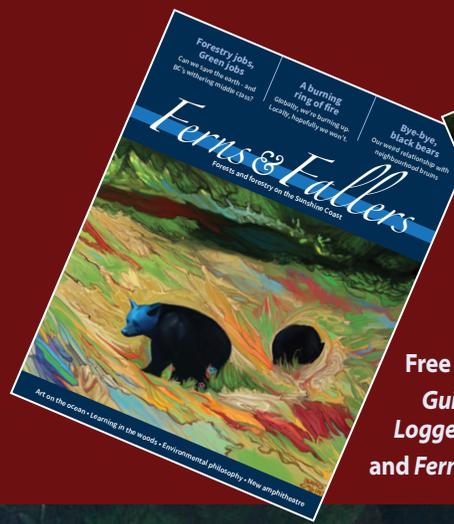


Powell River LIVING



Free inside:
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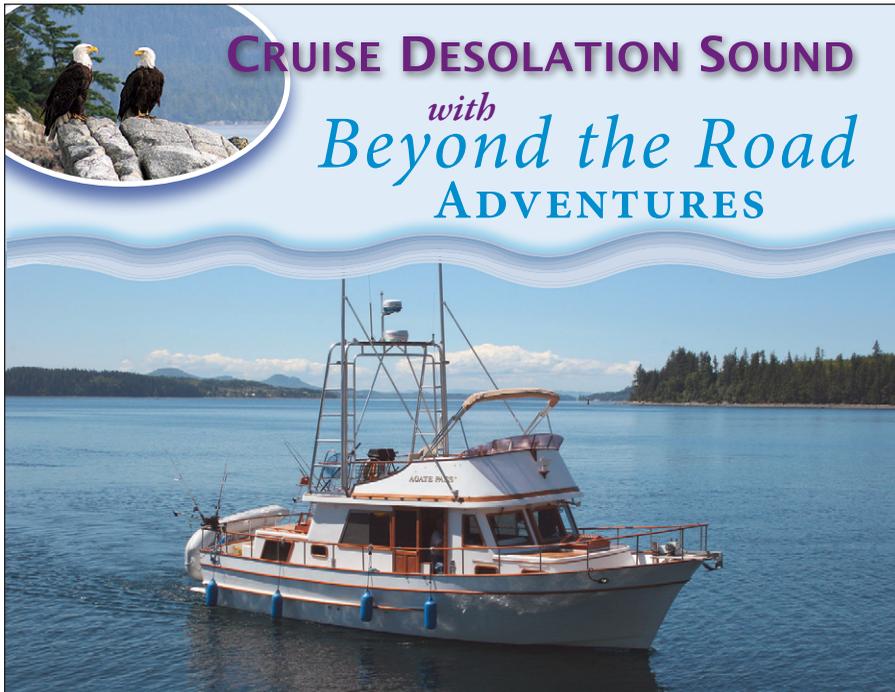
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The youngest volunteer, Asha, is ready for another BC Bike Race on July 8.

photo by Dave Silver

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ON THE COVER

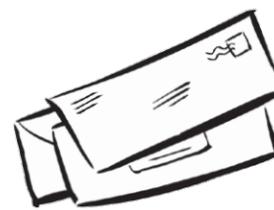
New forestry grad and logger sports competitor Allan Knapp with Paul Bunyan and his trusty blue ox Babe. The characters are depicted on the side of the Forestry Museum in part of a peeling mural that decorates the east side of the building. *Photo by Pieta Woolley*



CONTENTS

JULY 2016

Home to the forest Allan Knapp on becoming a forester	6
Stacycation Summer student suggestions	9
Miniature babies Camille Allen's tiny creations	11
I Made the Move Lawyer loves PR perspective	13
Murals on Marine Forestry museum	14
Marine Ave Map Find where to shop	15
Townsite Is where it's at!	18
Letterpress Teens try old technology	19
Business Connections Drugs, food and more	20
What's Up Refugees, totem and awards	21
Artificial Reefer A lighter look at news	22
Growing Concern Relax, and harvest	23
Family golf Time together	24
Events section Got FOMO? Check this	25
Take a Break Tarot and Crossword	32
Last word Signs	34



We welcome feedback from our readers. Letters may be edited for length. Email isabelle@prliving.ca, or mail letters to **PR Living, 7053E Glacier St, Powell River, BC V8A 5J7.**

MAILBAG

Dear PRL,

Thanks for your donation to the Knitted Knockers group and the article you published in the May issue of *Powell River Living*. I am getting lots of calls every day as a result of your article. I am so pleased to have finally reached quite a few breast cancer survivors.

You have done so much for our community through *Powell River Living* – it is very special.

Yours truly,
Shirley Koleszar

Dear PRL,

We were visiting the area, and picked up the June issue of *Powell River Living* at the campground. Regarding the publishers message, you are only partially right! St. John's is indeed in Newfoundland, but there is no city in New Brunswick called St. John! The correct and only spelling is SAINT John, the river is the St. John!

Frank Boers
Formerly of Saint John
and now of Saanichton

CONTRIBUTORS



ANGELA SARGENT is a freelance writer and broadcaster. She is also a member of the Canadian Armed Forces as a Cadet Officer. She lives in North Vancouver but escapes to the cottage at Texada Island as often as possible.



GARY SHILLING enjoys creative process and mixing words with pictures to tell stories. In addition to engaging in a bustle of marketing and communications activities for local non-profits – he gets tactile with ink, paper, and blocks of wood and metal precisely 0.918" high.



LINDA WEGNER owns Words of Worth and is a professional writer and speaker whose work continues to appear in a number of business and agricultural magazines as well as rural weekly newspapers. She's on the board of directors of the Powell River Chamber of Commerce, among her many volunteer activities.



PUBLISHER'S MESSAGE

Celebrations - and tragedies - show our city's strength

June was, without a doubt, a challenging month. It was the month the Devita family (who lost the Texada Island Inn in a fire at the end of May) began figuring out what to do. It was the month Mark Hamilton and Christian Pederson, two young men who'd just graduated, were involved in a terrible accident that irrevocably changed their lives. It was the month two families of Syrian refugees arrived.

Although these three events are different, they do share similarities. At the heart of these stories of rebuilding is the common theme of what's possible with family, friends and community.

Almost \$20,000 has been raised so far to help the Texada Island Inn's employees who were left jobless after the hotel burned down. A trust account (529974) has been set up at First Credit Union to help Mark and Christian and their families during the boys' recovery.

With family, friends and community, anything is possible.

Take a look at Powell River Logger Sports. After an 11-year hiatus, it's back. July 15 to 17 will see an influx of people who haven't been to Powell River in years and some who have never been here before, visiting our beautiful city. Logger Sports would never have happened without the help of volunteers. These folks gave selflessly of their time, energy and expertise to bring this tremendous event to Powell River.

The same holds true for Kathaumixw, PRISMA, the BC Bike Race, Texada Aviation Week and a number of other events that would not be possible without the sense of community these volunteer share.

Without friends, family and community, we wouldn't be able to bring you three magazines this month. This is the first time we've put out three publications in one month and quite frankly, I wasn't sure how we'd do it

but we did. It was a lot of fun and a lot of work. We were missing in action for part of the time but our families, friends and community were incredibly supportive and understanding and helped us do what we needed to do.

Powell River is an awesome place to live, work and play. We have some of the best hiking trails in the world, an amazing arts community, lovely lakes, and beautiful beaches.

But in my mind, the best thing about Powell River is its people. You. You are our people and you have the biggest hearts this side of Timbuktu. You care about your family, your friends and your neighbours and you show it every single day.

ISABELLE SOUTHCOTT | isabelle@prliving.ca

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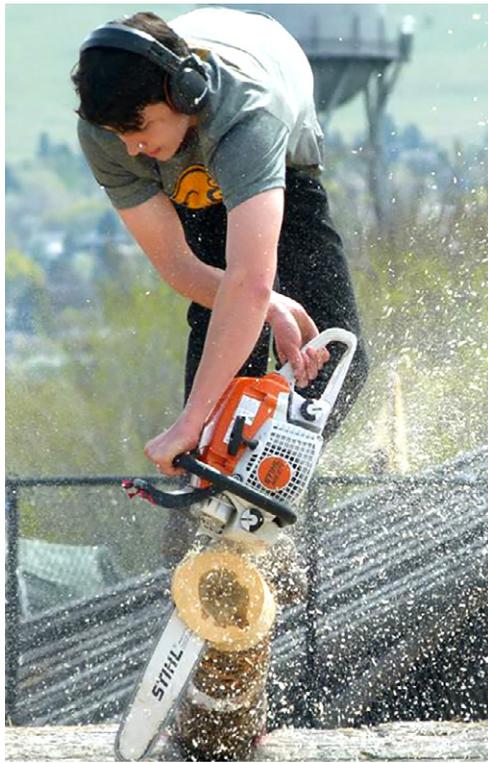
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Knapp finds his focus

Brooks grad-turned-forester revives UBC's logger sports team, comes home to work & compete



WHAT HE SAW: Powell River's own Allan Knapp learned about the forest sector at Brooks. Now, he's a Registered Professional Forester, and Logger Sports competitor. Above, he competes in the obstacle pole and two-man bucking events in Montana last year, with UBC's team.

BY ISABELLE SOUTHCOTT | isabelle@prliving.ca

Nearing the end of his high school career, Allan Knapp was trying to figure out what he wanted to do after graduation. Jim Palm, School District 47's Career Educator, helped set him on the right path - forestry. But what Allan didn't yet realize is, like nursing or computer science, beginning an education in forestry just opens up more, and more and more opportunities.

"I job shadowed Rino Parise, a timber cruiser with the Ministry of Forests, Lands and Natural Resource Operations for a day and enjoyed it enough that I decided to job shadow someone from the compliance and enforcement end of forestry," said Allan.

After high school, he enrolled in Vancouver Island University's Forest Resources Technology program.

"At the time I liked engineering - deciding where the roads go and what areas are harvested."

Again, Allan learned there were more careers related to forestry than he had ever imagined.

"Even after a diploma, summer jobs and a degree, I still don't know what I want to do. There's fire fighting, protection, pests and disease control, engineering, silviculture, politics and legislation, wildlife management, recreation, the opportunities are endless."

However, to pursue them, he realized, he would need more schooling.

"Through the years the people I worked with suggested I continue my education and get a degree," Allan said. "They kept talking about the glass ceiling that people with diplomas run into."

So Allan went back to school to get his forestry degree from the University of Brit-

ish Columbia. Before he did, he needed to do some upgrading. "I didn't have enough science courses from high school," he said.

Through VIU Powell River, Allan earned his Math 12, Chemistry 12 and Biology 12 in night school. He went back to VIU in Nanaimo to complete first year science and math courses, before moving to Vancouver to attend UBC for two more years and get his Forest Resource Management degree. Thankfully, he received a \$2,500 scholarship from the Powell River Community Forests to help with his tuition.

Earlier this year he wrote his final exam and is now with the Association of B.C Forest

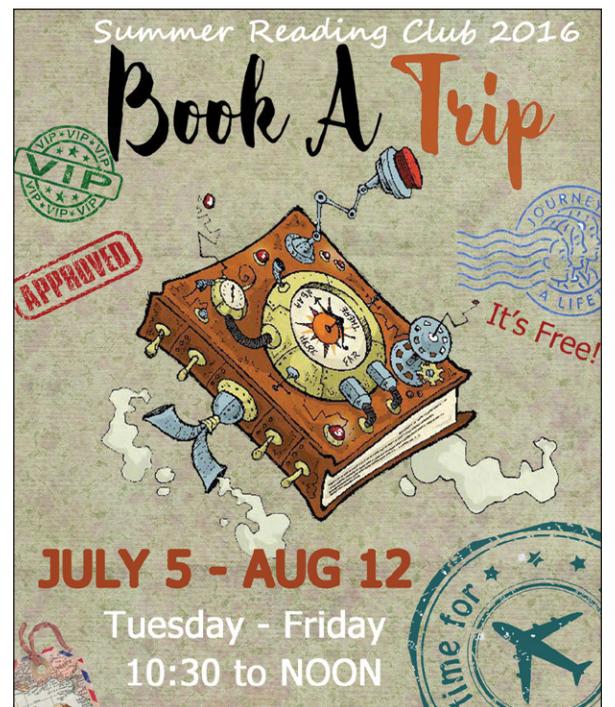
"I lived in a house full of guys training for logger sports. There were axes flying around, and everyone was chopping wood. I just had to get involved."

- Allan Knapp

Professionals (ABC FP) as a Registered Professional Forester (RPF).

While attending UBC, Allan worked summers engineering and surveying with both contractors and Western Forest Products (WFP) in Powell River and on the Island.

During the summer of 2013, Allan was working in Holberg, which he says is basically a logging camp.



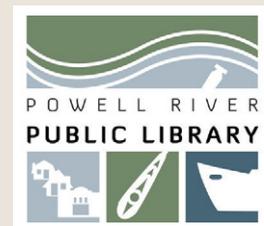
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“Two guys I worked with were from Eastern Canada. One was from New Brunswick, the other from Ontario and both had been captains for their collegiate Logger Sports teams.”

Logger Sports is big in Eastern Canada. “A lot of schools back East have their own Logger Sports teams and some may even have a varsity team.”

These coworkers had brought equipment for Logger Sports events because they planned to compete in BC.

“I lived in a house full of guys training for logger sports. There were axes flying around, and everyone was chopping wood. I just had to get involved.”

Allan chose the underhand chop as his first event.

“You stand on the log and chop between your feet,” he explained. The first time didn’t go so well. “I swung poorly

to drag logs. In a competition, you haul the choker through an obstacle course that can include climbing log stacks, ducking under elevated logs, and running across ponds on boom-sticks.

When given the go, competitors drag their choker through the course, setting the choker around the log as fast as they can and racing back to the starting line.

Other events Allan has competed in include the underhand chop, double buck, single buck, axe throw, obstacle pole saw, and pole climb.

“I generally sign up for six events, sometimes nine.”

Logger sports isn’t Allan’s only challenge. Helping revive UBC’s logger sports program was equally challenging. “While I was working in Holberg, two coworkers had gone to UBC and said there had been a Logger Sports program at UBC that was a lot of fun. So of course I wanted to join when I went to UBC.”

When Allan showed up at a meeting, the president of the Forestry Undergraduate Society (FUS) asked him if he’d ever competed in Logger Sports before.

“I said yes and was immediately made the team captain,” he laughed.

UBC’s Forestry Department has had a logger sports training grounds for decades, but they haven’t had a team in many years, so Allan had to do a lot of work rounding up equipment, cleaning up the grounds and rebuilding the program.

“It was pretty slow to get people out. It took a full semester to get the program going.”

The following summer Allan met Ben Lefler of the Laughing Logger, and they spoke about the forestry undergrad’s Logger Sports program.

“We thought it would be a good way to get more youth involved in Logger Sports and train future Logger Sports competitors,” said Allan. They found sponsors



THUNDERJACKS: UBC’s recently-revived logger sports team is captained by Allan Knapp. In 2014, Allan Knapp won the Logger Sports Canadian championship for the novice Choker Race event and in 2015 he won the Canadian championship for the novice double-buck event.

and purchased new equipment, team jerseys, crosscut saws and found money to cover travel expenses for competitions. They named their team the ‘Thunderjacks,’ ran fundraisers, and trained regularly. In the spring of 2015 they competed in Missoula, Montana.

“I got fourth in birling, but the ladies on our team kicked butt in several events,” said Allan.

Logger Sports is an appreciation of where the forest industry has come from and where it is today. It brings the workers out of the forests and shows it off to people who wouldn’t see it otherwise.

“We [forest workers] used to be people living in camps using axes and crosscut

saws. Today we are using chainsaws and heavy-duty equipment. Logger Sports combines traditional tools and new age technology. However some equipment hasn’t changed much through the years.”

For instance the pole climb is still a job that people do today and it involves some of the same equipment they used 100 years ago.

To compete in the pole climb or any other event in Logger Sports is a real rush.

“When you’re in that competitive environment, it gets your blood boiling and adrenaline pumping. You’re always trying to one up the guy next to you and be quicker than he is,” said Allan. **PR**

“[Logger sports] gets your blood boiling and your adrenalin pumping.”

- Allan Knapp

and almost took the front of my foot off,” he said. “After that, I got some instruction.”

His first competition was unsuccessful, but he improved over the years.

“I signed up for every event that I could,” Allan said. He borrowed equipment, which is something young bucks do regularly he explained. He discovered he liked the choker race - and was good at it.

“Yeah, it’s my favourite,” he nodded. The choker race is a feat of speed, cardio and control. Competitors start with a choker in hand, an 75-pound cable used



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The kids say what's alright

Planning a staycation? Meet Tourism Powell River's five summer staffers and learn their favourite destinations around the region

Emily Faye

is the tech savvy employee at Tourism Powell River. She is very knowledgeable about local sea and plant life.

Laughing Oyster Seafood Buffet



▶ Going to the Laughing Oyster Seafood Buffet is like a rite of passage for any seafood lover. Throw away any thoughts of portion control—your plate will be piled high with crab, oysters, roast beef, fresh salad, fluffy potatoes and colourful veggies.

It's a very popular night, so don't risk going without reservations! But people don't just go for the fabulous food. The restaurant has a spectacular view of Okeover Arm Inlet, making the covered deck a prime seating location. There may even be live music to accompany the sound of delighted chomping.

▶ The Sunshine Coast Trail (SCT) is the perfect staycation. Not only is there free hut-to-hut hiking, but you're likely to run into people from around the world who come to experience the trail. With a span of 180 km, you have the ability to choose the length of your trip, from a short 3 hour mosey through the woods to a challenging 15-day excursion. The scenery varies, giving you the opportunity to see coastal shorelines, old-growth forests, creeks and lakes, as well as some amazing mountain-top views. The highest point of the trail is Mount Troubridge, with an elevation of 1300m.



Mitchell Male

is originally from Vancouver, BC, but loves the Powell River scenery. He is studying computer science and astrophysics in university.

Sunshine Coast Trail

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Stephanie Formosa

is Tourism Powell River's Summer Marketing Assistant. She was born and raised in Powell River, but attends UVic during the school year.

TerraCentric Zodiac & Kayak

▶ The Desolation Sound zodiac and kayak experience, offered by TerraCentric, is the ideal escape. You depart from Lund harbour, donned in full-sleeved life jackets, and set out to see eagles in the sky and jellyfish and seals in the sea. The guide will offer historical commentary about the area— perhaps showing off a 400-year-old

First Nations' hieroglyph. The water is peppered with islands, including the Copeland Islands, perfect for exploring. The big moment is the beginning of Desolation Sound, when a series of mountain ranges are revealed. The day is completed with a guided kayak back to the Lund harbour.

Chaya Stones

has worked with Tourism Powell River for three summers. She did LEAP, an outdoor learning program, while in high school, making her a great source for information on outdoor activities.

Canoe Route

▶ Did you know Powell River has a world-class canoe route 57km in length, covering 8 lakes and 5 portages? Over the 5-day trip you will be thoroughly introduced to the wild for which BC is known. You're likely to see bald eagles and maybe even a black bear. If you get



hungry, just cast a line! There are numerous camping spots along the way where you can enjoy a campfire by the water's edge. At night, you can look forward to the moon reflecting off a serene lake and a bright, starry sky framed by a circle of trees.



Constance Faubert

is a tourism student from Quebec. She came to Tourism Powell River to gain new experience in her field, and provides bilingual services in the office.

PR Sea Kayak Eco-Tours

▶ Get out on our Pacific waters to explore Desolation Sound with Powell River Sea Kayak. Your launch point is Okeover Inlet, and you receive a guided tour to Cabana Desolation Eco Resort. Along the way, your guide will share knowledge about sea and animal life. Once you reach Kinghorn Island, you take wooden walkways

to cabins tucked into the forest. But don't worry, you'll still wake to an ocean view. Guests can look forward to being spoiled with local and healthy cuisine. There's the option to snorkel, paddleboard, hike or simply unwind with a glass of wine and good book. **PR**





Tiny tots

Townsite artist recognized internationally for her work

BY LINDA WEGNER

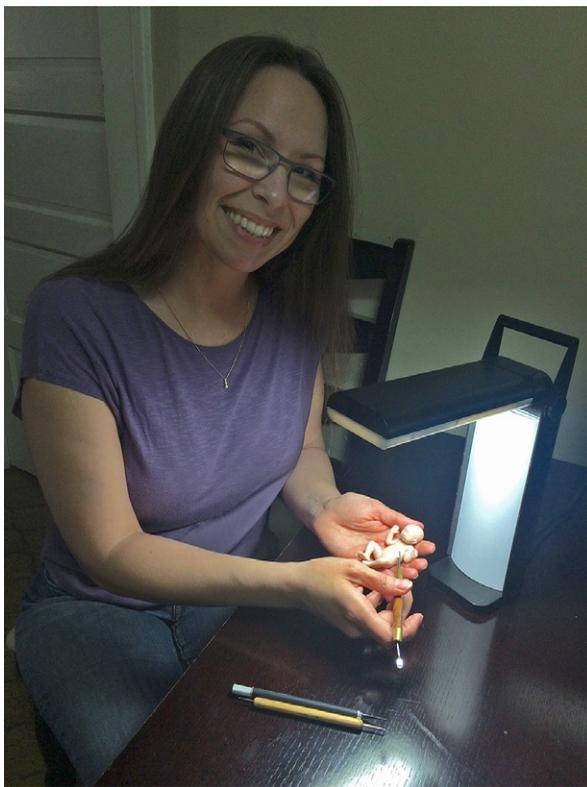
The Townsite's Camille Allen and her miniature, hand-sculpted babies might be one of Powell River's best-kept secrets.

Camille and her dolls have been featured in publications around the world, including Spain, South Africa, Malaysia, France, India, the United Kingdom, Dubai, Germany, and Finland. A story about her dolls appeared in Ripley's *Believe it or Not* magazine and, her work earned her several Dolls Award of Excellence, Industry Choice Award, once in 2011 and again in 2013.

She has travelled to France and Dubai to present her dolls.

Camille's journey into the world of miniatures was inspired by her husband's grandmother, world-renowned and award winning doll maker, the late Clara Allen. Self-taught, Clara's life sized dolls were displayed in the Canadian History of Civilization in Ottawa for a number of years.

Camille was in her early 20s when she expressed interest in following in Clara's footsteps; for about a year she practiced making life-sized dolls.



MAKING BABIES: But not the usual way. Camille Allen's dolls are made of special clay. .

"What she [Clara] wanted were realistic dolls but they weren't available on the market so she started making her own. I had expressed an interest in sculpting and she taught me," Camille told *Powell River Living*.

One day, thanks to some left-over clay, she decided to concentrate on making miniatures and quickly discovered that creating tiny babies was what she really wanted to do. She made more, improving her skills and adding various styles and poses to her collection. About a year later, Camille decided to post a few of her miniatures on eBay; both the demand and the prices fetched for them were cause for surprise and optimism. It took no time to realize that this was no accident. As she watched demand continue to grow she decided she'd better create a website.

Then some photos from her website were used to create an email message that went viral. It claimed that the babies were made of marzipan and meant to be edible.

"They're not," she says.

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MONTHS OF WORK: So delicate, a small mistake can wipe out hours of work. For more information check out CamilleAllen.com



The hoax is even listed on the myth-busting website snopes.com. But the viral emails brought attention to her work, and drove demand for more dolls.

However, it isn't primarily demand or profit that continues to inspire her to dedicate months and years to her hobby; it is the personal satisfaction she derives from sculpting these little people.

"I love creating something out of nothing and I love it that as I'm sculpting they come alive. There's a little personality attached to each of them; it's as if something that wasn't there, now is. I like holding them in my hand. It brings feelings of protectiveness and a maternal instinct. These are my babies, I don't have children."

The process begins with a lump of hard clay, available from just one source in the United States. Because it can pick up fingerprints and is easily damaged, the process is delicate and time consuming. That, combined with the standard one-inch (1") scale used in designing house, makes the projects even more challenging.

"Sculpting the hands is really difficult. You can be nearing completion but if you make a mark on the baby that can wipe out hours of work. You have to hold them very carefully," she explained.

Not only is exceptional care required in the creation of each baby, hours and sometimes months of work go into each

one. In one instance, a set of quintuplets, each in a different pose, took nine months to complete although she says, the average single baby requires several weeks of dedicated work.

The most time-consuming part of the process involves the final details and smoothing, both procedures that "make them cute." So cute, in fact, that she sold, then bought back, one of her one babies. He is very special, she said.

Resin limited edition reproductions of the dolls are popular on her website, but the most sought after are her one-of-a-kind dolls.

The physical makeup of the clay does cause limitations.

"I don't have a lot of ethnic babies for the sheer reason that the clay colours make it difficult to get realistic results."

When it comes to dressing the babes in sleepers or delicate crocheted diapers and bonnets, she calls on local talent to do the sewing and crocheting.

"I can't sew at all so I have several ladies who do that for me."

Camille often uses a picture to provide a model for each new creation but she occasionally takes requests using portraits that customers send her.

While her work represents projects from around the world, she's looking forward to creating something special for friends and neighbours right here at home. **RXL**

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Tabitha Lewis and Robert Hainsworth are small town kids.

Tabitha grew up in a small village of 300 on the shore of the Bay of Fundy in Nova Scotia eating veggies out of her Grammy's garden and sitting around the campfire with her family. However, her ambition cast her out of that setting and off to Prince Edward Island where she undertook studies in hotel and restaurant management and a stint in the industry. She realized how much she enjoyed making the lives of others better and has since taken massage therapy and will begin her journey in medicine beginning in September.

Robert grew up in South River, Ontario at his parent's motel/restaurant. He gained the gift of gab from the endless conversations with truck drivers and traveling salespeople. South River was not enough to satisfy all he needed from life and he left to study philosophy at the University of Prince Edward Island. He met Tabitha in his second last year of school and she changed the entire direction of his life.

Robert graduated as valedictorian and began studying law at Osgoode Hall Law School. Robert cannot wait to begin working for the people of Powell River at Fleming and Associates.

Why did you choose to move to Powell River?

Robert • Trucking through minus 40 winters to go to a boring class was not all that much fun. We needed a change and some of the important things we looked for in a new place to live were climate, population and lots of fun things to do. Fresh air, mountains and home prices in Powell River made it the perfect fit.

Tabitha • Having sacrificed part of my soul living in Ontario away from the ocean, I wanted to be reunited. After spending a week in Powell River, I knew it was the best slice of the ocean anyone could wish for.

When? Where from?

Both • Our transition to Powell River has been a long process. Robert had a summer position at Fleming and Associates in 2015, and we began the process of moving then and have still not quite finished. Tabitha is still in Ontario, finishing up school, until August and Robert is in Victoria for a Professional Legal Training Course. We will finally be together and in Powell River in August. We are happy to begin our new life on the Sunshine Coast but will always miss our other homes in Ontario, Nova Scotia and Prince Edward Island.

What surprised you once you moved here?

Robert • Food has always been a big part of our life. We love to go out for dinner to talk and eat and laugh. I was surprised with the variety and quality of the restaurants.

Tabitha • I have met so many nice people. They fed us, welcomed us into their homes and showed us all the best things Powell River has to offer. Also the roses; I was amazed at the giant beautiful roses growing everywhere.

What made you decide to move to Powell River?

I MADE THE MOVE



Lawyer & healer switch coasts

Robert • Powell River is a heaven for the young professional. The houses are cheap, the environment is pristine and the people are wonderful. I am a hyper-rational kind of thinker and Powell River did not even have a flaw for me to endlessly analyze. It is a paradise and oh yeah, I found a job!

Tabitha • Robert made the decision to give Powell River a try. Once I walked down the trail from the Recreation Complex to Willingdon Beach, I decided on Powell River because it offers everything anyone could ever need.

Where is your favourite place in Powell River?

Robert • My favourite place is anywhere with some elevation. I love to climb up and look down at this wonderful little city laid out in strips along the coastline. We can never know how small we are until our perspective is expanded.

Tabitha • The beach. I feel so connected to the water and hearing the waves crash on the rocks. I could walk and beachcomb for days on end. The salty air and the sound of birds not only make it my favourite place in Powell River, it is my favourite place in the world.

How did you first hear about Powell River?

Robert • I Googled it because I Google everything. I love to research and find out as much information as I can. I found it in my search for potential places to settle down and there has not been any looking back.

What would make this a nicer community?

Robert • I would say that a high-speed train from Powell River to Mexico would be ideal, with stops at the major cities along the way. With that, Powell River would be able to gain the notoriety that it deserves.

Tabitha • Powell River is special for a number of reasons; it has a sense of self-sufficiency and uniqueness that stem from its isolation. I would not build a train but focus on expanding what already makes it great with more community gardens and education programs for kids.

If you were mayor, what would you do?

Robert • If I were the Mayor, I would make it as easy as possible for small businesses to set up and continue to grow our economy. Reducing red tape at the municipal level could add efficiencies and benefit to the citizens of Powell River. Small businesses sustain and enrich our communities.

Tabitha • If I were the Mayor of Powell River, I would create a community preventative healthcare initiative. Healthy citizens are happy ones and we could save some money along the way. Eating healthy and getting some exercise can go a long way in fostering a strong and vibrant place to live.

If you were a fly, which wall would you inhabit?

Robert • I would want to be a fly on the wall at the mill. I tried all summer to get a tour and couldn't get in the door. I want to see what goes on in there, I have a feeling there are big machines and lots of wood. Maybe I can find out in the future?

What is your greatest extravagance?

Robert • Once we get settled and begin our lives, I am going to have an awesome woodshop. So, my greatest extravagance will be tools. I am going to need one for every possible scenario.

Tabitha • I have always loved crafts and working with my hands so will one day have a fully stocked craft room that will obviously be no boys allowed.

Which talent / superpower would you most like?

Robert • I have watched a lot of super hero movies so count myself as a bit of an expert. If I could have any super power, it would be invisibility. As if lawyers needed to be any harder to catch.

Tabitha • Robert always calls me his little birdie. It must have had an effect on my psyche because if I could have any super power I would choose to be able to fly. There's something about coasting around the clouds that is infinitely alluring. 

If you know someone we should feature in I Made the Move, please email isabelle@prliving.ca with your idea!



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MURALS ON MARINE



On the cover of July's *Powell River Living* is a detail from this painting by Fred Hillingworth and Bob Maasland. This mural was painted on mill felt in the 1960s and used to cover the floats at the annual Powell River Sea Fair Parade. It was donated to the Forestry Museum in 2005.

Find it on the outside back wall of the forestry museum at Willingdon Beach. Known as the Paul Bunyan mural, it immortalizes the famous legendary logger Paul Bunyan, a supernaturally-strong outdoors man who was always depicted with his blue ox, Babe.

The mural below was painted by artists Janet Blair and Ursula Medley in 2002 and graces the north wall of the Powell River Forestry Museum. The Myrtle Point Fallers mural was painted from a famous logging photo. It shows three fallers posing for the camera. The steam donkey in the background was inspired by the one located on the Willingdon Trail. **RL**



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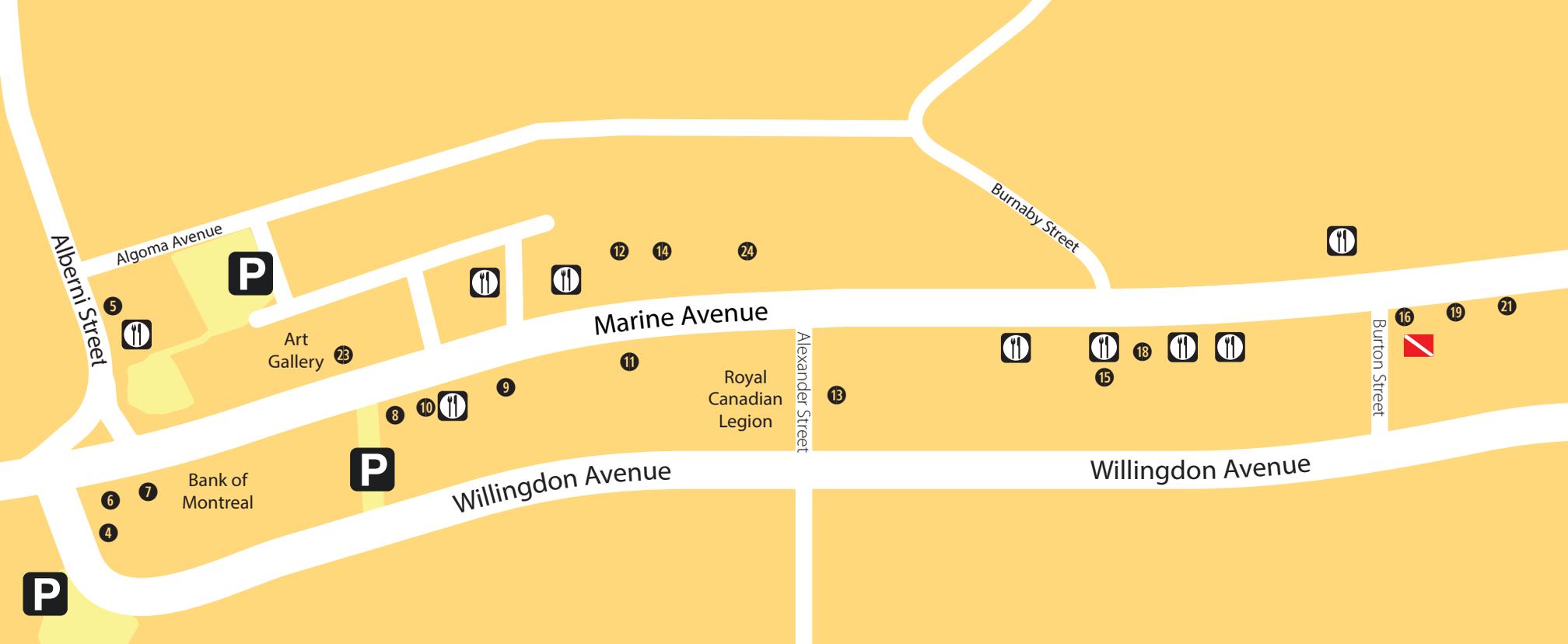
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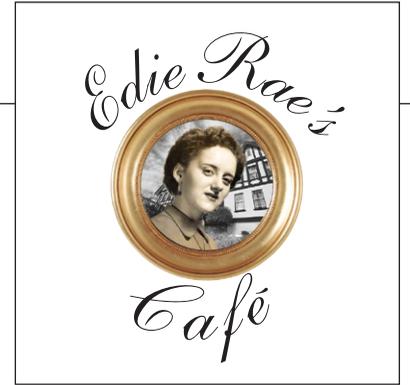


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Powell River Townsite is a unique coastal community of British Columbia, Canada that was designated as a National Historic District of Canada in 1995, one of only seven in Canada and the only one in western Canada.

Historically, our community was preplanned with principles generated from progressive philosophical movements arising as a result of the excesses of industrialization in the late 19th century.

The Garden City and Arts and Crafts Movements influenced Powell River's planners of 1910 in regard to the location and architectural style of our homes, parks, green belts, commercial buildings and recreation facilities.

The prime mover behind the town's development was the Powell River Company, which was responsible for preplanning, constructing and providing for most of the community's needs.

Don't miss this gem of a neighbourhood!

Make Townsite part of your Coastal vacation.



Gen Z encounters Catalyst's vintage letterpress donation

What's your message?

BY GARY SHILLING

I'm a long-time graphic designer trained in the days before my trade went digital. Today, my studio lives inside an 11" Macintosh computer. In the 70s, when working with photomechanical processes – I had a darkroom, light tables, ruby-lith, and X-acto knives.

Moving to Powell River, I craved to reconnect with the tactile aspects of my craft. The search for an artisanal approach led me to letterpress printing, and consequently, Stuart Isto's door. We learned that we share a common interest in print history, typography, design, and teaching. And so, we embarked on a process of sharing the wonders of the print process with the community.

Stuart's passion for the craft of printing and book-making began with an interest in letterforms in the 1980s. A Chandler and Price platen press from the 1940s was the first in his collection of printing presses, type, and related technologies. He's a member of the Alcuin Society, "the only organization in Canada dedicated to interests relating to books," and teaches courses in book restoration and binding. Isto Press is in Cranberry, with eight or so presses (including table-top models) and housed in an old garage that was previously used for manufacturing building trusses.

We had already run two workshops at the press when Sonia Zagwyn, teen services coordinator at the Library, approached us with the idea of a workshop for students from Coast Mountain Academy.

"I was interested in teens learning how to use vintage

print technology to create inspirational, environmental or personal messages and develop some critical thinking around messaging, slogans, and the mediums we use to express them," Sonia notes.

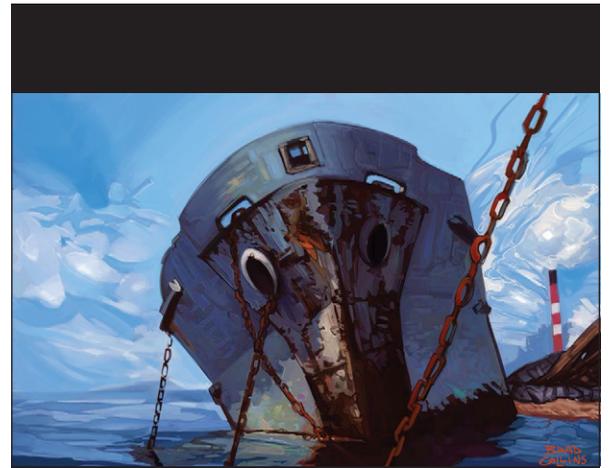
Catalyst Paper had recently donated their Vandercook Universal III to Isto Press, and we were excited to use it for the first time with this group of students.

At the peak of newspaper publishing, the paper mill in Powell River – the first in Western Canada – was the largest newsprint producer in the world. As a part of the quality control process, a letterpress proofing press was used to test the newsprint. Irv Stoddart was the print lab analyst at Catalyst, and responsible for procedures up until 2003.

Fred Chinn, the mill manager, said, "The vintage Vandercook printing press had been surplus to our needs here at the mill for some time now. There was interest from collectors, but I felt it was part of Powell River's history. We are very happy to see it up and running in our community this way."

Composing a message in letterpress is not a snap. It requires patience, determination, and a process. The technology shapes the outcome. As the Canadian theorist Marshall McLuhan put it – "the medium is the message." (*The Gutenberg Galaxy: The making of Typographic Man* is the title of his book on the effects of mass media).

Isto Press is planning open studios for upcoming Saturdays. Those interested in participating should contact Gary Shilling (gshilling@gmail.com). 



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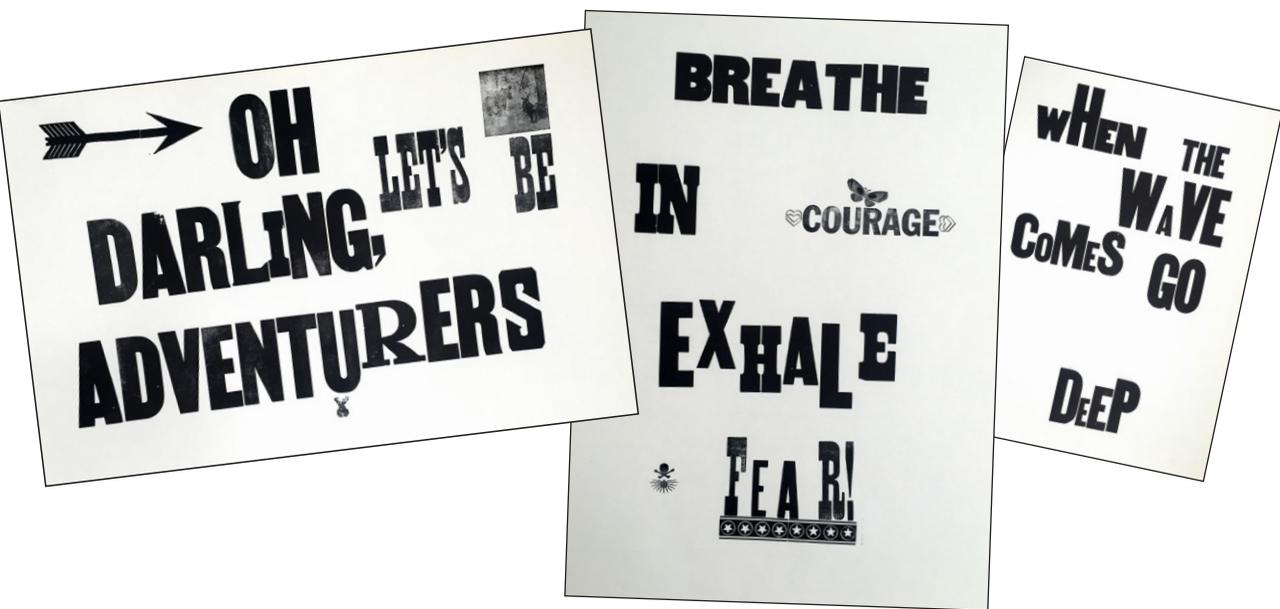
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BY KIM MILLER | office@powellriverchamber.com

Health Canada will request a pre-licence inspection of **True Health Company's** medical marijuana facility and product testing lab in the former **Catalyst** administration building.

The inspection is part of the final stage of the approval process of the application for a license to become a licensed producer of medical marijuana.

"We have been working with True Health for three years in support of their site selection and application for a license," said **Mayor Dave Formosa**. "Besides new jobs for Powell River, this development will also generate new property tax revenues and lease revenues for the City from an asset it received as a result of its agreement with Catalyst Paper on tax revitalization for its mill operations."

True Health says they will hire locally and use local firms and suppliers during their estimated \$3 million dollar renovation of the old Catalyst administration building and their ongoing \$2 million annual expenditure," said **Scott Randolph**, Manager of Economic Development for the City.

The **Modern Peasant** restaurant is now open at 4463 Marine Avenue next to the Westview Hotel. Serving home-cooked food, they are open Wednesday to Sunday 11 am to 2 pm.

The Canadian pharmacy drug store chain, **Rexall** purchased **Westview Pharmacy** last month.

"This is a great day for Rexall and we are very excited to become the newest member of the Powell River community," said **Paul Chidley**, Divisional Vice President at Rexall.

In the coming weeks, patients will have access to tools like MyRexall, which gives patients the opportunity to better manage their own health care by giving them access to their medication records online, and OneStopMeds, which aims to improve medication adherence and compliance by syncing a patients' multiple chronic medications.

Rexall Pharmacy is located at 4794 Joyce Avenue and the phone number is 604 485-2929.

The **City of Powell River** hired a new City Clerk and Deputy Chief Administrative officer. **Chris Jackson**, former manager of legislative services for the City of Nanaimo, has been hired to replace **Marie Claxton** who retired after a long career with the city. He is excited about his new job and has moved his family to Powell River.

The **Sunshine Coast Connector** is a new bus service that provides service from Powell River to Van-

couver and back. For a schedule, please visit their website at www.sunshinecoastconnector.com

Laurier Mathieu is operating **True Foundations Co.** out of Okeover. The business provides crane hoisting, pile driving and mobile welding services.

Laurier has worked on projects such as the sky train expansion in Port Coquitlam and projects for BC Hydro, and now owns his own business. For info, contact Laurier at laurier_13@hotmail.com.

Powell River businesses have been beyond generous in doing whatever they can to make sure **Logger Sports** is a success July 15-17.

Joining ScotiaBank (who donated \$5,000 last month) Safeway will donate food for volunteers during Logger Sports on Saturday and Sunday.

Snickers will donate dinner for the professional carvers for Friday night. River City Coffee is providing lunch for the professional carvers and the Town Centre hotel donated six rooms and Beach Gardens has donated three rooms. Island View Motel donated two rooms for the professional carvers. Save on Foods has donated food for the crew for Friday and so many other businesses have really helped out.

The volunteers have been amazing; without them this event wouldn't be possible. [PR](#)

PUBLIC NOTICE

CONSTRUCTION WORK AT POWELL DAM

Brookfield Renewable, owners and operators of Powell River Energy Inc. and its associated generating facilities, will be performing upgrades to Powell Dam to continue our safe and reliable operations. As long-time owners and operators of our assets, it is important to make these investments in the dam.

Some site preparation work has already started. The construction will take place over the next 24 months. Working hours will tentatively be between 7 a.m. to 7 p.m., Monday-Friday. Additional work may also take place on weekends.

Residents near the dam can expect to see and hear:

- Construction offices near the dam, these offices will be surrounded by fencing
- Heavy equipment, trucks and deliveries in the area around the dam
- Heavy construction equipment on the reservoir
- Construction related noise
- Lighting for work performed after daylight hours

We thank you for your patience and understanding as we make these important upgrades. Some disturbances are unavoidable during construction activity, but we will do all we can to minimize any disruptions. Please respect all fencing and signage; it is in place for your safety.

For more information, please contact Debbi Stanyer at 604.483.1261.

brookfieldrenewable.com

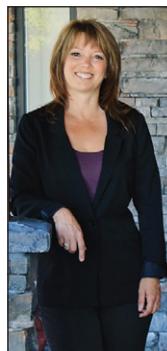
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WHAT'S UP

Totem revealed

The K̄athaumixw Choir of the World unveiled a totem at a blessing ceremony last month. The totem was carved by Craig Galligos and will be presented to the winning choir at this year's event, which runs July 5 to 9.



Refugees arrive

After waiting for months the refugee logjam burst last month with the first of two refugee families arriving June 23 and the second on June 25.

Powell River greeted the first family sponsored by the Pentecostal/Baptist group, a seven-member Syrian refugee family, as they disembarked from the Comox ferry. Holding welcome signs, waving Canadian flags, cheering and clapping, about 150 people lined the ferry terminal road all the way up to Marine Avenue. One Voices choir sang multicultural songs of welcome. Someone carried a sign with hello and welcome written in Arabic.

Unfortunately all 14 bags of luggage were missing when the family arrived in Comox. Tired and luggage-less, after 36 hours in transit, they were whisked off to temporary housing so they could get some much needed sleep, said Roland Lewis, chairperson of Welcome Refugee Powell River.

On the second day, the new Canadians met with the team that will be working with them.

"We will be taking them shopping, explaining transportation, establishing a financial plan, meeting a doctor and dentist, finding a bank, meeting with Immigrant Services, getting SIN numbers and other required documentation, beginning ESL, etc," said Roland.

The second family of four adults and two children, sponsored by Hands Across the Water, arrived in Powell River on a Pacific Coastal flight from Vancouver on June 26. The family had been in Canada for only two days before traveling to their new Powell River home.

Originally from Aleppo, they have lived in refugee camps for four years. An enthusiastic crowd was at the airport to greet them.

Two BC Community Awards

Both Dr. Jay Yule and Don James were presented with the BC Community Achievement Award last month. Yule was recognized for having a profound impact on education, engagement and economic development. Programs for Aboriginal youth under his direction have led to improved graduation rates and he's helped create pathways for academic success for all students.

James, who was recognized for his work in the arts and culture community, taught music, developed a music acad-



WILD ROSE PARTY: A Female Rufous Hummingbird, by Rod Innes. Winner of the Library's 2016 Powell River Wildlife Photography Competition. Of the 48 wonderful entries, the photo taken by Rod was selected for the first prize in the annual competition. Twelve entries have been selected for the Library's annual calendar, available later this year.

emy and brought K̄athaumixw, an international music festival, to Powell River and helped put Powell River on the international arts and culture map.

Elsie's book awarded

Elsie Paul's book, *Written as I Remember It, Teachings From the Life of a Sliammon Elder* won another Honourable Mention from the Canadian Committee on Women's History at the University of Calgary on May 31.

Locals tops at festival

Four individual performers and one choral were recognized at Performing Arts BC's Provincial Festival in Fort St. John last month.

Haley Spenst was runner-up in Junior Musical Theatre. Sidney Spenst received

honorable mention in Intermediate Vocal Variety. Maya Grace Laramee received honorable mention in Junior Strings. David Nadalini received honorable mention in Intermediate Speech Arts. The Barberschnappers received honorable mention for male choirs.

Rural doc honoured

Dr. David May was recognized for his accomplishments and contributions to rural medical practice at the Rural Coordination Centre of BC's medical conference in Prince George in June.

Dr. May, who is a family doctor, has been working in Powell River for 25 years.

He was honoured for contributions that greatly elevated the health and well-being in Powell River. 



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Powell River's first artificial reefer

BY JOSEPH MCLEAN

Local residents are perplexed but largely mellow as marijuana releases continue to issue from city hall. Days after learning that part of their mill could become a medical marijuana lab actually called THC, reality itself seems malleable and indistinct.

"I'm just happy to announce that I'm really, really happy," a source close to the matter reported. "The chronic pain of our shrinking tax base will finally be cured, the way nature intended, with absolutely no side effects."

Rumours are swirling that the announcement is the first of many. While THC is viewed as a pilot project, matching funds from Pacific Ocean Trust (POT) and the Healthy Environment Arts Directive (HEAD) could launch Powell River into the next dimension of natural, plant-based care.

Rural resident Yari Derblion voiced his cautious support for the proposals, noting that a rapid transit line to Texada was in the mix.

"When they passed that big joint [statement], I knew they'd roll in plans for an amazing high [speed] train,"

Derblion said. "They call it the Timewarp. I plan on riding it every single day."

At press time, the mill had announced plans to sink several fat hulks, creating the area's first Artificial Reef-er.

(This story was posted on Joseph's Facebook page after the City of Powell River issued a press release saying a medical marijuana facility and product testing lab was to be built in the former Catalyst administration building - See Page 20. Joseph's fake press report spread like wildfire and garnered many likes and chuckles). PRL

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We just finished having the Powell River garden club social north of town and it was really quite fun to have so many keeners ambling around taking the garden in.

I can't be bothered. The amount of effort to prevent the blight does not bring in enough returns of fruit to make it worthwhile. It was very freeing when I first made this realization.

Now I plant in the open ground, but I plant one-third more plants to bump up the numbers for canning. Then I hope for warm dry weather right into September. As the wet season approaches I watch the weather closely.

If blight-favouring conditions start to prevail (cooler temps and wet weather)



A growing concern

BY JONATHAN VAN WILTENBURG | jonathan@edenhort.ca



There were of course lots questions and discussions with many of them surrounding food garden and food production (not so surprising in good ol' practical Powell River). Many people thought we had so many tomatoes planted that we couldn't possibly eat them all.

The truth is we do.

It is funny, there never seems to be enough of the fruits in the moment and certainly none ever go to waste.

One of the questions that was an obvious obsession for many of the gardeners was "What do you do about the blight on the tomatoes?" The answer: I don't do anything about the blight.

and an infection looks probable, I just harvest everything. I spread all the fruits out on a cloth-lined table and wait for the remaining fruits to turn colour.

So what do we have to learn from this? Well nothing, really. It is just another way of doing one thing. But here is a thought; maybe all of us gardeners can all learn to take a deep breath every so often.

We could try not taking everything so seriously. Maybe we don't have to deal with every disease, pest, or weed. Maybe we can be happy with and embrace the odd disappointment.

For myself, I doubt it! But happy gardening. **PL**



Top priorities in the garden for July

It's time to prune back your Japanese maples if they need it. Also prune back your lilac, spirea, osmanthus, deutzia and other summer flowering shrubs that are finished.

Watch for pests and disease. Be on the alert for powdery mildew, blackspot, tomato blight, aphids, carrot root fly, cabbage white moth, and onion maggot.

When watering remember to water deeply and in the morning. Try not to get foliage wet as it may spread pathogens. You may need to scratch the soil surface to increase the probability of the water moving down into the soil. In severe cases of compaction you may need to get out the digging fork to loosen the soil.

Begin deadheading (removing spent blooms) from your annuals, perennials, and shrubs to encourage more flowering and advantageous growth.

Don't forget to feed all container plantings monthly. Water-soluble is an excellent option as you can water and feed all at once.

If you're feeling energetic, you can summer prune your fruit trees. By removing the water suckers (suckers are the new branches growing straight up) you will slow down the suckering cycle and allow for air movement into the center of the tree. Don't cut any branches bigger than your thumb, save that for winter. A bit of a nasty job, but well worth the effort.

Train/tie up the tomatoes continuously. Keep removing the suckers growing in the crotches of the main stem.

In the raspberry/bramble patch, remove the weak new raspberry canes. Focus growth on new stronger canes and tie them up.

Stop watering the garlic in preparation for harvest. As the garlic begins to die back remove from the soil, cure, then store in cool dry dark place. Generally, the bottom three-quarters should die back before you yank them.

Winter garden alert. The first few weeks of July is a great time to plant up crops for the winter garden. Get those seeds of cabbage, broccoli, kale, rutabaga, cauliflower, chard, kohlrabi, and Brussels sprouts in. Otherwise buy your starts.

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Family golf: time together

Golf is one of those unique sports that allows people of all ages and abilities to spend time together while getting some fresh air and exercise.

Powell River Living caught up with two families who love golfing with their kids to share their story.

Kim Leach and her husband Tony enjoy golfing with their two sons Austyn and Griffin (above). Here's why.

"With so many activities our boys are involved with, golfing is the one sport we can all do together at the same time. Our boys have been taking golf lessons at Myrtle Point for the last four years and are now out-driving, out-putting and out-chipping me," said Kim, a teacher at Brooks Secondary School. They still have a ways to go before they out perform their dad!

"It looks like I will be hitting the driving range this summer so I can keep up," Kim added.

Kristen Brach and her husband Steve have three sons Zachary, 19; Tyrus, 18 and Isaiah, 15. Kristen wasn't a golfer when she met Steve but she knew he loved the game.

"I remember the first time Steve asked me to caddy for him in the Malaspina [tournament] and I said there was no way. I thought golf was boring and to walk around the golf course, no thanks. He was not able to get another caddy so I reluctantly agreed to do it - and I loved it! The sun was shining, the birds were singing, and it was exciting watching some great golf."

Steve bought Kristen her first set of clubs after they got married and she went out a few times. "I liked it but soon I was having children and it became more difficult to find the time to head to the course."

As soon as their children walked, though, they began to golf again.

"They would chip in our yard and one day broke a window right in front of Steve. They took lessons and we signed them up for memberships as soon as they knew the rules and could golf on their own. Summers were spent driving them to the golf course and then picking them up again."

Before long, the Brach boys were competitive with their dad and began entering tournaments.

"Brooks has a golf team and this year they went to the provincials," she said.

The Brach boys picked up jobs at Myrtle Point when they got older.

Zachary worked in the back shop for many years and now works in the pro shop. Tyrus began working on the grounds crew a couple of years ago and Isaiah has worked in the back shop the last couple of years.

"It truly feels like our second home," says Kristen.

Now that her children are older, Kristen has had time to start golfing again. Last spring, she began attending ladies night on Monday nights.

"It is a great way to get out, learn the game, and meet other ladies who enjoy doing the same thing. It doesn't matter how good you are (or aren't), everyone is welcoming."

The whole family golfs together whenever they can. "The boys have been great about giving me tips and helping me out. With all of us playing now, there is always someone to golf with. It is such a fun way to enjoy each other's company as well as the beautiful outdoors." **PRL**

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5 July Events

Winter Wonderland

Is it December already? Two July events are having an identity crisis. The Curling Club is celebrating 60 years with a **Summer Bonspiel** July 21 to 24 - with camping outside the Complex! You can't do that in winter... if you're sane. Also, **Christmas** comes to July thanks to CUPE, which is hosting a hot dog sale to support the Powell River Action Centre Foodbank July 9.



Welcome kooky tourists

Four huge events in July will bring folks with very specific interests to town. These aren't your generic view-gazers. **Kathaumixw** brings hundreds from around the world to sing. The **BC Bike Race** is here July 8, with 600 extreme racers and 400 supporters. **Logger Sports** draws chainsaw-types (and admirers) July 15 to 17. And pilots and aerospace fans come for the **Texada Fly In** July 31.

This events section voted to stay in the union.

Texada events you won't mind ferrying to

It's not that far. One more ferry. You can do it. And if you do, you'll be rewarded with a handful of eclectic early summer extravaganzas.

1. Diversity festival

Yoga in the morning, ecstatic dance parties after dark - all on Shingle Beach. The 11th annual outdoor music and arts fest offer 64 live bands / DJs, plus workshops that range from Let's Build a Dragon to Sacred Intimacy. After July 22 to 25, you'll be a new human.

2. Sandcastle Weekend

Sharing a weekend with Powell River Logger Sports (July 16 & 17), this staple of summer returns with competitive building and much more. Shelter Point and Gillies Bay.

3. Aerospace Camp

For 10- to 16-year-olds. This annual daycamp is an anomaly in a small community: top-notch aerospace faculty and facilities. July 27 to 30.

4. Texada Fly-In

Flight enthusiasts arrive by air from all over Canada and the US. Formation flying show, pancake breakfast, prizes. July 31.

5. Texada Blues and Roots Festival

The second-annual event draws mostly the region's remarkable community of local musicians, including She Could be Trouble, Auntie Kate and the Uncles of Funk, The Konsorados and others. Aug 6 & 7.



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POWELL RIVER PRIDE

What: Fifth annual celebration of the LGBT community and friends.

When: August 3 to 7

Events: Watch for more details coming out this month (See Pow-town Post on Facebook).

Why PRIDE is still relevant

BY JP BROUSSEAU

After the massacre at Pulse nightclub in Orlando, Florida, last month, where 49 people lost their lives due to a horrific hate crime, the Lesbian Gay Bisexual and Transgender (LGBT) community has risen up, again. We, as a community, take one leap forward, only to be forced back a step or two due to homophobia, ignorance, hate and the perpetuation of us seen as “less than normal” human beings.

Religious, societal and environmental influences form our beliefs and, unfortunately, these biases are reinforced time and time again. People say they are open and inclusive, yet, the reality is quite different. We are not a visible minority, yet, we are discriminated against for choosing to love whom we love.

I remember all too well, fighting for our rights in Montreal and Washington D.C., during the Reagan era and into the

mid-90s, when AIDS was still mislabeled as a “gay disease.” We marched in the streets, held demonstrations and fought for education, equal rights and for access to medicines to help slow down the epidemic that did not care how you identified, it’s only M.O. is to kill the infected. Nowadays, millions are living with the disease, keeping death at bay with a strict regime of medicines. Education, AIDS funding and support have taken a back seat now that HIV is no longer an immediate death sentence.

Watching my husband, Kelly Belanger and a group of Pride volunteers organize, send out emails, make phone calls and try to figure out how to make all of this happen, is inspiring. I’ve been there and done that (Divers Cite in Montreal, which I helped found, saw that city’s Pride numbers climb from 10,000 in the late 80’s to over a million in 1994), and I will support their efforts wholeheartedly. **RL**

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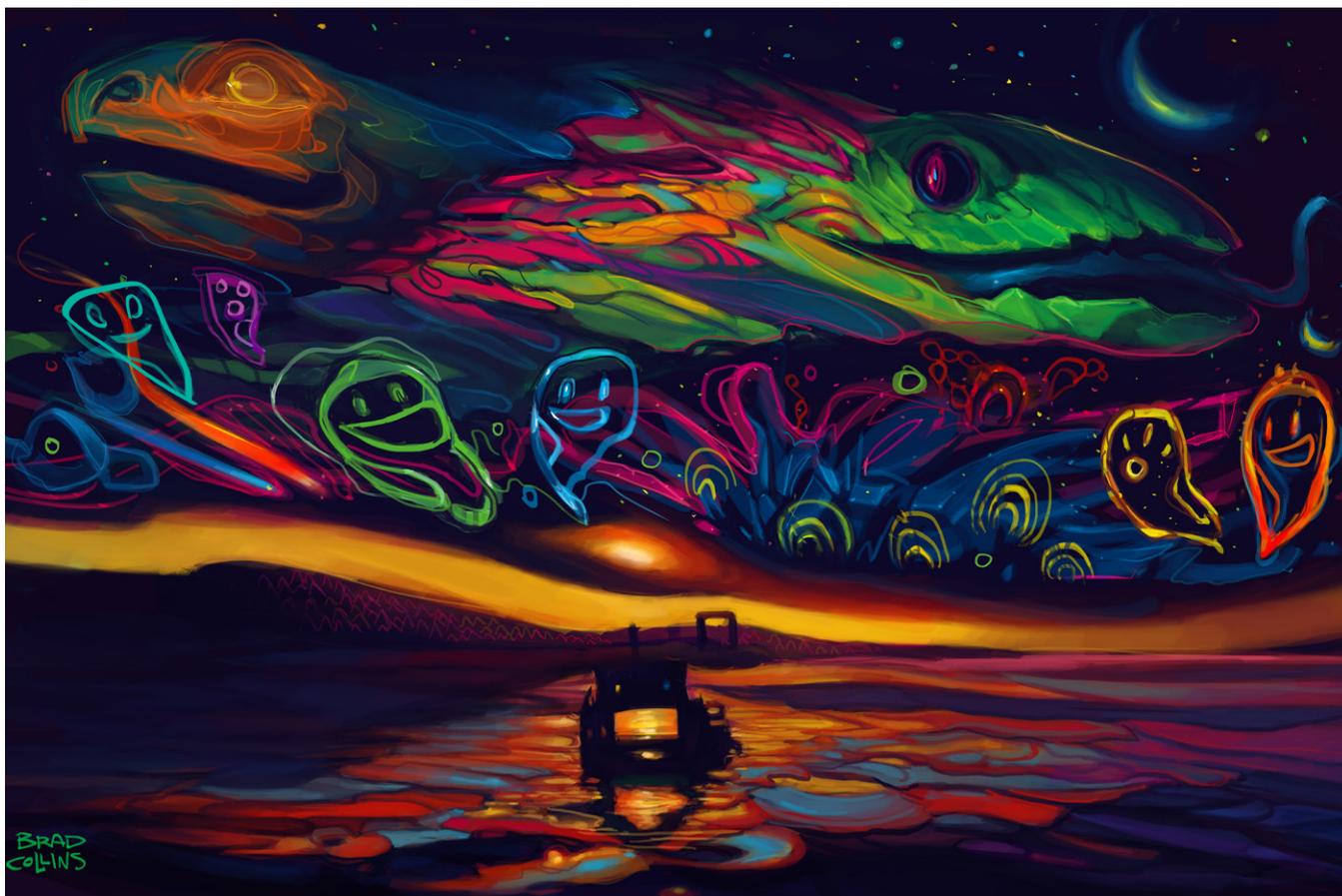
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“Stilt-walking neon pirate carnival”: Diversity’s 11th year

BY BRAD COLLINS

During the day, Diversity Festival has the character of a time-lost village on the edge of the sea - something primal and ancient, but with smartphones and food trucks and zodiac boats. It would be post-apocalyptic if it weren’t so much the opposite of that. At night, the festival rises to stride out into the forest like a stilt-walking, neon pirate carnival - the throb and texture of the music leading you from dance floor to dance floor to dance floor through the dark hours until dissolving on contact with dawn’s light.

It’s why I’ll be back this year. I’m running away to join this circus for a weekend to paint pictures with light (no, that’s not a metaphor. I’m going to paint digital art via a projector). You can come watch me if you like.

Be warned, however - this isn’t necessarily an event for the society mainstream. There will be families camping there aplenty, but they’re seasoned festival-goers with a clear idea of what they want their experience to be like. If you haven’t been to Diversity Festival before, and you’re considering making it your family vacation, I would urge you to talk to those who’ve been before and take their advice seriously.

Three stages run back to back-to- back shows from the festival’s open until its close. World music, punk choir, burlesque, circus sideshow, and any number of

TEXADA DIVERSITY FESTIVAL

What: Annual family-friendly arts, music and alt-culture celebration outdoors. www.diversityfestival.ca

When: July 22 to 25

Where: Shingle Beach Campsite

How: Free for youth 12 and under and elders 65 and up. For everyone else, \$175 or \$190, plus camping fees. Tickets at Ecosystems (elsewhere out of town).

other live performances mix with a dozen flavours of electronic dance music throughout the day and night. In total, 32 live bands will play the main stage (Deya Dova, Petunia and the Vipers, etc) and another 32 acts will play the electronic stage including local artists Westerley and Dubcommandante.

This year’s workshops include Dreamtime Didjeridu, Let’s Build a Dragon, Dance Temple, Tantra, Sacred Intimacy, and Spiritual Awakening, Medicinal Mushroom Mysteries, Tight Shorts and Ugly Sweaters, Punk Rock Choir Parade!, Fun Flow Yoga, and many more. Early morning exercise on a wild beach is preferable for some to dancing the night down, and activities abound for those people too. Whoever they are.

Last time, not wanting to miss a thing, I made circuits around the festival, checking out each new show in turn and dropping in at times to rest at the art tents or in the campsites of my friends. Downtime was spent collaborating and starting fantastic new projects that may never again seem practical outside the lights of that time, but sparkle in the mind to this day.

I recall my times being there as having the feel of a community rather than a huge, anonymous Summer rave. At three ferry rides away from the city, you really have to want to be there. Seeing the same people festival after festival gives it a continuity that a larger event perhaps can’t maintain at their size and centrality.

Lounge on the beach, in a community hammock webbed into the trees, in your camp, or in the forest if you’d rather do that instead of navigating the social rainforest. Choose your own adventure is the name of the game here.

When the sun sets, the lights kick up, while music and performances steadily wind to a crescendo until the headliners take the deck above the dance floor through the witching hour and beyond.

Find whichever path gets you through there to the summit having had the most fun along the way and stay safe doing it. I’ll see you there. **RRL**



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Four locals, eight gruelling days



Four locals will be among the 600 mountain bike racers from 36 countries competing in the BC Bike Race on July 8 in Powell River.

Russell Brewer and Colin Cosman will race as a two-person team, as will husband and wife Brad and Patricia Winchell.

The Powell River leg of the seven-day community race surges across the start line at Willingdon Beach at 9 am on Friday July 8, and includes an entourage of almost 400 people in addition to competitors.

The BC Bike Race has been stopping in Powell River since 2010 in what has become known as “the ultimate singletrack experience,” says Powell River course designer Wayne Brewer.

Prior to 2010 Powell River was not even on the map in the mountain biking world, but all that changed once global media began covering the event. Today, Powell River is a “must visit” destination, with hundreds of people coming here annually to ride our trails and in some cases, to move here and buy a home, says Wayne.

The BC Bike Race has become one of Powell River’s premiere annual events, with the whole city joining in.

BC BIKE RACE

What: 600 racers on a seven-day staged race around southwestern BC. They’re in Powell River for two nights (along with about 400 support crew).

When: July 8

Where: They’ll be camping at Willingdon, and riding from the beach, up behind Duck Lake, and finishing at McFall Creek Trail.

Willingdon Beach becomes the competitors home for two nights, creating the now iconic scene of 300 tents set up wherever space along the beach flat grassy ground can be found. Local restaurants and caterers help feed the hungry racers and City crews provide traffic control and ensure facilities are ready. The Powell River Cycling Association’s Chain Gang devotes hundreds of hours preparing the trails in the Duck Lake area, the BOMB Squad has helped build bridges and dozens more volunteers including members of the local ATV club step forward on race day to help racers safely navigate the 52

kilometre race course which takes racers along many of our best trails in the backcountry.

For the Brewer family, the bike race is an annual family event with many of the same volunteers stepping forward to help year after year.

“My whole family gets involved, including my wife, son, daughters and even my youngest granddaughters Olivia, 4 and Asha, 2 who have been down at Willingdon Beach for the race every year since they were born,” says Wayne. The girls always wear special BC Bike Race outfits that Wayne’s wife Georgie sews.

“Prior to 2010 few ever came here to ride our trails, it is no longer unusual to meet riders from Portland, Seattle, the North Shore, Calgary and beyond. At one time the perception may have been that mountain bikers are young people with little or no income, in reality it is now referred to as ‘the new golf.’ The average BC Bike Racer is 41 and earning well above average income.”

Wayne and all the BC Bike Race crew and volunteers invite everyone to come on down to Willingdon Beach or go out along the course to cheer the riders along. **PR**

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Girls take flight in Powell River

BY ANGELA SARGENT

Above Gillies Bay Airport, blue skies stretch to the distant horizon broken by the occasional wispy cloud giving warning of a weather change hours away. In the distance an eagle soars in joyous circles climbing higher and higher on a gentle thermal.

Your own wings, glinting metal in the sunlight, are sinking gently to earth in a controlled glide and as the runway advances rapidly you adjust the controls slightly, bring the nose up and gently make contact with the ground.

For any pilot that moment is bitter sweet; another perfect landing to be proud of - but a delightful flight in idyllic conditions is over. Time to get on with the day!

Flying a plane is a passion as much for the seasoned commercial pilot as for the new private pilot, be they male or female. Women have, of course, been involved in aviation from the earliest days of flight. If you were asked to name an early aviator Amelia Earhart would probably spring to mind. But it is still surprising to find that females represent less than 10 percent of commercial airline pilots here in Canada.

There are several theories for the low numbers of women in aviation. It is thought that the low number of military female pilots may result in the low

number of female commercial pilots - as many pilots get their start in the military. However, in Canada, women have been flying for the Royal Canadian Air Force since 1979 and today 18.7% of Air Force personnel are women. Not all pilots, but working in aviation related careers. The second theory, and one which may have more credence, is that girls are not exposed to aviation as much as boys tend to be; though that seems to be changing.

Local female flyers

Powell River has many female pilots. One of them, Sheena Fraser, flies her Cessna 172 on trips to visit her grandchildren, or taking friends sightseeing.

She started flying years ago when her then-partner flew a plane. She decided it would be a good idea to learn how to land in an emergency.

She loved flying as soon as she took the controls and was soon flying her children back from school in the city when they needed a weekend at home.

"You hear more and more female voices over the radio when you are flying these days," says Sheena. "Not just commercial pilots and private pilots but air traffic controllers and airport managers too.

"My advice to young girls would be - if you can drive a car, you can fly a plane! Don't be afraid of making a mistake, it is all about repetition...doing things over

AEROSPACE CAMP

What: Day camp for 10 to 18-year-olds, to learn about flight, through demonstrations, history and experiments. Wind tunnel, flight simulator, electrical circuits and more.

When: July 27 to 30

Where: Texada Island, various locations.

How: Register at texada.org. \$140 til July 9. \$160 after.

and over so it becomes familiar. Then if things do go wrong, you know what to do."

Selina Smith is another Powell River pilot. She began flying after getting a ride home from Vancouver in 1990. The lady who flew her was 70 then and continued flying until she was 80. She gave Selina a love of small planes.

The next spring an instructor came to Powell River and advertised flying lessons. Selina signed up for classes.

She now pilots an old Stinson aircraft; a fabric-covered plane with the small wheel under the tail like the ones in old movies, so when it is parked on the tarmac the nose points longingly at the sky.

"We must encourage girls to look at aviation as a career. We need more women in the industry," says Selina. "There

are lot of jobs. Not just flying the planes but in air traffic control, aircraft technicians and airport management."

Get your girl flying

If we are to encourage girls into aviation, we need to offer opportunities for them to see if they actually enjoy flying and the community that surrounds it.

Here in Powell River we have an Air Cadet Squadron for youth aged 12 to 18 who can learn leadership skills in an aviation environment. Cadets have a chance to experience gliding as well as flying and some cadets even obtain their pilot licence through the program.

Founded in 1941, 22 Red Knight Squadron runs through the school year. More information can be found at Cadets.ca.

Over the summer, a small band of enthusiasts run the Texada Aerospace camp. This year the course runs from July 27th to 30th. Registration can be found at texada.org.

If we want our girls to discover the passion of flight and to fly us home, we should encourage them to try out aviation while they are young.

A friend of mine has flown for large airlines all his life and maintains he has never done a day's work. "I just do what I love and someone gives me a paycheque!"

What else could we wish for our daughters! **RL**



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PLAN YOUR JULY

July 5

Kathaumixw gala opening concert

8pm at the Rec Complex, with CBC's Mark Forsythe. Parade of choirs, performances, and unveiling of 2016 totem pole. Tickets \$20 / \$29.

Summer Reading Club kick-off

10:30 til noon at the library – no registration required. Make a flying machine and sign up for the summer's events. All ages.

July 6

Kathaumixw concerts

3pm and 8pm. See kathaumixw.org/schedule.shtml for details.

Senior Book Club begins

Katherine Rundell's *The Wolf Wilder*, follows a young girl's revolutionary adventure as she escapes the Russian Army. Join us on Wednesdays July 6, 13, 20 and 27 from 10:30-noon at the Library. Gr 5+

July 7

Kathaumixw concerts

3pm and 8pm. See kathaumixw.org/schedule.shtml for details.

Map-making – Summer Reading Club

10:30 to noon, United Church (6932 Crofton St). Bring imaginary worlds to life. All ages, under-7s must be accompanied by an adult. 604-485-8625 or sbartonbridges@prpl.ca to register.

July 8

Kathaumixw concerts

3pm. See kathaumixw.org/schedule.shtml for details.

All-Aboard Games

Board games! Join us on Fridays July 8, 15, 22 and 29 from 10:30-noon at the United Church (6932 Crofton Street). Contact Sarah at sbartonbridges@prpl.ca or 604-485-8625.

Kathaumixw Awards Concert

8pm, \$20 and \$29

BC Bike Race

In town. Watch for locals Russell Brewer and Colin Cosman plus Brad and Patricia Winchell.

July 9

Logger Sports fundraiser

Hotdog sale at Safeway from 11 am to 3 pm. Come out and watch chainsaw chair carving, and an axe throwing demo.

CUPE Christmas in July

Hot dogs and drinks, please donate cash and food items for the Powell River Food Bank. 11 am to 4 pm, Quality Foods Parking Lot.

Kathaumixw Gala Closing Concert

8pm. \$20 / \$29

July 12

Jr. Bookclub begins

Kate DiCamillo's *The Miraculous Journey of Edward Tulane*. Join us on Tuesdays July 12, 19, 26 and August 2 from 10:30-noon at the Library.

Reading to Dogs at the Library

Share a story with the Library's four-legged friends. Cuddles, snuggles and tail wags abound. 10:30-noon at the Library.

July 15 to 17

Powell River Logger Sports

National and world titles in events, plus trade show, food, kids events, celebrity axe throw, and much, much more. \$10 / day family, \$5 individual. See powellriverloggersports.com for the full schedule.

July 16

Loggers' Bash

At the arena. Dinner and dance with The Convenient Chef. \$50. Bands Femme Fatal and Overdrive. For more info call Laura Passek at 604-483-1089.

July 16 & 17

Texada Sandcastle Weekend

Shelter Pt Park & Gillies Bay, Gillies Bay, Texada Island. All day.

July 19

ADHD and Navigating School Life

Free event at Powell River General Hospital. With Helen Kennett-Bacon, RN, BC Children's Hospital ADHD Clinic and Amori Yee Mikami, PhD, Peer Relationships Lab, UBC. 11:45 am to 1 pm.

Battle of the Wieners

On July 9, wear your stretchy pants and take some Tums: it's duelling hot dogs day. At Safeway, Logger Sports is selling wieners and collecting donations for the event. At Quality Foods, CUPE 798 is hosting a Christmas in July dog roast and food drive for the Food Bank.

How many dogs can you eat?
Hopefully, at least two.



Kathaumixw missing Cuban choir

Once again, Powell River's biannual International Choral Kathaumixw is bringing hundreds of singers in to town July 5 to 9.

Sadly, the Cuban choir, *Novel Voz*, will not be coming as expected. The Canadian government denied all of their visas. The choir was expecting Kathaumixw to be part of a 21-city tour. They were to be the Powell River event's artists-in-residence.

Choirs are coming from New Zealand, South Africa, Arizona, Australia, Hungary, Austria, Taiwan, Hong Kong, Virginia, California, Oregon, Georgia and Vancouver. The choirs are hosted by Powell River's powerhouse of local choirs: Academy Chamber Choir, Chor Musica Men's Choir, Powell River Youth Choir, The Academy Singers, Powell River Boys Choir, Powell River Girls Choir and the Apprentice Choir.

Tickets for the gala opening and closing, awards concert, and regular afternoon and evening concerts are available at the Academy, or during the festival at the Complex Poplar room. Or, online at www.kathmixw.org.

Aerospace Camp makes flight accessible

Getting people of all ages involved in aviation is the goal of Texada Aviation Week.

"Aviation is a heady game, expensive by most people's standards," says Doby Dobrostanski, organizer of Texada Island AeroSpace Camp. Unless one is "working" in it, a lot of effort and considerable money has to be concentrated on making a way to enter it. AeroSpace Camp allows kids to learn about things they hear about or see briefly on the little flat screen.

"It's a different world when a youthful pilot-to-be sits in the AirBuzz Mark II

simulator the very first time. Their attention suddenly becomes that of a real pilot undertaking to fly a two-engined turboprop off a very realistic airport. The goal is to climb, and do a proper circuit through weather and constantly changing conditions that abound in the atmosphere and finally land," he says.

The uniqueness of flight is that it still embodies a certain mystique, and that has, for a long time, been a drawing card. Although one is not freezing in an open cockpit, subjected to the shriek of "flying wires" and ingesting the horrid fumes of castor oil and badly distilled gasoline as in the "Old Days," that underlying feeling of freedom from gravity beckons many.

The conditions outside the cockpit have not become less forgiving... it's that the technological advances have increased the pilot's chances for making fewer bad choices. More training, government regulations, better locational and communication equipment have all been equalizing forces for the benefit of the novice aficionado and professional aviator alike. Still, the training is rigid, it is actually very intense, and the intensity grows with each lesson.

Sea Fair parade a go-ahead

Get your float together and join the Sea Fair Parade. The parade gets underway at 10 am at Barnet Street and Joyce Avenue. To register, go online to www.powellriverseafair.ca or send an email to parade@powellriverseafair.ca Saturday, July 23 at 10 am from Joyce and Barnet.

New award for music fest

This year the Sunshine Musicfest will honour a special local musicmaker with its first ever Community Music Award. One per cent of the festival gate revenue will comprise a humble gift as a way of





saying a collective, community 'thank you' to someone who has been giving the gift of music in this region.

Nominations of no more than 150 words will be accepted until August 10 via email at janet@sunshinemusicfest.com. The award winner will be announced at the festival on Labour Day weekend.

Nominations are to be no longer than 150 words, and criteria for inclusion are that the work of the nominee 1) encourages inclusion, accessibility, and diverse participation, 2) has a non-profit element, and 3) contributes somehow to the overall music scene in the region.

Sandcastle weekend

Join Texada Islanders on Saturday, July 16 and Sunday, July 17 for Sandcastle Weekend. Designed for family fun and entertainment, activities kick off Saturday at 11 am with a parade on Gillies Bay Road.

There are all kinds of activities for

kids at the Old School in Gillies Bay, plus bed-races at the Gillies Bay Ballpark. Both Saturday and Sunday feature skimboarding classes on the beach. Food and craft vendors surround the ball field in Gillies Bay where there will be bingo in the afternoon on Saturday.

Then it's off to Shelter Point Park for an evening of fun, including a LipSync Contest open to all ages – no talent necessary!

At dusk hundreds of Moonbags bearing personal wishes float out on the tide, and the evening wraps up with a laser light show.

Sunday starts with a pancake breakfast at the Texada Community Hall in Gillies Bay hosted by the Van Anda volunteer fire department, then everyone heads to the beach to build sand sculptures and vie for the top prize in age-based categories. Judging is by People's Choice.

Sunday concludes with awards at the ballpark around 3 pm. [PRL](#)

July 21

Pirate party!

Ahoy Mateys! Enter full piracy mode with pirate hat folding, pirate map reading, and pirate plotting. 10:30-noon at the United Church (6932 Crofton Street).

8th Annual First Credit Union Road Hockey Tournament

Registration is free and there are prizes to be won. Age categories are 11 & under, 12-15, and 16+. Registration forms are available at First Credit Union, TAWS, PR Rec Complex, and online at www.firstcu.ca. Email Rachael.rachael.barton-bridges@firstcu.ca.

Tech Savvy – Internet Safety

7 pm at the Library. Learn strategies for keeping your online personal info safe. To Register call 604-485-8664.

July 21 to 24

Summer Bonspiel

60th Anniversary of the Powell River Curling Club events. At the Complex there will be free camping and access to the facilities. 24 Team Mixed Bonspiel, running in parallel will be a 32 curler Jitney Funspiel - teams will be randomly created just before the bonspiel. www.powellrivercurling.com

July 22 to 25

Diversity Festival

Shingle Beach Campsite, Texada Island. Artists, composers, bands, performers and participants from across the continent and beyond will converge for a celebration of creative culture. diversityfestival.ca/

July 23

Seafair Parade

Yes, the parade is still on! 10am. Enter your floats and vintage cars by filling out a form at powellriverseafair.ca

July 27 to 30

Texada Aerospace Camp

Want to register your kid? texada.org

July 28

Watercolour Mobiles

Use shapes, wild colours, and watercolour techniques to create a 3-D abstract hanging mobile that will be

sure to inspire dreams of faraway places. 10:30-noon at the United Church (6932 Crofton Street).

July 29 to August 1

Filberg Festival

Annual arts, crafts and music fest in Comox. Filberg-festival.com.

July 30 and 31

Homesteading Skills Outdoor Weekend

Hydraulic ram pumps * Rainwater harvesting * Graywater * Dry rock wall building * Cob ovens * Off-grid electric fencing * Humanure * Setting fence posts * Solar cooking * Milling wood * Foraging. Fiddlersfarm.com

July 30

Texada Fly-In Fling

4:30 pm at the Legion, Van Anda.

July 31

Texada Annual Fly-In

9 til 3 at the Gillies Bay Airport. Pancake breakfast, aircraft, formation flying demo, prizes. Texada.org.

August 1 - BC Day

Midsummer's Night Feast

At the Farmer's Market 5 pm til dusk.

Coming up"

Powell River Pride

August 3 to 7. Watch for a full schedule coming soon.

Texada Blues & Roots Festival

August 5 & 6.

Texada Artists Studio Tour

August 13 & 14

Blackberry Fest Street Party

August 19

Arts Alive in the Park

August 20 & 21

Texada Run the Rock

August 28

Sunshine Music Festival

September 2 to 4

Labour Day

September 5

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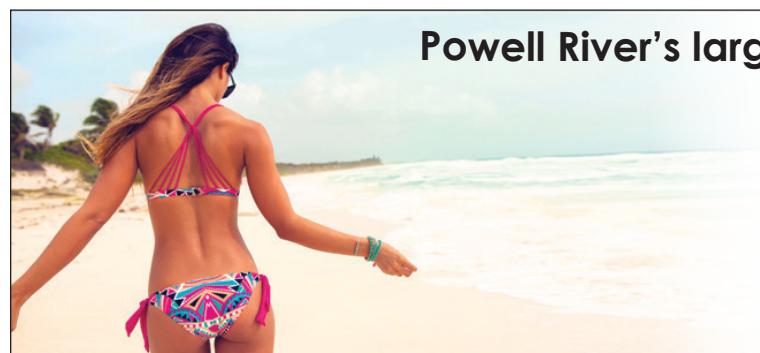
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Dreams or disasters?

Powell River Tarot: a community reading, by Teresa Harwood-Lynn

Teresa is available for individual readings, parties and special events.
You can contact her directly at 604-485-5620 or by email at teresaann@telus.net

This month's card, the Seven of Cups, is a card about imagination and dreaming, choice and temptation.

The Seven of Cups shows a silhouetted figure of a person looking out at a cloud in the sky. The cloud, although grey in colour, represents our ideas and dreams, some realistic and some based on illusion and wishful thinking.

The cloud has seven cups, each over brimming with what looks at first to be riches and treasures leading us to believe that "the sky is the limit."

On closer examination however we see cups containing a dragon, a shrouded figure and a snake. These represent the pitfalls and hazards of temptation and of having too many choices.

The cup that contains the laurel wreath of victory has a skull engraved on it. This skull represents, free-thinking and non-conformity.

Is this card a negative card or a positive card? Does it suggest we should allow our minds and imaginations to run wild in order to get the best out of life, or does it suggest that living in a dream world and thinking outside the box will lead to temptation and self-destruction?

Can the answer really be both? On one hand, where would we be without our fantasies and daydreams? On the

other, what would life be like if our heads were always "in the clouds"?

The Seven of Cups, like many of the cards in the tarot is about balance. If your life has been feeling too structured, relax and allow your imagination to wander.

Day dreaming often leads to creative solutions to life's little problems. If you are feeling like your options are limited or your days too rigid, indulge yourself and let go.

Sometimes it's when things break down that we find a creative aspect of ourselves we didn't know existed.

Feeling overwhelmed by too many choices? Now is the time to rein yourself in and get your feet back on the ground. If it looks like all that glitters is gold, it's time to take a realistic look at what is being offered.

As mentioned in a previous article, the tarot consists of four suits. Each suit contains four court cards; a page, knight, queen and king.

Each of these cards has a personality of their own and can often times be difficult to interpret.

They can represent you, other people in your life or may suggest that now is the time to borrow or take on the characteristics of that card in order to get you through a difficult time.

Next month let's take a look at what happens during a reading.



Seven of cups

- TEMPTATION
- CHOICE
- ILLUSION
- FREE-THINKING
- NON-CONFORMITY

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Across

- Highest logger sport
- Cable-grabber, or necklace
- Tree falling warning
- To chop with a saw
- Tree chunks to burn
- Tree stumps to burn
- Number of axes thrown in round
- Beginner logger sports competitor
- Hammer's friend, or foe?
- Underhand or standing block
- Bunyan's ox
- ___ Logger Martini, or program
- Years since last logger show in PR
- Artist cutting wood
- Wood-cutting tool
- Race with pole, or thing to get over
- Modified saw, or hard-working logger
- Logger Sports location
- Logger who drops trees
- Tall tree from which cables run

Down

- Sawyer's tree-side platform
- Slice of log, or snack
- World, Canadian and NA _____ ships
- Pointy tree climber, or cowboy's, tool
- Centre spot
- Mule, or engine
- Wood-cutting power tool
- Less 100cc saw, or soup base
- Logger sports instigator
- Beach where Logger Sports held in '76
- Log for climbing or running up
- Wood-chopping tool
- Fastest chop, but miss your toes!
- Logger sports governing body
- Cutting & hauling trees
- Speed chainsaw art result
- Cutter & hauler of trees
- Tool to prevent saw binding, lever
- Cut trees

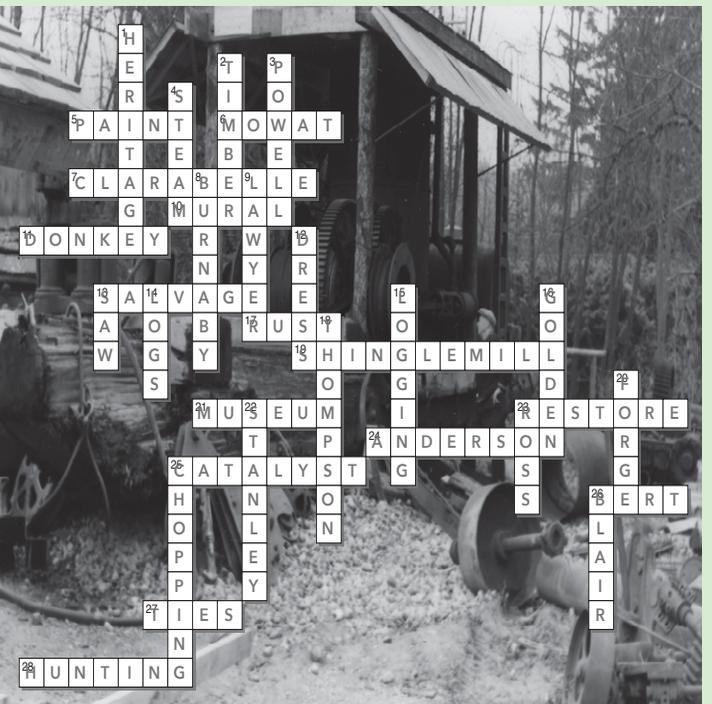


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Last Word with

S

igns, signs, everywhere a sign. Blocking out the scenery, breakin' my mind."

Apparently Les Emmerson, who wrote those lines for the hit song by Five Man Electrical Band, never got lost.

Because when you're lost, signs can come in mighty handy.

And since tourists inevitably spend a good portion of their time getting lost, I'm pleased to see a few new signs erected and a few old ones being replaced as part of Tourism Powell River's sign strategy.

Not only do these signs help direct visitors to the right places, but they also reflect well on the community - an upgrade from the rotting, dilapidated signs they replace.

I admit to feeling a certain nostalgic loss with the replacement of the signs at the southern entrance to the city. Every day of my school life, those signs would flash by on my way to or from school. The diver on the carved wooden signs, though in his stylized form appearing to be some sort of aquanaut from the 1940s, reminded me that school was only temporary - there was a whole underwater world to explore on weekends and holidays. It probably kept me from serious depression.

Those carved signs, however, were dated, and the new ones are trendy, artistic, politically correct and declare some of the assets that visitors can enjoy.

Our publisher, Isabelle Southcott, fondly recalls the sign at Haywire Bay that warned pet owners that "All dogs must be lashed." It took a few years for someone to replace the sign with the missing "e".

SEAN PERCY
sean@prliving.ca



Apparently, there's a shortage of 'e's available for Powell River signs. On Marine Avenue, I recently noticed signs advertising "kitchenetts" and "cherris." I guess there are only so many 'e's to go around, and those signs had reached their limit. And don't even get me started on the shortage and abuse of apostrophes. But it's probably just decades of editing that make me hypersensitive to grammatically offensive signage.

In general, though, I get a kick out of signs. I have a collection of photographs of signs. Some are beautiful. Some are functional. But my favourites are ridiculous.

One in front of an electrical station warned "Touching wires causes instant death." If that weren't enough, it went on to say "\$200 fine." I wonder how often they collected on the fine? Or maybe it was effective enough a sign that they didn't have to.

The one I saw at the zoo showed where the zoo company's priorities were. It said: "Do not stand, sit or climb on the fences. If you fall, animals could eat you and that might make them sick." It's good to know where you stand. And it better not be on the fence.

One of my favourites, however, I first saw in a coffee shop in Powell River. I've seen it elsewhere since and I have to admit that it makes me watch my kids carefully when I'm in any establishment with these rules posted: "Unattended children will be given a shot of espresso and a free puppy!"

What's your favourite sign? Email me a picture of yours at sean@prliving.ca. 



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This is fire season

Six ways to keep from setting Powell River ablaze

- 1. Don't start one** • Most fires in the wildland urban interface area are preventable. Tools, machines, cars, ATVs, cigarettes, - all of these can cause sparks or heat that can ignite forest fuels. Be especially careful around dry grass and slash – these light fuels can ignite and burn quickly.
- 2. Think ahead** • Carry a fire extinguisher in your vehicle and put out small fires if safe to do so before they spread into large fires.
- 3. Douse your campfires** • Keep a close watch on campfires and have sufficient water and hand tools available to douse the flames.
- 4. Watch it** • Never leave any fire unattended.
- 5. Report it** • Call 9-1-1 or 1-800-663-5555 to report a wildfire or irresponsible behaviour.
- 6. Please be safe**

Don't let fires be your fault

The structure of a regional district is pretty simple, really.

Each regional district is a corporation. The governing body of the regional district is its board.

The board is ultimately responsible for any actions taken by the corporation.

The board is composed of directors elected directly from

electoral areas and municipal (city) directors appointed to the board by their respective councils. First Nations with treaty may choose to join and appoint directors.

The Powell River Regional District is currently comprised of Electoral Areas A, B, C, D and E as well as the City of Powell River.



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