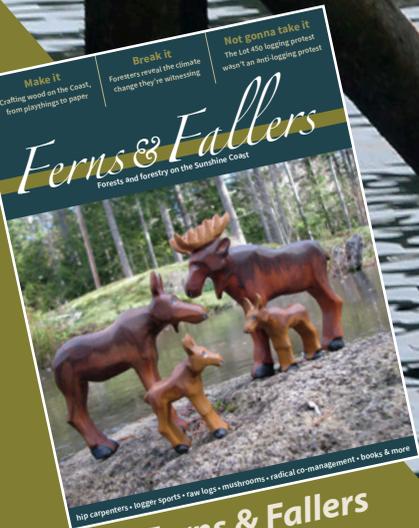
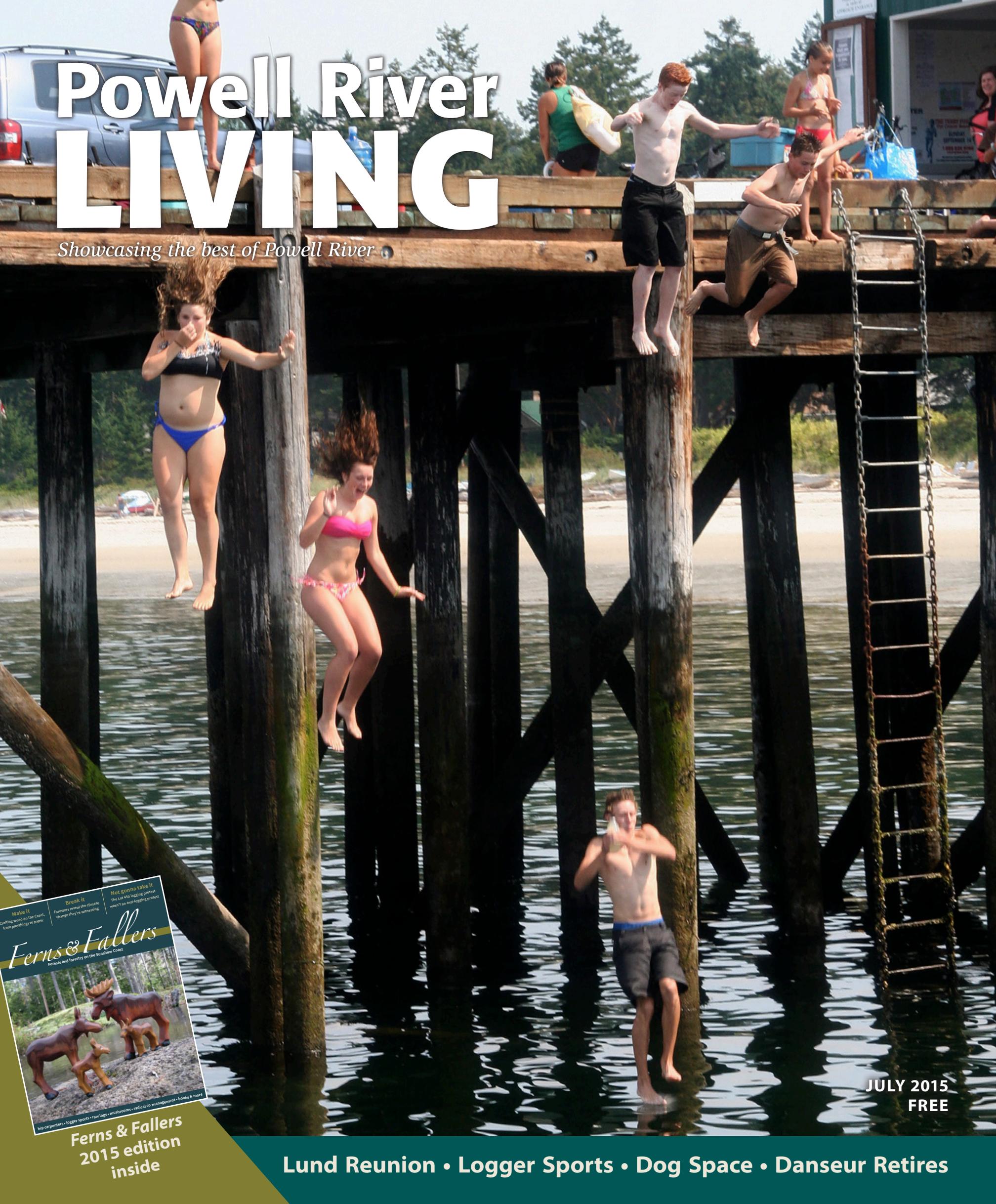


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Ferns & Fallers
2015 edition
inside

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Date Wed, Jul 15

Time 1:30 - 3 pm

Instructor Margot Gallespie

Discover and explore Powell River's own Stanley Park! Meander the various trails between Willingdon Beach and the Complex.

Difficulty: Level 2 with some short, gradual elevation gains, follow salmon bearing creeks and an old railroad bed with old logging artifacts. Scenic views of the ocean overlooking Harwood and Vancouver Islands. Suitable for a family excursion.



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7 - 14 year olds • 9 - 4 pm

Summer Day Camps

5 to 11 yrs

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\$50 daily

July 6-10 Symphony of the Senses

July 13-17 Adventure Challenge

July 20-24 Artful Antics

July 27-31 Kids Got Talent

Aug 4-7 Outdoor Adventure

Aug 10-14 Space is the Place

Aug 17-21 Myths & Legends

Mini Summer ½ day Camps

3 to 4 yrs @ 9:30 - 12 noon

\$75 weekly \$25 daily

July 13- 17 Walking with Dinosaurs

July 20- 24 Ocean Wonders

July 27- 31 Out of this World

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Aug 17- 21 Awesome Occupations

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Week 2: Mon-Fri July 27-31 9-1 pm

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Week 4: Mon-Fri August 10-14 9-1 pm

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"I made it as far as Marseille, and ran out of money. So I went back to Italy and reported to the Italian police."

- Laszlo Tamasik, page 15



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ON THE COVER

Kids jump off the dock at Savary Island.

Photo: Isabelle Southcott.



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If Lund were a person, how would you describe him or her?



"If Lund were a person I would describe her as the one you want to introduce everyone to! You can drop in on her anytime and she'll always have stories to tell!"

TAI UHLMANN is the child of hippies who went on to become a filmmaker in New York City. She returned to Lund to raise her kids. Tai has worked in virtually every sector of the film industry and has directed short and feature length documentaries including the cult classic, *For The Love of Dolly*, about Dolly Parton's most fervent fans. Her work has been screened internationally, is available on Netflix and has been written about in the *New York Times*, *Variety*, *BUST Magazine*, the *Village Voice* and the novel *Starstruck*. Tai is a distinguished visual effects producer and post-production supervisor.



"Welcoming and attractive to odd types, physically beautiful, quirky, huge range of emotions, very tolerant, aware it is older and wiser than Powell River."

PETER BEHR has lived in the Powell River-Lund area for over 40 years since his graduation from Columbia University in NYC. He and wife Margaret are Registered Massage Therapists and practice in Powell River. They have treated thousands of local residents over the years. They have two children, two granddaughters and a dachshund. Peter has been the President of the provincial BC Massage Therapists' Association (and was awarded the first ever lifetime honorary membership granted by the organization). Both he and his wife have been president of the Provincial College of Massage Therapists of BC besides being active in many local groups. Peter has also taught at VIU and massage colleges.



"Lund is my outrageous, over the top, anachronistic BFF!"

ANN NELSON runs the Patricia Theatre and is passionate about sharing the history of Townsite and preserving its heritage. She's also active in many interrelated community organizations such as the Arts Council; Tourism Powell River; Townsite Heritage Society; Far Off Broadway Theatre Co., as well as being an enthusiastic gardener.



"Lund would be described as a very down-to-earth person who isn't really interested in a day-to-day job. Lund is more interested in laying on a beach and making his or her own clothes."

KADEN WEBB does sales, marketing and promotions at Coast FM. He also owns Webb Productions, a social media marketing and design company. Kaden grew up mostly on the coast and is proud to call Powell River home. Kaden is interested in building a strong, inclusive community and is currently finishing his Bachelor of Technology online.



FROM THE PUBLISHER'S DESK

Who loves Logger Sports? Everyone, apparently



What do hippies and logger sports have in common? For one, they both form patches on the quilt of Powell River. Secondly, and only slightly less importantly, they both appear in this month's *Powell River Living*: Powell River Logger Sports and the hippies who took over the end of the road in the '60s and '70s.

Both make great stories. They have all the elements needed to fascinate readers. Strong, interesting characters, challenge or conflict, and a bit of drama thrown in for a good measure.

When *Powell River Living's* Pieta Woolley interviewed local logger and businessman Bob Marquis about the now defunct logger sports for *Ferns and Fallers*, our annual forestry magazine inside this issue, he said if 5,000 people said they want logger sports back, he'd put it on

again (see story on page 11). Associate Publisher Sean Percy decided to see what kind of interest there was so he launched a Facebook page, Bring Back Logger Sports Powell River. Sean was totally surprised that in less than a week more than 2,500 people joined the Facebook page!

As of June 25, we had over 3,000 members and counting. If you want to see Logger Sports live again in Powell River join our page and sign up to volunteer. All of us here at *Powell River Living* are excited at the thought of bringing back logger sports and have committed to helping. How about you? Logger sports with its log rolling, tree climbing, underhand chopping and more is an amazing spectator sport. I remember when I used to work for the *Powell River News* and went in the axe throwing competition. Now that was fun!

And now for the hippies who took over Lund and are holding a huge reunion on the August long weekend. There they'll reminisce, visit and have a fabulous

weekend. Although I've lived in Powell River for 20-plus years, I was drawn in completely by Peter and Margaret Behr's great story on the hippies' 1970s invasion of Lund (on Page 6 and 7). Besides being well-written and exciting, the story tells about a time in Lund that I didn't know about. To top it all off, Tai Uhlmann, whose parents were part of that movement, has made a documentary about the *End of the Road* (Page 9)

And finally, don't forget to enter our "Do you love Powell River?" contest before July 15! Send a photo to isabelle@prliving.ca that illustrates your love for this great community and tell us in up to 200 words, why it's so special. It's that easy! We have some great prizes donated by members of Tourism Powell River.

Stay safe, stay cool and enjoy July!

Isabelle Southcott

ISABELLE SOUTHCOTT | isabelle@prliving.ca

Tourists: making sense of our woods

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Here in Powell River, WFP's Registered Forest Professionals receive input from the local community and plan for the full range of forest values such as timber, wildlife, biodiversity, recreation, and public access. Our harvested areas are promptly reforested and it does not take long until they are fully green again. This is all part of our Canadian Standards Association sustainable forest management certification. We hope you enjoy your visit to Powell River and encourage you to stop by the Visitor Info Centre for assistance in making the most of your stay. They can help point you in the right direction for all of the wonderful recreational activities that are part of our working forests. If you are interested in learning more about sustainable forest management please visit cagstw.org.

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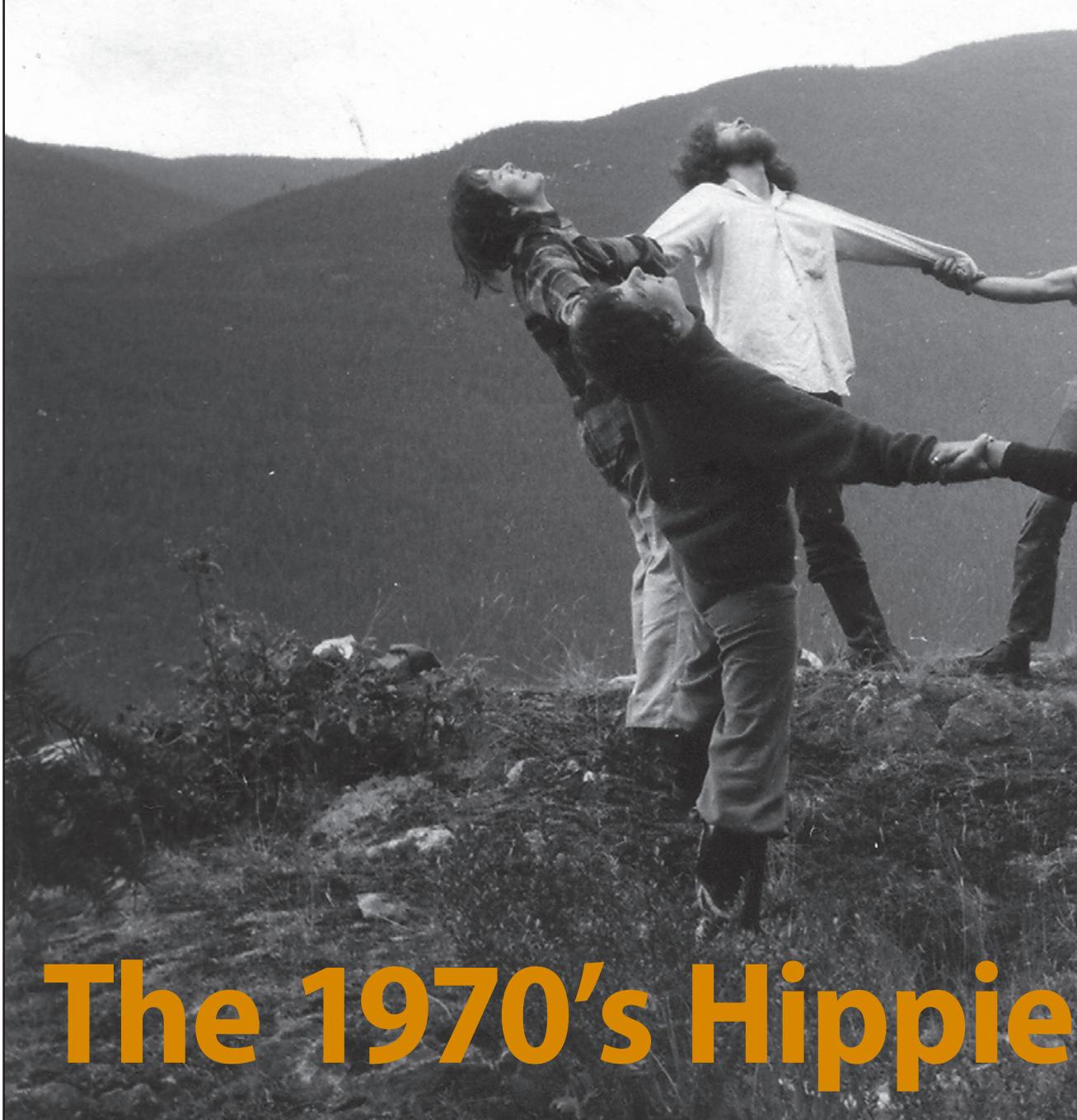
In 1968, race riots were epidemic in the US in the wake of the assassination of Martin Luther King, sections of major cities looted, burning. My old home, New York City, was polluted and crime-ridden. Russian tanks were clanking over the cobblestones of the old city in Prague to quash the Czech uprising. Vietnamese peasants huddled in their villages as bombs and napalm rained down from American war planes.

Meanwhile, Powell River and Lund drowsed in the late summer sun, peaceful and serene.

BY PETER BEHR, MAJOR EDITS BY MARGARET BEHR

Picking and eating sun-warmed ripe blackberries along the main street of this quiet town by the sea is what first attracted me here, the snowy towering peaks of the Coast Range a backdrop that rivalled the beauty of the Swiss Alps. I was hitchhiking with my girlfriend throughout Canada in 1968 and the scenery of Powell River just knocked me out.

We had hitchhiked across the USA the previous year, and the comparison to Canada was startling. US police were hostile there. Civilian men often “showed” us their



The 1970's Hippie

MAKING SENSE OF A CHAOTIC WORLD, FROM LUND: The above photo was taken by Steven Marx. It was an exercise done at a Gestalt Group. Gestalt was a group psychotherapeutic technique created by Dr. Fritz Perls, a psychiatrist of some note. He taught this technique to Bethal Phaigh at a series of retreats held at Cowichan Lake. Bethal frequently led five-day Gestalt workshops in the Lund and Powell River area in the 1970s. Right: slices of life around Lund in the 1970s.



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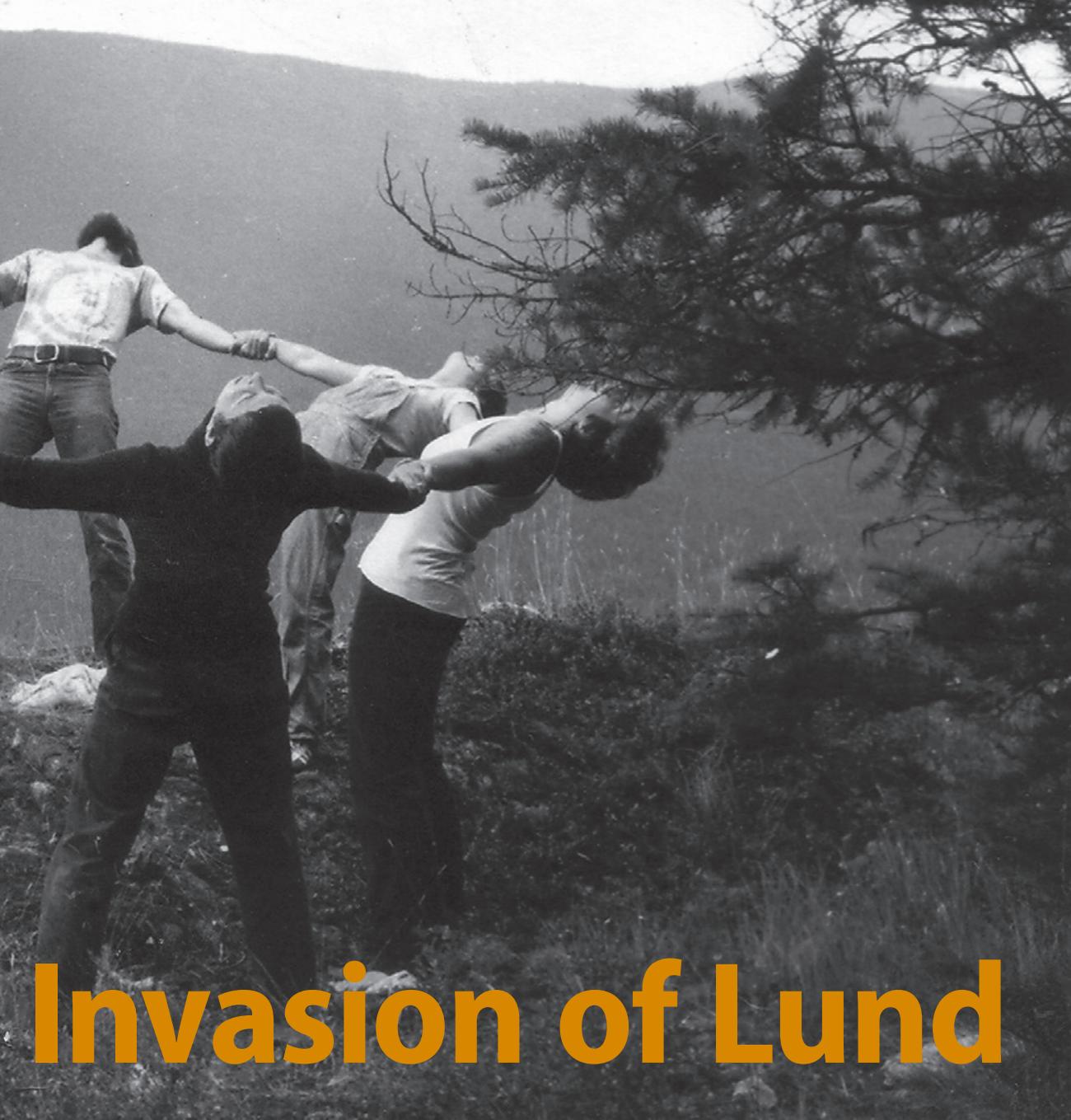
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Invasion of Lund

1970s LUND REUNION

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When: August 1 to 3 - BC Day long weekend

Where: Lund!

What else?: Check out the amazing Flickr pics, schedule, contacts and more at sites.google.com/site/lundreunion2015/

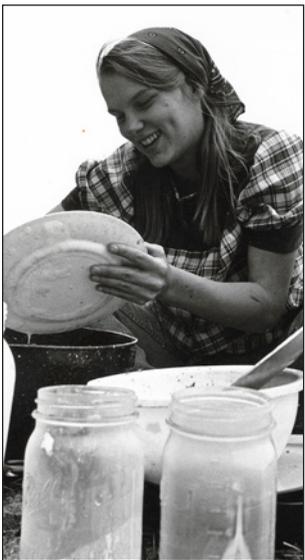
guns. The only police interaction we had in Canada was with an RCMP officer who, apologetically, checked our IDs and then offered us hot coffee as he thought we “might be chilled.” Canadians took us into their homes, giving us places to sleep and breakfast. It was obviously a kinder, gentler and more tolerant country. It looked like it would be a good place to settle, plant a garden, raise a family. A safe haven from the world’s troubles.

So in the late '60s and early '70s the Powell River area received an influx of rebellious young people from the US, other parts of Canada and even Europe. Friends of mine bought land near Lund and the idea of a saner environment, an organic garden, a small community school, and friendly neighbours was appealing. A US war resister sore of heart and defeated in spirit, I made the move to Baggi Road near Lund in 1972.

Another Lund immigrant, my friend Juliet, was born and raised in London, England, but she heeded the call of adventure and set off to travel around the world. While working as a secretary in Vancouver, she met and joined some nice people who were leaving the city to try the country lifestyle up the coast.

“Skinny dipping, pot smoking, and weeding organic gardens naked were not uncommon.”

– Peter Behr



“The people attracted me and Lund seemed like a place of love. I connected with the alternate people and yoga, vegetarianism, Gestalt and the strong community feel. It seemed like a good place to raise (human) kids. I met the man then who would become my husband; we settled into a homemade wooden house, homesteaded, even bought a goat (that gave little milk) and made Or-gon grape and dandelion jam.”

Some of our fellow hippies had long hair and strange ways, like living in tepees and funky cabins with out-houses. The young women openly breast fed. Skinny dipping, pot smoking, and weeding organic gardens naked were not uncommon. We did Gestalt and other cutting edge therapies, had our babies at home and even tried the barter system and food co-ops. Hippies from more remote settlements like Galley Bay would paddle down



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“The people attracted me and Lund seemed like a place of love. I connected with the alternate people and yoga, vegetarianism, Gestalt and the strong community feel. It seemed like a good place to raise (human) kids. I met the man then who would become my husband; we settled into a homemade wooden house, homesteaded, even bought a goat (that gave little milk) and made Oregon grape and dandelion jam.”

to the “big city” of Lund for supplies; it was rumoured they had grown tired of a diet of oysters, rutabagas, and an occasional leavening of LSD and magic mushrooms.

The surprised locals were amazingly tolerant of these bizarre behaviours.

There is one great story of an “unholy alliance” formed between the local residents and their hippie invaders. In the early 1970s the Regional Board decided to adopt the Canada Housing code, a seemingly reasonable proposal. But the “do-it-yourself” spirit of the hippies, along with the “don’t-tell-me-what-to-do” spirit of the rural rednecks created a powerful political force that overthrew the sitting Board members and elected new members more sympathetic to the anarchism of the rural residents. It was a bonding moment.

Unlike many of the expatriate Americans who moved to Lund, my friend Ian moved back to the land to Lund from within BC. He was from Victoria, that bastion of gentility, “more British than the British.” From the affluent suburb of Oak Bay, Ian had been working for over 10 years and had owned an expensive high-end car. Forty-five years later, he says, almost wonderingly, “Lund was so...different. I loved the counterculture; it was like an early retirement. I had been sports fishing, found fishing intriguing and became a deckhand on a decrepit wooden troller out of Lund. Later I bought my own fish boat. We lived in a cabin made of poles, tar paper and shakes. If you warmed yourself in front of the wood heater your back was freezing. We did not listen to our parents!”

Another back-to-the-lander, Ronnie, phoned her suburban American grandmother in 1974 and enthusiastically described her lifestyle of gardening, living in a homemade cabin with a woodstove and an outhouse. Her grandmother’s response was: “But darlink, that’s why we left Russia.”

Some of these 1970s “hippies” stayed in this area and ended up making great contributions to our health care and social services systems and in the environmental and ecotourism arenas. They were trailblazers who began Inclusion Powell River (formerly the Powell River Association for Community Living), the Sunshine Coast Trail, local recycling, and so on. Others left to follow careers elsewhere.

But the ties of connection remain. Many of the mostly university-trained, former city-dwelling hippie converts became very good friends. They raised their children together, went through breakups, therapy, and the bush learning-curve together. Their deep friendships endure to this day. **PRL**



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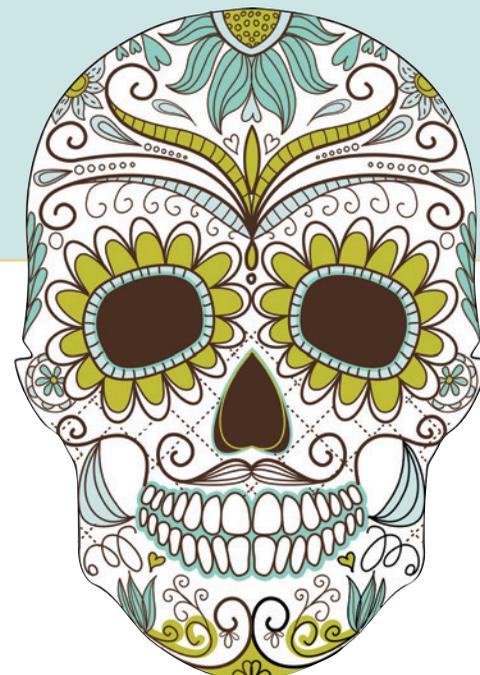
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Lund is ready for its close-up

“It’s the end of the road and when you’re at the end of your line you come to Lund” - Peter Behr

BY TAI UHLMANN

Some people see the world through rose-coloured glasses. Reflected in my glasses is Lund. I was raised in Lund, BC and every time I meet someone and tell them “my story,” Lund and I become inseparable. Like I have been wrapped in the macrame poncho of my childhood for all to see. What a childhood it was, like a continuous party filled with barefoot berry picking freedom, playful adults, naked swims, few rules and a lot of outhouses.

Now I am turning a real life camera lens on the Lund community for a feature length documentary titled *The End of the Road*. The film will focus primarily on the hippies who came to Lund in the 1960s and '70s. This migration of hippies to the little town of Lund was not en masse but was a stream of haphazard arrivals of young folks looking for an escape from Vietnam War era USA, wanting cheap land, and searching for alternative ways of living and loving. This eclectic group of “back to the landers,” dreamers, artists, intellectuals and freedom fighters found what they were looking for in Lund!

If I think about moving to a piece of land far from anyone or anything, building a house (with zero experience), having no running water or electricity and raising small children I think, “No thanks!” If you ask some of these late pioneers how they managed, they reply, “It’s just what we did!” Many admit to being naive but they lived and they learned and the attitude was that nothing was impossible. This is pretty amazing when you think of where many of these new arrivals were coming from.

Some moved here from New York and had been faculty and students at Columbia University. Intellectual folks who gave up the academic path to create their own utopia in the bush. One man we in-

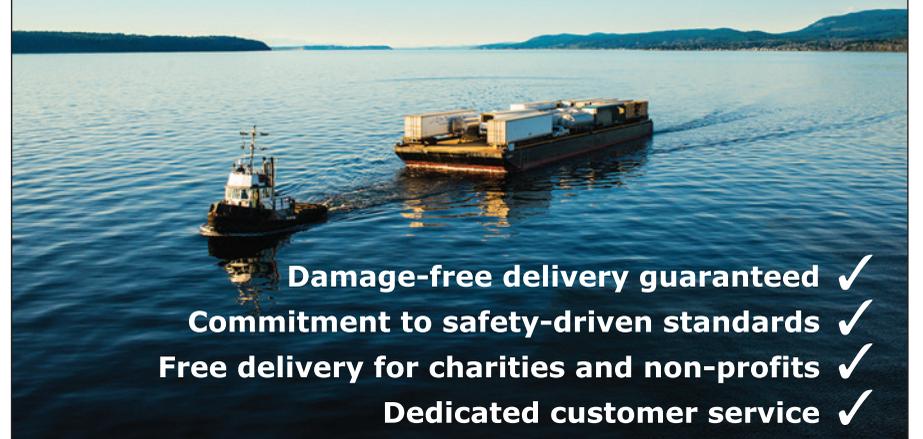
terviewed was actually writing his thesis on the back-to-the-land movement. He tried to write his thesis by living the life and struggled hard to survive. He actually ended up working at the pulp and paper mill in town for a while in order to put food on the table. The irony was not lost on him, nor was the realization that living off the land was hard. We used to say that Lund had the most over educated and under employed population!

The thing that has really struck me through the process of interviewing my elders for this film is the extreme willingness to try anything and the freedom that comes with that. They had no idea what they were doing and did it anyway. Some were running away from something and others were running to something and somehow, often with the help of savvy locals (who were willing to kill a goat-eating bear or cut down a threatening tree in a wind storm) they not only survived, they thrived! They challenged conformity, rejected the strict child rearing of the 1940s and '50s, explored drugs, shared love, redefined family and created friendships that remain today.

While still living in New York City, my husband, Theo Angell, and I embarked on this film knowing that it was high time these stories be collected and told. Now we live in Lund and have successfully crowd funded to make *The End of the Road* film a reality. The story of Lund during this time period has a certain resonance with people now. Our world has become so dependent on technology for communication that people feel cut off and are looking for connection. Continuous wars and the harsh environmental climate creates the longing for sustainability and the security of living off the land. What happened in Lund during the 60’s and 70’s transformed those living it and impacted the larger community and the world.

We have been asking every person we interview this question. “If Lund were a person how would you describe her/him?” We have heard everything from “Aging Beauty” to “Salty” but what we hear most is that Lund is an “accepting” place. A place where people who don’t belong anywhere else can find like-minded folks and be part of a community. **RL**

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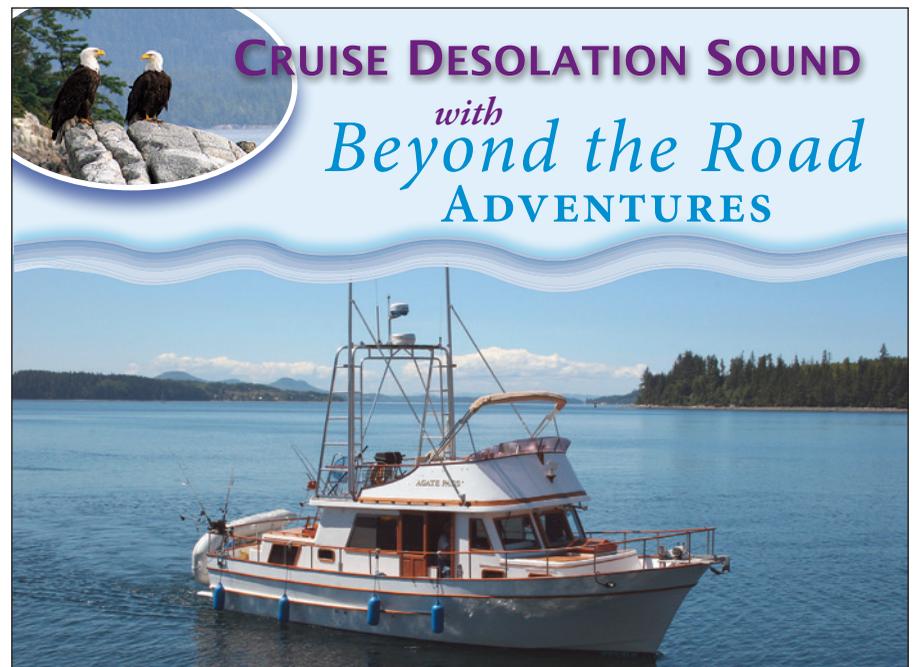
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So far, 3,060 locals want logger sports

BY PIETA WOOLLEY | pieta@living.ca

Here's what happened. On June 15, when we interviewed Bob Marquis for an otherwise-innocuous spread about Powell River's good-old-days logger sports history for *Ferns & Fallers* magazine (enclosed), he tossed out a challenge. "If 5,000 people say they want it back, I'll put it on again."

Bob, a logger and businessman (pictured above in his crawlspace with some of his World Champion trophies), was the face behind the festivities for more than 20 years, from the 1980s til 2005, when it died.

Powell River Living's associate publisher Sean Percy launched a Facebook page (Bring Back Logger Sports Powell River), just to dip our toes in the river of public opinion. Is this something the community wanted? We thought we'd find out in July, after the magazine came out.

Instead, we were doused with a tsunami of response. In under a week, more than 2,500 people had joined Bring Back Logger Sports.

Loral McLeod wrote, "Bob, if anyone can 'git er done,' it's totally you!! PR has a lot of freakin' heart and this IS gonna

happen! Can't wait to come home to see it!"

"As we were leaving the PRISMA event the other evening, my grown son asked what ever happened to this event," wrote Ward Graham. "It was one of his fondest memories of his youth and he would like to share it with his sons. Fast forward to today and I find this post. This has always been a great family event that shows off the skills that made our community. LET'S BRING IT BACK. Thanks Bob."

Ayla Jones wrote, "I would love to take my son to logger sports. Logger sports must come back, Bob!!!!"

Bob, who is not on Facebook, came in to see us for a follow-up chat for *PRL*. "I'm overwhelmed," he said, as he scrolled through the many encouraging responses to the Facebook page.

"You need three things to put on a show. Sponsors. They'll be there. Competitors. They'll be there. And a crowd. It's good to know the crowd will be there too." So, I asked, will logger sports be back next year?

"Do we have 5,000 people yet?" Bob quipped back.

Oy vey. Please keep those responses coming in! *PRL*

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Tomatoes are jewels

This is possibly one of the best tomato years in my memory, so I have put together a concise problem-solver list.

It will help you navigate some of the pitfalls that I have found while growing these jewels. Tomatoes are definitely one of the premier fruits of the garden and there is no doubt in my mind we are in for an early and plentiful crop this year.

Native to South America, tomatoes prefer full sun with at least six hours of direct sunlight a day. They are best

Strange foliage: Curling of leaves. Cause: Low over night temperatures. Here on the coast if your plants grow outside there is not much you can do about it. For plants growing in the greenhouse, do your best to avoid huge temperature extremes.

Plant nearly dead overnight. Huge sections of leaves stems and fruit have dark blotchy rotten patches after fall rains arrive. Cause: Late blight, a fungal pathogen that is usually spread by fall rains. Cover all your plants so they do not get wet by the fall rains. Or embrace the fact that the tomato season is nearly over, pick all your fruits before the rains arrive and place fruits where they can ripen off the vine indoors.



A growing concern

BY JONATHAN VAN WILTENBURG | jonathan@edenhort.ca



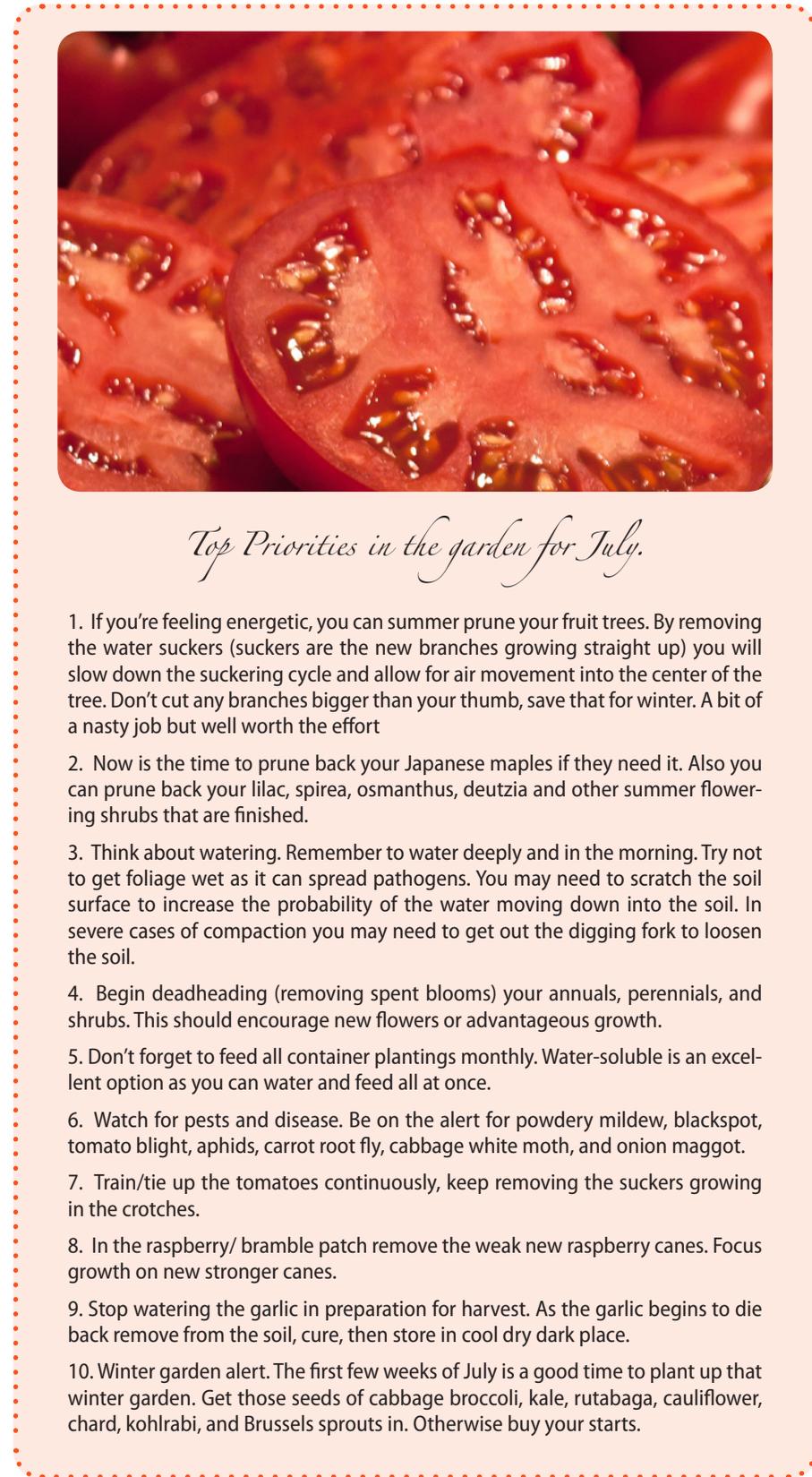
grown at temperatures ranging between 20-30°C, and will start to show signs of decline if temps reach above 40 or below 10°C. The soil should be deep, well balanced, well drained, with a pH in the 6.5 range. Tomatoes prefer consistent moisture but will not handle any sogging. They will grow in large pots, but care must be taken to provide the conditions mentioned above. It is much easier to grow them in the ground or in large raised beds.

Odd growth pattern: Warty stems. Cause: Tomatoes can produce aerial roots on the stem and sometimes this shows up on particular plants as these ugly warty bumps. Ignore it, there is no cause for concern.

Fruit issues: Blotchy skin with hard flesh. When the tomato is cut open whitish patches of flesh remain hard and more firm and core like. Cause: usually excess light on the fruit. Avoid over pruning and huge temperature fluctuations.

Bottom end of fruit rotten. Cause: calcium deficiency. Calcium is not getting into the newly developing fruit. This usually happens for two reasons. Either your soil is deficient in calcium or the watering regime is insufficient and therefore your plants are having difficulty pulling in the calcium needed. Water deeply and feed your plants regularly. Lime will add calcium to your soil.

Cracked fruit. Cause: Uneven water regime, and large temperature fluctua-



Top Priorities in the garden for July.

1. If you're feeling energetic, you can summer prune your fruit trees. By removing the water suckers (suckers are the new branches growing straight up) you will slow down the suckering cycle and allow for air movement into the center of the tree. Don't cut any branches bigger than your thumb, save that for winter. A bit of a nasty job but well worth the effort
2. Now is the time to prune back your Japanese maples if they need it. Also you can prune back your lilac, spirea, osmanthus, deutzia and other summer flowering shrubs that are finished.
3. Think about watering. Remember to water deeply and in the morning. Try not to get foliage wet as it can spread pathogens. You may need to scratch the soil surface to increase the probability of the water moving down into the soil. In severe cases of compaction you may need to get out the digging fork to loosen the soil.
4. Begin deadheading (removing spent blooms) your annuals, perennials, and shrubs. This should encourage new flowers or advantageous growth.
5. Don't forget to feed all container plantings monthly. Water-soluble is an excellent option as you can water and feed all at once.
6. Watch for pests and disease. Be on the alert for powdery mildew, blackspot, tomato blight, aphids, carrot root fly, cabbage white moth, and onion maggot.
7. Train/tie up the tomatoes continuously, keep removing the suckers growing in the crotches.
8. In the raspberry/ bramble patch remove the weak new raspberry canes. Focus growth on new stronger canes.
9. Stop watering the garlic in preparation for harvest. As the garlic begins to die back remove from the soil, cure, then store in cool dry dark place.
10. Winter garden alert. The first few weeks of July is a good time to plant up that winter garden. Get those seeds of cabbage broccoli, kale, rutabaga, cauliflower, chard, kohlrabi, and Brussels sprouts in. Otherwise buy your starts.

tions. Keep the feed water, feed, and temperature as regular as possible.

Brown woody scars and cavities on bottom of fruit (cat-facing). Cause: Plants exposed to cooler temperatures early in flower and fruit development.

Usually associated with extended cooler periods. Avoid planting out your young plants too early in the season. Wait until the, nighttime temperature are at least 10°C and everything seems to be doing just fine. Happy mulching. [PR](#)

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'Where's the snow?' asks South African med couple

Charles and Nancy van Zyl are always on the move. "We are always complicating our lives with some new adventure. Always giving up something we deeply love, to gain something new in return. Impulsive, idealistic, and compulsive adventurers is maybe a good description," says Nancy.

Charles, who grew up on a rooibos tea farm, and Nancy, who grew up in a suburb of Cape Town, met at the University of Stellenbosch in 2001. The barefoot, guitar playing med student and the artsy occupational therapy student fell in love. "But we were the typical young and restless: dating, breaking up, going our own ways while sort of staying in touch."

When they finally got back together in 2009, Canada's Immigration Office gave them a hard time, refusing Nancy three visa applications. During this time, Charles was working up in northern BC, and Nancy had a pediatric Occupational Therapy practice in Cape Town. After surviving an 18-month long-distance relationship, Charles finally moved back to South Africa where they got married, had two children and happily settled in the picturesque town of Montagu in the Western Cape. Meanwhile, their ongoing Permanent Residency application was being processed, and on October 30, 2014 they got the news that the four of them were residents! Charles was all set to start working by mid-December, so the couple, along with their two children, Emily (then 2.5) and Lukas (then 5 months), left their "darling town and country, lock stock and barrel, to come live in a town we had only seen on a map," before arriving in Powell River in November 2015.

Why did you choose to move to Powell River?

Both • Powell River sort of chose us. We were in the long and winding process of applying for Canadian Permanent Residency, knew we would move somewhere in BC, but were not sure where exactly. A friend told us about a job for Charles, Nancy did a few google searches, and the Music Academy, the Patricia Theatre, the orcas and a few TripAdvisor reviews sold the place to her. In retrospect, Google maps did not do the town any justice, but from what we saw, we really liked the idea of a small town next to the ocean. And its proximity to Victoria was of course a bonus. Charles is now working as a family physician in the Harvie Ave Clinic, together with Dr. Marentette and Dr. Roehlig. Nancy is in the process of applying to do equivalency exams and get registered as an occupational therapist in BC.

What surprised you about Powell River once you moved here?

Both • Coming from Africa, we expected more than one day of snow! Also, that you can find almost every aspect/activity of big city life in a relatively remote town. There are also some really great speciality stores here.

Where is your favourite place in Powell River?

Both • It changes every week, but for now we really love Haywire Bay and Palm Beach, the Seal Park for the kids, Townsite for driving around in, and the new Indian restaurant for good food.

How did you first hear about Powell River?



FROM STELLENBOSCH TO THE SALISH SEA: Canada is exceeding Charles, Nancy, Emily and Lukas van Zyl's expectations. But disappointingly, the West Coast hasn't delivered much snow yet.

Both • Through another South African friend that used to work here.

If you were mayor of Powell River what would you do?

Both • This morning I read an article

about a pre-school and nursing home in Seattle that are on the same premises, and how this is mutually beneficial to the children and the older people. I love the idea and can totally see it working here.

If you were a fly, which wall in town would you like to inhabit?

Both • One of the Evergreen Theatre's walls.

What are Powell River's best assets?

Both • It's a cliché, but there is a real sense of community here. People seem to be completely invested in being Powell Riverites, supporting local arts and industries, loving their town. People are friendly and happy – like they really love living here. We love that! We also feel super fortunate to be able to raise our children in a place that is safe, culturally diverse and rich in natural beauty.

What is your greatest extravagance?

Both • Nancy loves playing her saxophone and Charles loves riding his BMW R65. We can sometimes be reckless when it comes to spending money on travelling. Nancy has a weakness for beautiful jewellery and art. Charles has every possible tool that Canadian Tire stocks and spends hours on Autotrader, browsing old cars and motorcycles.

Which talent or superpower would you most like to have?

Both • If Charles could choose a superpower, it would be to be superfit. Nancy would want to be able to illustrate the pictures she has in her head, and be able to play the cello like Jacqueline Du Pre. And of course to be able to speed-travel back and forth to South Africa. **RL**





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HELLO, POWELL RIVER

Find the light



BY ISABELLE SOUTHCOTT | isabelle@prliving.ca

Heather Gordon-Young (above) is an explorer. For years, her search was fuelled by a big question that took her across the world and caused her to question her own faith and beliefs.

"There must be a better way to be a human being," she writes in her new book *Fireflies: Finding Light in a Dark World*. Her search took her to graduate theological study at Regent College, UBC and to some dark and disturbing places. To write *Fireflies*, Heather completed a Masters of Fine Arts in Creative Non Fiction from Antioch University in Los Angeles in 2010.

"I write creative non fiction which, at its best, allows the reader to engage in the thinking of the writer as she or he wrestles with life's biggest questions. As a writer I invite the reader into that journey of discovery."

To many in Powell River, Heather is the Executive Director of Powell River Child, Youth and Family Services, but she's also a wife, a mother and a woman of faith.

She is also a sister to Jim, who committed suicide at the age of 26 after a long struggle with mental health issues and alcoholism.

"He was a talented and prolific wildlife artist," says Heather. "People have compared his work to Robert

Fireflies: Finding Light in a Dark World launches July 10, and will be available at Breakwater Books and online at Amazon. In addition, Heather is launching the Jim Young Foundation, to support mental health initiatives. Find out more at www.heathergordon-young.com where readers can view and order prints of Jim's wildlife paintings. All proceeds will go to the Jim Young Foundation.

Local authors publish in time for summer

Award-winning chef **Angelo Prosperi-Porta** has published a new cookbook called *Honey: Everyday recipes for cooking and baking with nature's sweetest secret ingredient*.

Angelo grew up in Wildwood where his family had a large garden.

This collection of 85 sweet and savoury recipes includes dishes such as warm chocolate almond crepes with raspberry honey butter; Canadian whisky and honey-cured salmon; pork tenderloin with sweet onion and mead sauce; roasted beets with orange and honey glaze and mini blackberry goat cheese cheesecakes.

Many of the recipes in *Honey* were inspired by Angelo's Italian heritage. In 2005 he released his first cookbook, *Flavours of Cooper's Cove Guest House*. That book was chosen as best book in English by the Gourmand World Cookbook Awards.

Angelo and his partner Ina have a bed and breakfast in Sooke called Cooper's Cove Guest House where he operates Angelo's cooking school.

Local author **Wayne Lutz** recently released the 12th book in his *Beyond the Main* series. This book, *Coastal British Columbia Stories*, uses a travelogue memoir format and reveals the spirit of travelling off the beaten track.

"I've concentrated on capturing the lifestyles of our locality, where people tend to be particularly self-reliant," says Lutz. "When you travel the streets of Powell River, it's a common sight to see quads in pickup trucks or loaded on trailers heading out of town. Where are all of these all-terrain vehicles going?"

Bateman's work even at 26 years of age."

Fireflies is a personal look at Heather's life. "It's a story that matters; the world needs to get better at responding to mental health and addictions issues. *Fireflies* is written, in part, to illuminate this and to look at the ways that we – as Jim's family – got it wrong. Hopefully the more we talk about it, the better we understand how important it is to get appropriate help."

Heather's story takes readers from Prince George where she grew up, to Africa where she met James, before the couple moved to Powell River in 2003, where they raised their children, Amelia and Jonathan.

"The book," she says, "is on one level about mental health, addictions, faith and struggle. But it's also about wrestling with the complexity of being light in someone else's darkness. It's about the limitations of helping another and the responsibilities and longings we face when we care."

Fireflies, is meant to ask questions rather than to provide answers. It's also meant to encourage readers to ask questions of themselves. Above all, *Fireflies* is a good story. It's engaging, thoughtful and meaningful. RL

Why I LOVE Powell River

Do you love Powell River?
Do you really, really, really LOVE Powell River?

Send us a **photo** with up to **200 words** that tells us why this photo illustrates why you love Powell River. Tell us what makes this such a great community! Is it the scenery? The people? The heart of volunteerism? The many diverse groups? Your neighbourhood? The adventures? Opportunities? The peace and quiet? Whatever makes you feel the love for Powell River!

Winning entries will be featured in the August issue of *Powell River Living* and at the Blackberry Festival, and receive great **prizes** donated by members of Tourism Powell River.

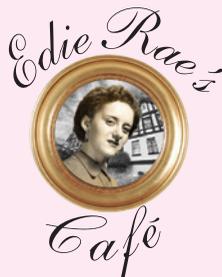
Deadline: July 15

Email entries to: isabelle@prliving.ca

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because he'd heard that if a refugee could make it there, he'd automatically be allowed to stay.

"I made it as far as Marseille, and ran out of money. So I went back to Italy and reported to the Italian police," he said.

After six months in refugee camps, Laszlo met with Canadian government representatives.

"They told me I had a good future in Canada because people are interested in ballet. I got a contract with the Royal Winnipeg Ballet."

He took a boat to Halifax and then a train to Montreal, arriving on Christmas day. He had no money at all.

"I smoked in those days, everybody did."

To buy cigarettes, Laszlo sold his suits and shirts. "All I had was a pair of pants, a t-shirt and a little suitcase with ballet notes in it."

After the holidays he auditioned for Les Grand Ballets Canadiens de Montreal. "I didn't have anything to wear, so they gave me a pair of blue tights. I put a bathing suit over it and auditioned. A couple years later I became a principal dancer of the company."

In 1969, he went with a new company called Les Faux Folly and danced in every major community in Canada – Powell River included. Laszlo returned to Les Grand Ballets Canadiens as a principal dancer. He retired in 1975 and began

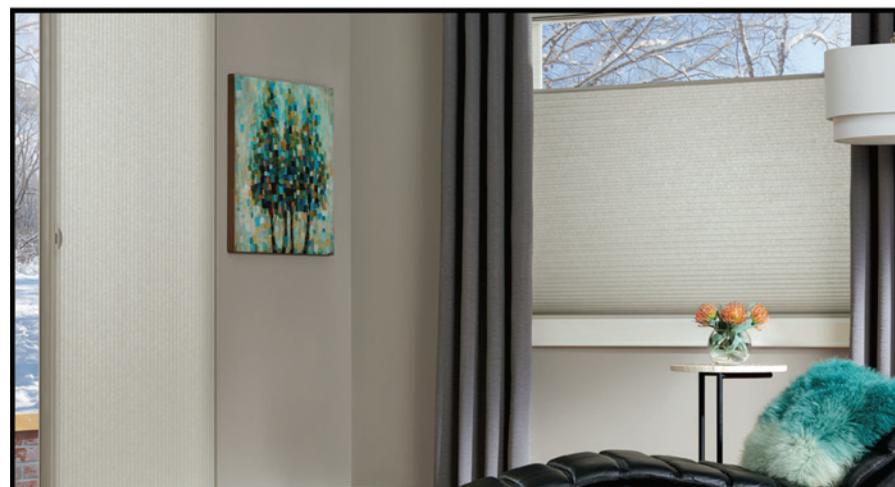
teaching at Les Ballet Jazz de Montreal (founded just three years before and still a top company today), before moving to Victoria where he worked as the artistic director for Spectrum Dance Company. He started the Calgary City Ballet before moving to Vancouver where he worked for several prestigious ballet schools. One day he saw an ad – Powell River was looking for a qualified ballet teacher.

"I gave them a call and the board of directors came to Vancouver to watch my class." Laszlo accepted the job and, 28 years ago, he moved here with his wife.

"My goal was to create dancers. Even if they aren't going to be professional dancers, I wanted them to dance to enjoy it, for the love of it."

Laszlo has had a life long love affair with ballet. "I love the challenge, the beauty and number one, you are dancing with a gorgeous lady."

One student who graduated from Laszlo's dance academy stands out in his mind. That student, Paige Anderson, will play an important role in the future of the dance academy as she will take over this fall. "Paige was an amazing figure skater," Laszlo said. But after an accident on the ice, she couldn't jump anymore. Paige will be the director of the Laszlo Tamasi Academy of Dance. She will be joined by Tanya LaFave and Amy Parsons. "All three of them were my students," he says proudly. [PR](#)



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Let's talk dogs

City wants your input on places for pooches

Powell River loves dogs. Big ones, little ones, fat ones, skinny ones. Just go to the “dog park” in Townsite and you’ll see dogs. Lots of dogs. They’re playing ball, visiting with other dogs, or just running around.

There are lots of trails where people can and do walk their dogs as well as the “unofficial dog park.” But still, some people are taking their dogs to places such as Willingdon Beach and Larry Gouthro Park, unsnapping leashes and not cleaning up after them.

The city has been getting complaints from sports groups about kids sliding in dog feces on fields, says Ray Boogaards, Director of Parks, Recreation and Culture for the City of Powell River. Something must be done, he said.

Four years ago, Henderson Park in the Townsite became the unofficial dog park.

“It was never endorsed by council,” Ray explained. Although many dog owners were happy they finally had an off-leash park for their pooches, not everyone was happy to see the biggest section of the park go to the dogs while a small corner was designated as a children’s play area.

“There has to be another place for people to take their dogs,” said Ray. “Henderson Park is the only park in Townsite.”

There are many Townsite people who want their park back from the dogs. The Townsite Heritage Society ex-



THE DOG (PARK) THAT WOULDN'T BE: You wouldn't know it from the wide smiles on these stick-wrestling pups, but they're standing in contested territory. Does Townsite's Henderson Park belong to canines, or local kids? And which parts of Powell River should go to the dogs? Whether you're pro-pooch or anti-poop, the City wants to hear from you.

CONSULTATION ABOUT DOG PARKS

What: An open house to hear from dog owners and others about whether to replace the dog park in Townsite with a designated dog park at the old Max Cameron school site on Joyce Avenue.

When: July 14, 7 to 9 pm

Where: Elm Room, Recreation Complex

Why: Due to growing tensions over the casual dog space in Townsite and elsewhere.

ecutive wants it to become a people park again. School trustee and mother Ashley Hull, who lives across the street from Henderson Park, would like to see it returned to being a people park.

“I knew when we bought our home in the Townsite we would be sacrificing a larger lot and an older home for affordability, but I reassured my husband that we don’t need a soccer field, there is one right across the road. Now, to have that park essentially taken away from children seems like a waste of our city’s park and playing fields.”

Henderson Park has been a gathering spot for the neighborhood kids, from toddler play dates, to after-school energy burn-offs and magical snow day tobogganing and snowmen building.

“To put it bluntly, our children are now socializing in

a toilet,” says Ashley.

The mother-of-five and school trustee would love to think that kids and dogs could co-exist on that field, but between safety and hygiene, she says, it isn’t an ideal arrangement.

“One day, as my daughter tried to catch up to her brother and friends across the field, the lone dog in the park took after her and hit her, mid-stride, causing her to flip feet over head before crashing down. The response we got from the dog-owner was a blunt: ‘Well, this is a dog park.’ I find that irritating. Most dog own-

“To put it bluntly, our children are now socializing in a toilet.”

– Ashley Hull, Townsite mom and School Trustee

ers consider themselves to be responsible, and I am sure they try to be, but last summer, while I unloaded my kids from my van, I watched an owner deliberately turn

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away and avoid his dog while it did its business in the middle of the field. I decided to walk across the street, grab a bag and hand it over to him.”

The park is well used by dogs. Dogs from Saltery Bay to Lund visit the park on a regular basis. People say there’s been more than 70 dogs at a time some days.

“Powell River is so big. I think we can have more than one dog park.”

– Eva Van Loon

Steve Ridley and his pooch Tia live up Powell Lake. They travel to town by boat and stop by the park whenever they can.

“The park is good for dogs and people too,” he says.

Eva Van Loon and her canine companion, Lord Tyee, welcome the idea of another dog park. They’re frequent

users. “We come here Wednesday, Sunday and often Fridays.”

Danny McKenzie along with pups Karma and Sammy visit the park every other day to meet up with the other dogs and their people and play fetch.

Danny and others have noticed that there are no signs at the park that say: ‘Powell River Dog Park or ‘Pick up after your dog,’ although there is a garbage can and doggy poo bags. All the dog owners were surprised to hear that the park isn’t an official dog park and think the city should endorse one.

Before the track was installed at Timberlane, dog owners took their pooches there.

“I like it here,” says Eva. “And Powell River is so big I think we can have more than one dog park.”

Meanwhile, Don Sharp, who has lived next to Henderson Park for 41 years, isn’t impressed. He loves dogs but thinks the city did the wrong thing by transforming a people park into a dog park. He’s sick of dogs that come to the park pooping in his yard and the smell of dog feces stinking up a garbage barrel all summer.

“The smell is overwhelming,” he says. “I take pride in my yard. I had to build a \$500 fence within two months

of the dog park opening because people would take their dogs off-leash and they’d crap all over my lawn.”

He says there was no consultation with residents before the city changed the park’s designation. “We just got this forced on us.”

As with any issue, there is more than one point of view. The city knows that something has to be done but would like input and guidance in this issue. What are your thoughts? Should Powell River have a new dog park? What do you think about using a new site? Should the city close down Henderson as a dog park?

“We need to talk to dog owners and local residents,” said Ray.

As part of the Regional Recreation Initiative study, the City is considering the use of the land they own at the old Max Cameron School site to replace the dog park in the Townsite.

“We own the front part of it and three sides are already fenced. All we have to do is clean it up, put up a fence on the fourth side and we have a good park.”

If dog owners are keen on this idea, in the future the city would bring water to the site and make sure there is a shady area and benches to sit on. [PRL](#)



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DERBY CHAMP



Photo by Alicia Baas

Selena Go-Mad has been given a berth on Team Canada for Junior Roller Derby. Selena (also known as Emily Lister) will compete in Kent, Washington on July 8 and 9 at the Roller Derby World Cup in the first ever Junior Roller Derby World Cup event.

She has been named as a starter – one of the top 20 players on the 30-member team.

Emily, 16, started roller derby when she was 12. “That’s when it started up in Powell River,” she said. “My sister Katherine and CaroleAnn Leishman got roller derby going in Powell River.”

Besides playing on Pow Town Thunder, Emily plays

for the Candy Crushers in Nanaimo.

She’s excited and proud to be representing her country at the Roller Derby Cup. “I really didn’t think I was going to make it then they put out the roster in February and my name was on it!”

Emily’s family, Nicki and Matt Lister are behind her 100 per cent. Her dad referees and coaches roller derby while her mom plays on the Powell River team. Sister Katherine, who is attending the University of the Fraser Valley, captains a roller derby team in Chilliwack.

“Matt thought it would be a fun activity for us to do as a family,” said Nicki. 

Beyond books Grow with the Library



Photo Contest

Congratulations to
Cynthia Marceniuk.

“Low Tide at Myrtle Rocks”
won the
Nature of Powell River
Photo Contest

Read to Dogs

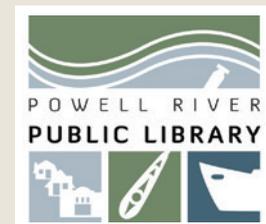
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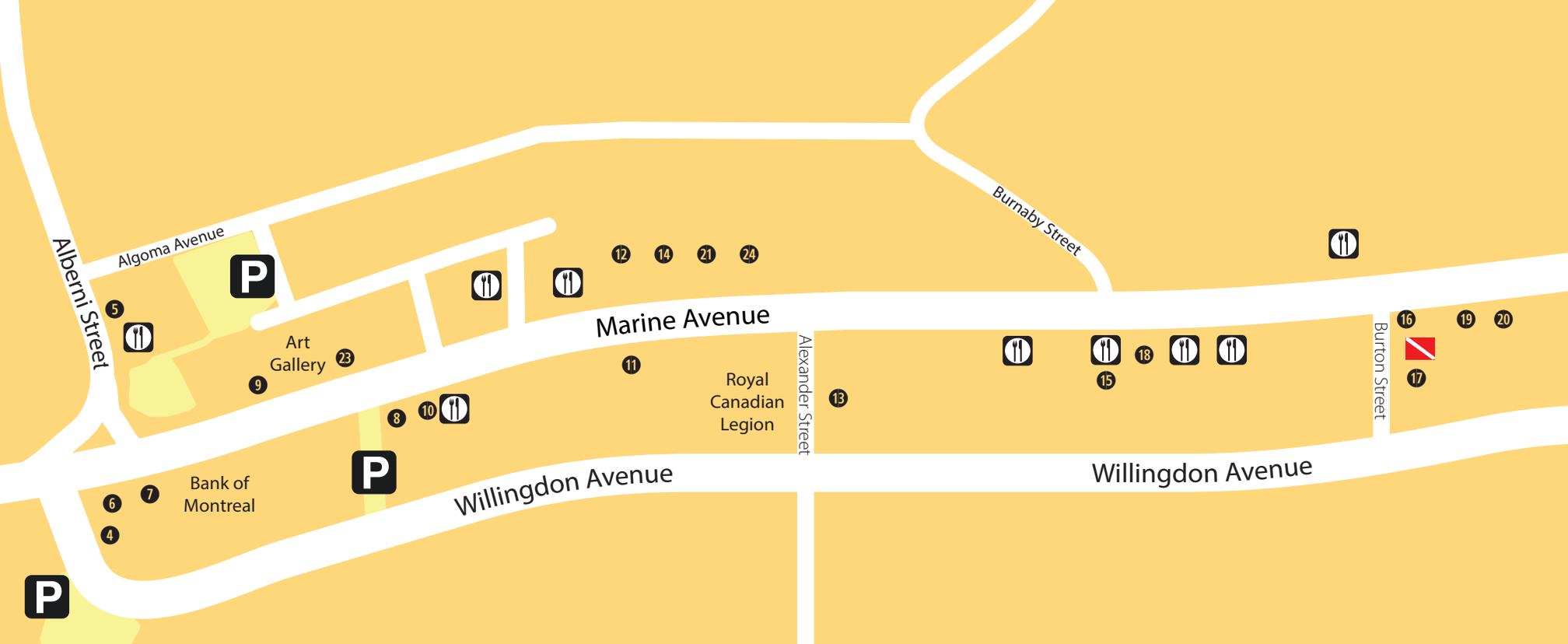
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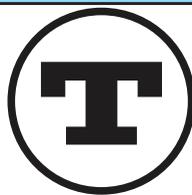
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COMMUNITY CALENDAR

Thursday, July 2

Job Options info session

Join Career Link's Nicole Townsend for an informal Info-session on our Job Options program; snacks provided! More info. call Nicole at 604.485.7958. 11am-3pm, Career Link.

Friday, July 3

Summer Reading Club

The Powell River Public Library's Summer Reading Club: Build It kicks off from 10:30 to noon at the Library. This year's weekly sessions include Sr. Bookclub (Grades 5+) Jr. Bookclub (Grades 1+) and LEGO (all ages). No registration required. Contact Sarah at 604-485-8625 or sbartonbridges@powellriverlibrary.ca for details.

Saturday July 4

Book sale

Kiwanis Club sale from 10 am - 1 pm at 4943 Kiwanis Avenue. Cheapest books around.

Thursday, July 9

Build a Bot

From 10:30 to noon on July 9 for all ages at the United Church. Create your own robot using only your imagination and tons of recycled materials. Registration is free. Contact Sarah at 604-485-8625 or sbartonbridges@powellriverlibrary.ca for details.

7th Annual FCU Road Hockey Tournament

6 pm, First Credit Union parking lot.

July 9 & 10

Flip Video Workshop

Hey Teens! From 9 am - 5 pm each day, join us at the Recreation Complex, and make a movie! We provide the space, cameras, computers, editing software and free instruction from an experienced videographer. You bring your killer ideas. The result: a mini movie produced by you, start to finish, in just two days! Registration required. Contact Sonia Zagwyn, Teen Services Coordinator by phone: 604 485-8663 or email: szagwyn@powellriverlibrary.ca for more details.

Saturday, July 11

Lang Bay Day

Noon to 8pm. A family event from noon to dusk to celebrate the 95th anniversary of Lang Bay Hall featuring live music, historical displays, heritage craft demos, kids zone, free painting, salmon BBQ and more. At Lang Bay Hall, Hwy 101 in Lang Bay

Razorvoice EP Release Party with Cleft, Potential Union and Pussycocks

8 pm: The BOMB - Bank of Montreal Building

Wednesday, July 15

Millennium Trail Guided Walk

1:30 - 3 pm. Instructor Margot Gallepie. Discover and explore Powell River's own Stanley Park! Meander the various trails between Willingdon Beach and the Complex. Difficulty: Level 2 with some short, gradual elevation gains, follow salmon bearing creeks and an old railroad bed with old logging artifacts. Scenic views of the ocean overlooking Harwood and Vancouver Islands. Suitable for a family excursion. Call the Recreation Complex for more info.

Why I Love Powell River contest deadline

Send us a photo with up to 200 words that tells us why this photo illustrates why you love Powell River. Tell us what makes this such a great community! Is it the scenery? The people? The heart of volunteerism? The many diverse groups? Your neighbourhood? The adventures? Opportunities? The peace and quiet? Whatever makes you feel the love for Powell River!

July 15-18

Texada Aerospace Camp

Grade 4+ science camp dgart@telus.net. 604-223-2588

Thursday, July 16

Read to Dogs

10:30 to noon for all ages at the Library. Choose your own story to share with our four-legged pals—they're great listeners. Registration is free. Contact Sarah at 604-485-8625 or sbartonbridges@powellriverlibrary.ca.

Sea Fair Volunteer Sign-up and Social

6:30 pm at the Tree Frog Bistro.

July 18 & 19

Texada Fly In

Dinner-dance on the 18th, and fly-in on the 19th 9 am - 2:30 pm. texada.org/events/texada-annual-fly-in-2015/

July 17 - 19

Sliammon Tribal Canoe Journey

Honouring our Youth. Multi-nation canoe journey from Vancouver Island to Willingdon Beach, with three days of cultural activities, including food and craft booth, planned for the beach. sliammontribalcanoejourney.com

Thursday July 23

Zine Making

from 10:30 to noon on July 23 for Grades 3+ at the United Church. Build without restrictions as author, illustrator, designer and publisher for your zine to be added to our collection. Registration is free. Contact Sarah at 604-485-8625 or sbartonbridges@powellriverlibrary.ca for details.

July 24-26

Sea Fair

Powell River's biggest summer festival celebrates its 52nd year with a fishing derby, live music, family fun, a parade, beach volleyball and more. powellriverseafair.ca

July 24-27

Texada Diversity Festival

Celebrates diversity in people, music, and arts, at the Shingle Beach Campsite and serves as a fundraiser to cover maintenance and development costs associated with Shingle Beach Campsite. www.diversityfestival.ca/

Thursday, July 30

MakeShift Theatre

From 10:30 to noon on July 30 for Grades 3+ at the United Church. In this workshop, we'll build our own script to be filled in MadLibs-style. Registration is free. Contact Sarah at 604-485-8625 or sbartonbridges@powellriverlibrary.ca for details.

July 31-August 3

Filberg Festival

Arts, crafts & music on a grand scale in Comox. Event features a kids' enchanted forest, food, and much more. filbergfestival.com

August 1 & 2

Texada Sandcastle Weekend & Skimboarding

Saturday kicks off with a parade, followed by bedraces, a kids play area, bingo, a pork roast dinner and more. Saturday evening, join us at Shelter Pt Park for a lip sync contest, moonbags and a laser light show. Sunday starts with a pancake breakfast then to the beach in Gillies Bay for Sandcastle construction. People's choice voting and cash prizes! Both days include skim board classes, food and craft vendors, a beer garden and a softball tournament.

August 1-3

Lund reunion

Event-filled weekend for Lundies. sites.google.com/site/lundreunion2015/

Coming in August

Edible Garden Tour; FCU Movies Under the Stars; Blackberry Festival; Sunshine Coast Festival of the Written Arts; Sunshine Music Festival; Arts Alive in the Park; Beer on the Pier, etc.



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Sea Fair

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Filberg Festival

July 31-August 3, Comox, BC
filbergfestival.com

Celebrate the best of Arts, Crafts and Music from across Canada July 31 to August 3, 2015! The 2015 Festival will showcase over 130 artisans and makers of fine art in a variety of media ranging from metalwork, pottery, toys, woodcrafts, jewellery, paintings, glass, textiles and specialty foods. This year's featured guest artist is Potter, Gordon Hutchens from Denman Island. The Filberg Festival also known for great entertainment has a great line up which includes: Cowboy Junkies, Matthew Barber, Jill Barber, Ken Lavigne, John Mann and Valdy to name a few.



Sunshine Coast Festival of the Written Arts

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DRAB TO DREAMY: Volunteer Whitney La Fortune paints an art mural in the garden of happiness.

Peace for patients

A drab and dreary space at the Powell River General Hospital has been transformed into a lovely garden.

The Garden of Happiness offers a place for patients to sit quietly or visit with others, surrounded by plants and flowers.

It was the inspiration of Gina Devlin one hot July when she was a patient at the hospital.

“It started out as a roof garden,” Gina explained. “One night I couldn’t sleep and I designed it at 4 am.”

Gina talked to people about her idea and everyone said, “Yes, what a great idea. No one said no.”

If you’ve visited a loved one in the hospital, you’ll understand why Gina wanted to create a tranquil space. “The noise, the business, the clutter, the restrictions – it is so uncomfortable and there is no way to get away.”

Gina remembers how cold it was in the hospital during her stay. “The air conditioning was freezing. All I wanted to do was get away and breathe real air.”

After getting out of hospital, Gina presented her idea but administration told her there was no funding for this, and a roof garden wouldn’t work. However, she learned about a space at the end of the main floor that might just work.

“It’s a covered area where people used to smoke. We looked at it, and it looked discouraging. But one of my family members who is a professional gardener looked

Gardeners needed

Volunteers are needed to help with maintenance. If you are interested please call 604 485-2152 or email ginadev@icloud.com

at it and said it could be like a small Italian courtyard.”

Fast forward two years, and Gina and her garden group received a grant. Today, the space has been totally transformed. Whitney La Fortune is painting a mural copy of Monet’s lilies; a fountain’s water spills over into a trough; and a climbing hydrangea shows off its saucer-sized white flowers. There’s a planter of sword ferns, yellow cedars, Japanese maples, rhododendrons, boxwood, hostas, pansies, petunias and clematis. And there are two beautiful art benches.

The garden was built by volunteers and hospital staff including BOWS (Bloody Old Women’s Society) and Dr. Andy Davis.

Gina is incredibly grateful that the garden of happiness has come together.

“There have been so many people involved in this, it’s amazing,” she said. “Five years from now when the plants are mature, I will be able to hear the birds sing and we might even have butterflies visit. It will be a peaceful place to visit.” [PR](#)

Are you **EVEN** or **ODD**?

If you’re going to water your lawn or garden, you need to know!

The City of Powell River bylaw states that all consumers shall restrict sprinkling of lawn, trees, shrubs and gardens as follows:

- (i) Properties with “even” numbered civic addresses may sprinkle on “even” numbered calendar days (i.e. 2nd, 4th, 6th, etc.).
- (ii) Properties with “odd” numbered civic addresses may sprinkle on “odd” numbered calendar days (i.e. 1st, 3rd, 5th, etc.).

What other rules cover watering?

- You may use no more than one hose for sprinkling at any one time.
- Underground sprinkling systems controlled by a time clock are exempt from odd-even sprinkling regulations only if operated between midnight and 7:00 am.
- Auto washing and irrigation by hand is not restricted provided that the hose has a spring loaded shut-off device or a hand-held container is utilized.
- Drip irrigation systems may be used at any time.
- Nurseries, farms, tree farms, parks, playing fields and public gardens may be watered at any time.
- If you are establishing newly seeded or newly sodded lawns, you may apply to the Engineering Services Department for exemption from the sprinkling regulations for a one month period at the time that the new lawn is planted.

Got questions?
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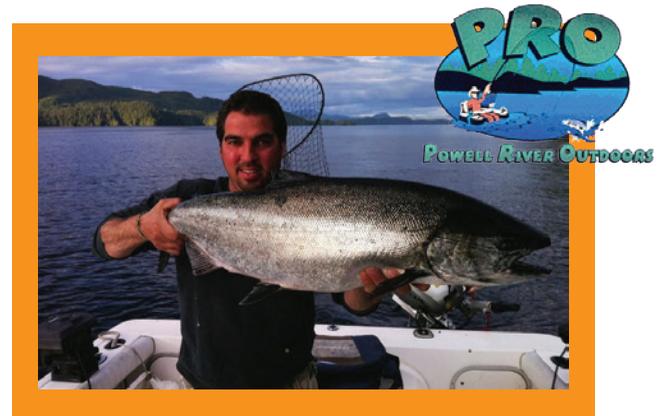


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Let the Sparks Fly!

Kombucha: A probiotic health tonic made with fermented tea

Christina Maitland and Matt Klassen, owners of Raincoast Kombucha, joke that Powell River is where young people go to retire. But they're just getting started - and business is booming.



TEA FOR TWO: Matt Klassen and Christina Maitland have become a symbol of the "live your dream" lifestyle Powell River offers.

What supports did you encounter opening your business?

C • The most helpful was the Community Futures program. It's made such a difference.

M • I agree! I tell everybody about Community Futures.

C • Kombucha is a new product and health regulations hadn't been established. Finding the right commercial space to make our product was also hard; rents were not affordable for a new business.

M • We started at the Farmers Market as hobbyists, and finally found commercial space through a relationship there. Then, once the health licenses were in place, the business took off. We have grown so much we need to move into a new space.

C • Distance can be both a barrier and a benefit. Transport costs are high, but it creates a filter that keeps Powell River special. Townsite Brewery has been so helpful; they have been like our mentors.

M • The business community works together to share transport expenses. We collaborate with other businesses, like 32 Lakes Coffee Roasters and local artists, who have the same challenges. Everyone wants to see each other blossom. We find opportunities to work together.

How is sustainability a factor?

M • Practicality in business is important for economic sustainability. When we started we had great ambitions, but would undermine ourselves by not enforcing our terms. To keep the business sustainable, we had to learn to be practical.

C • We are discerning with who we do business with. If principals clash, relationships are not sustainable. Being at the Farmer's Market is still very important to us - we get to connect with our community. We prioritize the environment and focus on forward thinking options. We have a deposit program and re-use our bottles.

M • All of our deliveries are done in person and our vehicle runs on biofuel/veggie oil.

Ideas to cultivate a thriving economy?

M • Support local people; avoiding products which are made far away. If you need something, ask a local business to bring it in for you.

C • There is so much to share in a sustainable way. Powell River is an incubator and is ripe for growth. More people should open business, although let's not grow too big...our community is a sanctuary.

M • I want to encourage and support

people to make the leap. There is so much talent here.

C • We joke that PR is where young people go to retire!

What advice would you give new businesses?

C • Some people think economics as a negative thing; I used to be one of those people. Not anymore! You can do business from a principled perspective.

M • We need to bring balance to economics.

C • Go to Community Futures! Get to know your 'community' of other business owners to collaborate and share expenses.

M • If you are creative, focus on the creativity but ensure you have quality support such as bookkeepers to manage the numbers and paper. Know your product, be proud of it, and do it because you love it.

What about Powell River makes you proud?

M • This is a sharing community. You don't have to do everything yourself... encourage others to do things and share. There are so many different options here.

C • Two main things: Natural beauty; the oceans, the forests - all of it makes me feel at home. And the community.

There are so many options for innovations; so many super cool things are happening. The community is beautiful; many inspiring people live here.

What is Groundswell?

Groundswell, the January 2014 conference at VIU, brought 160 community members together for a day of inspiration, creativity, ideas, and relationships that focused on a positive future for our region.

Participants expressed a strong interest in creating a better understanding of the dynamic links between economic, social, and environmental wellbeing.

They were also eager for the conversations that started at Groundswell to make their way into the community, and to see these efforts result in concrete actions. This series is part of that effort.

To learn more: read the full Groundswell conference report: wordpress.viu.ca/ddcc/groundswell-conference/.

Please join the conversation on Facebook: [facebook.com/ddccPR](https://www.facebook.com/ddccPR)



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Powell River Pride 2015

Proud of us all

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, Who am I to be brilliant, gorgeous, talented, fabulous? Actually, who are you not to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others."

- Marianne Williamson

BY KADEN WEBB AND ZANE SAMPSON

Who are you? You are brilliant! You are fabulous! You are talented! Pride is about celebrating differences and taking away culturally made up beliefs about how we "should" act and tearing down stereotypes.

We all have the ability to let our light shine and our fabulous inner being out. Some might find the thought of a man dressing up as a women ridiculous, but why?

PRIDE POWELL RIVER 2015

What: Celebration: "Gay, Straight, Bi-sexual or Trans-gendered, take Pride in who we all are"

Family event: July 4, 1 pm, Willingdon Beach

Drag Show: July 4, 9 pm, Carlson Club

Heels and make-up were invented for men.

Pride gives the opportunity to know you're not alone; it gives us hope that humanity will stop judgment on superficial things and encourage people to be brave. Be yourself.

Pride is about self-acceptance and love. We, as a community, could all use a little more self-acceptance and love.

It is amazing to think that Pride started back in 1969 with a police raid on a bar at the Stonewall Inn in New York's Greenwich Village. That led to weeks of riots and the formation of gay activist groups. It would be these groups that helped organize the very first Gay Pride marches in 1970 to commemorate the anniversary of the Stonewall riots. Today, Pride isn't so much about the riots...it's more about how people of all colours and stripes can be together and celebrate. Yes, we are each



AND PROUD OF IT: Pride organizers Kaden Webb, Zane Sampson and Jeff Leggat (not pictured) hope to see you "out" at Willingdon Beach July 4.

different... and that's okay. In fact, it's perfect.

On July 4th at Willingdon Beach, starting at 1pm, there will be a family event to celebrate the Pride community in Powell River! Then, that evening starting at 9pm, at the Carlson Club there will be a drag show with guest appearances from some of Vancouver's premier Drag Queens.

Come out and enjoy a fun filled evening of laughter, outlandish entertainment and, Gay, Straight, Bi-sexual or Trans-gendered, take Pride in who we all are. [PR](#)

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get to know us



DEDICATION OF OLDALE CABIN: For some 30 years Tom Oldale devoted his life to his family and the goals of Powell River's Junior Forest Wardens (JFW) program. Known as someone whose innate demeanour demanded respect, he returned that respect to the many young people who watched him and learned from him.

Tom's involvement with the organization began when his son joined JFW. Tom then became a leader and ultimately achieved the highest rank, that of supervisor. Over the years it brought him great joy to see not only his son, but his grandson and his nephew participating in JFW programs. Tom passed away December 23, 2014.

Junior Forest Wardens is built upon the foundations of forestry, ecology, outdoor skills and leadership that Tom believed in and lived by. It is fitting, then, that Oldale Lodge has been dedicated to his memory. The cabin, generously donated by private donors, is located at the JFW camp near Lois Lake and provides a venue for JFW gatherings as well as for overflow housing on group events.

Pump Up the Volumes!

Powell River Friends of the Library has launched a Pump Up the Volumes campaign to raise \$100,000 so they can fill the shelves of the new library once it is built.

Over the next year and a half, Friends will work relentlessly to raise funds so they can buy 4,000 books, movies, music, and technology so that once the doors of the new library are open they can give citizens all the experiences expected of a

modern library.

Friends of the Library's President, Pam Brown, said there has been tremendous support from the community so far. "A group of citizens calling themselves The Consortium donated \$5,000, and an anonymous donor matched that amount. Gifts from Max and Winnie Ferrier and Esther Dyck were given with the express intent of motivating other people to donate."

The campaign features a bookplate

component. "For every \$25 donated, a bookplate will be placed in one of the new items, recognizing the donor," said Pam. "These make great gifts, and can be used to honour someone, or in memoriam."

Friends will continue to hold book sales and have other activities planned.

"We are especially looking for businesses who would be interested in promotional partnerships," said Pam

More details on the Pump Up the Volumes! campaign are on the Friends' page of the library website at powellriverlibrary.ca/content/friends-library

The great street piano caper

BY ANN NELSON

Imagine: you're shopping on Marine Avenue or waiting at the dock for the ferry with visiting friends and suddenly, there's beautiful piano music pouring down the street. You look around, trying to spot where it's coming from and just as you think you've pinpointed the source, it changes, then changes again...it's not a recording, it's live! Right there on the street or the dock, someone has sat down at a piano that has appeared overnight out of nowhere, and is playing whatever they can remember or from their own imagination. It's absolutely magical, and it's something that's happening on streets all across Canada and the US and clear across the Atlantic to its source in England.

Public (or street pianos) came into being in about 2008 as the brainchild of British Artist Luke Jerram and his "Play Me...I'm Yours" project and has grown to 1300 pianos in more than 46 cities. This is Powell River's year to create a program for our own streets, as the Arts Council launches with four pianos this month. There'd been four pianos accumulated for us at TMS Storage and we'd been focused on securing the venues, the insurance, the security, artists to decorate them over the summer, and all the other logistical stuff

so the pianos could be placed around town in time for PRISMA. However, when Tom Dowding started preparing the pianos for their big debut, we discovered all but one of those pianos was unplayable. Fortunately for us all, we do live in Powell River and practically overnight another four pianos were graciously offered and we're off and running.

By Canada Day, you should find your own piece of piano magic happening at the first four venues, with more to come as pianos are matched to sites. Prepare to enjoy a fun, musical summer, Powell River style...strolling, grazing, playing, singing and laughing: maybe even a little dancing! Pianos will appear first at: the covered patio by Nicholas Simon's office on Marine; the forecourt between TAW's and Tree Frog on Marine; at the wharf; at the covered front entrance of the Recreation Complex. Next sites include: Townsite, either at Sycamore Commons or the Patricia's foyer; Pacific Point Market; and possibly Willingdon Beachmore suggestions?

To participate in the care and feeding of our exotic pet pianos, please contact Ann Nelson of the Arts Council. prcac@shaw.ca or thepatricia@shaw.ca or 604-483-9345 Artists, want an extraordinary and unique canvas for your talents? We welcome you! PRL



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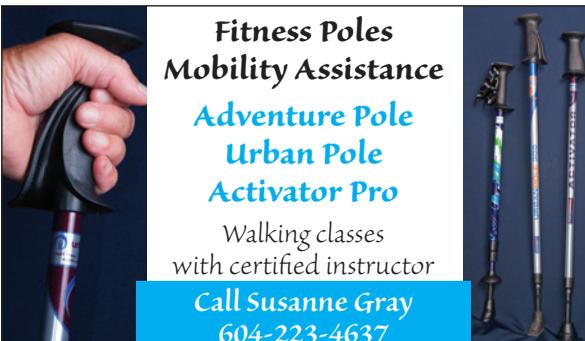


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WHAT'S UP

Lang Bay days

Lang Bay Hall has been standing since the early 1920s. It has been a community centre and on July 11, Lang Bay Days will celebrate the 95th anniversary of the hall.

It's a day of family fun, crafts, games and heritage craft demos, painting, live music and food from 12 noon to 9 pm. Events include: beading with members of the Métis Society; hatchet whittling with Ron Hunter; basket and hat weaving with a member from Sliammon First Nation; chainsaw carving with Vivianne Meinier; saw bucking shake cutting and more. There'll be a sheepskin tanning and a curing display, a display of old logging equipment, a kid's zone, salmon barbecue, door prizes, and a silent auction. Admission is free.

Honouring Elsie Paul

Sliammon First Nation's elder Dr. Elsie Paul was honoured nationally last month for winning a Clio Lifetime Achievement Award and an Aboriginal History Book Prize.

Elsie won the Aboriginal History Book Prize from the Canadian Historical Association for her book, *Written as I Remember It: Teachings (ʔəms taʔaw) from the Life of a Sliammon Elder*.

Clio lifetime achievements are given by the Canadian Historical Association for exceptional contributions by individuals

or organizations to regional histories. Elsie's lifelong dedication to the stories and teachings of Sliammon and her willingness to share were cited by the committee as reasons for recognizing Elsie.

"This is such a great honour for our family," said Elsie's daughter Marlane. "She is deeply humbled by this recognition." *Written as I Remember It* is part memoir and part ethnography. It was coauthored by Paige Raibmon and Harmony Johnson, Elsie's granddaughter. For more about Elsie Paul and her work, watch for a full length feature in next month's *Powell River Living*.

Gardenscapes on display

Landscape painter Ursula Medley will have an opening reception at Artique Artists Cooperative 7-9 pm July 16.

"Garden of Earthly Delights in my Own Backyard," Ursula's gardenscapes nod at the rich traditions of Emily Carr and the Group of Seven and focus on the garden as landscape. Employing her unique techniques, developed for on location painting, brings the Canadian landscape in from the wilds to our own backyards.

Powell River musicians Bob Drage and Lowell Morris will provide a mix of light classical jazz and popular favourites. The public is invited to attend. For more info visit www.ursulamedley.ca

Come see Sea Fair



July wouldn't be July without Sea Fair. The popular summer festival celebrates 52 years of bringing Powell River together with entertainment, vendors, fireworks, and a midway at Willingdon Beach.

Running over the July 24, 25 and 26 weekend, Sea Fair kicks off with the treasure hunt at 6 pm at the Willingdon Beach stage.

"At 6 pm we'll announce a clue on the stage," said Sea Fair president Jenny Garden. "We're turning the treasure hunt into a scavenger hunt on Sea Fair Friday. The committee wanted to try something different to see how it goes. The treasure will be hidden on the Sea Fair grounds and we have a really great prize hidden in the treasure!"

The Music Revolution steals the stage at 4 pm Friday night with lots of youth bands featured all evening and the midway runs for all three days.

Saturday gets underway with the parade at 10 am. Sign up for this and other events online at powellriverseafair.ca. The beach volleyball tournament be-

gins at 11:30 am (teams of four needed, register online). There's a dragon boat demonstration and talent contest at 3 pm with \$100 for the winner. The firefighters will be at Sea Fair on Saturday and doing tons of cool things with the kids, says Jenny. First Kidzone is always popular with the wee ones and it is open from noon to 6 pm both days. The fireworks get underway at 10:30 pm Saturday with Celebration Fireworks taking over this year.

Sunday begins with a parkside service at 10 am. Save-on-Foods pancake breakfast is from 8 am to 11 am. Pow Town Games (tug of war, sack races and more) get underway at 1 pm and the Fishing Derby Weigh-in with \$1,000 up for grabs for the largest salmon is at 5pm!

Last year's winner of the fishing derby lives in Texas, says Jenny. "We want to bring the trophy back to Powell River!"

As well, there are lots of great vendors, beer gardens and lives music.

See you at Sea Fair! **RRL**

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WHAT'S UP

Texture & Light on tour

Electronic Dream Rock band Texture & Light are cramming into a van this summer to go on a tour that sees them hit all of the major cities in BC and Alberta and culminates with a headline slot at the 20th annual Kispiox Valley Music Festival where they will also host a workshop.

The band will debut new songs off their yet to be titled sophomore album: "The Hard Problem of Consciousness" at https://soundcloud.com/textureandlight/sets/texture_light or visit www.textureandlight.ca for more info.

Townsite wins bronze

After winning silver for Biere D'Hiver at the BC beer awards, Townsite Brewing's Cedric Dauchot went on to win bronze at the Canadian Brewing Awards last month.

The Canadian Brewing Awards Gala was held in Niagara on the Lake where Cédric medalled in the Category: Belgian Abbey Ale; subcategory: Dubbel. It's a style Cédric knows well. "Ste Feuillien Brune is the local beer in my hometown. I grew up drinking this style of beer."

Soccer girls win big

Brooks Secondary School celebrated a first last month when the school's senior girls' soccer team brought home top provincial honours.



PROVINCIAL MVP: Sweeper Natalie Verdiel won the honour after the Brooks Thunderbirds won first place at the Burnaby Lake Sports Complex.

Brooks Thunderbirds defeated North Vancouver's Seycove Seyhawks 2-1 in the final. The team was ranked ninth going into the tournament. They went undefeated to take the provincial title May 29.

Coach Cam Miller was still pumped when *Powell River Living* caught up with him. "It was super amazing...we've never done this before. You kind of dream about these things. The level of play was just fantastic. Every game was a nail biter

was right up til the end. The girls played really well."

Sweeper Natalie Verdiel was voted MVP by the other coaches at the 16-team tourney.

"This is the first time for us and the first time that a north island team has ever won provincials in senior girls soccer," said Cam. "We haven't even made it to provincials since 2000 so just to get there was really exciting for us. We knew we were capable of playing good soccer and playing with everyone. But to win a provincial you need the breaks at the right time. We played well as a team together."

Art party

Join six local artists for an art show called The Views - An Art Party at Willingdon Gallery, 4624A Willingdon Avenue at 7 pm on July 9.

Anna May Bennett, Rick Cepella,

Blake Drezet, Kerensa Haynes, Meghan Hildebrand and Autumn Skye Morrison are the artists. The show will be open for the 10th and 11th, from 11-4.

"Join us for original art and refreshments while the painters spin vinyl for your pleasure," invites Anna May.

Edgehill students help

The Grade 7 class at Edgehill School held bottle drives and raised over \$650 for the Madison White fund.

"Originally, students wanted to raise money for a year end activity, however student Ellayna Brown suggested we donate a large portion of the money we raised to help Ellayna's friend, Maddie White, and her family," said Edgehill teacher Stephen Ball.

Madison White was diagnosed with leukemia in March. She will spend several months undergoing treatment at the BC Children's Hospital in Vancouver. **RL**

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From the cradle of great acceptance rise the voices of life and courage. July 4th is the Pride Celebration at Willingdon Beach.

Aries

(Mar 21/22-Apr19/20)

Family, however we define it, is the point of all that work. Hold them close and build memories as the next phase of life unfolds petals of seasoned joy. View the conjunction from the Shelter Point campsite on Texada Island.

Taurus

(Apr 20/21-May 20/21)

Wrapped in life's patchwork quilt the warmth of your relationships are your forever treasures. Tell them, show them, leave no doubt.

Gemini

(May 21/22-June 20/22)

In a search for meaning, emotions reflect the biology of love, and love reflects the beauty of the soul. Water holds the memory of both as you walk in thought by the sea.

Cancer

(June 21/22-July 22/23)

Your strength and protection are exactly what is needed, step up and fill the space with your dauntless heart. Take a walk on the wild side Sunshine Coast Trail, all levels.

Leo

(July 23/24-Aug 22/23)

Hands up and dance Leo your groove is transcendent, infectious and a beacon of freedom in the starry kaleidoscopic night of Texada's Diversity festival July 24-27th.

Virgo

(Aug 23/24-Sept 22/23)

The dreams you have now are seed from a future of your own creation grown with the helping hands of friends. PR Garden Club's edible tour is coming.

Libra

(Sept 23/24-Oct 22/24)

Reach up Libra the passion you feel serves a purpose greater than you realize, greater than yourself, and much greater than your worries. Listen.

Scorpio

(Oct 23/24-Nov 21/22)

Gravitas and prestige accompany your latest achievement. If it's time for a new challenge, learn to sail at the PR Yacht Club - all ages all levels.

Sagittarius

(Nov 22/23-Dec 21/22)

Though restriction is anathema to your nature the one you love is holding the plane tickets. Work it. Who are you in their eyes? Trust your passion.

Capricorn

(Dec 22/23-Jan 19/20)

What feels like opposition is actually a door that opens inwards revealing the provision of your golden soul. Contemplate your next move while feeding whiskey jacks on Mount Washington.

Aquarius

(Jan 20/21-Feb 18/19)

Thank the experienced and patient angel beside you for the lessons on flying and your new perspective on this migratory life. Malaspina Naturalist's Club hosts great talks and field trips.

Pisces

(Feb 19/20-Mar 20/21)

In the sky above Willingdon Beach, from the embers of a shooting star, a new love appears on the horizon of your mind as you realize the gift you are to the banquet of friends. 

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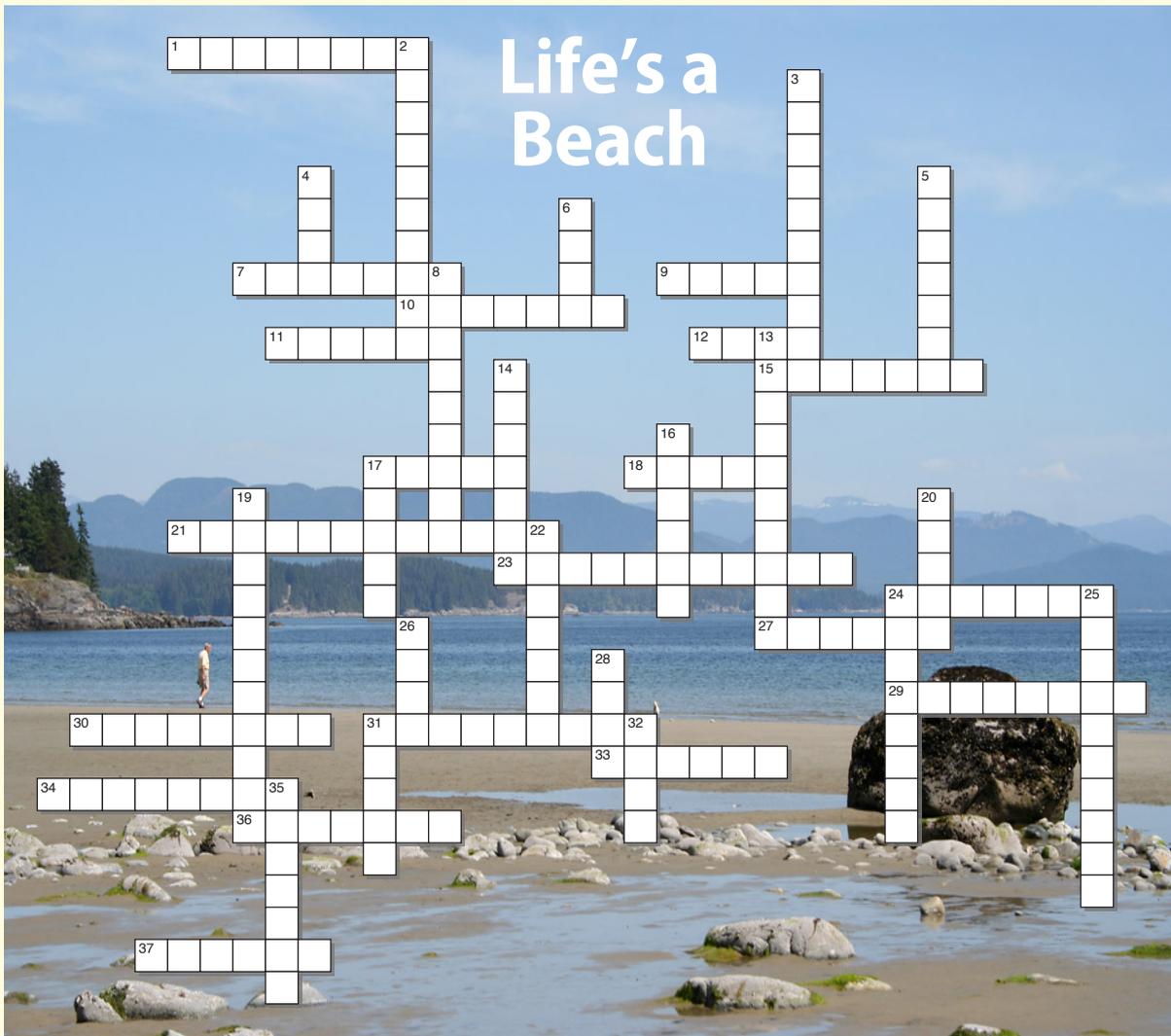
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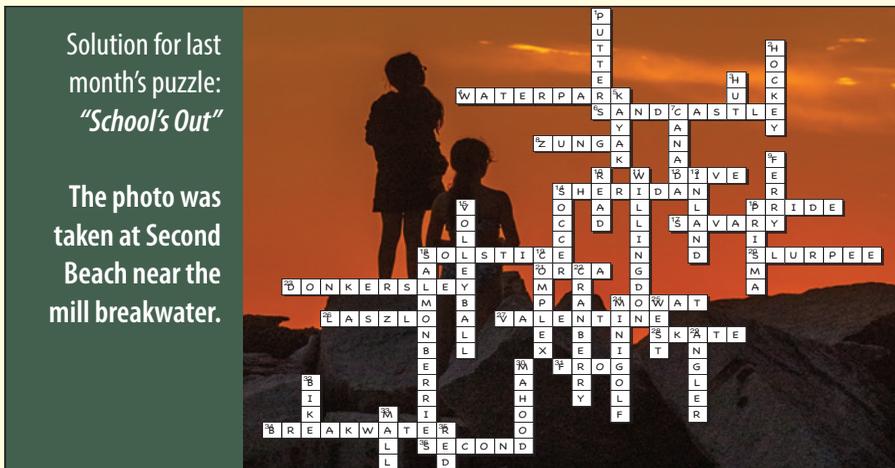
Life's a Beach

Across

1. Good vista and cabin bay
7. Beach near Brew Bay
9. Private campground near Saltery
10. Inlet for oysters
11. Beachwear
12. Farewell, sound, or sea
15. Rocky bivalves
17. Beach pinchers
18. Palm Beach's flighty river
21. Hotel
23. Beach money
24. Uninhabited isle
27. Rock-sticking snail
29. Beach activity
30. Museum on the beach
31. Go bare from the beach
33. Warmest island beaches
34. Tidal pool tentacles
36. Point to Dick Island
37. Rocks, oysters and tidal islands

Down

2. City beach
3. Protected by Albion
4. Beach schoolers
5. Noisy bay near Scotch Fir
6. Sandcastle's nemesis
8. Ollies, but no wheels
13. Beach sport
14. North of wildwood
16. Boat launch doubles as beach at this little lake
17. Sandy bivalves
19. Princesses and moats
20. Cranberry beach, but not on that lake
22. Bay for mermaid
24. Quarry
25. Not much beach, but good for supper
26. Bay for Quackers
28. More canoe starters than swimmers
31. Savary beach
32. No coconuts, just sand and music
35. No roofs or chickenpocks here



Solution for last month's puzzle:
"School's Out"

The photo was taken at Second Beach near the mill breakwater.

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Renovations to Powell River Search & Rescue's Base of Operations

New UV water treatment system to reduce chlorine use at the Complex



Powell River Bike Park and upgraded Skateboard Park

photos by anjismithphotos

More grants coming

On May 7, the Powell River Community Forest (PRCF) presented \$1,364,055 to the city. That amount represents the dividends earned by the forest in 2014. At the time of the announcement, the PRCF recommended several grants.

You've already seen our previous year's grants in action. They included the new Bike Park, buying the trees to preserve and expand Millennium Park, major renovations to the Powell River Academy of Music, and much more.

With the money left in this year's fund, we expect to announce further grants for community group projects early this fall.

We welcome new project proposals and updates to existing ones at any time. The "rolling" project list is updated and reviewed on an ongoing, collaborative basis with city staff.

More information on the process to apply and our evaluation criteria can be found on our Web site. Click on "Community Projects."

prcommunityforest.ca

Project proposals may be submitted by mail, or sent electronically to:

Greg Hemphill, president: greghemphill@telus.net

Powell River Community Forest LTD.

4760 Joyce Avenue

Powell River, BC V8A 3B6

and

Shehzad Somji, CFO: ssomji@cdpr.bc.ca

City of Powell River

6910 Duncan Street

Powell River, BC V8A 1V4



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