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OCTOBER 2017

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Upcoming event: Everyone welcome!

Expand your market by using tech

A special presentation by TELUS Small Business Services to help you expand your business.

Thursday, October 26, noon to 1pm, Town Centre Hotel Luncheon & Presentation, \$20.

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Shop Locally! Look for the Chamber decal on business windows.



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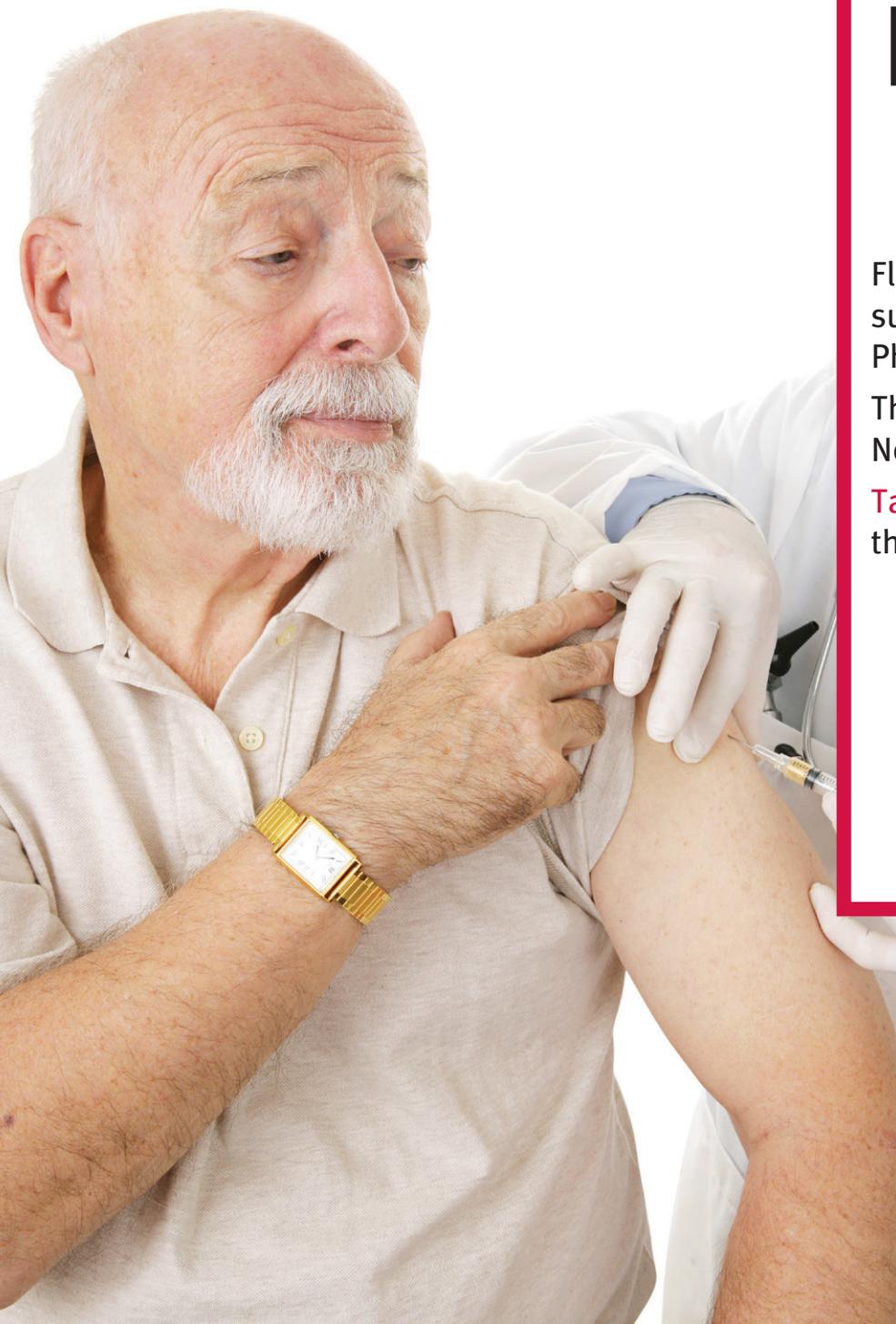
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Blue Lupine

Lupines are one of the most common flowers of British Columbia. This member of the pea family can reach a height of over 70cm.

Flowers are blue, purple and pink. There is also a yellow one called *Lupinus sulphureus*, (Sulphur Lupine), a sub species.

Lupines grow in most areas of BC. They prefer open sandy, gravelly habitat.

There are about 250 species around the world. Lupines can be challenging to identify, as they are so variable.

Many Lupines contain toxic alkaloids and should be considered poisonous.

- Rod Innes 



MAILBAG

Dear Powell River Living:

I felt it would be remiss not to respond in some way to the recent article written by Isabelle Southcott (ZEST, Sept 2017) on chronic pain. As a health care provider with a speciality in pain management, I am becoming alarmed at the number of articles promoting the use of cannabis as a viable treatment for pain.

To date, there is no scientific evidence that supports the use of cannabis other than as a possible alternative to help nausea for patients going through cancer treatment.

The other uses are for recreational purposes. Using cannabis to treat pain is the same as saying that alcohol should be used to treat pain.

Although I empathize with clients like Janice dealing with chronic nerve

pain, the treatments used should provide benefits rather than harmful side effects. There is evidence to suggest that the long-term use of cannabis can impair brain function, something I think all of us would want to avoid. If you suffer from chronic pain, please get competent pain care information before choosing alternative substances that may cause more harm than good.

*Ann Nadalini, Clinical Pharmacist
Powell River Safeway*

We welcome feedback from our readers. Letters may be edited for length.

Email isabelle@prliving.ca,

or mail letters to

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TONY CULOS was born in Italy and moved to Canada in 1966 at the age of 20. In 1969 he married Sara Medina in Mexico City. Tony worked in the mill here until retiring in 2001. A long-time volunteer at the Italian Community Club, in 2012 he wrote and published the illustrated book *75 Years of Club Activity: An Implausible Tale of Survival*.



MARIA PRECILLA MISAJON is a registered nurse from the Philippines. She worked in Saudi Arabia as a neonatal ICU nurse before coming to Canada, where she has been working as a private Health Care Support Worker since 2009. She loves Powell River for its scenery and friendly people and looks forward to sharing it with her children and grandchildren.



MOHINDER SINGH was born and raised in India and grew up in Kashmir where he would look forward to Diwali for festivities, food and new clothes. He and his family have been celebrating Diwali at their restaurant (Little Hut Curry) ever since they opened with food, festive display of lamps lights, and stories related to the event.



BRITTANY SERVICE is a born and raised Powell Riverite, mother, wife, and a boss. Her daughter Shayne is keeping her busy while balancing her home life and her business - Service Vocal Training. Her passion has always been the Theatre so it's only fitting that she is completely immersed in all aspects of her life.



JANELLE HUBER was born and raised in Powell River. Inspired by the town she lives in, she has been painting and doing embroidery full time for the last two years. She sells her creations locally at farmer's markets and craft fairs throughout the year. This year, she won a Best of Powell River award.

ON THE COVER

"Home at Night in the Forest" is a one-of-a-kind embroidery hand sewn on taupe fabric in a 9" hoop. Find more of Janelle Huber's work at huberink.tictail.com, facebook.com/HuberInk/, and at local artisan events.





PUBLISHER'S MESSAGE

Autumn a time for inner transformation



I can't help but smile when the burnt-orange October leaves crunch beneath my feet because I know my favourite time of year has arrived. I'm happy to pull out my cozy plaid shirts, Pollen sweater, flannel pyjamas and sheets because I'm an autumn girl.

While you're enjoying this beautiful fall, I encourage you to visit Willingdon Beach and speak with those working on the Hehew̓stn Reconciliation Project (see Story on Page 21). Carvers are transforming an ancient cedar log into a canoe. Like the change of seasons, it is hoped that this canoe will be another sort of a bridge - one that will help non-indigenous people understand and build better relationships with First Nations people.

Speaking about understanding, how much do you know about Diwali? If you're like me, not much but thanks to Mohinder Singh who along with his cousin Hardeep Kaur Bali, who lives in India, helped write an article about Diwali to enlighten us about this important festival (see story on Page 37).

Fall is also a time when many people turn their thoughts to home renovations. Old windows that let in cold air, electrical upgrades, replacing inefficient appliances and cleaning ducts and interior painting are often on a homeowners to do list. Our home renovation section begins on Page 15.

Houses, especially old houses, can be fascinating. How many times have you heard someone say: If these walls could talk what a story they'd have to tell! Well there are lots of stories about the tall yellow house on Manson Avenue but some are just that....stories and

can't be confirmed. Like the story about the ghost who lives there. Our story on Page 6, just in time for Halloween, delves into this grand old house and the friendly spirits who live there.

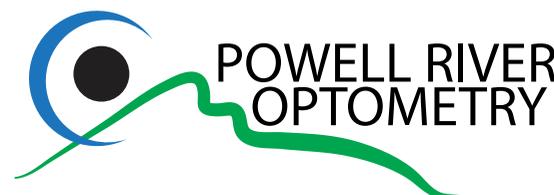
This issue of *Powell River Living* bridges the journey from the tail end of summer into fall. The days are getting shorter and the temperatures are dropping. Next month, we'll be setting our clocks back and begin the pre-Christmas panic.

Time to pull out your warm clothes and dream about a wood stove or that home renovation you'd like to do. [PR](#)

ISABELLE SOUTHCOTT | isabelle@prliving.ca



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DR JOHN WYSE AND ASSOCIATES

Powell River Optometry is now partnered with IRIS The Visual Group.
What will this mean for you?

Where do I go?

Come see us all at Powell River Optometry in Crossroads Village. The team from the IRIS location in the mall has joined us here.

What's different?

You'll get the same great service you're accustomed to from both businesses. Combining forces means a better selection of eyeglasses, sunglasses and contact lenses, as well as service by local Doctors of Optometry. We will also have many exciting offers and promotions available to the community.

What's happening to the IRIS location in the mall?

The IRIS location in the Town Centre Mall is now closed, but all the friendly faces, brands, stock and services are now at the Crossroads Village location.

I bought my glasses at IRIS. Will this new store honour my warranty?

Yes. We are IRIS.

I bought my glasses at Powell River Optometry. Will my warranty still be honoured?

Yes.

Who owns the newly combined operation?

It's a partnership between IRIS the Visual Group and Dr. John Wyse.

Is Powell River losing any jobs?

No, all staff from both locations are keeping their jobs in the Crossroad Village location.

What will the store look like?

The store will ultimately operate under the IRIS brand, so it will look like an IRIS location, but in the familiar Powell River Optometry space.

BY ISABELLE SOUTHCOTT | isabelle@prliving.ca

Back in the 1940s, Don Carto used to play in the abandoned house on Manson Avenue, across the street from the old Cranberry School.

His parents told him not to go inside. That made it all the more appealing for the seven-year-old boy.

“It was spooky inside because the plaster had all fallen off the walls and the staircase had actually crumbled down,” he said.

In his childhood memory of peering into the front room, Don can still see a full-sized reproduction of *The Blue Boy*, Thomas Gainsborough’s moody 18th century painting, hanging in the filth.

Another large painting of a sailing ship hung on the other wall.

Don, who is best known for keeping donkeys on the Wildwood hill, isn’t alone in remembering his creepy feelings - even from 70 years ago. He is one of several long-time locals whose experiences of this house have been marked by eerie feelings, and strange, unexplained noises. Is it possible that Powell River has a real haunted house?

Driving through Cranberry, you can’t miss the tall house, which has been restored by its new owner. The Mediterranean-style home is bright yellow with decorative balconies on the exterior.

If the walls could talk, it might be able to confirm many rumours of its supernatural inhabitants.



Villa Roma was built in 1924 by Anthony and Anna Culos. Anthony and his son Enrico operated Lakeview Dairy Farm on the property, and there was a dairy barn where Manson Manor now stands. They walked the cows to their pasture where the bird sanctuary used to be on Cranberry Lake.

According to the *Powell River News*, (August 9, 1928) they had a herd of 18 cows, Holsteins and Jerseys, which supplied about 30 gallons of milk daily.

A rumour that suggested Anthony died in the basement of the house was quickly dismissed by longtime Cranberry resident Rudy Pearson who was born and grew up further down (or up) the road on Manson Avenue.

Seventy-nine years ago, Rudy was five years old. He was admitted to hospital and placed in a room with three other beds. One night, Anthony Culos was brought in. “He was very sick,” Rudy recalled. The *News* reported that he had mistaken disinfectant for a bottle of wine. Anthony died that night in hospital and not in his house as the rumour suggested.

Rudy believed that Anna remained in the home but for how long, he can’t recall. At some point, the house was abandoned and it was then that rumours about ghosts seem to have started.



John Hewitt also remembers driving by the old house with his parents and seeing the curtains blowing



in the wind when he was a kid. The windows had been broken and hadn’t been boarded up. It looked spooky to him back then.

Years later, he married Elly Hewitt, who lived there with her brother Allan Haan when they were kids.

The Haan family bought the house in the fall of 1952. It had been vacant for several years when they moved in. Lots of kids used to refer to the house as ‘the haunted house’ because it looked spooky, says Allan.

He remembers disposing of broken furniture down an old dry well. “When I moved the sofa, snakes came out,” he remembered. “We got rid of everything down the well.”

The Haan family did a lot of work on the house. They dug out more of the basement (bucket by bucket) to make room for a furnace, and built a second chimney.

Allan says nothing was moved near the first chimney to the best of his knowledge. He’s glad of that because he’s heard that when building a new house, Italians will often place family artifacts on the ground, typically where the chimney is. The items are meant to offer protection and should not be disturbed.

Whether or not this happened, couldn’t be confirmed, but it does add to the mystique of the house. Did moving those objects in the 1950s disturb the spirits of the original inhabitants?

“When I first walked through the door I felt like I was being watched, not in a bad way, just observed. There are noises that are unaccounted for and people who have visited me have heard them as well.”

– Barbara Notheis

She bought the house
for its library,

Not the Hosts

Two years ago, Barbara Notheis bought the
1924 Villa Roma in Cranberry.

Before long, she realized she wasn't alone.



WHO IS HAUNTING THIS HOUSE?: In 1927, newlyweds Elena and Angelo Culos, *above*, had their picture snapped on the steps out front. Three years earlier, his parents, Anthony and Anna Culos, had built it. In Italian tradition, they may have placed special family artifacts around the base of the chimney. Forty years later, the Haan family may have inadvertently disturbed the artifacts when digging out the basement, releasing spirits, perhaps?

Right, Barbara Notheis (pictured with friend Elly Hewitt, far right) bought the house in 2015 and is certain it is haunted by friendly ghosts.





Barbara Notheis bought the house in 2015 and believes the house is haunted.

“There’s no question about it,” she said. “When I first walked through the door I felt like I was being watched, not in a bad way, just observed. There are noises that are unaccounted for and people who have visited me have heard them as well.”

When the first snow fell last year, Barbara could hear “little feet running from window to window like little children excited about the snow.”

And the noises always originate in the green bedroom. However, she’s discovered that whenever she moves something in the green room, the noises stop for a couple of weeks.

The noises don’t bother Barbara and she believes whoever or whatever is making the noise are “friendly spirits.”

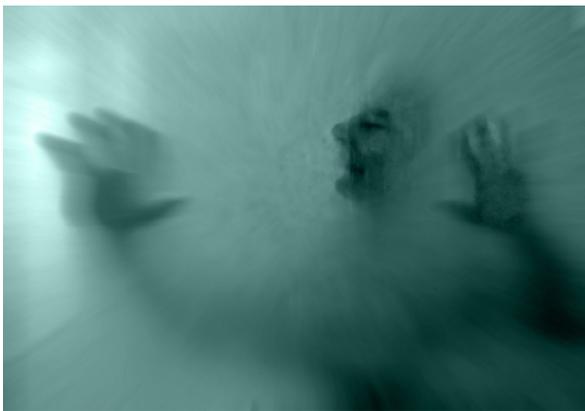
She says the house likes it when she entertains and there are lots of people there. “You can feel it; the house is happy then.”

Barbara says there are so many coincidences that she is convinced there is a special connection between her and 5602 Manson Avenue - and it began long before she walked through that front door.

To begin with the house number is the same as her birthdate.

Her birthdate is February 20, 1956.

“I have a clairvoyant friend who lives in the north. Sofia told me about this house years earlier. She said ‘You will buy a house by yourself.’ I asked her where is this house. She said ‘by the ocean, not in White Rock



WHAT A GHOST LOOKS LIKE: According to the ghost hunters at PRL’s stock photo service, ingimage.com.

but not too far away.’ She said it will be a large house and I said ‘I don’t want a large house.’ She said ‘It will be two storeys high and made of gray stone and you will have a room for everything.’”

“I’m going to live in this large house by myself?” Barbara asked her. “And how will I find this house?”

Sofia told Barbara “this house will come to you.”

She hadn’t planned on moving to Powell River. She’d sold a large property up north and was living in a condo in the Lower Mainland when the house on Manson found her. She was browsing online at houses in the Kimberley area when a house in Powell River popped up.

Powell River, she thought? She hadn’t considered Powell River. She’d visited this community years ago and hadn’t really liked it at the time but still; she decided to see where the search led her.

Barbara contacted realtor Dawn Adaszynski and

asked her if she had any homes for sale that had a library.

“I have about 1,400 books and I needed a house with a library,” she told *Powell River Living*.

Finding a house with a library isn’t easy but Dawn knew of just the house. “It wasn’t even on the market when I bought it,” said Barbara.

The previous owners had never lived in the house; they’d planned to move in when they retired but then the husband died.

The house had been for sale twice but both sales had collapsed and so it was taken off the market.

Barbara thought about what Sofia told her when she looked at the house. It was built of cinder blocks, the gray stones Sofia envisioned in her predictions. Although she returned to White Rock she kept thinking about the house. “Whenever I had a spare moment, it would come to my mind.”

“It made no sense at all but I had no choice. It enchanted me. This house has hugged me since day one.”

To say it ‘needed work’ when Barbara bought it is an understatement.

“By the time Dawn and I emerged from the basement we were covered in cobwebs - but it had a library! This house was totally unsuitable for me but it charmed me and so I bought it.”

Barbara has worked hard to restore the old house to its former grandeur.

Recently, Wayne Culos, a relative of the original owner, stopped by to talk to Barbara about the property, and was happy to see it has been lovingly restored.

“The layout is similar to my parent’s home,” Barbara said. “I couldn’t imagine myself living in any other house. I’ve lived in grander houses but I love this house the best of all the houses I’ve ever lived in.”

Even if it came with supernatural roommates. PRL

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Small Business Week: October 15 to 21

The Match Makers

BY PIETA WOOLLEY | pieta@prliving.ca

You've probably never heard of the Aboriginal Business Match, but the small business behind it, Raven Events, is one of this region's most exciting initiatives. So it's an ideal business to profile for Small Business Week, October 15 to 21.

From an office in the former band administration building on Tla'amin Lands, six locals organize major conferences in Canada and the United States, designed to get Aboriginal and non-Aboriginal businesses and communities working together effectively.

In September, an ABM sold out in Enoch, Alberta. It was hosted by the Enoch Cree Nation. This month, the Lheidli T'enneh Nation in Prince George will host ABM BC North, and St. Mary's First Nation in Fredericton will host ABM Atlantic. Other trade shows are coming up in Sudbury, Langley, Port Hardy, Regina and Penticton.

In December 2018, Raven Events will host its first ABM on US soil, in Gila River Traditional Territory, in Phoenix, Arizona.

It's very successful. So far, millions and millions of dollars in new business contracts have been signed when the right people meet each other.

Who makes the magic happen? The business partners are former Tla'amin Chief L. Maynard Harry, Katrin Harry and Alisha Point. Employees Allison Wilson and Randolph Timothy from Tla'amin as well as Jamie Storm-Elley, who is Blackfoot from Alberta, round out the team.

A conversation with Managing Partner Katrin Harry

How did you come up with the idea to do this?

It came to us when Maynard and I tried to figure out how to make a living in Powell River. We wanted to be able to raise our daughter – who is now 16 – in Sliammon, around her grandmother, where her culture is.



LIKE SPEED DATING, WITH ABORIGINAL BUSINESSES: Above, what you can expect at a Raven Events-organized trade show: many 20-minute meetings with potential business partners, and signed contracts. Below, Raven's Principal Partner L. Maynard Harry meets with Powell River communications consultant Don Farnell at ABM Vancouver Island.

Moving out of Powell River for economic benefit was never an option. So we thought, 'What are we good at?' Maynard is skilled at relationship building. I have a background in hospitality and event management.

We knew that aboriginal communities are often removed from economic centres. First Nations want to have distinct communities – but also want successful businesses. We looked at technology as a solution to that problem. Clearly that's required. But we saw that conferences with little more than talk about business were no longer meeting the needs of Aboriginal people actually doing business.

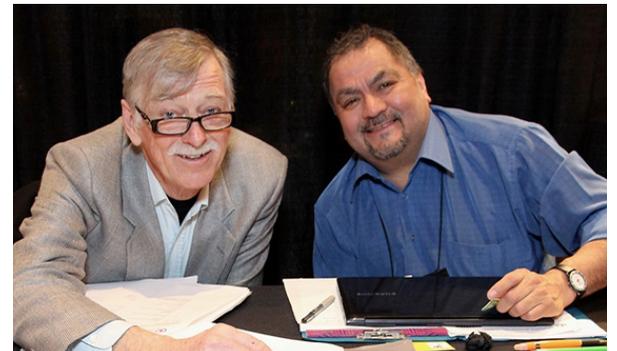
You don't move your business goal forward by listening to someone else who's done it better. You need to put people with complementing business goals in a room who actually and immediately want to create opportunities and partnerships.

So at our events, there are no presentations – only one-on-one meetings.

How did the money work in the beginning?

We started with a consulting business in 1997 that created a network across BC and with a Visa credit card. This is a knowledge-based business, so it requires a lot of work (right now we're working 5am to 5pm so our hours coincide with clients in Fredericton.) We didn't need a lot of capital because we don't manufacture anything and do not have to carry an inventory. We're providing a hyper-productive forum – the ability to connect the right people.

What also helped us was Frieda Hamoline at Scotiabank who initially secured a credit line with a funding agreement we had with the Aboriginal Tourism Association of BC. If she had not taken that risk it would have been difficult for us.



How does the money work now?

We earn our money from registrations to our events. Recently, we've worked with Business Development Canada for investment funds. We want to do some expansion and fuel our growth for the next year. If you have a good credit rating, I recommend BDC.

Give me an example of a problem you're solving

The Garden River First Nation in Sault Ste. Marie wants to build a gas station with a restaurant franchise on its territory. They have a 96-site campground, and they also want to build a resort. So they need building expertise and access to capital. They came to us and we help them put their profile together and talk to companies like MasterBUILT Hotels in Calgary and Oyster Bay in Chemainus. That's what we do: make connections so things can happen.

Or, a non-Aboriginal company will come to us and say they haven't been able to make a deal with a First Nation. Well, maybe they haven't been talking to the right decision makers. We can figure that out.

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Why does it matter that Raven Events is an Aboriginal company?

First, because the interests of the communities are foremost to us. This is not just a business and a bottom line. We're aware of all the social stuff that goes along with this work, from the effects of residential schools, to on-reserve economics. It can be a harsh environment, but it's also rich in opportunity. We see the challenges, and we see through that top layer [of poverty, isolation and addiction] that people like to watch on CBC. We have one five-minute conversation with leadership and we can get through very quickly to see where the opportunities are underneath the challenges.

Any growing pains?

Up until last July we were running ABM out of Maynard's basement. You'd always find one of us out in the carport on the cell phone. Now we can close our office doors! So we're feeling pretty grown up these days.

A conversation with Partner Alisha Point

How did you join the Raven Events team?

Two years ago, I was working at Tla'amin Convenience and Katrin walked in with a job posting. Raven is hiring. So I got curious – 'What do you do? What kind of qualifications are you looking for?' She said, 'Honestly? This person just has to have a brain.' All right, I think I have one of those. I gave her my resume and she



ON POINT: Alisha Point, 32, is Raven's newest Partner. She's been involved with the Tla'amin treaty for more than a decade.

invited me out to a team dinner. That was two years ago.

Just in the last few days it was decided I'd come on as a partner. I'm attached to the bottom line of the company. I'm working 12 hours a day.

What were your first impressions?

They were looking for the right person who also understood the roles here – that your productivity is attached to the bottom line. You need to sell those registrations to pay our paycheques. It's a very fast moving environment.

Tell me a story from the field

The most memorable event for me was a trip in prep-

aration for ABM Alberta last year. It was our first time in that market, and I'd spent a lot of time on the phone. Katrin sent us there to make personal connections with Nations before the event. So me and a colleague landed in Edmonton, and drove for four days. We stopped in on various Aboriginal and Metis communities with info packages. It was a total eye opener. Seeing the communities offered a very different perspective. Their opportunities are so different from the West Coast.

What is most satisfying?

Hearing the feedback from communities, the decision makers and the companies. They say, "This is nuts. Why hasn't this been happening a lot longer? How did you think of this?"

We get those questions a lot. Also, we look for both Aboriginal and non-Aboriginal co-hosts, and that's really starting to take off. In Sudbury, we have three Aboriginal co-hosts, plus the City of Greater Sudbury. On Vancouver Island next year, Gwa'sala 'Nakwaxda'xw, Kwakiutl, Quatsino, the Vancouver Island Economic Alliance and the Truck Loggers Association will co-host with the District of Port Hardy.

Why didn't I know this internationally-impactful small business is operated out of Tla'amin?

It might have to do with the type of business we are – we don't have customers coming in. All the work is done online using technology. But now we have a sign outside our building! **RL**



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**POWELL RIVER
REGIONAL DISTRICT**

For more information or to join one of our teams:

Contact the Powell River Regional District office at 604 485-2260 or check out our website at www.powellriverrd.bc.ca



MEET THE PINETREE TEAM:

name
Chris Bakker

job
Glass Technician

years at Pinetree
7



Known for his sense of humor, Chris is always smiling or keeping us amused with his antics. Chris is a born and raised Powell Riverite who, after moving away for 10 years, made his way back home to be closer to his family.

Chris spends his free time with Annie and their adorable two-year-old daughter Aranea. He's also a member of the Otago Rugby Club and on Monday nights, if you head out to Skeeter Jacks, you'll find him rolling out scrumptious sushi.

Have a good one!



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2017  2018



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Melanie Krueger SOPRANO & Angus Kellett PIANO

SOPRANO, Melanie Krueger has been hailed by La Scena Musicale Magazine as having a voice that simply soars over the orchestra. She has already appeared on concert and opera stages throughout Canada and Europe and has been identified as a show stopper by the Vancouver Sun. Angus Kellett is well known for his musical directing and performances in theatres and Broadway productions.



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OCTOBER 8–14, 2017

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ONE BIG HAPPY, FOR ONCE: Maria Precilla Misajon, in red, on a rare visit to her children and husband she had to leave in the Philippines.

Six years too long

For 11 years, a Powell River nurse has been separated from her family back home in the Philippines. She was hoping to bring her husband, children and grandchildren to Canada in 2011. Instead, she's still waiting.

BY MARIA PRECILLA MISAJON

People call me Maria or Precilla. I'm a caregiver here in Canada for eight years. I'm originally from the Philippines, where I was a registered nurse. I've been separated from my husband and four

daughters for 11 years. My daughters were between seven and 16 years old when I had to leave to support them.

In the Philippines, my salary wasn't enough to cover our basic expenses such as food, rent, and education for our children.

My husband was disabled from a back injury and

hasn't been able to work for the past 20 years. There is no welfare or disability insurance in the Philippines. Because I was the only one earning for our family and unable to shoulder all of the expenses, I applied to a well-known military hospital in Saudi Arabia.

The higher salary would help me to take care of my



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OCTOBER 8-14, 2017

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Painting by Nick Laferriere

family's needs. It was the most challenging decision for me to make. Being a mother, it is not easy to leave your children, especially when they were so young at that time.

I've cried every night since I left the Philippines. My children are my life, but I need to make their life better and the only way I could do that was to leave for a better paying job.

Away from my loved ones, my heart is broken. I've missed too many milestones, Christmases, and birthdays. But I'd rather sacrifice my happiness than their future. I have to accept all the challenges and consequences of leaving my family. It was so hard.

In 2006, I went to Saudi Arabia, where I worked as a neonatal ICU nurse for three years. In 2009, a friend in Canada told me about a job offer for a live-in caregiver. She told me about the benefit

"I sacrificed for my family, gave all of myself, even when I felt I had nothing left. I didn't want my children to suffer."

— Maria Precilla Misajon

of bringing my family over once I had worked full time for 24 months and completed the other program requirements. I accepted the offer and arrived in Canada in April 2009. I was first in Alberta for six months and then I moved here in October 2009.

The first time I saw Powell River, my impression was that I was in paradise. The scenery is so amazing. The people are nice and accommodating.

I'm waiting for the final approval for my permanent residency. It has taken a long time to process my papers.

When I first applied, the waiting time was 28 months. We've been waiting for five years.

I now have three grandchildren and my daughters are between 18 and 27. The oldest have been studying so they can

work when they come to Canada. My youngest just finished high school.

Two of my daughters were recently removed from my application. One is no longer eligible because she got married. This is unfortunate because she is separated and financially dependent on me. My other daughter was removed because she's no longer considered a dependent due to her age.

We didn't understand that she had to be a continuous full-time student until the application was complete and she took a short break.

It was heartbreaking news for us that after all these years being away from each other and the sacrifice, we still cannot be together as one big happy family.

I am still hoping and praying that one day, I will be happy being with my children again, re-united and will be called a "family" and that day will be the happiest and most fulfilling time in my life.

I sacrificed for my family, gave all of myself, even when I felt I had nothing left. I didn't want my children to suffer. I am physically alive but my heart is broken.

In some other ways, I'm blessed and lucky I'm in Powell River. I have friends who are like a family to me, who are helping me to be strong, giving me hope and courage that keeps me going and makes me smile.

Thank you to all who believe in me and love me as I am.

Thank you to Powell River Immigrant Services for all your support and guidance. I hope the English tutoring will help me become a nurse here some day.

There are many mothers from the Philippines across Canada. Most of them are nurses who had the skills to support their families. We have similar stories.

I hope they'll be reunited with their families soon.

I wish them happiness.

WOULD YOU LIKE TO VOLUNTEER?

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Perk up your pad for fall

The Cattermoles did it - see the photos, above. Nola Perry did it. You can do it too. Whether your abode requires a new roof or appliances, tweaks for safety,

or simply a decor update, local businesses offer the expertise to get the job done right. Intrigued? **Learn more in this special section, on Pages 15 to 19.**

A glorious view of the sea: that's what Marty and Christine Cattermole wanted in a home. When a house with an ocean view in Westview came on the market two years ago, they knew it was the one for them - however, they also realized the two-storey, 25-year-old home needed a complete make-over.

"Finding a home that is designed to take advantage of the view isn't as easy as you think," said Marty. "Our house has large windows and we are high enough

up on the hill that we can see the coast." The Cattermoles hired general contractor Al Austin and local tradespeople. Supplies were purchased locally through local stores such as Valley Building.

"It had a nice, open concept on the main floor," said Marty "but it was dated and needed some maintenance."

The Cattermoles completely redid the garage doors, front and back doors and window trims. They refinished the oak floors on the main floor and installed

new flooring (Custom Flooring Centre) everywhere else.

They scraped popcorn stucco off their ceilings, painted the interior, replaced the fireplace, renovated all three bathrooms and kitchen, and updated the lighting.

Johann Elebracht's Powell River Woodworks handled the kitchen. Pebble Beach Interiors hung new blinds.

Outside, the Cattermoles replaced all three decks, added an Allan Block staircase and new gutters, and the yard was

re-landscaped.

Looking back, the Cattermoles were glad they chose to install a heat pump with an air conditioning unit.

"I couldn't imagine being in our house without air conditioning this summer," said Marty, noting the huge windows that afford such a great view also let heat in.

The work took a year to complete.

"What we have looks like a brand new house," says Marty.



EVEN THOUGH IT LOOKS LIKE IT, THIS KITCHEN WAS NOT HAUNTED: But it did need some serious renos. Nola Perry's total home make-over shows how she could see past the old and dank, with a vision for what could be.

Beauty, from The Beast

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BY ISABELLE SOUTHCOTT | isabelle@prliving.ca

It took Nola Perry a long time to find her home.

"I was looking for one and a year and a half. Curtis Yungen was my realtor and he was fabulous."

Nola lives by herself and is on a single income so she needed a small, modest home that fit her budget. She found a house on Drake Street that was built in 1947 by the federal government for young families.

"It's 720 square feet," she said. "So it's not big but it had good bones."

The house was renovated in the 1960's. The previous owner purchased it in 1981 and nothing was done to it from then on in terms of renos.

Nola said the house needed a lot of things done and she didn't have much money to work with so she had to priori-

tize her projects. "I divided everything into two lists: Need to do and Want to do."

A heavy smoker had lived in the house before Nola purchased it and a lot of deep cleaning was required to get rid of the smell of smoke.

Nola's biggest surprise was how much she needed to spend on electrical. She replaced 60 amp with 110 amp service. "My electrical costs were much more than I'd originally been told by my general contractor," she said noting that she spent \$7000 for electrical work but "I had a good electrician do the work."

Nola found it frustrating not knowing anything about renovations and says she wished she could have taken a Renovation 101 course before beginning. "Then I might have known what to look for and what to expect and so on."

She had a fence put up in the back which completely changed the look of the

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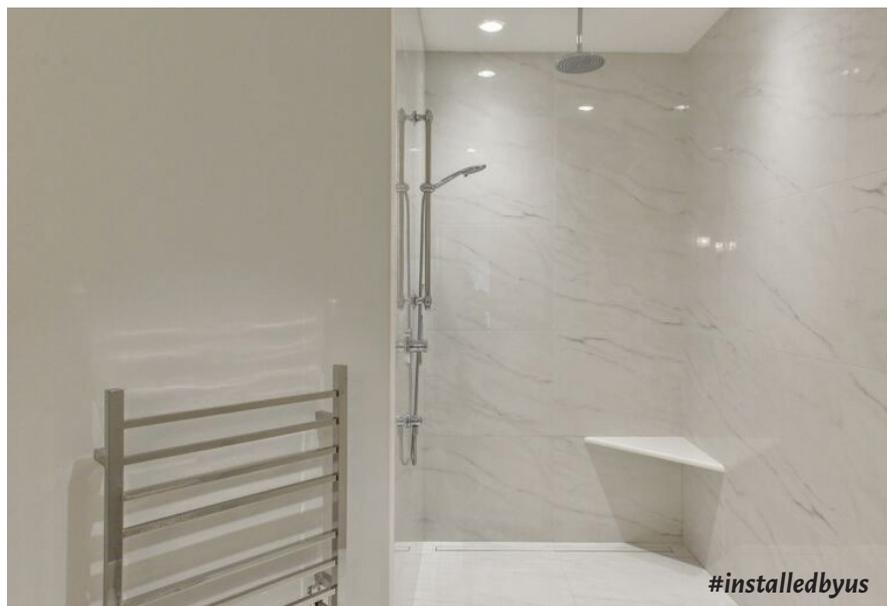


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qathet

Regional District

Why may the Powell River Regional District change its name to qathet Regional District?

A problem, a solution and an opportunity.

1. Clarity

Citizens, visitors, businesses and governments regularly mistake the Regional District for the City - as they share a name. The confusion between the RD and the City affects the Regional District in grant funding, job applications and more.

2. Geography

To name the Regional District after a single geographic feature, the Powell River, does not truly identify the entire expanse of our region.

3. Meaning

'qathet' means "working together," which is exactly the mandate of a Regional District. The potential name change originates from a discussion between Tla'amin Hegus Clint Williams and Regional District Chair Patrick Brabazon. From there, Tla'amin members working to preserve the language suggested "qathet" and the Tla'amin elders gifted the name to the Regional District.

4. Pronunciation

qathet is pronounced "KA-thet," which is easily managed by Anglophones and Francophones. (Think of the country Qatar: very similar).

5. Why isn't it capitalized?

Tla'amin orthography uses only lower case letters, so the name would be spelled as qathet Regional District.

6. What's in a name?

For instance, the Squamish-Lillooet Regional District literally means in First Nation translation, Mother of the Wind – Wild Onion. But combined they have become known as place names as well as a greater geographic region. In more recent times, the Queen Charlotte Islands changed their name to Haida Gwaii.

The Process

On June 22, the Regional Board voted unanimously to move forward on a plan to change the name of the Powell River Regional District to qathet Regional District, to coincide with the body's 50th anniversary.

The board hosted five public engagement sessions in September, and offered a public input form. The closing date for comments was September 29.

Before the name is officially adopted, it must be approved by the Province of BC. The timeline on this is unknown.

The Precedent

Did you know more than half of BC's Regional Districts have First Nation words that lend to their identity?

Alberni-Clayoquot
Bulkley-Nechako
Central Kootenay
Central Okanagan
Columbia-Shuswap
Comox Valley
Cowichan Valley
East Kootenay
Kitimat-Stikine
Kootenay Boundary
Nanaimo
North Okanagan
Okanagan-Similkameen
Squamish-Lillooet
Thompson-Nicola
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backyard. She had a 16-foot hedge removed by Powell River Tree Service which increased the curb appeal of the home considerably. "That was really important to me. It cleaned up the yard a lot. The rest, I could do myself."

The house had an oil furnace and Nola converted to gas. Her son Marc dug the trench from the house to the hookup for the gasline and that alone saved her \$2,800.

Nola's original list had her replacing nine windows but with less money to work with she was only able to replace four windows. "I did two in my bedroom and two in the spare bedroom."

She tore up the old 27-year-old brown shag carpet and installed plank floors throughout the kitchen, living room and bedrooms. She added a textured ceiling in the front room and a friend personalized it for her with the letter N. She ripped off years old paneling before stripping off wallpaper.

The kitchen was completely gutted. New drywall and cupboards were added. There was no room for a table so she extended the counter to include an eating area. A built in dishwasher was also added along with all new appliances including a gas stove. **RL**

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Career couple ready to restart lives here

Both Nancy and Terry Kreisler worked hard with long days for many years.

Nancy has been a personal trainer for 20 years and has never taken more than 10 days off at any time.

Terry works as a Realtor and is just as busy with a seven-days-a-week schedule.

Both are very committed to their careers and are excited to get to work in Powell River.

“Taking some time off in the summer to do the move and settle into our new community has been so much fun and the weather has been amazing,” said Terry. “We continue having a great time trying out all the restaurants in town to find our favorites—there’s some good food here! Our son Brandon, loves Putter’s Golf and then some poutine at Willingdon Beach afterwards. Our favorite place of all is our ocean view deck and we’ve had many dinners on it already!”

Why did you choose to move to Powell River?

Nancy and Terry • We’ve visited Powell River nearly every summer for the past 10 years so when we were thinking of relocating, Powell River was the obvious choice. We also wanted somewhere affordable, safe and a place that offered a good education and future for our 14-year-old son, Brandon.

When? Where from?

Nancy and Terry • We made the move to Powell River in early July from South Surrey. Nancy was born and raised and spent her whole life there; Terry is originally from Edmonton and moved to South Surrey 22 years ago.

What surprised you about Powell River once you moved here?

Nancy and Terry • We are so surprised at how quiet and relaxed Powell River is. We’re used to everyone being in a hurry on the Lower Mainland. It’s been nice to

slow down and get to know people.

What made you decide to move to Powell River?

Nancy and Terry • Although we never imagined leaving South Surrey, we were looking for a sustainable lifestyle. We’re both self employed and we feel it’s important to look after our financial future. Our concern was also how expensive the mainland is and that our son would have a hard time with a financial future.

Where is your favourite place in Powell River?

Nancy and Terry • We love all of Powell River; however, if we had to pick a favorite, it would be Willingdon Beach. We also love Coastal Cookery and Putter’s Mini Golf...and of course, our deck!

How did you first hear about Powell River?

Nancy and Terry • We had been to Pender Harbour a couple of times and we were curious what was further down the road. One summer we booked a week here and we were hooked!

What would make Powell River a nicer community?

Nancy and Terry • We love Powell River just as it is. However, we do miss the long walks down the piers in White Rock and Crescent Beach. So we would have to say that we would love to see a long pier or dock to hang out on near Willingdon Beach.

What aspect of your previous community do you think would benefit Powell River?

Nancy and Terry • Powell River needs more community healthcare. South Surrey has an adequate supply of walk-in clinics and that’s something that needs to change here as we notice so many local residents without physicians. Also, we’re used to numerous options for trades and with Powell River growing, more trades



WILLINGDON BEACH FANS: Terry, Brandon (14) and Nancy Kreisler see oodles of opportunity on the coast: for themselves, health practitioners and tradespeople. Now if someone would just build a huge pier off the beach...

and small businesses will be needed to fill the demand. Lastly, we’re used to having a great recycle, green and garbage program in Surrey and we feel it’s time to institute a similar program here and we notice that’s beginning to happen.

What challenges did you face in trying to make a life for yourself here?

Nancy and Terry • Our biggest challenge has been restarting our careers. Terry had to remarket himself in Real Estate with Royal LePage and Nancy had to leave behind 20-plus years as a Personal Trainer with many long term clients, restarting her company Total Body Training. Also, finding services such as a new doctor, dentist and hairdresser... all of life’s essentials!

If you were mayor of Powell River what would you do?

Nancy and Terry • We would ensure that as Powell River continues to grow, people don’t get pushed out of affordable housing. We would also ensure that small business grows to meet the demands of a growing community, yet keeping the charm of a smaller city.

What are Powell River’s best assets?

Nancy and Terry • Who doesn’t talk about all of the outdoor activities?! The lakes, hiking and boating. Also, there’s no shortage of community events. Oh, and how about those beautiful sunsets!

What is your greatest extravagance?

Nancy and Terry • We’re learning that we’ve been pretty spoiled with shopping big box stores for so many years. Living in a smaller community has really made us learn to appreciate what local merchants have to offer. Everyone is so friendly here and if they don’t have something we need, they make an effort to get it.

Which talent or superpower would you most like to have?

Nancy and Terry • We wish we could teleport people or ourselves. Our biggest challenge is convincing family and friends to visit as they are often deterred by the distance and time to travel here. If we could get people here in the blink of an eye, they would come often and love it as much as we do! [PRL](#)

If you know someone we should feature in I Made the Move, please email isabelle@prliving.ca with your idea.

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Rotary
Powell River Sunrise





On September 21, more than 300 people came to Willingdon Beach - on the traditional territory of the Tla'amin Nation - to witness a blessing ceremony for Powell River's remarkable reconciliation canoe project, led by Phil Russell and Cyndi Pallen.

To symbolize a new relationship between First Nations and non-indigenous Canadians, Hegus Clint Williams cut the chains that held the log in place. Cedar boughs were used to bless the log.

The carving of the traditional Coast Salish canoe out of an 800-year-old grandfather (log) is now underway.

Beneath a banner that reads 'Hehewštn, the way forward,' the log had already begun its transformation process by the time this inset photo was taken on Day Four.

Under the guidance of canoe builder Joe Martin who comes from the Hesquiaht First Nation, carvers Alvin Wilson of the Tla'amin First Nation, Ivan Rosypskye

of the Heilstuk First Nation and Sherman Pallen of the Homalco First Nation are among the carvers working on the project.

The carving is a healing project. It is hoped that non-indigenous people will learn more about First Nations by speaking with the carvers and sharing stories while they work on the canoe. It is also hoped that some shared learning will take place during the process.

The public is invited to stop by and learn more about this project, Monday to Friday between 8 am and 4 pm.

If you are interested in learning more about the project or participating, you are welcome to attend a weekly meeting: Tuesdays at 2:30 pm, at the Powell River Historical Museum.

The carving is expected to take about two months.

Once the canoe is complete, it will be presented to the Tla'amin people. [PRL](#)

YOU'RE INVITED TO LEARN AND HEAL: Hegus Clint Williams speaks at the September 21 blessing ceremony. Inset, carvers shape the vessel.

The way forward



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Westview Elementary Welcome back, Mr. Burt

Three years ago, Principal Jamie Burt left Westview Elementary for Brooks Secondary. This fall, he's back at Westview for the second time.

"When I left here three years ago I knew every student in the school," says Jamie. "I'm really happy to be back. But I have a lot to learn about the students, the families and the staff."

Throughout his entire career, relationship building and effective communication have been important to Jamie. Those skills can be traced back to when he was just 17 years old and was named captain of the Powell River Paper Kings.

He says he learned a lot from that role and took on more leadership roles throughout his hockey career. What he learned was useful when he became coach of the Kings and later, when he began teaching and became a school principal.

Jamie says he's been incredibly lucky that he's had the opportunity to work with students of all ages during the course of his career.

"I've worked with Kindergarten to Grade 12 and I believe those experiences with a wide range of ages have made me a better educator."

He loves being back at Westview and has a ton of fun visiting the school's youngest students. "When I go into the kindergarten room, it's like I'm a rock star!" he says grinning. "I love that these kids aren't afraid to show their wonder and excitement and ask lots of questions."

Because previous Principal Scott Fisher and Westview staff did such an excellent job of running the school in the three years that Jamie was at Brooks, he plans to build on what already exists.

Teachers continue to embrace and work with

the new BC wide curriculum changes, which went into effect last year.

"The new curriculum offers deeper learning opportunities for students. Once they figure out what interests them, students can explore that area in more detail," he said.

Most of Jamie's career with SD47 has been spent as an administrator. He was Vice-Principal at James Thomson, Vice Principal at Brooks, Principal at Henderson Elementary, Principal at Grief Point, Principal at Westview Elementary (on two separate occasions) and Principal at Brooks Secondary.

The way in which schools communicate with parents and staff and vice versa has changed considerably over the years. When Jamie entered the world of education administration 14 years ago as Principal at James Thomson Elementary, email was common place however social media wasn't.

"We communicate with parents in so many different ways. Lives are busier. People want to communicate but it is challenging."

As Principal of Powell River's largest elementary school (340 students), it's challenging to be in touch with everyone. However, Westview uses a YAPP app, email and various forms of social media as well as phone calls and face-to-face interactions.

"We want to make it easy for parents to communicate with the school and we encourage parents and guardians to let us know if they have any concerns earlier rather than later."

Parental involvement has also increased over the years.

"We continue to see parents and guardians taking an active part in their children's education. It truly is a partnership between the school and home."



What's the best thing about Westview Elementary School?

Drew Shelton: Grade 7

"That the Grade 7s get to sit in the nice chairs during assembly and that they changed the school colours from red and beige to blue and beige. The new colours are more calming."

Ranae Babcock: Grade 7

"The teachers! All the teachers I have had since Kindergarten have liked to have fun. I am really excited this year to be working with our awesome Grade 7 teachers. My friends and I have been waiting for this year for a long time!"



Want to learn more?

Contact us.

School District #47

4351 Ontario Ave

604 485-6271

www.sd47.bc.ca

Second-hand revolution

So many changes in the thrift scene, in so little time! These shops are great for the environment, the pocketbook, and for charities.

The Salvation Army Thrift Store salvationarmypr.ca

When did the store first open:

August 5, 2017 after a 20 year hiatus

The most memorable thing that's been donated:

1800's Holy Bible

One thing you wish donors would do differently:

Throw out the garbage before donating it.

What people say they love about your store:

How bright, open and clean it is.

Private business or charity:

Charity

What the \$\$ supports:

It all stays local: The Salvation Army Food Bank, Emergency Assistance, Christmas Hampers, daily operations.

MCC

Facebook / [thrift.mcc.org](https://www.facebook.com/thrift.mcc.org)

When did the store first open:

August 18, 2012, moved in Summer, 2017

The most memorable thing that's been donated:

Plaster bust of Elvis (and a weeping elephant)

One thing you wish donors would do differently:

If it is not in saleable state, donating it diminishes our ability to help people in need.

What people say they love about your store:

Lots of good finds, bright and spacious store, back of house people are friendly and kind, well organized generally and especially the book section.

Private business or charity:

Charity

What the \$\$ supports:

People in need in Powell River, through different organizations; in Canada and worldwide with projects: disaster help, development, peace projects, education, and assisting displaced people.

Powell River Auxiliary Economy Shop prhealthcareaux.ca

When did the store first open:

Store opened at adjoining premises in 1992. We moved one store over in February 2016 to take advantage of upgrades and more space.

The most memorable thing that's been donated:

This past year we were donated a brand new toilet, bidet, sinks and all faucets by Kohler. Awesome!

One thing you wish donors would do differently:

Ask what we take before just dumping on us.

What people say they love about your store:

They tell us that they love our staff and that it is a fun place to meet their friends and search for treasures.

Private business or charity:

We are a charity, operating with volunteers. Our only paid staff is the weekend donations receiver.

What the \$\$ supports:

Mainly we purchase capital equipment for the PR Hospital, Willingdon Creek Village, the Extended Care Unit

and Texada clinic. We donate to many other charities including Therapeutic Riding Association, Danielle's Helping Hand Fund, Search and Rescue, Paddling for Life and Mental Health Unit. Our funds also provide free televisions for all patients in hospital, run the Candy Striper/Cadet Program and scholarships, and more.

Madrona Boutique 604 414 8174

When did the store first open:

Five years ago

The most memorable thing that's been donated:

People's time. I appreciate all who stop by whether to browse, chat or drop off donations.

What people say they love about your store:

Customers love the treasure hunt.

Private business or charity:

I am a private business but love to share the donations I receive with all Powell River's charities.

Blue Sky Consignment facebook.com/consignpowellriver

When did the store first open:

February 2017

The most memorable thing that's been donated:

A garbage bag with very high-end designer items that retail for several hundred dollars each.

One thing you wish donors would do differently:

Remove pet hair

What people say they love about your store:

The store feels like a boutique rather than a thrift store.

Private business or charity:

Private business however we support the Hospital Auxiliary as our items go there if they don't sell and consignors don't want them back. We take about a truck load every six weeks to the Auxiliary.

What the \$\$ supports:

The money goes back to the local people who consign with us. We have over 250 people benefiting from our store as consignors of their items.

Willow Rose Boutique willowroseboutique.ca

When did the store first open:

April 8, 2017

The most memorable thing that's been donated:

My friends & family have given me little thoughtful gifts to have in the store. Feels very personalized to me that way!

One thing you wish donors would do differently:

I would love more donations for Grace House of clothing, accessories etc, so I can give back to the community.

What people say they love about your store:

I believe it is the 'homey' feeling the store has. They feel comfortable and enjoy the variety of fashion items.

Private business or charity:

It is a private business, but I am doing some fund-raising for Grace House. 



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Thanks Powell River!

The BC Thanksgiving Food Drive was a big success! Thanks to our sponsors and the generous community:



70 volunteers helped out
350 hours of service to the community
9,300 pounds of non-perishable food for the Powell River Food Bank and the Salvation Army and Seventh Day Adventist Food Banks

We would like to thank all those who donated this year, our sponsors Powell River Building Centre RONA and Safeway, and especially our volunteer teams:

- | | |
|------------------------------------|-------------------|
| PR Amateur Radio | PR Cadets |
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| Catholic Women's League | Salvation Army |
| Seventh-Day Adventist | Reform Church |
| James Thomson School | Lutheran Church |
| City of PR employees | Foursquare Church |
| and all our independent volunteers | |

This space sponsored by:

Powell River Building Centre



Share your language and culture You'll love it!

In 2014, I was asked if I was interested in teaching English to immigrants. Me?

One of my retirement goals was to try things I hadn't done before and this was a match. What does a retired forester know about teaching?

After some training, I was introduced to my first student, Heon-woo, a newcomer from South Korea. I soon learned that becoming fluent in English is not easy, but it helps for students to practice conversation and have shared experiences in the community.

We've been boating, played baseball, hiked our beautiful trails and spent numerous hours in class.

I realize that I'm the lucky one as we build our friendship while sharing our stories and languages (and food, too).

I've also tutored students from Columbia, China, Syria and the Philippines. What amazes me most about my new friendships and passion to share our great town and language, is the appreciation and hard work that is so apparent in each of my students.

Just imagine what it would be like to start a new life in a strange country with a foreign language? Many of our great neighbours have done just that with roots from all over the world.

We're truly lucky to live here and immigrants are a reminder of just how fortunate we are.

I would strongly recommend this wonderful experience to anyone interested and if you aren't available to tutor, find these great new citizens of Powell River and welcome them home.

~ Mark Anderson

For more information about tutoring, contact Powell River Immigrant Services: 604-414-3630.



SUNSHINE COAST ART CRAWL

October 20-22, 2017

Earls Cove to Langdale

Fri, Sat, Sun 10am-5pm

Join friends and visit 144 artist studios, galleries and more.

Visit Powell River Art Ambassadors at Roberts Creek Hall and Masonic Hall.



sunshinecoastartcrawl.com



Without a special permit, fireworks may only be used on private property from 4 pm til 11 pm on October 31

Please respect this limit for noise pollution and safety.



Please don't drive under the influence.

Please plan your transportation wisely, ahead of time.



Small children will be in the streets as they trick-or-treat on October 31

Please anticipate their movements; drive slowly and defensively.

Powell River RCMP ask you to enjoy the holiday safely!





THE GRANNIES: Brittany Service, Mary Jackson, "Boots / Jumping Jack Granny" (Taes Leavitt) and Danielle LeBlanc.

Splash, Boots n' Brittany

Choreographing a video for one of Canada's biggest bands

BY BRITTANY SERVICE

My husband and I took our daughter Shayne to Granville Island to the Vancouver International Children's Festival last summer, where Splash'N Boots were having a concert. The Ontario-based band is a cult favourite among children, with regular appearances on Treehouse TV, plus songs and videos such as "Happy Dance" and "What I Like About Me."

We were waiting outside the venue eating some gelato when Shayne spotted "Boots" (Taes Leavitt) in her street clothes not even her iconic yellow and blue dress and boots. Shayne took off running down the alley spilling her gelato everywhere.

Being as amazing as these two are, they stayed and talked with us for a while. Shayne was star struck, and to be honest so were we! After many hugs and pictures they headed in to get ready for the show.

After an amazing concert, we posted to their social media to say a large thank you for bringing Shayne on stage and giving her a "Splash" (Nick Adams) signature hat. From that point we have stayed in contact ever since.

They knew I was a choreographer and a musical theatre instructor here in Powell River. Taes (Boots) texted me and said she could just see me choreographing their music video for one particular song on their new album.

They were starting to film beginning of February

2017. I jumped on the opportunity. The song is called Shake It from the Juno-nominated album Big Yellow Tunes. It's one of their characters from their TV show on Treehouse, "Jumping Jack Granny." I was lucky enough to be one of her backup Granny dancers.

My little family of three hopped on a plane and flew to Toronto in a whirlwind trip. The day started off with rehearsals with my fellow back up grannies. The next morning was filming. We got our fantastic yellow and blue granny outfits, wigs, glasses, and makeup on and headed into the studio.

Since being a theatre kid from an early age, performing in my high school production of Guys and Dolls, to my adulthood performing in Chicago and others - and now being behind the scenes with my own productions (The Nutcracker, One FROZEN Night, and All Aboard the Polar Express) - it was a refreshing experience being in front of the camera and still being a part of what was happening behind the camera.

It was such a surreal experience - having a dance I created go on to be shown across Canada. The video just debuted on Treehouse TV on August 1 and has been uploaded to YouTube.

I like to remind my singing and acting students that I teach through my Service Vocal Training business and my musical theatre students that anything is possible. Even from a small city on the West Coast, you can and will be acknowledged when you put the effort in. [PRL](#)

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WHAT'S UP

CRC needs your help

This year marks the ten-year anniversary of the Community Resource Centre in Powell River. In ten years the CRC has served over 150,000 clients and has seen a sharp rise in attendance in the past two years, jumping over 32%. As well as providing legal services, training opportunities, assistance with government applications and advocacy the CRC is also focused on providing coffee, tea and food to anyone who attends. This expense is considerable when you see approximately 100 people daily Monday to Friday.

To offset costs the CRC is doing a staples drive for the month of October. Anyone can help by donating some of the most used items at the CRC located at 4752 Joyce Ave. between 9am - 4pm Monday to Thursday during October excluding the Thanksgiving Holiday on October 9th.

The most used items include but are not restricted to:

Tetra packs of beef, chicken or vegetable stock • Canned tomatoes • Small pasta • Rice • Coffee and tea • Dried spices • White Sugar • Mayonnaise • Canned

beans • Vegetable oil.

All these items go to feeding people in our community and are greatly appreciated. Any donation over \$50 with a receipt qualifies for a tax receipt.

Undercover actors wanted!

Ever think about acting but were too scared to try?

Think no longer says Mitzi Jones, professional actor and teacher. "Just come and try it."

Mitzi is teaching Acting for All Ages, a new program being offered at the Powell River Academy, for adults and children alike.

A graduate of the Vancouver Film School and alumni of the Master Class at Lyric School for Actors, Mitzi has been actively involved in the industry for nearly 20 years, with experience in film, TV, commercials, voiceover, video games, motion capture and theatre. She has shared her expertise with kids and adults as a director and teacher from Vancouver to London and now Powell River.

No acting experience is required, says Mitzi. Her classes are for people who have never acted before or for people who



MITZI JONES: actor teaching acting.

used to act but haven't done so in a while. "I think there are a lot of undercover actors in this town," she laughed.

Although Mitzi is new to the Academy, her roots with this region go way back. She was actually born on Savary Island!

"I grew up in Vancouver but have been going to Savary my whole life. Powell River has always been this beautiful spot that we came to every year."

Mitzi and her husband moved from London, England to Savary five years ago and to Powell River two years ago. She's been busy with her three young children for the past few years but is now ready to return to her first love, acting.

"It's important to me to practice and to teach," she says noting that she teaches acting and not musical theatre.

"I teach acting for artists who are actors but who don't necessarily want to sing and dance," she says.

Her classes let students explore monologues; do games, exercises, and scenes. They perform what they've been working on in class at the end of the program.

Although Acting for All Ages and the children's acting class started late last month, late registrations are still welcome and fees will be pro-rated. The 12-week programs take place on Thursdays and will be offered again in January.

Organic collection starts

This month the City of Powell River will launch an organic curbside collection pilot program.

Selected households will receive 240 litre organic bins in which to place their organics. They are to place the bins out with their household garbage for city crews to collect. Fruit, vegetables, meat, chicken, coffee, paper bags, small branches, grass and plants are some items that will be collected. The material will eventually be taken to Sechelt.

The goal is to divert materials from the landfill, as 40 per cent of household gar-

bage is compostable, said Shawn Cator, the City's manager of operational services. The city is partnering with Let's Talk Trash to assist with organic and yard waste communication and education.



SHAWN CATOR: wants your peels.

Name change?

The Powell River Regional District is looking at changing its name to qathet (pronounced KA'thet) Regional District. Last month, the regional district held public engagement sessions to see how the community felt about the proposed name change.

The regional district's current name, which stretches from Toba Inlet to Jervis Inlet and across the Strait of Georgia to Lasqueti Island, is not representative of the entire regional district. As well, the current name can cause confusion between the regional district and the city.

This year marks the 50th anniversary of the incorporation of the regional district and the first anniversary of the Tla'amin Nation's self-government. Because of this Chair Patrick Brabazon and Hegus Clint Williams met to discuss the future, including a name change that would offer more regional inclusiveness. The name qathet, which means, "working together," was proposed by elders.

FROM SAY THE NAMES, BY THE LATE BC POET AL PURDY

say the names say the names
and listen to yourself
an echo in the mountains
Tulameen Tulameen
say them like your soul
was listening and overhearing
and you dreamed you dreamed
you were a river
and you were a river
Tulameen Tulameen
-- not the flat borrowed imitations
of foreign names
not Brighton Windsor Trenton
but names that ride the wind

(Google the whole poem. It's worth it!)

Protect yourself during an Earthquake!



The Powell River Regional Emergency Program invites you to participate in the Great BC Shake Out on **October 19, 10:19 a.m.**



POWELL RIVER REGIONAL DISTRICT

Register at www.ShakeOutbc.ca



We're not new to Powell River. We're just back in town.



In 1978, Powell River's long-time pharmacists Doug Henry and Merv Koszman hired a young Carole McCormick, who has been serving Powell Riverites ever since. A few name changes later (remember Boots and Westview Pharmacy?), the pharmacy is back to being a Rexall.

Same great people. New old name.

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BUSINESS CONNECTIONS

BY KIM MILLER | office@powellriverchamber.com



With help from the Westview Flying Club, **Sealand Flight** of Campbell River has established a **flying school** in Powell River. It has been about 20 years since any flying instruction has been available in Powell River. Seal-

and has provided a four-place Cessna 172 for instructor Valerie Ferguson. She and fellow instructor, Laurel Tench, hope to conduct the next ground school beginning in October. **Flightseeing** starts at \$99 for three people. Discovery flights (where you actually get to fly the plane from the pilot's seat) are also \$99. For more information about the school or sight-seeing flights contact Valerie at 604-613-6642.

Dr. John Wyse of **Powell River Optometry** and **Iris The Visual Group** have formed a partnership that will combine the two operations in Powell River. Effective October 1, the Iris store in the mall is closed, but inventory and staff have moved into the Powell River Optometry location at Crossroads Village. Staff from both locations will keep their jobs. Dr. Wyse, who maintains partial ownership of the operation, says the partnership gives clients many more options for eyewear, and the regular and consistent eye care they've come to expect in Powell River.

Beginning next month, Powell River tennis players will be able to play tennis rain or shine! Construction on new indoor tennis courts is underway in Powell River. **Powell River Tennis Centre** is expected to open November 1 at 4320 Joyce Avenue (the former home of Powell River Roller Derby). Plans call for two standard hard courts, a club-grade ball machine, areas for warm-up, fitness and change rooms. A professional tennis coach will be available to teach lessons and hitting sessions beginning in November. For more information on how to purchase a membership, visit the club's Facebook page at Powell River Tennis Centre or prtennis.ca.

The **Savoury Bight** closed earlier this year and a new restaurant opened in its former location. **The Seaside Bistro + Wine Bar + Patio** is now open on the waterfront at the Beach Gardens Hotel at 7074 Westminister Street. No walls were moved but the space is completely different. The decor is fresh and bright with a subtle hint of 'nautical' in the blue pinstripe staff aprons and napkins. The atmosphere is more upscale than its former namesake and the view, which is outstanding, is given the visibility it deserves. The Seaside Bistro certainly has more of a "city" feel inside but you can't beat the patio overlooking Malaspina Strait, especially with a September sunset on display. The Seaside manager is **Carly Tucker**.

Clifftop Tech, owned by Tim Williams and Patrick Cloutier, is located at 4690 Marine Avenue. It's Powell River's first storefront Smartphone repair shop.

They can repair most major brands on site, and also have a selection of refurbished smart phones for sale. Patrick's background is IT in the security industry and he also ran a home-based business for computer repairs. Tim is a gas turbine technician who worked in the engine rooms of BC Ferries. Stop by Clifftop Tech next to the old Jailhouse, or call 604-223-8002 or email info.clifftop.tech@gmail.com

In 2011, Greg Patton opened the first **Coast Ability** in Sechelt to serve the community, care facilities and hospital with home medical equipment. In 2015, he expanded and opened a second location in Gibsons to serve the growing communities of the Lower Sunshine Coast better. August 2017 saw a third store open in Powell River. The focus of Greg and his staff is to provide the communities of the entire Sunshine Coast with efficient service for the equipment sold at all three locations. The newly renovated shop is at #4 - 7030 Glacier Street, beside Gourmet Canton. It provides equipment such as scooters, walkers and wheelchairs, lift chairs, stair lifts and aids for daily living to the community. Coast Ability also provides palliative care beds both privately and through the Palliative Care Program. In addition, Greg and his staff provide service to the hospital and local care facilities. This will include fulfilling two provincial contracts to provide wheelchairs and cushions to these facilities. Coast Ability runs a fleet of five cargo vans to service all three stores. The newly opened 1,900 square foot storefront here adds to the 3,000 square foot store in Sechelt and 1,100 square foot store in Gibsons. Greg is expecting to have three staff employed in the Powell River store, similar to his other locations.

High Tide Games opened at 4712 Marine Avenue last month. Owner David Repa said he started the business because he didn't want to take the ferry to play Magic events anymore. Prior to opening High Tide Games, David worked as the CEO of The Hackery in Vancouver. High Tide Games will provide space for local people to play games and meet other players. They will have access to a range of gaming products, and sanctioned Magic: The Gathering events, which previously required people to go to Courtney or Sechelt. Their key products are Magic: The Gathering, Euro-style board games, Android: Netrunner, miniature games like Star Wars: X-wing and Armada. For more info email info@hightidegames.ca; or call 1-844-483-8295 or visit hightidegames.ca

Gavin and Mandy Schneider have opened **Powell River Landscape**. The couple recently moved to Powell River from the Fraser Valley where Gavin was employed in the landscape industry. They offer a wide range of softscape and landscape maintenance. For more info please call 604 578-8668 or 604 414-7847 or visit powellriverlandscape.com. **RL**



Tennis year-round!



Local tennis enthusiasts are converting a Powell River building to an indoor tennis facility. There will be two standard hard courts, a ball machine, and areas for warm-up, fitness and change rooms. Albert, a professional tennis coach, will provide lessons and hitting sessions for kids, teens, adults, and seniors.

What's happening now?

- We've signed a lease and work is underway.
- Contractors are lined up and ready to start.
- An online court booking system is being tested.
- Coaching programs are being posted.

Our Grand Opening is set for November 1!

Please visit prtennis.ca to sign up for memberships and to register for tennis lessons.



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Conman and more

OCT 13 TO 15 WEEKEND



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Italian Club's 80 years
Millbillys vs. Krakens
Rick Scott & Nico Rhodes
All Saints

OCT 20 TO 22 WEEKEND



Artisan and Entrepreneur Show
Sunshine Coast Art Crawl
Stylus Fantasticus
Salmon Foundation Gala
Pro D

OCT 27 TO 29 WEEKEND



Young Naturalists fungus hunt
Haunted Ball
Eat Drink and be Scary
H3 and JT Hallowe'en
Urban Homesteading Workshop

There's MUCH more happening on the weekends and mid-week. See pages 26 to 31 for full listings.

5

October Events

exercises to flex your creative muscle

1. Dance

On October 14, shake your goods to Retro at the Italian Club's 80th anniversary dinner. Or choose something more contemporary: local bands Royal Jelly, Texture & Light and many more are playing this month.

2. Write

The deadline for the Library's annual 420 character story contest is October 31. On October 6, break through that block at children and youth novelist Robin Stevenson's writing workshop.

3. View

Get inspired at Anna May Bennett's painting reception October 5, or the Artisan and Entrepreneur Show on October 21, or at Motus O November 3.

4. Sing

Join the One Voices Choir for a short project: singing for November's Diversity Festival. Rehearsals start October 30. And learn from the best at the Andre Philippe Gagnon "Man of 1000 Voices" show October 7.

4. Halloween

If you're a kid, make an amazing costume for trick-or-treating. If you're an adult, decorate yourself for The Haunted Ball or one of the many events at bars and pubs around town. Be inspired at Henderson's H3 or the James Thomson Haunted Forest. **RL**

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Plan your October

Big October dates

October 8

Thanksgiving Sunday

October 9

Thanksgiving Monday Stat

October 20

SD47 Pro-D Day

October 18

Diwali

October 31

Halloween

November 5

Daylight savings time ends



Eight minutes of terror-ific delight

More than 100 people contribute to Powell River's premiere haunted house experience, at Henderson School. That includes Brooks Grad Megan Mitchell, who works in film in Vancouver and returns especially for this event each year, when she spends all day Friday and Saturday applying professional movie make-up on the performers.

Though both of Darren Nivens' kids have outgrown Henderson, the whole family returns to volunteer.

H3 HAUNTED HOUSE

What: A seriously scary experience that's also a fundraiser for the Henderson school PAC. Plus, concession, babysitting and much more.

When: October 27 & 28, 6 pm til about 9 pm

Where: Henderson Elementary

Tickets: \$5 per admission.

"I've heard we're keeping up with Fright Nights at the PNE," he said.



"THE GLOW AND MYSTERY": For adults, Halloween can be just as scintillating as it is for kids. Think less candy, more dark art. *photos by Clare Mervyn and Autumn Skye Morrison*

Celebrate Hallowe'en

October 27

First Annual Eat, Drink and be Scary fundraiser at Lang Bay Hall

7 pm, Lang Bay Hall. \$20. Includes food, fun, snacks, music, dancing, games and a cauldron of bewitching prizes! An UNBOOLIEVABLY hair-raising haunted forest walk (by donation.)

Haunted Forest

5 to 8 pm. James Thomson Elementary Hallowe'en Carnival. Affordable spooky fun for the whole family!

October 27 & 28

H3 Henderson Haunted House

6 pm til approx. 9 pm both nights, at Henderson Elementary School. \$5 per admission. See this page for story.

October 28

Haunted Ball

Dwight Hall, 8pm, \$20. Details at right.

Pumpkin Pool Party

10 to 11:30 am. This event is designed for pre-schoolers. Treats, games, and lots of Halloween fun October 31.

Monster Mash Halloween Skate

5 - 7 pm Halloween theme games, video and treats on ice. Join us in costume - There'll be prizes!

October 31

Halloween Night

Watch for trick-or-treaters on the roads.

Halloween Celebration

6-8 pm at Living Water Foursquare Church. Carnival Games and much more! Coffee & Cupcakes, Crafts, Treat Bags. 4640 Manson Ave. 604-485-6116

Note: Check your favourite local bars and pubs for listings as we get closer to Halloween.

Channel your inner costume designer

Halloween is a magical time with ghosts, goblins, witches and fairies. The night is alive with mystery and promise, and the festive atmosphere inspires children of all ages to dream and play. For kids, it means costumes and candy, but adults love to celebrate the spooky holiday as well.

Nowhere is this fact better displayed than here in Powell River, at the Vale Society's annual Haunted Ball.

Since its beginnings in 2012 this elaborately decorated Halloween dance has been a hit, and has quickly become a Powell River favourite. Renowned for attracting the most creative costumes in town, this outrageous event features live music and DJ's, a "monster" art gallery, interactive installations, cash prizes for the best costumes, specialty drinks, complimentary snacks, and many other surprises and delights.

The event's artistic hosts Autumn Skye and Blake Drezet credit the event's suc-

HAUNTED BALL

What: Creepy & creative Halloween dance party for adults

When: October 28, 8 pm til late

Where: Dwight Hall

Tickets: \$20 at Base Camp and River City Coffee:

cess largely to the wonderful creativity of the community.

"We've always loved the glow and mystery of Halloween and dreamed of creating a big event that really captured the essence of it," says Blake.

"The Haunted Ball is the product of that inspiration. With the help of our amazing crew of volunteers and artists, the beautiful Historic Dwight Hall is transformed for one night.

"We do our best to set the scene, but it's really this talented, imaginative, and friendly community that fills it with magic."

Film

October 4 & 5

Landline

7 pm nightly at The Patricia.

October 6 - 10

It

7 pm nightly at The Patricia.

October 11 & 12

The Beguiled

7 pm nightly and 1:30 Thursday matinee at The Patricia.

October 13

Shaun of the Dead

9:45 pm Schreurs Cinema. The Patricia Theatre. \$10 at the door, all proceeds after costs will be donated.

October 13 - 17

All Saints

7 pm nightly at The Patricia.

October 18 & 19

An Inconvenient Sequel: Truth to Power

7 pm nightly at The Patricia.

Oct. 19

A New Economy film screening

Max Cameron. Doors open at 6:30 pm. The film screening starts at 7 pm sharp! Refreshments and snacks provided. For more information about the film, visit www.aneweconomy.ca. This screening is a cooperative effort by First Credit Union, Skookum Food Provisioner's Cooperative, and Powell River Climbing Co-op. Admission is by donation (suggested donation \$5). All proceeds will go to the Powell River Food Bank.

October 20 - 24

LEGO Ninjago Movie in 2D & 3D

7 pm nightly in 3D and 1:30 pm weekend matinees in 2D.

Oct 25-26

Trip to Spain

At The Patricia. Check Web site for details.

Nov 1-2

The Midwife

At The Patricia. Check Web site for details.

Live Music

October 6

Fanfare, Texture & Light, thechad

McKinney's, 9 pm. \$5 to \$10 sliding scale at the door.

Oct. 7

CON MAN, Slow Learners, ROYAL JELLY, RAZORVOICE

\$10 at the door, 9pm, McKinney's.

DJ Hanson Band

10 pm, Westview (Zoo)

October 13

Rick Scott and Nico Rhodes: Roots and Grooves

7:30 pm, Cranberry Community Hall. \$20, tickets at RockIt Music.

October 14

Italian Club celebrates 80 years

6 pm doors open. Family-style Italian dinner catered by the Laughing Oyster, dance to local band Retro. Tickets \$40. See ad Page 41.

October 20

Stylus Fantasticus

7:30 pm, James Hall. Virtuoso flights of fancy from

17th and 18th-century Germany and France. Paul Luchkow, baroque violin (Victoria), Sam Stadlen, viola da gamba (London, UK), Michael Jarvis, harpsichord (Victoria). Admission \$22 - Students 18 & under free with student ticket voucher.

October 21

Lasagne and Jazz

Legion, 5:30 pm. Lasagne dinner and the cool sounds of Ralph Barrat. Tickets are \$25 for members/\$30 for non-members. You can buy your tickets at the Legion.

October 30

One Voices Choir project

The One Voices Choir invites you to join in song at the Celebration of Cultural Diversity. Rehearsals are October 30, November 6, November 13 at Cran Hall, 7-8:30 pm and at the event on November 18. All voices are welcome. \$10/wk or what is manageable. RSVP by October 20th. Contact: singitpowellriver@gmail.com or 604-483-1451.

November 2

Melanie Krueger, soprano & Angus Kellert, piano

7:30 pm, James Hall. Admission \$20 - Students 18 & under free with student ticket voucher

Arts & Live on Stage

October 3

I'm Still Here: A research-based drama on living with Dementia.

2 pm Library. 7 pm Willingdon Creek Village. Tickets at Ecosentials, River City Coffee, Willingdon Creek and PR Chiropractic. Or call 604-223-7309.

Reading: Harry A Wilderness Dog Saga

7 pm at the Library. Wilderness Dweller Chris Czajkowski reads from her memoir.

October 4

Tiny Story Lab

2-4 pm at the Library. Get ready for the 420 contest.

October 5

Anna May Bennett art show reception

7 pm til 9 pm, VIU Powell River. On until Nov. 1.

October 7

André-Philippe Gagnon the legendary man of 1,000 voices

7 pm, Max Cameron Theatre.

October 11

Tiny Story Lab

2-4 pm at the Library. Get ready for the 420 contest.

October 13

God is a Scottish Drag Queen

8 pm, Max Cameron. (14+coarse language) "The Second Coming" is all new material in an unforgettable night of comedy. All tickets \$25 cash bar.

October 20 to 22

Sunshine Coast Art Crawl

Earls Cove to Langdale, includes local artists at Roberts Creek. Visit sunshinecoastartcrawl.com for details on 144 artists.

October 21

Artisan and Entrepreneur Show

10 am til 4 pm, Assumption School Gym. Presented by Powell River Women in Business. See Page 39.

November 3

Motus O Dance Theatre

Max Cameron Theatre. Four local dance students will perform alongside this company of professionals. www.motuso.com.

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Millbilly Rumble

On Saturday, October 14, from 6:30-8pm the Catalyst Millbillys will be hosting the Howe Sound Krakens for our fourth annual inter-Mill hockey game.

This is the first of this season's home and home series and we are really looking forward to it.

This year, admission to the game will be by a monetary donation to the Community Resource Centre.

This organization does so much for our town and we just hope to give back the best way we can.

Visit www.prcrc.org to find out more!

We are also going to have in game prize draws and a 50/50 draw to support PR Minor Hockey Association.

Puck drops shortly before 7pm so please come out and show your support, enjoy some hockey and have some fun with the family!
- Jordan Mitchell

Sports

October 6

Kings vs. Trail

7:15 Hap Parker

October 7

Kings vs. Wenatchee

7:15 Hap Parker

United Way Free Community Swim

2 til 4pm, Pool

October 9

Thanksgiving Day at the Rec Complex

Leisure Swim 10:00 – 1:00 pm

Everyone Welcome 1:00 – 4:00 pm

Kid's Shiny 11:00 – 12:30 pm

Everyone Welcome Skate 1:30 – 3:00 pm

October 14

Second annual Powell River Millbillys vs. Howe Sound Krakens hockey game

8:30, Hap Parker. It's mill versus mill on ice – for charity. See story, above.

October 20

Kings vs. Prince George

7:15 Hap Parker

October 21

Canadian Tire Jump Start Swim

2 to 4 pm. FREE admission for all.

October 22

Kings vs. Coquitlam

1:30 Hap Parker

October 25

Aquacise Birthday

1:30 pm. Join us on the pool deck with refreshments to celebrate everyone's birthday!

October 27

Kings vs. Nanaimo

7:15 Hap Parker

October 28

Kings vs. Nanaimo

5pm Hap Parker






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Help your community

October 1 to 31

Community Resource Centre pantry staples drive

See story, Page 26.

October 12 to 14

Murder Mystery Dinner Theatre: Theatre Now

6:30 each night at the ARC. \$50 tickets at Royal Lep-age. Hosted by inclusion Powell River.

October 14

Powell River Millbillies vs. the Howe Sound Krakens hockey game

8:30, Hap Parker. It's mill versus mill on ice – for charity. Admission by donation to the Community Resource Centre, and 50/50 to PR Minor Hockey.

Dessert and Fall Auction

6pm, Dessert and fall auction. Trinity hall, United church. Join us for a fun evening of visiting with friends while eating tasty pie and bidding on fall produce and baking. Entry by donation.

October 21 and 22

Kiwanis Club Giant Garage Sale

10 til 1 both days, 4943 Kiwanis. All \$\$ raised goes to: Seventh Day Adventist Food Bank, Texada Food Bank & Lutheran Church Food Bank.

October 21

Health Care Auxiliary fall bazaar

11-2pm, Rec Complex. See ad on Page 41.

Salmon Foundation Gala

5:30pm, Dwight Hall. Gala Dinner & Auction. Tickets \$50 per person, available from Marine Traders, PRO & The Peak. See ad on Page 14.

October 24

Rotary End Polio dinner

6pm, Royal Zayka. Tickets are \$40 each. Find them at *Powell River Living*, Royal Zayka and through any Rotary Powell River Sunrise member. See ad Page 20.

November 4

Bazaar and Tea

Noon til 2, St. David and St. Paul Anglican in Town-site. See ad Page 40.

Learn something new

October 4

Intro to the Self-Employment Program

Community Futures. 9:30 to 4pm. Register by calling 485-7901. Next session November 1. See ad on Page 37.

October 6

Writing Workshop with Novelist Robin Stevenson

7pm at the Library. This engaging author and editor will share strategies for having compelling writing.

October 8

Coastal Waterbird Survey

Malaspina Naturalists members only – become a member for \$20 / family \$40. No experience needed. You get to spend a couple of hours with local experts and powerful telescopes - it's a great way to learn about winter birds! Coordinators: Heather Harbord (Westview), David Bedry (Sliammon). www.malanat.ca

October 8 to 14

Fire Prevention Week

See ad on Page 13.

October 14

Fire Prevention fair and demonstration

11:30 til 1:30pm, Town Centre Mall (north parking lot). Burn demo will be at 1 pm.

Mushroom hunt

10 til noon. Malaspina Naturalists members only – become a member for \$20 / family \$40. Join Izi Loveluck for our most popular annual field trip to identify, collect and sample our local mushrooms. www.malanat.ca

October 19

Great BC Shake Out

See ad on Page 26.

Threatened Species presentation

7pm, Cranberry Seniors Centre. Malaspina Naturalists members only – become a member for \$20 / family \$40. Andrew Bryant spent 25 years working on a variety of threatened species across Canada. Dr. Bryant will share thoughts about our successes and failures...and the road ahead. www.malanat.ca

October 20 & 21

Book Making Workshop

Join expert bookmaker Stuart Isto and learn how to make your own bound book from scratch. Register at the Library or call 604-485-4796 Ext. 206.

October 26

Expand your market by using tech

Noon til 1pm, Town Centre Hotel. Everyone is welcome to this Powell River Chamber of Commerce luncheon event, featuring a presentation by Telus Small Business Services. \$20, includes lunch. www.powellriverchamber.com.

October 28

Young Naturalists Mushroom Hunt

10am, meet at Willingdon Beach. Led by local fungi fun-guy Ioni Wais. By donation. All are welcome with their parents and siblings. Find out more at pryoungnaturalist@gmail.com.

October 28 & 29

Urban Homesteading Fall Bootcamp

Topics include cheese making, canning, soil building, raising rabbits, lacto-fermentation, water harvesting, electric fencing and much more. Contacts: 483 9052, email uhspr@fiddlersfarm.com or uhspr.ca

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ANOTHER TOWN'S SPRINKLER DEMONSTRATION: One room burns, the other room doesn't. Guess which one has the sprinkler? Come see for yourself Oct. 14.

Setting things on fire on purpose

The lowly sprinkler takes centre stage at this year's Fire Prevention Week

BY PIETA WOOLLEY | pieta@priving.ca

Sprinklers in the home: am I the only one yawning? Who chose this snore-fest of a theme for Fire Prevention Week this year? Basically, fire professionals are pushing the idea that sprinklers are the new smoke detectors. Every home should have one. So start ripping up your ceiling to install a system.

Yeah, right. No one's gonna do this.

Well, so I thought, until I checked in with Powell River Fire Chief Terry Peters. He was... convincing.

Remember that fire up at the mobile home park in May? Let Terry jog your memory.

"We started to get calls at 6:15 am," he relayed. "A fire had just broken through a window, and we were there within three minutes of getting the call. Neighbours were outside yelling that someone was trapped inside. There was just absolute panic in the neighbourhood.

SPRINKLER DEMONSTRATION

What: As part of Fire Prevention Week 2017 (October 8 to 14), the Powell River Fire Department will demonstrate sprinklers by setting two rooms on fire in a parking lot.

When: October 14. The event is 11:30 to 1:30. The burn is at 1 pm.

Where: The Town Centre Mall's North parking lot - below Alberni Street, at the Liquor Store end of the mall.

Why: To show how sprinklers can save lives.

"My guys knocked down the fire right away and then forced the side door open. The person was just inside the door. She normally used a wheelchair. The fire had started in her bedroom, and she had crawled from her room towards the door where she was found by our crew. One of her dogs lay down beside her, and died

from the smoke. That was the last she remembered. The other dog also died. We got her out, but if it had been a minute later, she would have died in that fire."

If her trailer had a sprinkler system, it wouldn't have happened, said Terry.

"It never would have gotten to that intense heat," he explained. "The fire wouldn't have chased her."

Most fires start when people do human things: overload their electrical systems, smoking in bed, leaving pots on the stove. Terry notes that "as long as we have people, we'll have people problems."

Be fire conscious, he advises. But also realize that mistakes happen all the time.

Ergo, be humble enough to install a sprinkler system in your home. It's not that expensive, and it can absolutely save your life, the lives of your family and pets, and your home and belongings. **RL**

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Beer fest, ahoy!

November in Powell River is usually a dark, dreary month but for the past three years the Campaign for Real Ale (CAMRA) - Powell River Branch has managed to provide some lightness and joy for locals.

The CAMRA Powell River Craft Beer Festival has quickly become one of Pow Town's "must-attend" events. The festival, which brings craft breweries, cideries and distilleries to town to offer up samples of their products - some usually not available in Powell River - has been wildly popular, selling out in advance each year. The current CAMRA Powell River executive expects the same this year, judging by the amount of inquiries they are getting about tickets already.

When former CAMRA Powell River branch president, Paddy Treavor, and his then CAMRA Powell River executive, organized the first Powell River Craft Beer Festival, he knew it would be popular among the core of local craft beer lovers but had no idea the event would appeal to such a wide variety of locals and be such a big draw for out-of-towners to come to Powell River during the off season.

"I am continuously surprised by the amount of people attending who traditionally do not normally drink craft beer and how much these people enjoy discovering the world of craft beer," states Treavor, who has moved on to be the president of CAMRA BC, the umbrella, non-profit society that oversees CAMRA Powell River and four other branches.

"As well, over 30 per cent of the tickets sold last year were to people coming from out of town specifically to



TINY STEINS: Lee Illing and Chris Moon sample some brews at the 2016 CAMRA Powell River event. More than one third of tickets are sold to out of towners. *photo by Claire Illing* attend the festival. The economic spin-off for local businesses is great and one of the reasons I initially organized the event during the tourism off-season here in town. I wanted to try to provide a reason of people to come visit Powell River outside the busy summer season"

This year's festival will have 250 tickets up for grabs

CAMRA PR CRAFT BEER FESTIVAL

What: Sample craft beer, cider and spirits at this thriving event. Plans are to have a pop-up liquor store and merchandise booth at the event. Safe Rides home will be available.

Participants (at time of going to print – list may vary slightly):

Beer: Townsite, Persephone, Cumberland, Gladstone, Driftwood, Parkside, Twin City, 101 Brewhouse, Gibsons Tapworks, Moody Ales, Real Cask Ales.

Cider – Brickworks.

Spirits – Long Table.

When: Nov 4, 2017 3-7 pm.

Where: ARC Community Event Theatre, located at 7055 Alberni Street (Jean Pike Centre).

Tickets: 250 tickets available, \$30 for CAMRA members, \$35 non-members.

Pre-events: Tap Takeover at McKinney's Pub, Nov 3rd and post-festival party also at McKinney's Pub. Stay tuned for more information.

Learn more at: www.camrapowellriver.ca or on Facebook at CAMRA Powell River.

"Over 30 per cent of the tickets sold last year were to people coming from out of town specifically to attend the festival."

– Paddy Treavor

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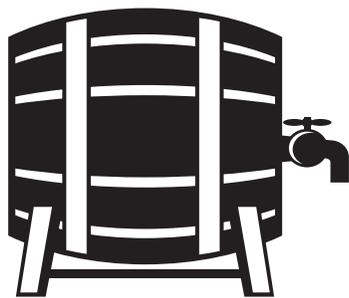
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PADERNO



Five facts about the Campaign for Real Ale (CAMRA) Society of BC

1. It's a registered, not-for-profit, consumer advocacy group whose mission is to champion the cause of the BC craft beer consumer and promote the responsible enjoyment of craft beer and cider in BC.
2. CAMRA BC has approximately 1400 paid members and has branches in Victoria, Vancouver, South Fraser, South Okanagan and Powell River. CAMRA BC - Powell River Branch has approximately 100 paid members.
3. CAMRA BC's president, Paddy Treavor and vice president, Martin Williams reside in Powell River.
4. CAMRA BC has been instrumental in getting liquor law changes made to allow for brewery tasting lounges, growler sales at farmer's markets, the return of happy hour and for the need for bars and restaurants to advertise their serving sizes and the strength of alcohol served.
5. CAMRA Powell River member information can be found at www.camrapowellriver.ca

at a cost of \$30 for CAMRA BC members and \$35 for non-members. Tickets include admission to the event, a 5-oz, souvenir tasting glass and three drink tokens. Additional tokens will be sold for \$2 each and there will be food available for purchase, provided by McKinney's Pub. Tickets will be available by Oct 1st, both on-line and at Townsite Brewing. To date there are 11 breweries, a cidery and distillery confirmed, although this list (see sidebar) may grow and/or change slightly by the date of the festival

With new CAMRA Powell River executive members in the mix, there are a few new wrinkles being introduced to this year's festival. For the first time, organizers are planning to have a pop-up liquor store and merchandise booth on-site where festival goers can purchase some of the beers/ciders/spirits they sampled at the festival and which are not usually available in our local liquor stores, bars and restaurants.

There will also be an industry-only event where local craft-beer friendly business people can meet and mingle with the festival participants in hopes of bringing a wider range of BC craft alcohol products to the local market. Any local hospitality industry people interested in participating in the industry event can contact the CAMRA Powell River executive at yppowellriver@camrabc.ca or secretarypowellriver@camrabc.ca.

In keeping with their mandate to provide education about craft beer, CAMRA Powell River will be donating a portion of the proceeds from the event, and the proceeds from the Townsite Brewing Growler Donation Program, to help educate local craft-beer friendly businesses by helping fund Level 1 Cicerone training for local servers. A cicerone is the beer equivalent of a wine sommelier and is an expert in such things as beer-food pairings and the proper handling, serving

"By drinking craft beer, you are enjoying a superior product while supporting small, local, independent businesses."

– Paddy Treavor

and presentation of craft beer.

And in keeping with tradition of past years, where CAMRA BC has been able to donate over \$3,000 to local charities and people in need, a portion of this year's festival proceeds will go to the Powell River Cycling Association, who in return, will have members volunteering at the event.

"We are hoping to include an educational component to the festival for our local hospitality industry this year as well as trying to make more products available in our local market for consumers to enjoy," explained CAMRA Powell River vice president, Romeo Styles.

"By providing education about how to properly handle, serve and present craft beer, and the advantages to drinking craft beer instead of the mass-produced, national lager brands, the experience of drinking these quality products is more enjoyable for the consumer and that is what CAMRA BC is all about.

"As well, by drinking craft beer, you are enjoying a superior product while supporting small, local, independent businesses." **RL**

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Clinic Name	Time	Location
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Family Drop-in	Fri Oct 27 2 pm - 6 pm	Powell River Community Health 3rd Floor 5000 Joyce Ave
Texada Island Everyone Welcome	Mon Oct 30 10 am - 1:30 pm	Seniors Centre in Gillies Bay Texada
Seniors and Everyone Welcome	Weds Nov 1 9:30 am - 1 pm	Cranberry Seniors Centre 6792 Cranberry St
Family Drop-in	Thurs Nov 9 1 pm - 4 pm	Powell River Community Health 3rd Floor 5000 Joyce Ave
Everyone Welcome	Fri Nov 17 11 am - 1:30 pm	Powell River Community Health 3rd Floor 5000 Joyce Ave

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Diwali: From darkness came light

Born and raised in India, Mohinder Singh spent his growing years in Kashmir where he would look forward to Diwali for festivities, food and new clothes. Today, Mohinder and his family have been celebrating Diwali at their restaurant, Little Hut Curry, ever since they opened. Here, they enjoy sharing their special food, display of lamps and lights and of course stories related to the festival.

Diwali is a major festival celebrated throughout India that symbolizes the overcoming of darkness and the triumph of truthfulness over deceitfulness. But different religions (the Buddhists, the Hindus, and the Sikhs) have distinctive meanings for the celebrations.

It is also celebrated at some schools in Powell River and in the homes of local Hindu and Sikh families. Mohinder and his family go to the Sikh Temple on Quadra Avenue where they meet with other Sikh families during Diwali.

"We take this opportunity to invite each other and friends from other religious background to our homes," said Mohinder. Depending upon how elaborately each family celebrates, the festivities last for one to two days. The celebrations begin with Puja (prayer) followed by an elaborate dinner or a potluck. A friendly game of cards might also follow.

Usually the food prepared is vegetarian. Homes are lit with oil based lamp (traditional) or candles and it's a good time to catch up with year round family happenings and anecdotes, said Mohinder.



LIGHT A LAMP: On October 18, India celebrates Diwali - as do many Canadians. It is a religious holiday, but it's also social and cultural. So feel free to join in by lighting lanterns, inviting friends over, eating and making merry.

India, a land dominated by fairs and festivals with around 330 million deities is a home to different religions which owe their existence to each other. Consequently, Diwali teaches that "only untruth can lead to truth," "only darkness can lead us to light," "only with death, one can achieve immortality."

"A very Happy Diwali to all," says Mohinder. **PR**

DIWALI IN HINDUISM

Hinduism, is thriving in India and Nepal. It encourages devotees to follow the path of truth and peace.

Hindu mythology says that Lord Ram returned home after an exile of 14 years on Diwali. The people of his kingdom celebrated by lighting lamps and burning crackers. Diwali symbolizes the beginning of the year; people get rid of old things and usher in new vibes. Hindus clean their houses and wear new outfits; and pray to the Goddess of Wealth for a new fulfilling year.

DIWALI IN BUDDHISM

Buddhists celebrate Diwali because on this day, Emperor Ashoka gave up the path of bloodshed and aggression and adopted the route of harmony and peace as he decided to convert to Buddhism around 256 BC. Since then, the day is marked as "Ashok Vijaydashami" and Buddhists remember Lord Buddha by chanting mantras.

DIWALI IN SIKHISM

Sikhism, followed by some 30 million people, also celebrates Diwali. For people of the Sikh faith, Diwali celebrates the release of the sixth guru, Guru Hargobind Singh Ji and 52 princes from the prison in 1619. Sikhs associate Diwali with homecoming of the sixth religious leader who was put behind the bars for standing up against the atrocities of the then emperor Jahangir. Technically, Sikhs celebrate "Bandi Chhor Diwas" which coincides with Diwali and is a reminder of knowledge over ignorance.

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Culture shock smoothed by Italian Club:

BY TONY CULOS

On October 14, 2017 I will be celebrating, together with some 250 other members, the 80th anniversary of the Powell River Italian Club.

But what exactly am I celebrating?

Am I just celebrating a club's milestone, important as it is, or some real, substantial accomplishment of survival against all odds? But, more importantly, what has this Club I'm celebrating been to me through my 52 years as a member?

"I showed him the little bottle of vino that, of course, I needed to wash down my lunch. As an avowed teetotaler, Pete was shocked and fired me on the spot."

— Tony Culos

I joined the Club soon after my arrival in Powell River in 1966, straight from my small home town in north-eastern Italy, to join three older brothers who had preceded me in the 1950s.

Like virtually all other Italians in Powell River, I took

advantage of the generous post-war Sponsorship Program that made it possible for thousands of Italians to join family members and friends in Canada. This Program, coupled with the Mill expansion and its need of manpower, resulted in a large wave of immigration in the two decades following the War and caused the Club's membership to swell rapidly.

I arrived here as a rather shy twenty-year-old, with a smattering of English, striving to adapt to a new culture and customs, and seeking to re-create some fellowship and friendship to fill the void of the friends and acquaintances I had left behind in Italy.

But it didn't come easily. Language, to be sure, was an obstacle, but it wasn't the only one. There was also a cultural gulf I experienced daily in many small things.

An early example of this cultural misunderstanding happened on my second day in Powell River when I decided to take a walk behind Cranberry Lake, still dressed in my travel clothes.

I stopped momentarily to observe the operation at the gravel quarry when its owner, old Pete Nassichuk, gestured at me and offered a shovel he was holding. I gladly grabbed the shovel and found myself happily employed on my first job in Canada.

I worked away with gusto alongside Pete's son. On the third day, on my lunch break, Pete approached me and enquired about my red beverage. I showed him the little bottle of vino that, of course, I needed to wash down my lunch.

As an avowed teetotaler, Pete was shocked and fired me on the spot, handing me \$35 as two days' wages. My initial reaction was being pleased at beholding what looked to me like a large sum of money, but also being perplexed at finding myself suddenly unemployed after my initial good fortune.

After this, there was a reluctance, and I'm sure I wasn't the only new Italian immigrant to feel so, to initiate any overtures with strangers, not so much because I mistrusted them but rather because I was afraid they were suspicious and mistrustful of us "foreigners."

Joining the Club was therefore a natural impulse that would allow me to establish a fellowship I keenly missed, though, admittedly, probably not the quickest way to integrate into the new society.

Since my brothers Ermes and Luciano had been heavily involved in various executive positions in the Club, it didn't take me long to also take an active involvement, joining the Board in various capacities, working alongside some good, like-minded individuals that shared my views about the direction and evolution we thought the Club required.

In 1968, I met and later married Sara, the love of my life, during a trip in Mexico City. Sara was a strong-willed girl who showed her independence by, among other things retaining her own maiden name, which was rather unusual in those days.

I remember her asking me one day whether she could become a member of the Club. She wasn't overly



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What: Family-style Italian dinner catered by the Laughing Oyster, dancing to Retro, a live band.

When: October 14, doors open at 6 pm.

Where: Italian Club in Wildwood.

Tickets: \$40 at Massullo Motors, Underwriters Insurance and through any board member.

impressed when I informed her that, no she couldn't because (A) she wasn't a man and (B) she wasn't Italian. This, I remember, was the spur that set me thinking about overhauling the By-Laws of the Club to bring about changes I thought essential for the long-term survival of the Club.

This turned out to be an uphill battle against some entrenched traditionalists who were dead-set against any changes.

But I was fortunate to have a strong-willed and well-respected ally in Elio Cossarin who employed his extraordinary power of persuasion to sway most of the hold-outs and ensure the passage of the necessary resolutions at AGMs to implement the changes to the By-Laws and change the very nature of the Club.

By the late 1960s, immigration from Italy had come to a grinding halt thanks, in part, to the economic boom in the 60s in Italy. We knew that, if something wasn't done to inject new blood, the Club would soon start to

peter out and die.

The new changes, introduced in three instalments, eventually allowed women and non-Italians to become full-fledged members of the Club. Women's active involvement and contributions have since been vital for the survival of the Club and two of them became President.

Today, the Club's initial purpose of immigrant support and fellowship has ceased to exist. First-generation old-timer Italians like me have become a minority in the Club whose survival will now be in the hands of new generations of Canadian-born members who will need to conceive new purposes for the Club to ensure its survival.

Many nay-sayers had long been saying that the Club had ceased to have any purpose and predicted its imminent death. And yet the strong membership and willingness to chip in with necessary volunteer work such as the manning of the Blackberry Fest booth proves them wrong, and I remain optimistic.

Although I had recently had to reluctantly give up my active involvement in the Club to dedicate my energy to my disabled wife, as a full-time caregiver, I know the Club is in good hands with the new generation of Board members and the still large membership that find in it a lot that's worthwhile. **PR**

Note: The above photo is courtesy of the Powell River Museum and Archives Society. It was snapped at a 1938 masquerade party at the Italian Club - 79 years ago.

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Devil made me do it

Powell River Tarot: a community reading, by Teresa Harwood-Lynn

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You can contact her directly at 604-485-5620 or by email at teresaann@telus.net

The Rider Waite card, the Devil, is ugly and disconcerting. On it we see a hairy half man, half goat creature perched on top of a concrete block. He has bat like wings and an inverted pentagram above his head. Chained to the concrete block is a man and woman - naked - horns sprouting from their heads.

The symbolism in this card is rich. The devil, fear, temptation and darkness. Wings of a bat that can suck the life from you. Fire, torment, hell. Chains that bind. What could be more frightening than all of that?

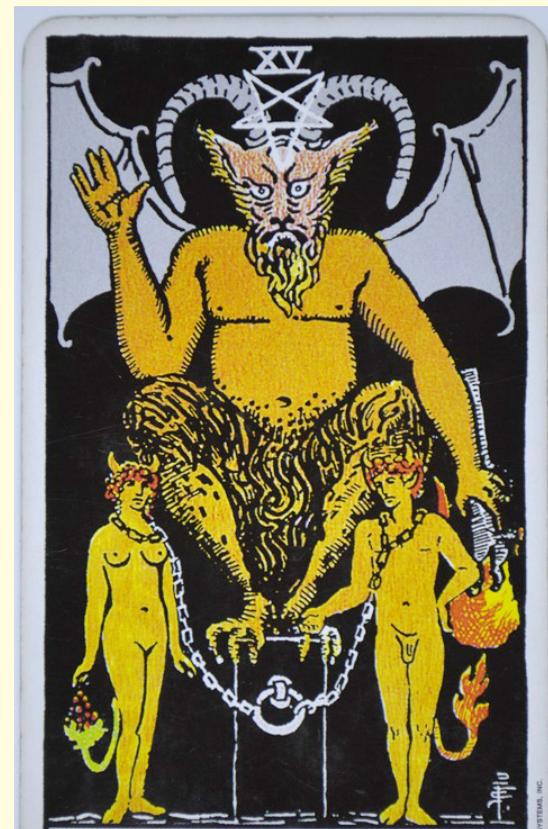
Flip Wilson used to say, "the devil made me do it," and on one level this card does represent temptation, obsession and addiction. But having spent the past decade overcoming things that frighten me, (public speaking, water, confined spaces), I see that this card also represents being entrapped by our own irrational thoughts and fears. Sometimes we hold onto things that frighten us or make us uncomfortable for so long that they start to become an excuse for not living life fully.

If we look closely at this card we can see that the chains around the neck of the man and woman are loose. They could easily slip them off and rid themselves of the devil once and for all.

After years of standing on the beach, alone, while others splashed in the cool waves of the water, I finally got fed up enough to do something about it. It has taken more than a few years, but once I noticed that the chains around my neck were as loosely bound as my distorted thoughts I began to slowly remove them.

Has the "Devil" tricked you into self-limiting thoughts and beliefs? Do you find yourself missing out on opportunities because of fear? Turn this card around and consider that you yourself have the strength of the devil to overcome these self-imposed limitations. Use that same strength and conviction of thought, which has kept you in a state of fear, to help you move on.

Change doesn't happen overnight. Stick one toe in the water at a time. Be curious and adventuresome and tackle the things that frighten you. **RL**



Rider Waite

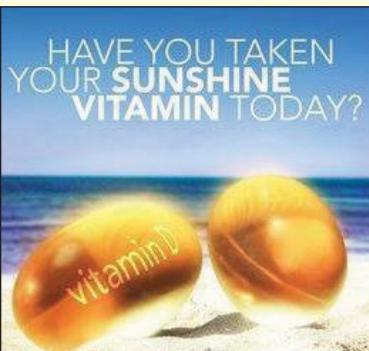
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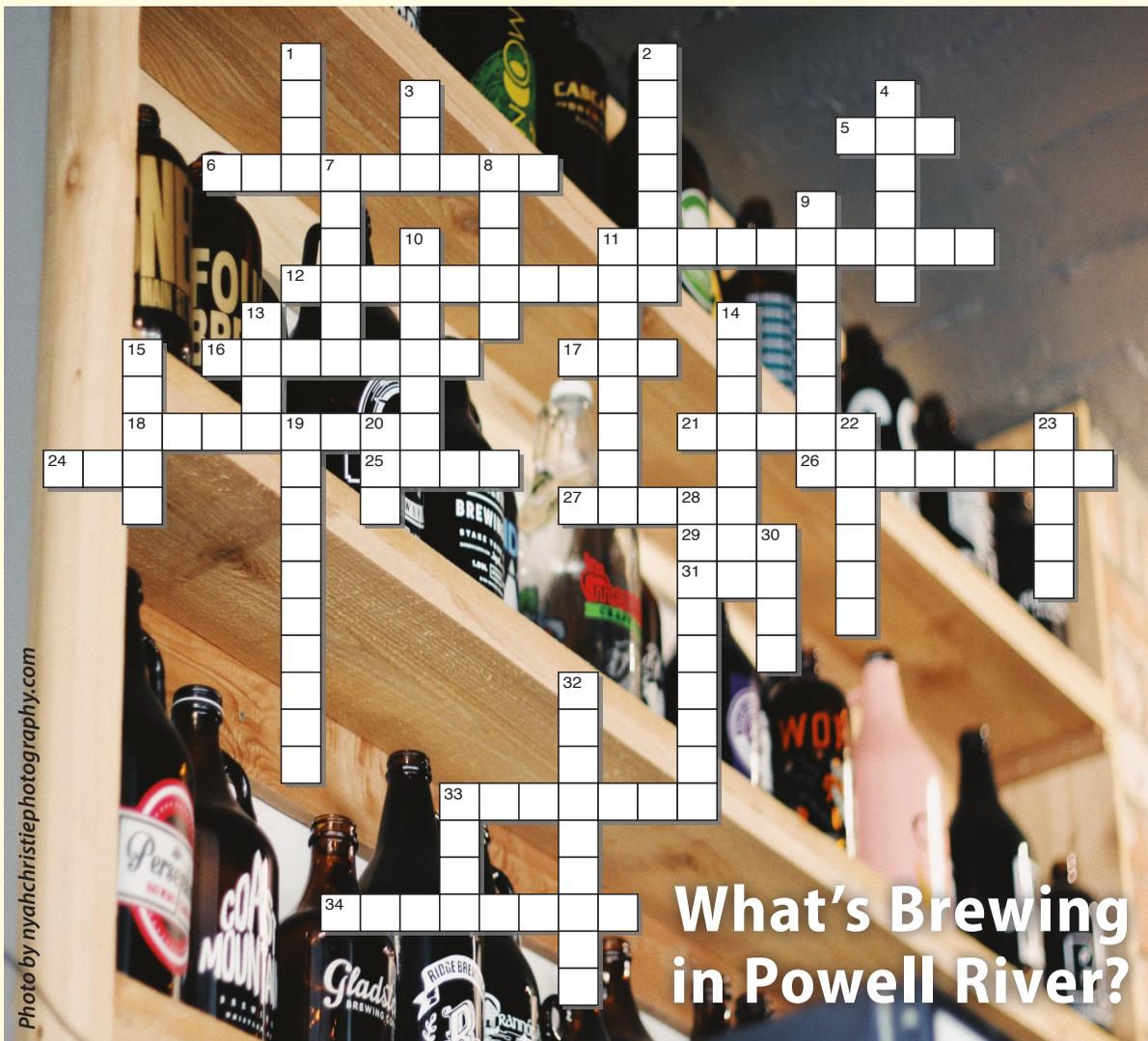


Photo by nyahchristiephotography.com

What's Brewing in Powell River?

Across

- 5) Bigger beer container under pressure
- 6) Blackberry brew portmanteau
- 11) Biannual beer, musical gathering
- 12) Dance, hulk, triple
- 16) PR's silly namesake beer
- 17) Bitterness measure
- 18) Location of PR's brewery
- 21) Alcohol-making cells
- 24) Beers made with top fermenting yeast
- 25) Lang Creek bay
- 26) Oud bruin, hulk
- 27) Craft beer advocacy group
- 29) Beer fest location
- 31) Bitter light Indian ale abbrev
- 33) Prohibition-era schooner, wreck dive
- 34) PR U-Brew

Down

- 1) Vine important to brewers
- 2) Dauchot's heritage
- 3) Alcohol content abbrev
- 4) PR Brewmaster
- 7) Mountain beer
- 8) Beer made with bottom-fermenting yeast
- 9) Only on tap, only on the coast
- 10) Refillable jug
- 11) SCOBY tea
- 13) Yard Oiler Gasoline Unpowered
- 14) Rocky Horror song, Texada-inspired beer
- 15) Main ingredient in beer
- 19) Coin in coke, or Belgian IPA (2 words)
- 20) Local brewery abbrev
- 22) Percentage of out-of-towners at fest
- 23) Rope swing
- 28) PR Kombucha brand
- 30) Second fermentation barrel
- 32) Winemaker's Creek
- 33) Processed barley



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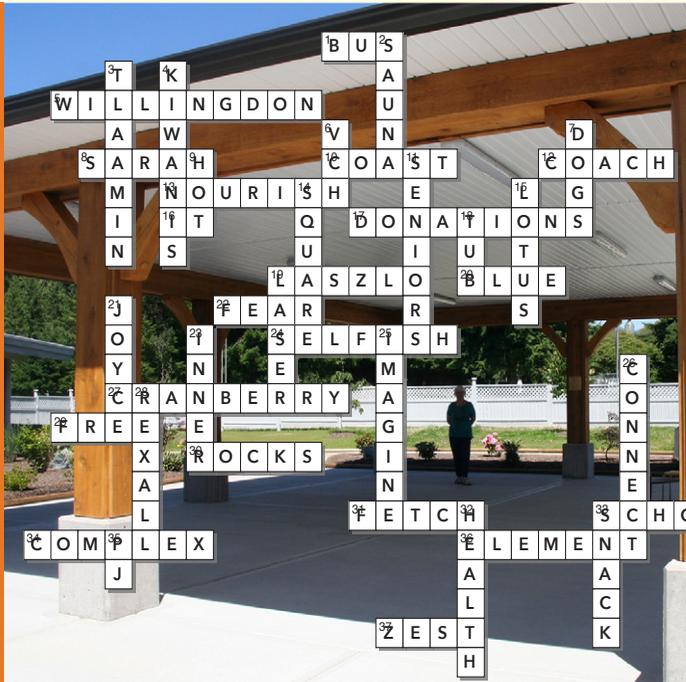


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