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JUNE 2016

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Hot weather and holidays: two great reasons to say *ema weega* (goodbye) to your couch and *Ah jetch xwut* (hello) to the Powell River Regional District's unparalleled amenities. (Want to get your Tla'amin pronunciation right? Listen, at www.firstvoices.ca)

When you're planning your summer holidays, consider all the Regional District has to offer here at home.

Disconnect, get active and have a blast!

Challenge a friend at the new disc golf course at **Craig Park**.

Find a fishy friend at **Myrtle Rocks Park**.

Clean up under the new solar showers at **Haywire Bay Park**.

Pump high on the new swingset at **Shelter Point Park**.

BYO corn on the cob to grill at the **Palm Beach Park** BBQ pits.

Dance to live music at **Paradise Exhibition Park** Grounds.

Swim with the seals at **Boot Point Park** on Lasqueti.

Take in the sunset at **Diver's Rock Park** at Lund.

In addition, the Regional District continues to enhance the region's many **beach access points** - where sandy shores, rocky outcrops, lonely tides and new friends are your rewards for exploring.

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3. They provided the body necessary to deliver services to the member jurisdictions and related residents.

Did you know:

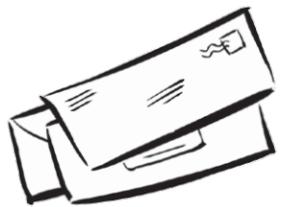
The Powell River Regional District will celebrate its 50th anniversary in 2017.



**POWELL RIVER
REGIONAL DISTRICT**

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powellriverrd.bc.ca



We welcome feedback from our readers. Letters may be edited for length. Email isabelle@prliving.ca, or mail letters to **PR Living, 7053E Glacier St, Powell River, BC V8A 5J7.**

MAILBAG

Dear Pieta,

Congratulations on making such a healthy transportation choice. Getting to work actively, on foot or by bike, is a fun and efficient way to consistently increase one's daily activity.

I hear your pain regarding the hills, though. Your idea for Council to flatten the city is a novel one! While they consider that, here are a few tips that might help:

1. On the Bike - Layer and don't overdress. Make sure the bike is tuned and fitted - a little bit of knee bend is all you need. Gear down early and pedal smoothly. If your lungs and legs are burning before the top, stop. All you need to refuel are some deep breaths!



2. Fitness - Cardiovascular capacity doesn't peak until age 35, and it drops slowly if you stay active. Like most medicines, its better to start cycling at a low dose, use it regularly, and gradually increase to desired effect.

3. Route - route choice is probably the most important factor for enjoying your ride. Consider:

"Up and Over" - from Joyce/Glacier St., take Westview Ave. to the top, turn left on the "Manson Connector" (dirt), then follow Manson Ave. (some bike lanes) all the way into Cranberry and coast (try Hemlock St.) into Townsite.

"Down and Out" - cruise down Westview Ave., turn right on Willingdon Ave. and follow until you turn in (carefully) to the Willingdon Beach trail. Continue to the haul road then take one of the smaller trails back up into Townsite.

And if none of these ideas help? ...maybe consider an electric bike! They let you pedal at your own pace, plus have the speed and stamina of an Olympian with the push of a button.

Powell River is (sometimes) hilly. It is also relatively temperate, compact and beautiful, and it appears that more people are enjoying their bikes here every year. I hope you are already finding cycling to work easier than last month. Ride smart, have fun, and don't sweat it if you're sweating.

Sincerely,

Chris Morwood

Dr. Chris Morwood is a Family Physician and Vice President of the Powell River Cycling Association (for Chris' full letter, maps, and helpful links, go to www.bike-powellriver.ca).

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ON THE COVER

Both Terry Peters, Powell River's new fire chief, and his father Ray, a retired fire captain, started their careers at the No. 3 Firehall in Wildwood. Terry started in 1987 as an auxiliary firefighter and was hired as a career firefighter in 1991. He took over as chief from Dan Ouellette who retired last month. Terry has now held every position in the Powell River Fire Department. Although Ray, retired 17 years, hasn't worn his uniform since he retired he had no problem getting into it for a photo shoot.

Photo by Isabelle Southcott



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CONTRIBUTORS



CLEA SHERMAN, based in Sydney, Australia, has been hearing about Powell River and its beautiful surroundings from her Canadian husband for over ten years. Happily, her career allows her to work while she travels and explores different places with her husband Garrett and young son Rafferty..



CHARLENE REINISCH is a long-term Powell Riverite, mother of five, and communications professional. She is currently employed in a governance and corporate planning role with First Credit Union, where she has worked for over ten years. Charlene is also a consultant to small businesses, entrepreneurs, and non-profit organizations in the areas of communication and strategy development.



MALERIE MEEKER's interest in community development flows from her career in the disability sector. She worked for inclusion Powell River (then PRACL) between 1975 and 2001, then taught in the Disability Studies Diploma at Vancouver Island University between 2002 and 2014. Upon retirement, she was awarded VIU's Lifetime Achievement Award – Service to Society. Malerie lives in Lund; she squeezes in volunteering when she isn't playing with her grandkids.



JOYCE CARLSON, born and raised in Powell River, recently retired after 45 years in the community newspaper business. She is continuing with volunteer work, which she has done since high school, that now includes chairing the marketing committee for International Choral Kathaumixw 2016.



PUBLISHER'S MESSAGE

Tourists, or Trump refugees? A busy summer ahead

What a difference an 'S' makes! I am an Easterner; I was born in Toronto and spent the first 30 years of my life living in Halifax. Yet I recently made the same mistake Westerners make all the time. And I should know better.

In a story about Larry Gerow and the Salvation Army published in last month's *Powell River Living*, I said that Larry grew up in St. John's, New Brunswick. There is no St. John's in New Brunswick!

St. John is the largest city in New Brunswick and St. John's is the capital and largest city in Newfoundland and Labrador. I apologize for this mistake and thank Mr. St. Laurent for pointing it out.

June 19 is Father's Day. It is a day to celebrate dads. As every parent knows, giving birth is only the beginning of our journey as moms or dads. We don't need a license to have a baby, we don't have to take a course or pass

an exam, but the parenthood journey is one filled with learning, challenges and life-changing moments.

Charlene Reinisch's story on Page 7 is a heartfelt essay about fatherhood. Written from a mother's perspective, she pays tribute to two very important men in her life: her ex-husband and her husband. She talks about how these two men have committed to doing what's best for the children and how they've co-parented a blended family.

For many of us, June is the month in between. It's kind of like the ready, set month with July being the go month. Because next month, we're ready to launch into a crazy, busy summer. With big events like Katha-mixw, the BC Bike Race, Logger Sports, Texada Fly-in, the Diversity Festival and Texada Sandcastle Days all happening in July, you might want to recharge your batteries so you're well prepared before it's all systems go!

Those in the tourism and hospitality industry are looking forward to what could be our busiest summer in a long time as our American neighbours take advantage of the weak Canadian dollar and all our amazing community has to offer.

And with the outcome of the US election up in the air, some will likely be making contingency plans for what it would take to move to Powell River.

With everything from dads to grads to Aboriginal education and the return of the Anderson sawmill in this issue, I hope you learn something new about our community between the pages. Happy reading.

ISABELLE SOUTHCOTT | isabelle@prliving.ca

Recreation Complex – some of the best summer memories are made here!



6 ways to make 2016 your kids' super-est summer ever (Note: these are filling up fast)

- | | | | | | |
|---|---|--|--|--|--|
| <p>1. Day camps
Full day (6-12 years) and half-day (3-5 years) camps. A different theme each week!</p> | <p>2. Soccer
British Soccer Camps return July 18 to 22, 3-16 years</p> | <p>3. Park & Play
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Daily lessons for 2 weeks throughout the summer!</p> | <p>5. Special events
Canada Day Freezie Fridays, Water Wars and more.</p> | <p>6. Kids' yoga
Learn yoga poses. 9-12 years</p> |
|---|---|--|--|--|--|

3 easy ways to register:

- | | | |
|---|--|--|
| <p>1 Online</p> <ul style="list-style-type: none"> • www.PowellRiver.ca • Available 24 hours/day, 7 days/week • Payment by Visa, MasterCard or Amex | <p>2 Call 604 485-2891</p> <ul style="list-style-type: none"> • Monday to Friday 8:30 am to 9:00 pm (except statutory holidays) • Payment by Visa, MasterCard, or Amex • Staff-assisted registration – please provide barcode. | <p>3 Come in</p> <ul style="list-style-type: none"> • Register in Person at the Powell River Recreation Complex 5001 Joyce Ave • Monday to Friday, 8:30 am to 9:00 pm |
|---|--|--|

Hulks headed for the bottom

BY SEAN PERCY | sean@prliving.ca

Four of Powell River's iconic cement ships could soon be at the bottom of the sea, and local scuba divers couldn't be more excited.

They're at the end of their useful life as breakwaters, but are destined to be attractions for sea life and underwater explorers.

At a Chamber of Commerce meeting last month, Catalyst mill manager Fred Chinn said the reconfigured mill no longer needs as many of the concrete ships as it used to. Four ships are surplus, he said. And he hopes plans to work in cooperation with the Artificial Reef Society of BC and local divers will result in a world-class scuba diving attraction.

If the plans come together, Powell River would become one of just a handful of places where multiple ships can be viewed on a single dive.

"This will put us in the same league as Scapa Flow or Truk Lagoon," says Gary Lambeth of Salish Sea Dive. Those are spots where warships were sunk and now serve as major dive attractions. But those locations are challenging for most divers. Scapa Flow is a highly technical dive site off Scotland, and Truk Lagoon is in Micronesia.

"Here, the diving would be much safer because



these will be sunk on purpose," said Lambeth.

He says the concrete surface of the ships makes them ideal artificial reefs because marine life will easily attach to it - faster and more easily than the steel ships usually used for this purpose.

The site selected for the sinking is about half-way between the mill and Willingdon Beach, (as seen in background image, an artist's depiction of where the ships would lie) with the deepest parts of the ship in about 25 metres of water.

"This would really put us on the map," said local diver Lyn Adamson. "Divers would come from all over the world to dive those ships."

One of the ships, the YOGN 82, has already been moved from its spot in the breakwater to the mill dock. Originally, that was for maintenance to keep it afloat after it was damaged in winter storms. It will be the first to be sunk.

Fred said it's costly to keep the unused ships afloat, and that eventually they will sink. He hopes to control when and where to ensure they go down safely and beneficially. Work will have to be done to each of the ships to make sure they are completely clean and no oil or debris would escape into the ocean when they are sunk.

The sites selected for the sinking are virtually barren sand seafloor except where an occasional rock provides refuge. When the ships go down, they're expected to attract hundreds of species of marine life.  image courtesy Google and Gary Lambeth

Everyone welcome!

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(Father's Day is June 19. Don't forget.)

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MY TWO DADS: Charlene Reinisch with her husband Richard (left) and her ex-husband Craig (right) with their daughter Drew at her graduation in 2015.

Father's Day: making it work

One mom, two dads and five kids stay friendly and familial

BY CHARLENE REINISCH

"Wow, I don't know how you do it."

This is usually the statement that follows when my husband and I share that we have five children. And of course, I know why people might wonder.

Raising a big family can be demanding. There's a lot to keep track of and, I admit, it's totally draining sometimes.

The reason it works?

It's because there are three of us parenting together: me, plus two remarkable fathers.

There's Craig, one of my oldest friends and father to my three eldest daughters; and there's Richard, my husband and father to my youngest two children.

These two guys are extraordinary dads and co-parents, and are the inspiration for me to share our experience as a blended family.

Just after Easter, I posted some pictures and a heartfelt update on Facebook regarding a recent family trip. We spent the long weekend at Mt. Washington and after coming home, I was reflecting on how grateful I was for our time together.

The weekend featured some of the usual—spirited board games, rosy cheeked tobogganing, and plenty of time to just relax. But it also offered something really precious: the experience of being able to enjoy it together—both dads and all of our kids—under the same roof for the weekend.

I shared the post with the hope that it might impact perceptions associated with blended family dynamics. It may seem like a small thing - being able to harmoni-

"The weekend featured some of the usual—spirited board games, rosy cheeked tobogganing, and plenty of time to just relax. But it also offered something really precious: the experience of being able to enjoy it together—both dads and all of our kids—under the same roof for the weekend."

— Charlene Reinisch

ously share accommodations for the weekend - but it's not something I take for granted, nor something I treat lightly.

Blended-family relationships can be complex and emotionally challenging. Realistically, I know it's not easy for them as fathers, but they know it's important that we all continue to work at it.

Our weekend away is just a small example of the ways in which we can foster a sense of stability and cohesion within our family, for both the adults and children alike.



Beyond books

Share stories with the Library

Safe From Fires

Powell River Fire and Rescue will discuss fire prevention and safety

June 16, 7 pm at the Library

Photo Competition Deadline

Submit your Powell River wildlife photos, winning photo will be displayed in the Library.

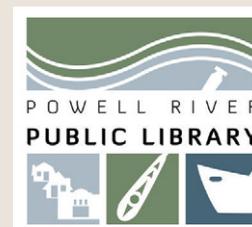
Wednesday, June 8

Sunday Hours

We'll see you on Sundays starting again in September

New Library Updates

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Families like ours are becoming more and more common, so I also know we're not alone. About one in nine Canadian families are blended with step-parents, like ours is, according to Statistics Canada. In 2006, the agency concluded that only about 40 per cent of families are "traditional" - consisting of two parents and their own biological or adopted children.

That would suggest that approximately 60 per cent of families in Canada are living an experience like our own, trying to navigate the complexities and dynamics that come with rebuilding a new family unit.

From the beginning, Craig and Richard expressed their commitment to building something positive together. Though this was always the goal, it obviously didn't happen overnight, and of course, there have been some mistakes made.

It's something we've had to work towards over the past 10 years, with a give-and-take mentality.

Sharing things like birthdays and holidays, finding

space for everyone to be a part of the special moments in our children's lives, and being responsive and mindful of each other's expectations often requires a lot of compromise. As fathers, they handle that with patience and understanding, something I'm really grateful for.

I know it's been tough sometimes, but selflessly, that's what both of these fathers have done.

They share, they step aside, they give generously, they support one another, and they treat each other with respect.

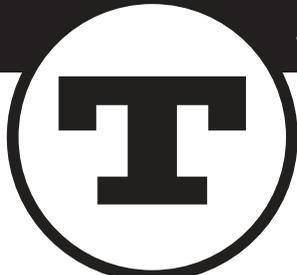
Most of all, they demonstrate love and have made a strong commitment to creating a sense of security for our children.

As we look to celebrate Father's Day this month, I have to say, I'm really proud of what we've created. More than just co-parents, we're friends. In the long run, I believe that our kids will all be better for it.

And, beyond just these years of raising children together, I expect we'll be better for it too. **PR**



BLENDED IS THE NEW NORMAL: About 60 per cent of Canadian families are non-traditional now - that is, something other than two married, biological or adoptive parents living with their children. Here are Charlene's children - half-siblings of each other - on the Facebook-famous ski trip that got her thinking about writing this article. Father's Day is June 19.



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HELLO, POWELL RIVER

Congratulations, class of 2016

You might remember him as Prince Eric in the musical, *The Little Mermaid*. Or bringing down the house as the Cowardly Lion in *Wizard of Oz*. At the Hap, you may have seen him play defence with the house league. But now, Jeremy Hopper is getting ready to graduate this June, alongside 211 other Brooks Secondary students.

Powell River's most-recognizable grad of 2016 is going to the University of British Columbia this fall to study business. Eventually, he plans to enter law school. But that's still a long way off.

First, he said, he plans to thoroughly enjoy the summer. This is it. The last time his buddies will all be together before they go off in all directions.

"I'm definitely excited. It's a brand new chapter. We're adults now," he said in an interview with *Powell River Living* at Brooks' cafeteria. "It's time to transition from high school, to college, and then into a career. I guess I am also nervous. It means more independence. I have to do stuff for myself like laundry, and cooking my own food."

Jeremy isn't alone in looking ahead with a mixture of anticipation and trepidation. In BC, the class of 2016 will undoubtedly endure a mix of experiences.

Unlike Jeremy, about half his year (across the province on average, not necessarily Powell River) won't enroll immediately into postsecondary, according to the BC Ministry of Advanced Education's youth transitions research. Eventually, about three-quarters of BC high school grads will sign up for more school.

Making it into postsecondary is just the beginning. In first year, about one in 12 students drops out. Each year, one in five students switches colleges. About 70 percent of students who start a bachelor degree, as Jeremy is doing this fall, make it all the way through. That means of course, the other 30 percent decided to do something else.

Just over half of British Columbian adults earn some kind of certificate of degree. Others work, start businesses, start families, and travel. For those born in 1998, their all-too-real "Game of Life" starts in exactly one month.

This year, Jeremy visited UBC to get a sense of what living on campus will be like. While his mom hosted an alumni barbecue for current pharmacy students, he and his dad walked around the massive forested grounds. Jeremy described it as "big and intimidating."

A few other Brooks grads are also moving to UBC this fall; others are off to the University of Victoria, some are travelling Europe.

But again, the fall is far, far in the future. For right now, there are grad events to think about.

The Class of 2016 chose an Academy Awards theme. The Grad Committee (which includes Jeremy) has already made two 12-foot Oscar statues as decorations. They plan to reflect on the whole length of their lives, so they're collecting photographs to create a giant feature wall, including all of them.

"It's about us as a class," he said.

For Jeremy, his high school years were rich with memories. Musicals. Festivals of Performing Arts. Tennis. Baseball. Soccer. Hockey. Classes such as accounting and economics. Student Council. The Link Leader Crew, which offers tiny Grade 8s mentorship in the form of Grade 12 buddies ("It is scary for sure," Jeremy says, remembering his own freshman year.) Friends. Ambition. Family. He's leaving a younger sister and brother in Powell River, with mom and dad, when he moves away.

What's his advice to younger students?

"Slow time down. Savour every moment. Enjoy it because it goes a lot quicker than you think. I thought in September that I still had a lot of time left at Brooks. I didn't." **RL**

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TIDY FOREST FLOOR: In this recent wildfire mitigation pilot project in Penticton Trails, Ryan Thoms shows the benefits of clearing debris: where there's no fuel, there's no fire.

Don't do it. Really.

Please don't start a raging forest fire in the woods this summer.

This is the earnest request of the man charged with emergency preparedness for the region: Ryan Thoms.

Nearly 100 percent of the wildfires that burn close to town are started by people on the edge of the woods, he said in an interview in the forest at the Penticton Trails Fuel Management Project (read more about this in *Ferns & Fallers* magazine, coming out in July).

Here's why. Fort MacMurray 2016. Fort St. John 2016. And even the Wilde Road Fire in early May, 2016.

Fire season has come fast and furious to Western Canada this spring. Last summer, Powell River spent three days in a murky yellow haze, under smoke billowing from the Elaho Valley and the Lower Sunshine Coast.

While the coastal temperate rainforest burns differently than the boreal forest, Ryan has seen enough wildfires in his 12 years here to think fire prevention is a pretty great idea. And, it works.

"We shouldn't just flap our arms in the air and panic [about city-sweeping fires such as Fort Mac's,]" Ryan says, noting that fire season traditionally starts in late July or early August. "Most forest fires are preventable. No government ever has enough resources to deal with the big emergencies, so citizens really need to take responsibility for avoiding fires in the first place, and plan in advance to care for themselves, their children, their pets, elderly relatives and neighbours." **PR**

WHAT EMERGENCY SERVICES ARE DOING FOR YOU:

- Putting on the **Shake Zone** - an emergency planning fair on June 6 in the Crossroads Village parking lot 1:30 to 7 pm. Features an earthquake simulator and emergency responders.
- Implementing the recommendations in the **Community Wildfire Prevention Plan**, which includes improving wildfire response, emergency planning such as evacuation plans, and mitigating wildfire hazards through vegetation management.
- Speaking at **Keeping Powell River Safe from Fires**: how to prevent and deal with fires. June 16, 7 pm at the Library.

WHAT YOU CAN DO FOR YOURSELF (AND OTHERS)

- Check local fire regulations before starting any campfires, backyard burns, or land clearing burning.
- Never leave your fire unattended
- Fire and wind are a dangerous combination - always check the forecast before burning.
- Cigarette butts should obviously not get thrown onto the ground.
- Be extra careful around slash and dried grass with hot mufflers, sparks off machinery such as lawn mowers, chain saws, dirt bikes, ATVs and vehicles.
- Carry a fire extinguisher in your vehicle when you're in the woods is a good idea.
- Use your shock over Fort MacMurray's experience with fire to make an emergency plan for your family and your neighbourhood.

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GALA GRAND OPENING CONCERT:
Friday, June 17th, 7:30 pm

SYMPHONY CONCERTS:
• Saturday, June 18th, 1:30 pm & 7:30 pm • Saturday, June 25th, 7:30 pm

CHAMBER MUSIC CONCERT:
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GINGER'S BEER: Powell River's redhead Sherman brothers and Cedric Dauchot assembled from around the world to brew up a special drought - what else? - red ale.

BY CLEA SHERMAN

Powell River's Townsite Brewery gave two former residents the perfect reason to visit their old stomping ground.

Growing up in Powell River in the late 90s, Graham and Garrett Sherman were a memorable pair. So much so that when they called to book accommodation in the town after a 15-year absence, Seabreeze Resort owner Elaine Thoma exclaimed that she had been recounting tales about Garrett just a few days earlier.

Although both brothers often reminisce about bonfires by the beach and taking daring jumps off the cliffs at Eagle River, their lives and careers have taken them far from home.

Graham relocated to Calgary to study after high school and has remained there with his wife and children, while Garrett migrated to Australia in 2006.

From opposite sides of the world, both brothers developed a passion for brewing beer. After completing his studies at the renowned University of Ballarat Brewing Program, Garrett brought his talents to Sydney's popular 4Pines craft brewery in 2010.

Not to be outdone, Graham started his own venture, launching the Tool Shed Brewery with partner Jeff Orr to widespread acclaim in 2013.

When Garrett realised that his beloved home town now also had a craft brewery, he was quick to get in touch. Having waited so long for an opportunity to come home for a visit, the brothers now had the perfect excuse. They booked their trips and organised a cross-continental collaboration brew with Townsite brewmaster Cedric Dauchot.

After exchanging numerous emails and ideas, the three brewers settled on a Belgian Red Ale that would reflect Cedric's Belgian heritage. Garrett brought along Lemon Myrtle and Tasmanian Pepperberry to incorporate some flavours of his adopted country. Graham's contribution was the spicy notes of cedar, a smell that always reminds him of his carefree days in Powell River.

When they finally got together in May of 2016, the three brewers realised that the one other thing they had in common was red hair. Thus the name of the beer was

nominated as Soulless - a cheeky reference to the ongoing joke that redheads have no soul.

The brew day was a big success. "It really was the essence of a great collaboration," Graham explains, "It brought together three brewers from around the world who all share a love for Powell River as well as the product we all make. Townsite is one of the most elegantly simply breweries I've had the chance to visit and it really suits the town."

All of the brewers played a role in making the red ale.

"It was a fantastic opportunity to learn from each other. I was able to share marketing tips with the team at Townsite and Garrett and I took note of the things that Cedric does differently, such as making Belgian candied sugar from scratch," says Graham.

Adding to the excitement of the day was several of the Sherman brothers' high school friends dropping in to watch them at work and talk about old times.

"Even though I live thousands of miles away, Powell River has a strong place in my heart and I think of my mates back here often," says Garrett, "I'm so chuffed to be able to say that I've contributed something to the community that I grew up in."

Townsite's General Manager Chloe Smith is gearing up to release the new beer to the increasingly enthusiastic Powell River market.

"When we opened in 2012 we thought we'd mostly sell our beer in Vancouver," she explains, "but we underestimated how quickly it would catch on here. Powell River's diverse and changing population was looking for something different, they were ready for a local product to get excited about."

For Chloe and Cedric, setting up in Powell River has been a hugely productive venture, with overwhelming support from the town for their delicious range of beverages.

Powell River locals and visitors will be able to look out for Soulless Cedar on tap and in bottles at the Townsite Brewery and from outlets around Powell River from June. Drinkers can expect a unique beer that mixes thirst quenching Belgian ale with intriguing flavours of Canada and Australia. **PRL**

Brewing brothers' homecoming

"I'm so chuffed to be able to say that I've contributed something to the community that I grew up in."

— Garrett Sherman

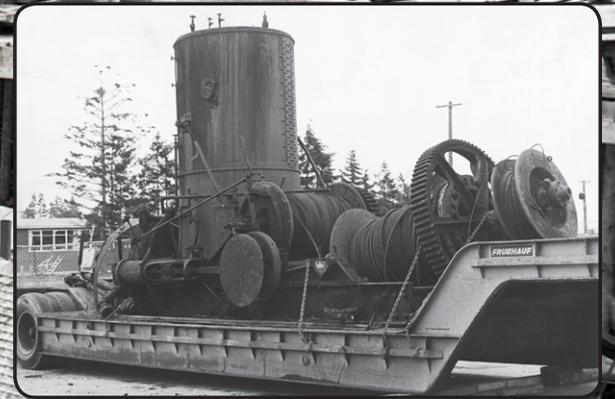


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Historic Anderson's sawmill returns

Rescued from rusting in Burnaby, restored machines will be installed at Powell River Museum by summer 2017

Andy and Clara Anderson were undoubtedly two of the most colourful characters in Powell River's history.

BY ISABELLE SOUTHCOTT | isabelle@prliving.ca

They've been talked about, written about, and even painted – a lifesize mural of Clara by local artist Janet Blair graces the outside wall of Paperworks leading to the Chopping Block at the corner of Marine and Willingdon (see Page 18).

Andy moved to Powell River in 1908 and started logging in Lund and further north. He did a variety of jobs including cutting railway ties and clearing land before purchasing a sawmill that he soon moved to Mowat Bay on land leased from the Powell River Company.

Andy met Clara (or Clarabelle) in 1925 and married her three years later. Accounts describe the Andersons as “eccentric and colourful individuals who certainly walked to their own drum.”

Clara was no slouch either. Bill Thompson's book, *Boats, Bucksaws and Blister: Pioneer Tales of the Powell*

River Area, says Andy and Clara made quite a team.

“Clara was no less fond of the outdoor life than he was, and almost as good a shot when it came to hunting deer or mountain goats. She was also a good hand at driving a logging truck and managed the office work for her husband.”

The Andersons sold lumber milled by their sawmill along with logs and timber. For 28 years, Andy owned and operated Anderson's Mill on land leased from the Powell River Company on Powell Lake. When the lease was cancelled (there was a dispute between the two parties), Andy moved the entire sawmill and planing mill to a 16-acre property on Mowat Bay where he had lived since 1960. But the municipality wouldn't let him run the operation on that site so the mill never operated again.

The Powell River Historical Museum's notes say the Andersons were hard and canny workers who used the process of the law to their full advantage.

“They did not trust anyone, including family, and they were afraid of being taken advantage of, so their method of business was to always be on guard and to employ counter attack methods. At one point, there were over 12 different law firms involved in wrangles with...government, companies and individuals.”

The old mill sat idle from 1957 to 1976 just rusting and mouldering away.

“It must have broke his (Andy's) heart,” said one observer. There are stories of Andy working on his booms on the lake salvaging logs well into his eighties. He'd go down to the blacksmith's shop and fire up the forge a couple times a week.

Anderson's mill became a genuine logging museum. In fact, it was recognized by the Burnaby Village Mu-

“The Anderson mill was considered one of the finest examples of a sawmill...on the west coast.”

– Bert Finnermore

seum who purchased it in 1976 and hauled it away piece by piece.

“They were looking to have an operating sawmill and steam donkey,” said Bert Finnermore, Heritage Manager, Powell River Historical Museum and Archives. “The Anderson mill was considered one of the finest exam-

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IT TAKES A VILLAGE: To move a vintage mill and steam donkey from Burnaby to Powell River. That village includes Catalyst Paper, City Transfer, the City of Powell River, the Powell River Forestry Heritage Society, the Anderson family, and a grant from the Powell River Community Forest.

ples of a sawmill, steam donkey and overhead roading systems on the west coast.” The Powell River Historical Museum wanted to keep the mill in town, but did not have the funding at that time.

The mill was moved to Burnaby but never restored. Only the Ross lumber carrier ended up being restored. “It is one of the most valuable pieces in the collection.”

Not everything went as planned, and once Burnaby realized how costly it would be to restore the entire mill, they decided against it.

“They also realized that this level of logging equipment was never used in the Vancouver area,” added Bert; “Vancouver was mostly hand logged.”

When the Powell River Museum heard the Anderson Mill was available, they jumped at the opportunity to bring it home.

“This mill is historic and important to Powell River,”

said Bert.

It has taken over two years to coordinate moving permits, barges, cranes, flatbeds, trucks and other equipment to move the mill, but last month, after 39 years, the old Anderson mill came back to Powell River.

None of this would have been possible without the cooperation and help of Catalyst Paper, City Transfer, the City of Powell River, the Powell River Forestry Heritage Society, the Anderson family, and a grant from the Powell River Community Forest.

Museum staff are excited about the next chapter. The mill will be set up on parks property at the museum site. “We’re aiming to have it up by next summer,” said Bert.

It won’t be operational but the 39,000 pound steam donkey in all its glory will be there with the rest of the mill as a proud testament to Powell River’s past and two of this community’s most colourful pioneers. **PR**

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Best of Powell River Contest

Let locals and visitors find the hidden gems only you know about! August's *Powell River Living* will feature a full report of the top three winners in each category. **Please write in your answers – serious and humorous** – and deliver the page by **June 30** to Powell River Living's office (7053-E Glacier St), or **answer the questions online at**

powtownpost.com/bestofpr for your chance to win a groovy prize package from The Old Courthouse Inn, including a two-night stay, and \$50 gift certificate to each of Edie Rae's Café, Pappy's Poutinerie and GASP! Vintage (a package valued at \$425). *Note: Only one entry per person. You must answer at least 15 categories for your entry to be counted.*

Civic Pride

Best neighbourhood

Best BC Ferry

Best place to watch the sunset

Best place to take visiting relatives

Weirdest thing you boast about this community

Best local souvenir

Best unofficial city slogan

Best festival

Best local politician (name)

Best tourist attraction



Arts

Best book about a local thing

Best local band

Best place to watch live music

Best place to shake your bootie

Best graffiti

Best place to learn an instrument

Best blog

Best Facebooker

Best farmers market booth for crafts

Best gallery

Food & drink

Best local cocktail

Best local brewski

Best local seafood dish

Best burger

Best patio

Best salad

Best place to eat for \$5

Best place to eat for \$100+

Best ice cream

Best dessert

Best buffet

Best restaurant for romance

Best restaurant to impress your visiting guests

Best server (name)

Most veg-friendly restaurant

Best coffee scene

Best pizza

Best kid-friendly

Best brunch

Best farmers market booth for produce

Best farmers market booth for prepared food

Best food on BC ferries

Retail

Best gifts

Best live plants

Best jewellery

Best place to assemble a cheese plate

Best campfire food

Best produce

Best used stuff

Best thing you've found at a local garage sale

Best work-out

Best yoga for a sweat

Best yoga for the spirit

Best booze

Best gas station

Best convenience store

Best lawyer when you're guilty

Best thing made out of local wood

Best massage clinic

Best local weed

Best dentist

Best hair guru

Best tattoos

Best facial

Outdoors

Best place to run

Best trail to hike with kids

Best mountain bike trail

Best trail to power-hike

Best dog park / area

Best trail for horses

Best ATV trail

Best food garden

Best flower garden

Best playground

Best beach for swimming

Best lake for frogs

Best official campground

Best unofficial camping spot

Best place to see wildlife

Best zunga

Best hut on the SC Trail



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Aboriginal knowledge

James Thomson Elementary School Principal Jasmin Marshman administers the only school in the district where at least half of students in the English stream are aboriginal.

Each week, each class learns Tla'amin language, art and stories with specialist teacher Karina Peters "so that every child has an appreciation for Tla'amin culture," explains Jasmin.

Respecting and including Coast Salish knowledge is the right thing to do. The District is also seeing exciting results from its extensive aboriginal education programs. They're credited with the District's significant upsweep in student success.

In Canada, just 63 per cent of aboriginal students graduate on time - compared to 84 per cent in the general population. In Powell River, we do much better than the provincial average, says School District Superintendent Jay Yule. That number has increased steadily with the emphasis on integrated cultural learning.

For example, at James Thomson, educators incorporate Tla'amin culture into the fabric of everyday life. Students sing Canada's national

FIVE THINGS YOU SHOULD KNOW ABOUT TLA'AMIN ED

Starting in Grade 5, students must take either French or Tla'amin. Tla'amin is accepted as a second language by some universities.

On June 6, SD47's professional development day will focus on Aboriginal Education.

National Aboriginal Day is June 21. In Powell River, it is organized by Gail Blaney and celebrations are held at Willingdon Beach.

Ahms Tah Ow is a learning centre on Tla'amin Lands for students of all ages. About 30 students attend the centre.

Tla'amin holds a celebration of success each year to recognize all their students for academic achievements. As well, the community holds its own grad celebration for Grade 12 and university graduates. Speakers include medical school grad Dr. Kelsey Louie.

anthem in English and French and they sing the Coast Salish anthem. The school's welcome garden is in the shape of islands that are significant to the Tla'amin people; signs identifying native plants are written in both Tla'amin and English.

"When kids come off the bus they see their culture represented and they know we value them and we value their family," says Jasmin.

"Aboriginal education should not be an add-on. It's something that should be incorporated into lessons," says Jasmin. For example, when teaching about the fur trade or outer space, teachers incorporate the First Nations role in the fur trade, or what stars and constellations mean in Coast Salish tradition.

Starting in kindergarten, students learn about residential schools - in a way that is age appropriate.

"We invite elder John Louie come in to speak to students. We see film presentations and host other speakers to learn about the impact of residential schools on the community. A lot of students are quite surprised but very respectful of what they learn," says Jasmin.

Tla'amin's Gail Blaney, a First Nations teacher at James Thomson, is organizing SD47's Aboriginal Day celebrations on June 21 at Willingdon Beach. Last year Gail led the school's legacy project, a new First Nations shawl for a Mayday ambassador.

This year, Heiltsuk First Nations carver Ivan Rosypskye is hollowing an eight-foot cedar log and making a drum. The drum will be located inside a drum lodge on the school grounds.



E'MOTE JAMES THOMSON: Each year on May Day, Kindergarteners perform the friendship dance in button shawls and vests. All students sing the Coast Salish anthem.

What's happening:

JUNE 21: NATIONAL ABORIGINAL DAY

Events for SD47 elementary students will be held at Willingdon Beach beginning at 9:30 am. Stations include weaving, story telling, and drumming. The morning will start with the blessing of the new totem pole carved by Craig Galligos for Kathaumixw. The morning will end with a group song around 11:45 am.

At 7 pm, students will perform a staged reading of Elsie Paul's book, *Written As I Remember It*, to which the community is invited (please see Page 35).

STORY TO SONG WORKSHOP

Every spring elders and story keepers share stories at the Outdoor Learning Centre. The three-day workshop offers stories - traditional or historical - or even traditional teachings of medicines, place names or childhood stories. Language speakers help story keepers transform stories to song.

Students in Grades 10 to 12 will receive two school credits or work experience hours for graduation transition upon completion of the workshop.

enhances education

Today, educators from all SD47 schools are incorporating aboriginal education into the new curriculum. School District 47's aboriginal education team at Brooks Secondary School includes Tla'amin teacher Karina Peters, Tla'amin Nation support workers Louise Dominick and Lindsay Louie and First Nations leadership coordinator and counselor Gerry Brach. Jason Rae teaches at both Ahms Tah Ow School and at Brooks.

Brooks provides tutoring support every Tuesday and Thursday in the First Nations room after school.

As well, tutoring is available at Ahms Tah Ow on Monday and Wednesday evenings. Post-secondary planning is offered at Ahms Tah Ow and the School District is working on how to encourage aboriginal students into the existing dual-credit programs, such as Outdoor Adventure Tourism, welding, and Business Computer Applications.

Rod Perrault, Vice Principal and Administrator for SD47's Personalized Learning Program, stresses that aboriginal education is more than a single subject – it is a value infused into everything the district offers.

“Staff wants to make sure there is meaning to First Nations education. There's a focus on how to integrate First Nations topics and perspectives into everything that is done.”



A GREAT EXPERIMENT: Tla'amin's Faith Broman tried out a little chemical engineering at UBC, while Brooke Peters (inset) learned to analyze soil enzymes.

Tla'amin students fired up about science

Have you ever wondered what it would be like to do hands-on, authentic research at a major Canadian university?

That is exactly what two enthusiastic students from Brooks Secondary School experienced from May 16-20, at the University of British Columbia. As scholarship recipients of the Verna J. Kirkness Science and Engineering Program, Brooke Peters and Faith Broman had the opportunity to participate in fascinating research activities with top university academics.

Along with 18 other First Nation, Inuit and Métis students from across BC, the two Brooks students learned about how things work in the science world, and gained first-hand experience with the challenges of living in a university residence.

Brooke spent time in a chemical engineering lab learning about leading edge drinking water treatment technologies. At first, the university lab experience was a bit overwhelming for her until she realized that she could understand the scientific concepts that were being explained to her.

“The mentors were so passionate about what they were doing, you couldn't help but get excited about science yourself. I am so pumped for

going to university now.”

During her time at UBC, Faith joined the Department of Forestry, studying the biodiversity of soils.

One of the activities she enjoyed was learning to perform enzyme analyses on forest soils as a measure of functional diversity.

“I am so pumped for going to university now.”

- Faith Broman

“The relationship with our academic mentors made our time learning about science fun as they made it interactive as possible,” said Faith. “I also enjoyed meeting new friends from across BC.”

The goal of the Verna J. Kirkness Science and Engineering program is to address the underrepresentation of First Nations, Métis and Inuit students at Canadian universities and to increase the number of Indigenous students graduating from science and engineering programs in Canada.

The foundation offers scholarships to Grade 11 aboriginal students to spend a week at a Canadian University.



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PORTRAITS OF THE PAST: Who are the people in the murals that grace the sides of buildings on Marine and Willingdon Avenue? This summer *Powell River Living* will feature the painters behind the murals, and the historic figures themselves.

MURALS ON MARINE

This is a mural of Clarabelle Anderson on the wall of the Chopping Block building at the corner of Marine and Willingdon Avenue.

This lifesize mural was painted by local artist Janet Blair in 2001, from a photo taken around 1920. Clara was reputedly the toughest woman in Powell River and gained a reputation of being a feisty character. She would

fire shots when young lads dared to cross the trail near her property in Mowat Bay (see Page 13 for a story about the recent return of her sawmill).

In this painting, Clara is wearing her 'town dress.' However, she could usually be found decked out in hunting attire running the shinglemill she and her husband Andy owned on Powell Lake.

This mural of Clarabelle looks so real that several people have been tricked into believing she is just standing there waiting for the light to change.

"I've been told by people they've waited for her to cross the street," said Janet.

About the artist:

Painter Janet Blair was a volunteer at the Powell River Historical Museum when this mural project launched in 1998.

"Nick Carder painted the black and white mural on the old Breakwater Books building

and he needed a little help with the figure of a man. I helped him and then he asked me to take this project on," recalled Janet, who was 60 years old at the time.

"I'd never done an outdoor mural before. We did it the old fashioned way, all brushwork all done by hand." **PR**

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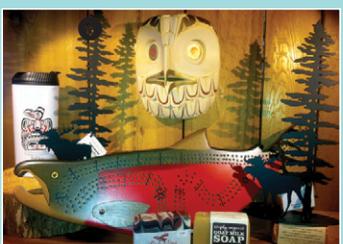
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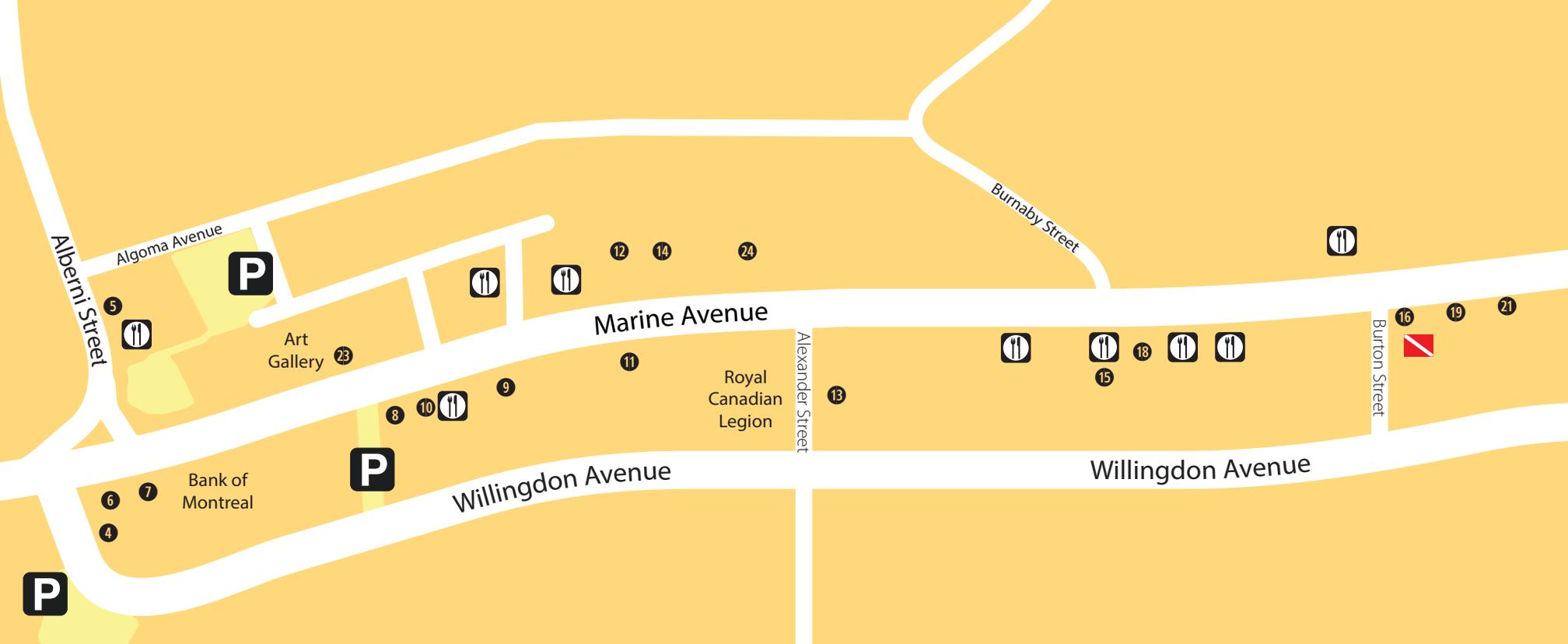
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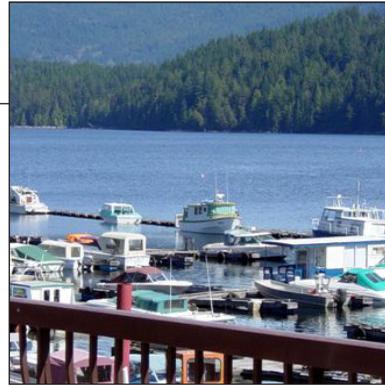


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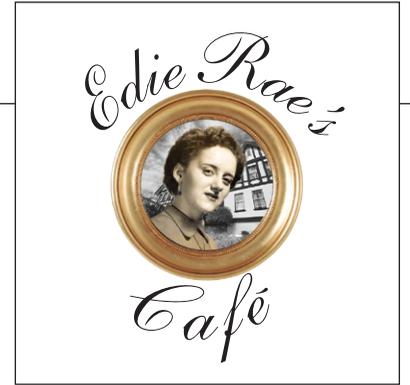


The Shinglemill

Stunning patio on Powell Lake, with restaurant and pub. Burgers, fish & chips, seafood and more.

shinglemill.ca

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Beautiful breakfasts and mouth-watering lunches & dinners at Pappy's Poutinerie in the café.

604.483.EDIE (3343)

6243 Walnut Street

Play



Henderson House

Headquarters of the Townsite Heritage Society, and museum. Start your Townsite tour here!

powellrivertownsite.com

6211 Walnut Street



Mill Lookout

See the Hulks and the Mill - where the city of Powell River all began. Interpretive signs and view.

catalystpaper.com

On Marine Ave at Elm St.

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Rodmay Heritage Hotel

History is alive at this pet-friendly and affordable hotel, with views, a liquor store and salon on-site.

rodmayheritagehotel.com

6251 Yew Street



The Old Courthouse Inn

Boutique heritage rooms and fabulous, friendly hosts – with Edie Rae's Café & GASPI! vintage store.

oldcourthouseinn.ca

6243 Walnut Street

Powell River Townsite is a unique coastal community of British Columbia, Canada that was designated as a National Historic District of Canada in 1995, one of only seven in Canada and the only one in western Canada.

Historically, our community was preplanned with principles generated from progressive philosophical movements arising as a result of the excesses of industrialization in the late 19th century.

The Garden City and Arts and Crafts Movements influenced Powell River's planners of 1910 in regard to the location and architectural style of our homes, parks, green belts, commercial buildings and recreation facilities.

The prime mover behind the town's development was the Powell River Company, which was responsible for preplanning, constructing and providing for most of the community's needs.

Don't miss this gem of a neighbourhood!

Make Townsite part of your Coastal vacation.

I MADE THE MOVE

Mountain bike real estate tour

Mike and Denise Nicholson were camping in a friend's yard in the Black Point neighbourhood in July 2012 when they took a mountain bike ride that would change their lives forever.

That day the couple found a trail that took them to Nassichuk Road, a beautiful farm area they had no idea even existed.

"We saw a property for sale on Maywood Road and had a look around. We didn't really think about it much until we got to the ferry a few days later. We didn't get on that ferry but instead drove back to look at the property again," said Denise.

A week later they owned it.

Mike and Denise originally agreed to a five year plan that would see them taking holidays and camping on the property to see if this is where they wanted to retire. But almost immediately Mike saw the potential for a hobby farm. While working, the couple began commuting back and forth from their home in Roberts Creek and clearing land on their new Powell River property.

After months of rock picking and raking, Rusty Gate Berry Farm was born.

The farm is now heading into its second season selling U-Pick blueberries. They just sold their home in Roberts Creek and are half way through building a new home on their farm.

"Our kids thought we were crazy but it didn't take long before they realized what a great place Powell River is. Our daughter Andrea moved here from Whistler and is working at Townsite Brewing. And our son Trevor, who is just finishing up his electrical apprenticeship in Fort. St. John, plans to move to Powell River and

buy a home with his partner Dayna in the next year."

"I never would have predicted any of this but we all love Powell River and are very excited to experience all that it has to offer," said Denise.

Why did you choose to move to Powell River?

Mike • There are so many reasons. First was the reasonably priced farm land and then you add in all the outdoor recreation such as the great boating and fishing, all the lakes to explore and kayak, trails to hike and bike. How could you not want to move here?

Denise • In the beginning it was definitely Mike's idea but it didn't take long before I knew I loved it just as much as he does.

What surprised you about Powell River once you moved here?

Denise • I will never forget the day we put our kayaks in at Brew Bay and paddled past the breakwater and there was the most amazing sandy beach. Since then we have discovered so many great beaches that we had no idea were here.

Mike • The abundance of mountain bike trails that are literally right at our doorstep.

Where is your favourite place in Powell River?

Mike • A set of waterfalls we discovered that are just a short bike ride from the farm.

Denise • Mahood Beach

How did you first hear about Powell River?



THEY U-PICKED POWELL RIVER: Mike and Denise Nicholson moved here from Robert's Creek to open Rusty Gate. Their adult daughter moved here too, to work at Townsite Brewing, and their soon-to-be electrician son will move here soon.

Mike • Being from the lower Sunshine Coast, Powell River was never a secret to me. I always knew I wanted to retire here one day.

Denise • I was born and raised in Pender Harbour so I always knew about Powell River, and in my teens my grandparents moved here. When our kids were young we spent a lot of time camping up here at the lakes and on Texada Island.

What would make Powell River a nicer community?

Denise • It is already such a great community I'm not sure I would change anything.

Mike • I would like to see a mini Granville Island style market in the abandoned building by the sea walk on Marine Avenue.

If you were mayor of Powell River what would you do?

Mike • Continue to work towards diversifying Powell River's tourism-based economy.

If you were a fly, which wall in town would you like to inhabit?

Mike • The wall of one of the early home-

steaders in the late 18th century while they discussed the potential and challenges of their new home in Powell River.

What are Powell River's best assets?

Denise • The mountain bike trails and all the great people we have met since we started our farm.

Mike • The great back country - Emma Lake area being my favourite.

What is your greatest extravagance?

Denise • We are not extravagant people. One of our favourite times is sitting around the campfire at the end of the day with family and friends.

Which talent or superpower would you most like to have?

Denise • I have always wanted a crystal ball so I could see the future, but really, why do we need to know? Life happens just as it is meant to be. We sit back and look at our life now and can't believe how lucky we are to have found such an amazing place to live.

If you know someone we should feature in I Made the Move, please email isabelle@prliving.ca with you idea!

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OPPORTUNITIES FOR EMPLOYERS

Apprentices land jobs in trades

Three graduating students in the Secondary School Apprenticeship (SSA) program received \$1,000 scholarships last month. Keenan Young, an auto service graduate working at City Motors; Dylan McCullough, a cook at Myrtle Point Golf Course and Zane Hernandez, winner of last year's gold medal at the Skills BC competition and an employee at Ben Bouchard Contracting Ltd. all received \$1,000 scholarships after completing 900 paid hours.

After finishing the dual credit carpentry program, Zane, pictured at right, was hired by Ben Bouchard and has been working full time ever since. Zane's scholarship money will be put to good use since he recently purchased his first house in Lund, said Jim Palm, School

District 47's Career Educator.

"The apprenticeship program provides opportunities for young people who want to take advantage of jobs openings in the trades," said Jim.

SSA helps transition grads to the world of work by offering benefits to local employers and directly to young apprentices.

Besides tax credits, employers can apply to the "Get Youth Working" funding source that provides an employer \$2,800 towards the first three months of training. However, employers must apply to this fund before the student is on their payroll. For more info on SSA or Get Youth Working contact Jim at james.palm@sd47.bc.ca or call 604 483-3171 or 604 414-5960.





Questions?

**MICHELLE
PSYCHIC
ANIMAL REIKI**

604 414-0180

Watch out Trudeau: PR's got pugilists

Powell River Boxing Club members won trophies at a boxing tournament in Mission last month. Rees Shelton and Tryston Burke fought well, reports coach Les Vegas.



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Sweet summer

Starting June 30, Powell River parents will experience 10 full weeks of kids & teens at home. It's magical! It's messy. Make the most of your summer with these memory-making, skills-building, social activities.



PIANO • GUITAR • SONGWRITING • BASS • DRUMS

By: The Music Room

Ages: 4 and up

What: Use the lazy days of summer to learn a new instrument - or hone your skills for righteous campfires and parties. Both individual lessons and group lessons on guitar music technology (recording, music production, live sound engineering.)

Contact: mymusicroom.ca. See ad on Page 33.

LEARN TO SAIL • WATER SAFETY

By: Powell River Yacht Club

Ages: 8 to adult

What: On the waterfront at Willingdon, these day camps teach kids the skills they need to get out on the water. Lots of hands-on! Adults can have their own fun with June and July evening classes.

Contact: powellriveryachtclub.ca. See ad on Page 9.



DAY CAMPS • SWIMMING LESSONS • SOCCER • YOGA

By: Parks and Recreation

Ages: Infant to teen

What: A myriad of choices! Whether you need full-time care during the summer, or just fitness and fun, the rec complex offers loads of affordable options.

Contact: powellriver.ca. See ad on Page 5.



BATTLE OF THE BOOKS • BOOKCLUBS • MAKER EVENTS

By: Powell River Public Library

Ages: Infant to teen

What: Keep your kids inspired all summer long with the Library's innovative (and free) programs. Jr and Sr. bookclubs, watercolour mobiles, reading to dogs, pirate party, Lego, cooking, mapmaking... and much more. Schedule posted on Website soon.

Contact: prpl.ca See ad on Page 7.



LEAP • READING AND REC

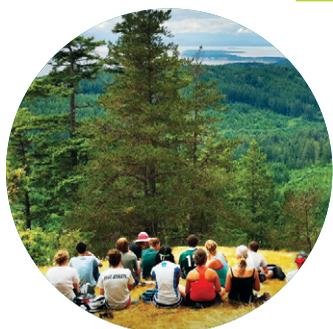
By: School District 47

Ages: Kindergarten to Teen

What: Reading and Rec keeps kids engaged with reading (and other fun!) from July 11 through August 5, from 8:30 am to 1 pm weekdays. For Kindergarten and Grade 1 students, it's free (students in Grades 2 through 4 should check fees).

LEAP is a nine-day credited outdoors program open to students in Grades 9 to 12. Check the website for prices.

Contact: sd47.bc.ca



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Pacific Salmon Foundation
Royal Canadian Legion
International Choral K̄athumixw
and many more



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Hidey ho, neighbour

We live in a little hidden gem of a place - where good beer flows, people are friendly... I hate to break it to you but it is not completely true.

Good neighbour gardening guidelines

Communication. Calm thoughtful dialogue is the way to express your opinions. Yelling does not work. If you're renovating the yard, run your ideas by the neighbours. Always have the neighbours' perspective in mind when you're working.



A growing concern

BY JONATHAN VAN WILTENBURG | jonathan@edenhort.ca



I have heard it more than once lately that there are neighbours not getting along. I think it is more common than we might like to admit.

The connection for me as a gardener is that many of the conflicts start in the yard. An ugly fence here, a car parked there, or a tree planted in somebody's view. Pretty much anything can be a potential flashpoint for disagreements.

Growing up, we had one of these baneful neighbours. If we kicked a soccer ball over the property line we certainly were not going to run after it. I remember when I was honing my skills as a gardener we had a yelling match over some accusatory overzealous pruning. For the record, I did not do it.

As a family, we tried countless times to patch up the relationship. I guess we never tried hard enough.

I can see now that even though you can try to put on a thick skin and pretend it does not bother you, it still will. Your home (which includes the yard) should be a place you can feel comfortable. A place you feel safe, free from scrutiny. It should be a place you want to spend time.

So I thought I would put together my list of good neighbour gardening guidelines that can be used to maintain healthy neighbourly relations. I doubt I am going to solve all the neighbourly issues, but maybe we all can try to prevent new squabbles from sprouting.

Attitude. Yes it is a free country but that doesn't mean you should exercise that right all the time. Avoid having the attitude that this is my place I can do what I want. What you do can affect others. Be mindful of this.

Building a fence. Choose a design that satisfies all parties. For example don't build a solid eight-foot fence that blocks the view and shades the yard. Have the property surveyed to avoid potential pitfalls. Keep in mind that building a fence can also prevent situations from escalating.

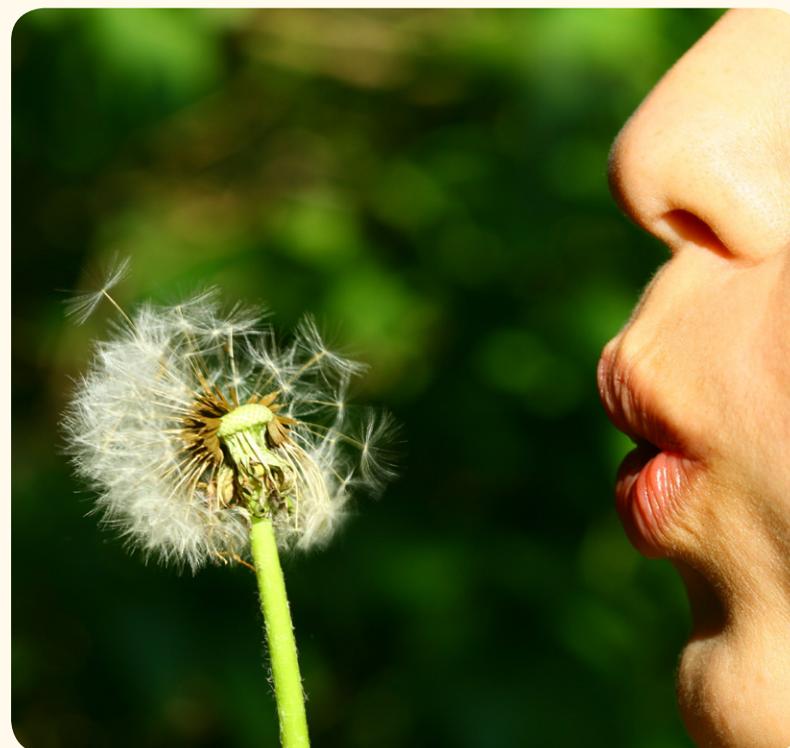
Planting a tree. Is the species appropriate? Ask yourself; will it block the view for others? Will it shade out a garden? Will the roots outcompete and ruin adjacent garden beds? Will it obstruct laneways in time?

Animals. Keep them on your land. Chickens, dogs, cats, etc.

Making noise. Use common courtesy. If in doubt just go and ask the neighbours if it is ok to make noise.

Appearance. Be conscious of how your yard appears and affects the rest of the neighbourhood. Clean up debris, and dead equipment, and garbage.

Compost. Don't have a poorly managed compost that is foul and attracts bears, rats or other vermin. **PRL**



Top priorities in the garden for June

Keep watering. It's been so dry already but make sure plants are well watered. Always test the soil after you finish to see how far the water has penetrated into the soil.

Weed. Competition from weeds is most detrimental to young plants. Keep on it.

If the weeding is out of control, think about getting some mulch down around the plants. Put it down at least 3-4 inches thick being careful not to smother the plants. You will be surprised how big of a difference it will make.

Be mindful of your greenhouse temperature. If it is getting above 35 degrees fully vented, think about putting a white wash or shade cloth over it to bring down the temperature.

It's hedge-trimming time. Remember many hedges need some green leaves left behind to grow back. Laurels and Yew are the main exceptions. You can prune them back hard and they will come back.

Watch out for floppy plants in the perennial border. Keep staking the peonies, delphiniums, phlox, aconitum, sedum, rudebekia, and all those other fast growing perennials.

If you have not already done so, plant out all your heat-loving plants such as beans, tomatoes, peppers, eggplant, summer flowering annuals, etc.

Keep sowing your seeds to secure your supply of tender young veggies all summer long.

The tomatoes plants should be tied up or supported. Also pinch off the side shoots that are growing in the crotches of the side leaves and main stem.

Watch for pests and disease. Be on the alert for powdery mildew, blackspot, aphids, carrot root fly, cabbage white moth, and onion maggot.

Begin deadheading (removing spent blooms) your annuals, perennials, and shrubs. This should encourage new flowers or advantageous growth.

Visit the nursery - it's packed!

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Devilled eggs

6 large hard-boiled eggs
salt and black pepper to taste
2 tablespoons real mayonnaise
2 tablespoons soft butter
1 teaspoon prepared dijon mustard
2 tablespoons finely minced capers
1 tablespoon finely minced chives
Pinch nutmeg
Pinch cayenne pepper
Paprika

Peel shells off cooled hard-boiled eggs; slice into halves lengthwise.
Remove yolks from whites and place in a small round bowl.
Mash yolks with a fork into fine pieces.
Add mayonnaise, butter, mustard, capers, chives, nutmeg, cayenne and salt and black pepper to taste.
Stir mixture until creamy.
Spoon mixture into a piping bag or into a zip-lock sandwich bag; seal bag and snip off one corner of the bag.
Squeeze mixture out of corner of bag into egg white halves.
Sprinkle tops of filled devilled eggs with paprika.
Chill in refrigerator 1 to 2 hours or until cold before serving.

Padgett's lovely eggs

TASTE FULL

BY MARIKA VARRO | convenientchef.pr@gmail.com



It's hard not to notice the "eggs for sale" sign when driving south-bound on Padgett Road. One Tree Farm, owned by Matt and Wilma Duggan, offers not just eggs, but chickens, blueberries and other produce as well.

"Eggs are laid by female chickens (hens). They are omnivores, which means they eat both meat and plants. They enjoy eating insects, larvae, worms and different types of vegetation, which might explain the unique combination of nutrients found in eggs," explains Matt.

But not all eggs are created equal. Stand in front of the egg cooler in your supermarket and you will find an array of labels whose terms are legal but can be misleading. Cage-free, free-range, free-roaming, omega 3-enriched, vegetarian (that totally puzzles me) and organic. What does it all mean? It's hard to figure out the standards as to how often or for how long the hens actually spend outside.

Your best bet is to buy locally from farmers who let their chickens run free all day, so they can eat bugs, worms and grass, and the food given to them is organic (not containing GMO crops, animal byproducts or antibiotics). Local eggs can vary from \$5 to \$8 per dozen.

Eggs aren't just delicious and versatile; they are extremely nutritious and contain only 70 calories per large egg. They contain all nine essential amino acids which are considered the "building blocks of the body" as well as 14 key nutrients like vitamins A, all the B vitamins, D, E, K, selenium, iron, magnesium and more.

Eggs provide energy, they build and repair body tissue and cells, they create strong hair and fingernails, build and maintain muscles, help fight infections, keep body fluids in balance and believe it or not they help protect against heart disease.

The variety of eggs enjoyed among the world's cultures includes duck, goose, quail, turkey, ostrich, and of course chicken eggs.

Eggs have been regarded as a symbol of rebirth, renewal, beginnings and fertility.

Eggs were once forbidden during Lent so Catholics had to wait till until Easter to eat them, which is one



reason why eggs became associated with Easter.

Painting eggshells has been a popular custom in many ancient civilizations, including Chinese, Greek, Egyptian and Persian.

Do you know the definition of relay?

What chickens do when the farmer takes their eggs away. 

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BUSINESS CONNECTIONS



BY KIM MILLER | office@powellriverchamber.com

Mariah Hunter has launched **Nanny on the Go**, providing short-term, on-call child care. Families can book a nanny within 24 hours, depending on availability. Services including light housekeeping, such as meal prep and cleanup after the children. Rates are \$15 per hour for the first two children, and \$1 per hr extra for each additional child with a three-hour minimum. Mariah is currently looking to add child care givers to the roster. Visit the website at nannyonthego.ca or call Mariah at 604-414-5000.

Women in Business Influential Women awards went to **Laura Passek** for the non-profit award and to **Elaine Steiger**, owner of The Basket Case, for the Influential Business-woman Award at a dinner held last month.

Pappy's Poutinerie located in Edie Rae's Café at The Old Courthouse Inn will be serving fries and eight gourmet poutines Wednesday through Saturday from 11-7. Choose from the classic, eggs benedict, pulled pork, Montreal smoked meat with sauerkraut, cheeseburger, vegetarian (with vegetarian, gluten-free gravy), Latin and the extra-sinful duck confit. Almost all gravies have Townsite Brewing's Pow Town Porter beer in them for added deliciousness!

GASP! Vintage located in the basement of The Old Courthouse Inn, where the jails used to be, is now open Thursday through Saturday from 12 to 4 pm or by appointment. Named after owner JP Brousseau's relative, GASP! is an acronym for Great Aunt Sis' Place – a curiosity shop full of vintage, antique and collectible items.

There's a new coffee spot in the Townsite, with the opening of a cafe in the Old Bank of Montreal building by local roasters **Margot and Nathan Jantz** of **32 Lakes Coffee**.

Townsite Brewing won two silvers and a gold at the Canadian Brewing Awards May 28.

Mike Clansey has opened his own fitness studio on Franklin Street, near Paparazzi Pizza. **DynaMike Fitness** provides classes, small group and personal fitness training. Check the dynamikefitness.com website to sign up for a class. Mike, who worked for the Recreation Complex and other spots until December, says the 1,200 square foot location will allow him the flexibility to schedule more classes with more consistency. Widely known as the "Zumba guy", Mike does many more aspects of fitness training, and owned his own studio in Kelowna before returning to Powell River five years ago.

Paulo Pena is the new coach at the **Powell River Gymnastics Club**. Paulo grew up in

a small Brazilian town, and was all-around champion of the three biggest states in Brazil and National champion (1997-2000, 2004). He spent five years on the Brazilian National team. Paulo also performed with Cirque du Soleil, Corteo, touring in North America and Japan for 5 years. Armed with a Bachelor Degree in Sport and 24 years of experience, Paulo is excited to raise his young family in Powell River.

With latex balloons getting bad press over the damage they do to the environment, the timing couldn't be better for **Colleen Mudry's** new venture, **Doves of Love**. The company offers professional white dove releases. A single dove, a pair or a whole flock can be released at special events. The lovingly-trained white homers will circle around a few times, then head for home on McLeod Road. Colleen says the doves can be released anywhere in the region from Lund to Saltery Bay and still find their way home. Dove releases are a symbolic and loving tribute for weddings, funerals, celebrations of life, anniversaries, baptisms and other special events. Contact Colleen at 604-414-5353 or visit dovesoflove.ca.

Sunshine Coast Treatment Centre announced a major renovation to accommodate a growing staff. The updated administration building will grow from 1,800 to 8,000 square feet to allow for new offices and conference rooms, and accommodation for out-of-town staff.

Catalyst Paper's Powell River mill won the prestigious Canadian Industry Program for Energy Conservation Leadership Award last month in the category of Energy Performance Management in recognition of its successful installation of the G13 Turbine. Installed in 2015, the turbine converts waste steam to electricity, increasing the mill's power output by 8 megawatts, enough to power almost 7,000 homes. The \$24 million project was developed in partnership with BC Hydro. "This award recognizes the tremendous efforts of our team to reduce costs, create efficiency and support our commitment to environmental sustainability," said Fred Chinn, Vice President & General Manager, Powell River mill. "It's a critical part of our effort to revitalize the mill for the future to ensure our long-term sustainability." G13 was selected because it demonstrates energy efficiency and environmental stewardship, and aligns with the federal government's clean growth agenda.

Catalyst stock jumped more than 700 per cent on May 24 after it announced Indian papermaker **Kejriwal Group International** was interested in acquiring it. The Mumbai, India-based company committed to paying \$6 a share for Catalyst shares not held by the company's four largest stakeholders. In a press release, Catalyst said it received an expression of intent outlining the terms of the potential acquisition from Kejriwal Group International (KGI) and the four principal stakeholders in Catalyst – bondholders who also own 79% of the shares in the B.C. company. The announcement boosted Catalyst stock from \$0.59 a share to \$5 a share. **RL**

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Kicked axe in Kaslo

Powell River loggers competed in Logger Sports in Kaslo in May.

The team included Bob Marquis, Brett Marquis, Jeff Coburn, Brandon Gosbjorn, Julian Welp and honorary member Andrew Young Husband.

And they did remarkably well:

- Julian Welp**
2nd in the tree falling event
3rd in the log burling
5th in obstacle pole
3rd in tree climb
- Brett Marquis and Brandon Gosbjorn**
4th in double buck
- Jeff Coburn**
2nd in stock saw



Cheer on the locals at
Powell River Logger Sports
July 16 & 17 at Willingdon Beach

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5

June Events

Dear Old Dad

What do men want? Like, for Father's Day? Hot dogs with a chance of trout can be found at Inland Lake on June 19 (plus great prizes), at the **Family Fishing Weekend** event. Pancakes and a bargain are on at **Lang Bay Hall Father's Day Fundraiser** that same day. Otherwise, a tie? Flowers and candy? Beer and golf balls?



Velo-lution

Bikes with pancakes, beer and barbecue can all be experienced (separately) the first week of June, thanks to **Bike to Work and School Week**. Intrepid tots convene for the **Rotary Bike Rodeo** June 11. The **BC Bike Race** isn't here til July 8, so there's still lots of time to build impressive quads and glutes before the racers show up.

fabulous - yet curiously free - June concerts

How is it that we get to live somewhere so clean, safe, beautiful and kind - where classical orchestras and bluegrass ensembles just send their tones floating free through the woods and over the waves? Intention? Luck? Karma?

1. PRISMA On the Beach

Who knew chamber music could have such wide appeal? This free annual family-friendly community event, showcases the PRISMA Festival Orchestra as well as local musicians, artists, and food vendors, plus an air show. This year's event features a celebration of Tla'amin First Nation's treaty, with a new piece of music produced in collaboration between Tla'amin's Drew Blaney (Kespahl) and PRISMA's Composer-in-Residence, Tobin Stokes. June 15, 5:30pm at Willingdon Beach.

2. Bands on the Beach

A non-PRISMA Symphony in June? Inconceivable! Powell River Community Band and Comox Valley Concert Band, directed by Roy Carson and Denise Marquette, play a joint concert at the Bandstand at Willingdon Beach. Admission is free. Bring a chair and enjoy the music! June 12, 2:30pm.

3. Fete de St. Jean Baptiste

A stat in Quebec, this holiday has been a rallying point for Francophone North Americans for nearly 200 years. So break out your Fleur de Lis and your best Joul. It's party time June 24 at Club Bon Accueil. Food, Bluegrass and more.

4. The Other Side presents That Wall

Artist Laura Balducci invites you to the opening reception for her art installation: June 24, 6pm to 9pm at The Rainbow Room (located in The Rodmay Hotel). A special performance by Del Riveria on the accordion. Hear for the first time the soundtrack to the installation, by the Other-side, bringing the installation to life.

5. Canada Day Celebration, PR Farmer's Market

Performances galore. Canada Day is of course July 1 at Willingdon, and the Powell River's Famer's Market at the Paradise Exhibition grounds offers live music among the goodies - as does the Friday night Kelly Creek market.



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Family reunites to take in Kathaumixw



THE FAMILY THAT ENJOYS MUSIC TOGETHER: Siblings gathering for Kathaumixw are (left to right) Roger Rethlake, Anne Celila, Sara Berlepsch, Hank Rethlake



BY JOYCE CARLSON

With an order in her hands for 74 tickets, Katie McLean went to Powell River Academy of Music in the first days International Choral Kathaumixw box office was open. “They were impressed,” she said.

Valerie Thompson from the box office confirmed it was an impressive purchase. “I filled out the order and it resulted in a big fat envelope of tickets. It was the biggest order from one person I have ever handled, eight full packages as well as some extras.”

Typically an order for four full packages is considered large, she added.

Katie’s mother, Anne Celilia, who also lives in Powell River, has been begging family members for years to come to Kathaumixw, and a large contingent decided 2016 is the year.

“Some of them are coming from farther away than some of the choirs,” Katie said.

They especially wanted her mother’s brother and his wife to come because they have been involved in their church choir and singing at weddings for years.

When they agreed to book off the time, Anne contacted her sister in Ohio who agreed to come. That left one other brother; when asked, he agreed as well.

Katie grew up in Vancouver, and with her sister, Karen, took singing lessons for a number of years when they were young. They also have had an opportunity to sing with their aunt and uncle at several family weddings. “They’re both lots of fun to sing with.”

Karen and her husband will be staying with Katie and her husband, Joseph during Kathaumixw. Katie met him while he was at school in Vancouver. They lost track of each other, but then reconnected and started a long-distance relationship.

In 1999, she came to Powell River, intending to live here for a year to see how it worked out. “It worked out,” grinned the woman who is now the mother of two young boys.

Sneak peak into 2016’s innovative festival

Paul Cummings is an exuberant fellow almost all of the time.

Currently, the Artist Director for International Choral Kathaumixw is light-years past that adjective as he contemplates the 2016 Gala Opening Concert on July 5.

“In 2014, we made some changes to the concert that were extremely well-received by our audience,” he explains.

“This time around there are even more spectacular changes as well as additions to the program.”

While Cummings was reticent to offer too many hints, not wanting to spoil the surprises, he was willing to offer a couple.

“Change will start right at the beginning with the traditional entrance of the choirs,” said Paul, without offering any further information.

“There also will be a new and dramatic fashion to the presentation of The Choir of the World at Kathaumixw totem pole. Nuff said.”

A totem pole was awarded as the top prize for the first time in 2014.

KATHAUMIXW 2016

What: International choral festival here in Powell River

When: July 5 to 9

More: A complete schedule is available online at kathaumixw.org. Tickets can be purchased online, at the Academy box office at 7280 Kemano Street or by calling 604-485-9633.

Diversity in choirs in the opening concert alone ranges from the professional Novel Voz from Cuba, through Fullerton College Chamber Singers from the United States, to New Zealand Secondary School Students’ Choir from New Zealand.

What Cummings is most thrilled about presenting is a section featuring top Powell River talent from composers to singers, dancers and fiddlers. “All I can say is that it will be outstanding.”

Information that Cummings is willing to share is available on the Kathaumixw app that can be downloaded from iPhone App Store or Google Play. “A member of a New Zealand choir in 2004 has a company that creates apps and he wanted to do this for us. It’s super cool.”

While trying to keep his enthusiasm contained, Cummings is watching the calendar daily as the opening comes closer.

“We expect a packed Great Hall that evening which sets the tone for the entire Kathaumixw.”

Katie says she enjoys the entire Kathaumixw experience and does a lot of research in deciding which eight concerts, out of 18, she will attend. “A great deal of effort is required to avoid duplication.

I just love watching the individual choirs sing.”

She also enjoys the soloists, particularly powerful male voices. “It’s so different from what I can do.”

Even though her family members live far apart, she feels very close to them. “I’m super excited to share all the concerts with my aunts and uncles, and other members of my family. We’re so proud of Powell River and think it’s wonderful that such a little town can do something like this.” **PR**

kathaumixw
bière de garde

“I’m looking forward to sharing Kathaumixw bière de garde with singers from around the world”
- Paul Cummings

PHOTO BY R. S. PHOTOGRAPHY

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PRISMA on the Beach

On June 15, PRISMA is back at Willingdon Beach. This year's event features a celebration of the Tla'amin Treaty with a new piece produced in collaboration between Tla'amin's Drew Blaney (Kespahl) and PRISMA's composer-in-residence, Tobin Stokes.

"It's a piece that connects ancient music with the current classical music," said Arthur Arnold, PRISMA maestro. "It culminates with the anthem for the people of this region who are going forward together in the future."

The concert, he promises, will be an unforgettable event.

There will be booths with food vendors, a Tla'amin Nation salmon barbecue and a festive atmosphere at the beach. The air show, which was such a hit last year, will be back again.

This year, everyone involved in PRISMA will participate in the Gala Grand Opening Concert, which takes place Friday, June 17 at the Evergreen Theatre. Among the pieces, eight cellists will accompany Powell River soprano Megan Skidmore. "It will be a wonderful evening with beauti-

PRISMA

What: The Pacific Regional International Summer Music Academy features master classes and competitions for students - and unforgettable chamber music for Powell River residents

When: June 13 to 25

Concerts: Look for the above treble clef designation on pages 34 and 35 in the calendar.



ful music and a lot of variety, and even the entire orchestra will perform" said Arthur.

For two weeks, there will be daily musical events with master classes open to the public every afternoon. "The teacher explains things to the audience at these classes," says Arthur. "You will see these musicians improve right before your eyes."

The gala closing concert on Friday, June 25 features Mahler's Symphony No. 5 and the finalists of the Concerto Competition.

For a complete list of concerts and to order tickets, visit PRISMA's website at orchestra-academy.ca.

PRISMA opens doors through music education

In four short years, Maestro Arthur Arnold has taken PRISMA (Pacific Region International Summer Music Academy) from a concept to an internationally recognized top-quality summer music program for young professionals and students.

"We've never had so many applicants," said Arthur. Not only are numbers up, but the quality of the applicants is also improved as well, he says.

PRISMA is recognized in the musical world as a professional institution that delivers. "Teachers see their students return after PRISMA and when they see what their students learned they share it with colleagues, and tell their other students they should go to PRISMA," said Arthur.

Internationally renowned artists will train high level music students from all around the world at PRISMA from June 13 to 25.

It's a win-win for both students and the community of Powell River as students and faculty put on performances

and concerts for the community to enjoy while students hone their skills with some of the best musicians.

Shannon Fitzhenry was PRISMA's 2015 Concerto Competition winner. She says the most important lesson she learned by attending PRISMA was to have her love of music rekindled just for music's sake.

She encourages every PRISMA student to compete in the Concerto Competition. "Regardless of the results, it's an amazing experience to compete with colleagues in such a supportive environment."

For two weeks, students eat, sleep and breathe orchestral experience. After winning the concerto competition, Shannon was invited to Moscow for a week to play as part of the Moscow Symphony Orchestra.

"I couldn't be more grateful for this opportunity. The orchestra, led by Arthur Arnold, sounded incredible and I didn't want the experience to end. On the last night of the trip, Sungpil Kim (pianist) and I performed a recital at Spaso

House, the residency of the US Embassy. This was absolutely one of the highlights, performing for not only the US Ambassador but for various ambassadors and politicians."

Opportunities like these are exactly what Arthur hopes will happen through PRISMA. He doesn't want to see any students who should attend PRISMA stay away because they can't afford it and that's why PRISMA created a scholarship fund. "We can offer substantial help to students who need it," he said.

"We select on musical merit first but then it was, 'do they have the financial means to attend?' Now it can be just musical merit."

PRISMA is so highly thought of in the musical world that they are now receiving applications from students who attend Juilliard.

Arthur is keen to have people from all over the world experience the magic of PRISMA and is working on a musical tourism program complete with concert packages, hotels and flights.

PLAN YOUR MAY

May 30 to June 5

Bike to Work Week

Stop by First Credit Union for coffee, snacks and bike checks 7:30 to 9:30 am June 1 and 2. See other events this week:

June 2

Ride to Cask

Part of Bike to Work Week, meet at Townsite Brewing at 4 pm.

Dancehall Circus Bashment

Featuring reggae artists. Red Lion, 9:30 pm \$15

Fusion Art & Poetry

New works by Arnold Nouwens, book launch by Kaimana Wolff. VIU 7 to 9 pm. Live music and appies.

The Way art opening

Ursula Medley and Maggie Poole show their nature-inspired paintings at the Treefrog Bistro 5:30 - 7:30 pm.

June 3

Pancake Breakfast

Bike to Work Week event sponsored by FCU, in the parking lot. 7:30 to 8:45 am.

Bike to Work Week celebration

Family-oriented bike night ride and BBQ at Willingdon Beach. 5 to 7 pm.

June 3 to 9

X-Men: Apocalypse in 3D

7 pm nightly at The Patricia

June 4

Sustainability consult

The City of Powell River wants your input into the future of Powell River and what actions should be priorities from our Integrated Community Sustainability Plan. Bring your ideas. Saturday June 4th from 1-3:30 pm Willingdon Beach Pavilion Stage (Rain back-up - Dwight Hall)

Written as I Remember It book signing and reading

Coles, noon to 2 pm. Sliammon Elder and local author Elsie Paul will be reading and signing copies of her book. Q&A to follow.

National health and Fitness Day

At Spirit Square at the Westview dock, starting at 8:30 am, Mike Clansey will lead a free Tabata Boot Camp and a Zumba session. Participants get a free breakfast at Subway.

Grad walk and Dry Grad

June 5

Garden Tour

9 am to 5 pm. Self-guided tour with map. Tickets \$15



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Nature in oils & watercolour

Powell River artists Ursula Medley and Maggie Poole will hold the opening reception of *The Way In* on June 2 from 5:30 to 7:30 at Tree Frog Bistro. This exhibit showcases the artists recent collection of original oil, watercolour and acrylic paintings inspired by the natural world around them. The women love the outdoors and gardening and have been painting together for the past ten years.



a great day of family fishing fun. No licence, no problem! No fishing or angling licences required all weekend. No fishing rod or tackle, we'll have one for you to use and take home! Powell River Outdoors will be giving away great prizes and A&W Restaurants will be supplying delicious hot dogs. Last year almost 100 people of every age came out and enjoyed free fishing, free food and an awesome time! Come out to Inland Lake and bring the family."

think. A knock on the noggin, a whack to the head or a bump on the skull. Sometimes you barely notice what happened but sometimes that hit is severe enough to cause a serious brain injury.

With June being brain injury awareness month, it is a good time for parents to focus on keeping their children safe.

Debbie Dee, executive director of the Powell River Brain Injury Society, is asking parents to keep their kids safe this summer.

"Talk to them, tell them not to dive into dark waters and parents make sure you're wearing a helmet too when you go biking with your kids." [PRL](#)

Brain beware

It happens more frequently than you

June event briefs



BIG bike coming

Heart and Stroke's Big Bike is coming to Powell River on June 14. This heart-pumping 15-20 minute ride aboard a bicycle built for 30 is a meaningful team building experience that draws attention and raises money for heart and stroke.

Ron Armitage, owner of Armitage Mens Wear has been a big bike rider since 1995 and has raised well over \$80,000 for Heart and Stroke with his team, the Town Centre Maulers. "This will be our 21st year doing it," said Ron. "We've been

in the top two or three every year (for fundraising) since it started."

You can pledge a bike rider online at heartandstroke.bc.ca or come into the Powell River Living office and pledge Isabelle Southcott who will be joining the Quality Foods team this year and riding for her partner Dwain Davis, who had heart surgery last fall.

Fish with family

Come out to Inland Lake Park on Father's Day June 19th 10am to 2pm for



*It's Christmas
in July!*

Join CUPE 798 members for hot dogs and drinks. Support our community and donate cash and food items for the Powell River Action Centre Food Bank.

Saturday July 9
11 am to 4 pm
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Come see what's Blooming

Peering in to Boxwood Cottage's grounds from Westview Avenue, you'd never guess what a blissful retreat is hidden there. The acre - once overgrown with blackberry bushes and polluted by garbage dumped in Squatters Creek - is a lush, shady botanical garden.

For the past 25 years, Diana Wood has honed her vision here. Her Bonsai collection, resting on a cedar bench, includes miniature ginkgo and a tiny Douglas-fir. Roses floppy with the weight of their own petals puff pink, red and yellow. Squatters Creek rushes under a simple wood bridge, in a fresh, dark gully. Little Japanese Shoji-inspired rooms dot the yard - homes for Diana's woofers who travel from Europe and beyond to tend her magnificent garden.

SELF-GUIDED GARDEN TOUR

What: Self-guided tour with map. The map is included in the ticket which has the description of each garden with its address and names of the garden owner.

When: June 5, 9 am to 5 pm.

Tickets: For sale at two nurseries: Mother Nature and Spring Time Nursery. The cost of ticket is \$15. Proceeds go to a student scholarship to university, and creating Powell River's own Botanic Garden.

On June 5, you'll have a chance to spy the garden yourself - plus many others - during the annual self-guided garden tour.

As well as simply revelling in the gorgeousness of local gardens, it's also a chance to contemplate the vision Diana and other avid local gardeners have pursued since at least 2007: a public botanical garden for Powell River, on the old incinerator site near Willingdon Beach.

Like Diana's garden (but more intense), the idea is to remediate the toxic 11-acre site using plants. And, to create a beautiful public amenity and tourist draw. It's a model pioneered at the South Coast Botanic Garden in Los Angeles County. The plan, promoted by the Powell River Botanic Garden Society, is working its way through local government.

This spring, the 150 Society members already 'guerilla-gardened' McGuffie Creek Trail (with permission, of course) - planting native rhododendrons by the dozens to bring a splash of colour to Millennium Park. **PR**



at Mother Nature and Spring Time Nursery.

Le Carnival

Noon til 3 pm at Ecole Cote du Soleil! Games, burgers and hotdogs, face painting, cake walk and more!

June 6

SD47 Pro-D Day

June 6

Shake Zone!!!

1:30 to 7 pm Emergency Preparedness Fair featuring an earthquake simulator and emergency responders. Crossroads Village Parking Lot. All ages welcome, some restrictions may apply for riding the simulator. For more info email fire@cdpr.bc.ca

June 7

Last day to register for PRYC sailing camps at the discounted price

June 8

Preschool Carnival

Willingdon Beach (or the Powell River Recreation Complex if it rains) from 10 am to noon.

Powell River Wildlife

- Photography Competition

Closing date. For details see prpl.ca

Powell River Chorus Spring Concert

Under the direction of Walter Martella with accompanist Maryna Gray and guest performers Treble Makers, who will be accompanied on some numbers by Shaun Coburn. 7:30 pm. (doors open at 7 pm) \$12 at Rockit Music or from Chorus members. \$15 at the door.

June 10 to 13

Money Monster

7 pm nightly at The Patricia

June 11

Cancer fundraiser

The Order of the Eastern Star is hosting a strawberry tea and bake sale fundraiser at the United Church Trinity Hall 1:30 to 3:30 pm. There will be cancer survivor guest speakers, door prizes and a raffle. Proceeds go to PR Hospital oncology unit.

I Am: a creative community expression

At Kaleidoscope Collective, noon.

Rotary Bike Rodeo

11 to 2 pm at the Royal Bank Parking Lot, free. Bring your own bike and helmet. Teaches safety skills in a safe environment. Free hot dogs and drinks. Win prizes! For children ages 5 to 12.

June 12

Bands on the Beach

2:30 pm, Willingdon. Powell River Community Band and Comox Valley Concert Band, directed by Roy Carson and Denise Marquette, play a joint concert at the Bandstand at Willingdon Beach. Admission free. Bring a chair and enjoy the music!



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June 13 - 16

Hello, My Name is Doris

9 pm Monday only
7 pm nightly Tues-Thurs at The Patricia

June 13 to 25

PRISMA

The Pacific Region Instrumental Summer Music Academy is in town once again. See PRISMA events in this calendar designated by the musical note icon.

June 13 to July 4

Pool closed for annual maintenance

June 13

Academy Glee Concert

Academy Apprentice Choir ~ Powell River Girls Choir ~ Powell River Boys Choir ~ Academy Singers. 7 pm at James Hall. \$10. Students: \$5.

June 14

Big Bike

Bike built for 30 riders coming to raise funds for Heart and Stroke Foundation. heartandstroke.bc.ca.

An Evening of Wine and Art

40 Knots Vineyard and The Old Courthouse Inn present an event with Ursula Medley, 6:30 to 8:30 pm at Edie Rae's Café. \$50 includes art supplies and wine tasting. 604-483-6573.

June 15

PRISMA on the Beach

Free annual family-friendly community event, showcases the PRISMA Festival Orchestra as well as local musicians, artists, and food vendors, plus air show, at 5:30 pm at Willingdon Beach. This year's event features a celebration of Tla'amin First Nation's treaty, with a new piece of music produced in collaboration between Tla'amin's Drew Blaney (Kespahl) and PRISMA's Composer-in-Residence, Tobin Stokes.

June 16

Keeping Powell River Safe from Fires

Powell River Fire Rescue will discuss how to prevent and deal with fires. 7 pm at the Library. For info call 604-485-8664.

PRISMA: Concerto Competition Semi Finals

7:30 pm Evergreen Theatre, free admission. During this exciting concert, ten to twelve qualifying students will compete to win the coveted prize of a week performing with the Moscow Symphony Orchestra in Russia.

June 17

PRISMA Gala Grand Opening Concert

7:30 pm Evergreen Theatre.

June 17 - 23

Teenage Mutant Ninja Turtles

7 pm nightly & 1:30 pm weekend matinees at The Patricia

June 18

Pow!Town

Pow! Town Roller Derby hosts its second home game of the season at the Thunderdome. Come watch the Brawl Stars take on The Committed from Salt Spring Island! Tickets are \$5 at the door, kids 8 and under are free. Action starts at 5:20, game starts at 6:10.

PRISMA Symphony Cruise

1:30 pm

PRISMA Symphony Concert

7:30 pm Evergreen Theatre

June 19

Father's Day

Family Fishing Weekend celebration

At Inland Lake, 10 am to 2 pm. No license required. Free hot dogs and prizes.

Fathers Day fundraiser sale

Lang Bay Hall 9 am to 2 pm. Pancake breakfast, too.

June 21

**National Aboriginal Day
Written as I Remember It**

7 pm Max Cameron. Students from all schools in School District 47 will join Elder Elsie Paul on stage at the Max Cameron Theatre to present a dramatized version of her book -Written as I Remember It. Tickets available at Brooks Office: \$20 Adult, \$5 12 & under

Summer Solstice

Sun rises at 5:11 am and sets at 9:29 pm.



73 Salish Sea musicians to play - for free

The Comox Valley Concert Band under the musical direction of Denise Marquette, is expected to bring 45 players to a joint concert June 12 at Willingdon Beach with the Powell River Community Band. It's under the baton of Roy Carson, and brings 28 players to the stage.

The Powell River band includes musicians from high school students in their early teens to retirees well into their 70s.

Musical Director Roy Carson is very much a product of the Powell River music scene. He joined the first Boys Choir at the Academy of Music under direction of Don James, then studied a variety of music forms under the guidance of other Powell River luminaries such as Charles Stowell, Travis McDonough, Jon Stromquist and Nancy Hollmann.

Quite early on, Roy decided he wanted to become a teacher. After obtaining a degree in music from UVic, Roy taught in various different BC communities before returning to PR, where he now

BANDS ON THE BEACH

What: The Powell River Community Band and the Comox Valley Concert Band are offering a free afternoon concert.

When: June 12, 2:30pm

Where: Willingdon Beach

teaches music at Brooks.

A strong believer in sharing what you have, and in life-long learning, Roy found time to complete a Master's degree while teaching classes ranging from Grades 8 through 12, before taking on the Powell River Community Band.

As a consequence, the Band received a vital transfusion of young blood, plays more contemporary repertoire and more community concerts. Practices are a much livelier affair, and both younger and older Band members enjoy a new formula of sharing the love of music with each other and our community. 

June is Brain Injury Prevention and Awareness Month

**Powell River
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tel 604 485-6065
info@braininjurysociety.ca
www.braininjurysociety.ca



One in 70 Canadians gets a brain injury each year.

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The new amphitheatre is greening up nicely and will be an asset for many different events for years to come.

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JULY 16 & 17, 2016



TALKING IN TLA'AMIN: Students Gabriella Adams, Susan Silvey and Brooke Peters rehearse for the show - much of which will be delivered in Tla'amin.

Written as I Remember It Students take teachings from page to stage

Retired teacher Jeanette Scott knows what a rich resource Elsie Paul's book, *Written As I Remember It*, is. "It's quite unbelievable," she says. "This is an important and significant book."

Dr. Elsie Paul (qaʔaxstales) is one of the last surviving mother-tongue speakers of the Tla'amin language. In her remarkable book, she collaborates with her granddaughter, Harmony Johnson, and a scholar, Paige Raibmon, to tell her life story and the history of her people.

After it was published, the school board purchased copies of the book so teachers and students could read it. Jeanette, who is also a trustee of the Powell River Board of Education, delivered them to every school in the district. She also developed a guide for Kindergarten to Grade 12 with references to the book.

Then knowing the treaty would be signed in 2016 and how important it is that students know about Elsie's teachings and the Tla'amin Nation, Jeanette spoke with Elsie about creating a dramatic piece involving students. The first draft was completed in the fall of 2015.

The goal, to have every school in the district involved in the celebration, will be achieved.

Karina Harry, Gail Blaney, Betty Wilson, Elsie and Jeanette have worked on the script to make sure it covers the book's key themes. Tony Papa videotaped Elsie's sections where she speaks on certain subjects.

The performance is interactive between Elsie and the students.

"Elsie will make a commentary and the students will respond to it based on what is in her book," Jeanette explained.

A significant portion of the presentation will be delivered in the Tla'amin language by students.

The celebration of *Written as I Remember It* includes singing, drumming, dancing, storytelling and a dramatic presentation of Elsie's traditional teachings.

For instance, there is a reenactment of the Mink Story by James Thomson stu-

WRITTEN AS I REMEMBER IT: A PERFORMANCE

What: A celebration of Elsie Paul's book, *Written as I Remember It*, performed by SD47 students.

When: June 21, 7pm

Where: Max Cameron

Tickets: \$20 for adults and \$5 for children under 12 and are available at Brooks School. Proceeds will go to the SD47's First Nations Students' Scholarship Fund.

dents. Texada students, accompanied by Drew Blaney, appear on video joining the primary students from Westview in the Oolichan Dance.

Through her work with the school district, Jeanette sat on the BC School Trustees' Aboriginal Education Committee. When she spoke with First Nations committee members they said there wasn't enough being done to educate students about First Nations culture and history.

"I realized that if we are going to change, the place to change is in our schools by engaging our children as to who the First People are and how significant and relevant their teachings are."

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June 22

Powell River Digital Film School student screening

6 pm reception, 7 pm student films, Max Cameron

June 23

PRISMA Guest Artists Chamber Music Concert

7:30 pm Evergreen Theatre

Powell River Wildlife Photography Display

The Library will showcase photo competition submissions and announce the winner. 7 pm at the Library.

June 24

Fundraiser for Texada Inn staff

At the Italian Community Hall. Dinner, band, bar and silent auction.

Fete de la St. Jean Baptiste

At Club Bon Accueil, 5 pm to 11 pm. Barbeque, talent show, cake, fire, and music with Scout Mountain Bluegrass et Shak-À-Jam opening. Free entrance. BBQ \$7. 604-483-3966.

June 24 - 30

Captain America: Civil War in 3D

7 pm nightly at The Patricia

June 24 to 26

The Other Side Presents That Wall

Opening reception for the art installation. 6 pm to 9 pm at The Rainbow Room (located in The Rodmay Hotel). Also heard for the first time will be the

soundtrack by the Other-side, creating a soundscape for the art installation and bringing life to the installation.

June 25 to 26

Malaspina Men's Amateur Golf Tourney

Myrtle Point Golf Course. Register at www.myrtlepointgolf.com

June 25

PRISMA Gala Closing Concert

7:30 pm Evergreen Theatre. Conductor Arthur Arnold with finalists from PRISMA Concerto Competition.

June 28

An Evening of Wine and Art

40 Knots Vineyard and The Old Courthouse Inn present an event with Ursula Medley, 6:30 to 8:30 pm at Edie Rae's Café. \$50 includes art supplies and wine tasting. 604-483-6573.

June 29

Last day of classes SD47

Panicked? See Page 19 for a round-up of fabulous programs for Powell River kids and teens.

Brooks Cap and Gown ceremony

July 1

Canada Day celebration

Willingdon Beach 1 to 5 pm. Fun for the whole family! There will be live dancing and entertainment, local food and sales booths, cake, two bouncy castles (yes 2!), petting zoo, face painting, and more.

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Powell River Tarot: a community reading, by Teresa Harwood-Lynn

Teresa is available for individual readings, parties and special events.

You can contact her directly at 604-485-5620 or by email at teresaann@telus.net

Have you ever gazed up and wished upon a star, or tried to get your bearings by searching the night sky?

This month's card, The Star, is about all of that and more. It falls after two of the darkest cards in the deck and offers us a beacon of hope, inspiration and guidance.

The Star shows a naked woman on one knee pouring water from two jugs. Her nakedness is a symbol of our vulnerability and lets us know that we have arrived at a place in our lives where we have nothing to hide. The pouring of water symbolizes healing, cleansing and renewal.

The card has one large star and seven smaller ones. The seven smaller stars represent our seven chakras and the larger one with its eight points, our inner strength.

On a branch in a tree sits a bird, some believe it is the Bennu bird, a bird of self creation and a symbol of rejuvenation. Others believe this bird to be the Ibis, a bird of thought and that the tree is a representation of our mind.

The Star is a beautiful card encouraging us to be ever hopeful and reminding us that light always comes after darkness. Just like many beautiful things however, it is not always the most practical card. If you have found yourself "wishing upon a star" ask yourself what practical steps are you taking towards making your wish come true.

When you find yourself on a roller

coaster of life's challenges the eight points of the star are there to remind you of your own inner strength.

Lacking self confidence? This card is about being comfortable in your own skin. You can expect your self esteem to be on the rise.

The celestial nature of this card encourages us to look outside ourselves and up to the heavens for guidance. Sometimes it's in the letting go that we find answers to difficult situations.

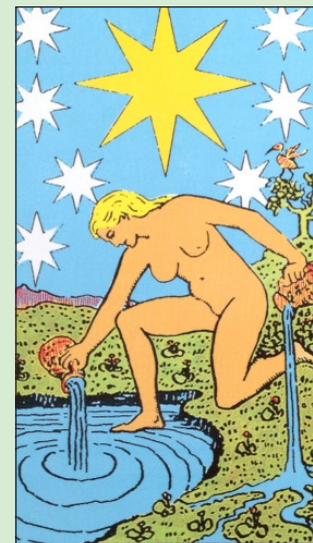
The Star lets us know that all things are possible. This month it's as if the stars and heavens have teamed up to make it so. We have the perfect combination of hope and inspiration.

Last month I promised we would look at the major arcana. Arcana means deep secret or mystery. These cards are considered the archetype of human nature and when seen in a reading are given more weight than those of the minor arcana.

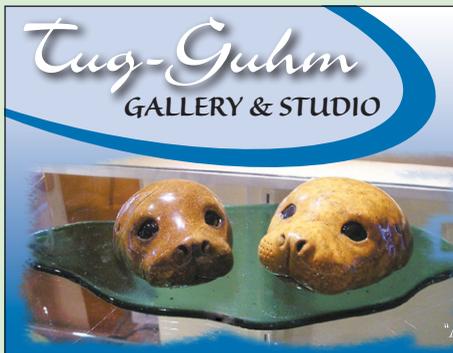
Of the 78 cards that make up the tarot, 22 of them belong to the major arcana. They begin with "The Fool" and end with "The World".

Each card represents part of our journey through life with all its trials and tribulations.

While the cards are sequentially numbered, they, just like real life events, don't always fall in an order that is ideal or that makes sense; but they always fall in an order designed to help us grow.



The Star
INNER STRENGTH
HOPEFULNESS
SELF-ESTEEM
LETTING GO
POSSIBILITIES



Tug-guhm... "sun" in coastal Salish, is also the name of Debra Bevaart's studio gallery. The gallery is a showcase for more than 40 local artists, with a theme of strong coastal imagery. Debra's own stone sculptures are brought to life on-site.

10 am to 5 pm • Every day

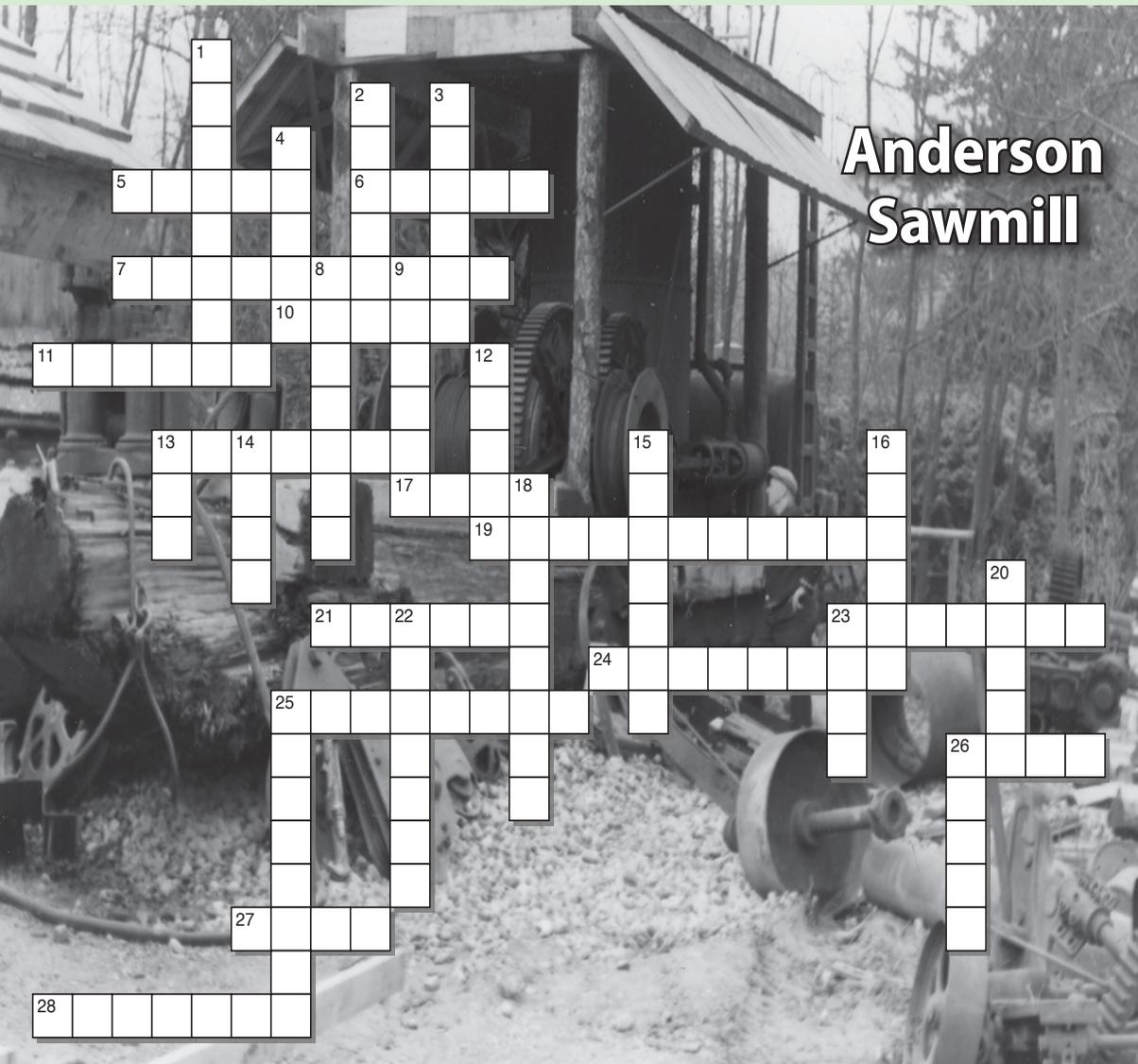
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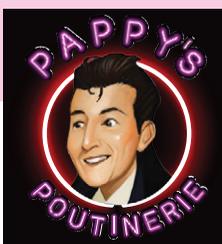
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Across

- 5) Wall art media
- 6) Sawmill's home
- 7) Andy's right-hand woman
- 10) Big wall art
- 11) Mule, or engine
- 13) Rescue logs, or ship, from loss
- 17) Corrosion
- 19) Roofing plant, or pub
- 21) Place for history
- 23) Bring back
- 24) Andy _____
- 25) Change maker, mill
- 26) Museum's Fimmamore
- 27) For rails or suits
- 28) Clara's meaty sport

Down

- 1) History, cultural tradition
- 2) Tree falling warning
- 3) Lake where Andersons operated mill
- 4) Engine's power source
- 8) Andy's mill went to
- 9) Legal practitioner
- 12) Clara's attire in wall art
- 13) Wood-cutting tool
- 14) Cut tees
- 15) Cutting and hauling trees
- 16) Museum curator, not silver
- 18) Bucksaws author
- 20) Blacksmith's fire
- 22) Museum curator, or hockey grail
- 23) Lumber carrier name
- 25) Block for mural
- 26) Mural artist Janet



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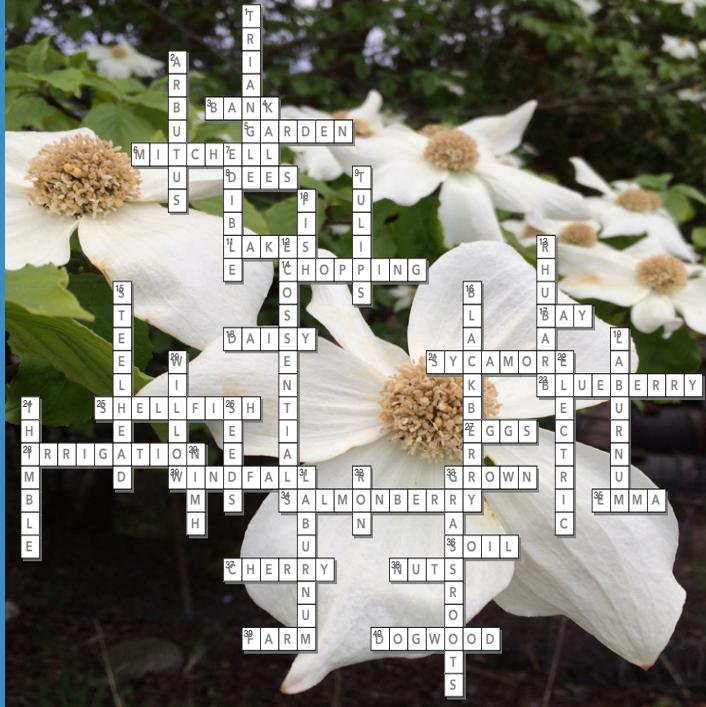


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I

cried.

I cried the last time I nursed my baby; I cried when my youngest son graduated from preschool and I cried when I dropped my oldest son off at kindergarten for the very first time. I also cried when I was told that same son received an award for top grades in Vancouver Island University's (VIU's) Culinary Arts program.

I don't cry all the time but there are times when I am so overcome by emotion that the tears just flow. Those moments catch me by surprise, like the latest one. I was at Brooks, on my way to interview Jeanette Scott about the upcoming celebration of *Written as I Remember It*, when I learned my son had won an award.

Tears are a response to strong emotions and every time I cried, I was overcome with the love I feel for my sons.

It seems like the ending (or beginning) of one phase of my children's lives strikes an emotional cord with me.

I'm sure lots of parents will cry as they watch their children graduate this year. And so they should; it's a proud moment, a rite of passage as your child finishes one phase of his or her life and enters the next phase.

Tears are often shed when we least expect it. Last month I attended the Blanket Exercise at VIU. A group of 30 of us of all ages were there to learn more about aboriginal history.

I think everyone expected they'd have a better un-



derstanding of the past - but I don't think most of us were prepared for how our herats would feel.

It's one thing to learn about aboriginal history from a textbook. It's quite another thing to feel and understand history on an emotional level.

The dramatic presentation had participants standing on several large blankets spread out on the floor. Facilitators talked about the history of Canada and how life for aboriginals changed after Europeans arrived.

Every time another treaty was signed the aboriginals' land mass (and our blankets) shrunk. Land was taken away from them and the area they had to live on was reduced.

We were told how smallpox devastated aboriginal populations with mortality rates ranging from 50 to 90 per cent. Blanket ceremony attendees were removed from the circle entirely to show how this one disease decimated the aboriginal population.

Some of the events that occurred in the past were so powerful that when read, moved people to tears. Before attending the Blanket Exercise, I hadn't given much thought as to what it might be like to be an aboriginal.

But that all changed and because of that, I now have a different perspective which helps me understand.

And for me to truly understand, I need to understand something on both an emotional level as well as an intellectual level because then I can feel with my heart and know it in my head. **PRL**



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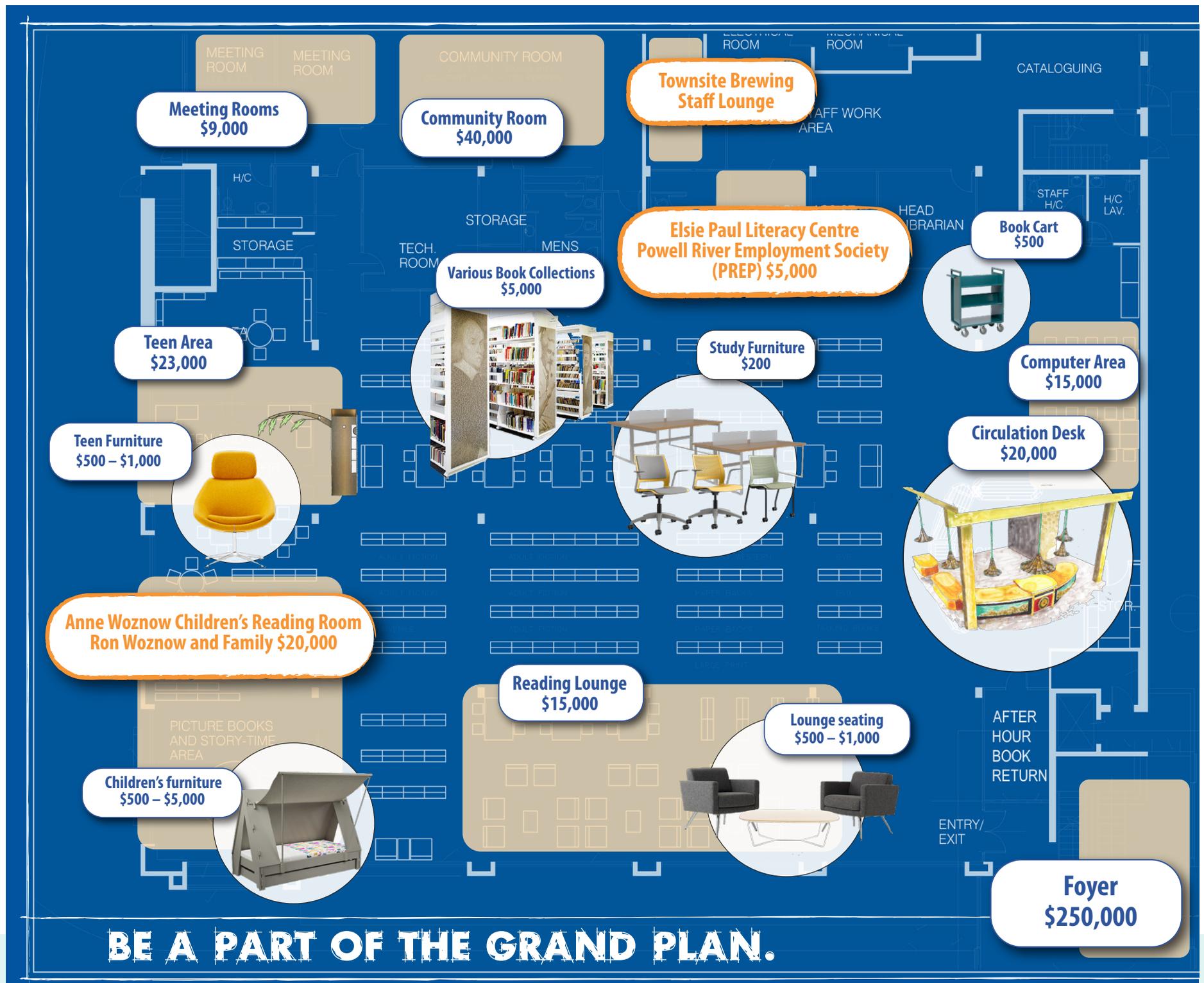
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