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MARCH 2018

WOMEN & EDUCATION • TOP DOG • LOUIS RIEL & COLTEN BOUSHIE • HOLY WEEK

Before



After



Learning from nature

Climate Change • Adapting to Rising Sea Levels • Shoreline Stabilization

Green Shores

Since 2014, the Powell River Regional District has been collaborating with the Stewardship Centre for British Columbia in the Green Shores for Homes program.

Green Shores is a voluntary and incentive-based program designed to help communities restore natural shorelines and enjoy the many environmental, recreational, and shoreline protection benefits they bring.

If you own waterfront property and want to learn more about the Green Shores approach, the Regional District can help you connect with resources to make this cost-effective solution work for you!

What is Green Shores?

Green Shores is based on four guiding principles:

1. Preserve or **restore physical process** – the natural actions of water and sediment movement that maintain healthy shorelines.
2. Maintain or **enhance habitat function** and diversity along the shoreline.
3. Prevent or **reduce pollutants** entering the aquatic environment.
4. Avoid or **reduce cumulative impacts** – small individual effects that add up to large impacts on shoreline environments.

How does it work?

Green Shores promotes sustainable practices along shorelines and promotes soft shore approaches to mitigate coastal erosion and support climate change adaptation.

Soft shore approaches to shoreline stabilization mimic nature by restoring the natural

beach profile, anchoring logs and rocks, and planting native vegetation. This approach is effective at dissipating the energy of wave action that causes erosion and is a cost-effective solution for stabilizing shorelines and restoring the natural environment and beach habitat.

How can I be involved?

If you own waterfront property and want to learn more about the Green Shores approach, the Regional District can help you connect with professionals and resources to make this cost-effective solution work for you.

New resources for you

“Your Marine Waterfront” is a new publication that provides a guide to protecting your property while promoting healthy shorelines. Find “Your Marine Waterfront,” and other Green Shores resources, on our webpage at www.powellriverrd.bc.ca/land-use-and-development-resources

COMING THIS SPRING...

Interested? Get hands-on training from experts in a local context! The Regional District, along with the Stewardship Centre for BC, will be hosting a one-day workshop on Texada Island. This Level 1 Workshop will provide you with the skills to help contribute to the restoration of natural shorelines.

What: Green Shores Training Program Level 1 Workshop

Where: Texada Island Community Hall, Gillies Bay.

Date: Saturday, April 21, 2018

To learn more about the Level 1 Workshop, call the Regional District at 604-485-2260 or, Green Shores for Homes coordinator at the Stewardship Centre for BC at 250-472-4747.



POWELL RIVER REGIONAL DISTRICT

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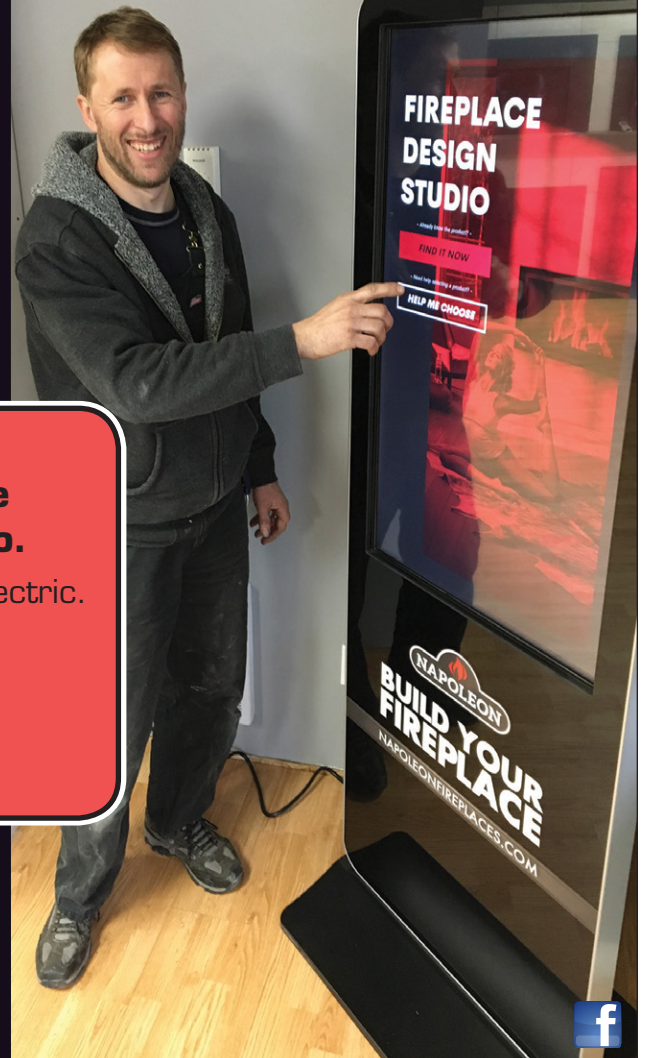
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Chestnut-backed Chickadee

Many years ago, I happened to check out the forest where the hospital is, towards the power line. I sat on a log, just looking around. I was about 20 feet away from a rotten Douglas fir stump. A Chestnut-backed Chickadee flew into a hole in the stump and came out with rotten wood. He did this many times. I left and came back in about a week, and saw that they were picking fine moss from the sides of Alder trees, and flying into the hole.

I ended up getting photos later when I saw them carrying food into the nest in the stump. The nest is quite far down from the hole, so I was not able to see into it. I could hear the babies chirping. The parents will hiss like a snake if you get too close. It is a defense tactic. We often see this beautiful tiny bird at our property in Wildwood. 

- Rod Innes



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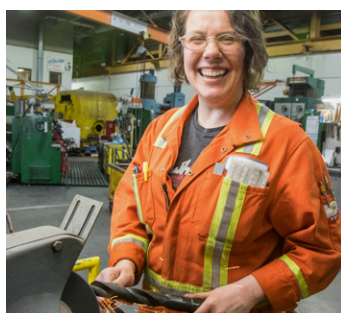
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ON THE COVER
Machinist Lindsay Strayhorn at the Catalyst mill. Read her story beginning on Page 7.

Photo by Sean Percy



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CONTRIBUTORS



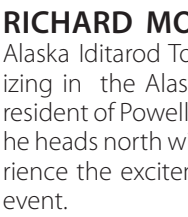
MEGAN COLE is a Powell River freelance journalist and nonfiction writer, and when she isn't busy working on her own pieces, she spends her days surrounded by the great works of others at the Powell River Public Library where she is the teen services co-ordinator.



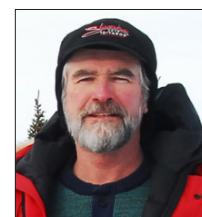
Trombonist, vocalist and choral director, **PAUL CUMMINGS**, was Artistic Director at the International Choral Kathaumixw Festival from 2012-2016. He currently teaches at music at Brooks Secondary School and is an instructor at Vancouver Island University. Paul's latest project is the Townsite Jazz Festival.



ASHLEY HULL is nearing completion on her Master's of Education degree while dancing through life in Powell River with five kids and a supportive partner. She recently returned from a three-month semester abroad in India. This school year she hopes to re-join her colleagues teaching after an extended leave.



RICHARD MONTAGNA is the owner of Alaska Iditarod Tours, a tour company specializing in the Alaska Iditarod Sled Dog Race. A resident of Powell River for 10 years, each March he heads north with a group of clients to experience the excitement of this famous sporting event.



SHERRI WIEBE Sherri Wiebe owns Blue Steel Imaging, a local screen printing business that prints apparel for many of Powell River's businesses including Westcoast Thick, this year's Customer Service Retail winner at the Powell River Chamber of Commerce's business awards. Along with doing photography, Sherri volunteers with some great people to bring Powell River Logger Sports to town.



PUBLISHER'S MESSAGE

Don't you dare say you're bored!



Where do we start? International Women's Day? Spring break? Easter weekend? Our action-packed events section? Kim Miller's juicy business column? If anyone, says they're bored because there's nothing to do (kids included) then they haven't read this month's *Powell River Living*.

International Women's Day is celebrated on March 8 but women work all year long to improve their own lives and that of others. *Powell River Living* editor Pieta Woolley caught up with Lindsay Strayhorn to find out why a former archeologist went back to school to become a certified machinist working for Catalyst. "Full Metal Mommy" begins on Page 7. When opportunity knocked school trustee Ashley Hull seized the moment and accepted a three-month internship India with a rural enhancement agency while working on her Master's Degree. As the mother of five, Ashley took a break from her teaching career to raise her family, but with the youngest

ones heading to school she felt it was time to further her own education. Her story shows us how transformative education is and what a difference it can make no matter where you live in the world.

One of my favourite stories this month is about a young lady and her dog. Eleven-year-old Panagiota Rounis and her Havanese, Effie, won their class at the world's biggest dog show last month, beating out a field of professionals and well-seasoned handlers. Read about their journey to New York and the Westminster Dog Show on Page 12.

One of Powell River's greatest assets (besides its scenery) are its people who are always up for an adventure. Even our retirees get caught up in the excitement as you'll see when you read Richard Montagna's story on Page 19 about the Iditarod Trail Sled Dog Race from Anchorage to Nome, Alaska. I've been a part of this community for over 25 years but I had no idea about Powell River's connections to this legendary race. Who would have thought that a man living in coastal BC would have a company that takes people on tours of this world-famous dog race?

David Doyle's book, *Louis Riel: Let Justice Be Done*, is in

the spotlight again on Page 22. The book, which was recognized as a critical piece of social justice writing, has gained recognition as the Colten Boushie and Tina Fontaine cases wrapped up in court in February. Doyle's book is on the short list for the prestigious George Ryga award.

And last, but certainly not least, are the Chamber of Commerce's business awards. Sherri Wiebe's photo essay on Page 25 celebrates the businesses that were chosen this year. As anyone who has ever won an award knows, you're grateful and excited at the same time. I know because *Powell River Living* won small business of the year. I'm grateful for my amazing staff whose passion and pride for what they do shows in every page. I also know the magazine depends on you - our readers. If the community and our advertisers didn't support *Powell River Living* we wouldn't exist.

Thank you, Powell River, for trusting us month in, month out.

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UNIVERSITY OF CALGARY AT INDIA: Ashley Hull, top centre, left her Townsite home for a semester abroad, pursuing her Master's of Education degree.

Pres Pro

Reverence for the sisters in the struggle

BY ASHLEY HULL

I never anticipated the journey of discovering who I am as a woman to be so simultaneously challenging and fulfilling.

From daughter to wife, student to teacher, mother to superwoman, it was easy to define myself based on my relationship to others and to definable roles. And then I turned 30.

Someone shared recently with me that decade birthdays offer natural transitions and transformations. My case was no exception. Being elected as a school board trustee highlighted for me once again my long-standing passion for education. Sparked with a more clearly defined purpose, I finally felt ready to act on what I knew I wanted, which was to go back to school and work toward a Master's degree.

"I have to go. I have to show my children, especially my four daughters, that they can pursue their dreams at any stage of their lives."

— Ashley Hull

Trusting myself and my ability as a formal learner required more confidence than I had ever needed in my life to this point. But that leap of faith wasn't my last. I successfully received a scholarship through the University of Calgary to intern with a rural enhancement agency in India. As much as this was a dream of mine from childhood, leaving my partner, family and community responsibilities seemed exotically reckless. But



WHY? FOR THEIR DAUGHTERS: All women in Ashley's course reported studying to enhance the opportunities for their children - especially girls.

then again, what are three months over a life-time? I had to honor the fact that I worked hard to achieve something momentous in my life and that I had something to offer the village women who I would be assigned to work with. I deserved it. They deserved it. We could all learn from it.

We hear statistics all the time regarding the conditions of health, sanitation and education in developing nations. Seeing it first hand is an unforgettable learning experience. In the region I worked, agriculture is the main source of family income, which meant that schools are often quite distant and the culture remains strongly embedded in the belief that a girl is secondary in priority to educate.

In this context, functional literacy is defined by the ability to read 2-3 words per minute. Most of the village women I met, ranging in age from 15 to 60, had just recently acquired this basic foundational level. In one instance, a struggling learner read aloud a paragraph's

worth of text. Upon her completion, the room erupted in celebration as her classmates attempted to explain to me, in Hindi, about how just a few months prior this young woman lacked the ability to read letters, let alone words or sentences.

I witnessed the communal pride of learning idealized of in the western educational setting in the most backwards region of rural India. I was humbled and inspired. Women supporting women. They affectionately spoke about learning from one another, sharing with and supporting their fellow class sisters. When one woman's husband didn't agree with the concept of his wife being educated, 15 persuasive and passionate women showed up at the door to convince him otherwise. Another woman spoke about the transformative process her education has had on her household: additional piecemeal work was picked up in order to send their youngest child, a daughter, to English medium school.

In those moments, the obvious thread that connected my educational journey to this point was one of reverence for my sisters, near and far. Our struggles as women are unique and our stories individual, but there is a deep connection that pulls us to celebrate our communal successes. We aim to see the next generation of women rise with greater confidence in the divine uniqueness of femininity and the knowledge that their immense contributions are worthwhile and important to the society we are trying to build. Women supporting women. Education is key in this journey.

I was once asked how I could leave my kids for so long; the answer surprised even me as I shared it: I have to go. I have to show my children, especially my four daughters, that they can pursue their dreams at any stage of their lives.

Through this experience I discovered a new motto: embrace and simultaneously use fear and faith. I hope my children follow, because alongside all the discomfort and trials, beauty and meaning are there too. If we take the time to learn from it.

Life is our greatest teacher, which is why I'm sure 40 will be even more incredible. **RL**

s for gress

Thinking locally, the UN International Women's Day theme this year coincides perfectly with Education Month. Two local women, **Lindsay Strayhorn** and **Ashley Hull**, are both studying hard in mid-life to achieve their own very different goals, for themselves and their children.



CATALYST FOR CHANGE: Lindsay Strayhorn is one of three tradeswomen at the mill; there are 170 men. But she's just a part of the team.

Full Metal Mommy

BY PIETA WOOLLEY | pieta@prliving.ca

She isn't planning a party this month. But if, on St. Patrick's Day, you head down to McKinney's Pub and catch her banging on the drums with her dirty blues rock band Royal Jelly, Lindsay Jordan Strayhorn will probably be sporting more than the usual glint in her eye. Maybe even a big goofy grin.

"I'll be celebrating on the inside," she says.

At the end of February, Lindsay passed her Red Seal exam and became a certified machinist.

For anyone, that's an achievement. Becoming a journeyman is a four-year commitment that dwarfs any University course load: 6,600 hours of on-the-job training, plus six or seven weeks each year in a BCIT classroom.

INTERNATIONAL WOMEN'S DAY CELEBRATIONS

Hang onto your pussy hats, because the organizers of International Women's Day 2018 in Powell River on March 8 have planned some fun activities for everyone! The main event at Max Cameron Theatre is an evening of local spoken word hosted by Adriana Virtue, followed by a screening of the award-winning documentary *Speed Sisters*, about the first all-women race car driving team in the Middle East.

Just like last year, there will also be a parade

during the day from Base Camp, along Marine to Ecosentials and back, starting at noon.

Great Balls of Wool is hosting a couple of Knit-Ins so you can learn how to make your own pussy hat, and the Powell River Public Library will let you channel your inner rebel grrrl with a Feminist Zine Lab. See the events section for more!

- Karen Skadsheim

FIVE MUST-READS FOR IWD 2018

It's nearly impossible to create a list that captures all the exceptional writing done by women. From novels to poetry, and nonfiction, you could fill all your days reading the words expertly crafted by women from all over the world. This list gives a taste of some of the books by women to help readers of all-ages celebrate International Women's Day all year round.

The Mother of All Questions

By Rebecca Solnit

If you've heard of mansplaining, you're already kind of familiar with Rebecca Solnit, this book of essays is the intelligent and engaging follow-up to her equally wonderful book of essays *Men Explain Things to Me*.

Shrill

By Lindy West

Lindy West is a humourist and writer whose work is often found in *The New York Times*, and this memoir is described as "a feminist rallying cry in a world that thinks gender politics are tedious and that women, especially feminists, can't be funny."

Rad Women Worldwide

By Kate Schatz

Many of us are familiar with great women like Amelia Earhart, Rosa Parks or Nellie McClung,

but this book will introduce you to the stories of page after page of inspiring women from around the world.

Red Clocks

By Leni Zumas

If you found yourself re-reading, or reading for the first time *The Handmaid's Tale* after the TV adaptation had us all binge watching, then *Red Clocks* is exactly what you're looking for.

Shark Lady: The True Story of How Eugenie Clark Became the Ocean's Most Fearless Scientist
By Jess Keating

It's hard to imagine falling in love with sharks, but that's exactly what happened to Eugenie Clark. In addition to helping people discover that sharks weren't just ugly and scary, Eugenie also faced the fact that people believed women shouldn't be scientists.

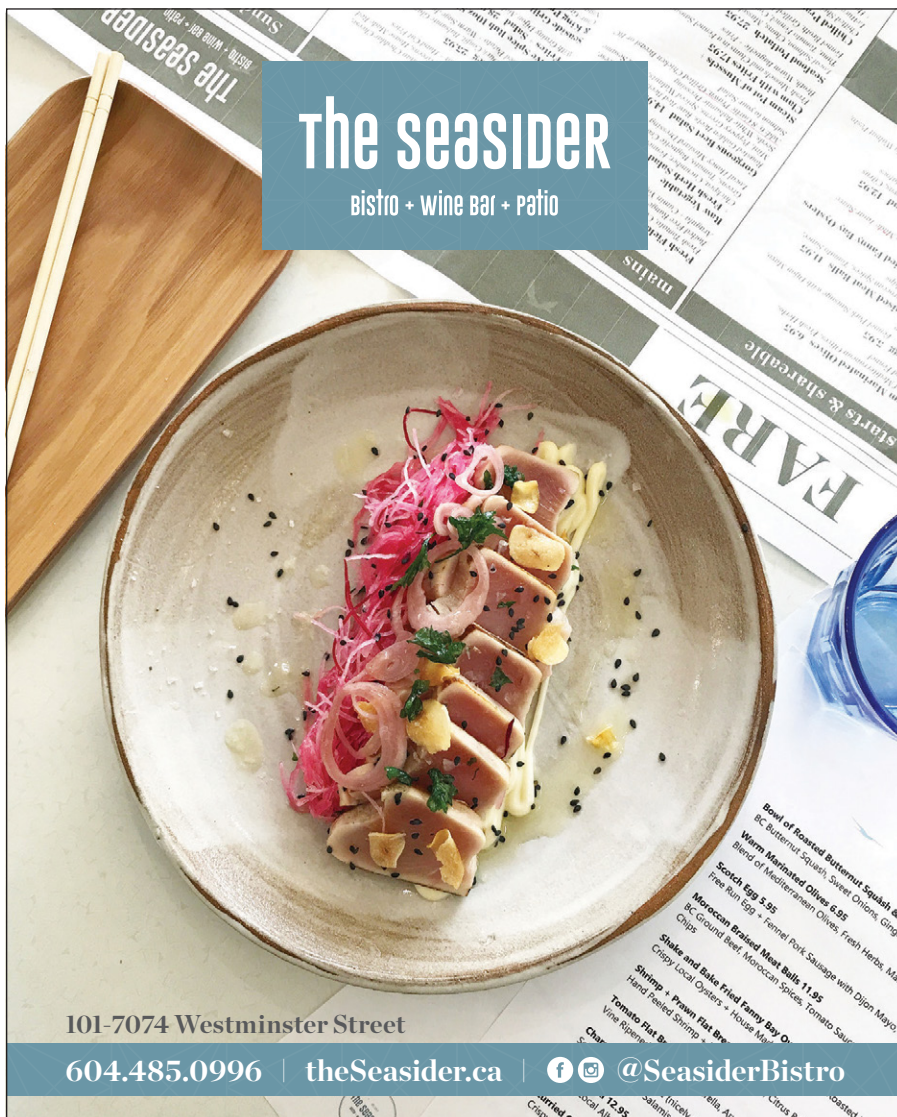
These books and others, along with DVDs and CDs are available at the Powell River Public Library, and will be on display during the months of March and April. To place holds or explore more items in the Library, visit prpl.ca

- Megan Cole



"Going to trades school is tons and tons of fun. In my class, we all bonded....You get together every year and it's like a reunion."

- Lindsay Strayhorn



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6:30pm to 8:30pm

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Visit www.painbc.ca/PowellRiver for more info

For Lindsay, there were two added pressures. First, she's a woman – one of only three tradeswomen at Catalyst Powell River (there are 170 ticketed men), and she's the only woman in her program in Burnaby. Second, she is a single mom to Emily, who was in Kindergarten when Lindsay started this course.

"Being a single mom, I pay all my own bills and manage my household all by myself," she says, noting that her 7 am to 3 pm weekday schedule works for her family – and Lindsay is grateful to her mom, who stays with Emily when she's away at school.

"Having gone to trades school allows me to do that. However, it is really tough to get up and get her where she needs to go that early in the morning – to daycare and then on the school bus. We're both in bed by 7 pm by the end of the week. But it's great to be done work by 3 pm."

This is not where the 36-year-old was planning to be by this age. Nearly two decades ago, she started out taking a degree in archaeology. Lindsay worked for a

process to win one. At the time, she admits, life was hectic and emotional; she didn't know what a machinist did.

Now, four years later, she does.

"I make parts of machines out of metal using tools such as a lathe or a milling machine," she says. "I work in the business of repair. We service the paper machines. If there's a part that is worn out or broken, some parts are ordered, but time is a factor if they're jammed and not making paper. They need a new part right now. Or, if a part is ordered and needs to be modified, that's what I do."

How does she handle the gender imbalance on the job? No problem, she says.

"I'm a full-fledged member of the team, and I'm good company. Every once and a while I'll bake something and bring it in, and the guys love that. Ultimately, I just want to be a normal person. I just want to be part of the gang."

At school, she said, sometimes her classmates would underestimate her, and she'd feel she had to prove herself and her gender. But it was fine, she says.



STUCK TOGETHER: Emily and Lindsay spent Mother's Day together in 2015, when Emily was in Grade 1 and Lindsay in her second year of her apprenticeship.

company in Cultural Resource Management. By law in BC, resource industries must hire archaeologists to search for cultural remains before they're allowed to cut down trees or drill or excavate. It was exciting – she found projectile points and much more.

"After a while I didn't want to do it anymore. It was camp work, and even though the pay was good, it was depressing. Whether we found something or not, they'd usually just end up plowing down the forest."

Soon after she left archaeology, she got married and had Emily. The family moved to Powell River, and then fell apart. Newly single, Lindsay started working at Catalyst as a labourer.

When the company offered its employees four apprenticeships, 14 people applied, including Lindsay. She was awarded one of them because – ironically – she had an arts degree. Having "education" garnered her enough points in the

Lindsay has thought a lot about her decision to choose trades over a Master's degree. She is very satisfied with her choice. As a young woman, she admits she probably didn't have the maturity to go into trades – and university helped her grow up. So she doesn't regret her initial decision (also, she just finished paying off her degree's student loans; Catalyst paid her tuition.) Now that she's seen the benefits of trades, she is encouraging her daughter to choose them from the start.

"You get paid, it's hands-on, and when you're done you have a job title; I can work anywhere in the world," she explains. "And, going to trades school is tons and tons of fun. In my class, we all bonded. You're all studying the same thing, and so you get together every year and it's like a reunion."

Given that the apprenticeship sprang up during one of her darkest hours, "It really was a gift," she believes. **PRL**



MORE TO GIVE: 100 Women volunteer organizing committee, from left to right, are Jessica Thomson (Marketing & Communications), Cindy Villani (Membership Coordinator), Lori Casparie (Donation Coordinator), Tara Chernoff (Chair), Julie Groshak (Official Photographer), and Wendy Spreeuw (Secretary).

Big hearts, limited time

Given the pressures of Canadian women's lives in the 21st century, 100 Women Who Care offers a compelling model: in less than six hours, they've raised nearly \$20,000 for deserving local causes.

What is it? Describe.

100 Women Executive • 100+ Women Who Care, Powell River Chapter, is a volunteer-run donation group of 100-plus women who meet for an hour and a half, four times a year. Three non-profit organizations are invited to each meeting to deliver a five-minute presentation about their organization. At the end of the presentations, members vote for the organization that they would like to receive the funds. The organization that receives the most votes is the recipient of the collective funds for that evening.

How are the funds raised?

100 Women Executive • Each member pledges \$50 per meeting (four meetings per year). At the end of each meeting the organization with the most votes receives the pledged amount (with the exception of \$300 from the organizing committee).* The pledged amount depends on the number of registered members at the time. For example, currently we have 162 registered members. This would mean a pledged donation of \$7,800 to the recipient organization, and \$150 each to the other two organizations that present.

How do you choose which organizations will present at the meeting?

100 Women Executive • When each member registers for 100+ Women Who Care, they nominate a local non-profit organization. Before each meeting the

WHAT AN IMPACT!

Since June 2017, 100 Women Who Care has donated \$19,580 into the community. Major donations were: Friends of Powell River (\$6,000); Powell River Hospice Society (\$6,560), and the Community Resource Centre (\$6100 as of Feb. 8)

Want to get involved? Contact them through Facebook or email 100womenPR@gmail.com.

organizing committee uses a random number generator to select three non-profits from this list.

If a presenting organization is not selected as the recipient for the evening, will they have another chance to present?

100 Women Executive • Yes. They will be put back into the 'hat' and will have another opportunity to be randomly selected to present at a future meeting.

If a presenting organization is selected as the recipient, can they present again at another meeting?

100 Women Executive • If a presenting organization is selected as the recipient at the meeting, they will have to wait two years to have the opportunity to present again.

Is it a service club? Is it a non-profit?

100 Women Executive • No and no. It's a volunteer-run donation group.

Gala Grand Opening Concert

Thursday, June 14, 7:30pm Evergreen Theatre

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A Journey to Italy Symphony Evening Performance

Friday, June 15, 7:30pm
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Soloist: *Máté Szücs* -
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Principal Viola)



PRISMA on the BEACH

Saturday June 16, 6:00pm
Willingdon Beach

Join us for this free community celebration featuring PRISMA Festival Orchestra.



Chamber Music Concert

Thursday, June 21, 7:30pm
Evergreen Theatre

Guest Artists and select students will inspire your imagination through intimate repertoire.



Diaghilev and the Ballets Russes

Friday, June 22, 7:30pm Evergreen Theatre

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604-485-0003

Who can join?

100 Women Executive • All women who live in the Powell River area! If you join you must fill out the registration form and commit to contributing \$50 for each meeting. If you can't make a meeting, that's okay as long as drop off a cheque to Lori Casparie beforehand.

Whose idea was it?

100 Women Executive • Our founding members heard about the "100 Who Care Alliance," where individuals form donation groups in order to make a bigger impact. Karen Dunigan held the first meeting in 2006 in Jackson, Michigan. The group raised \$12,800 in less than one hour for Center for Family Health's need to supply cribs for new mothers. There are more than 400 active chapters throughout the world with several more under development. We are the local Powell River chapter. Rumour has it that there's a 100 Men Who Care group starting up in Powell River too!

Why do women like it?

100 Women Executive • We've been told they like that the meetings are short (we keep them to one hour), it isn't a big time commitment (one hour, four times a year), and women love to be part of something that is so positive and impactful.

"What a wonderful night!!! Tears in my eyes after some of the presentations!"

- One member's reaction

How many members can you accommodate?

100 Women Executive • We have 162 registered members but we can accommodate as many women who want to be part of this group! Wouldn't it be great if our biggest challenge became – where can we meet to accommodate such a large group?

You've experienced so much growth in such a short time when so many groups are struggling to attract members. Why do you think this is the case?

100 Women Executive • Women are natural collaborators. Coming together to learn about and support local organizations in our community is very empowering. The energy in the meetings is electric – being in a room full of generous, caring women is uplifting, and the stories we hear from the presenters are inspiring. In a world where it's so easy to get caught up in negativity – this is a positive experience.

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Powell River Chamber of Commerce Small Business of the Year 2018

What a feeling!

I started this business in the basement of my house 12 years ago. A couple months later, I became a single mom.

When that happened I thought I would lose it all. But with my back against the wall and this amazing community supporting us, we were able to continue publishing month after month.

It wouldn't have become half the magazine it is today without my talented and dedicated staff: Sean Percy, Pieta Woolley, Suzi Wiebe, Lisa Beeching, Skylar Friesen and the rest of the team. They make sure this community's only locally-owned print publication puts out a diverse and engaging product each month that readers enjoy and works for advertisers.

Thank you, Powell River!

- Isabelle Southcott, owner/publisher

Powell River
LIVING

Go where the readers are.

Miss P and her pooch win at work

BY ISABELLE SOUTHCOTT
isabelle@prliving.ca

She's only 11, but Panagiota Rounis proved that she and Effie, her three-and-a-half year-old Havanese, have what it takes to win at the world's top dog show.

On February 12, Panagiota and "Mistytrails Effie Trinket" won first prize to claim Winner's Bitch at The Westminster Kennel Club Dog Show in Manhattan, New York. They were competing against professional handlers and top breeders at this famous dog show.

When they entered the show, Panagiota (who is known as 'Miss P' by her friends in the dog show world) had already put Effie's Canadian Kennel Club championship on her. The pair hoped to add the American Kennel Club championship to Effie's title.

Panagiota, and her family, mom Siona, dad Bill, four year-old sister Anastacia, and three dogs, Effie, William and Chedo, spent family day weekend in New York. Panagiota and Effie competed in three shows that weekend with the crown being the Westminster.

On Friday, February 9 they showed in the Progressive Show at the Hotel Pennsylvania. "They didn't do as well at that show," said Siona explaining that Effie had never shown on a red carpet and thought it was for playing on! The next day, they competed in another dog show, The Greater New York Havanese Specialty, and there they won their class and Winner's Bitch.

The big event was still to come on Monday, Family Day but before that happened, they had a day to explore New



NOT JUST PUPPY LOVE: Panagiota Rounis and her family dreamed of going to the Westminster Kennel Club Dog Show in New York... but never guessed that they'd win.

"I had to stay calm because Effie knows me so well so whatever I feel will go right down the leash."

— Panagiota Rounis

York City together.

Panagiota and Effie are a team but showing dogs is a family affair. The Rounis family spends their summers traveling to dog shows in the Pacific Northwest in their RV. Bill, who is the only one

who doesn't show dogs, says he's support crew for the ladies in his life and has a reputation for being a great cook and for setting up the best swimming pool in the campground.

Siona grew up in Ladysmith showing Old English Sheepdogs with her mother. She stepped away from it for a while but when Panagiota showed an interest, she jumped right back in. "Panagiota started showing when she was six but she couldn't handle Old English Sheepdogs, they were too big, so I ended up borrowing small dogs from other breeders for her to show."

As a junior, Panagiota was judged on her ability as a handler and not on the dog's conformation. Soon, Panagi-

BEST IN WHAT SHOW?

Billed as the world's greatest dog show, The Westminster Kennel Club Dog Show has cultivated a strong following since it was first held in 1877 in New York. The dog show, which is held at Madison Square Gardens, predates the invention of the light bulb, the automobile, the zipper, and even the establishment of the American Kennel Club by seven years.

Philanthropist JP Morgan made the first of his many appearances at Westminster with his collies in 1893. Famous American journalist Nelly Bly entered her Maltese at Westminster in 1894, some four years after she made a record-breaking trip around the world in 72 days, 6 hours and 11 minutes. At the first Westminster show, two Stag-hounds entered were listed as being from the late General George Custer's pack and two Deerhounds entered had been bred by the Queen of England.

ota began showing Daillie, a pure black Havanese, from Bev Dorma, Effie's co-breeder and a friend. Panagiota had Daillie for a summer, showing her and taking her to handling classes. When the time came to return Daillie, Panagiota was heartbroken but she had no choice. The dog's owners lived in Hawaii and it was time to return her.

But unbeknownst to Panagiota, her parents had made arrangements to pick up a puppy while saying goodbye to Daillie. "Effie was nine weeks old," said Panagiota. "It was love at first sight," said her mom.

Attending the Westminster Dog Show

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WALK LIKE A HAVANESE: Top, Panagiota shows Effie in New York. Left, her sister Anastacia is already showing at four. Below, the girls' mother, Siona Rounis, grew up showing Old English Sheepdogs with her own mother.



was something that both Panagiota's mom and grandma have wanted to do for a long time. "My mom, me and my grandma have all dreamed of going to the Westminster," said Panagiota. "My mom and me were both teary," said Siona adding that her mom couldn't go with them.

Panagiota was both nervous and excited showing at the Westminster but she couldn't show it. "I had to stay calm because Effie knows me so well so whatever I feel will go right down the leash."

She says Effie enjoys dog shows as much as she does. "It's like they both look at each other and know exactly what to do when she's at a show," said Siona.

For Panagiota, the weekend was even more special because her whole family was together to watch her. "I was crying more because Bill got to see what Panagiota did and for him to see her have such a big win," said Siona.

Even though Effie is very much a dog at home – she loves to run around and get dirty – she cleans up well.

"She knows she has a job to do and that everyone is clapping for her in the ring," said Siona.

To see a video of Panagiota showing Effie at Westminster, go to westminsterkennelclub.org/breed-results/breed-vid-eos-2018/HAVA-2018-video/. **PR**

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Why change?



Our province is in the midst of a major overhaul of the K-12 Education system. Were there concerns about BC students falling behind students in the rest of Canada?

Don Fairbairn • Quite the contrary, as is illustrated in BC Students' Achievement Success in the International PISA Assessments. PISA is an international measure of how well education systems do in relation to each other. They gauge performance levels of 15-year-old (Grade 10) students' skills and abilities in

tered during the studies and the "Understand" deals with the big ideas coming out of the content and competencies that we want students to learn and be able to apply to other areas of study and learning. Literacy and numeracy skills are still at the heart of the curriculum, through project and enquiry based approaches. Personalized Learning is also a keystone, which engages students more directly with their own learning by providing choices, input and alternative options and settings to meet their own goals and interests.

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three very key areas: science, mathematics and reading. BC is consistently ranked in the top three Canadian provinces along with Quebec and Alberta. When compared to results throughout the world, if BC were a country, our students would have ranked eighth in mathematics, second in science and the very top in reading. BC students are certainly not falling behind in any way relative to the students in the rest of Canada or in the world.

If we are doing so well in BC, why are we putting so much time and energy into changing our education system? It doesn't seem like things here need to be fixed.

Don • We are living in an era where the volume of knowledge that is available to the world through technology and new communication capabilities is at levels we could not have imagined a few decades ago. Today, the volume of world knowledge is doubling every year.

BC has the reputation for being on the cutting edge of education and takes pride in continuously striving to prepare students for what will be required in the future rather than setting goals based on what is already the past. The design of the new curriculum is intended, at a minimum, to ensure that we maintain that relative position in the world.

So how is this curriculum going to be different?

Don • The new curriculum is based on a 'Know-Do-Understand' model. The "Know" is the specific content that the students are working with, the "Do" relates to the curricular competencies that are being mas-



Don Fairbairn, SD47 Director of Instruction

What sorts of things are parents likely to see in the schools that are different in the new program?

Don • Teachers have a large degree of autonomy to develop programs that best fit the students and situations in their classes and schools. The Ministry of Education defines "what" to teach but not "how" to organize the time and space or methods to teach it. Teachers are encouraged to use time and space in creative ways that adapt to students' needs, goals, and interests.

What "Know-Do-Understand" schooling looks like

If parents were to do a quick tour of the District they might well see many of these activities:

In the Summer Read and Rec. Program: A math session where students are organized in three separate groups: one getting a direct instruction lesson; a second works with math computer programs; a third are playing mathematical board games designed to build basic skills.

A primary class spends the day hands-on at the Outdoor Learning Centre learning about local flora and fauna.

Literacy learning centres that feature structured play.

Elementary report cards that are electronic portfolios that not only inform the parents of student progress but also feature real instances of their learning.

One school where grade 6 and 7 students are trained and certified in sea kayaking and mountain biking.

An eco-immersion program unique to our District.

A group of high school students working with First Nations carvers to complete a sea-going youth canoe.

Classes at Brooks Secondary organized so that students can attend regular core lessons for part of the day and then seek out additional support at open learning centres.

Active programs engaging with the outdoors in an eco-friendly and sustainable way.



A new indoor court means much more tennis for both elite and casual players.

Tennis, everyone

Last winter, Sonia Skobkarev (above) and her father Igor lugged a portable tennis net to Westview Elementary School's gym twice a week so the young tennis player could get some court time.

It wasn't perfect but without an indoor tennis court in Powell River, it was the only option Sonia had if she wanted to maintain her skill level. "But even that wasn't enough," said Sonia. "The girls who are serious play 17 to 20 hours a week." Sonia was getting only two hours a week. Still, she made the provincials and finished 13th in her age category.

So when the opportunity arose to rent indoor space and create a tennis centre, her father seized it.

Today 15-year-old Sonia plays seven or eight hours a week rain, sleet or snow at the Powell River Tennis Centre. She's working with certified International Tennis Federation coach Albert Michau, who married a Powell River woman and moved here from South Africa a year

ago. Albert coached at a tennis academy in South Africa after graduating from university with a degree in sports science and completing post-graduate studies in teaching. He's been coaching Sonia and others while teaching youngsters at the Powell River Tennis Centre since it opened last fall.

With 30 students enrolled in lessons in different age groups, he's teaching kids of all ages basic tennis skills and hoping they'll fall in love with the game.

"I began playing tennis at six when a professional coach came to town (the small town in South Africa where he grew up) and taught lessons. I fell in love with it and played my entire high school career."

Besides teaching kids, Albert also coaches Sonia. "She has tremendous potential and technically she is up there," he says. But not having enough people, especially girls of the same skill level, is challenging.

"I play against her as often as I can and she goes to

Vancouver frequently to compete and play," he said. But Sonia wishes there were female tennis players her

"It's more fun when I can play with people my own age but there aren't that many kids who play tennis in Powell River."

— Sonia Skobkarev

age and skill level to play against. "It's more fun when I can play with people my own age but there aren't that many kids who play tennis in Powell River."

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NEVER RAINED OUT: In the old Liquidation World building near the CMAA dojo, a tennis court has opened up possibilities for all levels of play. This Spring Break the centre is offering lessons for children and teens (see ad on Page 28).

If Igor and Albert have their way, that will change. "Tennis has been gaining traction in BC in the last couple of years with more girls playing," says Igor.

For Sonia, tennis has always been part of her life. Sonia's mom Svetlana, met her future husband in 1998 through tennis. "We played tennis at the same club in Vladivostok, Russia," says Igor "and played mixed doubles together on the same team."

The family immigrated to Canada in 2005 and moved to Powell River in 2015.

Svetlana is a physician and Igor a systems engineer for Vancouver Coastal Health.

When Sonia was a baby, her parents would take her to the tennis court and while Sonia slept, they'd play tennis. Now, Sonia's four-year-old sister Marina is also learning how to play.

"I love tennis," she said. "I've been playing it for so long it's part of my life now."

She's hoping to get a scholarship to a university where she can study neuroscience and play tennis at the same time. **PR**

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Urban and prairie skills enhance coastal living

Rachel Rocco and Yvonne Peters, both originally from Manitoba, Rachel (Winnipeg) Yvonne (Altona), met 21 years ago in Vancouver and have been together ever since.

Yvonne needed to slow down for health reasons and Rachel felt like Vancouver wasn't a place to grow old. They decided to down-size by upsizing and happily landed in Powell River late last summer.

Rachel was recently hired as Development Lead with the PRISMA Festival; while continuing her studies in Medical Qigong.

Yvonne is embarking on her own re-education program as well as re-learning skills from childhood like gardening and food preservation. She sees a boat in their Powell River future!

Why did you choose to move to Powell River?

Rachel & Yvonne • Powell River is a real town with a vibrant all ages community, plenty of cultural activity, a diverse economy, fabulous setting and plenty of interesting people.

What surprised you about Powell River?

Rachel & Yvonne • In the heat of last summer, the many swimmable lakes were a welcome surprise. Different day; different lake.

What made you decide to move to Powell River?

Rachel & Yvonne • You mean besides the free parking at the hospital? The distinctive neighbourhoods, the history, the welcoming attitude and the pioneering spirit.

Where is your favourite place in Powell River?

Rachel & Yvonne • Other than our deck, probably The Patricia Theatre.

How did you first hear about Powell River?

Rachel & Yvonne • In conversation with a lovely man from Okeover Inlet who was describing the community at a party we attended a few years ago; we became enchanted and were inspired to visit and then started looking for real estate right away.

What would make Powell River a nicer community?

Rachel & Yvonne • An Italian bakery and a funicular from the Westview Ferry Terminal to Manson Avenue.

What aspect of your previous community do you think would benefit Powell River?

Rachel & Yvonne • It would be great if Powell River was more walkable, more pedestrian friendly with trails in the city to get from place to place without fear of traffic.



WORLD TRAVELLERS MAKE A NEST: Yvonne Peters (left) and Rachel Rocco are enjoying the view from their Westview Deck - and Rachel's new position as Development Lead with PRISMA. They've got a unique suggestion: a funicular tram (see the Italian example below) up the steep hill from the waterfront to Manson.

What challenges did you face in trying to make a life for yourself here?

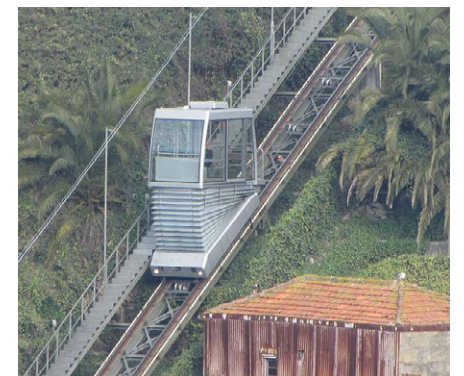
Rachel & Yvonne • Leaving our fabulous friends in Vancouver; but not to worry we are recruiting!

If you were mayor of Powell River what would you do?

Rachel & Yvonne • Enact a poverty reduction strategy so that Powell River does not become like Vancouver, a fantastic city with enormous and growing disparity!

What are Powell River's best assets?

Rachel & Yvonne • Location, location, location. And Grant at Rona, no matter what home project you're tackling he knows what you need and what to do. He is super generous with his advice and assistance.



What is your greatest extravagance?

Rachel & Yvonne • Always and forever – travelling!

Which talent or superpower would you most like to have?

Rachel & Yvonne • Other than the ones we have, teleportation. **PR**

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Chronic Pain info sessions

In 2016, the College of Physicians and Surgeons of British Columbia created new opioid prescribing standards in response to BC's growing opioid crisis.

"New prescribing standards and guidelines rightly emphasize non-pharmacological approaches and self-management which are central to a good pain management plan," says Maria Hudspith, Executive Director, Pain BC. "The gold standard for pain management is the "3 Ms," said Maria noting they are movement, mind and medication.

"Treating chronic pain can be very complicated, and needs to be done on an individual basis. Opioids are only one tool and in the past there has been an over-reliance on their use," says Dr. David May, chair of the Powell River Division of Family Practice. "We now know that incorporating lifestyle changes, such as gentle movement and relaxation classes, self-management courses, nutrition and sleep hygiene, provides the foundation for empowering patients to manage their pain."

Through Doctors of BC, many local physicians and nurse practitioners have recently completed a chronic pain education module to learn more about tools and techniques to enhance patient care. Pain BC also offers professional development opportunities for healthcare providers.

The Division of Family Practice is organizing a Chronic Pain Public Seminar on April 26 from 6:30 to 8:30 pm at the ARC Community Event Centre, featur-



OTHER THAN OPIOIDS: Dr. David May, chair of the PRDFP, notes that there's been an over-reliance on opioid prescriptions in the past. That's changing.

ing an expert panel, chronic pain resources, and a key note address by leading pain educator, physical therapist and UBC Professor, Neil Pearson.

On the same day, Pearson will be conducting a six-hour education course for health care providers, Innovations in Pain Science.

A two-hour patient workshop, Overcome Pain - Live Well Again will also be conducted by Pearson on April 27 from 10 am to 12 pm at the Rec Complex, where patients will gain knowledge of self-care techniques based on evidence, and an understanding that pain is complex.

Advance registration is necessary. For more info visit www.painbc.ca/PowellRiver



Raffin's loons in spotlight

Local artist Luke Raffin is one of 11 artists whose work has been chosen for Ducks Unlimited Canada's 2018 art portfolio.

His painting, Morning Mist, was chosen from hundreds of submissions made by artists from across the country.


Selections highlight Ducks Unlimited pride in Canada's most talented artists, says a Ducks Unlimited press release. To bid on National Art Portfolio prints, visit their online auction at ducks.ca

With the donation of his artwork to Ducks Unlimited, Raffin will be helping raise funds for wetland conservation.

Money raised will go towards scientific research and educational programs.

Wetlands are some of the most important ecosystems on the planet. They naturally clean water, prevent floods and droughts and help mitigate the effects of climate change by holding large amounts of carbon.

Luke Raffin was born in Italy and moved to Powell River with his parents and older brother in the late 1960's. He previously won the bronze teal award for raising funds for Ducks Unlimited.

Raffin's work and pieces by other Canadian nature artists are being sold at DUC community fundraising events, and online at ducks.ca. 

POWELL RIVER WOMEN IN BUSINESS WOMEN of the YEAR

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May 1 at 5 pm
**8th Annual Women of
the Year Awards Dinner:**
May 16

Nominate an outstanding woman

For the 2018 Awards, there are three categories:

- A) Outstanding Woman In Business
- B) Outstanding Woman With A Home-Based Business
- C) Influential Woman In Community Service

Note: Nominators do not have to be a member of Powell River Women in Business, nor do nominees. Nomination forms can be downloaded from prwomeninbusiness.com and emailed to info@prwomeninbusiness.com, or dropped off at Relish Interiors at 4670B Marine Avenue, when completed.

Awards Dinner

Our 8th Annual Women of the Year Awards Dinner will be held on May 16 at the Town Centre Hotel. WIB had a record number of nominees last year! We are looking forward to repeating that for 2018. Nominations are open until 5pm on May 1.

Highlighting Great Achievers

For the past several years, Powell River Women In Business has held the Women of the Year Awards. This is our way of acknowledging and encouraging the women in our community to continue to do the good works that they put great effort, time and knowledge into, benefiting all of us and strengthening our community.

Powell River
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Former mushers still captivated by legendary race

Two Powell River retirees spent their youth racing dogs in the North. Decades later, they've kept important ties to the 1,000-mile Iditarod Trail Sled Dog Race - which you can be a part of, too. It starts March 3.

BY RICHARD MONTAGNA

On March 3 in Alaska, 67 mushers will start the Iditarod Trail Sled Dog Race. No one from Powell River is among them; in fact, the only British Columbian is a formerly-British guy from Salt Spring Island.

However, Powell River has a connection with this world famous event. Two residents, Pat Hurren and I, have a history with the Iditarod Race that spans back to the 1970s - and in my case, continues to this day.

You might know Pat Hurren as a long-time volunteer trainer for the Powell River Kings and the Regals. But what you probably don't know is that, nearly 40 years ago, he spent two years as an Iditarod race marshal. At the time, he owned a large kennel of dogs in Whitehorse, Yukon, and ran them in smaller races across the North. His favourite was the seven-dog race. In 1978, the Iditarod champion came to judge a local race, and suggested that he return the favour for the 1979 Iditarod. So, Pat agreed.

"I had never heard of the Iditarod and thought it was

just going to be a weekend outing," said Pat, of the 975-mile, 8-to-15 day race. "I didn't realize I would be up there for a month flying to remote checkpoints across the state."

"It was an incredible experience, just the grandeur of flying across the State was amazing. I remember flying through Rainy Pass in the Alaska Range going over Finger Lake and Pontilla Lake. The glaciers were on the side of us and the radio was playing a song by the Nitty Gritty Dirt Band just as the sun was rising. One of my favourite memories of the race was driving a snowmobile 80 miles between the Rohn River checkpoint and the Nikolai checkpoint where I was supposed to be when the mushers arrived. The snow was so deep that the lead musher, Herbie Nayokpuk, passed me and ended up breaking trail for me with his dog team instead of me breaking trail for him."

Pat returned to Alaska in 1980 to be the race marshal for that Iditarod. Eventually Pat sold his sled dogs, left Whitehorse and ended up in Powell River.

He hadn't been involved with the Iditarod race since 1980. Until, in Powell River in 2013, he met me. Just

a few years after Pat marshalled the races, I moved to McGrath, Alaska, on the Iditarod route. I mushed dogs for a few years, racing them up to 200 miles, as well as volunteering at the Iditarod and billeting race visitors.

In 1996, I started Alaska Iditarod Tours, a company

"The excitement of so many frenzied dogs jumping at the bit to get started and do what they love to do best is very contagious."

— Richard Montagna

that helps dog sledding fans get the most out of their time during the elite race.

People love dogs, and the excitement of so many frenzied dogs jumping at the bit to get started and do what they love to do best is very contagious. Even 30 years on,

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I find it as exciting as ever.

In Powell River, I told Pat about my work.

That conversation was all it took for Pat and his wife Shelly to join me for the 40th Anniversary of the Iditarod in 2013, in a six day tour with my company.

For Pat, it was a chance to reconnect with people he hadn't seen in decades and relive some of those early Iditarod experiences. Some of the accomplished mushers he visited with were, four decades ago, just starting their mushing careers.

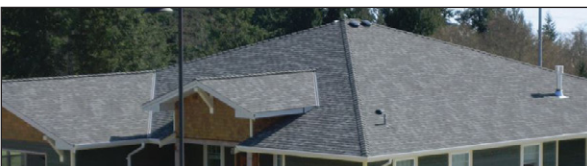
IDITAROD: WHAT TO KNOW

Dog mushing enthusiasts flock to races across Canada, the United States, Europe and Australia to watch, or compete, in these exciting events. The main long distance sled dog race in Canada is the Yukon Quest that runs between Whitehorse and Fairbanks, but the granddaddy of all long distance sled dog races is the Alaska Iditarod Sled Dog Race, which starts March 3 this year.

From its humble beginnings in 1973, this 1000 mile race from Anchorage to Nome has become the most well known sled dog race in the world.

Each year the race attracts 70-80 mushers with their team of 16 dogs, and thousands of spectators and followers. Over the course of 10-15 days, these mushers and their dog team will travel across a roadless wilderness of towering mountains, frozen swamps, ice covered glacier fed rivers, and battle the treacherous winds and sea ice of Norton Sound to reach the finish line.

These sled dogs are the true long distance champs of the canine world and are the result of breeding Siberian Huskies, with greyhounds, whippets, labrador retrievers or others that increase the dog's speed and intelligence.



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Besides Pat and Shelly Hurren, I've taken other Powell Riverites to see the Iditarod with my tour company.


Graham Lyon booked a tour that followed the race from start to finish.

"I was amazed at how good the dogs looked at the finish after just completing a 1,000 mile race. They would come up the chute off the Bering Sea and trot down the main street still raring to go. Then at the finish line they would sit there waiting for the musher to tell them to hike up and trot over to the dog lot. They were all really well conditioned dogs."

For Ingelore Freeman, it was the people she met in the remote checkpoints along the trail that was the highlight of her trip.

"We flew into McGrath where we stayed for a few days. I went to the community center, introduced myself to some of the people there and ended up being invited to dinner at a different house every night.

"One night I went to the bar and told someone I'd like to see a moose, the next day his son took me out on a snowmobile ride through the woods where I saw a cow moose with calves. Later that night I went to a Chinese Auction fundraiser and won a blooming flower pot. I didn't want to travel with the pot and gave it to a woman I met there. She thanked me with a box full of smoked sausage and salmon.

"When I was in Nikolai, I saw this woman admiring my down jacket and I asked her if she liked it. She said it was very nice and that she needed to get a new jacket herself. I told her when I had finished the trip and didn't need it any more I would mail it to her. She was really happy and sent me the nicest thank you letter for the clothes I sent her," said Ingelore. "I met so many nice people during the trip. Being out in the wilderness and making so many friends was the experience of a lifetime." 

ROCK ON

Sand and gravel make the best foundation

A convenient garden and gravel centre greets visitors to T&R Contracting. Soil, mulch, sand and gravel are pleasantly arranged in convenient bins for quick access by builders and homeowners. But the backbone of the business is located a kilometre away on a hillside above the valley, where Kyle Roberts crushes blue granite into various sizes.

Rock is occasionally blasted in the quarry, then Kyle gets to work, using a huge jaw crusher and a cone crusher, making the famous Blue Quarry Rock. From huge boulders fit for a breakwater to the “fines” dust that packs down with gravel on industrial roads, the quarry rock is the foundation of the T&R Contracting business. Mixed with sand from the company’s Block Bay pit to form navijack used in concrete, it forms the foundation, literally, for many local buildings, too!

“Whatever size rock we need, we adjust the crushers to meet the demand,” says Kyle.

“The trick is to be efficient and not burn a bunch of fuel. It’s a lot of timing to using the proper screen sizes and setting things up so it recycles and doesn’t pile up.”

See the West Lake Quarry in action in a video at tandrcontracting.ca. Click on construction aggregates.

The gravel Kyle makes often gets mixed with sand that Andrew Messner is sifting. Andrew is T&R’s screening expert, using massive machines to take loads of pit-run (sand mixed with rock) and sorting it into bedding sand, drain rock, decorative river rock and other products. By mixing the right proportions of sand and quarry rock, the company creates a wide variety of aggregate products, include 3” road base, and 3/4” road mulch.

“It takes attention to detail. It might seem monotonous, but if you’re not paying attention, it can go wrong quickly,” says Andrew. “I like to make nice big piles, but I like even more watching them go down when people come and pick up what they need.”

According to Andrew, Kyle, and many of the T&R truck drivers and machine opera-



tors, the “glue that holds the place together” is mechanic Randy Ciarniello. He has been with the company for 18 years and maintains crushers, screeners, three loaders,

multiple excavators, a slinger truck, and a fleet of gravel trucks. The rock that comes out of the West Lake Quarry is among the hardest in the industry.

“That’s good for construction, but it’s hard on equipment,” says Randy. Still, he says, T&R drivers and operators are among the best, he says. “They do a lot of their own routine maintenance and they’re good operators. They take good care of the machines.”

Back at the front end of the operation, Keith Chisholm greets customers with a smile and helps them find the right product for their projects.

The public retail area is a “safe zone” where the general public can look at the rock or soil they’re considering and pick up what they need. Often, though, customers don’t know what product to choose. Keith gets an idea of what their project entails, and then directs them to the right product for their needs.

Since the “Four Great Companies” that operate in cooperation out of the T&R complex all use sand and gravel, the foundation of the company, it can be a busy place with trucks and loaders coming and going. But the public is always welcome. “We cater to everyone,” says Keith, “whether they need just a pail or a dump truck load.”

Garden Ready

Using fish and greenwaste from Powell River and the Sunshine Coast, Salish Soils and T&R Contracting create a variety of products for local gardeners, including:

- Salish Soils Fish & Greenwaste Compost (cured and double-screened)
- Salish Soils Potting Mix (for tender plants and pots)
- Salish Soils Garden Mix (perfect for new gardens)
- Salish Soil Landscape Mix (for lawns, trees, shrubs)
- Raincoast Blend (hardscape and softscape)

Building walls

T&R is the go-to place if you need to build a retaining wall. As the local distributor for Cumberland-based Hyland Pre-Cast, they offer a full selection of Redi-Rock’s line of precast retaining walls. This provides fully integrated solutions, including retaining walls, parking barricades, and fencing options. Fast installation and improved aesthetics over standard retaining block walls puts the product head and shoulders above all other options.

T&R also offers Flex MSE, a system that structurally serves like a traditional concrete block retaining wall, but looks more like a vertical garden. T&R sells filled bags with the right mix of soil.

4 great companies, 1 easy call

Shaun Gloslee and Raeann Hanson and Dan and Bonnie Robinson operate T&R Contracting from the headquarters in Paradise Valley next to Valley Building, but the secret of their success is that there are actual four companies across which they can share their equipment and workforce. **T&R Contracting** focuses on clearing, digging, prepping and providing sand & gravel. **Shaun Gloslee Excavating** focuses on road building, land clearing, site services and trucking. **Coast Hydro Excavating** does underground construction with accurate and low-impact water drilling. **Rural Septic Services** does pumping, installations, repairs and Porta-Potty rentals. All can be reached by calling 604-485-2234.

Top: Dan and Bonnie Robinson at the West Lake Quarry.

Left: Dan Robinson with boulders destined to be crushed.

Centre: Kyle Robert and Andrew Messner with a screener, ready to sort some aggregate.

Right: Keith Chisholm with 3/8” minus, available by the pail or by the truckload.

tandrcontracting.ca

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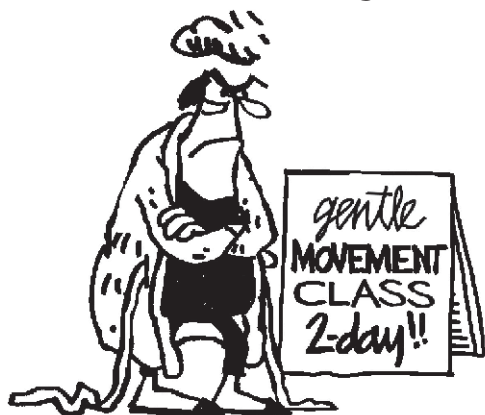
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Riel has never been more relevant

BY PIETA WOOLLEY | pieta@prliving.ca

Last year, when David Doyle completed his book, he had no idea it would have this kind of a moment.

In February, *Louis Riel: Let Justice be Done* (Ronsdale Press, 2017) was recognized as a critical piece of social justice writing, landing on the short list for the prestigious George Ryga award. Simultaneously, two landmark court cases wrapped up in Canada, reminding citizens that the same race-based injustices meted out by the courts to Riel 133 years ago are still alive today. These are of course the murder cases involving Colten Boushie and Tina Fontaine, who both lived and died where Riel's rebellions took hold.

The synchronicity of all that is unfolding is uncanny.

The Ryga Award

David Doyle is a retired teacher living in Powell River; he taught school on reserve for much of his life, serving Heiltsuk, Sto:lo and Lil'wat communities, as well as Yukon. He has always been fascinated with the story of Louis Riel.

The Métis seminarian and politician led the Red River and North-West resistances against Canadian rule, in what is now Manitoba and Saskatchewan. The Métis at Batoche lost to the guns of the Canadian army. Riel was tried and executed in 1885.

Coincidentally, George Ryga was also fascinated by the injustice faced by Riel. Ryga, who is considered to be English Canada's most important playwright, is best known for his consciousness-changing play, *The Ecstasy of Rita Joe*, which was performed in Vancouver and Ot-

tawa for Canada's centennial celebrations in 1967. The play, later adapted as a ballet, tells the story of a young First Nations woman who leaves her reserve for Vancouver's streets, where she dies.

Ryga's own impoverished Ukrainian-Canadian childhood developed his empathy for others who suffered. Thus, the award that's given in his name recognizes social justice writing like David's. Ryga died in 1989, but before he did, he noted that the real story of Louis Riel – then still considered to be treasonous – should be told.

"I took that as my motto many years ago," said Doyle, who is not Métis by blood but is an honorary Métis twice over. His first book about Riel was published in 2000: *From the Gallows: Did Louis Riel Deserve to Hang?*

Since then, Canada's consciousness has changed. Riel is now widely seen as a visionary leader and moral voice for indigenous sovereignty. David is part of a pan-Canadian movement that's urging Canada to officially absolve Riel of his "crimes," and name him as an official Father of Confederation.

David's book is up against several others on indigenous themes. The winner will be announced in May.

Riel, Boushie, Fontaine

On February 9, a Saskatchewan jury found rancher Gerald Stanley acquitted for the murder of Cree Red Pheasant First Nation resident Colten Boushie. Protests erupted nationally, as citizens and elected officials grappled with the racism that tainted the story, from the first gunshots fired to the botched investigation to the all-white jury, and more.

On February 22, a Winnipeg jury found Raymond

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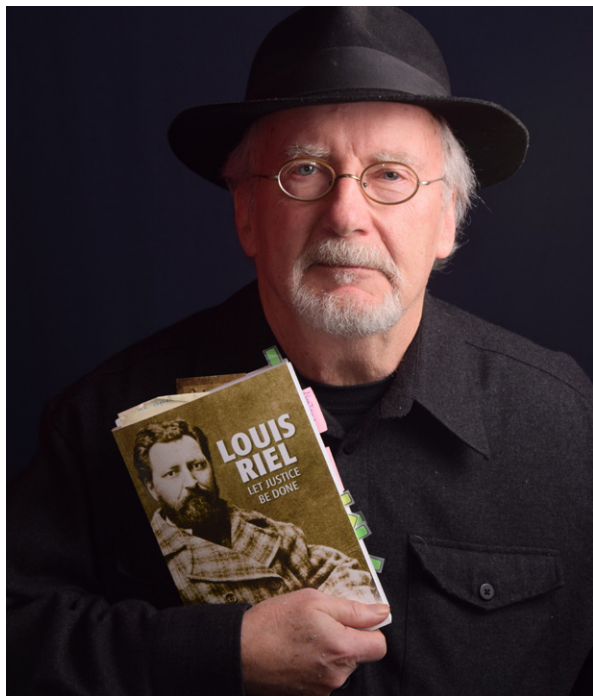
A photograph of Valerie Griffiths, a woman with red hair, wearing a grey blazer and black pants, standing in front of a house with a black wrought-iron fence.

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ant: MMIWG, Boushie, Fontaine



RIEL LIFE: David Doyle is from Regina; his great-uncle guarded the prison where Louis Riel was held before his execution. Part of his life work is helping Canada see Riel as a Father of Confederation, as reconciliation.

Cormier not guilty in the violent death of 15-year-old Sagkeeng First Nation member Tina Fontaine. Pink signs bearing her portrait and the words, “Daughter to

us all, Justice for Tina” are common at the many demonstrations held post-trial.

The parallels between Fontaine’s too-real story and Rita Joe’s fictional one – 50 years earlier – are chilling. Not to mention the gruelling, glacial progress of the National Inquiry into Missing and Murdered Indigenous Women and Girls (MMIWG). What has changed?

David draws a straight line between Louis Riel’s story, and these ones.

“The Canadian justice system has discriminated against indigenous people right from Louis Riel’s trial,” he says. “The outcome was decided even before the trial started. The lawyers representing him had anything but his interests in mind. That came to light in the Colten Boushie case too.”

David pointed out that Boushie’s people come from the same region as Cree rebellion leaders Poundmaker and Big Bear, “who were tried for the crime of treason felony although they had not participated in any military actions and were sentenced for three years in a penitentiary, only to be released to die of tuberculosis.”

Fontaine’s body was found in the Red River, for which Riel’s rebellion was named.

Understanding the injustice that Canada often hands to aboriginal people both in the past and today is critical to the reconciliation process, David argues.

“Unless we recognize Riel as a Father of Confederation,” David says, “we will struggle towards a rightful settlement. Louis Riel was an honourable politician and a God-fearing man and he deserves to be recognized, respected and loved.” [PR](#)



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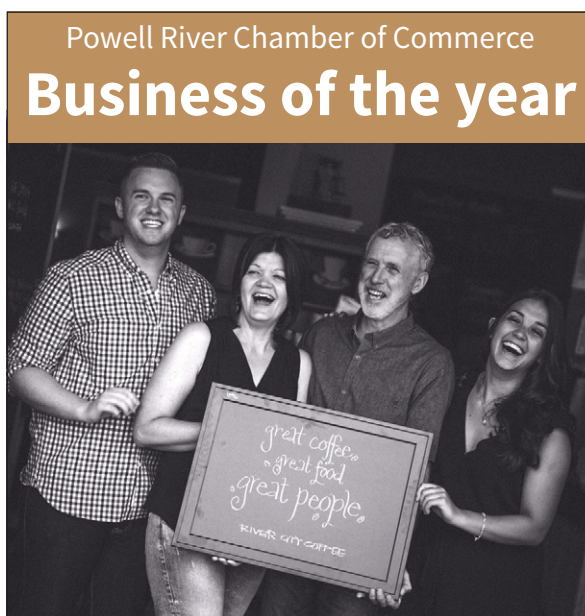
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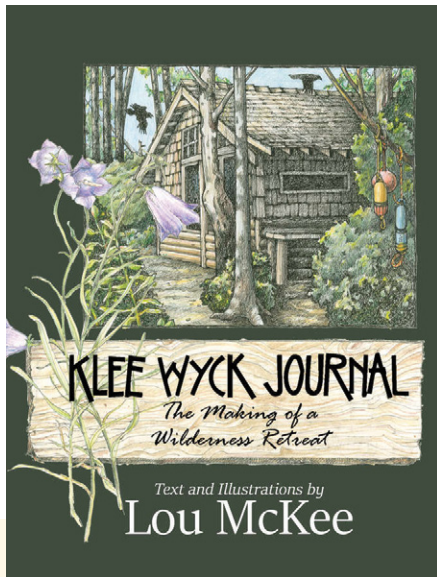
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Lou McKee
presents her new book
The Klee Wyck Journal

The author, who spent her childhood summers on Texada Island, will read from her new book about the making of a wilderness retreat, her journal and sketchbook celebrating cabin life.

Friday, March 16, 7-8:30 pm



"We reach this remote shore by kayak. There are no roads nor pathways. No docks nor safe buoys. We land on a little sheltered spit in a bay that is otherwise open ocean surf. In time, we forged a trail into the woods to build a cedar cabin to shelter us from the rain that can drench (and beautify) this sea coast. It is the beginning of a dream that you can live by turning the pages of the *Klee Wyck Journal*." ~ Lou McKee



prpl.ca 604-485-4796 info@prpl.ca

2017 Powell River Chamber of Commerce Business Awards

On February 3, more than 300 local business owners and employees gathered at Dwight Hall for the annual Chamber of Commerce Business Awards. Sherri Wiebe took the photos. The 2017 winners are:

Entrepreneur of the Year:

Mike & Sarah Salome, Coastal Cookery
Runner up Nathan & Margot Jantz, 32 Lakes Coffee

Large Business of the Year:

Rona/PR Building Supplies
Runner up Sunshine Coast Health Centre

Homebased Business:

Foxtrot Electrical
Runner up Bryce's Plumbing

Small Business of the Year:

Powell River Living Magazine
Runner up Westview U-Vin U-Brew Ltd
Runner up Basecamp Coffee

Customer Service – Retail:

West Coast Thick
Runner up Pollen Sweaters Inc
Runner up Mother Nature

Aboriginal Business of the Year:

Raven Events

Customer Service – Hospitality:

Coastal Cookery
Runner up River City Coffee

Agricultural Award:

Windfall Farm
Runner up Coast Berry Farm

Employer of the Year:

Paparazzi Pizza, Lolly Burge
Runner up Coastal Cookery, Mike & Sarah Salome

Tourism Award:

Terracentric Coastal Adventures
Runner up Putters Mini Golf

Professional Service:

Banking on it Bookkeeping;
Runner up Sunshine Coast Health Centre

Not for Profit Award:

Community Resource Centre
Runner up Friends of Powell River

New Business of the Year:

Sunshine Coast Eyewear
Runner up The Nutcracker Market

Business of the year:

River City Coffee

SCHOOL DISTRICT 47 SCHOOL REGISTRATION



**Early registration deadline
is March 30, 2018**

**Students registering after March 30
cannot be guaranteed a placement
in their school of choice or local area.**

Kindergarten Students: Please register at your school of choice up to and including March 16th (prior to Spring Break), or at the School Board Office after March 16th. Please refer to our website's "Our Schools" page for school address information. Every registration must be accompanied with government issued proof of age (child must be five by December 31st of the registration year). A birth certificate or passport is preferred. (The Ministry of Education stipulates that parents may defer the enrollment of their child for not more than one year.)

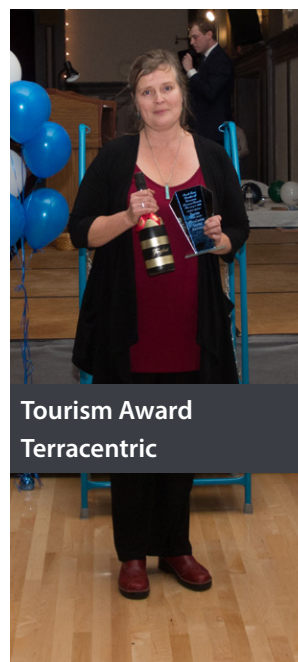
Grade 1-7 Students new to Powell River or students wishing to transfer to a school outside of their catchment area: Please register at your school of choice by March 16 (prior to Spring Break). Registration documentation may be brought to the preferred school prior to March 16. After that deadline, all documentation must be brought to the School Board Office. Please refer to our website's "Our Schools" page for school address information.

Grade 8-12 Students new to Powell River: Please complete the SD47 registration form and bring all documentation to Brooks Secondary School.

Partners in Education Program (new registrations): Apply online at forms.sd47.bc.ca/Pages/pieform.aspx or in person at the School Board Office.

Speed up your visit! Find our **registration form** at www.sd47.bc.ca (click on Registration under Quick Links) and fill it out ahead of time!

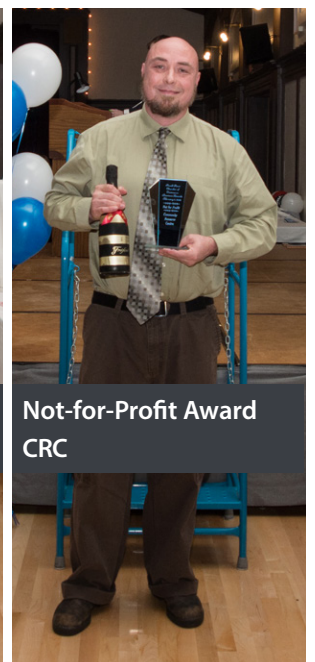
The **School Board Office** is located at 4351 Ontario Avenue, V8A 1V3



Tourism Award
Terracentric



Agricultural Award
Windfall Farm



Not-for-Profit Award
CRC



Runner Up, Agricultural Award
Coast Berry Farm



Business of the Year
River City Coffee



Small Business of the Year
Powell River Living



Safeway Basket Winner
Paul and Deb Galinski

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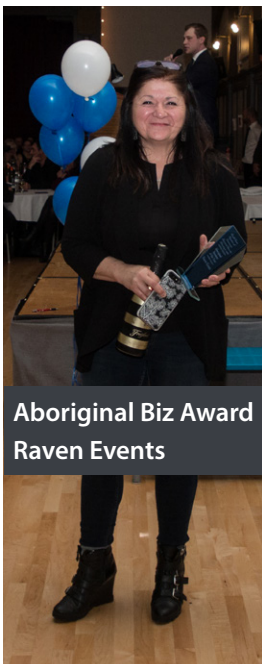
- a letter of support for Paparazzi Pizza's award: Best Employer



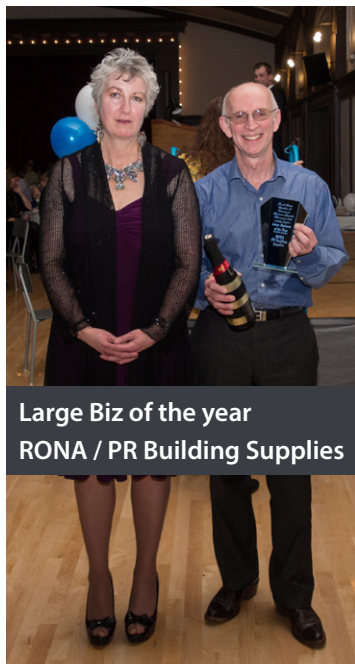
Employer of the Year
Lolly Burge, Paparazzi Pizza



Winner, Entrepreneur of the Year, Customer Service - Hospitality
Runner up, Employer of the Year
Coastal Cookery / Mike & Sarah Salome



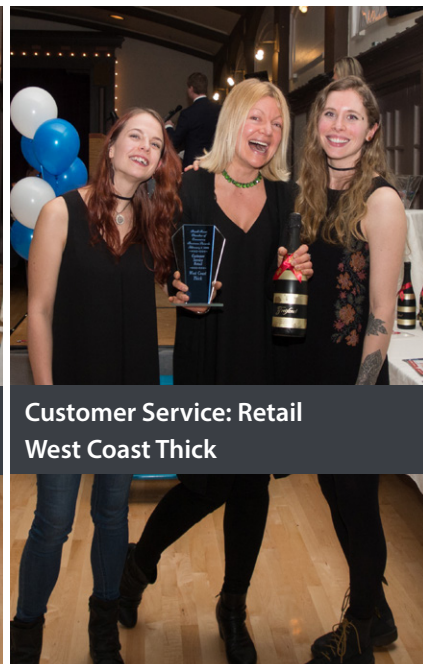
Aboriginal Biz Award
Raven Events



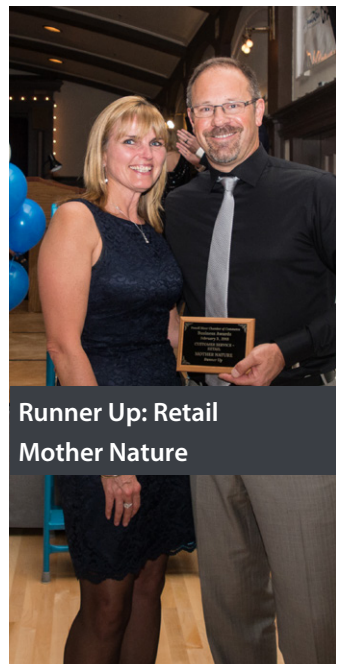
Large Biz of the year
RONA / PR Building Supplies



Professional Service Award
Banking on it Bookkeeping



Customer Service: Retail
West Coast Thick



Runner Up: Retail
Mother Nature

BUSINESS CONNECTIONS

BY KIM MILLER | office@powellriverchamber.com



Heidi Jackson moves her **Fruits & Roots Juice Bar** into the **Town Centre Mall** this month. Fruits & Roots will take up a newly renovated space formerly occupied by The Sweet Shoppe. Stop by Fruits & Roots in their new space and check out their healthy, tasty menu or visit their website at fruitsandrootsjuicebar.ca.

The Sweet Shoppe moves to the north end of the Town Centre Mall and into space further south across from Subway and next to Connect Hearing.

Powell River mill manager and **Catalyst Paper** vice-president **Fred Chinn** has left the company. Walter Tarnowsky, currently the vice-president and general manager of the Port Alberni mill, is acting Powell River mill manager. Since arriving in 2014, Fred oversaw the shutdown of the #9 paper machine and the local mill's transition to producing specialty food-grade paper.

In a move that rocked Powell River hockey, longtime **Powell River Kings** coach **Kent Lewis** was fired January 29 by the club's board of directors. "It was an incredibly difficult decision," said board president Rob Villani. Kent started with the Kings as an assistant coach 25 years ago, and led the team to seven Coastal Conference Championships. The board indicated it wanted a full-time coach, whereas Kent also holds a job with the City of Powell River. But Kent says the board didn't discuss the decision with him. Assistant coach Brock Sawyer takes over in the interim.

Curtis and Tiffany Adam of **Cadam Construction** have opened **The Fireplace and Stove Centre**, a store-

front for wood stoves, fireplaces, pellet stoves, and gas and electric fireplaces. The showroom is located at 4463 Marine Avenue, below the Westview Hotel and The Zoo. Stop by to see a selection of brands, including Napoleon, Iron Strike and Selkirk. Cadam will continue to do W.E.T.T. certified installations and inspections, service and maintenance, and chimney cleaning. Curtis has been doing construction and installations in Powell River since 2007, but started full-time when he and his extended family moved here in 2009.

Longtime **Powell River Peak** employee **Kelly Keil** has been named the new publisher at the newspaper. The appointment came following the resignation of **Jason Schreurs**, whose last day at *The Peak* is March 9. Jason is expected to launch an events management company, but said until his time at *The Peak* is up, talk of his new venture would be premature. **Shane Carlson**, son of Joyce Carlson who founded *The Peak*, is the new editor.

Alterra, the company that owns most of the East Toba, Montrose and Jimmie Creek run-of-river hydroelectric plants, has been acquired by **Innergex Renewable** for \$1.1 billion. The sale also included Alterra's wind, solar and geothermal projects in the U.S. and Iceland. Innergex now has eight operating independent power plants, three under construction, three more in advanced planning and even more in the works. The company hopes to have over 2,000 megawatts of capacity by 2020, said Michel Letellier, President and CEO of Innergex.

Still Good is a new antique store in the basement of the west side of the building at 4477 Marine Avenue. Owned by **Norm Angell**, Still Good welcomes consignors. The store carries a wide range of antique, vintage,

classic and eclectic pieces. Norm moved to Powell River from the Lower Coast in December and opened the antique store in January. He owned four antique stores on the lower coast in the past. He invites people to come by and check out his inventory. "I have such a variety of old things from mid century to modern. Ninety-nine per cent of my stock is made from real wood," he said. "I have dressers, cabinets, lamps, spinning wheels – just about everything." He also repairs lamps and wooden items. Norm says the easiest way to get to Still Good is go down the big stairs on Marine Avenue or come in off Willingdon Avenue. For more info call 1-604 989-3243 or email stillg17@gmail.com.

Artique Artist's Cooperative is moving out of its Marine Avenue Home to 6820 Alberni Street. The artist's cooperative will take over the old Rockit Music space (which moved in January to 4400 Marine Avenue) as well as the space next door that was formerly the home of Vlatka Sewing. The planned date of Artique's occupancy is March 15, says Caroline Jobe, one of the founders of Artique. She said the 18-year-old cooperative is growing and is happy to stay in the Marine-Alberni area. Artique phone remains at 604 485-4837.

Vlatka Sewing is owned by Vlatka Fislis and she has moved her business to her home at 5636 Manson Avenue. Call her at 604 483-2022

Great Balls of Wool is expanding and moving from 4722A Marine Avenue to 4722 Marine. The new larger space, next door to where they were, was occupied by Artique until GBW's owner Roisin Sheehy-Culhane, who also owns the building, decided to expand. She said it will now be a gallery and boutique and wool store. **PL**

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WEEKEND**



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The Shape of Water
Feminist Zine Lab
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Special O Swim Meet

**MARCH 9 TO 11
WEEKEND**



Daylight savings begins
Wu Woom Festival
Festival of Performing Arts Finale
CJMP People's Prom
Red Skelton
Maple Sugar Shack
Pruning Workshop

**MARCH 16 TO 18
WEEKEND**



Spring Break begins
Seedy Saturday
Vinyl Flip
St. Patrick's Day
54-40 Unplugged
Crib Tourney

**MARCH 23 TO 25
WEEKEND**



Palm Sunday
Men's Rec Hockey Tourney
Stillwater Bluffs benefit
Holy Week begins
Expose Yourself begins

March has packed MUCH more into its 28 days. See Pages 28 to 35 for more.

Make like a seed and sprout

5 March Events

proofs that spring has sprung at last

1. Kings are in the Playoffs

After losing their last three games of the season, the Powell River Kings gave up the chance at finishing first and slipped to third in the Coastal Division. That means the Nanaimo Clippers have home ice advantage when they meet the Kings in the first round.

2. Seedy Saturday

At press time in late February, snow was falling heavily on local gardens. But hopefully by March 17, the dirt will be visible again... and inviting. Buy or trade local seeds at this annual event - but more importantly, get inspired by the many local green-thumbed flora enthusiasts.

3. Spring Break

From the afternoon of March 16 to the morning of April 3, most local students will abandon their pencils and books. The weather makes ALL the difference though, between two weeks on the couch and two weeks in the woods.

4. Chocolate eggs

Walk by the seasonal shelves at the mall, and the pink, blue and yellow glare is unmistakable: it's Easter basket time (well, actually, it's Lent. No chocolate for you, yet.) Holy Week starts March 25 with Palm Sunday, and, for kids, the City's free annual Easter Egg Hunt is at Willingdon on the 31st.

5. That spring feeling we share with wild animals

Is it hot in here, or is it just me? After months of hibernating, it's time to make like a bunny and breed. The Expose Yourself festival runs March 23 to April 7, and features art, music and other performance for your pleasure.

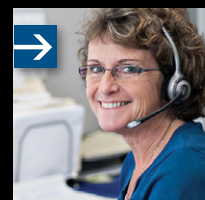
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Plan your *March*

Big March Dates

Sunday, March 11

Daylight Savings time starts

Monday, March 12

Commonwealth Day

March 17 to April 2

Spring Break for most schools

Assumption students are off March 10 to March 25. At the Recreation Complex, special schedules are in effect for skating and swimming. See the new *Active Living Guide* for more.

Saturday, March 17

St. Patrick's Day

Tuesday, March 20

First day of spring

Sunday, April 1

Easter (and April Fool's Day)

Monday, April 2

Easter Monday

Big Community Celebrations

Thursday, March 8

International Women's Day Celebration

March at Noon starting at Base Camp, Event 6:30 Max Cameron. By Donation. Spoken Word performances by Women for Women. Film Screening of *Speed Sisters*. See Page 7 for more.

Saturday, March 10

CJMP People's Prom

8:00 pm until late. Cranberry Seniors' Centre. \$10. DJs. Cash bar, so 19+.

Wu Woom Festival

6:30 pm, Tla'min Salish Centre. Share culture, dance and songs. Everyone invited...this event is a fundraiser for Sun Run 2017.

Sunday, March 11

Maple Sugar shack at Club Bon Accueil

10 til noon. Traditional brunch and taffy. Adults: \$12 (members) \$15 (non-members) Children 5 to 8: \$8 Under 5: free Everyone is welcome!

Saturday, March 17

Seedy Saturday

9:30 to 2:30, Rec Complex. See Page 35 for more.

March 23 to April 7

Expose Yourself Exhibition

Events include "Rope Bondage for Beginners," a spoken word night, and a sexually-charged ukulele concert. See full listings on Facebook.

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In May, *Powell River Living* will publish the 8th annual edition of

Home Grown

Powell River's ONLY magazine dedicated to agriculture and local food

More than a grower's or diner's guide, *Home Grown* also takes you **behind the scenes** to see who's creating food, where and why.

We'll look at how you can grow your own, who is growing food, and share maps and instructions to help you find **where to get locally-produced food.**



- Want to get on Powell River's food map?
- Want to get the word out about your products or services?

Contact Sean at
604 485 0003
sean@prliving.ca

or Suzi at
604 344 0208
suzi@prliving.ca

DEADLINE IS APRIL 6

Holy Week / Easter / Solstice

Tuesday, March 20

Equinox Blessing of the Seeds

5pm, Sycamore Commons labyrinth. Ecumenical service followed by a potluck. There will be prayers for all creation and a blessing of seeds. All are welcome!

Spiritual Living Today

7 to 8:30pm, Studio Curious. \$12 or by donation. A workshop by Kathseva Fentiman of the Self-Realization Meditation healing Centre in Halfmoon Bay. Register by calling Deborah Meier at 604-483-8927 or emailing Deborah@innerlightnaturalhealing.com. Learn more at www.selfrealizationcentrecanada.com.

Sunday, March 25

Palm Sunday

10am Holy Eucharist, St. David & St. Paul Anglican

Thursday, March 29

Maundy Thursday Service

7pm, St. David & St. Paul Anglican

Maundy Thursday Seder supper and service

5pm, Powell River United Church. "A celebration meal from a Christian perspective recognizing our Jewish ancestral roots of Passover." Includes a meal, story telling, readings, and song. Please let the

office, 604-485-5724, know by March 26 if you plan to attend."

Friday, March 30

Good Friday service & Stations of the Cross

10am, St. David & St. Paul

Good Friday service

10:30am, Powell River United Church

Saturday, March 31

Community Easter Egg Hunt

10am, Willingdon Beach. Children to age 10 are welcome to hunt. Get there a little early.

First day of Passover

Easter Vigil

7pm, Faith Lutheran

Sunday, April 1

Easter Sunday Worship Services

10am Holy Eucharist, St. David & St. Paul
10am Westview Baptist
10:30am Powell River United Church

Monday, April 2

Easter Monday



<p>Rib Eye Steak Premium Beef 2 for 1</p>	<p>CHOPPING BLOCK</p>
<p>Baby Back Ribs Membrane Removed 2 for 1</p>	<p>Storemade: Lasagnas Meat Pies Shepherd's Pie Cabbage Rolls Sausage Rolls and more...</p>
<p>4741 Marine Ave 604 485-4838</p>	

<p>crime housing family debt child welfare</p>		<p>Problems with the law?</p> <p>Contact Dana dana@prcrc.org or 604-485-0992</p>
--	--	---

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The most important holidays in the Christian year happen March 25 to April 1. Local churches hope you'll join them for worship and other times of refecton and celebration.

2018 Holy Week and Easter Services

St. David & St. Paul Anglican and Faith Lutheran churches, joint services

<p>March 25 Palm/Passion Sunday 10am • St. David & St. Paul • Holy Eucharist</p>
<p>March 29 Maundy Thursday 7pm • St. David & St. Paul</p>
<p>March 30 Good Friday 10am • St. David & St. Paul Stations of the Cross</p>
<p>March 31 Easter Vigil 7pm • Faith Lutheran Church</p>
<p>April 1 Easter Sunday 10am • St. David & St. Paul • Holy Eucharist</p>

Everyone Welcome
Come as you are, with children or without, in jeans, or more dressed up, single, married or partnered, from an Anglican background, other backgrounds or no church affiliation.

Rev. Faun Harriman

Join us for Holy Week 2018

March 29 **Maundy Thursday** • 5pm Seder supper and service
March 30 **Good Friday** • 10:30am service
April 1 **Easter Sunday** • 10:30am service

All are welcome here

P R U C Powell River United Church
www.powellriverunitedchurch.com
6932 Crofton St • 604-485-5724

	<p>Westview Baptist Church</p>	<p>EASTER SUNDAY SERVICES April 1 10am Muffins & coffee beginning at 9:30am</p>
<p><i>"Always a Place For You"</i></p>		
<p>3676 Joyce Ave • 604 485-5040</p>		<p>wbchurch.ca</p>

Holy Week 2018

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Phil Dwyer

Jazz swings ba

BY PAUL CUMMINGS

Powell River's first jazz festival, "Townsite Jazz," fires up on April 5, 6 and 7 at various locations in the Townsite.

This exciting, unique and action-packed event boasts 11 concerts which blend high school, university and professional jazz musicians.

One of the grandest shows, the Big Band Dance featuring the Bruce James Orchestra, will take place at Dwight Hall during the final evening of the festival, when the old hall will come alive with the sound of swing music once again. We're thrilled to announce that the Brooks/Max Cameron Alumni Jazz Band (young and old) will open the show.

There's a reason why Big Bands were so popular in the 30's and 40's. The music was outstanding; fabulous writing and arranging, world class musicians, dazzling showmanship, and raw, red-hot power! The music of Duke Ellington and Tommy Dorsey brought people together to listen, socialize and, of course, dance. It was the place to go and, in Powell River, Dwight Hall was the place to be.

I'm sure there are dozens of stories floating around

TOWNSITE JAZZ

What: First ever jazz festival in Townsite

When: April 5, 6 and 7

The details: To view the schedule or order tickets to any of the 11 concerts, visit townsitejazz.com. Tickets are \$20 each and available online through Brown Paper Tickets or at the door.

our city about the Big Band dances of the past.

A personal anecdote takes me back to my early years of teaching music in the 1990s. An older gentleman named Mart contacted me. He said he'd heard my high school jazz choir, and would I be interested in having them open for his big band the following month? I called my parents and asked "Have you ever heard of a guy named Mart Kenney?" There was a pause before my Mom answered "Your father took me on our first date to see Mart Kenney and his Western Gentlemen at Dwight Hall in 1959." Wow!

Mart was a Canadian big band icon, and a sweetheart of a guy. I once heard a kid ask Mart, "Hey mister, are you famous?" and Mart replied "Son, I was the Michael



Black Gardenia



Melinda Whitaker



Walter Martella

© Colaninno/Brooks Jazz

Back to Townsite

Jackson of the 1940s"...and he was.

Big band music has always been alive in School District 47. Brooks and Max Cameron Secondary schools always offered jazz band classes each semester, and this year boasts a huge 28 member ensemble.

BOOGIE WOOGIE TO TOWNSITE

Townsite Jazz Festival aims to provide an opportunity for secondary and post-secondary music students to learn from and perform with professional musicians in a live, public setting and to connect artists with new audiences. Besides the Phil Dwyer trio (who is also the festival's associate president) and their special guest Melinda Whitaker, the Townsite Jazz Fest lineup includes Black Gardenia, Bruce James Orchestra, 100 % Certified Organic Groove with Dr. Tony Genge and the VIU Nanaimo Jazz Bands and student ensemble.

Tables for the Dwight Gala may be reserved with the purchase of 8 tickets


Festival Alumni Jazz Band registration can be found at www.townsitejazz.com. Tickets are available online and at Rockit Music and The Peak.

Contact paul@townsitejazz.com for more information.

"Son, I was the Michael Jackson of the 1940s."
– Mart Kenney, famous band leader with a local connection

It was a no brainer for the festival to offer an Alumni Jazz Band experience, open to anyone who has ever played in a Brooks or Max jazz band. We've received registration from people who graduated as long ago as 1971, and as recently as last year. There's no limit to the size of the ensemble, so spread the word. We can't wait to begin rehearsing the group, let alone experiencing their premiere performance at Dwight Hall.

If only the walls of that old hall could talk! Oh to have seen those Powell River socialites, dressed to the nines, dancing to the Big Band sounds of Dal Richards, Vince Forbes and alike.

Join us at the Townsite Jazz Festival's gala Big Band dance, and take in the powerful and infectious music of the Bruce James Orchestra. Slide into your vintage clothing if you like, and let the past wash over you in a venue that was built for Big Band swing. 

Music

To March 9

Festival of performing arts

Dance, Poetry, Music and much more.

Friday, March 2

Texture & Light, Hush Hush Noise, George Ireland

McKinney's 9 pm cover \$10

Saturday, March 3

Jazz Vespers with Take 5

4pm, Powell River United Church. Music and readings: a moment for contemplation and beauty.

Moonshine High

McKinney's 8 pm cover \$10

Friday, March 9

Festival of Performing Arts Grand Concert

7pm, Evergreen Theatre. \$15 / \$10 for children under 16 and seniors.

Father Funk (UK)

McKinney's 10 pm cover \$15

Saturday, March 10

CJMP People's Prom

8:00 PM until late Cranberry Seniors' Centre. \$10. DJs. Cash bar, so 19+.

Wu Woom Festival

6:30pm, Tla'min Salish Centre. Share culture, dance and songs. Fundraiser for Sun Run 2017.

Red Skelton

Legion, 5pm Roast Pork dinner (\$10), 7pm "Reflections of Red" (\$15). Tickets available at Legion Bar.

Konfidential, YD From Tha North

McKinney's 9 pm cover \$10

Friday, March 16

54-40 unplugged

Max Cameron

RcThaHazard with guests

9 pm McKinney's cover \$10

Diana Braithwaite, Chris Whiteley

Jazz and Blues at Cran Hall, 7:30pm. \$20 in advance at Rockit, \$25 at the door. With Walter Martella.

Saturday, March 17

St. Patrick's Day Blowout

McKinney's with Tower of Dudes, The Hex, Punk Jams, Royal Jelly and Smoke Machine. 9 pm cover \$10

Sunday, March 18

Vinyl Flip

McKinney's 1 to 6pm

Friday, March 23

Overdrive

McKinney's 8 pm cover \$10

Saturday, March 24

Petunia and the Vipers

McKinney's 9 pm cover \$25

Sunday, March 25

Stillwater Bluffs Benefit with Luke Wallace

7:30 Cran Hall

Friday, March 30

The Soda Crackers

McKinney's 8:30 pm cover \$15

Saturday, March 31

Expose Yourself Festival party

McKinney's 9 pm cover \$10

Follow the students PRISMA benefits Mexican children

BY ISABELLE SOUTHCOTT | isabelle@prliving.ca

Last year, Carlos De Santiago Fuente, a violist from Mexico who works with children from low-income families, received a \$1,000 scholarship from PRISMA to cover the cost of his housing and meals while in Powell River.

His girlfriend, Fatima Hernandez Silva, a violinist from Mexico, who works in an orchestra that serves children for free, received a full scholarship to PRISMA in 2017. When they returned home, both were excited to share what they learned at PRISMA with their students.

Powell River Living caught up with both of them last month, here's what they had to say.

Carlos De Santiago Fuente

"I work as a viola teacher on a project called COMPAZ in Aguascalientes, Mexico. This project is for children of low resources. A group of teachers and I teach music to children to form an orchestra. This is wonderful because children have the opportunity to learn an instrument. Best of all, classes are free.

"COMPAZ has given me many important moments but the best moments are when you see the children enjoy the music," said Carlos.



TOGETHER AT PRISMA, APART IN MEXICO: Both Carlos De Santiago and Fatima Hernandez share their PRISMA-learned skills with struggling children back in their home country. *photo by Robert Colasanto*

Through COMPAZ, Carlos and others teach music to children to form an orchestra. COMPAZ was born of a need, says Carlos. "Many children in Mexico live without education. Compaz is a catapult for children to continue their studies and think big. Viola children are the best; everyone has their story. I have 11 viola students who are between 7 and 15 years old, they are all very talented and, most importantly, they like to make music."

What Carlos learned at PRISMA last year has been shared with his students. "Not only can I share my knowledge of music, but also my life experiences," he says. However he was quick to note that it works both ways. "I learn a lot from my students. They fill me with energy and encourage me to move on."

Fatima Hernandez

Fa works as a violinist. Although she began playing the violin at the age of 11, she decided to become a professional when she was 18.

"I didn't know any famous violinists but my choir teacher inspired me to keep practicing and maybe some day be a professional," she told *Powell River Living*.

Fa belongs to Orquestando Armonía, a free music education program that is part of the Philharmonic Orchestra of Boca del Rio. The orchestra gives free music lessons to over 400 kids and the program's mission is to promote the healthy development of children and youth through music.

Orquestando Armonía is a social development program focused on children and young people in vulnerable situations in Boca del Río, Veracruz. The program uses the transformative power of music as a means to cultivate a state of creative and positive awareness, fos-

tering values and aspirations. This program is currently composed of three orchestras, five choirs, an ensemble of harp jarocho and a choir composed of the moms of students.

Through her work, Fa helps kids to improve. "They need to know all that great things they can do, sometimes they come from broken families, without any basic education. They need that little push to get better ways to think about their lives," she said.


"Many children in Mexico live without education. Compaz [orchestra] is a catapult for children to continue their studies and think big."

– Carlos De Santiago

How did PRISMA help her?

"The mock auditions, feedback and advice the teacher gave to us at PRISMA was very helpful. They gave us new tools to use for future auditions."

Fatima and Carlos have been a couple for three years but live in different states. "Unfortunately we live 10 hours away," says Carlos. "She works in Boca del Rio, Veracruz and I live in Aguascalientes," he says.

"We both like our work and we would like to continue studying and be together again." 



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Make, Read & Learn

March 1 & 3

Pussy Hat Knit-Ins

Great Balls of Wool Thursday March 1 from 6:30-8:30pm and Saturday March 3 from 1-4pm

Friday, March 2

Tech Savvy – eBay

4pm at the Library
To Register call 604-485-4796 Ext. 206.

Saturday, March 3

Feminist Zine Lab

PR Public Library 1-4pm

Kiwanis Club Book Sale

4943 Kiwanis Ave, 10am -1pm

Sound Walk

10am, starts in the alley behind the Library. With artist Donna Lytle.

Sunday, March 4

Vintage Sewing Machine gathering

10am to 4pm, Makerspace at Oceanview. \$5. Register at kevinwilson.ca

First Crafternoon

3 til 7pm, Townsite Brewing. Bring your projects. The first of many events.

March 5 to 9

Give a Sh!rt! An ARC Community Event Centre Fundraiser

Donate your good used clothing and household items. For info about drop off locations and pick-ups, call 604-485-6411 or visit inclusionpr.ca

Saturday, March 10

Pruning Workshops

1 pm - 3 pm and, if required, a second session 3:30 pm to 5:30 pm The workshop will be hands-on and you will go home with enough knowledge to prune your own trees. Please bring any pruning tools that you may already have. their-banfarmer@shaw.ca. \$5

PRRD Community Visioning Workshop

2- 4pm at the Texada Community Hall in Gillies Bay.

Powell River Sunrise Rotary Walk

There's still time to sponsor a walker! This year they are: Kim Wall; TJ Bains; Terry Noreault; Ben Fairless and Frank Clayton. They're walking from Blubber Bay to Shelter Point. Check out how to help by going to the club's Facebook page.

Thursday, March 15

Deadline: Call for Submissions for the eCouture Fashion Show.

Friday, March 16

Lou McKee presents The Klee Wyck Journal

7pm, library. Author Lou McKee will read from her new book about 'the making of a wilderness retreat,' her journal and sketchbook celebrating cabin life.

Tuesday, March 20

Spiritual Living Today

7 to 8:30pm, Studio Curious. \$12 or by donation. A workshop by Kathseva Fentiman of the Self-Realization Meditation healing Centre in Halfmoon Bay. Register by calling Deborah Meier at 604-483-8927 or emailing Deborah@innerlight-naturalhealing.com. Learn more at selfrealizationcentrecanada.com

Saturday, March 24

Tech Savvy – eBay

1:30pm at the Gillies Bay Seniors Centre. To Register call 604-485-4796 Ext. 206

Tuesday, March 27

KEVA Build-a-thon:

Drop-in any time between 10 am - 3:30 pm. Free. In the First Credit Union Community Room at the PR Public Library. All ages under 18 welcome. Kids 7 and under must be accompanied by an adult.

Wednesday, March 28

Meet Sphero

Get to know Spheros, the Library's robots. Take a Sphero for a spin and learn about coding, too. Drop-in any time between 10am - 3:30pm. Free. In the First Credit Union Community Room at PRPL. All ages under 18 welcome. Kids 7 and under must be accompanied by an adult.

Thursday, March 29

Play with Puppets

Take a turn being the puppet master and play with the Library's puppet collection and professional theater. Drop-in any time between 1:30 and 3pm. Free. In the First Credit Union Community Room at PRPL. All ages under 18 welcome. Kids 7 and under must be accompanied by an adult.

Book Launch: Little Cloud, Mrs. Pea and You Pointing at Me

32 Lakes Cafe, 11am to 1pm. Meet author Juhli Jobi and illustrator Catnip. Storytime every 15 minutes, colouring for the kids.

Wednesday, April 4

Intro to Self-Employment

9:30am to 4pm. Community Futures. See ad on Page 39.



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kathybowes.com

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Sports & Fitness

Saturday, March 3

Free Family Swim

2 to 4 pm, rec complex. Sponsored by United Way.

Sunday, March 4

Powell River Special Olympics swim meet

11:30-4. Looking for volunteers. Melissa.wp@gmail.com or call/text 250-334-6345

Monday, March 5

Kings in the Playoffs

vs. Nanaimo Clippers 7 pm, Hap Parker

Tuesday, March 6

Kings in the Playoffs

7 pm Hap Parker. Will they play more games? Stay tuned.

March 5, 12, 19 & 26

Gentle movement class for Chronic Pain

10:30 to 11:30 am, Cran Srs Centre. See ad on Page 22

March 6, 13, 20 & 27

Relaxation and gentle movement class for Chronic Pain

10:45 to 11:45 am, Nourish Studio. See ad on Page 13

Saturday, March 17

Crib Tournament

Lang Bay Hall, play starts at 10am, doors open at 9:30 am. \$15. To register call 604-483-1440. 60 spots only. Cut off date March 12th

Logger Sports burger and beer fundraiser

5:30 pm, Carlson Club. See ad on Page 16.

March 23 to 25

Men's rec hockey tourney

Hap Parker

March 30 to April 2

Peeewe hockey tournament

Film

Thursday, March 1

Film Stars Don't Die in Liverpool

1:30 pm Thursday Matinee, The Patricia

March 2 - 6

The Shape of Water

7 pm Nightly, The Patricia

March 7 & 8

Dina

7 pm Nightly and 1:30 pm Thursday Matinee, The Patricia

Thursday, March 8

International Women's Day Celebration

6:30 Max Cameron. Screening of *Speed Sisters*.

Friday, March 9

Schreurs Cinema Wayne's World

9:30 pm, The Patricia

March 14 & 15

A Fantastic Woman

7 pm Nightly and 1:30 pm Thursday matinee The Patricia

March 21 & 22

Call Me By Your Name

7 pm Nightly and 1:30 pm Thursday matinee, The Patricia

March 28 & 29

Loveless

7 pm Nightly and 1:30 pm Thursday matinee, The Patricia

Powell River HOME + GARDEN SHOW

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Recreation Complex Arena

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EVENTS WHAT'S UP

Seedy Saturday

The Seediest Event In Town is March 17, 9:30am to 2:30pm!

Come out and swap seeds, buy seeds, learn to grow seeds and much more. Seedy Saturday is an annual event that focuses on bringing people together to promote saving seeds; maintaining local open pollinated, non-GMO, heritage seed cultivars.

Features this year are:

- Workshops for new as well as more seasoned growers. Learn about Micro-greens, Mushrooms, general growing practices and more.
- Purchase locally saved seed - \$1 a pack
- Family Place is managing the children's area
- Silent Auction of great donated items
- Book Exchange
- Information tables and vendors – contact Ellen at gmofreeseed@gmail.com for a table

The event is in desperate need of volunteers; to help out please contact Cindy Demeester at cyrodem1@telus.net.

Admission is \$3 this year, including an entry on our vendor basket of goodies.

- Ellen De Casmaker

Wuwoom Festival

Come share your songs and dance at this multicultural showcase and fundraiser, to support the participants to attend Vancouver Sun Run. This event is open to everyone. This multicultural event will be held at the Tla'amin Salish Center (Gym), starting at 6:30 pm on March 10. We seek to celebrate the cultural diversity within the Powell River community through songs, dance, and food.

We would like to invite performers who would like to share in this festival

through various musical acts. We will have Traditional Drummers and Singers along with various arts on location.

Entrance fee is \$10, with people sharing a cultural dish (appetizer) from participants' ethnic backgrounds, or \$15 at the door, call 604 414 3874, for tickets.

- Cyndi Pallen

Make a Zine for Women's Day

Feminism has become a trend lately with designers like Dior including slogans on their expensive clothing, and celebrities becoming vocal spokespeople for the movement, but feminism has been around for decades.

It isn't in response to conservative governments like the one in the United States. Feminism has been around since the early twentieth century and the suffrage movements, and has grown to include many issues that impact women.

During the Riot Grrrl movement of the early 1990s women used zines to express themselves and to organize. Zines are self-published works that include original and reproduced text, images and artwork.

While the Riot Grrrl movement died down in the mid-1990s, feminist zines continue to be published.

On Saturday, March 3 start your International Women's Day celebration early and make your own feminist zine at the Powell River Public Library's Feminist Zine Lab from 1-4 pm in the First Credit Union Community Room. Zine making materials will be supplied.

Registration is not required. For more information contact Megan Cole, teen services co-ordinator, at cole@prpl.ca or 604-485-4796

- Megan Cole

10 MEMORY-MAKING SPRING BREAK EVENTS MARCH 17 TO APRIL 2

1. Community Easter Egg Hunt

For kids 10 and under. Willingdon beach, March 31, 10am. Get there a little early!

2. Spring Break day camps at the Rec Complex

Need care during the two-week break? See the new Leisure Guide for details.

3. Holy Week

Palm Sunday, Maundy Thursday, Good Friday, and Easter Sunday: children are always welcome at church. See Page 29 for schedules.

4. Peewee tournament & Men's Rec tournament

Both of these are at the Hap Parker. Plus, it's Kings playoff season. Use the break to take in some games.

5. Keva Build a thon

At the Library March 27. Use your brain in new ways over the break.

6. Meet Sphero

At the Library March 28. Learn about coding and robotics.

7. Play with Puppets

At the Library March 29. See Page 33 for all special Spring Break Library programs.



8. Kids' Book Launch

On March 29, head to 32 Lakes for a signed copy of Juhli Jobi and Catnip's new picture book, *Little Cloud, Mrs. Pea and You Pointing at Me*. 11 am to 1 pm.

9. Vinyl Flip

This all-ages event at McKinney's features the super ancient technology of... records. 1 til 6pm, March 18.

10. Tennis lessons

Indoors for spring, with expert coaches. Get ready for summer on the Townsite courts. See ad on Page 28.

54-40 Unplugged

54-40 is thrilled to bring its "A History Unplugged" Tour to Powell River. Unplugged: Songs & Stories is an intimate re-imagining of their greatest hits performed as never heard before.

Featuring original arrangements of violin, guitar, banjo, mandolin & more this performance gives new context and spirit to classic songs fans know and love. In between songs the band often engages with the audience sharing stories from their 30+ years together.

In April 2017, the band was inducted twice into the Canadian Music Industry Hall of Fame at both The 17th Annual In-

dependent Music Awards (The INDIES) and the Canadian Music and Broadcast Industry Awards.

- Elaine Easton

Art at the diner

Graham Harrop is Powell River's most celebrated cartoonist. His work has appeared in the Vancouver Sun and The Globe and Mail, and inside the pages of several cartoon books, the latest being *The Sunshine Coast Is*, (an entertaining look at some of the funnier aspects of the coast). Graham, who grew up in Powell River, has strong ties to this community and his work is now on display at Magpie's Diner in Cranberry. [RL](#)

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Tea and a reading

Powell River Tarot: a community reading, by Teresa Harwood-Lynn

Teresa is available for individual readings, parties and special events. You can contact her directly at 604-485-5620 or by email at teresaann@telus.net

Sometimes you just have to take the long way around the mountain. Tea was poured and nine cards spread out on the table. The prevailing theme appeared to be worry about someone. But Deb, appeared to be more disappointed than worried when I told her this.

"No," she says, "I'm not worried about anyone." We reshuffle, have a sip of tea and begin again. As the cards are placed on the table it soon becomes evident that these are the exact same cards. The only thing that has changed is their position. We sit staring - what are the odds? The overall theme has shifted slightly due to the new placement of the cards.

"While there may be cause for concern, the person you are worried about is not tinkering on the brink of destruction, it will work out," I explain.

"No," she says, "I'm not worried about anyone." At this point two things occur: Deb begins to wonder why I wasn't getting a good "read" on the cards, and I start to doubt my ability. We agree to press on, regardless, and place nine more cards on the table.

The cards following dance around various aspects of Deb's life. The ebb and flow of the roles we play, how our past shapes our future and that now may be the time to really let go and enjoy life.

And then we hit a nerve. On the table is the Page of Pentacles, with his single coin. He appears to be holding it up, as if examining it.

The nine of Pentacles arrives beside the Page. This is a card of abundance and comfort. As I begin to read the cards, literally, I tell her the cards suggest it's time to let go of control. You've been pragmatic and planned well, but you've reached a time in your life when you can reap the benefits. Enjoy and indulge.

Deb interprets what she hears intuitively, in a way that makes the reading fit, for her.

"Money and comfort. I've been wondering about that



What a reading reveals

- YOUR DEEPEST QUESTIONS
- THEMES YOU'RE EXPLORING
- NEW WAYS TO LOOK AT SITUATIONS

lately." Deb pensively whispers. "You've brought up an issue - raised a question for me - and now I have to pull back the layers. You've really confirmed what has been in my mind."

We finish the reading and slip easily into our role as friends.

It's been several weeks since Deb's reading and I send her a note to find out if the experience was what she had imagined it would be.

"Not really. I found it more like just thinking of aspects of my life I don't normally think of."

I press a bit harder. "Have any aspects of the reading continuing to unravel?"

"Yes," she informs me. "Just tonight we were having dinner at Genki's, and I thought, 'Isn't it nice to spend a bit more money on ourselves.' And then I thought that maybe we should buy an electric car. But that might take some time. Old spending habits can die hard." **RL**

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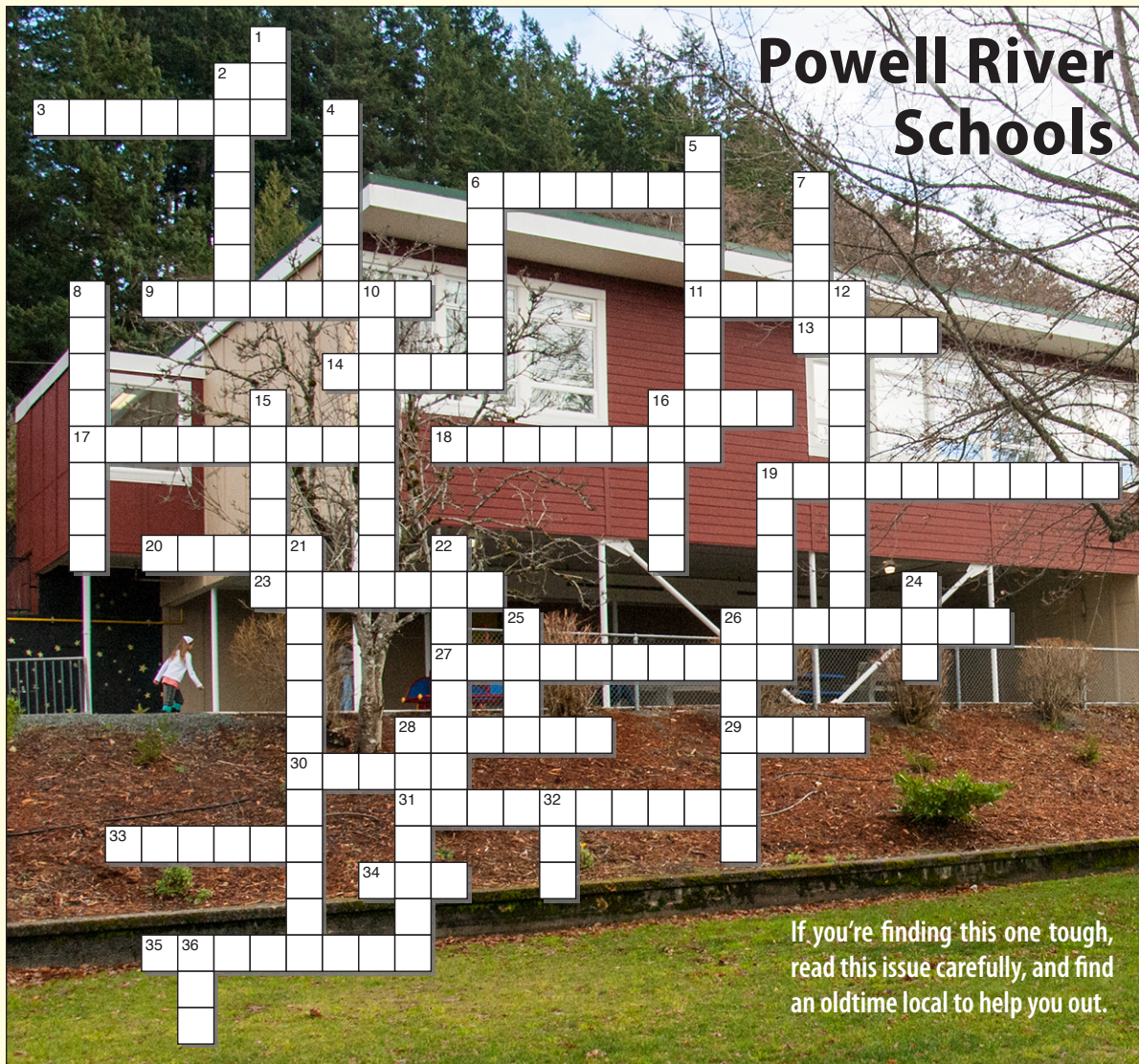
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Powell River Schools



If you're finding this one tough, read this issue carefully, and find an oldtime local to help you out.

Across

- 2) Know-___-Understand
- 3) Old high school, new theatre, movie director
- 6) Board chair
- 9) Old Westview, now French, school
- 11) Student transporters
- 13) Papa's program
- 14) Southern school
- 16) Day off for kids, not teachers
- 17) Pictured school
- 18) Kitchen arts
- 19) Grief Point's new tenants
- 20) SD47 registration deadline month
- 23) Crazy outdoor centre
- 26) Newest
- 27) Old school closed, but history runs deep
- 28) Smallest elementary
- 29) Two credits, not a fight
- 30) French school
- 31) Where the uniforms go
- 33) and Scanlon, high school
- 34) Outdoor adventure tourism acronym
- 35) Theatre City thought to close, but still has leaves

Down

- 1) SD47 director of instruction ___ Fairbairn
- 2) Grad diploma or tree
- 4) Academy location (old school name)
- 5) Old school on Manson
- 6) Church school
- 7) No more point
- 8) Cranberry? or Westview? Close to a bluff
- 10) See the sea
- 12) International partner
- 15) Immersion language
- 16) Teacher's group (acronym)
- 19) College for ESL
- 21) Cutting, but not for salad
- 22) Elected reps
- 24) Homeschoolers acronym
- 25) Assessment leans in BC's favour
- 26) Hot metal
- 28) SD47 learns on traditional territory of
- 32) Take it to the Brooks Theatre
- 36) University acronym



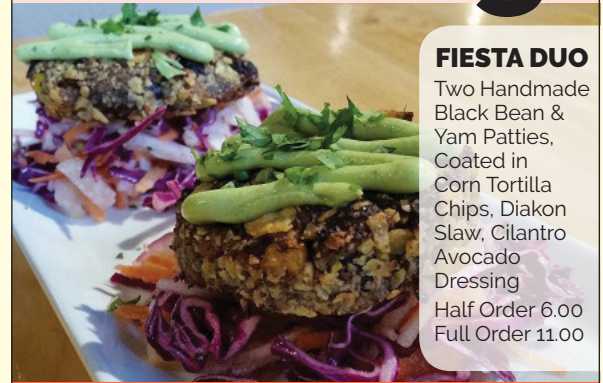
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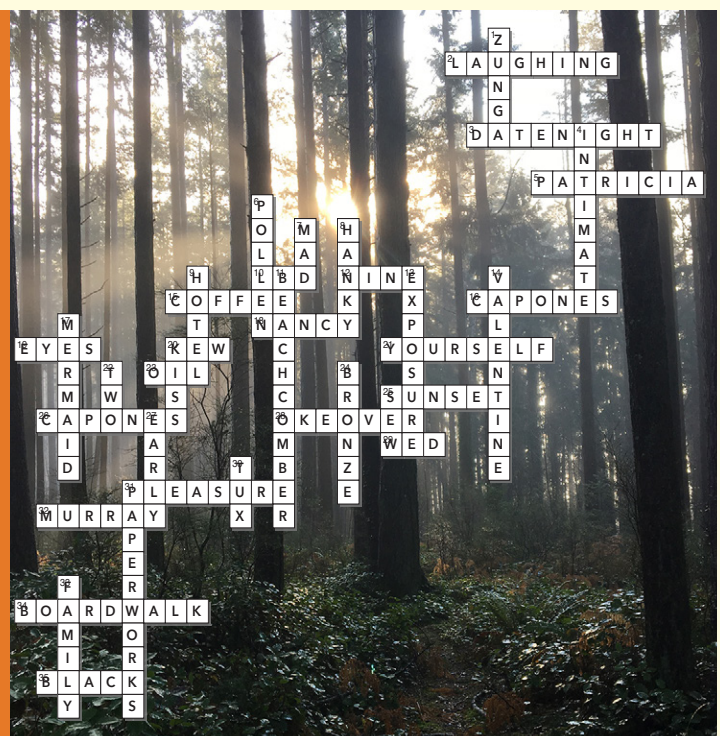
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Solution for last month's puzzle: Love in Powell River





From the very first time I laid eyes on it, I wanted it.

Oh, it was beautiful with its long, lovely fringe cascading down from soft, supple leather, all in the snazzy shape of a crescent moon. I fell in love with the thick braided shoulder strap and could picture myself nonchalantly walking down the street wearing this jazzy little number. But the colour, most of all it was the colour, that caught my eye. It was purple! Not just any purple

is a work of art.

I stared at it for a while, shrugged, and reluctantly left the store and the purse behind.

And that was that. I forgot all about purses. Until... until last November, when my partner and I popped into Paperworks to do some Christmas shopping and the purse was still there!

I looked at it and noticed it had been marked down. Despite Dwain telling me to buy it, I couldn't buy myself a present this close to Christmas.

And so, I walked away.

The Purple Purse

but a deep, dark, get lost in your dreams, gorgeous shade of purple. The kind of purple that reminds you of early spring when violets blossom and pretty little pansies stand like sentinels in your garden - their adoring faces soaking up the soft, warm sunshine. I saw all this and more when I looked at that purple purse.

I ran my hands over the soft leather, and looked at the price tag. It was expensive in my mind but its price reflected the time and quality of workmanship that went into it. Handmade in Powell River out of a good quality leather and surprising little extras like a snap attachment for keys. It spoke to me but I was not in the market for a new purse and as much as I liked it, I couldn't justify buying another purse as I'd only just bought one, albeit a black one, a few months earlier.

The sales clerk saw me eyeing the purse. "It's locally made, you know," she shared. "I see that," I replied.

I knew of the artist. We'd had a story about Betsy French in *Powell River Living's* International Women's Day section last March. The story talked about Betsy's life and how this woman with Multiple Sclerosis was creating beautiful handbags. I remembered the story because this woman, who'd been an artist all her life, had seemed so courageous to me. When I saw one of her purses for sale in Paperworks Gift Gallery, I had to have it.

The black purse I bought is a good purse but it isn't the purple purse. The purple purse isn't just a purse, it

The purse was forgotten as we got caught up in the Christmas frenzy. There were gifts to wrap, cookies to be baked and parties to attend!

When it was my turn to unwrap another gift on Christmas morning I ran my fingers over the paper until I found the taped corners. As I pulled the ends apart, I wondered what was inside. I'd already been given the 2018 Nova Scotia Duck Tollers calendar, so I sincerely doubted my sweetie could surprise me any more.

I shook my head in disbelief as I pulled the purple purse out of the box. "How? When?"

But Dwain just smiled.

The purple purse tells a story and maybe that's one of the reasons why I'm so attracted to it. I've had several compliments on it - one lady even took a photo of it to send to her purse-maker friend!

Not long after Christmas I called Betsy and told her that I was the proud owner of the purple purse and how much I loved it.

"I was wondering who bought that," she said. "I knew it wouldn't be just anyone because it's a little jazzy and out there."

Betsy isn't making purses anymore. Her MS has progressed to a point that her hands aren't strong enough to work with leather and I'm told my purple purse is the last purse she was able to make.

I think this purse was always meant to come to me because it is a little jazzy and out there, just like me. **RL**

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The fund has supported a wide variety of projects of different themes and sizes throughout the broader Powell River community. Since the fund was established 10 years ago, PRCF has deposited \$8.5 million and a total of 98 grants have been approved.

We welcome submission of new applications and updates to existing applications at any time. To be considered for the Spring 2018 grant review, the end of March is a good target for submissions. More information on the process to apply, our evaluation criteria, and contacts can be found on our website www.prcommunityforest.ca. If you have questions about the process or wish to discuss a potential project, feel free to contact us directly.

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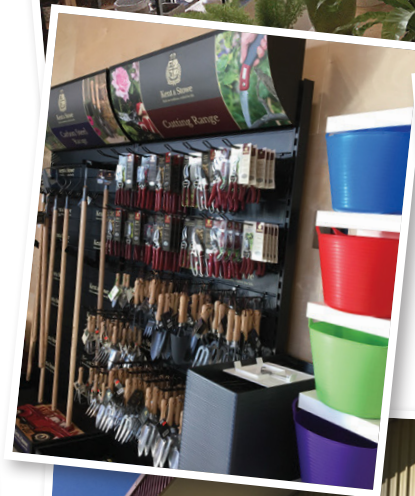
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