

Powell River LIVING

Best reason to move to Powell River:

THE SERENITY.

Best reason to stay away:

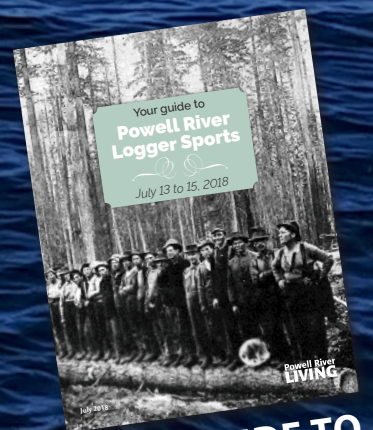
TOO MUCH SERENITY.

- JAMES GORDON

THE
20 X 18

BEST

of Powell River
EDITION



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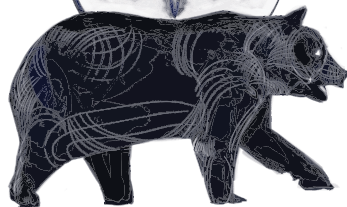
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Northern Alligator Lizard

I have seen the Alligator Lizard three times since 2012: on the Wildwood bluffs, at Gibson's Beach, and this one on Gibson's Beach trail. They are beautiful little lizards. This is a young one.

These lizards can grow to be 25 cm long, and half is tail. This lizard is found in Southern BC and Vancouver Island, usually in grassy areas and among rocks.

They eat insects, snails, grasshoppers, spiders, beetles and other small life forms.

They give birth in April to June. Fortunately, these shy creatures are not considered at risk. It is truly a joy to come across one of these lizards! 

- Rod Innes



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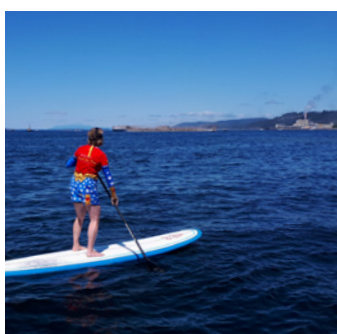


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ON THE COVER

Paddleboarders were among the thousands who watched the YOGN 82 sink to become a new artificial reef on June 23..

Photo by Pieta Woolley



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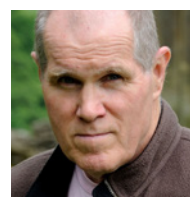
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MICHAEL MATTHEWS worked in international education for over 40 years, and has coached rowing and rugby at school, club and international level. He discovered outrigger paddling when he retired to Powell River in 2012.



EDITOR'S MESSAGE

Can “too much serenity” really be a thing?



As I was paging through Best of Powell River results in early June – agog at the more than 400 fully-filled-out ballots sitting on my desk – a handwritten one caught my eye.

Best reason to move here: “The serenity” James Gordon looped in pen.

Best reason to stay away: “Too much serenity,” he quipped.

I have to admit, I LOLed

To me, that is the best summary of life in Powell River I’ve ever heard.

The serenity. The safety. The view and sunsets. The cleanliness. The order. A Powell River traffic jam? Five cars waiting at one of the city’s four lights. Call your Ontario friends in February and tell them about the crocuses booming. The peacefulness of Powell River

is undeniably attractive.

However. When we first moved here with our then-three- and five-year-old kids, locals used to say, “It’s such a great place to raise kids! It’s so safe!” And I’d get the heebie-jeebies a little, because I’m a downtown city girl, and serenity equals... well... boring. Disengagement. A lack of meaning.

So ‘too much serenity’ was a top fear of mine when we landed here.

I imagine, too, that for other folks moving from cities in BC and elsewhere – not everyone, but certainly those who came of age during the vital social movements of the 60s and 70s – ‘too much serenity’ is a fear they’d share. Will they still be able to make important contributions to society locally and globally from their cedar deck overlooking the Salish Sea, a glass of Ferrytale Kombucha or Townsite Suncoast in hand?

In short, yes. Very much so. Maybe more so.

This Best of Powell River issue is designed to highlight that tension: the deeply pleasurable lifestyle here, versus the gritty fervour with which locals live – their activism, entrepreneurship, love, humanitarianism, alternative-seeking, constancy, and grace with each other.

I fell in love with Powell River again, reading the often-funny ways locals interpret their lives here. Best place to watch the rain: “On TV while in Playa del Carmen.” Best women’s wear: “granny panties.” Best local celebrity: “Walter the sea lion.”

Whether you’re a life-long local or you’re just passing through between ferries, I hope your heart grows three sizes reading Best of Powell River 2018, and living life this month.

PIETA WOOLLEY | pieta@prliving.ca

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So we protest, create art, grow gardens, raise kids, cook, hike, sing and chill like no others.

How to be your very best? Live here. See what happens.



Powell River carver Ivan Rosypyske and Anglican Deacon / permaculture whiz Ron Berezan await arrest at the gates to the Kinder Morgan site in Burnaby June 12. See the full story about Powell River's Best Activists on Page 9.

Photo by Laurel Dykstra

20 X 18

BEST

of Powell River

CIVIC PRIDE

BEST NEIGHBOURHOOD

1. TOWNSITE
2. WESTVIEW
3. WILDWOOD

BEST UNOFFICIAL CITY SLOGAN

1. I HAD A GOOD TIME, ACTUALLY
2. POWELL RUMOUR / POWELL RIVIERA
3. TWO FERRIES CAN'T BE WRONG

Best answers: Are we there yet? • Best place on Earth • Chill'ville • City of Dead End Roads • Coastal by Nature (Note: this is the official City slogan) • Double moat keeps the crazies out • Giv'r • Sunset City • Hawaii of the North • Traditional Territory of the Tla'amin Nation • Zungas R Us

BEST FESTIVAL

1. BLACKBERRY
2. LOGGER SPORTS
3. KATHAUMIXW

BEST LOCAL POLITICIAN

1. MLA NICHOLAS SIMONS
2. CITY COUNCILOR RUSSELL BREWER
3. CITY COUNCILOR CAROLANN LEISHMAN

BEST TOURIST ATTRACTION

1. SUNSHINE COAST TRAIL
2. WILLINGDON BEACH / LUND
3. SAVARY ISLAND

Best answers: Mini golf • Nancy's cinnamon buns • Popeye at Willingdon beach • Mini railroad at the Farmer's Market

BEST KEPT SECRET

1. EAGLE RIVER
2. STILLWATER BLUFFS
3. MAHOOD'S BEACH

Best answers: If I tell you, it won't be a secret (This actually won first place. But, like, we knooooow.) • CJMP • Second beach • Eldred Valley • Freshwater fishing • High Tide Games • How awesome it is here • How to get to Khartoum Lake • Little Sliammon Lake • Our neighbourhood street • The fern grotto near Inland Lake • The Kraft Mill shut down 17 years ago.

BEST LOCAL SOUVENIR

1. POLLEN SWEATER
2. STUFF FROM NATURE (seashells, Texada flower rock, beach glass, driftwood)
3. THICK SHIRT / TOWNSITE BEER

BEST REASON TO MOVE HERE

1. THE PEOPLE
2. NATURE
3. QUIET

Best answers: Affordable real estate • Closest to bliss you can get • Everybody knows everybody • Free parking • Great place to raise kids • It's not Vancouver • Lifestyle • Safety • We're just a bunch of kids

BEST REASON TO STAY AWAY

1. BC FERRIES
2. NO JOBS / NO RENTALS
3. GOSSIP / RUMOURS

Best answers: Cliques • cougars • isolation • grandkids elsewhere • high taxes • If you want to change it • If you prefer the big city • No more good ideas about the sewage treatment plant • old farts • rednecks • Swap n' Shop politics • The locals will always remind you you're not from here • Too much traffic • Weather • You'll never want to leave.

No jobs? Career Link reacts:

Powell River's labour market is heating up! In May 2018 Career Link posted 231 local jobs, up from the 131 we posted in 2016. While the majority of work is in Food Services and Retail, we've started to see an increase in postings with living-wage opportunities.

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CIVIC PRIDE CONT.

BEST LOCAL CELEBRITY

1. ROCCO

The Powell River Kings' mascot

2. MICHAEL BUBLE

Grammy-award winning crooner who occasionally spends time with family in Lund

3. DR. EVAN ADAMS

Chief Medical Officer for the national First Nations Health Authority, actor, comedian, and Tla'amin member

Best answers: Walter the Sea Lion • NHLer Brad Bombardir • Cougar Nancy Crowther • soccer star Drew Ferguson • author and CBC host Grant Lawrence • former leader of the BC Liberal Party Gordon Wilson • actors Jennifer and Meg Tilly • Hollywood "it" stylist Karla Welch • musician Lukah Bouchard • actor Ta'Kaiya Blaney • Country musicians Twin Kennedy • Jazz musician Walter Martella



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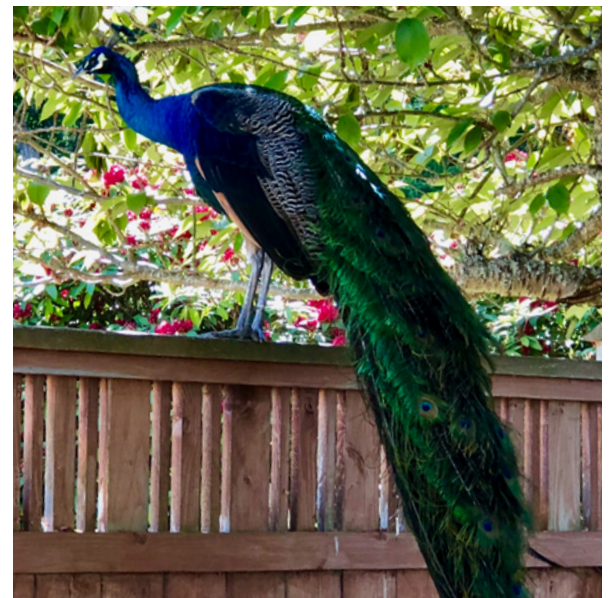


No one voted for our celebrity peacock

While Powell River's peacock or peacocks have been making the rounds in town and on social media, the City of Surrey is looking at moving about 100 peafowl out of a Surrey neighbourhood because they've been deemed a nuisance.

Powell River's peacock has been on Facebook and Instagram with lengthy discussions devoted to peacock sightings on Swap 'n' Shop noting that it is definitely not an escapee peacock from Springtime Nursery. Just whose peacock or peacocks they are is still a mystery.

Lesley Thorsell came across the peacock in June and posted a video of it rocking out on Manson Avenue. Carma Scaree thought she was seeing things when she pulled into the driveway of her Grief Point home on



May 12 and saw a peacock perched on her fence.

"I stopped the car because I didn't want it to fly away. I don't have Facebook so I didn't know we had a peacock in the neighbourhood," she told *Powell River Living*. "It was quite regal. He let me get quite close and I took pictures and videos."

The peacock has been back to visit, and Carma has seen him a few times at her neighbours' homes.

Although Powell River's wandering peacock might be the most talked about peacock these days, the ones with the most viewings can be found at the Patricia Theatre. There, elegant hand-painted murals of elegant peacocks looking proud and regal have graced the walls of the historic theatre for more than 100 years.

CIVIC PRIDE

BEST ACTIVIST GROUP

1. LET'S TALK TRASH TEAM
2. BOMB SQUAD
3. CLIMATE ACTION POWELL RIVER / FRIENDS OF POWELL RIVER

There's no activism like small town activism.

BY PIETA WOOLLEY | pieta@prliving.ca

On May 18, Powell River's Ron Berezan and Jo Ann Murray used their own senior bodies to block the gates to the Kinder Morgan facility in Burnaby. The pair travelled there with a group of 10 Upper Sunshine Coasters specifically to protest plans for the twinned pipeline, at the invitation of the Tsleil'waututh, as part of the Nation's disciplined and non-violent Sacred Trust action.

The police took videos. They read Ron and Jo Ann the legal injunction against protesting there. They asked if they were choosing to be arrested. Yes, they were – joining more than 200 other British Columbians who have made the same stance this spring.

“My soul needed to express direct opposition.”

– Ron Berezan

Now, both will likely spend a week in jail – a first for Ron and Jo Ann. They could pay \$5,000 or 240 hours of community service, but they both plan to go to jail on principle.

“My soul needed to express direct opposition and stand up and be counted and be public,” explained Ron, a permaculture expert and deacon with St. David & St. Paul Anglican Church. “I'm not sure it will make a difference. But in my heart I feel like the arrest was a good enough way to draw a line in the sand. I want my life to stand for a different kind of future, and to walk in reconciliation with First Nations.”

Jo Ann is a retired medical social worker, mother and grandmother.

“I want to be accountable when asked ‘What did you do to make this a better



SEVEN DAYS IN JAIL: That's what standing up for her beliefs could cost Powell River's Jo Ann Murray, after she was arrested in Burnaby fighting the Kinder Morgan pipeline expansion. *Contributed photo*

planet for the future?”

Because of the visceral concerns about the pipeline, a new group has emerged: UnspOILed Coast (find it on Facebook), uniting actions against Kinder Morgan and more in Powell River.

This region does not lack activists, and never has. From the hands-on work of creating BC's first credit union, to the American draft dodgers arriving en masse in Lund, to the innovators behind the Powell River Model Communities Project, to the Pro-Life and Pro-Choice advocates who demonstrated at Willingdon Beach June 23 – this is a region where practical change and discourse are welcome. Usually.

That's well represented in this year's Best of Powell River winners for Best Activist groups. The #1 winner, the Let's Talk Trash team, achieves radical goal-setting and vocal critique while being supported directly by government. The BOMB Squad is a broad group bound

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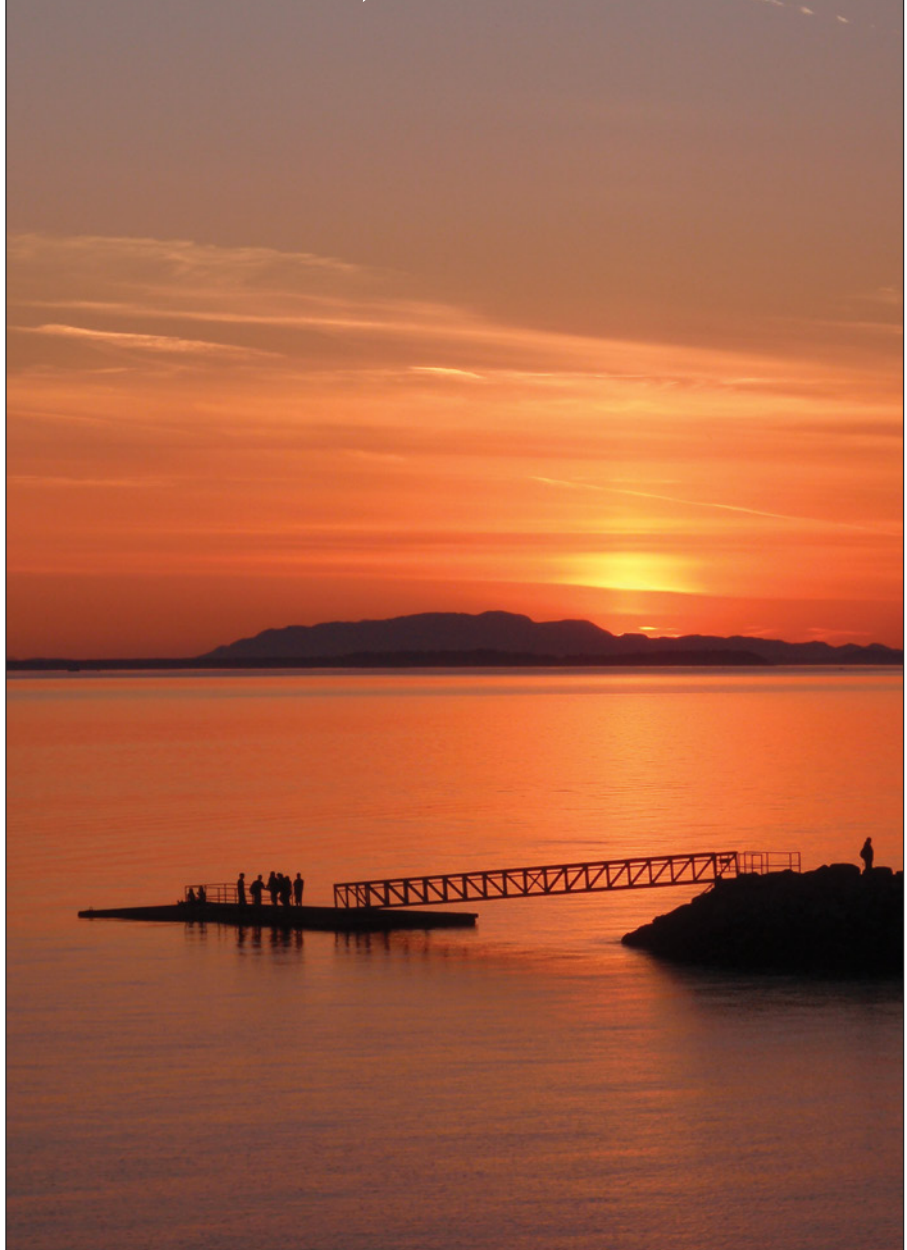
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together by common practical projects. Climate Action Powell River is a leader in research, as well as advocating for practical alternatives to our current climate-killing lifestyle. Friends of Powell River is a tremendously effective stop-gap; it doesn't end family poverty or advocate - it just makes sure kids going to local schools do so with proper clothes, shoes and supplies so they can learn.

But given the global scale of climate catastrophe, is it enough keep your activism local? No provincial or national TV crews show up when there's a Kinder Morgan vigil on Marine Avenue. So, if you want to be an activist in the 21st cen-

On the yes side, Ron explained that two events triggered his need to get out of town and stand at Ground Zero with the Tsleil'waututh camp this spring. First, his November 2017 trip to Cuba, where he witnessed the devastation of Hurricane Irma on the people living there.

"I saw the fundamental injustice that climate change is," he said. "Often those who pay the price are not the ones who create the bulk of the problem. I could feel my anger growing."

And second, working on a food security project at Kanaka Bar First Nation this year. The Nation has always centred itself around the Fraser River salmon runs.



WHAT'S BEST - CIVIL OR DISRUPTIVE PROTEST? At Willingdon Beach June 23, a pro-life demonstration (the flags, above) was joined by a pro-choice demonstration (including Karen Skadsheim and Claudia Medina as handmaids, right). The two groups - in spite of deep convictions on both sides - stood in proximity to each other for hours before any confrontation happened. Is it more effective to show respect, or passion? *Photos by David Woolley*



ture, does that mean leaving Powell River like Ron and Jo Ann did, and showing up in bigger centres?

Ron says no... and also yes.

On the no side, building alternatives to a fossil-fueled, consumerist future has to happen locally.

"We're making the old system irrelevant," he said. "Lots of groups are doing that in Powell River."

He also pointed out that, even without TV crews, local protests have an effect.

"When we march on Marine, we show people that see us that yes, what you're feeling is right. Also, people can work [at home] through letters and phone calls and emails.

Money, too, is helpful to social change. And donations are always welcome when there are court challenges.

"They're collapsing from fish farming and the warming of the oceans," Ron said.

"I came to the realization that industry is not going to relinquish their treasures voluntarily. We're stealing from our grandchildren's ability to have a decent life on a planet that can no longer meet their needs. I had to do something."

Similarly, Jo Ann was motivated to leave town and put herself on the line thinking of the next generations.

"I needed to do something so that I could close my eyes at night and sleep. I needed to stand in solidarity with the First Nations people as they stand up for their rights and the land, sea, and air. I did this for my children and my grandchildren and all those folks who would if they could." **PR**

ARTS

BEST BOOK BY A LOCAL AUTHOR

1. WRITTEN AS I REMEMBER IT, BY DR. ELSIE PAUL
2. WATER & WOOD, ED. MEGAN COLE
3. EATING DIRT, BY CHARLOTTE GILL

BEST GALLERY

1. ARTIQUE
2. TUG GUHM
3. DANCING TREE

BEST PLACE TO WATCH LIVE MUSIC

1. MCKINNEY'S
2. THE ZOO
3. CARLSON CLUB

BEST VISUAL ARTIST

1. AUTUMN SKYE MORRISON
2. MEGAN HILDEBRAND / JANELLE HUBER
3. CATNIP

BEST PLACE TO SHAKE YOUR BOOTY

1. THE ZOO
2. MCKINNEY'S
3. CARLSON CLUB

Best answers: At home where no one can see • CJMP People's Prom • Lund Gazebo • In someone else's face

BEST CRAFT EVENT

1. RAINCOAST CHRISTMAS CRAFT FAIR AT DWIGHT HALL
2. LUND HOLIDAY MARKET AT THE ITALIAN CLUB
3. FARMER'S MARKETS

BEST PIECE OF PUBLIC ART

1. THE CHAINSAW CARVINGS
2. THE GRAFFITI WALL AT WILLINGDON
3. THE BIKE RACKS



WE'RE HIGH ON CATNIP: Not only did he win third place for "Best Visual Artist," but his long-time cooperative masterpiece - the wall at Willingdon Beach - won second place for "Best Piece of Public Art." Catnip's boldly spiritual work is swiftly becoming synonymous with the look of Powell River: it's on cars, garages, freezer composters, and much more. Clearly, we love you, Catnip! Meow.



'Finalize'

By Lukah Bouchard

Corporeal silence
you know that i'll hide it,
I'm afraid of, that sneer
I'll try and re-write it
we haven't got time left,
believe in me, dear
Although i miss you
Although i hurt too
I'll loosen my grip with my
floating self
A stressed out fool
A role i know too well
Forgive me,
Forgive me,
it's just you and I then
placid, I'm lying

I'm afraid I've made this a
Career
So lay with me once more
A new chapter in our lore
Will the blood from the
pages
Although i miss you
Although i hurt too
I'll loosen my grip with my
floating self
A stressed out fool
A role i know too well
Forgive me,
Forgive me, My jewel
you're all I've ever wanted
you're all I've ever wanted

BEST LOCAL BAND / MUSICIAN

1. LUKAH BUCHARD
2. TAKE 5
3. WALTER MARTELLA

The Lukah Bouchard Band released its debut album, 5 Days a Week, in early 2017.

Curious about other new music coming out of Powell River? Turn to Page 39.



Beyond Meat⁺ BURGER

Our newest burger patty is made from 100% plant-based protein. Literally built from the ground up, it's juicy, satisfying and everything a burger should be.



AVAILABLE
JULY 9TH

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ARTS CONT



Crowning the kings of social media

Best Facebooker / Instagrammer is a contentious category - and strangely, probably the most coveted win in the whole Best of Powell River contest.

The three top places handily went to three of the most wildly diverse men in Powell River: Full Solutions Computers owner, extreme runner and tech guru Joseph McLean; CJMP DJ, Terracentric Adventures wilderness guide and Phish fan Ari Dublin; and carpenter / contractor / father of two Gee Welp. On social media, they are also wildly different, in interests, politics, and behaviour, from harnessing public sentiment in tender and rather long missives (Joseph); to advocating for pot and Palestinians (Ari); to provocateur-style trolling and goofbag meme sharing (Gee).

Who you think is the best social media star depends entirely on what you think Facebook is for. Do you log on to be challenged or comforted? Entertained or politicized? How much of what you read do you take seriously?

One attribute that all three men share is they post a lot. They're all followed by their own groupies. They all seem to take their role as public spokespeople to heart - some would say, for better or for worse.

BEST FACEBOOKER / INSTAGRAMMER



1. JOSEPH MCLEAN
2. ARI DUBLION
3. GEE WELP



I'll argue for better - always, for all of them. Like Speakers Corner in Hyde Park in London, social media IMHO should be a melee of loudly spoken ideas, opinions, anecdotes, jokes and news. Social media is performative. It's revealing. It's the new newspaper.

Functionally, social media should push us out of our intellectual bubbles, and into a broader, more authentic understanding of the interior lives of the people with whom we share our cities and neighbourhoods.

All three Best Facebooker winners handily feed those ideals. So congratulations, Joseph, Ari and Gee. Please keep being fully yourselves - out there, online, where we can all gape at your audaciousness from the safety of our darkened basements.

- Pieta Woolley

Thanks,
Powell River!



#1 Best coffee scene - again!



#2 Best coffee for drinking

#2 Best kid-friendly

#2 Best meal under \$10

#3 Best Salad

#3 best restaurant for a quiet conversation

#3 Best veg-friendly



River City Coffee Roasters, Bakery and Urban Eatery

Crossroads Village
108-4871 Joyce Ave
(604) 485-0011



Meet Adriana



Adriana Virtue is the founder of Poetry and Prose, a literacy focused craft night where everyone is welcome to share their own or borrowed poetry or prose.

Find Adriana working at The Nook - Social Enterprise Cafe, jumping off rocks at a beach, or every second Tuesday 6 pm-8 pm at PRPL for Poetry and Prose, the next date is July 31!

BEST SLAM POET

1. ADRIANA VIRTUE
2. ANDREA LAYNE BLACK
3. JOSEPH MCLEAN

Jump

silence in flight
but it's not light

gravity takes hold
thrusts weight under itself
it pulls

Splash
water unfolds engulfing
silence, bubbles, tall screams
locked in this element of earth
now
here I feel free

open up my eyes
I'm sitting next to a stream
sticks and stones surrounding

rocks talk while water
washing rushing sings
of voice, breath, language

ears pop
called back by breath

I'll climb back up to the top
every time to jump again

FOOD & DRINK

BEST COCKTAIL

1. **COASTAL COOKERY: RIVER CITY BREEZE**

2. **COSTA DEL SOL: RUMBA**

3. **SHINGLEMILL CAESAR**

Mixed by a bush or beach fire

BEST BEER / ALE CIDER / KOMBUCHA

1. **TOWNSITE: SUNCOAST**

2. **RAINCOAST KOMBUCHA: FERRYTALE ROSE**

3. **TOWNSITE ZUNGA**

BEST COFFEE SCENE

1. **RIVER CITY**

2. **BASE CAMP**

3. **32 LAKES**

Staff notes: Coffee shops are to the impoverished 21st century as pubs were to the swingin' 20th. Walk into your favourite, and your peeps will cheer, "Norm!" (or whatever your name is.) The culture of

each of Powell River's many is distinct; your politics, identity and values help determine where you belong. Where do most people actually buy their coffee? That's a different question.

BEST COFFEE FOR DRINKING

1. **32 LAKES**

2. **RIVER CITY**

3. **BASE CAMP**

Staff notes: 32 Lakes Café obviously serves 32 Lakes coffee. Base Camp serves coffee that is roasted by 32 Lakes. So does Fruits & Roots, The Boardwalk, Savary Island General Store, and several other out of town locations. River City's roasted coffee is served at Costa Del Sol, Coastal Cookery, Magpie's, The Modern Peasant and elsewhere.

BEST PIZZA

1. **PAPARAZZI**

2. **GRENADA**

3. **PANAGO**

Salmon Ceviche

Coastal Cookery, Costa del Sol and Culaccino

From *Water & Wood: Recipes from a Coastal Community - Powell River's #2 "best Book by a Local Author."*

Salmon is one of the most important ingredients pulled from the Salish Sea, which surrounds Powell River. What you can cook and make with this amazing fish is endless. This refreshing dish combines cool vegetable such as cucumber, avocado and peppers with tart citrus juice. This recipe is perfect to make for guests as an appetizer, or can be enjoyed by a smaller crowd as a main dish on a hot summer evening.

Directions:

In a food processor, combine the chopped cilantro, parsley, mint, garlic and jalapeno. While pulsing, slowly add the lime and orange juices. Continue to pulse until blended to the consistency of pesto.

Place the salmon in a non-reactive bowl and add the herb mixture, along with the onion, red pepper and some salt. Gently but thoroughly mix, ensuring the salmon is completely covered by the liquid. Cover the bowl and refrigerate for up to an hour, or until the salmon is opaque and looks cooked.

Drain the remaining liquid from the bowl. Add the cucumber and avocado and mix to combine.

Garnish with reserved cilantro, and serve cold with a side of tortilla chips or crackers.



Ingredients:

- 1 bunch cilantro, roughly chopped, two sprigs reserved for garnish
- 1/2 bunch parsley, roughly chopped
- 5 large mint leaves, roughly chopped
- 3 cloves garlic, roughly chopped
- 1 jalapeno, stem removed, roughly chopped
- 2/3 cup fresh squeezed lime juice
- 2/3 cup fresh squeezed orange juice
- 1 pound fresh, raw salmon, chopped into 1/4-inch cubes
- 1/2 red onion, diced
- 1 red pepper, seeded and diced
- 1 cup cucumber, diced
- 1 semi-firm avocado, diced
- Kosher salt
- Tortilla chips or salted crackers

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Watch for the prize book/entry form in the August issue of *Powell River Living*

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noon - 5 pm

prfarmers.ca

BEST FREE FOOD

1. BLACKBERRIES
2. COMMUNITY RESOURCE CENTRE
3. ASSUMPTION SOUP LUNCH

Cake at Canada Day • Samples at Save On Foods • After-church snacks • Food Bank • Library events • Mom's house • Oysters • Dumpster • United Church spaghetti dinner • Salvation Army • Chanterelles • Sycamore Commons • Nothing in life is free.

BEST KID-FRIENDLY

1. MOOSE N' EDDIE'S
2. RIVER CITY COFFEE
3. MAGPIE'S

BEST ICE CREAM

1. PUTTERS
2. SASSY MACKS
3. BITE CLUB

BEST DESSERT

1. KEY LIME PIE - COSTA DEL SOL
2. CHEESECAKE BITES - JUST SOUL FOOD
3. CHEESECAKE - SKEETER JACK'S



FOOD & DRINK CONT.

BEST APPY

1. COASTAL: CHICKEN BITES
2. SHINGLEMILL WINGS
3. SNICKERS CALAMARI

Staff notes: The votes are in and Powell River looooves our deep fried animal proteins! And what's not to adore?

BEST TAKE-OUT

1. THAIDAL ZONE
2. VIETNAM CUISINE
3. IGUANA'S / COSTA DEL SOL

BEST FISH & CHIPS

1. BOARDWALK
2. SKEETER JACK'S
3. MODERN PEASANT

BEST OTHER SEAFOOD

1. LAUGHING OYSTER BUFFET
2. FISH TACOS AT COSTA DEL SOL
3. SLI CITY SALMON BURGER

Best answers: Dungeness we caught ourselves • I'm vegan • Okeover oysters • Sli City Poke bowl • Spot prawns off the boat

BEST BURGER

1. MIKE'S MEATY AT COASTAL COOKERY
2. CLASSIC AT STRIKERS
3. SLI CITY ELK / MOOSE N EDDIE'S

BEST PATIO

1. SEASIDER
2. SHINGLEMILL
3. COSTA DEL SOL



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WING WEDNESDAY

If you like wings, there's only one place to be Wednesday nights: The Shinglemill patio overlooking Powell Lake, with at least \$6 in your pocket. That's the price on a dozen of the region's second best appetizer.

Here are three crispy-skinned facts to make you drool:

1. On a super busy summer wing night, the chef makes 320 pounds of wings.
2. They are available with BBQ, Hot, Thai, Teriyaki, Honey Hot, Honey Garlic, Salt & Pepper, and Curry Pineapple.
3. They have been "the thing" for nearly a decade. And they go great with a cold mug of beer.

BEST SALAD

1. COASTAL - BACKWOODS GREENS
2. FRUITS AND ROOTS VEGAN CAESAR
3. RIVER CITY SALAD



DON'T WRITE OFF THIRD PLACE: Tla'amin Convenience won third place for best burger - their elk patty - and third place for Best Seafood, for their salmon burger. And clearly, they're fabulous! Check them out at the food truck at Willingdon Beach this summer. In some categories, the difference between first, second and third place is just a handful of votes. So make sure you savour the full range of best-ofs.

BEST FOOD AT THE FARMER'S MARKET

1. RANIA'S HUMMUS
2. COTTAGE CREEK
3. JUST SOUL FOOD

BEST BAKERY

1. NANCY'S BAKERY
2. COTTAGE CREEK
3. SAFEWAY

BEST BRUNCH

1. MAGPIE'S
2. JULIE'S / EDIE RAE'S
3. MODERN PEASANT

BEST BUFFET

1. ROYAL ZAYKA / LAUGHING OYSTER
2. DRAGON HOUSE
3. TOWN CENTRE HOTEL

BEST MEAL UNDER \$10

1. A&W
2. RIVER CITY COFFEE
3. BITE CLUB

Best answers: Bacon • \$5 Breakfast at QF • Grilling up a fresh salmon • Is that even possible?

BEST RESTAURANT FOR A QUIET CONVERSATION

1. MINATO SUSHI
2. LITTLE HUT CURRY
3. ROYAL ZAYKA / RIVER CITY COFFEE

BEST SERVER

1. MOHINDER AT LITTLE HUT CURRY
2. SHAUNA AT COSTA DEL SOL
3. HEIDI AT COASTAL COOKERY

BEST VEG FRIENDLY

1. FRUITS & ROOTS
2. ROYAL ZAYKA
3. LITTLE HUT CURRY / RIVER CITY COFFEE

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2018 BEST of Powell River

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Here To Help

As your provincial government representative, I can help. If you need assistance or have any concerns please contact me.

Here are some topics where we can help:

- Welfare
- Seniors Issues
- Health Care
- Residential Tenancy
- Employment

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Powell River Office 4675 Marine Ave 604-485-1249
Email nicholas.simons.mla@leg.bc.ca
Website nicholassimons.com

Nicholas Simons MLA
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RETAIL & SERVICE



BEST THING YOU'VE FOUND AT A GARAGE SALE

\$300 hockey stick for \$2 • a 1950s typewriter • 1910 edition of Anna Karenina • A rusty anchor • Bagpipes • Dog coat hanger • Memories • Powell River-opoly • Scarecrow • Snowshoes

You say yacht sailing, I say garage 'sailing.' For some, Powell River is the town you pass on your way to Desolation Sound. For the rest of us, Powell River is a serious thrift destination - whether you're early birding on Saturday mornings, or pawing through the racks at the stores.

Why? Because sometimes, you score. For example, these toy bagpipes helped ignite a childhood passion for Jace Ellis, above.

"My son has loved the bagpipes since he was two," his father Matthew explained, noting these were found for \$5 at a local garage sale. "He has marched with professional bagpipers in two Burns dinners using these pipes. He has had a ton of fun with that toy pipe set.

"Santa got him a real chanter and practice information for Christmas, so maybe he can finally play for real. Time will tell."

Why garage sale? That's why.

BEST FINANCIAL INSTITUTION

1. FIRST CREDIT UNION
2. RBC
3. BMO

Best answers: Nabob Coffee Can • Bury it in the back yard.

BEST SPORTING / OUTDOORS STORE

1. PRO
2. TAWS
3. CANADIAN TIRE

BEST PHARMACY

1. SHOPPERS
2. SAFEWAY
3. MEDICINE SHOPPE

BEST GROCERIES - PRICE

1. SAVE ON FOODS
2. QUALITY FOODS
3. SAFEWAY

BEST PRODUCE

1. FARMERS MARKET
2. SAVE ON FOODS
3. SAFEWAY

BEST BUTCHER

1. CHOPPING BLOCK
2. MITCHELL BROS.
3. QUALITY FOODS

BEST REALTOR

1. NEIL FROST
2. CARLA MCKAMEY
3. DON MCLEOD

BEST HOME FURNISHINGS

1. WEST COAST FURNITURE
2. HOME HARDWARE AT MITCHELL BROS.
3. THE BRICK

BEST HARDWARE STORE

1. RONA
2. VALLEY
3. CANADIAN TIRE

BEST GIFTS

1. PAPERWORKS
2. THICK
3. PICKED COLLECTIVE AT ECOESSENTIALS

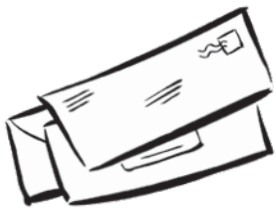
Best answers: Ferry passes to get friends here • Hugs

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We welcome feedback from our readers. Letters may be edited for length. Email isabelle@prliving.ca, or mail letters to **PR Living, 7053E Glacier St, Powell River, BC V8A 5J7.**

MAILBAG

Hey Powell River Living!

I'm just curious... I was filling out your best of survey and there was a best men's clothes, best women's clothes, but no kids clothes!

I've been making kids clothes here in Powell River since I arrived almost two years ago. My shop is Seaside Aenfae. I'm at the uptown winter market every week, am cohosting a #totsandtaps pop up event with Townsite Brewing on July 23, have plans for the summer market and also have something in the works to open a space in the Townsite market space!

I make amazing, unique kids clothes

right here in Powell River. But there are many other great kids brands here.

Destiny at Juniper Dragon has been making kids clothes here for three-ish years?

Jacquessews makes adorable garments as well.

Pollen has a kids line. Red Creek up in Lund sends me into wild fits of envy every time I see their Instagram posts! And there are probably more...

I humbly ask that you consider adding a kids clothing category.

- With kind regards, Ren.
Owner of www.seasideaenfae.ca

BEST GARDENING STORE

1. MOTHER NATURE
2. SPRINGTIME NURSERY
3. CANADIAN TIRE

BEST LIQUOR STORE

1. CAPONE'S
2. BC LIQUOR STORE
3. DUKE'S

BEST GAS STATION

1. CHEVRON
2. VANDERKEMP'S
3. SHELL

BEST YOGA

1. COAST
2. NOURISH / T-FIT
3. ELEMENTS YOGA



BEST MARIJUANA / VAPE SHOP

1. GRASSROOTS BOTANICALS WELLNESS COLLECTIVE
2. WESTCOAST / SMOKE ON THE WATER
3. WEEMED

Outdoor yoga+ in Powell River this summer



GATHER 'ROUND: Clip this calendar and stick it on your fridge for a 200 per cent better summer. Above, Sandra Tonn leads Qigong at Lindsay Park in Cranberry.

Sunset Yoga at the Wharf at Westview

(by the ferry terminal)

Wednesdays 7 to 8 pm

July 4 to August 29

Hosted by the Recreation Complex

Instructor: Keely Fandrick

Drop in \$5

Yoga at Willingdon Beach

Tuesdays Hatha noon to 1 pm

Wednesdays Flow 4:30 pm to 5:30 pm

July 3 to August 29

Hosted by Imperfect Yoga

Instructor: Ali Moore

Drop in & by donation

Fung Loy Kok Taoist Tai Chi

Willingdon Beach Pavilion

Saturdays, 10 am

No drop-in fee. Everyone welcome.

Qigong

Tues: 10 to 11 am at Willingdon Beach Park (by the Rotary Pavillion)

Tues: 5:30 to 6:30 pm at Lindsay Park

Thurs: 10 to 11 am at D.A. Evans Park

Sat: 10 to 11 am at Lindsay Park

Hosted by Sandra Tonn

\$10 drop in

South of Town Yin Yoga

Kelly Creek Community Church

Wednesdays at 5:45 pm

Hosted by Heart as Home Yoga

Instructor: Jessica Kay Leavens

Pay what you like + drop in

Yoga at Rusty Gate Berry Farm

Tuesdays 6:30 to 7:30 pm

June 19 - August 28

Hosted by Nourish Yoga & Wellness

Instructor Terri Cramb

\$12.50 drop in / 5 classes pass \$50

Yoga at Coast Berry Farm

Friday July 27, 9:30 am

Hosted by Coast Fitness

Instructor: Stephanie Larkin

By donation

Yoga on Savary Island

(At the Firehall Deck)

Gentle Yoga Tues 9:30 - 10:30 am

Yoga Exploration: Thurs 10 - 11 am

July 10- August 23

Hosted by Mountain Yoga

Instructor Leslie Young

\$10 drop-in



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RETAIL & SERVICE

BEST SPIRITUAL EXPERIENCE

1. SUNSETS / FORESTS / NATURE
2. CHURCH
3. DRUGS OF VARIOUS KINDS / YOGA

Best answers: Building a canoe • Sex on the beach • Mushrooms at Diversity • Reiki • Finding dimes everywhere • Improv choir • Not going to church • Labyrinth at Sycamore Commons



HAPPY SUMMER SOLSTICE: Locals from many faiths and no faith gathered at the Sycamore Commons labyrinth June 20 to celebrate the longest day. About half of Powell River checks the "Christian" box on the Census, and about half does not. But many folks are adept at finding an alt spiritual centre here - from shinrin-yoku (forest bathing) to psychedelics.

BEST DENTIST

1. DR. SMILLIE
2. DR. VARMA
3. DR. SINOTTE

BEST CONTRACTOR

1. TEMPCO
2. DJ'S PLUMBING
3. AGIUS

BEST WORKOUT

1. COAST
2. AVID
3. ELEMENTS / PR CROSSFIT

BEST HAIR GURU

1. HOLLY LOWES AT AFTERGLOW
2. STEPHANIE CONTE AT NUESSENCE
3. LITTLE BARBER

Best answers: I'm bald • My girlfriend

BEST SECOND-HAND

1. HOSPITAL AUX
2. MCC
3. BLUE SKYE / SWAP & SHOP

BEST SPA

1. BEYOND BLISS
2. IMAGE 1
3. NUESSENCE

BEST CLOTHING DESIGNER

1. THICK
2. BLONDE AMAZON / ENCHANTED TREE
3. JO'MOMMA / SUE MCPHERSON

BEST MASSAGE

1. DAN KEANE
2. DON SHELTON
3. JAMIE BRYANT

BEST MEN'S WEAR

1. ARMITAGE
2. ANDERSON'S
3. MARK'S

BEST WOMEN'S WEAR

1. THE KNACK
2. FITS TO A T
3. SUBLIME

Best answers: Granny panties

"Thank you to the community for your continued support."
- Dan and the Koastal Team



BEST of Powell River
WIIIIII



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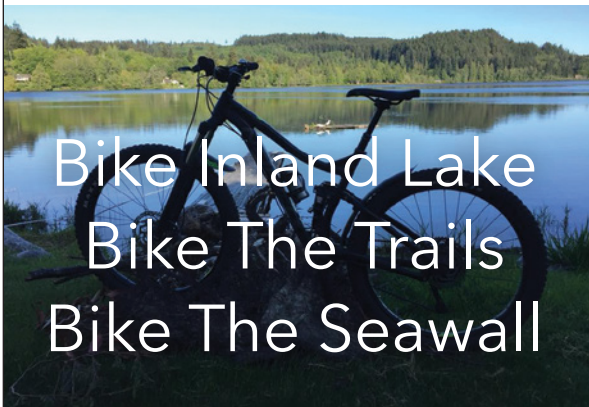
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OUTDOORS

BEST PLACE TO ENJOY THE RAIN

1. IN MY HOUSE
2. IN A CABIN UP THE LAKE
3. IN THE FOREST

Best answers: Anywhere – we're waterproof • Around a campfire under a tarp with hot chocolate • Looking out the front window • My couch watching Netflix • My greenhouse • Jacuzzi • On TV while in Playa del Carmen • On my boat right before sunrise • Picking mushrooms in the fall • SCT cabins.

BEST CAMPGROUND

1. HAYWIRE BAY
2. INLAND LAKE
3. SHELTER POINT / WILLINGDON BEACH

BEST ZUNGA

1. AT THE REC COMPLEX POOL
2. WILLINGDON TRAIL AT SECOND BEACH
3. MOWAT BAY

Best answers: Ssshhh it's a secret • Far end of Haslam • Head of Powell Lake • Laura Cove in Desolation Sound •

Horseshoe Lake • Prideaux Haven

BEST DIVING SPOT

Note: This category caused some confusion. Some thought of the best cliffs to dive off of; others thought of the best places to SCUBA dive. So, here ya go.

BEST CLIFFS TO DIVE OFF

1. MOWAT BAY
2. EAGLE RIVER
3. TEXADA QUARRY

Staff note: We are not condoning this. Dive at your own risk, not 'cause PRL told you so.

BEST PLACES FOR SCUBA DIVING

1. MERMAID COVE AT SALTERY BAY
2. DIVER'S ROCK
3. THE HULKS

Staff note: And now of course YOGN 82, thanks to the Artificial Reef Society of BC.



THE BEST THING TO DO IN A GARDEN? TEA PARTY! On June 16, Boxwood Cottage hosted its first tea party. Tickets sold out and many more requests came in. Why? Well, Diana Wood's exquisite Westview garden, which took first place in Best of Powell River, is clearly

a draw. With a degree in horticulture and 15 years running Boxwood, Diana has a solid understanding of the power of gardens to bring people together. "My vision is to let people from the outside world know Powell River is a "Garden City" with friendly residents," said Diana. Well done!



PARK IT IN THE RIVER: Bobby Jean McLeod gives Rusko a scrub in the Powell River. The Black lab-shepherd-rottweiler cross (maybe with a bit of wolf) is, "not a big dog park dog," said Bobby Jean.

BEST HUT ON THE SUNSHINE COAST TRAIL

1. TIN HAT
2. WALT HILL / MANZANITA
3. TROUBRIDGE

BEST FISHING SPOT

1. IT'S A SECRET
2. COHO POINT
3. GRANT'S REEF

BEST HIKE FOR A SWEAT

1. SCOUT MOUNTAIN
2. TIN HAT
3. VALENTINE MOUNTAIN

BEST MOUNTAIN BIKE TRAIL

1. INLAND LAKE
2. DUCK LAKE TRAILS
3. PENTICTON TRAILS

BEST DOG PARK / AREA

1. TOWNSITE
2. WESTVIEW
3. SEAWALL

BEST GARDEN

1. DIANA WOOD'S BOXWOOD GARDENS
2. THE TOWNSITE HERITAGE SOCIETY'S TRIANGLE GARDENS
3. SYCAMORE COMMONS AT ST. DAVID & ST PAUL ANGLICAN CHURCH

BEST BEACH FOR SWIMMING


1. MAHOOD'S
2. MOWAT BAY
3. DONKERSLEY

BEST PLACE TO RUN

1. SEAWALK
2. INLAND LAKE
3. WILLINGDON BEACH TRAIL

Best answers: For the bus • Home after work • To the brewery

BEST HIKE WITH KIDS

1. VALENTINE MOUNTAIN
2. TRINKET TRAIL
3. WILLINGDON BEACH TRAIL 



There's no reason to be bored this summer with so many creative workshops happening at PRPL for teens! Here's what's planned for July, with more programs and a film camp to follow in August.

Teen Writing Camp

Teen writers are invited to dive deeper into writing. Each day a different author will share their expertise on fiction, poetry and nonfiction. Registration is required.

Mon, July 9 – Fri, July 13
10am – 1:30pm

Don't forget to enter the Teen Writing Contest before August 31.

Go Graphic

This two-day graphic design workshop for teens will be led by Gary Shilling. This will be a low-tech, big idea experience you won't want to miss. Registration is required.

Wed, July 25 & Thurs, July 26
10:30am – 1:30pm

Check prpl.ca for our full summer schedule for library patrons of all ages!



info@prpl.ca 604-485-4796 prpl.ca

Adorable 1928 house for sale

The 'cranberry house on Cranberry' is for sale!
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- ✓ small garden plot
- ✓ large concrete patio

- ✓ solid-wood front door
- ✓ original 9' ceilings
- ✓ vintage elements preserved
- ✓ skylight

- ✓ electric-baseboard heat
- ✓ breakfast nook
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- ✓ double sink
- ✓ mixed-use zoning

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MLS Number: 13693

Courtesy to Broker

WHAT'S UP



Tla'amin Elder honoured

Friends, family and community members joined Mayor Dave Formosa and Chief Librarian Rebecca Burbank to honour qaʔaxstales (Dr. Elsie Paul) with the Raku Salmon art installation that hangs prominently in the new library. The inscription reads: "The Long Journey Home was created to honour qaʔaxstales, (Dr. Elsie Paul) an elder of the Tla'amin Nation, for her longstanding and generous contributions to events for the City of Powell River and surrounding community. Her tireless efforts to represent the Tla'amin Nation as an integral part of the greater community have been invaluable in establishing understanding and close ties with all the peoples of this area. Commissioned by The City of Powell River, it was presented to qaʔaxstales on March 4th, 2016."

Ed Oldfield, Raku artist, explained the inspiration that led to his work. "The Long Journey Home is a sculpture inspired by the life cycle, determination, and adaptability of wild Pacific Salmon. The sculpture depicts four species of salmon - Chinook, Coho, Chum, and Sockeye at various stages of life. The overall message is meant to be one of perseverance and harmony throughout life's journey, two of the many admirable qualities exhibited by Elsie Paul."

Local Louis Riel book awarded

Congratulations to local author David Doyle who was awarded the silver medal at the Independent Publishers Book "IPPY" Awards for his book *Louis Riel: Let Justice Be Done*. The award was given in the regional non-fiction category.



"It is my great honour to receive to receive the award, said David. "This is also important as it highlights Louis Riel and his role in history."

2019 is the 150th anniversary of Louis Riel guiding Rupert's Land and the North West Territories into the Canadian Confederation and fathering the province of Manitoba with Indigenous and democratic rights.

The IPPY awards are an annual book awards contest conducted to honor the year's best independently published titles from around the world.

Changes to Texada schedule

BC Ferries has added extra sailings on the Powell River-Texada Island route for the summer.

On Saturday and Sunday, the 9:35 am Powell River departure has been cancelled and replaced with departures at 8:35 am and 10:20 am.

A new weekday Powell River departure, from Monday to Friday, will be added at 1:50 pm. The current 10:40 am Wednesday only sailing will depart ten minutes earlier at 10:20 am.

Departures from Texada include an addition of a 1 pm sailing, Monday to Friday. On Saturday and Sunday, the 8:45 am sailing has been removed for two new sailings at 7:50 am and 9:20 am.

According to BC Ferries, the schedule changes add capacity on weekend mornings and weekday afternoons in response to increasing peak season demand between Powell River and Texada.

Teens rock BC's Performing Arts

Three Powell River competitors shone in their respective categories at the BC Festival of Performing Arts last month.

Alenor "Ally" Boyd, 16, won first place in the Intermediate Shakespeare category. Nicolas Colasanto, 14, earned honourable mention in classical guitar and Haley Spent, 17, earned honourable mention in intermediate musical variety at the provincial festival held in Victoria.

Strides for Stroke

The Powell River Stroke Recovery Branch held their annual Strides for Stroke walk last month. Approximately 30 people, including a couple of pipers, participated in the annual fundraiser. The walk up Crofton Street, along Joyce Avenue to Barnet Street was a major feat for some of their stroke survivors.

The Stroke Recovery Club meets every Tuesday at 9:30 am at the Legion and starts up again in September. For more info, contact Sandy at 604 489-0024.

Award nom for Twin Kennedys

Twin Kennedy, the country duo consisting of Carli and Julie Kennedy, have been nominated for "Roots Artist of the Year" for the 2018 Canadian Country Music Awards.

The Kennedy twins who grew up in Powell River and now live on Vancouver Island released their first album, *It's a Love Thing*, in 2015.

The CCMA will take place in Hamilton, Ontario in September.

Pumpkin progress

If you picked up a package of pumpkin seeds in April, chances are pretty good that your little seedlings are growing bigger and bigger every single day.

We know that there are probably lots of Dill's Atlantic giant pumpkin's growing throughout the Powell River region by now but did you know these seeds are capable of turning into pumpkins that can weigh over 1,000 pounds?

There's a competition at the Fall Fair this year to see who has the biggest pumpkin, so be sure to take good care of yours. If you have any questions, email *Powell River Living's* professional horticulturalist Jonathan vanWiltburg at jonathan_yw@yahoo.com, visit our Facebook page at facebook.com/greatpumpkinpowellriver or follow @powellriverliving on Instagram

First Prize: \$100 and bragging rights, second prize: \$50, third prize: \$25.



Did you know that Marine Avenue boasts well over 40 small businesses? Take a stroll along Powell River's spectacular waterfront and shopping area.

Coffee • Food • Art • Books • Gifts • Soap • Tea • Candy • Games • Gourmet Treats
Jewellery • Outdoor Gear • Clothing • Restaurants • Cafes & Much Much More!

Please Support Local Businesses! Follow Powell River Marine Stroll on Facebook





New Syrian food kiosk

Charbel and Kinda Azrak, their parents and two young sons, Aboud and Charbel Jr, fled war-torn Aleppo to Jordan and, sponsored by two local churches, Westview Baptist Church and Evangel Pentecostal Church, arrived in Powell River in June, 2016. They began learning English through Immigrant Services and have settled down to a peaceful life in Powell River.

In 1999 in Syria, Charbel, then 20 years old, decided to start his own business producing hummus and other traditional Syrian products. After three years, he and a partner-friend had created a large food factory, AL AZRAK Foods. However, ISIS took over in 2014 and they had to leave.

After fleeing Syria and settling in Am-

man, Jordan, they successfully applied to the United Nations Refugee Agency and came to Canada. Upon arriving in Canada, they shared their story and many people encouraged them to start their food production here.

Charbel and Kinda have been preparing for one and a half years to open AL AZRAK Foods here.

They produce four traditional Syrian dishes, Hummus, Labneh, Tabbouleh, and Mutabbal in the kitchen of the Westview Baptist Church. They sell their food at a kiosk in the Town Centre Mall where you can try free samples. It is also available at the Chopping Block, Ecosystems, Pacific Point Market, The Nutcracker Market and the Farmer's Market where they have added Donair Sandwiches to the menu.

Library celebrates one year

It's a busy afternoon at the Library. The sound of milk being steamed and espresso being ground meets you as you come through the door. Families are checking out books at our self-service machines. People are reading newspapers and magazines in the comfy chairs of the lounge area near the big windows. Students and business owners using our work stations. Teens are playing board games. Grandparents reading to their little ones in the Anne Woznow Children's Reading Room. Your library is a busy vibrant place.

A year ago we moved into our new Crossroads Village location, and it's been amazing to see how our community embraced it. It is used and loved by so many, and that's exactly what library staff wanted to see. In the Powell River area, which is Saltery Bay to Lund, and Texada, 48 per cent of residents have a current library card. This is higher than the provincial norm of 37 per cent.

The big beautiful space has provided lots of new opportunities to serve our

community. One of the ways we've grown in our new home is by offering a variety new programs and activities to library users of all ages. From new afterschool programs to a diverse selection of summer activities, we are trying to create a place to learn and be inspired.

The 2018 Summer Reading Club is focused around the theme of Motion Commotion. Children of all ages will be invited to build imagine and create during various weekly programs including flip-book animation, hula hooping and tetrahedral kite building.

The junior bookclub will be reading *Wild Robot* by Peter Brown, and the senior bookclub will be reading *Pax* by Sara Pennypacker.

Teen programs are bigger than ever this summer. In July there is a low-tech, big ideas graphic design workshop with Gary Shilling, and a five-day writing workshop which will be led by five different writers.

For more information about all our summer programming, including upcoming author presentations for adults, visit our website at prpl.ca

- By Megan Cole



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Immunization specialists

Regular vaccines are available for patients aged five years and older, as are travel vaccines, in our private counselling room.

Privacy

A private counselling room allows us to converse with you, review your medications and administer vaccines out of the public eye. In a small city, we understand how sensitive handing your prescriptions can be. Everyone in the pharmacy department has signed a confidentiality agreement.

Medication Reviews

Our HealthWatch Pharmacists can ensure that you are optimizing your health and prescription medications and will perform a free Medication Review.

Free Medication Delivery

We offer FREE delivery Monday to Friday (Black Point to Tla'amin First Nation), and Thursday (Saltery Bay to Lund). We also deliver direct-to-door to Texada Island on Tuesday and Friday for \$5 per delivery.

New! Strep Testing

Save your time! For patient's age 5 years and older, for only \$15 get your results in 5 minutes. Only pharmacy in town which offers this service.

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Home school *happy* ...with help



School District 47's Distributed Learning Program has grown exponentially since the school district launched it 15 years ago.

The Partners in Education Program (PIE) allows for children to be educated, in part or whole, at sites outside of regular school campuses. The program is offered in Powell River and the Comox Valley and follows regular BC curriculum.

"It's the modern version of correspondence schools," explained Don Fairbairn, SD47's Director of Instruction. "Home schooling is a rapidly growing industry throughout BC and all across North America."

The History of PIE

Fifteen years ago, a group of parents asked the School Board if Administrators would design a home-schooling program.

PIE was introduced in 2003. Jay Yule, Superintendent of Schools, designated one teacher to run the program that year. The following year, Don took over as the program's administrator.

"We had a total of 27 students from grades K to 12 in 2004," said Don. "Today we have 133 students in Powell River and another 267 students in the Comox Valley and the rest of BC."

Science Begins With Beekeeping

One year a parent requested a beehive for their Kindergarten student. Don recalls being a little skeptical that a Kindergarten student would be capable of learning the science of bee keeping. After looking at the learning plan that had been developed, the funding was approved. The student's work and experiences with bee keeping were reported via video including oral explanations of what was happening by the student.

"It clearly demonstrated her knowledge and understanding of beekeeping," he said. After that experience we have included many other one-off activities that parents have included in funding requests. Very seldom have we been let down, as parents certainly can come up with some really great ideas for practical learning experiences for their children.

Support

The PIE Program serves students from Kindergarten to Grade 12 and employs four teachers in Powell River and eight teachers on Vancouver Island.

In Powell River, the program has one classroom at the Oceanview Learning Centre. Because some home schoolers have reduced opportunities to socialize with their peers, interaction days are regularly scheduled with PIE in both Powell River and the Comox Valley.

Circus Dreams Came True

A request came from the parents of a grade 4 student - for juggling equipment to support his fitness and physical activities plan. That student has since graduated from PIE and is now studying in Montreal at the Ecole Nationale de Cirque School for circus performers. PIE staff are continuously impressed with how far their students can go in pursuing their passions with home schooling front and centre in the plan.

Why home school?

Home schooling isn't for everyone, but for some, it's perfect.

Some students struggle in the regular school system and home schooling can help build up their confidence.

Many families love the flexibility the program offers and it is particularly attractive to students who are heavily involved in sports or arts.

"We have had Canadian Chess Champions in our program and we had a (long time) student who took his grade 10 drama as well as the rest of his regular academic subjects while acting in a weekly YTV TV show, titled Mr. Young," said Don.

They've had competitive snowboarders, Canadian BMX national team members and even kids who are doing circus training go through the PIE program.

Graduates of the program have gone on to become vets, nurses, teachers, engineers, writers and entrepreneurs.

Some students are lifers with the program while others stay for a while and go back to the regular system.

Never "board": PIE's Family Retreat at Camp Imadene is a yearly optional three-day event which includes swimming, boating, rock climbing, bmx riding, wide games, a spelling bee, a showcase and more. Above, PIE students work together to solve a problem on the Challenge Course. As you can see it takes lots of teamwork!

How the program works

Teachers conduct a planning visit at the beginning of the year to set the direction. Report visits are conducted through the year to monitor progress and provide support.

"They look at and assess the student's work, discuss it and make recommendations."

At the beginning of each school year parents work with the teacher to develop an individualized student-learning plan based on grade-specific learning standards. Instruction paths are based more on "has the student met these goals," and not necessarily on "has the student completed all the work."

"We try to include the daily-life activities of the family to help students meet goals. Our motto is 'Where Life and Learning Meet,'" said Don.

Some funding is available for the student to purchase materials and/or services that support learning in the academic areas, for music lessons, group memberships, and/or educational excursions.

PIE continues to grow steadily each and every year and it is anticipated that it will continue to grow for many years to come.



Want to learn more? Contact us.

School District #47

4351 Ontario Ave

604 485-6271

www.sd47.bc.ca

**JULY 6 TO 8
WEEKEND**



Kathaumixw
Texada Fly-in Weekend
Ride the Rock
Scott Cook
Song of Inanna

**JULY 13 TO 15
WEEKEND**



Logger Sports
Fight Club
Sam Hurrie

**JULY 20 TO 22
WEEKEND**



Texada Diversity Fest
Writing Workshop
Mapstone
Fisher Queen
Bluegrass & Beer

**JULY 27 TO 29
WEEKEND**



Texada Artists Studio Tour
Wild Woods Social Club
Savary Triathlon
Tribal Journey

Much more is happening in July. Check out PRL's full coverage of festivals and events on pages 25 to 35.

Make the most of summer 2018

July

5

events to get you up close to industry - in a fun way



1. Texada Fly-In

Hop over to the Island on July 8 for the annual fly-in—check out airplanes and meet pilots. If you're a kid, head over for the Aerospace camp!

2. Powell River Fly-in

The Westview Flying Club hosts this event, which include a jam session in the afternoon, fly-in, dinner and dance and a camp out on July 28.

3. Logger Sports

July 13 to 15, come see dozens of competitors from all over the world compete for World and Canadian titles.

4. Texada Artists Tour

Meet artists like Ashley Rairie (pictured on Page 28) who makes jewellery from used electrical supplies, July 28 and 29 during the Texada Artists Studio Tour.

5. Texada Museum

Summer hours are here! Learn more about the region's remarkable mining heritage and much more.

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Kathaumixw

Powell River's premiere, biannual performing arts event is July 3 to 7. Choirs this year are from Cuba, Taiwan, Poland, Slovak Republic, Australia, Uganda, Hong Kong, and all across Canada and the USA. Find concert and ticket info at www.kathaumixw.org.

Saturday, July 7, 8 PM
Great Hall (\$20 & \$29)

Gala Closing Concert

Guest Choir: Tainan Chamber Choir ~ (Republic of China) Taiwan
Kathaumixw 2018 Children's & SSA Youth Choir
Shan-min Yu, conductor ~ (Republic of China) Taiwan
Choir of the World at Kathaumixw
Presentation of the Choir of the World Prize
Kathaumixw 2018 Adult Choir
Damijan Močnik, conductor ~ Slovenia
Kathaumixw 2018 Thousand-Voice Choir

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Festivals Season

Community • Sports • Food



Powell River region

July 3 to 7

Kathaumixw

July 4 to 8

Texada AeroSpace Camp

July 8

Texada Annual Fly-in

July 9

BC Bike Race

July 13 to 15

Logger Sports

July 21 to 23

Texada Diversity Festival

July 28 & 29

Texada Artists Studio Tour

August 4 and 5

Texada Blues & Roots Fest

August 5

Edible Garden Tour

August 11-12

Texada Sandcastle Fest

August 12 - 17

Powell River Pride Week

August 17

Blackberry Fest Street Party

August 18

Texada Rock In Pride

August 18 & 19

Arts Alive in the Park

August 25

Run the Rock

August 26-27

Powell River Studio Tour

September 8

Texada Paint Out 2018

September 15 & 16

Powell River Fall Fair

Pender Harbour

July 7-9

Pender Harbour Days

July 7-8

Halfmoon Bay Country Fair

August 18-20

Chamber Music Festival

October 6

Pender Harbour Fall Faire

October 13-15

*Sunshine Coast
Mushroom Festival*

October TBA

Halfmoon Bay Apple Festival

Comox Valley

August 3 to 6

Filberg Festival

September 23

Comox Valley Farm Cycle Tour

Lower Coast

July 23

Sandcastle Competition

Sechelt

July 29-30

Sea Cavalcade

Gibsons

August 11-13

Festival of the Rolling Arts

Sechelt

August 17-20

Festival of the Written Arts

Sechelt Rockwood Centre

August 18-20

Power of Paint

Sechelt

August 2018

Howe Sound Outrigger Race

Gibsons Landing

August 19-20

Hackett Park Craft Fair

August 25-27

Rogue Arts Festival

Gibsons

September 8-10

Sunshine Coast Fibre Camp

Langdale

September 16

Wood Expo 2017

Sechelt Seaside Centre

October TBA

Gibsons Fall Faire

October 12-22

Sechelt Arts Festival

SECRET BEACH WIT

SUMMER 2018

COMING TO A GROWLER FILL NEAR YOU



Texada Artists Studio Tour

Expect the unusual and you won't be disappointed at the fourth biennial **Texada Artists Studio Tour July 28 and 29**. Whether it's "fool the eye" paintings or jewellery made from electrical supplies, Texada artists do it all, and then some, in the full range of the visual art.

Texada Island is a short 35-minute ferry ride from Westview Terminal. Listen to Coast FM 95.7 radio for a chance to win ferry passes to the tour. Admission is free.

A total of 20 artists are exhibiting in 13 studios, open from 10 am to 4 pm. The tour is self-guided and studios may be visited in any order. Tour guide and more info can be found at texadaart.com. There you can also book seats on the free

studio tour bus which will meet you at the ferry or at the Boat Club marina in Van Andra.

Participating artists work in mediums including photography, painting, print-making, jewellery, beach glass, sculpture, chainsaw art, felted textiles, fibre arts, stained glass, windows and doors, soap, pottery, fused glass, cards, drawing and knitting.

Texada may have an industrial face but it has an artistic heart, says tour director Sandy McCormick. "Come and meet these amazing artists who are passionate about what they do."

To the left, Ashley Rairie shows off some of her jewellery made from used electrical supplies. She's exhibiting at her in-home studio.



Logger Sports

On July 13 to 15, the 23rd annual Powell River Logger Sports takes over Willingdon Beach and Loggers Memorial Bowl.

This year, we will host contestants from all over the world, including New Zealand, Australia, the US, Germany, competitors throughout Canada and our locals.

They are here to win 16 Canadian Championships and five World Championships - more titles than any other show

on the Canadian Logger Sports Circuit!

A chainsaw carving competition is held at the same time, with an international roster of artists working in the gravel parking lot near the beach.

If you've never seen BC's heritage forest skills in action - axe throwing, chopping, springboard, pole climbing and much more - this is your chance.

To find out more, click onto powellriverloggersports.com or see the free guide tucked inside this issue.

Kathaumixw

Imagine a place where language poses no boundaries, a place where people of different cultures and countries come together to share the common language of song.

That is **Kathaumixw, coming to Powell River July 3 to 7**.

The International Choral Kathaumixw is a five-day biannual choral festival filled with concerts, common song singing, choral & vocal solo competi-

tions, conductor's seminars and social events. The festival is a place where all can learn from each other and from world renowned choral personalities.

For 2018's event, choirs are coming from Uganda, Australia, Poland, Slovak Republic, Hong Kong, and across the US and Canada.

To see a schedule, sign up to host singers, volunteer, or to buy tickets, go to www.kathaumixw.org.



TEXADA ARTISTS STUDIO TOUR 2018

**FREE
ADMISSION**

JULY 28 & 29 10:00 am - 4:00 pm

**20 artists
in 13 studios!
This happens
only once every
two years.
It's worth the wait!**

Register online at texadaart.com to ride the free studio tour bus.
Listen to Coast FM 95.7 for a chance to win free ferry passes to the tour!



Plan your July

July 3 to 7

Kathaumixw

Tuesday, July 3

Savary Island Farmer's Market

First Tuesday of the season. Happens each Tuesday.

July 4 to 7

Texada Aerospace Camp

Wednesday, July 4

Intro to the Self-Employment Program

9:30 til 4 pm, through Community Futures.

Thursday, July 5

Texada Museum

Summer hours begin: 10am til 4pm, Thursdays through Sundays.

Friday, July 6

Scott Cook in concert

6pm, Cran Hall.

Razorvoice, The Gobekli Taco Factory, Con Man, VCR

8pm McKinney's, \$15 door (\$10 advance)

The Song of Inanna – Author Reading

7pm, Library. Join Argentinian-Israeli author Liliana Kleiner for her presentation of an ancient Sumerian myth about the Sumerian mother goddess Inanna, accompanied by Kleiner's own analysis and illustrative modern artwork.

July 6 to 8

Ride the Rock

Horse ride for Mental Health of Texada Island, from Blubber Bay to Anderson Bay. Organized by Equanimity Equine. Donations accepted through FCU.

July 7 and 21

Hot dogs for MS BIKE

11 am to 2 pm At Save-on-Foods. Come meet MS Bike team MS De-railleurs!!

Saturday, July 7

Fly-In Fling

Dance at the Texada Legion, 4:30 pm.

Sunday, July 8

Texada Annual Fly-In

All Day Texada Airport

5th annual High Tea and Croquet

At The Vale. \$10 admission (includes tea & snacks, and optional entry into the competition) Doors open 12 noon Tournament begins 1 pm

Monday, July 9

BC Bike Race

Friday, July 13

Schruers Cinema presents: Fight Club

9:30pm, The Patricia

Wild Nights Summer Dance Parties with Jupiter Wildz

8pm, McKinney's, pay what you can

July 13 to 15

Logger Sports

Saturday, July 14

Sam Hurrie in concert

9pm, \$10. The legendary blues guitarist McKinney's.

Tuesday, July 17

No Cover Series 3: Feed (Montreal) plus locals Cleft and Con Man

9pm, McKinney's. By donation.

Friday, July 20

Writing Workshop with Author Sylvia Taylor

7pm, Library. Award-winning memoir writer and non-fiction author Sylvia Taylor will share her insights into the craft and business of writing.

Mapstone

9pm McKinneys

Saturday, July 21

The Fisher Queen – A Deckhand's Tale of the BC Coast

2pm Library. Join author Sylvia Taylor as she shares her humorous and emotional memoir about the perilous reality of the life on a fish boat.

The Georgia Flats

9pm, McKinney's. \$15

Bluegrass, BBQ and Beer

At The Red House on Savary Island. \$40. 12 and under \$10. 1 to 9pm. See savary.ca.

July 21 to 23

Texada Diversity Festival

Wednesday, July 25

Willingdon Free Concert Series

6:30 Rotary Pavillion. Blues Busters.

Saturday, July 28

Westview Jammin Fly In

Jam from 3 til 5, dinner and dance afterwards.

Wild Woods Social Club - Local world music ensemble

9pm, McKinney's. \$10

July 28 & 29

Texada Artists Studio Tour

Sunday, July 29

Savary family-friendly triathlon

July 30 to August 5

Tribal Journey 2018: Tla'amin's Cheechlem Chi-Chia and Hehewshin canoes paddling to Puyallup

August 4 & 5

Texada Blues and Roots Festival

Monday, August 6 (BC Day)

A Midsummer Night's Feast

20 x 18 BEST of Powell River

Thank you!

Congratulations, Canada

Vaporizers
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20 x 18 BEST of Powell River

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#1 Best Brunch

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The Big Ukranian Huevos Rancheros
Cheesy Corned Beef Hash
West Coast Benedict
Magpie's Big Breakfast
\$5 kids' breakfast
And so much more
All from scratch

\$8

Get Up & Go Breakfast
Two eggs, diced or shredded hashbrowns, white or multigrain toast with coffee. 7 to 9am weekdays (not including holidays).

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magpiesdiner.ca

Summertime fun for free and cheap!

Preschoolers

Mondays

Little Hikes

10 til noon, PRCYFSS. Take part in a neighbourhood walk appropriate for little feet, with games, activities and a snack included. Oceanview: 7105 Nootka St. July 9 to August 16.

Tuesdays

Little Mess Makers

10 til noon, PRCYFSS. Come ready for a different messy, art based activity each week! Bring a change of clothes with you! Oceanview: 7105 Nootka St. July 9 to August 16.

Sprouts

10:30-11:30am at the CRC Community Garden All summer long (except August 28th). Child and parent gardening program hosted by Family Place.

Family Place drop-in

12:30-4:30 pm

Wednesdays

Little Bugs

10 til noon, PRCYFSS. Come join us for quiet story time, activity and snack with a different theme each week. Oceanview: 7105 Nootka St. July 9 to August 16.

Family Place drop-in

12:30-4:30 pm

Thursdays

Little Tykes continues!

10 til noon, PRCYFSS. Bring your bike, trike, or just yourself and get ready to play! Indoor and outdoor activities will be available. Oceanview: 7105 Nootka St. July 9 to August 16.

Nutrition Focus

Free lunch at Family Place with nutritional information and recipe provided.

Family Place drop-in

12:30-4:30

Preschool Storytime

10:30-11:00 am Library. Puppetry, rhymes, singalong songs and of course stories.

Fridays

FUN in the Sun at Willingdon Beach

10:30-noon: July 20, 27 and August 3 and 10th: our annual summer time outdoor activity program. Hosted by Family Place.

Family Place drop-in

1-4:30 pm

Saturdays

Storytime at the Open Air Market

July 7-August 25, 11:00-11:30 am. hosted by the Library.

Kids & Tweens

July 3

Summer Reading Club: Motion Commotion kick-off

10 til 1 pm at the Library - with percussive parade.

July 5

Tetrahedral Kites

10:30 to noon, ages 7-12, library. Register at prpl.ca.

Fridays July 6 to August 3

Kinetic Keva

10:30 to noon, all ages. Library. Register at prpl.ca.

July 7

Free swim

2 til 4 pm at the pool

Tuesdays July 10 to August 14

Jr. Bookclub: The Wild Robot

10:30 to noon, GR 1+. Library. Register at prpl.ca.

Wednesdays

July 11 to August 15

Sr. Bookclub: Pax

10:30-noon, Grades 4 to 7. Library. Register at prpl.ca.

July 12

Exquisite Robots

10:30 to noon, all ages, Library. Register at prpl.ca.

July 13

Freezie Friday

2 til 3 pm at the pool

July 19

Hoop de Loop! Hula hoop workshop.

10:30 to noon, ages 7-12, library. Register at prpl.ca.

July 25

Water Wars

2 to 3 pm at the pool

July 26

Inventor's Club: Wild Transportation

10:30 to noon. All ages. Library. Register at prpl.ca.

August 2

Sports Day

2 til 3 pm at the pool

Flip Out with Rabideye: animation workshop

10:30 to noon, ages 8+, library. AGES 8+! With animation expert Giovanni Spez-zacatena. Register at prpl.ca.

August 4

Free swim

2 til 4 pm at the pool

August 9

The Last Straw Egg Drop Challenge

10:30 to noon, all ages, Library. Register at prpl.ca.

August 10

Freezie Friday

2 til 3 pm at the pool

August 16

Summer Reading Club Finale and Medal Ceremony

11 til noon, all ages, Library. Receive your prizes! Refreshments will be served.

For everyone

July 25

Story Theatre Off the Shelf

3 pm at the Library. Performers bring classic tales & fables to life in an action-packed presentation full of ideas, excitement and fun. No registration. Just show up!

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- Drop-in pool
- Trails
- Beaches
- Drop-in fitness Centre (13+)

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Six local paddlers to rep Canada at the worlds

BY MICHAEL MATTHEWS

The news that six Powell River women, average age 68 years, are planning a trip to Tahiti in July is unlikely to elicit much more response than “That’s nice for them”.

The news that their preparations over the past nine months have included strenuous training sessions, paddling a canoe at speed for up to 15 kms four times a week, plus weekly weight training sessions might just raise a few more eyebrows!

The women (Helen Robinson, Sue Hanson, Holly Peterson, Lynnette Mangan, Brenda Allan and Sue Milligan) are members of the Powell River Outrigger Canoe Society (PROCS), and they have been selected as a six-



FOUR DAYS A WEEK FOR NINE MONTHS: Helen Robinson, Sue Hanson, Holly Peterson, Lynnette Mangan, Brenda Allan and Sue Milligan are on their way to the warmer waters of Tahiti for the World Outrigger Sprint Championships.

person crew to represent Canada in the World Outrigger Sprint Championships in Tahiti in July.

They will compete in 500m and 1000m races in the 60+ age group and, with two other paddlers from elsewhere in Canada replacing the two ‘youngsters’ in the boat, another two events in the 70+ age group.

The group has received much appreciated support from the Rotary Club of Powell River and from Dentist Ash Varma, but bear the bulk of their expenses themselves.

PROCS could make a good case for being the city’s

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MODELLING THEIR TEAM CANADA JERSEYS: One year ago, they were Powell River retirees. Now, after a year of very hard work, they're about to take on the world.

most successful sports club. This small group of about 20 paddlers includes no fewer than eight who have represented Canada internationally in the past, and who have brought back to Powell River numerous medals (including Gold).

Over the last three years the club has won multiple age-group national championships in both sprint and distance categories, although the club is not solely (or even primarily) about racing.

Many of the paddlers rarely race, but simply enjoy being out on the water with a group of like-minded people, among the seals, sea-lions, orcas and hump-backs.

Indeed, what is particularly inspirational about this group is that just a year ago they were an unexceptional group of active retirees.

Two had been kindergarten teachers, two health care workers, one a librarian, and one a fishing boat skipper; none had a particularly strong sporting background (two of them had been paddling for less than a year), but they simply decided to become serious athletes and qualify to represent Canada in the World Championships.

(As one commented: "My grandmother used to say 'You'll never do it any younger!'")

Since then their lives have been taken over by the project, and they have found themselves paddling through the winter regardless of rain or snow, hence the heartfelt comment 'I curse a lot more than I used to!'

The investment of time and effort has been considerable, but so have the rewards.

All of the women spoke of the feelings of pride and accomplishment, the sense

"Two had been kindergarten teachers, two health care workers, one a librarian, and one a fishing boat skipper; none had a particularly strong sporting background (two of them had been paddling for less than a year), but they simply decided to become serious athletes and qualify to represent Canada in the World Championships."

of teamwork, and the physical changes that the year has produced. They are also very aware of the example they are setting, not only to other women of their age, but to their daughters and granddaughters!

So, if you have wondered about the identity of those strange people who have been coming come into your favourite coffee shop throughout the winter wearing neoprene and wet wool, shivering, but cheerfully exhausted – they are the outrigger paddlers, on their way to Tahiti.

And if you happen to be enjoying a cool summer drink on the deck at the Shinglemill when they set out or return from another punishing training session, just call out 'Good luck in Tahiti!'

Good vibrations

BY ISABELLE SOUTHCOTT | isabelle@prliving.ca

When Cindy Babyn left Ottawa two years ago, crystal singing bowls, technology, paint brushes, oils, a deep love of landscape art and good vibrations filled her car.

En route to her new life on Texada Island, she stopped along the way to take landscape photos to use at a later date as artistic reference material.

“Being able to see the different geographies is so inspiring for painting,” Cindy told *Powell River Living* magazine. “I’d never painted BC, Alberta and Manitoba before.”

Before putting down roots on Texada, she took a trip out west. “I knew I wanted to move to the West Coast,” she said. “I liked the vibe out here. It’s really beautiful.”

She was looking for a place to move with her then unbuilt tiny house (which she designed by herself). “I visited Hornby, Gabriola, Salt Spring, Powell River, and Tofino. I had a friend on Texada who invited me to visit.



PAINTING & MUCH MORE: Cindy Babyn will also offer sound healing at the Diversity Fest July 20 to 23.

TEXADA ART STUDIOS TOUR

What: Guests can travel between studios in their own vehicles, or can take advantage of the Free Studio Tour Bus to pick them up from the ferry and return them there after the tour.
When: July 28 & 29
Where: 20 studios around the island
Get the free guide: www.texadaart.com or can be picked up at That Place on Texada, just up hill from the ferry terminal.

I came, looked around for a week and decided to move here.”

As an artist

Cindy is a visual artist who interprets Canadian landscapes in oils or soft pastels.

Her landscapes offer a Canadian feel with a contemporary atmosphere. She likes to paint places that she’s visited and takes photographs on location before transforming them into bold and colourful works.

Though largely self-taught, she’s taken private master classes with her favourite artist Gordon Harrison,

sometimes referred to as “The Eighth in the Group of Seven.”

Cindy’s talent in art and music was evident from a very young age. She grew up in a foster home. “I was a Crown Ward of the state since the age of three,” she said. “It was very challenging emotionally to grow up like that. I was very lucky that I had natural talents.”

She practiced her strengths. “I was always drawing.” Private music lessons were paid for by the government.

Although she did not feel a strong bond with her foster family, she connected with teachers and mentors.

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Texada Art Studio Tour

Cindy is one of 20 artists and groups to be featured in the Texada Art Studio Tour on July 28 and 29 from 10 am to 4 pm. Like other artists involved in the self-guided tour that takes you into different studios, Cindy will be on site at the Gallery on Dogwood where her work is on display to share her passion for art and answer questions.

As a musician

With a degree in music performance from the University of Toronto (she also studied at the Rotterdam Conservatory in Holland), she played in an international music ensemble for four years on many festival stages.

She started going to crystal singing bowl nights in Ottawa and discovered a huge love for this type of music. "I was totally engaged and taken by the music but it wasn't enough."

So she bought her own frosted quartz crystal singing bowls, Himalayan bowls, chimes and more.

Before long she opened her home for private sound healing sessions and began playing live sound healing music for yoga classes, massage therapy sessions and group sonic journeys.

As a writer

Cindy's diverse background also includes writing. She's published two books; her favourite being a book of tips to help prepare young people for better living once they move out.

At the time, her then almost-17-year-old niece was heading to university and Cindy, who'd moved many, many times, wanted to give her a manual or guide to prepare her for the big leap but she couldn't find such a thing.

Cindy wanted to tell her niece about her own experiences so she began to write. "Sixty pages later it felt like a book," she said, so she kept going.

Moving Out! A Young Adult's Guide to Living on Your Own, is a guide full of practical advice. There's everything from choosing the right roommate to financial tips, to provide the sort of guidance she didn't have.

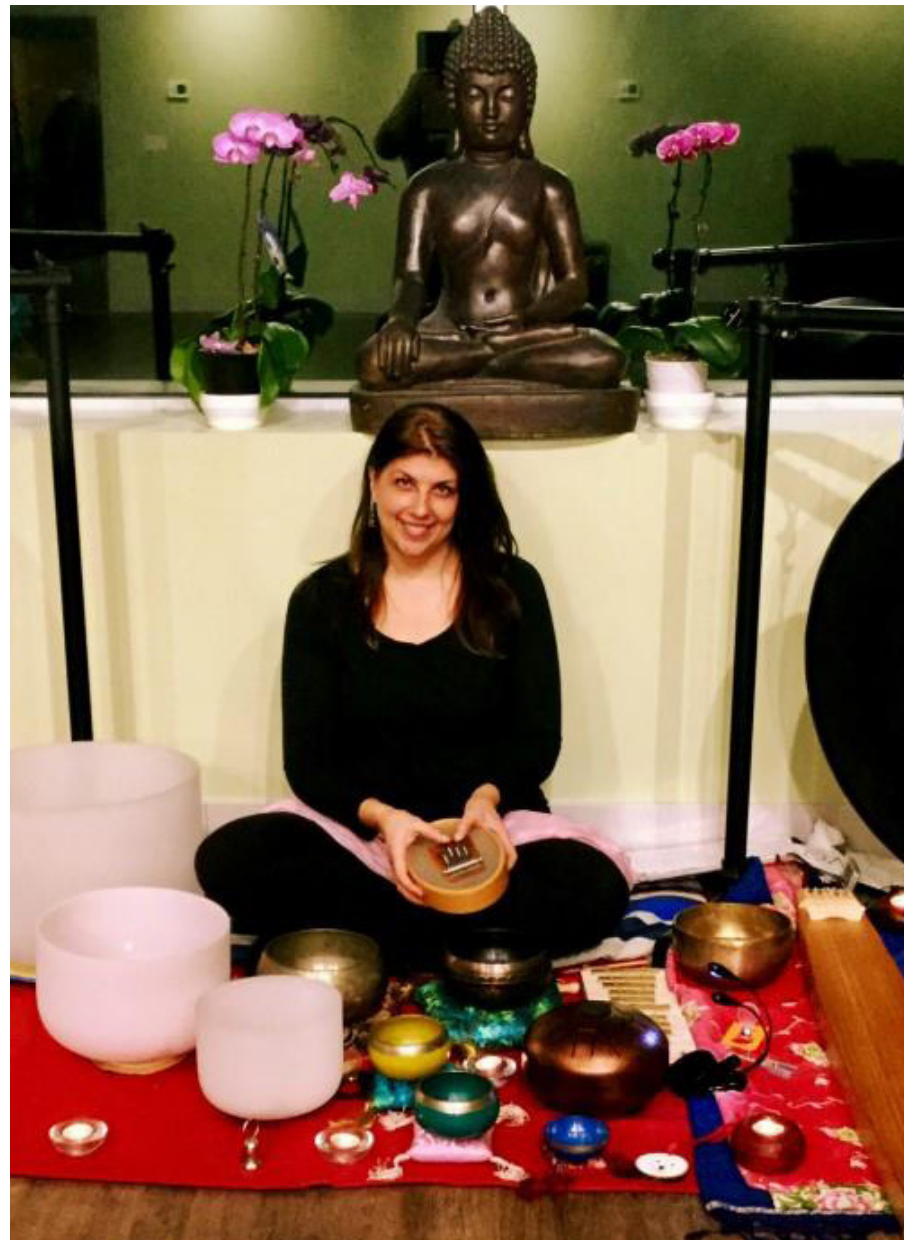
Cindy's 15-year career as federal public servant took her to many places as a young adult and she moved more than 20 times. She spent nine years at the Department of Canadian Heritage, funding arts festivals, performing arts series, cultural infrastructure projects and cultural exports. She spent the last six years working for the Department of Foreign Affairs, International Trade and Development as a senior investment officer at the Invest in Canada Bureau and as a Trade Commissioner in the International Education Division attracting foreign students to Canada.

By day she worked for the government and by night and on weekends she painted, wrote books and played music. By the time she was working 80 hours a week, she knew she had to change something.

"I had two full time jobs," she said. "I ended quitting the ensemble and stopped playing music completely for a while."

It gave me the space and time to write my first book and I was able to go to Sound Healing events."

Cindy's two sound healing albums can be found on iTunes and Spotify by looking



A FORMER FEDERAL PUBLIC SERVANT: Cindy Babyn almost chose to stick with a life-long career with the Invest Canada Bureau, over music and art.

up her name. One album is a 42-minute sound healing performance, the other has songs for Shavasana and chants.

Her tiny house

Although there are many pros to living in a tiny house (hers is 28 feet long, 8.5 feet wide and 13 feet high) there are a few cons – one being limited space which makes it impossible to paint inside.

So she does the initial artwork, sketching in her tiny house, before going to the greenhouse for colour applications.

"I dreamed of owning a tiny house and I'm happy to say that I'm living the dream," she said. Her house has a black-stained cedar exterior, white trimmed windows and French doors. It has a pine interior painted white with a storage staircase, floating staircase, two lofts, a bathroom and a sound healing room.

Cindy's art is on display at the Gallery on Dogwood in Gillies Bay. She's at the Gallery on weekends to sell the works of the 10 artists featured there. Occasionally, she'll do final artwork touch-ups at the Gallery. [PR](#)



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Powell River's oldest mall remembers its roots

BY ISABELLE SOUTHCOTT | isabelle@prliving.ca

When Powell Stores opened in November 1941, it was the talk of the town. Designed by prominent Canadian architect Charles B.K. Van Norman, who also designed the Park Royal Shopping Centre and the Burrard Building, Powell Stores replaced the Brooklon Block (which was demolished in 1941). The building was formerly home to the Sing Lee or China Block.

The modern design of the new stores drew much attention. According to a story by Ann Nelson in the February 2015 issue of *Powell River Living*, old timers used to say the new mall looked like a spaceship had just set itself down in the middle of town!

The April-May 1947 Powell River Company Digester carried a spread featuring the Powell Stores. Touted as “one of the most modern and best appointed stores in the province,” hourly wages for its 90-plus employees were among the highest in Canada.

Powell Stores was a huge department store owned by the Powell River Company. It carried the newest fashions in clothing, home furnishings and appliances, food, shoes, barbershops, beauty shops and a coffee shop all under one roof. For a while it even provided space for the local CIBC branch.

Gloria Riley, now 87, remembers working at Powell Stores. Gloria, a founding member of the Townsite Heritage Society, was 16 years old when she was hired at Powell Stores in 1947. She left in 1952 when her first son was born.

“I started in groceries and worked in the bakery and the meat department,” she remembered. Gordon Purvis was the manager at the time.

“The pay was good, we were unionized which was unusual for kids my age getting into a union,” she said.

Gloria worked with Freda “Freddie” Brodie, who is now 93. Freddie worked for an upscale meat department in Vancouver before moving to Powell River in 1950, where she’d summered as a child with her relatives. “I was experienced,” she told *Powell River Living*. “So they hired me.”

Freddie remembers when meat wrappers came in style while she was working at Powell Stores and how she was sent to Vancouver and Seattle to learn how to wrap meat. “When I came back I taught it to the ones who were working with me including Gloria,” she said.

Powell Stores “carried everything,” according to Gloria. Or so it seemed. “It was the main shopping place in Powell River.”

But still, not everyone shopped there. “Some people said the prices were too high; a lot of people would go to Vancouver to shop.”

The Powell River Company sold the Mill and the Townsite to MacMillan-Bloedel in 1955. MacBlo sold the company homes and Powell Stores was sold to The Hudson Bay Company. In 1961, The Bay moved to Shoppers Plaza in Westview.

Former Riverside/Wildwood boy Peter Toigo purchased the building from the Hudson’s Bay Company and turned it into a mall according to *House Histories and Heritage, Volume II, The Old Town*, by Karen Southern.

Many businesses came and went over the years including Overwaitea, Powell River Pharmacy and The



FIRST STORES TO OPEN IN JULY

The Townsite Public Market has 10 tenants ready to open their doors this summer. There will be 16 in all plus artisan stalls but the rest won't be ready until later.

Tenants opening this summer include Townsite Fruit & Veg, Base Camp (their “Townsite Outpost”), Just Soul Food (vegan treats and desserts), The Fiddleback Shack (reimagined wood furniture and decor), eunoia fibre studio and gallery, The Owl & Bear (herbs and curiosities), Turadh (with artist Anna May Bennett), Kaleidoscope Coast Creations (vibrantly refinished furniture and hand painted terra cotta pots), Seaside Aenfae (handcrafted products for children), Hearth & Grain Heritage Breads, and K-lumet fire starters (made by persons with barriers to employment).

Avenue Shop.

From 1995 to 2005, The Townsite Trading Post took over the space and then it became Coastal Liquidators from 2006 to 2008. There have been night clubs, a bingo hall, coffee shops, beauty parlours, clothing stores and more in that space.

The 35,000 square foot building languished without heat and sustained water damage from frozen pipes before Vancouver software engineer Steve Brooks purchased it in 2011.

Steve, who also owns the old Bank of Montreal Building, the Federal Building (home to Townsite Brewing) and Maple View Estates, fell in love with the Townsite when he began working on his retirement plan 15 years ago.

After purchasing Maple View Estates (then Dogwood Apartments) and giving it an overhaul, he set his sights on the commercial core of the Townsite. He saw an opportunity in the old mall and envisioned an indoor market where artisans could work on site, a market where you could purchase fresh food and baking, handcrafted products and unique gifts.

The Townsite Public Market will open in July.

“We have a good mix here,” said Steve noting that there’s a social enterprise, artisans, a public market, entertainment, as well as office and tech space tenants. The climbing gym is set to open this fall and a joint ini-



IT RISES AGAIN: The 1941 Powell River Stores building has been empty for years. Steve Brooks had a vision.


Top photo courtesy Powell River Historical Museum & Archives

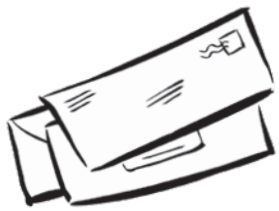
tiative between the City, Vancouver Island University, Tla’amin Nation, Powell River Educational Services Society, the Regional District and the Townsite Market, is looking to set up an innovation and design centre with shared workspaces to support the growth of new economy jobs in Powell River.

The project suffered several setbacks – the seismic upgrade and electrical work took more time than expected – but as Steve maintains he’s a software engineer, not a developer. He didn’t want to open until the building was full; he wants all his tenants to thrive and benefit from the synergy of a full building.

The downstairs floor will house the public market. “A lot of the artisans will work on site. One of the intents is to become a tourism destination,” said Steve pushing against the heavy main doors of the building. “By the way, these are original,” he said holding them open.

Inside, old has been incorporated with new. “We tried to use all the old salvaged lumber and windows that we could,” he explained.

In addition to storefronts, The Townsite Public Market also has display booths for smaller artisans. These display booths are about six foot high with shelves and can be locked when not in use. The front section drops down to form a table that the artist can pull a chair up to and create an instant stall. “Smaller artisans can rent these on a monthly basis,” said Steve. 



We welcome feedback from our readers. Letters may be edited for length. Email isabelle@prliving.ca, or mail letters to **PR Living, 7053E Glacier St, Powell River, BC V8A 5J7.**

MAILBAG

Dear *Powell River Living*,

I've been reading with interest the articles in the April, May and June editions of *Powell River Living* regarding the mystery of a certain log building.

Although I can't shed any light on the history of the building pictured in the April edition, I can say with certainty that it is not Reuben Fidler's log cabin as has been proposed.

My grandfather, Reuben, arrived in Powell River in 1910 and lived in a tent which was not unusual at that time. Following that, he built a shack and resided on a site which was later to become the location of the #7 and #8 paper machines.

In 1914 Reuben and his wife, Barbara, pre-empted 62.1 acres at the extreme end of "Old Westview Road" (Nootka Street). They immediately began construction of a log cabin for themselves and their two daughters, Barbara Jr. (Armour) and Blanch (Lidberg).

Sons George and Ken were to be born later. The family lived in that log house from 1914 - 1921, during which time Reuben travelled to and from his position in the Mill Stores by horseback.

Barbara and Blanch walked from their property (now partially occupied by Powell Heights Modular Home Park) to the new school house which opened in 1916 and was located on the north-west corner of Westview Road and Nootka Street.

The family moved into the Townsite for the years of 1922-23 before returning to their acreage for another two years. In 1925 the Fidlers moved back to the Townsite and remained there until Reuben's death in 1929.

The log cabin was not to be occupied again by any Fidlers but it was rented out to the Lambert family in 1926 for a short time. Sometime in the 1940s the cabin burned down accidentally on the site where it was first built.



Some of us may remember a partially built log cabin that occupied the exact site of the original cabin and which remained in place until the 1970s. Contrary to popular belief, this was not the remains of the original Fidler homestead but was built by my brother, Glenn, with the help of some teen aged friends in the 1960s. The 62 acres remained in the family until its sale in the 1970s.

Stories abound about "Fidler's Field", as it was a convenient gathering place for the younger generation in decades past. Many of the gatherings were after the sun had set but I will leave that to the reader's imagination.

At the entrance to Powell Heights Modular Home Park is a sign that states "Fidler's Field" and features an illustration of an elf playing a fiddle.

Directly ahead of that sign at a distance of about 150 metres was the site of Reuben Fidler's cabin, the first log cabin to be built in Westview. I'm grateful to be given the opportunity to clarify how "Fidler's Field" actually got its name and categorically deny the existence of any elves in my family.

I am also proud to say that descendants of Reuben and Barbara Fidler still reside in Powell River and I hope there continues to be that connection for generations to

come. It is a town rich in history.

Many thanks to Ben McAulay, Terry Courte, and Kyle Erickson who contributed to the subject and, of course, to *Powell River Living* for bringing this story of the log house to our attention. The mystery continues....

*Jim Fidler
Victoria, B.C.*

Dear *Powell River Living*,

I really enjoyed your article on the sinking of the YOGN 82 having grown up as a "Townsite girl" and having the hulks as part of my life.

I also grew up swimming at Second Beach and it is not by the breakwater. If you have ever walked Willingdon Beach Trail and stopped at the bridge you will note that it says Second Beach on the placard on the railing.

There used to be a First Beach (long gone) but Third Beach is still at the end of the trail.

We did not swim by the breakwater as the sewer flowed into the sea at that time. In fact, there used to be boat houses along the water front. The owners put their boats in the water by the use of the old rail tracks from the beach trail with a pulley system to get the boats in and out of the water usually at high tide.

Cheers, Barbara McCrossan

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I MADE THE MOVE

Global adventurers ready to make an impact in their new home town

Linda Bowyer grew up in Kelowna. After marrying Lou and starting her career in banking, the couple moved around to accommodate her various assignments with TD and CIBC, to Toronto, Vancouver, Calgary and Kelowna.

They have two children, both of whom have started careers in the Lower Mainland after graduating from University. When they became empty nesters, Linda and Lou were able to consider options for getting out of the city.

Linda gladly accepted the role as CEO of First Credit Union in February, and Lou, after decades in manufacturing and sales, has recently retired.

Why did you choose to move?

Linda • After two decades as a senior executive in financial services, I felt I was ready to enter a new chapter in my career that would be more personally rewarding, a segment that would be marked by social impact. My role at First Credit Union is giving me that opportunity.

When?

Linda • My husband and I came to Powell River in the fall of 2017 during the interview process to check out what the community had to offer. We came back again in November to look for a place to live, and then after a month traveling in Vietnam, Cambodia and Laos, we moved here in February 2018.

Where from?

Linda • I spent the fall semester of 2017 teaching entrepreneurship at Okanagan College in Kelowna. I commuted there from our home on Nicola Lake near Merritt. I guess technically speaking, that is where we moved from.

What surprised you about Powell River once you moved here?

Linda • My mom and her husband lived in Sechelt for twenty years, and only

very recently moved from there to the Interior. During all those years of visiting them, we had never made the next leg of the journey to Powell River. We were surprised and delighted by the variety of outdoor activities so conveniently available: hiking, biking, kayaking, canoeing, & fishing. We also had no idea that there was so much to enjoy in the area of performing arts.

Where is your favourite place here?

Linda • We have only just begun to explore! We have an eleven year old lab/shepherd cross, Digby, who is kind of the centre of our universe these days. He is slowing down a bit, so we have found ourselves on the Willingdon Beach Trails, the Penticton Trails, and the Inland Lake Trail. They are all beautiful. We are looking forward to enjoying the more aggressive hikes that are part of the hut-to-hut system, as well as to exploring the neighbouring islands. Lastly, we have also enjoyed the Patricia Theatre, and Powell River Kings games.

How did you first hear about Powell River?

Linda • We had family living in Sechelt, so had heard about Powell River but really had no idea what it was like. You really have to spend some time here to appreciate all it has to offer. And one of the best things about it has been how friendly and welcoming the people are, and that aspect you have to experience to appreciate!

What would make Powell River a nicer community?

Linda • As travellers, Lou and I appreciate most the places that are hardest to get to. Powell River is like that. Although the ferries can be an irritant, they are part of what preserves the uniqueness of this community.

What aspect of your previous com-



OVERSEAS: Lou and Linda Bowyer on vacation before moving to Powell River.

Community do you think would benefit Powell River?

Linda • I was involved with the Kelowna Downtown Business Association many years ago, but it has only been in the last decade or so that the city has seen a revitalization of its downtown core. Here we love that we live in a neighbourhood where we can walk to restaurants and coffee shops. Maintaining/continuing to develop the character and vibrancy of the businesses on Marine Avenue is something we think would benefit Powell River.

What challenges did you face in trying to make a life for yourself here?

Linda • I wouldn't say that we have faced any particular challenges as of yet. We have been here three months though and so far no family or friends have made the trip for a visit. Over time, if that trend continues, that may become a challenge for us.

If you were mayor of Powell River what would you do?

Linda • Continue to successfully connect

the amazing network of community organizations and volunteer groups that support Powell River's residents in need.

What are Powell River's best assets?

Linda • The beautiful natural surroundings, the most amazing sunsets we have ever seen, great restaurants for a community of its size, exceptional community services (community centre, hospital, library etc), and most importantly the people!

Your greatest extravagance?

Linda • Our greatest extravagance is travel. We have been fortunate enough to have visited many countries and experienced many cultures. Our type of travel tends towards the adventure category and therefore often includes such activities as hiking, biking, scuba diving, hot air ballooning, white water rafting, etc.

Which talent or superpower would you most like to have?

Lou • I know it's a popular answer, but I would like the ability to fly. It would help overcome the ferry obstacle as well as lower the cost of international travel! **PL**

Ride the Rock for Mental Health

On July 6-8, Equanimity Equine horses and their riders will travel from Blubber Bay to Anderson Bay to raise awareness and funds for mental health.

To contribute, go to EquanimityEquine.com

This space available to non-profit organizations, courtesy City Transfer



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CHOPPING BLOCK



Power Paddle to Puyallup

BY STEVE GALLAGHER

On July 14, the Tribal Journey 2018 experience will begin for approximately 15 paddlers representing the Tla'amin Nation. The Cheechlem Chi-Chia family canoe will proudly raise their flag and paddle side by side with our neighboring Klahoose First Nation on a two-week journey to Puyallup, Washington.

A feast combined with traditional drumming and singing will be held on the evening of July 13 to send them on a safe journey to return home to their loved ones.

In preparation for the Tribal Journey our youth have been taking a series of deep-sea paddle training with Klahoose to learn how to flip a canoe just in case things were to happen on what can be an unforgiving ocean. Support boats will be monitoring the canoes for the duration of the journey while transporting extra paddlers to follow a rotation on different legs of the journey.



The paddlers begin the journey off our waterfront, and the first day challenges our crew for approximately six hours, consisting of 21 nautical miles on their way to Comox.

This is a long paddle, but not quite as long as the 43 nautical miles originally anticipated to paddle our canoe if they had ventured through Sechelt. The canoes will then be trailered to Nanaimo where a contingent of 10 additional canoes will begin their journey. Next stop is Shell Beach.

Every time a stop is made at a different nation our paddlers and crews are fed in exchange for a special gift that has been made by Tla'amin. This is the usual protocol during the journey with drumming and singing entertaining other nations.

The Cheechlem Chi-Chia canoe family has been training for several months now and have held practises at Gibsons Beach and other places within our traditional territory. Tla'amin will host Tribal Journeys in 2021. An

TRIBAL JOURNEY 2018

What: So far, 94 canoes are registered for the annual First Nations gathering. It meets in Puyallup this year. Two canoes are from Tla'amin. In 2021, Tla'amin will host the gathering.

When: July 13 to August 4.

official announcement, witnessed by all other nations in Puyallup, will be delivered after our arrival on July 28.

A fundraiser was held on Aboriginal Day to assist with related canoe journey expenses. Our Canoe family would like to thank everyone that came out and supported the 2018 Tribal Journey Fundraiser for our nation.

For more information contact Cultural Coordinator Drew Blaney at drew.blaney@tn-bc.ca or Google Paddle to Puyallup. [PRL](#)

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Three new albums by local folks

Devon Hanley - *Journey Home*

Since releasing her second album of original songs in May 2017, Powell River's Devon Hanley has been busy writing and recording her third album, *Journey Home*.

As with her previous two albums, Devon's songs chronicle her life experiences. "I write from my heart," says Devon, "I have to feel it first, then I can express it with music. These past few years I have had to learn about death, losing my mother and then my broth-

er. Those experiences deepened my awareness of life, and this is definitely reflected in my new songs."

One of the album's songs, "The Poets are Leaving" was inspired by the death of Leonard Cohen and global unrest.

Devon and her band will be performing at this year's Sunshine Music Festival. You can find out more about Devon and her music at www.devonhanley.ca Devon's CDs are available at Rockit Music.



Theo Angell - *Albumyth*

Local musician Theo Angell released his fifth album this spring. It's available at theoangell.bandcamp.com. "Feel free to download it," said Theo. "I want people to hear and for it to be free!"

On the site, Forced Exposure offered this review: "Theo Angell's densely hermetic iconog-

raphy reflects an artist well-versed in mythology and the "other." Theo's singing voice is one of the most expressive and expansive in outsider folk today. Theo grew up in rural Oregon, was home-schooled along with his siblings by his minister father, which provided him little exposure to mainstream pop culture."



Ryan Schmeister - *Tranquility*

Powell River born and raised Ryan C. Schmeister will be releasing his second full-length album, *Tranquility*, on July 7, his 20th birthday.

Ryan has been playing guitar for eight years. Voice lessons with Megan Skidmore at the Powell River Academy of Music and music theory and production lessons with Tom Dowding of the Music Room helped Ryan along the way.

Ryan released his first album in August of 2017 under the moniker Vorean. His Vorean album was a blackened death metal project.

Ryan describes *Tranquility* as a progressive metal album, noting that "fans of Metallica, U2 and Enya will all hear hints of their musical characteristics on this album."

Tranquility is on a "pay what you want" basis on Bandcamp ryanschmeistermusic.bandcamp.com/releases. Copies of the CD will also be available for sale at Rockit Music and at the Powell River Farmers' Market.



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Noemi Mazurek

on winning the *Powell River Living* scholarship for Brooks grads.

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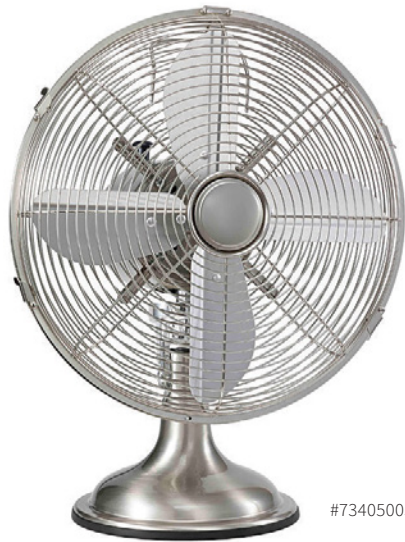
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Two new books by local folks

Jack Saunders - *Twirlybirch*

It's official! 'Twirlybirch to the Rescue' is now available. This is book five of the Twirlybirch series of e-books for children.

As an elementary school teacher one of the most enjoyable parts was reading aloud to young students. While teaching Year 3 boys and girls at the British International School in Jeddah, I began writing Twirlybirch stories to share in the classroom. Just like playing guitar in front of people, it took time to get comfortable. Fortunately for me the kids were supportive and enjoyed listening to both my stories and my guitar.

I live in a little hobbit hole at the bottom of a steep hill, south of Powell River. My earliest years were in Saskatoon, Saskatchewan. My family moved to Denver, Colorado while I was in elementary school. We all loved our lives there in the

shadow of the Rocky Mountains. My adult life was a long list of moves. I've enjoyed working in Colorado, Texas, the U.S. Virgin Islands, Kuwait, Saudi Arabia, northern BC, Vancouver Island, Pender Island, South Korea, and now Powell River, BC.

In 'Twirlybirch Takes Off' the main characters are looking for a new home where they can be happy and safe. They take after me in that respect.

Just like the previous four books in the Twirlybirch series, my portion of the proceeds from all sales of this book will be donated to KIVA, a non-profit organization that aims to alleviate poverty.

Find all five books at Smashwords in the following formats: epub Kindle (.mobi) PDF Sony Reader (LRF) Palm Doc Plain Text Online Reader. It will also be available on Amazon shortly.



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Julhi Jobi and Catnip - *Little Cloud, Mrs. Pea, You Pointing at Me*

A collection of three sweet stories that feel like springtime. *Little Cloud* will become a bedtime favourite as we follow an adventurous girl through her day with her friend Little Cloud.

Mrs. Pea takes place in the garden and follows the sprouting, blossoming and abundance of Mrs. Pea with a delightful harvest at the end.

You Pointing at Me is a story from the perspective of a storybook that is so proud to be a book and be enjoyed and shared by young readers. Great for educators and parents; this collection contains two full pages of ways to help support young children including things to count and find. There are field trip ideas for each story and a way engage older readers as well.

Two companion books are also available: *A Colouring Storybook* with black and white illustrations allowing children to colour their own storybook and *A Write and Colour Your Own Storybook* with not only black and white illustrations but spaces for kids to write their

own stories in any language.

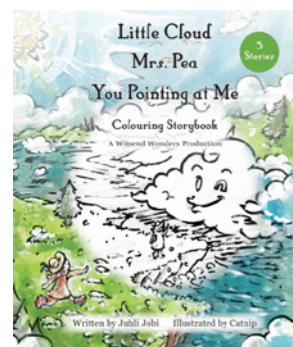
The Storybook is targeted for toddlers and young children up to about seven years old. The companion books grow with your children and can be enjoyed by any age.

A series of children's songs will be released late summer 2018 and another collection of stories is being worked on for release by winter 2018.

People can contact me at Witsend Wonders on Facebook or on my website www.witsendwonders.com or email witsendwonders@gmail.com

I am available for readings during the summer and will be launching a Fall tour that will take me down the Sunshine Coast and over to Vancouver Island as well. Parents or educators interested in having me come to their community can contact me and I will do my best to incorporate their community into the tour.

The book is for sale on Amazon and every weekend at the Farmers' Market and Additional locations can be found on the website.



BUSINESS CONNECTIONS

BY KIM MILLER | office@powellriverchamber.com



A&W Canada will become the first burger chain in to add the plant-based **Beyond Meat Burger** to its menu. Starting July 9, the Powell River restaurant, which is owned by **Nicki and Matt Lister**, will be one of the 925 franchises across the country to offer

the new veggie burger option. The 100 per cent plant-based burger patty is made from protein-rich pulse crops, like peas, and mung beans. Beets are also added. But vegans beware, although the Beyond Meat Burger patties are vegan-friendly, A&W says the buns they'll be served on — at least initially — are not.

Last month, A&W announced it will eliminate all **plastic straws** from its restaurants in Canada by January 2019 and replace them with biodegradable straws. The move will make A&W the first burger restaurant in Canada to eliminate plastic straws. According to A&W Canada, the move will prevent 82 million plastic straws from ending up in landfills every year. A&W is Canada's second largest burger chain.

Plans for a new **marketplace** are underway at the **Powell River Town Centre Mall**. An open house was held on June 27 to provide information to potential vendors and judging by the interest at that event, there is plenty. The space across from Wal-Mart and next to Suzanne's is slated to be used for the new open concept market that will give small businesses and vendors interested in short and long-term space rental an opportunity to open their doors in a high traffic location.

Kelly Bruce has launched a new security business, here in Powell River under the name of **Castle Security**. Kelly has taken on and is looking after the former clients of **GIANT Security**. You can reach Kelly locally at 604 489-3115 or cell 250 580-8178 or email 8178bsap@gmail.com.

Having spent his childhood on the coast, **Adam Langenmaier**, the City of Powell River's new **Chief Financial Officer**, has come a full circle. After being educated and beginning his accounting career in BC's Interior, Langenmaier, who grew up in Courtenay, has returned to the coast. Langenmaier attended Thompson Rivers University in Kamloops, where he earned his Bachelor of Business Administration degree with a major in accounting.

When **Townsite Public Market** opens its doors this summer there will be 10 businesses ready to serve you. Located in the old Powell Stores building on Ash Avenue, the market has been undergoing extensive renovations for a few years. A total of 16 vendors are expected in all with the remaining opening their doors over the course of the next year.

Mariah Sheridan Runions sold **Sheridan Dance Studio** and is moving back to Fernie with her family. The dance academy, renamed **Shoreline Dance Acad-**

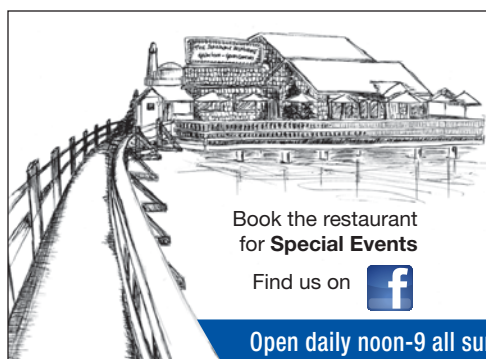


TOWNSITE MARKET ENTREPRENEURS: FRONT row from left: Jacob Bristow (Base Camp), Suzan Roos (Base Camp), Danielle Pearson, Diana Roxburgh (Eunoia), Wendy Drummond (Eunoia), Paula Ansell (Just Soul Food), Tracy Bean (PR Climbing Cooperative), Steve Brooks (Townsite Public Market), Tatiana Kostiak (The Fiddleback Shack), Barbarah Kisschowsky (K-Lumet). BACK row from left: Colin MacRae (Base Camp), Karen Skadsheim (Base Camp), Martin Williams (Townsite Fruit and Veg), Julie Froekjaer-Jensen (PR Creative Economy & Innovation Initiative), Luke Raftl (PR Climbing Cooperative), Brenda Elder (The Owl & Bear), Shaunalee Yates (Eunoia), Ren Jager (Seaside Aenfae), Anna May Bennett (Turadh), Lesley Wilson (Kaleidoscope Coast Creations), and Leni Goggins (K-Lumet). The market opens later this month.


emy, is now owned by **Chantelle Norris**, who is also the artistic director. Most recently from Vancouver Island, Chantelle was Artistic Director of the **Kirkwood Academy** Pre-Professional Program. In 2016, Chantelle created 'Nanaimo Contemporary Ballet' to serve as a platform for emerging young ballet dancers to expand on their neo-classical knowledge and skills. Prior to that Chantelle was Ballet Director of "Expressions the Dance Gallery" in Strathmore, AB. There she began her CBTS with the Royal Academy of Dance under the guidance of Umran Sumen, former leading soloist with The National Ballet Company of Turkey. In 2006 she was awarded Associate of the Royal Academy of Dance, then continuing on to obtain her Associate Diploma of the Imperial Society of Teacher's of Dancing under Lorraine Blake (FISTD/Examiner). Chantelle had the privilege of travelling to Chichester, England in 2009 and 2011, to obtain direct mentorship from ISTD syllabi creators Lyn Richardson (ISTD Senior Examiner) and Teresa Theodoulou (Vice Chair of the ISTD Modern Committe). She has her Intermediate and Advanced 1 Cecchetti examinations and is working toward her As-

sociate in December 2018. Many of Chantelle's students have gone on to dance full time with prestigious ballet schools such as the Royal Winnipeg Ballet and the National Ballet of Canada, and have received coveted placements at international ballet competitions such as, the Youth American Grand Prix. Shoreline Dance Academy will be the beginning of Chantelle's dance school entrepreneurship, and she is looking forward to forging the way for young artists in Powell River.

Kelly Munday, owner of Squatter's Creek Wines & Designs won a gold medal for her Cabernet Franc dessert wine at the **2018 Winemaker International Amateur Wine Competition**. "I submitted a dessert wine that I made in December that was part of a wine club with six other people. It was a RJS Craft winemaking Cabernet Franc and I fortified the wine with brandy," said Kelly. It was her first time making this type of wine and the first time entering this competition. She won in the other fortified category. The competition was held in Vermont in April. A total of 2,299 different wines were judged. This year's competition was the largest wine competition of its kind in the world. **RL**



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Giant pumpkin mistake is just like life



A growing concern

BY JONATHAN VAN WILTENBURG | jonathan_vw@yahoo.com



Everyone has been asking how our giant pumpkin is growing. But honestly it is not going as well as planned.

It all started earlier this spring with my zealously going around handing out my giant pumpkin seeds. Meanwhile my wife was doing the same. She had a spiel. “Have you picked up your seeds, yet? It is such a great thing to do with the kids. It just so happens I have got some right here.” It’s too bad we were not making any money on this, because we were good at hawking them.

When it got down to the time to plant in mid April, I asked my wife if she noticed where the seeds stash had gone. I had thought that I had set aside a few packages for us somewhere special. It turns out they were all gone. We had given away 1,500 seeds and had neglected to save just three seeds for our family.

Long story short, I had to re-order even more seed. By the time I had the seeds ordered, delivered, and planted precious time was gone. My seeds were now a month behind and the chances of growing a monster pumpkin had withered like a hydrangea in 35-degree heat.

Gardening, or more generally life, seems to be like this. No matter how hard you try or how excited you are, it never seems to go according to plan. And even though it happens so frequently (or at least in my life) it never ceases to be a challenge.

Maybe it is a way of keeping us on our toes. Or maybe it is a way to keep us humble. Admitting mistakes or shortfalls is hard, but let’s all remember, we are all setting out to grow our own pumpkin of life, and in the end it may not be the fruit we expected, but at least we got something growing. Happy gardening. **PR**



Rachel Rocco and Yvonne Peters’ first June harvest in Powell River

Top priorities in the garden for July

1. Keep up with the watering. Remember to water deeply and in the morning. Always stick your finger in afterwards and see how far down the water penetrated.
2. Winter garden alert! Things like beets, carrots, kale, endive, radicchio, rutabagas, purple sprouting broccoli, kohlrabi all can be sown now for winter harvest.
3. Now is the time to prune back your Japanese maples if they need it. Also you can prune back your lilac, spirea, deutzia, choisia, mock orange and other summer flowering shrubs that are finished. Prune back you Lavender.
4. Stay up on the deadheading (removing spent blooms). You can deadhead your annuals, perennials, and shrubs to encourage more flowering and advantageous growth.
5. Don’t forget to feed all container plantings monthly. Water-soluble is an excellent option as you can water and feed at the same time.
6. If you’re feeling energetic, you can summer prune your fruit trees.
7. If you’re lucky you may have your first tomatoes ripening this month. Keep training and tying up the tomatoes continuously. They put out a lot this month, so feed generously and water regularly.
8. In the raspberry/ bramble patch remove the weak new raspberry cane. Focus growth on new stronger canes and tie them up.
9. Stop watering the garlic in preparation for harvest. As the garlic begins to die back remove from the soil and cure by letting them dry out. Store in cool dry dark place.
10. Watch for pests and disease. Be on the alert for powdery mildew, blackspot, tomato blight, aphids, carrot root fly, cabbage white moth, and onion maggot.

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Pumpkin passion

This spring, PRL's gardening columnist Jonathan Van Wiltenburg helped hand out 1,500 pumpkin seeds for a growing contest.

The Henderson K/1 class, taught by Leanne Gahan, took it on (above) with students such as Kieran Mason (below) watering and tending the little plants.

So did Lucy Wegner, 7, (right) at home in Townsite, and Piper and Digory Van Tol, ages 9 and 6 (bottom right).

All the seeds have gone into the community and into the ground. The next time we'll see them is at the Fall Fair September 15 and 16, when the pumpkins will come in for judging. Check out the pumpkins progress on Instagram and Facebook: Powell River's Great Pumpkin Contest 2018.



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of Powell River

Looking for a memorable meal? Trust the locals who voted in the Best of Powell River contest to direct you to the region's most satisfying dishes.

So delicious

1. Apple pie shots at Capone's

A blend of pure apple juice, ground cinnamon, and other spices with Ole Smokey Tennessee whiskey conjures up memories of warm apple pie on a cool summer evening and goes down just as easy. The 50mL shots are just \$5.50 each at Capone's.

2. Ribs on the patio at Seaside

Seaside was voted Powell River's best patio, and now you can enjoy new Jack Daniel's BBQ sauced Baby Back Ribs, served with house-made triple cooked fries and coleslaw for only \$22.95! Visit during Happy Hour from 4-6 pm and enjoy our petite plates for \$5.95 and selected drinks for \$4.95.

3. Fish 'n' Chips at the Boardwalk

There's a reason the Boardwalk has won the Fish 'n' Chips category three years in a row. Roy and Rayana take pride in serving the best salmon, lingcod and now sturgeon. It's local and fresh and the batter doesn't overwhelm the freshness. They're light and crispy and as close to perfect as you'll find.

4. Smoked Salmon Benny at Edie Rae's

In-house cold-smoked salmon highlights Louie's Benny with homestyle biscuit, organic grain-fed eggs, herbed cream cheese and hollandaise made fresh to order at Edie Rae's Café in the Old Courthouse in Townsite.

5. Healthy at Fruits & Roots

A lunch wrap at Fruits & Roots Juice Bar in the Town Centre Mall will leave you feeling satisfied, without the fast-food guilt. They specialize in superfood cold press juices and superfood smoothies but offer a variety of healthy alternative cuisine, including many vegan options.

6. Cod Burger at A&W

A&W again grabbed top spot for best meals under \$10. To our minds, they solidified that with the arrival of the Cod Burger. Made with Pacific wild-caught cod, it far surpasses anything you may have come to expect from fast food seafood. Unfortunately, the company plans to have it on the menu only for a limited time. We hope the feedback makes it stay on the menu.

7. Salmon Burger at Sli City Grill

The grill at the Tla'amin Convenience Store (and now on the food truck) outperforms its small size, regularly pulling off culinary delights like this year's winner, the salmon burger. It's not hard to tell from this photo why this is such a popular dish. And if that's not enough, the store regularly has smoked wild sockeye for you to take home. Both the candied and maple versions are delicious.

8. Pulled Pork at the Bite Club

All your concession favourites are ready to pick up in 10 minutes at the Bite Club in the Recreation Complex. We recommend the pulled pork sandwich.





20 X 18

BEST

of Powell River

Choose to live here - or just live better here. Locals voted these shops and realtors among the best of the region. What's in store for your summer?

Scream-worthy



1. Paddleboard at Canadian Tire

A paddleboard is a great way to explore the best of Powell River's lakes and ocean. Canadian Tire has a selection of stand-up paddleboards for beginner or advanced paddlers.

2. Blue Heron at Paperworks

Powell River has some ideal Blue Heron habitat, and they're frequently seen on local beaches. Your home can have one, too, with the metal Regal blue heron garden statue from Paperworks. The finish is hand-painted, with lifelike poses.

3. Bird Bath at Mother Nature

Powell River's #1 Garden Store has more than flowers and vegetable starts. For example, this Ceramic Bird Bath will make your garden beautiful as is. Imagine it with a pair of canaries or a varied thrush splashing about!

4. Savary paradise from Don McLeod

This stunning retreat on Savary Island has incredibly rare private south-facing waterfront. Beautifully landscaped, leaving towering firs including one with an eagle's nest. This fully fenced, 0.56-acre level property features a 19 x 16 lot workshop with double carport, large woodshed with remote generator, vegetable gardens, fruit and nut trees, fish ponds, stone patio, greenhouse and a drilled well. It's listed at just \$588,000.

5. Acreage from Neil Frost

Powell River's #1 realtor offers this extremely private 19.8 acres on Kennedy Road near Lang Bay. It's all set up for horses, with a four-stall horse barn with a big shop, tack room, and more. The property is fenced and cross-fenced, and also has a paddock and riding ring. A year-round creek runs through the property. There's a gorgeous house of the humans, too, and even a hot tub. All within a short ride to sandy Palm Beach.

6. Ball cap from Townsite

Show your pride in Powell River's favourite beer with swag, like these ball caps, from Townsite Brewing. Check out the selection of Townsite merchandise at the tasting room.

7. Socks at Smoke on the Water

Show your love for bud. Mad Toro and Leaf Republic socks from Smoke on the Water are one size fits all, starting at \$9.95

8. Sandals at Fits to a T

Bernie Mevs have established themselves as the signature woven footwear at Fits to a T. The upper fits like a glove and the memory foam foot bed makes even long hikes along our coastal trails feel like you're walking on clouds.

9. Camelbak at Taws

Powell River is blessed with hundreds of kilometres of cycling trails. But long trips mean packing water. There's no better way than a Camelbak. Taws Cycle and Sports has a selection from the world's leader in hydration systems.

10. Bear Sculpture at Tug Guhm

Tug Guhm owner and sculptor Debra Bevaart is famous for her iconic stone seal head sculptures, but she also makes beautiful whales, sea lions and bears, as shown here. She is also an amazing curator, with her Lund gallery housing the works of many of the area's best artists.

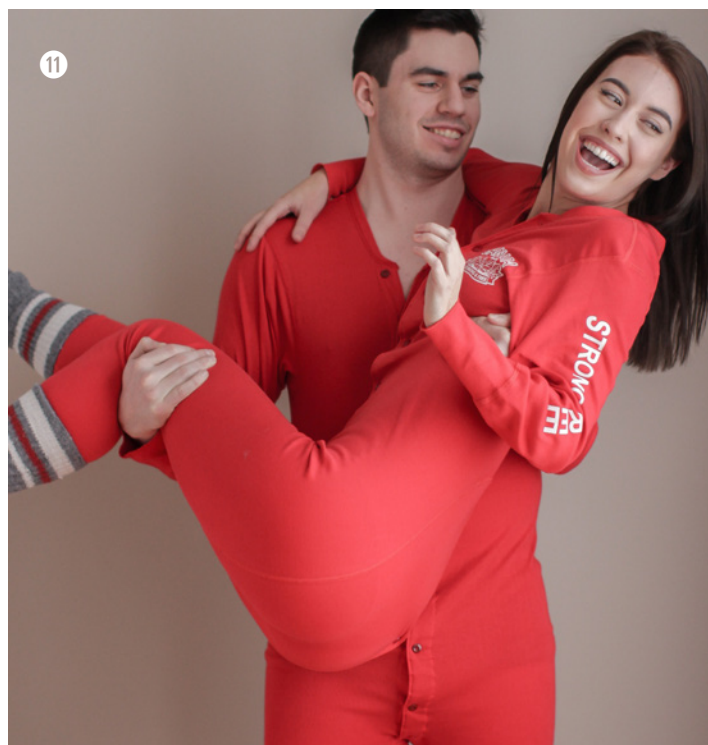
11. Onesie at Armitage

Stanfield's has teamed up with Strong & Free to offer all those who love Canada an exclusive range of casual apparel. The onesie, available for men and women at Armitage Men's Wear, is fun and functional, made of cosy cotton, and features a trap door on back with button closure, a full button front and tagless label. The Strong & Free logo is printed on the left chest and left sleeve.

12. Sweater from Pollen

The Pollen Sweater has become a mark of your Powell Riveriteness. And tourists are getting the picture. For the second year in a row, a Pollen Sweater was voted Powell River's best souvenir. But we liked them before they were cool - when they were just super comfortable, warm, washable, easy-wearing sweaters. Here, Gina Wood of Lund Water Taxi models the V-neck style.







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Powell River Tarot: a community reading, by Teresa Harwood-Lynn

Teresa is available for individual readings, parties and special events. You can contact her directly at 604-485-5620 or by email at teresaann@telus.net

This month it is going to be difficult to find a positive reflection for the card I've pulled. The Three of Swords is one of the most dreaded cards in the deck.

On it we have a red heart pierced by three swords. The dark skies and clouds have rain pelting down and it gives a feeling of pain and despair.

There is a sparseness to the image that creates a cold, hard feeling. The heart, with the swords running through it, represent heartache, pain and loneliness.

Sometimes, in a reading, there is just no nice way to say things.

The Three of Swords hits us where we are most vulnerable, in the heart, the home of our emotions and feelings. It is a shock to the system that takes our breath away. Quite literally leaving us feeling as though our hearts have been stabbed and the wind knocked out of us.

I suppose I could put the card back and pull another one, a more upbeat one, after all what

possible good is a card like this? But wait a minute, does this card have a positive side?

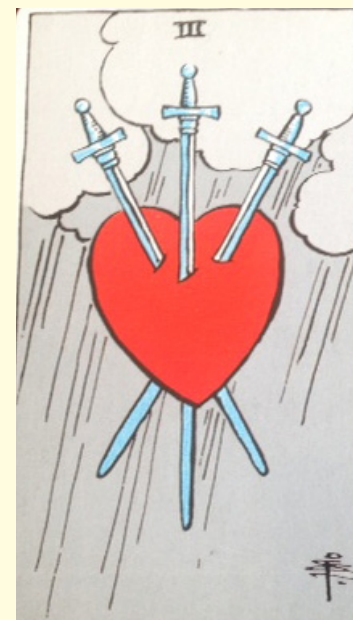
When we are hit with something that blindsides us, it could be because we were distracted by other event in our lives and missed the signs.

The Three of Swords reminds us to keep our eyes open and be aware of pitfalls. The swords, while piercing, are blue; blue is the colour of communication, intuition and emotional healing.

If the Three of Swords appears in your reading remember that sometimes just talking about the difficulties in your life can lead to comfort and ease.

The role of the rain in the card is equally important. It symbolizes a clearing of old energy and a reminder that brighter days are ahead.


I wonder if the Three of Swords is less about a foreshadowing of bad times to come, and more a reminder of your own resilience and ability to bounce back. **RL**




Three of Swords

- DESPAIR
- HEARTACHE
- AWARENESS
- HEALING
- RESILIENCE

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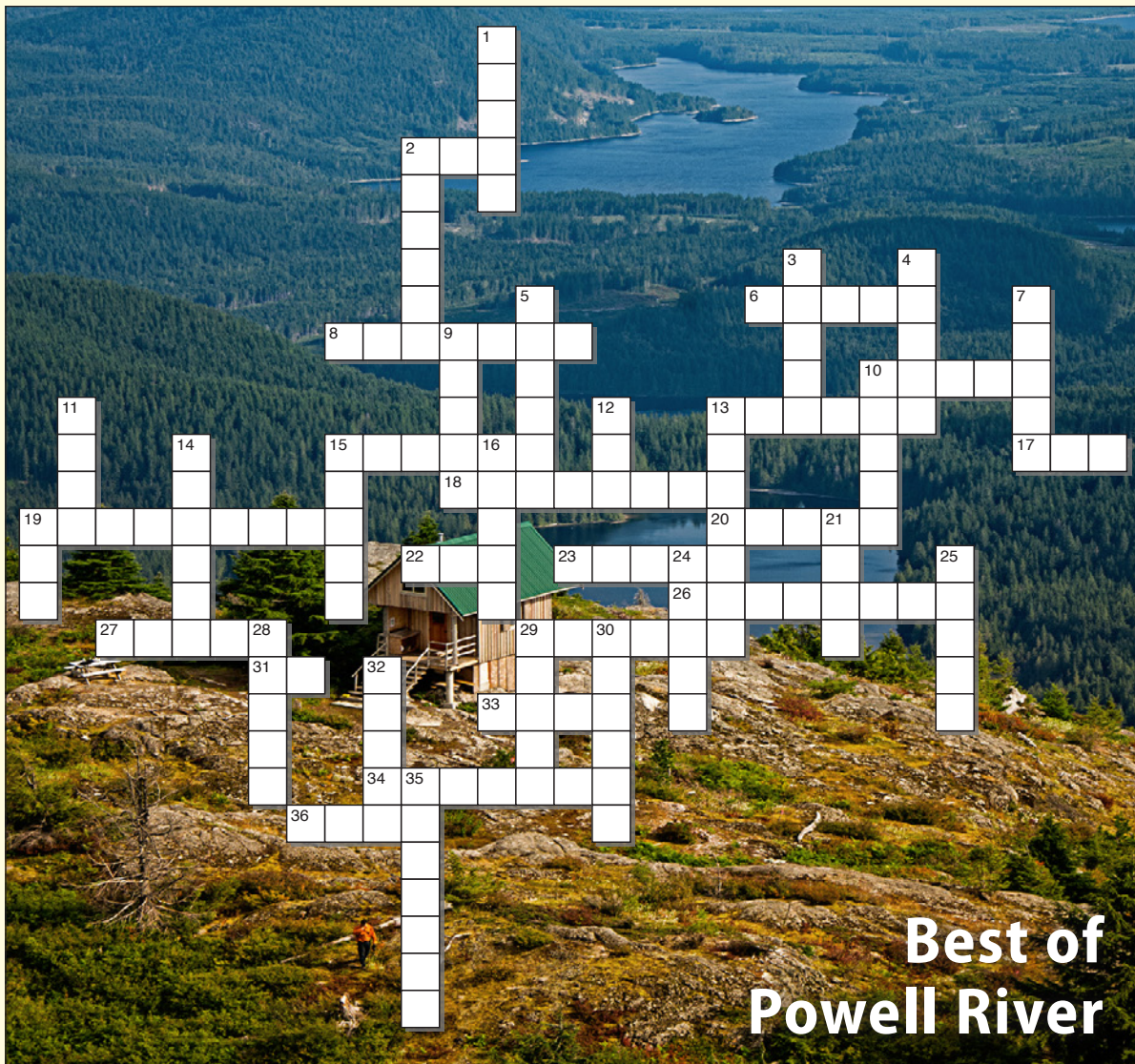


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Best of Powell River

Across

- 2) Second second-hand
- 6) Royal buffet
- 8) Massage by Don
- 10) Chopping
- 13) Make the place
- 15) Best cocktail so easy
- 17) Mohinder's place
- 18) Best beer
- 19) Pesky photographer, premier pizza
- 20) Widely designed clothing gifts
- 22) Gallery, pulling boat
- 23) Massage by Dan
- 26) Top haberdasher
- 27) Good deeds, best gifts on paper
- 29) Top politician
- 31) Grocer
- 33) RCC salad defeated, but never
- 34) Best dentist, best name
- 36) Out of crime, or out of a club

Down

- 1) Flair for fashion
- 2) Brunch bird
- 3) Seaside's claim to fame
- 4) Best secret, good golf shot
- 5) Best souvenir, for you or bees
- 7) Top-voted musician
- 9) Best coffee's got lots
- 10) Best fest's colour
- 11) Best hardware
- 12) Watch animals or music
- 13) Take a swing at best soft serve
- 14) Mike's meaty is mighty
- 15) Spa goes beyond
- 16) Beer, swing
- 19) Outdoor expert
- 21) Coffee scene, scape
- 24) Lund's baker
- 25) Reason to stay away
- 28) Snicker's appy
- 29) Fish or gas
- 30) Nature knows best
- 32) Best workout, yoga
- 35) Best dive buddy



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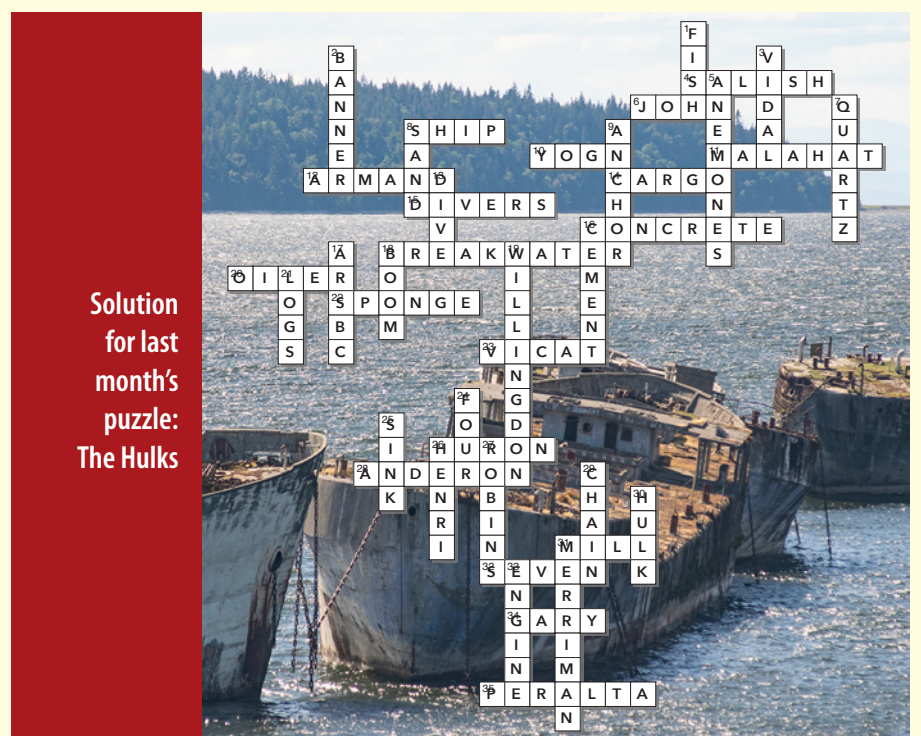


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Solution for last month's puzzle: The Hulks





Heart of Savary

The well known line from Joni Mitchell's Big Yellow Taxi song, "Don't it always seem to go that you don't know what you've got til its gone" bellowed out of my mouth at a Public Hearing in Duck Bay on August 22, 1995.

The line was offered after delivering, what I thought, was a reasoned argument to try to persuade the Powell River Regional District (PRRD) not to pass a bylaw that would have allowed, the subdivision of the Heart of Savary (DL 1375) into 90 parcels, to create a gated community complete with airport, hangars for planes and soccer fields on tiny, over-subdivided Savary Island.

The PRRD planning department claimed that the 90 parcel development proposed by the Bellingham owners would "help to protect the Island's sensitive ecology." In fact, if it had gone ahead as planned it would have destroyed exactly that.

It all began with love.

For me, like most who visit Savary, it was love at first sight. In 1994, I bought a little cabin on the island and imagined a wonderful holiday get away with lots of time to relax and enjoy the summer sun and cabin life. It was the incredible nature of the land itself, and the unwavering message that I heard from so many Islanders in the summer of 1995, that motivated me. The Islanders spoke of love for the Island and insisted "something should be done to save this land!"

As a newcomer to Savary, I knew nothing about the land, or who owned it. Like many, I blissfully enjoyed walking the many trails, forests and beaches of the Heart of the Island.

Eventually my curiosity won out, and I called the PRRD to find out what all the worry was about. One question led to another and eventually to the Public Hearing under the douglas-fir trees at Duck

Bay on August 22, 1995. Ultimately the PRRD rescinded the bylaw in favour of developing an Official Community Plan for Savary.

In the summer of 1996, a small group of dedicated Savary Islanders joined together to form the Savary Island Land Trust Society, and begin working in earnest to protect the Heart of Savary forever. Some said we were crazy and would

Last Word

with

LIZ WEBSTER

never be successful. Many said it could never be done, the subdivision was inevitable. Thoughtfully or perhaps stubbornly, or a bit of both, we refused to believe these notions and carried on.

In the beginning, we didn't really know what we did have and it's surprising to recall now, how dangerously close to destruction it all came. Learning what we did have involved working with biologists, ecologists, geologists, and university, independent and government researchers to discover and learn about the Heart of Savary.

The results were staggering; the parcel contained rare sand ecosystems, endangered plants and plant communities, intact archaeological sites, the largest ground water recharge area on the Island, old growth western red cedar and some of the last old growth douglas fir in the region. All of this was conducted with the looming threat of subdivision, as the developers had by now proposed a second subdivision plan. This one 36 lots.

The more we learned the more the line in the song rang true and how dangerously close we came to losing it, all further inspired the goal. There were many

setbacks, challenges and some successes over the many years.

After several years of collecting research and sharing it with government agencies within the subdivision process, a subdivision was approved in 2001, with 20 stringent conditions. Then in 2002, one of the developers sold his 50% undivided interest in the land to The Nature Trust of BC and we were half way to reaching our goal!

Over the next 16 years the Nature Trust continued to try to acquire the remaining interest in the land. Eventually, the PRRD recognized the evidence and designated DL 1375 as a Heritage Conservation Area, making it the first in the region and subject to development permits. Finally knowing what we had was making a difference.

In the end, the significance of the land itself, and the hard work and generosity of a group of Islanders is what saved the Heart of Savary. Two years ago, the Friends of Savary Island, a group of volunteers who led the negotiations to acquire the land began negotiations with the owner. Finally, in December 2017, a purchase agreement was signed and SILT worked together with the Friends of Savary, to raise the \$4 million needed to buy the land and establish an endowment fund for the management of the land for The Nature Trust of BC.

Today the 350 acres in the centre of Savary is owned by the Nature Trust of BC.

P.S. Powell River Region is big on recreation but short on conservation. There are many cherished places in the region, Stillwater Bluffs, Brew Bay, Wildwood Bluffs and the old golf course in Townsite, just to name a few. Many are under threat of development, yet little conservation research exists in the region and virtually no funds are available for parks and greenspace. [PRL](#)



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