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Nothing but kudos for Robert and *Works Consulting!* Robert was just an email away and I will never hesitate to hire him again, or to recommend *Works Consulting* to other businesses.
Greg Dickie

Robert Dufour provides most of our design and printing. He approaches all our projects with particular attention to quality that will reflect well on our organization. He has been an important partner in the design and creation of this material.
Terry Sabine, Powell River Academy of Music

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ON THE COVER

Beachgoers wrote in the sand how they feel about Powell River.
Photo by Isabelle Southcott

Powell River Living CONTRIBUTORS



ANDY DAVIS is a retired physician and a tireless volunteer for the Townsite Heritage Society. Affectionately known as Dr Dirt and The Man on the Hill, Andy spends many hours working in his beloved Triangle Gardens.



EMMA LEVEZ Larocque is the Literacy Outreach Coordinator for Powell River. Her job is to raise awareness about literacy in the community.



ROSEMARY MORAN is a semi-retired Public Health Nurse who enjoys spending time on Savary Island with her husband and family.



RICK THADDEUS is a full-time Savary Island resident and realtor. Not only does he know practically everyone on the island, he makes it his business to know what's going on there, too.



LINDA WEGNER is researcher and writer with nearly a thousand articles to her credit. Her strength lies in writing business-related feature articles and survey-based reports.

When I thought I couldn't go on, I forced myself to keep going. My success is based on persistence, not luck.

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We welcome feedback from our readers. Email your comments to isabelle@prliving.ca, or mail to Powell River Living, 7053E Glacier Street, Powell River, BC V8A 5J7
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Powell River Living IN THIS ISSUE

Have you been?

If you're reading this and you're not on a boat or at a beach, perhaps it's time to re-evaluate your priorities. Summertime in Powell River defies superlatives. From chilling out at the cabin on Powell Lake, to paddling Desolation Sound, to eating ice cream at Willingdon, Powell River's natural setting is simply too good to miss.

While I enjoy my job, sadly, I'm writing this in the office on a computer, sitting behind a desk. Fortunately for you, the magazine is far more portable than my work station.

You can take this issue along as you explore Powell River, and inside, you can find even more fun things to do, including several pages on exploring Savary Island. This little piece of paradise is not to be missed. Yet I'm still surprised by how many Powell River residents have never set foot on Savary. People come from all over the world to relax on her shores. For Powell Riverites, it's just a short hop on the Lund Water Taxi and you can be enjoying the sun and sand of Savary.

Perhaps you've missed some of Powell River's other gems, too? Have you been into Desolation Sound? Again, locals have little excuse for not having experienced what people from around the world come to enjoy. We simply have to make a call, drive to Lund, and hop aboard the *Swan Spirit* or Beyond the Road Adventure's *Agate Pass* to tour the Sound. Or try kayaking

the protected waters of the Copeland Islands or Okeover Inlet.

Or, at the to the other end of the Powell River peninsula, head up Jervis Inlet with Sunshine Coast Tours to explore the breathtaking Princess Louisa Inlet - one of my favourite places on the planet. Sailors come from all reaches of the oceans to visit the inlet and it's streaming waterfalls, mighty granite cliffs, whirling rapids and serene waterways. Erle Stanley Gardner, the author of the Perry Mason books, wrote about the inlet, and I won't try to compete with him: "There is no use describing that inlet. Perhaps an atheist could view it and remain an atheist, but I doubt it. ... There is no scenery in the world that can beat it. Not that I have seen the rest of the world, I don't need to. I've seen Princess Louisa Inlet. It is more than beautiful. It is sacred." The guy had a way with words, you have to admit.

Yet many Powell Riverites have never seen this beauty that lies in our back yard.

No doubt, many of us have also missed other gems in and around Powell River. So get out and explore - and bring this copy of *Powell River Living* with you! 



Sean Percy, Associate Publisher • sean@prliving.ca



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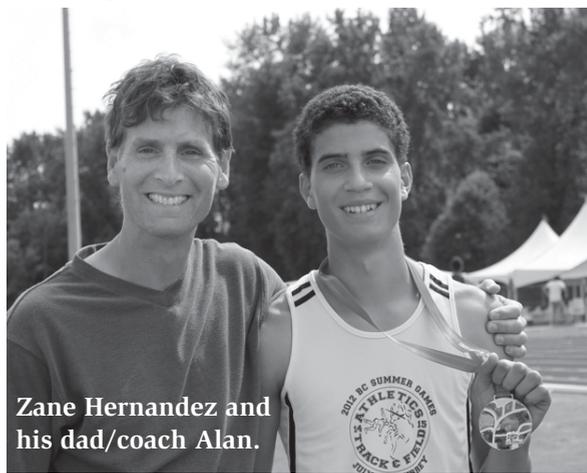
What's up? POWELL RIVER

Track & Field stars

Powell River's Zane Hernandez helped Zone 6—Vancouver Island-Central Coast—win the most medals at the Summer Games in Surrey in July. Fifteen-year old Zane won the silver medal in Pentathlon.

Calli-Ann Abbott, 14, also competed at the Summer Games. She got fourth in 80 metre hurdles, and in 200-metre dash she missed a Bronze by seven-hundredths of a second! Calli-Ann came in sixth in triple jump.

Also medalling recently was Zane's brother Cale who won gold in the Octathlon at the BC Athletics 2012 Track & Field Jamboree in Coquitlam. He was selected to the BC & Yukon Youth (ages 16-17) team for the 2012 Legion National Track and Field Championships in Charlottetown, PEI in mid-August.



Zane Hernandez and his dad/coach Alan.

Art comes alive

Local artists will be displaying their works for sale at the 12th annual Arts Alive in the Park on August 18 and 19 at Willingdon Beach. Musical, visual and literary artists come together all in one place. There is also a dance, music, poetry slam and workshop for adults and kids.

Not only can visitors watch artists at work, but they can listen to performances while enjoy various food options in the park.

SPCA animal shelter under construction

The Powell River SPCA is one step closer to getting its animal shelter with the sod-turning ceremony held on July 25. Construction at 7558 Duncan Street began in July; it is expected to be complete by the end of 2012.

"For 30 years, a group of amazing SPCA volunteers, working from their own homes and with a network of foster families, has rescued and cared for thousands of abused, abandoned, lost and injured animals," says Craig Daniell, chief executive officer of the BC Society for the Prevention of Cruelty to Animals.

A referendum in July 2010 led to the Regional District providing a \$75,000 annual contribution toward operating costs. Land and construction costs—approximately \$860,000—will be funded by BC SPCA donors. Support for the project is still needed. Please visit spca.bc.ca/build-powellriver to help save animal lives.



Maggie's a "10"

Who said there's no free lunch? Maggie Hathaway, City Councillor doesn't agree. After winning a FREE lunch from The Brown Bag for 10 people, Maggie invited her volunteers and a few friends to the MLA's office where she works to share lunch with her. A feast of delicious sandwiches, fresh veggies and delicious deserts was enjoyed by all. Unfortunately Nicholas Simons was not able to make it. All ten who broke bread gave it a 10 out of 10!

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- Three's a crowd
- Check it out



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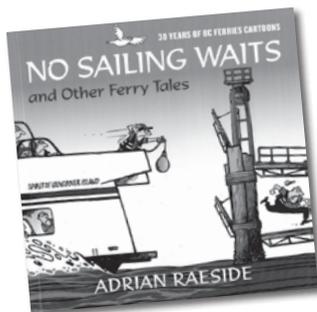


ORCA Bus off the road

With the ORCA Bus off the road (it failed its annual inspection), there will be programming changes for the September start-up. Plans are set to purchase a new bus (costing about \$150,000) and so far, the group has raised \$40,000 towards the goal. The ORCA Bus project is an integral part of Powell River's Early Childhood

Learning and many families use this free service.

You can help, too. Contributions are being accepted at First Credit Union towards the Success By 6 fund designated for the ORCA Bus Replacement Campaign. To find out more, contact Nadine Porchetta by email to coordinator@successby6powellriver.ca.



Ferry Tales

Editorial cartoonist Adrian Raeside has compiled the best of his ferry frustration cartoons in a new book called *No Sailing Waits and Other Ferry Tales*.

This book is the perfect summer read for those who are held hostage by BC Ferries. With over 200 cartoons about the ferries covering everything from the Fast Cat ferries to the maligned David Hahn and Sunshine breakfasts, this clever collection of cartoons that lampoons the omnipotent corporation will have you laughing. You may even find some of your favourites from the many years that Raeside was published in the *Powell River News*.

No Sailing Waits and Other Ferry Tales is published by Harbour Publishing and is available at local bookstores.



Making memories

The flavour of Savary Island

By Rosemary Moran

“Grandma, are we at Savary Island yet?” Aidan, my four-year-old grandson, asked. We were on the ferry from Comox to Powell River and Aidan was coming to visit Grandma and Grandpa for a few days on Savary.

Although Aidan has been coming to Savary since he was a baby, this was his first visit without his mom, dad and 17-month-old brother Finn.

“Grandma, are we almost at the water taxi?” Aidan asked as we drove to Lund. For a four-year-old, it must feel like eternity before you finally arrive at Savary.

The ocean was pretty choppy as we travelled on the Lund Water Taxi from Lund to Savary but Aidan was grinning from ear to ear with every bump. He smiled even more when he saw Grandpa standing on the Savary dock. He started waving excitedly and as soon as he could, he jumped off the water taxi, ran straight to Grandpa and gave him a big, warm hug.

Our family uses a small truck, beefed up with homemade kayak stands that makes the truck look like it has bull horns. Character, I say. For the kids, getting into the truck is always an adventure, watching all the ‘stuff’ being loaded onto the truck,

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SUMMER FUN: Aidan loves exploring the beaches of Savary and hanging out with his brother Finn in the hammock.

backing up off the Government dock along with the rest of the vehicles, listening to the tunes, playing with the hoola monkey on the dash, slowing down for all the people walking or biking the roads, waving at those you know, and just seeing the sights of Savary.

“Hang on, Grandma,” said Aidan as he attempted to ride a bike that was a little too big for him. Aidan had just recently graduated to riding a bike without training wheels, so he was still a little wobbly. I had to help him ‘start’ and ‘stop’ and he had a few falls into mud puddles and bushes, but he persevered as we made our way around the ‘circle route’ in our neighbourhood. We even saw a baby deer watching us, but he bounded away as we got closer. By the second day, Aidan was steadier as he drove his bike through every mud puddle he could and I didn’t have to hang onto him anymore. By day three, we made our way down a hill and into a different neighbourhood, stopping by to see the coffee club. There he was welcomed by the regulars, and given Tinker Toys to play with. Aidan had never seen Tinker Toys; they’re pretty old but I remember them! He loved it and wanted to come back every day so he could play with them. We continued on our bikes, but soon stopped to look at the “Monkey in the Tree” — a tree that fell down and one of the branches looks like a crawling monkey. It’s become one of the things our family always looks for, it’s one of our Savary attractions.

Bike riding is part of the flavour of Savary Island. People of all ages ride bikes to get around. Gangs of kids on bikes can be seen heading down to the Government dock to go swimming or fishing.

“Look how many crabs!” Aidan says excitedly every time he finds a crab to put in his bucket. They’re hard to catch, crawling sideways under a rock as fast as they can, trying to escape. Aidan and Grandpa hunt for them at low tide and then let them go “so they can grow into big crabs.”

You can explore Savary beaches forever. We found beach glass in various sizes, shapes and colours. Aidan found three green pieces and said he wanted to give them to Mommy, Daddy and Finn as a surprise.

We saw beautiful starfish clinging to rocks and slowly making their way across the sand on the low tide line. We gently poked a few sea anemones to see if they would spit salt water back at us. We built a sandcastle, using buckets, shovels, clamshells, sticks, seaweed and rocks, then waited for the tide to come in. We



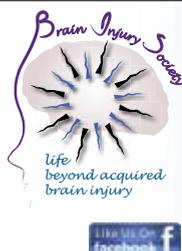
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ADVENTURES: Aidan loves having adventures with his grandpa.

watched the tidewater fill in the castle moat, then cover the entire castle. But we didn't care, we knew we could rebuild it tomorrow.

Aidan was mesmerized watching a couple of bucks that made themselves at home in our backyard. They were under the trees, staying out of the rain. Deer often visit our yard, stopping to munch the grass, the leaves on the trees and other plants. 'Oh Deer!' I often say. One day we went to visit a friend who couldn't wait to show Aidan 'Buck', her singing deer. She had bought 'Buck' a few years ago in Vancouver and decided that Savary Island would be a good home for him. 'Buck' was mounted on a wall, outside her cabin. When she plugged him in, he sang for five minutes. Aidan sat in awe as 'Buck' moved his mouth, head and ears in time to the songs he sang. To a four year old, this was fascinating!



"I remember this," Aidan said when we went to the beach off Patricia Crescent one day. He was talking about the bridge built last year by the neighbourhood because the last one fell apart due to erosion. A work bee happened the day it was built. Everyone helped drag logs off the beach, hammer stairs and the bridge together, saw boards or logs and pour Kool-Aid. Savary has little communities that are there for each other because people work together.

By the fourth day, Aidan was pedalling his bike with confidence, following Grandpa around in little circles, doing 'obstacle courses' as we put it. He was still riding through every mud puddle, but at a much greater speed.

By the time his brother and mother arrived, he had lots of stories to share about the magic and memories of Savary Island. **RL**

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The (not so) many secrets of Savary

The inside scooby

By Rick Thaddeus

Since I first wrote for Powell River Living, Some secrets have come and gone so I can mention them, like the “BC’s Only not-for-profit bootlegger.” Here are few more I can mention now.

Mountain Yoga & Massage

Leslie Young moved her Mountain Yoga practice to Savary, and added massage to her repertoire. She teaches at the Firehall, and does “your place or mine” yoga and massage. Her place has a beautiful deck perched on the ridge above exotic South Beach. [www.mountainyoga.ca]



Jorg’s Kaffe Haus

For decades, Jorg Lutz met for coffee with a group of tradesman buddies on the West Side of Vancouver. He has been hosting coffee at 10 am for whoever drops in, at the picnic table in his old garage that served as a cabin for 30 years. Last fall he finally made the move to the beautiful new home he spent ten years building. We all appreciate his hospitality. Jorg’s secret? He saw The Beatles twice in Hamburg, before they were famous. [2777 Cedar Way, Savary Shores]

At the other end of the Island by Indian Point, Will Thompson rings a bell for tea time at 5 pm.

Cabbage Rolls & Cupcakes

Savary Island Resort provides a touch of luxury on Savary, with two suites with double Jacuzzis. What most people don’t know is that owner Kim Wall sells her own cabbage rolls and cupcakes, along



with some specialty sausage she brings in. [www.savaryislandresort.ca]

Manic Cures

The Suite & Savary Inn has a collection of small cabins you can rent, with a communal cottage for cooking and washing. The secret is owner Michele’s mani and pedi-

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Gone With the Wind

The Red House has hosted SILT (Savary Island Land Trust) fundraising events for several years. Last year, Ruth White start-

ed a bed and breakfast. The secret of this place is the bed her partner Paul Leighton inherited from the family home in Leighton Buzzard England. The home formerly housed Sir Laurence Olivier and Vivienne Leigh. Hence the bed with the horsehair mattress is actually Scarlet O'Hara's bed. [604 483-4447]

Crème Brulée

Audrey Sullivan's secret is fine baking in the middle of the woods. The blackboard showed crème brûlée when I showed up at The Sandbox Café.

Starbucks

Sheldon Heppner displays his watercolours at his "Whispering Surf Gallery" on Indian Point. He has been doing this for 14 years but many folks are still unaware. He serves Starbucks coffee on his deck to anyone with a couple of dollars.

Jacky

Riggers Restaurant hosts several live music events every summer, notably The Adam Woodall Band's 12-year stint. Jacky won't be a secret for long but this special server treats customers to an oc-



casional performance, singing and accompanying herself on guitar. [www.riggersavaryisland.com]

More secrets...

There are other deeper secrets, including rumours of a Mexican coffee roaster on The Meadow, a rope swing on The Sunset Trail where a Cirque de Soleil performer practices, a Cathedral Grove like collection of Douglas Fir.

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Dr Dirt

Fundraising for irrigation system

By Andy Davis

I first came to Powell River in 1992 to review the medical diabetic program at the Powell River General Hospital. In August of that year Susan and I returned, fell in love with the town and bought a house in Townsite. As I was winding down my almost 40-year-old medical career I felt I had finally found the ideal small town, along with an environment perfect for gardening.

Over the past 20 years I have attached myself to a small piece of green space in our National Historic Townsite that has been a labour of love for me. I have spent thousands of hours working its deep sandy soil that is covered by two to four inches of topsoil. It fosters the growth of a variety of grasses and many different weeds. Under its scant cover the sand below hides an abundance of smooth, small to melon-sized, stones and rocks that are in keeping with a moraine from an earlier ice age. The soil is scarce in organic material and



TRIANGLE GARDENS TODAY: Andy "Dr Dirt" Davis in the Triangle Gardens today. He is working towards getting an irrigation system to return the green space to its historic glory.

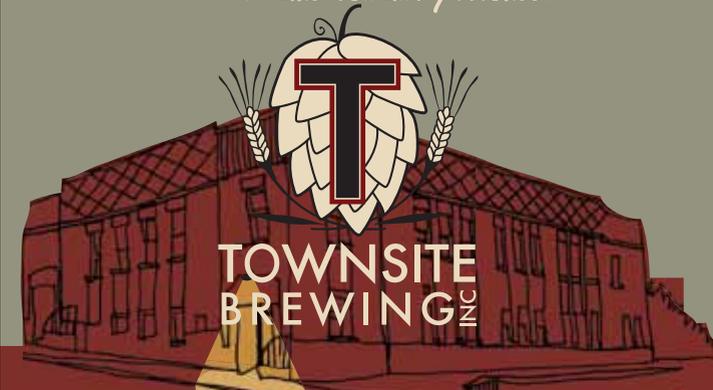
growth in the garden is constrained for many familiar plants. No satisfactory irrigation system exists and hoses get stretched from local homes to every

corner of the garden. I have seen many plants survive with dignity, but others have struggled and died. Some are short in stature and they grumble along but



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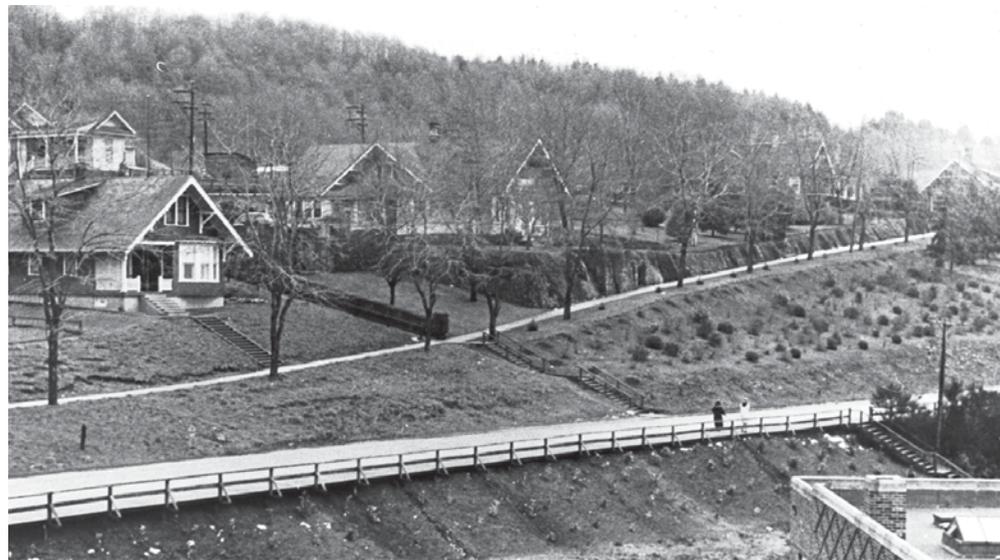


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when given some nutritional assistance, they improve.

When I'm here, I am in a peaceful state of mind that I call "my nirvana." During mid to late summer afternoons, there is a spectacular reflection of light from the

drivers, or a shout of support, or just a silent wave. I am frequently reminded while walking about town or having a coffee that I am known as "The Man on the Hill." The real truth is that there are often several men on the hill helping out.



EARLY PHOTO: Triangle Gardens in 1943. Photo courtesy of Powell River Historical Society.

northwest with the ocean and sky severed by the outline of Vancouver Island. The sounds from vehicles passing and the mill's cacophony become blurred but still part of the reverie – a reverie often interrupted by occasional honks from friendly

Many readers will know the area I am referring to. It is a triangular sliver of land running along Marine Avenue from the Lawn Bowling Club northward almost to the Patricia Theatre. This Triangular Bank has a sidewalk along the upper level be-

low the residential homes that is referred to as the "Pedestrian Way." It is a popular, quiet, public walking space in the Townsite. For me, the triangle has become a sort of Garden of Eden. I think the fact that there is no end to the gardening is somewhat reassuring. I don't have to worry about running out of something to do.

The Townsite Heritage Society realized there was a garden history worth reviving so it initiated a rehabilitation project.

It focused on the northern part of the triangle. There is a picture of the garden from the late 1940's attached to the stone-wall in front of the Guest House visible from the Pedestrian Way. About 1992, a historical horticulturist was hired from Victoria who produced an extensively detailed consultation report that I have read several times. It includes the early history of this Garden City and documents the identity of the original shrubs and the ones that arrived in later years. It includes guidelines of how the area might be developed and maintained. This led to the creation of an army of volunteers that cleared the dense growth of blackberries and the other wild plants. Volunteers dug up the soil, prepared flowerbeds, planted St John's Wort along the slope to Marine Avenue, mulched the whole area and constructed the gravel path and the stone steps that are visible today.



Help Andy Davis (Dr. Dirt) raise funds for an **irrigation system** for the Townsite's Triangle Gardens! Support this volunteer's vision of providing water to parched plants so their beauty and blooms can be enjoyed by all who pass our Garden of Eden.

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	Zumba Fit (Silvana)	10:05 am		Basic Yoga (Lisa)	5:30 pm
	Belly Fit (Mara)	5:30 pm		Parent/Child Yoga (Amy)	6:45 pm
	Zumba Toning (Mike)	6:45 pm		Belly dance (Mara)	7 pm
Wed, Sept 5	Ease Fit (Margot)	11:15 am	Fri, Sept 7	Interval Fun (Vivian)	10 am
	Senior Functional H2O Fit (Bianca)	4:30 – 5 pm	Sat, Sept 8	Zumba Fit (Silvana)	10:05 am
	Deep water running (Bianca)	5 – 5:45 pm			

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New this year: **Chalk Drawing Display & Contest on the Dry Rink Floor • Theme "Winter Fun in Powell River"**

Adult & youth artists wanted. Each entrant will have designated space on the dry rink floor. \$2 includes chalk.

The Triangle Garden is owned by the City but it is maintained by Townsite Heritage Society volunteers for all to enjoy. For more than 50 years, this area was used as the holding nursery by the Powell River Company's gardeners to heel in the many plants and shrubs used in Townsite landscaping.

My first encounter with the Triangle Garden was during the later stages of this rehabilitation period. It included assisting in planting 10,000 tulip bulbs. As soon as the project was underway, I couldn't get enough of it. I was still working full time—I didn't retire until December 2001—but every weekend I made time to work on the land. The tulip planting was an exercise in beauty and imagination; but the extraction of the thick layer of blackberries that covered half of the triangle proved to be about war and exorcism. It took about 100 hours in 1998 for two of us to remove this formidable plant and 12 large truckloads to haul it out.

I always kept my small chainsaw, a shovel, a rake and a pulaski in my truck and I would often visit the garden on my way home from work. I guess I felt blessed to have such a large chunk of land open to my labour, knowing I wouldn't be bothering anybody if I tidied it up. The removal of the blackberries along the front of the Regional District Office property resulted in the resurgence of a dormant patch of grape hyacinths that surfaced the following spring. One day a passer-by stopped and commented, "I haven't seen that blue flower for the past 25 years." Their bulbs provide a spectacular display every spring.

Over the years I have created several separate sites with different plantings. There is no plan for much of it. It was often a brainchild triggered by the source of the flowers or shrubs. Many people have contributed to what has been planted over the years. The large boulders in a few spots were donated and positioned by a local contractor. I even had a woman from Lund ask me, "Do you want my whole garden? I'm fed up with the deer coming in every year and eating it." She assisted in placing her plants so she could watch their growth on her way to work in Westview.

Watering is our biggest issue. I use many hoses to cover the area each with lengths ranging between 100 and 200 feet. The local residents have been generous in allowing me to use their water, and some will agree to turn it off as the day wears on. But this is not a practical long-term solution. I am getting older and won't be able to drag hoses all over the garden and impose on the neighbours forever.

After I retired, I became known as Dr Dirt. I started a gardening business that included rehabilitating overgrown gardens that had been neglected as people aged and moved; and I assisted newcomers to identify and differentiate the viable flowers from the many local weeds. I enjoyed doing this and encouraged people to donate to the Townsite Heritage Society's Triangle Garden irrigation system fund rather than pay me. Raising money for the irrigation system has become the first item on my "bucket list" as I move into my 75th year. **PR**

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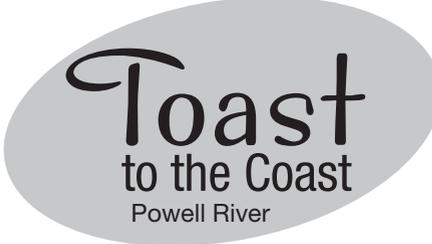
The 31st annual Sunshine Music Festival is set to take place Labour Day Weekend at Palm Beach. The festival is a celebration of music from across Canada and the world. Expect to see world-class performances in a picturesque setting on the waterfront. There's a craft market, food vendors and always lots



of happy people at the music festival. There are tons of great performers booked including: *Maria in the Shower*, *Zhambai Trio*, *Toby*, *Bocephus King*, *The Rhythm Miners* and more. The two closing acts *Larry and His Flask* (photo at left) an American acoustic punk-bluegrass musical group from Oregon, and

The Matinee, six friends from blue-collar BC described as one part roots, one part rock, one part whiskey and one part party are too good to miss. Festival spokesman Clay Brander also says Liam Titcomb will be a great as well as *Toby and the Murder Mouse Blues*, all hailing from Australia. **PR**





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or gerryjoly@gmail.com



Cops for Cancer

Staff Sergeant participates

When *Cops for Cancer* cycles into town this year, Powell River's top cop will be among the riders.

RCMP Staff Sergeant Andy Brinton will be cycling in this year's Cops For Cancer "Tour de Coast." Organized by the Canadian Cancer Society, the cross Canada ride has four rides in British Columbia. Donations to the BC-based rides are invested in life-saving childhood cancer research and caring support services including Camp Goodtimes, a summer camp for children with cancer and their families.

The "Tour de Coast" will cover 900 kilometres from September 19 to 27. The ride starts in Richmond, comes up to Powell River, then to Whistler, and finishes in Maple Ridge. The team is made up of 32 members from law enforcement, paramedic and border security services. Although this is considered a significant challenge, the real goal is to raise the awareness of childhood cancer and provide fundraising opportunities.

The Powell River detachment has sent riders to the Tour de Coast for 15 years. "I am excited to take part this year," says Brinton. "I am an avid cyclist and instead of sending another a young guy or girl, I decided this is the year for me to do it myself."

This year, Brinton says, he really witnessed the true impact and courage kids with cancer have.

"When Jasper Mohan was diagnosed with cancer in late 2011 it was moving to see how the community of Powell River responded. Jasper and his family have truly been an inspiration. Riding the Cops For Cancer tour seemed like a way to contribute



GETTING READY TO RIDE: Andy Brinton leans on the bike that will take him over 900 km in September.

to the efforts to fight this disease."

There will be several fundraising opportunities locally, including a Pole Sit on September 15 with the help of Quality Foods in their parking lot. The ride will come to Powell River on Friday, September 21. "We will host a spaghetti dinner at the Town Center Hotel with a silent auction and of course the mandatory head shaves. I believe there may be some surprises in store for that night as well."

For more info visit www.copsforcancerbc.ca and look for the Tour de Coast link. You can also look for Andy Brinton under the Support a Rider link and make a donation of any amount to help him reach his fundraising goal. [PRL](#)



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Back in the saddle

A wander through the woods

By Isabelle Southcott • isabelle@prliving.ca



BACK IN THE SADDLE: Writer, Isabelle Southcott is reminded of many happy moments aboard a horse.

As I clumsily swung my leg over Rainbow's back I thought to myself "it's been far too long since I've ridden a horse." When I was a little girl growing up in Halifax I lived for horses. My mom liked to remind me of how I'd always write "A horse for Isabelle," on the grocery list every week. Unlike butter and eggs, they didn't buy me a horse immediately. I was 16 years old before I finally bought my own horse. His name was Chargex.

Rainbow of Tanglewood Farm is nothing like Chargex. She's a sweet 14 something hand Arab mare that I've ridden a couple

of times. When I first moved to Powell River in the early 90s I bought a thoroughbred called Mr A. The A could stand for many things depending on the day. Amazing on a good day. You guessed it on a bad one.

Years ago, Phoebe Kingscote, owner of Tanglewood Farm, and I spent a lot of time riding together. Then I began having kids and that ended life with horses for me. But Phoebe lived on a farm and began raising Canadians in addition to Arabians. She still does trail rides and breeds horses on a limited basis.

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Wandering through the woods on a horse has to be the best way to unwind that I know of. I enjoy riding alone (because you're never alone when you're with a horse) and with a friend. Sometimes it's nice to have a destination in mind — like Skeeter Jack's for lunch. Other times, it's just nice to ride. On those rides you often end up visiting someone or finding a new trail.

But this ride was planned. A year has passed since I last rode Rainbow and I am not as nimble and fit as I used to be. In one sense, riding a horse is like riding a bike. You don't forget a lot of things. I know my balance isn't as good as it once was but I still feel comfortable trotting and cantering and going for a good gallop.

We did a lot of talking and catching up during that ride. Kids we taught years ago have grown up. Dogs and horses we knew have passed on. Although I haven't ridden much in the last 15 years, Phoebe has and it shows. She tells me she's going to ride as long as she can. And why not? It's who she is. It's what she loves.

Rainbow thinks she sees a monster in the woods and shies. I'm ready. I don't want to fall off. It's cool in the woods so I'm glad when we finally emerge from the shade into the bright sunshine near Skeeter Jack's. We tie the horses up, far enough apart that they can't bother each other. We get a seat close to the window so we can keep an eye on the horses. The fish and chips are good and it's nice to stretch our legs. We take a different route home. Past Mr. Christensen's big field where he is out in his tractor plowing. Molly, the dog, trots behind keeping a respectable distance from the horses' back ends.

We get back and untack the horses before cracking open a cider. My legs are sore. I know I'll pay for this tomorrow, but as Scarlett said to Rhett in *Gone With The Wind*: "After all tomorrow is another day!" 



ALL TIED UP: Rainbow and Noodle wait patiently while we eat lunch.



GROUP RIDE: Riding alone can be fun, but a group ride brings out all sorts of new memories, too. At right, tour guide and horsewoman, Phoebe Kingscote from Tanglewood Farm.





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Hay farming

Opportunity to increase production

By Linda Wegner • wordssofworth.ca@gmail.com

While no one is disputing the fact that hay needs to be imported to meet demand in Powell River, experienced hay-makers Roger Hodgins and Alan Rebane refuse to give in to the notion that local production hasn't, and can't continue to be, increased.

The two men and their families share much in common: both are from farming backgrounds, both supplement their farm incomes as construction workers and both have plenty of experience in making hay. They're also neighbours.

Alan and Kathy Rebane moved from to Canada from Wisconsin more than 20 years ago and to Powell River in 2008. Owners of Creekside Farm, they raise cows, chicken and pigs; they also grow, cut and bale their own hay.

"I use about 60 percent of what I grow for our own animals and sell the rest," Alan says.

Roger Hodgins was raised on a dairy farm in the Abbotsford area and he's also well acquainted with the work and knowledge required to grow and produce good quality animal feed. He and his wife, Kathy, farm and garden on their Valley Road farm.

"I've done haying in the Fraser Valley and in New Zealand where we lived for five years and in Powell River," he notes.

Like Alan, Roger feeds approximately 50 percent of his hay crop to his farm animals. The other 50 percent is sold to customers. Both men agreed that finding customers was not a problem; producing enough hay to meet the demand is, but it's a challenge they're working hard to meet.

While boosting production is one thing, however, upgrading quality to match that of imported hay is another. Both men agree that producing top quality hay has been a major problem in the past. One of the main reasons, they say, was the years when the upkeep of farmland in the area was neglected. That's changing, too. Now with the application of fertilizer, natural manure, lime



MAKING HAY: Local farmers make hay while the sun shines.

and top-seeding practices, land that has lain dormant or under utilized for years is coming back into annual production.

Alan and Roger freely admit that outside sources of hay will be necessary for the foreseeable future but they are not ready to accept that increasing the availability along with the quality of locally produced is not feasible. Nor are they alone.

On Texada Island, Dave and Rondi Opko operate Honeysuckle Farm. Based on approximately 160 acres of cultivated land and grazing pasture, they grow and harvest hay to feed the beef and lamb they raise as well as selling to as many customers as their crop permits.

These three families will never be able to supply the needs of an entire community but there are other local farmers who also are committed to maintaining and increasing production to feed their own animals and to sell to the increasing number of current and potential customers. **PR**

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The world needs more Powell River, BC

Vancouver is a resort for the wealthy

By Mike Robinson • Troy Media Columnist

For the last three years I have been conducting an experiment in living: four days of the week I have toiled in the inner city and three days per week I have dwelt in the outer country.

Paradoxically perhaps, I have walked to work in the city, and driven to work in the country. Given that two-ferry commuting takes about half a day each way, I have really spent a day in motion each week. The net effect is that I have evolved two distinct persona: a chichi inner city, seawall striding, Whole Foods shopping, cultural flaneur; and a bush-based, sledge and wedge-wielding log splitter who shops at the Saturday open air farmers' market.

I am quite comfortable with each persona, but increasingly one side is replacing the other. Given the choice, I am becoming an upcoast boy and tiring of stackhouse living in the condo ghetto. While I have been marketed to like downtown Vancouver, I have fallen in love with Powell River.

I can now tell you exactly where the divide between town and country lies. The Powell River green line is drawn north-south at Earls Cove, the second B.C. Ferries' terminal on my weekly commute. Here the chronic car congestion of Horseshoe Bay gives way to tailgate parties on the tarmac, as the Powell Riverites gather to await the MV Island Sky's arrival from Saltery Bay. The thousands of commuters seeking Gibsons Landing, Roberts Creek, Sechelt and Pender Harbour have now been winnowed down to less than a hundred.

On Friday nights there are often sports teams coming home, residents returning from a town trip, and a few urban diaspora finding their way back to the forest. People are laughing and calling each other by their first names; a few beers are being joyfully consumed, truck and car doors are left open, music is playing, and the kayak tourists are opening Desolation Sound maps on their car hoods and asking for local advice.

The realization that you are among those who choose to view the two-ferry trip home as an advantage is liberating. What a difference that extra boat makes. It separates the commuters from the locals. It separates the cottage coast from the working coast. It separates the people who get their firewood delivered from those who cut it themselves.

As I drove up-coast last Friday I was mulling over the results of the Vancouver Foundation's recently published *Connections and Engagement* report, documenting a phone and online survey of 3,841 metro Vancouver residents about quality of life in their city.

What a difference that extra boat makes. It separates the commuters from the locals. It separates the cottage coast from the working coast. It separates the people who get their firewood delivered from those who cut it themselves.

While the study concluded the city was convivial, a majority of 25- to 34-year-olds agreed that Vancouver is a resort for the wealthy with too much foreign ownership. Half of the respondents also said it was hard to make new friends, and 65 per cent reported that they preferred people of their own ethnicity. Economically, 30 per cent of respondents were just getting by, and 15 per cent reported financial difficulty.

Faced with Vancouver's obscenely expensive real estate and disengaged reality, why not choose a smaller town? Why begin life with a \$500,000 mortgage on 700 square feet of gyproc with granite counters? In Powell River, that kind of money will get you a house on the beach. Why tough it out in a community where major theatre companies go bankrupt, when

you could revel in Powell River's *International Choral Kathaumixw* (July 3 to 7), a five day choral festival that offers community-wide concerts, common song singing, choral and vocal competitions and conductor's seminars? Up to 40 choirs from around the world attend, and most are billeted in local homes. *Kathaumixw* (pronounced Ka-thou-mew), a Coast Salish word for "a gathering of different peoples," involves grass roots organization at the community level, and carries forward the spirit of barn raisings, potlucks and pitching-in of an earlier era in B.C.

Kathaumixw is exactly what Vancouver lacks: cultural engagement. Powell River is also exactly what Vancouver lacks: affordable family real estate. Thinking broadly, coastal small towns are a logical alternative to the metropolis. They demand an entrepreneurial approach to work, which is a strength. They favour and reward those who have skills that are needed locally, and they also permit local residency with a consulting practice in both national and global markets. Eventually they welcome the gradual phasing in of retirement options along with community engagement.

Coastal small towns provide social, environmental, cultural and economic opportunities to raise a family in a supportive environment. They teach self-reliance and community responsibility in a different way than big cities. Arguably they build citizens who have the social skills to work well with neighbours, and the competitive responsibilities associated with successful entrepreneurship. While we are occasionally told that the world needs more Canada, I increasingly think that what the world really needs is more Powell River. **RL**

Troy Media Syndicated Columnist Mike Robinson is a Canadian NGO leader, and brings an environmental and cultural perspective to current affairs. He is a critical thinker and worried optimist.

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Art in the community

Tours in Powell River and on Texada

August is the month for art tours in Powell River and on Texada Island. On Saturday, August 25 and Sunday, August 26, the eighth annual Powell River Studio Tour will take place. This is a self-guided tour of 20 locations with work from more than 70 artists on display. The studio tour takes place from 10 am to 5 pm each day. Free brochures and maps available at the Visitor's Centre, Artique or download one from www.prtartists.com. For more info contact Alfred Muma at 604 487-1766 or email awmuma@shaw.ca.

On Texada, a group of artists will hold the first Artists' Studio Tour they've held in six years on August 11 and 12. Ten individual studios and two central locations will be open 10 am to 4 pm both days and artists will be on hand to talk to visitors and share the secrets of how they do what they do. Entry to all venues is free. Self-guided tour guides and maps are available at www.tast.ca or at the Holtenwood Gallery. For more info contact Sandy McCormick at info@tast.ca or at 604 223-0171. Mediums include painting, lapidary, beach glass, stone carving, stained glass, ceramics, jewelry, woodwork, photography, bead work, lamp shades, fused glass, felting, quilting and needlework. 



Dog Gone Grooming

My name is **Skyler**. I'm a 3-year-old Keeshond and I come from international championship stock. As you can imagine, keeping my coat looking fabulous is a challenge. I have been going to **Dog Gone Grooming** for two years. **Jessica** has a whole lot of patience and talent, I always look amazing after my day at the salon. My hobbies include walking, napping and spoiling humans with love and affection. I'm very smart too; all I have to do is sit pretty like I am in the picture and voila, I get a treat!

Dog-Gone Groom of the Month... 6758 Cranberry St ☆ 604 483-2293

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Patricia stays open

When someone believes in what you are doing miracles can happen.

That's exactly what happened when Friends of The Patricia Theatre took over fundraising efforts to purchase the digital equipment needed to keep the theatre open.

The Patricia raised \$93,000, enough to purchase the digital equipment and enable The Patricia to continue to operate. It also buys time for Friends of the Patricia to explore the possibility of community ownership.

"Powell River has stepped up to the plate. I encourage folks to come out to the Patricia Theatre to see and hear the difference," says Amy Sharp, Friends of the Patricia president. 

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BELIEVE in Powell River

Do you believe in Powell River?

Isabelle Southcott • Publisher

I believe. But do you believe in Powell River?

There's no denying that times are tough. Pretending they're not would be dishonest. We all know that when times are tough you have two options. Go or stay. Flee or fight. Give up or believe that there are better days ahead.

I choose to BELIEVE.

On the eve of the Second World War, the British government produced three posters bearing simple, reassuring instructions.

The first two posters were distributed. But the third poster bearing the message: Keep Calm and Carry On, was only to be distributed in the imminent threat of a German invasion. The two and a half million copies of this poster were never distributed and almost all were destroyed. In 2000, one of the few remaining posters was discovered in a box of old books bought at an auction by bookseller Stuart Manley.

Although the Manleys didn't know what the poster stood for they liked it and hung it up in their bookshop. Many of their customers also did. After receiving many inquiries about the poster the couple decided to have some copies printed. The bookshop has gone on to sell tens of thousands of the posters, mugs, T-shirts with the Keep Calm wording.

In 2008, this mantra became the pin-up during Britain's economic predicament. When times are tough a restorative mixture often helps. That's why I chose to BELIEVE.

When Powell River needed a CAT scanner, a handful of people got together to raise \$3 million. There were those who said it couldn't be done but those who believed in the CAT scan raised \$3 million.

In December 2011, Ann Nelson thought she was going to have to shut the doors of the Patricia Theatre because she didn't have \$93,000 to spend on digital film equipment. Friends of the Patricia stepped in. They believed the community would donate the

money to buy the equipment. And because they believed, that goal has been achieved.

We have a lot to believe in and a lot to be thankful for. Powell River is located in a beautiful part of the world. We have some of the finest drinking water anywhere. We don't have wars in our backyard. We don't worry about our children getting murdered on their way to school. Some of the hardest working, selfless, caring people you'll ever meet have put down roots in Powell River. Life isn't perfect here. It isn't perfect anywhere but Powell River does have a long list of positive attributes.

I believe we need to focus on the good things and be grateful for what we have. It's time to look at the glass as being half full instead of half empty. Let's celebrate what we do have in Powell River. It's time to stop wasting energy on petty issues and do something productive with our time and energy. Let's focus on opportunities instead of dwelling on what might have been.

If Powell River really wants to become an economic powerhouse on the coast, it can. We can build on what we already have. Everything begins with belief.

Give up or believe. The choice is yours but me, I'm going to believe because:

Powell River has the best hiking on earth.

Powell River is a great community to raise a family.

Powell River is a wonderful place to retire.

Powell River has mild winters and sparkling summers.

Powell River has spectacular ocean and mountain views.

Powell River has wonderful people.

Powell River has all the ingredients for a successful community.

Powell River has clean air and fresh water.

I love where I live. I believe in Powell River.

The question is, do you? 



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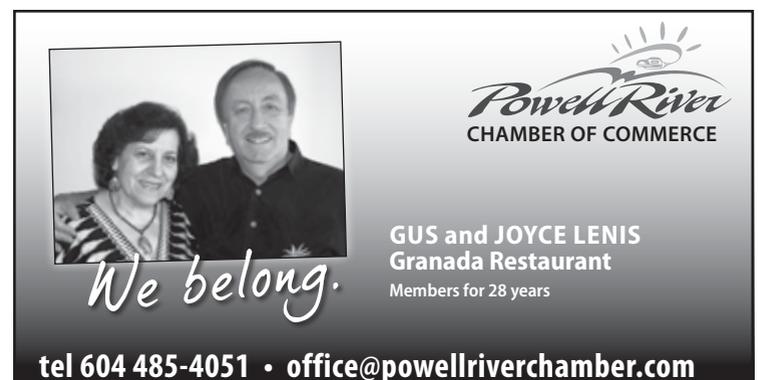
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Myrtle Creek

Kids learn about Coho, eels & scuplins

Eleven-year-old Krystin Cote enjoyed a recent visit to Myrtle Creek's Department of Fisheries and Oceans Research Facility for the study of wild Coho salmon.

"I was so excited to see the amazing fish that were there," said Krystin who went with her sisters Katana, 10 and Karyssa, 7 and friends Andres De Velasco, 14 and Cayce Hollingsworth, 9. "I actually got to hold them and measure them too."

Dave and Esther Dyck monitor this facility. "This site is one of the most beautiful areas to work at in Powell River," said Esther.

The facility has been in operation for almost 13 years and is located in private property.

Esther was impressed with the small group of children she invited to observe the study of the juvenile wild Coho migration. "I was amazed and delighted to see the wonder, keen interest and respect that each of the children showed."

The children were given tadpole nets and a bucket of water. They went across the bridge where there was a pipe that led to the fish trap. "We all got to scoop the fish up with the nets," said Krystin. There were



two traps — one with eels and scuplins and the other with Coho.

The children watched as Dave and Esther measured the fish.

"My adventure with Dave and Esther was an unforgettable opportunity. It's one of the greatest fish facilities I have ever seen," concluded Krystin. [PR](#)



CREEKSIDE LEARNING: At the research facility on Myrtle Creek, young people helped David and Esther Dyck catch and measure fish.



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A growing concern

By Jonathan van Wiltenburg • edenhort@gmail.com



Priorities for August

- 1 If you're interested in planting out a winter garden you should plant out your beets, chard, extra leeks etc. It is too late to plant seeds for things like cabbage, broccoli, cauliflower, or Brussels sprouts. Take a trip out to the local nursery and purchase starts that will mature in time for winter harvest.
- 2 Water deeply. It may get dry over the next month so keep an eye out for plants that will need water. Don't forget about those lonely pots in the back corner of the garden!
- 3 Think about your flowering bulb order for next year. Put your order in from a reputable bulb supplier the sooner the better.
- 4 Be on the lookout for aphids, cabbage white moths, powdery mildew, black spot, and tomato blight. To control aphids, blast them with a strong stream of water. For cabbage white moth, remove by hand picking. If infestation persists, spray with BTK. If the weather looks to be moist, cover your tomatoes.
- 5 To keep those summer annuals looking fresh and youthful dead-head and prune them regularly. This should include your hanging baskets too.
- 6 Sow your colourful biennial ornamentals for next year – things like poppies, foxgloves, English daisies, wallflowers, and forget-me-nots.
- 7 Don't forget to take a few photos of your garden this year for your records. It is always nice to look over then garden in subsequent years. It is also a wonderful way to catalogue what planting combinations worked or didn't work.
- 8 Be aware of the fruit on your trees. Check for ripeness and pick as soon as possible to alleviate bear and human confrontations. If you are overrun with fruit, find someone in the neighbourhood that would jump at the opportunity to share your harvest.
- 9 If you have potatoes in, feel free to dig underneath and sneak a few new potatoes for a special meal.
- 10 Give some attention to your compost pile. Flipping it is always a good idea. If it is dry and crumbly and not breaking down quickly you may need to add some water. If it smells and is sopping wet you may need to cover it with a tarp and let it dry out. Remember your compost pile is a living thing that needs proper amounts of water, air, carbon, and nitrogen for rapid, efficient breakdown. [PRL](#)

Happy Birthday Teddy Bear!

Commemorating 17 – a good old age for a dog

Seventeen years ago a small Golden Retriever came up the stairs on Christmas morning with a big red bow as a surprise present. He looked just like a live teddy bear so he was named Teddy Bear Crimson.

It was the best present Lesley Thorsell and her family ever had!

Seventeen years later Teddy is still going strong.

Teddy's birthday party, with 17 people, eight dogs and a cat named Sylvester, was held on July 6.

Teddy entertained the neighbourhood where he lives. His presents all had a

theme — doggy treats — and he polished off quite a few before the party was over.

Lesley said they celebrated Teddy's 16th birthday last year as she didn't know if it would be his final year. Now that Teddy is still going strong at 17, she thought another neighbourhood party would be in order.

To continue the dog theme they served hot dogs and hamburgers and toasted to Teddy to a longer life! He has already lived an unusually long life for a retriever, but there is a 19½-year-old Golden Retriever in Oxford England, so Teddy is going for the record. [PRL](#)



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Letterboxing

Try something new and fun this summer

By Emma Levez Larocque

If you see a “spy car” roaming around Powell River on a Friday morning, don’t be alarmed. It’s likely just Michelle Stevens, Lisa Cimaglia and Elise Statham heading out on their weekly letterboxing quest.

Each Friday since May 25, the Powell River Public Library has been planting letterboxes in various locations in the community, and providing clues on their Facebook and Twitter pages for people who are interested in participating in this outdoor treasure hunt.

“It’s such a fun reason to get out and explore the community,” Michelle says. She, Lisa and Elise discovered letterboxing at a recent stamp-making workshop put on by the Library.

Letterboxing is an age-old tradition that started on the moors in England in the mid-1800s. Originally, walkers would leave their calling cards in a bottle that was in a remote location to show that they had been there. Over the decades the tradition changed somewhat, and was eventually forgotten — until an article in Smithsonian magazine revived it in the United States in the late 1990s.

Elise loves the tradition behind letterboxing. “I read about the history of letterboxing, and that fascinated me,” she says. “Geocaching is somewhat similar, and it’s exciting—but this has more history to it; it’s a little more grass roots.”

The tools for letterboxing are simpler than for geocaching as well. No GPS is needed—just a stamp and a notebook. And it’s fun and easy to make an original stamp, which brings out the creative side in many letterboxing enthusiasts.

“You need your own stamp to participate in letterboxing,” explains Jomichele Seidl, who runs the letterboxing campaign for the Library. “So we decided to get people together to make them. The first workshop was extremely successful—so successful in fact that we held a second one.”

Each hidden letterbox contains a stamp pad, a notebook, a pencil and a stamp. When you find a letterbox you stamp your notebook with the stamp inside the letterbox, and leave your stamp



ON A MISSION: Elise Statham and Michelle Stevens ready to head out on a letterboxing mission, armed with stamps and notebooks—and a secret codeword!

Photo by Emma Levez Larocque

imprint in the notebook provided, to say that you have been there.

“I don’t like to be the first one because I love seeing who else has found the letterbox,” Michelle says. And it’s neat to collect imprints of other people’s artwork, Elise adds. For all three friends the element of secrecy is what makes it so much fun.

“You have to be inconspicuous,” Lisa says. “It’s like a secret—you don’t want other people to know where the box is if they haven’t read the clues. You have to be secretive, but you really want to find it!”

Hence the spy car, and the code these friends have made up so they can communicate secretly when they are letterboxing and other people are around.

“We’re on a mission,” Michelle laughs. “We head out to find the new letterbox every Friday.”

Interested? Find out more about local letterboxing at www.powellriverlibrary.ca, or join the Library’s Facebook page. [PR](#)

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PARDON MY PEN

By George M Campbell

Just recently my cat, Cleo (short for Cleopatra Queen of Egypt), got it into her head that I needed a new mouse for my computer. So she brought me one.

She delivered it right to the computer too, where I happened to be at the time going through my email. She jumped up onto the desk between the keyboard and the monitor with this thing wriggling in her mouth, and then she gave out with a muffled 'meow' and dropped it right in front of me. The mouse took off to the left, Cleo leapt away to the right, and I fell off my chair in surprise.

Rising as quickly as my 83-year-old, stiff and ancient body would allow me to, I rubbed the sore spot on my backside where I had collided with the floor, and watched the mouse scoot quickly under the closet door. Cleo sat proudly on the rug to my right, and watched with pleasure at this floorshow going on in front of her.

Now this particular closet that the mouse ran into just happens to be my junk closet. Everybody has one. This is the closet where all the unused household items get stored, like old skis and other sporting equipment no longer used, along with just about every and anything else that is no longer required around the house. My particular junk closet has been gathering items since 1997, and it is no longer safe to open the door



without leaping backwards quickly to avoid being crushed in an avalanche.

"You," I said firmly to my ever-loving and helpful cat, "are going to have to go in there and get that mouse."

Cleo just looked at me quizzically and twitched her tail.

I opened the closet door very slowly and carefully, and managed to avoid the expected avalanche. Everything remained perched, packed and stuffed precariously one on top of the other in the confined space of the tiny room, but only for an instant. When Cleo leapt wildly into the closet after the mouse the whole ensemble more or less exploded out onto the floor of the room that I laughingly call my office. The cat disappeared into this mess in search of her elusive prey. She came out several minutes later, but she was empty handed (or should that be empty pawed?). The mouse was still in there and Cleo, I could see plainly, had lost interest in the hunt.

Now, of course I don't want a mouse running around the house. It's bad enough just having a cat. Besides, I don't know what a mouse eats, so what would I feed it? Somehow I had to get rid of that mouse with or without the help of Cleo. Here's what I did.

The room I call my office wherein the closet the mouse ran into is located, is the room that Cleo uses to get into and out of the house as I always leave the window in there open for her. So, I closed the door of this room and stuffed a towel into the crack under it to prevent the little critter from getting into the rest of the house. My hope is that the mouse will get hungry, come out of the closet, and as there is nothing to eat in my office, go outside through the window and never come back.

In the meantime I'll just have to let Cleo in and out of the house through the front and back doors whenever she howls at one or the other for such an accommodation. Then all I'll have to do is clean up the mess on my office floor and jam everything back into the closet. But I think I'll wait a week or two before I do that, just in case my cat decides to bring me another mouse.

So goes my life with Cleo the cat. PRL

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Powell River Living BUSINESS Connections

By Kim Miller • office@powellriverchamber.com

The Hub 101 Cafe Bar & Bistro is well on its way to serving Powell River great coffee, casual comfort food and all six of Townsite Brews on tap. “We’re transforming Ljubo’s Bakery by opening up the whole space, adding lots of delicious colours, a new red roof along with patio and washroom upgrades,” says Amy Sharp, of Manzanita on the Move. “Townsite has some serious forward momentum and we would like to add to that thriving direction. And I’m especially excited about having my own venue for live music and theme events.” Amy is working with partners Tony Papa and Keith Allen to open the Hub for mid September.

A new **MCC Thrift Store** has opened in the former West Coast Furniture shop on Alberni, by the Bank of Nova Scotia. The start up was spearheaded John and Mary Ann Taves. They have been involved in the management of the Mennonite Central Committee (MCC) Thrift Shops in Abbotsford/Mission for a number of years and John will manage the Powell River shop. Of the profits it earns from Thrift Shop revenue, MCC uses two-thirds for international disaster relief and development and one third for provincial social support programs. MCC has agreed to have 10% of profits of the Powell River Shop stay in the community to support local charities. MCC will accept donations of all types of household items, including furniture, but has agreed to not accept any donations of clothing for one year in support of the Hospital Auxiliary Economy store. During this time period MCC will supply clothing inventory from other MCC Thrift Shops.

Richard Gibvey, Osteopathic Practitioner, RMT has joined Dawne, Erin and Anthony at Westview Massage Therapy Clinic at 4603 Marine Avenue. He’s trained in osteopathy, acupuncture, therapeutic massage, nutrition and counseling. Richard lives in Sechelt, BC and comes to Powell River twice a month. He treats people of all ages, specializing in treating pain in infants and children. Osteopathy and therapeutic massage are covered under most extended healthcare plans. Call 604 485-7085 or go to www.gibvey.ca.

Barbara Farquharson is operating **Westview Physiotherapy** in a new location at 4585 Marine Avenue. Though you may have seen Barbara filling in the physiotherapy role at the hospital, and working with the school district, Barbara also maintains her private practice. You can call her office 24/7 to make an appointment by dialing 604 485-4439. A doctor’s referral is welcome but not required.

Behr’s Massage Therapy Clinic has moved, as of August 1, to 4690 Marine Ave, above the Jailhouse Café, or, as long-time Powell Riverites still call it, the old police station. The entrance is on Ewing Place at the back of the building. The Clinic is upstairs past the music store, Room 201B. Park on Ewing Place or at the parking lot behind Breakwater Books. The phone number remains the same at 604 485-2155

Paws & Claws has hired a local manager. **Brandy Craig**, is a name that may be familiar to pet lovers, since she is on the board at the Powell River SPCA and the organizer of the Paws for a Cause Charity Walk. Paws & Claws employs five people.

Conceptual drawings have been completed for the new Powell River **Complex Care Replacement Project**. The Vancouver Coastal Health authority says the \$23.46 million project is on schedule and the next phase of project design includes development of detailed mechanical, electrical and structural drawings. The replacement for the Olive Devaud residential care facility will be constructed on the grounds of Powell River General Hospital. It will include six houses, each containing 17 single-occupant rooms with a ceiling lift in each room. It will also have room for expansion from 81 beds up to 102 beds. A tunnel will connect the new facility to the hospital. Preliminary site preparation and geotechnical testing began June 26, 2012. Completion of the new facility is slated for early 2015. 

Do you have any changes within your business you want Powell River to know about? New managers/owners or are you moving locations? Starting a new business? Call Kim at 604 485-4051 to be included in the next issue of Powell River Living.



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Lovin' Lund and beyond

Five reasons to vacation at home

It's August and according for school kids and anyone on vacation, it's also the most wonderful time of the year! Here's why August is more fun than December and what you can do while vacationing at home this summer.

- 1 It's the most **affordable** vacation you will ever take!
- 2 We have two **gorgeous islands**, Texada and Savary, and several spectacular beaches less than an hour away. Many out-of-towners spend thousands of dollars to visit beautiful coastal communities like ours every year. Sun, sand and salt air. What more could you ask for?
- 3 We have amazing **fishing**, both fresh and salt water. Wet a line and see what happens.
- 4 The **hiking** around Powell River is fabulous. Our 180-kilometers

of breathtaking views, old growth forests and unspoiled beauty (you know it as **The Sunshine Coast Trail**) should get you to lace up the hiking boots. If this won't convince you, nothing will. Powell River Parks and Wilderness Society (PRPAWS) volunteers built a new cabin at Walt Hill earlier this year to add to the hut-to-hut hiking opportunities offered.

- 5 Have you ever been to **Desolation Sound**? It was charted by the Europeans in 1792 but inhabited by First Nations people before then. For years, boatloads of tourists have made their way north of Powell River to drink in the beauty of Desolation. Believe it or not, there are still many locals who have yet to discover it. May we suggest a trip to Lund followed by a visit to Desolation Sound? You won't regret it! **PRL**



WALT HILL CABIN: Powell River Parks and Wilderness Society (PRPAWS) volunteers began building a new cabin at Walt Hill on the Sunshine Coast Trail on June 20 after materials were flown in. Although the cabin is not totally finished it is useable. The Sunshine Coast Trail is a 180 kilometre-long trail that stretches from Sarah Point in Desolation Sound to Saltery Bay. The trail follows coastal shorelines, creeks and lakes, and old growth forests to beautiful mountain-tops. It is a popular tourist attraction that provides hikers with the opportunity to experience Powell River's breathtaking backcountry with its rich fauna and flora. **PRL**

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Powell River Living COMMUNITY Calendar

AUGUST

To Aug 31: Powell River Forestry Museum will be open for the summer from 12:30 - 4:30 pm.

Aug 3: Fun In the Sun! Free Activity - Coastal Living Day. 10:30-noon. Come down to Willingdon Beach and enjoy a morning of parent-child interactive fun.

Aug 5: Edible Garden Tour. Get the guidebook at www.pfoodsecurity.org.

Aug 10: Fun In the Sun! Free Activity - Ocean and Beach Day. 10:30-noon. Come down to Willingdon Beach and enjoy a morning of parent-child interactive fun.

Aug 11: Texadad Artists' Studio Tour. See what the island's artists and creators have been working on. For more info call Sandi at 604 223-0171 or 604 315-1708.

Aug 11: Golf Classic and Dream Auction for Cystic Fibrosis and Kings Hockey. Shotgun start. Check in 8:30-9:30. Auction at Dwight Hall, cocktails at 5:30, dinner at 7. Call 604 485-2552 or visit Investor's Group.

Aug 14: Movie Under the Stars. "A Monster in Paris." Starts at dusk at Larry Gouthro park. Concession proceeds go to charity.

Aug 16: Theatre Now! will hold auditions for "Dracula (The Panto)" at Faith Lutheran Church (Alberni St and Ontario Ave) at 7 pm., For more Info call 604 485-2008.

Aug 17: Blackberry Mile! 6 pm - run straight down Manson Ave for 1 mile, then head down to the street Party! All runners under 15 years old get a free icy treat at the finish. Families and bikes welcome, \$100 cash for 1st male and 1st female runners. All funds raised go to Canuck Place Children's Hospice. For more Info and to pre-register go to www.avidfitness.ca.

Aug 17: Fun In the Sun! Free Activity - Exploring Nature Day. 10:30-noon. Come down to Willingdon Beach and enjoy a morning of parent-child interactive fun.

Aug 17: Deadline for submissions to Tourism Powell River's Heritage photo contest.

Aug 18: California punk rockers Guttermouth play the Westview with guests Fable Way (Victoria) and Getaway Van (Robert's Creek). Tickets \$18 at Igua-na's, Coasters & Frisbees, Harper's Beer & Wine and the Westview Hotel office.

Aug 20-25: Heritage Days. Find four heritage location geocaches, and bring proof to the Tourism office to win a prize.

Aug 22: Theatre Now! will hold auditions for "Dracula (The Panto)" at Cranberry Community Hall (6828 Cranberry Stret) at 7 pm., For more Info call 604 485-2008.

Aug 23: Townsite Ghost Tour. Free tour starts at 8:30 pm at the Rodmay Hotel. Cameras and EMF meters optional - open minds mandatory.

Aug 24: Fun In the Sun! Free Activity - Multi-Cultural & Celebrate Powell River Day. 10:30 - 12 pm. Come down to Willingdon Beach and enjoy a morning of parent-child Interactive fun. Everyone Welcome. Donations welcome! Feel Free to stop by Family Place for further information or any questions about Fun In The Sun.

Aug 25: Back-to-School Bonanza. Pancake breakfast, clothing give away for students K - Grade 12, some school supplies, plus free back-to-school haircuts. We are also looking for bicycle mechanics and tinkerers as we would like to offer free back-to-school bike tune-ups. For more Info contact Margaret Cooper at 604 485-2143 or tedcooper1@shaw.ca.

Aug 25: Costume Contest and Tea. Townsite tour kicks off at 10 am at Henderson House as usual. Dress up for the tour to be entered in contest. High tea for \$25/head in the Roadmay after the tour - about noon.

Aug 26: Run the Rock Marathon and half Marathon. Registration is \$40 before Aug 12. Later registrants

pay \$60 and will be accepted until Aug 23. Starts at 7 am from Shelter Point Park for Marathon, Half Marathon starts from Van Anda School (walkers at 8:30 am and runners at 9 am). To register, or for more info call 604 486-0377 or email rmcwill@gmail.com or visit www.avidfitness.ca/rock

September 6: Fourth Annual Registration Fair! To book a table for your organization call 604 485-0023 or email info@sheridandanceacademy.ca. Location to be announced.

Now until Aug 31: Powell River Forestry Museum will be open for the summer from 12:30 - 4:30 pm.

Call for Artists: The annual Powell River Studio Tour is issuing an open call for artists wishing to participate in this year's event. Now in its 8th year, the popular self guided tour showcases local artists and their studios in locations from Saltery Bay to Lund. This year's event will take place Aug 25 & 26, 10-5. For more information and artist signup, visit www.powellriverartists.com.

Alcoholics Anonymous: 8:30-9:30 pm. Fridays at United Church basement, Saturdays at Hospital Boardroom, Sundays at Alano Club. For more info call 604 414-0944, 604 485-5346, 604 483-9736. Texada Island: 604 486-0117.

Sundays: Powell River Horseshoe Pitching Club, drop in of all ages 6 - 96 years young, takes place from 9:30 am - 12:30 pm, at the Complex, April to September. Anyone can join. Shoes are available. For more info contact Jim Hoffman at 604 483-4853 or Lorraine Hubick at 604 485-5589.

Mondays: Family Place Garden Group: 10:30 am-12 pm at the Community Demonstration Garden. Call 604 485-2706.

Mondays: Cinch card games at RC Legion #164, 7 pm. Newcomers welcome.

Mondays: Bike ride at Suncoast Cycle, 6 pm

Mondays: Whist Club at Lang Bay Hall, 1 pm. 604 487-9332.

Mondays, Tuesdays & Wednesdays: Garage Sale,

4476 Cumberland Place (behind Massullo Motors), 9 am-3 pm. Proceeds to funding job skills training program for people with mental illness. Info: call Sasha at 604 485-0087.

Second Monday: at Family Place: "Multiples," a group for parents with twins and more! 10-11:30 am.

Last Monday: La Leche League, breastfeeding support, 10 am at Family Place. Call Lynne at 604 487-4418 for info.

Tuesdays: at Family Place; "Toddler Time"; parent-child open drop-in and circle time 10:30 am-12 pm. "Parent Child Drop-in"; 12:30 pm-4:30 pm. Everyone Welcome.

Tuesdays: Soup Kitchen at Seventh Day Adventist Church (4880 Manson Ave), noon-1:30 pm.

First & third Tuesday: Kiwanis Club of PR, 7:30 pm at the Annex on Kiwanis Avenue. For more info call 604 487-9332.

Tues & Thurs: Bike Ride starting at RCMP lot, 6 pm
First & Second Tuesday: Food Bank, 6812-D Alberni Street, 10 am-2 pm. Call 604 485-9166.

Second Tuesday: Parkinson Support Group (Jan-June & Sept-Nov), 1:30 pm, Trinity Hall of the United Church. For more info call 604 485-9129.

First Wednesday: Fibromyalgia Self Help group meets from 1-3 pm at the Senior's Centre in Cranberry.

First Wednesday: Family Place: "Stone Soup" co-operative lunch and "Open Space" planning, 12:30-2:30.

Second Wednesday: SPCA meets at Quality Foods Boardroom at 7 pm. Everyone Welcome.

Wednesdays: Family Place; "Baby and Me"; parent-child drop-in; 10:30 am-12:30 pm. "The open Space"; parent led family programs; 12:30-2:30 pm. Parent-child Drop-in 12:30-4:30 pm. Everyone welcome.

Wednesdays: Salvation Army Soup & Sandwich 11:30 am-1 pm, by donation. Everyone welcome.

Thursdays: Family Place, parent/child drop-in, 10:30 am to 4:30 pm. Please contact the Parent-Child Mother Goose program coordinator at mothergoose@prepsociety.org for info.

Thursdays: Soup Kitchen at Seventh Day Adventist Church (4880 Manson Ave), noon-1:30 pm.

Thursdays: River City Slims, a self help weight loss group. 5:30-7:30 pm at Lighthouse Community Church (Burnaby and Michigan). New members welcome.

Thursdays: West Coast Swing dancing and lessons. Beginners or advanced welcome. Single or with a partner. 7-9 pm at the Carlson Community Club. \$2 drop-in.

Thursdays: Crib Club at Lang Bay Hall, 7 pm. 604 487-9332.

Fridays: Ravens Wheelchair Basketball, drop-in, everyone welcome, chairs provided. 4:00 - 6:00 pm in the Oceanview School Gym. For more info call 604 485-2688.

Fridays: Family Place, parent child drop in, 12:30-4:30 pm, everyone welcome. Please call 604 485-2706 for info about "Rhythm Circle Time" & "Bi-lingual Playgroup".

Second Friday: CrossRoads Neighborhood Café, Kelly Creek Community Church, 2380 Zillinsky Road, 7 - 9 pm. Open mike, free refreshments. Everyone Welcome! Bring the whole family! For more info contact Catherine Morris at 604 578-8555 or cate.morris@gmail.com.

Saturdays: Knitting Group meets from 11-4 at Great Balls of Wool (4722 Marine Avenue). For more info, contact Roisin at 604 485-4859.

Saturdays: Ham radio enthusiasts meet at 10 am at A&W. Everyone welcome.

Second & Fourth Saturday: Faith Lutheran Food Cupboard is open 12 noon to 2 pm. 4811 Ontario Street (corner of Alberni). Call 604 485-2000.

Third Saturday: Senior's Center in Cranberry holds their afternoon of cards, games and scrabble at 1 pm. Register by calling 604 485-9562 or 604 485-2153. Everyone is welcome.

*Please submit calendar items to
bonnie@priving.ca by the 20th of each month*

FAIRS & FESTIVALS

August 17: Blackberry Festival Street Party, 6 - 10 pm. Huge street party on Marine Avenue with music, entertainment, food and lots of family fun. For info call Cathy at 604 483-9454.

August 18 and 19: ARTS Alive in the Park at Willingdon Beach. Join artists as they create and sell their creations during this weekend festival. Artists, musicians, artisans, writers and poets will be creating and performing live. Don't miss the 6th annual poetry slam, art for kids, lines of poetry, demonstrations, food and info booths. 11-7 pm on Saturday and 11-6 on Sunday.

September 1 & 2: The Sunshine Music Festival is an annual event that takes place during the Labour Day Weekend. The Festival is a celebration of live music from across Canada and the world. Expect to see world-class performances in a picturesque setting at Palm Beach Park on the waterfront. Shop at the craft market and enjoy some tasty treats from the many food vendors. Year after year, the festival gets better and better! Hope to see you there, and don't forget your beachwear! For more info call 604 487-4107 or check out the website www.sunshinemusicfest.com

September 22 & 23: Fall Fair and Horse Show. Traditional country fair with entries for home canning, gardening, baked goods, crafts, art, wine and eggs. Exhibition of livestock, poultry, honey bees. Opportunity for community groups to have information tables and displays. Pony rides, petting zoo, children's play area, auctions, live music, entertainment, farmer's market.

September 29: Third Annual Salmon Festival, 1 pm at Club Bon Accueil. Family fun. Banquet Dinner 6 pm, live entertainment to follow. Contact: Linda Cosentino at 604 483-3966, email admin@clubbonaccueil.com or visit www.clubbonaccueil.com



Powell River Living FACES of EDUCATION

Summertime learning

Although the traditional school year winds up at the end of June, learning opportunities in School District 47 continue all summer. Here's a look at some of opportunities offered to students.

Brooks Secondary Summer School Program

Brooks Secondary School offers a summer school program for Grades 7-12 students. Summer school offers students an opportunity to improve their mark to a passing grade. Course delivery for students in Grades 9-12 is online and based on a mastery level. Students in Grades 7 and 8 receive their instruction through traditional classroom delivery, but with a lower student/teacher ratio. Success rates are very high in summer school, because of the student/teacher ratio and high level of structure. Stephen Hoelzley is the coordinator of the Brooks Summer School Program.

Passion to Picture: Teen Journey Adventure Summer Film Camp

In this unique seven-day Summer Film Camp, students lived and breathed the essence of personal meaning, story and passion as they explore creative ways to express their experience through the camera and the art of filmmaking. The July camp also taught them to discover, experience, and commit to what is important to them - in action - while enjoying the creative process, forming new peer-to-peer relationships, and building a deep respect for our environment and the moving image.

Students follow ceremonies, rites of passage and group discussions as part of the program



FUN SUMMER LEARNING: The *Read & Rec* program is one example of SD47's wide variety of programs that let students take a different approach to learning during summer months.

and then are directed to experiment through metaphor and connective imagery with the topic that speaks to their personal experience.

Students come away with new skills, a strong sense of self and a film made from their collective endeavours.

The summer film programs are open to youth throughout BC from ages 14 to 19 and is worth four high school credits. Tony Papa is the director and instructor at the Powell River Digital Film School.

Read and Rec: For Summer Fun!

Each summer, School District 47 offers a Read and Rec program for students who have completed Grades 1, 2, 3 or 4. The purpose of this program is to maintain or improve skills in reading and writing over the summer break and to do it in a way that appeals to students. The programming schedule focuses on academic instruction in the core areas combined with a mixture of crafts, games, and other recreational activities. The sessions run from 9 am to 12:30 pm five days per week for four weeks during the month of July. This year it was held at Grief Point Elementary School.

The academic portions of the program are directed by teachers, while the recreational end is handled by university and senior high school students. Dana Sanderson is the community link coordinator for the Read and Rec program.

Leadership Ecology Adventure Program

Students who apply to LEAP are interested in exploring local ecology and studying Action Leadership. LEAP is a high energy ten day summer course (Leadership Studies 11/12) which attracts students from around the world. The course is divided into two parts, base-camp and Journey. Interested applicants may apply for any of the following Journeys.

- LEAP Voyageur: Taking a page out of Canadian History, students travel the Powell River Canoe Route learning about the Voyageurs and their traditions.
- LEAP Aboard: Sailing the Salish Sea, students explore the complexities of local marine ecology while learning to sail a schooner through Desolation Sound
- LEAP SUP: Explore the Sunshine Coast waterways in the ancient Polynesian

tradition of Stand Up Paddle-boarding.

- LEAP Passage: A Coming of Age / Rite of Passage based program which culminates includes a 24 hour solo experience.
- LEAP Elementary: Reserved for local elementary students, this is a shorter version of what the "big kids" do, via canoe.

Sustainability Toolbox

BC's premiere Sustainability Education Program brings environmentally conscious student delegates from across the province together to develop strategies to assist their schools and communities in becoming more sustainable. The City of Vancouver has requested to host this year's Toolbox which will include a 5 day trip down the Fraser River. Ryan Barfoot is the program instructor.

Westwind Summer Science and Math Camps

The District, in partnership with Westwind Learning Centre, offers a series of weeklong summer science and math camps at the Powell River Recreation Complex. Powell River students from 6 to 12 have the opportunity to sign up for a variety of weeklong camps that run from 9 am to 3 pm daily for a week each. Camp fees are \$175 per week for Powell River residents and School District 47 students have the added bonus of being able to attend any one of the week long camps free of charge. Camps ran from July 9 to August 3.

Pulling Together

Some Powell River students had the opportunity to get involved in the Pulling Together Canoe Journey based in Sliammon for a week this summer.

Students in Grades 9-12 had the opportunity for a four-credit work experience program in conjunction with the daily canoe trips that took participants to a variety of sea destinations from the home base at Sliammon. They could do their work experience by working either in the canoe paddling crew or as part of the land crew that had the responsibility for providing food and supplies and services for the many canoe crews that visited Sliammon. In addition to the hands-on experience, students received career counselling, completed related assignments and job performance evaluations. This summer experience that was designed and organized by high school counsellor Gerry Brach.

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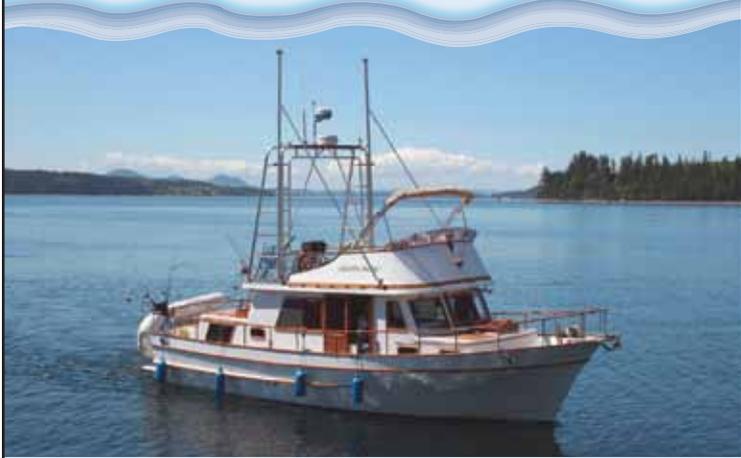
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