program awarded six businesses with single frontages \$2,500 each and two businesses with double frontages \$5,000 each. Businesses

must match these funds – Community Futures will make loans available along with providing architectural services free of charge. Once plans have been completed they will be submitted to the committee for approval. Businesses have until December 31, 2019 to complete improvements.

Powell River Connect (dot com) is a community-connecting online hub officially launching on November 21 created by Corey Matsumoto of Core Media Group (CMG Printing & PR Macs). The first phase of the site—a comprehensive Directory of businesses and community groups—softly launched in 2016. The second phase—a community-written online magazine called the Community Post—is a place for locals to share their knowledge, passions and community pride and discuss topics of local importance. Anyone interested in promoting their organization or business can submit a blog proposal by emailing corey@powellriverconnect.com.

Martin Leclercq and Valerie Couture have purchased the Powell River Canadian Tire store from John and Michelle Hodgkinson-Kristof, who moved to Martensville, Saskatchewan where they purchased a Canadian Tire dealership. Martin and Valerie have three children; Leanne, Alice and Leo. "We moved from Alberta but before that have lived in Nova Scotia and Quebec," said Martin. "I studied agriculture and helicopter piloting and my wife graphic design but we both fell in love with retail and have been with Canadian Tire for more than 15 years." Canadian Tire's new General Manager is Daniel Harris. Daniel and his wife April have two children; and Ben and Oliver. They moved to Powell River from Alberta where they have lived all their lives. Before working for Canadian Tire, Dan was a manager in the oil industry. April is a registered nurse. The couple fell in love with retail and want to own their own store. New store manager Wesly Roy and his wife Jenna have two children, Morgan and Wyatt. Although they moved here from Alberta they have lived in Nova Scotia and Quebec City. Wes has owned many businesses over the vears and Jenna is a teacher.

Aero Design Ltd. expanded its aerospace division to include media blasting and specialty coatings. Now in addition to developing and manufacturing helicopter cargo baskets and accessories Aero can now provide high end aviation quality services to the public. Specialty coatings including powder coating, ceramic and self-lubrication style coatings

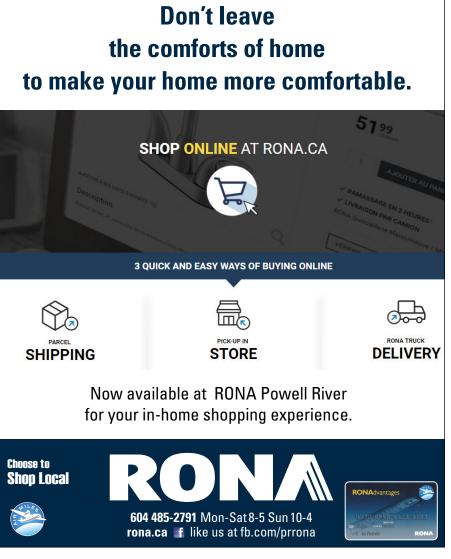
that can be used for industrial, home renovation, hunting, fishing, vehicle restoration, and more. To make room for the new 20' x 8' x 7' Precision Quincy Powder Coating oven, Aero also expanded their facility and moved the engineering, manufacturing and sales side of the business into a newly renovated 12,500 square foot location also located on Malaspina Road. Stop in for a tour and keep your eyes peeled for Aero's upcoming grand opening celebration. For more info contact Aero at 604 483-2376 or visit their website at aerodesign.ca

Powell River Community Health (Vancouver Coastal Health) has partnered with the Powell River Chamber of Commerce to distribute the universal "Breastfeeding Friendly Place" window decals to local businesses that would like to be champions to help create a breastfeeding friendly community. Displaying this decal at their place of business will create a welcoming, breastfeedingfriendly space for all families. Breastfeeding is important for the health and well-being of children, mothers, families, and communities. It is a human right protected by the BC Human Rights Code. Breastfeeding remains a major population health issue that requires continued efforts to inform the public about the benefits of breastfeeding and to encourage attitudinal shifts in support of



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A proper tea for two on Marine Ave

Thea White (right, with PRL publisher Isabelle Southcott) was two when she received her first tea set from her father. When she was three, she picked out a book on Proper Tea Etiquette from a book store and asked her parents to buy it. In Kindergarten, she was asked what she wanted to be when she grew up: "I said I want to own a Teahouse," said Thea.

After spending the last 19 years caring for her twin 19-year-old special needs boys, her dream finally came true when she opened Thea's Teahouse at 4735 Marine Avenue – beside the Nutcracker Market.

If you're looking to experience a good old-fashioned cup of tea with a china cup and saucer while listening to Baroque music, this is the place for you. There are three daily brews and two daily special brews, plus ice tea, hot chocolate, tea lattes, matcha and a variety of baked goods.

"We also have gluten-free, wheatfree and egg-free options," said Thea, "as well as lactose-free and almond milk."

You won't find any to-go cups at Thea's Teahouse as she refuses to contribute to more landfill waste but she encourages people to bring their own to-go cups. "Come let us have tea and talk of happy things." Thea's Teahouse is open daily from 10 am to 4 pm. Grand opening will take place November 23 to 25 from 10 am to 9 pm.

breastfeeding. For more information on supporting breastfeeding families, please contact Powell River Community Health at 604-485-3310.

Catalyst Paper was sold to Paper Excellence Canada (PEC) last month. The deal, which was announced on October 9, includes two Vancouver Island mills and the Powell River mill. It is subject to regulatory review and final approvals and comes after months of work by the BC government, Catalyst and PEC to maintain the viability of the company's operations. The deal also secures the livelihoods of approximately 1,500 forestry workers at Catalyst's operations in Crofton, Port Alberni and Powell River. PEC's chief executive officer Brian Baarda was the Vice President of Catalyst's Powell River mill from 2005 to 2008 before moving to Richmond where he became Catalyst's vice president operations and then the company's CFO and VP Finance. He was TimberWest's Chief Operating Officer from 2015 until August of this year when he was appointed as the Chief Executive Officer of PEC. Paper Excellence manufactures NBSK Pulp for the paper industry and BCTMP for printing, board and packaging. Over 90% of PEC's products are exported to Asia, Europe and North America. Widely recognized for superior quality, PEC's products are environmentally friendly and accredited with PEFC and/or FSC sustainability certifications. Paper Excellence has evolved from a new entrant (in 2010) as an exporter within the value-added natural resources (pulp) industry to Canada's largest pulp producer with BC facilities operating in Howe Sound, Skookumchuck and Mackenzie, as well as Meadow Lake, Saskatchewan, and Nova Scotia.

Thaidal Zone Restaurant at 4454 Willingdon Avenue was sold as of July 1 to Patcharin "Koong" Hankin. Koong has been working at the restaurant for the past two years. She moved to Canada from Thailand in 2008 and to Powell River from Roberts Creek two years ago. She says they plan to keep everything with the food the same but hope to renovate the kitchen in the near future in order to speed up service. Thaidal Zone provides delicious authentic Thai Food.

McKinney's Pub at 6251 Yew Street in the historic Rodmay Hotel is under new management. Adam Ackerly and Emma Morgan-Thorp who recently moved here from Ucluelet say they are excited and grateful for the opportunity to operate this historic (and probably haunted) bar room. The pub will be open as usual on weekends with hours expanding as they settle in. If you have an event or gig booked don't worry, the show will go on – but please contact Adam to confirm your dates at the rodmaypub@gmail.com. Adam used to manage Logan's Pub in Victoria and





ART MATTERS!

November 4

Memento Mori lanterns and art at Cranberry Cemetery

Until November 13

Friends at Easel group show at VIU.
Curated by Ursula Medley

Starting November 15
Thermal group show at VIU.
Curated by Sandra Lopez

Every Tuesday 6:30-8:30pm

Life Drawing at the Art Centre

Every Saturday 11-1pm
ArtRageous Family Saturdays
at the Art Centre



www.artpowellriver.com



Friday November 16: FREE Presentations

Multimedia Sessions **Open** to the public

Morning:

9:30 am – 12:00 pm geared for students of all ages

Evening:

7:00 pm – 9:00 pm more advanced - adult oriented

Saturday November 17: Full day Workshops

\$25 Registration (incl. lunch)
Limited - must register
10:00 am - 4:00 pm

Entanglement:

marine mammal response methods & participation

Whale Identification:

identifying individuals photo and acoustic methods

Details & Registration at:

wildoceanwhale.org/worldofwhales

BUSINESS CONNECTIONS

Emma worked at the McPherson Playhouse and was involved with several music festivals. She is currently working on her PhD in performance studies. They moved here in June to manage the new Wildwood Public House (formerly the Wildwood Publ). Adam comes from a bar and music background and she comes from a theatre stage management background. They hope to open the space to community groups.

Pharmacist Sam Elbably is back in Powell River, now as the pharmacist and owner of ReliaKare, his own independent pharmacy. The new shop opened last month at 7075 Alberni Street (the old video store, next to Afterglow and across from the Town Centre Mall). In addition to prescriptions, the store is stocked with the usual pain remedies and drug store supplies, but Sam says he's keeping the focus on pharmaceuticals, and not trying to be a grocery store. The store is open 7 am to 5 pm weekdays and opens at 8 am on weekends. Call 604-256-7145.

The Powell River Chamber of Commerce and Tourism Powell River will hold a joint networking evening on Thursday, November 15 from 5:30 to 7 pm at the Town Centre Hotel. The event is being held in honour of Tourism Powell River celebrating their 25th anniversary. It is open to everyone. Please RSVP Chamber Manager Kim Miller at 604 485-4051 or office@powellriverchamber.com.

Voting for the **Powell River Chamber** of Commerce's business awards opened November 1. The Employee of the Year Award is new this year. To vote please visit the Chamber's website at powell-riverchamber.com. Nomination forms are available at the Chamber office on Willingdon Avenue or in *Powell River Living* magazine beginning next month.

It's the end of an era at Pinetree Autobody. Neil Mckenzie, who started the body shop in 1982, has left the operation. But little is expected to change, as two current employees are now the owners: estimator Dennis Bittle and painter Peter Lavergren. "We just want to continue what Neil started," said Dennis. "We know what works and we like the way it has been." Peter says he's honoured to be taking over for someone who built as good a reputation as Neil did with Pinetree over the past 36 years. Dennis started with Pinetree in 2009 and Peter has been with the company for five years.

Experienced dog groomer Faith Chipman recently moved to Powell River and opened up Shaggy-Dawg Dog Grooming, a home dog grooming studio on Marine Avenue. "I want to be indulgent and take my time grooming the dogs,"

she said. Faith moved here from a small town outside Victoria at the beginning of June and began to reno the grooming space. "I closed my dog grooming spa on May 26 this year in my old town after 17 years and I'd love to talk to you more personally about grooming," said Faith. She is welcoming a small client base who would like a calm, indulgent service. For more info or to make an appointment, phone Shaggy-Dawg Dog Grooming at 604.483.6024.

BC Ferries issued a Request for Expressions of Interest (RFEOI) last month for the procurement of five new major vessels. The competitive bidding process is open to local, national and international shipyards, including consortiums, and BC Ferries encourages local and national companies to bid on these projects. The five new vessels will reflect capacity and levels of service consistent with the current Coastal and Spirit Class vessels in size, capabilities and passenger amenities. These vessels are anticipated to begin entering service in 2023 on BC Ferries' major routes between Metro Vancouver and Vancouver Island. "These vessels will be quieter and have a lighter ecological footprint than any we have ever built," said Mark Wilson, BC Ferries' Vice President of Strategy and Community Engagement. BC Ferries hopes to award a contract for these ferries by the end of 2019.

Powell River has changed since Michael Jacques and Natalie Cacciola graduated from Max Cameron High School 17 years ago. When Michael moved home last summer after spending the greater part of 15 years on Salt Spring Island he noticed that there wasn't an online hub specifically tailored for the people of Powell River to engage with and discuss the goings on of their growing community. Combining an open discussion board, an events calendar and free, online classified ads, would give residents a tool to move through their lives with community support and engagement. Natalie's skills as a web designer/ developer, and her insight and enthusiasm moved the project forward and the Powell River Post was born. The Powell River Post is a user-driven, free web service for people of the area to connect with others to buy/sell personal items, promote events, and have conversations about local interests and concerns. The site showcases local artists and emerging businesses. On the events calendar users can post dates of shows, fairs, and fundraisers. The PR Post is user-friendly. To post an ad or start a conversation visit powellriverpost.com or email hello@powellriverpost.com RL

NOV 2 TO 4 WEEKEND



Pumpkin drop-off Memento Mori Orcas Craft Beer Festival Daylight Savings

NOV 9 TO 12 LONG WEEKEND



Remembrance Day Campfire: Journey Geoff Berner Flu Clinic Puppet Show

NOV 16 TO 18 WEEKEND



World of Whales Raincoast Christmas Fair A Musical Affair Kings vs. Prince George Thermal show at VIU

NOV 23 TO 25 WEEKEND



Black Friday Craft Shows Galore Wine & Art Vinyl Flip Crafternoon

NOV 30 TO DEC 2 WEEKEND



Santa Parade Wassail Nativity Exhibit The Magic Flute Volleyball Champs

Much more is happening in November. Check out PRL's full coverage of festivals and events on Pages 34 to 42.

Cozy up to

'\\ODember

ways to relish your holiday shopping

1. Shop all the craft fairs

On Page 36, we've laid out a guide for all 17 of Powell River's holiday craft fairs. Pick a weekend, fill a car with your buddies and cash, and go.

2. Make it social

Shop a neighbourhood with friends: Marine, Lund, Townsite, Cranberry, or the malls. Stop for nosh & drinks for extra good cheer.

3. Shop for a good cause

On Pages 12 to 13, check out the many charitable initiatives that raise money over the holidays. For the friend who has everything, they'd probably love a gift in their name.

4. Shop now, not December 23

On November 23, head to the Town Centre Mall to get your shop on - that's Black Friday. Buy stuff from your friends and neighbors rather than online. See ad on Page 2.

5. Gaze upon the local goodness from home

Flip to Page 44-47 for a minicatalogue of some of the best gifts in town. Are you naughty or nice? What about the people you're shopping for? Think it through with PRL's handy guide.

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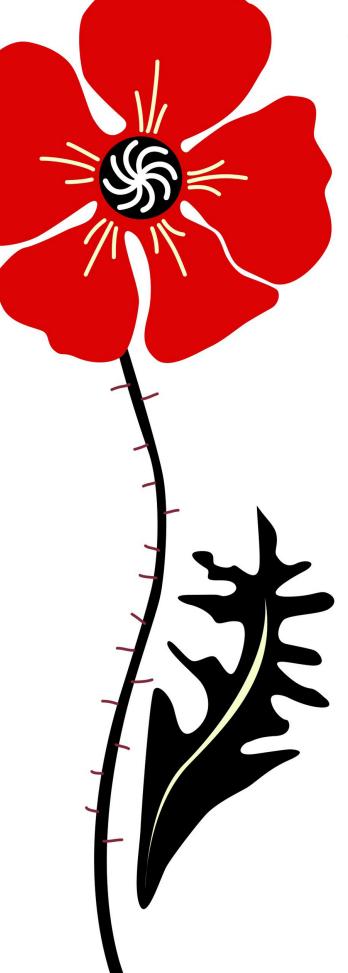
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1918 to 2018: 100 years

Powell River boys celebrate Armistice in France & the mill

RY RARRARA LAMRERT

ith great enthusiasm, young men on Canada's west coast volunteered to join the Canadian Expeditionary Force and fight for "King and Country." Construction workers at the Powell River Company mill and loggers from the Stillwater camp of Brooks, Scanlon & O'Brien were eager to volunteer their services.

Mill employees of the Powell River Company included Gustave Courte, Tom Lang, and Joe Falconer; loggers included Harry Lang and Don Dunwoodie from the Stillwater camp, and Joe Rolandi from the Myrtle Point logging camp. The third Lang brother to volunteer was Fred Lang, a general labourer in the Stillwater area.

An underage boy, Gordon Jamerson, ran away from the Duke family homestead in Horseshoe Valley, sailed on the All Red Steamship line from Stillwater to Vancouver, to volunteer at the nearest recruitment centre.

They "celebrated...by stealing an army vehicle, and taking off at great speed for gay Paris!"

After basic training in British Columbia, the Powell River and Stillwater boys crossed Canada by troop train after an enthusiastic send off by flag waving relatives and friends. They sailed from Halifax on a converted liner, *RMS Olympic* (sister ship to the *RMS Titanic*), to Plymouth, England. Further training followed in England before being shipped across the English Channel to serve for their country in mud-filled, rat-infested trenches, before being ordered "to go over the top" through razor sharp barbed wire to engage the enemy.

Some experienced loggers were diverted into the Canadian Forestry Unit, falling trees in Scotland and France for railroad ties, trench supports, supports in underground blasting tunnels, and coffins.

Don Dunwoodie, a logger, served on the supply lines in France. He became bush sergeant, with orders to log a private park - a square kilometre in size of oak, maple, beech, some pines, and BC fir at Chateau Chambray.

All three Lang brothers saw action on the Western Front. Tom and Fred were wounded at Vimy Ridge on April 9, 1917 while Harry saw action at Passchendaele July 30, 1917. Against all odds, the three brothers sur-

REMEMBRANCE DAY CEREMONIES

When: Sunday, November 11. 10 am service at Dwight Hall. 10:58 am ceremonies at the Cenotaph in Townsite. 4 pm ringing of the church bells to commemorate 100 years since the 1918 Armistice.

vived a brutal war which ended with an estimated ten million military deaths and seven million civilian deaths. In honour of the Lang Brothers and their service overseas, Wolfsohn Bay, BC, was renamed Lang Bay.

Troops across France and Belgium celebrated with the declaration of the cease-fire. Don Dunwoodie and his friend Corkery celebrated this memorable occasion by stealing an army vehicle, and taking off at great speed for gay Paris! The doorman and the manager at a large Parisian hotel gave the two Canadians the royal treatment with an expensive room, free of all charges.

A bell boy came into their room with glasses and a bottle of champagne .The manager filled their glasses and Don Dunwoodie drank a toast to the King, to celebrate the end of four years of hostilities. They returned to camp with five cases of champagne. One case was given to the officer on duty; needless to say, the officer did not charge the two soldiers! He only asked "Lads, did you have a good time?!"

In the Powell River mill offices, the news of the Armistice came over the wire at 11 a.m. Jack Short called out "The war's over!" and immediately the mill whistle was blown, and everyone downed their tools for the rest of the day.

Twelve Powell River construction workers, an unknown number of loggers from Stillwater, and Private Gordon Jamerson, from Horseshoe Valley, never came home.

Post war, the Powell River Company offered employment to veterans of the First World War. They hired Sergeant John MacGregor VC MC DCM, Canada's most decorated war hero of the Great War, and Robert Taylor DCM MM.

In 1939 John MacGregor was presented to King George VI and Queen Elizabeth on their royal visit to Vancouver. In the Second World War, MacGregor was promoted to Major, and later Lieutenant-Colonel and served at a military camp in Vernon, B.C. Powell River City Hall (MacGregor building), and MacGregor Road are named in his honour.

Remembrance Day 2018: we remember all who gave their lives in the First World War. Their sacrifice will not be forgotten.



Rob Sta Villani Flet



Stacey Fletcher



Katya Buck

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LICENSE TO KRILL

Pardon us for spouting off, but November is a whale of a month... for whales. The fabulous Jackie Hildering is at the Seniors Centre on Nov. 2 and two days of workshops called World of Whales is coming Nov. 16 and 17. See below.



Learn Something New

November 2

Lessons from Killer Whales presentation

7 - 8:30 pm, Cranberry Seniors Centre. Jackie Hildering is an acclaimed educator, diver and underwater photographer, and widely known as "The Marine Detective". Many will recall her wonderful talk about Humpback Whales in 2017. In this presentation, Jackie will trace our social evolution with Killer Whales, discussing how these whales are powerful indicators of human value systems.

November 3

Powell River Craft Beer Festival

November 4

Memento Mori at Cranberry Cemetery

3 to 8 pm. Self-guided tours of the public cemetery, music, ofrenda, and much more

November 7

Chronic Pain Group Movement Series starts

5:15 to 6:45 pm, Rec Complex. \$50. 5-week program. See www.painbc.ca/ PowellRiver for more info.

Sat Nov 10

Campfire Session for the Love of the Journey

2 pm at the Library. Different experts share their stories and experiences of their own journey both near and far: from rowing in the Tribal Canoe Journey to walking the Camino in Spain.

Friday, November 16

Tech Savvy workshop: Ancestry.ca

4-5 pm, Library. Ancestry.ca is a genealogy database available in the Library with census, vital, military, court records, passenger lists, electoral registers, and church directories. See ad on Page 17.

RFP closes for Tla'amin care facility

See ad on Page 12.

November 16 and 17

World of Whales event

Evergreen Theatre. See ad Page 32 for schedule. Workshops take an in depth look at the entanglement hazards and threats facing these animals and identifying individual animals and their families. wildoceanwhale.org/worldofwhales

November 19

Death Café

6:30 pm. Cran Hall

November 21

Women in Business

3 Women, 3 Stories. Appies. 6 pm at Paparazzi. Sponsored by PR Living. Call 604-485-0003 for info.

November 27

Garden Hard Structures

7 pm, Cranberry Seniors Centre. Garden structures can enhance your landscaping by adding character and style making your garden a beautiful place to enjoy with family & friends. With Doug Jubb. Come and enjoy an evening of interesting garden information, tea & coffee.

December 5

Intro to the Self-Employment program

See ad on Page 16.

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Plan your November

Big November Dates

November 2

Free pumpkin drop-off

9 am to 4:30 pm, Town Centre Recycling Depot behind Rona. No painted pumpkins, sticks or candles / wax. Divert your pumpkin for animal food.

November 3/4

Daylight Savings time begins

Set your clocks back one hour when you head to bed on the 3rd.

November 5

Diwali

Pan-Indian festival of lights

November 11

Remembrance Day

100 years since the end of WWI. 10 am, inside Dwight Hall, service begins. 10:58 am, Cenotaph, Last Post, two minutes of silence, and more. Church bells will ring at dusk in remembrance of the 100th anniversary of the armistice.

November 12

Remembrance Day Stat

November 22

American Thanksgiving

Feast at The Boardwalk. See ad on Page 40.

November 23

Black Friday @ The Mall

December 2

Santa Parade

3 pm. Want to participate? Cathy Mac-Donald: 604-483-9454

First Sunday in Advent

December 3

First day of Hanukkah

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Are you dealing with unwanted hair growth or unsightly shaving bumps or just tired of constantly waxing or shaving?

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Book your consultation with Alicia Jensen, our Certified Laser Technician before Dec 30, 2018 & receive a FREE laser treatment



Yes, you're reading that right. Over the next month or so, there are seventeen handmade craft and artisan sales around gathet. There are the grand dames of the craft show circuit: Rain Coast, Lund, and the Fine Arts Club, and more. Plus, newbies this year include Awesome Rad Christmas and Jingle Bell Stop. Plan to bring friends... and all your money.

Night sky painting, above, by Powell River's Janelle Huber of Huber Ink

Holiday Craft Fair Planner

November 2 & 3

Powell River's Own Craft Fair

Rec Complex Arbutus and Cedar rooms. Friday, 5 pm to 9 pm. Saturday 11 am to

November 3

United Church Christmas Bake Sale, Lunch & More

United Church. 11 am to 2 pm

St. David & St. Paul Anglican Bazaar & tea

Townsite, 11 am to 2 pm.

November 17

Powell River Stroke Recovery Club Christmas bake sale and **Extended Care Unit bazaar.**

Extended Care Unit, 2 til 3:30 pm.

Order of the Eastern Star Christmas Bazaar

United Church Trinity Hall 11 - 2 pm

November 17 & 18

Raincoast Christmas Fair

Dwight Hall, 10 til 4 Saturday, 10 til 3 Sunday.

November 22

Artique Winter Salon

6 to 9 pm, Artique. Music, Appies Coffee, Tea, Prizes and art!

November 24

Lund Christmas Market

Italian Hall in Wildwood, 10 til 4. A major fundraiser for the Lund Community

Assumption Christmas Bazaar Dwight Hall, 11 am to 2 pm.

Saturday, November 24th from 11 am until 2 pm.

November 23 to 25

Cranberry Crafts Fifth Annual Winter Fair

Cranberry Seniors Centre, Friday 2 to 7 pm, Saturday 10 til 4 pm and Sunday 11 to 3 pm.

Powell River Fine Arts Club Christmas sale

Friday 2 to 8 pm, Saturday 10 to 3 pm and Sunday 10 to 3 pm.

Friday 2 to 8 pm, Saturday 10 to 3 pm and Sunday 10 to 3 pm. To raise money for renos on the hall.

December 1

Texada Christmas Craft Fair

11 am to 3 pm, Texada Legion. Van

Awesome Rad Christmas (ARC)

The Arc Community Centre, Doors open

Jingle Bell Shop

11 am to 3 pm, Assumption School Gym. Crafts, direct sales and photos with

Early December

Watch for the Tla'amin Craft Show at the Salish Centre!

December 7 & 8

Homesteaders Craft Fair

Cranberry Seniors Centre. Friday 5 to 8:30 pm, Saturday 10 to 4 pm

December 8

Magic of Christmas - Homebased **Business and Craft Fair**

Upper Foyer of the Complex, 10 am to

Holiday, 2018

Rise of

November is the best month to see and buy the exquisite functional art created by Powell River hands (clip n' save the Craft Fair Planner, left). Here, Emma Bashford asks three top-selling local artisans about the secrets to their indie success.

Andrew Riddle • Riddle Cribbage Boards



Andrew Riddle got his Bachelor of Music degree in 1983 and became a high school teacher, teaching in the Kootenays for three years. During this time he got his private pilot's license then, bitten by the bug, trained to be a commercial pilot in Vancouver.

While flying commercially for 10 years he started "messing around with wood" on days off, selling at small craft shows before turning his passion into a full time pursuit in 1999.

He lives in Cranberry with his wife Michelle and two children Tyler and Chelsea.

Studio neighbourhood: Westview

What he makes: Cribbage boards, custom cribbage boards, half round fish carvings carved out of spruce — they're more high end art compared with the boards which are functional art. Other art, for example using driftwood.

How long he's been at it: 20 years full time. I started part time in 1992.

Where he sells in town: Paperworks Gift

Online: riddlecribbageboards.simplesite.

Out of town: Vancouver Aquarium Gift Shop, The Museum of Anthropology, Vancouver, wholesale with fishing lodges: Langara Fishing Lodge, Haida Gwaii, Nootka Marine Adventures (operates three lodges on Vancouver Island) and The Pacific Salmon Foundation

Words of advice about selling on the Internet: I keep it simple. My website isn't an online store. People email me for orders — I'm not a computer guy. It's a tool for me so people can see what I make and contact me by email for orders.

Words of advice about selling in general: Know your customer and your venue.

Words of wisdom about making: Follow your instincts and do what you love to do. Keep it fresh — don't get stuck in a rut.

Favourite thing he's made: What I'm making right now — two spruce fish carvings and a 36" great white shark. I always love the newest thing I'm doing!

Find him this season at: November 1-3: Studio Fair, Prince George. November 7-11: Circle Craft Christmas market, Vancouver. November 15-18: Kris Kringle, Nanaimo. November 24-25: Whistler Christmas market, Whistler. December 13-16: MakeIt, Vancouver.



the Artisans

Dee Lite • Earth Inspirations Pottery



Dee Lite fell in love with playing in the mud at age eight and was hooked. She took pottery classes in high school but then took a 20 plus year hiatus to get married and run a business. She opened her small studio and gallery "on a dime with donated equipment and supplies" out of her Powell River home 12 years ago and is now one of the area's most loved artisans. She is inspired by nature and sways towards natural earthy colours in her pieces, though sometimes goes for bright and bold, just for fun.

Neighbourhood: Paradise Valley

What she makes: Functional Pottery

How long she's been at it: 12 years

Where she sells in town: Artique and River City Coffee

Online: Facebook

Out of town: Windows on the Water, Gibsons; One Leaf One Flower, Gibsons; Tug Guhm Gallery, Lund

Words of advice about selling on the Internet: Keep it simple

Words of advice about selling in general: Have a great product. Word of mouth is huge. If you make one person happy they tell 10 friends. If you make one person unhappy they tell 100 friends. Stand by your product — I always replace broken goods even if it's just one of a set. Every event I do I give away four random gifts — something substantial. It gets that person to remember and they walk away with a promotional product and something beautiful.

Words of wisdom about crafting: Don't let anybody tell you it isn't a real job. Work hard and show them that it is. There is no can't there is only won't.

Favourite thing she's made: The little hobbit house that's on my sign. And my first teapot!

Find her this season at: Powell River's Own Craft Fair, The Raincoast Christmas Craft Fair, Fine Arts Craft Sale, Lund Christmas Craft Fair, The Homesteaders Craft Fair, The Magic of Christmas, the winter market at the Community Resource Centre



Mara Decker • Feather Point Designs



Busy mum of two Mara Decker loves nothing more than designing/making jewelry and spending time with her family hunting, gardening, fishing and tending to her chickens.

Following a career in dental, she got started by making feather earrings and selling at the Farmers' Market in town before turning her passion into a full time business. She is renowned for her one of a kind pieces reflecting her love of the West Coast.

Neighbourhood: Cranberry

What she makes: Custom hand stamped jewelry and keychains

How long she's been at it: Since 2012

Where she sells in town: Thick, Picked Collective in Ecossentials (coming soon!), Paperworks Gift Gallery, Tla'amin Convenience Store

Online: featherpointdesigns.com, Facebook, Instagram

Out of town: Little Locals, Vernon; Kidz on Main, Revelstoke

Words of advice about selling on the Internet: Keeping up with social media and being able to maintain all the accounts is huge. It's another job in itself! Also, keeping current with designs and posts. I try to post three times a day on Instagram.

Words of advice about selling in general: Really listen to your customers, I always make sure they are happy with my designs before I ship. A happy customer is a returning customer!

Words of wisdom about crafting: Be original. Don't let other people let you doubt your designs.

Favourite thing she's made: I love doing necklaces with kids' names on them. It's special to me... I like wearing my kids names round my neck. I love making personalized pieces.

Find her this season at: You can definitely find me online or at the Powell River stores. Or call me! I do personalized pieces and am happy to work one-on-one with people.



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Free awesome stuff

Live Music

November 8

Simply Bronze Free Tan Day

In celebration of 11 years in business. Party at the shop: giveaways, draws, snacks, the biggest sale of the year. See ad on Page 20.

November 4, 9 and 16

Flu Clinics at Community Health

Third floor of the Hospital Family drop in November 4, 1 – 4 pm Everyone welcome November 9, 11-1:30 pm

Everyone Welcome November 16, 2:30 pm - 4:30 pm

November 30

Deadline to apply for a Christmas Hamper

See ad on Page 13.

November 30

Tourism Powell River map Contest

See ad on Page 11 and story on Page 26.

Do Good this Holiday

November 3

Martinis for a Good Cause

St. Joseph's Hall. In support of Hands Across the Water. Tickets (\$30) at the Knack

November 16

Salvation Army Kettle Campaign begins

Want to volunteer? Go to salvationarmypr.ca/kettles/

November 24

Wine & Art benefit for Success by 6

The Arc, 6 pm. See blurb, Page 12.

November 24 & 25

Photos with Santa

At Mother Nature. With or without your pet. See ad on Page 25.

November 27

Giving Tuesday

United Way's day-long inspiration to give to the Hygiene cupboard at the CRC. Check out UnitedWayofPowellRiver.ca

November 30

Last day to apply for a Christmas Cheer hamper

December 4

Stuff the Trailer kick-off at Safeway See ad on Page 31.

November 2

Early Spirit

7 pm Cran Hall. Celtic / jazz. \$20 at door, \$18 in advance at RockIt Music or Eventhrite

November 3

Petunia and the Vipers

9 pm, McKinneys. \$20 at the door.

November 8

Sarah Hagen, Piano

James Hall, 7:30 pm.

November 10

Geoff Berner Trio

McKinneys, 9 pm. Jewish-Canadian accordion player/singer-songwriter/novelist with a new album, new book and upcoming tours of Canada, continental Europe, the Pacific northwest of the U.S., and Scandinavia.

November 16

A Musical Affair Didgeridoo vs. Violin

Doors open at 7, show at 8 pm. Cran Hall. Visuals by Tryptonmendia. Art by Kaeli Starfield and Catnip. Tickets \$15 available at RockIt Fuel and Base Camp.

Carolyn Mark

8pm, McKinneys

November 17

Michael Jantzen

Cran Hall. Vancouver area recording artist, Michael Jantzen, carves out his own space between folk and country.

November 18

A night of worship with The Arctic and band

6:30 pm, Evangel Pentecostal Church. \$15

November 24

Moths & Locusts/Scars & Scarves/ The Gobekli Taco Factory

9 pm, McKinney's

November 25

Vinyl Flip 2018

Noon til 4 pm, Cran Hall/ Free record buy / sell / swap. Book a table at roxyrecords.pr@gmail.com.

December 1

Live at the Met: The Magic Flute

10 am, Max Cameron.

Christmas concert and Wassail

7 pm, Evergreen Theatre, show begins 7:30. Powell River Chorus with Walter Martella. See ad on Page 42.

Sports

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November 2 to 4

Midget Hockey house tournament Hap Parker Arena

November 16

Kings vs. Prince George 7 pm The Hap.

November 16 to 18

Atom Hockey house tournament Hap Parker Arena

November 17

Kings vs. Chilliwack 7 pm The Hap.

November 20

Kings vs. Alberni Valley 7 pm The Hap.

November 23

Kings vs. Cowichan Valley 7 pm The Hap.

November 24

Kings vs. Cowichan Valley 5 pm The Hap.

November 25

Grey Cup party at TC's Pub

November 29 to December 1

Senior Girls Provincial Volleyball Championships

November 30

Kings vs. Alberni Valley 7 pm The Hap.

November 30 - December 2 **Parallel Mens and Ladies Spiel**



The Church of Jesus Christ of Latter-Day Saints invites you to the

2018 Nativity Exhibit Open House

Friday, November 30 1 pm 7pm Saturday, December 1 11am 4pm

6952 Courtenay St, Powell River See how other cultures depict the birth of Christ



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Make & See Art & Film

Until November 13

Friends at Easel group show

November 3

Sunny Nestler Presents the new book Undergrowth

2 to 3:30 pm, Library. Vancouver based Artist Sunny Nestler presents her collection of drawings that explore the shapes and colours of an imaginative parallel

November 3, 10, 17 and 24

Art-Rageous Saturdays

11 am to 1 pm, The Art Centre above the Library. Free drop-in. theartcentrepr@

Sundays in November

Puppet shows for kids

2 pm, Tidal Art Centre, Lund. November 4 - The Paper Bag Princess and one of the Frog and Toad stories; November 11 – The Frog Prince; November 18 – Jack and the Beanstalk (a Lundish version with no giant killing); November 25 – TBA. Suggested donation \$5/person

November 4

Memento Mori at Cranberry Cemetery

November 5 & 19 & Dec. 3

Cranberry Craft Night 7 PM · 5865 Mowat Ave

November 6

Crochet plastic bags

5:30 to 7:30 pm at Fibrespace. Free workshop hosted by Let's Talk Trash and Feather & Lace. Register at Info@LetsTalkTrash.ca

November 15

Thermal group show at VIU

See ad on Page 32.

Choir seeks adventurous voices

he IQUQ Improv Choir demands attentive listening and an openness to the moment.

It's based on a system of 'cueing' that allows the conductor to build an improvised soundscape. The whole process is about improvised response and improvised request.

This choir borrowed its start-up from from the Voice Over Mind choir, the brainchild of former new music director DB Boyko at the Western Front in Vancouver and Christine Duncan at the University of Toronto.

After singing with this choir for many

November 15

Early bird passes go on sale for the **Powell River Film Festival**

PRFF dates are February 8 to 17. See ad on Page 28.

November 22

Artique Winter Salon

6 to 9 pm, Artique. Music, appies, Coffee, tea, Prizes and lots of amazing local art!

November 23 & 24

Happy 105th to the Patricia

Both days: Guided tours of the Patricia from 11:00 am - 3:00 pm Both days: The Great Buster: A Celebration at 7 pm Saturday the 24 only: unveiling of a Starry, Starry Night Donor Acknowledgements plus exciting announcements. Nibbles and adult refreshments will be available.

November 25

Crafternoon at Townsite Brewing

3 to 5 pm. Bring your projects. We will have "Crafters on Duty" available for inspiration and motivation as well as a box of crafting goodies if you forgot your project at home or feel like trying some-

November 30 & December 1

Nativity Exhibit Open House

Friday 1 pm to 7 pm; Saturday 11 am to 4pm, 6952 Courtenay Street. Free admission and everyone welcome. Over 200 examples of the nativity scene. See how other cultures depict the birth of Christ. An LDS event. See ad on Page 38.

December 1

Live at the Met: The Magic Flute 10 am, Max Cameron.

December 13 to 15

Grease! By Brooks Theatre Company

Tickets at Brooks office or at the door. \$10. See ad on Page 25.

years I was loathe to leave all that behind when I moved to Powell River a few years ago. So I brought the technique with me. Our choir is organic and continues to develop and take on a life of its own, true to the ethos of improvisation.

The choir meets every Monday at 7 pm at TAC, the art space above the library.

- Donna Lytle



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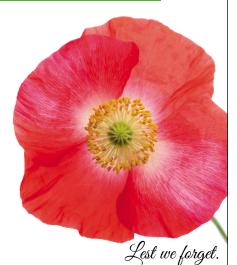
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finally find a home: with art



BY SANDY DUNLOP

y interest in hand puppets probably started with watching Shari Lewis and Lamb Chop on TV as a kid. Many children's shows used puppets in those days, but I was most fond of Lamb Chop - a very cute puppet and I liked Shari's puppet voice. I didn't play with puppets then though. That started

I am now retired, but for about 24 years to the end of March 2015, I was a mediator and a conflict resolution instructor. At some point, I began looking for ways to lighten up and relieve the tension.

A friend of mine, Denise Swan, taught music to very young children using songs, simple props and instruments, and some puppets. She invited me to come see.

I was delighted by how skillfully she taught and how fun it was. I mentored with Denise for a while and then in 2008, with her blessing, I started my own class in Lund. Over the years, I've used more and more puppets in my classes. I'm still teaching. It's still fun.

In 2009, another friend, Christine Hollmann, asked if I would do a puppet show for her son Kiran's fourth birthday party. I had only a few days to write a suitable script to perform on the little stage at the Lund School. That came off well and I was inspired. Teaching music to young children and creating theatre with puppets was just what I needed to balance the stress of my career.

PUPPET SHOWS

When: 2 pm every Sunday in November

Where: Tidal Art Centre, 9971 Finn Bay Road, Lund

Details: November 4 - The Paper Bag Princess. November 11 Frog and Toad's The Frog Prince. November 18 — Jack and the Beanstalk (a Lundish version with no giant killing). November 25 - TBA. Suggested donation \$5.

The Playing Around Puppet Theatre was born!

Over the next couple of years, I wrote or adapted about ten performances and increased my collection of puppets and stage sets. With help from lots of friends, I soon had a colourful stage with red velvet curtains, stage lighting, silk backdrops, and sound. The puppets were bought, made by me or others, or were gifts.

It was great fun, except for the part that wasn't: the transport, set up and take down took many hours, all for a half hour show. As a result, my last show was in 2011.

I continued using puppets in my Lund music classes and thought wistfully about having a place close to home where I could set up the stage and safely leave it for a time and do a series of shows.

Earlier this year, the Tidal Art Centre opened in Lund and owner Nancy Jeakins was enthusiastic about my idea. The Playing Around Puppet Theatre will be re-

The Boardwalk Restaurant in Lund

Don't wait until it's too late!

Book your **HOLIDAY PARTY** at The Boardwalk today.

- We're always thankful for great food and good times in Lund, so we are celebrating U.S. Thanksgiving, too. Join us on Thurs, Nov 22 for our Thanksgiving SPECIAL!
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Yes. All of these weekly events and groups are absolutely free.

Mondays

Powell River Boxing Club

4 to 6:30 pm, Oceanview, 604-485-7095

Tuesdays

Jr. Youth Group

6:30 - 8 pm Westview Baptist Church. For Grades 3 to 7. www.wbchurch.ca

The Exchange

Multicultural Cooking Program

3:30-6 pm at the Youth Resource Centre (YRC). Free Drop In for ages 13-18. For more information email kdodd@prcyfss.com

United Magazine Teen drop-in sessions 3:30 to 5 pm, Library.

Evangel Dive

6-7 pm (Kindergarten-Grade 6). Evangel Pentecostal.

Evangel Youth

7-8:45 pm (Grade 8-12). Evangel Pentecostal.

Wednesdays

3:30-6 pm at the Youth Resource Centre (YRC) Free Drop In for ages 9-12. schaney@prcyfss.com.

Ink Tank & Tidal Zone

3:30 to 4:30 at the Library. Comic creators and story scribblers put your inking caps on! Start with a warmup, then choose your own doodle adventure: gags, strips, minicomics, character design and more! See more at prpl.ca under Mid-Week Dig.

Board games by Night

5 til 8 pm, Library. Participants under 10 years of age must be accompanied by an adult. Castle Panic + Settlers of Catan + Power Grid + Pandemic + Scrabble + Hive + Labyrinth + Chess + Clue + Artist Trump Cards + Rivers, Roads & Rails + Go + more

Powell River Boxing Club

4 to 6:30 pm, Oceanview Education Centre

Fridays

Young Writers Group

4 til 5 pm Library. If you wish to work on something you've already started, please bring a copy with you. Sharing inspiring essays, short stories and novels will also be encouraged.

Board games by Night 5 til 8 pm, Library.

Powell River Boxing Club

4 to 6:30 pm, Oceanview Education Centre

Youth group: Catholic

7:30-9 pm Assumption gym. Ages 12 and up. Every second Friday. Floor hockey and a movie. All youth welcome! Anne Schweitzer 604-413-0725

Youth group: Catholic

7:30-9 pm every second Sunday in the basement/lounge space of St Gerard's Church in Wildwood. All youth welcome! Anne Schweitzer 604-413-0725

Refuge Kids Night

6:30-8 pm Living Waters Church hosts a drop-in style evening of sports, games, crafts, a snack and more. For kids approx ages 6-12

Also watch for:

Free community swims at the Complex sponsored by United Way. The next one coming up is November 3, from

Young Naturalists events are usually free. Email jkmay@ shaw.ca to get on the list.

The Library often hosts free events on weekends and during Pro-D days. See the events calendar at prpl.ca.

A new safe space and social group just for LGBTQS+ youth aged 13 to 18 happens the last Friday of every month at Oceanview Education Centre's Youth Resource Centre, 6:30 to 9 pm. November's is on the 30th. See Page 28 for more info. RL

Full days or drop-in

4 Pillar is now open for **full days** 8 am to 5:30 pm Plus, pick-up from Edgehill School 2:30 pm to 5:30 pm Preschool 9 am to 3 pm

Drop-ins are \$6/hour Mon-Fri 8 am to 5:30 pm

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his fall, anyone with a view of the water has been treated to near-daily sighting of orcas (top), porpoises (far left), humpbacks (bottom) and, of course, seals (left).

This little orphaned seal at left was rescued here by Susan MacKay - he'd been trying to suckle on boats. The Vancouver Aquarium nursed him into adulthood.

This month, Powell River's own Wild Ocean Whales Society is hosting a public two-day education event about whales: their behaviour, how to identify different species, entanglement, and much more. Speakers from the Vancouver Aquarium, WOWS, Fisheries and Oceans Canada and more will take you on an underwater learning journey - from the comfort of the Evergreen Theatre.

- All photos by Michelle Pennell

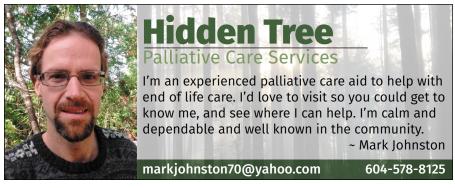
WORLD OF WHALES

What: Two days of presentations about whales living off our coast

When: November 16 & 17

Where: The Evergreen Theatre

Learn more: See the ad on Page 32, or go to wildoceanwhale.org.





Tickets \$12 in advance from chorus members or \$15 at the door

Christmas Concert & Wassail

Evergreen Theatre at 7:30 pm Doors open at 7:00 pm

Special guest TBA







We (will) wish you a

erry Christmas



Wish your customers, patients, clients, and neighbours a very happy holiday in Powell River Living's jolliest issue: December.

Call today! **Booking deadline is November 15**

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Have the people on your list been naughty or nice in 2018? If you're playing Santa, you get to decide.

Nice? Treat your little angel to something splendid from this page. Naughty? Reward your little rebel with something scintillating, next page.







1. Slippers from Pagani's

Glerups aren't just any slippers – they're quite probably the warmest, most comfortable pair you'll ever own. With natural wool and leather or rubber soles, they grip well and mold to your feet. They also make shoes and boots.

2. Ring cones at Westerly

If you've already put a ring on it, give her somewhere to put her other rings. The new Westerly Studio south of town has a variety of beautiful and whimsical gift ideas for the holidays, such as these ring cones.

3. Stylin' wheels from Massullo Motors

2018 Tahoe. Navigation, heated and vented seats, second-row heated seats, power liftgate, sunroof, Bose sound system, 22" rims.

4. Cabinet at Canadian Tire

The Dorel Cabinet with Glass Doors helps you find a place for everything while seamlessly blending with your home's décor. With a stylish espresso finish, this piece offers ample storage with a large drawer plus fixed & adjustable shelves all neatly contained behind framed doors. The \$349 cabinet is on sale for \$124.98 in November.

5. Vanilla from Watkins

Non GMO, Gluten and Corn Syrup free, it's made with the highest quality Madagascar Vanilla Beans. Baking with Watkins Vanilla gives your seasonal treats an extra bit of love. Order Watkins from JoAl Meilleur at www.watkins1868.com/consultant/joal or 604-414-4634.

6. Socks at Mother Nature

Powell River's leading gardening and pet store might not be your first thought for socks, but if you're looking for gifts, Mother Nature should be top of mind. From home décor to these Oprah-approved super-comfortable Pudus socks, the store is a holidayshopper's paradise.

7. Graphic tees from Tourism Powell River

The Visitor Centre is fully stocked for the gift-giving season with Powell River faves including the top-selling "Not all who wander are Lost" edition. Still just \$19.99!

8. Safety first at Thunder Bay

Be seen, and be dry, with high-vis rainwear from Thunder Bay Saw Shop, including the reliable Viking brand. Shells and insulated jackets and pants area available to keep your loved ones warm and safe.

9. Sculptures and art at Tug-Guhm

Artist and gallery owner Debra Bevaart's stone carvings, like this sea lion, are the centrepiece of the Tug-Guhm Gallery in Lund. But she's also a fabulous curator, with the gallery representing dozens of West Coast artists. It's well worth the trip.

10. Pet wear from Top Shelf Feeds

Keep Fido warm and dry with an RC Pet Jacket. Top Shelf Feeds has a variety of sizes and colours. They're made with reflective materials for high visibility and safety.

11. Handcarved jewelry from Tla'amin Convenience

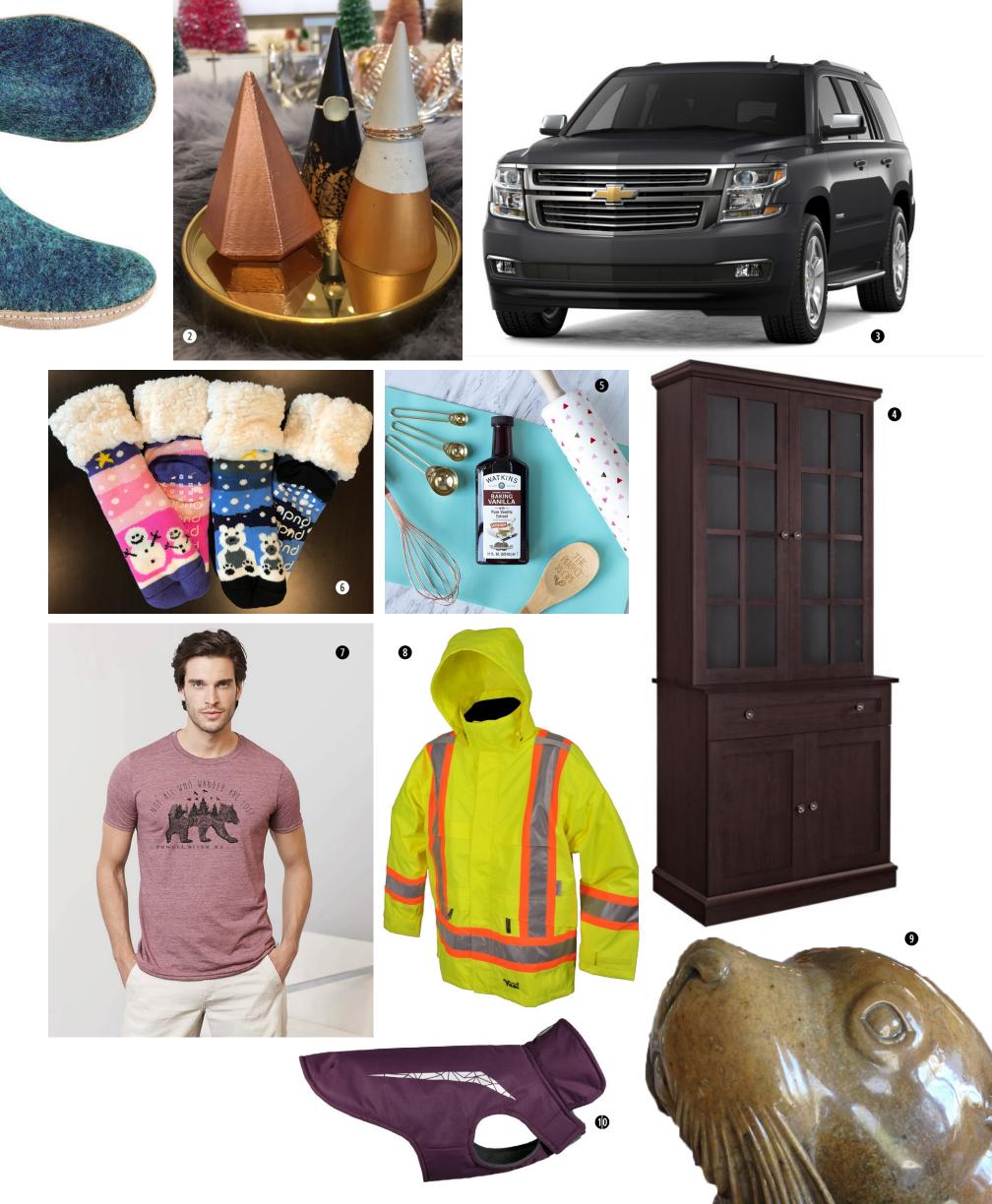
These earrings from Tla'amin Convenience Store are by First Nations artist Nancy Dawson, originally from Alert Bay. They depict an eagle design, carved from sterling silver with a abalone shell tear drop. In Coast Salish culture, the eagle is a symbol of power, knowledge and prestige. It often symbolizes a connection to a higher realm.

12. Gem water from Kelly's

Enjoy water in a totally new way with Vita-Juwel gemstone vials and glassware. Choose from a variety of different gemstones to influence your drinking water such as "Forever Young," "Wellness," Love," and "even "Diamonds." So pretty.

13. Waffles from Wiffo

Wiffo Waffle Savory Waffle Mix includes sun-dried tomatoes and rosemary. Purchase the dry mix at Fruits & Roots Juice Bar, The Nutcracker Market or on line at www.wiffowaffle.com. Or call ahead to get frozen waffles at Fruits & Roots. Try Herb & Cheese and Sweet (Maple Syrup & Vanilla) flavours, too.



VERY

Fresh real estate for the Holidays? Yes please!



Don McLeod: New on the Lakeside

Currently under construction, this spacious 2.5 story home is a short walk from Mowat Bay. Featuring a master suite with walk-in closet and en-suite bathroom in upper loft. The main level has hardwood oak flooring, kitchen, sitting room, two bedrooms and powder room. There is also a walk-out basement suite with two bedrooms, one bathroom and separate laundry - a great mortgage helper. Enjoy the outlook from the large windows onto the covered front porch with vaulted cedar ceilings above the great room area.



Kathy Bowes: In-town waterfront

This waterfront estate is located in a prime Grief Point waterfront neighborhood and features a beautiful character home poised on a half acre of walk-on waterfront with expansive frontage (126'), expansive views, surrounded by mature trees & an ever changing array of perennials providing privacy from the neighbors. Main home offers over 2,200 sq ft on three floors. There is also a fully-finished 1,457 sf two-story studio or home office, four-bay carport, single garage, workshop, gazebo & boat launch! Absolutely immaculate.



Carla McKamey: New with a view

Timberlane Estates provides you with amazing views of Malaspina Strait, Georgia Strait and Vancouver Island, and Carla is the expert on the development. Sit back, relax and watch the boats go by, spot a pod of killer whales or dolphins all while sitting in the comfort of your deck. View the snow capped mountains of Vancouver Island and even catch a glimpse of night skiing on Mount Washington. The best part of owning a home in Timberlane Estates are the million dollar sunsets.



Brandy Peterson: Spacious home

Five bedroom, three bath family home with suite potential on half an acre with a shop! Central in-town location on a quiet residential street. Lots of open parking plus a covered carport and a detached 15x30 shop with power, 10' ceilings, concrete floors and an automatic garage door. A master suite offers deluxe double entrance doors, a walk in closet, full ensuite and heated floors for a luxurious place to unwind morning and night. Full basement has another bathroom and bedroom plus a large family room and woodstove.



Val Griffiths: Texada Lake-front

Beautiful West Coast home nestled beside Spectacle Lake on Texada Island. Expansive lake frontage, and just over 25 acres of land with possibility of subdivision. Only minutes from the ferry terminal that takes you across to the city of Powell River. Enjoy the warmth and sunlight in this home with large windows and different types of wood throughout. An open and spacious kitchen, dining and living area and the two lake view bedrooms on the main floor are tucked away for privacy and quiet. Greenhouse and garden area.







1. GoPro at Taws

Make sure your favourite adventurer records his or her exploits with HERO 7 Black, the most advanced GoPro ever. With HyperSmooth stabilization, they will get gimbal like video—without the gimbal. And now with live streaming and the GoPro app, they can share every amazing moment as they live it. If it's, you know, legal and tasteful. If not, then they can share it with you alone. Find the GoPro lineup at Taws.

2. Shades from Iris

You want her to protect her beautiful eyes - so do it in style, with Honey Girl Polarized Cat Eye Sunglasses from Maui Jim at Iris. These are a beautifully chic cat eye style available in unique colors. A bold shape with a thin acetate frame gives elegant coverage during any occasion. More importantly, the polarization gives clear sight in winter glare, and protects from harmful UV rays.

3. Cozy jammies from Fits to a T

Get "bear naked" with union suits from Fits to a T. They come with a functional button bum flap with screen print design and are super comfortable with buttoned placket and tag-free brand label.

4. Charcuterie boards from The Nutcracker

Serve up your charcuterie on a made-in-Powell River board. Choose from a variety of woods, all treated with food grade oil and beeswax sealer. Available at the Nutcracker Market for \$75 to \$95.

5. Swimwear at Simply Bronze

Powell River's best selection of swimsuits can be found at Simply Bronze, including one-pieces, tankinis, bikinis rashgards, dresses and accessories. Sizes go from XS-XXL from A Cup to F Cup. And the staff are great at helping you find something you will love!





6. Bodycare from Beyond Bliss

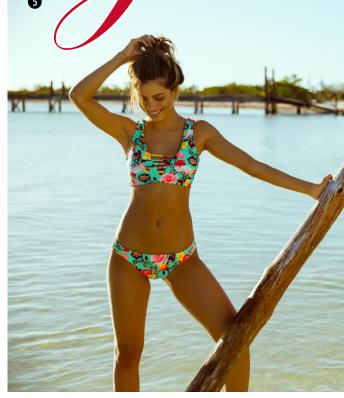
blissd Bodycare offers bath and body products that are not only good for your skin but smell amazing too. No bad stuff, just good natural and organic ingredients with added vitamins and botanicals. Six more fragrances and other products too! Done right here in Powell River, and available at Beyond Bliss Spa & Suites.

7. Sweater from Pollen

Pollen Sweaters have become so ubiquitous in Powell River that they would risk becoming cliché as a gift – if they weren't so darned comfortable and stylish and cozy that everyone loves them and wants one! And even those who already have one want a second or third one. You simply can't go wrong with the best.

8. Chic candles at Paperworks

100% pure beeswax Honey Candles are handmade in an environmentally friendly shop in the pristine mountains of British Columbia. Find a variety of candles at Paperworks Gift Gallery.



9. Color-changing gin at Capone's

The original, all-natural, color-changing gin is now available at Capone's.

Empress 1908 Original Indigo Gin is infused with the vibrantly tinted butterfly pea blossom, making it a vivid indigo blue. But with the addition of citrus or tonic, Empress 1908 is transformed from its indigo to a soft pink.

10. Statement socks from Armitage

Stay cozy and on trend, with Stance Socks, mens and women, starting at \$15 at Armitage Men's Wear.



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A Thought For The Day

"Set your faces towards unity, and let the radiance of its light shine upon you."



~ Bahá'í Writings



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Facebook Face-off

There's a better way to battle

Powell River Tarot: a community reading, by Teresa Harwood-Lynn

Teresa is available for individual readings, parties and special events. You can contact her directly at 604-485-5620 or by email at teresaann@telus.net

think I may have finally reached my pinnacle of an obsession with the tarot.

After reading a thread on swap and shop, visions of the five of wands began to dance in my head. The definition, straight out of my favourite book on the tarot, describes the five of wands as "disagreement, competition and hassles."

WOW, right on the mark for how we often find ourselves behaving on social media; and I admit, with embarrassment, that I have entered that fray on more than one occasion.

So, what is this five of wands and what can we learn from it?

The card itself shows five people brandishing wands in a stance that resembles combat. While no one appears to be actually striking anyone, the lack of eye contact would suggest that there is also no regard for the other opponents. Each character is trying to assert their own opinion and in the process are deaf to what the others have to say.

The five of wands, like most cards, is difficult to read in isolation.



There is nothing on the card that would suggest to the reader what the quarrelling is about, or who the people are quarrelling with. Are they co-workers, family, friends, or Facebook entries from strangers? It is also hard to tell from just this one

FIVE OF
WANDS
CONFLICT
INTENSITY
ISOLATION
DISENGAGEMENT
HASSLES

card, if we are not in fact at odds with ourselves.

What I can tell you for certain is that this card is more about the intensity of the battle rather than the battle itself.

Is your battle a positive competition, or an aggressive form of anger? Is it a day where everything seems to be working against you, or are you just looking for a fight? Are you embroiled in a debate and not listening to the other side?

The five of wands reminds us to take a positive approach to conflict; working together could be the catalyst for change.









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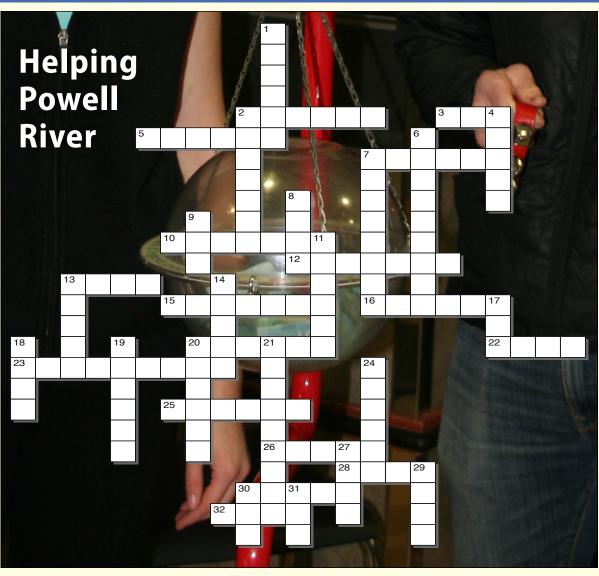
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Across

- 2) Bell-ringing campaign pictured
- 3) Helpful hangout with resources (abbr)
- 5) You've got one in me, lots in PR
- 7) Brooks students collect to make
- 10) PR on way to solving this shortage
- 12) Manor, concession, club
- 13) Kitchen staple
- 15) Bond's got a Knack for this
- 16) Give money
- 20) Therapy astride
- 22) Found in groceries, restaurants & gardens
- 23) Samaritan's, and doctor's, plan
- 25) Place for parents and kids
- 26) Parade's star, elf boss
- 28) Bus drivers have a whale of a time
- 30) Buy flower, help veteran
- 32) Goes with cheese, art and giving

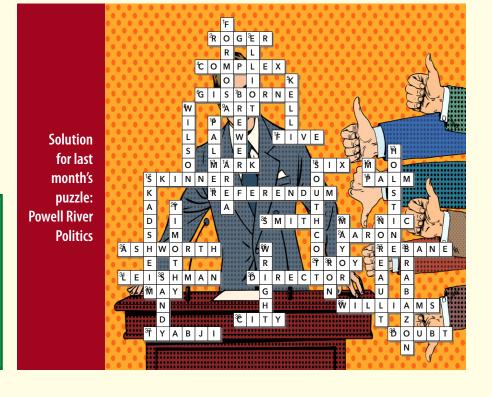
Down

- 1) Combined way
- 2) of the circular table, or Columbus
- 4) Shout encouragement
- 6) Deliverance
- 7) Mother Hubbard's is bare
- 8) If you're empty at one, other will fill you up
- 9) Brook's jingle slow run
- 11) Tuesday not for taking
- 13) Movember's starting point
- 14) Paradise rail runner, or to teach
- 17) ECU seeks one to sort bottles
- 18) Donation, and Hwy 1, offer this
- 19) Laundry holder, or grocery helper
- 20) Club turns on service
- 21) Within the whole
- 24) Eastern Star fundraiser not strange
- 27) Few under tree for poor kids
- 29) Military land force
- 30) seed, or developer Elliott
- 31) Photos with Santa always fuzzy

Rock Walls

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The Red-Starred Telegram

Last Word with GERRY GRAY

t was May 1943; wars were raging throughout the world. Jobs we plentiful and I had a job at the Canadian Telegraph and Telegram Company as a telegram messenger boy. Wow! I'm a bicycle messenger boy in Vancouver working after school from 6 to 11.

I remember when I discovered Red Stars on some of the telegrams in my delivery bag and I wondered what they signified; so I asked Burt as he was our only connection to the National. He looked up from his desk and told me to mind my own business and to "beat it!"

The answer of course, piques my interest and after getting the same answer from the other messengers I decided to investigate why the Red Star stamp appeared on some of the telegrams but not all of them.

What did they signify?

Where did they originate?

During my cycling trips around the city, I had ample time to mull over the reason for the mystery surrounding any mention of the Red Star. But nothing made sense. I finally asked my friend at Canadian Pacific Telegram and Telegraph what the score was with the Red Star on the telegrams we delivered.



He told me I'd soon find out but he did tell me to be very careful with these telegrams as the message they contained was extremely personal and the companies we worked for would fire any employee if the issue was discussed publicly.

The plot deepened.

A month later, on a sunny spring day I was delivering my wires and was savouring the warm breeze on my face as I pedalled up Oak Street towards my first drop-

off. After reaching the unit block I checked the address and pulled the telegram out of my shirt. It was then that I noticed the Red Star and remembered my friend's warning about handling these marked envelopes carefully. He didn't elaborate on what he meant by "careful" but I had delivered several of them since his warning and nothing had gone amiss.

As I walked up the sidewalk I saw a middle-aged woman weeding by the fence gate and a man pruning trees at the back of the yard. I said it was a fine day for gardening; she agreed. I handed her the telegram and my delivery verification for her to sign. However, before she took the slip out of my hands she opened the envelope.

I knew immediately what the Red Star meant.

She screamed for her husband, telling him something had happened to John, which I took to be their son. She started sobbing and collapsing just as her husband got down in time to catch her.

"You said something about John?"

"Read the telegram," she said, tears flowing down her cheeks.

All the time I was standing with the slip in my hand not knowing whether to go away or wait for a signature. That was not to be. The woman and her husband were running back to the house and I was left without a signature.

Seems so petty looking back on the episode, me waiting for a signature and the couple mourning the loss of a son. But I was only 15 years old and had never come across a grief like this couple endured.

Now I knew what my friend meant when he said be careful.

As I carried on with my deliveries I found I was having a different viewpoint of warfare. At 15, one doesn't give too much thought to wars. They are carried on thousands of miles away; newspaper headlines are the same every day, carrying similar stories and pictures.

I wondered about the couple who had lost their son over there, and I realized the reality to war. Not only was the dead son killed before his life got underway but the parents or relatives of these recipients of Red Stars would live without their son.

I think I matured a bit in the few minutes I stood at the gate of a recipient of a Red-Starred telegram.









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Meet Your 2018 - 2022 Electoral Area Directors

The Results

Voter turnout increased significantly this year in all Electoral Area elections. The 2018-2022 Board will include two incumbents and three newly elected rural Directors.

A majority of Electoral Area voters also marked "yes" on two referendum questions to establish funding for local services. An annual requisition in Areas A, B, and C will provide financial assistance to the City of Powell River for regional recreation, with funding toward the City's Recreation Complex beginning in 2019. A newly-established contribution service in Area E (Lasqueti Island) will provide annual assistance starting in 2019 for the operation of the Lasqueti Island Health Centre.

An Invitation

qathet Regional District would like to invite you to attend the Inaugural Board meeting on November 6, 2018. The City of Powell River and the Regional District will cohost this event beginning at 7pm in the Arbutus Room at the Recreation Complex. At this meeting, officials will be sworn in and the Board Chair will be elected.



qathet REGIONAL DISTRICT 202 - 4675 Marine Avenue Powell River, BC V8A 2L2 604-485-2260 administration@powellriverrd.bc.ca

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