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The dinner will be catered by Executive Chef, David Bowes starting with an incredible seafood appetizer bar including Totem Sea Farm sablefish and local prawns from Pebble Beach Prawns, followed by a delicious buffet dinner. Live auction items will include exciting trips, fishing adventures, original artwork and jewellery.



5:30 pm • Reception & Silent Auction
7:00 pm • Dinner
8:30 pm • Live Auction



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April 2015

Bringing them back
stream by stream...

The PRRD, Sliammon First Nation & the City of Powell River want to hear from you. Please join September's

RECREATION CONVERSATION

What is this?

The launch of the Expanded Regional Recreation Initiative Study.

What's it about?

The PRRD, Sliammon First Nation and the City of Powell River are exploring models of working together to provide facilities and programs. This consultation and study builds on the 2014 Regional Recreation Initiative Study conducted by the Powell River Regional District (PRRD). This larger study will also be used as a guide to plan parks, recreation and culture services for the next ten years.

You want to hear from me?

We're hoping you'll tell us what's already working for you, what needs to be changed, and your

ideas for improving recreation in the region. With your assistance we can plan for the future. Please take this opportunity to be heard. We want and need to hear from you.

The nitty-gritty

This September, we're hosting the first series of focus group meetings at the Recreation Complex. Each will have eight participants. Preregistration is required. There is no cost to participate. Please register as soon as possible by calling the recreation complex at 604-485-2891.

Watch for further information on additional focus groups, which will be hosted throughout the region.



Tla'amin First Nation
SLIAMMON FIRST NATION



POWELL RIVER REGIONAL DISTRICT

We need your input!

Please pre-register ASAP for the focus groups by calling the Recreation Complex at 604-485-2891.

September 8th

- 6:15 pm Aquatics - Pre-School Programs
- 7:45 pm Aquatics - Youth Programs

September 9th

- 6:15 pm Aquatics - Adult Programs
- 7:45 pm Aquatics - Public Swimming

September 10th

- 6:15 pm Pre-school Programs
- 7:45 pm Youth Programs

September 11th

- 6:15 pm Adult Programs including Sport Leagues
- 7:45 pm City Beautification

September 12th

- 9:00 am Public Skating
- 10:15 am Fitness Classes
- 1:00 pm Weight room
- 2:15 pm Provide suggestions on the Complex

September 17th

- 6:15 pm Citizens who do not use Parks, Recreation and Culture Services

September 23rd

- 6:15 pm Parks and open space
- 7:45 pm Seniors

“Think and wonder, Wonder and think.”
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Due to contest regulations we were unable to award our second prize to the *Why I LOVE Powell River!* contest entrant. We would like to award the prize from Terra-centric to this great sunset shot by Barb Kuntsi which receives an Honourable Mention. Our apologies for any confusion.



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ON THE COVER

Powell River-raised model Emily Bruhn was back in town visiting, in between shooting a new movie and her modelling career.

Photo by
Pieta Woolley



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What activity or course would you like to try this fall?



"I don't plan on having much free time in the fall, if the Blue Jays make the post-season. But if I did have time to add one activity, it might be pickle ball - just to see if I could run around without hurting anything."

DON MITCHINSON moved to Powell River three years ago after a visit. He volunteers at CJMP-FM and the Curling Club. Even living off-grid with his wife and two dysfunctional dogs, he still manages to find time for hockey pools, watching Blue Jays games and driving up the road to go curling.



"I'd really like to take the Spanish refresher course but unfortunately it conflicts with my volunteer work with the Stroke Recovery Club. I guess my new activity this fall will be being a grandma for the first time!"

JAN RODONETS and her husband, Ted, have been organizing the Powell River Terry Fox Run for 12 years. Their daughter, Jody, was a Terry's Team Member in 1992 when she was 11 years old. She had had leukemia twice by then. She was diagnosed four more times and passed away in 2002 when she was 21. Starting in Grade 3 with a class penny drive, Jody was involved in fund-raising for Children's Hospital, Variety Club and Terry Fox. Jan and Ted and their hard-working Terry Fox committee are hoping this year, the 35th Anniversary Terry Fox Run, will have the best turnout ever. The 25th Anniversary Run saw 454 Powell Riverites taking part so this year they are aiming for 455! They want everyone to remember that Terry Fox didn't peak out of his van and check the weather before deciding whether or not to run that day. He ran close to a full marathon every day for 143 days.



"The manly art of self-defense, also known as boxing, with Les Vegas at the Powell River Boxing Club."

ALEX SOUTHCOTT is a Grade 11 student at Brooks Secondary School. He participated in the Leadership Ecology Action Program summer camp in July and came away feeling exhilarated and empowered. In August, Alex and a friend did their first major hike together.



"I am taking a Labour Relations certificate course through Queens University."

PADDY TREVOR is a craft beer enthusiast who has been involved with the BC craft beer scene since the mid-1990s. He has worked in the industry, contributed articles to numerous print and on-line media outlets, is the author of the award-winning VanEast Beer Blog and is a well-known advocate for all things craft beer in BC. Paddy also helped found the Powell River Branch of CAMRA BC and is currently the branch's president

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PUBLISHER'S MESSAGE

Facing challenges helps build character

When my 16-year-old son Alex told me he wanted to be airlifted off Tin Hat Mountain part-way through an epic 30-plus kilometer hike he was doing with his friend Joe, I told him to hang on, it's character building.

He didn't see the humour in my words, any more than I saw the humour in them 30 years earlier when my father shared them with me.

Challenges like your first big hike (see story Page 22) are about more than simply checking off the box on your to-do list. Exploring the beautiful Sunshine Coast Trail and discovering what exists in our own backyard is amazing, but hikes, marathons and other physical challenges are about much more than simply reaching the finish line. They're also about the journey of self-discovery we make along the way.

They are (yes Dad, you were right) character building because they're fraught with challenges like running out of water, hiking in the pouring rain, and being so exhausted that all you want to do is fall asleep on the trail with a 50-pound-pack on your back.

These challenges test your character and patience but they also help prepare you for other more important challenges you will face later in your life.

We will all be challenged at some point. Some, like young Cooper Jones and his family, are challenged more than others. But the measure of a person isn't merely about the challenges they face, it's about how they handle them.

As I read through the Terry Fox run story on Page 9, I was struck by how the Jones family made the best of what was obviously a very difficult time. They were filled

with love and gratitude for all the good things that happened after they found out their Cooper had a tumour.

Maintaining a positive attitude is also important as students head back to school this month. They'll be facing all the challenges, uncertainties and anxieties a new school year brings but there will also be rewards and many, many, opportunities too.

When you're able to stay positive and remain grateful, your outlook changes. Everybody will face obstacles and be challenged to different degrees by life but those who face their challenges with integrity build character along the way. 

ISABELLE SOUTHCOTT | isabelle@prliving.ca

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The advertisement features a background of solar panels under a bright sun. The text is overlaid on the image, with the main headline in large, bold, blue letters. The company name 'VALLEY' is in a large, blue, sans-serif font, with a red house icon to its right. Below the name is the company's full name and contact information.

Class Act(ress)

Brooks grad Emily Bruhn swept back through Powell River – her first trip home in two years – in August. She’s been busy since she left for university at 18, picking up two degrees, and reinventing herself as a model and actress. This fall, she’s shooting her first lead role in a feature film: *The Perfect Pickup*, directed by Canadian actor Chad Rock. *PRL* caught up with her and her dog Goldy, and photographed them around town. She even makes the mill look good. (See *PRL*’s Facebook page for more pics from the shoot.)

Name: Emily Rose Maddison Bruhn

Born: Vancouver, BC

Family: German on my father’s side and English on my mother’s.

Occupation: Model/Actress

Pets: Goldy – the world’s cutest and most spoiled Pekapom (that’s a Pomeranian Pekingese cross).

Favourite movie: *Velvet Goldmine* and *The Great Gatsby*.

Favourite musician: I really love INXS and Kid Rock (his soulful country music, not the angry stuff) and I’ve also been listening to a lot of Elle King lately.

Coffee, tea or whiskey? Tea! Every country has it so it’s a ritual I can enjoy no matter how far from home I am.

Facebook or Twitter? Facebook for keeping up with friends and Twitter for the necessary evil of self-promotion but Instagram is really my social media of choice, you can follow all of my modeling escapades there (@Emily__Maddison and yes, that’s two underscores!).

Thing I miss the most about Powell River: So much! Picking blackberries off the vine, going to the beach and often being the only person there, swimming in Sliammon Lake and saying ‘hello’ to every person you pass on the street.

If I was in charge of everything, Powell River would: Have free and reliable ferry service for all!

The biggest difference between how I dressed when I was going to school and how I dress now is: I’m sure I make just as many fashion faux pas now as I did then, the difference is that I’ll be blissfully unaware of my current ones until I’m about five years in the future looking and back and shaking my head.





STEAMY: Powell River's top exports: models, including Emily Bruhn and Vienna Romalis (in last month's PRL), and paper for the magazines they grace.

The favourite thing in my closet right now is: My wedding dress. They say you only get to wear it for one day but that is not true. If I'm home alone I am wearing that dress for anything and everything – cleaning, cooking, practicing lines, twirling in front of the mirror...it's the grown up equivalent of the child who refuses to take off their Halloween costume.

If I could change one thing about my physical appearance, it would be: The older I get the more accepting I've become of my physical appearance; that being said if I could go through life never having to deal with another pimple I wouldn't be complaining!

Best thing about my job: Getting to travel the world and work with some of the most fascinating people in it. I've literally woken up not knowing what I was going to do that day and been on a flight to Europe three hours later. There's something wonderful about having a job where you never know what's going to spontaneously unfold in a given day.

Worst thing about my job: It eats up my personal life. I'm away from my home and the people I love A LOT. Birthdays, holidays, weddings – I miss the vast majority of them. There is no scheduled vacation time; you have to be willing to drop everything and everyone at a moment's notice and that takes its toll on relationships.

If I wasn't model, I would be: A counselling psychologist – I love the way the human mind works, it fascinates me.

Advice for an aspiring model: Know that there is a market for every kind of model; it's not about changing how you look or behave to suit an agency it's about finding the right market/clients/agency for you.

The one thing everyone should do in front of the camera to look better in photos is: Think happy thoughts, they will radiate out of you!

The best advice I've ever received was: "Now is your time." Because it is, for all of us, every second.

The most important thing I learned in school was: I was extremely shy in school so I spent a lot of time just thinking and observing others. I think that gave me a good ability to read people and that really helps me now as I have to work with a tremendously diverse range of individuals from all over the world who often speak languages that I don't!

The last book I read was: I have been reading and studying the script for the upcoming feature film I'm acting in – *The Perfect Pickup*. Watch for its release next summer!

To live a balanced life, I try to: Keep everything in perspective. I love looking at Pale Blue Dot – the image of Earth taken from six billion kilometres

away – it makes me realize that whatever we do or don't do with our lives is pretty inconsequential, so I should stop stressing and just be happy!

My fiancée drives me crazy when he: Tries to decorate our home. I recently came home to find two rusty old hand saws lovingly positioned on our fireplace mantle, he says they're art, I say they're an unsightly hazard.

If I could solve one world problem, it would be: If we could just stop hurting each other that would be a big step forward; it's not acceptable on the playground so how can we possibly think it's acceptable on the global playing field.

Favorite places travelled for work: The sand dunes of the Canary Islands, a remote lakeside resort in Portugal, cliff side mansions in South Africa, breathtaking beaches along the Black Sea in Turkey, an old stone castle in Chile and the beautiful island of Cyprus are some especially memorable ones. The more I see of the world the more I realize just how much is out there to explore!

Upcoming projects: I've booked a role as the female lead in the upcoming movie *The Perfect Pickup*, a comedy written and directed by Canadian actor Chad Rook. Four guys set out to find the perfect way to pick up women and some pretty crazy antics ensue; my character may or may not fall prey to some of their tactics! It's tentatively set to release in summer 2016. **PRL**

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Open House

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For more information call Linda at 604-483-9210

Toast to the Coast meets every Tuesday
7 pm at the Cranberry Seniors' Centre
Find us on [f](https://www.facebook.com) at "Toast to the Coast"

Tug-Guhm GALLERY & STUDIO



Tug-guhm... "sun" in coastal Salish, is also the name of Debra Bevaart's studio gallery. The gallery is a showcase for more than 40 local artists, with a theme of strong coastal imagery. Debra's own stone sculptures are brought to life on-site.

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"A UNIQUE STOP AT THE END OF THE ROAD"

I BOUGHT THE HOUSE

At home, with colour

A painter finds the ultimate simple studio-home in Westview, in PRL's inaugural **I Bought The House** feature, a peek inside local real estate.

Since she bought her first Powell River home on July 8, artist Carmen Gehring, 66, has already made the property her own. Her paintings – detailed, character portraits and florals – and the folk art pieces she's collected from around the world, pop from living room to laundry room. Shades of fuchsia and yellows in her collections echo the full view of the sunset from her living room.

The tidy, post-war, three-bedroom, two-bathroom home on Huntington Street (Westview) was listed May 24 for \$249,000, and Carmen bought it just six weeks later for \$232,000.

The home sold for the first time in decades three years ago and the new owners renovated, updating the kitchen and adding thick wood accents to the living area. Now, the home's inherent simplicity, natural elements and functionality have come together, making this home-studio an inspiring place for this artist to call home.

Where did you live before? • Parksville — I just moved here two weeks ago! My sister's son Ezra co-owns Myrtle Point Heritage Farm, and I came to visit them earlier this year. I just fell in love with Powell River. My sister and brother also live here, and I wanted to be close to family.



MADE FOR POWELL RIVER: Carmen Gehring transformed a Westview family home into a functional, beautiful studio. Above, she holds a papier maché babushka; inset, a lovingly-crafted braided rug; inset, a detail from a floral painting.

I listed my home in Parksville, and to my surprise, it sold the next day.

What were you looking for here? • I thought I wanted something in town, but I just wasn't finding anything. I looked at six or seven places in Wildwood and Cranberry. All over. I even considered Lund! Brandy (Peterson of Coast Realty) guided me through the roller coaster and kept cool, even when I didn't.

Why this place? • Even when I drove up the driveway, I liked the look of it. It's not particularly pretty on the outside, but it had a cuteness to it. It just touched me. Then, when I saw the beautiful reno, with the kitchen, the walk-through [which opens up the kitchen and living space], the wood enhancements, the chandelier, the view of the ocean, it was right.

Now that you're in it, what's working for you? • The space. Downstairs, there's room to work, to do papier maché. And to store things [an entire room downstairs is currently devoted to storing her paintings, wrapped

in brown paper]. Upstairs, what was meant to be the main bedroom will be my studio. And the living space is separate. Outside, I love gardening. I'm digging around, and painting the outside. It's something to keep me going for a while!

What's your favourite piece of decor? • This one [the babushka she's holding in the above photo.] I made her about 10 years ago, when I started getting into papier maché. My background is Eastern European, and the folk art from there and all over the world inspires me: Mexican, South American, especially. I love the rich beauty and the colourfulness.

What's next? • I have one son, and he and his family live on Vancouver Island, though they're thinking of moving to Texada or here. I'd love it if they can be closer. I'll be opening my home as part of the Powell River Studio Tour next year. Also, it's a shot of inspiration moving to Powell River. I see paintings and characters everywhere here. All I see is potential. **PRL**



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35th Terry Fox Run Local survivor, age 6, will fire starting gun

BY JAN RODONETS

In July of 2014, five-year-old Cooper Jones had just completed a fun year of kindergarten at Westview Elementary School. His mom and dad, Tanya and Lloyd, became concerned when Cooper complained of a sore neck and said he didn't feel well. After several tests, a CT scan showed a large brain tumour. An air ambulance flew him to BC Children's Hospital and two days later, surgeons removed the tumour.

Lloyd said doctors told them Cooper might be left with speech problems from the surgery, so they would have to be pre-

pared for that possibility.

They were thrilled when Cooper's first comment upon waking from the anesthetic was "When am I going to get something to eat?"

Cooper is this year's Terry Fox Team Member for the 35th Anniversary of the Terry Fox Run. A Terry's Team Member is someone who has had a personal diagnosis of cancer and is at any stage of his or her treatment or recovery.

Cooper will be wearing his red cancer survivor shirt and will say a few words before the run begins on Sunday, September 20. He'll also get to shoot the starter gun.



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5:30 to 7:30 pm

Must RSVP.

Call the Chamber at 604 485-4051
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Hosted by the Powell River Chamber of Commerce
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After surgery, the family returned to Powell River for a few weeks before starting the next phase of Cooper's treatment. They arrived home to balloons in the trees, yard work done, and lots of Lego!

The Olive Devaud staff had put 16 home-cooked meals in their freezer. There was also a special gift, a beautiful Lego quilt make by RN Georgie Brewer and signed by the staff at the Extended Care Unit where mom Tanya worked.

The family returned to Vancouver for the next phase of treatment – 33 sessions of radiation. Specialists made a mask specifically for Cooper to keep him in the proper position for the radiation.

Tanya said staff at the BC Cancer Agency were wonderful and Cooper looked forward to going each morning, five-days a week and putting a sticker in the book they gave him.

When the wife of a technician heard that Cooper was a Star Wars fan, she made him a Yoda mask!

Thanks to many donations, the family received tickets to visit the zoo, aquarium, Science World and the PNE as well Canucks, BC Lions and Whitecaps games. These fun diversions are much appreciated by kids and their parents in the midst of some difficult days of treatment.

At Ronald McDonald House, each bedroom has a mailbox. Cooper was thrilled to find his stuffed with mail from friends and family. His school buddies drew him pictures and wrote messages. The staff said nobody got as much mail as Cooper. The neighbourhood kids even had a bottle drive and sent the proceeds to him so he could have money to do fun things in Vancouver.

Cooper celebrated his sixth birthday at Ronald McDonald House and when he was asked what he'd like for his birthday dinner he replied, "I'd like breaded oys-

TERRY FOX RUN

The run takes place Sunday, September 20 at the Powell River Recreation Complex, lower level. Registration begins at 8:30 and the run starts at 10 am.

To help, visit terryfox.org to register to run or walk. Invite a friend; we'd like to break our attendance record this year. Visit our Facebook page - Terry Fox Run 2015 - Powell River. Buy a t-shirt or sponsor someone. Encourage cancer survivors you know to register at terryfox.org and click on Cancer Survivors to receive a free red t-shirt.

ters." It was the first time his family ever had to go to the grocery store and actually buy oysters.

Cooper is calm and direct when talking about his illness. One day his parents took him to a Lego store and the greeter asked Cooper where he lived and if he was celebrating a special day. Cooper answered, "I had a brain tumour last year and I'm getting checked to see if it has grown back."

When Cooper's kindergarten teacher, Brenda Butula, visited Cooper last summer as he was recovering, his matter-of-fact attitude was evident.

"He welcomed me into his home and talked about his time in the hospital. His stoicism and strength gave me the strength to be strong during our little visits," said Brenda.

Tanya and Lloyd can't thank Powell River enough for all the support their family has experienced. They moved here six years ago not knowing anyone and have no family here. They say the huge outpouring of support and friendship has been unbelievable.

Cooper is doing well and will soon be starting Grade 2 at Westview.

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Thank-you! Tanya and Lloyd Jones wish to thank all the wonderful people who helped us when our son Cooper was so sick. Your love and support made a huge difference to our family!

We especially wish to acknowledge:

Olive Devaud staff	Powell River General Hospital
Extended Care Unit staff	BC Children's Hospital
BC Cancer Agency	Malaspina Fire Department
FortisBC	Powell River Fire Rescue
Ronald McDonald House	Powell River Ambulance Service
Westview Elementary School friends & staff	Friends & family in our neighbourhood
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BY PADDY TREVOR

Once upon a time, ordering a beer was a simple process. Brand and style did not matter as all the beer was generally the same style, American-style lager, and the taste differences between the brands was minimal if there was any difference at all.

But all that has changed and today's selection of beer can be daunting to say the least. The rise in popularity of craft beer, and the explosion of breweries that are producing beers in BC, has produced an overwhelming selection to choose from.

The good news is that with hundreds of recognized beer styles, and many variations of these styles being produced by creative and adventurous brewers, there is literally a beer style and flavour to please every palate.

A great way to explore craft beer is to attend a craft beer festival where you can sample 4-5 oz samples of a

CAMRA BC - Powell River

- CAMRA is an acronym for The Campaign for Real Ale of British Columbia – Powell River Branch.
- CAMRA BC is a consumer advocacy group, with five active branches, funded by membership fees and completely independent from the craft beer and hospitality industries.
- There are approximately 1,600 paid members of CAMRA BC with close to 100 of those members belonging to the Powell River Branch which was founded in 2013.
- CAMRA Powell River organizes several craft beer related events every year, is starting and supporting the CAMRA Powell River Homebrewing Club, will be organizing craft beer education classes in the near future, and is a proud supporter of various community groups.

2ND ANNUAL CAMRA - PR CRAFT BEER FESTIVAL

What: Approximately 15 craft breweries, two cideries and two artisan distilleries will be pouring their products for locals to sample.

Where: October 3rd, 3-7 PM at the Beach Gardens Resort

More: To get more information go to www.camrapowellriver.ca or e-mail CAMRA Powell River's president, Paddy Trevor, at prespowellriver@camrabc.ca

variety of different beers for a relatively cheap price. The Campaign for Real Ale of BC (CAMRA BC) - Powell River Branch is hosting such a festival, October 3rd, 3-7 PM at the Beach Gardens Resort, where approximately 15 craft breweries, two cideries and two artisan distilleries will be pouring their products for locals to sample.

If new to craft beer and different beer styles, there are a few basic rules that may help make the experience more pleasant and help you find the beer that's right for you.

A general rule of thumb is go from lighter coloured beers to darker, but there are exceptions to this as many sour beers and India Pale Ales (IPAs) are light in colour but with very intense flavours that will dominate the palate. Styles like lagers, pilsners, saisons, kolshes, wheat beers and fruit beers should generally be tasted first. Having said that, dark beers look formidable, and often can be if they are labelled Imperial, but many stouts and porters are surprisingly low in alcohol, smooth and rich in flavour and not as carbonated as other beer styles.

Next, pay attention to the IBU count of the beer. IBU stands for International Bittering Units, a scale that runs from 0-100. The higher the number, the more bitter the beer. IPAs have notoriously high IBU counts so beware. If one is accustomed to drinking light lagers, this style may be too over-powering at first.

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TOWNSITE BREWING FACTS: Established in 2012, Townsite employs 11 people and is 100% owned and operated by locals • Donates \$1 from each growler fill to a different local charity each month and have donated close to \$25,000 to local groups and charities. • Townsite currently is brewing the equivalent of half a million pints of craft beer a year and has brewed 23 different beers since opening its doors • Townsite's Beer Engineer, Cedric Dauchot, is the only Belgian Brewmaster in Canada west of Montreal.

Pay attention to the ABV (alcohol by volume). Many craft beers are much higher in alcohol content, many ranging from 6.5 to well over 10%.

Traditional American-style lagers are usually about 5%. Beers with the words Imperial or Double in the title are stronger, more intense versions of the beer style represented with much ABVs. Beers from the style called Barley Wine are usually 10% plus and pack a real punch.

Also, pace yourself. It is very easy to consume a large number of "tasters" (three to five ounce pours). Yes, these look like tiny amounts of beer you are consuming, but the effects can catch up to you quickly and are often not anticipated.

If there are "cask-conditioned" beers being offered, make sure to try these. Cask conditioned beer, known as real beer or real ale, is the "Holy Grail" of beer for the aficionado.

These beers undergo their second fermentation in the vessel they are served from, have no artificial gases added to help push the beer out of the vessel therefore have a velvety feel and mellow taste. Cask beers are usually "one-offs" with their own unique flavour profile and characteristics. Again, pay attention to the IBU count and ABV.

Above all, have fun, be adventurous, don't be shy about asking those serving questions about the beer and most importantly, drink responsibly. **PRL**

Craft Lingo

IBU International Bittering Units are a rating scale, from 0-100, which measures the bitterness of the beer. The higher the number, the more bitter the flavour. India Pale Ales are famous for higher IBUs.

IPA Is the short form for India Pale Ale, a style of beer originating in England and which is notorious for having a high hop content and a floral, citrus bitter taste.

ABV This signifies Alcohol by Volume, which tells you the alcohol content of your beer. The higher the ABV, the higher the alcohol content.

Cask Conditioned Cask conditioned beers undergo their second fermentation in the vessel from which they are poured, usually referred to as a cask, and are only carbonated by the natural CO₂ which is the by-product of the fermentation process. They are the "Holy Grail" for craft beer aficionados and are also referred to as "real beers."

Imperial or Double beers/ales When a beer is labelled Imperial or Double it usually signifies a beer style of higher ABV (see above) with more intense flavours than usual for that beer style. Usually, but not always associated with stouts and IPAs.



BC Craft Facts

Craft breweries, in Canada, are generally those who produce less than 160,000 hectolitres of beer per year. The majority of BC craft breweries actually produce less than 15,000 hectolitres (one hectolitre is 100 litres).

BC's first craft beer brewery was Horseshoe Bay Brewery which opened in 1982.

Today BC boasts approximately 90 craft breweries, more than 30 of which have opened in the past two years.

Craft beer accounts for approximately 20% of all domestic beer sold in BC amounting to over \$213,000,000 in sales between March 2014-March 2015.

Craft beer and craft brewery are terms invented by the craft beer industry, replacing the term microbrew and microbrewery.



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Federal Campaign 2015

Why should Powell Riverites care about this election?

Rachel Blaney,
NDP

"For the first time in a very long time the people of Powell River can vote for a person who truly understands coastal communities, rather than someone who will answer to voters in large communities far away. From the doorstep, I have heard that people in the area want a more stable economy, affordable childcare, environmental standards that are rigorously implemented and for healthcare to be protected. All of these are concerns that the NDP share and have a plan to provide."

Laura Smith
Conservative

"Powell Riverites should care about this election because it doesn't matter how far away Ottawa is: decisions there affect us here. Our Conservative Government has helped guide Canada's economy through a time of great global instability with a lot of success. We cannot be completely insulated from instability in the global marketplace, but our policies of responsible government spending, low taxes, reduced tape, increased infrastructure spending and increased trading opportunities have worked and will continue to work."

Peter Schwartzhoff
Liberal

"I've knocked on over 1,000 doors in Powell River and know that people want change. But what kind of change? Justin Trudeau and I offer you a better government not just a new one. Fairness. The very rich will pay a little more so that we can give a 7% tax cut to the middle class. We won't give money to families who don't need it so we can give more to those who do. We will support the middle-class knowing that with a little more money in their pockets, they will spend it in the community and so get our economy moving."

Brenda Sayers
Green

"Every Powell Riverite has a powerful reason to care about the election and vote Green. If you are a fisherman, logger, parent, student, senior, farmer, or if you are concerned about oil tankers along our coast, health care, education, taxes or peace in our country, the Green Party has a practical, solution-based policy to address all of these areas and more. And the truth is, the Green Party of Canada is the only party that opposes all resource development that causes irreparable harm to our environment. We have a Green policy to ensure the economy and environment are working together, not against each other."

On October 19, we'll vote as part of the new federal riding of North Island-Powell River. What do you need to know to make your choice?

Because PRL isn't a newspaper – it's a community magazine – we're offering you the softer side of the campaign this month. A simple get-to-know-you with the candidates. Watch for more issues-oriented content in October's issue.

That said, we're always surprised how much valuable information comes through, when we simply give interviewees room to reveal themselves.

So whether you're a die-hard political junkie, or would rather the whole thing went away, we hope you enjoy our four candidate Q&As (next page). They have been edited for length.

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Max Cameron Theatre line-up

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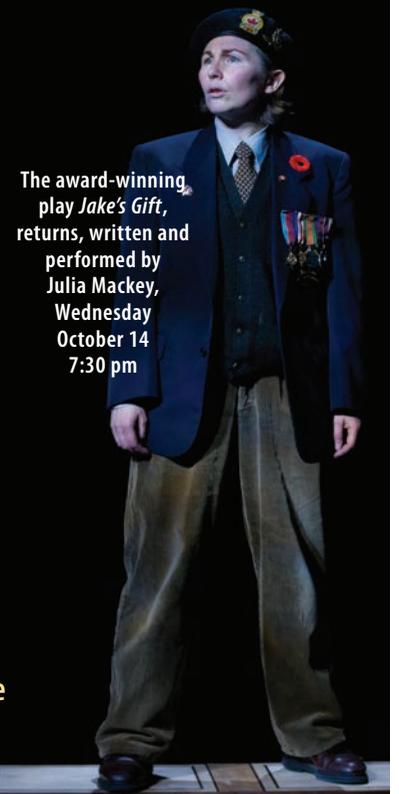
- Great Canadian Artists Live on Stage
 Jake's Gift • Wed, Oct 14
 Christine Tassan et les Imposteurs • Tues, Oct 27
 Foothills Brass Quintet • Thurs, Mar 10
 Comic Strippers • TBA
 Wonderheads • Thurs, April 14
- The METropolitan Opera Live Broadcasts 10 am
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The award-winning play *Jake's Gift*, returns, written and performed by Julia Mackey, Wednesday October 14 7:30 pm

Laura Smith, 47
Conservative Party



Describe your family • I grew up in a forestry family. We have always valued hard work, honesty and integrity and trust one another without question.

What work do you do, and what makes it meaningful to you? • I have had two careers that I have enjoyed very much. I was a Registered Professional Forester and spent 14 years working primarily

in forest stewardship. This was meaningful to me because I have always had a fascination with the natural world, but grew up understanding that the development of natural resources put food on my table. In 2008 I changed careers and began working as an advisor to my local MP. This was meaningful to me because it allowed me to use my knowledge of the

Coast to help move issues forward that benefited our region.

Education • I have a B.Sc. in Biology (Co-op) from the University of Victoria, and I took two years of forestry courses at the University of British Columbia to become a Registered Professional Forester.

Why you live in this riding –

Rachel Blaney, 40
NDP



Describe your family • Married with two teenage sons. My step-daughter also lives in Campbell River with her family.

What work do you do, and what makes it meaningful to you? • I have worked as the Executive Director of the Immigrant Welcome Centre for over eight years. With offices in Comox and Campbell River, the work has been focused on welcoming and supporting new immigrants and refugees to the region and working with them to build bridges in the community. Working in a non-profit is im-

mensely rewarding. We have worked closely with the various community members and partners to collaboratively deliver services to community members. This has allowed me to build a strong sense of how to work with the communities, how to collaborate and bring multiple voices to create long term solutions that make sense.

Education • I have a BA in First Nation and Women Studies, and a Certificate in Business Administration.

Why you live in this riding – what brought you

Some Federal Responsibilities: Canada Post • Fisheries & Oceans • Immigration • Health
Defence • Employment Insurance • Parole Board • Environment Canada • Aboriginal
ports • Firearms Centre • CPP • Royal Canadian Mint • Supreme Court • Via Rail • Na
• RCMP • CRTC • CBC • Tourism Commission • Official Languages • Correctional Services

Not Federal responsibilities: Education • Most Health Care • BC Tourism

Brenda Sayers, 55
Green Party



Describe your family • I am from the Hupacasath First Nation. My family is very close knit and we are all high achievers. We were raised to work hard and remain focused on our lifelong goals.

What work do you do, and what makes it meaningful to you? • I work in the field of Education as a Financial Administrator. I enjoy seeing the children everyday and their inner pride that shines when they sing or dance to our traditional songs. I was part of the team that fought for full funding and after 10 years we achieved our goal.

Why you live in this riding – what brought you here? • Hupacasath is part of the Nuu-chah-nulth family of nations that extend to the Northern tip of the island. This is home to me.

Your favourite thing about your spouse • John has a strong belief in me and has stood by my side through all my challenges and celebrations.

Your favourite thing about Powell River • I love the sense of community and the people are fantastic! People who I have talked to say the moment they stepped off the ferry, there was some-

Peter Schwarzhoff, 61
Liberal Party



Describe your family • Married to Loretta for 32 years. Two children: Karl, 27, is a boilermaker; Eric, 25, is an Opera Singer.

What work do you do, and what makes it meaningful to you? • I'm a retired atmospheric scientist, employed by Environment Canada for 30 years. My career was devoted to public service. Whether as a weather forecaster, a captain in the military, head of air quality research or as manager of science, it was great to go to work every day knowing that I was

serving Canadians in a tangible way. Now retired I continue to find ways to serve my community.

Education • BSc in Meteorology (with distinction) University of Alberta

Why you live in this riding – what brought you here? • I was born in Ocean Falls, but grew up in Campbell River in a paper mill family. Having lived all over Canada and in Germany, I returned to my hometown upon retirement five years ago. I still have family and friends

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what brought you here? • From my childhood living in Scott Cove on Gilford Island, to living in both Campbell River and the Comox Valley, to forestry work that has taken me to many corners of this region, I know this riding very well.

Your favourite thing about your spouse • n/a (I am not married)

Your favourite thing about Powell River • The people. There is a real feeling of resilience and persistence here, a determination to succeed. This is a place with much natural beauty, but it is the deter-

mination of people to find a way to stay here, and to build a community that is worth staying for, that I admire the most. Powell River really punches above its weight. The way Powell River has embraced the arts to build a world class showcase for music is remarkable.

Your first job • Bussing tables at a restaurant.

Your biggest failure • Have there been things I have tried to be or do and not succeeded? Of course. But do I consider these failures? No. That's my answer. But if you ask my Mom she would probably say that

I don't eat enough vegetables.

Your biggest success • I have many things that I am proud of and moments that I cherish, but I feel that my biggest success in life is that I have been willing to take risks and really push my comfort zone at times, while still being true to the person that I want to be.

One unusual thing about you • I used to be a sky-diving instructor and jumped into the Victoria Airshow twice.

here? • I have been living in Campbell River for over 17 years. I came to Campbell River, with my husband, because we wanted to build our family here. My husband is from Homalco First Nation and he returned home to take a leadership role in his community.

Your favourite thing about your spouse • Darren and I have been together for 18 years. My favourite things about him are his dedication to his community and his great sense of humour. Our lives are always busy and fun.

Your favourite thing about Powell River • My brother-in-law lives in Powell River and our family has often visited. ...My favourite thing is how vibrant, collaborative and innovative the community is. While knocking on doors, talking to businesses, and attending events, I have learned how the Powell River, Tla'amin First Nation and surrounding areas work together to build a sustainable community.

Your first job • As a young person, I ran lemonade stands and babysat.

Your biggest failure • I don't believe in failure, I believe in opportunities to learn.

Your biggest success • What I am most proud of is of raising my children. I have had a lot of professional success, which make me proud, yet it is building a close relationship with my children that is most important to me. Family must come first.

One unusual thing about you • I am an avid reader. I enjoy reading to learn about multiple subjects.

Heritage • Bank of Canada • Canada Council for the Arts • Parks Canada • National
 Affairs • Agriculture Canada • Canada Mortgage and Housing Corporation • Pass-
 Natural Resources Canada • Coast Guard • Food Inspection • Human Rights Commission
 • Federal Court • Foreign Affairs • CIDA • Health Canada • National Energy Board
 • Most Energy • Provincial Courts • Social Assistance • Foster Care

thing magical about Powell River that they felt so strongly they decided to move there. I agree. There is also a feeling of great sense of being safe.

Your first job • Like most people, McDonald's. I worked there at lunch time when I was a student at high school. Great training ground for customer service and leadership roles.

Your biggest failure • I never look at things as failures, only lessons on how I can do things better the next time around.

Your biggest success • Challenging the Canada-China FIPA on behalf of my nation. It was the best 2.5 years of my life and it was an honor to serve the people of Canada.

One unusual thing about you • My innate curiosity. I need to know things and figure them out. It's how the Canada-China FIPA court challenge was launched and what drove it.

here, and of course there is no more beautiful place than this.

Your favourite thing about your spouse • The way she quickly makes friends with everyone she meets. Say hello to her. You'll see what I mean.

Your favourite thing about Powell River • The commitment of the people to their community, and especially the commitment to the arts.

Your first job • Packing bags and stocking shelves at SuperValu.

Your biggest failure • Auditioning for Vancouver Opera.

Your biggest success • Contributing to a dramatic reduction of air emission from shipping in North American waters.

One unusual thing about you • I was once a professional photographer.

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Ginette Cloutier moved to Powell River from Nelson in March where she graduated from the Academy Of Classical Oriental Sciences with a doctorate of Chinese Medicine. Traditional Chinese Medicine is a complete medical system from diagnosis to treatment that includes acupuncture, herbology, massage, and life cultivation techniques including nutritional counseling and exercises. She recently opened a clinic on Willingdon Avenue called Ginette Cloutier, Chinese Medicine and Acupuncture Clinic.

“The sum of what we can create collectively by far surpasses what we can achieve alone. We all have unique gifts to contribute. I love to help people feel more at home in their bodies and connect to their hearts. I am hugely fascinated by the complexities of the human body, and our energetics in relationship to our environment.”

Ginette says the simple things, like gardening or Qi Gong by a creek, make her happy. “It’s easy to get bogged down by stress or constant activity, and I’m no exception. So anything I can do to slow down, be present and grounded in my body, those are the things I love to do.”

Why did you choose to move to Powell River?

Ginette • I knew I wanted to live in BC so after graduation, I spent two years travelling to different communities throughout the province. Powell River stuck with me. It was the one place that offered the lifestyle I was looking for. It has everything – nature, delicious local food, and open and conscious people.

What surprised you about Powell River once you moved here?

Ginette • I was surprised by how welcoming the com-



munity has been. I’ve moved a great deal over the years and it’s always taken me a while to really feel like I was part of that community. But that was instantaneous here; the transition almost seamless with the amount of support I’ve received since I’ve arrived. I have much gratitude for the inclusive nature of the community here in Powell River.

Where is your favorite place in Powell River?

Ginette • My favorite place changes as I discover the area more and more. At the moment, the Sunshine Coast Trail up Appleton Creek is by far my new favourite. The series of waterfalls takes my breath away.

How did you first hear about Powell River?

Ginette • I came to Powell River for the first time about 10 years ago, for the Blackberry Festival!

If you were the mayor of Powell River what would you do?

Ginette • If I were the mayor of Powell River I would plant more greenery, especially trees and bee gardens. My focus would be to revive the ecosystem here.

If you were a fly, which wall in town would you like to inhabit?

Ginette • I’m already on the best wall in town that gives me all the juicy details of what’s what... Swap N’ Shop!

What are Powell River’s best assets?

Ginette • The whole area is stunning! Powell River’s best assets are not man made.

What is your greatest extravagance?

Ginette • Beautiful, locally grown organic produce! Food is my primary form of healthcare, it can heal or it can injure. It’s my biggest and guiltless pleasure.

Which talent or superpower would you most like to have?

Ginette • What I’m really inspired by is learning about the local plants and their medicinal properties. Being a herbalist, it seems unnecessary to me to use anything other than what grows around us. I believe plants have intelligence; they grow constituents needed by those they share their environment with. I’d love to translate local herbs into the paradigm of Chinese Medicine. **R.L.**



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Curling Club 60 Years Later: Muscling in again

BY DON MITCHINSON

It was early November last winter when I walked through the doors of the Powell River Curling Club to talk to the club manager/bartender Roger Pagani. I hadn't curled in 10 years.

I was actually just looking for a lounge where the TV could be tuned to the World Series instead of Canucks hockey. Between innings and over a beer, Roger told me a lot about the club – and then setup a time for me to try throwing some practice rocks. Within a few days I was back on ice, learning how to slide without falling over. After many practice rocks thrown and a fun game afterwards, it took more than a few days to be able to walk down stairs properly again. Having fun at the time had masked my many unused muscle groups.

This year marks the 60th anniversary of the Powell River Curling Club opening its doors. The early years saw the Club plan and build the arena on the Willingdon Beach site in 1955. At the time it was meant to host curling, hockey and skating. In less than ten years, hockey and skating enrollment overtook curling and a new location for the curling arena was opened at the Beach Gardens in 1967. An early morning fire in January, 1968 burned that building to the ground before it was barely seven months old.

After several years without a curling rink, the desire to rebuild took over. In 1974, with volunteer work and donations from the mill, the Curling Club turned a former roller skating rink and Odd Fellows Hall into today's curling rink in Cranberry. The work of Don Keizer, Jack Monteith, Axel Nord and the many others who volunteered are fondly recounted forty years later.

The game and equipment has evolved over the years. A long-time volunteer, Board Member and member of two BC Junior Championship teams, Mike Cameron, remembers starting out in high school with the straw corn brooms, switching to "those loud synthetic foam brooms that would make a real racket, and finally moving to the push broom about 15 years ago."

"Within a few days I was back on ice, learning how to slide without falling over. ... It took more than a few days to be able to walk down stairs properly again."

– Don Mitchinson

Other things have changed over the years. Some rinks offer glow-in-the-dark games. For kids, there are drop-in school demo programs and smaller lightweight curling rocks. For people with back problems or who can't lift or push a rock from the kneeling position, they can now use push sticks from a standing position. The barrier to entry is still small. It's a simple sport to start up in with minimal costs. And you can play it for a lifetime.

Ken Needham remembers being a kid watching the games at the Willingdon Arena and being asked to fill in "... using only his running shoes."

To this day, you can still use your running shoes and a pull-on slider and gripper. Ken hasn't been on a curling sheet for more than five years now.

Several years ago, when asked if he'd consider returning to a curling rink using a push stick, Ken laughs when he remembers his quick reply ... "that's not really curling." But his opinion seems to be wavering, as he recalls the socializing and fun that comes with the sport. Ken's now thinking about being coaxed back to a daytime league in the fall.

Starting in late September and going until mid-March, the Powell River Curling Club will open for league play, bonspiels and practice time for all ages. I will be there, maybe Ken too. And there is always room for new faces looking for a great way to pass the winter by. **PR**

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Nightmare pup finds peace with new family



THEY JUST CLICKED: Elly Hewitt (left) fell in love with Mac, her friend Judy Brant's (right) ill-behaved rescue pup.

ISABELLE SOUTHCOTT
isabelle@prliving.ca

Sometimes pets choose their people. Mac, a Lhaso Apso cross, was adopted from the SPCA by Ian and Judy Brant, just over a year ago. He was a problem dog from the get go.

"He was tied to the lady's belt when she brought him to our house to foster," recalled Judy. "She said you have to watch him because he'll piddle."

And piddle he did. Mac lifted his leg on Judy's chairs and other furniture. "I couldn't break him of it," she said.

And not only that, Mac would bite. "A year ago if you'd walked in that door, he would have bitten you."

When Elly and John Hewitt visited the Brants, they met Mac and fell in love. "We were still missing Bacchus (their Lhaso Apso cross who died two years ago, and was featured in a Powell River Living story in 2013).

"We'd get together for coffee and right from the very beginning Mac just took to John and me like we were family. It was love at first sight. In fact, it was like having Bacchus reincarnated."

Elly liked the dog so much that she told

Judy if things don't work out between her and Mac, she'd like to have the dog.

Judy had Mac for just over a year before she gave up. The dog wouldn't settle, he peed all over her furniture and bit people. Finally she said: "I'm giving him back to the SPCA. My living room smells like a barn!"

Elly said: "No way. I'll take him."

Mac settled in his new home quickly. He hasn't peed inside and he hasn't bitten anyone. "He's loving her and I'm happy he's happy," said Judy.

"He's part of our family now," said Elly.

Judy thinks that Elly's quiet presence has a calming effect on Mac. She knows that the dog was taken away from his mother too soon and spent the first year of his life in a large, noisy family environment.

Elly has had Mac around her grandchildren and he is fine. She is convinced that he experienced post-traumatic stress.

"I was nervous at first because we have great-grandkids here. My aim is to socialize him with kids and other dogs and we are taking it very slowly." **PR**

POWELL RIVER ARTS COUNCIL GRANT PROGRAM

THE ARTS COUNCIL...

Powell River Council for Arts, Culture and Heritage invites applications for its **Fall 2015 grant program**. Any organization involved in arts, culture or heritage in the Powell River community may apply for support for a local project.

Applications and funding criteria are available online at:

www.PowellRiverArtsCouncil.com

or may be picked up at the Patricia Theatre.

APPLICATION DEADLINE

Wednesday, September 30, 2015 4:30 pm

GRANT AWARDS

will be announced by Friday, October 30, 2015

For more information, please email **prcac@shaw.ca** or **info@powellriverartscouncil.com**



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Fee: \$175 +\$45 membership Full gear & stick

CanSkate - Learn to Skate

Dates: September 21 - December 7
Mondays and/or Thursdays 6:00pm - 6:45pm
Fee: One day per week \$160 + \$45 membership
Two days per week \$205 + \$45 membership (plus \$20 volunteer levy) Ages: 3 & Up

Fall Hockey CanPowerSkate Camp

Dates: September 22 - December 7
Ages: 6 to 8 (Novice players) Full gear & stick
Time: Tuesdays, 3:45 - 4:30pm
Fee: \$160 +\$45 membership (\$45 N/A if in Pre-Season Camp)

Registration Dates and Times

Powell River Skating Club and Skate Canada Camps and Lessons

Saturday, September 19th from 11am to 1pm

Information Contact:

Nicole 604-487-0418

email: rumleysk8@shaw.ca

CANSKATE is also a pre-entry into Figure Skating. Interested skaters can then advance into Star Academy.



He had joy, he had fun... in Powell River

As summer draws to a close, you may find yourself wistfully humming “Seasons in the Sun,” the top hit of 1974. With over 14 million copies sold – one of the top-selling songs of all time, and in-league with ABBA’s Waterloo and Michael Jackson’s Thriller – it’s an inescapable tune. But there are two things you may not know about the song.

First, it’s an adaptation from French songwriter Jaques Brel’s song Le Moribund, about the singer’s adulterous wife and her lover (the 1974 English version is about dying in the prime of youth: “We had joy, we had fun / We had seasons in the sun/ But the stars we could reach/ Were just starfish on the beach”).

Second, the “Starfish on the beach” Jacks is referring to are – wait for it – Powell River starfish.

Back when Terry Jacks was in his early 20s, he lived in this region, and often practiced with his new band The Poppy Family at “The Dugout,” the basement of the St. Gerard’s Catholic church, in Wildwood. Some remember it as “The Grotto.”

The basement, at the time, was evidently the ‘in’ place to hang out. Earlier this year, some parishioners gave it a facelift and a fresh coat of paint, and began chatting about The Poppy Family era there; they gave PRL a “heads-up” to do this story.

Coincidentally, this summer Jacks is releasing a new album called *Starfish on the Beach*, in honour of 40 years since Seasons changed his life. In an interview with PRL, he recounted some of his memories of living and giggling around the region.



FROM WILDWOOD TO HOLLYWOOD: Terry Jacks and his band The Poppy Family once lived in this region, enjoying the fishing, hunting, and the groovy 1970s scene underground in Wildwood.

“Powell River is a neat place,” he recalled. “I wrote some of the stuff for the Poppy Family up there, including ‘Free from the City,’ which I wrote up in Okeover Arm, and ‘Happy Island’ in Blubber Bay.

“We used to go up to Lund to fish there, and go over to Savary Island for beach parties on the south side. It was

really hot in the summer. I went over to Hernando Island with friends. There used to be wild cows. It used to be owned by a baroness. We went hunting them – they’d chase you. They had really good meat. There was a meadow over there where we used to hang out, and we’d swim off Hernando, too, off the beaches. We would fish up around Sarah Point, and dive off Kinghorn Island.

“I remember after we’d fish off Mystery Reef off Harwood, we’d get all these fish, and get all the guts, and put all the guts on the beach at low tide. All the dog fish would get in a frenzy. As the tide was coming in, we’d sit up on rocks and shoot them just for fun. I was around 20 at the time.”

Later, after his band hit the big-time, he came back to the region with a more serious mission. The chlorine compounds used in the pulp mills at the time were devastating local wildlife, especially herons.

Jacks, along with other prominent locals including Gordon Wilson, lobbied for alternate technologies, and eventually won. The practice ended, and wildlife rebounded. Jacks won a United Nations Association of Canada award and a Wilderness Committee award for his environmental work.

His career has come a long way from “The Dugout” in Wildwood, but he’s physically never far away from here.

Jacks, an avid yachter and SCUBA diver, frequently sails the West Coast between Vancouver and his home on Haida Gwai’i. The last time he was in Powell River was for the Celebration of Life for his SCUBA instructor Jim Willoughby, at the Beach Gardens. **PRL**

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HELLO, POWELL RIVER

'Story lady' goes back to school at 56

ISABELLE SOUTHCOTT | isabelle@prliving.ca

For years, Jeannette Jones was known as Powell River's story lady. Young children would run up to her in the grocery store and squeal with delight when they saw her in the lineup. "Here's the story lady," they said recognizing her from the many years she spent in the children's services department at the Powell River Public Library.

Jeannette loves kids and working with families. After leaving the library, she worked at Family Place and that reignited her passion for working with families facing challenges. But to begin the next chapter of her own story, Jeannette had to go back to school and get a degree.

She also needed a new perspective. "I wanted a change. I wanted my 'I love Powell River' back," she said. "And I did."

In September 2014, Jeannette began classes at Thompson Rivers University in

Kamloops. At that time, she'd been out of school for more than 20 years.

"I'm working on a psychology degree," Jeannette told *Powell River Living*. With two years under her belt when she went back, Jeannette has one more year left to get her Bachelor Degree.

Jeannette says she's always been a psychology buff but wished she had the tools to be more effective helping families deal with their issues. And she will have, in a few years, because once she's finished her Bachelors degree she'll carry on with a Masters. And then, at the age of almost 60, she'll embark on a new career as a clinical counselor.

Although Jeannette loved everything about going back to school, from studying with students much younger, to living in a basement suite, she said many things she is learning make sense now she has real life experience.

She especially loved an anthropology



course she took this summer that included a trip to Europe to study the Roma (also known as Gypsies).

"I've been fascinated by the Roma for a long time," Jeannette told *PRL*. "When I was six I visited my grandparents in Scotland and my grandma said: 'Jeannette, do not play there, the tinkers are there!'"

Jeannette's interest in the Roma continued to grow over the years. She read books about 'gypsies' and learned what she could. When she spotted a poster hanging on the wall at TRU during the

winter semester inviting students to take an anthropology course on the Roma by travelling to Slovakia, she signed on the dotted line.

Jeannette, Professor David Scheffel and 15 others spent the month of May in Svinia, a small Slovak town inhabited by the Roma. "They live in ghettos there," said Jeannette. "I was appalled. They're a highly marginalized and hated people. Most Europeans want to get rid of them."

The trip was an eye opener for Powell River born Jeannette. "I learned that Osa-da is the Roma name for their own com-



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BABKAS TO BABKAS: Left: Jeanette Jones, grandmother of two, with a fellow Babka, who has 34 grandchildren. Right: Another proud Babka from the Roma Osada of Svinia. Roma parents are extremely proud of their children and grandchildren.

munity and that they have their own language. They're known for their amazing music. They give the little ones a wee violin when they're three or four and they hang with their grandpa and learn the music. They can sing and dance and are known for horse-trading, being copper-smiths and basket weaving," she said. They are also forced to sit at the back of the bus and at the back of class in schools and don't have access to health care.

In some places, Jeannette and her fellow students were shunned when people discovered they were associating with the Roma because they are so hated.

"A First Nation student on the trip stopped some (non-Roma) locals to ask for directions. They turned their back on her and wouldn't talk to her. They actually

shunned her and the woman said no, no! You could see her rage because she thought our First Nation student was a Roma."

Going back to school was scary at first but she's glad she did it. "It's more doable than you think. I either had to do it now or not do it at all. It's something I've always wanted to do."

Jeannette encourages anyone who really wants to go back to school as a mature student to take the plunge and do it.

For more info on the Roma who live in Svinia you can visit www.svinia.org or email jeannette6@gmail.com if you'd like to know more about travelling in central Europe, the Roma - or going back to school. **RRL**

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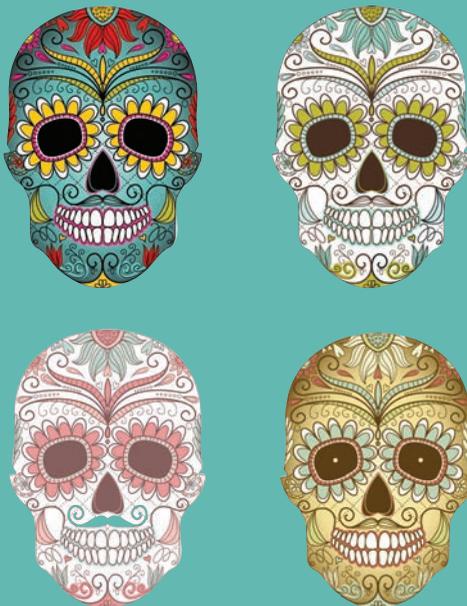
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Tackling Tin Hat

Two teens swelter through their first big hike

BY ALEX SOUTHCOTT

On August 3, two teenagers were dropped off at Inland Lake. Their plan was to hike to Confederation Lake and then to Tin Hat Mountain and Lewis Lake. Their packs were filled with food, clothes, a tent, sleeping bags, inflatable mattresses and water. The youngest, Alex Southcott, had never gone on a long hike before and the oldest, Joe Davis, was unfamiliar with the area. Armed with a trail map and cell phones that only worked in some areas, they thought the hike would be a breeze. Here's their story.

The plan was to hike to Confederation Lake and then Tin Hat and end at Lewis Lake. We began our hike at Inland Lake campground and walked to Anthony Island where the Confederation Lake trail began, and so did our steep ascent. It was hot and sunny and our packs were heavy. We walked past many cedars and up a washed out road, and zig-zagged our way up switchback after switchback through massive old growth fir. We finally reached Confederation Lake and then had to walk another two kilometers to the cabin where we set up our tents and went for an amazing

swim. Confederation Lake is absolutely beautiful and the water was really warm. It felt good to swim after a long hike.

We woke early the next morning and after a breakfast of instant porridge, we headed out. We were on the trail before 9 as we had 16 kilometres to hike that day. We descended 800 metres from Confederation where we saw an amazing view from Vomit Bluffs. We reached Fiddlehead around noon and ate lunch. Joe had a nap, he was so exhausted although we went to bed at 7 pm the night before and woke at 5. Hiking uphill with 50 pounds on

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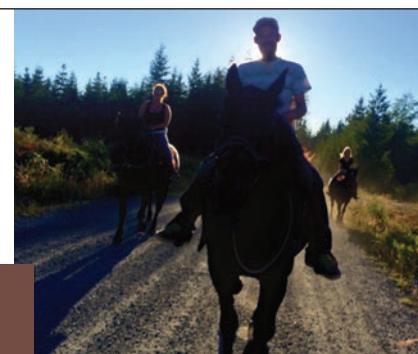
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WHAT I DID ON MY SUMMER VACATION:
 from left: Hiked the SCT; swam Confederation Lake; made it to the top of Tin Hat! Checked out the view; enjoyed a well-deserved, 10-hour sleep in a hut.

your back is pretty tiring.

We talked to people from Quebec who'd slept at the cabin at Confederation the night before. They asked us if we would be at Tin Hat the next night and we said yes.

We walked up sweltering hot gravel access roads and drank half our water doing that. When we finally reached the edge of the forest we took a break in the shade for what seemed like an hour but it was probably only ten minutes because we were so exhausted. But we kept going because we told the Quebec people we'd be at Tin Hat that night. We saw some good views on the way. It was hot and sunny all day. We came off the trail onto the road and saw a sign that said Tin Hat so we thought it was just up the hill a little bit. We were wrong; it was about another kilometer and a half away.

By the time we reached Tin Hat, we were beyond exhausted. I set up my thermarest and sleeping bag and passed out. I was asleep half an hour after we arrived. We didn't pack enough water for the trip and had only a little bit left by the time we reached Tin Hat. There was no water there except for a rain barrel that was an eerie yellow with mosquito larvae squirming around in it and tons of dead insects on top. I slept like a rock til 5:45 the next morning. We chilled at the cabin all morning drinking coffee and collecting rainwater. Luckily it rained overnight so we now had water to drink.

We left around noon, as we thought it would stop raining then; at least that's what the weather forecast predicted, but they were wrong.

We also thought it would take only two hours to hike down the mountain but it took us closer to three and a half, probably because it was pouring and we ended up sliding down the mountain on our butts in spots. Our shoes were slipping all over the forest floor and we were soaked to the bone but there's a point when you don't think about it anymore. You just keep on trudging because you can't stop. The rain subsided a bit by the time we reached Lewis Lake where our ride was waiting for us.

I'm glad we did this hike because it is a good way to get to learn about the area we live in and it's nice to connect with yourself and the environment. I built my endurance up and don't lose my breath as easily now.

I should have brought a pocket knife; I only had a kitchen knife. It would have been really handy to have a pocket knife because a knife is an important tool.

We also should have packed more water. **RL**



Beyond books

Get social with the Library

Storytime at the Library

After enjoying a full summer at the Market, Deb's books, puppets and songs will be back at the library starting on September 9.

Join us Wednesdays, 10:30-11 at the Library

Tech Savvy: Facebook

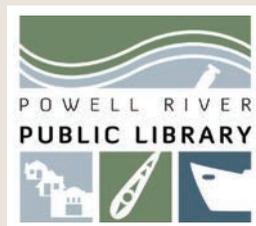
Discover features like privacy settings, business pages, sharing and likes.

Thursday, September 17th
 7-8 pm at the Library
 Registration required.

Friends of the Library Fall Book Sale

Keep your eyes open, the Friends of the Library annual fall book sale will be announced soon.

Details will be on our website and Facebook page!



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Samedi le 26 Sept

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 Outdoors celebration 1-4 pm

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- Canteen - Cantine
- French Canadian Food - Cuisine Cdn. Francaise
- Salmon BBQ - Saumon Sur Feu
- Face Painting - Maquillages
- Treasure Hunt - Chasse aux Tresors
- Pumpkin Carving - Decoration de Citrouilles

Banquet 5pm+

5-6 pm Cocktails
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Various workshops the week of
 27 Sept. For details call 604-483-3966



Club Bon Accueil
clubbonaccueil.com

Let the Sparks Fly!

Market farming: hard work but the rewards are many

Kristi McCrae and Paul Keays are busy growing Barndance Farm in Lund and raising a family. While it's not economically sustainable yet, they're determined it will be soon.

Tell us about your business.

Paul • We're drawn to farming because it's a moral way to make a living. Sometimes I think we are absolutely crazy! It is a lot of work; you don't get rich farming. We have an advantage because we farm on family property that had some infrastructure in place.

Kristi • We grow food for ourselves, and see the difference in our healthy kids. Sharing it with others is a blessing. We are part of a vibrant local food movement; farming is a lifestyle choice.

Paul • We started at the market with just greens; but we kept saying to each other "We have to do something with that greenhouse!" It was overgrown with blackberries and alders. With the help of friends, the greenhouse was resurrected and we began market farming.

Kristi • We don't do it alone; we can't. There are many skills needed, and we have been fortunate to have an amazing trickle of people come into our lives. Our "farm angels" seem to show up at the right time with just the right knowledge.

entire crop of garlic. It's challenging, but we are getting there.

Kristi • Profits are reinvested to build infrastructure; we also invest in others for things we can't provide for ourselves, such as manure and cover crop seeds. We are organic farmers, so sustainability is in the forefront, as is quality and consistency.

Paul • Sustaining relationships when farming is also challenging. You are working at all times of the day and night, weekends, weekdays ... it is hard to find time to be together, to parent, to live outside of farming.

What are your ideas to cultivate a thriving economy?

Paul • We can thrive if we use our resources wisely, such as build the sustainable forestry industry and develop the aquaculture industry by enforcing closed marine zones to act as nurseries for the fishery.

Kristi • We need to connect knowledge with land. I would like to see land owners allowing young people to farm their property, and support the young agrarian movement. Instead of 'cashing in' on property, pass it on to those who are willing to farm it.

What advice would you share with Powell River of the future?

Paul • Buy local food – buy as much as you can. It's cheaper and better quality than you will get in the stores. Food should never be driven back to the farm



GREEN MACHINES: Kristi McCrae and Paul Keays encourage locals to support farming by buying regionally-grown food and lending land, when possible.

after the market. Better yet – grow your own food!

Kristi • Use technology as a tool, don't make it your life. Putting your hands in dirt is more important than what your hands will find on your smart phone. Don't get lost in the virtual world because the real world is so beautiful.

What about Powell River makes you proud?

Paul • We are fortunate to have opportunities to engage in the cultural traditions of the Tla'amin First Nation; it's special, especially for our children. We also have world class musical opportunities through Kathaumixw, PRISMA, and local musicians.

Kristi • I'm grateful for our multi-generational community, especially in Lund. I'm proud of the efforts parents are making to bring sustainable education to our schools and preschools. I appreciate how supportive Powell River is of small business; that support grows our local economy. [PR](#)

We can thrive if we use our resources wisely, such as build the sustainable forestry industry and develop the aquaculture industry by enforcing closed marine zones.

– Paul Keays

How do you incorporate sustainability principles?

Paul • Economically, our business is not sustainable now, but it will be. We both work off the farm at times. It is a slow process – building infrastructure, and developing our knowledge, as we are self-taught. Some lessons have been hard ones, like when we lost an

WHAT IS GROUNDSWELL?

Groundswell, the January 2014 conference at VIU, brought 160 community members together for a day of inspiration, creativity, ideas, and relationships that focused on a positive future for our region.

Participants expressed a strong interest in creating a better understanding of the dynamic links between economic, social, and environmental well-being.

They were also eager for the conversations that started at Groundswell to make their way into the community, and to see these efforts result in concrete actions. This series is part of that effort.

To learn more: read the full Groundswell conference report: wordpress.viu.ca/ddcc/groundswell-conference/. Please join the conversation on Facebook: facebook.com/ddccPR



GROUNDSWELL:

inspiring creativity, ideas, and relationships
that advance the wellbeing of our community

Join the Groundswell conference planning group.
Contact alison.taplay@viu for more information.


VANCOUVER ISLAND
UNIVERSITY
POWELL RIVER

Drought survivors

This has been one remarkably dry summer. I thought I would recommend three of the top performers that not only survived the drought but also managed to put out a half-decent show.



A growing concern

BY JONATHAN VAN WILTENBURG | jonathan@edenhort.ca



Tree: *Acer griseum* Paper bark maple

This is not only a survivor of the drought, but also a very fine small tree. As its common name suggests, it sports an attractive flaky orange-red paper bark.

The leaves are green and turn deep red in autumn. The bark is of particular interest in the winter when sunlight can penetrate deeper into the branches and highlight the peeling bark. It needs a sunny well-drained location (mature height 10m, spread 6m).

Shrub: *Ceanothus* California Lilac

This plant has it all. It is evergreen, sports beautiful blue flowers with dark glossy green leaves, it is drought tolerant, fragrant, and the bumblebees love it. What more can you ask for out of a plant?

Its only drawback is that in extremely cold winters (like -15C) it can die back. However, it usually will grow back. Ceanothus prefers a well-drained sunny location. The height and spread depends on the particular cultivar. Common height 3m, spread 5m.

Perennial: *Helenium* Sneeze weed

This perennial is perfect for a mixed border or in locations where a bright splash of late colour is needed. It is extremely fuss-free and makes an excellent cut flower. The flowers are long lasting and come in shades of yellows, oranges and reds.

There are many cultivars available in different sizes and spreads. *Helenium* may be considered a bit out of fashion, but this year it stood out in the drought conditions and definitely deserves a mention. [PRL](#)



Top Priorities in the garden for September

1. Harvest, harvest, harvest. Preserve, preserve, preserve.
2. Keep on weeding. Get out as often as you can. Even if you don't see the weeds, give the soil a good hoe to prevent them from coming up in the first place.
3. Cover your tomato plants with glass or plastic to protect them from tomato blight. You must keep the plants dry to safeguard your crop.
4. Plant out and sow the last of your winter garden. Sow lettuce, spinach, endive, cilantro, corn salad, arugula, etc. It is too late to start many of the other winter veggies from seed (broccoli, cauliflower, brussels sprouts, cabbage, rutabaga, etc) however you may be able to pick up more mature plants at a local nursery and still plant them out for the winter.
5. If you have the time and the resources, start the important task of adding mulch to the garden. This will keep the weeds down and make the garden even better for next year.
6. Harvest your potatoes. You must cure them before placing them in storage. Do this by leaving them on the soil surface to dry in the sun for a day or so.
7. Secure your seed garlic and plan where you are going to be planting them out in the next few months.
8. If you are clearing out your garden and there are large patches of bare soil sow a cover crop to prevent nutrients leaching from the soil. Fall rye, winter wheat, red clover, hairy vetch, or field peas or combinations of each are all great options.
9. Save some seed for next year. It is thrifty, and over time will give you stronger plants for your specific growing region. Also they can be traded at the local seed exchange in the spring.
10. Don't forget to harvest and dry some of your own tender herbs. Home grown mint, sage, oregano, and tarragon etc, are much better than the stuff you buy in the stores.
11. Order flowering spring bulbs. Plan out your colour combinations, fragrance, and timing to have your garden beautiful for next spring.

We just went to a pet trade show!
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WHAT'S UP

a FALL afFAIR

Change is afoot at this year's fall fair, says Juhli Jobi, Powell River Agricultural Association treasurer and this year's fair organizer.

With a new name – now a FALL afFAIR, this year's free agricultural event takes place from noon to 3 pm on September 19 and 20 at the Exhibition Grounds, 4365 McLeod Road in Paradise Valley.

"It's been changed this year due to changes in the board and a shorter lead time," explained Juhli. The exhibition barn will have lots of great displays and exhibits and there will be a variety of food available for purchase.

There will be agriculture-related demonstrations like wool spinning and a cider press demo. "The Skookum Food Provisioners who will do a cider making demonstration are still looking for apple donations," said Juhli, adding that ugly apples are welcome. If you have extra apples to donate email apples@skookum.ca

As well, there will be scads of information available about local agriculture.

"We'll have a petting farm in a fenced off field near where the train does its loop," explained Juhli.

There will be no judged exhibits this year, but the usual market vendors plus additional vendors selling food and art will be there. Entertainment includes dancing demonstrations, the market's regular musicians, plus Scout Mountain on Saturday and Silver Atlas on Sunday.

Walk for the animals

Money raised at the BC SPCA's PAWS for a Cause walk on Sunday, September 13 will help prevent cruelty



to animals and promote animal welfare.

Registration begins at noon with the walk beginning at 1 pm. There will be games, awards, music, entertainment, refreshments and a silent auction. All funds stay in the community!

All-Candidates Forum

On Monday, October 5, the Powell River Chamber of Commerce is hosting a debate to get to know our candidates for the upcoming Federal election. All four major-party candidates are expected to be there. Mark your calendar for 7 pm, at the Evergreen Theatre.

inclusion PR book launch

Timothy Balzer's new book, *Journey Towards Community: sixty years of the inclusion Powell River Society*, will get launched as part of the society's annual meeting on October 1. Books are \$20, taxes included. Meet him and have your copy signed 6:30 to 8 pm at the Cranberry Children's Centre (6831 Artaban).

Rahier wins silver

Former Brooks Secondary School student Adam Rahier won Silver in Men's 100m backstroke and Bronze in the Men's 200m individual medley on August 14th at the Parapan Am Games in Toronto.

Rahier also placed sixth in the men's 100 metre breaststroke at the games, which took place from August 7 to 15.

Thanksgiving food drive

Volunteers will pick up unopened, non-perishable food items in brown grocery bags from homes in Powell River on Saturday, September 19 during the province-wide BC Thanksgiving Food Drive.

This is the fifth year for the food drive in Powell River, said Bill Norris. "We average 10,000 pounds of food a year which is divided equally between the groups we support." These groups are the Powell River Food Bank, Salvation Army and the Seventh Day Adventist Church.

Local food banks rely solely on public donations.

A few days before collection day, volunteers will deliver flyers and donation bags along assigned routes. They will return on September 19 to collect bags filled with unopened, non-perishable food items. Bags of food can also be dropped at the Church of Jesus Christ of Latter-Day Saints at 6952 Courtenay Street from 9 am to 2 pm.

Volunteers are still needed to help with the food drive. For info, please contact Bill Norris at darbilnorris@gmail.com or call 604 483-2164 or call 604 483-2164.

The BC Thanksgiving Food Drive is sponsored by The Church of Jesus Christ of Latter-Day Saints, Safeway and RONA.

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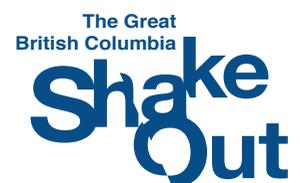


COVER!



HOLD ON!

The Powell River Regional Emergency Program invites you to participate in the Great BC Shake Out on **October 15, 10:15 a.m.**



Register at www.ShakeOutbc.ca

Teacher's Rep

Brooks' PhysEd teacher Ken Holley is the new President of the Powell River & District Teachers Association. As an introduction to his new role, he agreed to share some of the wisdom he's gleaned from nearly three decades teaching.



What did you teach and where? For how long? • I have a double major in Phys Ed and Music but have been teaching only Phys Ed now for eight years. I was at Max Cameron prior to its closing and before that teaching in Quesnel and up in Houston. This last year was my 28th year of teaching in the public school system.

What are you looking forward to most in the 2015/16 school year? • Any new job brings about new challenges. Leaving the classroom was a tough

decision but I am looking forward to the experiences that I bring to the position and the experiences that I will gain over the next year.

What do you wish parents knew about teachers? • Teachers work hard every day and it is important to remember that the school hours comprise only part of their duties. This also does not take into account any extra-curricular activities that they also volunteer for. Kids matter and teachers do care. With the constraints continually put on us by government and cutbacks, we continue to try to provide the best education for kids.

What is the most important thing students can do to ensure a successful year? • Students need to be an active participant in their education. Just like getting a job after graduation, no one is going to hand it to you. Prove yourself to be reliable, trustworthy and a hard worker. Respect is earned, not given. You may not like everything that you are doing, but like your age, it is only temporary. Do the best that you can with the talent that you have and good luck.

Arts & Tarts

Blaire Hobbs will hold his fourth annual breast cancer fundraiser, Arts & Tarts, beginning at 1 pm on October 3 at Living Waters Foursquare Church Hall. Blair has raised over \$4,000 for the Canadian Breast Cancer Foundation's BC and Yukon Branch over the last three years. He initiated Arts & Tarts in memory of his mum. Donations, door prizes, cash and items for the silent auction needed. For more info email arts.tarts.4.breastcancer@gmail.com

Think you're human?

Local author Tanis Helliwell will launch her seventh book, *Hybrids: So you think you are human*, on September 17 from 7:30 to 9 pm at Ecosentials.

This book builds on her previous book, *Summer with the Leprechauns*.

It is based on archaeological, mythological and cultural discoveries and discusses the possibility that there are other sentient life forms on the planet, which have interbred with humans creating hybrids.



Help Elaine fix the ECU courtyard

Elaine Steiger wants to rescue and improve the outside courtyard at the Evergreen Extended Care Unit.

"The area is a mess, it's all overgrown. When the ECU was built the majority of people were mobile and could get around. But now they aren't, and it is difficult for two people to pass each other. So nobody uses it right now."

When Elaine's late husband Max lived at the ECU, she would attend barbecues in the small front courtyard, but it was crowded. Meanwhile, the overgrown, unused, back courtyard just sits there, she explained.

"The staff would really like to use this courtyard. So would the residents and their families," said Elaine.

The resident council at ECU commissioned a design for the courtyard. "Everything is low maintenance," said Elaine. The design includes a water feature and a 1,200-square-foot pergola with a solid roof, which will enable barbecues to be held in all weather. They envision twinkling lights strung up around the pergola, and cherry trees planted around the space. The estimate to build this design is \$150,000.

Donations can be made to the ECU. For more information contact Elaine at 604 483-9733 or email Elaine at mountain-ash-farms@shaw.ca.



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Forest tour

To celebrate Canada's 85th annual National Forest Week, this region's biggest forestry company is offering a free day-long tour of the woods. Everyone is welcome, though space is limited. Reserving early is recommended as the tour continues to sell out every year. The National Forest Week theme for this year is Wildland Fire, so fire prevention and fire hazard abatement will be one of the topics of discussion. The tour – which runs 9 till 5 on Saturday, September 19 – will also include a session on goshawks and other local birds with a Western Forest Products wildlife biologist; and because it is always a tour favourite, participants will hopefully get to see some road building and active falling.

“The tour provides people with an opportunity to talk to our foresters and other professionals working in the forest, to see how we manage for timber and other values,” said Nancy Pezel, WFP's area forester for Powell River. “It's a great opportunity for the public to see exactly what is happening in our local working forest.”

People of all ages are welcome to attend.

To register, call Amanda at WFP, at 604-485-3123.

WATCHING LIKE A HAWK: In Canada, the Northern goshawk is only found in coastal BC. Want to know more about goshawks and other wildlife in our area? Come on the tour and learn from a wildlife biologist.

(Photo by John A Deal, WFP biologist)

I MADE THEM MOVE

A resident attraction contest

How many people have you attracted to live in Powell River?

Are you a walking, talking resident attraction program?

Do people flock to live in Powell River because of you?

Read the article on Page 34 of this issue, then send *Powell River Living* a 300-word story about how many people you've convinced to move here.

Deadline: **October 15**

Email entries to: publisher@prliving.ca

Prize: **\$50 gift certificate to The Shinglemill** and **\$50 to Garden Court Restaurant**

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Back
to School
Back
to
Buses



On **September 8**, school buses are back on the roads.

Drivers: please be aware of school zones, crosswalks, and children and youth who may be preoccupied by friends, phones or ear buds.



September 7

Happy Labour Day

To our employees with CUPE Local 798 and IAFF Local 1298 - and every Powell River resident whose work builds this region.

From the City of Powell River and the Powell River Regional District.

These messages brought
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**POWELL RIVER
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Healing Prayers for Madison White

This spring, *PRL* ran a story about 12-year-old Powell River girl Madison White's diagnosis of Acute Myeloid Leukaemia. On August 21, her brother Tyson donated bone marrow, and Maddie successfully received it as a transplant. Friends are helping support the family through the Healing Prayers for Madison White page on Facebook, and through donations (accepted at any Bank of Montreal under the account Maddie's Healing Prayers Fund care of Chris MacGregor transit 07810 account 3982-189.)



West Coast landscape in focus: talk

Powell River artist-in-residence Drew Burnham will give a free public talk on painting on Friday September 25 at 7 pm at the Powell River Academy of Music.

Burnham is well-known for his unique portrayal of West Coast landscape (he's represented by the Bau-Xi Gallery in Vancouver and Toronto. See his painting, above, Cedar BC).

His use of vivid colours, stylized forms and liquid lines make paintings jump to life.

Will the feds fix Ferries?

Subsidizing BC Ferries is about to become a federal issue, thanks to Halfmoon Bay resident and BC Ferry Coalition spokesperson Jef Keighley.

In Atlantic Canada, he said in a phone interview with *PRL*, ferries get about \$490 per person, per sailing, in federal subsidies. In BC, he said, they get about \$1.90 per person, per sailing, in federal subsidies.

It's not fair, it's important, and it's fixable, he said.

"Atlantic Canada has always been crucial to [federal] Liberal or Conservative election strategy," said Keighley, the retired National Union Representative with the Canadian Auto Workers, and former Executive Director for Vancouver's World Peace Forum.

"For decades and decades... [the parties] didn't pay as much attention to us - because 'Those nuts in BC won't vote for us anyway.'"

However, this election threatens to be different. As of August 11, the political projections Web site threehundredeight.com predicts that the new riding of North Island-Powell River will elect the NDP candidate, with 91 percent confidence - a party that may form government, early polls suggest.

Keighley, who sits on the Sunshine Coast BC Ferries Advisory Committee, has presented the case for equitable federal ferries subsidies on Vancouver radio stations News 1130 and CFAX, and he's planning to ramp up media efforts in late August, for the October 17 election.

He's urging voters in ferry-dependant communities to raise the issue with their candidates, and make it an election issue.

"There's no magic to this," he argued "There's no shortage of skill or expertise federally. What we have is a lack of political will." *PRL*

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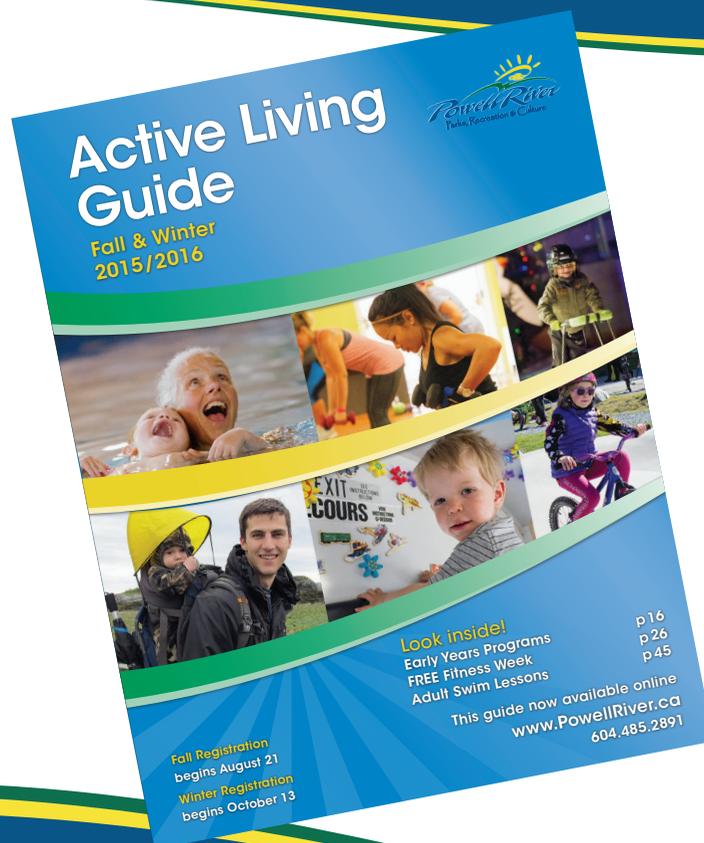


Register now for Fall programs!



Over 20 new registered programs to choose from and many new drop-in classes. Space is limited.

- Learn to make mozzarella and feta cheeses
- Swim lessons
- Skate lessons
- Kundilini and aqua yoga
- Special events
- And much more!



Registration Information

There are 3 easy ways to register for our programs and events:

1 Online

- www.PowellRiver.ca
- Available 24 hours/day, 7 days/week
- Payment by Visa, MasterCard or Amex

2 Call 604 485-2891

- Monday - Friday, 8:30 am - 9:00 pm (except statutory holidays)
- Payment by Visa, MasterCard, or Amex
- Staff-assisted registration - please provide barcode.

3 Come in

- Register in Person at the Powell River Recreation Complex, 5001 Joyce Ave
- Monday - Friday, 8:30 am - 9:00 pm

We reserve the right to cancel programs. Withdraw seven days prior to the start of a program for a full refund.



 Find us on Facebook at PowellRiverRec.Complex

COMMUNITY CALENDAR

August 28 - September 3

Ricki and the Flash

7 pm Nightly at the Patricia

September 4 - 8

Man from U.N.C.L.E.

7 pm Nightly at the Patricia

September 5 & 6

Sunshine Music Festival

Expect to see world class performances in a picturesque setting at Palm Beach Park on the waterfront. Shop at the craft market and enjoy some tasty treats from the many food vendors. www.sunshinemusicfest.com

September 7

Labour Day Stat

September 8

Back to School!

Making Sense of the Madness presentation by Jeff Noble

Highly interactive training to understand, interpret and live/work with individuals affected by Fetal Alcohol Spectrum Disorder (FASD). 9 to 4, Community Living Place. www.4children.ca

September 8 - 11

Academy of Music registration

powellriveracademy.org.

September 8 - 17

Recreation Conversation

Give your input to the City, Sliammon and the PRRD regarding recreation amenities in the region. Sign up for a focus group. See ad on Page 3.

September 9

Story time @ the Library

Starts up again Wednesday mornings, 10:30 am.

September 9 - November 12

Patricia Cinematheque series

Sept 9 & 10 Far from the Madding Crowd
Sept 16 & 17 Ex Machina
Sept 23 & 24 I'll See You In My Dreams
Sept 30 & Oct 1 A Testament of Youth
See patriciatheatre.com for Oct. & Nov. films

September 11

Magic Mike Ladies Night

9 pm at the Red Lion

Register for Curling

7 - 9 pm at the Club. www.powellrivercurling.com

September 11 - 15

Mr. Holmes

7 pm Nightly at the Patricia

September 12

Kiwanis Giant Book & Misc Sale

4943 Kiwanis Ave, 10 - 1



Texada Paint Out

Part of the International Plein Air Paint Out. Shingle Beach. mytimms@timmsfineart.com; texada.org

Powell River Kings

First game of the season, versus the Nanaimo Clippers. 7:15 pm at Hap Parker.

Leeroy Stagger and John Wort Hannam

7:30 pm, Cranberry Hall, Powell River. Tickets \$20 available at Breakwater Books and Rockit Music.

September 13

PAWS for a Cause

The Scotiabank and BC SPCA Paws for a Cause walk to fight animal cruelty in Powell River will be held at Willingdon Beach Park. It will start at 12 pm with the walk commencing at 1 pm. The event will wrap

up at 3 pm with Prizes for Top Adult, Youth and Team Pledge collectors.

Kings home game

Versus Nanaimo Clippers, 2 pm, Hap Parker

September 14 - 19

Free Fitness Week!

At the Recreation Complex. Check the Active Living Guide for details.

September 17

Tech Savvy Facebook

Thu, 7-8 pm at the Library. Come and discover how to use this free social networking service. To register call 604-485-8664.

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Lang Bay Hall Crib Club

New season gets under way at 7 pm. Call 604-487-9332. Take note that FRIDAY afternoon Crib Club is changing days. We are now playing Thursday afternoons starting at 1 pm at 4943 Kiwanis Ave level entrance.

Book Launch

Local author Tanis Helliwell will launch her seventh book, *Hybrids: So you think you are human*, 7:30 to 9 pm at Ecosentials.

September 19 & 20

Fall Fair

Noon til 3 each day at the Paradise Exhibition Grounds. Displays, demonstrations, food, animals.

September 19

Forestry Tour

Join professionals from Western Forest Products for a day in the woods, learning about fires, species at risk, harvesting and growing trees. Bus tour 9 til 5 pm. See ad on Page 16 for more.

Thanksgiving Food Drive

Volunteers will be collecting food from homes, and bags of food can be dropped off at the Church of Jesus Christ of Latter-Day Saints at 6952 Courtenay Street. See blurb on Page 26.

Powell River Fine Arts Association Open House

1-4 pm, 5395 Timberlane (across from track). Always wanted to learn pottery? How to Weave and Spin? Or maybe Quilting? Come on up and enjoy a day of interactive activities and conversation with fellow enthusiasts. Beginners welcome. Refreshments served 604-483-3856.

Free learn to curl clinic

10 till 2, followed by 3 pm fun spiel. Equipment is provided. www.powellrivercurling.com

Register for CanSkate

At the complex. 11-1. Nicole: 604-487-0418 or rumleysk8@shaw.ca.

Queen tribute band

Carlson Community Club

September 20

Terry Fox Run

Registration opens at 8:30. Run/Walk starts at 10 am sharp. Pancake breakfast following the run. Ted and Jan Rodonets rodonets@shaw.ca

September 25

SD47 Pro-D Day

Landscape Lecture

Powell River artist-in-residence Drew Burnham will give a free public talk on painting on Friday September 25 at 7 pm at the Powell River Academy of Music.

September 26-27

Fall Homesteaders Bootcamp

This full weekend of workshops, classes and field trips focuses on food preservation and processing, with excursions into season extension and seed saving. Sycamore Commons, Townsite.

6th annual Salmon Celebration

At the Club Bon Accueil. Outdoor family-friendly activities; dinner celebration; Sunday brunch. See ad on Page 23.

September 29

Toastmasters Open House

7-9 Cranberry Seniors Centre.

October 1

Book Launch and AGM

Inclusion Powell River's AGM and Timothy Balzer's new book *Journey Towards Community: Sixty Years of the Inclusion Powell River Society*. 6:30 to 8, Cranberry Children's Centre, 6831 Artaban St.

October 2

Kings home game

Versus Vernon Vipers, 7:15pm, Hap Parker

October 3

Campaign for Real Ale

Craft beer, cider & spirits festival. October 3, 3 to 7 pm, Beach Gardens. \$25 CAMRA members, \$35 non-members. 19+. www.camrapowellriver.ca.

Kings home game

Versus Alberni Valley Bulldogs, 5pm

Arts & Tarts

Blaire Hobbs will hold his fourth annual breast cancer fundraiser, beginning at 1 pm at Living Waters Foursquare Church Hall. For more info email arts.tarts.4.breastcancer@gmail.com

October 5

All Candidates forum for upcoming federal election

Hosted by the PR Chamber of Commerce. 7 pm, Evergreen theatre.

October 2015 will be proclaimed Community Inclusion Month!



inclusion
POWELL RIVER

Book
Launch

Journey Towards Community *Sixty Years of the inclusion Powell River Society*

by Timothy Balzer
\$20 taxes included

Book Launch and inclusion Powell River AGM

Thursday, October 1st, 2015
6:30pm-8:00pm
Cranberry Children's Centre
(Formerly Community Living Place)
6831 Artaban St.
Snacks and Refreshments provided

For more information contact:
Tarra Tipton at tтиpton@pracl.ca
Or 604-485-6411 Ext.230

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**Powell River
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Open House
1-4 pm, Sat, Sept 19**

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Your local horoscope

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There is no glass 'half-empty' or 'half-full.' Emotion like an ocean fills each drop of laughter, sweat and tears. In the calloused hand of the harvest, gratitude is sufficient.

- | | | |
|--|---|---|
| <p>Aries
(Mar 21/22-Apr19/20)</p> <p>What will it take to reach your next goal? Frustration can be a motivator, once clarity is distilled. Partnership is the future. Re-align and release at the Porpoise Bay Yoga festival Sept 12 Sechelt.</p> | <p>Leo
(July 23/24-Aug 22/23)</p> <p>Stamina, vision, clarity of mind and that pesky word patience make you the consummate value hunter. Land that deal but watch the competition.</p> | <p>Sagittarius
(Nov 22/23-Dec 21/22)</p> <p>Look up! That's you on the bill board of the sky. Don't be shy, dance with the synergy of life as she unveils the life you always imagined.</p> |
| <p>Taurus
(Apr 20/21-May 20/21)</p> <p>A bundle of joy, play, love and bliss heals a seed thought from long ago, now the question is where to plant the future. PR fall fair Sept 19-20.</p> | <p>Virgo
(Aug 23/24-Sept 22/23)</p> <p>Wish upon a shooting star dear Virgo. The song of your heart returns as a voice across the night seeks the dawn. Listen to artist in residence talk with Drew Burnham Sept 25 Academy of Music.</p> | <p>Capricorn
(Dec 22/23-Jan 19/20)</p> <p>Your corona of soul wisdom is ready to discharge. Embrace your role as Gandalf and let the solar wind carry the blossom of years. Listen to Dr. Sara Ellison speak on Merging Galaxies at the Sunshine Coast Art Centre Sechelt Sept 11.</p> |
| <p>Gemini
(May 21/22-June 20/22)</p> <p>Strength and vulnerability stroll barefoot hand in hand on a sandy path exchanging one for the other. Enlarge the canvas of your heart to include more play and less fear.</p> | <p>Libra
(Sept 23/24-Oct 22/24)</p> <p>Angels see your work and sense your anguish. Discontent brings clarity of social purpose. Work, rest and dream as your ambition gathers wool.</p> | <p>Aquarius
(Jan 20/21-Feb 18/19)</p> <p>'Easy come easy go'...not so! Money and love both require your attention if you want to keep either: seek council not distraction. Intimacy is not to be feared.</p> |
| <p>Cancer
(June 21/22-July 22/23)</p> <p>It's ok to love the person you have become. We all do. Your authenticity inspires our grace. Create warm and fuzzy at the Sunshine Coast Fibre Camp in Langdale Sept 11-13.</p> | <p>Scorpio
(Oct 23/24-Nov 21/22)</p> <p>Seeking a more perfect intellectual union requires friendships that answer the deeper issues of the soul and the desire for a more significant contribution to world.</p> | <p>Pisces
(Feb 19/20-Mar 20/21)</p> <p>The gods may know your ways dear Pisces but others need to hear the poetry of your words. 'Plein Air' Paintout Sept 12. Live outdoor painting at Shingle Beach Texada and various other sunshine coast locations. </p> |

Be careful! Kids may not be paying attention. But then they're not driving a car...

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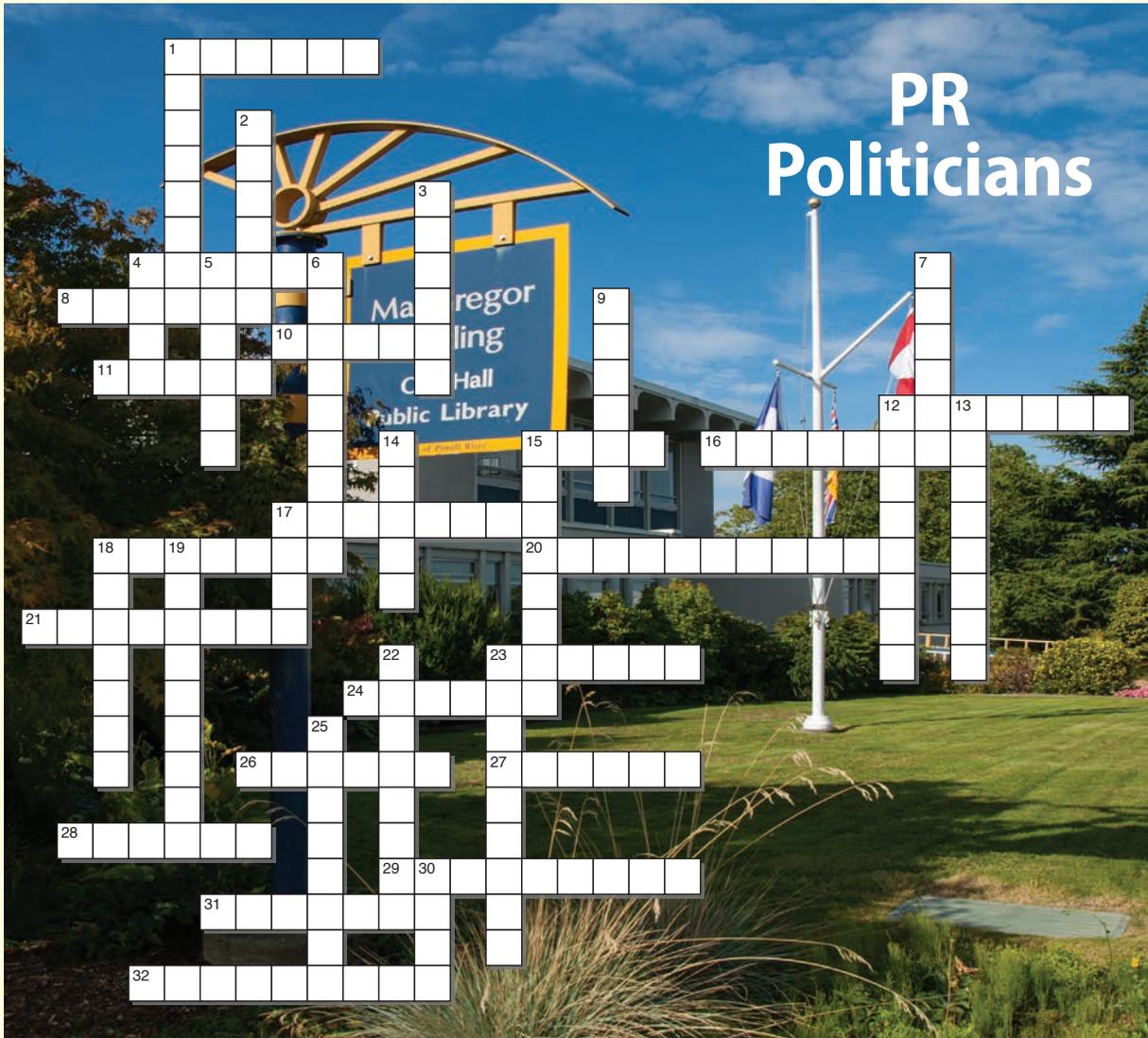
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just soil, seed and water!*



Across

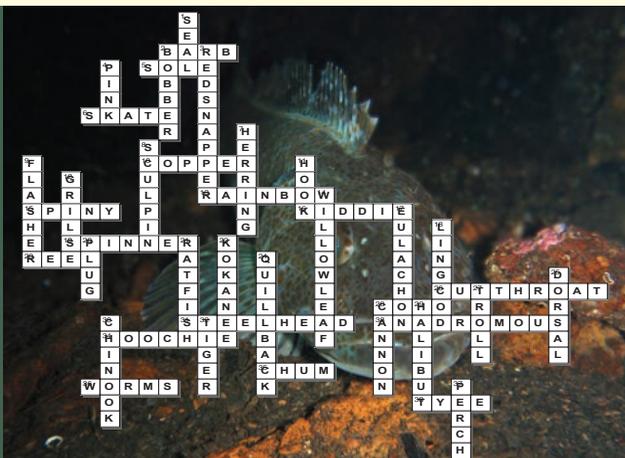
1. Forester councillor
4. Indian Affairs superintendent - city's namesake
8. NDP MP Candidate
10. SD47 Chair
11. PC MP Candidate
12. Steak BBQ'ing mayor
15. Previous MLA
16. Paradise director
17. Teacher, PRDTA pres turned board chair
18. Former mayor
20. Liberal MP Candidate
21. Nic's right-hand lady
23. Green MP Candidate
24. BC Liberal Leader 87-93
26. Last NDP MP
27. Youngest MLA elected
28. Former RD Chair
29. Texada director
31. Current Mayor
32. Liberal lost in 2013

Down

1. RD Chair
2. PRDTA President
3. Current chief on ___ term
4. Teacher councillor
5. Outgoing MP
6. Former mayor and MLA
7. Previous MP running in Alberni
9. Current MLA
12. Beaver of PR Politics
13. Last Reform MP
14. Current MLA on ___ term
15. Dancing, drafting councillor
17. Former alderman and newsman
18. Former councillor pushed road to Squamish
19. Brewery founding councillor
22. Current chief
23. Paramedic councillor
25. Premier taken down by Texada scandal
30. Green candidate defeated in 2005

Solution for last month's puzzle:
"Hooked on Fishing"

The photo was taken underwater near the wreck of the *Malahat*, off Second Beach near the mill breakwater.



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“Sean [Percy] can now trace at least 11 new residents back to his luring of me here – with two more in the works. How many people have you attracted? We want to know. Can anyone beat Sean’s record?”



H

ow did you decide to move here?

As relative newbies – we’ve been here just over two years – it’s a question we get all the time, from locals and tourists alike.

Maybe you get that question a lot, too.

For us, the answer is, lots of reasons, really. Character-filled houses with a view of the ocean for one-tenth of the price we’d pay in our old Vancouver neighbourhood. Lakes for swimming; trails for hiking. A nature-and-French immersion program for our kids.

These facts are all true. But the real reason we settled here instead of moving to Vernon or Sooke or Lethbridge or Prince Albert? (Or staying in the big city?)

Sean Percy: Powell River Resident Attraction Hero.

I first met Sean, PRL’s associate publisher, nearly 15 years ago (he’s a certified local: a Max Cameron grad and son of a former mill-worker and teacher.)

After graduating from journalism school in Vancouver, I took the first job offered: reporter at the *Hay River Hub*, in Hay River, NWT. Sean was, at the time, the managing editor there, and he hired me. After a three-year stint in the frozen and buggy North, I moved back to Vancouver to pursue my big city, big newsroom dream. Sean eventually (and smartly) moved back to his hometown, Powell River.

All through the next decade, Sean emailed me occasionally – sometimes offering reviews of my bigger stories. And, after I had kids (and my love-affair with those big newsrooms waned), gently suggesting I check out Powell River. So, in the summer of 2012, my family and I made the two-ferry trip, and camped at Willingdon Beach. A year later, we moved up.

In other words, we moved here because we knew someone here. And he helped us see how this city would work for us. Sure, it was an easy sell. What’s not to love? But our decision was absolutely thanks to him.

Stories like this are serious business. Since we moved,

we have in turn “attracted” two more families to Powell River, both of whom have bought homes and brought their skills and selves here. One of the families has further attracted their adult child and her partner; both have started businesses here.

So stemming from Sean Percy’s contact with me, there are now 11 new Powell Riverites. Two more are planning to move here in about six months (that’s thanks to me!)

Growing a population – in an aging province, in a region with a transitioning economy – is an art. You really have only three choices. Increase the birth rate (not easy), stop people from dying (even harder), or convince people to move here.

To that end, the City of Powell River is working hard to attract new residents. Staffers have created a Web-based campaign aimed at young-ish folk who are able to bring their own work with them. You can view it at powellriver.info – click “Live.”

Attracting jobs-intense new industries would help, too, be that retirees (health care!), or a more robust value-added sector to complement Powell River’s existing foundational industry: forestry. Or others. The city is, of course, also working on attracting new industry.

In the meantime, attracting residents is also up to all of us: people who already live here, love it here, and want to share it with others who we know would love it, too.

That’s why PRL has created the “I Made *Them* Move” contest... a play on words from our long-running “I Made The Move” column, in which we profile new residents. Almost universally, those we’ve profiled have moved here because they knew someone, or they moved for a job.

Sean can now trace at least 11 new residents back to his luring of me here – with two more in the works. How many people have you attracted?

We want to know.

Can anyone beat Sean’s record?

Who is Powell River’s top Resident Attraction Hero? [PRL](#)

Last
Word
with



PIETA WOOLLEY
pieta@prliving.ca

I MADE THEM MOVE

A resident attraction contest

How many people have you attracted to live in Powell River?

Send *Powell River Living* a 300-word story about how many people you’ve convinced to move here.

Your deadline is October 15.

You could be crowned Powell River Resident Attraction Hero, and win a \$50 gift certificate to the Garden Court Restaurant and a \$50 gift certificate to The Shinglemill.

Email entries to publisher@prliving.ca

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The buses are back

Powell River kids are on the road

See www.sd47.bc.ca for more information



**School starts September 8.
Drivers: be aware!**

Each weekday morning and afternoon, more than 2,000 Powell River children and youth travel to and from school. Some walk, some bike and many take an SD47 school bus.

For drivers, that means paying special attention this month – especially as younger students learn to negotiate the roads.

What you can do:

- Never pass a stopped bus
- Watch for children crossing at corners near schools
- Be aware of “learner” cyclists
- Leave enough time to safely drive to your destination if you're travelling during pick-up or drop-off
- If you have questions or concerns, please contact Matthew Hull, SD47 Transportation Supervisor, at 604-414-2621 matthew.hull@sd47.bc.ca

Want to learn more? Contact us.
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